

Health Behaviors of Adults: United States, 1999–2001  
Series 10, No. 219  
Companion tables: Unadjusted percents and population estimates  
INTERNET RELEASE ONLY

“Health Behaviors of Adults: United States, 1999–2001,” published by the Centers for Disease Control and Prevention’s National Center for Health Statistics in February 2004, contains 18 tables showing selected measures of health behaviors among U.S. adults, including alcohol use, cigarette smoking, leisure-time physical activity, and body weight status. Each table in the published report presents crude total and age-specific rates for the entire population and for men and women separately. All other statistics included in the published tables were age adjusted to the 2000 U.S. standard population (formerly referred to as the 2000 projected U.S. population).

The following 18 tables are designed as companions to the published tables. They provide the crude (unadjusted) estimates for each of the published tables. A subtitle on each table identifies them as “INTERNET RELEASE ONLY.” Together with the population table (table X), they can be used to estimate actual number and percent of persons in the various health behavior categories, but they should not be used for analysis of differences between subgroups except insofar as variations in age composition of the groups are considered. The population totals provided in table X are average annual population estimates covering the period 1999–2001.

The tables are:

**Table 3.1.** Percent distributions of lifetime alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 3.2.** Percent distributions of current alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 3.3.** Percent of adults 18 years of age and over who had 5 or more drinks in 1 day at least once in the past year, and percent of adults 18 years of age and over who had 5 or more drinks in 1 day on at least 12 days in the past year, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 3.4.** Percent of current drinkers 18 years of age and over who had 5 or more drinks in 1 day at least once in the past year, and percent of current drinkers 18 years of age and over who had 5 or more drinks in 1 day on at least 12 days in the past year, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 4.1.** Percent distributions of lifetime cigarette smoking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 4.2.** Percent distributions of current cigarette smoking status for adults 18 years of age and over, and mean number of cigarettes smoked in a day among current smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 4.3.** Percent distributions of usual number of cigarettes smoked in a day among all current cigarette smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 4.4.** Percent distributions of age of smoking initiation among current cigarette smokers 18 years of age and over: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 4.5.** Percent of current cigarette smokers 18 years of age and over who tried to quit smoking in the past year, by current smoking status and selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 5.1.** Percent of adults 18 years of age and over who were physically inactive during their leisure time, and percent of adults 18 years of age and over who engaged in at least some physical activity for at least 10 minutes per episode, by selected characteristics: United States, average annual, 1999–2001 [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 5.2.** Percent distributions of times per week engaged in light-moderate leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 5.3.** Percent distributions of times per week engaged in vigorous leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 5.4.** Percent of adults 18 years of age and over who engaged in regular leisure-time physical activity, by type of activity and selected characteristics, United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 5.5.** Percent of adults 18 years of age and over who engaged in any leisure time strengthening activities, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 6.1.** Percent of adults 18 years of age and over who were overweight, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 6.2.** Percent distributions of body weight status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 7.1.** Percent of adults 18 years of age and over who engaged in selected unhealthy behaviors, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 7.2.** Percent of adults 18 years of age and over who engaged in selected healthy behaviors, by selected characteristics: United States, average annual, 1999–2001. [CRUDE (unadjusted) estimates with age-adjusted totals. [Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table X.** Number of adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001. [Companion to Series 10, No. 219. INTERNET RELEASE ONLY.]

**Table 3.1. Percent distributions of lifetime alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Lifetime alcohol drinking status <sup>1</sup>			
		Lifetime abstainer	Former infrequent	Former regular	Current
Both sexes		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>2</sup>	100.0	23.0 (0.27)	8.2 (0.14)	6.4 (0.11)	62.4 (0.29)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	23.1 (0.27)	8.3 (0.14)	6.5 (0.11)	62.1 (0.29)
Age:					
18–24 years	100.0	33.5 (0.70)	2.8 (0.20)	2.0 (0.16)	61.8 (0.73)
25–44 years	100.0	18.0 (0.31)	6.3 (0.16)	4.9 (0.14)	70.7 (0.33)
45–64 years	100.0	19.9 (0.35)	10.3 (0.23)	7.6 (0.19)	62.2 (0.40)
65–74 years	100.0	29.5 (0.62)	13.2 (0.42)	11.0 (0.37)	46.4 (0.68)
75 years and over	100.0	36.6 (0.72)	14.0 (0.47)	12.5 (0.43)	36.8 (0.70)
Race:					
White, single race	100.0	20.2 (0.29)	8.0 (0.15)	6.6 (0.13)	65.1 (0.32)
Black or African American, single race	100.0	35.0 (0.66)	10.5 (0.35)	6.0 (0.22)	48.6 (0.60)
American Indian or Alaska Native, single race	100.0	22.5 (3.02)	12.9 (1.57)	9.8 (1.33)	54.7 (3.19)
Asian, single race	100.0	46.2 (1.25)	6.0 (0.58)	2.4 (0.32)	45.4 (1.14)
Native Hawaiian or other Pacific Islander, single race	100.0	18.2 (4.03)	*12.6 (3.95)	*2.9 (1.45)	66.2 (5.30)
2 or more races	100.0	15.0 (1.33)	9.2 (1.26)	8.0 (1.09)	67.8 (1.90)
Black or African American, white	100.0	20.0 (4.17)	*5.3 (2.64)	*4.2 (2.67)	70.5 (4.87)
American Indian or Alaska Native, white	100.0	11.4 (1.74)	11.3 (2.22)	11.0 (1.89)	66.3 (2.87)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	35.0 (0.60)	6.4 (0.26)	5.2 (0.24)	53.4 (0.57)
Mexican or Mexican-American	100.0	35.6 (0.66)	6.6 (0.31)	5.1 (0.27)	52.7 (0.65)
Not Hispanic or Latino	100.0	21.6 (0.29)	8.4 (0.15)	6.6 (0.12)	63.4 (0.31)
White, single race	100.0	18.6 (0.30)	8.2 (0.16)	6.8 (0.14)	66.4 (0.34)
Black or African American, single race	100.0	35.1 (0.67)	10.5 (0.35)	5.9 (0.22)	48.5 (0.61)
Education:					
Less than high school graduate	100.0	36.7 (0.48)	11.5 (0.30)	8.7 (0.24)	43.1 (0.46)
GED diploma <sup>4</sup>	100.0	20.2 (1.19)	11.6 (0.79)	9.0 (0.66)	59.2 (1.24)
High school graduate	100.0	24.8 (0.43)	9.4 (0.24)	6.7 (0.20)	59.1 (0.43)
Some college - no degree	100.0	20.0 (0.44)	6.9 (0.21)	5.6 (0.19)	67.4 (0.50)
Associate of arts degree	100.0	17.5 (0.56)	7.6 (0.35)	6.1 (0.34)	68.9 (0.65)
Bachelor of arts, science degree	100.0	15.4 (0.37)	5.1 (0.22)	4.8 (0.20)	74.8 (0.45)
Master's, doctorate, medical degree	100.0	14.2 (0.52)	5.7 (0.32)	4.7 (0.29)	75.4 (0.63)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	35.0 (0.82)	9.6 (0.39)	7.5 (0.32)	47.9 (0.90)
≥ 1 but < 2 times poverty level	100.0	30.1 (0.55)	10.9 (0.32)	8.1 (0.27)	50.9 (0.55)
≥ 2 but < 4 times poverty level	100.0	21.5 (0.39)	8.8 (0.22)	6.8 (0.20)	62.9 (0.45)
4 times poverty level or more	100.0	13.1 (0.32)	5.9 (0.18)	5.0 (0.17)	76.0 (0.36)
Marital status:					
Never married	100.0	28.8 (0.51)	4.2 (0.16)	3.2 (0.14)	63.8 (0.55)
Married	100.0	21.2 (0.31)	8.9 (0.19)	7.1 (0.15)	62.9 (0.33)
Cohabiting	100.0	11.4 (0.52)	6.2 (0.41)	4.6 (0.35)	77.8 (0.66)
Divorced or separated	100.0	17.9 (0.40)	9.5 (0.29)	7.8 (0.25)	64.8 (0.48)
Widowed	100.0	40.2 (0.69)	13.8 (0.44)	9.5 (0.37)	36.6 (0.64)
Geographic region:					
Northeast	100.0	18.5 (0.47)	7.0 (0.21)	5.9 (0.21)	68.6 (0.52)
Midwest	100.0	18.6 (0.61)	8.0 (0.22)	6.7 (0.22)	66.7 (0.62)
South	100.0	29.0 (0.49)	9.4 (0.29)	6.4 (0.20)	55.2 (0.49)
West	100.0	21.9 (0.48)	7.5 (0.29)	6.6 (0.21)	63.9 (0.53)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	25.3 (0.46)	7.7 (0.20)	6.2 (0.16)	60.8 (0.48)
MSA, not central city	100.0	20.4 (0.33)	7.6 (0.18)	6.1 (0.16)	66.0 (0.39)
Not MSA	100.0	26.3 (0.77)	10.5 (0.41)	7.6 (0.28)	55.7 (0.81)

See footnotes at end of table.

**Table 3.1. Percent distributions of lifetime alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

INTERNET RELEASE ONLY

Selected characteristic	Total	Lifetime alcohol drinking status <sup>1</sup>			
		Lifetime abstainer	Former infrequent	Former regular	Current
<b>Men</b>		<b>Percent distribution (standard error)</b>			
Ages 18 years and over (crude) <sup>2</sup>	100.0	15.8 (0.29)	7.1 (0.18)	8.0 (0.16)	69.2 (0.32)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	15.8 (0.29)	7.3 (0.18)	8.3 (0.16)	68.6 (0.32)
<b>Age:</b>					
18–24 years	100.0	29.3 (0.91)	1.9 (0.25)	1.7 (0.20)	67.1 (0.93)
25–44 years	100.0	12.6 (0.35)	5.3 (0.20)	5.3 (0.21)	76.8 (0.40)
45–64 years	100.0	12.8 (0.42)	9.1 (0.33)	10.0 (0.31)	68.1 (0.54)
65–74 years	100.0	17.0 (0.69)	12.6 (0.65)	15.9 (0.66)	54.5 (0.93)
75 years and over	100.0	20.0 (0.90)	13.6 (0.73)	19.7 (0.79)	46.6 (1.13)
<b>Race:</b>					
White, single race	100.0	13.9 (0.30)	6.7 (0.18)	8.2 (0.18)	71.1 (0.35)
Black or African American, single race	100.0	24.9 (0.85)	9.8 (0.53)	7.4 (0.36)	57.9 (0.89)
American Indian or Alaska Native, single race	100.0	14.4 (3.46)	11.3 (2.16)	11.6 (2.27)	62.7 (3.90)
Asian, single race	100.0	31.6 (1.87)	6.3 (0.92)	3.0 (0.53)	59.0 (1.77)
Native Hawaiian or other Pacific Islander, single race	100.0	*12.8 (4.10)	*11.7 (3.97)	*4.1 (2.25)	71.3 (6.30)
2 or more races	100.0	9.3 (1.65)	8.5 (1.80)	9.6 (1.63)	72.6 (2.46)
Black or African American, white	100.0	*17.9 (6.79)	*7.0 (4.76)	*—	75.2 (7.70)
American Indian or Alaska Native, white	100.0	6.8 (1.88)	*8.6 (2.74)	12.7 (2.69)	71.9 (3.60)
<b>Hispanic or Latino origin and race:</b>					
Hispanic or Latino	100.0	21.5 (0.69)	6.0 (0.35)	6.6 (0.38)	65.9 (0.80)
Mexican or Mexican-American	100.0	20.6 (0.80)	5.9 (0.42)	6.5 (0.42)	67.1 (0.93)
Not Hispanic or Latino	100.0	15.1 (0.32)	7.2 (0.20)	8.1 (0.17)	69.6 (0.35)
White, single race	100.0	13.1 (0.31)	6.8 (0.20)	8.4 (0.19)	71.6 (0.37)
Black or African American, single race	100.0	24.9 (0.86)	9.8 (0.53)	7.4 (0.36)	57.9 (0.90)
<b>Education:</b>					
Less than high school graduate	100.0	22.7 (0.59)	10.7 (0.42)	11.8 (0.43)	54.8 (0.64)
GED diploma <sup>4</sup>	100.0	13.6 (1.59)	9.7 (1.04)	11.0 (1.02)	65.7 (1.72)
High school graduate	100.0	16.4 (0.50)	7.5 (0.34)	8.4 (0.30)	67.7 (0.55)
Some college - no degree	100.0	14.1 (0.55)	5.7 (0.30)	7.2 (0.32)	73.1 (0.67)
Associate of arts degree	100.0	13.4 (0.78)	6.5 (0.47)	7.3 (0.56)	72.8 (0.93)
Bachelor of arts, science degree	100.0	12.3 (0.49)	4.7 (0.29)	5.1 (0.32)	78.0 (0.61)
Master's, doctorate, medical degree	100.0	11.9 (0.67)	5.6 (0.44)	5.0 (0.42)	77.5 (0.87)
<b>Poverty status:<sup>5</sup></b>					
Below poverty level	100.0	23.5 (1.02)	8.0 (0.61)	9.4 (0.57)	59.1 (1.26)
≥ 1 but < 2 times poverty level	100.0	19.8 (0.66)	9.6 (0.46)	10.7 (0.47)	59.9 (0.77)
≥ 2 but < 4 times poverty level	100.0	15.7 (0.48)	7.4 (0.31)	8.6 (0.31)	68.2 (0.57)
4 times poverty level or more	100.0	9.9 (0.37)	5.2 (0.23)	5.7 (0.25)	79.2 (0.46)
<b>Marital status:</b>					
Never married	100.0	24.0 (0.60)	3.4 (0.21)	3.7 (0.21)	68.9 (0.65)
Married	100.0	14.4 (0.34)	8.4 (0.25)	9.0 (0.22)	68.2 (0.39)
Cohabiting	100.0	7.4 (0.64)	4.6 (0.48)	5.4 (0.52)	82.6 (0.90)
Divorced or separated	100.0	10.2 (0.46)	7.7 (0.39)	10.0 (0.44)	72.1 (0.70)
Widowed	100.0	18.9 (1.08)	11.2 (0.85)	18.1 (0.98)	51.9 (1.40)
<b>Geographic region:</b>					
Northeast	100.0	13.1 (0.58)	5.1 (0.26)	6.9 (0.33)	74.9 (0.61)
Midwest	100.0	13.5 (0.64)	6.4 (0.32)	8.3 (0.28)	71.9 (0.70)
South	100.0	19.4 (0.54)	8.9 (0.37)	8.1 (0.29)	63.5 (0.58)
West	100.0	14.6 (0.50)	6.5 (0.35)	8.3 (0.34)	70.6 (0.61)
<b>Place of residence:<sup>6</sup></b>					
MSA, central city	100.0	17.6 (0.52)	6.3 (0.26)	7.4 (0.25)	68.7 (0.61)
MSA, not central city	100.0	14.3 (0.40)	6.4 (0.23)	7.4 (0.23)	71.9 (0.45)
Not MSA	100.0	17.1 (0.79)	9.8 (0.52)	10.0 (0.46)	63.0 (0.92)

See footnotes at end of table.

**Table 3.1. Percent distributions of lifetime alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

INTERNET RELEASE ONLY

Selected characteristic	Total	Lifetime alcohol drinking status <sup>1</sup>			
		Lifetime abstainer	Former infrequent	Former regular	Current
Women		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>2</sup>	100.0	29.6 (0.34)	9.3 (0.17)	5.0 (0.13)	56.1 (0.35)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	29.5 (0.34)	9.2 (0.17)	5.0 (0.13)	56.3 (0.35)
Age:					
18–24 years	100.0	37.6 (0.88)	3.6 (0.30)	2.3 (0.25)	56.6 (0.92)
25–44 years	100.0	23.2 (0.42)	7.3 (0.24)	4.5 (0.18)	64.9 (0.45)
45–64 years	100.0	26.4 (0.46)	11.5 (0.31)	5.4 (0.22)	56.7 (0.50)
65–74 years	100.0	39.6 (0.84)	13.6 (0.54)	7.0 (0.40)	39.8 (0.85)
75 years and over	100.0	47.5 (0.90)	14.3 (0.57)	7.8 (0.44)	30.4 (0.81)
Race:					
White, single race	100.0	26.0 (0.37)	9.2 (0.19)	5.2 (0.15)	59.6 (0.40)
Black or African American, single race	100.0	43.0 (0.80)	11.1 (0.40)	4.8 (0.25)	41.2 (0.70)
American Indian or Alaska Native, single race	100.0	30.5 (4.74)	14.4 (2.05)	8.1 (1.78)	47.0 (4.76)
Asian, single race	100.0	60.3 (1.51)	5.7 (0.64)	1.7 (0.31)	32.2 (1.43)
Native Hawaiian or other Pacific Islander, single race	100.0	*27.9 (9.14)	*14.3 (8.54)	*0.6 (0.52)	57.2 (9.90)
2 or more races	100.0	21.0 (1.98)	10.0 (1.42)	6.4 (1.42)	62.6 (2.40)
Black or African American, white	100.0	21.9 (5.51)	*3.9 (2.70)	*7.8 (4.85)	66.5 (6.58)
American Indian or Alaska Native, white	100.0	17.4 (2.76)	14.8 (2.97)	8.7 (2.41)	59.0 (3.74)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	47.9 (0.85)	6.8 (0.38)	3.9 (0.25)	41.4 (0.69)
Mexican or Mexican-American	100.0	51.0 (1.02)	7.3 (0.53)	3.7 (0.31)	38.0 (0.88)
Not Hispanic or Latino	100.0	27.5 (0.35)	9.6 (0.18)	5.1 (0.14)	57.8 (0.37)
White, single race	100.0	23.7 (0.38)	9.4 (0.21)	5.3 (0.16)	61.6 (0.43)
Black or African American, single race	100.0	43.1 (0.80)	11.2 (0.40)	4.8 (0.26)	41.0 (0.71)
Education:					
Less than high school graduate	100.0	49.9 (0.64)	12.2 (0.38)	5.8 (0.25)	32.1 (0.57)
GED diploma <sup>4</sup>	100.0	27.0 (1.50)	13.6 (1.15)	6.9 (0.83)	52.5 (1.64)
High school graduate	100.0	31.9 (0.55)	11.0 (0.32)	5.3 (0.23)	51.8 (0.52)
Some college - no degree	100.0	25.2 (0.58)	8.0 (0.30)	4.2 (0.23)	62.6 (0.62)
Associate of arts degree	100.0	20.9 (0.70)	8.5 (0.44)	5.1 (0.40)	65.5 (0.82)
Bachelor of arts, science degree	100.0	18.4 (0.52)	5.5 (0.29)	4.5 (0.24)	71.6 (0.59)
Master's, doctorate, medical degree	100.0	16.8 (0.74)	5.9 (0.46)	4.4 (0.41)	72.9 (0.88)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	42.9 (0.94)	10.6 (0.45)	6.3 (0.36)	40.3 (0.93)
≥ 1 but < 2 times poverty level	100.0	38.4 (0.74)	12.0 (0.42)	6.1 (0.34)	43.6 (0.73)
≥ 2 but < 4 times poverty level	100.0	27.2 (0.52)	10.1 (0.33)	5.0 (0.24)	57.6 (0.57)
4 times poverty level or more	100.0	16.6 (0.43)	6.7 (0.25)	4.2 (0.20)	72.5 (0.50)
Marital status:					
Never married	100.0	34.6 (0.74)	5.1 (0.26)	2.6 (0.18)	57.6 (0.75)
Married	100.0	28.0 (0.41)	9.4 (0.24)	5.1 (0.17)	57.6 (0.43)
Cohabiting	100.0	15.5 (0.82)	7.8 (0.59)	3.9 (0.43)	72.8 (0.99)
Divorced or separated	100.0	23.1 (0.54)	10.8 (0.38)	6.2 (0.29)	59.8 (0.60)
Widowed	100.0	44.9 (0.76)	14.3 (0.50)	7.5 (0.37)	33.2 (0.69)
Geographic region:					
Northeast	100.0	23.0 (0.58)	8.7 (0.31)	5.1 (0.27)	63.1 (0.59)
Midwest	100.0	23.4 (0.75)	9.5 (0.32)	5.2 (0.31)	62.0 (0.79)
South	100.0	37.7 (0.58)	9.8 (0.33)	4.9 (0.20)	47.6 (0.58)
West	100.0	29.0 (0.70)	8.6 (0.38)	5.0 (0.26)	57.4 (0.74)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	32.2 (0.61)	9.0 (0.28)	5.0 (0.20)	53.8 (0.62)
MSA, not central city	100.0	26.1 (0.41)	8.7 (0.24)	4.9 (0.20)	60.3 (0.46)
Not MSA	100.0	34.4 (0.91)	11.1 (0.42)	5.3 (0.27)	49.2 (0.88)

\*Figure does not meet standards of reliability or precision (see "Appendix I").

– Quantity zero.

<sup>1</sup>Lifetime alcohol drinking status: Lifetime abstainer is less than 12 drinks in lifetime; former infrequent is 12 or more drinks in lifetime but less than 12 in 1 year, and none in past year; former regular is 12 or more drinks in 1 year but none in past year; current is 12 or more drinks in lifetime and 1 or more drinks in past year.<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in total.<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>4</sup>GED is General Educational Development high school equivalency diploma.

<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown lifetime drinking status. See "Appendix II" for definitions of terms.

**Table 3.2. Percent distributions of current alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Current alcohol drinking status <sup>1</sup>				
		Nondrinker	Infrequent	Light	Moderate	Heavier
Both sexes		Percent distribution (standard error)				
Ages 18 years and over (crude) <sup>2</sup>	100.0	37.6 (0.29)	14.3 (0.15)	29.5 (0.22)	13.9 (0.16)	4.6 (0.09)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	37.9 (0.29)	14.3 (0.15)	29.4 (0.22)	13.9 (0.16)	4.6 (0.09)
Age:						
18–24 years	100.0	38.2 (0.73)	12.4 (0.41)	30.4 (0.59)	13.3 (0.44)	5.6 (0.30)
25–44 years	100.0	29.3 (0.33)	14.9 (0.23)	35.5 (0.30)	15.6 (0.24)	4.7 (0.13)
45–64 years	100.0	37.8 (0.40)	15.5 (0.25)	28.1 (0.35)	13.8 (0.26)	4.9 (0.14)
65–74 years	100.0	53.6 (0.68)	12.9 (0.43)	18.7 (0.49)	10.9 (0.38)	3.8 (0.22)
75 years and over	100.0	63.2 (0.70)	11.3 (0.39)	13.8 (0.46)	9.6 (0.41)	2.1 (0.20)
Race:						
White, single race	100.0	34.9 (0.32)	14.5 (0.16)	30.8 (0.25)	14.9 (0.18)	4.9 (0.11)
Black or African American, single race	100.0	51.4 (0.60)	13.2 (0.34)	22.5 (0.51)	9.5 (0.32)	3.4 (0.19)
American Indian or Alaska Native, single race	100.0	45.3 (3.19)	15.1 (1.90)	20.7 (2.10)	11.2 (1.24)	7.8 (1.56)
Asian, single race	100.0	54.6 (1.14)	12.8 (0.78)	23.6 (1.00)	7.1 (0.66)	2.0 (0.30)
Native Hawaiian or other Pacific Islander, single race	100.0	33.8 (5.30)	*11.1 (3.38)	29.6 (5.89)	19.8 (5.31)	*5.7 (3.44)
2 or more races	100.0	32.2 (1.90)	14.8 (1.25)	32.6 (1.52)	11.8 (1.24)	8.6 (1.11)
Black or African American, white	100.0	29.5 (4.87)	16.6 (4.11)	35.9 (5.68)	13.0 (3.64)	*5.0 (2.14)
American Indian or Alaska Native, white	100.0	33.7 (2.87)	14.0 (1.88)	27.7 (2.47)	12.8 (1.95)	11.7 (1.84)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	46.6 (0.57)	13.3 (0.36)	26.0 (0.50)	10.7 (0.35)	3.4 (0.19)
Mexican or Mexican-American	100.0	47.3 (0.65)	12.5 (0.42)	25.2 (0.58)	11.5 (0.43)	3.6 (0.24)
Not Hispanic or Latino	100.0	36.6 (0.31)	14.4 (0.16)	29.9 (0.23)	14.3 (0.17)	4.8 (0.10)
White, single race	100.0	33.6 (0.34)	14.7 (0.17)	31.4 (0.26)	15.3 (0.20)	5.0 (0.12)
Black or African American, single race	100.0	51.5 (0.61)	13.2 (0.34)	22.4 (0.51)	9.6 (0.32)	3.3 (0.19)
Education:						
Less than high school graduate	100.0	56.9 (0.46)	11.9 (0.27)	17.8 (0.36)	9.0 (0.24)	4.3 (0.18)
GED diploma <sup>4</sup>	100.0	40.8 (1.24)	16.5 (0.84)	22.8 (1.09)	12.4 (0.75)	7.6 (0.67)
High school graduate	100.0	40.9 (0.43)	15.5 (0.27)	26.4 (0.35)	12.6 (0.26)	4.7 (0.15)
Some college - no degree	100.0	32.6 (0.50)	15.1 (0.30)	32.1 (0.43)	14.9 (0.36)	5.3 (0.21)
Associate of arts degree	100.0	31.1 (0.65)	16.8 (0.52)	33.3 (0.62)	14.4 (0.42)	4.4 (0.25)
Bachelor of arts, science degree	100.0	25.2 (0.45)	13.0 (0.36)	39.0 (0.48)	18.3 (0.40)	4.4 (0.20)
Master's, doctorate, medical degree	100.0	24.6 (0.63)	12.8 (0.49)	40.7 (0.64)	18.6 (0.51)	3.4 (0.23)
Poverty status: <sup>5</sup>						
Below poverty level	100.0	52.1 (0.90)	12.1 (0.44)	21.0 (0.55)	9.7 (0.39)	5.1 (0.31)
≥ 1 but < 2 times poverty level	100.0	49.1 (0.55)	13.8 (0.35)	22.6 (0.45)	10.1 (0.31)	4.4 (0.20)
≥ 2 but < 4 times poverty level	100.0	37.1 (0.45)	15.8 (0.27)	28.6 (0.36)	13.6 (0.27)	4.8 (0.17)
4 times poverty level or more	100.0	24.0 (0.36)	13.9 (0.26)	37.8 (0.35)	19.2 (0.29)	5.2 (0.16)
Marital status: <sup>3</sup>						
Never married	100.0	36.2 (0.55)	11.9 (0.30)	29.7 (0.44)	16.0 (0.36)	6.1 (0.23)
Married	100.0	37.1 (0.33)	15.1 (0.19)	30.6 (0.29)	13.5 (0.21)	3.7 (0.10)
Cohabiting	100.0	22.2 (0.66)	14.1 (0.59)	36.3 (0.87)	19.2 (0.64)	8.2 (0.46)
Divorced or separated	100.0	35.2 (0.48)	15.1 (0.36)	29.0 (0.44)	14.2 (0.34)	6.5 (0.26)
Widowed	100.0	63.4 (0.64)	13.3 (0.43)	14.4 (0.43)	6.3 (0.28)	2.6 (0.17)
Geographic region:						
Northeast	100.0	31.4 (0.52)	16.0 (0.33)	32.5 (0.56)	15.7 (0.41)	4.4 (0.19)
Midwest	100.0	33.3 (0.62)	15.5 (0.32)	31.8 (0.46)	14.6 (0.32)	4.8 (0.22)
South	100.0	44.8 (0.49)	12.8 (0.23)	26.0 (0.34)	11.9 (0.22)	4.5 (0.13)
West	100.0	36.1 (0.53)	13.8 (0.33)	30.2 (0.45)	15.0 (0.36)	5.0 (0.18)
Place of residence: <sup>6</sup>						
MSA, central city	100.0	39.2 (0.48)	13.2 (0.25)	28.8 (0.37)	13.9 (0.28)	4.8 (0.17)
MSA, not central city	100.0	34.0 (0.39)	14.6 (0.22)	31.9 (0.30)	14.9 (0.24)	4.6 (0.12)
Not MSA	100.0	44.3 (0.81)	15.2 (0.35)	24.6 (0.54)	11.6 (0.31)	4.3 (0.22)

See footnotes at end of table.

**Table 3.2. Percent distributions of current alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

INTERNET RELEASE ONLY

Selected characteristic	Total	Current alcohol drinking status <sup>1</sup>				
		Nondrinker	Infrequent	Light	Moderate	Heavier
Men		Percent distribution (standard error)				
Ages 18 years and over (crude) <sup>2</sup>	100.0	30.8 (0.32)	10.8 (0.19)	31.0 (0.31)	21.7 (0.26)	5.6 (0.13)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	31.4 (0.32)	10.8 (0.19)	30.6 (0.30)	21.6 (0.26)	5.5 (0.13)
Age:						
18–24 years	100.0	32.9 (0.93)	9.8 (0.45)	30.2 (0.84)	20.3 (0.69)	6.8 (0.43)
25–44 years	100.0	23.2 (0.40)	10.5 (0.30)	36.4 (0.42)	24.2 (0.40)	5.7 (0.20)
45–64 years	100.0	31.9 (0.54)	11.8 (0.34)	29.5 (0.49)	20.9 (0.42)	5.9 (0.21)
65–74 years	100.0	45.5 (0.93)	10.7 (0.60)	21.4 (0.73)	17.8 (0.69)	4.5 (0.35)
75 years and over	100.0	53.4 (1.13)	10.5 (0.61)	16.5 (0.81)	17.4 (0.79)	2.3 (0.32)
Race:						
White, single race	100.0	28.9 (0.35)	10.8 (0.21)	31.6 (0.34)	23.0 (0.29)	5.7 (0.15)
Black or African American, single race	100.0	42.1 (0.89)	10.3 (0.50)	26.7 (0.80)	16.2 (0.60)	4.6 (0.34)
American Indian or Alaska Native, single race	100.0	37.3 (3.90)	12.7 (2.46)	21.4 (3.33)	17.9 (2.33)	10.7 (2.41)
Asian, single race	100.0	41.0 (1.77)	12.1 (1.09)	31.8 (1.63)	12.1 (1.20)	3.0 (0.54)
Native Hawaiian or other Pacific Islander, single race	100.0	28.7 (6.30)	*4.1 (2.65)	30.6 (7.41)	29.1 (7.41)	*7.6 (5.24)
2 or more races	100.0	27.4 (2.46)	11.8 (1.53)	31.4 (2.15)	16.9 (2.06)	12.6 (1.92)
Black or African American, white	100.0	*24.8 (7.70)	*17.6 (6.59)	30.1 (8.18)	*20.4 (6.64)	*7.1 (4.34)
American Indian or Alaska Native, white	100.0	28.1 (3.60)	10.3 (2.07)	28.8 (3.19)	17.3 (2.93)	15.4 (2.69)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	34.1 (0.80)	10.4 (0.44)	31.6 (0.84)	18.5 (0.62)	5.4 (0.32)
Mexican or Mexican-American	100.0	32.9 (0.93)	9.5 (0.48)	31.5 (0.94)	20.1 (0.76)	5.9 (0.40)
Not Hispanic or Latino	100.0	30.4 (0.35)	10.9 (0.20)	30.9 (0.32)	22.1 (0.28)	5.6 (0.14)
White, single race	100.0	28.4 (0.37)	10.9 (0.22)	31.6 (0.35)	23.4 (0.32)	5.7 (0.16)
Black or African American, single race	100.0	42.1 (0.90)	10.3 (0.50)	26.7 (0.81)	16.2 (0.61)	4.6 (0.34)
Education:						
Less than high school graduate	100.0	45.2 (0.64)	10.1 (0.36)	22.6 (0.57)	15.6 (0.44)	6.4 (0.31)
GED diploma <sup>4</sup>	100.0	34.3 (1.72)	12.9 (1.14)	22.8 (1.55)	19.0 (1.27)	11.0 (1.07)
High school graduate	100.0	32.3 (0.55)	11.7 (0.39)	29.1 (0.50)	20.7 (0.46)	6.3 (0.26)
Some college - no degree	100.0	26.9 (0.67)	11.1 (0.37)	32.7 (0.69)	23.3 (0.59)	6.1 (0.31)
Associate of arts degree	100.0	27.2 (0.93)	11.9 (0.68)	32.8 (0.96)	22.7 (0.75)	5.4 (0.41)
Bachelor of arts, science degree	100.0	22.0 (0.61)	9.2 (0.46)	38.0 (0.74)	26.7 (0.64)	4.1 (0.26)
Master's, doctorate, medical degree	100.0	22.5 (0.87)	10.2 (0.62)	39.7 (0.98)	25.3 (0.85)	2.4 (0.26)
Poverty status: <sup>5</sup>						
Below poverty level	100.0	40.9 (1.26)	10.2 (0.82)	24.2 (0.90)	17.2 (0.73)	7.5 (0.57)
≥ 1 but < 2 times poverty level	100.0	40.1 (0.77)	10.9 (0.49)	25.7 (0.69)	17.5 (0.61)	5.8 (0.33)
≥ 2 but < 4 times poverty level	100.0	31.8 (0.57)	11.3 (0.34)	29.5 (0.55)	21.3 (0.47)	6.2 (0.26)
4 times poverty level or more	100.0	20.8 (0.46)	10.0 (0.34)	36.8 (0.50)	27.2 (0.47)	5.2 (0.22)
Marital status:						
Never married	100.0	31.1 (0.65)	9.6 (0.36)	29.3 (0.58)	23.0 (0.52)	7.0 (0.32)
Married	100.0	31.8 (0.39)	11.3 (0.25)	32.1 (0.39)	20.6 (0.33)	4.2 (0.15)
Cohabiting	100.0	17.4 (0.90)	11.3 (0.77)	35.0 (1.20)	27.3 (1.07)	9.0 (0.64)
Divorced or separated	100.0	27.9 (0.70)	9.7 (0.45)	28.5 (0.67)	24.0 (0.64)	9.8 (0.47)
Widowed	100.0	48.1 (1.40)	10.7 (0.80)	20.3 (1.06)	16.2 (0.98)	4.6 (0.58)
Geographic region:						
Northeast	100.0	25.1 (0.61)	11.6 (0.40)	33.3 (0.79)	24.8 (0.69)	5.1 (0.31)
Midwest	100.0	28.1 (0.70)	11.6 (0.38)	32.1 (0.65)	22.6 (0.50)	5.6 (0.29)
South	100.0	36.5 (0.58)	10.2 (0.31)	28.5 (0.46)	19.0 (0.39)	5.8 (0.21)
West	100.0	29.4 (0.61)	10.2 (0.42)	32.0 (0.63)	22.6 (0.58)	5.8 (0.28)
Place of residence: <sup>6</sup>						
MSA, central city	100.0	31.3 (0.61)	10.1 (0.34)	30.6 (0.55)	22.3 (0.47)	5.8 (0.24)
MSA, not central city	100.0	28.1 (0.45)	10.7 (0.28)	33.2 (0.43)	22.5 (0.39)	5.4 (0.18)
Not MSA	100.0	37.0 (0.92)	12.2 (0.39)	26.1 (0.68)	19.0 (0.49)	5.8 (0.32)

See footnotes at end of table.



