SHPPS 2006
SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

Nebraska

School Health Program Report Card

Health Education

1.1[1]	Has a state health education (HED) coordinator	●[2]		
	Requires each district to have an HED coordinator	○		
	Requires each school to have an HED coordinator	○		
1.2	Requires or encourages districts or schools to follow national or state HED standards or guidelines	○[3]		
1.3.1, 1.3.2, and 1.3.3	Has HED standards or guidelines based on the *National Health Education Standards*	NA		
	Addresses the following topics in goals and objectives:			
		Elementary Schools	Middle Schools	High Schools
	Accessing valid health information and health-promoting products and services	●	●	●
	Advocating for personal, family, and community health	●	●	●
	Analyzing influence of culture, media, and technology on health	●	●	●
	Comprehending concepts related to health promotion and disease prevention	●	●	●
	Practicing health-enhancing behaviors and reducing health risks	●	●	●
	Using goal-setting and decision-making skills	●	●	●
	Using interpersonal communication skills	●	●	●
1.4, 1.5, and 1.6	Requires schools to teach:			
		Elementary Schools	Middle Schools	High Schools
	Alcohol- or other drug-use prevention	●	●	●
	Asthma awareness	●	●	●
	Emotional and mental health	○	○	○
	Foodborne illness prevention	○	○	○
	Human immunodeficiency virus (HIV) prevention	○	●	○
	Human sexuality	○	○	○
	Injury prevention and safety	○	●	○
	Nutrition and dietary behavior	●	●	●
	Other sexually transmitted disease (STD) prevention	○	●	○
	Physical activity and fitness	●	●	●
	Pregnancy prevention	○	●	○
	Suicide prevention	○	○	○
	Tobacco-use prevention	●	●	●
	Violence prevention	○	○	○

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		Elementary Schools	Middle Schools	High Schools
1.7	Requires that students will be tested on health topics	○	○	○
1.8	Requires or recommends that districts or schools use one particular curriculum for HED	○[3]	○[3]	○[3]
1.9	Provided the following information or materials for HED during the past two years:			
		Elementary Schools	Middle Schools	High Schools
	Chart describing scope and sequence of instruction	●	○	○
	Curriculum	●	○	○
	Lesson plans or learning activities	○	●	●
	List of recommended curricula	●	●	●
	List of recommended textbooks	●	●	●
	Plans for how to assess or evaluate students	○	○	○
1.10	Has specified time requirements for HED	○	○	●
1.11	Requires newly hired HED teachers to have undergraduate or graduate training in HED	○	●	●
1.12	Requires newly hired HED teachers to be certified, licensed, or endorsed by the state	NA	●	●
1.13	Offers the following types of certification, licensure, or endorsement for HED teachers:			
	Combined HED and physical education (PE) for grades K-12	●		
	Combined HED and PE for elementary school	○		
	Combined HED and PE for middle school	○		
	Combined HED and PE for high school	○		
	HED for grades K-12	○		
	HED for elementary school	○		
	HED for middle school	●		
	HED for high school	●		
1.14	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following topics:			
	Alcohol- or other drug-use prevention	●		
	Asthma awareness	●		
	Emotional and mental health	○		
	Foodborne illness prevention	●		
	HIV prevention	●		
	Human sexuality	○		
	Injury prevention and safety	●		
	Nutrition and dietary behavior	●		
	Other STD prevention	○		
	Physical activity and fitness	●		
	Pregnancy prevention	○		
	Suicide prevention	○		
	Tobacco-use prevention	●		
	Violence prevention	●		

1.15	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following teaching methods:	
	Assessing or evaluating students	○
	Encouraging family or community involvement	●
	Teaching skills for behavior change	●
	Teaching students of various cultural backgrounds	○
	Teaching students with limited English proficiency	○
	Teaching students with disabilities	●
	Using classroom management techniques	○
	Using interactive teaching methods	●

Footnotes

[1] Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.

[2] Unless otherwise indicated,

● Yes

○ No

? Incomplete Data

NA Not Applicable

[3] ● Requires

◒ Recommends or Encourages

○ Neither Requires, Recommends, nor Encourages

? Incomplete Data

[4] ● Prohibits

◒ Discourages

○ Neither Prohibits nor Discourages

? Incomplete Data

[5] SCHIP is the State Children's Health Insurance Program.

[6] WIC is the Special Supplemental Food Program for Women, Infants, and Children.

[7] ● Associate's Degree in Nursing

●● Undergraduate Degree in Nursing

○ Associate's Degree in Any Field

○○ Undergraduate Degree in Any Field

NA Not Applicable

? Incomplete Data

8

- ● Undergraduate Degree in Specific Field
- ●● Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- ○ Undergraduate Degree in Any Field
- ○○ Master's Degree in Any Field
- ◒ Other Degree
- NA Not Applicable
- ? Incomplete Data

9

- ● Yes (For Breakfast, All Schools)
- ◒ Yes (For Breakfast, Some Categories of Schools)
- ○ No
- ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

11

- ● Both on School Property and at Off-Campus, School-Sponsored Events
- ◒ On School Property Only
- ○ Neither on School Property nor at Off-Campus, School-Sponsored Events

12

- ● Required of All Faculty and Staff
- ◒ Required of Some Faculty and Staff
- ○ Not Required on Any Faculty or Staff
- ? Incomplete Data

13

- ● State Offers Coverage
- ◒ State Requires Districts to Offer Coverage
- ○ State Neither Offers Coverage nor Requires Districts to Offer Coverage
- ? Incomplete Data

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

For additional information on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.