

2012 National Health Interview Survey (NHIS)

Adult Complementary and Alternative Medicine Public Use File (ALT)

IMPORTANT NOTICE FOR DATA USERS

Producing National Estimates: The frequencies presented in this document are unweighted variable frequencies, meaning that these frequencies only represent the responses from the survey respondents and cannot be used to infer national estimates. In addition, many of the CAM use variables are asked of only a subset of the sample adults and therefore cannot be used *as they are* to directly estimate prevalence for the health care practices they represent.

In order to obtain accurate annual-level prevalence estimates for use of health care practices, data must be weighted using the sample adult weight (WTFA_SA) and recodes are required to appropriately account for each variable's universe. For specific information about who was asked each question (variable's universe), refer to the ALT Variable Layout file.

Cost Variables: Responses to questions on the ALT Supplement about out-of-pocket cost of therapies and materials are reported exactly as reported by respondents, with the exception of upper limits placed on the cost variables (maximum value varies by question – see layout file for upper limit for each variable). Given the 12 month recall period for these questions, values may be subject to inherent memory limitations. Data users should be aware that these limitations may affect the data, although such effects have not been evaluated.

2012 National Health Interview Survey (NHIS) 1
 Adult Alternative Medicine Public Use File (althealt)
 IDN Variables Tuesday, June 11, 2013
 Unweighted Frequencies

Continuous variables in the frequency
 report only show the range of valid numbers

IDN.000_00.000: File type identifier

RECTYPE	Frequency	Percent
10 Household	0	0.00
20 Person	0	0.00
25 Income Imputation	0	0.00
30 Sample Adult	0	0.00
31 Sample Adult Cancer	0	0.00
34 Adult Alternative Medicine	34525	100.00
38 Functioning and Disability	0	0.00
39 Adult Disability Questions Test	0	0.00
40 Sample Child	0	0.00
44 Child Alternative Medicine	0	0.00
49 Child Disability Questions Test	0	0.00
60 Family	0	0.00
63 Family Disability Questions Test	0	0.00
65 Paradata	0	0.00
70 Injury/Poisoning Episode	0	0.00
75 Injury/Poisoning Verbatim	0	0.00

IDN.000_02.000: Year of National Health Interview Survey

SRVY_YR	Frequency	Percent
Survey Year	34525	100.00

IDN.000_04.000: Household Number

HHX	Frequency	Percent
Range of Values	34525	100.00

IDN.000_35.000: Family Number

FMX	Frequency	Percent
01-25 Family number 1 - 25	34525	100.00

IDN.000_40.000: Person Number (Within family)

FPX	Frequency	Percent
01-25 Person number 1 thru 25	34525	100.00

IDN.000_70.000: Weight - Final Annual

WTFA_SA	Frequency	Percent
Range of Values	34525	100.00

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Adult Alternative Medicine Public Use File (althealt)
UCF Variables Tuesday, June 11, 2013
Unweighted Frequencies

UCF.000_00.000: Pseudo-stratum for public-use file variance estimation

STRAT_P	Frequency	Percent
001-300	34525	100.00

UCF.000_00.000: Pseudo-PSU for public-use file variance estimation

PSU_P	Frequency	Percent
01-02	34525	100.00

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.001_00.000: Has a personal health care provider

PROV1	Frequency	Percent
1 Yes	22765	79.79
2 No	5300	18.58
7 Refused	20	0.07
8 Not ascertained	428	1.50
9 Don't know	18	0.06

Frequency Missing = 5994

ALT.002_01.000: Personal health care provider is a medical doctor (M.D., D.O.), including specialists

PROVTYP1	Frequency	Percent
1 Mentioned	21700	95.32
2 Not mentioned	1058	4.65
7 Refused	1	0.00
8 Not ascertained	3	0.01
9 Don't know	3	0.01

Frequency Missing = 11760

ALT.002_02.000: Personal health care provider is a nurse, nurse practitioner, or physician's assistant

PROVTYP2	Frequency	Percent
1 Mentioned	1479	6.50
2 Not mentioned	21279	93.47
7 Refused	1	0.00
8 Not ascertained	3	0.01
9 Don't know	3	0.01

Frequency Missing = 11760

ALT.002_03.000: Personal health care provider is a chiropractor, acupuncturist, or naturopath

PROVTYP3	Frequency	Percent
1 Mentioned	246	1.08
2 Not mentioned	22512	98.89
7 Refused	1	0.00
8 Not ascertained	3	0.01
9 Don't know	3	0.01

Frequency Missing = 11760

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.002_04.000: Personal health care provider is 'other'

PROVTYP4	Frequency	Percent
1 Mentioned	174	0.76
2 Not mentioned	22584	99.20
7 Refused	1	0.00
8 Not ascertained	3	0.01
9 Don't know	3	0.01

Frequency Missing = 11760

ALT.003_01.000: Sees a medical doctor (M.D., D.O.) at usual place of care

PROVUSP1	Frequency	Percent
1 Mentioned	26532	92.99
2 Not mentioned	1518	5.32
7 Refused	21	0.07
8 Not ascertained	433	1.52
9 Don't know	27	0.09

Frequency Missing = 5994

ALT.003_02.000: Sees a nurse, nurse practitioner,
 or physician assistant at usual place of care

PROVUSP2	Frequency	Percent
1 Mentioned	2475	8.67
2 Not mentioned	25575	89.64
7 Refused	21	0.07
8 Not ascertained	433	1.52
9 Don't know	27	0.09

Frequency Missing = 5994

ALT.003_03.000: Sees a chiropractor, acupuncturist,
 or naturopath at usual place of care

PROVUSP3	Frequency	Percent
1 Mentioned	158	0.55
2 Not mentioned	27892	97.76
7 Refused	21	0.07
8 Not ascertained	433	1.52
9 Don't know	27	0.09

Frequency Missing = 5994

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.003_04.000: Sees another type of provider at usual place of care

PROVUSP4	Frequency	Percent
1 Mentioned	275	0.96
2 Not mentioned	27775	97.35
7 Refused	21	0.07
8 Not ascertained	433	1.52
9 Don't know	27	0.09

Frequency Missing = 5994

ALT.004_01.000: Sees a medical doctor (M.D., D.O.) for routine care

PROVRTN1	Frequency	Percent
1 Mentioned	2666	85.92
2 Not mentioned	370	11.92
7 Refused	4	0.13
8 Not ascertained	52	1.68
9 Don't know	11	0.35

Frequency Missing = 31422

ALT.004_02.000: Sees a nurse, nurse practitioner,
 or physician assistant for routine care

PROVRTN2	Frequency	Percent
1 Mentioned	314	10.12
2 Not mentioned	2722	87.72
7 Refused	4	0.13
8 Not ascertained	52	1.68
9 Don't know	11	0.35

Frequency Missing = 31422

ALT.004_03.000: Sees a chiropractor, acupuncturist,
 or naturopath for routine care

PROVRTN3	Frequency	Percent
1 Mentioned	48	1.55
2 Not mentioned	2988	96.29
7 Refused	4	0.13
8 Not ascertained	52	1.68
9 Don't know	11	0.35

Frequency Missing = 31422

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.004_04.000: Sees an "other" type of provider for routine care

PROVRTN4	Frequency	Percent
1 Mentioned	144	4.64
2 Not mentioned	2892	93.20
7 Refused	4	0.13
8 Not ascertained	52	1.68
9 Don't know	11	0.35

Frequency Missing = 31422

ALT.010_00.000: Used chiropractic or osteopathic manipulation, ever

COM_USE	Frequency	Percent
1 Yes	8662	25.09
2 No	24874	72.05
7 Refused	33	0.10
8 Not ascertained	933	2.70
9 Don't know	23	0.07

ALT.011_00.000: Saw a practitioner for chiropractic or osteopathic manipulation, ever

COM_EVER	Frequency	Percent
1 Yes	7905	91.26
2 No	745	8.60
7 Refused	1	0.01
8 Not ascertained	3	0.03
9 Don't know	8	0.09

Frequency Missing = 25863

ALT.012_00.000: Saw a practitioner for chiropractic or osteopathic manipulation, past 12 months

COM_USEM	Frequency	Percent
1 Yes	2785	35.23
2 No	5117	64.73
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.04

Frequency Missing = 26620

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 Adult Alternative Medicine Public Use File (alhealth)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.013_00.000: Used chiropractic or osteopathic manipulation, past 12 months

