

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad		Felt hopeless		Felt worthless		Felt that	Felt that
	sad all or most of the time <sup>1</sup>	sad some of the time <sup>1</sup>	hopeless all or most of the time <sup>1</sup>	hopeless some of the time <sup>1</sup>	worthless all or most of the time <sup>1</sup>	worthless some of the time <sup>1</sup>	everything is an effort all or most of the time <sup>1</sup>	everything is an effort some of the time <sup>1</sup>
Total	3.0 (0.13)	8.4 (0.22)	2.1 (0.11)	5.0 (0.17)	1.8 (0.10)	3.9 (0.16)	6.7 (0.20)	10.3 (0.24)
Sex								
Male	2.5 (0.17)	7.1 (0.30)	1.8 (0.16)	4.2 (0.23)	1.4 (0.14)	3.3 (0.22)	6.2 (0.29)	9.5 (0.34)
Female	3.5 (0.19)	9.6 (0.31)	2.4 (0.17)	5.8 (0.25)	2.1 (0.14)	4.4 (0.24)	7.3 (0.27)	11.0 (0.34)
Age (years)								
18–44	2.7 (0.19)	7.6 (0.32)	2.0 (0.16)	4.9 (0.25)	1.7 (0.14)	3.9 (0.24)	7.1 (0.31)	10.5 (0.35)
45–64	3.6 (0.24)	9.9 (0.38)	2.7 (0.21)	5.8 (0.29)	2.0 (0.17)	4.3 (0.26)	7.0 (0.33)	11.1 (0.40)
65–74	2.7 (0.30)	8.7 (0.57)	1.7 (0.22)	4.0 (0.42)	1.5 (0.24)	3.1 (0.39)	5.0 (0.44)	7.4 (0.52)
75 and over	2.8 (0.36)	7.6 (0.62)	1.6 (0.36)	3.6 (0.37)	1.9 (0.36)	3.5 (0.46)	4.9 (0.52)	9.5 (0.71)
Race								
One race <sup>2</sup>	2.9 (0.13)	8.4 (0.23)	2.1 (0.11)	5.0 (0.17)	1.7 (0.10)	3.9 (0.16)	6.6 (0.20)	10.2 (0.24)
White	2.8 (0.14)	7.7 (0.25)	2.2 (0.13)	4.8 (0.19)	1.8 (0.11)	3.9 (0.18)	6.2 (0.22)	10.1 (0.28)
Black or African American	3.7 (0.36)	11.3 (0.62)	1.6 (0.23)	6.2 (0.45)	1.6 (0.23)	3.8 (0.39)	9.5 (0.59)	11.6 (0.67)
American Indian or Alaska Native	6.9 (1.59)	19.5 (3.59)	*8.9 (3.38)	10.3 (2.55)	*7.2 (2.29)	*7.2 (2.90)	17.1 (2.88)	15.1 (2.68)
Asian	2.1 (0.43)	9.7 (0.95)	1.0 (0.25)	4.4 (0.62)	1.0 (0.26)	3.6 (0.61)	4.5 (0.60)	8.1 (0.89)
Native Hawaiian or Other Pacific Islander	*	*9.8 (4.12)	-	*	-	*	*	*15.2 (6.81)
Two or more races <sup>3</sup>	5.3 (1.26)	11.2 (1.89)	3.9 (0.91)	6.3 (1.26)	5.3 (1.24)	4.4 (1.11)	11.7 (1.76)	13.6 (1.92)
Black or African American, white	*7.6 (3.35)	*7.6 (3.48)	*	*7.0 (3.46)	*	*	*16.8 (5.12)	*10.5 (3.40)
American Indian or Alaska Native, white	*7.3 (2.87)	17.2 (4.16)	*3.3 (1.21)	*9.0 (2.95)	*6.5 (2.03)	*6.6 (2.73)	12.5 (3.20)	15.5 (3.85)
Hispanic or Latino origin <sup>4</sup> and race								
Hispanic or Latino	4.3 (0.35)	8.3 (0.48)	3.0 (0.29)	5.7 (0.41)	2.3 (0.26)	4.0 (0.34)	7.6 (0.46)	8.1 (0.47)
Mexican or Mexican American	4.3 (0.48)	7.6 (0.60)	3.1 (0.38)	5.8 (0.57)	2.5 (0.35)	4.0 (0.44)	8.0 (0.64)	7.7 (0.58)
Not Hispanic or Latino	2.8 (0.14)	8.5 (0.25)	2.0 (0.13)	4.9 (0.19)	1.7 (0.11)	3.9 (0.19)	6.6 (0.22)	10.7 (0.28)
White, single race	2.6 (0.16)	7.7 (0.29)	2.1 (0.14)	4.7 (0.23)	1.7 (0.13)	3.9 (0.22)	6.1 (0.25)	10.7 (0.33)
Black or African American, single race	3.7 (0.36)	11.5 (0.65)	1.5 (0.23)	6.3 (0.47)	1.5 (0.23)	3.8 (0.40)	9.6 (0.61)	11.6 (0.69)

