

## Priority Area 6: Mental health and mental disorders objective status

| Objective   | Baseline |          |         |      |         |       |         |         |      |         | Target |
|---|----------|----------|---------|------|---------|-------|---------|---------|------|---------|--------|
|   | Year     | Baseline | 1990    | 1991 | 1992    | 1993  | 1994    | 1995    | 1996 | 1997    | 2000   |
| <b>6.1* Suicide (age adjusted per 100,000)</b>  | 1987     | 11.7     | 11.5    | 11.4 | 11.1    | 11.3  | 11.2    | 11.2    | 10.8 | p/10.3  | 10.5   |
| a. Adolescents 15-19 years (per 100,000)  | 1987     | 10.2     | 11.1    | 11.0 | 10.8    | 10.9  | 11.1    | 10.5    | 9.7  | p/9.5   | 8.2    |
| b. Male 20-34 years (per 100,000)   | 1987     | 25.2     | 25.1    | 25.1 | 24.5    | 25.5  | 26.5    | 26.3    | 24.2 | p/22.7  | 21.4   |
| c. White male 65 years and over (per 100,000)   | 1987     | 46.7     | 44.4    | 42.7 | 41.0    | 40.9  | 38.9    | 38.7    | 37.8 | p/35.5  | 39.2   |
| d. American Indian/Alaska Native male (age adjusted per 100,000)                                | 1987     | 20.1     | 21.0    | 19.2 | 17.9    | 18.7  | 23.8    | 20.1    | 20.0 | ---     | 17.0   |
| <b>6.2* Suicide attempts among adolescents 14-17 years</b>                                      | 1990     | 2.1%     | ...     | 1.7% | ---     | 2.7%  | ---     | 2.8%    | ---  | 2.6%    | 1.8%   |
| a. Females 14-17 years  | 1991     | 2.5%     | ...     | ...  | ---     | 3.8%  | ---     | 3.4%    | ---  | 3.3%    | 2.0%   |
| <b>6.3 Mental disorders</b>   |          |          |         |      |         |       |         |         |      |         |        |
| Children and adolescents 18 years and under   | 1988     | 20%      | ---     | ---  | ---     | ---   | ---     | ---     | ---  | ---     | 17%    |
| <b>6.4 Mental disorders among adults 18-54 years (1-month prevalence)</b>                       | 1981-85  | 12.6%    | ---     | ---  | ---     | ---   | ---     | ---     | ---  | ---     | 10.7%  |
| Mental disorders among adults 18-54 years (1-year prevalence)                                   | ...      | ---      | 1/20.4% | ---  | 2/16.0% | ---   | ---     | ---     | ---  | ---     | ...    |
| <b>6.5 Adverse health effects from stress for people 18 years and over</b>                      | 1985     | 44.2%    | 40.6%   | ---  | ---     | 39.2% | ---     | 33.9%   | ---  | ---     | 35%    |
| a. People 18 years and over with disabilities   | 1985     | 53.5%    | 54.2%   | ---  | ---     | 54.9% | ---     | 49.1%   | ---  | ---     | 40%    |
| <b>6.6 Use of community support among people 18 years and over with severe mental disorders</b> | 1986     | 15%      | ---     | ---  | ---     | ---   | 3/34.6% | ---     | ---  | ---     | 30%    |
| <b>6.7 Treatment for depression among people 18-54 years (6-month services)</b>                 | 1981-85  | 31%      | ---     | ---  | ---     | ---   | ---     | ---     | ---  | ---     | 54%    |
| Treatment for depression among people 18-54 years (1-year services)                             | ...      | ---      | 1/34.7% | ---  | 2/34.2% | ---   | ---     | ---     | ---  | ---     | ...    |
| <b>6.8 People 18 years and over seeking help with emotional/personal problems</b>               | 1985     | 11.1%    | 12.5%   | ---  | ---     | 14.3% | ---     | 4/18.9% | ---  | ---     | 20%    |
| a. People 18 years and over with disabilities   | 1985     | 14.7%    | 17.0%   | ---  | ---     | 19.8% | ---     | 4/26.6% | ---  | ---     | 30%    |
| <b>6.9 People 18 years and over not taking steps to control stress</b>                          | 1985     | 24%      | 28%     | 34%  | 35%     | ---   | 35%     | ---     | ---  | ---     | 5%     |
| <b>6.10* Suicide prevention in jails</b>  |          |          |         |      |         |       |         |         |      |         |        |
| Number of States meeting NCIA suicide prevention standards                                      | 1992     | a/2      | ...     | ...  | ...     | ---   | ---     | 2       | 1    | ---     | 50     |
| Proportion of jails with suicide policies   | ...      | ---      | ---     | ---  | ---     | 79.5% | ---     | ---     | ---  | ---     | ...    |
| Proportion of jails with ACA Accreditation  | ...      | ---      | 1%      | 1%   | 1%      | 2%    | 2%      | 2%      | ---  | ---     | ...    |
| <b>6.11 Worksite stress management programs</b>   | 1985     | 26.6%    | ---     | ---  | 37.0%   | ---   | ---     | ---     | ---  | ---     | 40%    |
| <b>6.12 Mutual self help network</b>  |          |          |         |      |         |       |         |         |      |         |        |
| Number of States with mutual help clearinghouses  | 1995     | 8        | ...     | ...  | ...     | ...   | ...     | ...     | ---  | ---     | 50     |
| Number of Federal Clearinghouses  | 1995     | 5/2      | ...     | ...  | ...     | ...   | ...     | ...     | ---  | ---     | ...    |
| <b>6.13 Clinician review of patients' mental functioning</b>                                    | ...      | ---      | ---     | ---  | ---     | ---   | ---     | ---     | ---  | ---     | 60%    |
| Percent of clinicians routinely providing service to 81-100% of patients                        |          |          |         |      |         |       |         |         |      |         |        |
| Inquiry about cognitive functioning   |          |          |         |      |         |       |         |         |      |         |        |
| Nurse practitioners   | 1992     | 35%      | ...     | ...  | ...     | ---   | ---     | ---     | ---  | 6/19%   | 60%    |
| Obstetricians/gynecologists   | 1992     | 9%       | ...     | ...  | ...     | ---   | ---     | ---     | ---  | 6,7/--- | 60%    |
| Internists  | 1992     | 18%      | ...     | ...  | ...     | ---   | ---     | ---     | ---  | 6,7/--- | 60%    |
| Family physicians   | 1992     | 7%       | ...     | ...  | ...     | ---   | ---     | ---     | ---  | 6,7/--- | 60%    |

