

## Healthy People 2010 Operational Definition

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### **1-3. Increase the proportion of persons appropriately counseled about health behaviors.**

#### **1-3h. Management of menopause (females aged 45 to 57 years).**

<b>National Data Source</b>	National Health Interview Survey (NHIS), CDC, NCHS.
<b>State Data Source</b>	Not identified.
<b>Healthy People 2000 Objective</b>	Adapted from 17.18 (Diabetes and Chronic Disabling Conditions).
<b>Changes since the 2000 Publication</b>	Revised text.
<b>Measure</b>	Percent.
<b>Baseline (Year)</b>	40 (2001)
<b>Target</b>	42
<b>Target-Setting Method</b>	Better than the best racial/ethnic subgroup.  For a discussion of target-setting methods, see Part A, section 4.
<b>Numerator</b>	Number of females aged 45-57 years who were given advice by their health care provider in the past 12 months about options for managing menopause.
<b>Denominator</b>	Number of females aged 45-57 years who have had a health care visit in the past 12 months.
<b>Population Targeted</b>	U.S. civilian, noninstitutionalized population.
<b>Questions Used to Obtain the National Baseline Data</b>	From the 2001 National Health Interview Survey:  ➤ <i>During the past 12 months, has your {provider} given you advice about options for managing menopause?</i>
<b>Expected Periodicity</b>	Periodic.
<b>Comments</b>	This measure is a modification of Healthy People 2000 objective 17.18, which tracked the proportion of perimenopausal women aged 40 to 60 years who

were counseled about estrogen replacement therapy.

For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a *Healthy People Statistical Note*.<sup>1</sup>

This subobjective moved from developmental to measurable status at the Healthy People 2010 Midcourse Review. The original text was revised to include females aged 45-57 years instead of 45-44 years.

See Part C for a description of NHIS and Appendix A for focus area contact information.

## References

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1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.