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
<b>Education<sup>5</sup></b>								
Less than a high school diploma	6.8 (0.61)	13.6 (0.76)	5.6 (0.58)	8.2 (0.57)	4.8 (0.54)	6.6 (0.59)	12.4 (0.82)	12.3 (0.78)
High school diploma or GED <sup>6</sup>	3.7 (0.33)	9.8 (0.51)	2.7 (0.30)	5.5 (0.41)	2.1 (0.26)	4.2 (0.36)	7.7 (0.46)	11.3 (0.55)
Some college	3.0 (0.23)	8.9 (0.43)	2.2 (0.23)	5.2 (0.33)	2.0 (0.21)	4.3 (0.30)	7.3 (0.38)	10.9 (0.46)
Bachelor's degree or higher	1.3 (0.15)	5.3 (0.30)	0.8 (0.11)	3.2 (0.24)	0.6 (0.09)	2.2 (0.20)	3.5 (0.25)	8.9 (0.40)
<b>Current employment status<sup>7</sup></b>								
Employed	1.6 (0.12)	6.2 (0.27)	1.0 (0.12)	3.6 (0.20)	0.6 (0.06)	2.8 (0.18)	4.6 (0.24)	9.1 (0.36)
Full-time	1.4 (0.12)	5.4 (0.26)	0.8 (0.10)	3.5 (0.28)	0.6 (0.06)	2.6 (0.26)	4.3 (0.31)	8.4 (0.30)
Part-time	2.6 (0.35)	8.8 (0.68)	1.6 (0.29)	4.9 (0.50)	1.0 (0.20)	4.4 (0.47)	6.0 (0.57)	10.7 (0.78)
Not employed but has worked previously	5.7 (0.35)	13.2 (0.56)	4.8 (0.34)	8.2 (0.44)	4.3 (0.33)	6.4 (0.42)	12.7 (0.54)	13.0 (0.56)
Not employed and has never worked	5.9 (0.80)	11.9 (1.16)	4.4 (0.72)	7.3 (0.87)	3.2 (0.56)	4.8 (0.73)	9.0 (1.04)	10.1 (1.04)
<b>Family income<sup>8</sup></b>								
Less than \$35,000	5.8 (0.31)	13.7 (0.46)	4.3 (0.31)	8.6 (0.36)	3.5 (0.25)	6.2 (0.34)	11.5 (0.42)	14.0 (0.48)
\$35,000 or more	1.7 (0.13)	6.5 (0.26)	1.2 (0.12)	3.6 (0.20)	1.1 (0.11)	2.9 (0.18)	5.0 (0.24)	8.9 (0.29)
\$35,000–\$49,999	2.5 (0.36)	9.6 (0.65)	1.9 (0.31)	5.9 (0.53)	1.9 (0.34)	4.4 (0.49)	7.2 (0.62)	11.4 (0.76)
\$50,000–\$74,999	2.3 (0.33)	8.0 (0.53)	1.3 (0.25)	4.7 (0.44)	1.4 (0.27)	3.7 (0.40)	6.8 (0.55)	9.4 (0.54)
\$75,000–\$99,999	1.6 (0.27)	5.2 (0.52)	0.9 (0.21)	2.9 (0.39)	1.1 (0.24)	2.7 (0.38)	4.5 (0.50)	8.1 (0.60)
\$100,000 or more	1.0 (0.18)	4.8 (0.42)	0.9 (0.18)	2.3 (0.29)	0.5 (0.13)	1.8 (0.28)	3.1 (0.32)	8.1 (0.50)
<b>Poverty status<sup>9</sup></b>								
Poor	7.3 (0.52)	15.2 (0.71)	6.2 (0.56)	9.4 (0.58)	4.4 (0.40)	7.5 (0.55)	13.7 (0.67)	14.9 (0.71)
Near poor	5.1 (0.42)	11.7 (0.55)	3.2 (0.33)	7.8 (0.49)	2.9 (0.31)	5.2 (0.39)	9.6 (0.51)	12.8 (0.63)
Not poor	1.9 (0.13)	6.5 (0.25)	1.2 (0.11)	3.6 (0.19)	1.1 (0.10)	3.0 (0.18)	5.0 (0.23)	9.0 (0.28)

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Health insurance coverage <sup>10</sup>								
Under 65:								
Private	1.6 (0.12)	6.4 (0.27)	1.0 (0.10)	3.7 (0.21)	1.0 (0.10)	2.9 (0.20)	4.9 (0.24)	9.2 (0.32)
Medicaid	8.4 (0.66)	15.6 (0.82)	6.7 (0.66)	10.9 (0.71)	5.4 (0.56)	8.3 (0.63)	15.0 (0.83)	15.9 (0.87)
Other coverage	4.8 (0.95)	10.9 (1.22)	3.6 (0.83)	8.9 (1.15)	2.8 (0.63)	5.2 (0.94)	12.1 (1.42)	13.3 (1.34)
Uninsured	4.9 (0.51)	11.7 (0.77)	4.2 (0.49)	7.2 (0.63)	2.7 (0.33)	5.5 (0.51)	10.0 (0.72)	12.3 (0.79)
65 and over:								
