

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹		Felt hopeless all or most of the time ¹		Felt worthless all or most of the time ¹		Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	3.3 (0.13)	8.6 (0.21)	2.5 (0.12)	5.0 (0.17)	2.0 (0.10)	3.7 (0.14)	6.8 (0.20)	9.9 (0.23)
Sex								
Male	2.9 (0.18)	7.1 (0.30)	2.1 (0.15)	4.3 (0.24)	1.7 (0.13)	3.3 (0.20)	6.4 (0.27)	9.1 (0.32)
Female	3.7 (0.17)	9.8 (0.30)	3.0 (0.17)	5.6 (0.24)	2.3 (0.15)	4.1 (0.20)	7.2 (0.27)	10.8 (0.32)
Age (years)								
18–44	2.8 (0.17)	7.9 (0.30)	2.3 (0.17)	4.9 (0.25)	1.7 (0.14)	3.5 (0.21)	6.8 (0.29)	10.3 (0.34)
45–64	4.3 (0.22)	9.5 (0.37)	3.3 (0.21)	5.7 (0.28)	2.7 (0.20)	4.4 (0.25)	7.3 (0.32)	10.4 (0.38)
65–74	2.6 (0.28)	8.6 (0.53)	1.9 (0.25)	4.6 (0.41)	1.8 (0.25)	3.1 (0.33)	4.9 (0.41)	7.5 (0.50)
75 and over	3.2 (0.43)	9.4 (0.64)	2.1 (0.33)	3.7 (0.43)	2.2 (0.34)	3.2 (0.35)	7.4 (0.68)	8.3 (0.63)
Race								
One race ²	3.2 (0.13)	8.5 (0.21)	2.5 (0.12)	5.0 (0.17)	2.0 (0.10)	3.7 (0.14)	6.8 (0.20)	9.9 (0.23)
White	3.1 (0.14)	7.9 (0.23)	2.6 (0.14)	4.8 (0.19)	2.1 (0.12)	3.6 (0.16)	6.5 (0.23)	9.7 (0.25)
Black or African American	4.0 (0.31)	11.5 (0.65)	2.4 (0.24)	6.0 (0.52)	1.7 (0.22)	3.9 (0.34)	9.0 (0.57)	11.3 (0.60)
American Indian or Alaska Native	*2.4 (0.77)	13.7 (2.78)	*1.3 (0.53)	7.0 (2.07)	*	7.4 (2.05)	7.6 (1.82)	14.0 (2.72)
Asian	2.6 (0.42)	9.1 (0.81)	1.5 (0.34)	4.5 (0.56)	1.3 (0.31)	3.3 (0.52)	4.0 (0.55)	9.7 (0.83)
Native Hawaiian or Other Pacific Islander	*7.6 (3.39)	*11.0 (3.64)	*	*	*	*	*16.4 (6.80)	*9.7 (4.53)
Two or more races ³	6.9 (1.47)	12.1 (1.68)	6.3 (1.36)	6.7 (1.16)	4.7 (1.27)	6.9 (1.26)	10.7 (1.66)	13.9 (1.73)
Black or African American, white	*9.4 (3.65)	*12.1 (4.12)	*7.0 (3.10)	*7.7 (2.89)	*	*7.6 (3.39)	*7.5 (3.13)	13.3 (3.80)
American Indian or Alaska Native, white	7.1 (1.77)	16.9 (2.83)	7.7 (1.92)	7.3 (1.74)	7.5 (2.01)	11.0 (2.37)	13.1 (2.53)	13.4 (2.49)
Hispanic or Latino origin ⁴ and race								
Hispanic or Latino	4.3 (0.33)	9.6 (0.49)	3.5 (0.29)	6.2 (0.42)	2.3 (0.25)	4.3 (0.34)	6.9 (0.42)	9.2 (0.47)
Mexican or Mexican American	4.3 (0.45)	9.7 (0.66)	3.7 (0.40)	6.1 (0.56)	2.6 (0.36)	4.3 (0.43)	6.9 (0.58)	8.6 (0.55)
Not Hispanic or Latino	3.1 (0.14)	8.4 (0.24)	2.4 (0.13)	4.9 (0.19)	2.0 (0.12)	3.7 (0.16)	6.8 (0.23)	10.2 (0.26)
White, single race	2.9 (0.16)	7.7 (0.26)	2.4 (0.15)	4.7 (0.22)	2.0 (0.14)	3.6 (0.18)	6.5 (0.26)	10.0 (0.30)
Black or African American, single race	3.9 (0.32)	11.5 (0.67)	2.3 (0.25)	5.9 (0.54)	1.7 (0.22)	3.8 (0.35)	9.0 (0.59)	11.2 (0.62)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁵								
