



Highlights from the National Center on Birth Defects and Developmental Disabilities

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Director



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Thursday, May 3, 2018



Vision and Mission

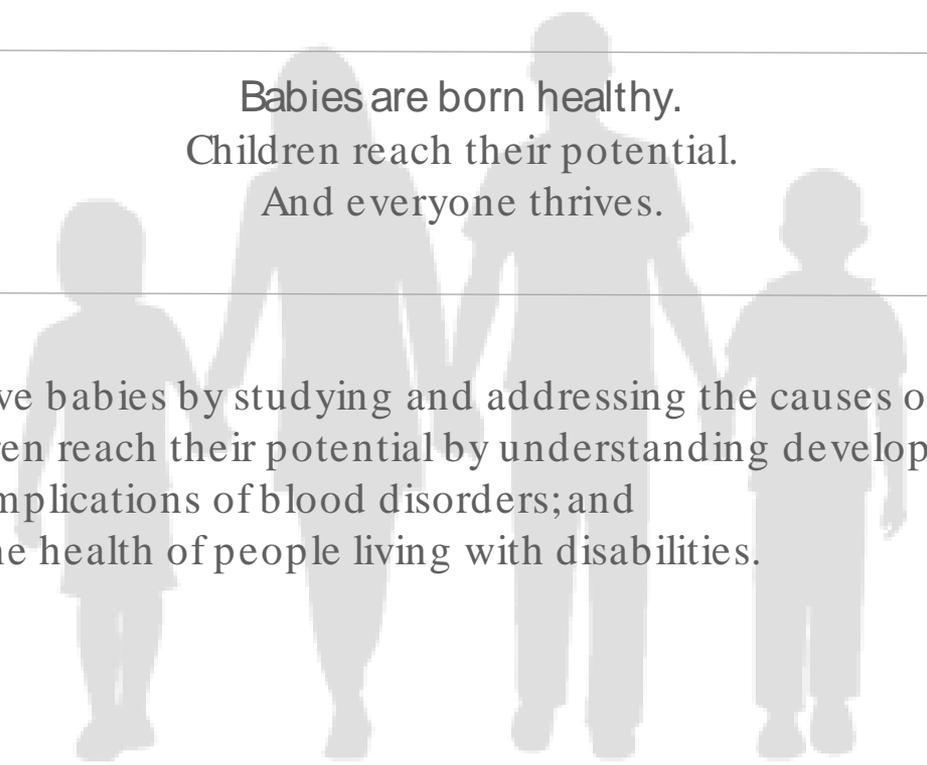
Vision:

Babies are born healthy.
Children reach their potential.
And everyone thrives.

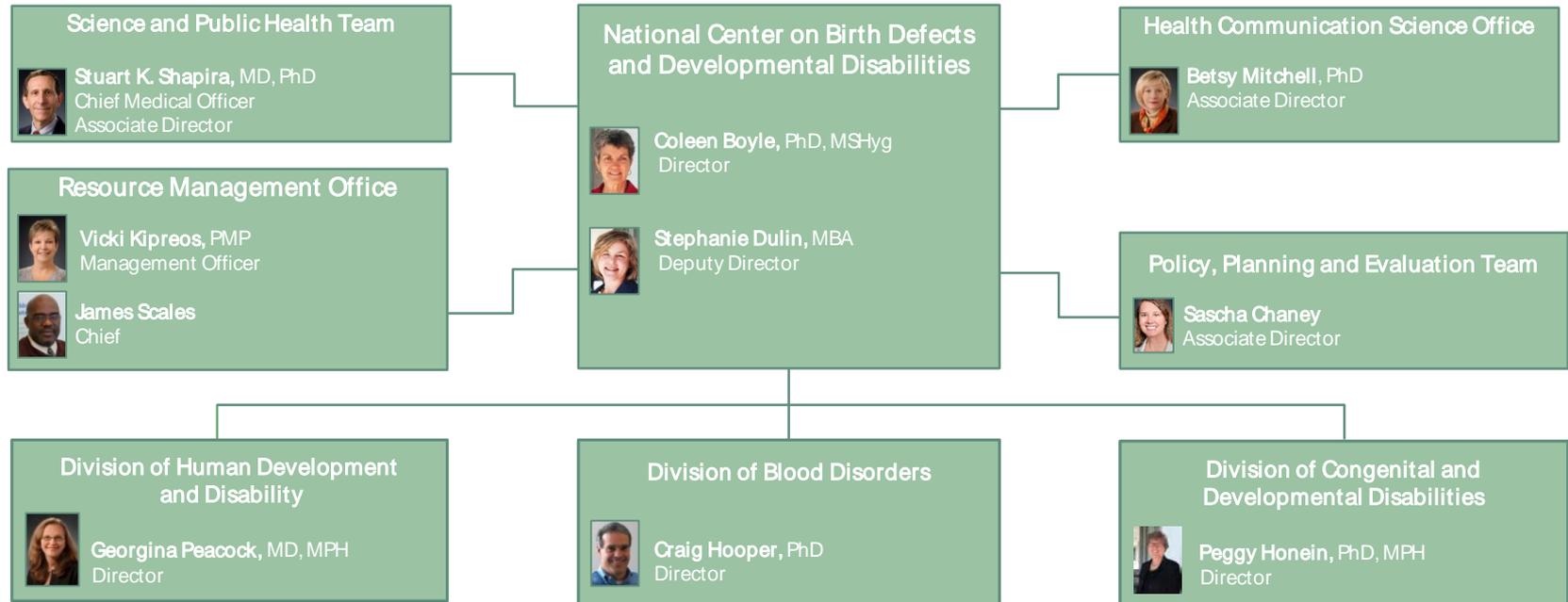
Mission:

