

Table P-3a. Age-adjusted percentages (with standard errors) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	ADLs ¹	IADLs ¹
Total	2.1 (0.07)	4.0 (0.10)
Sex		
Male	1.8 (0.09)	3.2 (0.11)
Female	2.4 (0.09)	4.7 (0.13)
Age		
18-44 years	0.8 (0.06)	1.5 (0.08)
45-64 years	1.9 (0.10)	3.8 (0.15)
65-74 years	3.5 (0.24)	6.4 (0.31)
75 years and over	10.6 (0.51)	18.8 (0.76)
Race		
One race ²	2.1 (0.07)	4.0 (0.10)
White	1.9 (0.07)	3.8 (0.11)
Black or African American	3.9 (0.22)	5.9 (0.26)
American Indian or Alaska Native	3.7 (0.87)	5.4 (1.03)
Asian	2.1 (0.24)	2.9 (0.29)
Native Hawaiian or Other Pacific Islander	*2.9 (1.13)	*8.0 (3.20)
Two or more races ³	4.0 (0.71)	7.7 (0.96)
Black or African American, white	*4.7 (2.30)	*8.3 (2.62)
American Indian or Alaska Native, white	4.4 (1.08)	10.6 (1.80)
Hispanic or Latino origin ⁴ and race		
Hispanic or Latino	2.6 (0.18)	3.9 (0.22)
Mexican or Mexican American	2.5 (0.26)	3.7 (0.30)
Not Hispanic or Latino	2.1 (0.07)	4.1 (0.11)
White, single race	1.8 (0.08)	3.8 (0.12)
Black or African American, single race	4.0 (0.22)	5.9 (0.27)
Education ⁵		
Less than a high school diploma	4.1 (0.22)	7.4 (0.29)
High school diploma or GED ⁶	2.7 (0.15)	5.0 (0.20)
Some college	2.0 (0.12)	4.2 (0.21)
Bachelor's degree or higher	1.2 (0.10)	2.5 (0.15)

Table P-3a. Age-adjusted percentages (with standard errors) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	ADLs ¹	IADLs ¹
Family income ⁷		
Less than \$35,000	3.7 (0.16)	7.6 (0.22)
\$35,000 or more	1.5 (0.08)	2.4 (0.10)
\$35,000–\$49,999	1.9 (0.17)	3.5 (0.23)
\$50,000–\$74,999	1.4 (0.13)	2.3 (0.17)
\$75,000–\$99,999	1.6 (0.21)	2.6 (0.25)
\$100,000 or more	1.2 (0.14)	2.1 (0.19)
Poverty status ⁸		
Poor	4.9 (0.28)	9.9 (0.42)
Near poor	3.1 (0.17)	6.1 (0.23)
Not poor	1.4 (0.07)	2.5 (0.09)
Health insurance coverage ⁹		
Under 65:		
Private	0.4 (0.04)	0.9 (0.05)
Medicaid	5.5 (0.32)	9.7 (0.41)
Other	3.7 (0.46)	7.6 (0.64)
Uninsured	0.6 (0.10)	1.4 (0.14)
65 and over:		
Private	4.4 (0.30)	9.7 (0.48)
Medicare and Medicaid	22.6 (1.61)	32.7 (1.97)
Medicare only	7.3 (0.46)	12.4 (0.66)
Other	7.2 (0.91)	11.3 (1.10)
Uninsured	*10.3 (4.50)	*10.4 (4.12)
Place of residence ¹⁰		
Large MSA	2.2 (0.10)	3.8 (0.13)
Small MSA	2.1 (0.12)	4.2 (0.18)
Not in MSA	2.3 (0.19)	4.5 (0.29)
Region		
Northeast	2.0 (0.14)	3.4 (0.19)
Midwest	1.7 (0.13)	4.0 (0.21)
South	2.3 (0.12)	4.2 (0.17)
West	2.4 (0.15)	4.2 (0.21)