**Table 3.2. Percent distributions of current alcohol drinking status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Current alcohol drinking status <sup>1</sup>				
		Nondrinker	Infrequent	Light	Moderate	Heavier
		Percent distribution (standard error)				
Women						
Ages 18 years and over (crude) <sup>2</sup> . . . . .	100.0	43.9 (0.35)	17.5 (0.20)	28.1 (0.27)	6.7 (0.14)	3.7 (0.11)
Ages 18 years and over (age-adjusted) <sup>2,3</sup> . . . . .	100.0	43.7 (0.35)	17.5 (0.20)	28.3 (0.27)	6.8 (0.14)	3.7 (0.11)
Age:						
18–24 years . . . . .	100.0	43.4 (0.92)	15.1 (0.61)	30.6 (0.79)	6.4 (0.43)	4.5 (0.36)
25–44 years . . . . .	100.0	35.1 (0.45)	19.2 (0.32)	34.6 (0.38)	7.4 (0.23)	3.8 (0.16)
45–64 years . . . . .	100.0	43.3 (0.50)	18.8 (0.34)	26.8 (0.45)	7.1 (0.25)	3.9 (0.20)
65–74 years . . . . .	100.0	60.2 (0.85)	14.6 (0.55)	16.5 (0.64)	5.3 (0.35)	3.3 (0.28)
75 years and over . . . . .	100.0	69.6 (0.81)	11.8 (0.52)	12.0 (0.54)	4.6 (0.35)	2.0 (0.24)
Race:						
White, single race . . . . .	100.0	40.4 (0.40)	18.0 (0.22)	30.1 (0.31)	7.4 (0.16)	4.1 (0.13)
Black or African American, single race . . . . .	100.0	58.8 (0.70)	15.5 (0.45)	19.1 (0.55)	4.2 (0.27)	2.3 (0.19)
American Indian or Alaska Native, single race . . . . .	100.0	53.0 (4.76)	17.5 (2.59)	20.0 (3.05)	4.6 (1.35)	*5.0 (1.92)
Asian, single race . . . . .	100.0	67.8 (1.43)	13.5 (1.23)	15.6 (1.12)	2.2 (0.44)	0.9 (0.24)
Native Hawaiian or other Pacific Islander, single race . . . . .	100.0	42.8 (9.90)	*23.7 (7.62)	27.9 (8.06)	*3.3 (3.25)	*2.4 (1.43)
2 or more races . . . . .	100.0	37.4 (2.40)	18.0 (1.90)	34.0 (2.39)	6.3 (1.14)	4.4 (0.91)
Black or African American, white . . . . .	100.0	33.5 (6.58)	*15.8 (4.81)	40.8 (7.09)	*6.7 (3.21)	*3.2 (1.74)
American Indian or Alaska Native, white . . . . .	100.0	41.0 (3.74)	18.8 (3.15)	26.3 (3.60)	*7.0 (2.15)	6.9 (2.04)
Hispanic or Latino origin and race:						
Hispanic or Latino . . . . .	100.0	58.6 (0.69)	16.1 (0.52)	20.5 (0.52)	3.3 (0.23)	1.4 (0.14)
Mexican or Mexican-American . . . . .	100.0	62.0 (0.88)	15.5 (0.66)	18.7 (0.66)	2.7 (0.27)	1.1 (0.16)
Not Hispanic or Latino . . . . .	100.0	42.2 (0.37)	17.7 (0.21)	29.0 (0.29)	7.1 (0.15)	4.0 (0.12)
White, single race . . . . .	100.0	38.4 (0.43)	18.2 (0.23)	31.2 (0.33)	7.8 (0.17)	4.4 (0.14)
Black or African American, single race . . . . .	100.0	59.0 (0.71)	15.4 (0.45)	19.0 (0.55)	4.2 (0.27)	2.3 (0.19)
Education:						
Less than high school graduate . . . . .	100.0	67.9 (0.57)	13.6 (0.41)	13.3 (0.40)	2.8 (0.18)	2.4 (0.19)
GED diploma <sup>4</sup> . . . . .	100.0	47.5 (1.64)	20.2 (1.36)	22.7 (1.39)	5.5 (0.72)	4.1 (0.74)
High school graduate . . . . .	100.0	48.2 (0.52)	18.7 (0.38)	24.1 (0.42)	5.7 (0.24)	3.2 (0.17)
Some college - no degree . . . . .	100.0	37.4 (0.62)	18.6 (0.43)	31.7 (0.51)	7.7 (0.33)	4.6 (0.26)
Associate of arts degree . . . . .	100.0	34.5 (0.82)	20.9 (0.73)	33.7 (0.85)	7.3 (0.42)	3.5 (0.29)
Bachelor of arts, science degree . . . . .	100.0	28.4 (0.59)	16.8 (0.53)	40.0 (0.62)	10.0 (0.39)	4.8 (0.28)
Master's, doctorate, medical degree . . . . .	100.0	27.1 (0.88)	15.8 (0.71)	41.8 (0.99)	10.8 (0.59)	4.5 (0.37)
Poverty status: <sup>5</sup>						
Below poverty level . . . . .	100.0	59.7 (0.93)	13.5 (0.49)	18.8 (0.60)	4.5 (0.38)	3.5 (0.30)
≥ 1 but < 2 times poverty level . . . . .	100.0	56.4 (0.73)	16.2 (0.47)	20.1 (0.56)	4.1 (0.24)	3.2 (0.22)
≥ 2 but < 4 times poverty level . . . . .	100.0	42.4 (0.57)	20.2 (0.43)	27.8 (0.49)	6.1 (0.25)	3.5 (0.20)
4 times poverty level or more . . . . .	100.0	27.5 (0.50)	18.1 (0.36)	38.9 (0.48)	10.4 (0.30)	5.1 (0.22)
Marital status:						
Never married . . . . .	100.0	42.4 (0.75)	14.7 (0.48)	30.2 (0.60)	7.5 (0.35)	5.1 (0.30)
Married . . . . .	100.0	42.4 (0.43)	18.7 (0.28)	29.2 (0.36)	6.5 (0.18)	3.2 (0.14)
Cohabiting . . . . .	100.0	27.2 (0.99)	16.9 (0.83)	37.7 (1.14)	10.9 (0.67)	7.3 (0.66)
Divorced or separated . . . . .	100.0	40.2 (0.60)	18.9 (0.49)	29.4 (0.58)	7.3 (0.30)	4.2 (0.24)
Widowed . . . . .	100.0	66.8 (0.69)	13.8 (0.46)	13.1 (0.47)	4.1 (0.25)	2.1 (0.17)
Geographic region:						
Northeast . . . . .	100.0	36.9 (0.59)	19.9 (0.44)	31.7 (0.60)	7.8 (0.36)	3.8 (0.21)
Midwest . . . . .	100.0	38.0 (0.79)	19.2 (0.47)	31.5 (0.58)	7.3 (0.26)	4.0 (0.26)
South . . . . .	100.0	52.4 (0.58)	15.1 (0.31)	23.7 (0.39)	5.4 (0.20)	3.3 (0.17)
West . . . . .	100.0	42.6 (0.74)	17.4 (0.45)	28.4 (0.61)	7.5 (0.34)	4.2 (0.26)
Place of residence: <sup>6</sup>						
MSA, central city . . . . .	100.0	46.2 (0.62)	16.0 (0.36)	27.2 (0.45)	6.5 (0.23)	4.0 (0.19)
MSA, not central city . . . . .	100.0	39.7 (0.46)	18.2 (0.28)	30.7 (0.36)	7.6 (0.21)	3.9 (0.15)
Not MSA . . . . .	100.0	50.8 (0.88)	17.8 (0.51)	23.3 (0.70)	5.0 (0.30)	3.1 (0.28)

\*Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Current alcohol drinking status: Nondrinker is defined as no drinks in the past year (includes both former drinkers and lifetime abstainers); infrequent is defined as 12 or more drinks in lifetime and 1–11 drinks in past year; light is defined as 12 or more drinks in lifetime and 3 drinks or fewer per week; moderate is defined as more than 3 and up to 14 drinks per week for men and more than 3 and up to 7 drinks per week for women; heavier is defined as more than 14 drinks per week for men and more than 7 drinks per week for women.<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>4</sup>GED is General Educational Development high school equivalency diploma.<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown lifetime and unknown current drinking status. See "Appendix II" for definitions of terms.

**Table 3.3. Percent of adults 18 years of age and over who had 5 or more drinks in 1 day at least once in the past year, and percent of adults 18 years of age and over who had 5 or more drinks in 1 day on at least 12 days in the past year, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

## INTERNET RELEASE ONLY

Selected characteristic	5 or more drinks in 1 day on at least once			5 or more drinks in 1 day on at least 12 days		
	Both sexes	Men	Women	Both sexes	Men	Women
				Percent of adults (standard error)		
Ages 18 years and over (crude) <sup>1</sup>	20.0 (0.23)	29.5 (0.33)	11.4 (0.20)	9.3 (0.14)	15.3 (0.22)	3.8 (0.12)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	19.8 (0.21)	28.7 (0.31)	11.5 (0.20)	9.2 (0.13)	15.0 (0.21)	3.9 (0.12)
Age						
18–24 years	32.0 (0.77)	40.7 (1.07)	23.5 (0.80)	16.6 (0.53)	24.4 (0.81)	9.0 (0.53)
25–44 years	26.6 (0.32)	38.0 (0.50)	15.8 (0.31)	11.7 (0.20)	19.0 (0.35)	4.9 (0.18)
45–64 years	14.7 (0.26)	23.5 (0.42)	6.6 (0.24)	6.9 (0.18)	11.9 (0.33)	2.2 (0.15)
65–74 years	5.0 (0.24)	9.0 (0.48)	1.7 (0.19)	2.5 (0.18)	4.8 (0.37)	0.7 (0.11)
75 years and over	2.1 (0.19)	4.4 (0.44)	0.6 (0.13)	0.9 (0.12)	2.0 (0.29)	*0.2 (0.07)
Race						
White, single race	21.2 (0.26)	30.9 (0.38)	12.4 (0.24)	9.7 (0.16)	16.0 (0.26)	4.0 (0.13)
Black or African American, single race	11.7 (0.38)	19.2 (0.64)	5.8 (0.37)	6.0 (0.29)	10.7 (0.55)	2.3 (0.20)
American Indian or Alaska Native, single race	24.1 (2.65)	29.4 (3.62)	18.9 (3.19)	14.6 (2.02)	19.4 (2.83)	9.8 (2.68)
Asian, single race	10.9 (0.78)	17.2 (1.33)	4.9 (0.62)	4.4 (0.58)	7.5 (1.10)	1.6 (0.34)
Native Hawaiian or other Pacific Islander, single race	39.5 (5.34)	54.5 (7.02)	*13.4 (7.25)	19.8 (4.00)	31.1 (5.67)	*–
2 or more races	31.3 (1.91)	42.2 (2.50)	20.1 (2.04)	17.1 (1.56)	24.5 (2.42)	9.4 (1.38)
Black or African American, white	24.5 (4.32)	32.3 (7.76)	18.2 (4.65)	8.6 (2.41)	*13.2 (4.72)	*4.9 (2.13)
American Indian or Alaska Native, white	34.5 (2.98)	43.8 (3.89)	22.6 (3.29)	21.2 (2.57)	28.8 (3.88)	11.5 (2.15)
Hispanic or Latino origin and race						
Hispanic or Latino	19.0 (0.47)	30.9 (0.77)	7.7 (0.34)	9.9 (0.34)	17.7 (0.62)	2.6 (0.21)
Mexican or Mexican-American	21.7 (0.60)	35.4 (1.01)	7.9 (0.40)	11.8 (0.47)	20.7 (0.85)	2.8 (0.29)
Not Hispanic or Latino	20.1 (0.25)	29.3 (0.36)	11.8 (0.22)	9.2 (0.15)	15.1 (0.24)	3.9 (0.13)
White, single race	21.6 (0.28)	31.0 (0.41)	13.0 (0.26)	9.8 (0.17)	15.8 (0.27)	4.2 (0.14)
Black or African American, single race	11.6 (0.38)	19.1 (0.64)	5.8 (0.38)	5.9 (0.29)	10.7 (0.56)	2.2 (0.20)
Education						
Less than high school graduate	14.7 (0.34)	23.7 (0.60)	6.4 (0.29)	8.4 (0.26)	14.5 (0.49)	2.8 (0.20)
GED diploma: <sup>3</sup>	25.9 (1.10)	35.6 (1.78)	15.9 (1.19)	15.7 (0.90)	23.9 (1.54)	7.2 (0.90)
High school graduate	18.6 (0.37)	29.5 (0.61)	9.5 (0.30)	9.5 (0.25)	16.8 (0.44)	3.5 (0.19)
Some college - no degree	24.3 (0.50)	34.8 (0.76)	15.4 (0.49)	11.3 (0.33)	18.3 (0.54)	5.4 (0.29)
Associate of arts degree	22.1 (0.57)	31.9 (0.95)	14.0 (0.62)	9.4 (0.38)	15.7 (0.73)	4.1 (0.34)
Bachelor of arts, science degree	23.1 (0.49)	31.8 (0.73)	14.6 (0.46)	8.5 (0.29)	13.5 (0.49)	3.6 (0.22)
Master's, doctorate, medical degree	16.0 (0.51)	22.2 (0.81)	8.9 (0.48)	4.8 (0.29)	7.4 (0.49)	1.9 (0.22)
Poverty status <sup>4</sup>						
Below poverty level	19.7 (0.81)	30.9 (1.28)	12.2 (0.69)	11.4 (0.55)	20.0 (0.99)	5.6 (0.45)
≥ 1 but < 2 times poverty level	17.8 (0.43)	27.2 (0.77)	10.2 (0.42)	9.3 (0.32)	15.7 (0.62)	4.1 (0.26)
≥ 2 but < 4 times poverty level	21.3 (0.36)	30.4 (0.56)	12.6 (0.35)	10.5 (0.25)	16.9 (0.43)	4.3 (0.21)
4 times poverty level or more	25.2 (0.36)	35.0 (0.53)	14.7 (0.38)	10.3 (0.22)	16.2 (0.36)	4.0 (0.22)
Marital status						
Never married	30.2 (0.54)	38.7 (0.71)	20.2 (0.62)	16.1 (0.38)	23.0 (0.56)	8.1 (0.41)
Married	16.8 (0.25)	24.8 (0.38)	9.1 (0.23)	6.9 (0.15)	11.3 (0.26)	2.5 (0.11)
Cohabiting	35.5 (0.82)	45.0 (1.15)	25.9 (1.10)	17.9 (0.65)	26.1 (1.05)	9.6 (0.72)
Divorced or separated	21.1 (0.43)	34.1 (0.79)	12.3 (0.38)	10.7 (0.31)	20.0 (0.65)	4.3 (0.22)
Widowed	3.7 (0.22)	11.2 (0.82)	2.1 (0.19)	1.7 (0.14)	6.3 (0.64)	0.7 (0.10)
Geographic region						
Northeast	20.4 (0.48)	30.3 (0.83)	12.0 (0.41)	8.7 (0.29)	14.9 (0.55)	3.4 (0.22)
Midwest	24.1 (0.58)	34.3 (0.71)	14.9 (0.53)	11.5 (0.35)	18.5 (0.49)	5.2 (0.29)
South	16.3 (0.33)	24.8 (0.51)	8.6 (0.29)	8.2 (0.20)	13.6 (0.35)	3.3 (0.18)
West	21.2 (0.46)	31.2 (0.70)	11.7 (0.39)	9.1 (0.27)	15.0 (0.46)	3.5 (0.25)
Place of residence <sup>5</sup>						
MSA, central city	20.0 (0.40)	30.3 (0.59)	11.1 (0.33)	9.6 (0.24)	16.2 (0.40)	3.8 (0.19)
MSA, not central city	20.4 (0.32)	29.7 (0.47)	11.8 (0.29)	9.1 (0.20)	14.9 (0.33)	3.7 (0.16)
Not MSA	18.8 (0.62)	27.9 (0.86)	10.9 (0.53)	9.3 (0.30)	15.2 (0.50)	4.1 (0.28)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

– Quantity zero.

<sup>1</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in total.

<sup>2</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>3</sup>GED is General Educational Development high school equivalency diploma.

<sup>4</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>5</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Question was asked only of current drinkers, but prevalence is shown here as percent of all adults. Denominator for each cell excludes person with unknown lifetime drinking status and/or unknown five or more drinks in 1 day. See "Appendix II" for definitions of terms.

**Table 3.4. Percent of current drinkers 18 years of age and over who had five or more drinks in 1 day at least once in the past year, and percent of current drinkers 18 years of age and over who had 5 or more drinks in 1 day on at least 12 days in the past year, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

## INTERNET RELEASE ONLY

Selected characteristic	5 or more drinks in 1 day on at least once			5 or more drinks in 1 day on at least 12 days		
	Current drinkers	Men	Women	Current drinkers	Men	Women
	Percent of current drinkers (standard error)					
Ages 18 years and over (crude) <sup>1</sup> . . . . .	32.3 (0.31)	43.0 (0.41)	20.5 (0.33)	15.0 (0.20)	22.4 (0.30)	6.8 (0.20)
Ages 18 years and over (age-adjusted) <sup>1,2</sup> . . . . .	30.4 (0.27)	40.6 (0.37)	19.1 (0.29)	14.1 (0.18)	21.1 (0.28)	6.4 (0.18)
Age						
18–24 years . . . . .	52.4 (0.92)	61.4 (1.24)	42.0 (1.12)	27.2 (0.75)	36.8 (1.07)	16.0 (0.86)
25–44 years . . . . .	37.8 (0.40)	49.9 (0.56)	24.5 (0.46)	16.7 (0.28)	24.9 (0.43)	7.6 (0.27)
45–64 years . . . . .	23.8 (0.38)	34.8 (0.56)	11.7 (0.40)	11.1 (0.29)	17.7 (0.48)	3.9 (0.25)
65–74 years . . . . .	10.8 (0.50)	16.7 (0.86)	4.2 (0.48)	5.5 (0.38)	8.9 (0.68)	1.7 (0.29)
75 years and over . . . . .	5.7 (0.51)	9.5 (0.92)	2.1 (0.42)	2.5 (0.33)	4.4 (0.62)	*0.6 (0.22)
Race						
White, single race . . . . .	32.8 (0.34)	43.9 (0.45)	20.8 (0.36)	15.1 (0.23)	22.7 (0.34)	6.8 (0.21)
Black or African American, single race . . . . .	24.4 (0.75)	33.8 (1.09)	14.3 (0.85)	12.4 (0.58)	18.8 (0.96)	5.5 (0.49)
American Indian or Alaska Native, single race . . . . .	45.2 (3.54)	47.6 (5.57)	42.0 (4.59)	27.3 (3.30)	31.4 (4.70)	21.9 (4.83)
Asian, single race . . . . .	24.3 (1.60)	29.5 (2.04)	15.3 (1.89)	9.9 (1.23)	12.8 (1.78)	4.9 (1.06)
Native Hawaiian or other Pacific Islander, single race . . . . .	60.2 (6.90)	77.2 (8.80)	*23.5 (10.99)	30.1 (6.15)	44.1 (7.99)	*–
2 or more races . . . . .	46.6 (2.16)	58.7 (2.60)	32.1 (2.89)	25.4 (2.03)	34.1 (2.95)	15.0 (2.15)
Black or African American, white . . . . .	35.1 (6.02)	43.5 (9.58)	27.3 (6.47)	12.3 (3.45)	*17.8 (6.34)	*7.3 (3.19)
American Indian or Alaska Native, white . . . . .	52.6 (3.47)	61.6 (4.10)	38.6 (5.08)	32.4 (3.38)	40.6 (4.63)	19.6 (3.71)
Hispanic or Latino origin and race						
Hispanic or Latino . . . . .	36.0 (0.80)	47.5 (1.02)	18.9 (0.80)	18.9 (0.60)	27.1 (0.84)	6.4 (0.52)
Mexican or Mexican-American . . . . .	41.8 (1.03)	53.6 (1.25)	21.0 (1.06)	22.7 (0.84)	31.4 (1.11)	7.4 (0.76)
Not Hispanic or Latino . . . . .	32.0 (0.32)	42.5 (0.43)	20.6 (0.35)	14.6 (0.21)	21.9 (0.31)	6.9 (0.21)
White, single race . . . . .	32.7 (0.36)	43.7 (0.48)	21.2 (0.38)	14.8 (0.23)	22.3 (0.35)	6.9 (0.22)
Black or African American, single race . . . . .	24.3 (0.76)	33.5 (1.09)	14.3 (0.86)	12.4 (0.58)	18.7 (0.96)	5.5 (0.48)
Education						
Less than high school graduate . . . . .	34.9 (0.70)	44.3 (0.96)	20.3 (0.85)	20.0 (0.59)	27.1 (0.84)	9.0 (0.63)
GED diploma <sup>3</sup> . . . . .	44.1 (1.55)	54.9 (2.22)	30.5 (2.05)	26.7 (1.38)	36.9 (2.12)	13.9 (1.65)
High school graduate . . . . .	31.9 (0.54)	44.2 (0.79)	18.6 (0.54)	16.4 (0.39)	25.2 (0.62)	6.8 (0.36)
Some college - no degree . . . . .	36.3 (0.64)	48.0 (0.88)	24.7 (0.73)	16.9 (0.46)	25.2 (0.69)	8.7 (0.46)
Associate of arts degree . . . . .	32.3 (0.75)	44.1 (1.16)	21.4 (0.89)	13.7 (0.54)	21.6 (0.96)	6.3 (0.52)
Bachelor of arts, science degree . . . . .	31.0 (0.61)	40.9 (0.85)	20.4 (0.63)	11.4 (0.38)	17.3 (0.61)	5.1 (0.31)
Master's, doctorate, medical degree . . . . .	21.3 (0.64)	28.8 (0.97)	12.2 (0.64)	6.4 (0.38)	9.6 (0.62)	2.6 (0.30)
Poverty status: <sup>4</sup>						
Below poverty level . . . . .	41.8 (1.17)	53.2 (1.58)	30.7 (1.30)	24.2 (0.90)	34.5 (1.38)	14.0 (0.97)
≥ 1 but < 2 times poverty level . . . . .	35.4 (0.70)	46.1 (1.10)	23.6 (0.85)	18.4 (0.57)	26.6 (0.95)	9.4 (0.58)
≥ 2 but < 4 times poverty level . . . . .	34.2 (0.51)	44.9 (0.69)	21.9 (0.58)	16.8 (0.38)	24.9 (0.60)	7.5 (0.37)
4 times poverty level or more . . . . .	33.3 (0.42)	44.4 (0.60)	20.3 (0.49)	13.6 (0.28)	20.5 (0.44)	5.6 (0.29)
Marital status						
Never married . . . . .	48.0 (0.65)	56.9 (0.84)	35.4 (0.90)	25.6 (0.54)	33.8 (0.73)	14.1 (0.66)
Married . . . . .	27.0 (0.36)	36.6 (0.50)	15.8 (0.38)	11.0 (0.23)	16.7 (0.37)	4.4 (0.19)
Cohabiting . . . . .	45.9 (0.97)	54.7 (1.28)	35.8 (1.39)	23.2 (0.83)	31.8 (1.23)	13.3 (0.99)
Divorced or separated . . . . .	32.9 (0.60)	47.8 (1.00)	20.7 (0.60)	16.6 (0.47)	28.1 (0.86)	7.3 (0.37)
Widowed . . . . .	10.3 (0.61)	21.8 (1.53)	6.3 (0.58)	4.8 (0.40)	12.4 (1.22)	2.2 (0.32)
Geographic region						
Northeast . . . . .	30.0 (0.60)	40.9 (0.96)	19.1 (0.63)	12.7 (0.41)	20.1 (0.72)	5.4 (0.35)
Midwest . . . . .	36.4 (0.71)	48.2 (0.84)	24.1 (0.76)	17.4 (0.47)	26.0 (0.62)	8.4 (0.45)
South . . . . .	29.7 (0.49)	39.4 (0.67)	18.2 (0.55)	15.0 (0.32)	21.6 (0.49)	7.0 (0.35)
West . . . . .	33.5 (0.63)	44.6 (0.81)	20.5 (0.64)	14.3 (0.41)	21.4 (0.60)	6.1 (0.44)
Place of residence <sup>5</sup>						
MSA, central city . . . . .	33.3 (0.55)	44.6 (0.71)	20.7 (0.58)	15.9 (0.37)	23.8 (0.55)	7.0 (0.35)
MSA, not central city . . . . .	31.1 (0.41)	41.6 (0.55)	19.7 (0.44)	13.9 (0.29)	20.9 (0.43)	6.2 (0.25)
Not MSA . . . . .	34.3 (0.83)	45.0 (1.03)	22.4 (0.90)	16.9 (0.47)	24.6 (0.72)	8.3 (0.55)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

– Quantity zero.

<sup>1</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in total.

<sup>2</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>3</sup>GED is General Educational Development high school equivalency diploma.

<sup>4</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>5</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each cell excludes persons with unknown lifetime drinking status, nondrinkers, and current drinkers with unknown information for five or more drinks in 1 day. See "Appendix II" for definitions of terms.

**Table 4.1. Percent distributions of lifetime cigarette smoking status for adults 18 years of age and over, by selected characteristics: United States, average annual 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Lifetime cigarette smoking status <sup>1</sup>		
		Never smoker	Former smoker	Current smoker
Both sexes		Percent distribution (standard error)		
Ages 18 years and over (crude) <sup>2</sup>	100.0	54.4 (0.23)	22.5 (0.19)	23.2 (0.21)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	54.3 (0.22)	22.7 (0.17)	23.1 (0.20)
Age:				
18–24 years	100.0	65.1 (0.67)	7.7 (0.29)	27.2 (0.62)
25–44 years	100.0	58.5 (0.31)	14.8 (0.23)	26.7 (0.30)
45–64 years	100.0	46.2 (0.36)	30.1 (0.32)	23.7 (0.29)
65–74 years	100.0	45.7 (0.60)	41.1 (0.58)	13.3 (0.41)
75 years and over	100.0	55.8 (0.65)	37.8 (0.69)	6.4 (0.30)
Race:				
White, single race	100.0	52.2 (0.24)	24.3 (0.21)	23.5 (0.23)
Black or African American, single race	100.0	62.3 (0.58)	14.5 (0.38)	23.2 (0.54)
American Indian or Alaska Native, single race	100.0	44.7 (3.26)	20.8 (1.81)	34.5 (2.74)
Asian, single race	100.0	75.0 (0.92)	11.0 (0.66)	14.0 (0.79)
Native Hawaiian or other Pacific Islander, single race	100.0	51.7 (5.06)	16.0 (3.61)	32.4 (4.42)
2 or more races	100.0	44.2 (1.79)	22.1 (1.53)	33.8 (1.54)
Black or African American, white	100.0	50.2 (5.63)	17.1 (4.25)	32.7 (4.81)
American Indian or Alaska Native, white	100.0	32.2 (2.52)	27.1 (2.49)	40.7 (2.57)
Hispanic or Latino origin and race:				
Hispanic or Latino	100.0	67.9 (0.53)	14.3 (0.36)	17.8 (0.40)
Mexican or Mexican-American	100.0	69.1 (0.59)	14.0 (0.43)	17.0 (0.45)
Not Hispanic or Latino	100.0	52.8 (0.24)	23.4 (0.21)	23.8 (0.23)
White, single race	100.0	50.6 (0.25)	25.3 (0.23)	24.1 (0.25)
Black or African American, single race	100.0	62.2 (0.58)	14.6 (0.39)	23.2 (0.54)
Education:				
Less than high school graduate	100.0	49.5 (0.50)	21.9 (0.38)	28.6 (0.46)
GED diploma <sup>4</sup>	100.0	30.0 (1.06)	21.3 (0.94)	48.7 (1.23)
High school graduate	100.0	50.6 (0.40)	22.3 (0.33)	27.1 (0.35)
Some college - no degree	100.0	53.8 (0.50)	22.3 (0.37)	23.9 (0.39)
Associate of arts degree	100.0	55.6 (0.60)	22.3 (0.53)	22.1 (0.57)
Bachelor of arts, science degree	100.0	64.5 (0.49)	22.6 (0.44)	13.0 (0.31)
Master's, doctorate, medical degree	100.0	66.4 (0.64)	24.7 (0.61)	8.8 (0.37)
Poverty status: <sup>5</sup>				
Below poverty level	100.0	53.6 (0.81)	14.4 (0.41)	32.0 (0.74)
≥ 1 but < 2 times poverty level	100.0	51.1 (0.56)	20.1 (0.41)	28.9 (0.51)
≥ 2 but < 4 times poverty level	100.0	51.8 (0.38)	22.2 (0.34)	25.9 (0.32)
4 times poverty level or more	100.0	56.2 (0.37)	25.4 (0.35)	18.4 (0.30)
Marital status:				
Never married	100.0	63.5 (0.49)	10.4 (0.26)	26.2 (0.45)
Married	100.0	54.4 (0.28)	26.2 (0.25)	19.3 (0.24)
Cohabiting	100.0	41.9 (0.79)	16.5 (0.59)	41.6 (0.80)
Divorced or separated	100.0	42.4 (0.46)	22.6 (0.40)	35.0 (0.45)
Widowed	100.0	57.1 (0.61)	28.6 (0.57)	14.3 (0.45)
Geographic region:				
Northeast	100.0	52.6 (0.54)	25.4 (0.45)	21.9 (0.45)
Midwest	100.0	52.4 (0.45)	22.0 (0.33)	25.6 (0.42)
South	100.0	54.5 (0.41)	21.2 (0.31)	24.3 (0.36)
West	100.0	58.3 (0.43)	22.5 (0.47)	19.2 (0.41)
Place of residence: <sup>6</sup>				
MSA, central city	100.0	56.7 (0.37)	19.8 (0.31)	23.5 (0.35)
MSA, not central city	100.0	54.3 (0.33)	23.9 (0.28)	21.8 (0.30)
Not MSA	100.0	51.3 (0.57)	22.6 (0.40)	26.1 (0.45)

See footnotes at end of table.

**Table 4.1. Percent distributions of lifetime cigarette smoking status for adults 18 years of age and over, by selected characteristics: United States, average annual 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Lifetime cigarette smoking status <sup>1</sup>		
		Never smoker	Former smoker	Current smoker
Men				
Percent distribution (standard error)				
Ages 18 years and over (crude) <sup>2</sup>	100.0	48.0 (0.34)	26.5 (0.28)	25.5 (0.30)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	47.4 (0.32)	27.5 (0.26)	25.1 (0.29)
Age:				
18–24 years	100.0	63.2 (0.90)	7.3 (0.42)	29.5 (0.84)
25–44 years	100.0	55.7 (0.44)	15.4 (0.34)	28.8 (0.41)
45–64 years	100.0	37.7 (0.56)	36.1 (0.51)	26.2 (0.47)
65–74 years	100.0	30.7 (0.77)	55.8 (0.85)	13.6 (0.64)
75 years and over	100.0	35.7 (1.08)	57.5 (1.12)	6.8 (0.51)
Race:				
White, single race	100.0	46.3 (0.36)	28.3 (0.31)	25.4 (0.34)
Black or African American, single race	100.0	54.7 (0.91)	17.9 (0.62)	27.4 (0.78)
American Indian or Alaska Native, single race	100.0	41.6 (5.21)	26.5 (2.98)	32.0 (4.55)
Asian, single race	100.0	62.6 (1.53)	16.1 (1.23)	21.3 (1.40)
Native Hawaiian or other Pacific Islander, single race	100.0	46.4 (7.17)	17.3 (4.67)	36.3 (6.08)
2 or more races	100.0	38.4 (2.84)	25.7 (2.47)	35.9 (2.31)
Black or African American, white	100.0	53.3 (8.47)	*13.5 (6.02)	33.2 (7.69)
American Indian or Alaska Native, white	100.0	25.4 (3.51)	33.6 (3.61)	41.0 (3.50)
Hispanic or Latino origin and race:				
Hispanic or Latino	100.0	58.6 (0.79)	18.2 (0.53)	23.2 (0.63)
Mexican or Mexican-American	100.0	59.1 (0.98)	18.1 (0.67)	22.8 (0.81)
Not Hispanic or Latino	100.0	46.7 (0.36)	27.5 (0.31)	25.8 (0.32)
White, single race	100.0	45.1 (0.37)	29.3 (0.34)	25.6 (0.36)
Black or African American, single race	100.0	54.6 (0.92)	17.9 (0.63)	27.4 (0.79)
Education:				
Less than high school graduate	100.0	38.3 (0.69)	28.3 (0.61)	33.4 (0.65)
GED diploma <sup>4</sup>	100.0	23.6 (1.51)	26.0 (1.50)	50.4 (1.81)
High school graduate	100.0	43.4 (0.57)	25.9 (0.52)	30.7 (0.53)
Some college - no degree	100.0	48.2 (0.71)	26.0 (0.57)	25.8 (0.60)
Associate of arts degree	100.0	51.8 (1.00)	24.8 (0.82)	23.4 (0.87)
Bachelor of arts, science degree	100.0	60.3 (0.72)	25.7 (0.67)	14.0 (0.50)
Master's, doctorate, medical degree	100.0	62.9 (0.99)	28.0 (0.88)	9.1 (0.52)
Poverty status: <sup>5</sup>				
Below poverty level	100.0	46.1 (1.19)	17.7 (0.73)	36.2 (1.10)
≥ 1 but < 2 times poverty level	100.0	41.9 (0.87)	24.6 (0.67)	33.5 (0.77)
≥ 2 but < 4 times poverty level	100.0	45.4 (0.57)	25.7 (0.50)	28.8 (0.49)
4 times poverty level or more	100.0	52.1 (0.51)	28.1 (0.50)	19.8 (0.43)
Marital status:				
Never married	100.0	60.6 (0.65)	10.9 (0.34)	28.5 (0.61)
Married	100.0	46.8 (0.41)	32.2 (0.38)	21.0 (0.34)
Cohabiting	100.0	39.8 (1.10)	17.2 (0.91)	43.0 (1.10)
Divorced or separated	100.0	35.0 (0.67)	25.6 (0.63)	39.4 (0.76)
Widowed	100.0	35.0 (1.19)	47.6 (1.31)	17.4 (0.98)
Geographic region:				
Northeast	100.0	47.9 (0.85)	28.8 (0.72)	23.3 (0.56)
Midwest	100.0	46.0 (0.53)	25.8 (0.51)	28.2 (0.59)
South	100.0	47.1 (0.62)	25.8 (0.45)	27.0 (0.54)
West	100.0	52.2 (0.72)	26.3 (0.68)	21.6 (0.63)
Place of residence: <sup>6</sup>				
MSA, central city	100.0	50.3 (0.51)	22.9 (0.45)	26.8 (0.47)
MSA, not central city	100.0	48.8 (0.48)	27.6 (0.43)	23.6 (0.42)
Not MSA	100.0	43.0 (0.75)	28.3 (0.59)	28.7 (0.68)

See footnotes at end of table.