We:

- work to save babies by studying and addressing the causes of birth defects;
- help children reach their potential by understanding developmental disabilities;
- reduce complications of blood disorders; and
- improve the health of people living with disabilities.



Organizational Chart





**SAVING
BABIES**



**HELPING
CHILDREN**



**PROTECTING
PEOPLE**



**IMPROVING
HEALTH**

Thematic Areas

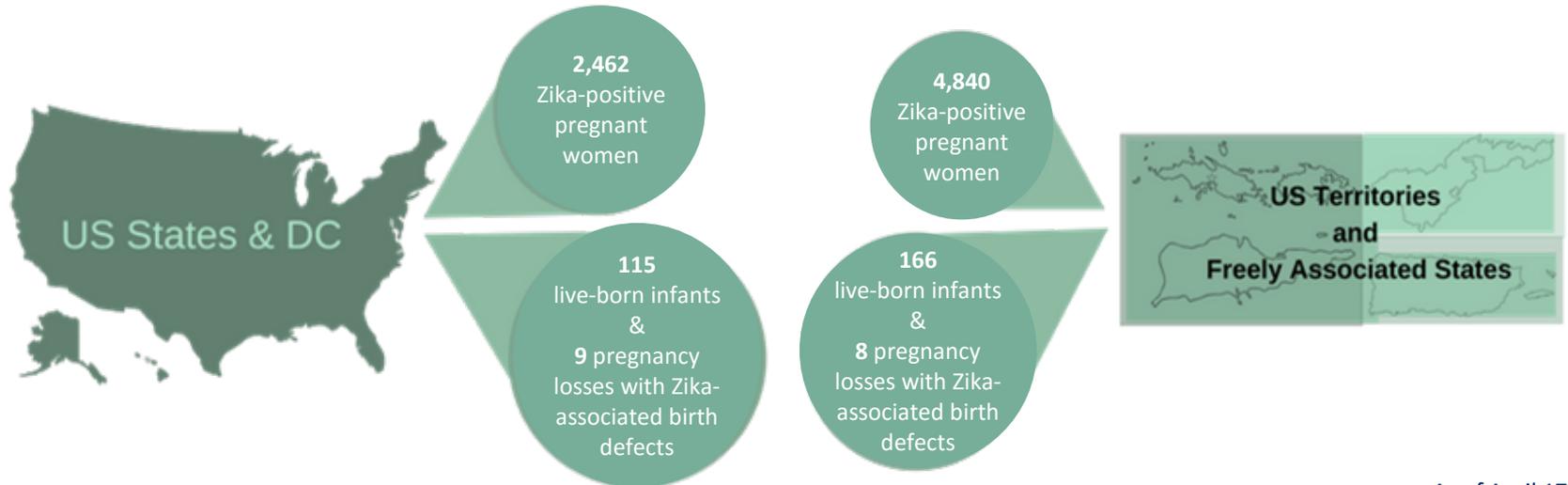


SAVING BABIES

Zika and Other Emerging Threats to Mothers and Babies

Zika: impact on mothers and babies

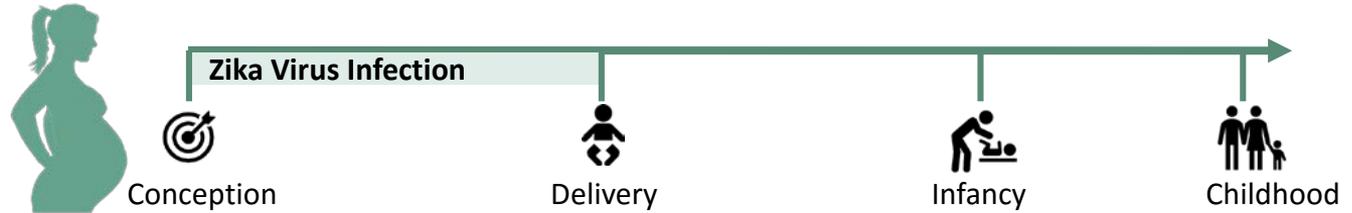
- Pregnant women with laboratory evidence of possible Zika virus infection and their infants
 - Infants who test positive for Zika virus infection and their mothers
 - Infants followed for at least **24 months**



Zika: Data for Action

Three-Component Surveillance Approach

1 US Zika Pregnancy and Infant Registry



2 Adapted Birth Defects Surveillance



3 Local Health Department Surge Capacity (Contractual field assignees)

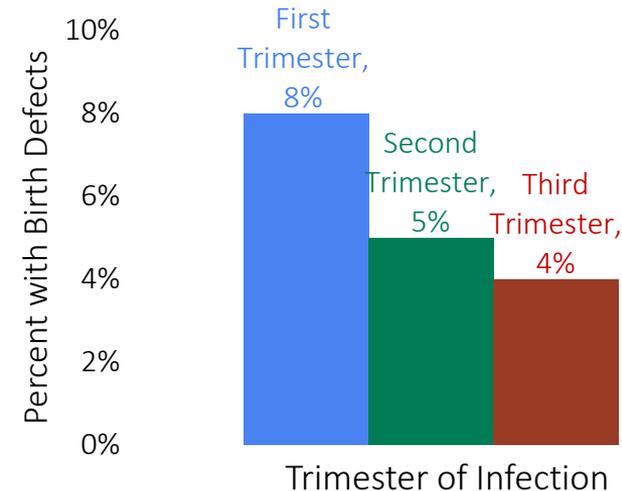
Zika pregnancy and infant surveillance

