School Health Program Report Card

Health Education

Has a district health education (HED) coordinator	●[1]		
Requires each school to have an HED coordinator	●		
Requires or encourages schools to follow national, state, or district HED standards or guidelines	●[2]		
Has HED standards or guidelines based on the *National Health Education Standards*	●		
Addresses the following topics in goals and objectives:			
	Elementary Schools	Middle Schools	High Schools
Accessing valid health information and health-promoting products and services	●	●	●
Advocating for personal, family, and community health	●	●	●
Analyzing influence of culture, media, and technology on health	●	●	●
Comprehending concepts related to health promotion and disease prevention	●	●	●
Practicing health-enhancing behaviors and reducing health risks	●	●	●
Using goal-setting and decision-making skills	●	●	●
Using interpersonal communication skills	●	●	●
Requires schools to teach:			
	Elementary Schools	Middle Schools	High Schools
Alcohol- or other drug-use prevention	●	●	●
Asthma awareness	○	●	●
Emotional and mental health	●	●	●
Foodborne illness prevention	●	●	●
Human immunodeficiency virus (HIV) prevention	●	●	●
Human sexuality	●	●	●
Injury prevention and safety	●	●	●
Nutrition and dietary behavior	●	●	●
Other sexually transmitted disease (STD) prevention	●	●	●
Physical activity and fitness	●	●	●
Pregnancy prevention	●	●	●
Suicide prevention	?	●	●
Tobacco-use prevention	●	●	●
Violence prevention	●	●	●

Requires schools to notify parents or guardians before students receive instruction on pregnancy prevention, HIV prevention, other STD prevention, or human sexuality	●	●	●
Requires schools to allow parents or guardians to exclude their children from receiving instruction on pregnancy prevention, HIV prevention, other STD prevention, or human sexuality	●	●	●
	Elementary Schools	Middle Schools	High Schools
Requires or recommends that schools use one particular curriculum for HED	●[2]	●[2]	●[2]
Provided the following information or materials for HED during the past two years:			
	Elementary Schools	Middle Schools	High Schools
Chart describing scope and sequence of instruction	●	●	●
Curriculum	●	●	●
Lesson plans or learning activities	●	●	●
List of recommended curricula	○	●	●
List of recommended textbooks	●	●	●
Plans for how to assess or evaluate students	●	●	●
Has specified time requirements for HED	●	●	●
Requires newly hired HED teachers to have undergraduate or graduate training in HED	○	●	●
Requires newly hired HED teachers to be certified, licensed, or endorsed by the state	○	●	●
Requires newly hired HED teachers to be Certified Health Education Specialists or CHES	NA	○	○
Provided funding for staff development or offered staff development to HED teachers during the past two years on the following topics:			
Alcohol- or other drug-use prevention	●		
Asthma awareness	○		
Emotional and mental health	●		
Foodborne illness prevention	○		
HIV prevention	●		
Human sexuality	●		
Injury prevention and safety	●		
Nutrition and dietary behavior	●		
Other STD prevention	●		
Physical activity and fitness	○		
Pregnancy prevention	●		
Suicide prevention	○		
Tobacco-use prevention	●		
Violence prevention	●		
Provided funding for staff development or offered staff development to HED teachers during the past two years on the following teaching methods:			
Assessing or evaluating students	●		

Encouraging family or community involvement	●
Teaching skills for behavior change	●
Teaching students of various cultural backgrounds	●
Teaching students with limited English proficiency	●
Teaching students with disabilities	●
Using classroom management techniques	●
Using interactive teaching methods	●
Did the following to promote health education during the past 12 months:	
Provided families with information on school health education	●
Offered health education for families	●
Provided district or school personnel with information on school health education	●
Sought positive media attention for school health education	●
Evaluated the following aspects of health education during the past two years:	
Health education policies	●
Health education curricula	●
Health education staff development or in-service programs	●