**Table 4.1. Percent distributions of lifetime cigarette smoking status for adults 18 years of age and over, by selected characteristics: United States, average annual 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Lifetime cigarette smoking status <sup>1</sup>		
		Never smoker	Former smoker	Current smoker
Women		Percent distribution (standard error)		
Ages 18 years and over (crude) <sup>2</sup>	100.0	60.2 (0.28)	18.8 (0.22)	21.0 (0.23)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	60.2 (0.28)	18.7 (0.21)	21.2 (0.23)
Age:				
18–24 years	100.0	67.0 (0.81)	8.1 (0.41)	24.9 (0.75)
25–44 years	100.0	61.2 (0.43)	14.1 (0.30)	24.7 (0.38)
45–64 years	100.0	54.2 (0.44)	24.5 (0.37)	21.3 (0.36)
65–74 years	100.0	58.0 (0.81)	29.0 (0.74)	13.0 (0.49)
75 years and over	100.0	68.7 (0.72)	25.1 (0.70)	6.2 (0.35)
Race:				
White, single race	100.0	57.6 (0.31)	20.6 (0.26)	21.8 (0.26)
Black or African American, single race	100.0	68.3 (0.64)	11.9 (0.39)	19.8 (0.61)
American Indian or Alaska Native, single race	100.0	47.8 (4.18)	15.3 (1.83)	36.9 (3.85)
Asian, single race	100.0	87.1 (0.97)	6.0 (0.75)	6.9 (0.71)
Native Hawaiian or other Pacific Islander, single race	100.0	61.2 (8.33)	*13.5 (6.07)	*25.3 (7.82)
2 or more races	100.0	50.2 (2.07)	18.3 (1.46)	31.6 (2.00)
Black or African American, white	100.0	47.6 (6.90)	20.1 (5.07)	32.4 (6.23)
American Indian or Alaska Native, white	100.0	40.8 (3.66)	18.9 (2.82)	40.3 (3.60)
Hispanic or Latino origin and race:				
Hispanic or Latino	100.0	76.9 (0.63)	10.6 (0.40)	12.5 (0.46)
Mexican or Mexican-American	100.0	79.2 (0.69)	9.8 (0.49)	10.9 (0.53)
Not Hispanic or Latino	100.0	58.3 (0.31)	19.7 (0.24)	22.0 (0.25)
White, single race	100.0	55.7 (0.34)	21.6 (0.28)	22.8 (0.29)
Black or African American, single race	100.0	68.3 (0.63)	11.9 (0.39)	19.8 (0.61)
Education:				
Less than high school graduate	100.0	60.0 (0.63)	16.0 (0.42)	24.1 (0.53)
GED diploma <sup>4</sup>	100.0	36.7 (1.47)	16.3 (1.17)	47.0 (1.52)
High school graduate	100.0	56.8 (0.53)	19.1 (0.42)	24.1 (0.43)
Some college - no degree	100.0	58.6 (0.65)	19.1 (0.46)	22.2 (0.51)
Associate of arts degree	100.0	58.7 (0.79)	20.3 (0.72)	21.0 (0.71)
Bachelor of arts, science degree	100.0	68.6 (0.60)	19.4 (0.56)	12.0 (0.40)
Master's, doctorate, medical degree	100.0	70.6 (0.85)	20.9 (0.81)	8.5 (0.51)
Poverty status: <sup>5</sup>				
Below poverty level	100.0	58.7 (0.90)	12.1 (0.44)	29.2 (0.83)
≥ 1 but < 2 times poverty level	100.0	58.6 (0.65)	16.3 (0.46)	25.1 (0.58)
≥ 2 but < 4 times poverty level	100.0	58.1 (0.50)	18.8 (0.43)	23.1 (0.42)
4 times poverty level or more	100.0	60.7 (0.50)	22.4 (0.42)	16.9 (0.40)
Marital status:				
Never married	100.0	67.0 (0.64)	9.7 (0.35)	23.3 (0.58)
Married	100.0	62.0 (0.36)	20.3 (0.31)	17.7 (0.29)
Cohabiting	100.0	44.0 (1.13)	15.9 (0.78)	40.1 (1.12)
Divorced or separated	100.0	47.6 (0.60)	20.5 (0.48)	31.9 (0.57)
Widowed	100.0	62.1 (0.68)	24.4 (0.61)	13.5 (0.48)
Geographic region:				
Northeast	100.0	56.7 (0.65)	22.5 (0.53)	20.8 (0.55)
Midwest	100.0	58.3 (0.58)	18.4 (0.39)	23.3 (0.48)
South	100.0	61.3 (0.48)	17.0 (0.35)	21.8 (0.39)
West	100.0	64.2 (0.56)	18.8 (0.57)	17.0 (0.46)
Place of residence: <sup>6</sup>				
MSA, central city	100.0	62.3 (0.49)	17.1 (0.40)	20.6 (0.42)
MSA, not central city	100.0	59.6 (0.41)	20.3 (0.32)	20.1 (0.36)
Not MSA	100.0	58.8 (0.67)	17.4 (0.44)	23.8 (0.51)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Lifetime cigarette smoking status: Never smoker: never smoked at all or smoked less than 100 cigarettes in lifetime; Former smoker: smoked at least 100 cigarettes in lifetime but did not smoke at time of interview; Current smoker: smoked at least 100 cigarettes in lifetime and currently smoked.

<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.

<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>4</sup>GED is General Educational Development high school equivalency diploma.



<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown smoking status. See "Appendix II" for definitions of terms.

**Table 4.2. Percent distributions of current cigarette smoking status for adults 18 years of age and over, and mean number of cigarettes smoked in a day among current smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Nonsmoker	Nondaily smoker	Daily smoker	All current smokers		
					Nondaily smokers	Daily smokers	
Both sexes		Percent distribution (standard error)			Mean number of cigarettes in a day (standard error)		
Ages 18 years and over (crude) <sup>1</sup>	100.0	76.8 (0.21)	4.2 (0.08)	19.0 (0.20)	15.9 (0.11)	5.0 (0.10)	18.1 (0.10)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	100.0	76.9 (0.20)	4.1 (0.08)	18.9 (0.20)	15.9 (0.11)	5.2 (0.12)	18.0 (0.11)
Age:							
18–24 years	100.0	72.8 (0.62)	6.3 (0.30)	20.9 (0.59)	11.8 (0.22)	4.3 (0.19)	14.0 (0.21)
25–44 years	100.0	73.3 (0.30)	5.0 (0.13)	21.7 (0.30)	15.7 (0.14)	5.0 (0.15)	18.0 (0.14)
45–64 years	100.0	76.3 (0.29)	3.5 (0.13)	20.2 (0.28)	18.3 (0.17)	5.5 (0.23)	20.2 (0.17)
65–74 years	100.0	86.7 (0.41)	2.1 (0.14)	11.1 (0.38)	16.3 (0.33)	6.8 (0.66)	17.9 (0.36)
75 years and over	100.0	93.6 (0.30)	1.1 (0.13)	5.3 (0.27)	13.7 (0.53)	3.8 (0.33)	15.5 (0.55)
Race:							
White, single race	100.0	76.5 (0.23)	4.0 (0.09)	19.5 (0.22)	16.8 (0.12)	5.0 (0.11)	19.0 (0.11)
Black or African American, single race	100.0	76.8 (0.54)	5.1 (0.23)	18.1 (0.50)	11.7 (0.17)	4.9 (0.26)	13.4 (0.17)
American Indian or Alaska Native, single race	100.0	65.5 (2.74)	6.5 (1.30)	28.0 (2.70)	15.6 (0.96)	5.6 (0.87)	17.8 (0.98)
Asian, single race	100.0	86.0 (0.79)	2.9 (0.37)	11.1 (0.70)	10.2 (0.51)	4.6 (0.97)	11.5 (0.48)
Native Hawaiian or other Pacific Islander, single race	100.0	67.6 (4.42)	*10.1 (4.23)	22.2 (5.17)	10.8 (1.51)	*4.4 (1.55)	13.1 (1.12)
2 or more races	100.0	66.2 (1.54)	6.3 (0.82)	27.4 (1.58)	15.1 (0.74)	4.4 (0.58)	17.4 (0.82)
Black or African American, white	100.0	67.3 (4.81)	*3.1 (1.78)	29.7 (4.64)	11.4 (1.37)	3.2 (0.72)	12.3 (1.45)
American Indian or Alaska Native, white	100.0	59.3 (2.57)	6.9 (1.43)	33.8 (2.73)	17.5 (1.08)	5.2 (0.90)	19.9 (1.13)
Hispanic or Latino origin and race:							
Hispanic or Latino	100.0	82.2 (0.40)	6.4 (0.26)	11.4 (0.33)	9.2 (0.20)	3.8 (0.17)	12.0 (0.26)
Mexican or Mexican-American	100.0	83.0 (0.45)	7.2 (0.37)	9.7 (0.34)	7.9 (0.23)	3.5 (0.21)	10.9 (0.34)
Not Hispanic or Latino	100.0	76.2 (0.23)	3.9 (0.08)	19.9 (0.22)	16.5 (0.11)	5.2 (0.11)	18.5 (0.11)
White, single race	100.0	75.9 (0.25)	3.7 (0.09)	20.4 (0.24)	17.3 (0.12)	5.3 (0.13)	19.3 (0.12)
Black or African American, single race	100.0	76.8 (0.54)	5.1 (0.23)	18.1 (0.51)	11.8 (0.17)	4.9 (0.26)	13.5 (0.17)
Education:							
Less than high school graduate	100.0	71.4 (0.46)	4.4 (0.19)	24.2 (0.45)	16.8 (0.23)	5.2 (0.26)	18.6 (0.23)
GED diploma <sup>3</sup>	100.0	51.3 (1.23)	5.9 (0.57)	42.9 (1.23)	19.2 (0.44)	6.2 (0.73)	20.8 (0.43)
High school graduate	100.0	72.9 (0.35)	3.8 (0.14)	23.3 (0.32)	16.7 (0.16)	5.4 (0.25)	18.4 (0.15)
Some college - no degree	100.0	76.1 (0.39)	5.0 (0.19)	18.9 (0.38)	14.8 (0.20)	4.6 (0.16)	17.4 (0.21)
Associate of arts degree	100.0	77.9 (0.57)	4.2 (0.24)	17.9 (0.52)	15.5 (0.30)	5.2 (0.37)	17.8 (0.32)
Bachelor of arts, science degree	100.0	87.0 (0.31)	3.9 (0.18)	9.1 (0.28)	12.5 (0.27)	4.4 (0.21)	15.8 (0.29)
Master's, doctorate, medical degree	100.0	91.2 (0.37)	2.9 (0.23)	5.9 (0.29)	12.8 (0.48)	4.7 (0.47)	16.7 (0.55)
Poverty status: <sup>4</sup>							
Below poverty level	100.0	68.0 (0.74)	5.9 (0.31)	26.1 (0.69)	15.4 (0.27)	4.8 (0.29)	17.6 (0.27)
≥ 1 but < 2 times poverty level	100.0	71.1 (0.51)	4.8 (0.20)	24.1 (0.51)	15.7 (0.23)	5.0 (0.27)	17.7 (0.23)
≥ 2 but < 4 times poverty level	100.0	74.1 (0.32)	4.3 (0.16)	21.6 (0.29)	16.2 (0.17)	4.9 (0.19)	18.4 (0.18)
4 times poverty level or more	100.0	81.6 (0.30)	3.7 (0.14)	14.7 (0.29)	15.7 (0.20)	4.7 (0.17)	18.3 (0.19)
Marital status:							
Never married	100.0	73.8 (0.45)	6.4 (0.24)	19.8 (0.43)	13.1 (0.18)	4.9 (0.21)	15.6 (0.18)
Married	100.0	80.7 (0.24)	3.2 (0.09)	16.1 (0.23)	16.6 (0.16)	4.9 (0.18)	18.8 (0.16)
Cohabiting	100.0	58.4 (0.80)	6.4 (0.42)	35.2 (0.80)	16.1 (0.26)	4.5 (0.27)	18.1 (0.25)
Divorced or separated	100.0	65.0 (0.45)	5.5 (0.21)	29.5 (0.44)	17.2 (0.19)	5.7 (0.26)	19.2 (0.19)
Widowed	100.0	85.7 (0.45)	2.1 (0.16)	12.2 (0.42)	16.1 (0.33)	5.6 (0.61)	17.6 (0.35)
Geographic region:							
Northeast	100.0	78.1 (0.45)	4.4 (0.20)	17.5 (0.40)	15.1 (0.24)	5.4 (0.24)	17.3 (0.26)
Midwest	100.0	74.4 (0.42)	4.0 (0.17)	21.6 (0.43)	16.7 (0.20)	4.9 (0.18)	18.7 (0.17)
South	100.0	75.7 (0.36)	3.9 (0.13)	20.3 (0.36)	16.7 (0.19)	5.2 (0.19)	18.8 (0.18)
West	100.0	80.8 (0.41)	4.6 (0.15)	14.6 (0.38)	13.4 (0.18)	4.3 (0.17)	16.1 (0.20)
Place of residence: <sup>5</sup>							
MSA, central city	100.0	76.5 (0.35)	5.1 (0.16)	18.4 (0.34)	14.2 (0.17)	4.7 (0.17)	16.7 (0.17)
MSA, not central city	100.0	78.2 (0.30)	3.9 (0.11)	17.9 (0.28)	15.9 (0.15)	5.0 (0.14)	18.1 (0.14)
Not MSA	100.0	73.9 (0.45)	3.5 (0.17)	22.6 (0.47)	17.9 (0.24)	5.5 (0.29)	19.7 (0.22)

See footnotes at end of table.

**Table 4.2. Percent distributions of current cigarette smoking status for adults 18 years of age and over, and mean number of cigarettes smoked in a day among current smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

## INTERNET RELEASE ONLY

Selected characteristic	Total	Nonsmoker	Nondaily smoker	Daily smoker	All current smokers	Nondaily smokers	Daily smokers
Men							
Ages 18 years and over (crude) <sup>1</sup>	100.0	74.5 (0.30)	4.7 (0.13)	20.8 (0.29)	17.2 (0.15)	5.3 (0.16)	19.7 (0.14)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	100.0	74.9 (0.29)	4.6 (0.13)	20.4 (0.28)	17.3 (0.15)	5.6 (0.23)	19.7 (0.15)
Age:							
18–24 years	100.0	70.5 (0.84)	7.3 (0.44)	22.2 (0.81)	12.4 (0.28)	4.2 (0.24)	15.0 (0.27)
25–44 years	100.0	71.2 (0.41)	5.7 (0.20)	23.1 (0.38)	16.9 (0.21)	5.5 (0.24)	19.5 (0.21)
45–64 years	100.0	73.8 (0.47)	3.9 (0.21)	22.4 (0.44)	20.0 (0.27)	5.8 (0.37)	22.2 (0.26)
65–74 years	100.0	86.4 (0.64)	1.7 (0.22)	11.9 (0.60)	18.0 (0.52)	8.1 (1.37)	19.3 (0.56)
75 years and over	100.0	93.2 (0.51)	1.0 (0.23)	5.7 (0.46)	15.7 (0.95)	3.8 (0.58)	17.5 (0.98)
Race:							
White, single race	100.0	74.6 (0.34)	4.4 (0.14)	21.0 (0.32)	18.3 (0.17)	5.5 (0.18)	20.8 (0.16)
Black or African American, single race	100.0	72.6 (0.78)	6.5 (0.40)	21.0 (0.77)	12.4 (0.26)	4.8 (0.38)	14.5 (0.27)
American Indian or Alaska Native, single race	100.0	68.0 (4.55)	*5.0 (1.57)	27.0 (4.35)	17.1 (1.44)	7.9 (1.72)	18.8 (1.54)
Asian, single race	100.0	78.7 (1.40)	4.0 (0.64)	17.3 (1.30)	10.6 (0.60)	5.2 (1.39)	11.7 (0.55)
Native Hawaiian or other Pacific Islander, single race	100.0	63.7 (6.08)	*13.3 (6.67)	*23.0 (7.01)	11.9 (2.12)	*4.7 (1.96)	15.1 (1.27)
2 or more races	100.0	64.1 (2.31)	6.3 (1.29)	29.6 (2.36)	16.6 (1.10)	4.2 (0.66)	19.1 (1.17)
Black or African American, white	100.0	66.8 (7.69)	*1.1 (1.12)	32.1 (7.64)	14.2 (1.87)	5.0 (0.00)	14.5 (1.94)
American Indian or Alaska Native, white	100.0	59.0 (3.50)	*6.7 (2.06)	34.3 (3.69)	19.0 (1.62)	4.5 (1.02)	21.9 (1.63)
Hispanic or Latino origin and race:							
Hispanic or Latino	100.0	76.8 (0.63)	8.7 (0.43)	14.5 (0.52)	9.6 (0.26)	4.1 (0.23)	12.7 (0.34)
Mexican or Mexican-American	100.0	77.2 (0.81)	9.9 (0.60)	13.0 (0.63)	8.3 (0.30)	3.7 (0.26)	11.5 (0.43)
Not Hispanic or Latino	100.0	74.2 (0.32)	4.3 (0.13)	21.5 (0.31)	18.0 (0.15)	5.7 (0.19)	20.3 (0.15)
White, single race	100.0	74.4 (0.36)	4.0 (0.15)	21.6 (0.34)	19.1 (0.17)	5.8 (0.22)	21.4 (0.16)
Black or African American, single race	100.0	72.6 (0.79)	6.5 (0.40)	21.0 (0.77)	12.4 (0.26)	4.8 (0.38)	14.5 (0.27)
Education:							
Less than high school graduate	100.0	66.6 (0.65)	5.4 (0.28)	28.0 (0.65)	17.7 (0.32)	5.2 (0.36)	19.9 (0.33)
GED diploma <sup>3</sup>	100.0	49.6 (1.81)	7.1 (0.90)	43.3 (1.86)	20.3 (0.66)	6.5 (1.07)	22.3 (0.67)
High school graduate	100.0	69.3 (0.53)	4.6 (0.22)	26.1 (0.52)	18.2 (0.24)	6.1 (0.38)	20.2 (0.23)
Some college - no degree	100.0	74.2 (0.60)	5.4 (0.29)	20.3 (0.56)	16.4 (0.30)	4.6 (0.23)	19.3 (0.33)
Associate of arts degree	100.0	76.6 (0.87)	4.4 (0.40)	19.0 (0.77)	17.1 (0.47)	6.0 (0.67)	19.6 (0.48)
Bachelor of arts, science degree	100.0	86.0 (0.50)	4.1 (0.26)	9.8 (0.42)	13.5 (0.41)	4.9 (0.33)	17.0 (0.44)
Master's, doctorate, medical degree	100.0	90.9 (0.52)	3.2 (0.36)	5.9 (0.41)	13.6 (0.77)	4.9 (0.69)	18.0 (0.86)
Poverty status: <sup>4</sup>							
Below poverty level	100.0	63.8 (1.10)	6.9 (0.47)	29.3 (1.05)	16.7 (0.38)	5.0 (0.43)	19.2 (0.41)
≥ 1 but < 2 times poverty level	100.0	66.5 (0.77)	5.8 (0.34)	27.7 (0.80)	16.4 (0.31)	5.1 (0.43)	18.7 (0.31)
≥ 2 but < 4 times poverty level	100.0	71.2 (0.49)	4.8 (0.26)	24.0 (0.45)	17.6 (0.25)	5.3 (0.30)	20.0 (0.26)
4 times poverty level or more	100.0	80.2 (0.43)	4.1 (0.21)	15.6 (0.40)	17.2 (0.30)	5.0 (0.25)	20.3 (0.29)
Marital status:							
Never married	100.0	71.5 (0.61)	7.2 (0.32)	21.3 (0.54)	14.1 (0.23)	5.3 (0.27)	16.8 (0.24)
Married	100.0	79.0 (0.34)	3.6 (0.14)	17.4 (0.33)	18.1 (0.23)	5.3 (0.28)	20.5 (0.23)
Cohabiting	100.0	57.0 (1.10)	7.3 (0.62)	35.7 (1.07)	16.8 (0.38)	4.5 (0.36)	19.2 (0.38)
Divorced or separated	100.0	60.6 (0.76)	5.8 (0.33)	33.6 (0.70)	19.5 (0.28)	6.4 (0.50)	21.6 (0.28)
Widowed	100.0	82.6 (0.98)	1.6 (0.30)	15.8 (0.97)	19.7 (0.82)	5.4 (0.96)	21.0 (0.86)
Geographic region:							
Northeast	100.0	76.7 (0.56)	4.6 (0.33)	18.7 (0.46)	16.7 (0.36)	5.8 (0.42)	19.2 (0.39)
Midwest	100.0	71.8 (0.59)	4.5 (0.29)	23.7 (0.59)	18.2 (0.30)	5.2 (0.27)	20.6 (0.26)
South	100.0	73.0 (0.54)	4.6 (0.20)	22.4 (0.52)	18.0 (0.25)	5.7 (0.32)	20.4 (0.24)
West	100.0	78.4 (0.63)	5.5 (0.25)	16.1 (0.61)	14.0 (0.27)	4.5 (0.26)	17.0 (0.28)
Place of residence: <sup>5</sup>							
MSA, central city	100.0	73.2 (0.47)	6.1 (0.24)	20.7 (0.46)	15.3 (0.25)	5.0 (0.26)	18.1 (0.26)
MSA, not central city	100.0	76.4 (0.42)	4.4 (0.18)	19.2 (0.38)	17.2 (0.21)	5.4 (0.22)	19.7 (0.20)
Not MSA	100.0	71.3 (0.68)	3.8 (0.26)	24.9 (0.71)	19.6 (0.33)	6.0 (0.50)	21.5 (0.32)

See footnotes at end of table.

**Table 4.2. Percent distributions of current cigarette smoking status for adults 18 years of age and over, and mean number of cigarettes smoked in a day among current smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

## INTERNET RELEASE ONLY

Selected characteristic	Total	Nonsmoker	Nondaily smoker	Daily smoker	All current smokers	Nondaily smokers	Daily smokers
Women							
Ages 18 years and over (crude) <sup>1</sup>	100.0	79.0 (0.23)	3.6 (0.09)	17.4 (0.22)	14.4 (0.12)	4.6 (0.12)	16.3 (0.13)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	100.0	78.8 (0.23)	3.7 (0.09)	17.5 (0.22)	14.5 (0.12)	4.7 (0.13)	16.3 (0.13)
Age:							
18–24 years	100.0	75.1 (0.75)	5.2 (0.37)	19.7 (0.67)	11.1 (0.29)	4.3 (0.33)	12.8 (0.29)
25–44 years	100.0	75.3 (0.38)	4.3 (0.15)	20.3 (0.36)	14.4 (0.17)	4.3 (0.16)	16.4 (0.18)
45–64 years	100.0	78.7 (0.36)	3.1 (0.15)	18.2 (0.33)	16.3 (0.21)	5.1 (0.24)	18.0 (0.22)
65–74 years	100.0	87.0 (0.49)	2.5 (0.21)	10.5 (0.45)	14.7 (0.41)	6.0 (0.68)	16.6 (0.44)
75 years and over	100.0	93.8 (0.35)	1.1 (0.15)	5.1 (0.33)	12.3 (0.54)	3.7 (0.39)	14.0 (0.55)
Race:							
White, single race	100.0	78.2 (0.26)	3.6 (0.11)	18.2 (0.25)	15.1 (0.14)	4.6 (0.13)	17.0 (0.14)
Black or African American, single race	100.0	80.2 (0.61)	4.0 (0.24)	15.8 (0.56)	11.0 (0.21)	5.1 (0.36)	12.3 (0.23)
American Indian or Alaska Native, single race	100.0	63.1 (3.85)	7.9 (1.74)	29.1 (3.50)	14.3 (1.09)	4.2 (1.08)	17.0 (0.94)
Asian, single race	100.0	93.1 (0.71)	1.8 (0.37)	5.1 (0.61)	9.0 (0.68)	3.2 (0.63)	11.0 (0.76)
Native Hawaiian or other Pacific Islander, single race	100.0	74.7 (7.82)	*4.4 (2.72)	*20.9 (7.64)	8.1 (1.16)	3.3 (0.62)	9.1 (1.11)
2 or more races	100.0	68.4 (2.00)	6.3 (1.09)	25.2 (1.91)	13.3 (0.90)	4.6 (0.84)	15.3 (1.06)
Black or African American, white	100.0	67.6 (6.23)	*4.8 (3.10)	27.6 (5.88)	9.0 (1.84)	*2.9 (0.87)	10.1 (2.09)
American Indian or Alaska Native, white	100.0	59.7 (3.60)	7.1 (1.85)	33.2 (3.55)	15.4 (1.32)	6.2 (1.45)	17.2 (1.44)
Hispanic or Latino origin and race:							
Hispanic or Latino	100.0	87.5 (0.46)	4.2 (0.28)	8.3 (0.38)	8.4 (0.30)	3.4 (0.25)	10.7 (0.37)
Mexican or Mexican-American	100.0	89.1 (0.53)	4.5 (0.39)	6.5 (0.39)	7.2 (0.39)	3.1 (0.32)	9.7 (0.52)
Not Hispanic or Latino	100.0	78.0 (0.25)	3.6 (0.10)	18.4 (0.24)	14.8 (0.13)	4.7 (0.13)	16.6 (0.13)
White, single race	100.0	77.2 (0.29)	3.5 (0.11)	19.2 (0.27)	15.4 (0.14)	4.7 (0.15)	17.2 (0.14)
Black or African American, single race	100.0	80.2 (0.61)	4.0 (0.23)	15.8 (0.56)	11.0 (0.22)	5.1 (0.37)	12.4 (0.24)
Education:							
Less than high school graduate	100.0	75.9 (0.53)	3.4 (0.20)	20.6 (0.52)	15.5 (0.27)	5.2 (0.40)	16.9 (0.29)
GED diploma <sup>3</sup>	100.0	53.0 (1.52)	4.6 (0.62)	42.4 (1.55)	18.0 (0.54)	5.8 (0.78)	19.3 (0.54)
High school graduate	100.0	75.9 (0.43)	3.2 (0.17)	20.8 (0.39)	15.1 (0.19)	4.6 (0.26)	16.6 (0.19)
Some college - no degree	100.0	77.8 (0.51)	4.6 (0.23)	17.6 (0.48)	13.3 (0.22)	4.6 (0.22)	15.5 (0.24)
Associate of arts degree	100.0	79.0 (0.71)	4.0 (0.31)	17.0 (0.64)	14.0 (0.34)	4.3 (0.30)	16.1 (0.37)
Bachelor of arts, science degree	100.0	88.0 (0.40)	3.7 (0.27)	8.3 (0.34)	11.2 (0.32)	3.8 (0.20)	14.4 (0.36)
Master's, doctorate, medical degree	100.0	91.5 (0.51)	2.6 (0.29)	5.9 (0.42)	11.9 (0.56)	4.4 (0.69)	15.1 (0.62)
Poverty status: <sup>4</sup>							
Below poverty level	100.0	70.8 (0.83)	5.2 (0.38)	23.9 (0.76)	14.3 (0.32)	4.8 (0.33)	16.3 (0.30)
≥ 1 but < 2 times poverty level	100.0	74.9 (0.58)	3.9 (0.24)	21.2 (0.55)	15.0 (0.27)	4.9 (0.33)	16.7 (0.30)
≥ 2 but < 4 times poverty level	100.0	76.9 (0.42)	3.9 (0.19)	19.3 (0.39)	14.6 (0.21)	4.5 (0.22)	16.4 (0.22)
4 times poverty level or more	100.0	83.1 (0.40)	3.3 (0.19)	13.6 (0.36)	13.8 (0.22)	4.4 (0.21)	16.0 (0.24)
Marital status:							
Never married	100.0	76.7 (0.58)	5.4 (0.30)	18.0 (0.53)	11.7 (0.23)	4.3 (0.25)	13.8 (0.24)
Married	100.0	82.3 (0.29)	2.9 (0.11)	14.8 (0.27)	14.9 (0.18)	4.4 (0.20)	16.8 (0.19)
Cohabiting	100.0	59.9 (1.12)	5.4 (0.52)	34.7 (1.08)	15.3 (0.37)	4.4 (0.43)	16.9 (0.37)
Divorced or separated	100.0	68.1 (0.57)	5.4 (0.26)	26.6 (0.55)	15.2 (0.22)	5.1 (0.23)	17.0 (0.23)
Widowed	100.0	86.5 (0.48)	2.2 (0.18)	11.4 (0.44)	15.0 (0.36)	5.6 (0.69)	16.6 (0.36)
Geographic region:							
Northeast	100.0	79.2 (0.55)	4.3 (0.22)	16.5 (0.52)	13.4 (0.22)	5.1 (0.27)	15.4 (0.25)
Midwest	100.0	76.7 (0.48)	3.6 (0.18)	19.7 (0.47)	15.0 (0.23)	4.6 (0.21)	16.7 (0.23)
South	100.0	78.2 (0.39)	3.3 (0.15)	18.5 (0.37)	15.2 (0.22)	4.5 (0.23)	17.0 (0.22)
West	100.0	83.0 (0.46)	3.8 (0.21)	13.2 (0.40)	12.7 (0.25)	3.9 (0.20)	15.0 (0.26)
Place of residence: <sup>5</sup>							
MSA, central city	100.0	79.4 (0.42)	4.3 (0.19)	16.3 (0.39)	12.9 (0.19)	4.3 (0.17)	15.0 (0.17)
MSA, not central city	100.0	79.9 (0.36)	3.5 (0.13)	16.7 (0.33)	14.4 (0.18)	4.6 (0.19)	16.4 (0.19)
Not MSA	100.0	76.2 (0.51)	3.2 (0.19)	20.6 (0.51)	16.1 (0.27)	4.8 (0.28)	17.6 (0.26)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>2</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>3</sup>GED is General Educational Development high school equivalency diploma.<sup>4</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.<sup>5</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Current cigarette smoking status: Nonsmoker includes never smokers and former smokers; Daily smokers: currently smoked everyday; Nondaily smokers: currently smoked some days, regardless of number of days they smoked. Denominator for each percent distribution excludes persons with unknown current smoking status. Denominators for mean number of cigarettes smoked in a day exclude smokers (daily and nondaily) with unknown number of cigarettes smoked and nondaily smokers who did not smoke in the past 30 days. Estimates reflect usual cigarette consumption on days smoked and do not reflect consumption over a period of time such as a week or a month. See "Appendix II" for definitions of terms.

**Table 4.3. Percent distributions of usual number of cigarettes smoked in a day among all current cigarette smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Usual number of cigarettes smoked in a day <sup>1</sup>				
	Total	Less than 15	15–24	25–34	35 or more
Both sexes		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>2</sup>	100.0	45.7 (0.48)	38.9 (0.40)	8.5 (0.24)	6.8 (0.22)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	45.5 (0.49)	39.1 (0.42)	8.5 (0.25)	6.9 (0.23)
Age:					
18–24 years	100.0	62.1 (1.25)	32.5 (1.17)	3.4 (0.42)	2.0 (0.31)
25–44 years	100.0	45.9 (0.62)	39.1 (0.55)	8.9 (0.34)	6.1 (0.30)
45–64 years	100.0	36.6 (0.67)	41.9 (0.67)	11.0 (0.44)	10.4 (0.44)
65–74 years	100.0	43.7 (1.58)	40.9 (1.47)	8.0 (0.87)	7.4 (0.79)
75 years and over	100.0	55.6 (2.68)	35.1 (2.52)	4.8 (1.00)	4.4 (1.05)
Race:					
White, single race	100.0	41.3 (0.53)	41.4 (0.46)	9.6 (0.28)	7.7 (0.25)
Black or African American, single race	100.0	66.1 (0.90)	28.6 (0.82)	3.0 (0.39)	2.3 (0.30)
American Indian or Alaska Native, single race	100.0	49.9 (4.24)	34.3 (3.43)	8.1 (2.28)	7.7 (2.17)
Asian, single race	100.0	74.4 (3.19)	22.9 (2.94)	*2.1 (0.89)	*0.6 (0.37)
Native Hawaiian or other Pacific Islander, single race	100.0	75.1 (7.85)	*24.0 (7.87)	*0.9 (0.92)	*—
2 or more races	100.0	54.4 (2.75)	27.7 (2.39)	9.6 (1.88)	8.3 (1.69)
Black or African American, white	100.0	73.7 (7.72)	*16.8 (6.28)	*7.0 (4.56)	*2.4 (2.41)
American Indian or Alaska Native, white	100.0	45.2 (4.10)	30.4 (3.69)	13.9 (3.06)	10.4 (2.56)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	76.3 (1.01)	19.2 (0.95)	2.4 (0.38)	2.2 (0.34)
Mexican or Mexican-American	100.0	81.1 (1.17)	14.7 (1.07)	2.8 (0.57)	1.4 (0.41)
Not Hispanic or Latino	100.0	43.0 (0.50)	40.7 (0.43)	9.1 (0.26)	7.2 (0.23)
White, single race	100.0	38.8 (0.55)	43.0 (0.48)	10.1 (0.30)	8.1 (0.27)
Black or African American, single race	100.0	66.0 (0.91)	28.7 (0.83)	3.0 (0.39)	2.3 (0.31)
Education:					
Less than high school graduate	100.0	43.8 (0.88)	38.7 (0.85)	8.8 (0.49)	8.7 (0.52)
GED diploma <sup>4</sup>	100.0	33.3 (1.71)	42.8 (1.61)	13.1 (1.23)	10.8 (1.08)
High school graduate	100.0	40.5 (0.74)	43.5 (0.74)	9.0 (0.42)	7.0 (0.37)
Some college - no degree	100.0	49.8 (0.92)	36.9 (0.83)	7.8 (0.48)	5.5 (0.40)
Associate of arts degree	100.0	47.8 (1.33)	36.7 (1.20)	9.0 (0.75)	6.5 (0.71)
Bachelor of arts, science degree	100.0	60.5 (1.36)	30.3 (1.24)	5.4 (0.54)	3.8 (0.50)
Master's, doctorate, medical degree	100.0	58.4 (2.15)	31.1 (1.91)	6.1 (1.25)	4.5 (0.93)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	49.5 (1.13)	36.4 (1.07)	6.8 (0.56)	7.3 (0.58)
≥ 1 but < 2 times poverty level	100.0	45.9 (0.98)	39.5 (0.92)	8.3 (0.62)	6.3 (0.49)
≥ 2 but < 4 times poverty level	100.0	44.1 (0.77)	39.5 (0.77)	9.4 (0.45)	7.1 (0.39)
4 times poverty level or more	100.0	45.6 (0.90)	39.2 (0.76)	8.7 (0.49)	6.6 (0.40)
Marital status:					
Never married	100.0	57.3 (0.96)	33.2 (0.89)	6.0 (0.44)	3.5 (0.30)
Married	100.0	42.8 (0.67)	40.1 (0.61)	9.2 (0.34)	7.9 (0.34)
Cohabiting	100.0	44.0 (1.15)	40.2 (1.29)	9.2 (0.78)	6.5 (0.66)
Divorced or separated	100.0	39.8 (0.83)	41.8 (0.76)	10.1 (0.45)	8.2 (0.48)
Widowed	100.0	44.8 (1.47)	41.5 (1.53)	7.1 (0.71)	6.6 (0.77)
Geographic region:					
Northeast	100.0	48.8 (1.00)	38.2 (0.80)	7.3 (0.60)	5.8 (0.49)
Midwest	100.0	42.1 (0.91)	40.7 (0.80)	9.5 (0.47)	7.8 (0.42)
South	100.0	42.7 (0.83)	40.0 (0.66)	9.5 (0.40)	7.7 (0.39)
West	100.0	55.3 (0.99)	34.2 (1.02)	6.1 (0.51)	4.4 (0.42)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	53.2 (0.84)	34.7 (0.72)	6.9 (0.42)	5.3 (0.33)
MSA, not central city	100.0	45.3 (0.67)	39.5 (0.58)	8.5 (0.34)	6.7 (0.33)
Not MSA	100.0	37.5 (0.93)	42.9 (0.78)	10.7 (0.57)	9.0 (0.50)

See footnotes at end of table.

