

Healthy People 2010 Operational Definition

26-10. Reduce past-month use of illicit substances.

26-10a. Increase the proportion of adolescents not using alcohol or any illicit drugs during the past 30 days.

National Data Source	National Survey on Drug Use and Health (NSDUH) SAMHSA.
State Data Source	National Survey on Drug Use and Health (NSDUH) SAMHSA.
Healthy People 2000 Objective	4.6 (Substance Abuse: Alcohol and Other Drugs) (also 3.19).
Leading Health Indicator	Substance Abuse.
Changes since the 2000 Publication	Revised baseline (see Comments). Revised target (see Comments).
Measure	Percent.
Baseline (Year)	78 (2002)
Target	91
Target-Setting Method	Better than the best racial/ethnic subgroup. For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of persons aged 12 to 17 years who reported not using any alcohol or illicit drugs during the past 30 days.
Denominator	Number of persons aged 12 to 17 years.
Population Targeted	U.S. civilian, noninstitutionalized population.
Questions Used To Obtain the National Baseline Data	From the 2002 National Survey on Drug Use and Health: <ul style="list-style-type: none">➤ <i>Have you ever, even once, had a drink of any type of alcoholic beverage? Please do not include times when you only had a sip or two from a drink.</i>➤ <i>How long has it been since you last drank an alcoholic beverage?</i>

1 *Within the past 30 days — that is, since [DATE]*

2 *More than 30 days ago but within the past 12 months*

3 *More than 12 months ago*

[The following questions are asked separately for each illicit drug: marijuana or hashish; cocaine; 'crack'; heroin; LSD, also called 'acid'; PCP, also called 'angel dust' or Phencyclidine; Peyote; Mescaline; Psilocybin; 'Ecstasy', also called MDMA; any other hallucinogens besides the ones that have been listed; Amyl nitrite, 'poppers,' locker room odorizers, or 'rush'; Correction fluid, degreaser, or cleaning fluid; Gasoline or lighter fluid; Glue, shoe polish, or toluene; Halothane, ether, or other paint solvents; Lighter gases, such as butane or propane; Nitrous oxide or 'whippets'; Spray paints; or Other aerosol sprays]

➤ *Have you ever, even once, used [marijuana or hashish;...]?*

➤ *How long has it been since you last used [marijuana or hashish;...]?*

1 *Within the past 30 days -- that is, since [DATE]*

2 *More than 30 days ago but within the past 12 months*

3 *More than 12 months ago*

[The following question is asked separately for non-medical use of the following: Darvocet, Darvon, or Tylenol with codeine; Percocet, Percodan, or Tylox; Vicodin, Lortab, or Lorcet]

➤ *Have you ever, even once, used [Darvocet, Darvon, or Tylenol with codeine;...] that was not prescribed for you or that you took only for the experience or feeling it caused?*

➤ *Please look at the pain relievers shown below the red line on Card A. Have you ever, even once, used any of these pain relievers when they were not prescribed for you or that you took only for the experience or feeling they caused?*

1 *Yes*

2 *No*

➤ *Which of the pain relievers shown below the red line on Card A have you used when they were not prescribed for you or that you took only for the experience or feeling they caused?*

Codeine; Demerol; Dilaudid; Fioricet; Fiorinal; Hydrocodone; Methadone; Morphine; Oxycontin; Phenaphen with Codeine; Propoxyphene; SK-65; Stadol; Talacen; Talwin; Talwin NX; Tramadol; Ultram

➤ *Have you ever, even once, used any other prescription pain reliever, besides the ones shown on Card A, when it was not prescribed for you or that you took only for the experience or feeling it caused?*

1 Yes

2 No

- *How long has it been since you last used any prescription pain reliever that was not prescribed for you or that you took only for the experience or feeling it caused?*

1 *Within the past 30 days — that is, since [DATE]*

2 *More than 30 days ago but within the past 12 months*

3 *More than 12 months ago*

[The following question is asked separately for non-medical use of the following tranquilizers: Klonopin or Clonazepam; Xanax, Alprazolam, Ativan, or Lorazepam; Valium or Diazepam]

- *Have you ever, even once, used [Klonopin or Clonazepam;...] that was not prescribed for you or that you took only for the experience or feeling it caused?*
- *Please look at the tranquilizers shown below the red line on Card B. Have you ever, even once, used any of these tranquilizers when they were not prescribed for you or that you took only for the experience or feeling they caused?*
- *Which of the tranquilizers shown below the red line on Card B have you used when they were not prescribed for you or that you took only for the experience or feeling they caused?*
Atarax; BuSpar; Equanil; Flexeril; Librium; Limbitrol; Meproamate; Miltown; Rohypnol; Serax; Soma; Tranxene; Vistaril
- *Have you ever, even once, used any other tranquilizers, besides the ones shown on Card B, when it was not prescribed for you or that you took only for the experience or feeling it caused?*