What We've Learned from Pregnancy/Infant Surveillance



Among pregnancies with laboratory evidence of Zika, about 5-10% of fetuses/infants had Zika-related birth defects

Risk by Trimester, US Territories



Zika virus infections in the **first trimester** pose the **highest risk**

The **proportion of babies affected by birth defects is similar** for **symptomatic and asymptomatic** women who had a **confirmed Zika virus infection** during pregnancy

Zika: Demonstrating Impact

Largest cohort of women with Zika during pregnancy



monitoring over
7,200
pregnancies

Identified increase in birth defects associated with Zika

Before Zika:

About 3 per 1,000 births



With Zika in pregnancy:

About 60 per 1,000 completed pregnancies



States with existing birth defects surveillance systems cut time to release data in half

Before Zika:

About 2 years after end of the birth year to report data



After Zika:

About 1 year after end of the birth year to report data



The Problem:

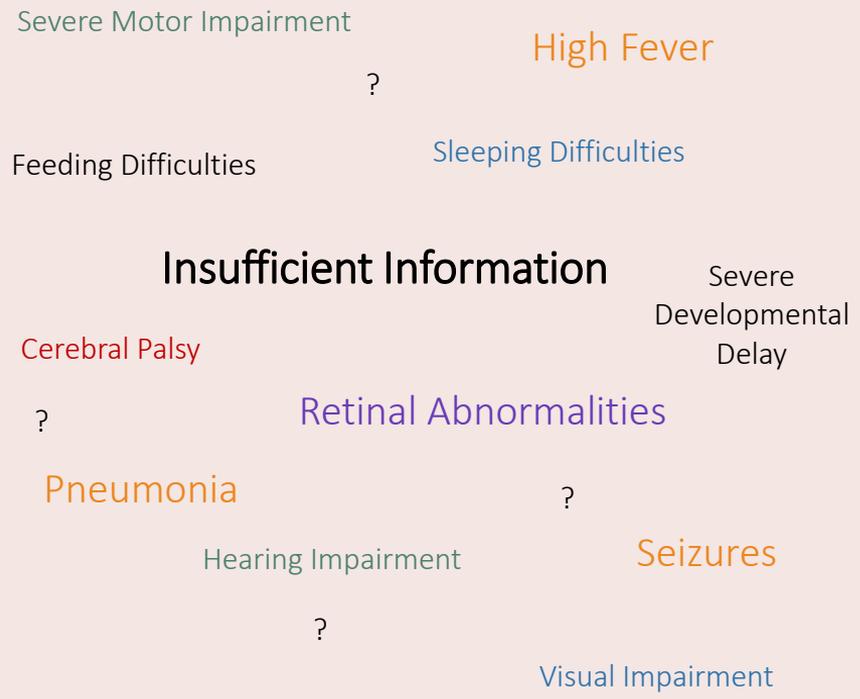
We only understand Zika's impact on newborns