Private	2.1 (0.32)	7.4 (0.62)	1.0 (0.25)	3.2 (0.41)	1.3 (0.27)	2.5 (0.41)	3.5 (0.44)	7.9 (0.65)
Medicare and Medicaid	8.9 (1.30)	14.0 (1.67)	7.1 (1.24)	9.4 (1.87)	5.7 (1.11)	8.2 (1.84)	13.3 (2.09)	15.4 (1.87)
Medicare Advantage	2.3 (0.44)	6.7 (0.72)	1.1 (0.32)	3.0 (0.48)	0.9 (0.24)	3.6 (0.64)	4.9 (0.63)	7.4 (0.84)
Medicare only	2.1 (0.45)	10.1 (1.18)	*1.8 (0.72)	3.8 (0.64)	*1.7 (0.76)	2.7 (0.55)	5.2 (1.02)	8.7 (1.07)
Other coverage	3.5 (0.96)	8.5 (1.45)	*1.8 (0.66)	4.6 (1.16)	*2.4 (0.79)	*3.0 (1.04)	5.3 (1.06)	7.4 (1.38)
Uninsured	*	*	*	*	*	*	*	*18.6 (9.31)
Marital status								
Married	2.0 (0.15)	6.3 (0.27)	1.4 (0.13)	3.9 (0.22)	1.3 (0.12)	2.8 (0.19)	4.9 (0.24)	9.1 (0.33)
Widowed	3.5 (0.60)	10.1 (1.59)	1.6 (0.37)	7.7 (2.02)	1.5 (0.31)	3.6 (0.62)	6.5 (1.85)	10.8 (2.64)
Divorced or separated	6.5 (0.75)	10.7 (0.72)	4.8 (0.64)	6.7 (0.52)	3.7 (0.64)	5.8 (0.53)	11.8 (0.83)	11.7 (0.68)
Never married	3.6 (0.31)	10.9 (0.60)	2.6 (0.28)	6.7 (0.52)	1.8 (0.20)	5.2 (0.48)	8.6 (0.63)	11.3 (0.61)
Living with a partner	2.1 (0.36)	12.1 (1.15)	2.4 (0.43)	7.0 (1.02)	2.3 (0.50)	6.0 (0.93)	7.1 (0.70)	13.2 (1.20)
Place of residence <sup>11</sup>								
Large MSA	2.9 (0.18)	8.2 (0.30)	1.8 (0.14)	4.8 (0.23)	1.5 (0.13)	3.7 (0.20)	6.4 (0.27)	9.8 (0.33)
Small MSA	2.8 (0.20)	8.4 (0.40)	2.3 (0.21)	5.0 (0.31)	2.1 (0.19)	4.0 (0.32)	6.6 (0.37)	10.9 (0.40)
Not in MSA	3.6 (0.37)	9.4 (0.66)	3.0 (0.35)	6.0 (0.52)	2.4 (0.30)	4.5 (0.42)	8.5 (0.61)	11.0 (0.61)
Region								
Northeast	2.3 (0.25)	8.9 (0.54)	1.6 (0.23)	4.7 (0.38)	1.5 (0.23)	3.2 (0.34)	5.7 (0.48)	9.8 (0.58)
Midwest	2.7 (0.27)	9.0 (0.53)	1.8 (0.22)	5.9 (0.46)	1.5 (0.18)	4.6 (0.40)	7.2 (0.46)	11.9 (0.56)
South	3.2 (0.21)	8.4 (0.36)	2.3 (0.18)	4.7 (0.25)	1.8 (0.16)	3.5 (0.23)	6.7 (0.32)	9.8 (0.38)
West	3.4 (0.29)	7.5 (0.42)	2.5 (0.27)	4.9 (0.33)	2.2 (0.22)	4.3 (0.34)	7.1 (0.41)	9.9 (0.45)

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex								
Hispanic or Latino, male	3.7 (0.50)	6.4 (0.63)	2.3 (0.39)	5.2 (0.59)	1.3 (0.35)	3.2 (0.43)	7.2 (0.71)	7.2 (0.64)
Hispanic or Latina, female	4.8 (0.50)	10.2 (0.67)	3.7 (0.42)	6.3 (0.56)	3.2 (0.40)	4.8 (0.52)	8.1 (0.61)	9.0 (0.67)
Not Hispanic or Latino:								
White, single race, male	2.1 (0.20)	6.3 (0.37)	1.8 (0.20)	3.8 (0.29)	1.4 (0.17)	3.4 (0.28)	5.3 (0.34)	9.8 (0.47)
White, single race, female	3.2 (0.24)	9.0 (0.42)	2.3 (0.21)	5.6 (0.35)	2.0 (0.19)	4.5 (0.32)	6.9 (0.36)	11.6 (0.48)
Black or African American, single race, male	2.8 (0.48)	10.6 (0.98)	1.4 (0.38)	5.0 (0.64)	1.4 (0.35)	3.3 (0.55)	9.4 (0.97)	11.5 (1.04)
Black or African American, single race, female	4.4 (0.53)	12.1 (0.84)	1.5 (0.25)	7.1 (0.66)	1.7 (0.29)	4.2 (0.55)	9.8 (0.76)	11.6 (0.89)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 4.1%, 4.2%, 4.2%, and 4.3%, respectively.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>	