1 Yes

2 No

- *How long has it been since you last used any prescription tranquilizer that was not prescribed for you or that you took only for the experience or feeling it caused?*

1 *Within the past 30 days — that is, since [DATE]*

2 *More than 30 days ago but within the past 12 months*

3 *More than 12 months ago*

[The following question is asked separately for non-medical use of the following stimulants: Methamphetamine, Desoxyn, or Methedrine; prescription diet pills, such as Amphetamines, Benzedrine, Biphedamine, Fastin, or Phentermine; Ritalin or Methylphenidate]

- *Have you ever, even once, used Methamphetamine, Desoxyn, or Methedrine;...] that was not prescribed*

for you or that you took only for the experience or feeling it caused?

- *Please look at the stimulants shown below the red line on Card C. Have you ever, even once, used any of these stimulants when they were not prescribed for you or that you took only for the experience or feeling they caused?*

1 Yes

2 No

- *Which of the stimulants shown below the red line on Card C have you used when they were not prescribed for you or that you took only for the experience or feeling they caused?*

Cylert; Dexedrine; Dextroamphetamine; Didrex; Eskatrol; Ionamin; Mazanor; Obedrin - L.A.; Plegine; Preludin; Sanorex; Tenuate

- *Have you ever, even once, used any other prescription stimulant, besides the ones shown on Card C when it was not prescribed for you or that you took only for the experience or feeling it caused?*

1 Yes

2 No

- *How long has it been since you last used any prescription stimulant that was not prescribed for you or that you took only for the experience or feeling it caused?*

1 *Within the past 30 days — that is, since [DATE]*

2 *More than 30 days ago but within the past 12 months*

3 *More than 12 months ago*

[The following question is asked separately for non-medical use of the following prescription sedatives: Methaqualone, Sopor, or Quaalude; barbiturates such as Nembutal, Pentobarbital, Seconal, Secobarbital, or Butalbital; Restoril or Temazepam]

- *Have you ever, even once, used [Methaqualone, Sopor, or Quaalude;...] that was not prescribed for you or that you took only for the experience or feeling it caused?*

- *Please look at the sedatives shown below the red line on Card D. Have you ever, even once, used any of these sedatives when they were not prescribed for you or that you took only for the experience or feeling they caused?*

1 Yes

2 No

- *Which of the sedatives shown below the red line on Card D have you used when they were not prescribed for you or that you took only for the experience or feeling they caused?*

Amytal; Butisol; Chloral Hydrate; Dalmane; Halcion; Phenobarbital; Placidyl; Tuinal

- *Have you ever, even once, used any other prescription sedative, besides the ones shown on Card D, when it was not prescribed for you or that you took only for the experience or feeling it caused?*
 - 1 Yes
 - 2 No
- *How long has it been since you last used any prescription sedative that was not prescribed for you or that you took only for the experience or feeling it caused?*
 - 1 *Within the past 30 days — that is, since [DATE]*
 - 2 *More than 30 days ago but within the past 12 months*
 - 3 *More than 12 months ago*

Expected Periodicity Annual.

Comments Alcohol or illicit drug use by adolescents aged 12 to 17 years is defined as using at least one of the following substances in the past month: alcohol, marijuana or hashish, cocaine (including "crack"), inhalants, hallucinogens (including PCP and LSD), heroin, or any nonmedical use of analgesics, tranquilizers, stimulants, or sedatives.

The answers for each of the substances are examined for each respondent. Persons are considered to have not used alcohol or illicit drugs if they report no use in the past 30 days of any one of the substances.

This objective is one of the measures used to track the Substance Abuse Leading Health Indicator. See Appendix E for a complete listing.

The original baseline of 79 percent (1998) was revised to 78 percent (2002) as the result of several methodological changes to The National Household Survey on Drug Abuse (NHSDA) during the period from 1999 to 2002 including: incentive payments; improved data collection quality control procedures and, use of 2000 Census-Based data. The survey name also changed to the National Survey on Drug Use and Health (NSDUH).

The target was proportionally adjusted from 89 percent to 91 percent to reflect the revised baseline using the original target-setting method.

This subobjective is adapted from Healthy People

2000 objective 4.6, which tracked adolescent use of alcohol, marijuana, cocaine, and cigarettes in the past month. Each substance was tracked separately. This subobjective tracks any use of alcohol and/or illicit drugs.

For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a *Healthy People Statistical Note*.¹

See Part C for a description of NSDUH and Appendix A for focus area contact information.

References

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.