

NEBRASKA CANCER PLAN

2017 - 2022







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Executive Summary

Executive Summary

What is Comprehensive Cancer Control?

Comprehensive cancer control is an approach that brings together key organizations and community members to write a plan to reduce the impact of cancer on a community . Comprehensive cancer control coalitions are groups of diverse partners that work together to address cancer in their community. The Centers for Disease Control and Prevention (CDC) funds all fifty state governments to run a Comprehensive Cancer Control (CCC) program . No program is able to implement the plan alone; so the CDC tasks programs with forming and supporting a coalition .

The Nebraska Department of Health and Human Services began receiving funding from the CDC for the CCC program in 2002. During the next eight years the Nebraska CCC program ran the coalition. In 2010, the coalition decided to incorporate and filed paperwork to become a 501 c 3 organization. The nonprofit coalition is now known as Nebraska Cancer Coalition or NC2.

What is a Comprehensive Cancer Control Plan?

A cancer plan uses information unique to each state, such as the cancer type with the highest burden, the health behaviors that lower the risk of cancer, and the health behaviors that increase the risk of cancers. Each program and coalition is required to have a plan, and they are usually updated every five years with the help of a self an assessment tool. The plans are organized around six priority areas chosen by the CDC:

- ☐ Encourage people to make <u>healthy choices</u>.
- ☐ Educate people about <u>cancer screening tests</u>.
- ☐ Increase access to good cancer care and reduce <u>health disparities</u>.
- ☐ Make sure people who <u>survive cancer</u> live well.
- ☐ Implement policy, systems and environmental changes.
- ☐ Demonstrate outcomes through evaluation.







Executive Summary

CDC Cancer Control Priorities

Educate people about cancer screening tests

Implement policy, systems and environmental changes

Make sure people who survive cancer live well

Reduced cancer incidence and mortality

Encourage people to make healthy choices

Demonstrate

outcomes

through

evaluation

Increase access to good cancer care and reduce health

disparities

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Results of the Self-Assessment Tool

The results of the Nebraska Cancer Plan self-assessment showed several things that the last plan did well and some things the next plan could include to be more robust.

What Nebraska's Last Cancer Plan Did Well:

The goals and objectives were clearly laid out . They covered a multi-year period, and they described a state-wide effort . They also addressed each of the six priority areas and addressed each part of the continuum of care . The goals and objectives showed a relationship to other statewide strategic plans . Nebraska's objectives were specific, measurable, attainable, results-oriented and time-phased (S.M.A.R.T.), and focused on multiple levels of action . In other words, the previous plan made the logical case for cancer control in Nebraska .

The previous cancer plan did a good job of presenting all the data available on the current burden of Cancer in Nebraska, as well as risk factors, demographic information, and the disease burden of diverse populations.

Improve On:

While the plan did present good data, the group of volunteers revising the plan found the volume of information to be burdensome and observed that this information was widely available elsewhere. The data-heaviness prevented stakeholders from using the plan when writing grants or planning activities. The core leadership team for the 2017-2022 Nebraska Cancer Plan decided to include in the data section only information not available elsewhere and to link to other reports so all the information necessary is available, but not regurgitated in the cancer plan document. Using hyperlinks to appropriate web pages and limiting physical copies of the plan also means the plan will remain up-to-date with minimal effort.

This assessment revealed the need to improve the process of updating the State plan. The last updating process was very informal, and feedback was gathered over a series of small group and individual conversations. The plan did not assign responsibility for implementing strategies, describe the process for prioritizing, or include a resource plan. The 2017-2022 plan includes detailed objective tables that clearly assign responsibilities, describes the process for prioritizing the annual work plans, and the necessary resources .

Additionally, while the last State plan listed strategies to reach objectives it did not clearly identify the population or setting, nor did it list the criteria for selecting the strategies. This information is now present in the detailed tables in the last section. Also present in the detailed tables are evaluation responsibilities, as well as short, intermediate, and long term indicators.



Self-Assessment

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Self-Assessment As a group, the core leadership team set several goals; to always collaborate and coordinate, never duplicate. Secondly, the group decided the plan needed to contain enough flexibility to adapt to future changes. Lastly, the group decided to choose only the highest priority items for NC2 members to address while supporting and complementing the strategic plans of other DHHS programs.

The feedback from the volunteers working on the 2017-2022 plan was that the previous plan was bulky, contained duplicative goals from other programs, and was difficult to use. Every effort was made to keep this plan streamlined, include only essential content, and keep documents on the web only, as well as linking to other data sources to facilitate ease of use and ensure data is current. As a result, the plan is streamlined, action oriented and more user friendly.

The tracking system for five year indicators will be housed on the Nebraska Department of Health and Human Services Scorecard Dashboard, and will be easily updated. The tracking system will also be used to produce reports and will be easily modified.

Process to Write Nebraska Cancer Plan

In July of 2015, an initial group met to discuss the revision of the cancer plan. This group included representatives of the Comprehensive Cancer Control Program, Nebraska Cancer Coalition and the American Cancer Society. The group determined the plan's scope and exclusions. The group agreed on a few key goals:

- ☐ Increase manageability (limit duplication)
- ☐ Align with partners
- ☐ Utilize a user friendly format
- ☐ Increase opportunities for collaboration

The group also set some exclusions for the process . Excluded from this plan are goals with no preexisting data source, goals added late in process without a formal review, duplicating the work of other DHHS programs, non-high burden/priority items, items unrelated to cancer and, non-evidence based or promising practice items .

After the meeting, the group worked to identify volunteer facilitators to lead workgroups based around the six CDC priority areas . Facilitators included representatives from the Nebraska Cancer Coalition Advisory Committee, the CCC Program staff and contractors, and volunteers . The CCC Program Manager held a training for facilitators and discussed both the project scope and the results of the cancer plan self-assessment .





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SelfAssessment

The Nebraska Cancer Coalition Executive Director invited coalition members to participate in the revision process. Over 40 coalition members volunteered, including representatives from the Nebraska Medical Association, local health departments, University of Nebraska Medical Center (UNMC), UNMC College of Public Health, American Cancer Society, American Cancer Society Cancer Action Network, Department of Health and Human Services, and physicians (including the Physician Liaison from the American College of Surgeon's Commission on Cancer).

On August 6th, 2015 the CCC Program hosted a webinar featuring Nebraska Cancer Registry Epidemiology Surveillance Coordinator Bryan Rettig, who updated the cancer plan revision volunteers on the most recent cancer data and trends. The CCC Program Manager updated all the volunteers on the process to revise the plan, expectations, project scope and exclusions.

Over the next six months the work groups met individually. They set five year objectives, short, intermediate and long term indicators, and identified identified a one-year objective to reach that five-year goal. They set a one-year budget, and identified other resources needed. The groups cited their evidence base, and tied their objectives to a national level action plan. All these elements are detailed in the tables in the last section.

The work groups submitted tables to the CCC Program. The program manager condensed all the items into a logic model, checking for duplication, adding in evidence base items, and adjusting the budget.

After reviewing the objective tables, the CCC program manager then met with DHHS stakeholders to introduce them to the Nebraska Cancer Plan and to ensure that strategies were not duplicative. These meetings increased buy-in for the plan from DHHS staff who all responded positively to the plan.

Process to Implement

The process to implement the plan will be similar to writing the plan . Each objective identifies the lead organization to implement and evaluate the objective, evaluate the objective, and to collaborate with other organizations . Each year the work group will review the objective, plan the following year's objective, assign indicators and submit the plan for approval to the Nebraska Cancer Coalition and the Nebraska Comprehensive Cancer Control program . If an objective needs to be added to the plan, the same process will be used . The CCC program evaluator will track the evaluation measures for the plan via the DHHS web-based score-card dashboard and deliver annual evaluation reports to the stakeholders and the CDC .



Nebraska

A cancer plan depends upon the time and talents of many individuals and organizations. One organization cannot develop or implement the plan alone. The Comprehensive Cancer Control Program depends upon the reach and influence of the coalition just as the coalition depends upon the technical expertise of the program. Together the two serve cancer survivors, caregivers and the public at large only through the purest egoless collaboration.

Below is a flow chart mapping out the Nebraska Cancer Plan within the overall Nebraska Health Improvement Plan. The underlined items represent hyperlinks to Nebraska strategic plans on associated risk factors and chronic diseases and showing the extensive collaborative input provided to the Cancer Plan.

