# Emerging and Reemerging STDs: Challenges for STD Prevention Programs 

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## STD Morbidity United States 2001

| US | US | US |
| :---: | :---: | :---: |
| reported | estimated <br> cases | incidence <br> (millions) | | estimated |
| :---: |
| prevalence |
| (millions) |


| CT | 710,690 | 3 |
| :--- | :--- | :---: |
| GC | 326,346 | 0.65 |
| Syphilis | 5,790 | 0.07 |
| Congenital | 240 | NA |
| syphilis |  |  |
| HPV | NA | 5.5 |
| HSV | NA | 1 |
| Trichomoniasis | NA | 5 |
| AIDS | 42,008 | 0.02 |
| HIV | NA | NA |
| Hepatitis B | 6,565 | 0.077 |
|  |  |  |
| Total | $1,085,074$ | 15.3 |

## Overview of Complications of Sexually Transmitted Diseases



HIV Infection*

## Increased Transmission of HIV in the Presence of other STDs

- By Increasing Susceptibility
- Mucosal breakdown due to genital ulcer may facilitate HIV entry
- Recruitment of WBCs to the site of active infection may act as an area of increased HIV receptors
- By Increasing Infectiousness
- Increase of HIV viral load in semen, genital secretions and genital ulcers


## Increased Transmission of HIV in the Presence of other STDs

- Being infected with a STD may make it 2 to 23 times easier to transmit HIV, depending on the specific STD
- Identifying those with both HIV and other STDs and then treating their STDs, may be able to reduce new HIV infections by 23\%
- Detection and treatment of STDs is an important HIV prevention strategy


## Syphilis Reported cases by stage of illness: United States, 1941-2000

Thousands of cases


## Primary and secondary syphilis Rates by state: United States and outlying areas, 2000



Note: The total rate of primary and secondary syphilis for the United States and outlying areas (including Guam, Puerto Rico and Virgin Islands) was 2.2 per 100,000 population. The Healthy People year 2010 objective is 0.2 per 100,000 population.

## Epidemiologic Vulnerability of Syphilis

- No animal reservoir
- Long incubation period
- Limited infectiousness
- Low cost and widely available diagnostic tests
- Single dose therapy
- No antimicrobial resistance


## Syphilis Elimination: Public Health Importance

- Important, measurable health outcomes
- Substantial cost savings
- Annual cost savings of $\sim 1$ billion
- Supports multiple public health goals
- Reduction of racial disparities
- Infectious disease control, including HIV prevention
- Bio-terrorism preparedness
- Reproductive health and infant health
- Identifies opportunities to improve public health infrastructure
- Focus for critical collaboration between communities \& health departments
- Addresses unfinished history \& broken trust


## Key Steps Necessary to Eliminate Syphilis

- Improve surveillance capacity and use CD models
- Develop regional and local rapid outbreak response teams
- Design health care infrastructure for testing, treatment and prevention of at-risk persons, especially sexual and social networks
- Create partnerships and linkages with organizations serving at-risk populations


## Progress Toward the Elimination of Syphilis from California

| Morbidity | $\mathbf{1 9 9 8}$ | $\mathbf{1 9 9 9}$ | $\mathbf{2 0 0 0}$ | $\mathbf{2 0 0 1}$ |
| :--- | :---: | :---: | :---: | :---: |
| P\&S Cases <br> Reported P\&S Syphilis <br> Rate (per 100,000) | 0.99 | 0.85 | 0.96 | 1.54 |
| \% of syphilis-free health <br> jurisdictions | $60.7 \%$ | $57.4 \%$ | $57.4 \%$ | $52.5 \%$ |
| \# of counties accounting <br> for at least 75\% of cases | 7 | 7 | 5 | 534 |
| African-American:White <br> rate ratio | $13: 1$ | $9: 1$ | $4: 1$ | $3: 1$ |
| Male:Female rate ratio | $1.5: 1$ | $3: 1$ | $5: 1$ | $9: 1$ |
| \%MSM ${ }^{1}$ |  |  |  |  |