Total	242,501	7,059	19,840	4,989	11,660	4,182	9,048	15,524	23,790	
Sex										
Male	116,875	2,782	8,089	2,040	4,654	1,612	3,720	6,821	10,612	
Female	125,625	4,277	11,751	2,949	7,006	2,571	5,328	8,703	13,179	
Age (years)										
18–44	112,760	2,923	8,221	2,141	5,337	1,807	4,187	7,700	11,277	
45–64	83,239	2,894	7,923	2,115	4,612	1,625	3,412	5,605	8,824	
65–74	27,297	724	2,292	438	1,052	399	813	1,318	1,951	
75 and over	19,204	519	1,404	296	658	352	635	901	1,739	
Race										
One race <sup>2</sup>	238,301	6,842	19,394	4,831	11,391	3,982	8,864	15,044	23,225	
White	191,218	5,331	14,451	4,060	8,781	3,283	7,141	11,344	18,427	
Black or African American	29,796	1,067	3,176	464	1,737	452	1,070	2,709	3,292	
American Indian or Alaska Native	2,307	158	408	*172	231	*128	*166	355	336	
Asian	14,360	272	1,303	134	600	120	484	612	1,086	
Native Hawaiian or Other Pacific Islander	619	*	*56	-	*	-	*	*	*	
Two or more races <sup>3</sup>	4,200	217	446	159	268	200	183	480	566	
Black or African American, white	851	*56	*56	*	*51	*	*36	*127	99	
American Indian or Alaska Native, white	1,647	*111	261	*59	*140	104	*108	193	257	
Hispanic or Latino origin <sup>4</sup> and race										
Hispanic or Latino	37,755	1,489	2,941	1,056	2,034	789	1,447	2,768	2,953	
Mexican or Mexican American	22,992	908	1,641	673	1,231	538	860	1,731	1,736	
Not Hispanic or Latino	204,746	5,570	16,898	3,933	9,626	3,393	7,601	12,756	20,837	
White, single race	157,410	4,085	11,895	3,148	7,085	2,592	5,913	9,027	15,879	
Black or African American, single race	28,418	1,008	3,062	416	1,676	422	1,026	2,595	3,130	

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Education <sup>5</sup>									
Less than a high school diploma	26,648	1,698	3,454	1,391	2,076	1,174	1,646	3,000	3,057
High school diploma or GED <sup>6</sup>	50,847	1,849	4,811	1,251	2,678	985	1,969	3,561	5,313
Some college	61,605	1,807	5,397	1,324	3,128	1,151	2,581	4,294	6,480
Bachelor's degree or higher	72,373	894	3,622	532	2,216	386	1,518	2,461	6,132
Current employment status <sup>7</sup>									
Employed	148,914	2,535	9,169	1,408	5,489	1,037	4,215	6,657	13,516
Full-time	121,609	1,842	6,818	969	4,218	740	3,038	5,054	10,743
Part-time	25,508	657	2,167	393	1,229	269	1,143	1,521	2,593
Not employed but has worked previously	79,530	3,749	9,144	2,991	5,241	2,687	4,200	7,743	8,948
Not employed and has never worked	13,899	760	1,524	590	930	443	633	1,124	1,303
Family income <sup>8</sup>									
Less than \$35,000	66,342	3,697	8,578	2,696	5,340	2,228	3,881	7,096	8,767
\$35,000 or more	148,656	2,420	9,414	1,658	5,242	1,509	4,125	7,026	12,814
\$35,000–\$49,999	25,114	602	2,302	441	1,413	457	1,040	1,718	2,732
\$50,000–\$74,999	37,018	808	2,935	474	1,691	507	1,337	2,384	3,339