**Table 4.3. Percent distributions of usual number of cigarettes smoked in a day among all current cigarette smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Usual number of cigarettes smoked in a day <sup>1</sup>				
	Total	Less than 15	15–24	25–34	35 or more
Men					
Percent distribution (standard error)					
Ages 18 years and over (crude) <sup>2</sup>	100.0	40.9 (0.64)	39.8 (0.58)	10.0 (0.36)	9.3 (0.34)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	40.4 (0.66)	40.1 (0.62)	10.1 (0.39)	9.4 (0.36)
Age:					
18–24 years	100.0	57.3 (1.65)	36.8 (1.62)	3.5 (0.58)	2.4 (0.47)
25–44 years	100.0	41.7 (0.86)	39.5 (0.75)	10.5 (0.53)	8.3 (0.45)
45–64 years	100.0	31.8 (0.94)	41.3 (0.98)	12.5 (0.65)	14.5 (0.75)
65–74 years	100.0	36.3 (2.42)	43.6 (2.35)	11.0 (1.53)	9.0 (1.27)
75 years and over	100.0	47.8 (3.89)	38.1 (3.58)	*6.2 (1.90)	7.9 (2.24)
Race:					
White, single race	100.0	36.0 (0.69)	42.0 (0.63)	11.3 (0.42)	10.6 (0.40)
Black or African American, single race	100.0	61.2 (1.46)	32.3 (1.47)	3.8 (0.70)	2.7 (0.48)
American Indian or Alaska Native, single race	100.0	48.4 (6.26)	32.1 (4.76)	*7.0 (3.63)	*12.5 (3.98)
Asian, single race	100.0	72.7 (3.95)	24.4 (3.64)	*2.5 (1.14)	*0.4 (0.41)
Native Hawaiian or other Pacific Islander, single race	100.0	67.4 (10.44)	*31.3 (10.54)	*1.3 (1.31)	*—
2 or more races	100.0	46.9 (4.07)	32.2 (3.66)	11.0 (2.60)	9.8 (2.78)
Black or African American, white	100.0	58.1 (12.60)	*29.2 (12.14)	*7.5 (5.65)	*5.2 (5.15)
American Indian or Alaska Native, white	100.0	38.3 (5.52)	32.4 (5.38)	15.8 (4.18)	*13.4 (4.35)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	74.0 (1.31)	21.1 (1.24)	2.4 (0.47)	2.4 (0.45)
Mexican or Mexican-American	100.0	79.3 (1.52)	16.2 (1.42)	2.7 (0.66)	*1.7 (0.51)
Not Hispanic or Latino	100.0	37.4 (0.67)	41.8 (0.63)	10.8 (0.39)	10.0 (0.37)
White, single race	100.0	32.5 (0.72)	44.0 (0.68)	12.1 (0.46)	11.4 (0.43)
Black or African American, single race	100.0	61.2 (1.47)	32.4 (1.48)	3.8 (0.71)	2.6 (0.49)
Education:					
Less than high school graduate	100.0	40.1 (1.20)	39.9 (1.14)	9.1 (0.66)	11.0 (0.78)
GED diploma <sup>4</sup>	100.0	30.3 (2.37)	42.5 (2.46)	12.9 (1.67)	14.3 (1.80)
High school graduate	100.0	35.1 (1.06)	44.0 (1.09)	11.1 (0.71)	9.7 (0.59)
Some college - no degree	100.0	44.2 (1.28)	38.4 (1.23)	9.4 (0.77)	8.0 (0.68)
Associate of arts degree	100.0	41.8 (2.01)	37.5 (1.72)	12.0 (1.34)	8.6 (1.10)
Bachelor of arts, science degree	100.0	57.5 (1.89)	30.7 (1.66)	6.4 (0.78)	5.4 (0.81)
Master's, doctorate, medical degree	100.0	55.3 (3.19)	33.0 (2.77)	6.1 (1.59)	5.6 (1.45)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	45.6 (1.63)	36.9 (1.68)	7.8 (0.96)	9.7 (0.96)
≥ 1 but < 2 times poverty level	100.0	42.7 (1.37)	40.1 (1.32)	9.7 (0.86)	7.6 (0.77)
≥ 2 but < 4 times poverty level	100.0	39.2 (1.05)	40.5 (1.09)	10.8 (0.64)	9.6 (0.62)
4 times poverty level or more	100.0	39.9 (1.19)	40.6 (1.09)	10.3 (0.70)	9.2 (0.67)
Marital status:					
Never married	100.0	52.1 (1.19)	36.2 (1.14)	7.5 (0.64)	4.2 (0.43)
Married	100.0	38.6 (0.90)	39.8 (0.82)	10.7 (0.53)	11.0 (0.56)
Cohabiting	100.0	40.3 (1.75)	42.8 (1.92)	8.4 (1.06)	8.4 (1.00)
Divorced or separated	100.0	31.6 (1.14)	43.3 (1.19)	12.7 (0.76)	12.4 (0.81)
Widowed	100.0	30.2 (2.98)	46.4 (3.30)	11.2 (1.97)	12.2 (2.20)
Geographic region:					
Northeast	100.0	42.5 (1.39)	39.4 (1.04)	9.5 (1.03)	8.6 (0.80)
Midwest	100.0	37.2 (1.21)	40.9 (1.01)	11.1 (0.74)	10.8 (0.66)
South	100.0	37.9 (1.09)	41.0 (1.02)	10.9 (0.56)	10.2 (0.61)
West	100.0	52.5 (1.44)	35.4 (1.51)	6.7 (0.62)	5.3 (0.61)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	49.2 (1.13)	35.3 (1.05)	8.2 (0.61)	7.3 (0.56)
MSA, not central city	100.0	40.2 (0.90)	40.9 (0.79)	10.0 (0.52)	8.9 (0.50)
Not MSA	100.0	32.3 (1.19)	43.1 (1.17)	12.0 (0.85)	12.5 (0.81)

See footnotes at end of table.

**Table 4.3. Percent distributions of usual number of cigarettes smoked in a day among all current cigarette smokers 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Usual number of cigarettes smoked in a day <sup>1</sup>				
	Total	Less than 15	15–24	25–34	35 or more
Men					
Percent distribution (standard error)					
Ages 18 years and over (crude) <sup>2</sup>	100.0	50.9 (0.61)	38.0 (0.55)	6.9 (0.29)	4.1 (0.23)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	50.8 (0.62)	38.1 (0.56)	6.8 (0.28)	4.3 (0.24)
Age:					
18–24 years	100.0	67.6 (1.72)	27.4 (1.63)	3.3 (0.63)	1.7 (0.41)
25–44 years	100.0	50.7 (0.83)	38.6 (0.82)	7.0 (0.41)	3.7 (0.34)
45–64 years	100.0	42.1 (0.95)	42.7 (0.85)	9.3 (0.65)	5.9 (0.41)
65–74 years	100.0	50.2 (2.03)	38.4 (1.94)	5.4 (0.79)	6.0 (1.00)
75 years and over	100.0	61.1 (3.30)	33.0 (3.17)	3.9 (1.08)	*2.0 (0.77)
Race:					
White, single race	100.0	47.0 (0.68)	40.7 (0.62)	7.7 (0.33)	4.5 (0.27)
Black or African American, single race	100.0	71.5 (1.22)	24.6 (1.09)	2.1 (0.33)	1.8 (0.36)
American Indian or Alaska Native, single race	100.0	51.1 (5.66)	36.2 (5.35)	*9.1 (3.08)	*3.7 (1.88)
Asian, single race	100.0	79.3 (4.10)	18.6 (3.95)	*1.0 (1.00)	*1.2 (0.83)
Native Hawaiian or other Pacific Islander, single race	100.0	93.1 (7.13)	*6.9 (7.13)	—	—
2 or more races	100.0	63.4 (4.06)	22.2 (3.23)	*7.9 (2.69)	6.4 (1.93)
Black or African American, white	100.0	87.3 (8.50)	*6.1 (4.45)	*6.6 (6.94)	—
American Indian or Alaska Native, white	100.0	54.3 (6.15)	27.8 (5.18)	*11.4 (4.64)	*6.4 (2.29)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	80.3 (1.53)	15.8 (1.33)	2.3 (0.64)	1.7 (0.43)
Mexican or Mexican-American	100.0	84.9 (1.98)	11.5 (1.71)	*2.9 (1.07)	*0.7 (0.42)
Not Hispanic or Latino	100.0	49.0 (0.64)	39.4 (0.57)	7.3 (0.30)	4.3 (0.25)
White, single race	100.0	45.4 (0.70)	42.0 (0.65)	8.0 (0.35)	4.6 (0.28)
Black or African American, single race	100.0	71.3 (1.26)	24.7 (1.13)	2.1 (0.34)	1.9 (0.37)
Education:					
Less than high school graduate	100.0	48.6 (1.27)	37.2 (1.17)	8.5 (0.70)	5.7 (0.57)
GED diploma <sup>4</sup>	100.0	36.7 (2.34)	43.1 (2.27)	13.4 (1.81)	6.9 (1.25)
High school graduate	100.0	46.4 (1.01)	43.0 (0.97)	6.6 (0.48)	4.1 (0.37)
Some college - no degree	100.0	55.4 (1.21)	35.5 (1.14)	6.1 (0.57)	3.0 (0.39)
Associate of arts degree	100.0	53.5 (1.67)	36.0 (1.63)	6.1 (0.87)	4.5 (0.77)
Bachelor of arts, science degree	100.0	64.0 (1.76)	29.8 (1.66)	4.3 (0.77)	1.9 (0.49)
Master's, doctorate, medical degree	100.0	62.2 (3.01)	28.7 (2.91)	6.0 (1.54)	*3.1 (1.05)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	52.8 (1.50)	35.9 (1.31)	6.0 (0.62)	5.2 (0.60)
≥ 1 but < 2 times poverty level	100.0	49.4 (1.29)	38.8 (1.38)	6.9 (0.73)	4.9 (0.61)
≥ 2 but < 4 times poverty level	100.0	50.1 (1.12)	38.2 (1.11)	7.7 (0.60)	4.0 (0.43)
4 times poverty level or more	100.0	52.7 (1.22)	37.4 (1.14)	6.6 (0.58)	3.3 (0.40)
Marital status:					
Never married	100.0	65.0 (1.29)	28.7 (1.21)	3.8 (0.43)	2.5 (0.35)
Married	100.0	47.9 (0.93)	40.5 (0.87)	7.3 (0.46)	4.3 (0.34)
Cohabiting	100.0	48.1 (1.66)	37.4 (1.72)	10.0 (1.14)	4.5 (0.81)
Divorced or separated	100.0	46.9 (1.13)	40.6 (1.04)	7.8 (0.58)	4.7 (0.49)
Widowed	100.0	48.9 (1.69)	40.0 (1.60)	6.0 (0.71)	5.0 (0.80)
Geographic region:					
Northeast	100.0	54.9 (1.24)	37.0 (1.14)	5.1 (0.52)	3.0 (0.41)
Midwest	100.0	47.5 (1.27)	40.5 (1.12)	7.7 (0.57)	4.3 (0.40)
South	100.0	48.2 (1.03)	38.9 (0.91)	8.0 (0.50)	4.9 (0.44)
West	100.0	58.7 (1.31)	32.7 (1.28)	5.3 (0.69)	3.3 (0.50)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	57.7 (1.01)	34.1 (0.95)	5.3 (0.50)	2.9 (0.30)
MSA, not central city	100.0	51.0 (0.88)	38.0 (0.76)	6.8 (0.40)	4.2 (0.35)
Not MSA	100.0	43.0 (1.33)	42.6 (1.31)	9.2 (0.70)	5.3 (0.57)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

— Quantity zero.

<sup>1</sup>Usual number of cigarettes smoked in a day includes the usual cigarette consumption of daily and nondaily smokers combined. Estimates for nondaily smokers reflect number of cigarettes smoked only on the days that they smoked and are limited to those who smoked at least once in the past 30 days.<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>4</sup>GED is General Educational Development high school equivalency diploma.



<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes smokers with unknown number of cigarettes smoked. Estimates reflect usual cigarette consumption on days smoked and do not reflect average cigarette consumption over a period of time such as a week or a month. See "Appendix II" for definitions of terms.

**Table 4.4. Percent distributions of age of smoking initiation among current cigarette smokers 18 years of age and over: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Age first smoked fairly regularly			
		Less than 16 years	16–17 years	18–20 years	21 years and over
Both sexes		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>1</sup>	100.0	31.5 (0.36)	25.3 (0.34)	26.2 (0.36)	17.1 (0.28)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	100.0	30.9 (0.38)	24.2 (0.33)	26.4 (0.38)	18.5 (0.30)
Age:					
18–24 years	100.0	36.1 (1.12)	35.8 (1.19)	24.9 (1.08)	3.2 (0.37)
25–44 years	100.0	32.1 (0.53)	25.5 (0.49)	25.6 (0.49)	16.9 (0.45)
45–64 years	100.0	29.2 (0.60)	21.5 (0.59)	27.5 (0.64)	21.7 (0.55)
65–74 years	100.0	28.6 (1.51)	17.1 (1.09)	27.6 (1.42)	26.7 (1.29)
75 years and over	100.0	22.7 (1.98)	17.2 (1.77)	27.6 (1.96)	32.4 (2.32)
Race:					
White, single race	100.0	32.9 (0.42)	26.0 (0.39)	25.7 (0.41)	15.5 (0.30)
Black or African American, single race	100.0	22.9 (0.74)	22.1 (0.82)	28.2 (1.01)	26.8 (0.85)
American Indian or Alaska Native, single race	100.0	36.3 (5.61)	25.9 (4.73)	24.1 (3.31)	13.6 (1.93)
Asian, single race	100.0	20.4 (2.35)	16.8 (2.45)	35.9 (2.99)	27.0 (2.33)
Native Hawaiian or other Pacific Islander, single race	100.0	*17.0 (7.74)	*32.0 (12.47)	*37.3 (12.86)	*13.7 (7.23)
2 or more races	100.0	32.3 (2.67)	24.6 (2.70)	26.6 (2.82)	16.5 (1.95)
Black or African American, white	100.0	38.8 (9.59)	*13.3 (7.11)	*16.9 (7.11)	*31.0 (9.36)
American Indian or Alaska Native, white	100.0	35.5 (3.62)	26.4 (3.50)	27.2 (3.97)	10.9 (2.29)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	30.9 (1.13)	22.6 (1.00)	27.8 (1.12)	18.6 (0.89)
Mexican or Mexican-American	100.0	30.4 (1.50)	22.2 (1.16)	28.0 (1.53)	19.4 (1.12)
Not Hispanic or Latino	100.0	31.5 (0.39)	25.5 (0.36)	26.1 (0.37)	16.9 (0.30)
White, single race	100.0	32.9 (0.44)	26.2 (0.41)	25.6 (0.42)	15.3 (0.32)
Black or African American, single race	100.0	22.9 (0.76)	22.2 (0.83)	28.1 (1.00)	26.8 (0.86)
Education:					
Less than high school graduate	100.0	42.2 (0.85)	26.0 (0.79)	19.9 (0.68)	11.9 (0.52)
GED diploma <sup>3</sup>	100.0	48.8 (1.96)	26.0 (1.51)	15.8 (1.32)	9.4 (0.98)
High school graduate	100.0	30.3 (0.67)	26.6 (0.65)	26.6 (0.66)	16.5 (0.52)
Some college - no degree	100.0	26.7 (0.79)	25.8 (0.83)	29.2 (0.78)	18.4 (0.66)
Associate of arts degree	100.0	26.4 (1.19)	24.2 (1.13)	29.2 (1.14)	20.1 (1.03)
Bachelor of arts, science degree	100.0	18.6 (1.05)	19.4 (1.17)	35.8 (1.29)	26.3 (1.04)
Master's, doctorate, medical degree	100.0	16.9 (1.83)	19.0 (1.59)	32.5 (2.07)	31.5 (1.90)
Poverty status: <sup>4</sup>					
Below poverty level	100.0	37.4 (1.02)	24.9 (0.91)	22.9 (0.97)	14.8 (0.74)
≥ 1 but < 2 times poverty level	100.0	35.0 (0.91)	25.3 (0.83)	23.4 (0.79)	16.3 (0.62)
≥ 2 but < 4 times poverty level	100.0	31.9 (0.76)	25.4 (0.66)	26.3 (0.65)	16.3 (0.55)
4 times poverty level or more	100.0	26.3 (0.72)	25.1 (0.74)	29.5 (0.78)	19.1 (0.64)
Marital status:					
Never married	100.0	30.4 (0.80)	29.9 (0.87)	27.0 (0.82)	12.8 (0.50)
Married	100.0	31.7 (0.53)	24.3 (0.50)	26.2 (0.57)	17.7 (0.48)
Cohabiting	100.0	36.7 (1.22)	26.5 (1.12)	23.7 (1.10)	13.1 (0.80)
Divorced or separated	100.0	30.9 (0.78)	23.0 (0.69)	26.6 (0.73)	19.6 (0.65)
Widowed	100.0	23.8 (1.30)	18.2 (1.21)	27.2 (1.40)	30.8 (1.41)
Geographic region:					
Northeast	100.0	32.3 (0.78)	24.8 (0.84)	27.0 (0.90)	15.9 (0.63)
Midwest	100.0	30.3 (0.72)	26.9 (0.73)	26.7 (0.65)	16.1 (0.53)
South	100.0	32.2 (0.57)	25.0 (0.48)	25.2 (0.56)	17.6 (0.47)
West	100.0	31.0 (0.99)	23.6 (0.82)	26.8 (0.86)	18.7 (0.71)
Place of residence: <sup>5</sup>					
MSA, central city	100.0	30.8 (0.62)	23.8 (0.58)	26.4 (0.65)	18.9 (0.52)
MSA, not central city	100.0	30.7 (0.54)	26.1 (0.52)	26.7 (0.53)	16.5 (0.45)
Not MSA	100.0	33.7 (0.75)	25.2 (0.74)	25.1 (0.69)	16.0 (0.55)

See footnotes at end of table.

**Table 4.4. Percent distributions of age of smoking initiation among current cigarette smokers 18 years of age and over: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Age first smoked fairly regularly			
		Less than 16 years	16–17 years	18–20 years	21 years and over
Men		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>1</sup>	100.0	34.2 (0.55)	25.8 (0.50)	25.2 (0.51)	14.8 (0.38)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	100.0	35.2 (0.59)	24.8 (0.51)	25.2 (0.56)	14.7 (0.40)
Age:					
18–24 years	100.0	34.2 (1.58)	37.8 (1.69)	25.0 (1.47)	3.0 (0.50)
25–44 years	100.0	32.1 (0.75)	25.3 (0.71)	25.2 (0.70)	17.4 (0.63)
45–64 years	100.0	35.6 (0.94)	21.9 (0.83)	25.4 (0.92)	17.0 (0.72)
65–74 years	100.0	44.3 (2.45)	18.3 (1.76)	25.1 (2.10)	12.4 (1.51)
75 years and over	100.0	38.5 (3.70)	19.1 (3.06)	25.3 (3.16)	17.0 (3.02)
Race:					
White, single race	100.0	36.0 (0.63)	26.5 (0.57)	24.3 (0.58)	13.2 (0.41)
Black or African American, single race	100.0	24.9 (1.32)	23.8 (1.39)	28.0 (1.56)	23.3 (1.31)
American Indian or Alaska Native, single race	100.0	36.1 (7.80)	25.0 (6.42)	26.9 (4.70)	12.0 (3.59)
Asian, single race	100.0	21.8 (2.97)	15.6 (2.76)	37.5 (3.84)	25.1 (2.85)
Native Hawaiian or other Pacific Islander, single race	100.0	*18.7 (9.28)	*25.0 (14.88)	*43.9 (17.03)	*12.5 (9.45)
2 or more races	100.0	35.5 (3.74)	23.9 (3.86)	27.2 (4.22)	13.4 (2.27)
Black or African American, white	100.0	*41.7 (13.48)	*21.7 (13.68)	*13.5 (9.25)	*23.1 (11.74)
American Indian or Alaska Native, white	100.0	40.3 (5.30)	22.8 (4.42)	30.1 (5.14)	*6.8 (2.38)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	31.3 (1.45)	25.3 (1.29)	27.8 (1.45)	15.5 (1.09)
Mexican or Mexican-American	100.0	31.8 (1.89)	24.6 (1.58)	27.5 (1.91)	16.2 (1.38)
Not Hispanic or Latino	100.0	34.5 (0.60)	25.9 (0.54)	25.0 (0.54)	14.7 (0.41)
White, single race	100.0	36.2 (0.68)	26.6 (0.61)	24.0 (0.62)	13.1 (0.44)
Black or African American, single race	100.0	24.8 (1.34)	23.9 (1.41)	28.0 (1.57)	23.4 (1.33)
Education:					
Less than high school graduate	100.0	45.4 (1.22)	26.9 (1.09)	19.6 (0.96)	8.0 (0.64)
GED diploma <sup>3</sup>	100.0	51.0 (2.70)	26.0 (2.37)	14.8 (1.94)	8.2 (1.25)
High school graduate	100.0	33.1 (0.97)	28.4 (0.90)	25.2 (0.94)	13.3 (0.69)
Some college - no degree	100.0	27.5 (1.14)	25.4 (1.10)	29.5 (1.17)	17.6 (1.00)
Associate of arts degree	100.0	29.6 (1.90)	23.9 (1.64)	27.2 (1.79)	19.3 (1.66)
Bachelor of arts, science degree	100.0	20.8 (1.46)	18.8 (1.64)	33.9 (1.74)	26.6 (1.62)
Master's, doctorate, medical degree	100.0	19.9 (2.72)	18.1 (2.26)	30.8 (2.90)	31.1 (2.65)
Poverty status: <sup>4</sup>					
Below poverty level	100.0	41.9 (1.57)	26.0 (1.49)	21.8 (1.41)	10.3 (0.92)
≥ 1 but < 2 times poverty level	100.0	38.9 (1.35)	25.0 (1.18)	23.0 (1.13)	13.1 (0.87)
≥ 2 but < 4 times poverty level	100.0	33.3 (0.98)	25.9 (0.89)	25.6 (0.90)	15.1 (0.76)
4 times poverty level or more	100.0	29.5 (1.05)	25.1 (0.97)	27.3 (1.07)	18.1 (0.88)
Marital status:					
Never married	100.0	29.6 (1.13)	30.7 (1.16)	27.2 (1.04)	12.5 (0.61)
Married	100.0	35.7 (0.80)	24.3 (0.74)	24.6 (0.74)	15.4 (0.63)
Cohabiting	100.0	36.3 (1.78)	27.4 (1.69)	22.3 (1.58)	14.0 (1.17)
Divorced or separated	100.0	33.9 (1.13)	22.8 (1.00)	26.3 (1.11)	16.9 (0.86)
Widowed	100.0	43.2 (3.59)	17.6 (2.32)	24.7 (2.93)	14.5 (2.27)
Geographic region:					
Northeast	100.0	34.7 (1.37)	25.4 (1.26)	25.7 (1.28)	14.1 (0.87)
Midwest	100.0	32.5 (1.00)	27.0 (1.04)	26.5 (1.00)	13.9 (0.73)
South	100.0	35.4 (0.91)	25.9 (0.76)	24.1 (0.79)	14.6 (0.60)
West	100.0	33.5 (1.37)	24.0 (1.18)	25.3 (1.19)	17.2 (0.97)
Place of residence: <sup>5</sup>					
MSA, central city	100.0	33.2 (0.94)	24.4 (0.86)	25.7 (0.85)	16.8 (0.72)
MSA, not central city	100.0	33.0 (0.82)	26.7 (0.79)	25.9 (0.79)	14.4 (0.62)
Not MSA	100.0	37.8 (1.17)	25.8 (0.97)	23.3 (0.96)	13.0 (0.70)

See footnotes at end of table.

**Table 4.4. Percent distributions of age of smoking initiation among current cigarette smokers 18 years of age and over: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Age first smoked fairly regularly			
		Less than 16 years	16–17 years	18–20 years	21 years and over
Women		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>1</sup>	100.0	28.5 (0.48)	24.6 (0.48)	27.3 (0.47)	19.6 (0.45)
Ages 18 years and over (age-adjusted) <sup>1,2</sup>	100.0	26.8 (0.44)	23.6 (0.47)	27.6 (0.50)	22.0 (0.48)
Age:					
18–24 years	100.0	38.3 (1.52)	33.5 (1.52)	24.7 (1.40)	3.5 (0.56)
25–44 years	100.0	32.1 (0.76)	25.6 (0.70)	26.0 (0.70)	16.2 (0.65)
45–64 years	100.0	21.9 (0.76)	21.0 (0.83)	29.9 (0.87)	27.2 (0.83)
65–74 years	100.0	15.1 (1.37)	16.1 (1.47)	29.9 (1.98)	39.0 (1.94)
75 years and over	100.0	11.3 (1.82)	15.9 (2.05)	29.3 (2.56)	43.5 (3.10)
Race:					
White, single race	100.0	29.5 (0.54)	25.4 (0.52)	27.2 (0.53)	17.9 (0.49)
Black or African American, single race	100.0	20.8 (0.98)	20.2 (1.09)	28.4 (1.13)	30.6 (1.28)
American Indian or Alaska Native, single race	100.0	36.5 (7.02)	26.7 (5.55)	21.9 (4.19)	14.9 (3.18)
Asian, single race	100.0	16.1 (3.98)	20.2 (5.32)	31.1 (5.36)	32.5 (4.86)
Native Hawaiian or other Pacific Islander, single race	100.0	*12.6 (12.20)	*50.1 (18.22)	*20.6 (11.55)	*16.7 (9.41)
2 or more races	100.0	28.5 (3.84)	25.4 (3.69)	25.8 (3.73)	20.3 (3.36)
Black or African American, white	100.0	*36.1 (13.79)	*5.7 (3.47)	*20.0 (10.45)	*38.2 (14.09)
American Indian or Alaska Native, white	100.0	29.1 (5.14)	31.3 (5.78)	23.3 (5.53)	16.3 (4.41)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	30.2 (1.65)	17.8 (1.44)	27.8 (1.74)	24.2 (1.50)
Mexican or Mexican-American	100.0	27.4 (2.34)	17.2 (1.73)	29.0 (2.54)	26.3 (2.19)
Not Hispanic or Latino	100.0	28.4 (0.50)	25.1 (0.50)	27.3 (0.48)	19.3 (0.47)
White, single race	100.0	29.5 (0.56)	25.7 (0.54)	27.2 (0.53)	17.6 (0.50)
Black or African American, single race	100.0	20.7 (1.00)	20.4 (1.10)	28.3 (1.13)	30.6 (1.29)
Education:					
Less than high school graduate	100.0	38.1 (1.12)	25.0 (1.12)	20.1 (0.88)	16.8 (0.88)
GED diploma <sup>3</sup>	100.0	46.4 (2.66)	26.0 (2.14)	16.9 (1.85)	10.8 (1.51)
High school graduate	100.0	27.4 (0.85)	24.7 (0.93)	28.0 (0.91)	19.9 (0.79)
Some college - no degree	100.0	25.8 (1.04)	26.1 (1.20)	28.9 (1.05)	19.1 (0.94)
Associate of arts degree	100.0	23.5 (1.45)	24.6 (1.52)	31.1 (1.61)	20.9 (1.36)
Bachelor of arts, science degree	100.0	16.0 (1.37)	20.1 (1.58)	37.9 (1.85)	25.9 (1.52)
Master's, doctorate, medical degree	100.0	13.1 (2.27)	20.2 (2.44)	34.6 (2.92)	32.0 (2.94)
Poverty status: <sup>4</sup>					
Below poverty level	100.0	33.7 (1.33)	23.9 (1.17)	23.9 (1.22)	18.6 (1.06)
≥ 1 but < 2 times poverty level	100.0	30.8 (1.27)	25.6 (1.23)	23.8 (1.10)	19.7 (1.01)
≥ 2 but < 4 times poverty level	100.0	30.2 (1.11)	24.8 (0.98)	27.1 (0.88)	17.8 (0.79)
4 times poverty level or more	100.0	22.4 (1.01)	25.0 (1.09)	32.2 (1.09)	20.5 (0.91)
Marital status:					
Never married	100.0	31.5 (1.17)	28.7 (1.26)	26.6 (1.16)	13.1 (0.74)
Married	100.0	27.0 (0.73)	24.3 (0.74)	28.1 (0.77)	20.5 (0.72)
Cohabiting	100.0	37.1 (1.73)	25.6 (1.65)	25.1 (1.50)	12.2 (1.16)
Divorced or separated	100.0	28.3 (0.98)	23.1 (0.91)	26.8 (0.94)	21.9 (0.95)
Widowed	100.0	18.1 (1.32)	18.4 (1.42)	27.9 (1.55)	35.5 (1.63)
Geographic region:					
Northeast	100.0	30.0 (1.09)	24.3 (1.20)	28.2 (1.09)	17.5 (1.11)
Midwest	100.0	27.7 (0.96)	26.8 (1.02)	26.9 (0.87)	18.5 (0.76)
South	100.0	28.5 (0.78)	23.9 (0.70)	26.5 (0.79)	21.1 (0.78)
West	100.0	27.9 (1.07)	23.0 (1.08)	28.7 (1.09)	20.4 (1.05)
Place of residence: <sup>5</sup>					
MSA, central city	100.0	28.1 (0.90)	23.1 (0.85)	27.3 (0.85)	21.4 (0.72)
MSA, not central city	100.0	28.3 (0.68)	25.5 (0.70)	27.5 (0.71)	18.7 (0.66)
Not MSA	100.0	29.3 (0.98)	24.6 (1.12)	26.9 (1.06)	19.2 (0.92)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>2</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>3</sup>GED is General Educational Development high school equivalency diploma.<sup>4</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.<sup>5</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes current smokers with unknown age of smoking initiation. See "Appendix II" for definitions of terms.

**Table 4.5. Percent of current cigarette smokers 18 years of age and over who tried to quit smoking in the past year, by current smoking status and selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	All smokers	Nondaily smokers	Daily smokers
Both sexes			
Percent who tried to quit (standard error)			
Ages 18 years and over (crude) <sup>1</sup> . . . . .	43.3 (0.43)	54.3 (0.92)	40.9 (0.46)
Ages 18 years and over (age-adjusted) <sup>1,2</sup> . . . . .	42.4 (0.44)	54.3 (0.97)	39.9 (0.47)
Age:			
18–24 years . . . . .	54.2 (1.09)	60.8 (2.14)	52.2 (1.23)
25–44 years . . . . .	43.5 (0.64)	50.8 (1.27)	41.9 (0.68)
45–64 years . . . . .	39.4 (0.71)	56.4 (1.73)	36.4 (0.76)
65–74 years . . . . .	37.8 (1.52)	53.9 (3.55)	34.7 (1.63)
75 years and over . . . . .	30.6 (2.28)	50.5 (6.01)	26.6 (2.26)
Race:			
White, single race . . . . .	42.6 (0.46)	53.9 (1.05)	40.3 (0.51)
Black or African American, single race . . . . .	46.3 (1.13)	55.2 (2.23)	43.7 (1.25)
American Indian or Alaska Native, single race . . . . .	44.1 (4.15)	34.8 (8.47)	46.2 (4.51)
Asian, single race . . . . .	49.4 (3.08)	64.3 (5.91)	45.5 (3.49)
Native Hawaiian or other Pacific Islander, single race . . . . .	74.4 (11.21)	94.9 (5.35)	65.1 (12.43)
2 or more races . . . . .	47.2 (3.16)	56.8 (7.23)	45.0 (3.29)
Black or African American, white . . . . .	41.1 (9.13)	79.8 (19.66)	37.1 (9.48)
American Indian or Alaska Native, white . . . . .	45.0 (4.27)	52.6 (10.24)	43.4 (4.56)
Hispanic or Latino origin and race:			
Hispanic or Latino . . . . .	42.6 (1.22)	46.4 (2.11)	40.4 (1.47)
Mexican or Mexican-American . . . . .	41.6 (1.58)	47.1 (2.47)	37.5 (1.94)
Not Hispanic or Latino . . . . .	43.4 (0.45)	55.8 (0.99)	41.0 (0.48)
White, single race . . . . .	42.8 (0.49)	55.8 (1.13)	40.4 (0.52)
Black or African American, single race . . . . .	46.2 (1.13)	55.1 (2.24)	43.7 (1.25)
Education:			
Less than high school graduate . . . . .	41.2 (0.86)	56.4 (1.98)	38.4 (0.96)
GED diploma <sup>3</sup> . . . . .	45.0 (1.72)	59.7 (4.65)	43.0 (1.89)
High school graduate . . . . .	40.5 (0.75)	53.4 (1.83)	38.3 (0.81)
Some college - no degree . . . . .	47.4 (0.88)	56.5 (1.87)	45.0 (0.98)
Associate of arts degree . . . . .	48.0 (1.31)	58.5 (2.77)	45.6 (1.47)
Bachelor of arts, science degree . . . . .	46.1 (1.33)	50.1 (2.44)	44.4 (1.59)
Master's, doctorate, medical degree . . . . .	41.2 (2.28)	44.7 (3.67)	39.5 (2.66)
Poverty status: <sup>4</sup>			
Below poverty level . . . . .	45.1 (1.05)	55.0 (2.61)	42.8 (1.07)
≥ 1 but < 2 times poverty level . . . . .	44.7 (0.90)	58.8 (2.28)	41.9 (0.95)
≥ 2 but < 4 times poverty level . . . . .	44.7 (0.74)	55.2 (1.93)	42.6 (0.82)
4 times poverty level or more . . . . .	43.7 (0.82)	51.9 (1.78)	41.6 (0.92)
Marital status:			
Never married . . . . .	46.4 (0.81)	54.2 (1.70)	43.9 (0.91)
Married . . . . .	43.0 (0.62)	54.0 (1.45)	40.8 (0.68)
Cohabiting . . . . .	46.5 (1.24)	57.1 (3.16)	44.6 (1.38)
Divorced or separated . . . . .	40.5 (0.86)	54.4 (1.94)	38.0 (0.91)
Widowed . . . . .	35.8 (1.55)	53.8 (3.72)	32.8 (1.61)
Geographic region:			
Northeast . . . . .	46.4 (1.04)	55.9 (2.02)	44.0 (1.17)
Midwest . . . . .	43.3 (0.78)	54.2 (1.89)	41.2 (0.77)
South . . . . .	41.0 (0.70)	52.4 (1.64)	38.8 (0.79)
West . . . . .	45.6 (0.99)	56.0 (1.92)	42.3 (1.03)
Place of residence: <sup>5</sup>			
MSA, central city . . . . .	43.6 (0.72)	53.8 (1.43)	40.7 (0.81)
MSA, not central city . . . . .	43.7 (0.64)	53.9 (1.42)	41.5 (0.71)
Not MSA . . . . .	42.3 (0.89)	56.4 (2.24)	40.2 (0.86)

See footnotes at end of table.

**Table 4.5. Percent of current cigarette smokers 18 years of age and over who tried to quit smoking in the past year, by current smoking status and selected characteristics: United States, average annual, 1999–2001—Con**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	All smokers	Nondaily smokers	Daily smokers
Men			
Percent who tried to quit (standard error)			
Ages 18 years and over (crude) <sup>1</sup> . . . . .	42.1 (0.57)	51.9 (1.31)	39.9 (0.63)
Ages 18 years and over (age-adjusted) <sup>1,2</sup> . . . . .	41.1 (0.58)	51.9 (1.44)	39.0 (0.64)
Age:			
18–24 years . . . . .	52.8 (1.62)	61.0 (2.88)	50.1 (1.84)
25–44 years . . . . .	41.8 (0.87)	47.4 (1.78)	40.5 (0.96)
45–64 years . . . . .	38.5 (0.95)	53.5 (2.41)	35.9 (1.00)
65–74 years . . . . .	36.8 (2.27)	47.4 (6.62)	35.3 (2.43)
75 years and over . . . . .	29.7 (3.31)	57.1 (10.41)	24.7 (3.19)
Race:			
White, single race . . . . .	41.0 (0.62)	51.1 (1.50)	38.9 (0.68)
Black or African American, single race . . . . .	46.0 (1.56)	52.7 (3.42)	43.9 (1.76)
American Indian or Alaska Native, single race . . . . .	46.9 (6.26)	*29.7 (11.99)	50.1 (6.42)
Asian, single race . . . . .	50.0 (3.54)	63.8 (7.70)	46.8 (3.75)
Native Hawaiian or other Pacific Islander, single race . . . . .	74.8 (14.70)	100 (0.00)	60.2 (16.38)
2 or more races . . . . .	43.3 (4.56)	55.8 (10.62)	40.8 (4.67)
Black or African American, white . . . . .	*27.0 (12.75)	100 (0.00)	*24.5 (13.04)
American Indian or Alaska Native, white . . . . .	42.0 (5.93)	*39.0 (14.07)	42.6 (6.11)
Hispanic or Latino origin and race:			
Hispanic or Latino . . . . .	40.9 (1.58)	44.1 (2.61)	38.9 (2.00)
Mexican or Mexican-American . . . . .	39.1 (1.97)	43.3 (2.98)	35.9 (2.55)
Not Hispanic or Latino . . . . .	42.2 (0.61)	53.8 (1.50)	40.0 (0.65)
White, single race . . . . .	41.3 (0.65)	53.7 (1.71)	39.0 (0.71)
Black or African American, single race . . . . .	46.1 (1.57)	52.6 (3.40)	44.1 (1.78)
Education:			
Less than high school graduate . . . . .	39.6 (1.16)	52.3 (2.73)	37.2 (1.24)
GED diploma <sup>3</sup> . . . . .	45.1 (2.49)	59.2 (6.55)	42.8 (2.67)
High school graduate . . . . .	38.7 (0.99)	50.2 (2.71)	36.7 (1.02)
Some college - no degree . . . . .	46.2 (1.24)	54.6 (2.70)	44.0 (1.38)
Associate of arts degree . . . . .	47.9 (1.94)	60.9 (4.34)	45.0 (2.14)
Bachelor of arts, science degree . . . . .	46.0 (1.96)	47.2 (3.65)	45.6 (2.27)
Master's, doctorate, medical degree . . . . .	42.1 (3.02)	44.8 (4.79)	40.6 (3.73)
Poverty status: <sup>4</sup>			
Below poverty level . . . . .	42.2 (1.55)	51.4 (3.52)	40.0 (1.72)
≥ 1 but < 2 times poverty level . . . . .	42.4 (1.35)	57.2 (3.35)	39.3 (1.42)
≥ 2 but < 4 times poverty level . . . . .	43.7 (1.03)	53.2 (2.55)	41.8 (1.16)
4 times poverty level or more . . . . .	44.0 (1.12)	50.0 (2.31)	42.4 (1.31)
Marital status:			
Never married . . . . .	45.0 (1.09)	51.9 (2.22)	42.7 (1.25)
Married . . . . .	42.5 (0.81)	51.4 (2.07)	40.7 (0.88)
Cohabiting . . . . .	44.8 (1.82)	57.4 (4.24)	42.2 (2.04)
Divorced or separated . . . . .	35.0 (1.24)	49.0 (3.23)	32.6 (1.25)
Widowed . . . . .	32.3 (2.88)	57.9 (9.86)	29.7 (3.10)
Geographic region:			
Northeast . . . . .	45.0 (1.52)	52.6 (3.17)	43.1 (1.76)
Midwest . . . . .	41.2 (1.09)	53.0 (2.82)	39.0 (1.08)
South . . . . .	40.5 (0.87)	50.0 (2.21)	38.5 (1.00)
West . . . . .	44.4 (1.36)	52.9 (2.51)	41.5 (1.37)
Place of residence: <sup>5</sup>			
MSA, central city . . . . .	42.0 (1.02)	50.5 (2.06)	39.6 (1.11)
MSA, not central city . . . . .	42.8 (0.84)	51.9 (2.04)	40.8 (0.95)
Not MSA . . . . .	40.7 (1.10)	54.7 (2.76)	38.5 (1.12)

See footnotes at end of table.