${ }^{1}$ Among those with known gender of sex partners

## Primary \& Secondary Syphilis Rates by Gender, California, 1996-2001*



Number of MSM P\&S Syphilis Cases by Region and Year 1999-2001



## Characteristics of MSM P\&S Syphilis Cases, California 1999-2000

|  | $\mathbf{1 9 9 9}$ | $\mathbf{2 0 0 0}$ | $\mathbf{2 0 0 1}$ |
| :--- | :---: | :---: | :---: |
| MSM/Total (\%MSM) |  |  |  |
|  | $71 / 284$ | $162 / 327$ | $328 / 534$ |
| Secondary | $(25.0 \%)$ | $(49.5 \%)$ | $(61.4 \%)$ |
| Median age (IQR) | $32(65.3 \%)$ | $121(74.7 \%)$ | $228(69.5 \%)$ |
| Diagnosed at STD clinic | $94(30-42)$ | $35.5(31-41)$ | $36(30-42)$ |
| Anonymous sex partners | $10(20.4 \%)$ | $34(21.0 \%)$ | $83(25.3 \%)$ |
| (past 3 months) | $12(24.5 \%)$ | $73(45.1 \%)$ | $183(55.8 \%)$ |
| Self-reported HIV+ | $1(2.0 \%)$ | $18(11.1 \%)$ | $35(10.7 \%)$ |
| Methamphetamine use | $2(4.1 \%)$ | $34(21.0 \%)$ | $60(18.3 \%)$ |
| Meet partners at bathhouse | 0 | $15(9.2 \%)$ | $52(15.9 \%)$ |
| Meet partners over internet | 0 |  |  |

## Gonorrhea Rates by gender: United States, 1981-2000 and the Healthy People year 2010 objective

Rate (per 100,000 population)


## Gonorrhea Rates by Gender, California, 1996-2001

- Gonorrhea rates declined sharply last 30 years
- Rates in Males and Females increased in 2000 and 2001


Gonorrhea Rates by Gender, California, 1996-2001


# Gonococcal Isolate Surveillance Project (GISP) Location of participating clinics and regional 



## Gonococcal Isolate Surveillance Project

 (GISP) Percent of Neisseria gonorrhoeae isolates obtained from MSM for STD clinics in 14 cities, 1998, 1999 and 2000

Note: In 2000, these 14 clinics reported $91.7 \%$ (633/690) of GISP gonorrhea cases in men who have sex with men (MSM). In 1998 ALB reported 0.0\% MSM. Clinics include:
ALB=Albuquerque, NM; ANC=Anchorage, AK; ATL=Atlanta, GA; CHI=Chicago, IL;
DEN=Denver, CO; HON=Honolulu, HI; LBC=Long Beach, CA; MIA=Miami, FL;
ORA=Orange County, CA; PHX=Phoenix, AZ; POR=Portland, OR; SDG=San Diego, CA;
SEA=Seattle, WA; and SFO=San Francisco, CA.

# Gonococcal Isolate Surveillance Project (GISP) Percent of Neisseria gonorrhoeae isolates with decreased susceptibility or resistance to Pereent ciprofloxacin, 1990-2000 



Note: Resistant isolates have ciprofloxacin MICs $\geq 1 \mu \mathrm{~g} / \mathrm{mL}$. Isolates with decreased susceptibility have ciprofloxacin MICs of $0.125-0.5 \mu \mathrm{~g} / \mathrm{mL}$. There were sixty-one (61) resistant isolates: one in 1991, one in 1993, two in 1994, eight in 1995, two in 1996, five in 1997, four in 1998, nineteen in 1999, and nineteen in 2000. Susceptibility to ciprofloxacin was first measured in GISP in 1990.

# CipR GC in Southern California Cases by Gender/Sexual Orientation, July 2000 - Dec 2001 



2000
2001

- The majority of cases (13 of 16) identified in the last 6 months of 2001 were MSM


## Demographics and Risk Factors of CipR

 GC Cases, 2001 ( $\mathrm{N}=22$ )|  | MSM | Other Men | Women |
| :--- | :---: | :---: | :---: |
|  | $\mathrm{N}=15$ | $\mathrm{~N}=4$ | $\mathrm{~N}=3$ |
| Age range | $18-43$ | $25-55$ | $22-62$ |
| median | 30 | 36 | 35 |
| Race/Ethnicity |  |  |  |
| White | 11 | 1 | 1 |
| Asian | 0 | 1 | 2 |
| Black | 3 | 0 | 0 |
| Hispanic | 1 | 0 | 0 |
| Unknown | 0 | 2 | 0 |
| Clinic |  |  |  |
| STD | 14 | 2 | 1 |
| Primary care | 1 | 2 | 2 |
| Included in GISP | 9 | 2 | 0 |
| Travel* | 0 | 0 | 1 |
| Partner Travel* | 0 | 1 | 2 |
| Antibiotic Use | 1 | 0 | 0 |
| Multiple Partners ${ }^{* *}$ | 13 | 1 | 0 |
| HIV positive | 7 | 0 | 0 |

