Table P-1a. Age-adjusted percent distribution (with standard errors) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 100.0 | 36.9 (0.32) | 31.3 (0.29) | 22.8 (0.26) | 7.1 (0.11) | 2.0 (0.06) |
| Sex |  |  |  |  |  |  |
| Male | 100.0 | 37.2 (0.37) | 31.2 (0.33) | 22.7 (0.30) | 6.9 (0.14) | 1.9 (0.08) |
| Female | 100.0 | 36.6 (0.35) | 31.3 (0.33) | 22.8 (0.28) | 7.3 (0.14) | 2.0 (0.07) |
| Age |  |  |  |  |  |  |
| Under 12 years | 100.0 | 59.7 (0.72) | 26.0 (0.58) | 12.9 (0.50) | 1.2 (0.11) | 0.2 (0.05) |
| 12-17 years | 100.0 | 55.2 (0.81) | 27.1 (0.72) | 15.6 (0.62) | 1.9 (0.19) | 0.2 (0.07) |
| 18-44 years | 100.0 | 37.6 (0.43) | 34.3 (0.41) | 22.0 (0.34) | 5.1 (0.16) | 1.0 (0.07) |
| 45-64 years | 100.0 | 23.1 (0.41) | 32.8 (0.45) | 28.6 (0.40) | 11.6 (0.28) | 3.9 (0.15) |
| 65-74 years | 100.0 | 17.8 (0.56) | 32.2 (0.62) | 31.2 (0.61) | 14.7 (0.46) | 4.1 (0.24) |
| 75 years and over | 100.0 | 12.5 (0.53) | 26.2 (0.72) | 35.6 (0.74) | 19.3 (0.58) | 6.3 (0.37) |
| Race |  |  |  |  |  |  |
| One race ${ }^{2}$ | 100.0 | 37.0 (0.33) | 31.3 (0.30) | 22.7 (0.26) | 7.1 (0.12) | 1.9 (0.06) |
| White | 100.0 | 37.7 (0.37) | 31.9 (0.34) | 22.0 (0.28) | 6.6 (0.13) | 1.8 (0.06) |
| Black or African American | 100.0 | 32.4 (0.77) | 27.5 (0.71) | 26.6 (0.68) | 10.7 (0.40) | 2.9 (0.19) |
| American Indian or Alaska Native | 100.0 | 25.0 (2.39) | 25.5 (2.17) | 31.9 (3.54) | 12.7 (1.38) | 5.0 (1.01) |
| Asian | 100.0 | 39.0 (1.17) | 33.0 (1.16) | 21.0 (1.02) | 5.5 (0.44) | 1.5 (0.22) |
| Native Hawaiian or Other Pacific Islander | 100.0 | 35.5 (5.42) | 24.6 (3.75) | 27.2 (4.87) | 11.0 (2.49) | 1.6 (0.75) |
| Two or more races ${ }^{3}$ | 100.0 | 32.7 (1.33) | 29.3 (1.42) | 25.2 (1.30) | 9.0 (0.86) | 3.7 (0.59) |
| Black or African American, white | 100.0 | 34.6 (3.12) | 31.4 (4.06) | 25.3 (3.75) | * | * |
| American Indian or Alaska Native, white | 100.0 | 25.8 (1.91) | 28.9 (2.39) | 29.6 (2.19) | 10.9 (1.32) | 4.7 (0.99) |
| Hispanic or Latino origin ${ }^{4}$ and race |  |  |  |  |  |  |
| Hispanic or Latino | 100.0 | 33.3 (0.67) | 26.8 (0.74) | 27.5 (0.70) | 10.1 (0.37) | 2.2 (0.19) |
| Mexican or Mexican American | 100.0 | 32.2 (0.84) | 26.4 (1.00) | 28.8 (0.95) | 10.3 (0.48) | 2.4 (0.28) |
| Not Hispanic or Latino | 100.0 | 37.7 (0.35) | 32.1 (0.30) | 21.6 (0.25) | 6.6 (0.12) | 1.9 (0.06) |
| White, single race | 100.0 | 39.0 (0.40) | 32.9 (0.36) | 20.4 (0.27) | 5.9 (0.12) | 1.8 (0.06) |
| Black or African American, single race | 100.0 | 32.3 (0.79) | 27.4 (0.73) | 26.7 (0.71) | 10.6 (0.40) | 2.9 (0.20) |
| Education ${ }^{5}$ |  |  |  |  |  |  |
| Less than a high school diploma | 100.0 | 18.0 (0.64) | 23.1 (0.75) | 33.3 (0.72) | 19.2 (0.56) | 6.4 (0.34) |
| High school diploma or GED ${ }^{6}$ | 100.0 | 20.8 (0.44) | 30.7 (0.50) | 32.8 (0.48) | 12.1 (0.32) | 3.5 (0.17) |
| Some college | 100.0 | 24.3 (0.43) | 34.6 (0.45) | 28.5 (0.42) | 9.9 (0.26) | 2.8 (0.14) |
| Bachelor's degree or higher | 100.0 | 36.4 (0.47) | 37.9 (0.47) | 20.1 (0.38) | 4.6 (0.18) | 0.9 (0.07) |

Table P-1a. Age-adjusted percent distribution (with standard errors) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Family income ${ }^{7}$ |  |  |  |  |  |  |