Nebraska Colorectal Cancer Roundtable Nebraska Cancer Plan Nebraska HPV Roundtable State Health **DHHS** Tobacco Free Nebraska Strategic Plan Improvement Plan Nebraska Cancer Coalition & Workgroups **DHHS Office of Health**

Disparities and Health **Equity Strategic Plan**

> Nebraska Breast Cancer Plan

National Physical Activity Plan (Adopted by Coordinated **Chronic Disease Prevention**

and Control Program

Nebraska Injury Prevention

Action Plan

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Self-

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OBJECTIVE TABLES

How to Use the Nebraska Cancer Plan

If You're Writing a Grant

Please refer back to the request for proposals for specific requirements, such as award limits, eligibility, dates and other requirements. To write a proposal, you can find a link to the most recent cancer registry report in the Cancer Data section, as well as a link to Cancer Registry website, along with links to other helpful data sources.

As you are designing your project, it will be helpful to know the history of the Nebraska Comprehensive Cancer Control Program and Nebraska Cancer Coalition. Those can be found in the Executive Summary. If you are looking for other similar strategic plans for the State of Nebraska, or for other potential collaborators on your project, view the State Plan flow chart on page 6.

As you design your project, remember to review the six priority areas designated by the Centers for Disease Control and Prevention, all the objectives and strategies within this plan fall into those priorities. Current year strategies are represented in a graphic for easy identification. The last section of the plan contains detailed tables with five year goals; evidence based intervention sources; short, medium and long term indicators; and data sources to assist in your grant writing process.

You are strongly encouraged to reach out to the awarding entity for technical assistance on your proposal, if allowable.

If You're Looking for Information on Cancer in Nebraska

Information about cancer incidence and mortality are located in the Cancer Data section, where you will find a link to the Nebraska Cancer Registry web page. Reading the Executive Summary will give you an overview of what the CDC funded cancer programs and the strategies partners are working on, as well as investigating the various logic models provided. There are many people working to prevent cancer, find it early, treat it, and care for survivors. This plan seeks to include the work of as many as possible, but doesn't capture all .

If You're a Member of the Community Looking to Get Involved

The history of the Nebraska Comprehensive Cancer Control Program and Nebraska Cancer Coalition appears in the Executive Summary and the six areas the CDC has chosen as a priorities for comprehensive cancer control programs are described there. Nebraska's current strategies are highlighted in this section. We are always in need of people with passion and would love to hear from you. Our contact information is NE CCCP NC2.







If You're a Provider Looking to Understand CDC Priorities Around Cancer Prevention and Control

The six priority areas designated by the Centers for Disease Control and Prevention are described in the executive summary. All the objectives and strategies within this plan fall into the priority areas. You will find the current year's strategies in a graphic for easy identification. The last section of the plan contains detailed tables with five year goals; evidence based intervention sources; short, medium and long term indicators; and data sources.









OBJECTIVE TABLES

Cancer Incidence in Nebraska

The Nebraska Cancer Registry recorded 9,338 diagnoses of cancer among Nebraska residents in 2013, an increase from the 9,208 diagnoses recorded in 2012. The 2013 number translates into an incidence rate of 445.1 cases per 100,000 population. By primary site, cancers of the lung, breast, prostate, colon and rectum occurred most frequently, accounting for about half (49.1%) of all diagnoses. Recent registry experience suggests that as the registry continues to record cases, the final count for 2013 will probably increase by 100 to 300 cases.

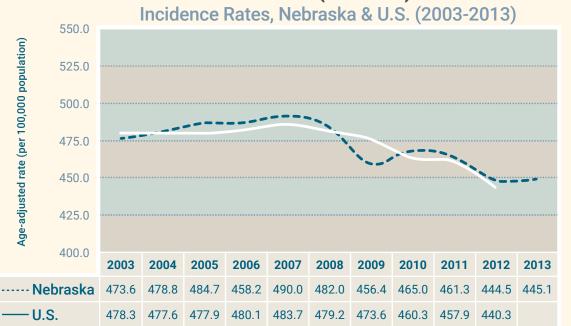
Comparison of the most recent state and national incidence rates for the past five years shows significant differences (p<.01) for cancers of the prostate, lung, stomach, liver, and ovaries and in situ female breast (Nebraska rates lower than the U.S.) and for non-Hodgkin lymphoma, invasive brain tumors, and cancers of the colon and rectum, endometrium, and testes (Nebraska rates higher than the U.S.). The graph below presents the annual incidence rates for all cancers for Nebraska and the United States since 2003.

Nebraska Cancer Plan





Cancer (All Sites)



Cancer Mortality in Nebraska

In 2013, 3,458 Nebraska residents died from cancer, a number that translates into a rate of 163.0 cancer deaths per 100,000 population. These figures represent an increase from the state's 2012 figures of 3,481 (cancer deaths) and 164.7 (cancer mortality rate). For the fifth consecutive year, cancer was the leading cause of mortality among Nebraska residents in 2013, surpassing heart disease by 80 deaths. By primary site, cancers of the lung, breast, prostate, colon and rectum accounted for just under half (48.4%) of Nebraska's cancer deaths in 2013.

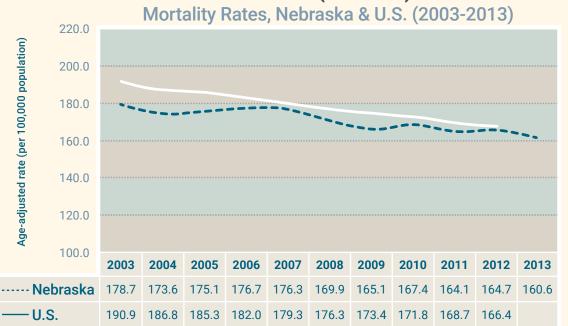
Comparison of the most recent state and national mortality rates for the past five years shows significant differences (p<.01) for cancers of the stomach, lung, liver, and female breast (Nebraska rates lower than the U.S.) and for cancers of the kidney and renal pelvis and brain and central nervous system tumors (Nebraska rates higher than the U.S.). The graph below shows annual mortality rates for cancer for Nebraska and the U.S. since 2003.

Nebraska Cancer Plan

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Cancer (All Sites)



More detailed information and analysis of cancer registry data may be found on the <u>Nebraska Cancer Registry</u> page, including the most up-to-date annual report .

Additionally more information and data regarding the Nebraska Behavioral Risk Factor Surveillance System (BRFSS), including the most current information on many cancer risk factors such as nutrition, physical activity, alcohol intake and other behaviors may be found there.

Nebraska State Demographics

According to the 2015 Nebraska Health Disparities Report, Nebraska's population is increasingly diverse although the overall proportions of minority groups remains smaller than United States as a whole. Approximately 9% of Nebraska's 2010 population was Hispanic, 4.4% Black, 1.7% Asian, 0.8% American Indian, and 1.6% identified as two or more races. 82.1% of Nebraska's population identified as white.

The minority population has been increasing much more rapidly than the white population. Between 2000 and 2010, according to the same report, Nebraska's total population increased by about 6.7%. While the racial and ethnic minority population grew by 50.7%, the growth rate in the white population was 0.4%. Within the racial and ethnic minority populations, the Hispanic population grew by 77.3%, the Native Hawaiian Pacific Islander population grew by 53% and the Asian population grew by 47%.

The Nebraska Health Disparities Report also found that Nebraska's Hispanic population reported the highest percentage of people not having a personal physician, American Indians and African Americans living in Nebraska reported similar numbers. The Hispanic population were also the most likely to report not having health insurance, and to be unable to see a doctor due to cost.

According to that same report, Nebraska's African American population had the highest death rate due to cancer over the years 2006-2010, 238.3 of every 100,000 compared to 171.8/100,000 of the white population . Almost 100 of every 100,000 Asians and Hispanic Nebraskans died of cancer .

For more in depth analysis of these issues and many others facing Nebraska's racial and ethnic minorities please examine the Nebraska Health Disparities Report.







Health Literacy

Health literacy is a complex issue with three levels to the definition .

- I. According to the CDC anyone who needs health information and services also needs health literacy skills to find information and services, communicate their needs and preferences, process the meaning and usefulness of the information and services and understand the choices, consequences and context of the information and services.
- 2. Anyone who provides health information and services to others needs health literacy skills to help people find information and services, communicate about health and healthcare, process what people are explicitly and implicitly asking for, understand how to provide useful information and services and decide which information and services work best for different situations and people to help them to act.
- 3. Lastly organizational health literacy is how organizations decide on health information and services.

 Organizations that remove health literacy barriers are health literate, such as adopting the <u>Ten Attributes</u> of Health Literate Health Care Organizations from the Institutes of Medicine.

