

Healthy People 2010 Operational Definition

6-3. Reduce the proportion of adults with disabilities who report feelings such as sadness, unhappiness, or depression that prevent them from being active.

National Data Source	National Health Interview Survey (NHIS), CDC, NCHS
State Data Source	Behavioral Risk Factor Surveillance System (BRFSS), CDC, NCCDPHP.
Healthy People 2000 Objective	Not applicable.
Changes since the 2000 Publication	None.
Measure	Percent (age adjusted—see Comments).
Baseline (Year)	28 (1997)
Target	7
Target-Setting Method	75 percent improvement (parity with adults aged 18 years and older without disabilities in 1997). For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of persons aged 18 years and older with disabilities who report negative feelings that interfered with activities in the last 30 days.
Denominator	Number of persons aged 18 years and older with disabilities.
Population Targeted	U.S. civilian, noninstitutionalized population.
Questions Used To Obtain the National Baseline Data	From the 1997 National Health Interview Survey: [NUMERATOR:] ➤ <i>During the PAST 30 DAYS, how often did you feel</i> <i>... so sad that nothing could cheer you up?</i> <i>... nervous?</i> <i>... restless or fidgety?</i> <i>... hopeless?</i> <i>... that everything was an effort?</i>

... worthless?

ALL of the time

MOST of the time

SOME of the time

A LITTLE of the time

NONE of the time

Refused/Not ascertained/Don't know

[Asked of persons who at least some of the time, have felt sad, nervous, restless or fidgety, hopeless, that everything was an effort, or worthless in the past 30 days.]

- *We just talked about a number of feelings you had during the PAST 30 DAYS. Altogether, how MUCH did these feelings interfere with your life or activities: a lot, some, a little, or not at all?*

[DENOMINATOR:]

- *I am now going to ask you about (your/the) general health (of family members) and the effects of any physical, mental, or emotional health problems.*
- *Because of a physical, mental or emotional problem (do/does) (you/anyone) in the family need the help of other persons with PERSONAL CARE NEEDS, such as eating, bathing, dressing, or getting around inside this home?*
- *Because of a physical, mental or emotional problem (do/does) (you/anyone) in the family need the help of other persons in handling ROUTINE NEEDS, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?*
- *Does a physical, mental or emotional problem NOW keep (you/any family members aged 18 and older) from working at a job or business?*
- *(Are any family members aged 18 and older) limited in the kind OR amount of work (you/they) can do because of a physical, mental or emotional problem?*
- *Because of a health problem, (do/does) (you/anyone) in the family have difficulty walking without using any special equipment?*
- *(Are/Is) (you/anyone) in the family LIMITED IN ANY WAY in any activities because of difficulty remembering or because {you/they} experience periods of confusion?*
- *(Are/Is) (you/anyone) in the family LIMITED IN ANY WAY in any activities because of physical, mental or emotional problems?*
- *Do you now have any health problems that require you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?*

Expected Periodicity	Annual.
Comments	<p>Persons aged 18 years and older are defined as having a disability if a “yes” response is obtained to any of the limitation or special equipment questions listed above in the DENOMINATOR section.</p> <p>A person is considered to have feelings that prevent them from being active if he/she answered the feelings interfered “a lot” or “some” with their life or activities.</p> <p>Data (except those by education status) are age adjusted to the 2000 standard population using the age groups 18-24,25-34, 35-44, 45-64, and 65 years and over. Data by education status are age adjusted to the 2000 standard population using the age groups 25-34, 35-44, 45-64, and 65 years and over. Age-adjusted percents are weighted sums of age-specific percents. For a discussion of age adjustment, see Part A, section 7.</p> <p>For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a <i>Healthy People Statistical Note</i>.¹</p> <p>See Part C for a description of NHIS and Appendix A for focus area contact information.</p>

References

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.