| Less than \$35,000 | 100.0 | 27.3 (0.53) | 26.3 (0.47) | 28.6 (0.49) | 13.1 (0.28) | 4.7 (0.17) |
| \$35,000 or more | 100.0 | 40.3 (0.39) | 33.5 (0.36) | 20.3 (0.29) | 5.0 (0.12) | 1.0 (0.05) |
| \$35,000-\$49,999 | 100.0 | 34.2 (0.86) | 29.8 (0.81) | 25.8 (0.70) | 8.3 (0.38) | 2.0 (0.16) |
| \$50,000-\$74,999 | 100.0 | 34.6 (0.72) | 34.3 (0.73) | 23.5 (0.56) | 6.3 (0.26) | 1.2 (0.11) |
| \$75,000-\$99,999 | 100.0 | 39.1 (0.83) | 33.1 (0.77) | 21.8 (0.69) | 5.1 (0.29) | 0.9 (0.10) |
| \$100,000 or more | 100.0 | 46.2 (0.61) | 34.5 (0.56) | 15.8 (0.42) | 2.8 (0.16) | 0.6 (0.07) |
| Poverty status ${ }^{8}$ |  |  |  |  |  |  |
| Poor | 100.0 | 26.1 (0.70) | 23.0 (0.62) | 29.5 (0.69) | 15.3 (0.43) | 6.1 (0.28) |
| Near poor | 100.0 | 30.1 (0.67) | 27.1 (0.60) | 27.2 (0.56) | 11.7 (0.33) | 3.9 (0.20) |
| Not poor | 100.0 | 40.9 (0.38) | 33.7 (0.36) | 19.7 (0.28) | 4.8 (0.11) | 1.0 (0.04) |
| Health insurance coverage ${ }^{9}$ |  |  |  |  |  |  |
| Under 65: |  |  |  |  |  |  |
| Private | 100.0 | 44.5 (0.41) | 33.9 (0.39) | 17.6 (0.28) | 3.5 (0.10) | 0.5 (0.04) |
| Medicaid and other public | 100.0 | 29.8 (0.66) | 23.7 (0.59) | 28.2 (0.63) | 12.9 (0.37) | 5.4 (0.26) |
| Other coverage | 100.0 | 33.6 (1.67) | 25.5 (1.55) | 22.9 (1.42) | 12.9 (0.90) | 5.0 (0.46) |
| Uninsured | 100.0 | 34.1 (1.07) | 29.1 (0.95) | 27.9 (1.06) | 7.3 (0.37) | 1.7 (0.19) |
| 65 and over: |  |  |  |  |  |  |
| Private | 100.0 | 17.3 (0.61) | 32.1 (0.74) | 33.2 (0.74) | 13.7 (0.53) | 3.7 (0.31) |
| Dual eligible | 100.0 | 6.4 (0.91) | 13.3 (1.23) | 32.5 (1.84) | 32.4 (1.75) | 15.4 (1.33) |
| Medicare Advantage | 100.0 | 16.2 (0.82) | 31.5 (1.05) | 32.8 (1.10) | 15.5 (0.76) | 3.9 (0.39) |
| Medicare only | 100.0 | 14.6 (0.89) | 26.6 (1.09) | 34.6 (1.10) | 18.8 (0.93) | 5.4 (0.49) |
| Other coverage | 100.0 | 11.6 (1.09) | 27.6 (1.46) | 33.0 (1.59) | 20.4 (1.47) | 7.5 (0.95) |
| Uninsured | 100.0 | * | 22.6 (5.91) | 36.6 (6.88) | * | * |
| Place of residence ${ }^{10}$ |  |  |  |  |  |  |
| Large MSA | 100.0 | 38.5 (0.45) | 31.3 (0.42) | 21.8 (0.34) | 6.7 (0.15) | 1.6 (0.07) |
| Small MSA | 100.0 | 35.7 (0.56) | 31.7 (0.49) | 23.4 (0.48) | 7.1 (0.21) | 2.2 (0.11) |
| Not in MSA | 100.0 | 32.3 (0.76) | 30.6 (0.68) | 25.6 (0.69) | 8.7 (0.32) | 2.9 (0.19) |
| Region |  |  |  |  |  |  |
| Northeast | 100.0 | 39.5 (0.83) | 31.3 (0.73) | 21.1 (0.60) | 6.4 (0.26) | 1.6 (0.11) |
| Midwest | 100.0 | 34.6 (0.62) | 33.2 (0.51) | 23.6 (0.49) | 7.0 (0.25) | 1.7 (0.10) |
| South | 100.0 | 36.4 (0.53) | 30.6 (0.48) | 22.8 (0.40) | 7.8 (0.20) | 2.5 (0.11) |
| West | 100.0 | 37.7 (0.69) | 30.6 (0.66) | 23.2 (0.60) | 6.8 (0.22) | 1.7 (0.10) |

Table P-1a. Age-adjusted percent distribution (with standard errors) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic or Latino origin ${ }^{4}$, race, and sex |  |  |  |  |  |  |
| Hispanic or Latino, male | 100.0 | 33.8 (0.76) | 27.5 (0.85) | 27.2 (0.82) | 9.4 (0.45) | 2.1 (0.25) |
| Hispanic or Latina, female | 100.0 | 32.8 (0.77) | 26.3 (0.84) | 27.8 (0.77) | 10.7 (0.48) | 2.4 (0.24) |
| Not Hispanic or Latino: |  |  |  |  |  |  |
| White, single race, male | 100.0 | 39.2 (0.45) | 32.7 (0.41) | 20.4 (0.32) | 5.9 (0.16) | 1.8 (0.09) |
| White, single race, female | 100.0 | 38.8 (0.46) | 33.1 (0.41) | 20.5 (0.31) | 5.9 (0.15) | 1.8 (0.08) |