\$75,000–\$99,999	27,607	417	1,450	231	779	280	711	1,201	2,211
\$100,000 or more	58,917	593	2,727	512	1,360	266	1,036	1,723	4,531
Poverty status <sup>9</sup>									
Poor	28,022	1,846	3,977	1,588	2,490	1,138	1,982	3,651	3,960
Near poor	42,375	2,052	4,746	1,283	3,111	1,192	2,098	3,845	5,128
Not poor	159,450	2,860	10,145	1,806	5,629	1,628	4,597	7,501	13,634

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Health insurance coverage <sup>10</sup>									
Under 65:									
Private	135,220	2,156	8,529	1,306	4,806	1,238	3,810	6,232	11,995
Medicaid	25,313	1,983	3,715	1,587	2,580	1,260	1,977	3,542	3,776
Other coverage	9,086	481	1,052	356	848	264	476	1,084	1,309
Uninsured	24,896	1,166	2,747	982	1,679	641	1,286	2,372	2,937
65 and over:									
Private	19,581	387	1,393	180	575	237	459	644	1,425
Medicare and Medicaid	3,267	278	436	222	292	179	255	411	477
Medicare Advantage	11,634	258	769	121	349	106	390	554	817
Medicare only	7,890	159	758	*130	297	*120	213	397	655
Other coverage	3,808	135	327	*72	182	*94	*120	193	278
Uninsured	249	*	*	*	*	*	*	*	*
Marital status									
Married	128,583	2,571	8,232	1,792	4,837	1,620	3,470	6,133	11,189
Widowed	14,720	694	1,658	340	843	332	657	889	1,531
Divorced or separated	27,858	1,616	3,002	1,182	1,773	912	1,544	2,844	3,233
Never married	53,374	1,804	5,162	1,238	3,277	935	2,560	4,321	5,732
Living with a partner	17,665	359	1,784	428	923	378	809	1,305	2,094
Place of residence <sup>11</sup>									
Large MSA	134,062	3,810	10,629	2,348	6,130	1,899	4,801	8,133	12,474
Small MSA	74,299	2,032	6,069	1,632	3,531	1,455	2,814	4,651	7,719
Not in MSA	34,140	1,218	3,142	1,009	1,998	828	1,433	2,740	3,598
Region									
Northeast	42,320	971	3,599	665	1,877	618	1,318	2,270	3,953
Midwest	54,367	1,402	4,735	955	3,028	792	2,361	3,645	6,141
South	90,015	2,829	7,399	1,996	4,101	1,617	3,053	5,736	8,384
West	55,798	1,857	4,107	1,373	2,654	1,155	2,316	3,874	5,313

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex									
Hispanic or Latino, male	18,798	639	1,114	378	914	212	578	1,291	1,322
Hispanic or Latina, female	18,957	850	1,827	678	1,120	577	869	1,477	1,631
Not Hispanic or Latino:									
White, single race, male	76,483	1,548	4,765	1,333	2,787	1,014	2,435	3,761	7,010
White, single race, female	80,927	2,537	7,130	1,815	4,298	1,578	3,479	5,266	8,869
Black or African American, single race, male	12,771	347	1,259	183	618	173	398	1,133	1,407
Black or African American, single race, female	15,647	661	1,803	233	1,058	249	628	1,462	1,723

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.  
- Quantity zero.

<sup>1</sup>In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 4.1%, 4.2%, 4.2%, and 4.3%, respectively.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.