Table P-3a. Age-adjusted percentages (with standard errors) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	ADLs ¹	IADLs ¹
Hispanic or Latino origin ⁴ , race, and sex		
Hispanic or Latino, male	2.0 (0.24)	2.8 (0.27)
Hispanic or Latina, female	3.1 (0.24)	4.8 (0.30)
Not Hispanic or Latino:		
White, single race, male	1.6 (0.11)	3.1 (0.14)
White, single race, female	2.0 (0.11)	4.4 (0.16)
Black or African American, single race, male	3.3 (0.31)	4.2 (0.33)
Black or African American, single race, female	4.4 (0.31)	7.0 (0.37)
Hispanic or Latino origin ⁴ , race, and poverty status		
Hispanic or Latino:		
Poor	4.2 (0.41)	6.7 (0.58)
Near poor	2.8 (0.36)	4.0 (0.39)
Not poor	1.4 (0.20)	2.5 (0.30)
Not Hispanic or Latino:		
White, single race:		
Poor	4.7 (0.44)	11.5 (0.74)
Near poor	2.9 (0.24)	6.5 (0.33)
Not poor	1.3 (0.08)	2.5 (0.11)
Black or African American, single race:		
Poor	6.3 (0.59)	10.3 (0.69)
Near poor	4.9 (0.50)	7.9 (0.64)
Not poor	2.7 (0.33)	3.1 (0.33)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution.

¹ADLs are activities of daily living. Limitation in ADLs is based on the question, "Because of a physical, mental, or emotional problem, does [person] need the help of other persons with personal care needs, such as eating, bathing, dressing, or getting around inside the home?" Data in this table are shown only for persons aged 18 and over, although this question was asked of or about persons aged 3 years and over. IADLs are instrumental activities of daily living. Limitation in IADLs is based on the question, "Because of a physical, mental, or emotional problem, does [person] need the help of other persons in handling routine needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?" This question was asked of or about persons aged 18 years and over.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for persons aged 25 and over. Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁸"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

⁹Based on a hierarchy of mutually exclusive categories. Persons with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes persons who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹⁰MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on responses about persons aged 18 and over in the family. Data came from the Person file and were weighted using the Person weight. Unknowns for the columns were not included in the denominators when calculating percentages. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Adams PF, Benson V. Tables of Summary Health Statistics for the U.S. Population: 2014 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Table P-3b. Frequencies (number in thousands) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All persons aged 18 and over	ADLs ¹	IADLs ¹
Total	239,684	5,322	9,950
Sex			
Male	115,539	2,102	3,648
Female	124,145	3,220	6,303
Age			
18-44 years	112,146	871	1,642
45-64 years	82,604	1,542	3,112
65-74 years	26,210	929	1,679
75 years and over	18,724	1,981	3,518
Race			
One race ²	236,024	5,214	9,716
White	190,508	3,887	7,733
Black or African American	29,458	1,044	1,585
American Indian or Alaska Native	2,078	64	98
Asian	13,665	213	292
Native Hawaiian or Other Pacific Islander	316	*	*
Two or more races ³	3,659	109	235
Black or African American, white	790	*11	*35
American Indian or Alaska Native, white	1,487	62	153
Hispanic or Latino origin ⁴ and race			
Hispanic or Latino	36,571	648	1,025
Mexican or Mexican American	22,625	350	539
Not Hispanic or Latino	203,113	4,674	8,926
White, single race	157,459	3,301	6,855
Black or African American, single race	27,941	1,015	1,520
Education ⁵			
Less than a high school diploma	27,164	1,409	2,498
High school diploma or GED ⁶	54,688	1,633	3,037
Some college	57,708	1,128	2,397
Bachelor's degree or higher	65,986	674	1,362