| Black or African American, single race, male | 100.0 | 33.5 (0.97) | 27.7 (0.99) | 26.3 (0.89) | 9.4 (0.54) | 3.1 (0.32) |
| Black or African American, single race, female | 100.0 | 31.4 (0.88) | 27.3 (0.79) | 26.9 (0.82) | 11.6 (0.50) | 2.8 (0.23) |
| Hispanic or Latino origin ${ }^{4}$, race, and poverty status |  |  |  |  |  |  |
| Hispanic or Latino: |  |  |  |  |  |  |
| Poor | 100.0 | 25.4 (1.43) | 19.5 (1.21) | 33.7 (1.45) | 16.9 (0.95) | 4.5 (0.50) |
| Near poor | 100.0 | 31.9 (1.29) | 25.6 (1.25) | 28.3 (1.30) | 11.4 (0.76) | 2.7 (0.37) |
| Not poor | 100.0 | 38.3 (0.96) | 30.6 (1.02) | 23.0 (0.88) | 6.9 (0.50) | 1.2 (0.20) |
| Not Hispanic or Latino: |  |  |  |  |  |  |
| White, single race |  |  |  |  |  |  |
| Poor | 100.0 | 27.0 (0.95) | 25.9 (0.89) | 26.8 (0.91) | 13.7 (0.60) | 6.6 (0.45) |
| Near poor | 100.0 | 28.8 (0.95) | 28.6 (0.84) | 26.3 (0.78) | 11.9 (0.44) | 4.3 (0.28) |
| Not poor | 100.0 | 42.1 (0.45) | 34.3 (0.41) | 18.6 (0.30) | 4.2 (0.11) | 0.9 (0.05) |
| Black or African American, single race |  |  |  |  |  |  |
| Poor | 100.0 | 27.0 (1.44) | 19.7 (1.17) | 29.0 (1.38) | 17.7 (0.94) | 6.7 (0.71) |
| Near poor | 100.0 | 29.2 (1.56) | 24.5 (1.40) | 29.1 (1.32) | 13.2 (0.78) | 4.0 (0.51) |
| Not poor | 100.0 | 35.8 (1.21) | 32.5 (1.21) | 23.2 (1.01) | 7.1 (0.55) | 1.4 (0.21) |

** Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from:
https://mww.cdc.gov/nchs/data/series/sr_02/sro2_175.pdf), and is not shown.
${ }^{1}$ Based on the question, "Would you say [person's] health in general is excellent, very good, good, fair, or poor?"
${ }^{2}$ Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.
${ }^{3}$ Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.
${ }^{4}$ Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.
${ }^{5}$ Shown only for persons aged 25 and over. Estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 25-44, 45-64, 65-74, and 75 and over.
${ }^{6}$ GED is General Educational Development high school equivalency diploma.
${ }^{7}$ Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.
${ }^{8}$ "Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of $100 \%$ to less than $200 \%$ of the poverty threshold. "Not poor" persons have incomes that are $200 \%$ of the poverty threshold or greater.
${ }^{9}$ Based on a hierarchy of mutually exclusive categories. Persons with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes persons who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.
${ }^{10}$ MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.
NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on responses about all persons in the family. Data came from the Person file and were weighted using the Person weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using six age groups: $0-11,12-17,18-44,45-64,65-74$, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from https://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Lucas JW, Benson V. Tables of Summary Health Statistics for the U.S. Population: 2016 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: https://www.cdc.gov/nchs/nhis/SHS/tables.htm.
SOURCE: NCHS, National Health Interview Survey, 2016.