**Priority Area 6: Mental health and mental disorders objective status**

| Objective   | Baseline |          |         |      |         |      |      |      |      |         | Target<br>2000 |  |
|---|----------|----------|---------|------|---------|------|------|------|------|---------|----------------|--|
|   | Year     | Baseline | 1990    | 1991 | 1992    | 1993 | 1994 | 1995 | 1996 | 1997    |                |  |
| <b>6.13</b> Inquiry about emotional/behavioral functioning                      |          |          |         |      |         |      |      |      |      |         |                |  |
| (Cont.) Nurse practitioners   | 1992     | 40%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6/26%   | 60%            |  |
| Obstetricians/gynecologists   | 1992     | 12%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Internists  | 1992     | 25%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Family physicians   | 1992     | 13%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Treatment/referral for cognitive problems                                       |          |          |         |      |         |      |      |      |      |         |                |  |
| Nurse practitioners   | 1992     | 20%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6/24%   | 60%            |  |
| Obstetricians/gynecologists   | 1992     | 20%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Internists  | 1992     | 27%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Family physicians   | 1992     | 21%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Treatment/referral for emotional/behavioral problems                            |          |          |         |      |         |      |      |      |      |         |                |  |
| Nurse practitioners   | 1992     | 23%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6/33%   | 60%            |  |
| Obstetricians/gynecologists   | 1992     | 23%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Internists  | 1992     | 35%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| Family physicians   | 1992     | 27%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 60%            |  |
| <b>6.14</b> Clinician review of children's mental functioning                   | ...      | ---      | ---     | ---  | ---     | ---  | ---  | ---  | ---  | ---     | 75%            |  |
| Percent of clinicians routinely providing service to 81-100% of patients        |          |          |         |      |         |      |      |      |      |         |                |  |
| Inquiry about cognitive functioning   |          |          |         |      |         |      |      |      |      |         |                |  |
| Pediatricians   | 1992     | 62%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Inquiry about emotional/behavioral functioning                                  |          |          |         |      |         |      |      |      |      |         |                |  |
| Pediatricians   | 1992     | 47%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Treatment/referral for cognitive problems                                       |          |          |         |      |         |      |      |      |      |         |                |  |
| Pediatricians   | 1992     | 51%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Treatment/referral for emotional/behavioral problems                            |          |          |         |      |         |      |      |      |      |         |                |  |
| Pediatricians   | 1992     | 45%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Inquiry about parent-child relationship   |          |          |         |      |         |      |      |      |      |         |                |  |
| Pediatricians   | 1992     | 55%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Nurse practitioners   | 1992     | 55%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6/51%   | 75%            |  |
| Family physicians   | 1992     | 36%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Treatment/referral for parent-child interaction problems                        |          |          |         |      |         |      |      |      |      |         |                |  |
| Pediatricians   | 1992     | 34%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| Nurse practitioners   | 1992     | 24%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | ---     | 75%            |  |
| Family physicians   | 1992     | 29%      | ...     | ...  | ...     | ---  | ---  | ---  | ---  | 6,7/--- | 75%            |  |
| <b>6.15</b> Prevalence of depression in people 18-54 years (1-month prevalence) | 1981-85  | 5.1%     | ---     | ---  | ---     | ---  | ---  | ---  | ---  | ---     | 4.3%           |  |
| Prevalence of depression in people 18-54 years (1-year prevalence)              | ...      | ---      | 1/10.9% | ---  | 2/11.1% | ---  | ---  | ---  | ---  | ---     | ...            |  |
| a. Females 18-54 years (1-month prevalence)                                     | 1981-85  | 6.6%     | ---     | ---  | ---     | ---  | ---  | ---  | ---  | ---     | 5.5%           |  |
| Females 18-54 years (1-year prevalence)   | ...      | ---      | 1/14.2% | ---  | 2/13.1% | ---  | ---  | ---  | ---  | ---     | ...            |  |