**Table 4.5. Percent of current cigarette smokers 18 years of age and over who tried to quit smoking in the past year, by current smoking status and selected characteristics: United States, average annual, 1999–2001—Con**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	All smokers	Nondaily smokers	Daily smokers
Women			
Percent who tried to quit (standard error)			
Ages 18 years and over (crude) <sup>1</sup> . . . . .	44.7 (0.57)	57.2 (1.16)	42.1 (0.61)
Ages 18 years and over (age-adjusted) <sup>1,2</sup> . . . . .	43.7 (0.57)	57.1 (1.22)	41.0 (0.61)
Age:			
18–24 years . . . . .	55.9 (1.53)	60.6 (3.13)	54.6 (1.72)
25–44 years . . . . .	45.4 (0.85)	55.1 (1.75)	43.4 (0.89)
45–64 years . . . . .	40.3 (1.02)	59.7 (2.50)	37.0 (1.08)
65–74 years . . . . .	38.6 (2.06)	57.4 (4.44)	34.1 (2.16)
75 years and over . . . . .	31.3 (2.95)	46.6 (7.17)	28.0 (2.92)
Race:			
White, single race . . . . .	44.3 (0.63)	57.0 (1.34)	41.7 (0.68)
Black or African American, single race . . . . .	46.6 (1.57)	58.5 (2.40)	43.5 (1.76)
American Indian or Alaska Native, single race . . . . .	41.7 (5.40)	*37.9 (12.28)	42.8 (5.33)
Asian, single race . . . . .	47.6 (5.88)	65.4 (8.44)	41.3 (6.99)
Native Hawaiian or other Pacific Islander, single race . . . . .	73.4 (13.64)	*67.3 (31.14)	74.6 (16.56)
2 or more races . . . . .	51.8 (3.73)	57.7 (9.34)	50.3 (4.29)
Black or African American, white . . . . .	53.3 (11.23)	*75.8 (23.97)	49.5 (12.09)
American Indian or Alaska Native, white . . . . .	48.8 (5.58)	69.0 (12.63)	44.4 (6.42)
Hispanic or Latino origin and race:			
Hispanic or Latino . . . . .	45.6 (1.84)	51.0 (3.67)	42.8 (1.96)
Mexican or Mexican-American . . . . .	46.8 (2.76)	55.6 (4.66)	40.6 (2.94)
Not Hispanic or Latino . . . . .	44.7 (0.59)	58.0 (1.23)	42.1 (0.63)
White, single race . . . . .	44.3 (0.65)	58.0 (1.43)	41.8 (0.70)
Black or African American, single race . . . . .	46.3 (1.59)	58.4 (2.47)	43.3 (1.77)
Education:			
Less than high school graduate . . . . .	43.2 (1.18)	62.5 (2.71)	40.0 (1.29)
GED diploma <sup>3</sup> . . . . .	44.8 (2.41)	60.5 (6.56)	43.1 (2.63)
High school graduate . . . . .	42.3 (1.04)	57.4 (2.35)	40.0 (1.11)
Some college - no degree . . . . .	48.6 (1.24)	58.6 (2.41)	46.0 (1.42)
Associate of arts degree . . . . .	48.1 (1.81)	56.3 (3.85)	46.2 (2.04)
Bachelor of arts, science degree . . . . .	46.2 (1.74)	53.4 (3.14)	43.0 (2.02)
Master's, doctorate, medical degree . . . . .	40.1 (3.21)	44.4 (5.48)	38.2 (3.92)
Poverty status: <sup>4</sup>			
Below poverty level . . . . .	47.5 (1.25)	58.3 (3.30)	45.2 (1.32)
≥ 1 but < 2 times poverty level . . . . .	47.2 (1.24)	60.7 (2.75)	44.7 (1.35)
≥ 2 but < 4 times poverty level . . . . .	45.9 (1.10)	57.7 (2.51)	43.6 (1.20)
4 times poverty level or more . . . . .	43.3 (1.24)	54.6 (2.68)	40.6 (1.34)
Marital status:			
Never married . . . . .	48.4 (1.24)	57.7 (2.39)	45.6 (1.41)
Married . . . . .	43.5 (0.91)	57.2 (2.00)	40.8 (0.98)
Cohabiting . . . . .	48.3 (1.74)	56.6 (4.49)	47.0 (1.92)
Divorced or separated . . . . .	45.3 (1.06)	58.5 (2.40)	42.7 (1.17)
Widowed . . . . .	36.8 (1.75)	53.1 (3.96)	33.7 (1.87)
Geographic region:			
Northeast . . . . .	47.8 (1.30)	58.9 (2.41)	44.9 (1.45)
Midwest . . . . .	45.6 (1.05)	55.6 (2.25)	43.8 (1.12)
South . . . . .	41.5 (0.93)	55.4 (1.98)	39.1 (1.00)
West . . . . .	47.0 (1.44)	60.2 (2.80)	43.3 (1.51)
Place of residence: <sup>5</sup>			
MSA, central city . . . . .	45.4 (1.00)	58.0 (1.88)	42.0 (1.16)
MSA, not central city . . . . .	44.6 (0.85)	56.2 (1.76)	42.2 (0.93)
Not MSA . . . . .	44.1 (1.19)	58.2 (2.91)	42.0 (1.18)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>2</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>3</sup>GED is General Educational Development high school equivalency diploma.<sup>4</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.<sup>5</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent excludes current smokers for whom information on attempting to quit smoking is unknown. See "Appendix II" for definitions of terms.

**Table 5.1. Percent of adults 18 years of age and over who were physically inactive during their leisure time, and percent of adults 18 years of age and over who engaged in at least some physical activity for at least 10 minutes per episode, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

## INTERNET RELEASE ONLY

Selected characteristic	Physically inactive <sup>1</sup>			At least some physical activity <sup>2</sup>		
	Both sexes	Men	Women	Both sexes	Men	Women
	Percent (standard error)					
Ages 18 years and over (crude) <sup>3</sup>	38.4 (0.32)	35.4 (0.39)	41.2 (0.36)	61.6 (0.32)	64.6 (0.39)	58.8 (0.36)
Ages 18 years and over (age-adjusted) <sup>3,4</sup>	38.6 (0.32)	35.8 (0.38)	41.0 (0.36)	61.4 (0.32)	64.2 (0.38)	59.0 (0.36)
Age						
18–24 years	29.9 (0.68)	25.3 (0.90)	34.4 (0.87)	70.1 (0.68)	74.7 (0.90)	65.6 (0.87)
25–44 years	33.7 (0.39)	31.4 (0.48)	36.0 (0.47)	66.3 (0.39)	68.6 (0.48)	64.0 (0.47)
45–64 years	40.5 (0.44)	39.8 (0.59)	41.3 (0.53)	59.5 (0.44)	60.2 (0.59)	58.7 (0.53)
65–74 years	46.6 (0.63)	42.1 (0.93)	50.3 (0.78)	53.4 (0.63)	57.9 (0.93)	49.7 (0.78)
75 years and over	60.8 (0.69)	54.4 (1.08)	65.0 (0.77)	39.2 (0.69)	45.6 (1.08)	35.0 (0.77)
Race						
White, single race	36.7 (0.35)	34.2 (0.43)	39.0 (0.39)	63.3 (0.35)	65.8 (0.43)	61.0 (0.39)
Black or African American, single race	49.0 (0.71)	42.8 (0.98)	54.0 (0.82)	51.0 (0.71)	57.2 (0.98)	46.0 (0.82)
American Indian or Alaska Native, single race	46.9 (3.53)	40.3 (4.37)	53.2 (4.39)	53.1 (3.53)	59.7 (4.37)	46.8 (4.39)
Asian, single race	37.9 (1.30)	33.4 (2.14)	42.3 (1.51)	62.1 (1.30)	66.6 (2.14)	57.7 (1.51)
Native Hawaiian or other Pacific Islander, single race	31.2 (6.62)	32.4 (8.41)	*29.0 (9.06)	68.8 (6.62)	67.6 (8.41)	71.0 (9.06)
2 or more races	29.8 (1.58)	26.2 (2.32)	33.5 (2.20)	70.2 (1.58)	73.8 (2.32)	66.5 (2.20)
Black or African American, white	32.4 (4.92)	*18.4 (6.30)	44.9 (6.92)	67.6 (4.92)	81.6 (6.30)	55.1 (6.92)
American Indian or Alaska Native, white	30.1 (2.43)	28.1 (3.46)	32.7 (4.03)	69.9 (2.43)	71.9 (3.46)	67.3 (4.03)
Hispanic or Latino origin and race						
Hispanic or Latino	53.1 (0.59)	50.3 (0.85)	55.8 (0.75)	46.9 (0.59)	49.7 (0.85)	44.2 (0.75)
Mexican or Mexican-American	53.7 (0.77)	51.4 (1.09)	56.0 (0.93)	46.3 (0.77)	48.6 (1.09)	44.0 (0.93)
Not Hispanic or Latino	36.7 (0.34)	33.6 (0.41)	39.5 (0.38)	63.3 (0.34)	66.4 (0.41)	60.5 (0.38)
White, single race	34.8 (0.37)	32.3 (0.45)	37.0 (0.41)	65.2 (0.37)	67.7 (0.45)	63.0 (0.41)
Black or African American, single race	49.1 (0.71)	42.8 (0.98)	54.2 (0.83)	50.9 (0.71)	57.2 (0.98)	45.8 (0.83)
Education						
Less than high school graduate	60.0 (0.56)	56.2 (0.78)	63.6 (0.67)	40.0 (0.56)	43.8 (0.78)	36.4 (0.67)
GED diploma <sup>5</sup>	47.7 (1.22)	44.6 (1.75)	50.9 (1.63)	52.3 (1.22)	55.4 (1.75)	49.1 (1.63)
High school graduate	43.6 (0.46)	40.8 (0.63)	45.9 (0.52)	56.4 (0.46)	59.2 (0.63)	54.1 (0.52)
Some college - no degree	32.8 (0.51)	29.5 (0.68)	35.7 (0.63)	67.2 (0.51)	70.5 (0.68)	64.3 (0.63)
Associate of arts degree	31.3 (0.67)	29.2 (1.01)	33.0 (0.82)	68.7 (0.67)	70.8 (1.01)	67.0 (0.82)
Bachelor of arts, science degree	22.6 (0.44)	20.4 (0.59)	24.7 (0.57)	77.4 (0.44)	79.6 (0.59)	75.3 (0.57)
Master's, doctorate, medical degree	19.0 (0.60)	17.0 (0.75)	21.4 (0.84)	81.0 (0.60)	83.0 (0.75)	78.6 (0.84)
Poverty status <sup>6</sup>						
Below poverty level	52.1 (0.96)	47.8 (1.35)	55.1 (0.99)	47.9 (0.96)	52.2 (1.35)	44.9 (0.99)
≥ 1 but < 2 times poverty level	50.1 (0.62)	47.2 (0.89)	52.5 (0.73)	49.9 (0.62)	52.8 (0.89)	47.5 (0.73)
≥ 2 but < 4 times poverty level	36.7 (0.47)	35.4 (0.63)	38.0 (0.58)	63.3 (0.47)	64.6 (0.63)	62.0 (0.58)
4 times poverty level or more	24.4 (0.39)	22.8 (0.48)	26.1 (0.52)	75.6 (0.39)	77.2 (0.48)	73.9 (0.52)
Marital status						
Never married	31.5 (0.52)	27.9 (0.64)	35.9 (0.70)	68.5 (0.52)	72.1 (0.64)	64.1 (0.70)
Married	37.5 (0.37)	36.4 (0.46)	38.5 (0.44)	62.5 (0.37)	63.6 (0.46)	61.5 (0.44)
Cohabiting	37.1 (0.85)	35.6 (1.17)	38.6 (1.09)	62.9 (0.85)	64.4 (1.17)	61.4 (1.09)
Divorced or separated	43.0 (0.54)	40.0 (0.80)	45.1 (0.65)	57.0 (0.54)	60.0 (0.80)	54.9 (0.65)
Widowed	59.2 (0.63)	54.6 (1.29)	60.2 (0.68)	40.8 (0.63)	45.4 (1.29)	39.8 (0.68)
Geographic region						
Northeast	36.5 (0.57)	32.8 (0.73)	39.7 (0.66)	63.5 (0.57)	67.2 (0.73)	60.3 (0.66)
Midwest	35.7 (0.62)	33.2 (0.86)	38.0 (0.63)	64.3 (0.62)	66.8 (0.86)	62.0 (0.63)
South	43.4 (0.60)	40.2 (0.63)	46.2 (0.72)	56.6 (0.60)	59.8 (0.63)	53.8 (0.72)
West	34.5 (0.68)	31.7 (0.82)	37.2 (0.71)	65.5 (0.68)	68.3 (0.82)	62.8 (0.71)
Place of residence <sup>7</sup>						
MSA, central city	40.6 (0.58)	36.6 (0.68)	44.3 (0.61)	59.4 (0.58)	63.4 (0.68)	55.7 (0.61)
MSA, not central city	35.9 (0.40)	33.0 (0.50)	38.6 (0.49)	64.1 (0.40)	67.0 (0.50)	61.4 (0.49)
Not MSA	41.5 (1.00)	39.6 (1.07)	43.2 (1.09)	58.5 (1.00)	60.4 (1.07)	56.8 (1.09)

\*Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Engaged in no light-moderate or vigorous leisure-time physical activity lasting 10 minutes or longer per episode. Persons classified as physically inactive may include individuals who engaged in strengthening activities but no other type of physical activity.<sup>2</sup>Includes vigorous leisure-time physical activities, lasting 10 minutes or longer per episode, that cause heavy sweating or large increases in breathing or heart rate and/or light-moderate leisure-time physical activities, lasting 10 minutes or longer per episode, that cause only light sweating or a slight to moderate increase in breathing or heart rate.



<sup>3</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.

<sup>4</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>5</sup>GED is General Educational Development high school equivalency diploma.

<sup>6</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>7</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent excludes persons with unknown leisure-time physical activity status. See "Appendix II" for definitions of terms.

**Table 5.2. Percent distributions of times per week engaged in light-moderate leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Times per week engaged in light-moderate activity <sup>1</sup>				
		None <sup>2</sup>	Less than 1 <sup>3</sup>	1–2	3–4	5 or more
Both sexes		Percent distribution (standard error)				
Ages 18 years and over (crude) <sup>4</sup>	100.0	48.0 (0.33)	1.6 (0.05)	13.9 (0.16)	11.8 (0.14)	24.7 (0.23)
Ages 18 years and over (age-adjusted) <sup>4,5</sup>	100.0	48.1 (0.33)	1.6 (0.05)	13.9 (0.16)	11.7 (0.14)	24.7 (0.23)
Age:						
18–24 years	100.0	43.2 (0.75)	1.4 (0.14)	14.5 (0.47)	12.1 (0.45)	28.8 (0.69)
25–44 years	100.0	44.8 (0.40)	1.8 (0.09)	16.0 (0.24)	12.8 (0.20)	24.5 (0.30)
45–64 years	100.0	49.0 (0.46)	1.6 (0.09)	13.6 (0.27)	11.4 (0.23)	24.3 (0.34)
65–74 years	100.0	52.7 (0.65)	1.4 (0.13)	9.9 (0.33)	10.7 (0.38)	25.3 (0.57)
75 years and over	100.0	64.0 (0.67)	1.1 (0.13)	7.4 (0.37)	7.9 (0.35)	19.6 (0.51)
Race:						
White, single race	100.0	46.0 (0.37)	1.6 (0.06)	14.3 (0.19)	12.3 (0.16)	25.8 (0.26)
Black or African American, single race	100.0	59.5 (0.69)	1.6 (0.12)	11.5 (0.42)	8.9 (0.37)	18.5 (0.43)
American Indian or Alaska Native, single race	100.0	54.9 (3.38)	*1.9 (0.62)	11.2 (1.68)	7.4 (1.05)	24.7 (2.42)
Asian, single race	100.0	48.7 (1.27)	1.8 (0.31)	16.4 (0.87)	10.4 (0.69)	22.8 (1.04)
Native Hawaiian or other Pacific Islander, single race	100.0	40.5 (7.39)	*5.5 (3.26)	16.0 (4.51)	12.8 (3.85)	25.3 (6.15)
2 or more races	100.0	39.1 (1.73)	2.6 (0.62)	16.2 (1.35)	12.9 (1.34)	29.2 (1.71)
Black or African American, white	100.0	42.9 (5.17)	*3.4 (1.77)	*11.1 (3.57)	*8.7 (3.39)	33.9 (5.54)
American Indian or Alaska Native, white	100.0	38.4 (2.88)	*3.0 (0.99)	16.0 (2.25)	12.3 (2.30)	30.3 (2.82)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	64.3 (0.58)	1.2 (0.11)	9.9 (0.32)	8.4 (0.28)	16.1 (0.39)
Mexican or Mexican-American	100.0	64.7 (0.71)	1.4 (0.15)	10.1 (0.44)	8.0 (0.36)	15.9 (0.50)
Not Hispanic or Latino	100.0	46.1 (0.35)	1.7 (0.05)	14.4 (0.18)	12.1 (0.15)	25.7 (0.25)
White, single race	100.0	44.0 (0.39)	1.6 (0.06)	14.7 (0.20)	12.8 (0.17)	26.9 (0.28)
Black or African American, single race	100.0	59.5 (0.70)	1.6 (0.12)	11.6 (0.42)	8.8 (0.37)	18.5 (0.42)
Education:						
Less than high school graduate	100.0	67.1 (0.52)	1.1 (0.09)	8.4 (0.27)	5.9 (0.22)	17.5 (0.39)
GED diploma <sup>6</sup>	100.0	56.9 (1.26)	1.8 (0.32)	12.1 (0.82)	7.9 (0.63)	21.4 (1.04)
High school graduate	100.0	52.1 (0.46)	1.7 (0.10)	12.7 (0.25)	9.9 (0.21)	23.6 (0.39)
Some college - no degree	100.0	42.9 (0.55)	1.7 (0.11)	14.8 (0.35)	13.2 (0.32)	27.2 (0.46)
Associate of arts degree	100.0	40.9 (0.73)	1.8 (0.18)	16.8 (0.52)	13.4 (0.44)	27.1 (0.57)
Bachelor of arts, science degree	100.0	34.7 (0.55)	1.8 (0.13)	18.1 (0.37)	17.1 (0.35)	28.3 (0.46)
Master's, doctorate, medical degree	100.0	32.0 (0.75)	1.7 (0.18)	18.5 (0.53)	16.9 (0.51)	30.9 (0.70)
Poverty status: <sup>7</sup>						
Below poverty level	100.0	59.5 (0.94)	1.1 (0.11)	10.4 (0.44)	7.8 (0.36)	21.2 (0.68)
≥ 1 but < 2 times poverty level	100.0	57.6 (0.60)	1.3 (0.10)	10.8 (0.35)	8.5 (0.27)	21.9 (0.47)
≥ 2 but < 4 times poverty level	100.0	46.0 (0.50)	1.9 (0.11)	14.5 (0.29)	11.8 (0.26)	25.7 (0.38)
4 times poverty level or more	100.0	35.7 (0.45)	2.0 (0.10)	18.1 (0.29)	15.3 (0.26)	29.0 (0.38)
Marital status:						
Never married	100.0	44.4 (0.57)	1.6 (0.11)	15.0 (0.36)	12.1 (0.33)	27.0 (0.49)
Married	100.0	46.7 (0.38)	1.7 (0.07)	14.6 (0.21)	12.3 (0.18)	24.7 (0.29)
Cohabiting	100.0	47.8 (0.88)	2.0 (0.24)	13.6 (0.60)	10.9 (0.54)	25.6 (0.84)
Divorced or separated	100.0	51.7 (0.56)	1.5 (0.12)	12.2 (0.34)	11.2 (0.31)	23.4 (0.42)
Widowed	100.0	63.2 (0.60)	1.0 (0.11)	7.7 (0.34)	8.1 (0.29)	20.0 (0.46)
Geographic region:						
Northeast	100.0	47.0 (0.62)	1.3 (0.11)	14.1 (0.40)	11.7 (0.33)	26.0 (0.40)
Midwest	100.0	44.7 (0.64)	1.9 (0.11)	15.4 (0.36)	12.6 (0.25)	25.4 (0.42)
South	100.0	53.0 (0.61)	1.5 (0.08)	12.4 (0.25)	10.8 (0.25)	22.2 (0.46)
West	100.0	43.8 (0.67)	1.7 (0.12)	14.6 (0.33)	12.5 (0.30)	27.3 (0.48)
Place of residence: <sup>8</sup>						
MSA, central city	100.0	51.1 (0.59)	1.6 (0.09)	12.9 (0.27)	11.2 (0.23)	23.1 (0.40)
MSA, not central city	100.0	46.0 (0.44)	1.6 (0.07)	14.9 (0.24)	12.4 (0.20)	25.2 (0.31)
Not MSA	100.0	48.7 (0.99)	1.6 (0.10)	12.9 (0.42)	11.0 (0.37)	25.8 (0.65)

See footnotes at end of table.

**Table 5.2. Percent distributions of times per week engaged in light-moderate leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Times per week engaged in light-moderate activity <sup>1</sup>				
		None <sup>2</sup>	Less than 1 <sup>3</sup>	1–2	3–4	5 or more
Men						
Percent distribution (standard error)						
Ages 18 years and over (crude) <sup>4</sup>	100.0	47.0 (0.41)	1.8 (0.08)	14.3 (0.24)	11.0 (0.20)	25.8 (0.33)
Ages 18 years and over (age-adjusted) <sup>4,5</sup>	100.0	47.2 (0.40)	1.8 (0.08)	14.2 (0.23)	11.0 (0.20)	25.8 (0.33)
Age:						
18–24 years	100.0	41.8 (0.98)	1.3 (0.21)	13.5 (0.67)	11.7 (0.61)	31.7 (0.97)
25–44 years	100.0	44.6 (0.50)	2.1 (0.14)	16.6 (0.33)	11.7 (0.27)	25.0 (0.42)
45–64 years	100.0	49.7 (0.64)	1.8 (0.15)	13.8 (0.40)	10.0 (0.33)	24.6 (0.49)
65–74 years	100.0	49.2 (0.94)	1.6 (0.22)	10.8 (0.57)	11.3 (0.57)	27.1 (0.86)
75 years and over	100.0	58.9 (1.09)	1.3 (0.24)	8.1 (0.60)	9.0 (0.58)	22.7 (0.84)
Race:						
White, single race	100.0	45.4 (0.44)	1.8 (0.09)	14.6 (0.26)	11.3 (0.22)	26.8 (0.37)
Black or African American, single race	100.0	57.1 (0.97)	1.7 (0.20)	12.0 (0.63)	9.3 (0.59)	19.9 (0.70)
American Indian or Alaska Native, single race	100.0	50.4 (3.80)	*2.6 (1.16)	9.2 (1.80)	8.5 (1.91)	29.3 (3.47)
Asian, single race	100.0	46.4 (2.16)	1.7 (0.44)	17.6 (1.30)	10.9 (1.18)	23.3 (1.67)
Native Hawaiian or other Pacific Islander, single race	100.0	40.5 (9.56)	*2.7 (2.63)	*15.1 (6.26)	*13.2 (4.83)	*28.5 (8.73)
2 or more races	100.0	37.7 (2.60)	*3.1 (0.94)	14.7 (2.26)	12.1 (1.95)	32.4 (2.73)
Black or African American, white	100.0	37.4 (8.64)	*—	*12.9 (6.07)	*14.0 (6.56)	35.8 (8.57)
American Indian or Alaska Native, white	100.0	38.0 (4.10)	*3.8 (1.46)	13.6 (3.53)	12.2 (3.19)	32.4 (4.06)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	64.3 (0.81)	1.2 (0.17)	9.8 (0.44)	7.7 (0.40)	16.9 (0.64)
Mexican or Mexican-American	100.0	65.1 (1.01)	1.2 (0.21)	10.3 (0.59)	7.1 (0.50)	16.3 (0.73)
Not Hispanic or Latino	100.0	44.9 (0.43)	1.9 (0.09)	14.9 (0.26)	11.4 (0.22)	26.9 (0.36)
White, single race	100.0	43.2 (0.47)	1.9 (0.10)	15.2 (0.28)	11.8 (0.24)	28.0 (0.40)
Black or African American, single race	100.0	57.1 (0.97)	1.7 (0.21)	12.1 (0.63)	9.2 (0.59)	19.8 (0.70)
Education:						
Less than high school graduate	100.0	65.5 (0.75)	1.1 (0.13)	8.7 (0.42)	6.1 (0.34)	18.5 (0.57)
GED diploma <sup>6</sup>	100.0	55.7 (1.85)	2.2 (0.51)	12.6 (1.24)	6.9 (0.79)	22.6 (1.49)
High school graduate	100.0	51.3 (0.63)	1.8 (0.15)	13.1 (0.37)	8.5 (0.31)	25.3 (0.60)
Some college - no degree	100.0	41.6 (0.74)	2.0 (0.20)	14.7 (0.47)	12.9 (0.44)	28.7 (0.69)
Associate of arts degree	100.0	40.6 (1.12)	2.3 (0.35)	17.3 (0.81)	11.4 (0.59)	28.4 (0.84)
Bachelor of arts, science degree	100.0	34.8 (0.76)	2.0 (0.20)	18.7 (0.56)	16.5 (0.53)	28.0 (0.64)
Master's, doctorate, medical degree	100.0	31.7 (0.95)	1.9 (0.28)	19.1 (0.76)	15.5 (0.64)	31.7 (0.95)
Poverty status: <sup>7</sup>						
Below poverty level	100.0	57.8 (1.32)	1.1 (0.19)	10.7 (0.65)	7.8 (0.57)	22.6 (0.99)
≥ 1 but < 2 times poverty level	100.0	56.9 (0.86)	1.3 (0.16)	10.8 (0.52)	8.0 (0.43)	22.9 (0.70)
≥ 2 but < 4 times poverty level	100.0	46.7 (0.67)	2.3 (0.19)	14.5 (0.41)	9.9 (0.35)	26.7 (0.54)
4 times poverty level or more	100.0	35.6 (0.55)	2.2 (0.15)	18.4 (0.40)	14.0 (0.38)	29.8 (0.53)
Marital status:						
Never married	100.0	43.1 (0.69)	1.5 (0.14)	14.4 (0.50)	11.9 (0.47)	29.1 (0.67)
Married	100.0	47.0 (0.47)	1.9 (0.11)	15.1 (0.30)	11.1 (0.25)	24.8 (0.39)
Cohabiting	100.0	48.6 (1.21)	2.2 (0.37)	12.7 (0.83)	9.5 (0.72)	27.0 (1.12)
Divorced or separated	100.0	51.3 (0.80)	1.6 (0.22)	12.3 (0.50)	10.3 (0.45)	24.5 (0.66)
Widowed	100.0	60.5 (1.23)	0.9 (0.27)	7.3 (0.67)	7.2 (0.66)	24.1 (1.12)
Geographic region:						
Northeast	100.0	45.7 (0.81)	1.5 (0.18)	14.6 (0.59)	10.7 (0.50)	27.5 (0.72)
Midwest	100.0	43.8 (0.88)	2.2 (0.19)	15.6 (0.53)	11.7 (0.36)	26.7 (0.65)
South	100.0	51.9 (0.68)	1.7 (0.13)	13.1 (0.37)	10.1 (0.36)	23.3 (0.55)
West	100.0	43.3 (0.84)	1.9 (0.16)	14.8 (0.43)	12.1 (0.41)	27.9 (0.75)
Place of residence: <sup>8</sup>						
MSA, central city	100.0	50.4 (0.71)	1.8 (0.14)	13.6 (0.38)	10.4 (0.32)	23.8 (0.56)
MSA, not central city	100.0	44.8 (0.59)	1.8 (0.11)	15.4 (0.37)	11.7 (0.29)	26.4 (0.46)
Not MSA	100.0	48.2 (1.06)	1.9 (0.17)	12.6 (0.45)	10.2 (0.49)	27.1 (0.83)

See footnotes at end of table.

**Table 5.2. Percent distributions of times per week engaged in light-moderate leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Times per week engaged in light-moderate activity <sup>1</sup>				
		None <sup>2</sup>	Less than 1 <sup>3</sup>	1–2	3–4	5 or more
Women						
Percent distribution (standard error)						
Ages 18 years and over (crude) <sup>4</sup>	100.0	48.9 (0.36)	1.4 (0.06)	13.6 (0.20)	12.4 (0.17)	23.7 (0.26)
Ages 18 years and over (age-adjusted) <sup>4,5</sup>	100.0	48.8 (0.36)	1.4 (0.06)	13.6 (0.20)	12.5 (0.17)	23.7 (0.26)
Age:						
18–24 years	100.0	44.6 (0.90)	1.4 (0.20)	15.4 (0.63)	12.5 (0.58)	26.0 (0.84)
25–44 years	100.0	45.0 (0.49)	1.6 (0.10)	15.5 (0.32)	13.9 (0.29)	24.0 (0.38)
45–64 years	100.0	48.4 (0.54)	1.4 (0.11)	13.4 (0.34)	12.7 (0.29)	23.9 (0.42)
65–74 years	100.0	55.7 (0.80)	1.2 (0.15)	9.1 (0.42)	10.2 (0.49)	23.8 (0.71)
75 years and over	100.0	67.3 (0.74)	1.0 (0.14)	6.9 (0.43)	7.2 (0.39)	17.6 (0.59)
Race:						
White, single race	100.0	46.6 (0.40)	1.4 (0.07)	13.9 (0.23)	13.2 (0.20)	24.9 (0.29)
Black or African American, single race	100.0	61.3 (0.77)	1.6 (0.15)	11.1 (0.48)	8.6 (0.39)	17.4 (0.54)
American Indian or Alaska Native, single race	100.0	59.3 (4.45)	*1.2 (0.54)	13.1 (2.69)	6.3 (1.68)	20.2 (3.07)
Asian, single race	100.0	50.9 (1.61)	1.8 (0.39)	15.1 (1.18)	9.9 (0.88)	22.3 (1.27)
Native Hawaiian or other Pacific Islander, single race	100.0	40.3 (9.03)	*10.5 (7.65)	*17.6 (6.29)	*12.1 (6.71)	19.5 (5.76)
2 or more races	100.0	40.5 (2.44)	*2.2 (0.73)	17.8 (1.86)	13.7 (1.81)	25.8 (2.29)
Black or African American, white	100.0	47.6 (6.71)	*6.2 (3.33)	*9.6 (3.86)	*4.3 (2.44)	32.3 (6.85)
American Indian or Alaska Native, white	100.0	39.0 (4.38)	*2.0 (1.21)	19.1 (3.21)	12.4 (3.20)	27.5 (3.69)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	64.3 (0.74)	1.2 (0.14)	10.0 (0.42)	9.1 (0.38)	15.3 (0.48)
Mexican or Mexican-American	100.0	64.2 (0.89)	1.6 (0.23)	9.8 (0.56)	9.0 (0.49)	15.5 (0.61)
Not Hispanic or Latino	100.0	47.1 (0.39)	1.5 (0.07)	14.0 (0.22)	12.8 (0.18)	24.6 (0.28)
White, single race	100.0	44.6 (0.43)	1.4 (0.07)	14.3 (0.25)	13.7 (0.21)	25.9 (0.31)
Black or African American, single race	100.0	61.4 (0.78)	1.6 (0.15)	11.2 (0.48)	8.5 (0.40)	17.4 (0.53)
Education:						
Less than high school graduate	100.0	68.6 (0.65)	1.0 (0.12)	8.1 (0.33)	5.7 (0.28)	16.6 (0.49)
GED diploma <sup>6</sup>	100.0	58.1 (1.63)	1.4 (0.37)	11.6 (1.06)	8.9 (1.02)	20.0 (1.28)
High school graduate	100.0	52.9 (0.54)	1.6 (0.13)	12.3 (0.34)	11.1 (0.28)	22.2 (0.41)
Some college - no degree	100.0	44.1 (0.65)	1.5 (0.14)	14.9 (0.45)	13.5 (0.41)	26.0 (0.56)
Associate of arts degree	100.0	41.0 (0.88)	1.4 (0.16)	16.5 (0.64)	15.0 (0.61)	26.1 (0.72)
Bachelor of arts, science degree	100.0	34.7 (0.67)	1.7 (0.17)	17.4 (0.51)	17.7 (0.49)	28.5 (0.64)
Master's, doctorate, medical degree	100.0	32.3 (1.01)	1.4 (0.22)	17.7 (0.70)	18.6 (0.76)	30.0 (0.98)
Poverty status: <sup>7</sup>						
Below poverty level	100.0	60.6 (0.97)	1.1 (0.14)	10.2 (0.52)	7.8 (0.44)	20.2 (0.73)
≥ 1 but < 2 times poverty level	100.0	58.1 (0.70)	1.3 (0.13)	10.7 (0.41)	8.8 (0.33)	21.0 (0.58)
≥ 2 but < 4 times poverty level	100.0	45.4 (0.60)	1.6 (0.13)	14.4 (0.41)	13.7 (0.33)	24.8 (0.48)
4 times poverty level or more	100.0	35.8 (0.57)	1.8 (0.13)	17.7 (0.39)	16.6 (0.35)	28.1 (0.48)
Marital status:						
Never married	100.0	45.9 (0.74)	1.6 (0.17)	15.7 (0.51)	12.3 (0.43)	24.5 (0.63)
Married	100.0	46.4 (0.45)	1.4 (0.08)	14.2 (0.26)	13.4 (0.24)	24.5 (0.35)
Cohabiting	100.0	47.0 (1.10)	1.8 (0.30)	14.6 (0.76)	12.4 (0.78)	24.2 (1.02)
Divorced or separated	100.0	52.0 (0.64)	1.4 (0.14)	12.2 (0.40)	11.8 (0.39)	22.6 (0.52)
Widowed	100.0	63.8 (0.66)	1.0 (0.12)	7.8 (0.37)	8.3 (0.32)	19.1 (0.50)
Geographic region:						
Northeast	100.0	48.1 (0.76)	1.1 (0.12)	13.7 (0.46)	12.5 (0.40)	24.6 (0.54)
Midwest	100.0	45.5 (0.64)	1.6 (0.13)	15.3 (0.44)	13.4 (0.33)	24.2 (0.45)
South	100.0	54.0 (0.70)	1.4 (0.11)	11.9 (0.33)	11.5 (0.29)	21.2 (0.52)
West	100.0	44.4 (0.72)	1.5 (0.15)	14.4 (0.42)	12.9 (0.36)	26.9 (0.47)
Place of residence: <sup>8</sup>						
MSA, central city	100.0	51.8 (0.62)	1.5 (0.10)	12.3 (0.32)	11.9 (0.29)	22.5 (0.43)
MSA, not central city	100.0	47.1 (0.49)	1.4 (0.09)	14.5 (0.27)	13.0 (0.26)	24.0 (0.37)
Not MSA	100.0	49.2 (1.06)	1.4 (0.13)	13.1 (0.57)	11.7 (0.40)	24.6 (0.66)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

– Quantity zero.