Table P-1b. Frequency distribution (number in thousands) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 318,703 | 112,228 | 99,934 | 74,790 | 24,529 | 6,934 |
| Sex |  |  |  |  |  |  |
| Male | 155,763 | 56,207 | 48,814 | 36,080 | 11,330 | 3,203 |
| Female | 162,940 | 56,021 | 51,120 | 38,710 | 13,198 | 3,732 |
| Age |  |  |  |  |  |  |
| Under 12 years | 48,656 | 29,030 | 12,633 | 6,293 | 582 | 100 |
| 12-17 years | 24,909 | 13,747 | 6,734 | 3,882 | 461 | 60 |
| 18-44 years | 113,399 | 42,593 | 38,905 | 24,876 | 5,833 | 1,109 |
| 45-64 years | 83,702 | 19,344 | 27,384 | 23,919 | 9,696 | 3,250 |
| 65-74 years | 28,498 | 5,067 | 9,157 | 8,874 | 4,186 | 1,177 |
| 75 years and over | 19,540 | 2,446 | 5,121 | 6,946 | 3,770 | 1,239 |
| Race |  |  |  |  |  |  |
| One race ${ }^{2}$ | 310,493 | 108,926 | 97,549 | 73,010 | 24,013 | 6,730 |
| White | 246,719 | 87,323 | 78,922 | 56,897 | 18,175 | 5,186 |
| Black or African American | 40,871 | 13,263 | 11,282 | 10,844 | 4,306 | 1,146 |
| American Indian or Alaska Native | 3,537 | 932 | 930 | 1,120 | 412 | 129 |
| Asian | 18,683 | 7,159 | 6,242 | 3,968 | 1,050 | 259 |
| Native Hawaiian or Other Pacific Islander | 683 | 250 | 173 | 182 | 70 | 9 |
| Two or more races ${ }^{3}$ | 8,209 | 3,301 | 2,385 | 1,780 | 515 | 204 |
| Black or African American, white | 2,448 | 1,172 | 719 | 435 | 94 | 29 |
| American Indian or Alaska Native, white | 2,277 | 593 | 648 | 658 | 247 | 107 |
| Hispanic or Latino origin ${ }^{4}$ and race |  |  |  |  |  |  |
| Hispanic or Latino | 57,092 | 20,725 | 15,618 | 14,936 | 4,771 | 993 |
| Mexican or Mexican American | 35,066 | 12,551 | 9,548 | 9,521 | 2,833 | 599 |
| Not Hispanic or Latino | 261,611 | 91,503 | 84,317 | 59,855 | 19,757 | 5,941 |
| White, single race | 195,663 | 68,713 | 64,990 | 43,597 | 13,881 | 4,314 |
| Black or African American, single race | 38,642 | 12,439 | 10,656 | 10,319 | 4,089 | 1,109 |
| Education ${ }^{5}$ |  |  |  |  |  |  |
| Less than a high school diploma | 26,429 | 4,199 | 5,804 | 8,882 | 5,561 | 1,981 |
| High school diploma or GED ${ }^{6}$ | 54,194 | 10,435 | 16,435 | 18,020 | 7,132 | 2,139 |
| Some college | 59,474 | 14,120 | 20,508 | 17,074 | 6,010 | 1,713 |
| Bachelor's degree or higher | 72,239 | 26,245 | 27,534 | 14,469 | 3,321 | 649 |

Table P-1b. Frequency distribution (number in thousands) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Family income ${ }^{7}$ |  |  |  |  |  |  |
| Less than \$35,000 | 78,945 | 20,410 | 20,442 | 23,019 | 11,041 | 3,969 |
| \$35,000 or more | 193,807 | 75,957 | 65,689 | 40,230 | 9,882 | 1,981 |
| \$35,000-\$49,999 | 30,341 | 9,991 | 9,005 | 8,044 | 2,643 | 651 |
| \$50,000-\$74,999 | 46,225 | 15,253 | 15,960 | 11,250 | 3,127 | 613 |
| \$75,000-\$99,999 | 35,309 | 13,317 | 11,874 | 7,899 | 1,869 | 327 |
| \$100,000 or more | 81,931 | 37,396 | 28,849 | 13,038 | 2,243 | 390 |
| Poverty status ${ }^{8}$ |  |  |  |  |  |  |
| Poor | 39,623 | 11,603 | 9,476 | 11,391 | 5,170 | 1,955 |
| Near poor | 55,904 | 17,159 | 15,091 | 15,103 | 6,386 | 2,109 |
| Not poor | 198,489 | 75,069 | 68,181 | 42,122 | 10,780 | 2,242 |
| Health insurance coverage ${ }^{9}$ |  |  |  |  |  |  |
| Under 65: |  |  |  |  |  |  |
| Private | 175,659 | 72,929 | 60,965 | 33,475 | 7,102 | 1,110 |
| Medicaid and other public | 54,121 | 19,623 | 13,270 | 13,937 | 5,222 | 2,046 |
| Other coverage | 10,163 | 2,594 | 2,315 | 2,599 | 1,811 | 835 |
| Uninsured | 27,611 | 8,487 | 8,248 | 8,083 | 2,289 | 487 |
| 65 and over: |  |  |  |  |  |  |
| Private | 19,907 | 3,555 | 6,516 | 6,528 | 2,591 | 698 |