Less than a high school diploma	7.2 (0.49)	13.7 (0.71)	5.2 (0.41)	8.6 (0.59)	4.6 (0.42)	6.0 (0.44)	10.9 (0.60)	11.4 (0.66)
High school diploma or GED ⁶	4.4 (0.30)	10.8 (0.51)	3.4 (0.29)	6.4 (0.44)	2.8 (0.25)	4.8 (0.32)	8.9 (0.49)	10.3 (0.49)
Some college	3.4 (0.25)	8.5 (0.39)	2.6 (0.23)	4.9 (0.28)	2.1 (0.21)	3.6 (0.23)	7.5 (0.37)	10.3 (0.43)
Bachelor's degree or higher	1.3 (0.13)	4.7 (0.30)	1.0 (0.12)	2.6 (0.20)	0.5 (0.09)	1.9 (0.18)	3.1 (0.24)	8.2 (0.38)
Current employment status ⁷								
Employed	1.6 (0.11)	6.2 (0.25)	1.1 (0.09)	3.4 (0.19)	0.8 (0.08)	2.1 (0.14)	4.2 (0.20)	8.0 (0.27)
Full-time	1.4 (0.11)	5.9 (0.36)	0.9 (0.09)	3.5 (0.32)	0.7 (0.09)	2.0 (0.21)	4.0 (0.24)	7.7 (0.37)
Part-time	2.0 (0.28)	8.6 (0.65)	1.9 (0.30)	3.9 (0.42)	1.3 (0.23)	3.1 (0.40)	5.4 (0.51)	10.1 (0.70)
Not employed but has worked previously	6.7 (0.38)	12.9 (0.48)	5.8 (0.37)	8.6 (0.45)	4.6 (0.33)	7.4 (0.40)	12.0 (0.52)	13.7 (0.54)
Not employed and has never worked	6.3 (0.76)	12.3 (1.12)	5.1 (0.71)	6.4 (0.79)	4.4 (0.66)	4.5 (0.63)	9.1 (0.89)	10.0 (0.95)
Family income ⁸								
Less than \$35,000	6.8 (0.29)	13.2 (0.43)	5.5 (0.28)	8.4 (0.34)	4.0 (0.24)	6.5 (0.30)	12.0 (0.44)	12.7 (0.40)
\$35,000 or more	1.8 (0.13)	6.5 (0.25)	1.4 (0.13)	3.7 (0.20)	1.2 (0.11)	2.6 (0.16)	4.8 (0.23)	8.9 (0.29)
\$35,000–\$49,999	2.8 (0.31)	9.8 (0.60)	2.2 (0.28)	5.4 (0.51)	1.9 (0.26)	3.8 (0.38)	6.4 (0.50)	9.8 (0.62)
\$50,000–\$74,999	2.2 (0.29)	7.4 (0.53)	1.7 (0.27)	4.7 (0.44)	1.6 (0.29)	3.0 (0.31)	6.4 (0.50)	10.0 (0.58)
\$75,000–\$99,999	1.6 (0.27)	5.7 (0.57)	1.1 (0.24)	3.5 (0.41)	1.0 (0.21)	2.4 (0.35)	4.4 (0.51)	7.9 (0.60)
\$100,000 or more	1.1 (0.22)	4.2 (0.41)	1.2 (0.26)	2.0 (0.25)	0.7 (0.16)	1.6 (0.22)	2.8 (0.33)	8.1 (0.53)
Poverty status ⁹								
Poor	8.9 (0.51)	15.7 (0.70)	7.9 (0.50)	9.8 (0.56)	6.2 (0.47)	7.8 (0.51)	14.3 (0.72)	14.2 (0.61)
Near poor	5.4 (0.38)	12.4 (0.58)	4.1 (0.34)	7.9 (0.49)	3.2 (0.29)	6.1 (0.41)	10.8 (0.53)	12.6 (0.58)
Not poor	1.8 (0.13)	6.0 (0.24)	1.3 (0.12)	3.4 (0.18)	1.0 (0.10)	2.4 (0.14)	4.4 (0.21)	8.8 (0.29)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰								
Under 65:								
Private	1.6 (0.13)	5.8 (0.26)	1.1 (0.11)	3.3 (0.19)	0.8 (0.10)	2.3 (0.16)	4.3 (0.22)	8.9 (0.31)
Medicaid	8.8 (0.67)	16.4 (0.88)	8.3 (0.72)	10.4 (0.80)	6.7 (0.62)	8.5 (0.72)	16.6 (0.97)	15.1 (0.91)
Other	6.3 (0.80)	10.9 (1.07)	4.2 (0.58)	8.4 (1.00)	3.5 (0.56)	7.9 (1.07)	11.6 (1.12)	12.4 (1.24)
Uninsured	5.4 (0.40)	12.2 (0.58)	4.5 (0.37)	7.7 (0.48)	3.3 (0.32)	5.4 (0.41)	9.7 (0.54)	12.2 (0.60)
65 and over:								
Private	2.1 (0.31)	7.7 (0.55)	1.1 (0.22)	3.3 (0.35)	1.3 (0.24)	2.6 (0.30)	4.7 (0.51)	6.8 (0.56)