The 2014 Nebraska BRFSS survey reveals some staggering statistics regarding people's understanding of the health care information they receive and provide.

- □ 34.3% of Nebraskans reported lacking confidence in their own ability to fill out health forms
- 26.6% of Nebraskans reported they had difficulty understanding written health information
- 50.2% of Nebraskans reported they regularly get help reading health information
- Nebraskan African Americans, Hispanics, American Indians, Asians/Pacific Islanders are all more likely to report difficulty understanding written health information.
- Nebraskans with less than a high school education, those who make less than \$25,000 a year, and Nebraskans who live in rural areas are also more likely to report difficulty understanding written health information







Prioritization Process

Health literacy affects half of Nebraskans and disproportionately affects racial and ethnic populations as well as rural populations. The health equity strategies in the Nebraska cancer plan have been targeted towards health literacy efforts, and have, as much as possible been combined with system and organizational changes to affect the maximum number of Nebraskans possible.

Years One and Two Action Plan

On the following page are the selected strategies for years one and two, removed from the detailed tables and sorted into the relevant priority areas. These are the strategies listed under the I year SMART objective in the detailed tables. These strategies will be carried out by a variety of organizations, require different funding levels and cover the first two years of the Nebraska Cancer Plan. All these details are contained within the tables.



The policy systems and environmental changes and the reducing cancer disparities priorities have been combined because the relevant strategies are crosscutting. During the planning process every effort was made to fill gaps rather than to duplicate existing strategies or to replicate the work of existing programs.







- Provide support to cancer centers seeking to become lung-cancer centers of excellence.
- ☐ Increase number of worksite wellenss projects related to cancer screening.
- ☐ Increase channels of communication to the public on the importance of cancer screening.
- ☐ Increase number of staff trained in CLAS.
- ☐ Increase number of funded projects with FOHCS working to improve their colorectal screening rates.

Fducate peopleabout cancer screening tests

Make sure people who survive cancer live well

- Develop and implement needs assessment targeted to Nebraska cancer survivors.
- Conduct key informant interviews with cancer stakeholder groups to identify resources available for survivors in Nebraska.
- Form ad hoc committee to study requirements to raise Pain Policy Studies grade from B+ to an A.
- ☐ Establish collaborative relationships with two entities interested in partnering with NC2 to evaluate the highest priorities in survivorship research.

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- ☐ Social marketing campaign on the dangers of radon targeted to Nebraska homeowners.
- One year educational series on cancer risk and alcohol targeted to health professionals. Support sun safe work environment and public attractions.
- Collaborate on a social marketing campaign on HPV vaccination targeted toward adolescents emphasizing cancer prevention.

Encourage people to make healthy choices

Increase access to cancer care and reduce health disparities and implement policy systems and environmental changes

- Collaborative efforts to educate Nebraskans who experience health disparities on tobacco and cancer risk via the CDC TIPS campaign.
- ☐ Support cancer centers, local health departments, and 501 c 3 organizations in implementing health literacy action plans.
- Coordinate and assist communities in forming coalitions around walking.

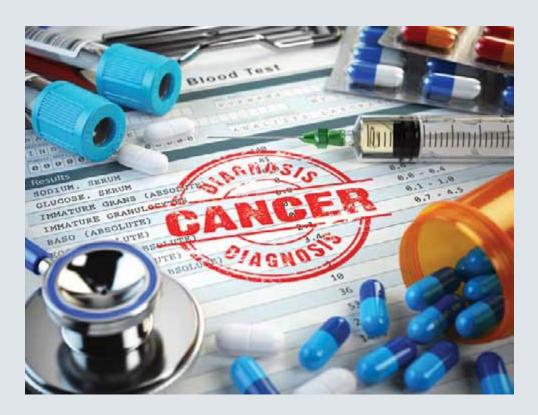
OC CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS OBJECTIVE TABLES

Nebraska Cancer Plan Objective Tables

On the following pages are the objectives and strategies for the Nebraska cancer plan. Please note that the crosscutting strategies of Policy, systems, and environmental changes and promoting health disparities and health equity do not appear in separate priority areas, but are built into each area as is noted in the top row of each table. After the objective section there is an overall logic model for the first two years of the period.

Definitions to Note:

Objective-Specific, quantifiable targets that measure the accomplishment of the plan, there are 5 year objectives and one year objectives in this plan . Strategy-Specific, discrete activities, designed to achieve the objective . There are one year strategies contained in this plan .







CANCER CONTROL USING THIS PLAN PRIORITIZATION PROCESS **OBJECTIVE TABLES SELF ASSESSMENT**

Early Detection and Screening

*Note the Screening section is organized into several 5 year objectives and then into cross-cutting one year objectives focused on colorectal cancer to mobilize around the 80% by 2018 nationwide initiative, as well as state-wide interest. In years 2-5 the coalition and program plan to take lessons learned to other forms of screenable cancers. An exception to this is lung cancer, because while there are recommendations for screening, they are for a subset of the population, thus lung cancer strategies are listed separately.

PRIORITY AREA: Screening and Early Detection								
5 year SMART objective A: increase the number of women aged 21-65 up to date on cervical cancer screening from 81.7% to 91.7% according to the BRFSS								
What will be measured: percent increase				omen aged 21-65 up to er screening	Data source: 2014 BRFSS		Timeframe: by 2021	
Continuum of care: ☐ Screening/early detection	Ecver of activ			****	Criteria: ☐ Stakeholder interest ☐ Available resources		Population: adults of screening age Setting: communities, clinics	
Evidence base: USPSTF/F	HP2020			Lead organization: NE CCCP		Lead	Lead workgroup: screening	
reported changes in knowledge, attitudes			cł	Intermediate indicators (3rd to 4th year): reported changes in knowledge, attitudes and beliefs, web analytics, changes in clinical systems		Long-termindicators (4thto 5th year): increase in women up-to-date on cervical cancer screening		
Evaluation methods: tracking BRFSS data, program and process eva				ogram and process evalu	Aluations Lead evaluating organization: N		d evaluating organization: NE CCCP	
Estimated budget: \$100,000					Other resources needed: subject matter expertise			

PRIORITY AREA: Screening and Early Detection

5 year SMART objective B: increase the percent of men over 40 who had ever had a doctor, nurse or other health professional talk to them about the advantages of the PSA test from 56.1% to 66.1% according to the BRFSS

What will be measured: Baseline: 56.1% of men never had a doctor, nurse or other health professional Data source:

percent increase

talk to them about the advantages of the PSA test (men 40+)

Timeframe: by 2021 **BRFSS 2014**

Continuum of care:

Level of action:

☐ Families

Criteria: ☐ Burden Population: adults of screening age

☐ Screening/early detection

Estimated budget: \$100,000

☐ Individual

☐ Environmental scan ☐ Stakeholder interest

☐ Available resources

Other resources needed: subject matter expertise

Setting: communities, clinics

Objective Tables

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Evidence base: USPSTF/HP2020 Lead organization: NE CCCP Lead workgroup: screening Short-term indicators (1st and 2nd year): Intermediate indicators (3rd to 4th year): Long-term indicators (4th to 5th year): reported changes in knowledge, attitudes reported changes in knowledge, attitudes increases in men who have had this and beliefs, web analytics and beliefs, web analytics, changes in important conversation with a health clinical systems care professional Evaluation methods: tracking BRFSS data, program and process evaluations Lead evaluating organization: NE CCCP

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PRIORITY AREA: Screening and Early Detection								
5 year SMART objective C: increase the percent of adults aged 50-75 who are up to date on colorectal cancer screening from 64.1% to 80% according to the BRFSS								
What will be measured: percent increase		4.1 % of adults aged 50-75 up olorectal cancer screening	Data source: 2014 BRFSS	Timeframe: by 2021				
Continuum of care: ☐ Screening/early detection	Level of action Individual Families	****	Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder interest ☐ Available resources	Population: adults of screening age Setting: communities, clinics				
Evidence base: USPSTF/HP2020		Lead organization: NE CO	Lead workgroup: screening					
Short-term indicators (1 st and 2nd year): r changes in knowledge, attitudes and beliefs analytics, attendance at CLAS trainings, refor technical assistance, creation of change communication, reported applicability, numfunded projects	web quests els of	Intermediate indicators (3rdto 4th year): reported changes in knowledge, attitudes and beliefs, web analytics, changes in clinical systems, attendance at CLAS trainings, requests for technical assistance, creation of channels of communication, reported applicability, number of funded projects		Long-term indicators (4th to 5th year): increases in screening rates				
Evaluation methods: tracking BRFSS d	ata, program a	Lead evaluating organization: NE CCCP						
Estimated budget: \$100,000			Other resources neede	d: subject matter expertise				