Physical Education and Activity

Has a district PE coordinator	●		
Requires each school to have a PE coordinator	●		
Requires or encourages schools to follow national or state PE standards or guidelines	●[2]		
Has PE standards or guidelines based on the *National Standards for Physical Education*	○		
Addresses the following topics in goals and objectives:			
	Elementary Schools	Middle Schools	High Schools
Achievement and maintenance of health-enhancing level of physical fitness	●	●	●
Competence in motor skills and movement patterns to perform variety of physical activities	●	●	●
Regular participation in physical activity	●	●	●
Responsible personal and social behavior that respects self and others in physical activity settings	●	●	●
Understanding of movement concepts, principles, strategies, and tactics	●	●	●
Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction	●	●	●
Requires that schools will teach PE	●	●	●
Students can be exempted from physical education for the following reasons:			
	Elementary Schools	Middle Schools	High Schools
Religious reasons	○	○	○
Long-term physical or medical disability	●	●	●
Cognitive disability	●	●	●
High physical competency test score	○	○	○
Participation in school activities other than sports, such as band or chorus	○	○	●
Participation in community sports activities	○	○	○
Participation in community service activities	○	○	○
Requires or recommends that schools give the following types of tests:			
	Elementary Schools	Middle Schools	High Schools
Written tests of knowledge	○[2]	◒[2]	◒[2]

Skill performance tests	●[2]	◒[2]	●[2]
Fitness level tests	●[2]	●[2]	●[2]
Requires or recommends that districts or schools use one particular curriculum for PE	●[2]	●[2]	●[2]
Requires or recommends that schools use the following specific fitness tests:			
	Elementary Schools	Middle Schools	High Schools
Fitnessgram	●[2]	●[2]	●[2]
The Physical Fitness Test from the President's Challenge	○[2]	○[2]	○[2]
The Health Fitness Test, from the President's Challenge	○[2]	○[2]	○[2]
The Youth Fitness Test, from the YMCA	○[2]	○[2]	○[2]
Any other fitness test	○[2]	○[2]	○[2]
Provided the following information or materials for PE during the past two years:			
	Elementary Schools	Middle Schools	High Schools
Chart describing scope and sequence of instruction	●	●	●
Curriculum	●	●	●
Lesson plans or learning activities	●	●	●
List of recommended curricula	●	●	●
Plans for how to assess or evaluate students	●	●	●
Specifies a maximum student-to-teacher ratio for PE classes	○	○	○
Has specified time requirements for PE	●	●	●
Requires newly hired PE teachers to have undergraduate or graduate training in PE or a related field	●	●	●
Requires newly hired PE teachers to be certified, licensed, or endorsed by the state	●	●	●
Provided funding for staff development or offered staff development to PE teachers during the past two years on the following topics:			
Administering or using fitness tests	●		
Assessing or evaluating student performance	●		
Developing and using student portfolios	●		
Developing individualized physical activity plans	●		
Encouraging family involvement in physical activity	●		
Injury prevention and first aid	●		
Methods for inclusion and participation of overweight children	●		

Methods to increase amount of class time students are active	●
Methods to promote gender equity	●
Recognizing and responding to chronic health conditions	●
Teaching individual or paired activities or sports	●
Teaching movement skills and concepts	●
Teaching students with long-term disabilities	●
Teaching team or group activities or sports	●
Using physical activity monitoring devices	●
Using technology for PE	●
Did the following to promote physical education during the past 12 months:	
Provided families with information on school physical education	●
Offered physical education for families	●
Provided district or school personnel with information on school physical education	●
Sought positive media attention for school physical education	●
Evaluated the following aspects of physical education during the past two years:	
Physical education policies	○
Physical education curricula	●
Physical education staff development or in-service programs	●
Requires or recommends that elementary schools provide regularly scheduled recess	○[2]
Prohibits or actively discourages schools from the following:	
Using physical activity as punishment for bad behavior in PE	◒[3]
Using physical activity as punishment for poor performance or bad behavior in sports	○[3]
Excluding students from PE as punishment for bad behavior in another class	◒[3]
Excluding students from recess as punishment for bad behavior	○[3]
Requires student use of protective gear during the following activities:	
Physical education	●
Intramural activities or physical activity clubs	●
Interscholastic sports	●