Medicare and Medicaid	6.1 (1.06)	16.5 (1.77)	6.4 (1.17)	10.2 (1.41)	4.4 (0.94)	8.3 (1.28)	11.0 (1.49)	12.5 (1.67)
Medicare only	3.1 (0.41)	8.8 (0.73)	2.2 (0.40)	3.8 (0.51)	2.2 (0.41)	2.7 (0.38)	6.8 (0.73)	7.9 (0.65)
Other	*3.7 (1.63)	8.4 (1.57)	*2.6 (0.89)	3.8 (1.04)	*2.2 (0.74)	3.4 (1.02)	7.7 (1.56)	9.3 (2.01)
Uninsured	*4.9 (2.00)	*24.6 (8.19)	*	*12.1 (4.12)	*4.5 (2.15)	*	*3.7 (1.69)	*20.6 (7.79)
Marital status								
Married	2.3 (0.16)	6.6 (0.27)	1.7 (0.14)	3.8 (0.22)	1.3 (0.12)	2.6 (0.17)	5.5 (0.26)	8.6 (0.31)
Widowed	5.0 (1.26)	19.3 (4.18)	*7.5 (3.45)	5.7 (1.35)	*3.5 (1.17)	*7.5 (3.47)	7.5 (1.49)	11.0 (2.31)
Divorced or separated	6.1 (0.50)	13.3 (0.70)	5.2 (0.49)	7.9 (0.56)	3.6 (0.40)	6.2 (0.47)	10.4 (0.61)	12.1 (0.68)
Never married	4.0 (0.34)	10.0 (0.57)	3.2 (0.32)	5.9 (0.42)	2.4 (0.29)	4.7 (0.36)	8.3 (0.58)	11.6 (0.58)
Living with a partner	3.8 (0.55)	8.4 (0.79)	3.8 (0.56)	5.7 (0.70)	3.1 (0.50)	4.1 (0.65)	8.4 (0.85)	10.9 (1.24)
Place of residence ¹¹								
Large MSA	3.3 (0.18)	8.5 (0.29)	2.3 (0.15)	4.8 (0.22)	1.8 (0.14)	3.2 (0.17)	6.4 (0.26)	10.1 (0.31)
Small MSA	3.0 (0.22)	8.6 (0.39)	2.7 (0.22)	4.9 (0.31)	2.1 (0.19)	4.0 (0.26)	7.0 (0.39)	9.8 (0.42)
Not in MSA	3.7 (0.29)	8.9 (0.53)	3.2 (0.31)	5.8 (0.51)	2.5 (0.27)	5.0 (0.48)	7.9 (0.56)	9.9 (0.59)
Region								
Northeast	3.2 (0.32)	8.9 (0.56)	2.4 (0.29)	4.9 (0.41)	1.6 (0.23)	3.3 (0.33)	5.5 (0.44)	10.0 (0.59)
Midwest	3.2 (0.27)	8.6 (0.41)	2.5 (0.25)	5.3 (0.40)	2.2 (0.23)	3.9 (0.33)	6.5 (0.41)	9.9 (0.51)
South	3.5 (0.21)	8.3 (0.35)	2.7 (0.21)	4.7 (0.29)	2.1 (0.19)	3.7 (0.24)	8.0 (0.38)	9.3 (0.37)
West	2.9 (0.23)	8.6 (0.44)	2.5 (0.21)	5.3 (0.30)	2.0 (0.18)	3.9 (0.27)	6.4 (0.37)	10.9 (0.43)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹		Felt hopeless all or most of the time ¹		Felt worthless all or most of the time ¹		Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex								
Hispanic or Latino, male	3.6 (0.48)	7.6 (0.68)	2.4 (0.35)	5.8 (0.66)	1.4 (0.27)	4.1 (0.52)	6.5 (0.61)	7.8 (0.65)
Hispanic or Latina, female	4.9 (0.44)	11.4 (0.69)	4.6 (0.45)	6.4 (0.48)	3.1 (0.39)	4.5 (0.40)	7.1 (0.57)	10.3 (0.67)
Not Hispanic or Latino:								
White, single race, male	2.5 (0.22)	6.3 (0.37)	1.9 (0.19)	3.9 (0.29)	1.7 (0.16)	3.0 (0.24)	5.8 (0.34)	9.1 (0.43)
White, single race, female	3.3 (0.23)	9.0 (0.38)	2.8 (0.24)	5.4 (0.31)	2.3 (0.21)	4.1 (0.27)	7.1 (0.34)	10.7 (0.42)
Black or African American, single race, male	3.7 (0.49)	9.4 (0.84)	2.6 (0.43)	5.3 (0.68)	2.0 (0.40)	3.8 (0.51)	9.4 (0.88)	9.3 (0.85)