COM_USM	Frequency	Percent
1 Yes	208	3.54
2 No	5663	96.41
7 Refused	1	0.02
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 28651

ALT.014_00.000: Type of practitioner seen for
chiropractic or osteopathic manipulation

COM_TYPE	Frequency	Percent
1 Chiropractor	2672	95.94
2 Osteopathic physician	47	1.69
3 Both	59	2.12
7 Refused	0	0.00
8 Not ascertained	2	0.07
9 Don't know	5	0.18

Frequency Missing = 31740

ALT.015_00.000: Type of practitioner seen the most for chiropractic
or osteopathic manipulation, past 12 months

COM_PMST	Frequency	Percent
1 Chiropractor	42	71.19
2 Osteopathic physician	15	25.42
7 Refused	0	0.00
8 Not ascertained	1	1.69
9 Don't know	1	1.69

Frequency Missing = 34466

ALT.016_00.000: Practitioner seen for chiropractic
manipulation is also personal healthcare provider

COM_PHCP	Frequency	Percent
1 Yes	163	85.79
2 No	27	14.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34335

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.017_00.000: Knows exact number of times saw a practitioner
 of chiropractic or osteopathic manipulation, past 12 months

COM_PTIM	Frequency	Percent
1 Yes	2319	83.27
2 No	429	15.40
7 Refused	1	0.04
8 Not ascertained	4	0.14
9 Don't know	32	1.15

Frequency Missing = 31740

ALT.018_00.000: Exact number of times saw a practitioner for
 chiropractic or osteopathic manipulation, past 12 months

COM_TMNO	Frequency	Percent
01-52 1-52	2318	99.96
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	0.04

Frequency Missing = 32206

ALT.019_00.000: Approximate number of times saw practitioner
 for chiropractic or osteopathic manipulation, past 12 months

COM_TMCT	Frequency	Percent
01 Only 1 time	25	5.41
02 2-5 times	142	30.74
03 6-10 times	94	20.35
04 11-15 times	75	16.23
05 16-20 times	31	6.71
06 21-25 times	27	5.84
07 More than 25 times	56	12.12
97 Refused	0	0.00
98 Not ascertained	1	0.22
99 Don't know	11	2.38

Frequency Missing = 34063

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.021_00.000: Any cost of seeing practitioner for chiropractic/osteopathic manipulation was covered by insurance

COM_HIC	Frequency	Percent
1 Yes	1686	60.54
2 No	1068	38.35
7 Refused	1	0.04
8 Not ascertained	6	0.22
9 Don't know	24	0.86

Frequency Missing = 31740

ALT.022_00.000: Portion of the cost of seeing practitioner for chiropractic/osteopathic manipulation covered by health insurance

COM_HICA	Frequency	Percent
1 All of the cost	540	32.03
2 Some of the cost	1131	67.08
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	14	0.83

Frequency Missing = 32839

ALT.023_00.000: Knows total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation

COM_HIT	Frequency	Percent
1 Yes	1691	75.52
2 No	472	21.08
7 Refused	3	0.13
8 Not ascertained	0	0.00
9 Don't know	73	3.26

Frequency Missing = 32286

ALT.024_00.000: Total amount paid out-of-pocket for seeing a practitioner for chiropractic/osteopathic manipulation

COM_HITS	Frequency	Percent
00000-26000 \$0-26000	1680	99.35
99997 Refused	3	0.18
99998 Not ascertained	0	0.00
99999 Don't know	8	0.47

Frequency Missing = 32834

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.025_00.010: Knows average amount paid out-of-pocket for each visit for chiropractic/osteopathic manipulation

COM_AVGC	Frequency	Percent
1 Yes	239	43.61
2 No	259	47.26
7 Refused	6	1.09
8 Not ascertained	0	0.00
9 Don't know	44	8.03

Frequency Missing = 33977

ALT.026_00.000: Average out-of-pocket cost paid for each visit to practitioner for chiropractic/osteopathic manipulation

COM_AVGS	Frequency	Percent
000-500 \$0-500	235	98.33
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	4	1.67

Frequency Missing = 34286

ALT.027_00.000: Bought self-help book or other materials to learn about chiropractic/osteopathic manipulation

COM_MAT	Frequency	Percent
1 Yes	38	1.36
2 No	2737	98.28
7 Refused	3	0.11
8 Not ascertained	6	0.22
9 Don't know	1	0.04

Frequency Missing = 31740

ALT.028_00.000: Amount paid for self-help book or other materials to learn about chiropractic/osteopathic manipulation

COM_MATC	Frequency	Percent
000-200 \$0-200	34	89.47
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	4	10.53

Frequency Missing = 34487

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.037_00.000: Used massage for health, ever

MAS_USE	Frequency	Percent
1 Yes	5321	15.41
2 No	28204	81.69
7 Refused	37	0.11
8 Not ascertained	947	2.74
9 Don't know	16	0.05

ALT.038_00.000: Saw a practitioner for massage, ever

MAS_EVER	Frequency	Percent
1 Yes	4334	81.45
2 No	986	18.53
7 Refused	0	0.00
8 Not ascertained	1	0.02
9 Don't know	0	0.00

Frequency Missing = 29204

ALT.039_00.000: Saw a practitioner for massage, past 12 months

MAS_USEM	Frequency	Percent
1 Yes	2276	52.51
2 No	2053	47.37
7 Refused	1	0.02
8 Not ascertained	1	0.02
9 Don't know	3	0.07

Frequency Missing = 30191

ALT.040_00.000: Used massage, past 12 months

MAS_USM	Frequency	Percent
1 Yes	675	22.18
2 No	2366	77.75
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	1	0.03

Frequency Missing = 31482

2012 National Health Interview Survey (NHIS) 12
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.041_00.000: Knows exact number of times saw
 a practitioner for massage, past 12 months

MAS_PTIM	Frequency	Percent
1 Yes	2022	88.84
2 No	234	10.28
7 Refused	0	0.00
8 Not ascertained	1	0.04
9 Don't know	19	0.83

Frequency Missing = 32249

ALT.042_00.000: Exact number of times saw
 a practitioner for massage, past 12 months

MAS_TMNO	Frequency	Percent
01-52 1-52	2020	99.90
97 Refused	1	0.05
98 Not ascertained	0	0.00
99 Don't know	1	0.05

Frequency Missing = 32503

ALT.043_00.000: Approximate number of times saw
 a practitioner for massage, past 12 months

MAS_TMCT	Frequency	Percent
01 Only 1 time	12	4.74
02 2-5 times	125	49.41
03 6-10 times	40	15.81
04 11-15 times	29	11.46
05 16-20 times	11	4.35
06 21-25 times	8	3.16
07 More than 25 times	23	9.09
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	5	1.98

Frequency Missing = 34272

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.044_00.000: Any cost of seeing practitioner
 for massage was covered by insurance

MAS_HIC	Frequency	Percent
1 Yes	362	15.91
2 No	1897	83.35
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	15	0.66

Frequency Missing = 32249

ALT.045_00.000: Portion of the cost of seeing practitioner
 for massage covered by health insurance

MAS_HICA	Frequency	Percent
1 All of the cost	174	48.07
2 Some of the cost	180	49.72
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	8	2.21

Frequency Missing = 34163

ALT.046_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for massage

MAS_HIT	Frequency	Percent
1 Yes	1734	82.53
2 No	311	14.80
7 Refused	3	0.14
8 Not ascertained	0	0.00
9 Don't know	53	2.52

Frequency Missing = 32424

ALT.047_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for massage

MAS_HITS	Frequency	Percent
00000-26000 \$0-26000	1729	99.71
99997 Refused	2	0.12
99998 Not ascertained	1	0.06
99999 Don't know	2	0.12

Frequency Missing = 32791

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.048_00.000: Knows average amount paid
 out-of-pocket for each visit for massage

MAS_AVGC	Frequency	Percent
1 Yes	136	37.06
2 No	195	53.13
7 Refused	4	1.09
8 Not ascertained	0	0.00
9 Don't know	32	8.72

Frequency Missing = 34158

ALT.049_00.000: Average out-of-pocket cost paid for each massage visit

MAS_AVGS	Frequency	Percent
000-500 \$0-500	136	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34389