---/Data not available.

.. /Category not applicable.

a/Baseline has been revised.

p/Preliminary data.

1/1981-85 data. Data are for non-institutionalized, non-rural, white, black, or Hispanic people 18-54 years.

2/1990-92 data. Data are for non-institutionalized, non-rural, white, black, or Hispanic people 18-54 years.

## Priority Area 6: Mental health and mental disorders objective status

| Objective   | Baseline |          |      |      |      |      |      |      |      |      | Target |
|---|----------|----------|------|------|------|------|------|------|------|------|--------|
|   | Year     | Baseline | 1990 | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 2000   |
| 3/Estimate represents the proportion of people with mental disorders (excluding substance disorders only) in the past year which interfered with their ability to work or find work and who sought help from community mental health services.  |          |          |      |      |      |      |      |      |      |      |        |
| 4/Data represent the proportion of people who sought help from a family member, therapist, or minister/rabbi. Individual values were: family members, 15.6% (21.0% for people with disabilities), therapist, 6.8% (11.8% for people with disabilities), and minister/rabbi, 4.4% (6.9% for people with disabilities). |          |          |      |      |      |      |      |      |      |      |        |
| 5/Clearinghouses provide coverage for all 50 states, establishing the required network.   |          |          |      |      |      |      |      |      |      |      |        |
| 6/1997-98 data.   |          |          |      |      |      |      |      |      |      |      |        |
| 7/Response rate for this group was too low to produce reliable estimates.   |          |          |      |      |      |      |      |      |      |      |        |

NOTE: Data include revisions and, therefore, may differ from data previously published in these reports and other publications.

### Data Sources:

| Objective number | Data source  |
|------------------|--|
| 6.1*, 6.1a-d     | National Vital Statistics System, CDC, NCHS.   |
| 6.2*             | Youth Risk Behavior Survey, CDC, NCCDPHP.  |
| 6.2a             | Youth Risk Behavior Survey, CDC, NCCDPHP.  |
| 6.3              | Bird HR. Estimates of the prevalence of childhood maladjustment in a community survey in Puerto Rico. Archives of Gen. Psychiatry 45:1120-26. 1988.<br>Costello EJ, et al. Psychiatric disorders in pediatric primary care: Prevalence risk factors. Archives of Gen. Psychiatry 45:1107-16. 1988. |
| 6.4              | Baseline: Epidemiologic Catchment Area Study, NIH, NIMH.<br>1990 and 1992 data: National Comorbidity Survey, University of Michigan.   |
| 6.5, 6.5a        | National Health Interview Survey, CDC, NCHS.   |
| 6.6              | Baseline: National Institute of Mental Health Community Support Program Client Follow-Up Study, SAMHSA.<br>Update: National Health Interview Survey, CDC, NCHS.  |
| 6.7              | Baseline: Epidemiologic Catchment Area Study, NIH, NIMH.<br>1990 and 1992 data: National Comorbidity Survey, University of Michigan.   |
| 6.8, 6.8a        | National Health Interview Survey, CDC, NCHS.   |
| 6.9              | Prevention Index, Rodale Press, Inc.   |
| 6.10*            | Baseline and updates (States): National Study of Jails, National Center on Institutions and Alternatives.<br>Baseline and update (ACA accreditation): American Correctional Association.<br>Baseline (suicide policies): National Census of Jails, DOJ, BJS.                                       |
| 6.11             | National Survey of Worksite Health Promotion Activities, OPHS, ODPHP.  |
| 6.12             | SAMHSA.  |
| 6.13             | Baseline: Primary Care Provider Surveys, OPHS, ODPHP.<br>Update: Prevention in Primary Care Study, American College of Preventive Medicine.  |
| 6.14             | Baseline: Primary Care Provider Surveys, OPHS, ODPHP.<br>Update: Prevention in Primary Care Study, American College of Preventive Medicine.  |
| 6.15             | Baseline: Epidemiologic Catchment Area Study, NIH, NIMH.<br>1990 and 1992 data: National Comorbidity Survey, University of Michigan.   |

\*Duplicate objective. See full text of objective following this table.