Provided funding for staff development or offered staff development to interscholastic sports coaches during the past two years	●

Health Services

Has a district health services (HSV) coordinator	●
Requires each school to have an HSV coordinator	●
Requires schools to provide the following health services when needed:	
Administration of fluoride rinses	○
Administration of medications	●
Administration of sports physicals	●
Alcohol- or other drug-use treatment	●
Application of dental sealants	●
Assistance with accessing benefits for students with disabilities	●
Assistance with enrolling in Medicaid or SCHIP[4]	●
Assistance with enrolling in WIC[5] or accessing food stamps or food banks	●
Cardiopulmonary resuscitation (CPR)	●
Case management for students with chronic health conditions	●
Case management for students with disabilities	●
Counseling for emotional or behavioral disorders	●
Crisis intervention for personal problems	●
Eating disorders treatment	●
First aid	●
HIV counseling, testing, and referral	●
Identification of emotional or behavioral disorders	●
Identification of or referral for physical, sexual, or emotional abuse	●
Identification of or referrals for oral health problems	●
Identification or school-based management of acute illnesses	●
Identification or school-based management of chronic health conditions	●
Identification or treatment of STDs	●
Immunizations	●
Instruction on self-management of chronic health conditions	●
Prenatal care referrals	●
Referrals for after-school programs	●
Referrals for child care for teen mothers	●
Services for gay, lesbian, or bisexual students	○

Stress management	○	
Tobacco-use cessation	●	
Tracking of students with chronic health conditions	●	
Weight management	●	
Requires schools to provide the following prevention services:		
Alcohol- or other drug-use prevention	●	
HIV prevention	●	
Injury prevention and safety counseling	●	
Nutrition and dietary behavior counseling	●	
Physical activity and fitness counseling	●	
Pregnancy prevention	●	
STD prevention	●	
Suicide prevention	●	
Tobacco-use prevention	●	
Violence prevention	●	
Requires the following immunizations or vaccinations for entry into kindergarten or first grade:		
Chicken pox (varicella)	●	
Diphtheria	●	
Haemophilus influenzae type B	●	
Hepatitis B	●	
Influenza	●	
Measles-containing	●	
Polio	●	
Tetanus	●	
Requires the following immunizations or vaccinations for entry into middle school and high school:		
	Middle School	High School
Chicken pox (varicella)	●	●
Hepatitis A	●	●
Hepatitis B	●	●
Second measles-containing	●	●
Tetanus booster	●	●
Requires schools to make condoms available to students	○	
Has adopted a policy related to who may administer medications to a student at school	●	
Requires the following documentation before school staff may administer medication:		
Written information on possible side-effects	●	
Written instructions from the physician	●	
Written request from the parent or guardian	●	
Allows students to carry and self-administer the following medications:		
Epinephrine auto-injector	●	
Insulin or other injected medications	●	
Other prescribed medications	○	
Over-the-counter medications	○	

Prescription quick-relief inhaler	●
Requires supplies for applying standard or universal precautions be available in the following locations:	
In all classrooms	●
In the gymnasium, on playgrounds, or on playing fields	○
On school buses or in other vehicles used to transport students	●
Requires schools to allow students with HIV infection or acquired immunodeficiency syndrome (AIDS) to engage in the following activities as long as they are able:	
Attend classes	●
Participate in school sports	●
Participate in any other school activities	●
Requires schools to allow teachers and staff with HIV infection or AIDS to work as long as they are able	●
Requires schools to:	
Complete injury reports	●
Complete illness reports	●
Requires schools to screen students for the following health problems:	
Hearing problems	●
Height and weight or body mass problems	●
Oral health problems	●
Scoliosis	●
Vision problems	●
Specifies a maximum student-to-school nurse ratio	○
Requires at least one full-time school nurse per school	○
Requires school nurse participation in Individualized Education Programs (IEPs) when indicated	●
Requires school nurse participation in Individualized Health Plans (IHPs)	●
Requires school nurse participation in 504 plans when indicated	●
Requires health services staff to follow “Do Not Resuscitate” (DNR) orders	●
Has schools that serve as Medicaid providers by providing health services to students	●
Has school-based health centers (SBHCs) that serve as Medicaid providers by providing health services to students	●
Provides funding for any school-based health centers	●
Requires minimum education level for newly hired school nurses	●●● [6]