We don't know what the health outcomes will be for greater than **90%** of the children born with congenital Zika virus infection.



Our Questions about Zika:

What other disabilities might these children have as they age and can we help them thrive?



At birth:
Head circumference in normal range



At 12 months:
Acquired microcephaly

Health Departments Have a Critical Role

Educate healthcare providers about Zika

Coordinate testing

Report cases to the Registry

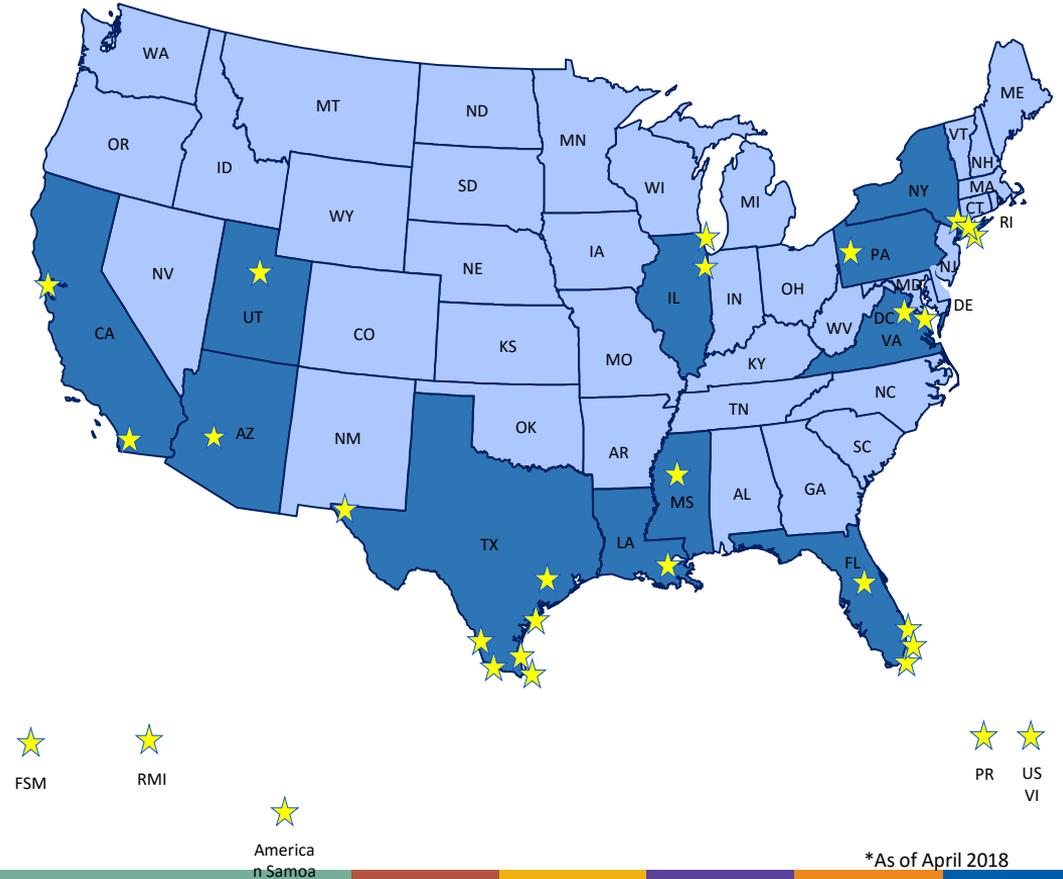
Support babies and families



CDC's Local Health Department Initiative (LHDI) Field Assignee Placements

State/Territory	Health Department
American Samoa	<ul style="list-style-type: none"> American Samoa Dept. of Public Health
Arizona	<ul style="list-style-type: none"> Maricopa County Dept. of Public Health
California	<ul style="list-style-type: none"> Alameda County Public Health Dept. County of San Diego Health and Human Services
Florida	<ul style="list-style-type: none"> Florida Dept. of Health-Orange County Florida Dept. of Health-Palm Beach County Florida Dept. of Health-Broward County Florida Dept. of Health-Miami-Dade County
Federated States of Micronesia	<ul style="list-style-type: none"> Kosrae Dept. of Health Services
Illinois	<ul style="list-style-type: none"> Kane County Health Dept. Chicago Dept. of Public Health
Louisiana	<ul style="list-style-type: none"> New Orleans Health Dept.
Mississippi	<ul style="list-style-type: none"> Mississippi State Dept. of Health
New York	<ul style="list-style-type: none"> Metropolitan Area Regional Office (New York State Dept. of Health) Congenital Malformations Registry (New York State Dept. of Health) Suffolk County Dept. of Health Services