ALT.050_00.000: Bought self-help book or other materials to learn about massage

MAS_MAT	Frequency	Percent
1 Yes	52	2.28
2 No	2219	97.50
7 Refused	1	0.04
8 Not ascertained	3	0.13
9 Don't know	1	0.04

Frequency Missing = 32249

ALT.051_00.000: Amount paid for self-help book
 or other materials to learn about massage

MAS_MATC	Frequency	Percent
000-200 \$0-200	48	92.31
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	4	7.69

Frequency Missing = 34473

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.061_00.000: Used acupuncture for health, ever

ACU_USE	Frequency	Percent
1 Yes	2278	6.60
2 No	31238	90.48
7 Refused	36	0.10
8 Not ascertained	958	2.77
9 Don't know	15	0.04

ALT.062_00.000: Saw a practitioner for acupuncture, ever

ACU_EVER	Frequency	Percent
1 Yes	2135	93.72
2 No	142	6.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.04

Frequency Missing = 32247

ALT.063_00.000: Saw a practitioner for acupuncture, past 12 months

ACU_USEM	Frequency	Percent
1 Yes	572	26.79
2 No	1563	73.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 32390

ALT.064_00.000: Used acupuncture, past 12 months

ACU_USM	Frequency	Percent
1 Yes	32	1.88
2 No	1674	98.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 32819

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.065_00.000: Knows exact number of times saw
 a practitioner for acupuncture, past 12 months

ACU_PTIM	Frequency	Percent
1 Yes	512	89.51
2 No	57	9.97
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.52

Frequency Missing = 33953

ALT.066_00.000: Exact number of times saw a
 practitioner for acupuncture, past 12 months

ACU_TMNO	Frequency	Percent
01-52 1-52	512	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34013

ALT.067_00.000: Approximate number of times saw
 a practitioner for acupuncture, past 12 months

ACU_TMCT	Frequency	Percent
01 Only 1 time	7	11.67
02 2-5 times	29	48.33
03 6-10 times	10	16.67
04 11-15 times	1	1.67
05 16-20 times	6	10.00
06 21-25 times	1	1.67
07 More than 25 times	5	8.33
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	1.67

Frequency Missing = 34465

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 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.068_00.000: Any cost of seeing practitioner
 for acupuncture was covered by insurance

ACU_HIC	Frequency	Percent
1 Yes	161	28.15
2 No	402	70.28
7 Refused	0	0.00
8 Not ascertained	1	0.17
9 Don't know	8	1.40

Frequency Missing = 33953

ALT.069_00.000: Portion of the cost of seeing practitioner
 for acupuncture covered by health insurance

ACU_HICA	Frequency	Percent
1 All of the cost	72	44.72
2 Some of the cost	86	53.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	1.86

Frequency Missing = 34364

ALT.070_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for acupuncture

ACU_HIT	Frequency	Percent
1 Yes	392	78.56
2 No	86	17.23
7 Refused	1	0.20
8 Not ascertained	0	0.00
9 Don't know	20	4.01

Frequency Missing = 34026

ALT.071_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for acupuncture

ACU_HITS	Frequency	Percent
00000-26000 \$0-26000	391	99.74
99997 Refused	1	0.26
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 34133

ALT.072_00.000: Knows average amount paid
 out-of-pocket per visit for acupuncture

ACU_AVGC	Frequency	Percent
1 Yes	30	28.04
2 No	59	55.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	16.82

Frequency Missing = 34418

ALT.073_00.000: Average out-of-pocket cost paid for each acupuncture visit

ACU_AVGS	Frequency	Percent
000-500 \$0-500	29	96.67
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	1	3.33

Frequency Missing = 34495

ALT.074_00.000: Bought self-help book or other
 materials to learn about acupuncture

ACU_MAT	Frequency	Percent
1 Yes	16	2.80
2 No	554	96.85
7 Refused	0	0.00
8 Not ascertained	1	0.17
9 Don't know	1	0.17

Frequency Missing = 33953

ALT.075_00.000: Amount paid for self-help book
 or other materials to learn about acupuncture

ACU_MATC	Frequency	Percent
000-200 \$0-200	15	93.75
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	1	6.25

Frequency Missing = 34509

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 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.085_00.000: Used energy healing therapy for health, ever

EHT_USE	Frequency	Percent
1 Yes	544	1.58
2 No	32963	95.48
7 Refused	34	0.10
8 Not ascertained	965	2.80
9 Don't know	19	0.06

ALT.086_00.000: Saw a practitioner for energy healing therapy, ever

EHT_EVER	Frequency	Percent
1 Yes	398	73.16
2 No	146	26.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33981

ALT.087_00.000: Saw a practitioner for energy healing therapy, past 12 months

EHT_USEM	Frequency	Percent
1 Yes	173	43.47
2 No	225	56.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34127

ALT.088_00.000: Used energy healing therapy, past 12 months

EHT_USM	Frequency	Percent
1 Yes	99	26.68
2 No	270	72.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.54

Frequency Missing = 34154

2012 National Health Interview Survey (NHIS) 20
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.089_00.000: Knows exact number of times saw a practitioner
 for energy healing therapy, past 12 months

EHT_PTIM	Frequency	Percent
1 Yes	155	89.60
2 No	16	9.25
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.16

Frequency Missing = 34352

ALT.090_00.000: Exact number of times saw a practitioner
 for energy healing therapy, past 12 months

EHT_TMNO	Frequency	Percent
01-52 1-52	155	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34370

ALT.091_00.000: Approximate number of times saw a practitioner
 for energy healing therapy, past 12 months

EHT_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	8	44.44
03 6-10 times	4	22.22
04 11-15 times	2	11.11
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	4	22.22
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34507

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.092_00.000: Any cost of seeing a practitioner for energy healing therapy was covered by insurance

EHT_HIC	Frequency	Percent
1 Yes	14	8.09
2 No	158	91.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.58

Frequency Missing = 34352

ALT.093_00.000: Portion of the cost of seeing a practitioner for energy healing therapy covered by health insurance

EHT_HICA	Frequency	Percent
1 All of the cost	9	64.29
2 Some of the cost	5	35.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34511

ALT.094_00.000: Knows total amount paid out-of-pocket for seeing a practitioner for energy healing therapy

EHT_HIT	Frequency	Percent
1 Yes	136	82.93
2 No	24	14.63
7 Refused	1	0.61
8 Not ascertained	0	0.00
9 Don't know	3	1.83

Frequency Missing = 34361

ALT.095_00.000: Total amount paid for seeing a practitioner for energy healing therapy

EHT_HITS	Frequency	Percent
00000-26000 \$0-26000	135	99.26
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	0.74

Frequency Missing = 34389

2012 National Health Interview Survey (NHIS) 22
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.096_00.000: Knows average amount paid out-of-pocket
 per visit for energy healing therapy

EHT_AVGC	Frequency	Percent
1 Yes	5	17.86
2 No	19	67.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	14.29

Frequency Missing = 34497

ALT.097_00.000: Average out-of-pocket cost
 paid for each energy healing therapy visit

EHT_AVGS	Frequency	Percent
000-500 \$0-500	5	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34520

ALT.098_00.000: Bought self-help book or other
 materials to learn about energy healing therapy

EHT_MAT	Frequency	Percent
1 Yes	34	19.65
2 No	139	80.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34352

ALT.099_00.000: Amount paid for self-help book or other
 materials to learn about energy healing therapy

EHT_MATC	Frequency	Percent
000-200 \$0-200	32	94.12
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	5.88

Frequency Missing = 34491

ALT.109_00.000: Used naturopathy for health, ever

NAT_USE	Frequency	Percent
1 Yes	555	1.61
2 No	32955	95.45
7 Refused	35	0.10
8 Not ascertained	966	2.80
9 Don't know	14	0.04

ALT.110_00.000: Saw a practitioner for naturopathy, ever

NAT_EVER	Frequency	Percent
1 Yes	400	72.07
2 No	155	27.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33970

ALT.111_00.000: Saw a practitioner for naturopathy, past 12 months

NAT_USEM	Frequency	Percent
1 Yes	147	36.75
2 No	253	63.25
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34125

ALT.112_00.000: Used naturopathy, past 12 months

NAT_USM	Frequency	Percent
1 Yes	129	31.62
2 No	279	68.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34117

2012 National Health Interview Survey (NHIS) 24
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.113_00.000: Knows exact number of times saw
 a practitioner for naturopathy, past 12 months

