

**Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Total	100.0	1.9 (0.10)	35.9 (0.38)	34.0 (0.35)	28.2 (0.36)
Sex					
Male	100.0	1.0 (0.11)	29.9 (0.51)	40.6 (0.53)	28.6 (0.51)
Female	100.0	2.8 (0.17)	41.7 (0.51)	27.7 (0.44)	27.9 (0.46)
Age (years)					
18–44	100.0	2.3 (0.17)	40.2 (0.58)	31.2 (0.52)	26.3 (0.52)
45–64	100.0	1.2 (0.13)	28.7 (0.57)	36.9 (0.61)	33.2 (0.58)
65–74	100.0	1.0 (0.17)	29.5 (0.88)	39.6 (0.97)	29.9 (0.88)
75 and over	100.0	3.5 (0.39)	40.5 (1.08)	35.4 (1.07)	20.7 (0.91)
Race					
One race <sup>2</sup>	100.0	1.9 (0.10)	35.9 (0.38)	34.0 (0.36)	28.2 (0.36)
White	100.0	1.8 (0.11)	35.8 (0.43)	34.4 (0.40)	27.9 (0.41)
Black or African American	100.0	1.6 (0.31)	27.6 (0.83)	34.4 (0.88)	36.3 (0.85)
American Indian or Alaska Native	100.0	*	23.2 (3.67)	28.9 (3.67)	46.5 (4.18)
Asian	100.0	3.8 (0.49)	57.4 (1.35)	28.0 (1.28)	10.8 (0.87)
Native Hawaiian or Other Pacific Islander	100.0	-	31.9 (4.92)	18.1 (4.58)	50.0 (6.24)
Two or more races <sup>3</sup>	100.0	*2.1 (0.80)	33.0 (2.50)	32.9 (2.47)	32.0 (2.54)
Black or African American, white	100.0	*	36.7 (5.81)	26.9 (4.90)	35.9 (6.18)
American Indian or Alaska Native, white	100.0	*2.3 (1.02)	28.8 (3.54)	33.9 (3.43)	35.0 (3.83)
Hispanic or Latino origin <sup>4</sup> and race					
Hispanic or Latino	100.0	1.3 (0.19)	28.8 (0.80)	38.6 (0.81)	31.2 (0.79)
Mexican or Mexican American	100.0	1.2 (0.23)	25.2 (0.93)	38.6 (1.09)	35.0 (1.04)
Not Hispanic or Latino	100.0	2.0 (0.11)	37.3 (0.42)	33.1 (0.39)	27.6 (0.40)
White, single race	100.0	1.9 (0.13)	37.5 (0.49)	33.4 (0.46)	27.2 (0.47)
Black or African American, single race	100.0	1.6 (0.31)	27.7 (0.85)	34.3 (0.90)	36.3 (0.87)
Education <sup>5</sup>					
Less than a high school diploma	100.0	2.0 (0.28)	25.7 (0.91)	37.1 (0.96)	35.2 (0.94)
High school diploma or GED <sup>6</sup>	100.0	1.4 (0.16)	28.1 (0.66)	35.4 (0.74)	35.0 (0.76)
Some college	100.0	1.5 (0.16)	30.5 (0.66)	35.2 (0.71)	32.8 (0.69)
Bachelor's degree or higher	100.0	1.6 (0.16)	42.2 (0.66)	35.0 (0.66)	21.2 (0.58)
Current employment status <sup>7</sup>					
Employed	100.0	1.2 (0.11)	34.2 (0.54)	37.3 (0.60)	27.2 (0.51)
Full-time	100.0	0.9 (0.10)	33.0 (0.81)	38.1 (0.86)	27.9 (0.62)
Part-time	100.0	2.6 (0.41)	41.5 (1.14)	32.8 (1.10)	23.1 (1.00)
Not employed but has worked previously	100.0	2.7 (0.24)	37.1 (0.74)	29.2 (0.64)	31.0 (0.69)
Not employed and has never worked	100.0	2.9 (0.41)	42.9 (1.57)	28.9 (1.56)	25.3 (1.54)

**Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Family income <sup>8</sup>					
Less than \$35,000	100.0	2.3 (0.18)	34.4 (0.59)	32.0 (0.53)	31.3 (0.56)
\$35,000 or more	100.0	1.7 (0.13)	36.3 (0.49)	34.9 (0.47)	27.0 (0.47)
\$35,000–\$49,999	100.0	2.4 (0.34)	33.3 (0.94)	34.2 (0.90)	30.0 (0.94)
\$50,000–\$74,999	100.0	1.5 (0.23)	33.7 (0.92)	34.6 (0.89)	30.2 (0.86)
\$75,000–\$99,999	100.0	1.2 (0.26)	33.1 (1.10)	37.1 (1.05)	28.6 (1.09)
\$100,000 or more	100.0	1.8 (0.28)	41.9 (0.91)	34.6 (0.85)	21.7 (0.76)
Poverty status <sup>9</sup>					
Poor	100.0	2.7 (0.30)	35.1 (0.89)	31.1 (0.78)	31.0 (0.82)
Near poor	100.0	2.3 (0.28)	31.8 (0.81)	32.8 (0.79)	33.1 (0.80)
Not poor	100.0	1.6 (0.12)	37.0 (0.48)	35.0 (0.46)	26.4 (0.47)
Health insurance coverage <sup>10</sup>					
Under 65:					
Private	100.0	1.6 (0.13)	38.3 (0.53)	33.0 (0.51)	27.2 (0.53)
Medicaid	100.0	2.3 (0.34)	31.6 (1.18)	29.2 (1.12)	36.9 (1.21)
Other	100.0	1.9 (0.48)	33.9 (1.87)	35.4 (2.04)	28.7 (1.62)
Uninsured	100.0	2.2 (0.28)	32.6 (0.87)	35.7 (0.90)	29.4 (0.79)
65 and over:					
Private	100.0	1.8 (0.25)	33.9 (0.98)	38.1 (1.07)	26.2 (0.96)
Medicare and Medicaid	100.0	3.0 (0.76)	33.1 (2.09)	35.3 (2.39)	28.7 (2.16)
Medicare only	100.0	2.6 (0.42)	37.4 (1.21)	36.4 (1.27)	23.7 (1.06)
Other	100.0	*1.7 (0.62)	31.3 (2.68)	40.2 (2.77)	26.7 (2.34)
Uninsured	100.0	*	23.3 (6.28)	45.2 (8.39)	23.0 (6.64)
Marital status					
Married	100.0	1.4 (0.12)	33.2 (0.52)	36.7 (0.54)	28.7 (0.50)
Widowed	100.0	1.7 (0.45)	32.7 (4.29)	28.7 (3.51)	36.9 (4.73)
Divorced or separated	100.0	2.5 (0.38)	31.7 (0.97)	33.4 (0.98)	32.4 (0.97)
Never married	100.0	2.3 (0.25)	39.9 (0.90)	30.5 (0.90)	27.3 (0.77)
Living with a partner	100.0	2.3 (0.62)	33.2 (1.49)	33.3 (1.58)	31.2 (1.60)
Place of residence <sup>11</sup>					
Large MSA	100.0	2.0 (0.15)	37.7 (0.53)	34.0 (0.50)	26.3 (0.47)
Small MSA	100.0	1.9 (0.18)	34.8 (0.67)	34.0 (0.62)	29.3 (0.73)
Not in MSA	100.0	1.7 (0.20)	31.2 (0.93)	33.8 (0.86)	33.3 (0.87)
Region					
Northeast	100.0	2.0 (0.27)	37.4 (0.97)	35.0 (0.87)	25.6 (0.92)
Midwest	100.0	1.6 (0.19)	32.9 (0.74)	34.3 (0.83)	31.2 (0.85)
South	100.0	1.8 (0.17)	34.6 (0.63)	34.1 (0.56)	29.5 (0.54)
West	100.0	2.3 (0.22)	39.7 (0.78)	32.9 (0.65)	25.1 (0.71)

**Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex					
Hispanic or Latino, male	100.0	1.0 (0.27)	23.4 (1.12)	45.1 (1.26)	30.5 (1.18)
Hispanic or Latina, female	100.0	1.7 (0.28)	34.3 (1.11)	32.1 (1.02)	32.0 (1.05)
Not Hispanic or Latino:					
White, single race, male	100.0	0.8 (0.12)	30.0 (0.66)	40.2 (0.69)	28.9 (0.68)
White, single race, female	100.0	3.0 (0.23)	45.0 (0.69)	26.7 (0.58)	25.4 (0.60)
Black or African American, single race, male	100.0	*1.2 (0.46)	30.7 (1.40)	39.0 (1.49)	29.2 (1.31)
Black or African American, single race, female	100.0	1.9 (0.41)	25.4 (1.04)	30.5 (1.09)	42.2 (1.12)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.4%.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.

**Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Total	237,394	4,221	80,626	78,850	65,654
Sex					
Male	114,334	1,047	32,545	45,983	32,722
Female	123,061	3,175	48,081	32,867	32,931
Age (years)					
18–44	111,717	2,440	43,621	33,800	28,528
45–64	82,286	933	22,689	29,187	26,222
65–74	25,086	235	7,130	9,578	7,234
75 and over	18,305	613	7,186	6,286	3,669
Race					
One race <sup>2</sup>	233,678	4,156	79,396	77,672	64,465
White	189,484	3,238	64,012	63,879	51,723
Black or African American	28,503	426	7,445	9,518	10,186
American Indian or Alaska Native	1,970	*	424	541	877
Asian	13,236	474	7,405	3,638	1,403
Native Hawaiian or Other Pacific Islander	485	-	*111	*97	276
Two or more races <sup>3</sup>	3,716	*65	1,230	1,178	1,188
Black or African American, white	801	*	278	251	242
American Indian or Alaska Native, white	1,570	*24	450	523	554
Hispanic or Latino origin <sup>4</sup> and race					
Hispanic or Latino	35,704	508	9,984	13,090	10,760
Mexican or Mexican American	22,277	287	5,562	8,032	7,383
Not Hispanic or Latino	201,690	3,713	70,642	65,761	54,893
White, single race	156,858	2,770	54,850	51,856	41,995
Black or African American, single race	27,415	393	7,172	9,123	9,811
Education <sup>5</sup>					
Less than a high school diploma	27,749	567	6,945	9,810	9,179
High school diploma or GED <sup>6</sup>	52,621	752	14,351	18,127	17,470
Some college	60,000	810	17,288	20,495	19,326
Bachelor's degree or higher	65,758	936	26,580	22,516	13,893
Current employment status <sup>7</sup>					
Employed	144,126	1,899	47,887	50,460	39,287
Full-time	117,101	1,139	36,754	42,345	33,142
Part-time	24,980	688	10,381	7,562	5,575
Not employed but has worked previously	78,659	1,845	26,454	24,629	23,103
Not employed and has never worked	14,364	458	6,181	3,740	3,192

**Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Family income <sup>8</sup>					
Less than \$35,000	72,188	1,635	23,967	22,440	21,593
\$35,000 or more	149,560	2,331	51,664	51,397	40,415
\$35,000–\$49,999	30,855	723	9,943	10,416	9,061
\$50,000–\$74,999	40,797	570	13,023	13,761	12,172
\$75,000–\$99,999	27,096	312	8,490	9,775	7,677
\$100,000 or more	50,812	727	20,208	17,446	11,504
Poverty status <sup>9</sup>					
Poor	29,822	823	10,305	8,869	8,780
Near poor	38,468	855	11,985	12,316	12,225
Not poor	148,428	2,117	51,720	51,505	39,240
Health insurance coverage <sup>10</sup>					
Under 65:					
Private	125,224	1,806	45,111	40,667	33,683
Medicaid	19,711	440	6,013	5,547	6,991
Other	9,247	193	2,588	3,314	2,932
Uninsured	38,942	859	12,303	13,233	10,900
65 and over:					
Private	21,580	361	7,012	7,984	5,540
Medicare and Medicaid	3,185	86	1,005	1,089	892
Medicare only	14,960	339	5,257	5,303	3,511
Other	3,159	*51	933	1,250	854
Uninsured	411	*	90	208	80
Marital status					
Married	125,149	1,497	38,819	45,159	35,332
Widowed	14,432	464	5,065	4,397	3,935
Divorced or separated	27,632	562	8,198	9,180	8,764
Never married	52,816	1,368	22,549	14,533	12,624
Living with a partner	16,910	310	5,832	5,462	4,938
Place of residence <sup>11</sup>					
Large MSA	127,881	2,332	45,817	42,440	32,986
Small MSA	73,440	1,322	24,257	24,340	21,184
Not in MSA	36,074	567	10,551	12,070	11,484
Region					
Northeast	41,590	722	14,471	14,190	10,508
Midwest	53,833	820	16,850	17,983	16,367
South	87,664	1,508	28,594	29,169	25,403
West	54,307	1,172	20,711	17,509	13,376

**Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex					
Hispanic or Latino, male	17,870	193	4,100	7,747	5,336
Hispanic or Latina, female	17,834	315	5,885	5,343	5,425
Not Hispanic or Latino:					
White, single race, male	75,979	580	21,323	30,702	22,199
White, single race, female	80,880	2,190	33,527	21,155	19,796
Black or African American, single race, male	12,321	*141	3,586	4,706	3,638
Black or African American, single race, female	15,094	252	3,586	4,417	6,173

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.4%.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy.

"Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.

**Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Total	100.0	1.8 (0.10)	35.2 (0.37)	34.4 (0.35)	28.6 (0.36)
Sex					
Male	100.0	0.9 (0.11)	29.0 (0.50)	40.9 (0.53)	29.1 (0.51)
Female	100.0	2.7 (0.16)	41.1 (0.50)	28.1 (0.44)	28.1 (0.45)
Age (years)					
18–44	100.0	2.3 (0.17)	40.2 (0.58)	31.2 (0.52)	26.3 (0.52)
45–64	100.0	1.2 (0.13)	28.7 (0.57)	36.9 (0.61)	33.2 (0.58)
65–74	100.0	1.0 (0.17)	29.5 (0.88)	39.6 (0.97)	29.9 (0.88)
75 and over	100.0	3.5 (0.39)	40.5 (1.08)	35.4 (1.07)	20.7 (0.91)
Race					
One race <sup>2</sup>	100.0	1.8 (0.10)	35.2 (0.37)	34.4 (0.36)	28.6 (0.36)
White	100.0	1.8 (0.11)	35.0 (0.42)	34.9 (0.40)	28.3 (0.40)
Black or African American	100.0	1.5 (0.30)	27.0 (0.84)	34.5 (0.89)	36.9 (0.87)
American Indian or Alaska Native	100.0	*	22.8 (3.68)	29.1 (3.65)	47.1 (4.45)
Asian	100.0	3.7 (0.48)	57.3 (1.37)	28.2 (1.29)	10.9 (0.88)
Native Hawaiian or Other Pacific Islander	100.0	-	23.0 (5.85)	20.0 (4.93)	57.0 (7.87)
Two or more races <sup>3</sup>	100.0	*1.8 (0.57)	33.6 (2.62)	32.2 (2.52)	32.5 (2.59)
Black or African American, white	100.0	*	35.7 (5.71)	32.2 (5.71)	31.1 (6.24)
American Indian or Alaska Native, white	100.0	*1.6 (0.59)	29.0 (3.54)	33.7 (3.55)	35.7 (3.89)
Hispanic or Latino origin <sup>4</sup> and race					
Hispanic or Latino	100.0	1.5 (0.22)	29.1 (0.81)	38.1 (0.81)	31.3 (0.78)
Mexican or Mexican American	100.0	1.3 (0.27)	26.2 (0.95)	37.8 (1.03)	34.7 (1.00)
Not Hispanic or Latino	100.0	1.9 (0.11)	36.2 (0.40)	33.7 (0.39)	28.1 (0.39)
White, single race	100.0	1.8 (0.12)	36.2 (0.46)	34.2 (0.45)	27.7 (0.45)
Black or African American, single race	100.0	1.5 (0.30)	27.1 (0.86)	34.4 (0.91)	37.0 (0.89)
Education <sup>5</sup>					
Less than a high school diploma	100.0	2.1 (0.28)	26.2 (0.86)	37.0 (0.91)	34.6 (0.88)
High school diploma or GED <sup>6</sup>	100.0	1.5 (0.16)	28.3 (0.65)	35.8 (0.72)	34.5 (0.73)
Some college	100.0	1.4 (0.15)	29.8 (0.65)	35.4 (0.70)	33.4 (0.69)
Bachelor's degree or higher	100.0	1.5 (0.15)	41.6 (0.67)	35.2 (0.67)	21.7 (0.58)
Current employment status <sup>7</sup>					
Employed	100.0	1.4 (0.12)	34.3 (0.46)	36.2 (0.46)	28.2 (0.45)
Full-time	100.0	1.0 (0.10)	32.4 (0.49)	37.3 (0.52)	29.2 (0.49)
Part-time	100.0	2.8 (0.45)	42.9 (1.18)	31.2 (1.05)	23.0 (0.99)
Not employed but has worked previously	100.0	2.4 (0.18)	34.8 (0.58)	32.4 (0.57)	30.4 (0.55)
Not employed and has never worked	100.0	3.4 (0.49)	45.5 (1.63)	27.6 (1.40)	23.5 (1.48)

**Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Family income <sup>8</sup>					
Less than \$35,000	100.0	2.3 (0.17)	34.4 (0.57)	32.2 (0.52)	31.0 (0.54)
\$35,000 or more	100.0	1.6 (0.12)	35.4 (0.48)	35.3 (0.47)	27.7 (0.46)
\$35,000–\$49,999	100.0	2.4 (0.33)	33.0 (0.92)	34.6 (0.88)	30.1 (0.92)
\$50,000–\$74,999	100.0	1.4 (0.22)	32.9 (0.90)	34.8 (0.88)	30.8 (0.86)
\$75,000–\$99,999	100.0	1.2 (0.25)	32.3 (1.08)	37.2 (1.05)	29.2 (1.08)
\$100,000 or more	100.0	1.5 (0.21)	40.5 (0.86)	35.0 (0.82)	23.1 (0.74)
Poverty status <sup>9</sup>					
Poor	100.0	2.9 (0.31)	35.8 (0.96)	30.8 (0.78)	30.5 (0.85)
Near poor	100.0	2.3 (0.28)	32.1 (0.81)	32.9 (0.79)	32.7 (0.78)
Not poor	100.0	1.5 (0.11)	35.8 (0.46)	35.6 (0.46)	27.1 (0.46)
Health insurance coverage <sup>10</sup>					
Under 65:					
Private	100.0	1.5 (0.13)	37.2 (0.52)	33.5 (0.51)	27.8 (0.52)
Medicaid	100.0	2.3 (0.34)	31.7 (1.19)	29.2 (1.12)	36.8 (1.22)
Other	100.0	2.1 (0.47)	28.7 (1.57)	36.7 (1.75)	32.5 (1.57)
Uninsured	100.0	2.3 (0.29)	33.0 (0.89)	35.5 (0.89)	29.2 (0.78)
65 and over:					
Private	100.0	1.7 (0.24)	33.6 (0.97)	38.2 (1.07)	26.5 (0.96)
Medicare and Medicaid	100.0	2.8 (0.72)	32.7 (2.06)	35.4 (2.42)	29.0 (2.14)
Medicare only	100.0	2.4 (0.39)	36.5 (1.20)	36.8 (1.27)	24.4 (1.08)
Other	100.0	*1.7 (0.61)	30.2 (2.66)	40.5 (2.69)	27.7 (2.48)
Uninsured	100.0	*	23.1 (5.32)	53.6 (7.20)	20.6 (5.44)
Marital status					
Married	100.0	1.2 (0.11)	32.1 (0.50)	37.4 (0.52)	29.2 (0.49)
Widowed	100.0	3.3 (0.39)	36.5 (1.09)	31.7 (1.12)	28.4 (1.06)
Divorced or separated	100.0	2.1 (0.28)	30.7 (0.82)	34.4 (0.83)	32.8 (0.86)
Never married	100.0	2.7 (0.28)	44.1 (0.84)	28.5 (0.73)	24.7 (0.72)
Living with a partner	100.0	1.9 (0.35)	35.3 (1.33)	33.0 (1.25)	29.9 (1.26)
Place of residence <sup>11</sup>					
Large MSA	100.0	1.9 (0.14)	37.1 (0.52)	34.3 (0.50)	26.7 (0.47)
Small MSA	100.0	1.9 (0.18)	34.1 (0.65)	34.2 (0.61)	29.8 (0.72)
Not in MSA	100.0	1.6 (0.19)	30.4 (0.85)	34.8 (0.84)	33.1 (0.85)
Region					
Northeast	100.0	1.8 (0.23)	36.3 (0.92)	35.6 (0.86)	26.3 (0.86)
Midwest	100.0	1.6 (0.18)	32.4 (0.73)	34.6 (0.83)	31.5 (0.84)
South	100.0	1.8 (0.16)	33.8 (0.61)	34.4 (0.56)	30.0 (0.54)
West	100.0	2.2 (0.21)	39.2 (0.77)	33.2 (0.65)	25.3 (0.72)



**Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex					
Hispanic or Latino, male	100.0	1.1 (0.31)	23.6 (1.13)	44.6 (1.23)	30.7 (1.18)
Hispanic or Latina, female	100.0	1.9 (0.32)	34.7 (1.13)	31.5 (1.02)	32.0 (1.04)
Not Hispanic or Latino:					
White, single race, male	100.0	0.8 (0.11)	28.5 (0.62)	41.0 (0.68)	29.7 (0.65)
White, single race, female	100.0	2.9 (0.21)	43.7 (0.65)	27.6 (0.57)	25.8 (0.57)
Black or African American, single race, male	100.0	*1.2 (0.46)	29.7 (1.43)	39.0 (1.52)	30.1 (1.39)
Black or African American, single race, female	100.0	1.7 (0.39)	24.9 (1.04)	30.6 (1.09)	42.8 (1.14)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.4%.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy.

"Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey, 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.