| Dual eligibile | 3,208 | 207 | 426 | 1,041 | 1,040 | 494 |
| Medicare Advantage | 11,953 | 1,974 | 3,796 | 3,886 | 1,836 | 460 |
| Medicare only | 8,436 | 1,259 | 2,268 | 2,884 | 1,577 | 447 |
| Other coverage | 3,845 | 442 | 1,086 | 1,244 | 785 | 279 |
| Uninsured | 391 | * | 94 | 149 | 86 | * |
| Place of residence ${ }^{10}$ |  |  |  |  |  |  |
| Large MSA | 180,282 | 67,259 | 56,715 | 40,193 | 12,807 | 3,126 |
| Small MSA | 94,292 | 31,932 | 29,854 | 22,810 | 7,333 | 2,295 |
| Not in MSA | 44,129 | 13,037 | 13,365 | 11,787 | 4,388 | 1,513 |
| Region |  |  |  |  |  |  |
| Northeast | 59,285 | 22,084 | 18,726 | 13,070 | 4,193 | 1,130 |
| Midwest | 69,223 | 22,693 | 23,016 | 16,917 | 5,250 | 1,308 |
| South | 115,308 | 40,146 | 35,188 | 27,074 | 9,707 | 3,123 |
| West | 74,887 | 27,305 | 23,004 | 17,729 | 5,378 | 1,373 |

Table P-1b. Frequency distribution (number in thousands) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic or Latino origin ${ }^{4}$, race, and sex |  |  |  |  |  |  |
| Hispanic or Latino, male | 28,616 | 10,590 | 7,991 | 7,389 | 2,201 | 424 |
| Hispanic or Latina, female | 28,476 | 10,136 | 7,626 | 7,547 | 2,570 | 570 |
| Not Hispanic or Latino: |  |  |  |  |  |  |
| White, single race, male | 95,977 | 34,328 | 31,673 | 21,151 | 6,714 | 2,049 |
| White, single race, female | 99,686 | 34,385 | 33,316 | 22,446 | 7,167 | 2,265 |
| Black or African American, single race, male | 17,947 | 6,138 | 4,998 | 4,675 | 1,630 | 495 |
| Black or African American, single race, female | 20,695 | 6,301 | 5,658 | 5,645 | 2,460 | 614 |
| Hispanic or Latino origin ${ }^{4}$, race, and poverty status |  |  |  |  |  |  |
| Hispanic or Latino: |  |  |  |  |  |  |
| Poor | 12,090 | 3,742 | 2,645 | 3,861 | 1,476 | 358 |
| Near poor | 15,592 | 5,555 | 4,164 | 4,103 | 1,446 | 316 |
| Not poor | 24,493 | 9,700 | 7,590 | 5,553 | 1,406 | 227 |
| Not Hispanic or Latino: |  |  |  |  |  |  |
| White, single race |  |  |  |  |  |  |
| Poor | 14,656 | 3,963 | 3,865 | 3,901 | 1,973 | 950 |
| Near poor | 27,909 | 7,648 | 7,793 | 7,576 | 3,544 | 1,317 |
| Not poor | 139,231 | 52,411 | 48,933 | 28,934 | 7,215 | 1,662 |
| Black or African American, single race |  |  |  |  |  |  |
| Poor | 8,991 | 2,778 | 1,846 | 2,569 | 1,307 | 483 |
| Near poor | 8,084 | 2,474 | 2,000 | 2,304 | 1,001 | 300 |
| Not poor | 17,936 | 6,090 | 5,974 | 4,328 | 1,327 | 217 |

* Corresponding crude percentage for the frequency is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), so the frequency is not shown.
${ }^{1}$ Based on the question, "Would you say [person's] health in general is excellent, very good, good, fair, or poor?"
${ }^{2}$ Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.
 combinations.
 race.
${ }^{5}$ Shown only for persons aged 25 and over.
${ }^{6}$ GED is General Educational Development high school equivalency diploma.
${ }^{7}$ Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.
 that are $200 \%$ of the poverty threshold or greater.
${ }^{9}$ Based on a hierarchy of mutually exclusive categories. Persons with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes persons who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care
${ }^{10}$ MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.
 Person file and were weighted using the Person weight. Unknowns for the columns were not included in the frequencies, but they were included in the "All Persons" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from https://www.cdc.gov/nchs/nhis/SHS/tables.htm).
 from: https://www.cdc.gov/nchs/nhis/SHS/tables.htm.
SOURCE: NCHS, National Health Interview Survey, 2016.