Black or African American, single race, female	4.2 (0.41)	13.1 (0.96)	2.1 (0.27)	6.4 (0.80)	1.5 (0.25)	3.8 (0.46)	8.9 (0.76)	12.8 (0.91)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over was 3.4%, 3.5%, 3.5%, and 3.5%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey, 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	237,394	7,611	19,803	5,930	11,548	4,713	8,586	15,618	22,692
Sex									
Male	114,334	3,197	7,983	2,358	4,894	1,902	3,764	7,062	9,980
Female	123,061	4,414	11,820	3,572	6,654	2,810	4,822	8,555	12,712
Age (years)									
18–44	111,717	3,004	8,531	2,471	5,294	1,792	3,789	7,377	11,182
45–64	82,286	3,422	7,569	2,640	4,510	2,113	3,494	5,754	8,253
65–74	25,086	622	2,063	450	1,098	427	748	1,193	1,815
75 and over	18,305	562	1,641	370	646	381	555	1,293	1,442
Race									
One race ²	233,678	7,367	19,367	5,708	11,302	4,550	8,346	15,250	22,185
White	189,484	5,844	14,694	4,793	8,917	3,906	6,711	11,983	17,555
Black or African American	28,503	1,093	3,158	658	1,649	469	1,042	2,492	3,086
American Indian or Alaska Native	1,970	*47	271	*27	*135	*	*146	152	273
Asian	13,236	338	1,185	199	579	160	423	514	1,241
Native Hawaiian or Other Pacific Islander	485	*	*59	*	*	*	*	*	*30
Two or more races ³	3,716	243	436	222	246	163	240	368	507
Black or African American, white	801	*94	*94	*	*60	*	*25	*68	*128
American Indian or Alaska Native, white	1,570	108	253	110	121	109	172	194	210
Hispanic or Latino origin ⁴ and race									
Hispanic or Latino	35,704	1,403	3,188	1,188	2,070	770	1,436	2,380	3,159
Mexican or Mexican American	22,277	857	1,967	773	1,278	504	853	1,449	1,871
Not Hispanic or Latino	201,690	6,207	16,615	4,742	9,477	3,942	7,149	13,238	19,532
White, single race	156,858	4,594	11,914	3,713	7,068	3,186	5,431	9,841	14,753
Black or African American, single race	27,415	1,044	3,017	625	1,559	450	991	2,392	2,944

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education⁵									
Less than a high school diploma	27,749	1,940	3,690	1,388	2,239	1,243	1,609	2,917	3,072
High school diploma or GED ⁶	52,621	2,209	5,505	1,738	3,180	1,437	2,404	4,379	5,195
Some college	60,000	1,959	4,953	1,536	2,896	1,234	2,154	4,311	5,941
Bachelor's degree or higher	65,758	811	3,014	634	1,654	355	1,209	1,966	5,253
Current employment status⁷									
Employed	144,126	2,385	9,027	1,649	5,028	1,166	3,162	6,292	12,026
Full-time	117,101	1,826	6,678	1,113	3,924	789	2,231	4,814	9,275
Part-time	24,980	494	2,148	485	995	324	801	1,367	2,556
Not employed but has worked previously	78,659	4,531	9,094	3,724	5,625	3,053	4,858	8,149	9,259
Not employed and has never worked	14,364	693	1,654	552	879	488	561	1,163	1,388
Family income⁸									
Less than \$35,000	72,188	4,600	9,108	3,653	5,681	2,739	4,394	8,105	8,672