**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Total	3.0 (0.13)	8.5 (0.22)	2.1 (0.11)	5.0 (0.17)	1.8 (0.10)	3.9 (0.16)	6.7 (0.20)	10.2 (0.23)
Sex								
Male	2.5 (0.17)	7.2 (0.29)	1.8 (0.15)	4.2 (0.22)	1.4 (0.13)	3.3 (0.21)	6.1 (0.28)	9.5 (0.34)
Female	3.5 (0.19)	9.8 (0.31)	2.4 (0.16)	5.8 (0.25)	2.1 (0.14)	4.4 (0.23)	7.2 (0.26)	11.0 (0.33)
Age (years)								
18–44	2.7 (0.19)	7.6 (0.32)	2.0 (0.16)	4.9 (0.25)	1.7 (0.14)	3.9 (0.24)	7.1 (0.31)	10.5 (0.35)
45–64	3.6 (0.24)	9.9 (0.38)	2.7 (0.21)	5.8 (0.29)	2.0 (0.17)	4.3 (0.26)	7.0 (0.33)	11.1 (0.40)
65–74	2.7 (0.30)	8.7 (0.57)	1.7 (0.22)	4.0 (0.42)	1.5 (0.24)	3.1 (0.39)	5.0 (0.44)	7.4 (0.52)
75 and over	2.8 (0.36)	7.6 (0.62)	1.6 (0.36)	3.6 (0.37)	1.9 (0.36)	3.5 (0.46)	4.9 (0.52)	9.5 (0.71)
Race								
One race <sup>4</sup>	3.0 (0.13)	8.5 (0.22)	2.1 (0.11)	5.0 (0.17)	1.7 (0.10)	3.9 (0.16)	6.6 (0.20)	10.2 (0.24)
White	2.9 (0.14)	7.9 (0.25)	2.2 (0.13)	4.8 (0.19)	1.8 (0.11)	3.9 (0.17)	6.2 (0.21)	10.0 (0.27)
Black or African American	3.8 (0.36)	11.3 (0.62)	1.7 (0.24)	6.2 (0.45)	1.6 (0.23)	3.8 (0.39)	9.6 (0.59)	11.7 (0.68)
American Indian or Alaska Native	7.2 (1.72)	18.6 (3.41)	*7.8 (3.33)	10.5 (2.69)	*5.8 (2.22)	*7.6 (3.22)	16.1 (2.88)	15.3 (2.75)
Asian	2.0 (0.40)	9.5 (0.94)	1.0 (0.24)	4.4 (0.64)	0.9 (0.22)	3.5 (0.61)	4.5 (0.60)	7.9 (0.87)
Native Hawaiian or Other Pacific Islander	*	*9.1 (4.02)	-	*	-	*	*	*13.9 (6.60)
Two or more races <sup>5</sup>	5.3 (1.31)	10.9 (1.76)	3.9 (0.92)	6.5 (1.37)	4.9 (1.14)	4.5 (1.17)	11.8 (1.81)	13.9 (1.95)
Black or African American, white	*6.9 (3.12)	*6.9 (2.53)	*	*6.2 (2.47)	*	*4.5 (2.10)	*15.8 (5.05)	12.3 (3.66)
American Indian or Alaska Native, white	*6.8 (2.65)	16.1 (3.75)	*3.6 (1.33)	*8.6 (2.72)	*6.4 (1.96)	*6.7 (2.55)	11.9 (2.99)	15.8 (3.65)
Hispanic or Latino origin <sup>6</sup> and race								
Hispanic or Latino	4.1 (0.34)	8.1 (0.48)	2.9 (0.28)	5.6 (0.40)	2.2 (0.25)	4.0 (0.33)	7.6 (0.46)	8.1 (0.46)
Mexican or Mexican American	4.1 (0.45)	7.4 (0.61)	3.0 (0.37)	5.5 (0.52)	2.4 (0.33)	3.9 (0.42)	7.8 (0.62)	7.8 (0.56)
Not Hispanic or Latino	2.8 (0.14)	8.6 (0.24)	2.0 (0.12)	4.9 (0.19)	1.7 (0.11)	3.9 (0.18)	6.5 (0.21)	10.6 (0.27)
White, single race	2.7 (0.15)	7.9 (0.28)	2.1 (0.14)	4.7 (0.21)	1.7 (0.12)	3.9 (0.20)	6.0 (0.24)	10.5 (0.31)
Black or African American, single race	3.8 (0.37)	11.4 (0.64)	1.6 (0.24)	6.3 (0.47)	1.6 (0.23)	3.8 (0.40)	9.7 (0.61)	11.7 (0.70)

**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
<b>Education<sup>7</sup></b>								
Less than a high school diploma	6.7 (0.56)	13.7 (0.73)	5.5 (0.55)	8.3 (0.55)	4.7 (0.50)	6.5 (0.56)	11.9 (0.76)	12.2 (0.74)
High school diploma or GED <sup>8</sup>	3.8 (0.33)	9.9 (0.48)	2.6 (0.27)	5.5 (0.39)	2.0 (0.23)	4.1 (0.33)	7.3 (0.43)	11.0 (0.51)
Some college	3.1 (0.22)	9.1 (0.43)	2.2 (0.21)	5.3 (0.33)	1.9 (0.20)	4.4 (0.30)	7.3 (0.37)	11.0 (0.46)