Table P-3b. Frequencies (number in thousands) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All persons aged 18 and over	ADLs ¹	IADLs ¹
Family income ⁷			
Less than \$35,000	64,836	2,687	5,504
\$35,000 or more	138,076	1,706	2,904
\$35,000–\$49,999	25,876	523	937
\$50,000–\$74,999	33,830	447	744
\$75,000–\$99,999	25,789	341	534
\$100,000 or more	52,581	394	689
Poverty status ⁸			
Poor	29,228	1,234	2,513
Near poor	41,335	1,391	2,731
Not poor	146,714	2,045	3,663
Health insurance coverage ⁹			
Under 65:			
Private	129,633	601	1,276
Medicaid	22,740	1,225	2,170
Other	8,497	381	841
Uninsured	31,333	178	415
65 and over:			
Private	22,018	890	1,961
Medicare and Medicaid	2,943	646	943
Medicare only	15,867	1,099	1,858
Other	3,483	236	383
Uninsured	359	*21	*26
Place of residence ¹⁰			
Large MSA	130,586	2,787	4,853
Small MSA	73,795	1,601	3,272
Not in MSA	35,303	935	1,825
Region			
Northeast	42,170	926	1,553
Midwest	54,254	965	2,262
South	89,395	2,172	3,916
West	53,865	1,260	2,219

Table P-3b. Frequencies (number in thousands) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All persons aged 18 and over	ADLs ¹	IADLs ¹
Hispanic or Latino origin ⁴ , race, and sex			
Hispanic or Latino, male	18,308	246	368
Hispanic or Latina, female	18,262	402	657
Not Hispanic or Latino:			
White, single race, male	76,265	1,351	2,564
White, single race, female	81,195	1,949	4,292
Black or African American, single race, male	12,596	373	498
Black or African American, single race, female	15,346	642	1,022
Hispanic or Latino origin ⁴ , race, and poverty status			
Hispanic or Latino:			
Poor	7,759	231	394
Near poor	10,251	188	290
Not poor	15,504	149	248
Not Hispanic or Latino:			
White, single race:			
Poor	12,929	574	1,397
Near poor	21,951	783	1,789
Not poor	108,067	1,527	2,920
Black or African American, single race:			
Poor	6,237	329	551
Near poor	6,447	310	497
Not poor	12,254	264	321

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

¹ADLs are activities of daily living. Limitation in ADLs is based on the question, "Because of a physical, mental, or emotional problem, does [person] need the help of other persons with personal care needs, such as eating, bathing, dressing, or getting around inside the home?" Data in this table are shown only for persons aged 18 and over, although this question was asked of or about persons aged 3 years and over. IADLs are instrumental activities of daily living. Limitation in IADLs is based on the question, "Because of a physical, mental, or emotional problem, does [person] need the help of other persons in handling routine needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?" This question was asked of or about persons aged 18 years and over.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for persons aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁸"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

⁹Based on a hierarchy of mutually exclusive categories. Persons with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes persons who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹⁰MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on responses about persons aged 18 and over in the family. Data came from the Person file and were weighted using the Person weight. Unknowns for the columns were not included in the frequencies, but they were included in the "All persons aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Adams PF, Benson V. Tables of Summary Health Statistics for the U.S. Population: 2014 National Health Interview Survey, 2015.

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SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Table P-3c. Crude percentages (with standard errors) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	ADLs ¹	IADLs ¹
Total	2.2 (0.07)	4.2 (0.11)
Sex		
Male	1.8 (0.09)	3.2 (0.12)
Female	2.6 (0.10)	5.1 (0.15)
Age		
18-44 years	0.8 (0.06)	1.5 (0.08)
45-64 years	1.9 (0.10)	3.8 (0.15)
65-74 years	3.5 (0.24)	6.4 (0.31)
75 years and over	10.6 (0.51)	18.8 (0.76)
Race		
One race ²	2.2 (0.07)	4.1 (0.11)
White	2.0 (0.08)	4.1 (0.13)
Black or African American	3.5 (0.20)	5.4 (0.25)
American Indian or Alaska Native	3.1 (0.79)	4.7 (0.90)
Asian	1.6 (0.19)	2.1 (0.24)
Native Hawaiian or Other Pacific Islander	*	*
Two or more races ³	3.0 (0.53)	6.4 (0.86)
Black or African American, white	*1.4 (0.67)	*4.4 (1.37)
American Indian or Alaska Native, white	4.2 (1.04)	10.3 (1.88)
Hispanic or Latino origin ⁴ and race		
Hispanic or Latino	1.8 (0.13)	2.8 (0.17)
Mexican or Mexican American	1.5 (0.15)	2.4 (0.20)
Not Hispanic or Latino	2.3 (0.08)	4.4 (0.12)
White, single race	2.1 (0.10)	4.4 (0.15)
Black or African American, single race	3.6 (0.21)	5.4 (0.26)
Education ⁵		
Less than a high school diploma	5.2 (0.28)	9.2 (0.38)
High school diploma or GED ⁶	3.0 (0.16)	5.6 (0.22)
Some college	2.0 (0.12)	4.2 (0.20)
Bachelor's degree or higher	1.0 (0.08)	2.1 (0.13)