\$35,000 or more	149,560	2,689	9,506	2,089	5,389	1,778	3,806	6,838	12,956
\$35,000–\$49,999	30,855	851	2,963	667	1,609	573	1,164	1,935	2,956
\$50,000–\$74,999	40,797	870	2,983	651	1,844	642	1,198	2,480	3,940
\$75,000–\$99,999	27,096	457	1,548	322	954	272	666	1,194	2,126
\$100,000 or more	50,812	511	2,012	449	982	291	778	1,229	3,934
Poverty status⁹									
Poor	29,822	2,433	4,388	2,154	2,732	1,677	2,168	4,023	4,008
Near poor	38,468	1,978	4,630	1,505	2,887	1,153	2,234	3,997	4,663
Not poor	148,428	2,628	8,853	1,876	4,969	1,539	3,487	6,197	12,452

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰									
Under 65:									
Private	125,224	1,975	7,204	1,333	4,025	1,016	2,850	5,141	10,703
Medicaid	19,711	1,653	3,093	1,551	1,966	1,250	1,604	3,119	2,826
Other	9,247	730	1,188	530	943	410	793	1,216	1,244
Uninsured	38,942	2,012	4,518	1,650	2,856	1,204	2,002	3,592	4,577
65 and over:									
Private	21,580	425	1,586	217	681	270	536	948	1,403
Medicare and Medicaid	3,185	183	508	190	311	129	250	337	379
Medicare only	14,960	439	1,248	319	563	310	392	947	1,115
Other	3,159	*107	262	*79	120	*72	*106	232	289
Uninsured	411	*30	*93	*	*67	*27	*	*20	*71
Marital status									
Married	125,149	2,882	8,258	2,084	4,774	1,666	3,324	6,427	10,355
Widowed	14,432	729	1,791	466	786	493	585	1,142	1,303
Divorced or separated	27,632	1,651	3,567	1,439	2,098	1,072	1,712	2,796	3,215
Never married	52,816	1,744	4,670	1,343	2,864	993	2,245	3,920	5,957
Living with a partner	16,910	597	1,485	588	1,002	489	687	1,306	1,823
Place of residence ¹¹									
Large MSA	127,881	4,106	10,524	2,842	6,020	2,275	3,976	7,876	12,378
Small MSA	73,440	2,195	6,113	1,953	3,495	1,520	2,855	4,956	6,902
Not in MSA	36,074	1,310	3,167	1,135	2,033	918	1,755	2,785	3,412
Region									
Northeast	41,590	1,331	3,559	966	1,912	667	1,310	2,228	3,938
Midwest	53,833	1,653	4,474	1,291	2,759	1,128	2,054	3,337	5,083
South	87,664	3,054	7,163	2,324	4,081	1,857	3,160	6,675	7,916
West	54,307	1,572	4,608	1,349	2,796	1,061	2,061	3,377	5,755

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex									
Hispanic or Latino, male	17,870	587	1,294	398	1,016	259	672	1,155	1,430
Hispanic or Latina, female	17,834	816	1,894	790	1,055	511	765	1,224	1,729
Not Hispanic or Latino:									
White, single race, male	75,979	1,948	4,729	1,473	2,904	1,312	2,253	4,297	6,542
White, single race, female	80,880	2,646	7,184	2,240	4,164	1,873	3,179	5,544	8,211
Black or African American, single race, male	12,321	438	1,136	315	642	230	465	1,107	1,119
Black or African American, single race, female	15,094	606	1,880	310	917	219	526	1,285	1,825

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.
- Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over was 3.4%, 3.5%, 3.5%, and 3.5%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	3.3 (0.13)	8.6 (0.21)	2.6 (0.12)	5.0 (0.17)	2.1 (0.10)	3.7 (0.14)	6.8 (0.20)	9.9 (0.22)
Sex								
Male	2.9 (0.18)	7.2 (0.30)	2.1 (0.15)	4.4 (0.24)	1.7 (0.13)	3.4 (0.20)	6.4 (0.27)	9.0 (0.31)
Female	3.7 (0.17)	9.9 (0.30)	3.0 (0.17)	5.6 (0.23)	2.4 (0.15)	4.1 (0.19)	7.2 (0.26)	10.7 (0.31)
Age (years)								
18–44	2.8 (0.17)	7.9 (0.30)	2.3 (0.17)	4.9 (0.25)	1.7 (0.14)	3.5 (0.21)	6.8 (0.29)	10.3 (0.34)
45–64	4.3 (0.22)	9.5 (0.37)	3.3 (0.21)	5.7 (0.28)	2.7 (0.20)	4.4 (0.25)	7.3 (0.32)	10.4 (0.38)
65–74	2.6 (0.28)	8.6 (0.53)	1.9 (0.25)	4.6 (0.41)	1.8 (0.25)	3.1 (0.33)	4.9 (0.41)	7.5 (0.50)
75 and over	3.2 (0.43)	9.4 (0.64)	2.1 (0.33)	3.7 (0.43)	2.2 (0.34)	3.2 (0.35)	7.4 (0.68)	8.3 (0.63)
Race								
One race ⁴	3.3 (0.13)	8.6 (0.21)	2.5 (0.12)	5.0 (0.17)	2.0 (0.10)	3.7 (0.14)	6.8 (0.20)	9.8 (0.22)
White	3.2 (0.14)	8.0 (0.23)	2.6 (0.14)	4.9 (0.19)	2.1 (0.12)	3.7 (0.16)	6.5 (0.22)	9.6 (0.24)
Black or African American	4.0 (0.32)	11.6 (0.65)	2.4 (0.25)	6.0 (0.53)	1.7 (0.22)	3.8 (0.33)	9.1 (0.58)	11.3 (0.60)
American Indian or Alaska Native	*2.5 (0.80)	14.1 (2.84)	*1.4 (0.55)	*7.0 (2.14)	*	7.6 (2.21)	7.9 (1.92)	14.2 (2.80)
Asian	2.6 (0.43)	9.3 (0.84)	1.6 (0.35)	4.5 (0.57)	1.3 (0.32)	3.3 (0.52)	4.0 (0.55)	9.7 (0.84)
Native Hawaiian or Other Pacific Islander	*9.5 (4.77)	*12.4 (3.99)	*	*	*	*	*23.0 (10.61)	*
Two or more races ⁵	6.8 (1.44)	12.2 (1.74)	6.2 (1.31)	6.9 (1.20)	4.6 (1.18)	6.7 (1.22)	10.3 (1.53)	14.2 (1.78)
Black or African American, white	*12.4 (5.31)	*12.3 (4.92)	*	*7.8 (3.41)	*	*3.3 (1.49)	*9.0 (4.22)	16.9 (4.56)
American Indian or Alaska Native, white	7.1 (1.65)	16.6 (2.80)	7.3 (1.69)	8.0 (1.91)	7.1 (1.80)	11.3 (2.46)	12.8 (2.41)	13.8 (2.52)
Hispanic or Latino origin ⁶ and race								
Hispanic or Latino	4.1 (0.31)	9.2 (0.46)	3.4 (0.29)	6.0 (0.40)	2.2 (0.23)	4.2 (0.35)	6.9 (0.42)	9.1 (0.48)
Mexican or Mexican American	4.0 (0.39)	9.1 (0.58)	3.6 (0.37)	5.9 (0.53)	2.3 (0.29)	3.9 (0.45)	6.7 (0.53)	8.6 (0.60)
Not Hispanic or Latino	3.2 (0.13)	8.5 (0.24)	2.4 (0.13)	4.9 (0.18)	2.0 (0.12)	3.7 (0.15)	6.8 (0.22)	10.0 (0.25)
White, single race	3.0 (0.15)	7.9 (0.26)	2.5 (0.15)	4.7 (0.21)	2.1 (0.14)	3.6 (0.18)	6.5 (0.25)	9.7 (0.28)
Black or African American, single race	4.0 (0.33)	11.5 (0.67)	2.4 (0.25)	5.9 (0.54)	1.7 (0.22)	3.8 (0.34)	9.1 (0.60)	11.2 (0.62)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education⁷								
Less than a high school diploma	7.3 (0.48)	13.9 (0.68)	5.2 (0.41)	8.5 (0.57)	4.7 (0.43)	6.1 (0.43)	11.0 (0.59)	11.6 (0.63)