Table P-1c. Crude percent distribution (with standard errors) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | 100.0 | 35.2 (0.31) | 31.4 (0.29) | 23.5 (0.25) | 7.7 (0.13) | 2.2 (0.06) |
| Sex |  |  |  |  |  |  |
| Male | 100.0 | 36.1 (0.37) | 31.4 (0.32) | 23.2 (0.29) | 7.3 (0.15) | 2.1 (0.08) |
| Female | 100.0 | 34.4 (0.34) | 31.4 (0.32) | 23.8 (0.28) | 8.1 (0.16) | 2.3 (0.08) |
| Age |  |  |  |  |  |  |
| Under 12 years | 100.0 | 59.7 (0.72) | 26.0 (0.58) | 12.9 (0.50) | 1.2 (0.11) | 0.2 (0.05) |
| 12-17 years | 100.0 | 55.2 (0.81) | 27.1 (0.72) | 15.6 (0.62) | 1.9 (0.19) | 0.2 (0.07) |
| 18-44 years | 100.0 | 37.6 (0.43) | 34.3 (0.41) | 22.0 (0.34) | 5.1 (0.16) | 1.0 (0.07) |
| 45-64 years | 100.0 | 23.1 (0.41) | 32.8 (0.45) | 28.6 (0.40) | 11.6 (0.28) | 3.9 (0.15) |
| 65-74 years | 100.0 | 17.8 (0.56) | 32.2 (0.62) | 31.2 (0.61) | 14.7 (0.46) | 4.1 (0.24) |
| 75 years and over | 100.0 | 12.5 (0.53) | 26.2 (0.72) | 35.6 (0.74) | 19.3 (0.58) | 6.3 (0.37) |
| Race |  |  |  |  |  |  |
| One race ${ }^{2}$ | 100.0 | 35.1 (0.32) | 31.4 (0.29) | 23.5 (0.25) | 7.7 (0.13) | 2.2 (0.06) |
| White | 100.0 | 35.4 (0.35) | 32.0 (0.33) | 23.1 (0.27) | 7.4 (0.14) | 2.1 (0.07) |
| Black or African American | 100.0 | 32.5 (0.80) | 27.6 (0.71) | 26.6 (0.69) | 10.5 (0.41) | 2.8 (0.19) |
| American Indian or Alaska Native | 100.0 | 26.4 (2.59) | 26.4 (2.30) | 31.8 (3.43) | 11.7 (1.25) | 3.7 (0.83) |
| Asian | 100.0 | 38.3 (1.19) | 33.4 (1.12) | 21.2 (1.02) | 5.6 (0.47) | 1.4 (0.21) |
| Native Hawaiian or Other Pacific Islander | 100.0 | 36.6 (5.72) | 25.3 (4.80) | 26.6 (5.12) | 10.2 (2.45) | 1.3 (0.64) |
| Two or more races ${ }^{3}$ | 100.0 | 40.3 (1.52) | 29.1 (1.37) | 21.7 (1.18) | 6.3 (0.58) | 2.5 (0.38) |
| Black or African American, white | 100.0 | 47.9 (3.01) | 29.3 (2.63) | 17.8 (2.18) | 3.8 (0.97) | 1.2 (0.41) |
| American Indian or Alaska Native, white | 100.0 | 26.3 (1.98) | 28.8 (2.42) | 29.2 (2.23) | 11.0 (1.40) | 4.7 (1.01) |
| Hispanic or Latino origin ${ }^{4}$ and race |  |  |  |  |  |  |
| Hispanic or Latino | 100.0 | 36.3 (0.73) | 27.4 (0.76) | 26.2 (0.71) | 8.4 (0.32) | 1.7 (0.16) |
| Mexican or Mexican American | 100.0 | 35.8 (0.93) | 27.2 (1.03) | 27.2 (0.94) | 8.1 (0.41) | 1.7 (0.21) |
| Not Hispanic or Latino | 100.0 | 35.0 (0.34) | 32.3 (0.29) | 22.9 (0.25) | 7.6 (0.13) | 2.3 (0.07) |
| White, single race | 100.0 | 35.1 (0.38) | 33.2 (0.33) | 22.3 (0.27) | 7.1 (0.15) | 2.2 (0.08) |
| Black or African American, single race | 100.0 | 32.2 (0.82) | 27.6 (0.73) | 26.7 (0.71) | 10.6 (0.42) | 2.9 (0.20) |
| Education ${ }^{5}$ |  |  |  |  |  |  |
| Less than a high school diploma | 100.0 | 15.9 (0.56) | 22.0 (0.68) | 33.6 (0.68) | 21.0 (0.58) | 7.5 (0.38) |
| High school diploma or GED ${ }^{6}$ | 100.0 | 19.3 (0.41) | 30.3 (0.48) | 33.3 (0.46) | 13.2 (0.33) | 4.0 (0.19) |
| Some college | 100.0 | 23.8 (0.43) | 34.5 (0.44) | 28.7 (0.42) | 10.1 (0.27) | 2.9 (0.14) |
| Bachelor's degree or higher | 100.0 | 36.3 (0.48) | 38.1 (0.47) | 20.0 (0.38) | 4.6 (0.18) | 0.9 (0.07) |

Table P-1c. Crude percent distribution (with standard errors) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good ${ }^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Family income ${ }^{7}$ |  |  |  |  |  |  |