PRIORITY AREA: Screening and Early Detection								
5 year SMART objective D: incre	ase the pe	rcent of wome	en aged 50-74	up to date on breast	cancer s	creenii	ng from 76.1% to	86.1% by 2021
· · · · · · · · · · · · · · · · · · ·			useline: 76.1 % of women aged 50-74 up to te on breast cancer screening		Data	Data source: 2014 BRFSS		Timeframe: by 2021
Continuum of care: Screening/early detection	Level of □ Indiv □ Fami	vidual		Criteria: Burden			ulation: adult women of screening ageing: communities, clinics	
Evidence base: USPSTF/HP2020		Lead or	ganization: I	nization: NE CCCP Lead workgroup: s		d workgroup: sci	reening	
			Intermediate indicators (3rd to 4th ye changes in clinical systems		ear):	ar): Long-termindicators (4thto 5th year): increases in screening rates		
Evaluation methods: tracking BRFSS data, program and process eval				Lead evaluating organization: NE CCCP			: NE CCCP	
Estimated budget: \$100,000				Other resources needed: subject matter expertise				

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Objective Tables





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Screening Crosscutting Issues: ACCESS

PRIORITY AREA: Screening and Early Detection							
1 year SMART objective C1: increase the number of projects designed to increase Nebraskan's access to Cancer screening services done in collaboration from 0 to 2							
Strategy (specific discreet activities design worksite wellness efforts related to cancer screen							
What will be measured: increase in projects Baseline: 0 Data source: CCC program records Timeframe: by 2018							
Continuum of care: Screening/early detection	Level of action: Institutions Communities Systems Policy	Criteria: Burden Environmental scan Stakeholder interest Available resources		Population: adults of screening age Setting: communities, clinics, worksites			
Evidence base: The Community Guide, ACS DHHS Worksite Wellness Toolkit, Research Te Cancer Institute, National Colorectal Roundtal		Lead organization: NE CCCP/NC2/ Colorectal Roundtable		Lead workgroup: early detection and screening			
Indicators: reported changes in knowledge attitudes beliefs, web analytics, reported uptake in transportation programs							
Evaluation methods: process and program	Lead evaluating organization: NE CCCP						
Estimated budget: \$100,000		Other resources needed: technical assistance from partners					

Years 2-5 Strategies:

☐ Take lessons learned and apply to other screenable cancers

Screening Crosscutting Issues: EDUCATION

disseminated in collaboration from 0 to 2 by June 2018.								
Strategy (specific discreet activities designed to achieve the objective) used: support the creation of webinar training for nonclinical team mem on the importance of colorectal cancer screening, support the creation of speaker's bureau on colorectal cancer.								
	What will be measured: creation and dissemination	Baseline: creation of channels of communication	Data so	ource: program records	Timeframe: by June 2018			
	Continuum of care: Screening/early detection	Level of action: ☐ Institutions ☐ Communities ☐ Systems ☐ Policy	Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder interest ☐ Available resources		Population: adults of screening age Setting: clinics			
	· · · · · · · · · · · · · · · · · · ·	Guide, ACS Research Tested Intervention Institute, National Colorectal Roundta		3		Lead workgroup: screening and early detection		





тос CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS **OBJECTIVE TABLES**

Indicators: creation of webinar modules, number of speaker, variety of speakers							
Evaluation methods: dissemination speaker's bureau recruitment strate			for webinar, Lead evaluating organization: NE CCCP				
Estimated Budget: \$10,000			Other resources needed: technical assistance from partners				
Years 2-5 Strategies:							
☐ Take lessons learned and apply	to other scree	enable cancers					
Screening Crosscuttin	g Issues	: HEALTH DISP	PARITIES AN	D HEALTH	H EQUITY		
1 year SMART objective C3: incr participate in culturally and linguistic							
Strategy (specific discreet activities designed to achieve the objective) used: support the Office of Health Disparities and Health Equity in wide dissemination and promotion of the culturally and linguistically appropriate standards trainings, communicate to high risk and vulnerable populations in many different ways the current screening guidelines for cancer, and the available tests, update NC2 communication and media plan to include sample messages for partners on communicating to the public on screening. Include at least one webinar in the monthly series on each screenable cancer before the relevant awareness month							
What will be measured: staff participated in CLAS trainings	Baseline: ur	nknown	Data source: pro	ogram records	Timeframe: by June 2018		
Continuum of care: ☐ Screening/early detection	☐ Institution	- ,		al scan nterest ources	Population: adults of screening age, high risk and vulnerable populations Setting: communities, clinics, workplaces		
Evidence base: The Community Guide, ACS, Research Tested Intervention Programs from the National Cancer Institute, National Colorectal Roundtable 80% by 2018, LGBT Best and Promising Practices Throughout the Cancer Continuum			: NE CCCP/NC2 Leadworkgroup: screening and detection				
Indicators: reported changes in k	Indicators: reported changes in knowledge attitudes and beliefs, web analytics, attendance at events						
Evaluation methods: pre/post test evaluations	s, process evalu	ations, program	Lead evaluating organization: NE CCCP/other partners as appropriate				
Estimated budget: \$10,000			Other resources needed: technical assistance from partners				

Years 2-5 Strategies:

☐ Take lessons learned and apply to other screenable cancers

15 Objective **Tables**

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OC CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS OBJECTIVE TABLES

Screening Crosscutting Issues: HEALTH SYSTEMSCHANGES

1 year SMART objective C4: increase the number of partner clinics or federally qualified health centers working to increase their colon cancer screening rates from 0 to at least 2 by June 2017							
Strategy (specific discreet activities designed to achieve the objective) used: support the creation of a colonoscopy registry using the Nebraska Health Information Initiative, support the creation of medical neighborhoods, support individual clinics and federally qualified health centers in increasing their cancer screening rates through evidence based interventions							
What will be measured: number in	crease	Baseline: 0 FQHCS	Data source: program r	ecords	Timeframe: by	2017	
Continuum of care: ☐ Primary Prevention	Ecver of action.			Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder interest ☐ Available resources		Population: adults of screening age Setting: communities, clinics	
Evidence base: "How to Increase Intervention Programs from the Nation 80% by 2018, Addressing Chronic Displayed in the Nation of	ctal Roundtable	CCCP/ACS/Colorectal s		Lead workgroup: screening and early detection			
Indicators: increased knowledge, reported changes in beliefs or attitudes about screening, improved screening rates at individual clinics, improved system wide supports at clinics, improved staff buy in at clinics							
Evaluation methods: process and	Lead evaluating organization: NE CCCP						
Estimated budget: \$20,000			Other resources needed: technical assistance from partners				

Years 2-5 Strategies:

Estimated Budget: \$100,000

☐ Take lessons learned and apply to other screenable cancers

PRIORITY AREA: Early Detection & Screening

Evaluation methods: process evaluation of assistance, tracking numbers

5 year SMART objective E: increase the number of American College of Surgeons Commission on Cancer Accredited (ACoS CoC) Cancer Centers who are Lung Cancer Screenings of Excellence from 1 to 13 by 2021

who are Lung Cancer Screenings of	Excellence fro	m 1 to 13 by 2021					
What will be measured: number of Lung Cancer Screenings of Excellence	Baseline: 5			merican Cancer ancer Alliance	Timeframe: by 2021		
Continuum of care:	Level of act		Criteria: Burden Environmen Stakeholden Available re	r interest	Population: qualifi who meet USPSTF Li guidelines		
					Sett	ing: community	
Evidence Base: USPSTF, ACoS CoC		Lead organization: NC2			Lead workgroup: early detection & screening		
Short-term indicators (1st and 2) requests for technical assistance, num	Intermediate indicators (3rd to 4th year): number of cancer centers accredited		Long-term indicators (4th to 5th year): number of Nebraskans appropriately				