NAT_PTIM	Frequency	Percent
1 Yes	127	86.39
2 No	19	12.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.68

Frequency Missing = 34378

ALT.114_00.000: Exact number of times saw a
 practitioner for naturopathy, past 12 months

NAT_TMNO	Frequency	Percent
01-52 1-52	127	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34398

ALT.115_00.000: Approximate number of times saw
 a practitioner for naturopathy, past 12 months

NAT_TMCT	Frequency	Percent
01 Only 1 time	4	20.00
02 2-5 times	10	50.00
03 6-10 times	3	15.00
04 11-15 times	0	0.00
05 16-20 times	1	5.00
06 21-25 times	0	0.00
07 More than 25 times	2	10.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34505

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.116_00.000: Any cost of seeing practitioner
 for naturopathy was covered by insurance

NAT_HIC	Frequency	Percent
1 Yes	29	19.73
2 No	117	79.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.68

Frequency Missing = 34378

ALT.117_00.000: Portion of the cost of seeing practitioner
 for naturopathy covered by insurance

NAT_HICA	Frequency	Percent
1 All of the cost	6	20.69
2 Some of the cost	22	75.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	3.45

Frequency Missing = 34496

ALT.118_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for naturopathy

NAT_HIT	Frequency	Percent
1 Yes	123	87.23
2 No	15	10.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	2.13

Frequency Missing = 34384

ALT.119_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for naturopathy

NAT_HITS	Frequency	Percent
00000-26000 \$0-26000	123	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 34402

2012 National Health Interview Survey (NHIS) 26
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.120_00.000: Knows average amount paid out-of-pocket per visit for seeing a practitioner for naturopathy

NAT_AVGC	Frequency	Percent
1 Yes	6	33.33
2 No	10	55.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	11.11

Frequency Missing = 34507

ALT.121_00.000: Average out-of-pocket cost paid for each naturopathy visit

NAT_AVGS	Frequency	Percent
000-500 \$0-500	6	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34519

ALT.122_00.000: Bought self-help book or other materials to learn about naturopathy

NAT_MAT	Frequency	Percent
1 Yes	27	18.37
2 No	120	81.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34378

ALT.123_00.000: Amount paid for self-help book or other materials to learn about naturopathy

NAT_MATC	Frequency	Percent
000-200 \$0-200	25	92.59
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	7.41

Frequency Missing = 34498

ALT.133_00.000: Used hypnosis for health, ever

HYP_USE	Frequency	Percent
1 Yes	567	1.64
2 No	32942	95.41
7 Refused	35	0.10
8 Not ascertained	967	2.80
9 Don't know	14	0.04

ALT.134_00.000: Saw a practitioner for hypnosis, ever

HYP_EVER	Frequency	Percent
1 Yes	463	81.66
2 No	104	18.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33958

ALT.135_00.000: Saw a practitioner for hypnosis, past 12 months

HYP_USEM	Frequency	Percent
1 Yes	52	11.23
2 No	411	88.77
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34062

ALT.136_00.000: Did breathing exercises as part of hypnosis

HYP_BRTH	Frequency	Percent
1 Yes	39	75.00
2 No	12	23.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.92

Frequency Missing = 34473

ALT.137_00.000: Used hypnosis, past 12 months

HYP_USM	Frequency	Percent
1 Yes	38	7.38
2 No	477	92.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34010

ALT.138_00.000: Knows exact number of times saw a practitioner for hypnosis, past 12 months

HYP_PTIM	Frequency	Percent
1 Yes	47	90.38
2 No	5	9.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34473

ALT.139_00.000: Exact number of times saw a practitioner for hypnosis, past 12 months

HYP_TMNO	Frequency	Percent
01-52 1-52	47	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34478

ALT.140_00.000: Approximate number of times saw a practitioner for hypnosis, past 12 months

HYP_TMCT	Frequency	Percent
01 Only 1 time	1	20.00
02 2-5 times	2	40.00
03 6-10 times	1	20.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	1	20.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34520

ALT.141_00.000: Any cost of seeing practitioner
 for hypnosis was covered by insurance

HYP_HIC	Frequency	Percent
1 Yes	9	17.31
2 No	43	82.69
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34473

ALT.142_00.000: Portion of the cost of seeing
 practitioner for hypnosis covered by insurance

HYP_HICA	Frequency	Percent
1 All of the cost	3	33.33
2 Some of the cost	6	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34516

ALT.143_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for hypnosis

HYP_HIT	Frequency	Percent
1 Yes	39	79.59
2 No	9	18.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.04

Frequency Missing = 34476

ALT.144_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for hypnosis

HYP_HITS	Frequency	Percent
00000-26000 \$0-26000	39	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 34486

2012 National Health Interview Survey (NHIS) 30
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.145_00.000: Knows average amount paid out-of-pocket
 per visit for seeing a practitioner for hypnosis

HYP_AVGC	Frequency	Percent
1 Yes	2	20.00
2 No	8	80.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34515

ALT.146_00.000: Average amount paid out-of-pocket
 per visit for seeing a practitioner for hypnosis

HYP_AVGS	Frequency	Percent
000-500 \$0-500	2	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34523

ALT.147_00.000: Bought self-help book or other materials to learn about hypnosis

HYP_MAT	Frequency	Percent
1 Yes	17	18.89
2 No	73	81.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34435

ALT.148_00.000: Amount paid for self-help book
 or other materials to learn about hypnosis

HYP_MATC	Frequency	Percent
000-200 \$0-200	17	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34508

2012 National Health Interview Survey (NHIS) 31
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.158_00.000: Used biofeedback for health, ever

BIO_USE	Frequency	Percent
1 Yes	389	1.13
2 No	33106	95.89
7 Refused	38	0.11
8 Not ascertained	970	2.81
9 Don't know	22	0.06

ALT.159_00.000: Saw a practitioner for biofeedback, ever

BIO_EVER	Frequency	Percent
1 Yes	292	75.06
2 No	96	24.68
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.26

Frequency Missing = 34136

ALT.160_00.000: Saw a practitioner for biofeedback, past 12 months

BIO_USEM	Frequency	Percent
1 Yes	45	15.41
2 No	247	84.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34233

ALT.161_00.000: Did breathing exercises as part of biofeedback

BIO_BRTH	Frequency	Percent
1 Yes	24	53.33
2 No	21	46.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34480

2012 National Health Interview Survey (NHIS) 32
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.162_00.000: Used biofeedback, past 12 months

BIO_USM	Frequency	Percent
1 Yes	62	18.02
2 No	282	81.98
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34181

ALT.163_00.000: Knows exact number of times saw a practitioner for biofeedback, past 12 months

BIO_PTIM	Frequency	Percent
1 Yes	34	75.56
2 No	9	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	4.44

Frequency Missing = 34480

ALT.164_00.000: Exact number of times saw a practitioner for biofeedback, past 12 months

BIO_TMNO	Frequency	Percent
01-52 1-52	34	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34491

ALT.165_00.000: Approximate number of times saw a practitioner for biofeedback, past 12 months

BIO_TMCT	Frequency	Percent
01 Only 1 time	3	27.27
02 2-5 times	1	9.09
03 6-10 times	2	18.18
04 11-15 times	2	18.18
05 16-20 times	1	9.09
06 21-25 times	0	0.00
07 More than 25 times	1	9.09
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	9.09

Frequency Missing = 34514

2012 National Health Interview Survey (NHIS) 33
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.166_00.000: Any cost of seeing practitioner
 for biofeedback was covered by insurance

BIO_HIC	Frequency	Percent
1 Yes	24	53.33
2 No	20	44.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.22

Frequency Missing = 34480

ALT.167_00.000: Portion of the cost of seeing practitioner
 for biofeedback covered by insurance

BIO_HICA	Frequency	Percent
1 All of the cost	9	37.50
2 Some of the cost	13	54.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	8.33

Frequency Missing = 34501

ALT.168_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for biofeedback

BIO_HIT	Frequency	Percent
1 Yes	22	61.11
2 No	11	30.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	8.33

Frequency Missing = 34489

ALT.169_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for biofeedback

BIO_HITS	Frequency	Percent
00000-26000 \$0-26000	22	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 34503

2012 National Health Interview Survey (NHIS) 34
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.170_00.000: Knows average amount paid out-of-pocket per visit for seeing a practitioner for biofeedback