Table P-3c. Crude percentages (with standard errors) of persons having limitation in activities of daily living and instrumental activities of daily living among persons aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	ADLs ¹	IADLs ¹
Family income ⁷		
Less than \$35,000	4.1 (0.18)	8.5 (0.27)
\$35,000 or more	1.2 (0.06)	2.1 (0.09)
\$35,000–\$49,999	2.0 (0.18)	3.6 (0.25)
\$50,000–\$74,999	1.3 (0.12)	2.2 (0.16)
\$75,000–\$99,999	1.3 (0.16)	2.1 (0.20)
\$100,000 or more	0.7 (0.09)	1.3 (0.12)
Poverty status ⁸		
Poor	4.2 (0.26)	8.6 (0.41)
Near poor	3.4 (0.19)	6.6 (0.26)
Not poor	1.4 (0.07)	2.5 (0.10)
Health insurance coverage ⁹		
Under 65:		
Private	0.5 (0.04)	1.0 (0.06)
Medicaid	5.4 (0.32)	9.5 (0.41)
Other	4.5 (0.46)	9.9 (0.75)
Uninsured	0.6 (0.09)	1.3 (0.13)
65 and over:		
Private	4.0 (0.28)	8.9 (0.45)
Medicare and Medicaid	22.0 (1.59)	32.1 (1.98)
Medicare only	6.9 (0.44)	11.7 (0.64)
Other	6.8 (0.86)	11.0 (1.06)
Uninsured	*6.0 (2.56)	*7.2 (2.62)
Place of residence ¹⁰		
Large MSA	2.1 (0.10)	3.7 (0.14)
Small MSA	2.2 (0.13)	4.4 (0.21)
Not in MSA	2.6 (0.22)	5.2 (0.32)
Region		
Northeast	2.2 (0.17)	3.7 (0.22)
Midwest	1.8 (0.14)	4.2 (0.24)
South	2.4 (0.13)	4.4 (0.20)
West	2.3 (0.16)	4.1 (0.22)

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Hispanic or Latino origin ⁴ , race, and sex		
Hispanic or Latino, male	1.3 (0.16)	2.0 (0.19)
Hispanic or Latina, female	2.2 (0.18)	3.6 (0.25)
Not Hispanic or Latino:		
White, single race, male	1.8 (0.12)	3.4 (0.15)
White, single race, female	2.4 (0.13)	5.3 (0.20)
Black or African American, single race, male	3.0 (0.29)	4.0 (0.32)
Black or African American, single race, female	4.2 (0.31)	6.7 (0.38)
Hispanic or Latino origin ⁴ , race, and poverty status		
Hispanic or Latino:		
Poor	3.0 (0.32)	5.1 (0.48)
Near poor	1.8 (0.24)	2.8 (0.29)
Not poor	1.0 (0.13)	1.6 (0.18)
Not Hispanic or Latino:		
White, single race:		
Poor	4.4 (0.43)	10.8 (0.76)
Near poor	3.6 (0.30)	8.2 (0.40)
Not poor	1.4 (0.08)	2.7 (0.12)
Black or African American, single race:		
Poor	5.3 (0.50)	8.8 (0.62)
Near poor	4.8 (0.50)	7.7 (0.66)
Not poor	2.2 (0.27)	2.6 (0.28)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

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²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

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⁵Shown only for persons aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁸"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

⁹Based on a hierarchy of mutually exclusive categories. Persons with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes persons who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹⁰MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on responses about persons aged 18 and over in the family. Data came from the Person file and were weighted using the Person weight. Unknowns for the columns were not included in the denominators when calculating percentages. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Adams PF, Benson V. Tables of Summary Health Statistics for the U.S. Population: 2014 National Health Interview Survey, 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

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