Requires newly hired school nurses to have the following licenses and certifications:	
LPN license	○
RN license	●
National certification from the National Board for Certification of School Nurses	●
State school nurse certification	○
Provided funding for staff development or offered staff development to school nurses during the past two years on the following health services topics:	
Accessing benefits for students with disabilities	●
Administration of fluoride rinses	○
Administration of medications	●
After-school programs	●
Alcohol- or other drug-use treatment	●
Application of dental sealants	●
Case management for students with chronic health conditions	●
Case management for students with disabilities	●
Child care options for teen mothers	●
Counseling for emotional or behavioral disorders	●
CPR	●
Crisis intervention for personal problems	●
Eating disorders treatment	●
Emergency preparedness	●
Enrollment in WIC or accessing food stamps or food banks	●
Enrollment in Medicaid or SCHIP	●
Federal laws that protect the privacy of student health information	●
First aid	●
Foodborne illness outbreak detection and response	●
HIV counseling, testing, and referral	●
Identification of emotional or behavioral disorders	●
Identification of or referral for physical, sexual, or emotional abuse	●
Identification or school-based management of acute illnesses	●
Identification or school-based management of chronic illnesses	●
Identification or treatment of STDs	●
Immunizations	●
Infectious disease prevention	●
Oral health problems	●
Prenatal care referrals	●

Services for gay, lesbian, or bisexual students	○
Sports physicals	●
Stress management	●
Teaching self-management of chronic health conditions	●
Tobacco-use cessation	●
Tracking of students with chronic health conditions	●
Weight management	●
Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics:	
Alcohol- or other drug-use prevention	●
HIV prevention	●
Injury prevention and safety counseling	●
Nutrition and dietary behavior counseling	●
Physical activity and fitness counseling	●
Pregnancy prevention	○
STD prevention	●
Suicide prevention	●
Tobacco-use prevention	●
Violence prevention	●
Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics:	
HIV infection or AIDS	●
Severe food or other allergies	○
Chronic health conditions	●
Infectious disease prevention	●
Provides model policies to schools on the following health topics:	
HIV infection or AIDS	●
Severe food or other allergies	○
Chronic health conditions	●
Infectious disease prevention	●
Evaluated the following aspects of the school health services program during the past two years:	
Quality of school health services program	●
School health services policies	●
School health services staff development or in-service programs	●

Mental Health and Social Services

Has a district mental health and social services (MHSS) coordinator	●
Requires each school to have an MHSS coordinator	○
Requires MHSS staff participation in IEPs when indicated	●
Requires MHSS staff participation in IHPs when indicated	○
Requires MHSS staff participation in 504 plans when indicated	●
Has SBHCs that serve as Medicaid providers by providing mental health or social services	●
Requires a minimum education level for newly hired school counselors	●● [7]
Requires a minimum education level for newly hired school psychologists	●● [7]
Requires a minimum education level for newly hired school social workers	●● [7]
Requires newly hired school counselors to be certified by a state agency or board	●
Requires newly hired school psychologists to be certified by a state agency or board	●
Requires newly hired school social workers to be certified by a state agency or board	●
Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following mental health and social services topics:	
After-school programs	●
Alcohol- or other drug-use treatment	●
Child care options for teen mothers	○
Counseling after a natural disaster or other emergency or crisis situation	●
Counseling for emotional or behavioral disorders	○
Crisis intervention for personal problems	●
Eating disorders treatment	○
Emergency preparedness	●
Enrollment in Medicaid or SCHIP	●
Enrollment in WIC or accessing food stamps or food banks	●
HIV counseling, testing, and referral	○
Identification of emotional or behavioral disorders	●
Identification of or referral for physical, sexual, or emotional abuse	●