BIO_AVGC	Frequency	Percent
1 Yes	2	14.29
2 No	9	64.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	21.43

Frequency Missing = 34511

ALT.171_00.000: Average amount paid out-of-pocket per visit for biofeedback

BIO_AVGS	Frequency	Percent
000-500 \$0-500	2	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34523

ALT.172_00.000: Bought self-help book or other materials to learn about biofeedback

BIO_MAT	Frequency	Percent
1 Yes	14	13.08
2 No	93	86.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34418

ALT.173_00.000: Amount paid for self-help book or other materials to learn about biofeedback

BIO_MATC	Frequency	Percent
000-200 \$0-200	14	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34511

2012 National Health Interview Survey (NHIS) 35
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.183_00.000: Used ayurveda for health, ever

AYU_USE	Frequency	Percent
1 Yes	194	0.56
2 No	33300	96.45
7 Refused	38	0.11
8 Not ascertained	971	2.81
9 Don't know	22	0.06

ALT.184_00.000: Saw a practitioner for ayurveda, ever

AYU_EVER	Frequency	Percent
1 Yes	113	58.25
2 No	81	41.75
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34331

ALT.185_00.000: Saw a practitioner for ayurveda, past 12 months

AYU_USEM	Frequency	Percent
1 Yes	35	30.97
2 No	78	69.03
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34412

ALT.186_00.000: Used ayurveda, past 12 months

AYU_USM	Frequency	Percent
1 Yes	61	38.36
2 No	98	61.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34366

2012 National Health Interview Survey (NHIS) 36
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.187_00.000: Knows exact number of times saw
 a practitioner for ayurveda, past 12 months

AYU_PTIM	Frequency	Percent
1 Yes	30	85.71
2 No	5	14.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34490

ALT.188_00.000: Exact number of times saw a
 practitioner for ayurveda, past 12 months

AYU_TMNO	Frequency	Percent
01-52 1-52	30	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34495

ALT.189_00.000: Approximate number of times saw
 a practitioner for ayurveda, past 12 months

AYU_TMCT	Frequency	Percent
01 Only 1 time	2	40.00
02 2-5 times	2	40.00
03 6-10 times	1	20.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34520

ALT.190_00.000: Any cost of seeing practitioner
 for ayurveda was covered by insurance

AYU_HIC	Frequency	Percent
1 Yes	2	5.71
2 No	33	94.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34490

ALT.191_00.000: Portion of the cost of seeing
 practitioner for ayurveda covered by insurance

AYU_HICA	Frequency	Percent
1 All of the cost	0	0.00
2 Some of the cost	2	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34523

ALT.192_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for ayurveda

AYU_HIT	Frequency	Percent
1 Yes	26	74.29
2 No	9	25.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34490

ALT.193_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for ayurveda

AYU_HITS	Frequency	Percent
00000-26000 \$0-26000	26	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 34499

ALT.194_00.000: Knows average amount paid out-of-pocket per visit for ayurveda

AYU_AVGC	Frequency	Percent
1 Yes	3	33.33
2 No	6	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34516

ALT.195_00.000: Average out-of-pocket cost paid for each ayurveda visit

AYU_AVGS	Frequency	Percent
000-500 \$0-500	3	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34522

ALT.196_00.000: Bought self-help book or other materials to learn about ayurveda

AYU_MAT	Frequency	Percent
1 Yes	6	17.14
2 No	29	82.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34490

ALT.197_00.000: Amount paid for self-help book or other materials to learn about ayurveda

AYU_MATC	Frequency	Percent
000-200 \$0-200	6	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34519

2012 National Health Interview Survey (NHIS) 39
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.207_00.000: Used chelation therapy for health, ever

CHE_USE	Frequency	Percent
1 Yes	71	0.21
2 No	33418	96.79
7 Refused	39	0.11
8 Not ascertained	972	2.82
9 Don't know	25	0.07

ALT.208_00.000: Saw a practitioner for chelation therapy, ever

CHE_EVER	Frequency	Percent
1 Yes	51	71.83
2 No	20	28.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34454

ALT.209_00.000: Saw a practitioner for chelation therapy, past 12 months

CHE_USEM	Frequency	Percent
1 Yes	10	19.61
2 No	41	80.39
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34474

ALT.210_00.000: Used chelation therapy, past 12 months

CHE_USM	Frequency	Percent
1 Yes	7	11.48
2 No	54	88.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34464

2012 National Health Interview Survey (NHIS) 40
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.211_00.000: Knows exact number of times saw a practitioner for chelation therapy, past 12 months

CHE_PTIM	Frequency	Percent
1 Yes	9	90.00
2 No	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	10.00

Frequency Missing = 34515

ALT.212_00.000: Exact number of times saw a practitioner for chelation therapy, past 12 months

CHE_TMNO	Frequency	Percent
01-52 1-52	9	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34516

ALT.213_00.000: Approximate number of times saw a practitioner for chelation therapy, past 12 months

CHE_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	0	0.00
03 6-10 times	1	100.00
04 11-15 times	0	0.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34524

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.214_00.000: Any cost of seeing practitioner
 for chelation therapy was covered by insurance

CHE_HIC	Frequency	Percent
1 Yes	1	10.00
2 No	9	90.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34515

ALT.215_00.000: Portion of the cost of seeing practitioner
 for chelation therapy covered by insurance

CHE_HICA	Frequency	Percent
1 All of the cost	0	0.00
2 Some of the cost	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34524

ALT.216_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for chelation therapy

CHE_HIT	Frequency	Percent
1 Yes	9	90.00
2 No	1	10.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34515

ALT.217_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for chelation therapy

CHE_HITS	Frequency	Percent
00000-26000 \$0-26000	9	100.00
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	0	0.00

Frequency Missing = 34516

2012 National Health Interview Survey (NHIS) 42
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.218_00.000: Knows average amount paid out-of-pocket
 per visit for chelation therapy

CHE_AVGC	Frequency	Percent
1 Yes	0	0.00
2 No	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34524

ALT.219_00.000: Average amount paid out-of-pocket
 for each chelation therapy visit

CHE_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 34525

ALT.220_00.000: Bought self-help book or other
 materials to learn about chelation therapy

CHE_MAT	Frequency	Percent
1 Yes	0	0.00
2 No	10	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34515

ALT.221_00.000: Amount paid for self-help book or
 other materials to learn about chelation therapy

CHE_MATC	Frequency	Percent
000-200 \$0-200	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 34525

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.231_00.000: Used craniosacral therapy for health, ever

CST_USE	Frequency	Percent
1 Yes	273	0.79
2 No	33221	96.22
7 Refused	38	0.11
8 Not ascertained	974	2.82
9 Don't know	19	0.06

ALT.232_00.000: Saw a practitioner for craniosacral therapy, ever

CST_EVER	Frequency	Percent
1 Yes	239	87.55
2 No	34	12.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34252

ALT.233_00.000: Saw a practitioner for craniosacral therapy, past 12 months

CST_USEM	Frequency	Percent
1 Yes	88	36.82
2 No	151	63.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34286

ALT.234_00.000: Used craniosacral therapy, past 12 months

CST_USM	Frequency	Percent
1 Yes	21	11.35
2 No	164	88.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34340

2012 National Health Interview Survey (NHIS) 44
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.235_00.000: Knows exact number of times saw a practitioner
 for craniosacral therapy, past 12 months

CST_PTIM	Frequency	Percent
1 Yes	78	88.64
2 No	10	11.36
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34437

ALT.236_00.000: Exact number of times saw a practitioner
 for craniosacral therapy, past 12 months

CST_TMNO	Frequency	Percent
01-52 1-52	78	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34447

ALT.237_00.000: Approximate number of times saw a practitioner
 for craniosacral therapy, past 12 months

CST_TMCT	Frequency	Percent
01 Only 1 time	0	0.00
02 2-5 times	5	50.00
03 6-10 times	1	10.00
04 11-15 times	2	20.00
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	1	10.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	10.00

Frequency Missing = 34515

2012 National Health Interview Survey (NHIS) 45
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.238_00.000: Any cost of seeing practitioner for
 craniosacral therapy was covered by insurance

CST_HIC	Frequency	Percent
1 Yes	21	23.86
2 No	66	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.14

Frequency Missing = 34437

ALT.239_00.000: Portion of the cost of seeing practitioner
 for craniosacral therapy covered by insurance