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Objective Tables





Lead evaluating organization: NE CCCP

Other resources needed: technical expertise

TOC CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS OBJECTIVE TABLES

1 year SMART objective E1: improve access to safe, responsible screening by increasing the number of lung cancer screening programs in Nebraska from 1 to 5 that comply with best practice standards by June 2018								
Strategy (specific discreet activities designed to achieve the objective) used: formad hoc committee with representation from ACS and Physician Liaison of ACoS CoC and members of Survivorship group to study best way forward. Provide action plan for providing technical assistance moving forward at the end of year one								
What will be measured: number of CoC Cancer Centers who are Lung Cancer Screenings of Excellence Baseline: there are currently 5 of the 13 CoC Cancer Centers who are Lung Cancer Screenings of Excellence through the Lung Cancer Alliance Data source: Lung Cancer Alliance by 2018								Timeframe: by 2018
Continuum of care: ☐ Screening/early detection	Level of action ☐ Institutions			Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder interest ☐ Available resources Population: Nebraskans eligible for lung cancer screening Setting: Nebraska Cancer Centers				
Evidence base: USPSTF, ACoS CoC	Le	ead or	rganization: NC2	Lead workgroup: early detection & screening				
Indicators: requests for technical assistance, number of cancer centers accredited								
Evaluation methods: process evaluation of assistance, tracking numbers Lead evaluating organization: NE CCCP								
Estimated budget: \$20,000				Other resources ne	eded:	techn	ical expertise	

Emphasize Primary Prevention

PRIORITY AREA: Prima	ary Preve	ntion							
5 year SMART objective F: increase the number of Nebraska homes tested for radon from 73,280 to 80,000 by 2021									
What will be measured: Nebraska	homes tested		Baseline:	73,280	Data soul	ce: office	of Indoor Air Quality	Timeframe: by 2021	
Continuum of care: Primary Prevention				☐ Burden			Population: Ne Setting: commi	braska property owners unities	
Evidence base: Environmental Prote Agency National Radon Action Plan	Evidence base: Environmental Protection Agency National Radon Action Plan Lead organization: NE CCCP Lead workgroup: Primary Prevention								
Short-term indicators (1st and 2nd year): number of homes tested, number of homes mitigated for radon number of communities with Radon Resistant New Construction Codes (RRNC) Intermediate indicators (3rd to 4th year): number of homes mitigated of homes tested, number of homes mitigated radon, statewide coverage of RRNC					omes mitigated for				
Evaluation methods: tracking numbers of homes tested, number of homes mitigated numbers of communities with RRNC Lead evaluating organization: NE CCCP									
Estimated budget: \$500,000 Other resources needed: TBD									

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Objective Tables





1 year SMART objective F1: increase the number of Nebraska homes tested for radon from 73,280 to 74,280 by June 2018								
Strategy (specific discreet activities designed to achieve the objective) used: increase demand for radon testing and mitigation through increased public awareness with social marketing campaign targeted toward property owners								
What will be measured: number	of homes tested	Base	eline: 73,280	Data so	urce	e: office of Indoor	Air Quality	Timeframe: by June 2018
Continuum of care: ☐ Primary Prevention				nental sca	n			on: Nebraska property owners communities
Evidence base: Environmental Pr	al Radon Actio	on Plan		Lead organizat	tion: CCCF	P Lead workgroup: Primary Prevention		
Indicators: numbers of homes tested, reported knowledge, attitudes and beliefs through electronic survey, campaign analytics								
Evaluation methods: tracking numbers of homes tested, campaign analytics Lead evaluating organization: NE CCCP								
Estimated budget: \$100,000 Other resources needed: technical expertise of partners								
V0 F								

Year 2-5 strategies:

- 1. Support communities in adopting radon resistant new construction codes
- 2. Support local health department staff in being trained to test for radon
- 3. Create toolkit to outreach to child care providers and schools on radon testing
- **4.** Support research on the cost-effectiveness of mitigation
- 5. Create toolkit to outreach to property owners of rentals on radon testing
- **6.** Seek funding source for radon mitigation for low income Nebraskans
- 7. Support statewide coverage of radon resistant new construction codes

PRIORITY AREA: Primary Prevention 5 year SMART objective G: decrease the percentage of adults 18 and older who report having five or more alcoholic drinks for men/four or more alcoholic drinks for women on at least one occasion during the past 30 days from 19.5% to 17.5% by June 2021 What will be measured: percent decrease Baseline: 19.5% Timeframe: by June 2021 Data source: BRFSS Continuum of care: Level of action: Criteria: Population: adults of drinking age ☐ Communities □ Burden ☐ Primary Prevention Setting: communities ☐ Stakeholder interest ☐ Policy Evidence base: The Community Guide, CDC Cancer and Alcohol Infographic, CDC Lead organization: NC2 Lead workgroup: **Alcohol Frequently Asked Questions Primary Prevention** Short-term indicators (1st and Intermediate indicators (3rd to 4th year): changed community Long-term indicators (4th to 5th year): 2nd year): increased knowledge, and organizational policies, continued Increased knowledge, changes in BRFSS indicators changed attitudes and beliefs changed attitudes and beliefs Evaluation methods: BRFSS tracking, process and program evaluations Lead evaluating organization: NE CCCP Estimated budget: \$50,000 Other resources needed: content expertise

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Objective Tables

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DEPT. OF HEALTH AND HUMAN SERVICES



1 year SMART objective G1: implement a one year educational program on the health risks of alcohol consumption related to cancer by June 2018								
Strategy (specific discreet activities designed to achieve the objective) used: partner with other local organizations to educate Nebraska Cancer Coalition members and medical community (physicians, nurses, PAs, office staff) at large on the health risks of alcohol consumption, review current literature for most accurate science and dissemination methods and produce recommendations, assemble a toolbox of organizational no alcohol fundraising and alcohol free event policies								
What will be measured: implement	ation	Baseline: no pi	rogram	Data s	source	: program record	s	Timeframe: by 2018
Continuum of care: Primary Prevention		of action: ommunities	Criteria: ☐ Burden ☐ Stakeholder interest				Population: adults of drinking age Setting: communities, clinics	
Evidence base: The Community Guide, CDC Cancer and Alcohol Infographic, CDC Alcohol Frequently Asked Questions Lead organization: NC2, NE CCCP Lead workgroup: Primary Prevention								
Indicators: changes in knowledge attitudes, beliefs, pre/post tests								
Evaluation methods: process, knowledge, dissemination Lead evaluating organization: NE CCCP								
Estimated budget: \$10,000 Other resources needed: content expertise								

Years 2-5 Strategies

CANCER CONTROL

- 1. Sponsor a Cancer Summit speaker
- 2. Targeted distribution of alcohol policy toolkit
- 3. Sponsor a speaker on the health risks of alcohol at injury prevention conference

SELF ASSESSMENT

4. Invite members of the injury prevention community to join the Nebraska Cancer Coalition

PRIORITY AREA: Primary Prevention-Health Disparities and Health Equity

5 year SMART objective H: reduce the percentage of low income (less than \$35,000 annual income) adults that currently smoke from 25.5% to 21% by 2021

What will be measured: percent decrease Baseline: 25.5% Data source: BRESS Timeframe: by 2021

Continuum of care:

Level of action: ☐ Individual

Criteria: □ Burden

Population: Nebraskans who experience health disparities

☐ Primary Prevention ☐ Survivorship

☐ Families ☐ Communities

☐ Environmental scan ☐ Available resources Setting: communities

Evidence base: CDC Tips Campaign, CDC Tobacco Related Disparities, The Community Guide

Lead organization: tobacco Free Nebraska/ Nebraska Comprehensive Cancer Control

Lead workgroup: Primary Prevention, Health Disparities and Health Equity, Survivorship

Program

Short-termindicators (1 stand 2nd

year): increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics Intermediate indicators (3rd to 4th year): rate decreases, increased reported quit attempts, Increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics

Long-termindicators (4th to 5th year): rate decreases, increased reported quit attempts, Increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics

Evaluation methods: process, Program, data tracking

Lead evaluating organization: Tobacco Free Nebraska, Nebraska Comprehensive

Cancer Control Program

Estimated budget: \$750,000 Other resources needed: technical expertise







SELF ASSESSMENT

1 year SMART objective H1: reduce the percentage of low income (less than \$35,000 annual income) adults that currently smoke from 25.5% to 25% by June 2018									
Strategy (specific discreet activities designed to achieve the objective) used: leverage TIPS campaign between Tobacco Free Nebraska and Nebraska Comprehensive Cancer Control Program. Increase connections between tobacco community organizations and cancer control organizations									
What will be measured: increased calls to Quitline, campaign analytics, increased requests for available resources, increased connections to stakeholder groups Baseline: 25.5% Data source: Nebraska Quitline									
Continuum of care: ☐ Primary Prevention ☐ Survivorship ☐ Level of action: ☐ Individual ☐ Families ☐ Communities ☐ Communities ☐ Communities ☐ Communities ☐ Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder Interest ☐ Available rescources ☐ Population: Nebraskans who experience health disparities Setting: communities						nealth disparities			
The state of the s	Evidence base: CDCTips Campaign, CDCTobacco Related Disparities, The Community Guide Lead organization: Tobacco Free Nebraska/ Nebraska Comprehensive Cancer Control Program Disparities and Health Equity, Survivorship								
Indicators: increased call	ls to Quitline, increase	ed request	s for available resourc	es, in	ncreased conne	ction	o stakeholder group:	s, campaign analytics	
Evaluation methods: campaign analytics, process, tracking Lead evaluating organization: Tobacco Free Nebraska, Nebraska Comprehensive Cancer Control Program									
Estimated budget: \$150,000 Other resources needed: technical expertise									

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5 year SMART objective I: in from 73.4% to 80% by 2021	icrease the r	number of No	ebraskans who consider writ	tten health information always or n	early always easy to understand
What will be measured: percer	ntincrease	Baseline:	73.4% of Nebraskans	Data source: Nebraska BRFSS	Timeframe: by 2021
Continuum of care: Primary prevention Screening/early detection Diagnoses Treatment Palliation End of life care	Level of act Instituti Systems Policy	ons	Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder interest ☐ Available rescources	Population: individuals with low and linguistic needs in clinical set Setting: Nebraska Cancer Cente 501 c 3 organizations, and Feder	etings.