Identification of or referral for students with family problems	●
Job readiness skills programs	●
Services for gay, lesbian, or bisexual students	○
Stress management	●
Tobacco-use cessation	●
Ways to promote a positive school climate	●
Weight management	○
Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following prevention services topics:	
Alcohol- or other drug-use prevention	●
HIV prevention	●
Injury prevention and safety counseling	●
Nutrition and dietary behavior counseling	○
Physical activity and fitness counseling	○
Pregnancy prevention	●
STD prevention	●
Suicide prevention	●
Tobacco-use prevention	●
Violence prevention	●
Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following methods of service delivery:	
Case management for students with chronic health conditions	○
Case management for students with emotional or behavioral problems	○
Comprehensive assessment or intake evaluation	○
Family counseling	○
Group counseling	●
Individual counseling	●
Peer counseling or mediation	●
Self-help or support groups	●
Provided model policies or other guidance to schools on providing mental health or social services to students during the past two years	●

	Elementary Schools	Middle Schools	High Schools
Requires schools to have at least one full-time counselor in each school	●	●	●
Requires student assistance programs	●		
Requires schools to create and maintain student support teams	●		

Evaluated the following aspects of the mental health or social services program during the past two years:	
Student use of school mental health or social services program	●
Quality of school mental health or social services program	○
School mental health or social services policies	○
School mental health or social services staff development or in-service programs	●

Nutrition Services

Has a district food service (FS) director	●
Requires each school to have an FS manager	●
Requires a minimum education level for a newly hired district food service director	●●●[8]
Requires a minimum education level for a newly hired school food service manager	●[8]
Requires newly hired district food service directors to be certified, licensed, or endorsed by the state	NA
Requires newly hired school food service managers to be certified, licensed, or endorsed by the state	NA
Requires schools to offer breakfast to students	●[9]
Requires schools to offer lunch to students	●
Requires or recommends a minimum amount of time students will be given to eat breakfast once seated	○[2]
Requires or recommends a minimum amount of time students will be given to eat lunch once seated	○[2]
Requires or recommends that schools:	
Offer three or more different types of milk each day for breakfast	●[2]
Offer three or more different types of milk each day for lunch	●[2]
Offer two or more different fruits or types of 100% fruit juice each day for lunch	●[2]
Offer two or more different entrees or main courses each day for lunch	●[2]
Offer two or more different non-fried vegetables each day for lunch	●[2]
Restrict the availability of deep-fried foods	●[2]
Offer students 5 or more foods containing whole grain each week during breakfast or lunch	●[2]
Prohibit brand-name fast foods from being offered as part of school meals or as a la carte items	●[2]
Food procurement contracts specifically address:	
Food safety	●
Hazard Analysis and Critical Control Points (HACCP)	●
Nutritional standards for a la carte foods	●
Package or serving size	●

Cooking methods for precooked items	●
Requires or recommends that schools:	
Make fruits or vegetables available to students whenever other food is offered or sold	◒[2]
Make healthful beverages available to students whenever other beverages are offered or sold	◒[2]
Requires or recommends that schools prohibit junk foods[10] in the following school settings:	
After-school or extended day programs	●[2]
A la carte during breakfast or lunch periods	●[2]
Concession stands	◒[2]
Meetings attended by students' family members	◒[2]
School stores, canteens, or snack bars	●[2]
Staff meetings	◒[2]
Student parties	◒[2]
Vending machines	●[2]
Requires or recommends that schools:	
Restrict times of day certain beverages can be sold in any venue	●[2]
Restrict times of day junk foods[10] can be sold in any venue	●[2]
Prohibit selling junk foods[10] for fundraising	●[2]
Provided the following during the past 12 months:	
Menus to students	●
Students with information on the nutrition and caloric content of foods available to them	●
Menus to families of students	●
Families with information on the nutrition and caloric content of foods available to students	●
Families with information on the school food service program	●
Ideas on how to involve school food service staff in classrooms	●
Ideas on how to use the cafeteria as a place where students might learn about food safety, food preparation, or other nutrition-related topics	●
Ideas for nutrition-related special events	●
Assistance in planning menus for students with food allergies	●
Assistance in planning menus for students with chronic health conditions that require dietary modification	●