<sup>1</sup>Light-moderate activity: Leisure-time physical activities that cause only light sweating or a light to moderate increase in breathing or heart rate and are done for at least 10 minutes per episode.<sup>2</sup>None: Persons classified as not doing light-moderate activity may include individuals who engaged in vigorous activity but did not engage in light-moderate activity.<sup>3</sup>"Less than 1" refers to frequencies of light-moderate activities lasting at least 10 minutes per episode that occurred less than one time per week (for example, three times per month).<sup>4</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>5</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>8</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown light-moderate leisure-time physical activity status. See "Appendix II" for definitions of terms.

**Table 5.3. Percent distributions of times per week engaged in vigorous leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Times per week engaged in vigorous activity <sup>1</sup>				
		None <sup>2</sup>	Less than 1 <sup>3</sup>	1–2	3–4	5 or more
<b>Both sexes</b>		<b>Percent distribution (standard error)</b>				
Ages 18 years and over (crude) <sup>4</sup>	100.0	59.6 (0.31)	2.8 (0.07)	12.7 (0.16)	12.5 (0.15)	12.4 (0.15)
Ages 18 years and over (age-adjusted) <sup>4,5</sup>	100.0	59.8 (0.30)	2.8 (0.07)	12.6 (0.16)	12.5 (0.15)	12.3 (0.14)
<b>Age:</b>						
18–24 years	100.0	44.4 (0.75)	3.4 (0.24)	17.4 (0.52)	17.2 (0.50)	17.7 (0.50)
25–44 years	100.0	51.8 (0.41)	3.6 (0.12)	15.8 (0.24)	15.3 (0.22)	13.5 (0.21)
45–64 years	100.0	64.5 (0.41)	2.5 (0.11)	10.8 (0.25)	10.8 (0.23)	11.4 (0.24)
65–74 years	100.0	76.8 (0.53)	1.3 (0.14)	6.1 (0.29)	6.6 (0.28)	9.2 (0.33)
75 years and over	100.0	89.1 (0.45)	0.6 (0.09)	2.6 (0.19)	3.1 (0.24)	4.5 (0.27)
<b>Race:</b>						
White, single race	100.0	58.6 (0.34)	2.9 (0.08)	12.9 (0.18)	13.0 (0.17)	12.6 (0.17)
Black or African American, single race	100.0	65.8 (0.67)	2.6 (0.17)	10.7 (0.36)	10.2 (0.36)	10.7 (0.35)
American Indian or Alaska Native, single race	100.0	62.1 (3.29)	*2.1 (0.63)	10.2 (1.56)	11.1 (1.59)	14.5 (1.99)
Asian, single race	100.0	60.3 (1.10)	3.1 (0.45)	15.2 (0.82)	11.2 (0.69)	10.2 (0.70)
Native Hawaiian or other Pacific Islander, single race	100.0	51.4 (6.49)	*2.6 (1.77)	20.1 (4.29)	*13.8 (5.28)	12.1 (3.34)
2 or more races	100.0	50.9 (1.80)	3.9 (0.79)	14.5 (1.24)	13.0 (1.13)	17.7 (1.19)
Black or African American, white	100.0	40.3 (5.05)	*4.2 (2.26)	*13.1 (4.12)	19.5 (4.67)	22.8 (4.42)
American Indian or Alaska Native, white	100.0	55.7 (2.60)	4.3 (1.22)	15.1 (2.14)	7.7 (1.24)	17.3 (1.89)
<b>Hispanic or Latino origin and race:</b>						
Hispanic or Latino	100.0	68.9 (0.49)	1.9 (0.16)	9.7 (0.28)	9.3 (0.32)	10.1 (0.30)
Mexican or Mexican-American	100.0	69.6 (0.64)	2.2 (0.21)	9.7 (0.36)	8.8 (0.41)	9.8 (0.39)
Not Hispanic or Latino	100.0	58.5 (0.33)	2.9 (0.08)	13.0 (0.17)	12.9 (0.16)	12.6 (0.16)
White, single race	100.0	57.4 (0.36)	3.0 (0.09)	13.3 (0.19)	13.4 (0.18)	12.9 (0.18)
Black or African American, single race	100.0	65.8 (0.68)	2.6 (0.17)	10.7 (0.36)	10.2 (0.37)	10.7 (0.35)
<b>Education:</b>						
Less than high school graduate	100.0	78.1 (0.43)	1.4 (0.12)	6.8 (0.26)	4.7 (0.22)	9.0 (0.28)
GED diploma <sup>6</sup>	100.0	67.5 (1.21)	3.0 (0.42)	10.5 (0.78)	7.5 (0.64)	11.4 (0.76)
High school graduate	100.0	67.2 (0.41)	2.4 (0.13)	10.5 (0.25)	8.7 (0.22)	11.1 (0.24)
Some college - no degree	100.0	53.8 (0.55)	3.1 (0.16)	14.4 (0.33)	14.7 (0.30)	14.0 (0.34)
Associate of arts degree	100.0	53.4 (0.74)	3.6 (0.26)	15.0 (0.48)	14.7 (0.45)	13.3 (0.43)
Bachelor of arts, science degree	100.0	43.5 (0.55)	4.0 (0.19)	17.6 (0.37)	20.9 (0.43)	14.0 (0.32)
Master's, doctorate, medical degree	100.0	40.1 (0.75)	3.7 (0.24)	18.1 (0.53)	21.4 (0.53)	16.7 (0.50)
<b>Poverty status:<sup>7</sup></b>						
Below poverty level	100.0	70.5 (0.94)	2.0 (0.18)	8.9 (0.43)	7.8 (0.39)	10.8 (0.45)
≥ 1 but < 2 times poverty level	100.0	70.8 (0.54)	2.2 (0.16)	9.4 (0.31)	7.4 (0.26)	10.2 (0.35)
≥ 2 but < 4 times poverty level	100.0	59.9 (0.41)	3.1 (0.14)	12.8 (0.29)	11.9 (0.27)	12.3 (0.27)
4 times poverty level or more	100.0	45.9 (0.44)	3.9 (0.14)	17.0 (0.28)	18.3 (0.28)	14.9 (0.27)
<b>Marital status:</b>						
Never married	100.0	46.9 (0.56)	3.2 (0.18)	16.2 (0.37)	17.2 (0.38)	16.4 (0.37)
Married	100.0	60.3 (0.35)	3.0 (0.09)	12.7 (0.19)	12.2 (0.19)	11.8 (0.17)
Cohabiting	100.0	55.0 (0.88)	3.6 (0.30)	14.3 (0.61)	12.8 (0.58)	14.3 (0.60)
Divorced or separated	100.0	64.0 (0.50)	2.2 (0.14)	10.7 (0.29)	11.2 (0.31)	11.9 (0.29)
Widowed	100.0	85.9 (0.45)	0.9 (0.11)	4.0 (0.22)	4.1 (0.24)	5.2 (0.25)
<b>Geographic region:</b>						
Northeast	100.0	60.1 (0.63)	2.2 (0.17)	12.4 (0.31)	12.8 (0.33)	12.5 (0.35)
Midwest	100.0	57.8 (0.69)	3.5 (0.16)	13.8 (0.39)	12.9 (0.33)	12.0 (0.29)
South	100.0	62.8 (0.51)	2.6 (0.11)	11.6 (0.25)	11.2 (0.25)	11.7 (0.24)
West	100.0	55.4 (0.59)	3.0 (0.16)	13.4 (0.31)	14.2 (0.32)	13.9 (0.29)
<b>Place of residence:<sup>8</sup></b>						
MSA, central city	100.0	60.2 (0.58)	2.6 (0.12)	12.4 (0.31)	12.5 (0.28)	12.2 (0.27)
MSA, not central city	100.0	57.4 (0.42)	3.0 (0.10)	13.4 (0.21)	13.6 (0.22)	12.6 (0.21)
Not MSA	100.0	64.3 (0.84)	2.7 (0.20)	11.1 (0.38)	9.9 (0.31)	12.0 (0.38)

See footnotes at end of table.

**Table 5.3. Percent distributions of times per week engaged in vigorous leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Times per week engaged in vigorous activity <sup>1</sup>				
		None <sup>2</sup>	Less than 1 <sup>3</sup>	1–2	3–4	5 or more
Men						
Percent distribution (standard error)						
Ages 18 years and over (crude) <sup>4</sup>	100.0	52.5 (0.39)	3.3 (0.11)	15.0 (0.24)	13.8 (0.21)	15.4 (0.22)
Ages 18 years and over (age-adjusted) <sup>4,5</sup>	100.0	53.3 (0.38)	3.2 (0.11)	14.7 (0.23)	13.6 (0.21)	15.2 (0.21)
Age:						
18–24 years	100.0	34.6 (0.98)	3.1 (0.32)	19.5 (0.73)	19.9 (0.76)	22.8 (0.75)
25–44 years	100.0	44.7 (0.53)	4.3 (0.19)	18.4 (0.36)	16.1 (0.32)	16.5 (0.34)
45–64 years	100.0	59.6 (0.56)	3.0 (0.17)	12.5 (0.38)	11.7 (0.32)	13.3 (0.35)
65–74 years	100.0	71.2 (0.86)	1.7 (0.25)	7.4 (0.50)	7.6 (0.49)	12.0 (0.58)
75 years and over	100.0	84.5 (0.82)	0.8 (0.19)	3.6 (0.38)	4.3 (0.47)	6.8 (0.52)
Race:						
White, single race	100.0	52.0 (0.44)	3.3 (0.12)	15.0 (0.27)	14.1 (0.23)	15.6 (0.24)
Black or African American, single race	100.0	55.1 (0.97)	3.0 (0.29)	13.8 (0.61)	13.1 (0.61)	14.9 (0.63)
American Indian or Alaska Native, single race	100.0	51.5 (4.61)	*3.1 (1.15)	11.1 (2.19)	13.2 (2.64)	21.1 (3.23)
Asian, single race	100.0	53.8 (1.79)	3.2 (0.59)	19.0 (1.29)	13.3 (1.11)	10.8 (1.09)
Native Hawaiian or other Pacific Islander, single race	100.0	47.4 (8.16)	*2.1 (2.12)	*21.9 (7.05)	*15.8 (7.25)	*12.8 (4.50)
2 or more races	100.0	43.6 (2.50)	5.4 (1.35)	16.0 (1.89)	13.0 (1.75)	22.1 (2.01)
Black or African American, white	100.0	*20.5 (6.45)	*6.4 (4.42)	*19.3 (8.39)	*19.3 (6.83)	34.5 (8.12)
American Indian or Alaska Native, white	100.0	50.8 (3.44)	*6.8 (2.09)	15.4 (3.02)	7.4 (1.41)	19.7 (2.82)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	62.3 (0.76)	2.4 (0.26)	12.2 (0.48)	10.1 (0.45)	13.1 (0.50)
Mexican or Mexican-American	100.0	63.5 (0.94)	2.6 (0.33)	12.0 (0.63)	9.7 (0.58)	12.2 (0.62)
Not Hispanic or Latino	100.0	51.3 (0.42)	3.4 (0.12)	15.3 (0.26)	14.3 (0.23)	15.7 (0.24)
White, single race	100.0	50.7 (0.47)	3.5 (0.13)	15.4 (0.29)	14.5 (0.25)	15.9 (0.26)
Black or African American, single race	100.0	55.1 (0.97)	3.0 (0.29)	13.8 (0.62)	13.1 (0.61)	14.9 (0.65)
Education:						
Less than high school graduate	100.0	72.0 (0.68)	1.7 (0.19)	8.8 (0.42)	5.7 (0.34)	11.7 (0.49)
GED diploma <sup>6</sup>	100.0	60.3 (1.74)	3.0 (0.56)	12.1 (1.18)	8.7 (1.03)	16.0 (1.30)
High school graduate	100.0	59.3 (0.63)	2.9 (0.20)	13.0 (0.39)	9.8 (0.36)	15.0 (0.42)
Some college - no degree	100.0	46.2 (0.76)	3.6 (0.24)	16.5 (0.52)	16.4 (0.50)	17.2 (0.48)
Associate of arts degree	100.0	46.2 (1.12)	4.6 (0.46)	17.6 (0.73)	14.9 (0.71)	16.7 (0.76)
Bachelor of arts, science degree	100.0	37.2 (0.76)	4.5 (0.30)	19.9 (0.60)	22.2 (0.64)	16.1 (0.49)
Master's, doctorate, medical degree	100.0	34.9 (0.97)	4.0 (0.34)	20.0 (0.72)	22.8 (0.78)	18.3 (0.74)
Poverty status: <sup>7</sup>						
Below poverty level	100.0	62.1 (1.36)	2.2 (0.30)	11.3 (0.68)	9.8 (0.64)	14.5 (0.76)
≥ 1 but < 2 times poverty level	100.0	63.2 (0.84)	2.7 (0.27)	11.6 (0.51)	8.4 (0.43)	14.1 (0.64)
≥ 2 but < 4 times poverty level	100.0	53.7 (0.61)	3.6 (0.23)	14.6 (0.45)	12.6 (0.39)	15.4 (0.41)
4 times poverty level or more	100.0	40.1 (0.59)	4.3 (0.20)	19.3 (0.42)	19.0 (0.39)	17.4 (0.40)
Marital status:						
Never married	100.0	39.6 (0.71)	3.1 (0.22)	18.0 (0.50)	19.2 (0.52)	20.2 (0.53)
Married	100.0	55.5 (0.44)	3.6 (0.15)	14.7 (0.28)	12.4 (0.27)	13.8 (0.26)
Cohabiting	100.0	49.0 (1.28)	3.7 (0.44)	15.2 (0.88)	14.5 (0.83)	17.6 (0.92)
Divorced or separated	100.0	56.7 (0.75)	2.4 (0.20)	12.6 (0.48)	12.9 (0.49)	15.5 (0.51)
Widowed	100.0	80.6 (1.14)	1.4 (0.28)	3.9 (0.48)	5.5 (0.63)	8.6 (0.69)
Geographic region:						
Northeast	100.0	52.0 (0.83)	2.7 (0.25)	15.1 (0.50)	14.3 (0.44)	15.9 (0.53)
Midwest	100.0	51.2 (0.89)	4.2 (0.25)	16.0 (0.56)	14.2 (0.43)	14.4 (0.40)
South	100.0	55.6 (0.62)	2.8 (0.17)	13.8 (0.38)	12.6 (0.36)	15.2 (0.36)
West	100.0	48.8 (0.83)	3.6 (0.23)	15.5 (0.47)	15.3 (0.49)	16.8 (0.52)
Place of residence: <sup>8</sup>						
MSA, central city	100.0	52.1 (0.76)	3.0 (0.19)	15.4 (0.44)	14.2 (0.38)	15.3 (0.38)
MSA, not central city	100.0	50.4 (0.51)	3.5 (0.16)	15.7 (0.34)	14.9 (0.32)	15.5 (0.31)
Not MSA	100.0	58.1 (1.00)	3.2 (0.28)	12.5 (0.53)	10.8 (0.40)	15.4 (0.54)

See footnotes at end of table.

**Table 5.3. Percent distributions of times per week engaged in vigorous leisure-time physical activity for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Times per week engaged in vigorous activity <sup>1</sup>				
		None <sup>2</sup>	Less than 1 <sup>3</sup>	1–2	3–4	5 or more
Women		Percent distribution (standard error)				
Ages 18 years and over (crude) <sup>4</sup>	100.0	66.1 (0.32)	2.4 (0.08)	10.6 (0.17)	11.3 (0.19)	9.6 (0.17)
Ages 18 years and over (age-adjusted) <sup>4,5</sup>	100.0	65.9 (0.32)	2.4 (0.08)	10.6 (0.18)	11.4 (0.19)	9.6 (0.17)
Age:						
18–24 years	100.0	54.1 (0.99)	3.6 (0.32)	15.2 (0.66)	14.5 (0.65)	12.6 (0.62)
25–44 years	100.0	58.6 (0.48)	2.9 (0.14)	13.2 (0.27)	14.6 (0.32)	10.7 (0.26)
45–64 years	100.0	69.1 (0.49)	2.1 (0.14)	9.3 (0.27)	10.0 (0.28)	9.5 (0.29)
65–74 years	100.0	81.4 (0.62)	0.9 (0.15)	5.1 (0.32)	5.8 (0.35)	6.8 (0.40)
75 years and over	100.0	92.1 (0.44)	0.5 (0.11)	2.0 (0.20)	2.4 (0.26)	3.0 (0.28)
Race:						
White, single race	100.0	64.8 (0.35)	2.4 (0.09)	10.9 (0.20)	12.0 (0.21)	9.9 (0.19)
Black or African American, single race	100.0	74.2 (0.74)	2.3 (0.21)	8.3 (0.37)	7.9 (0.37)	7.4 (0.36)
American Indian or Alaska Native, single race	100.0	72.3 (3.34)	*1.1 (0.45)	9.4 (1.84)	9.1 (1.82)	8.1 (1.90)
Asian, single race	100.0	66.8 (1.38)	3.0 (0.55)	11.6 (1.00)	9.1 (0.91)	9.6 (0.93)
Native Hawaiian or other Pacific Islander, single race	100.0	58.4 (9.07)	*3.6 (3.62)	*16.9 (8.33)	*10.2 (6.78)	*10.8 (4.35)
2 or more races	100.0	58.6 (2.30)	2.3 (0.66)	12.9 (1.51)	13.0 (1.72)	13.2 (1.63)
Black or African American, white	100.0	57.8 (7.23)	*2.4 (1.62)	*7.7 (2.91)	*19.7 (6.35)	*12.4 (4.30)
American Indian or Alaska Native, white	100.0	61.8 (3.63)	*1.2 (0.77)	14.7 (2.90)	8.0 (2.21)	14.3 (2.78)
Hispanic or Latino origin and race:						
Hispanic or Latino	100.0	75.2 (0.59)	1.5 (0.17)	7.4 (0.35)	8.6 (0.40)	7.3 (0.33)
Mexican or Mexican-American	100.0	75.7 (0.76)	1.7 (0.23)	7.4 (0.45)	7.9 (0.49)	7.2 (0.43)
Not Hispanic or Latino	100.0	65.1 (0.35)	2.5 (0.09)	10.9 (0.19)	11.7 (0.20)	9.8 (0.18)
White, single race	100.0	63.6 (0.38)	2.5 (0.10)	11.3 (0.22)	12.4 (0.23)	10.2 (0.21)
Black or African American, single race	100.0	74.3 (0.74)	2.3 (0.21)	8.2 (0.37)	7.8 (0.38)	7.4 (0.36)
Education:						
Less than high school graduate	100.0	83.8 (0.47)	1.1 (0.11)	4.8 (0.26)	3.8 (0.24)	6.5 (0.30)
GED diploma <sup>6</sup>	100.0	75.1 (1.52)	3.0 (0.62)	8.9 (0.99)	6.4 (0.80)	6.7 (0.77)
High school graduate	100.0	74.0 (0.45)	2.1 (0.15)	7.4 (0.28)	7.8 (0.26)	7.8 (0.27)
Some college - no degree	100.0	60.2 (0.66)	2.7 (0.19)	12.6 (0.42)	13.2 (0.41)	11.2 (0.40)
Associate of arts degree	100.0	59.5 (0.85)	2.7 (0.27)	12.9 (0.57)	14.5 (0.56)	10.4 (0.50)
Bachelor of arts, science degree	100.0	49.8 (0.69)	3.5 (0.25)	15.3 (0.46)	19.5 (0.55)	12.0 (0.42)
Master's, doctorate, medical degree	100.0	46.1 (1.00)	3.3 (0.35)	15.8 (0.66)	19.9 (0.76)	14.9 (0.70)
Poverty status: <sup>7</sup>						
Below poverty level	100.0	76.2 (0.91)	1.9 (0.21)	7.3 (0.46)	6.4 (0.41)	8.2 (0.46)
≥ 1 but < 2 times poverty level	100.0	76.9 (0.60)	1.9 (0.19)	7.6 (0.35)	6.5 (0.28)	7.0 (0.31)
≥ 2 but < 4 times poverty level	100.0	66.0 (0.53)	2.5 (0.16)	11.0 (0.32)	11.2 (0.35)	9.3 (0.30)
4 times poverty level or more	100.0	52.2 (0.56)	3.4 (0.18)	14.6 (0.35)	17.5 (0.40)	12.3 (0.32)
Marital status:						
Never married	100.0	55.8 (0.75)	3.4 (0.24)	14.0 (0.51)	14.9 (0.52)	11.9 (0.47)
Married	100.0	65.1 (0.41)	2.3 (0.11)	10.8 (0.22)	12.0 (0.24)	9.8 (0.22)
Cohabiting	100.0	61.2 (1.12)	3.6 (0.44)	13.4 (0.78)	11.0 (0.75)	10.9 (0.72)
Divorced or separated	100.0	69.2 (0.62)	2.1 (0.19)	9.3 (0.34)	10.0 (0.38)	9.4 (0.34)
Widowed	100.0	87.0 (0.47)	0.8 (0.12)	4.0 (0.25)	3.7 (0.25)	4.4 (0.27)
Geographic region:						
Northeast	100.0	67.1 (0.64)	1.8 (0.19)	10.1 (0.36)	11.4 (0.45)	9.6 (0.44)
Midwest	100.0	64.0 (0.71)	2.8 (0.19)	11.7 (0.41)	11.8 (0.37)	9.8 (0.34)
South	100.0	69.4 (0.57)	2.4 (0.13)	9.6 (0.27)	10.0 (0.31)	8.6 (0.27)
West	100.0	61.8 (0.56)	2.4 (0.17)	11.4 (0.39)	13.3 (0.41)	11.2 (0.36)
Place of residence: <sup>8</sup>						
MSA, central city	100.0	67.3 (0.56)	2.3 (0.14)	9.8 (0.30)	11.0 (0.33)	9.5 (0.31)
MSA, not central city	100.0	63.9 (0.47)	2.5 (0.11)	11.3 (0.25)	12.5 (0.29)	9.8 (0.25)
Not MSA	100.0	69.8 (0.88)	2.3 (0.21)	9.9 (0.42)	9.0 (0.36)	9.0 (0.37)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Vigorous activity: Leisure-time physical activities that cause heavy sweating or a large increases in breathing or heart rate and are done for at least 10 minutes per episode.<sup>2</sup>None: Persons classified as not doing vigorous activity may include individuals who engaged in light-moderate activity but did not engage in vigorous activity.<sup>3</sup>"Less than 1" refers to frequencies of vigorous activities lasting at least 10 minutes per episode that occurred less than one time per week (for example, three times per month).<sup>4</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>5</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.



<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>8</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown vigorous leisure-time physical activity status. See "Appendix II" for definitions of terms.

**Table 5.4. Percent of adults 18 years of age and over who engaged in regular leisure-time physical activity, by type of activity and selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Regular activity <sup>1</sup>		
	Light-moderate	Vigorous	Any
Both Sexes			
Percent (standard error)			
Ages 18 years and over (crude) <sup>2</sup> . . . . .	15.5 (0.18)	22.6 (0.21)	31.4 (0.25)
Ages 18 years and over (age-adjusted) <sup>2,3</sup> . . . . .	15.5 (0.18)	22.4 (0.21)	31.3 (0.24)
Age:			
18–24 years . . . . .	17.8 (0.56)	31.7 (0.62)	39.7 (0.69)
25–44 years . . . . .	15.4 (0.24)	26.6 (0.29)	34.3 (0.33)
45–64 years . . . . .	15.1 (0.27)	19.9 (0.33)	29.3 (0.36)
65–74 years . . . . .	17.0 (0.53)	13.4 (0.40)	26.3 (0.58)
75 years and over . . . . .	11.2 (0.43)	6.2 (0.35)	15.6 (0.50)
Race:			
White, single race . . . . .	16.3 (0.20)	23.3 (0.24)	32.6 (0.28)
Black or African American, single race . . . . .	11.0 (0.36)	18.6 (0.48)	25.1 (0.52)
American Indian or Alaska Native, single race . . . . .	15.0 (1.82)	20.4 (2.66)	28.4 (3.09)
Asian, single race . . . . .	13.8 (0.76)	19.0 (0.78)	27.8 (1.02)
Native Hawaiian or other Pacific Islander, single race . . . . .	21.4 (5.56)	25.9 (6.22)	34.8 (6.30)
2 or more races . . . . .	17.5 (1.27)	26.8 (1.56)	34.6 (1.59)
Black or African American, white . . . . .	23.0 (4.92)	38.0 (5.17)	47.3 (5.54)
American Indian or Alaska Native, white . . . . .	18.6 (2.10)	19.9 (2.02)	29.4 (2.42)
Hispanic or Latino origin and race:			
Hispanic or Latino . . . . .	10.3 (0.30)	17.6 (0.38)	23.6 (0.44)
Mexican or Mexican-American . . . . .	10.3 (0.39)	16.6 (0.49)	22.8 (0.55)
Not Hispanic or Latino . . . . .	16.1 (0.20)	23.1 (0.23)	32.3 (0.26)
White, single race . . . . .	16.9 (0.22)	24.0 (0.25)	33.6 (0.30)
Black or African American, single race . . . . .	11.0 (0.36)	18.6 (0.48)	25.1 (0.53)
Education:			
Less than high school graduate . . . . .	10.8 (0.30)	11.5 (0.31)	18.5 (0.39)
GED diploma <sup>4</sup> . . . . .	14.5 (0.87)	16.4 (0.92)	24.4 (1.07)
High school graduate . . . . .	15.2 (0.30)	17.3 (0.30)	27.0 (0.37)
Some college - no degree . . . . .	17.3 (0.39)	26.0 (0.42)	35.2 (0.50)
Associate of arts degree . . . . .	16.0 (0.49)	25.5 (0.56)	34.6 (0.61)
Bachelor of arts, science degree . . . . .	17.3 (0.38)	32.9 (0.50)	41.6 (0.51)
Master's, doctorate, medical degree . . . . .	19.0 (0.57)	36.4 (0.70)	46.1 (0.78)
Poverty status: <sup>5</sup>			
Below poverty level . . . . .	12.9 (0.51)	16.4 (0.63)	24.0 (0.71)
≥ 1 but < 2 times poverty level . . . . .	13.1 (0.40)	15.3 (0.39)	23.5 (0.47)
≥ 2 but < 4 times poverty level . . . . .	16.4 (0.32)	21.7 (0.34)	31.2 (0.39)
4 times poverty level or more . . . . .	18.1 (0.31)	30.8 (0.37)	40.1 (0.41)
Marital status:			
Never married . . . . .	16.7 (0.42)	31.0 (0.47)	38.7 (0.53)
Married . . . . .	15.7 (0.22)	21.7 (0.26)	31.1 (0.30)
Cohabiting . . . . .	15.7 (0.69)	24.4 (0.76)	32.2 (0.86)
Divorced or separated . . . . .	14.6 (0.34)	20.6 (0.40)	29.0 (0.45)
Widowed . . . . .	11.5 (0.37)	7.5 (0.33)	16.9 (0.47)
Geographic region:			
Northeast . . . . .	16.4 (0.37)	23.1 (0.42)	32.8 (0.50)
Midwest . . . . .	15.3 (0.32)	22.5 (0.42)	31.6 (0.48)
South . . . . .	14.1 (0.35)	20.7 (0.37)	28.6 (0.44)
West . . . . .	17.4 (0.38)	25.5 (0.44)	35.2 (0.50)
Place of residence: <sup>6</sup>			
MSA, central city . . . . .	14.0 (0.30)	22.6 (0.40)	30.6 (0.45)
MSA, not central city . . . . .	15.9 (0.26)	23.9 (0.31)	32.8 (0.34)
Not MSA . . . . .	16.5 (0.46)	19.2 (0.50)	29.1 (0.61)

See footnotes at end of table.

**Table 5.4. Percent of adults 18 years of age and over who engaged in regular leisure-time physical activity, by type of activity and selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Regular activity <sup>1</sup>		
	Light-moderate	Vigorous	Any
Men			
Percent (standard error)			
Ages 18 years and over (crude) <sup>2</sup> . . . . .	16.8 (0.26)	26.6 (0.29)	35.1 (0.33)
Ages 18 years and over (age-adjusted) <sup>2,3</sup> . . . . .	16.8 (0.26)	26.2 (0.28)	34.8 (0.32)
Age:			
18–24 years . . . . .	20.6 (0.80)	39.1 (0.94)	46.6 (0.99)
25–44 years . . . . .	16.3 (0.34)	29.9 (0.41)	37.0 (0.45)
45–64 years . . . . .	15.7 (0.39)	22.5 (0.46)	31.5 (0.50)
65–74 years . . . . .	18.7 (0.80)	16.9 (0.70)	30.4 (0.90)
75 years and over . . . . .	14.5 (0.72)	9.4 (0.69)	20.7 (0.83)
Race:			
White, single race . . . . .	17.5 (0.29)	27.0 (0.33)	35.9 (0.37)
Black or African American, single race . . . . .	12.5 (0.57)	25.3 (0.78)	31.4 (0.75)
American Indian or Alaska Native, single race . . . . .	18.9 (3.14)	28.5 (4.36)	37.3 (4.28)
Asian, single race . . . . .	14.3 (1.28)	22.0 (1.33)	30.6 (1.72)
Native Hawaiian or other Pacific Islander, single race . . . . .	*23.4 (7.92)	28.6 (8.50)	33.6 (8.76)
2 or more races . . . . .	20.2 (2.01)	30.5 (2.24)	38.4 (2.28)
Black or African American, white . . . . .	*24.2 (7.75)	47.4 (8.92)	59.7 (9.06)
American Indian or Alaska Native, white . . . . .	20.0 (3.04)	22.4 (2.77)	31.2 (3.12)
Hispanic or Latino origin and race:			
Hispanic or Latino . . . . .	11.3 (0.50)	21.4 (0.58)	26.9 (0.65)
Mexican or Mexican-American . . . . .	11.0 (0.63)	20.2 (0.69)	25.8 (0.77)
Not Hispanic or Latino . . . . .	17.5 (0.28)	27.2 (0.31)	36.1 (0.36)
White, single race . . . . .	18.2 (0.31)	27.7 (0.35)	36.9 (0.40)
Black or African American, single race . . . . .	12.5 (0.58)	25.3 (0.78)	31.3 (0.76)
Education:			
Less than high school graduate . . . . .	12.2 (0.46)	14.9 (0.55)	21.9 (0.60)
GED diploma <sup>4</sup> . . . . .	15.8 (1.25)	21.7 (1.46)	28.6 (1.65)
High school graduate . . . . .	17.2 (0.48)	21.9 (0.48)	31.4 (0.57)
Some college - no degree . . . . .	18.9 (0.59)	30.4 (0.66)	39.0 (0.74)
Associate of arts degree . . . . .	17.8 (0.73)	28.8 (0.92)	38.0 (0.99)
Bachelor of arts, science degree . . . . .	17.3 (0.52)	36.2 (0.74)	44.1 (0.75)
Master's, doctorate, medical degree . . . . .	19.3 (0.82)	39.0 (0.96)	48.4 (1.07)
Poverty status: <sup>5</sup>			
Below poverty level . . . . .	14.8 (0.84)	22.1 (0.97)	29.3 (1.07)
≥ 1 but < 2 times poverty level . . . . .	14.5 (0.62)	19.9 (0.66)	27.8 (0.77)
≥ 2 but < 4 times poverty level . . . . .	17.9 (0.44)	25.2 (0.50)	34.3 (0.56)
4 times poverty level or more . . . . .	19.0 (0.45)	33.6 (0.50)	42.6 (0.56)
Marital status:			
Never married . . . . .	19.1 (0.58)	36.3 (0.67)	44.1 (0.73)
Married . . . . .	16.1 (0.31)	23.7 (0.34)	32.5 (0.39)
Cohabiting . . . . .	16.5 (0.93)	29.0 (1.15)	36.1 (1.23)
Divorced or separated . . . . .	16.4 (0.57)	25.5 (0.68)	33.5 (0.74)
Widowed . . . . .	15.1 (0.98)	11.5 (0.88)	22.8 (1.19)
Geographic region:			
Northeast . . . . .	17.9 (0.60)	27.3 (0.70)	36.6 (0.76)
Midwest . . . . .	16.8 (0.46)	26.1 (0.51)	35.0 (0.58)
South . . . . .	15.4 (0.43)	25.1 (0.50)	32.4 (0.58)
West . . . . .	18.3 (0.62)	29.3 (0.63)	38.6 (0.70)
Place of residence: <sup>6</sup>			
MSA, central city . . . . .	14.9 (0.42)	27.2 (0.53)	34.6 (0.59)
MSA, not central city . . . . .	17.4 (0.37)	27.7 (0.41)	36.3 (0.44)
Not MSA . . . . .	17.8 (0.60)	23.0 (0.64)	32.6 (0.77)

See footnotes at end of table.