High school diploma or GED ⁸	4.4 (0.29)	10.9 (0.49)	3.4 (0.28)	6.3 (0.41)	2.8 (0.24)	4.8 (0.31)	8.7 (0.46)	10.3 (0.46)
Some college	3.4 (0.24)	8.5 (0.38)	2.7 (0.22)	5.0 (0.29)	2.1 (0.20)	3.7 (0.24)	7.4 (0.36)	10.3 (0.43)
Bachelor's degree or higher	1.3 (0.13)	4.7 (0.31)	1.0 (0.12)	2.6 (0.20)	0.6 (0.09)	1.9 (0.18)	3.1 (0.23)	8.2 (0.39)
Current employment status⁹								
Employed	1.7 (0.11)	6.5 (0.25)	1.2 (0.10)	3.6 (0.18)	0.8 (0.08)	2.3 (0.14)	4.5 (0.21)	8.6 (0.27)
Full-time	1.6 (0.12)	5.9 (0.26)	1.0 (0.10)	3.5 (0.20)	0.7 (0.08)	2.0 (0.13)	4.3 (0.22)	8.2 (0.29)
Part-time	2.0 (0.29)	8.9 (0.68)	2.0 (0.31)	4.1 (0.43)	1.3 (0.24)	3.3 (0.43)	5.7 (0.53)	10.6 (0.74)
Not employed but has worked previously	6.0 (0.29)	12.0 (0.40)	4.9 (0.27)	7.4 (0.34)	4.0 (0.24)	6.4 (0.30)	10.7 (0.39)	12.2 (0.41)
Not employed and has never worked	5.0 (0.58)	12.0 (1.09)	4.0 (0.55)	6.4 (0.83)	3.5 (0.48)	4.1 (0.58)	8.5 (0.83)	10.1 (0.98)
Family income¹⁰								
Less than \$35,000	6.6 (0.29)	13.1 (0.42)	5.3 (0.26)	8.2 (0.33)	3.9 (0.23)	6.3 (0.29)	11.7 (0.42)	12.5 (0.39)
\$35,000 or more	1.8 (0.13)	6.5 (0.25)	1.4 (0.12)	3.7 (0.20)	1.2 (0.11)	2.6 (0.16)	4.7 (0.22)	8.9 (0.28)
\$35,000–\$49,999	2.8 (0.31)	9.9 (0.61)	2.2 (0.28)	5.4 (0.51)	1.9 (0.27)	3.9 (0.38)	6.5 (0.49)	9.9 (0.62)
\$50,000–\$74,999	2.2 (0.28)	7.5 (0.54)	1.6 (0.26)	4.7 (0.42)	1.6 (0.27)	3.0 (0.31)	6.3 (0.48)	9.9 (0.57)
\$75,000–\$99,999	1.7 (0.29)	5.9 (0.58)	1.2 (0.26)	3.6 (0.42)	1.0 (0.23)	2.5 (0.36)	4.5 (0.52)	8.1 (0.62)
\$100,000 or more	1.0 (0.19)	4.0 (0.34)	0.9 (0.16)	2.0 (0.23)	0.6 (0.13)	1.6 (0.21)	2.5 (0.25)	7.9 (0.48)
Poverty status¹¹								
Poor	8.5 (0.50)	15.3 (0.71)	7.5 (0.49)	9.5 (0.57)	5.9 (0.45)	7.6 (0.51)	14.0 (0.74)	14.0 (0.61)
Near poor	5.3 (0.38)	12.4 (0.57)	4.0 (0.33)	7.7 (0.48)	3.1 (0.29)	6.0 (0.40)	10.7 (0.52)	12.5 (0.58)
Not poor	1.8 (0.13)	6.1 (0.24)	1.3 (0.12)	3.4 (0.18)	1.1 (0.10)	2.4 (0.14)	4.3 (0.20)	8.6 (0.27)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹²								
Under 65:								
Private	1.6 (0.13)	5.9 (0.26)	1.1 (0.11)	3.3 (0.19)	0.8 (0.10)	2.3 (0.15)	4.2 (0.21)	8.8 (0.30)
Medicaid	8.7 (0.67)	16.4 (0.89)	8.2 (0.73)	10.4 (0.80)	6.6 (0.62)	8.5 (0.72)	16.5 (0.97)	15.0 (0.91)
Other	8.1 (0.87)	13.2 (1.16)	5.9 (0.78)	10.5 (1.18)	4.6 (0.65)	8.8 (1.07)	13.6 (1.20)	13.9 (1.24)
Uninsured	5.4 (0.40)	12.0 (0.58)	4.4 (0.36)	7.6 (0.48)	3.2 (0.32)	5.3 (0.41)	9.6 (0.53)	12.2 (0.61)
65 and over:								
Private	2.0 (0.30)	7.6 (0.55)	1.0 (0.21)	3.3 (0.35)	1.3 (0.24)	2.6 (0.29)	4.6 (0.49)	6.7 (0.55)
Medicare and Medicaid	6.0 (1.02)	16.7 (1.81)	6.2 (1.13)	10.2 (1.40)	4.2 (0.90)	8.2 (1.25)	11.1 (1.49)	12.5 (1.63)
Medicare only	3.1 (0.41)	8.7 (0.72)	2.2 (0.39)	3.9 (0.52)	2.2 (0.39)	2.7 (0.40)	6.6 (0.69)	7.8 (0.65)
