Nutrition Services

5.1[1]	Has a state food service (FS) director	●[2]
	Requires each district to have an FS director	○
	Requires each school to have an FS manager	○
5.2	Requires schools to offer breakfast to students	◒[9]
	Requires schools to offer lunch to students	○
5.3	Requires or recommends a minimum amount of time students will be given to eat breakfast once seated	○[3]
	Requires or recommends a minimum amount of time students will be given to eat lunch once seated	○[3]
5.4	Requires or recommends that schools:	
	Offer three or more different types of milk each day for breakfast	○[3]
	Offer three or more different types of milk each day for lunch	○[3]
	Offer two or more different fruits or types of 100% fruit juice each day for lunch	○[3]
	Offer two or more different entrees or main courses each day for lunch	○[3]
	Offer two or more different non-fried vegetables each day for lunch	○[3]
	Restrict the availability of deep-fried foods	◒[3]
5.5	Requires or recommends that schools make fruits or vegetables available to students whenever other food is offered or sold	○[3]
	Requires or recommends that schools make healthful beverages available to students whenever other beverages are offered or sold	○[3]
5.6	Requires or recommends that schools prohibit junk foods in the following school settings:	
	After-school or extended day programs	●[3]
	A la carte during breakfast or lunch periods	●[3]
	Concession stands	○[3]
	Meetings attended by students' family members	○[3]
	School stores, canteens, or snack bars	○[3]
	Staff meetings	○[3]
	Student parties	○[3]
	Vending machines	○[3]

5.7	Requires or recommends that schools:			
	Restrict times of day certain beverages can be sold in any venue	●[3]		
	Restrict times of day junk foods[10] can be sold in any venue	●[3]		
	Prohibit selling junk foods[10] for fundraising	○[3]		
	Prohibit advertising for candy, fast food restaurants, or soft drinks on school property	○[3]		
		Elementary Schools	Middle Schools	High Schools
5.8	Requires or recommends that schools prohibit some student access to vending machines	●[3]	●[3]	●[3]
5.9	Prohibits or discourages using food or food coupons as a reward	○[4]		
5.10	Offers certification, licensure, or endorsement for district FS directors	●		
	Offers certification, licensure, or endorsement for school FS managers	●		
5.11.1 and 5.11.2	Provided funding for staff development or offered staff development to food service staff during the past two years on the following food service topics:			
	Competitive food policies to create a healthy food environment	●		
	Cultural diversity in meal planning	○		
	Customer service	○		
	Emergency preparedness	●		
	Facility design and layout	○		
	Financial management	●		
	Food bio-security	●		
	Food safety	●		
	Food service for students with special dietary needs	●		
	Healthy food preparation methods	●		
	Implementing the Dietary Guidelines for Americans in school meals	●		
	Increasing percentage of students participating in school meals	●		
	Making school meals more appealing	●		
	Menu planning for healthy meals	●		
	Personal safety for food service staff	○		
	Personnel management	○		
	Procedures for food-related emergencies	●		
	Procedures for responding to food recalls	●		
	Selecting and ordering food	●		
	Using Hazard Analysis and Critical Control Points (HACCP)	●		
	Using the cafeteria for nutrition education	●		

Footnotes

[1] Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.

[2] Unless otherwise indicated,

● Yes

○ No

? Incomplete Data

NA Not Applicable

[3] ● Requires

◒ Recommends or Encourages

○ Neither Requires, Recommends, nor Encourages

? Incomplete Data

[4] ● Prohibits

◒ Discourages

○ Neither Prohibits nor Discourages

? Incomplete Data

[5] SCHIP is the State Children's Health Insurance Program.

[6] WIC is the Special Supplemental Food Program for Women, Infants, and Children.

[7] ● Associate's Degree in Nursing

●● Undergraduate Degree in Nursing

○ Associate's Degree in Any Field

○○ Undergraduate Degree in Any Field

NA Not Applicable

? Incomplete Data

8

- ● Undergraduate Degree in Specific Field
- ●● Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- ○ Undergraduate Degree in Any Field
- ○○ Master's Degree in Any Field
- ◒ Other Degree
- NA Not Applicable
- ? Incomplete Data

9

- ● Yes (For Breakfast, All Schools)
- ◒ Yes (For Breakfast, Some Categories of Schools)
- ○ No
- ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

11

- ● Both on School Property and at Off-Campus, School-Sponsored Events
- ◒ On School Property Only
- ○ Neither on School Property nor at Off-Campus, School-Sponsored Events

12

- ● Required of All Faculty and Staff
- ◒ Required of Some Faculty and Staff
- ○ Not Required on Any Faculty or Staff
- ? Incomplete Data

13

- ● State Offers Coverage
- ◒ State Requires Districts to Offer Coverage
- ○ State Neither Offers Coverage nor Requires Districts to Offer Coverage
- ? Incomplete Data

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

For additional information on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.