

Healthy People 2010 Operational Definition

26-11. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages.

26-11b. College students.

National Data Source	Monitoring the Future Study (MTF), NIH, NIDA.
State Data Source	Not identified.
Healthy People 2000 Objective	4.7 (Substance Abuse: Alcohol and Other Drugs).
Changes since the 2000 Publication	None.
Measure	Percent.
Baseline (Year)	39 (1998)
Target	20
Target-Setting Method	49 percent improvement. For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of college students who report drinking five or more alcoholic beverages in a row during the 2 weeks prior to the survey.
Denominator	Number of college students.
Population Targeted	Students in public and private colleges and universities in the coterminous United States.
Questions Used To Obtain the National Baseline Data	From the 1998 Monitoring the Future Study: ➤ <i>Think back over the LAST TWO WEEKS. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle of beer, a wine cooler, a shot glass of liquor, or a mixed drink).</i> None Once Twice Three to five times Six to nine times

Ten or more times

Expected Periodicity Annual.

Comments

Data are based on students in attendance on the day of the survey administration.

This objective uses the same measurement protocol as the comparable Healthy People 2000 objective (4.7). The only difference is that "five or more drinks" was called "heavy drinking" and is now considered "binge drinking."

For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a *Healthy People Statistical Note*.¹

See Part C for a description of MTF and Appendix A for focus area contact information.

References

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.