Bachelor's degree or higher	1.3 (0.16)	5.2 (0.29)	0.8 (0.11)	3.2 (0.23)	0.6 (0.09)	2.2 (0.20)	3.5 (0.25)	8.8 (0.39)
<b>Current employment status<sup>9</sup></b>								
Employed	1.8 (0.13)	6.4 (0.25)	1.0 (0.09)	3.8 (0.20)	0.7 (0.07)	3.0 (0.17)	4.7 (0.21)	9.5 (0.29)
Full-time	1.6 (0.14)	5.9 (0.27)	0.8 (0.09)	3.6 (0.22)	0.6 (0.07)	2.6 (0.18)	4.3 (0.23)	9.2 (0.32)
Part-time	2.7 (0.36)	8.8 (0.69)	1.6 (0.27)	5.0 (0.52)	1.1 (0.21)	4.7 (0.50)	6.2 (0.58)	10.6 (0.72)
Not employed but has worked previously	4.9 (0.26)	12.0 (0.42)	3.9 (0.25)	6.9 (0.32)	3.5 (0.23)	5.5 (0.30)	10.2 (0.37)	11.7 (0.42)
Not employed and has never worked	5.7 (0.81)	11.4 (1.05)	4.5 (0.77)	7.0 (0.83)	3.4 (0.62)	4.8 (0.77)	8.5 (0.99)	9.9 (1.00)
<b>Family income<sup>10</sup></b>								
Less than \$35,000	5.8 (0.30)	13.5 (0.44)	4.3 (0.29)	8.4 (0.34)	3.5 (0.24)	6.1 (0.32)	11.2 (0.41)	13.8 (0.47)
\$35,000 or more	1.7 (0.13)	6.5 (0.26)	1.2 (0.11)	3.6 (0.19)	1.1 (0.10)	2.9 (0.18)	4.9 (0.23)	8.9 (0.28)
\$35,000–\$49,999	2.5 (0.36)	9.5 (0.64)	1.8 (0.29)	5.9 (0.53)	1.9 (0.34)	4.3 (0.48)	7.2 (0.61)	11.4 (0.76)
\$50,000–\$74,999	2.3 (0.32)	8.2 (0.54)	1.3 (0.24)	4.7 (0.45)	1.4 (0.25)	3.7 (0.40)	6.7 (0.54)	9.3 (0.53)
\$75,000–\$99,999	1.6 (0.25)	5.4 (0.53)	0.9 (0.20)	2.9 (0.37)	1.0 (0.21)	2.6 (0.36)	4.5 (0.49)	8.2 (0.61)
\$100,000 or more	1.0 (0.18)	4.8 (0.39)	0.9 (0.18)	2.4 (0.28)	0.5 (0.12)	1.8 (0.27)	3.0 (0.31)	7.9 (0.47)
<b>Poverty status<sup>11</sup></b>								
Poor	6.9 (0.51)	14.9 (0.71)	5.9 (0.56)	9.3 (0.58)	4.3 (0.39)	7.4 (0.56)	13.7 (0.69)	14.8 (0.72)
Near poor	5.0 (0.41)	11.7 (0.54)	3.2 (0.32)	7.7 (0.47)	2.9 (0.30)	5.2 (0.39)	9.5 (0.50)	12.6 (0.61)
Not poor	1.9 (0.13)	6.6 (0.25)	1.2 (0.11)	3.7 (0.19)	1.1 (0.10)	3.0 (0.18)	4.9 (0.22)	8.9 (0.27)

**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Health insurance coverage <sup>12</sup>								
Under 65:								
Private	1.7 (0.12)	6.6 (0.27)	1.0 (0.10)	3.7 (0.20)	1.0 (0.09)	2.9 (0.19)	4.8 (0.23)	9.2 (0.31)
Medicaid	8.3 (0.65)	15.5 (0.83)	6.6 (0.66)	10.8 (0.71)	5.3 (0.55)	8.3 (0.63)	14.8 (0.83)	15.8 (0.87)
Other coverage	5.5 (0.89)	12.1 (1.15)	4.1 (0.71)	9.8 (1.09)	3.0 (0.55)	5.5 (0.79)	12.5 (1.20)	15.1 (1.36)
Uninsured	4.9 (0.51)	11.5 (0.76)	4.1 (0.47)	7.1 (0.61)	2.7 (0.33)	5.4 (0.50)	10.0 (0.71)	12.4 (0.79)
65 and over:								
Private	2.1 (0.31)	7.4 (0.62)	1.0 (0.23)	3.1 (0.40)	1.3 (0.26)	2.4 (0.39)	3.4 (0.42)	7.6 (0.62)
Medicare and Medicaid	8.9 (1.29)	14.0 (1.67)	7.1 (1.24)	9.4 (1.88)	5.7 (1.11)	8.2 (1.84)	13.2 (2.12)	15.4 (1.87)
Medicare Advantage	2.3 (0.45)	6.8 (0.72)	1.1 (0.30)	3.1 (0.50)	0.9 (0.26)	3.5 (0.60)	4.9 (0.63)	7.3 (0.81)
Medicare only	2.1 (0.45)	10.0 (1.15)	*1.7 (0.64)	3.9 (0.65)	*1.6 (0.69)	2.8 (0.57)	5.2 (0.97)	8.7 (1.06)
Other coverage	3.7 (1.00)	9.1 (1.62)	*2.0 (0.75)	5.0 (1.32)	*2.6 (0.87)	*3.3 (1.19)	5.3 (1.10)	7.7 (1.51)