Evidence base: National Action Plan Lead organization: Nebraska Comprehensive Cancer Control to Improve Health Literacy, CDC Learn Program, Nebraska Association of Local Health Directors, Nebraska **About Health Literacy** Cancer Coalition, Office of Health Disparities and Health Equity

Priority AreA: Eliminate Health Disparities/Policy, Systems and Environmental Changes

Lead workgroup: Health Disparities and Health Equity, policy, systems and environmental changes

Short-termindicators (1 stand 2nd year): creation of action plans, buy in from upper level administration, and broad support across departments

☐ Survivorship

Intermediate indicators (3rd to 4th year): number of plans in implementation, broad support across organization

Long-term indicators (4th to 5th year): improvement in selected BRFSS indicators

Evaluation methods: action plan evaluation reports, key informant interviews, signatures of administration on all plans

Lead evaluating organization: Nebraska Comprehensive Cancer Control Program

Other resources needed: technical expertise Estimated budget: \$60,000

1 year SMART objective I1: increase the number of Nebraska Cancer Coalition partner organizations implementing health literacy action plans and participating in CLAS trainings by 2, by 2017									
Strategy (specific discreet activities designed to achieve the objective) used: contract with Nebraska Cancer Coalition to provide financial support to two partner organizations (Nebraska Cancer centers, Local health departments, 501 c 3 organizations, and Federally Qualified Health centers) to implement health literacy action plans and to participate in up to 4 CLAS sessions provided by the DHHS Office of Health Disparities and Health Equity. Contract with Nebraska Association of Local Health Directors to provide technical assistance to the selected organizations on health literacy action planning									
What will be measured: number of partner or planning for health literacy	anizations participating in action	Baseline: 0	Data source: programano partner records	Timeframe: by 2018					
Continuum of care: Primary Prevention Screening/early detection Diagnoses Treatment Palliation End of life care Survivorship	☐ Burden ☐ Environmental scan ☐ Stakeholder interest	□ Burden							
Evidence base: National Action Plan to Improve Health Literacy, CDC Learn About Health Literacy Control Program, Office of Health Disparities and Health Equity, Nebraska Cancer Coalition, Nebraska Association of Local Health Directors Lead organization: Nebraska Comprehensive Cancer and Health Equity, policy, systems environmental changes									
Indicators: creation of action plans, buy in f	om upper level administration, and	d broad support a	cross departments						
Evaluation methods: action plan evaluation reports, key informant interviews, signatures of administration on all plans Lead evaluating organization: Nebraska Comprehensive Cancer Control Program									
Estimated budget: \$12,000	Other resources ne	eeded: technical e	expertise, partnership						

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PRIORITY AREA: Primary Prevention/Policy, Systems, Environmental Changes									
5 year SMART objective J: increase statewide coverage of Complete Streets policies from 4 to statewide by 2021.									
What will be measured: number of complete streets policies	Baseline: 4 Data source: American Cancer Society/American Association of Retired Persons, DHHS Chronic Disease Prevention and Control Program by 2021								
Continuum of care: ☐ Primary Prevention	Level of action: Communities Policy	Criteria: Burden Environmental scan Stakeholder interest Available rescources Population: Nebraskans Setting: communities							
Evidence base: Surgeon General's Call to Action To Promote Walking and Walkable Communities, CDC Guide to Strategies to Increase Physical Activities in the Community Lead organization: American Cancer Society Cancer Action Network, American Association of Retired Persons, DHHS Chronic Disease Prevention and Control Program Lead workgroup: Primary Prevention									

Short-term indicators (1st ar local coalitions, BRFSS physical a	number	Intermediate indicators (3rd to 4th year): number of local policies, BRFSS physical activity & walking data				Long-termindicators (4th to 5th year): statewide coverage			
Evaluation methods: tracking	Lead eva Control I		ınizatior	n: DHHS Chronic I	Disease Prevention and				
Estimated budget: \$60,000		C	Other re	sources	needed: subj	ect matte	er expertise		
1 year SMART objective J1:	increase number of wal	king coaliti	ons state	wide from	7 to 12 by Jui	ne 2018			
Strategy (specific discreet act	civities designed to ach	nieve the o	bjective)) used: cod	ordinate and as	sist comm	nunities in forming o	coalitions around walking	
What will be measured: numb	per of coalitions	Baseline:		Data source: DHHS Coordinated Chronic Disease Prevention and Control program				Timeframe: by June 2018	
Continuum of care: ☐ Primary Prevention	Communities Policy	Criteria: Burden Enviror Stakeho Availab	erest			Population: Setting: com	Nebraska communities		
Evidence base: Surgeon General's Call to Action To Promote Walking and Walka Communities, CDC Guide to Strategies to Increase Physical Activities in the Comm						Lead organization: ACS CAN/AARP/NC2 Lead workgroup Primary Preventi			
Indicators: number of coalitions, BRFSS physical activity data, requests for technical assistance									
Evaluation methods: partnership evaluation data, BRFSS tracking, tracking number of communities					Lead evaluating organization: DHHS Chronic Disease Prevention and Control program				
Estimated budget: \$12,000 to host coalition building trainings					Other resources needed: subject matter expertise				

Years 2-5 Strategies:

- 1. Continue to expand walking coalitions across the state to complement existing funding
- 2. Support partner organizations efforts to achieve state wide coverage

PRIORITY AREA: Primary Prevention								
5 year SMART objective K: increase female and male HPV vaccination rates from 43.3 (females) and 22.8 (males) to 48 and 27, respectively by 202 I								
What will be measured: rate	43.3 (female) 22.8 (males)	Data source: DHHS In Program	Timeframe: by 2021					
Continuum of care: ☐ Primary Prevention	Level of ac ☐ Individua ☐ Families	als	Criteria: ☐ Burden ☐ Available rescources	Population: vaccination age Nebraska youth and parents Setting: communities				
Evidence base: NACCHO Statement of Policy, Centers for Disease Control and Prevention, The Community Guide, The National HPV Vaccination Roundtable			Lead organization: Department of Health and Human Services Comprehensive Cancer Control Program (DHHS Immunization Program and American Cancer Society provide technical assistance)			Lead workgroup: Primary Prevention		





CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS OBJECTIVE TABLES

Short-termindicators (1 st and 2 nd year): Nebraska State Immunization Information System, vaccine orders, changes in knowledge attitudes and beliefs.		ndicators (3rd to 4th year): Immunization Information orders	Long-term indicators (4th to 5th year): vaccination coverage rates, vaccine orders				
Evaluation methods: monitoring vaccine orders and cover individual program evaluation	erage rates,	Lead evaluating organization: DHHS Immunization Program, Comprehensive Cancer Control Program					
Estimated budget: \$150,000	Other re	ther resources needed: technical assistance, subject matter expertise					