Prohibits or discourages using food or food coupons as a reward	●[3]
Provided funding for staff development or offered staff development to food service staff during the past two years on the following food service topics:	
Competitive food policies to create a healthy food environment	●
Cultural diversity in meal planning	○
Customer service	●
Emergency preparedness	●
Facility design and layout	●
Financial management	●
Food bio-security	●
Food safety	●
Food service for students with special dietary needs	●
Healthy food preparation methods	●
Implementing the Dietary Guidelines for Americans in school meals	●
Increasing percentage of students participating in school meals	●
Making school meals more appealing	●
Menu planning for healthy meals	●
Personal safety for food service staff	●
Personnel management	●
Procedures for food-related emergencies	●
Procedures for responding to food recalls	●
Selecting and ordering food	●
Using Hazard Analysis and Critical Control Points (HACCP)	●
Using the cafeteria for nutrition education	●
Evaluated the following aspects of the school food service program during the past two years:	
Compliance with government regulations and recommendations	●
Number of students participating in the food service program	●
Nutritional quality of school meals	●
Food service management practices	●
Amount of plate waste	○
Food service staff development or in-service programs	●
Food safety procedures	●

Healthy and Safe School Environment

Has a district school health coordinator	●		
Has a group that offers guidance on the development of policies or coordinates activities on health topics	●		
	Elementary Schools	Middle Schools	High Schools
Requires that schools have visitors report to the main office or reception area upon arrival	●	●	●
Requires schools to maintain closed campuses	●	●	●
Requires students to wear school uniforms	●	●	○
Requires the enforcement of a student dress code	○	○	●
Requires schools to use security or surveillance cameras	○	●	●
Requires schools to use metal detectors	○	●	●
Requires schools to use communication devices	●	●	●
Requires schools to use police, school resource officers, or security guards during the regular school day	○	●	●
Requires the following groups to wear identification badges:			
Students	○	●	●
Visitors	●	●	●
Faculty and staff	●	●	●
Requires schools to routinely conduct locker searches	NA	○	○
Requires schools to assign staff or adult volunteers to monitor the following:			
	Elementary Schools	Middle Schools	High Schools
School halls during classes	●	●	●
School halls between classes	●	●	●
Bathrooms	○	●	●
School grounds	●	●	●
Playgrounds	●	NA	NA
Requires schools to use the safety checklist and equipment guidelines in the Handbook for Public Playground Safety by the U.S. Consumer Product Safety Commission	○	NA	NA
Prohibits weapon use by students on school property and at off-campus, school-sponsored events	●[11]		
Prohibits weapon possession by students on school property and at off-campus, school-sponsored events	●[11]		

Prohibits physical fighting by students on school property and at off-campus, school-sponsored events	●[11]
Prohibits bullying by students on school property and at off-campus, school-sponsored events	●[11]
Prohibits gang activity	●
Requires a plan for the actions to be taken when a student at risk for suicide is identified	●
Prohibits cigarette smoking by students	●
Prohibits cigar or pipe smoking by students	●
Prohibits smokeless tobacco use by students	●
Prohibits cigarette smoking by faculty and staff during any school-related activity	●
Prohibits cigar or pipe smoking by faculty and staff during any school-related activity	●
Prohibits smokeless tobacco use by faculty and staff during any school-related activity	●
Prohibits cigarette smoking by school visitors	●
Prohibits cigar or pipe smoking by school visitors	●
Prohibits smokeless tobacco use by school visitors	●
Prohibits cigarette smoking and smokeless tobacco use by students on campus	●
Prohibits cigarette smoking and smokeless tobacco use by students off campus	●
Prohibits cigarette smoking and smokeless tobacco use by faculty and staff on campus	●
Prohibits cigarette smoking and smokeless tobacco use by faculty and staff off campus	●
Prohibits cigarette smoking and smokeless tobacco use by school visitors on campus	●
Prohibits cigarette smoking and smokeless tobacco use by school visitors off campus	●
Prohibits all types of tobacco use in all locations	●
Prohibits tobacco advertisements in the following locations and ways:	
In the school building	●
On school grounds	●
In school vehicles	●
In school publications	●
Through sponsorship of school events	●
On apparel worn or merchandise carried by students	●
Prohibits alcohol use by students on campus	●