| Less than \$35,000 | 100.0 | 25.9 (0.52) | 25.9 (0.46) | 29.2 (0.48) | 14.0 (0.30) | 5.0 (0.19) |
| \$35,000 or more | 100.0 | 39.2 (0.39) | 33.9 (0.35) | 20.8 (0.29) | 5.1 (0.13) | 1.0 (0.05) |
| \$35,000-\$49,999 | 100.0 | 32.9 (0.88) | 29.7 (0.78) | 26.5 (0.71) | 8.7 (0.40) | 2.1 (0.16) |
| \$50,000-\$74,999 | 100.0 | 33.0 (0.70) | 34.5 (0.71) | 24.3 (0.56) | 6.8 (0.28) | 1.3 (0.12) |
| \$75,000-\$99,999 | 100.0 | 37.7 (0.83) | 33.7 (0.76) | 22.4 (0.68) | 5.3 (0.31) | 0.9 (0.10) |
| \$100,000 or more | 100.0 | 45.7 (0.60) | 35.2 (0.56) | 15.9 (0.42) | 2.7 (0.15) | 0.5 (0.05) |
| Poverty status ${ }^{8}$ |  |  |  |  |  |  |
| Poor | 100.0 | 29.3 (0.80) | 23.9 (0.68) | 28.8 (0.72) | 13.1 (0.42) | 4.9 (0.25) |
| Near poor | 100.0 | 30.7 (0.71) | 27.0 (0.60) | 27.0 (0.58) | 11.4 (0.33) | 3.8 (0.20) |
| Not poor | 100.0 | 37.8 (0.37) | 34.4 (0.34) | 21.2 (0.29) | 5.4 (0.13) | 1.1 (0.05) |
| Health insurance coverage ${ }^{9}$ |  |  |  |  |  |  |
| Under 65: |  |  |  |  |  |  |
| Private | 100.0 | 41.5 (0.39) | 34.7 (0.37) | 19.1 (0.28) | 4.0 (0.11) | 0.6 (0.04) |
| Medicaid and other public | 100.0 | 36.3 (0.75) | 24.5 (0.59) | 25.8 (0.62) | 9.7 (0.30) | 3.8 (0.19) |
| Other coverage | 100.0 | 25.5 (1.39) | 22.8 (1.22) | 25.6 (1.17) | 17.8 (0.97) | 8.2 (0.66) |
| Uninsured | 100.0 | 30.8 (0.84) | 29.9 (0.83) | 29.3 (0.83) | 8.3 (0.42) | 1.8 (0.17) |
| 65 and over: |  |  |  |  |  |  |
| Private | 100.0 | 17.9 (0.62) | 32.8 (0.74) | 32.8 (0.73) | 13.0 (0.50) | 3.5 (0.29) |
| Dual eligible | 100.0 | 6.4 (0.91) | 13.3 (1.23) | 32.5 (1.84) | 32.4 (1.75) | 15.4 (1.34) |
| Medicare Advantage | 100.0 | 16.5 (0.85) | 31.8 (1.06) | 32.5 (1.10) | 15.4 (0.75) | 3.9 (0.38) |
| Medicare only | 100.0 | 14.9 (0.91) | 26.9 (1.09) | 34.2 (1.09) | 18.7 (0.92) | 5.3 (0.48) |
| Other coverage | 100.0 | 11.5 (1.06) | 28.3 (1.44) | 32.4 (1.55) | 20.5 (1.47) | 7.3 (0.89) |
| Uninsured | 100.0 | * | 24.0 (4.76) | 38.2 (5.69) | 21.9 (5.29) | * |
| Place of residence ${ }^{10}$ |  |  |  |  |  |  |
| Large MSA | 100.0 | 37.3 (0.44) | 31.5 (0.41) | 22.3 (0.33) | 7.1 (0.17) | 1.7 (0.07) |
| Small MSA | 100.0 | 33.9 (0.56) | 31.7 (0.48) | 24.2 (0.49) | 7.8 (0.23) | 2.4 (0.12) |
| Not in MSA | 100.0 | 29.6 (0.73) | 30.3 (0.64) | 26.7 (0.64) | 10.0 (0.36) | 3.4 (0.23) |
| Region |  |  |  |  |  |  |
| Northeast | 100.0 | 37.3 (0.81) | 31.6 (0.70) | 22.1 (0.58) | 7.1 (0.30) | 1.9 (0.13) |
| Midwest | 100.0 | 32.8 (0.60) | 33.3 (0.50) | 24.5 (0.48) | 7.6 (0.28) | 1.9 (0.12) |
| South | 100.0 | 34.8 (0.50) | 30.5 (0.47) | 23.5 (0.40) | 8.4 (0.21) | 2.7 (0.12) |
| West | 100.0 | 36.5 (0.69) | 30.8 (0.65) | 23.7 (0.60) | 7.2 (0.23) | 1.8 (0.11) |

Table P-1c. Crude percent distribution (with standard errors) of respondent-assessed health status, by selected characteristics: United States, 2016

| Selected characteristic | All persons | Excellent ${ }^{1}$ | Very Good ${ }^{1}$ | Good $^{1}$ | Fair ${ }^{1}$ | Poor ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hispanic or Latino origin ${ }^{4}$, race, and sex |  |  |  |  |  |  |
| Hispanic or Latino, male | 100.0 | 37.0 (0.85) | 27.9 (0.84) | 25.8 (0.83) | 7.7 (0.37) | 1.5 (0.18) |
| Hispanic or Latina, female | 100.0 | 35.6 (0.84) | 26.8 (0.87) | 26.5 (0.75) | 9.0 (0.42) | 2.0 (0.20) |