1 year SMART objective K1: increase the knowledge of and change beliefs about the HPV vaccine in targeted area of Nebraska by June 2018									
Strategy (specific discreet activities designed to achieve the objective) used: social media campaign targeted towards vaccine age Nebraska youth									
What will be measured: impler	mentation of campaign	Baseline: no campaign Data source			ata source	: Immunization	Timeframe: by June 2018		
Continuum of care: Primary Prevention	Level of action: Communities	Criteria: Burden Stakeholder interest Available rescources				Population: Nebraska youth of vaccine age Setting: communities			
Evidence base: NACCHO Star for Disease Control and Preven Guide, The National HPV Vacci		Lead organization: DHHS Immunization Program (DHHS Comprehensive Cancer Control Program provides technical assistance) Lead workgroup: Primary I				rkgroup: Primary Prevention			
Indicators: survey respondents reporting increased knowledge and a change in beliefs, increased demand for vaccine									
Evaluation methods: media campaign analytics, electronic survey					Lead evaluating organization: Immunization Program				
Estimated budget: \$30,000		Oth	er resources need	led:	technical as	ssistance, leve	raged netw	orks, evaluation assistance	

Year 2-5 strategies:

- 1. Reduced missed opportunities and increase HPV vaccine series completion through assessment and system-based changes using AFIX visits to enrolled clinics
- 2. Support and continue participation in the Nebraska HPV Roundtable
- 3. Support efforts to require reporting vaccinations to a vaccination registry
- 4. Continue to disseminate knowledge and best practices via NC2 webinars and summit presentations







Address the Public Health Needs of Cancer Survivors

PRIORITY AREA: Address Public Health Needs of Cancer Survivors 5 year SMART objective L: by 2021, collaborate with cancer stakeholders across the state to identify supportive care, rehabilitative needs of caregivers and cancer survivors in the following phases: a.) diagnosis and treatment; b.) post-acute treatment phase; c.) long-term survival; d.) living with metastatic disease; and e.) palliative care/end of life What will be measured: knowledge of Baseline: no needs assessment Timeframe: ongoing over Data source: questionnaires and needs of cancer survivors and caregivers the 5 year plan Interviews Continuum of care: Level of action: Criteria: Population: cancer survivors d. living with metastatic ☐ Stakeholder interest ■ Survivorship □ Individuals in one of the 4 phases: disease ☐ Available rescources ☐ Families a. diagnosis & treatment e. palliative care/end oflife b. post-acute treatment Setting: willvary c. long-term survival Evidence base: in 2014, cancer survivors totaled 14.5 million. That Lead organization: Lead workgroup: A Time to Heal will lead number is predicted to reach 19 million by 2024 (ACS Cancer Treatment NC2 the first year's efforts to do the statewide & Survivorship Facts & Figures). Understanding the needs and desires of survey of needs and resources the cancer survivor and their caregivers will be imperative as the need for Survivorship Workgroup of NC2 will decide services increases leadership for following years Short-termindicators (1 st and 2nd year): Intermediate indicators (3rd to 4th year): Long-termindicators (4th to 5th year): use data analysis of cancer survivors' need survey. the data analysis of cancer survivors' needs identify survivor and caregiver supportive and rehabilitation resources across the state, Determine if further assessment is needed to and priorities identified for each phase of develop a needs assessment to survey uncover the needs of populations that may have cancer. Begin pilot survivorship program in at least 300 NE cancer survivors, develop been under-represented in the original survey. one or more of the top needs. an initial resource guide of survivorship If so, make concerted efforts to get input from those survivors. Continue to update the resource resources already in existence in NE guide of resources across the state. Evaluation methods: process evaluation for assessment, tracking data from assessment Lead evaluating organization: NE CCCP Estimated budget: \$100,000 Other resources needed: support of cancer advocacy groups and cancer centers; phone conferencing capability;

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Objective

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DEPT. OF HEALTH AND HUMAN SERVICES



1 year SMART objective L1: By the end of 2018 plan year,

a) Establish and identify collaborative relationships with at least five cancer stakeholder groups interested in partnering with the NE State Comprehensive Cancer Control Program to identify survivor and caregiver supportive and rehabilitation resources across the state.

technological support to put written, audio, and video information online and/or into CD/DVD format

- b) Develop and implement a needs survey targeted to identifying the needs of NE cancer survivors
- c) Collect survey data from at least 300 NE cancer survivors
- d) Produce a preliminary resource guide listing currently available survivorship programs in NE

Strategy (specific discreet activities designed to achieve the objective) used:

- ☐ Personal contact with key cancer stakeholders to identify at least 5 entities willing to help with a needs survey
- ☐ Identify existing supportive and rehabilitative resources the state
- ☐ With input from cancer care professionals, develop a needs survey that can be available both online and in paper and pencil formats
- Distribute the survey to cancer survivors across the state via cancer centers, advocacy groups, and direct contact with survivors

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What will be measured: number of collaborative relationships with stakeholder groups, existence of a needs survey, resource guide, dissemination tactics and results			Baseline: to be established with this survey		Datasource: cancer survivors in NE		Timeframe: by 2018			
Continuum of care: Survivorship		Level of action: Individual Families	□ Burden			•	ulation: mixed diagnoses- children and adults ing: throughout the state			
Evidence base: in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures). Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases							Lead organization: Lead workgr A Time to Heal NC2 survivorship			
Indicators: partnersh	nipasses	sments, process eva	luation of resour	ce guide creatio	n, num	berofg	uides dissemination, diss	eminatio	on strategies	
Evaluation methods: strategies	ship assessments, pro	, dissemination	tion Lead evaluating organization: Dept. of Health and Human Services Division of Public Health, Health Promotion Unit							
Estimated budget: \$19,000	Other resources needed: underwriting for a brainstorming conference to develop the survey, technology to distribute the survey survivors in different settings, collaboration with on-site care providers to encourage survivor participation in the survey							-		

1 year SMART object	ctive L2: by June 2018	form working group to address	raising Pain Policy Studies	Group grade from B+ to A
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Strategy (specific discreet activities designed to achieve the objective) used: formad hoccommittee to study requirements and create action plan to raise grade. Committee to include representatives from cancer centers, American Cancer Society Cancer Action Network, AARP, Injury Prevention Overdose Prevention Coordinator

What will be measured: output of committee Baseline		: no current plan or timeline	Data source: "Achieving Balance in Sate Pain Policy" Painpolicy.wisc.edu	Timeframe: by June 2018		
Continuum of care: Palliation End of life care Survivorship	Level of ac	ction:	Criteria: ☐ Burden ☐ Environmental scan ☐ Stakeholder interest	Population: Nebraska cancer su Setting: statewide	rvivors	

Evidence base: "Achieving Balance in State Pain Policy a Progress Report Card" Pain & Policy Studies Group and "How Do You Measure Up?" American Cancer Society Cancer Action Network

Lead organization: American Cancer Society Cancer Action Network, Nebraska Cancer Coalition

Lead workgroup: survivorship; policy, systems and environmental changes

Indicators: creation of realistic action plan and timeline

Evaluation methods: partnership evaluation, process evaluation

Lead evaluating organization: NE CCCP

Estimated budget: \$1,000 Other resources needed: staff time to lead group, technical assistance regarding suitable policies

Years 2-5 strategies:

- 1. Support increased access to care and insurance for all Nebraskans
- 2. Support creation and maintenance of opioid prescription database for Nebraska pharmacies
- 3. Support lung cancer support group organized by American Lung Association





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PRIORITY AREA: Add	lress Public H	lealth Needs of Car	ncer	Survivors						
5 year SMART objective M: by 2021, collaborate with researchers at state and university levels to increase the quality and reach of cancer survivorship research projects/grants relevant to the different phases of cancer survivorship (diagnosis and treatment, post-acute treatment, palliative care, and end of life)										
What will be measured:1. Collaborative relationships deve2. Research projects inprogress	reloped 1. Info	- mm					Timeframe: by 2021			
	evel of action: 1 Institutions	in one of the 4 phases: a. diagnosis & treatment b. post-acute treatment of setting					be conducted	ing: research will onducted in a variety ettings dependent		
Evidence base: in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures). Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases							rship Workgroup			
☐ 2 relationships established	Short-term indicators (1st and 2nd year): ☐ 2 relationships established ☐ 2 funded projects/grants in process ☐ 3 funded projects/grants in process						shed			
Evaluation methods: routine environmental scan, key informant interviews Lead evaluating organization: NE Comprehensive Cancer Control Program										
	Estimated budget: \$75,000 Other resources needed: designated ombudsman (or team) to meet with and build collaborative research relationships									
	1 year SMART objective M1: by June 2018, establish a collaborative relationship with at least two entities interested in partnering with the Nebraska Cancer Coalition to evaluate the highest priorities for cancer survivorship research									

15 **Objective Tables**





Strategy (specific discreet activities designed to achieve the objective) used:

Identify current survivorship research being conducted at the accredited cancer centers via key informant interviews List entities with research expertise that could be potential partners in conducting survivorship research through work group Explore funding opportunities focused on cancer survivors, both who are well and those receiving EOL care through work group