Prohibits alcohol use by students off campus	●
Prohibits illegal drug possession or use by students on campus	●
Prohibits illegal drug possession or use by students off campus	●
Requires student drug-testing	●
Requires or recommends that schools schedule outdoor activities to avoid times when the sun is at peak intensity	◒[2]
Requires or recommends that schools establish procedures to encourage students to use sunscreen before going outside	◒[2]
Requires schools to periodically test drinking water for the following:	
Bacteria	○
Coliforms	○
Contaminants	○
Requires schools to periodically flush drinking water outlets	○
Has implemented an engine idling reduction program for school buses	NA
Requires the purchase of low-emitting products for use in and around the school and school grounds	○
Requires the inclusion of green design when building new school buildings or renovating existing buildings	○
Has an individual in the district who oversees custodial, maintenance, and environmental issues at schools in the district	●
Requires newly hired person overseeing custodial, maintenance, and environmental issues to have formal training in issues related to the physical environment of buildings and health hazards likely to be encountered in schools	●
Has adopted a policy on inspection or maintenance of the following school facilities and equipment:	
Fire extinguishers	●
Indoor athletic facilities and equipment	●
Lighting inside school buildings	●
Lighting outside school buildings	●
Other school areas, such as halls, stairs, and regular classrooms	●
Outdoor athletic facilities and equipment	●
Playground facilities and equipment	●
Smoke alarms	●
Special classroom areas, such as labs, workshops, and art rooms	●

Sprinkler systems	●
Requires schools to conduct the following periodic inspections:	
Building foundation, walls, and roof	●
Condensation	●
Drinking water outlets for lead	○
Heating, ventilation, and air conditioning (HVAC) system	●
Mold	●
On-site large-capacity drinking water tanks	NA
Pests	●
Plumbing system	●
Requires Phase I environmental assessments	●
Requires schools meet the American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) ventilation standard	●
Has a policy regarding how schools should address mold problems	●
Requires schools to respond to moisture-related issues within 48 hours or less	●
Requires schools to keep relative indoor humidity below 60 percent	●
Has an indoor air quality management system	●
Requires or recommends that schools use spot treatments rather than widespread applications of pesticides	●[2]
Requires that students wear appropriate protective gear when engaged in the following:	
Classes such as wood shop or metal shop	●
Lab activities for photography or science classes	●
District is a member of the local emergency planning committee	●
Requires schools to have crisis preparedness, response, and recovery plans that include:	
Establishment of an incident command system	●
Evacuation plans	●
Exterior control of building and grounds	●
Family reunification procedures	●
Lock down plans	●
Mechanisms for communicating the plan to students' families	●
Mechanisms for communicating with school personnel	●
Plans to resume normal activities	●
Provision of mental health services	●

Provisions for special needs students and staff	●
Procedures for responding to media inquiries	●
Requirements to conduct regular emergency drills	●
Requirements to periodically review and revise plans	●
Shelter-in-place plans	●
Requires or recommends that schools restrict the distribution of products promoting candy, fast food restaurants or soft drinks to students	●[2]
Prohibited from selling soft drinks produced by more than one company	●
Permits soft drink companies to advertise in school buildings	○
Permits soft drink companies to advertise on school grounds	○
Adopted a policy that supports or promotes walking or biking to and from school	?
Provided model policies to schools during the past two years on the following topics:	
Alcohol-use prevention	●
Bullying prevention	●
Crisis preparedness, response, and recovery	●
Drinking water quality	NA
Green building design	●
Illegal drug-use prevention	●
Indoor air quality	○
Integrated pest management	●
Positive school climate	●
Tobacco-use prevention	●
Violence prevention	●
Provided funding for staff development or offered staff development to school faculty and staff during the past two years on how to implement policies and programs related to the following topics:	
Alcohol-use prevention	○
Bullying prevention	●
Crisis preparedness, response, and recovery	●
Drinking water quality	NA
Green building design	●
Illegal drug-use prevention	●
Indoor air quality	○
Integrated pest management	●
Positive school climate	●
Tobacco-use prevention	○
Violence prevention	●