**Table 5.4. Percent of adults 18 years of age and over who engaged in regular leisure-time physical activity, by type of activity and selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Regular activity <sup>1</sup>		
	Light-moderate	Vigorous	Any
Women			
Percent (standard error)			
Ages 18 years and over (crude) <sup>2</sup> . . . . .	14.3 (0.20)	18.9 (0.24)	28.0 (0.28)
Ages 18 years and over (age-adjusted) <sup>2,3</sup> . . . . .	14.3 (0.20)	19.0 (0.24)	28.1 (0.28)
Age:			
18–24 years . . . . .	15.1 (0.67)	24.5 (0.78)	32.8 (0.87)
25–44 years . . . . .	14.6 (0.30)	23.3 (0.38)	31.7 (0.42)
45–64 years . . . . .	14.5 (0.34)	17.4 (0.39)	27.3 (0.46)
65–74 years . . . . .	15.6 (0.61)	10.6 (0.49)	22.9 (0.67)
75 years and over . . . . .	9.1 (0.44)	4.2 (0.33)	12.3 (0.53)
Race:			
White, single race . . . . .	15.1 (0.23)	19.9 (0.27)	29.5 (0.31)
Black or African American, single race . . . . .	9.8 (0.42)	13.3 (0.51)	20.0 (0.63)
American Indian or Alaska Native, single race . . . . .	11.2 (2.27)	12.4 (2.30)	19.8 (3.41)
Asian, single race . . . . .	13.4 (1.09)	16.0 (1.03)	25.0 (1.25)
Native Hawaiian or other Pacific Islander, single race . . . . .	*17.8 (5.53)	*21.1 (7.64)	37.0 (8.22)
2 or more races . . . . .	14.6 (1.84)	23.0 (2.25)	30.7 (2.70)
Black or African American, white . . . . .	22.1 (6.32)	29.9 (6.76)	36.9 (6.91)
American Indian or Alaska Native, white . . . . .	16.9 (3.12)	16.6 (3.07)	27.2 (3.95)
Hispanic or Latino origin and race:			
Hispanic or Latino . . . . .	9.2 (0.35)	14.0 (0.49)	20.5 (0.57)
Mexican or Mexican-American . . . . .	9.6 (0.45)	13.0 (0.63)	19.9 (0.71)
Not Hispanic or Latino . . . . .	14.8 (0.22)	19.4 (0.26)	28.9 (0.30)
White, single race . . . . .	15.7 (0.25)	20.6 (0.30)	30.5 (0.33)
Black or African American, single race . . . . .	9.9 (0.43)	13.3 (0.51)	20.1 (0.63)
Education:			
Less than high school graduate . . . . .	9.6 (0.37)	8.2 (0.33)	15.3 (0.45)
GED diploma <sup>4</sup> . . . . .	13.1 (1.13)	11.0 (1.02)	20.1 (1.30)
High school graduate . . . . .	13.5 (0.34)	13.4 (0.33)	23.3 (0.43)
Some college - no degree . . . . .	15.9 (0.44)	22.2 (0.49)	31.9 (0.57)
Associate of arts degree . . . . .	14.4 (0.59)	22.8 (0.65)	31.7 (0.71)
Bachelor of arts, science degree . . . . .	17.4 (0.53)	29.7 (0.63)	39.0 (0.62)
Master's, doctorate, medical degree . . . . .	18.6 (0.80)	33.3 (0.94)	43.5 (1.08)
Poverty status: <sup>5</sup>			
Below poverty level . . . . .	11.6 (0.55)	12.5 (0.63)	20.3 (0.77)
≥ 1 but < 2 times poverty level . . . . .	12.0 (0.46)	11.5 (0.40)	20.1 (0.52)
≥ 2 but < 4 times poverty level . . . . .	14.9 (0.40)	18.2 (0.41)	28.2 (0.50)
4 times poverty level or more . . . . .	17.2 (0.36)	27.9 (0.48)	37.5 (0.50)
Marital status:			
Never married . . . . .	13.8 (0.50)	24.6 (0.59)	32.2 (0.64)
Married . . . . .	15.2 (0.28)	19.8 (0.32)	29.6 (0.38)
Cohabiting . . . . .	14.9 (0.85)	19.7 (0.93)	28.2 (1.09)
Divorced or separated . . . . .	13.4 (0.40)	17.2 (0.45)	25.8 (0.51)
Widowed . . . . .	10.7 (0.39)	6.6 (0.34)	15.5 (0.49)
Geographic region:			
Northeast . . . . .	15.0 (0.42)	19.5 (0.50)	29.4 (0.55)
Midwest . . . . .	13.9 (0.35)	19.2 (0.51)	28.4 (0.56)
South . . . . .	12.9 (0.40)	16.7 (0.43)	25.0 (0.52)
West . . . . .	16.5 (0.38)	21.9 (0.48)	31.9 (0.51)
Place of residence: <sup>6</sup>			
MSA, central city . . . . .	13.3 (0.34)	18.5 (0.42)	27.1 (0.47)
MSA, not central city . . . . .	14.4 (0.31)	20.4 (0.39)	29.4 (0.43)
Not MSA . . . . .	15.3 (0.48)	15.7 (0.53)	26.0 (0.63)

\*Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Regular leisure-time physical activity: "light-moderate" is defined as engaging in light-moderate activity at least five times per week for at least 30 minutes each time, "vigorous" is defined as engaging in vigorous activity at least three times per week for at least 20 minutes each time, and "any" is defined as meeting either criterion or both criteria.<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>4</sup>GED is General Educational Development high school equivalency diploma.<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent excludes persons with unknown leisure-time physical activity status. See "Appendix II" for definitions of terms.

**Table 5.5. Percent of adults 18 years of age and over who engaged in any leisure-time strengthening activities by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Engaged in any strengthening activities <sup>1</sup>		
	Both sexes	Men	Women
		Percent (standard error)	
Ages 18 years and over (crude) <sup>2</sup>	23.2(0.23)	27.5(0.30)	19.3(0.26)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	23.1(0.22)	27.0(0.29)	19.4(0.26)
Age			
18–24 years	36.5(0.68)	45.3(0.91)	27.8(0.82)
25–44 years	27.2(0.32)	31.6(0.42)	23.0(0.40)
45–64 years	18.6(0.32)	20.5(0.45)	16.9(0.40)
65–74 years	12.4(0.41)	14.3(0.66)	10.9(0.46)
75 years and over	9.2(0.41)	11.9(0.68)	7.4(0.46)
Race			
White, single race	23.3(0.25)	26.8(0.32)	20.0(0.29)
Black or African American, single race	22.7(0.58)	32.0(0.99)	15.4(0.51)
American Indian or Alaska Native, single race	20.1(2.43)	27.8(3.41)	12.5(2.53)
Asian, single race	23.9(1.06)	29.1(1.56)	18.9(1.33)
Native Hawaiian or other Pacific Islander, single race	35.1(6.49)	36.8(8.83)	*32.0(9.78)
2 or more races	31.4(1.91)	34.9(2.85)	27.7(2.46)
Black or African American, white	36.0(5.42)	48.1(8.81)	25.3(6.13)
American Indian or Alaska Native, white	23.8(2.75)	24.9(3.88)	22.3(3.29)
Hispanic or Latino origin and race			
Hispanic or Latino	16.9(0.44)	21.9(0.64)	12.1(0.47)
Mexican or Mexican-American	16.4(0.53)	21.0(0.79)	11.8(0.60)
Not Hispanic or Latino	23.9(0.25)	28.1(0.32)	20.1(0.28)
White, single race	24.1(0.27)	27.5(0.35)	20.9(0.32)
Black or African American, single race	22.7(0.58)	32.0(1.00)	15.3(0.51)
Education			
Less than high school graduate	11.4(0.33)	15.3(0.53)	7.8(0.34)
GED diploma <sup>4</sup>	15.4(0.92)	20.3(1.34)	10.4(0.98)
High school graduate	17.1(0.30)	21.6(0.47)	13.4(0.35)
Some college - no degree	28.0(0.44)	33.5(0.69)	23.3(0.52)
Associate of arts degree	27.0(0.60)	30.9(0.96)	23.7(0.71)
Bachelor of arts, science degree	34.2(0.50)	37.6(0.70)	30.9(0.63)
Master's, doctorate, medical degree	37.1(0.68)	39.2(0.89)	34.8(0.95)
Poverty status <sup>5</sup>			
Below poverty level	18.3(0.78)	25.5(1.20)	13.4(0.72)
≥ 1 but < 2 times poverty level	15.6(0.41)	20.3(0.64)	11.9(0.44)
≥ 2 but < 4 times poverty level	22.9(0.34)	26.1(0.49)	19.8(0.43)
4 times poverty level or more	32.1(0.35)	35.3(0.46)	28.6(0.49)
Marital status			
Never married	35.0(0.52)	41.5(0.69)	27.1(0.67)
Married	20.9(0.26)	23.0(0.33)	18.9(0.33)
Cohabiting	26.2(0.80)	30.6(1.13)	21.6(1.02)
Divorced or separated	21.7(0.39)	26.0(0.64)	18.8(0.46)
Widowed	9.8(0.38)	13.8(0.94)	8.8(0.40)
Geographic region			
Northeast	23.7(0.45)	27.8(0.62)	20.1(0.55)
Midwest	24.9(0.49)	29.4(0.60)	20.7(0.58)
South	20.0(0.40)	24.2(0.54)	16.2(0.41)
West	26.6(0.50)	30.7(0.59)	22.6(0.61)
Place of residence <sup>6</sup>			
MSA, central city	23.8(0.42)	29.3(0.57)	19.0(0.42)
MSA, not central city	24.8(0.34)	28.8(0.42)	21.0(0.40)
Not MSA	18.6(0.60)	21.8(0.75)	15.7(0.65)

\*Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Strengthening activities: Leisure-time physical activities specifically designed to strengthen muscles such as weight lifting or calisthenics. No minimum duration imposed when asking frequency and no duration question asked.<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.

<sup>3</sup>Estimates of age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>4</sup>GED is General Educational Development high school equivalency diploma.

<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>6</sup>MSA is metropolitan statistical area (see “Appendix II”).

NOTES: Denominator for each percent excludes persons with unknown strengthening activity status. See “Appendix II” for definitions of terms.

**Table 6.1. Percent of adults 18 years of age and over who were overweight, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Overweight (BMI or 25 or more) <sup>1</sup>		
	Both sexes	Men	Women
	Percent of adults (standard error)		
Ages 18 years and over (crude) <sup>2</sup> . . . . .	57.0 (0.22)	65.3 (0.30)	49.2 (0.27)
Ages 18 years and over (age-adjusted) <sup>2,3</sup> . . . . .	57.1 (0.21)	65.2 (0.29)	49.1 (0.27)
Age			
18–24 years . . . . .	37.9 (0.63)	42.6 (0.85)	33.2 (0.86)
25–44 years . . . . .	56.7 (0.32)	67.9 (0.44)	45.7 (0.41)
45–64 years . . . . .	65.7 (0.35)	73.2 (0.47)	58.5 (0.50)
65–74 years . . . . .	63.5 (0.61)	68.9 (0.93)	58.9 (0.79)
75 years and over . . . . .	49.6 (0.66)	53.7 (1.03)	46.9 (0.80)
Race			
White, single race . . . . .	56.5 (0.24)	66.1 (0.32)	47.1 (0.31)
Black or African American, single race . . . . .	66.0 (0.55)	65.4 (0.82)	66.5 (0.69)
American Indian or Alaska Native, single race . . . . .	69.6 (2.21)	77.7 (2.95)	61.5 (2.87)
Asian, single race . . . . .	30.6 (1.14)	37.7 (1.66)	23.7 (1.33)
Native Hawaiian or other Pacific Islander, single race . . . . .	72.2 (5.92)	72.9 (7.92)	71.0 (8.12)
2 or more races . . . . .	60.6 (1.84)	68.1 (2.37)	52.4 (2.56)
Black or African American, white . . . . .	57.8 (5.77)	69.2 (7.77)	47.1 (7.65)
American Indian or Alaska Native, white . . . . .	65.8 (2.67)	67.7 (3.34)	63.4 (4.01)
Hispanic or Latino origin and race			
Hispanic or Latino . . . . .	63.1 (0.55)	69.0 (0.70)	57.3 (0.76)
Mexican or Mexican-American . . . . .	66.1 (0.69)	70.5 (0.93)	61.5 (0.97)
Not Hispanic or Latino . . . . .	56.3 (0.23)	64.8 (0.32)	48.2 (0.29)
White, single race . . . . .	55.8 (0.25)	65.8 (0.34)	46.1 (0.32)
Black or African American, single race . . . . .	66.1 (0.56)	65.5 (0.83)	66.5 (0.70)
Education			
Less than high school graduate . . . . .	60.7 (0.44)	62.9 (0.63)	58.7 (0.58)
GED diploma <sup>4</sup> . . . . .	61.3 (1.21)	65.7 (1.74)	56.5 (1.74)
High school graduate . . . . .	59.2 (0.38)	67.2 (0.54)	52.0 (0.49)
Some college - no degree . . . . .	55.4 (0.47)	64.5 (0.68)	47.3 (0.63)
Associate of arts degree . . . . .	59.7 (0.66)	70.2 (0.84)	50.6 (0.91)
Bachelor of arts, science degree . . . . .	52.0 (0.51)	64.6 (0.72)	39.0 (0.62)
Master's, doctorate, medical degree . . . . .	50.6 (0.75)	62.5 (0.96)	36.4 (1.00)
Poverty status <sup>5</sup>			
Below poverty level . . . . .	56.1 (0.68)	56.7 (1.02)	55.6 (0.84)
≥ 1 but < 2 times poverty level . . . . .	57.5 (0.54)	60.2 (0.81)	55.2 (0.66)
≥ 2 but < 4 times poverty level . . . . .	58.8 (0.39)	66.3 (0.56)	51.3 (0.56)
4 times poverty level or more . . . . .	56.5 (0.37)	68.8 (0.50)	42.8 (0.50)
Marital status			
Never married . . . . .	46.3 (0.50)	50.1 (0.62)	41.6 (0.71)
Married . . . . .	60.7 (0.27)	71.2 (0.35)	49.8 (0.38)
Cohabiting . . . . .	53.3 (0.84)	62.3 (1.10)	43.8 (1.10)
Divorced or separated . . . . .	59.1 (0.49)	65.7 (0.76)	54.3 (0.65)
Widowed . . . . .	55.1 (0.59)	57.5 (1.24)	54.5 (0.64)
Geographic region			
Northeast . . . . .	55.2 (0.51)	64.6 (0.69)	46.6 (0.61)
Midwest . . . . .	58.0 (0.40)	65.5 (0.60)	50.7 (0.51)
South . . . . .	58.2 (0.37)	66.3 (0.47)	50.6 (0.49)
West . . . . .	55.3 (0.49)	63.7 (0.71)	46.8 (0.55)
Place of residence <sup>6</sup>			
MSA, central city . . . . .	55.8 (0.38)	62.1 (0.58)	49.9 (0.49)
MSA, not central city . . . . .	56.7 (0.30)	66.2 (0.41)	47.4 (0.41)
Not MSA . . . . .	59.5 (0.58)	67.0 (0.64)	52.4 (0.70)

<sup>1</sup>Body Mass Index (BMI) is calculated as kilograms/meters<sup>2</sup>, using self-reported height and weight. Overweight is defined as a BMI greater than or equal to 25, which includes obese.<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.<sup>4</sup>GED is General Educational Development high school equivalency diploma.<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown BMI index. See "Appendix II" for definitions of terms.

**Table 6.2. Percent distributions of body weight status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Body weight status <sup>1</sup>			
		Not overweight		Overweight	
		Underweight	Healthy weight	Overweight (but not obese)	Obese
Both sexes		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>2</sup>	100.0	2.2 (0.06)	40.8 (0.21)	35.4 (0.19)	21.6 (0.18)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	2.2 (0.06)	40.8 (0.21)	35.4 (0.19)	21.6 (0.18)
Age:					
18–24 years	100.0	4.6 (0.26)	57.5 (0.65)	24.3 (0.52)	13.6 (0.43)
25–44 years	100.0	2.0 (0.08)	41.3 (0.30)	35.2 (0.29)	21.6 (0.26)
45–64 years	100.0	1.1 (0.07)	33.2 (0.35)	39.2 (0.32)	26.6 (0.34)
65–74 years	100.0	1.7 (0.14)	34.8 (0.59)	39.8 (0.57)	23.6 (0.52)
75 years and over	100.0	3.7 (0.22)	46.7 (0.68)	35.4 (0.59)	14.2 (0.45)
Race:					
White, single race	100.0	2.1 (0.06)	41.4 (0.24)	35.7 (0.21)	20.8 (0.20)
Black or African American, single race	100.0	1.4 (0.11)	32.6 (0.55)	35.8 (0.46)	30.2 (0.46)
American Indian or Alaska Native, single race	100.0	*2.0 (0.90)	28.3 (2.02)	34.5 (1.81)	35.2 (2.25)
Asian, single race	100.0	5.9 (0.57)	63.5 (1.20)	24.5 (1.08)	6.2 (0.55)
Native Hawaiian or other Pacific Islander, single race	100.0	*0.5 (0.53)	27.2 (5.91)	33.3 (5.53)	38.9 (6.50)
2 or more races	100.0	2.2 (0.49)	37.2 (1.81)	33.7 (1.67)	26.8 (1.72)
Black or African American, white	100.0	*1.3 (0.95)	40.9 (5.74)	31.5 (5.23)	26.3 (5.39)
American Indian or Alaska Native, white	100.0	*1.7 (0.57)	32.5 (2.56)	33.5 (2.20)	32.4 (2.56)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	1.3 (0.11)	35.6 (0.55)	39.8 (0.55)	23.4 (0.47)
Mexican or Mexican-American	100.0	1.2 (0.13)	32.7 (0.67)	40.7 (0.70)	25.4 (0.66)
Not Hispanic or Latino	100.0	2.3 (0.06)	41.4 (0.23)	34.9 (0.19)	21.4 (0.19)
White, single race	100.0	2.2 (0.07)	42.0 (0.25)	35.2 (0.22)	20.6 (0.22)
Black or African American, single race	100.0	1.4 (0.11)	32.5 (0.56)	35.8 (0.46)	30.3 (0.46)
Education:					
Less than high school graduate	100.0	2.6 (0.15)	36.7 (0.42)	35.3 (0.44)	25.4 (0.40)
GED diploma <sup>4</sup>	100.0	1.9 (0.35)	36.8 (1.21)	34.5 (1.13)	26.8 (1.12)
High school graduate	100.0	1.9 (0.11)	38.9 (0.37)	35.8 (0.35)	23.3 (0.33)
Some college - no degree	100.0	2.4 (0.14)	42.2 (0.46)	33.6 (0.42)	21.8 (0.36)
Associate of arts degree	100.0	1.9 (0.18)	38.4 (0.65)	36.7 (0.68)	23.0 (0.59)
Bachelor of arts, science degree	100.0	2.1 (0.14)	45.9 (0.50)	36.3 (0.48)	15.7 (0.37)
Master's, doctorate, medical degree	100.0	1.9 (0.17)	47.5 (0.72)	35.4 (0.66)	15.2 (0.50)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	3.0 (0.18)	40.9 (0.68)	31.1 (0.55)	25.0 (0.61)
≥ 1 but < 2 times poverty level	100.0	2.4 (0.15)	40.1 (0.53)	33.5 (0.46)	24.0 (0.46)
≥ 2 but < 4 times poverty level	100.0	1.9 (0.10)	39.4 (0.38)	35.3 (0.35)	23.5 (0.36)
4 times poverty level or more	100.0	1.9 (0.10)	41.6 (0.36)	37.5 (0.35)	19.1 (0.27)
Marital status:					
Never married	100.0	3.5 (0.18)	50.2 (0.49)	27.9 (0.40)	18.4 (0.37)
Married	100.0	1.5 (0.06)	37.8 (0.26)	38.1 (0.25)	22.6 (0.25)
Cohabiting	100.0	2.5 (0.25)	44.2 (0.83)	33.2 (0.78)	20.1 (0.63)
Divorced or separated	100.0	2.0 (0.13)	38.9 (0.47)	35.4 (0.49)	23.7 (0.41)
Widowed	100.0	3.6 (0.22)	41.3 (0.58)	34.2 (0.54)	20.8 (0.48)
Geographic region:					
Northeast	100.0	2.1 (0.14)	42.7 (0.48)	35.7 (0.45)	19.5 (0.41)
Midwest	100.0	2.0 (0.11)	40.1 (0.40)	34.9 (0.35)	23.0 (0.33)
South	100.0	2.3 (0.09)	39.4 (0.36)	35.1 (0.29)	23.2 (0.33)
West	100.0	2.1 (0.14)	42.7 (0.49)	36.1 (0.49)	19.2 (0.36)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	2.3 (0.10)	41.9 (0.38)	34.4 (0.33)	21.4 (0.31)
MSA, not central city	100.0	2.1 (0.09)	41.2 (0.29)	36.1 (0.27)	20.5 (0.24)
Not MSA	100.0	2.1 (0.12)	38.4 (0.58)	34.8 (0.39)	24.6 (0.47)

See footnotes at end of table.



**Table 6.2. Percent distributions of body weight status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Body weight status <sup>1</sup>			
		Not overweight		Overweight	
		Underweight	Healthy weight	Overweight (but not obese)	Obese
Men		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>2</sup>	100.0	0.9 (0.06)	33.8 (0.29)	43.4 (0.29)	21.8 (0.27)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	0.9 (0.06)	33.8 (0.29)	43.5 (0.29)	21.7 (0.26)
Age:					
18–24 years	100.0	2.4 (0.28)	55.1 (0.84)	29.1 (0.77)	13.5 (0.60)
25–44 years	100.0	0.7 (0.07)	31.5 (0.43)	45.5 (0.45)	22.3 (0.38)
45–64 years	100.0	0.5 (0.06)	26.4 (0.47)	46.5 (0.50)	26.6 (0.46)
65–74 years	100.0	1.1 (0.19)	30.0 (0.91)	46.7 (0.91)	22.1 (0.73)
75 years and over	100.0	1.4 (0.24)	44.9 (1.04)	41.2 (0.99)	12.5 (0.65)
Race:					
White, single race	100.0	0.9 (0.06)	33.0 (0.32)	44.4 (0.32)	21.8 (0.30)
Black or African American, single race	100.0	1.0 (0.17)	33.6 (0.81)	40.5 (0.77)	25.0 (0.71)
American Indian or Alaska Native, single race	100.0	*0.7 (0.52)	21.6 (2.95)	38.3 (2.73)	39.3 (3.38)
Asian, single race	100.0	2.5 (0.53)	59.8 (1.67)	31.2 (1.62)	6.5 (0.75)
Native Hawaiian or other Pacific Islander, single race	100.0	*—	27.1 (7.92)	26.7 (6.39)	46.1 (8.76)
2 or more races	100.0	*0.6 (0.28)	31.4 (2.36)	40.9 (2.63)	27.2 (2.22)
Black or African American, white	100.0	*1.6 (1.59)	29.2 (7.68)	37.8 (8.15)	31.4 (8.68)
American Indian or Alaska Native, white	100.0	*0.8 (0.49)	31.5 (3.28)	36.3 (3.28)	31.4 (3.39)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	0.6 (0.11)	30.4 (0.71)	46.8 (0.78)	22.2 (0.70)
Mexican or Mexican-American	100.0	0.5 (0.12)	29.0 (0.94)	46.9 (1.05)	23.6 (0.97)
Not Hispanic or Latino	100.0	1.0 (0.06)	34.2 (0.31)	43.0 (0.30)	21.8 (0.28)
White, single race	100.0	0.9 (0.07)	33.3 (0.34)	44.0 (0.34)	21.7 (0.32)
Black or African American, single race	100.0	1.0 (0.17)	33.5 (0.82)	40.5 (0.77)	25.1 (0.72)
Education:					
Less than high school graduate	100.0	1.6 (0.16)	35.5 (0.61)	39.2 (0.67)	23.7 (0.60)
GED diploma <sup>4</sup>	100.0	*1.3 (0.40)	32.9 (1.73)	40.7 (1.66)	25.0 (1.58)
High school graduate	100.0	0.8 (0.10)	32.0 (0.52)	43.2 (0.54)	24.0 (0.50)
Some college - no degree	100.0	1.1 (0.16)	34.4 (0.65)	41.8 (0.64)	22.7 (0.55)
Associate of arts degree	100.0	0.6 (0.15)	29.2 (0.83)	47.0 (1.04)	23.1 (0.87)
Bachelor of arts, science degree	100.0	0.5 (0.09)	34.8 (0.71)	48.0 (0.75)	16.6 (0.53)
Master's, doctorate, medical degree	100.0	0.4 (0.10)	37.1 (0.95)	45.6 (0.93)	16.9 (0.68)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	1.8 (0.25)	41.5 (1.01)	36.2 (0.97)	20.5 (0.95)
≥ 1 but < 2 times poverty level	100.0	1.6 (0.21)	38.1 (0.78)	38.8 (0.72)	21.5 (0.68)
≥ 2 but < 4 times poverty level	100.0	0.8 (0.10)	33.0 (0.55)	42.7 (0.59)	23.6 (0.54)
4 times poverty level or more	100.0	0.6 (0.10)	30.5 (0.50)	47.1 (0.51)	21.8 (0.43)
Marital status:					
Never married	100.0	1.9 (0.19)	48.0 (0.62)	33.4 (0.57)	16.7 (0.48)
Married	100.0	0.5 (0.05)	28.3 (0.35)	47.0 (0.37)	24.2 (0.37)
Cohabiting	100.0	0.9 (0.23)	36.8 (1.11)	42.0 (1.17)	20.4 (0.96)
Divorced or separated	100.0	0.8 (0.12)	33.5 (0.76)	44.9 (0.80)	20.8 (0.65)
Widowed	100.0	2.1 (0.40)	40.4 (1.21)	41.7 (1.19)	15.8 (1.01)
Geographic region:					
Northeast	100.0	1.0 (0.14)	34.5 (0.65)	44.5 (0.63)	20.0 (0.57)
Midwest	100.0	0.8 (0.11)	33.7 (0.60)	42.8 (0.59)	22.8 (0.56)
South	100.0	1.1 (0.10)	32.6 (0.47)	42.8 (0.46)	23.5 (0.45)
West	100.0	0.7 (0.09)	35.6 (0.70)	44.4 (0.72)	19.2 (0.55)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	1.1 (0.12)	36.8 (0.57)	41.9 (0.53)	20.3 (0.42)
MSA, not central city	100.0	0.8 (0.08)	33.0 (0.40)	44.8 (0.42)	21.4 (0.36)
Not MSA	100.0	1.0 (0.12)	32.0 (0.64)	42.1 (0.59)	24.8 (0.59)

See footnotes at end of table.

**Table 6.2. Percent distributions of body weight status for adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Total	Body weight status <sup>1</sup>			
		Not overweight		Overweight	
		Underweight	Healthy weight	Overweight (but not obese)	Obese
Women		Percent distribution (standard error)			
Ages 18 years and over (crude) <sup>2</sup>	100.0	3.3 (0.10)	47.5 (0.27)	27.7 (0.23)	21.5 (0.22)
Ages 18 years and over (age-adjusted) <sup>2,3</sup>	100.0	3.3 (0.10)	47.5 (0.27)	27.6 (0.23)	21.5 (0.22)
Age:					
18–24 years	100.0	6.8 (0.45)	60.0 (0.90)	19.4 (0.68)	13.7 (0.55)
25–44 years	100.0	3.2 (0.15)	51.1 (0.39)	24.9 (0.35)	20.8 (0.33)
45–64 years	100.0	1.7 (0.12)	39.8 (0.49)	32.0 (0.42)	26.5 (0.43)
65–74 years	100.0	2.2 (0.20)	38.9 (0.79)	34.0 (0.73)	24.9 (0.66)
75 years and over	100.0	5.2 (0.32)	47.9 (0.83)	31.5 (0.70)	15.4 (0.55)
Race:					
White, single race	100.0	3.4 (0.11)	49.5 (0.30)	27.3 (0.27)	19.9 (0.24)
Black or African American, single race	100.0	1.7 (0.16)	31.8 (0.69)	32.0 (0.59)	34.5 (0.68)
American Indian or Alaska Native, single race	100.0	*3.4 (1.71)	35.1 (2.92)	30.5 (2.48)	31.0 (3.12)
Asian, single race	100.0	9.1 (0.91)	67.2 (1.44)	17.8 (1.17)	5.9 (0.83)
Native Hawaiian or other Pacific Islander, single race	100.0	*1.5 (1.55)	27.4 (8.13)	45.8 (9.42)	*25.2 (7.59)
2 or more races	100.0	4.0 (0.98)	43.6 (2.48)	26.0 (2.21)	26.4 (2.41)
Black or African American, white	100.0	*1.1 (1.10)	51.8 (7.70)	25.6 (5.82)	21.6 (5.59)
American Indian or Alaska Native, white	100.0	*2.8 (1.14)	33.9 (3.86)	29.7 (3.06)	33.7 (3.51)
Hispanic or Latino origin and race:					
Hispanic or Latino	100.0	2.0 (0.18)	40.7 (0.74)	32.9 (0.71)	24.5 (0.57)
Mexican or Mexican-American	100.0	2.0 (0.24)	36.6 (0.93)	34.2 (0.90)	27.2 (0.78)
Not Hispanic or Latino	100.0	3.5 (0.11)	48.3 (0.28)	27.1 (0.24)	21.1 (0.24)
White, single race	100.0	3.5 (0.12)	50.3 (0.32)	26.7 (0.28)	19.5 (0.26)
Black or African American, single race	100.0	1.7 (0.17)	31.7 (0.70)	32.0 (0.60)	34.5 (0.68)
Education:					
Less than high school graduate	100.0	3.5 (0.26)	37.8 (0.57)	31.6 (0.54)	27.1 (0.52)
GED diploma <sup>4</sup>	100.0	2.5 (0.52)	41.1 (1.74)	27.7 (1.60)	28.8 (1.54)
High school graduate	100.0	3.0 (0.18)	45.0 (0.50)	29.2 (0.44)	22.8 (0.43)
Some college - no degree	100.0	3.5 (0.24)	49.2 (0.59)	26.3 (0.53)	21.0 (0.43)
Associate of arts degree	100.0	3.0 (0.31)	46.4 (0.91)	27.7 (0.88)	22.8 (0.68)
Bachelor of arts, science degree	100.0	3.7 (0.25)	57.3 (0.63)	24.2 (0.56)	14.8 (0.50)
Master's, doctorate, medical degree	100.0	3.7 (0.34)	59.9 (0.99)	23.2 (0.81)	13.2 (0.67)
Poverty status: <sup>5</sup>					
Below poverty level	100.0	3.8 (0.26)	40.6 (0.82)	27.5 (0.66)	28.1 (0.72)
≥ 1 but < 2 times poverty level	100.0	3.1 (0.21)	41.7 (0.65)	29.0 (0.56)	26.2 (0.58)
≥ 2 but < 4 times poverty level	100.0	3.0 (0.19)	45.8 (0.55)	27.9 (0.47)	23.3 (0.46)
4 times poverty level or more	100.0	3.3 (0.19)	53.9 (0.49)	26.7 (0.45)	16.1 (0.37)
Marital status:					
Never married	100.0	5.5 (0.35)	52.9 (0.70)	21.1 (0.52)	20.5 (0.53)
Married	100.0	2.6 (0.12)	47.6 (0.37)	28.9 (0.34)	20.9 (0.31)
Cohabiting	100.0	4.2 (0.47)	52.0 (1.10)	24.0 (0.95)	19.8 (0.84)
Divorced or separated	100.0	2.9 (0.20)	42.8 (0.63)	28.5 (0.59)	25.8 (0.55)
Widowed	100.0	4.0 (0.25)	41.5 (0.64)	32.5 (0.61)	22.0 (0.54)
Geographic region:					
Northeast	100.0	3.1 (0.24)	50.2 (0.57)	27.7 (0.54)	18.9 (0.51)
Midwest	100.0	3.1 (0.20)	46.2 (0.51)	27.5 (0.45)	23.3 (0.46)
South	100.0	3.5 (0.15)	45.8 (0.48)	27.9 (0.41)	22.8 (0.39)
West	100.0	3.5 (0.25)	49.7 (0.52)	27.7 (0.47)	19.2 (0.36)
Place of residence: <sup>6</sup>					
MSA, central city	100.0	3.5 (0.16)	46.6 (0.47)	27.5 (0.39)	22.4 (0.40)
MSA, not central city	100.0	3.3 (0.16)	49.3 (0.39)	27.7 (0.34)	19.7 (0.31)
Not MSA	100.0	3.2 (0.21)	44.4 (0.71)	28.0 (0.54)	24.5 (0.52)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

– Quantity zero.

<sup>1</sup>Body weight status was based on Body Mass Index (BMI) using self-reported height and weight. The formula for BMI is kilograms/meters<sup>2</sup>. Underweight is defined as a BMI of less than 18.5; healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25; overweight, but not obese, is defined as a BMI of greater than or equal to 25 and less than 30; and obese is defined as a BMI of greater than or equal to 30.

<sup>2</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total.

<sup>3</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>4</sup>GED is General Educational Development high school equivalency diploma.

<sup>5</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>6</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent distribution excludes persons with unknown BMI. See "Appendix II" for definitions of terms.

**Table 7.1. Percent of adults 18 years of age and over who engaged in selected unhealthy behaviors, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Selected unhealthy behaviors			
	5 or more drinks in 1 day at least once <sup>1</sup> (past year)	Current cigarette smoker <sup>2</sup>	Physically inactive (leisure time) <sup>3</sup>	Obese <sup>4</sup>
Both sexes				
Percent of adults (standard error)				
Ages 18 years and over (crude) <sup>5</sup> . . . . .	20.0 (0.23)	23.2 (0.21)	38.4 (0.32)	21.6 (0.18)
Ages 18 years and over (age-adjusted) <sup>5,6</sup> . . . . .	19.8 (0.21)	23.1 (0.20)	38.6 (0.32)	21.6 (0.18)
Age:				
18–24 years . . . . .	32.0 (0.77)	27.2 (0.62)	29.9 (0.68)	13.6 (0.43)
25–44 years . . . . .	26.6 (0.32)	26.7 (0.30)	33.7 (0.39)	21.6 (0.26)
45–64 years . . . . .	14.7 (0.26)	23.7 (0.29)	40.5 (0.44)	26.6 (0.34)
65–74 years . . . . .	5.0 (0.24)	13.3 (0.41)	46.6 (0.63)	23.6 (0.52)
75 years and over . . . . .	2.1 (0.19)	6.4 (0.30)	60.8 (0.69)	14.2 (0.45)
Race:				
White, single race . . . . .	21.2 (0.26)	23.5 (0.23)	36.7 (0.35)	20.8 (0.20)
Black or African American, single race . . . . .	11.7 (0.38)	23.2 (0.54)	49.0 (0.71)	30.2 (0.46)
American Indian or Alaska Native, single race . . . . .	24.1 (2.65)	34.5 (2.74)	46.9 (3.53)	35.2 (2.25)
Asian, single race . . . . .	10.9 (0.78)	14.0 (0.79)	37.9 (1.30)	6.2 (0.55)
Native Hawaiian or other Pacific Islander, single race . . . . .	39.5 (5.34)	32.4 (4.42)	31.2 (6.62)	38.9 (6.50)
2 or more races . . . . .	31.3 (1.91)	33.8 (1.54)	29.8 (1.58)	26.8 (1.72)
Black or African American, White . . . . .	24.5 (4.32)	32.7 (4.81)	32.4 (4.92)	26.3 (5.39)
American Indian or Alaska Native, White . . . . .	34.5 (2.98)	40.7 (2.57)	30.1 (2.43)	32.4 (2.56)
Hispanic or Latino origin and race:				
Hispanic or Latino . . . . .	19.0 (0.47)	17.8 (0.40)	53.1 (0.59)	23.4 (0.47)
Mexican or Mexican-American . . . . .	21.7 (0.60)	17.0 (0.45)	53.7 (0.77)	25.4 (0.66)
Not Hispanic or Latino . . . . .	20.1 (0.25)	23.8 (0.23)	36.7 (0.34)	21.4 (0.19)
White, single race . . . . .	21.6 (0.28)	24.1 (0.25)	34.8 (0.37)	20.6 (0.22)
Black or African American, single race . . . . .	11.6 (0.38)	23.2 (0.54)	49.1 (0.71)	30.3 (0.46)
Education:				
Less than high school graduate . . . . .	14.7 (0.34)	28.6 (0.46)	60.0 (0.56)	25.4 (0.40)
GED diploma <sup>7</sup> . . . . .	25.9 (1.10)	48.7 (1.23)	47.7 (1.22)	26.8 (1.12)
High school graduate . . . . .	18.6 (0.37)	27.1 (0.35)	43.6 (0.46)	23.3 (0.33)
Some college - no degree . . . . .	24.3 (0.50)	23.9 (0.39)	32.8 (0.51)	21.8 (0.36)
Associate of arts degree . . . . .	22.1 (0.57)	22.1 (0.57)	31.3 (0.59)	23.0 (0.59)
Bachelor of arts, science degree . . . . .	23.1 (0.49)	13.0 (0.31)	22.6 (0.44)	15.7 (0.37)
Masters, doctorate, medical degree . . . . .	16.0 (0.51)	8.8 (0.37)	19.0 (0.60)	15.2 (0.50)
Poverty status: <sup>8</sup>				
Below poverty level . . . . .	19.7 (0.81)	32.0 (0.74)	52.1 (0.96)	25.0 (0.61)
≥ 1 but < 2 times poverty level . . . . .	17.8 (0.43)	28.9 (0.51)	50.1 (0.62)	24.0 (0.46)
≥ 2 but < 4 times poverty level . . . . .	21.3 (0.36)	25.9 (0.32)	36.7 (0.47)	23.5 (0.36)
4 times poverty level or more . . . . .	25.2 (0.36)	18.4 (0.30)	24.4 (0.39)	19.1 (0.27)
Marital status:				
Never married . . . . .	30.2 (0.54)	26.2 (0.45)	31.5 (0.52)	18.4 (0.37)
Married . . . . .	16.8 (0.25)	19.3 (0.24)	37.5 (0.37)	22.6 (0.25)
Cohabiting . . . . .	35.5 (0.82)	41.6 (0.80)	37.1 (0.85)	20.1 (0.63)
Divorced or separated . . . . .	21.1 (0.43)	35.0 (0.45)	43.0 (0.54)	23.7 (0.41)
Widowed . . . . .	3.7 (0.22)	14.3 (0.45)	59.2 (0.63)	20.8 (0.48)
Geographic region:				
Northeast . . . . .	20.4 (0.48)	21.9 (0.45)	36.5 (0.57)	19.5 (0.41)
Midwest . . . . .	24.1 (0.58)	25.6 (0.42)	35.7 (0.62)	23.0 (0.33)
South . . . . .	16.3 (0.33)	24.3 (0.36)	43.4 (0.60)	23.2 (0.33)
West . . . . .	21.2 (0.46)	19.2 (0.41)	34.5 (0.68)	19.2 (0.36)
Place of residence: <sup>9</sup>				
MSA, central city . . . . .	20.0 (0.40)	23.5 (0.35)	40.6 (0.58)	21.4 (0.31)
MSA, not central city . . . . .	20.4 (0.32)	21.8 (0.30)	35.9 (0.40)	20.5 (0.24)
Not MSA . . . . .	18.8 (0.62)	26.1 (0.45)	41.5 (1.00)	24.6 (0.47)

See footnotes at end of table.