Other	*3.6 (1.46)	8.8 (1.67)	*2.7 (0.89)	4.1 (1.15)	*2.4 (0.80)	3.5 (1.06)	7.8 (1.57)	9.7 (1.92)
Uninsured	*7.9 (3.25)	24.8 (6.95)	*	*17.9 (6.62)	*7.3 (3.50)	*	*5.4 (2.64)	18.9 (5.58)
Marital status								
Married	2.4 (0.15)	6.8 (0.28)	1.7 (0.13)	3.9 (0.22)	1.4 (0.12)	2.7 (0.17)	5.3 (0.24)	8.5 (0.29)
Widowed	5.3 (0.57)	13.0 (0.83)	3.4 (0.47)	5.7 (0.61)	3.6 (0.52)	4.2 (0.48)	8.3 (0.72)	9.5 (0.69)
Divorced or separated	6.3 (0.40)	13.5 (0.59)	5.5 (0.42)	8.0 (0.48)	4.1 (0.36)	6.5 (0.41)	10.6 (0.53)	12.2 (0.61)
Never married	3.4 (0.28)	9.2 (0.48)	2.6 (0.26)	5.6 (0.38)	2.0 (0.22)	4.4 (0.33)	7.7 (0.43)	11.7 (0.52)
Living with a partner	3.6 (0.50)	9.0 (0.77)	3.6 (0.51)	6.1 (0.66)	3.0 (0.46)	4.2 (0.57)	7.9 (0.73)	11.1 (0.86)
Place of residence ¹³								
Large MSA	3.3 (0.18)	8.5 (0.29)	2.3 (0.15)	4.9 (0.22)	1.8 (0.14)	3.2 (0.17)	6.4 (0.26)	10.0 (0.31)
Small MSA	3.1 (0.22)	8.6 (0.38)	2.7 (0.22)	4.9 (0.30)	2.1 (0.20)	4.0 (0.26)	7.0 (0.38)	9.7 (0.41)
Not in MSA	3.8 (0.29)	9.1 (0.52)	3.3 (0.30)	5.8 (0.48)	2.6 (0.27)	5.0 (0.45)	8.0 (0.53)	9.8 (0.56)
Region								
Northeast	3.3 (0.32)	8.9 (0.54)	2.4 (0.28)	4.8 (0.38)	1.7 (0.24)	3.3 (0.32)	5.6 (0.42)	9.8 (0.57)
Midwest	3.2 (0.27)	8.7 (0.41)	2.5 (0.25)	5.3 (0.40)	2.2 (0.22)	4.0 (0.33)	6.5 (0.40)	9.9 (0.50)
South	3.6 (0.21)	8.5 (0.36)	2.7 (0.21)	4.8 (0.29)	2.2 (0.19)	3.7 (0.24)	7.9 (0.37)	9.4 (0.36)
West	3.0 (0.23)	8.7 (0.44)	2.6 (0.21)	5.3 (0.30)	2.0 (0.18)	3.9 (0.27)	6.4 (0.37)	10.9 (0.43)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2013

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁶ , race, and sex								
Hispanic or Latino, male	3.4 (0.44)	7.5 (0.67)	2.3 (0.35)	5.9 (0.66)	1.5 (0.28)	3.9 (0.51)	6.7 (0.62)	8.3 (0.72)
Hispanic or Latina, female	4.7 (0.42)	10.9 (0.65)	4.6 (0.45)	6.1 (0.45)	3.0 (0.36)	4.4 (0.41)	7.1 (0.56)	10.0 (0.65)
Not Hispanic or Latino:								
White, single race, male	2.7 (0.22)	6.4 (0.36)	2.0 (0.19)	4.0 (0.28)	1.8 (0.17)	3.1 (0.23)	5.9 (0.33)	8.9 (0.40)
White, single race, female	3.4 (0.22)	9.2 (0.37)	2.9 (0.22)	5.3 (0.29)	2.4 (0.19)	4.1 (0.25)	7.1 (0.33)	10.5 (0.40)
Black or African American, single race, male	3.7 (0.49)	9.6 (0.86)	2.7 (0.44)	5.4 (0.71)	1.9 (0.38)	3.9 (0.53)	9.4 (0.89)	9.5 (0.84)
Black or African American, single race, female	4.2 (0.42)	13.1 (0.95)	2.2 (0.28)	6.4 (0.79)	1.5 (0.25)	3.7 (0.45)	9.0 (0.76)	12.7 (0.90)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over was 3.4%, 3.5%, 3.5%, and 3.5%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁹"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>. SOURCE: CDC/NCHS, National Health Interview Survey, 2013.