Pennsylvania	<ul style="list-style-type: none"> Allegheny County Health Dept.**
Puerto Rico	<ul style="list-style-type: none"> Dept. of Health of Puerto Rico
Republic of the Marshall Islands (RMI)	<ul style="list-style-type: none"> RMI Ministry of Health and Human Services
Texas	<ul style="list-style-type: none"> City of El Paso Dept. of Public Health City of Laredo Health Dept. Hidalgo County Health and Human Services Dept. City of Brownsville Public Health Dept. Cameron County Dept. of Health and Human Services Corpus Christi-Nueces County Public Health District Harris County Public Health
US Virgin Islands	<ul style="list-style-type: none"> USVI Dept. of Health
Utah	<ul style="list-style-type: none"> Salt Lake County Health Dept.
Virginia	<ul style="list-style-type: none"> Fairfax County Health Dept.
Washington, DC	<ul style="list-style-type: none"> District of Columbia Dept. of Health

LHDI Site Map*



**Field Assignee in PA deployed via LHDI, provides support for Neonatal Abstinence Syndrome (NAS) not Zika.

*As of April 2018

American Samoa

Zika and Beyond: What have we learned?

Data for Action: Protecting mothers and babies from emerging and known threats



Rapidly identify emerging threats to mothers and babies



Consistently collect information about impact of threat on pregnancy, birth defects, and infant health



Transform data into action through development of clinical guidance



Provide support to and collaborate with state and local health departments

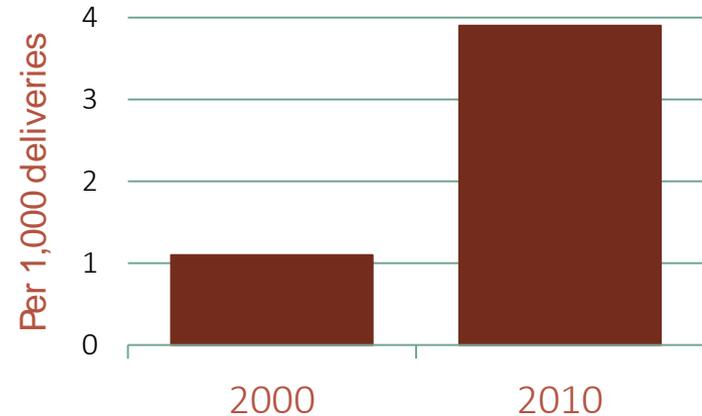
Making the Case:

Impact of Sustained Prenatal Opioid Exposure on Mothers

About **1** in **3**
women of reproductive age
filled an opioid prescription
between 2008 – 2012.