| Not Hispanic or Latino: |  |  |  |  |  |  |
| White, single race, male | 100.0 | 35.8 (0.43) | 33.0 (0.39) | 22.1 (0.33) | 7.0 (0.19) | 2.1 (0.11) |
| White, single race, female | 100.0 | 34.5 (0.42) | 33.5 (0.37) | 22.5 (0.32) | 7.2 (0.18) | 2.3 (0.09) |
| Black or African American, single race, male | 100.0 | 34.2 (1.03) | 27.9 (0.99) | 26.1 (0.90) | 9.1 (0.55) | 2.8 (0.27) |
| Black or African American, single race, female | 100.0 | 30.5 (0.89) | 27.4 (0.78) | 27.3 (0.82) | 11.9 (0.52) | 3.0 (0.25) |
| Hispanic or Latino origin ${ }^{4}$, race, and poverty status |  |  |  |  |  |  |
| Hispanic or Latino: |  |  |  |  |  |  |
| Poor | 100.0 | 31.0 (1.69) | 21.9 (1.50) | 32.0 (1.53) | 12.2 (0.83) | 3.0 (0.37) |
| Near poor | 100.0 | 35.6 (1.44) | 26.7 (1.36) | 26.3 (1.34) | 9.3 (0.65) | 2.0 (0.28) |
| Not poor | 100.0 | 39.6 (1.03) | 31.0 (1.01) | 22.7 (0.88) | 5.7 (0.42) | 0.9 (0.16) |
| Not Hispanic or Latino: |  |  |  |  |  |  |
| White, single race |  |  |  |  |  |  |
| Poor | 100.0 | 27.0 (1.04) | 26.4 (0.92) | 26.6 (0.91) | 13.5 (0.64) | 6.5 (0.48) |
| Near poor | 100.0 | 27.4 (0.95) | 28.0 (0.81) | 27.2 (0.77) | 12.7 (0.47) | 4.7 (0.32) |
| Not poor | 100.0 | 37.7 (0.43) | 35.2 (0.38) | 20.8 (0.31) | 5.2 (0.14) | 1.2 (0.06) |
| Black or African American, single race |  |  |  |  |  |  |
| Poor | 100.0 | 30.9 (1.62) | 20.6 (1.30) | 28.6 (1.49) | 14.6 (0.85) | 5.4 (0.57) |
| Near poor | 100.0 | 30.6 (1.74) | 24.8 (1.44) | 28.5 (1.36) | 12.4 (0.82) | 3.7 (0.49) |
| Not poor | 100.0 | 34.0 (1.20) | 33.3 (1.19) | 24.1 (1.02) | 7.4 (0.56) | 1.2 (0.18) |

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from:
https://www.cdc.gov/nchs/data/series/sr_02/srO2_175.pdf), and is not shown.
${ }^{1}$ Based on the question, "Would you say [person's] health in general is excellent, very good, good, fair, or poor?"
${ }^{2}$ Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.
${ }^{3}$ Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.
${ }^{4}$ Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.
${ }^{5}$ Shown only for persons aged 25 and over.
${ }^{6}$ GED is General Educational Development high school equivalency diploma.
${ }^{7}$ Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.
${ }^{8}$ "Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of $100 \%$ to less than $200 \%$ of the poverty threshold. "Not poor" persons have incomes that are 200\% of the poverty threshold or greater.
${ }^{9}$ Based on a hierarchy of mutually exclusive categories. Persons with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes persons who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.
${ }^{10}$ MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.
NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on responses about all persons in the family. Data came from the Person file and were weighted using the Person weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from
https://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Lucas JW, Benson V. Tables of Summary Health Statistics for the U.S. Population: 2016 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: https://www.cdc.gov/nchs/nhis/SHS/tables.htm.
SOURCE: NCHS, National Health Interview Survey, 2016.