CST_HICA	Frequency	Percent
1 All of the cost	10	47.62
2 Some of the cost	11	52.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34504

ALT.240_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for craniosacral therapy

CST_HIT	Frequency	Percent
1 Yes	62	79.49
2 No	13	16.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	3.85

Frequency Missing = 34447

ALT.241_00.000: Total amount paid out-of-pocket for
 seeing a practitioner for craniosacral therapy

CST_HITS	Frequency	Percent
00000-26000 \$0-26000	61	98.39
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	1.61

Frequency Missing = 34463

2012 National Health Interview Survey (NHIS) 46
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.242_00.000: Knows average amount paid out-of-pocket
 per visit for craniosacral therapy

CST_AVGC	Frequency	Percent
1 Yes	5	31.25
2 No	9	56.25
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	12.50

Frequency Missing = 34509

ALT.243_00.000: Average out-of-pocket cost
 paid for each craniosacral therapy visit

CST_AVGS	Frequency	Percent
000-500 \$0-500	5	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34520

ALT.244_00.000: Bought self-help book or other
 materials to learn about craniosacral therapy

CST_MAT	Frequency	Percent
1 Yes	7	7.95
2 No	81	92.05
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34437

ALT.245_00.000: Amount paid for self-help book or other
 materials to learn about craniosacral therapy

CST_MATC	Frequency	Percent
000-200 \$0-200	7	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34518

2012 National Health Interview Survey (NHIS) 47
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.255_00.000: Ever seen a traditional healer

TRD_EVR	Frequency	Percent
1 Yes	565	1.64
2 No	32928	95.37
7 Refused	36	0.10
8 Not ascertained	979	2.84
9 Don't know	17	0.05

ALT.256_01.000: Ever seen a Native American Healer or Medicine Man

TRDEVR1	Frequency	Percent
1 Mentioned	185	32.74
2 Not mentioned	375	66.37
7 Refused	1	0.18
8 Not ascertained	0	0.00
9 Don't know	4	0.71

Frequency Missing = 33960

ALT.256_02.000: Ever seen a Shaman

TRDEVR2	Frequency	Percent
1 Mentioned	123	21.77
2 Not mentioned	437	77.35
7 Refused	1	0.18
8 Not ascertained	0	0.00
9 Don't know	4	0.71

Frequency Missing = 33960

ALT.256_03.000: Ever seen a Curandero or Parchero

TRDEVR3	Frequency	Percent
1 Mentioned	99	17.52
2 Not mentioned	461	81.59
7 Refused	1	0.18
8 Not ascertained	0	0.00
9 Don't know	4	0.71

Frequency Missing = 33960

ALT.256_04.000: Ever seen a Yerbero or Hierbista

TRDEVR4	Frequency	Percent
1 Mentioned	78	13.81
2 Not mentioned	482	85.31
7 Refused	1	0.18
8 Not ascertained	0	0.00
9 Don't know	4	0.71

Frequency Missing = 33960

ALT.256_05.000: Ever seen a Sobador

TRDEVR5	Frequency	Percent
1 Mentioned	166	29.38
2 Not mentioned	394	69.73
7 Refused	1	0.18
8 Not ascertained	0	0.00
9 Don't know	4	0.71

Frequency Missing = 33960

ALT.256_06.000: Ever seen a Huesero

TRDEVR6	Frequency	Percent
1 Mentioned	39	6.90
2 Not mentioned	521	92.21
7 Refused	1	0.18
8 Not ascertained	0	0.00
9 Don't know	4	0.71

Frequency Missing = 33960

ALT.257_00.000: Saw a Native American Healer or Medicine Man, past 12 months

TRDU_NAH	Frequency	Percent
1 Yes	52	28.11
2 No	131	70.81
7 Refused	2	1.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34340

2012 National Health Interview Survey (NHIS) 49
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.258_00.000: Saw a Shaman, past 12 months

TRDU_SHA	Frequency	Percent
1 Yes	30	24.39
2 No	93	75.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34402

ALT.259_00.000: Saw a Curandero or Parchero, past 12 months

TRDU_CUR	Frequency	Percent
1 Yes	19	19.19
2 No	80	80.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34426

ALT.260_00.000: Saw a Yerbero or Hierbista, past 12 months

TRDU_YER	Frequency	Percent
1 Yes	25	32.05
2 No	52	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.28

Frequency Missing = 34447

ALT.261_00.000: Saw a Sobador, past 12 months

TRDU_SOB	Frequency	Percent
1 Yes	58	34.94
2 No	108	65.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34359

2012 National Health Interview Survey (NHIS) 50
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.262_00.000: Saw a Huesero, past 12 months

TRDU_HUE	Frequency	Percent
1 Yes	12	30.77
2 No	27	69.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34486

ALT.263_00.000: Knows exact number of times saw a traditional healer, past 12 months

TRD_PTIM	Frequency	Percent
1 Yes	130	76.47
2 No	40	23.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34355

ALT.264_00.000: Exact number of times saw a traditional healer, past 12 months

TRD_TMNO	Frequency	Percent
01-52 1-52	130	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34395

ALT.265_00.000: Approximate number of times saw a traditional healer, past 12 months

TRD_TMCT	Frequency	Percent
01 Only 1 time	10	25.00
02 2-5 times	23	57.50
03 6-10 times	4	10.00
04 11-15 times	0	0.00
05 16-20 times	1	2.50
06 21-25 times	0	0.00
07 More than 25 times	1	2.50
97 Refused	1	2.50
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34485

ALT.266_00.000: Any cost of seeing traditional healer was covered by insurance

TRD_HIC	Frequency	Percent
1 Yes	2	1.18
2 No	168	98.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34355

ALT.267_00.000: Portion of the cost of seeing traditional healer covered by insurance

TRD_HICA	Frequency	Percent
1 All of the cost	2	100.00
2 Some of the cost	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34523

ALT.268_00.000: Knows total amount paid out-of-pocket for seeing a traditional healer

TRD_HIT	Frequency	Percent
1 Yes	124	73.81
2 No	40	23.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	2.38

Frequency Missing = 34357

ALT.269_00.000: Total amount paid out-of-pocket for seeing a traditional healer

TRD_HITS	Frequency	Percent
00000-26000 \$0-26000	123	99.19
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	0.81

Frequency Missing = 34401

2012 National Health Interview Survey (NHIS) 52
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.270_00.000: Knows average amount paid out-of-pocket
 per visit to traditional healer

TRD_AVGC	Frequency	Percent
1 Yes	10	22.73
2 No	32	72.73
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	4.55

Frequency Missing = 34481

ALT.271_00.000: Average out-of-pocket cost
 paid for each traditional healer visit

TRD_AVGS	Frequency	Percent
000-500 \$0-500	10	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34515

ALT.272_00.000: Bought self-help book or other
 materials to learn about traditional healers

TRD_MAT	Frequency	Percent
1 Yes	13	7.65
2 No	157	92.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34355

ALT.273_00.000: Amount paid for self-help book or
 other materials to learn about traditional healers

TRD_MATC	Frequency	Percent
000-200 \$0-200	13	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34512

2012 National Health Interview Survey (NHIS) 53
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.283_00.000: Ever taken multi-vitamins or multi-minerals

AVT_USE	Frequency	Percent
1 Yes	22690	65.72
2 No	10753	31.15
7 Refused	53	0.15
8 Not ascertained	1000	2.90
9 Don't know	29	0.08

ALT.284_00.000: Taken multi-vitamins or multi-minerals in past 12 months

AVT_USM	Frequency	Percent
1 Yes	17493	77.10
2 No	5182	22.84
7 Refused	2	0.01
8 Not ascertained	2	0.01
9 Don't know	11	0.05

Frequency Missing = 11835

ALT.285_00.000: Ever taken vitamins A, B, C, D, E, H, or K

AVT_ABEV	Frequency	Percent
1 Yes	14323	41.49
2 No	19027	55.11
7 Refused	59	0.17
8 Not ascertained	1004	2.91
9 Don't know	112	0.32

ALT.286_00.000: Taken vitamins A,B,C,D,E,H, or K in past 12 months

AVT_ABUM	Frequency	Percent
1 Yes	11662	81.42
2 No	2648	18.49
7 Refused	0	0.00
8 Not ascertained	1	0.01
9 Don't know	12	0.08

Frequency Missing = 20202

2012 National Health Interview Survey (NHIS) 54
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.287_00.000: Ever taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium

AVT_CAEV	Frequency	Percent
1 Yes	12520	36.26
2 No	20850	60.39
7 Refused	61	0.18
8 Not ascertained	1005	2.91
9 Don't know	89	0.26

ALT.288_00.000: Taken calcium, magnesium, iron, chromium, zinc, selenium, or potassium in past 12 months

AVT_CAUM	Frequency	Percent
1 Yes	9891	79.00
2 No	2620	20.93
7 Refused	1	0.01
8 Not ascertained	0	0.00
9 Don't know	8	0.06

Frequency Missing = 22005

ALT.298_00.000: Ever taken any herbal or other non-vitamin supplements

AHB_EVR	Frequency	Percent
1 Yes	7864	22.78
2 No	25545	73.99
7 Refused	55	0.16
8 Not ascertained	1017	2.95
9 Don't know	44	0.13

ALT.299_00.000: Taken any herbal or other non-vitamin supplements in past 12 months

AHB_USM	Frequency	Percent
1 Yes	5974	75.97
2 No	1884	23.96
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	4	0.05

Frequency Missing = 26661

2012 National Health Interview Survey (NHIS) 55
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.300_01.000: Taken combination herb pill, past 12 months

AHBLST01	Frequency	Percent
1 Mentioned	563	9.42
2 Not mentioned	5381	90.07
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_02.000: Taken acai pills or gelpills, past 12 months

AHBLST02	Frequency	Percent
1 Mentioned	402	6.73
2 Not mentioned	5542	92.77
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_03.000: Taken bee pollen (or other bee products), past 12 months

AHBLST03	Frequency	Percent
1 Mentioned	317	5.31
2 Not mentioned	5627	94.19
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_04.000: Taken chondroitin, past 12 months

AHBLST04	Frequency	Percent
1 Mentioned	532	8.91
2 Not mentioned	5412	90.59
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

2012 National Health Interview Survey (NHIS) 56
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.300_05.000: Taken Co-enzyme Q10 (CoQ10), past 12 months

AHBLST05	Frequency	Percent
1 Mentioned	656	10.98
2 Not mentioned	5288	88.52
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_06.000: Taken cranberry pills or capsules, past 12 months

AHBLST06	Frequency	Percent
1 Mentioned	597	9.99
2 Not mentioned	5347	89.50
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_07.000: Taken digestive enzymes (lactaid), past 12 months

AHBLST07	Frequency	Percent
1 Mentioned	430	7.20
2 Not mentioned	5514	92.30
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_08.000: Taken echinacea, past 12 months

AHBLST08	Frequency	Percent
1 Mentioned	852	14.26
2 Not mentioned	5092	85.24
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

2012 National Health Interview Survey (NHIS) 57
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.300_09.000: Taken fish oil (or omega 3, DHA, or EPA fatty acid) supplements, past 12 months

AHBLST09	Frequency	Percent
1 Mentioned	3742	62.64
2 Not mentioned	2202	36.86
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_10.000: Taken garlic supplements, past 12 months

AHBLST10	Frequency	Percent
1 Mentioned	554	9.27
2 Not mentioned	5390	90.22
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_11.000: Taken Ginkgo Biloba, past 12 months

AHBLST11	Frequency	Percent
1 Mentioned	482	8.07
2 Not mentioned	5462	91.43
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_12.000: Taken Ginseng, past 12 months

AHBLST12	Frequency	Percent
1 Mentioned	644	10.78
2 Not mentioned	5300	88.72
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

2012 National Health Interview Survey (NHIS) 58
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.300_13.000: Taken glucosamine, past 12 months

AHBLST13	Frequency	Percent
1 Mentioned	1099	18.40
2 Not mentioned	4845	81.10
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_14.000: Taken green tea pills or EGCG pills, past 12 months

AHBLST14	Frequency	Percent
1 Mentioned	452	7.57
2 Not mentioned	5492	91.93
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_15.000: Taken melatonin, past 12 months

AHBLST15	Frequency	Percent
1 Mentioned	786	13.16
2 Not mentioned	5158	86.34
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_16.000: Taken milk thistle (silymarin), past 12 months

AHBLST16	Frequency	Percent
1 Mentioned	296	4.95
2 Not mentioned	5648	94.54
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

2012 National Health Interview Survey (NHIS) 59
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.300_17.000: Taken MSM (Methylsulfonylmethane), past 12 months

AHBLST17	Frequency	Percent
1 Mentioned	238	3.98
2 Not mentioned	5706	95.51
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_18.000: Taken probiotics or prebiotics, past 12 months

AHBLST18	Frequency	Percent
1 Mentioned	886	14.83
2 Not mentioned	5058	84.67
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_19.000: Taken SAM-e, past 12 months

AHBLST19	Frequency	Percent
1 Mentioned	79	1.32
2 Not mentioned	5865	98.18
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_20.000: Taken saw palmetto, past 12 months

AHBLST20	Frequency	Percent
1 Mentioned	214	3.58
2 Not mentioned	5730	95.92
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
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ALT.300_21.000: Taken valerian, past 12 months

AHBLST21	Frequency	Percent
1 Mentioned	232	3.88
2 Not mentioned	5712	95.61
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.300_22.000: Taken other herbs or non-vitamin supplements, past 12 months

AHBLST22	Frequency	Percent
1 Mentioned	1208	20.22
2 Not mentioned	4736	79.28
7 Refused	2	0.03
8 Not ascertained	2	0.03
9 Don't know	26	0.44

Frequency Missing = 28551

ALT.301_00.000: Has taken any specific herbs or other non-vitamin supplements in past 30 days

AHB_MON	Frequency	Percent
1 Yes	4491	75.56
2 No	1451	24.41
7 Refused	0	0.00
8 Not ascertained	1	0.02
9 Don't know	1	0.02

Frequency Missing = 28581

ALT.302_01.000: Taken combination herb pill, past 30 days

AHBLSM01	Frequency	Percent
1 Mentioned	378	8.42
2 Not mentioned	4113	91.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

2012 National Health Interview Survey (NHIS) 61
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.302_02.000: Taken acai pills or gencaps, past 30 days

AHBLSM02	Frequency	Percent
1 Mentioned	172	3.83
2 Not mentioned	4319	96.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_03.000: Taken bee pollen (or other bee products), past 30 days

AHBLSM03	Frequency	Percent
1 Mentioned	160	3.56
2 Not mentioned	4331	96.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_04.000: Taken chondroitin, past 30 days

AHBLSM04	Frequency	Percent
1 Mentioned	382	8.51
2 Not mentioned	4109	91.49
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_05.000: Taken co-enzyme Q10 (CoQ10), past 30 days

AHBLSM05	Frequency	Percent
1 Mentioned	488	10.87
2 Not mentioned	4003	89.13
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

2012 National Health Interview Survey (NHIS) 62
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.302_06.000: Taken cranberry pills or capsules, past 30 days

AHBLSM06	Frequency	Percent
1 Mentioned	315	7.01
2 Not mentioned	4176	92.99
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_07.000: Taken digestive enzymes (lactaid), past 30 days

AHBLSM07	Frequency	Percent
1 Mentioned	272	6.06
2 Not mentioned	4219	93.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_08.000: Taken echinacea, past 30 days

AHBLSM08	Frequency	Percent
1 Mentioned	353	7.86
2 Not mentioned	4138	92.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_09.000: Taken fish oil (or omega 3, DHA, or EPA fatty acid) supplements, past 30 days

AHBLSM09	Frequency	Percent
1 Mentioned	2762	61.50
2 Not mentioned	1729	38.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

2012 National Health Interview Survey (NHIS)
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.302_10.000: Taken garlic supplements, past 30 days

AHBLSM10	Frequency	Percent
1 Mentioned	323	7.19
2 Not mentioned	4168	92.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_11.000: Taken ginkgo biloba, past 30 days

AHBLSM11	Frequency	Percent
1 Mentioned	266	5.92
2 Not mentioned	4225	94.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_12.000: Taken ginseng, past 30 days

AHBLSM12	Frequency	Percent
1 Mentioned	297	6.61
2 Not mentioned	4194	93.39
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_13.000: Taken glucosamine, past 30 days

AHBLSM13	Frequency	Percent
1 Mentioned	783	17.43
2 Not mentioned	3708	82.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

