

Proposal for ICD-10-CM code for Substance Use, Unspecified, In Remission

Presented on behalf of the Permanente
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Classification of Substance Use Disorders in ICD-10-CM

- 10 Substance classes
- F10 = Alcohol-related disorders
- F11 = Opioid-related disorders
- F12 = Cannabis-related disorders
- F13 = Sedative, hypnotic, or anxiolytic-related disorders
- F14 = Cocaine-related disorders
- F15 = Other stimulant-related disorders
- F16 = Hallucinogen-related disorders
- F17 = Nicotine dependence
- F18 = Inhalant-related disorders
- F19 = Other psychoactive substance-related disorders

Common structure for each substance class

Each class divided into three subgroupings, reflecting the severity of the use pattern (reflected in the 4th digit)

1 = Abuse (less severe); 2 = Dependence (more severe), 9 = Unspecified use pattern

Each severity of use subgrouping then divided according to clinical characteristics

0 = uncomplicated

1 = in remission

2 = with intoxication

3 = with withdrawal

4 = with substance-induced mood disorder

5 = with substance-induced psychotic disorder

6 = with substance-induced persisting amnestic disorder

7 = with substance-induced persisting dementia

8 = with other substance-induced disorder

9 = with unspecified substance-induced disorder

Example: Opioid dependence

F11 Opioid-related disorders

F11.1 Opioid abuse

F11.2 Opioid dependence

F11.20 Opioid dependence uncomplicated

F11.21 Opioid dependence, in remission

F11.22 Opioid dependence with intoxication

F11.23 Opioid dependence with withdrawal

F11.24 Opioid dependence with opioid-induced mood disorder

F11.25 Opioid dependence with opioid-induced psychotic disorder

F11.28 Opioid dependence with other opioid-induced disorder

F11.29 Opioid dependence with unspecified opioid-induced disorder

Note: no codes available for opioid dependence with opioid-induced persisting amnestic disorder or opioid dependence with persisting dementia because such entities do not exist

Example: Opioid use unspecified

F11 Opioid-related disorders

F11.1 Opioid abuse

F11.2 Opioid dependence

F11.9 Opioid use, unspecified

F11.90 Opioid use, unspecified

Note: F11.91 missing (i.e., no codes for opioid use, unspecified, in remission)

F11.92 Opioid use, unspecified with intoxication

F11.93 Opioid use, unspecified with withdrawal

F11.94 Opioid use, unspecified with opioid-induced mood disorder

F11.95 Opioid use, unspecified with opioid-induced psychotic disorder

F11.98 Opioid use, unspecified with other opioid-induced disorder

F11.99 Opioid use, unspecified with unspecified opioid-induced disorder

Utility of ICD-10-CM code for Substance Use, Unspecified, In Remission

Clinical scenario:

Patient admitted with current depression plus a history of an alcohol use disorder and who is currently free of any signs or symptoms of alcohol abuse or alcohol dependence.

What is applicable ICD-10-CM code?

If patient's prior alcohol use diagnosis was alcohol dependence, ICD-10-CM code would be **F10.21 Alcohol dependence, in remission**.

If patient's prior alcohol use diagnosis was alcohol abuse, ICD-10-CM code would be **F10.11 Alcohol abuse, in remission**.

What would the ICD-10-CM code be for a patient who had a prior diagnosis of an alcohol use disorder, is currently in remission, but the severity of the prior alcohol use diagnosis is unknown?

Ideally, it would be F10.91 Alcohol use, unspecified, in remission except that this code does not exist.

Our proposal: add new ICD-10-CM codes for F1x.91 Substance use, unspecified, in remission

One wrinkle: missing code for Alcohol use, unspecified, uncomplicated

While each of the ICD-10-CM substance use, unspecified groupings is missing a code for Substance use, unspecified, in remission for each substance class, Alcohol use, unspecified, is also missing a code for Alcohol use, unspecified, uncomplicated, for cases of alcohol use in which the severity of the alcohol use pattern is unspecified but there are no alcohol-induced disorders.

F10.99 Alcohol use, unspecified, with unspecified alcohol-induced disorders (which is included) is not equivalent, as this is for cases in which not only is the pattern of alcohol use unspecified, but whether there is an accompanying alcohol-induced disorder is also unspecified.

Example: case where the use pattern is unspecified but it is known that whatever the pattern is, there are no alcohol-induced disorders, like intoxication, withdrawal, etc.

F10.91 alcohol use, unspecified, uncomplicated

In contrast to a case where all that is known is that the person has used alcohol, but nothing else has been specified.

Our proposal: add F10.90 alcohol use, unspecified, uncomplicated (its inclusion for the other substance classes indicates its omission was an oversight).