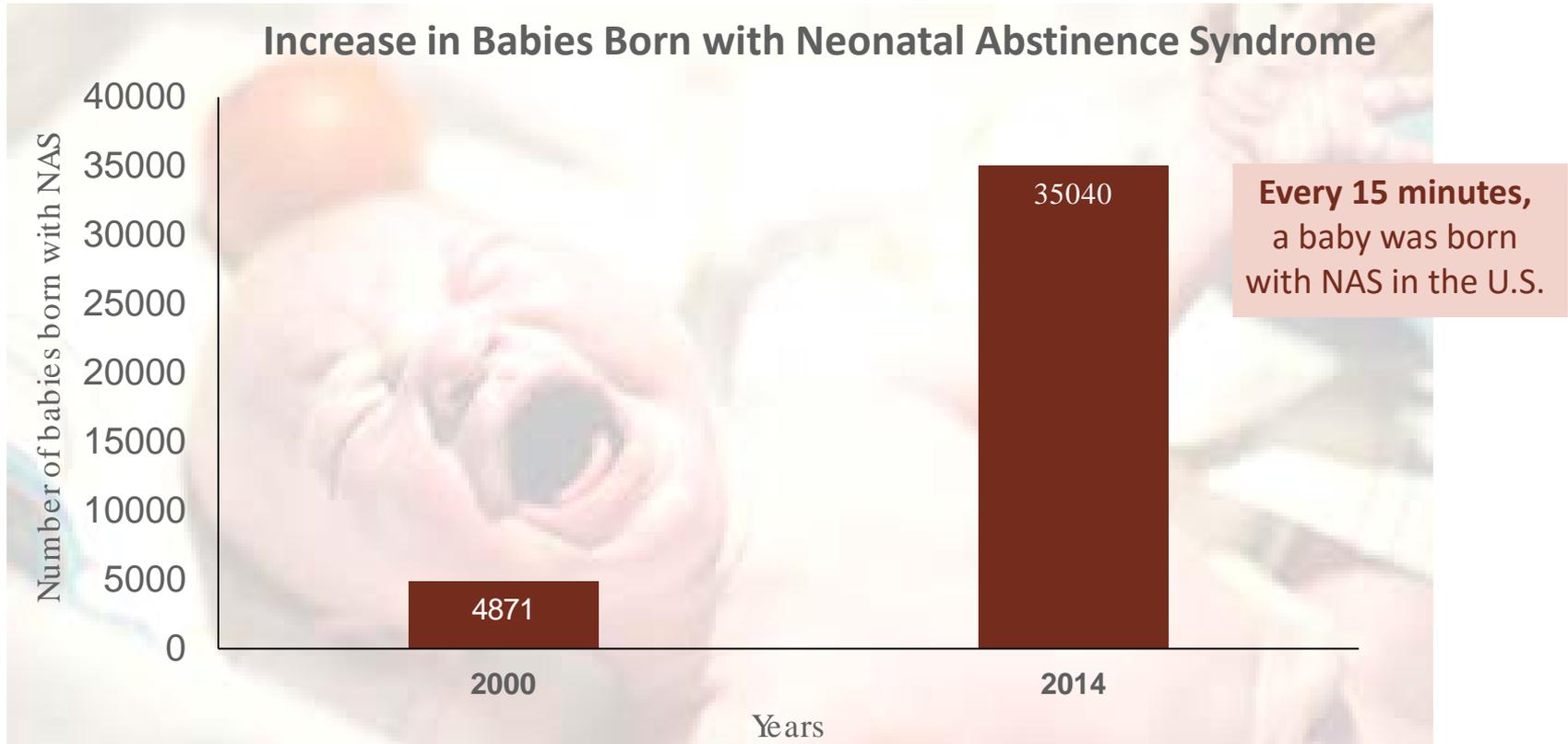


Opioid abuse and dependence
during pregnancy increased
4-fold
between 2000 and 2010.



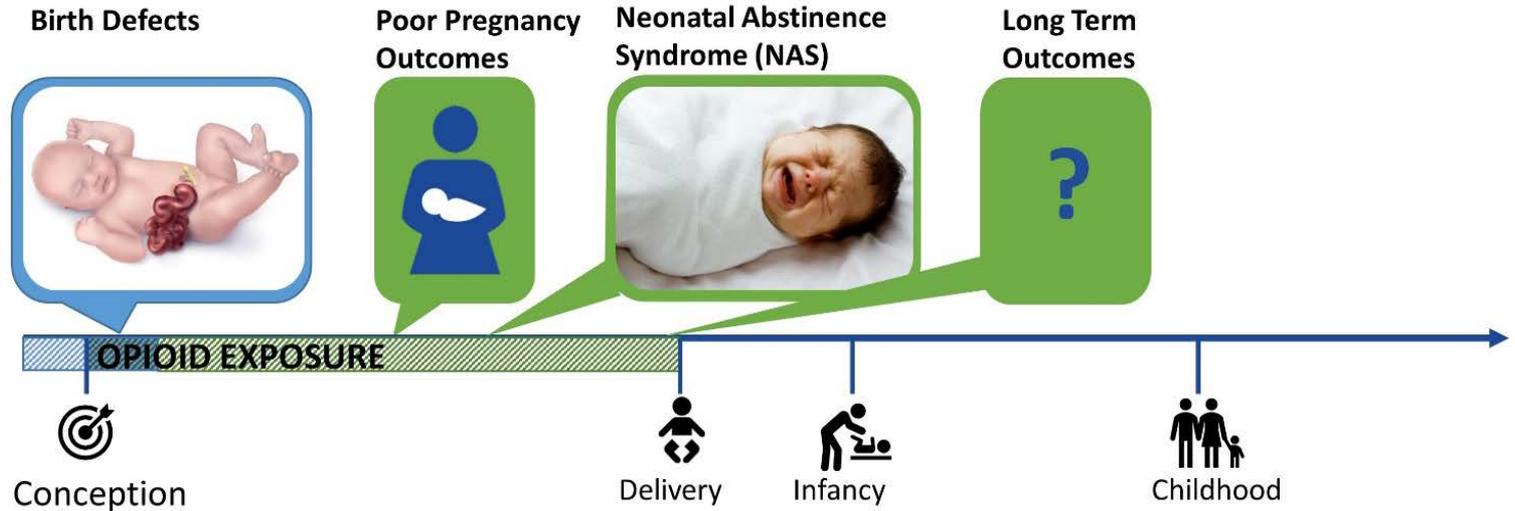
Making the Case:

