

ICD-10 Code for Endometriosis

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Disclosures

- No Conflicts of Interest

Proposal

- The American College of Obstetricians and Gynecologists (ACOG) and American Association of Gynecologic Laparoscopists (AAGL) are requesting expansion of the N80 code selections for **endometriosis**.
- **This is our first revision from our original proposal presented in 9/2020.**

Endometriosis Epidemiology

- Approximately 10% of reproductive aged people have endometriosis worldwide (**~200 million**)
 - Reported in 50% of patients with infertility
 - Reported in 70% of adolescents with pelvic pain
- Average 7-10 year delay for diagnosis

Current ICD-10 for Endometriosis

- N80.0: Adenomyosis
- **N80.1: Endometriosis of the ovary**
- **N80.2: Endometriosis of the fallopian tube**
- **N80.3: Endometriosis of pelvic peritoneum**
- **N80.4: Endometriosis of the rectovaginal septum and vagina**
- **N80.5: Endometriosis of the intestine**
- **N80.6: Endometriosis of the cutaneous scar**
- N80.8: Other endometriosis
- N80.9: Unspecified endometriosis

ICD-10 for Endometriosis

- No change in endometriosis codes since 1970s
- A near 10-fold increase in the number of diagnosis codes was noted between ICD-9 and ICD-10, while the diagnosis codes for endometriosis remained **unchanged**
- Current ICD-10 codes do NOT provide details in terms of:
 - Laterality
 - Depth of invasion
 - Volume of disease
 - Specific organ(s) involved
- These factors directly influence **disease management** and **clinical outcomes**

Knowledge and Technology Advancement

- Our understanding of endometriosis as a disease process has expanded over the last several decades with advancement in diagnosis, imaging technologies, and evolution of surgical approaches
- ICD codes have NOT matched these advancements
- Differentiation of superficial versus deep endometriosis is crucial for accurate disease diagnosis and treatment
- Women are suffering with delayed diagnosis, limited tracking of disease, and limited resource allocation

Endometriosis Code Revisions from 9/2020

- Created consistent titling of **superficial** and **deep** endometriosis to enhance clarity and eliminate redundancy
- Added inclusions at the subcategory level to include '**NOS**' to provide guidance for coding unspecified depth of invasion for each respective anatomic site
- **Simplified level of detail** of new proposed codes, while continuing to provide appropriate detail to allow adequate tracking of the disease
- Included term “deeply infiltrating endometriosis” in the index for clarity

Result of Expanded Codes

- Appropriate diagnosis coding will assist in measuring true disease incidence
- This will allow improved:
 - Disease tracking
 - Determine service planning
 - Assess disparities in care
 - Allocate resources appropriately
 - Improve diagnosis accuracy
 - Elevate treatment for endometriosis

Thank you.
Questions?