Faculty and Staff Health Promotion

Has a district-level faculty and staff health promotion coordinator	●
Requires each school to have a faculty and staff health promotion coordinator	○
Provided funding for or offered the following health screenings to faculty and staff during the past 12 months:	
Blood pressure	○
Breast cancer	○
Colorectal cancer	○
Diabetes	○
Height and weight or body mass	○
Oral health	○
Serum cholesterol	○
Skin cancer	○
Provided funding for or offered the following health-related activities to faculty and staff during the past 12 months:	
Asthma management education	○
Conflict resolution education	●
Counseling for emotional disorders	○
CPR education	○
Crisis intervention for personal problems	○
Diabetes management education	○
Emergency preparedness	●
Nutrition education	○
Physical activity and fitness counseling	○
Pre- or post-natal education	○
Stress management education	○
Tobacco-use cessation	○
Weight management	○
Worksite safety education	●
Provided funding for or offered the following health-related services to faculty and staff during the past 12 months:	
Identification of or referrals for abuse	○
Immunizations	●
Referrals for child or elder care	○
Referrals for oral health problems	○
Provided funding for or offered the following programs for faculty and staff during the past 12 months:	
Employee Assistance Program (EAP)	○
Health risk appraisals	○
Physical activity programs	●
Faculty and staff receive subsidies or discounts for off-site health promotion activities	●
Requires school physical activity facilities be made available for faculty and staff to use	●

Requires faculty and staff to receive the following health screenings prior to employment:	
Physical health examinations	○[12]
TB testing	○[12]
Illegal drug-use screening	◒[12]
Requires faculty and staff to receive the following health screenings during employment:	
Physical health examinations	○[12]
TB testing	○[12]
Illegal drug-use screening	◒[12]
Offers the following types of health insurance coverage to faculty and staff:	
Alcohol- or other drug-use treatment	○
Dental care	●
Immunizations	○
Mental health care	●
Preventive health care	●
Vision care	●

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

For additional information on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

Footnotes

[1] Unless otherwise indicated,

● Yes

○ No

NA Not Applicable

? Incomplete Data

2

● Requires

◒ Recommends or Encourages

○ Neither Requires, Recommends, nor Encourages

? Incomplete Data

3

● Prohibits

◒ Discourages

○ Neither Prohibits nor Discourages

? Incomplete Data

4

SCHIP is the State Children's Health Insurance Program.

5

WIC is the Special Supplemental Food Program for Women, Infants, and Children.

6

● Associate's Degree in Nursing

●● Undergraduate Degree in Nursing

●●● Graduate Degree in Nursing

○ Associate's Degree in Any Field

○○ Undergraduate Degree in Any Field

○○○ Graduate Degree in Any Field

NA Not Applicable

? Incomplete Data

7

● Undergraduate Degree in Specific Field

●● Master's Degree in Specific Field

●●● Doctoral Degree in Specific Field

○ Undergraduate Degree in Any Field

○○ Master's Degree in Any Field

○○○ Doctoral Degree in Any Field

◒ Other Degree

NA Not Applicable

? Incomplete Data

8

- ● High school diploma or GED
- ●● Associate's degree in nutrition or a related field
- ●●● Undergraduate degree in nutrition or a related field
- ○ Graduate degree in nutrition or a related field
- NA Not Applicable
- ? Incomplete Data

9

- ● Yes (For Breakfast, All Schools)
- ◒ Yes (For Breakfast, Some Categories of Schools)
- ○ No
- ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

11

- ● Both on School Property and at Off-Campus, School-Sponsored Events
- ◒ On School Property Only
- ○ Neither on School Property nor at Off-Campus, School-Sponsored Events
- ? Incomplete Data

12

- ● Required of All Faculty and Staff
- ◒ Required of Some Faculty and Staff
- ○ Not Required on Any Faculty or Staff
- ? Incomplete Data