Impact of Prenatal Opioid Exposure on Babies



What can we do?

Leveraging existing systems to respond to the opioid epidemic

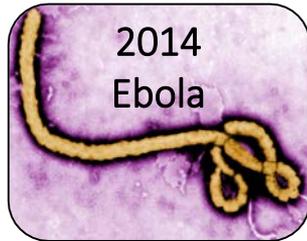
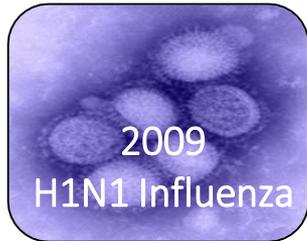


System
to monitor
emerging
threats

- 1 Monitor mothers and babies with sustained exposure to opioids during pregnancy
- 2 Adapt birth defects surveillance to rapidly monitor associated outcomes, including NAS
- 3 Local health department surge capacity, in collaboration with state health department

Future Directions

- ✓ Preparedness needs to include plans to protect the most medically vulnerable, including pregnant women and their infants
- ✓ Protecting mothers and babies during every emergency response through surveillance of pregnancies and birth outcomes
- ✓ Incorporating notifiable diseases into CDC's ongoing birth defects research study through data linkage
- ✓ Opportunity to extend this work through a FY19 Initiative: Surveillance of emerging and known health threats to mothers and babies





HELPING CHILDREN

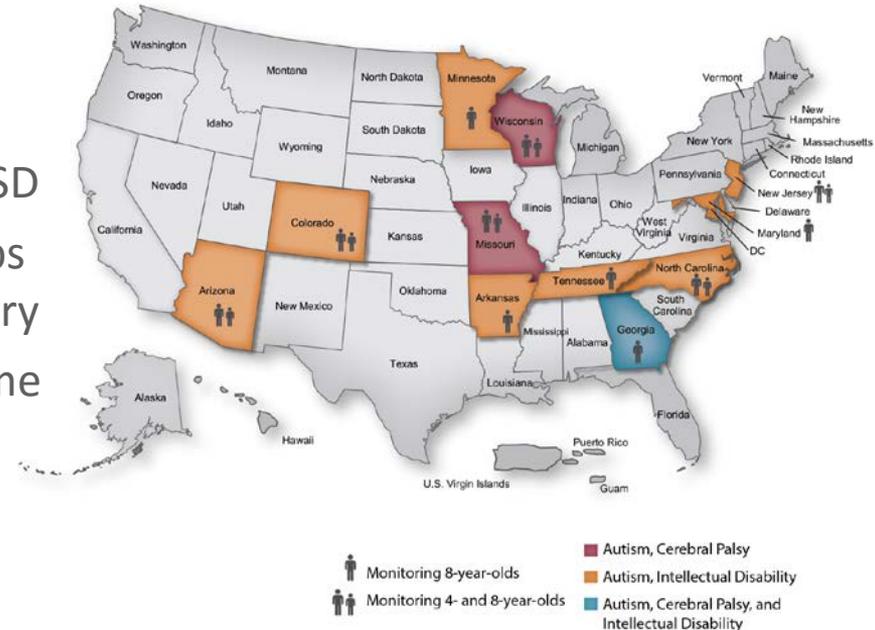
Autism and Developmental Disabilities Monitoring (ADDM) Network

A partnership with state/local health departments and universities/colleges across the United States to better understand the number and characteristics of children with autism spectrum disorder (ASD)