**Table 7.1. Percent of adults 18 years of age and over who engaged in selected unhealthy behaviors, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Selected unhealthy behaviors			
	5 or more drinks in 1 day at least once <sup>1</sup> (past year)	Current cigarette smoker <sup>2</sup>	Physically inactive (leisure time) <sup>3</sup>	Obese <sup>4</sup>
Men				
Percent of adults (standard error)				
Ages 18 years and over (crude) <sup>5</sup>	29.5 (0.33)	25.5 (0.30)	35.4 (0.39)	21.8 (0.27)
Ages 18 years and over (age-adjusted) <sup>5,6</sup>	28.7 (0.31)	25.1 (0.29)	35.8 (0.38)	21.7 (0.26)
Age:				
18–24 years	40.7 (1.07)	29.5 (0.84)	25.3 (0.90)	13.5 (0.60)
25–44 years	38.0 (0.50)	28.8 (0.41)	31.4 (0.48)	22.3 (0.38)
45–64 years	23.5 (0.42)	26.2 (0.47)	39.8 (0.59)	26.6 (0.46)
65–74 years	9.0 (0.48)	13.6 (0.64)	42.1 (0.93)	22.1 (0.73)
75 years and over	4.4 (0.44)	6.8 (0.51)	54.4 (1.08)	12.5 (0.65)
Race:				
White, single race	30.9 (0.38)	25.4 (0.34)	34.2 (0.43)	21.8 (0.30)
Black or African American, single race	19.2 (0.64)	27.4 (0.78)	42.8 (0.98)	25.0 (0.71)
American Indian or Alaska Native, single race	29.4 (3.62)	32.0 (4.55)	40.3 (4.37)	39.3 (3.38)
Asian, single race	17.2 (1.33)	21.3 (1.40)	33.4 (2.14)	6.5 (0.75)
Native Hawaiian or other Pacific Islander, single race	54.5 (7.02)	36.3 (6.08)	32.4 (8.41)	46.1 (8.76)
2 or more races	42.2 (2.50)	35.9 (2.31)	26.2 (2.32)	27.2 (2.22)
Black or African American, White	32.3 (7.76)	33.2 (7.69)	*18.4 (6.30)	31.4 (8.68)
American Indian or Alaska Native, White	43.8 (3.89)	41.0 (3.50)	28.1 (3.46)	31.4 (3.39)
Hispanic or Latino origin and race:				
Hispanic or Latino	30.9 (0.77)	23.2 (0.63)	50.3 (0.85)	22.2 (0.70)
Mexican or Mexican-American	35.4 (1.01)	22.8 (0.81)	51.4 (1.09)	23.6 (0.97)
Not Hispanic or Latino	29.3 (0.36)	25.8 (0.32)	33.6 (0.41)	21.8 (0.28)
White, single race	31.0 (0.41)	25.6 (0.36)	32.3 (0.45)	21.7 (0.32)
Black or African American, single race	19.1 (0.64)	27.4 (0.79)	42.8 (0.98)	25.1 (0.72)
Education:				
Less than high school graduate	23.7 (0.60)	33.4 (0.65)	56.2 (0.78)	23.7 (0.60)
GED diploma <sup>7</sup>	35.6 (1.78)	50.4 (1.81)	44.6 (1.75)	25.0 (1.58)
High school graduate	29.5 (0.61)	30.7 (0.53)	40.8 (0.63)	24.0 (0.50)
Some college - no degree	34.8 (0.76)	25.8 (0.60)	29.5 (0.68)	22.7 (0.55)
Associate of arts degree	31.9 (0.95)	23.4 (0.87)	29.2 (1.01)	23.1 (0.87)
Bachelor of arts, science degree	31.8 (0.73)	14.0 (0.50)	20.4 (0.59)	16.6 (0.53)
Masters, doctorate, medical degree	22.2 (0.81)	9.1 (0.52)	17.0 (0.75)	16.9 (0.68)
Poverty status: <sup>8</sup>				
Below poverty level	30.9 (1.28)	36.2 (1.10)	47.8 (1.35)	20.5 (0.95)
≥ 1 but < 2 times poverty level	27.2 (0.77)	33.5 (0.77)	47.2 (0.89)	21.5 (0.68)
≥ 2 but < 4 times poverty level	30.4 (0.56)	28.8 (0.49)	35.4 (0.63)	23.6 (0.54)
4 times poverty level or more	35.0 (0.53)	19.8 (0.43)	22.8 (0.48)	21.8 (0.43)
Marital status:				
Never married	38.7 (0.71)	28.5 (0.61)	27.9 (0.64)	16.7 (0.48)
Married	24.8 (0.38)	21.0 (0.34)	36.4 (0.46)	24.2 (0.37)
Cohabiting	45.0 (1.15)	43.0 (1.10)	35.6 (1.17)	20.4 (0.96)
Divorced or separated	34.1 (0.79)	39.4 (0.76)	40.0 (0.80)	20.8 (0.65)
Widowed	11.2 (0.82)	17.4 (0.98)	54.6 (1.29)	15.8 (1.01)
Geographic region:				
Northeast	30.3 (0.83)	23.3 (0.56)	32.8 (0.73)	20.0 (0.57)
Midwest	34.3 (0.71)	28.2 (0.59)	33.2 (0.86)	22.8 (0.56)
South	24.8 (0.51)	27.0 (0.54)	40.2 (0.63)	23.5 (0.45)
West	31.2 (0.70)	21.6 (0.63)	31.7 (0.82)	19.2 (0.55)
Place of residence: <sup>9</sup>				
MSA, central city	30.3 (0.59)	26.8 (0.47)	36.6 (0.68)	20.3 (0.42)
MSA, not central city	29.7 (0.47)	23.6 (0.42)	33.0 (0.50)	21.4 (0.36)
Not MSA	27.9 (0.86)	28.7 (0.68)	39.6 (1.07)	24.8 (0.59)

See footnotes at end of table.

**Table 7.1. Percent of adults 18 years of age and over who engaged in selected unhealthy behaviors, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

## INTERNET RELEASE ONLY

Selected characteristic	Selected unhealthy behaviors			
	5 or more drinks in 1 day at least once <sup>1</sup> (past year)	Current cigarette smoker <sup>2</sup>	Physically inactive (leisure time) <sup>3</sup>	Obese <sup>4</sup>
Women				
Percent of adults (standard error)				
Ages 18 years and over (crude) <sup>5</sup>	11.4 (0.20)	21.0 (0.23)	41.2 (0.36)	21.5 (0.22)
Ages 18 years and over (age-adjusted) <sup>5,6</sup>	11.5 (0.20)	21.2 (0.23)	41.0 (0.36)	21.5 (0.22)
Age:				
18–24 years	23.5 (0.80)	24.9 (0.75)	34.4 (0.87)	13.7 (0.55)
25–44 years	15.8 (0.31)	24.7 (0.38)	36.0 (0.47)	20.8 (0.33)
45–64 years	6.6 (0.24)	21.3 (0.36)	41.3 (0.53)	26.5 (0.43)
65–74 years	1.7 (0.19)	13.0 (0.49)	50.3 (0.78)	24.9 (0.66)
75 years and over	0.6 (0.13)	6.2 (0.35)	65.0 (0.77)	15.4 (0.55)
Race:				
White, single race	12.4 (0.24)	21.8 (0.26)	39.0 (0.39)	19.9 (0.24)
Black or African American, single race	5.8 (0.37)	19.8 (0.61)	54.0 (0.82)	34.5 (0.68)
American Indian or Alaska Native, single race	18.9 (3.19)	36.9 (3.85)	53.2 (4.39)	31.0 (3.12)
Asian, single race	4.9 (0.62)	6.9 (0.71)	42.3 (1.51)	5.9 (0.83)
Native Hawaiian or other Pacific Islander, single race	*13.4 (7.25)	*25.3 (7.82)	*29.0 (9.06)	*25.2 (7.59)
2 or more races	20.1 (2.04)	31.6 (2.00)	33.5 (2.20)	26.4 (2.41)
Black or African American, White	18.2 (4.65)	32.4 (6.23)	44.9 (6.92)	21.6 (5.59)
American Indian or Alaska Native, White	22.6 (3.29)	40.3 (3.60)	32.7 (4.03)	33.7 (3.51)
Hispanic or Latino origin and race:				
Hispanic or Latino	7.7 (0.34)	12.5 (0.46)	55.8 (0.75)	24.5 (0.57)
Mexican or Mexican-American	7.9 (0.40)	10.9 (0.53)	56.0 (0.93)	27.2 (0.78)
Not Hispanic or Latino	11.8 (0.22)	22.0 (0.25)	39.5 (0.38)	21.1 (0.24)
White, single race	13.0 (0.26)	22.8 (0.29)	37.0 (0.41)	19.5 (0.26)
Black or African American, single race	5.8 (0.38)	19.8 (0.61)	54.2 (0.83)	34.5 (0.68)
Education:				
Less than high school graduate	6.4 (0.29)	24.1 (0.53)	63.6 (0.67)	27.1 (0.52)
GED diploma <sup>7</sup>	15.9 (1.19)	47.0 (1.52)	50.9 (1.63)	28.8 (1.54)
High school graduate	9.5 (0.30)	24.1 (0.43)	45.9 (0.52)	22.8 (0.43)
Some college - no degree	15.4 (0.49)	22.2 (0.51)	35.7 (0.63)	21.0 (0.43)
Associate of arts degree	14.0 (0.62)	21.0 (0.71)	31.0 (0.82)	22.8 (0.68)
Bachelor of arts, science degree	14.6 (0.46)	12.0 (0.40)	24.7 (0.57)	14.8 (0.50)
Masters, doctorate, medical degree	8.9 (0.48)	8.5 (0.51)	21.4 (0.84)	13.2 (0.67)
Poverty status: <sup>8</sup>				
Below poverty level	12.2 (0.69)	29.2 (0.83)	55.1 (0.99)	28.1 (0.72)
≥ 1 but < 2 times poverty level	10.2 (0.42)	25.1 (0.58)	52.5 (0.73)	26.2 (0.58)
≥ 2 but < 4 times poverty level	12.6 (0.35)	23.1 (0.42)	38.0 (0.58)	23.3 (0.46)
4 times poverty level or more	14.7 (0.38)	16.9 (0.40)	26.1 (0.52)	16.1 (0.37)
Marital status:				
Never married	20.2 (0.62)	23.3 (0.58)	35.9 (0.70)	20.5 (0.53)
Married	9.1 (0.23)	17.7 (0.29)	38.5 (0.44)	20.9 (0.31)
Cohabiting	25.9 (1.10)	40.1 (1.12)	38.6 (1.09)	19.8 (0.84)
Divorced or separated	12.3 (0.38)	31.9 (0.57)	45.1 (0.65)	25.8 (0.55)
Widowed	2.1 (0.19)	13.5 (0.48)	60.2 (0.68)	22.0 (0.54)
Geographic region:				
Northeast	12.0 (0.41)	20.8 (0.55)	39.7 (0.66)	18.9 (0.51)
Midwest	14.9 (0.53)	23.3 (0.48)	38.0 (0.63)	23.3 (0.46)
South	8.6 (0.29)	21.8 (0.39)	46.2 (0.72)	22.8 (0.39)
West	11.7 (0.39)	17.0 (0.46)	37.2 (0.71)	19.2 (0.36)
Place of residence: <sup>9</sup>				
MSA, central city	11.1 (0.33)	20.6 (0.42)	44.3 (0.61)	22.4 (0.40)
MSA, not central city	11.8 (0.29)	20.1 (0.36)	38.6 (0.49)	19.7 (0.31)
Not MSA	10.9 (0.53)	23.8 (0.51)	43.2 (1.09)	24.5 (0.52)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Five or more drinks in 1 day at least once in the past year was asked of only current drinkers but estimates reflect percent of all adults who engaged in this behavior (as shown in table 3.3).<sup>2</sup>Smoked at least 100 cigarettes in lifetime and currently smoked.<sup>3</sup>Never engaged in any light, moderate, or vigorous leisure-time physical activity.<sup>4</sup>Obese is defined as a body mass index (BMI) greater than or equal to 30.

<sup>5</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in total.

<sup>6</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>7</sup>GED is General Educational Development high school equivalency diploma.

<sup>8</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>9</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent excludes persons with unknown health behavior characteristic. See "Appendix II" for definitions of terms.

**Table 7.2 Percent of adults 18 years of age and over who engaged in selected healthy behaviors, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Selected healthy behaviors			
	Did not have 5 or more drinks in 1 day <sup>1</sup> (past year)	Never smoked cigarettes <sup>2</sup>	Any regular leisure- time physical activity <sup>3</sup>	Healthy weight <sup>4</sup>
Both sexes				
Percent of adults (standard error)				
Ages 18 years and over (crude) <sup>5</sup>	80.0 (0.23)	54.4 (0.23)	31.4 (0.25)	40.8 (0.21)
Ages 18 years and over (age-adjusted) <sup>5,6</sup>	80.2 (0.21)	54.3 (0.22)	31.3 (0.24)	40.8 (0.21)
Age:				
18–24 years	68.0 (0.77)	65.1 (0.67)	39.7 (0.69)	57.5 (0.65)
25–44 years	73.4 (0.32)	58.5 (0.31)	34.3 (0.33)	41.3 (0.30)
45–64 years	85.3 (0.26)	46.2 (0.36)	29.3 (0.36)	33.2 (0.35)
65–74 years	95.0 (0.24)	45.7 (0.60)	26.3 (0.58)	34.8 (0.59)
75 years and over	97.9 (0.19)	55.8 (0.65)	15.6 (0.50)	46.7 (0.68)
Race:				
White, single race	78.8 (0.26)	52.2 (0.24)	32.6 (0.28)	41.4 (0.24)
Black or African American, single race	88.3 (0.38)	62.3 (0.58)	25.1 (0.52)	32.6 (0.55)
American Indian or Alaska Native, single race	75.9 (2.65)	44.7 (3.26)	28.4 (3.09)	28.3 (2.02)
Asian, single race	89.1 (0.78)	75.0 (0.92)	27.8 (1.02)	63.5 (1.20)
Native Hawaiian or other Pacific Islander, single race	60.5 (5.34)	51.7 (5.06)	34.8 (6.30)	27.2 (5.91)
2 or more races	68.7 (1.91)	44.2 (1.79)	34.6 (1.59)	37.2 (1.81)
Black or African American, White	75.5 (4.32)	50.2 (5.63)	47.3 (5.54)	40.9 (5.74)
American Indian or Alaska Native, White	65.5 (2.98)	32.2 (2.52)	29.4 (2.42)	32.5 (2.56)
Hispanic or Latino origin and race:				
Hispanic or Latino	81.0 (0.47)	67.9 (0.53)	23.6 (0.44)	35.6 (0.55)
Mexican or Mexican-American	78.3 (0.60)	69.1 (0.59)	22.8 (0.55)	32.7 (0.67)
Not Hispanic or Latino	79.9 (0.25)	52.8 (0.24)	32.3 (0.26)	41.4 (0.23)
White, single race	78.4 (0.28)	50.6 (0.25)	33.6 (0.30)	42.0 (0.25)
Black or African American, single race	88.4 (0.38)	62.2 (0.58)	25.1 (0.53)	32.5 (0.56)
Education:				
Less than high school graduate	85.3 (0.34)	49.5 (0.50)	18.5 (0.39)	36.7 (0.42)
GED diploma <sup>7</sup>	74.1 (1.10)	30.0 (1.06)	24.4 (1.07)	36.8 (1.21)
High school graduate	81.4 (0.37)	50.6 (0.40)	27.0 (0.37)	38.9 (0.37)
Some college - no degree	75.7 (0.50)	53.8 (0.50)	35.2 (0.50)	42.2 (0.46)
Associate of arts degree	77.9 (0.57)	55.6 (0.60)	34.6 (0.61)	38.4 (0.65)
Bachelor of arts, science degree	76.9 (0.49)	64.5 (0.49)	41.6 (0.51)	45.9 (0.50)
Masters, doctorate, medical degree	84.0 (0.51)	66.4 (0.64)	46.1 (0.78)	47.5 (0.72)
Poverty status: <sup>8</sup>				
Below poverty level	80.3 (0.81)	53.6 (0.81)	24.0 (0.71)	40.9 (0.68)
≥ 1 but < 2 times poverty level	82.2 (0.43)	51.1 (0.56)	23.5 (0.47)	40.1 (0.53)
≥ 2 but < 4 times poverty level	78.7 (0.36)	51.8 (0.38)	31.2 (0.39)	39.4 (0.38)
4 times poverty level or more	74.8 (0.36)	56.2 (0.37)	40.1 (0.41)	41.6 (0.36)
Marital status:				
Never married	69.8 (0.54)	63.5 (0.49)	38.7 (0.53)	50.2 (0.49)
Married	83.2 (0.25)	54.4 (0.28)	31.1 (0.30)	37.8 (0.26)
Cohabiting	64.5 (0.82)	41.9 (0.79)	32.2 (0.86)	44.2 (0.83)
Divorced or separated	78.9 (0.43)	42.4 (0.46)	29.0 (0.45)	38.9 (0.47)
Widowed	96.3 (0.22)	57.1 (0.61)	16.9 (0.47)	41.3 (0.58)
Geographic region:				
Northeast	79.6 (0.48)	52.6 (0.54)	32.8 (0.50)	42.7 (0.48)
Midwest	75.9 (0.58)	52.4 (0.45)	31.6 (0.48)	40.1 (0.40)
South	83.7 (0.33)	54.5 (0.41)	28.6 (0.44)	39.4 (0.36)
West	78.8 (0.46)	58.3 (0.43)	35.2 (0.50)	42.7 (0.49)
Place of residence: <sup>9</sup>				
MSA, central city	80.0 (0.40)	56.7 (0.37)	30.6 (0.45)	41.9 (0.38)
MSA, not central city	79.6 (0.32)	54.3 (0.33)	32.8 (0.34)	41.2 (0.29)
Not MSA	81.2 (0.62)	51.3 (0.57)	29.1 (0.61)	38.4 (0.58)

See footnotes at end of table.



**Table 7.2 Percent of adults 18 years of age and over who engaged in selected healthy behaviors, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Selected healthy behaviors			
	Did not have 5 or more drinks in 1 day (past year) <sup>1</sup>	Never smoked cigarettes <sup>2</sup>	Any regular leisure- time physical activity <sup>3</sup>	Healthy weight <sup>4</sup>
Men				
Percent of adults (standard error)				
Age 18 years and over (crude) <sup>5</sup>	70.5 (0.33)	48.0 (0.34)	35.1 (0.33)	33.8 (0.29)
Ages 18 years and over (age-adjusted) <sup>5,6</sup>	71.3 (0.31)	47.4 (0.32)	34.8 (0.32)	33.8 (0.29)
Age:				
18–24 years	59.3 (1.07)	63.2 (0.90)	46.6 (0.99)	55.1 (0.84)
25–44 years	62.0 (0.50)	55.7 (0.44)	37.0 (0.45)	31.5 (0.43)
45–64 years	76.5 (0.42)	37.7 (0.56)	31.5 (0.50)	26.4 (0.47)
65–74 years	91.0 (0.48)	30.7 (0.77)	30.4 (0.90)	30.0 (0.91)
75 years and over	95.6 (0.44)	35.7 (1.08)	20.7 (0.83)	44.9 (1.04)
Race:				
White, single race	69.1 (0.38)	46.3 (0.36)	35.9 (0.37)	33.0 (0.32)
Black or African American, single race	80.8 (0.64)	54.7 (0.91)	31.4 (0.75)	33.6 (0.81)
American Indian or Alaska Native, single race	70.6 (3.62)	41.6 (5.21)	37.3 (4.28)	21.6 (2.95)
Asian, single race	82.8 (1.33)	62.6 (1.53)	30.6 (1.72)	59.8 (1.67)
Native Hawaiian or other Pacific Islander, single race	45.5 (7.02)	46.4 (7.17)	33.6 (8.76)	27.1 (7.92)
2 or more races	57.8 (2.50)	38.4 (2.84)	38.4 (2.28)	31.4 (2.36)
Black or African American, White	67.7 (7.76)	53.3 (8.47)	59.7 (9.06)	29.2 (7.68)
American Indian or Alaska Native, White	56.2 (3.89)	25.4 (3.51)	31.2 (3.12)	31.5 (3.28)
Hispanic or Latino origin and race:				
Hispanic or Latino	69.1 (0.77)	58.6 (0.79)	26.9 (0.65)	30.4 (0.71)
Mexican or Mexican-American	64.6 (1.01)	59.1 (0.98)	25.8 (0.77)	29.0 (0.94)
Not Hispanic or Latino	70.7 (0.36)	46.7 (0.36)	36.1 (0.36)	34.2 (0.31)
White, single race	69.0 (0.41)	45.1 (0.37)	36.9 (0.40)	33.3 (0.34)
Black or African American, single race	80.9 (0.64)	54.6 (0.92)	31.3 (0.76)	33.5 (0.82)
Education:				
Less than high school graduate	76.3 (0.60)	38.3 (0.69)	21.9 (0.60)	35.5 (0.61)
GED diploma <sup>7</sup>	64.4 (1.78)	23.6 (1.51)	28.6 (1.65)	32.9 (1.73)
High school graduate	70.5 (0.61)	43.4 (0.57)	31.4 (0.57)	32.0 (0.52)
Some college - no degree	65.2 (0.76)	48.2 (0.71)	39.0 (0.74)	34.4 (0.65)
Associate of arts degree	68.1 (0.95)	51.8 (1.00)	38.0 (0.99)	29.2 (0.83)
Bachelor of arts, science degree	68.2 (0.73)	60.3 (0.72)	44.1 (0.75)	34.8 (0.71)
Masters, doctorate, medical degree	77.8 (0.81)	62.9 (0.99)	48.4 (1.07)	37.1 (0.95)
Poverty status: <sup>8</sup>				
Below poverty level	69.1 (1.28)	46.1 (1.19)	29.3 (1.07)	41.5 (1.01)
≥ 1 but < 2 times poverty level	72.8 (0.77)	41.9 (0.87)	27.8 (0.77)	38.1 (0.78)
≥ 2 but < 4 times poverty level	69.6 (0.56)	45.4 (0.57)	34.3 (0.56)	33.0 (0.55)
4 times poverty level or more	65.0 (0.53)	52.1 (0.51)	42.6 (0.56)	30.5 (0.50)
Marital status:				
Never married	61.3 (0.71)	60.6 (0.65)	44.1 (0.73)	48.0 (0.62)
Married	75.2 (0.38)	46.8 (0.41)	32.5 (0.39)	28.3 (0.35)
Cohabiting	55.0 (1.15)	39.8 (1.10)	36.1 (1.23)	36.8 (1.11)
Divorced or separated	65.9 (0.79)	35.0 (0.67)	33.5 (0.74)	33.5 (0.76)
Widowed	88.8 (0.82)	35.0 (1.19)	22.8 (1.19)	40.4 (1.21)
Geographic region:				
Northeast	69.7 (0.83)	47.9 (0.85)	36.6 (0.76)	34.5 (0.65)
Midwest	65.7 (0.71)	46.0 (0.53)	35.0 (0.58)	33.7 (0.60)
South	75.2 (0.51)	47.1 (0.62)	32.4 (0.58)	32.6 (0.47)
West	68.8 (0.70)	52.2 (0.72)	38.6 (0.70)	35.6 (0.70)
Place of residence: <sup>9</sup>				
MSA, central city	69.7 (0.59)	50.3 (0.51)	34.6 (0.59)	36.8 (0.57)
MSA, not central city	70.3 (0.47)	48.8 (0.48)	36.3 (0.44)	33.0 (0.40)
Not MSA	72.1 (0.86)	43.0 (0.75)	32.6 (0.77)	32.0 (0.64)

See footnotes at end of table.

**Table 7.2 Percent of adults 18 years of age and over who engaged in selected healthy behaviors, by selected characteristics: United States, average annual, 1999–2001—Con.**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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Selected characteristic	Selected healthy behaviors			
	Did not have 5 or more drinks in 1 day (past year) <sup>1</sup>	Never smoked cigarettes <sup>2</sup>	Any regular leisure-time physical activity <sup>3</sup>	Healthy weight <sup>4</sup>
Women				
Percent of adults (standard error)				
Ages 18 years and over (crude) <sup>5</sup>	88.6 (0.20)	60.2 (0.28)	28.0 (0.28)	47.5 (0.27)
Ages 18 years and over (age-adjusted) <sup>5,6</sup>	88.5 (0.20)	60.2 (0.28)	28.1 (0.28)	47.5 (0.27)
Age:				
18–24 years	76.5 (0.80)	67.0 (0.81)	32.8 (0.87)	60.0 (0.90)
25–44 years	84.2 (0.31)	61.2 (0.43)	31.7 (0.42)	51.1 (0.39)
45–64 years	93.4 (0.24)	54.2 (0.44)	27.3 (0.46)	39.8 (0.49)
65–74 years	98.3 (0.19)	58.0 (0.81)	22.9 (0.67)	38.9 (0.79)
75 years and over	99.4 (0.13)	68.7 (0.72)	12.3 (0.53)	47.9 (0.83)
Race:				
White, single race	87.6 (0.24)	57.6 (0.31)	29.5 (0.31)	49.5 (0.30)
Black or African American, single race	94.2 (0.37)	68.3 (0.64)	20.0 (0.63)	31.8 (0.69)
American Indian or Alaska Native, single race	81.1 (3.19)	47.8 (4.18)	19.8 (3.41)	35.1 (2.92)
Asian, single race	95.1 (0.62)	87.1 (0.97)	25.0 (1.25)	67.2 (1.44)
Native Hawaiian or other Pacific Islander, single race	86.6 (7.25)	61.2 (8.33)	37.0 (8.22)	27.4 (8.13)
2 or more races	79.9 (2.04)	50.2 (2.07)	30.7 (2.70)	43.6 (2.48)
Black or African American, white	81.8 (4.65)	47.6 (6.90)	36.9 (6.91)	51.8 (7.70)
American Indian or Alaska Native, white	77.4 (3.29)	40.8 (3.66)	27.2 (3.95)	33.9 (3.86)
Hispanic or Latino origin and race:				
Hispanic or Latino	92.3 (0.34)	76.9 (0.63)	20.5 (0.57)	40.7 (0.74)
Mexican or Mexican-American	92.1 (0.40)	79.2 (0.69)	19.9 (0.71)	36.6 (0.93)
Not Hispanic or Latino	88.2 (0.22)	58.3 (0.31)	28.9 (0.30)	48.3 (0.28)
White, single race	87.0 (0.26)	55.7 (0.34)	30.5 (0.33)	50.3 (0.32)
Black or African American, single race	94.2 (0.38)	68.3 (0.63)	20.1 (0.63)	31.7 (0.70)
Education:				
Less than high school graduate	93.6 (0.29)	60.0 (0.63)	15.3 (0.45)	37.8 (0.57)
GED diploma <sup>7</sup>	84.1 (1.19)	36.7 (1.47)	20.1 (1.30)	41.1 (1.74)
High school graduate	90.5 (0.30)	56.8 (0.53)	23.3 (0.43)	45.0 (0.50)
Some college - no degree	84.6 (0.49)	58.6 (0.65)	31.9 (0.57)	49.2 (0.59)
Associate of arts degree	86.0 (0.62)	58.7 (0.79)	31.7 (0.71)	46.4 (0.91)
Bachelor of arts, science degree	85.4 (0.46)	68.6 (0.60)	39.0 (0.62)	57.3 (0.63)
Masters, doctorate, medical degree	91.1 (0.48)	70.6 (0.85)	43.5 (1.08)	59.9 (0.99)
Poverty status: <sup>8</sup>				
Below poverty level	87.8 (0.69)	58.7 (0.90)	20.3 (0.77)	40.6 (0.82)
≥ 1 but < 2 times poverty level	89.8 (0.42)	58.6 (0.65)	20.1 (0.52)	41.7 (0.65)
≥ 2 but < 4 times poverty level	87.4 (0.35)	58.1 (0.50)	28.2 (0.50)	45.8 (0.55)
4 times poverty level or more	85.3 (0.38)	60.7 (0.50)	37.5 (0.50)	53.9 (0.49)
Marital status:				
Never married	79.8 (0.62)	67.0 (0.64)	32.2 (0.64)	52.9 (0.70)
Married	90.9 (0.23)	62.0 (0.36)	29.6 (0.38)	47.6 (0.37)
Cohabiting	74.1 (1.10)	44.0 (1.13)	28.2 (1.09)	52.0 (1.10)
Divorced or separated	87.7 (0.38)	47.6 (0.60)	25.8 (0.51)	42.8 (0.63)
Widowed	97.9 (0.19)	62.1 (0.68)	15.5 (0.49)	41.5 (0.64)
Geographic region:				
Northeast	88.0 (0.41)	56.7 (0.65)	29.4 (0.55)	50.2 (0.57)
Midwest	85.1 (0.53)	58.3 (0.58)	28.4 (0.56)	46.2 (0.51)
South	91.4 (0.29)	61.3 (0.48)	25.0 (0.52)	45.8 (0.48)
West	88.3 (0.39)	64.2 (0.56)	31.9 (0.51)	49.7 (0.52)
Place of residence: <sup>9</sup>				
MSA, central city	88.9 (0.33)	62.3 (0.49)	27.1 (0.47)	46.6 (0.47)
MSA, not central city	88.2 (0.29)	59.6 (0.41)	29.4 (0.43)	49.3 (0.39)
Not MSA	89.1 (0.53)	58.8 (0.67)	26.0 (0.63)	44.4 (0.71)

\* Figure does not meet standards of reliability or precision (see "Appendix I").

<sup>1</sup>Estimates for adults who did not have five or more drinks in 1 day were calculated for this table only and are not shown elsewhere in the report. The question asking about having five or more drinks in 1 day in the past year was asked only of current drinkers but the estimates shown here reflect the percent of all adults who engaged in this behavior.

<sup>2</sup>Never smoked cigarettes or smoked fewer than 100 cigarettes in lifetime.

<sup>3</sup>Engaging in light-moderate activity at least 5 times per week for at least 30 minutes each time or engaging in vigorous activity at least 3 times per week for at least 20 minutes each time or meeting either criterion or both criteria.

<sup>4</sup>Healthy weight is defined as a BMI greater than or equal to 18.5 and less than 25.

<sup>5</sup>Persons of other races and unknown race and ethnicity, unknown education, unknown poverty status, and unknown marital status are included in total.

<sup>6</sup>Estimates are age-adjusted to the 2000 U.S. standard population using age groups 18–44 years, 45–64 years, and 65 years and over.

<sup>7</sup>GED is General Educational Development high school equivalency diploma.

<sup>8</sup>Poverty status is based on family income and family size using the U.S. Census Bureau poverty thresholds for 1998, 1999, and 2000.

<sup>9</sup>MSA is metropolitan statistical area (see "Appendix II").

NOTES: Denominator for each percent excludes persons with unknown health behavior characteristic. See "Appendix II" for definitions of terms.

**Table X. Number of adults 18 years of age and over, by selected characteristics: United States, average annual, 1999–2001**

[CRUDE (unadjusted) estimates, with age-adjusted totals. Companion to Series 10, No. 219.]

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	Both sexes	Men	Women
	Number (in thousands)		
Total <sup>1</sup> . . . . .	201,716	96,646	105,069
Age			
18–24 years . . . . .	26,465	13,197	13,267
25–44 years . . . . .	82,013	40,257	41,756
45–64 years . . . . .	60,560	29,294	31,266
65–74 years . . . . .	17,802	8,042	9,760
75 years and over . . . . .	14,877	5,857	9,020
Race			
White, single race . . . . .	163,889	79,047	84,842
Black or African American, single race . . . . .	22,710	10,070	12,640
American Indian or Alaska Native, single race . . . . .	1,241	607	634
Asian, single race . . . . .	6,421	3,175	3,246
Native Hawaiian or other Pacific Islander, single race . . . . .	203	130	74
2 or more races . . . . .	2,028	1,035	993
Black or African American, white . . . . .	212	97	115
American Indian or Alaska Native, white . . . . .	945	531	414
Hispanic or Latino origin and race			
Hispanic or Latino . . . . .	21,238	10,467	10,772
Mexican or Mexican-American . . . . .	12,837	6,528	6,309
Not Hispanic or Latino . . . . .	180,421	86,139	94,282
White, single race . . . . .	148,527	71,433	77,094
Black or African American, single race . . . . .	22,446	9,971	12,475
Education			
Less than high school graduate . . . . .	35,595	17,271	18,323
GED diploma <sup>2</sup> . . . . .	5,061	2,578	2,483
High school graduate . . . . .	55,131	25,480	29,652
Some college - no degree . . . . .	39,463	18,286	21,177
Associate of arts degree . . . . .	18,006	8,224	9,783
Bachelor of arts, science degree . . . . .	30,968	15,450	15,519
Masters, doctorate, medical degree . . . . .	15,561	8,352	7,209
Poverty status <sup>3</sup>			
Below poverty level . . . . .	16,474	6,684	9,790
≥ 1 but < 2 times poverty level . . . . .	26,632	11,979	14,653
≥ 2 but < 4 times poverty level . . . . .	49,363	24,371	24,992
4 times poverty level or more . . . . .	62,001	32,245	29,756
Marital status			
Never married . . . . .	38,010	20,866	17,144
Married . . . . .	117,262	58,604	58,658
Cohabiting . . . . .	11,502	5,812	5,690
Divorced or separated . . . . .	20,845	8,582	12,263
Widowed . . . . .	13,514	2,500	11,013
Geographic region			
Northeast . . . . .	39,113	18,182	20,932
Midwest . . . . .	50,573	24,367	26,206
South . . . . .	73,087	34,915	38,172
West . . . . .	38,943	19,182	19,760
Place of residence <sup>4</sup>			
MSA, central city . . . . .	56,711	26,748	29,963
MSA, not central city . . . . .	102,594	49,824	52,770
Not MSA . . . . .	42,411	20,075	22,336

<sup>1</sup>Persons of other or unknown race or Hispanic ethnicity, unknown education, unknown poverty status, and unknown marital status are included in the total but not shown separately.<sup>2</sup>GED is General Development high school equivalency diploma.<sup>3</sup>Poverty status is based on family income and family size using the U.S. Census Bureau thresholds for 1998, 1999, and 2000.<sup>4</sup>MSA is metropolitan statistical area. See Appendix II for details.

NOTE: Population estimates were calculated using the 1999–2001 National Health Interview Surveys and can be used in conjunction with the unadjusted statistics to calculate the numbers of persons in each category shown in the tables of Series 10, no. 219.