Uninsured	*	*	*	*	*	*	*	*15.0 (7.08)
Marital status								
Married	2.1 (0.15)	6.6 (0.28)	1.4 (0.14)	3.9 (0.21)	1.3 (0.12)	2.8 (0.17)	5.0 (0.23)	9.0 (0.31)
Widowed	5.0 (0.56)	11.8 (0.86)	2.4 (0.40)	6.0 (0.61)	2.4 (0.35)	4.7 (0.59)	6.4 (0.61)	10.9 (0.80)
Divorced or separated	6.1 (0.52)	11.3 (0.60)	4.5 (0.43)	6.7 (0.45)	3.4 (0.43)	5.8 (0.47)	10.7 (0.61)	12.2 (0.59)
Never married	3.5 (0.31)	10.1 (0.53)	2.4 (0.28)	6.4 (0.42)	1.8 (0.21)	5.0 (0.41)	8.5 (0.49)	11.3 (0.52)
Living with a partner	2.1 (0.35)	10.5 (0.86)	2.5 (0.42)	5.5 (0.66)	2.2 (0.44)	4.8 (0.57)	7.7 (0.73)	12.4 (0.94)
Place of residence <sup>13</sup>								
Large MSA	3.0 (0.18)	8.3 (0.30)	1.8 (0.14)	4.8 (0.23)	1.5 (0.12)	3.7 (0.20)	6.3 (0.27)	9.7 (0.32)
Small MSA	2.8 (0.20)	8.5 (0.40)	2.3 (0.20)	5.0 (0.30)	2.0 (0.18)	3.9 (0.30)	6.5 (0.35)	10.8 (0.40)
Not in MSA	3.7 (0.36)	9.5 (0.60)	3.1 (0.36)	6.1 (0.51)	2.5 (0.29)	4.4 (0.39)	8.3 (0.58)	10.9 (0.58)
Region								
Northeast	2.4 (0.25)	8.9 (0.53)	1.6 (0.23)	4.6 (0.37)	1.5 (0.22)	3.3 (0.35)	5.6 (0.46)	9.8 (0.57)
Midwest	2.7 (0.27)	9.1 (0.51)	1.8 (0.23)	5.8 (0.44)	1.5 (0.19)	4.5 (0.38)	7.0 (0.44)	11.8 (0.54)
South	3.3 (0.21)	8.6 (0.36)	2.3 (0.19)	4.8 (0.25)	1.9 (0.17)	3.6 (0.23)	6.7 (0.32)	9.8 (0.37)
West	3.4 (0.29)	7.6 (0.42)	2.5 (0.26)	4.9 (0.34)	2.1 (0.22)	4.3 (0.34)	7.2 (0.41)	9.8 (0.45)

**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	Felt sad all or most of the time <sup>1</sup>	Felt sad some of the time <sup>1</sup>	Felt hopeless all or most of the time <sup>1</sup>	Felt hopeless some of the time <sup>1</sup>	Felt worthless all or most of the time <sup>1</sup>	Felt worthless some of the time <sup>1</sup>	Felt that everything is an effort all or most of the time <sup>1</sup>	Felt that everything is an effort some of the time <sup>1</sup>
Hispanic or Latino origin <sup>6</sup> , race, and sex								
Hispanic or Latino, male	3.5 (0.48)	6.1 (0.64)	2.1 (0.35)	5.0 (0.57)	1.2 (0.30)	3.2 (0.44)	7.1 (0.71)	7.3 (0.64)
Hispanic or Latina, female	4.7 (0.49)	10.0 (0.67)	3.7 (0.43)	6.1 (0.55)	3.2 (0.40)	4.8 (0.51)	8.1 (0.61)	9.0 (0.66)
Not Hispanic or Latino:								
White, single race, male	2.1 (0.19)	6.5 (0.36)	1.8 (0.20)	3.8 (0.27)	1.4 (0.16)	3.3 (0.27)	5.1 (0.32)	9.6 (0.44)
White, single race, female	3.3 (0.23)	9.2 (0.39)	2.3 (0.21)	5.5 (0.32)	2.0 (0.18)	4.5 (0.29)	6.8 (0.34)	11.4 (0.44)
Black or African American, single race, male	2.9 (0.50)	10.5 (0.97)	1.5 (0.40)	5.1 (0.64)	1.4 (0.35)	3.3 (0.55)	9.4 (0.96)	11.7 (1.06)
Black or African American, single race, female	4.5 (0.54)	12.2 (0.84)	1.6 (0.26)	7.2 (0.66)	1.7 (0.30)	4.2 (0.56)	9.9 (0.76)	11.7 (0.89)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 4.1%, 4.2%, 4.2%, and 4.3%, respectively.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>. SOURCE: NCHS, National Health Interview Survey, 2015.