Goals:

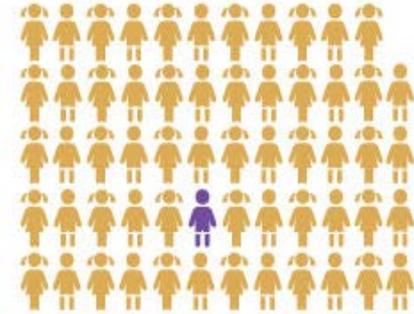
- Estimate ASD prevalence
- Describe the population of children with ASD
- Compare ASD prevalence in different groups of children and different areas of the country
- Identify changes in ASD prevalence over time
- Understand the impact of ASD and related conditions in US communities

Current ADDM Network Sites, Tracking Years 2014–2016



What Have We Learned from ADDM about Children with ASD?

Constants over time	Changes over time
More boys than girls identified with ASD	Decreased disparities in identification of ASD in racial/ethnic minorities, although some under-identification still persists
Delays in early identification (fewer than half receive first developmental evaluation by 3 years of age)	Higher ASD prevalence overall (2002-2014*) and within individual geographic areas (2000 – 2014)
Later age of first diagnosis (after 4 years of age)	Greater proportion of children with IQ scores in the average to above average range (i.e., IQ >85)
Geographic variability	

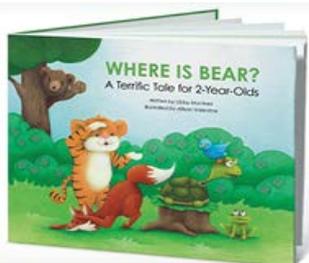
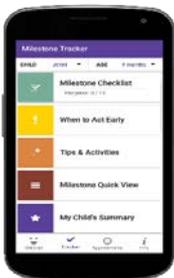


1 in 59
children living in
ADDM sites are
identified with ASD

*ASD prevalence stayed about the same between 2000 and 2002 and between 2010 and 2012

Learn the Signs. Act Early.

www.cdc.gov/ActEarly



CDC's program to improve early identification of developmental delays and disabilities, including autism, by promoting developmental monitoring and screening so children and their families can get the services and support they need.

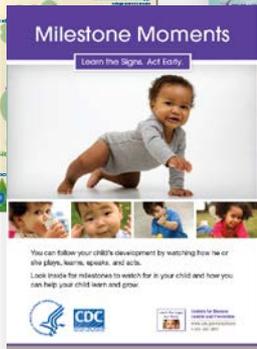
- Supporting 55 *Act Early* Ambassadors in 49 states and 3 territories
- Offer high quality tools and materials



New Milestone Tracker App – Now Available

What People are Saying:

- “I have downloaded the app for my family and recommend it to my patients. It is easy to use, has great videos, and appeals to all audiences which I appreciate.” *Elise Gentile, MS, APRN, CPNP, Advocate Children's Hospital, Oak Lawn, IL*
- “I love the photos and videos on Milestone Tracker, it helps me to know exactly what milestones my son should be reaching.” *Jasmine B., mother of 1-year-old, Atlanta, GA*





IMPROVING HEALTH

CDC Early Hearing Detection and Intervention (EHDI)

- Late-identified deaf and hard of hearing (D/HH) infants are at risk for developmental delays
 - Approximately 1-3 of every 1,000 births are D/HH
- 1-3-6 EHDI Process
 - Screening: **1** month / Diagnosis: **3** months / Intervention: **6** months
- CDC funds 49 jurisdictions to develop and use EHDI Information Systems (EHDI-IS)
 - Tool that help ensure D/HH infants are identified and receive intervention
 - Over 6,300 D/HH identified early in 2016
- Successes
 - State Implementation of advanced EHDI-IS
 - Utah: Improved care coordination
 - Massachusetts: Linkage with Vital Records



Disability and Health State Programs

- CDC funds 19 state-based programs
www.cdc.gov/ncbddd/disabilityandhealth/programs.html
- Promote equity in health, prevent chronic disease, and increase the quality of life for people with disabilities
- National Centers on Disability
<https://www.cdc.gov/ncbddd/disabilityandhealth/national-programs.html>
- Disability and Health Data System
www.dhds.cdc.gov/
 - BRFSS data showing differences by state in health for adults with and without disabilities
- Inclusion Resources
www.cdc.gov/ncbddd/disabilityandhealth/disability-inclusion.html



For more information, contact CDC
1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