## Acyclovir-Resistant Herpes Simplex Virus: Results From A National Surveillance System

- 24 Study Sites in 14 Cities
- 0.18\% (3/1,644) ACV Resistance in HIV-negative patients
- 5.3\% (12/226) ACV resistance in HIV-positive patients
- Factors Associated with Resistance in HIV-negative pts:
- past oral ACV use
- current use of topical ACV cream
- Factors Associated with Resistance in HIV-positive pts:
- past and current oral ACV
- history of recurrent HSV-2 infection
- lesions of longer duration
- low CD4 count


# Metronidazole-Resistant Trichomonos vaginalis, CDC case series 1985-1998 

Number of isolates (\%)

- Susceptible
- Marginally Resistant
(MLC, 50-100 ug/ml)
13 (6.7\%)
- Moderately Resistant
(MLC, 100-400 ug/ml)
46 (23.6\%)
- Highly Resistant
(MLC, $\geq 400 \mathrm{ug} / \mathrm{ml}$ )
119 (61\%)


## Chlamydia Rates by gender: United States, 1984-2000



# Chlamydia - Age- and genderspecific rates: United States, 2000 



## Prevalence of Chlamydia Infections in 15-19 Year Old Adolescent Girls by Health Care Setting, California, 2000



# California Chlamydia Action Coalition Members: A State-Wide Public/Private Partnership 

State and local health departments
Managed Care Organizations
Community Based
Organizations
Private providers and professional societies
Family Planning, schoolbased, and correctional programs

Women's Health
Organizations
Laboratories and University researchers
Diagnostic and
pharmaceutical companies
Policymakers and the public
California Health Care
Foundation

## Chlamydia Action Coalition Goals

- Increase access to and use of high-quality screening and clinical services for chlamydia
- Increase partner evaluation, treatment and counseling
- Promote awareness of the chlamydia epidemic, prevention strategies and the costs of the disease and its complications among providers, policymakers and the public
- Enhance health information systems to monitor, evaluate and improve chlamydia screening and other intervention efforts


## Chlamydia Action Coalition

## Efforts (www.ucsf.edu/castd)

- Chlamydia Clinical Practice Guidelines
- Tool box to assist in implementation
- More detailed information on diagnostic tests, sexual history taking, public health laws, HEDIS specifications, cost-effectiveness model, patient and provider information sheets, CME home study module
- Interventions to improve screening
- MMCD QI Initiative
- Web-based interactive provider training
- Provider level evaluation


## Impact of Nucleic Acid Amplification Methods

- Highest sensitivity
- Able to detect 10-30\% more infections
- Less dependent on specimen collection and handling
- Noninvasive
- Urine and self-collected vaginal swabs
- Patient acceptability
- Non-clinical settings
- Pelvic and genital exams not necessary
- Clinic intake areas
- Community based organizations
- Home testing



## Chlamydia HEDIS Data Warehouse

- Centralized Data Warehouse with Electronic Transmission of Chlamydia Screening Data
- Collection of HEDIS numerator data
- Prevalence Monitoring
- Coordinate with ELR of communicable diseases



# Patient Delivered Partner Therapy 

$$
\begin{aligned}
& \text { Legislation in CA } \\
& \text { (Ortiz bill SB 648) }
\end{aligned}
$$

- Enacted January 1, 2001
- Amendment to the Business and Professions and Health and Safety Codes
- Sets forth exceptions to the Medical Practice Act and is does not constitute unprofessional conduct
- "Notwithstanding any other provision of law, a physician, nurse practitioner, certified nurse-midwife, and physician assistant who diagnoses a sexually transmitted chlamydia infection may prescribe to that patient's sexual partner or partners without examination of that patient's partner or partners"


## Future Directions for STD

 Prevention- Enhanced surveillance systems needed to monitor risk factors and antimicrobial resistance
- STD and HIV integrated approaches needed
- Public and private sector partnerships needed
- Coordination of efforts with communicable disease systems