What will be measured: number of formal, collaborative relationships developed

Baseline: 0 formal relationships Data source:

environmental scan

Timeframe: by 2018

Continuum of care: ☐ Survivorship

Level of action: ☐ Institutions

Criteria: ☐ Environmental scan Population: mixed diagnoses - children and adults

Setting: throughout the state

CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS **OBJECTIVE TABLES**

> Evidence base: in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures). Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases. Research is the evidence based way to determine which services effectively meet the needs without wasting valuable resources

Lead organization: NC2

Lead workgroup: Survivorship Workgroup

Indicators: 2 formal research relationships developed

Evaluation methods: routine environmental scan, key informant interviews

Lead evaluating organization: NE Comprehensive

Cancer Control Program

Estimated budget: \$10,000 Other resources needed: designated ombudsman (or team) to meet with and build collaborative research relationships

Year 2-5 strategies:

- 1. Continue to build formal research relationships
- 2. Publish at least three peer reviewed articles
- 3. Release one white paper a year



CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS OBJECTIVE TABLES

Activities Year ONE & TWO Intermediate Indicators Inputs **Short-term Indicators Long-term Indicators** Nebraska Comprehensive Early Detection and Early detection and Early detection and Early detection and Cancer Control Program Screening: Screening: Screening: screening: Staff & Funding 1. Provide support to 1. Number of requests for 1. Number of cancer 1. Number of Nebraskans cancer centers seeking technical assistance. centers accredited. appropriately screened to become lung cancer number of cancer for lung cancer. 2. Reported changes in screening centers of centers accredited knowledge, attitudes, 2. Increase in the number excellence. 2. Reported changes in beliefs, uptake intransof Nebraska women portation programs. 2. Increase the number knowledge, attitudes, up to date on cervical beliefs, uptake intrans-Changes in clinical of transportation or cancer screening. systems. (Crosscutting portation programs. worksite wellness 3. Increase in the number issue ACCESS) projects related (Crosscutting issue of Nebraska men who ACCESS) to screening. 3. Documented reach have talked with their (Crosscutting issue 3. Creation of channels of channels of health care provider ACCESS) of communication. communication. about the PSA test. **3.** Increase the channels documented reach, (crosscutting issue **4.** Increase in the number number, variety of **EDUCATION**) of communication of adults up to date to the public on the speakers. (crosscutting 4. Attendance at CLAS on colorectal cancer issue EDUCATION) importance of cancer trainings, number screening screening (webinar 4. Attendance at CLAS of staff trained, training for nonclinical trainings, number reported applicability. staff, creation of (Crosscutting issue of staff trained, speaker's bureau). **HEALTH DISPARITIES** reported applicability. (crosscutting issue **HEALTH EQUITY)** (Crosscutting issue **EDUCATION) HEALTH DISPARITIES** 5. Number of funded 4. Increase the number of **HEALTH EQUITY)** projects and results staff trained on CLAS. **5.** Number of funded of projectevaluations, (Crosscutting issue projects and results clinic screening rates. **HEALTH DISPARITIES** of projectevaluations, (Crosscutting issue **HEALTH EQUITY)** clinic screening rates. **HEALTH SYSTEMS 5.** Increase the number (Crosscutting issue CHANGES) **HEALTH SYSTEMS** of funded projects with partner clinics CHANGES) or FQHCS working to improve their CRC screening rates (Crosscutting issue





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HEALTH SYSTEMS CHANGES

Data (Nebraska Cancer Registry, Behavioral Risk Factor Surveillance System 1. Social marketing and others)

State Health Improvement Plan

Nebraska Cancer Coalition

Emphasize Primary Prevention:

- campaign on the dangers of radon targeted to home owners.
- 2. One-year educational series on cancer risk andalcoholtargetedto health professionals.
- 3. Collaborative efforts educate Nebraskans who experience health disparities via the CDC TIPS campaign on tobacco and cancer risks. (Cross cutting issue HEALTH **DISPARITIES HEALTH EQUITY**)
- 4. Support cancer centers, hospitals, FQHCs, 501c3 orgs, and local health departments in implementing health literacy action plans. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EQUITY, **POLICY AND SYSTEMS CHANGES**)
- 5. Coordinate and assist communities in forming coalitions around walking incollaboration with DHHS Chronic Disease Prevention and Control Program. (Crosscutting issue **POLICY AND SYSTEMS** CHANGES).

Emphasize Primary Prevention:

- 1. Number of homes tested for radon. number of homes mitigated forradon.
- 2. Reported changes in knowledge, attitudes and beliefs.
- 3. Increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics. (Cross cutting issue **HEALTH DISPARITIES HEALTH EQUITY**)
- 4. Creation of plans, buy in from administration. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EQUITY, **POLICY AND SYSTEMS** CHANGES)
- 5. Number of local walking coalitions. (Crosscutting issue **POLICY AND SYSTEMS** CHANGES)
- 6. Reported changes in knowledge, attitudes and beliefs.
- 7. Nebraska State Immunization Information System, vaccine orders, changes in knowledge attitudes and beliefs.

Emphasize Primary Prevention:

- 1. Number of homes tested for radon. number of homes mitigated for radon, number of communities with radon resistant new construction.
- 2. Changed organizational policies, reported changed knowledge attitudes and beliefs.
- 3. Rate decreases, increased reported quit attempts, Increased calls to Quitline, increased requests for available resources. increased connection to stakeholder groups, campaign analytics (Cross cutting issue **HEALTH DISPARITIES HEALTH EOUITY**)
- 4. Number of plans in implementation, broad support across organization. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EQUITY, POLICY AND SYSTEMS CHANGES)
- 5. Number of local policies, BRFSS physical activity and walking data. (Crosscutting issue POLICY AND SYSTEMS CHANGES)

Emphasize Primary Prevention:

- 1. Number of homes tested for radon. number of homes mitigated for radon. state wide radon resistant new construction codes
- 2. Changes in BRFSS indicators
- 3. Rate decreases. increased reported quit attempts, Increased calls to Quitline, increased requests for available resources. increased connection to stakeholder groups, campaign analytics (Cross cutting issue HEALTH DISPARITIES **HEALTH EQUITY)**
- 4. Improvement in selected BRFSS indicators. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EQUITY, **POLICY AND SYSTEMS CHANGES**)
- **5.** Statewide coverage of Complete Streets (crosscutting issue POLICY, SYSTEMS AND ENVIRONMENTAL CHANGES)
- 6. Changes in selected BRFSS indicators.





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OC CANCER CONTROL SELF ASSESSMENT USING THIS PLAN PRIORITIZATION PROCESS OBJECTIVE TABLES

6. Supportsunsafework environments and public attractions7. Collaborate on a social marketing

7. Collaborate on a social marketing campaign on HPV vaccination targeted towards adolescents emphasizing cancer prevention in collaboration with DHHSImmunization Program.

- Changes in the built environment, reported changes in knowledge, attitudes and beliefs
- **7.** Vaccination Coverage rates, vaccine orders.
- Vaccination Coverage rates, vaccine orders, Vaccination Coverage rates, vaccine orders

Evidence Base

Other Program Plans (See executive summary)

Address the Public Health Needs of Cancer Survivors:

- Develop and implement needs assessment targeted to Nebraska cancer survivors
- 2. Conduct key informant interviews with cancer stakeholder groups to identify resources available for survivors in Nebraska.
- 3. Form ad hoc committee to study requirements to raise Pain Policy Studies grade (Cross cutting issue POLICY AND SYSTEMS CHANGE)
- 4. Establish collaborative relationships with two entities interested in partnering with NC2 to evaluate the highest priorities in survivorship research.

Address the Public Health Needs of Cancer Survivors:

- 1. Survey at least 300 survivors
- **2.** Establish relationships with at least five stakeholder groups.
- 3. Creation of action plan. (Cross cutting issue POLICY AND SYSTEMS CHANGE)
- **4.** Two relationships established, and two projects funded.

Address the Public Health Needs of Cancer Survivors:

- 1. Establish baseline of unmet needs in Nebraska.
- **2.** Pain Policy Studies Group Grade.
- **3.** Five relationships established and fiveprojects funded.

Address the Public Health Needs of Cancer Survivors:

- Use the data analysis of cancer survivors needs and priorities identified for each phase of cancer.
- **2.** Begin to plot survivorship program in or more of the top needs.
- **3.** Pain PolicyStudies grade.
- **4.** 8 relationships established and projects funded.

Ultimate Indicator:

Reduced Incidence and Mortality









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