2012 National Health Interview Survey (NHIS) 64
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.302_14.000: Taken green tea pills or EGCG pills, past 30 days

AHBLSM14	Frequency	Percent
1 Mentioned	240	5.34
2 Not mentioned	4251	94.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_15.000: Taken melatonin, past 30 days

AHBLSM15	Frequency	Percent
1 Mentioned	468	10.42
2 Not mentioned	4023	89.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_16.000: Taken milk thistle (silymarin), past 30 days

AHBLSM16	Frequency	Percent
1 Mentioned	163	3.63
2 Not mentioned	4328	96.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_17.000: Taken MSM (methylsulfonylmethane), past 30 days

AHBLSM17	Frequency	Percent
1 Mentioned	155	3.45
2 Not mentioned	4336	96.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

2012 National Health Interview Survey (NHIS) 65
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.302_18.000: Taken probiotics or prebiotics, past 30 days

AHBLSM18	Frequency	Percent
1 Mentioned	574	12.78
2 Not mentioned	3917	87.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_19.000: Taken SAM-e, past 30 days

AHBLSM19	Frequency	Percent
1 Mentioned	48	1.07
2 Not mentioned	4443	98.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_20.000: Taken saw palmetto, past 30 days

AHBLSM20	Frequency	Percent
1 Mentioned	143	3.18
2 Not mentioned	4348	96.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.302_21.000: Taken valerian, past 30 days

AHBLSM21	Frequency	Percent
1 Mentioned	116	2.58
2 Not mentioned	4375	97.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

2012 National Health Interview Survey (NHIS) 66
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.302_22.000: Taken other herb or non-vitamin supplement, past 30 days

AHBLSM22	Frequency	Percent
1 Mentioned	795	17.70
2 Not mentioned	3696	82.30
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 30034

ALT.303_00.000: Number of different combination herb pills taken

AHB_CHPN	Frequency	Percent
01-50 1-50	369	97.62
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	9	2.38

Frequency Missing = 34147

ALT.304_02.000: First combination herb pill taken included: acai

AHBCP102	Frequency	Percent
1 Mentioned	15	3.97
2 Not mentioned	286	75.66
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_03.000: First combination herb pill taken included: bee pollen or other bee products

AHBCP103	Frequency	Percent
1 Mentioned	16	4.23
2 Not mentioned	285	75.40
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

2012 National Health Interview Survey (NHIS) 67
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.304_04.000: First combination herb pill taken included: chondroitin

AHBCP104	Frequency	Percent
1 Mentioned	87	23.02
2 Not mentioned	214	56.61
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_05.000: First combination herb pill taken included: co-enzyme Q10 (CoQ10)

AHBCP105	Frequency	Percent
1 Mentioned	14	3.70
2 Not mentioned	287	75.93
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_06.000: First combination herb pill taken included: cranberry

AHBCP106	Frequency	Percent
1 Mentioned	10	2.65
2 Not mentioned	291	76.98
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_07.000: First combination herb pill taken included: digestive enzymes

AHBCP107	Frequency	Percent
1 Mentioned	14	3.70
2 Not mentioned	287	75.93
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

2012 National Health Interview Survey (NHIS) 68
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.304_08.000: First combination herb pill taken included: echinacea

AHBCP108	Frequency	Percent
1 Mentioned	32	8.47
2 Not mentioned	269	71.16
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_09.000: First combination herb pill taken included:
 fish oil (or omega 3, DHA, or EPA fatty acid)

AHBCP109	Frequency	Percent
1 Mentioned	39	10.32
2 Not mentioned	262	69.31
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_10.000: First combination herb pill taken included: garlic

AHBCP110	Frequency	Percent
1 Mentioned	16	4.23
2 Not mentioned	285	75.40
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_11.000: First combination herb pill taken included: ginkgo biloba

AHBCP111	Frequency	Percent
1 Mentioned	29	7.67
2 Not mentioned	272	71.96
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

2012 National Health Interview Survey (NHIS) 69
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.304_12.000: First combination herb pill taken included: ginseng

AHBCP112	Frequency	Percent
1 Mentioned	32	8.47
2 Not mentioned	269	71.16
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_13.000: First combination herb pill taken included: glucosamine

AHBCP113	Frequency	Percent
1 Mentioned	87	23.02
2 Not mentioned	214	56.61
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_14.000: First combination herb pill taken included: green tea or EGCG

AHBCP114	Frequency	Percent
1 Mentioned	19	5.03
2 Not mentioned	282	74.60
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_15.000: First combination herb pill taken included: melatonin

AHBCP115	Frequency	Percent
1 Mentioned	7	1.85
2 Not mentioned	294	77.78
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

2012 National Health Interview Survey (NHIS) 70
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.304_16.000: First combination herb pill
 taken included: milk thistle (silymarin)

AHBCP116	Frequency	Percent
1 Mentioned	18	4.76
2 Not mentioned	283	74.87
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_17.000: First combination herb pill
 taken included: MSM (methylsulfonylmethane)

AHBCP117	Frequency	Percent
1 Mentioned	30	7.94
2 Not mentioned	271	71.69
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_18.000: First combination herb pill
 taken included: probiotics or prebiotics

AHBCP118	Frequency	Percent
1 Mentioned	13	3.44
2 Not mentioned	288	76.19
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_19.000: First combination herb pill taken included: SAM-e

AHBCP119	Frequency	Percent
1 Mentioned	1	0.26
2 Not mentioned	300	79.37
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

2012 National Health Interview Survey (NHIS) 71
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.304_20.000: First combination herb pill taken included: saw palmetto

AHBCP120	Frequency	Percent
1 Mentioned	7	1.85
2 Not mentioned	294	77.78
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_21.000: First combination herb pill taken included: valerian

AHBCP121	Frequency	Percent
1 Mentioned	11	2.91
2 Not mentioned	290	76.72
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.304_22.000: First combination herb pill taken included: other herbs or non-vitamin supplements

AHBCP122	Frequency	Percent
1 Mentioned	130	34.39
2 Not mentioned	171	45.24
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	76	20.11

Frequency Missing = 34147

ALT.305_02.000: Second combination herb pill taken included: acai

AHBCP202	Frequency	Percent
1 Mentioned	3	2.68
2 Not mentioned	87	77.68
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

2012 National Health Interview Survey (NHIS) 72
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.305_03.000: Second combination herb pill taken
 included: bee pollen or other bee products

AHBCP203	Frequency	Percent
1 Mentioned	3	2.68
2 Not mentioned	87	77.68
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_04.000: Second combination herb pill taken included: chondroitin

AHBCP204	Frequency	Percent
1 Mentioned	6	5.36
2 Not mentioned	84	75.00
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_05.000: Second combination herb pill
 taken included: co-enzyme Q10 (CoQ10)

AHBCP205	Frequency	Percent
1 Mentioned	2	1.79
2 Not mentioned	88	78.57
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_06.000: Second combination herb pill taken included: cranberry

AHBCP206	Frequency	Percent
1 Mentioned	2	1.79
2 Not mentioned	88	78.57
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_07.000: Second combination herb pill taken included: digestive enzymes

AHBCP207	Frequency	Percent
1 Mentioned	2	1.79
2 Not mentioned	88	78.57
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_08.000: Second combination herb pill taken included: echinacea

AHBCP208	Frequency	Percent
1 Mentioned	5	4.46
2 Not mentioned	85	75.89
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_09.000: Second combination herb pill taken included:
 fish oil (or omega 3, DHA, or EPA fatty acid)

AHBCP209	Frequency	Percent
1 Mentioned	12	10.71
2 Not mentioned	78	69.64
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_10.000: Second combination herb pill taken included: garlic

AHBCP210	Frequency	Percent
1 Mentioned	4	3.57
2 Not mentioned	86	76.79
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_11.000: Second combination herb pill taken included: ginkgo biloba

AHBCP211	Frequency	Percent
1 Mentioned	4	3.57
2 Not mentioned	86	76.79
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_12.000: Second combination herb pill taken included: ginseng

AHBCP212	Frequency	Percent
1 Mentioned	13	11.61
2 Not mentioned	77	68.75
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_13.000: Second combination herb pill taken included: glucosamine

AHBCP213	Frequency	Percent
1 Mentioned	4	3.57
2 Not mentioned	86	76.79
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_14.000: Second combination herb pill taken included: green tea or EGCG

AHBCP214	Frequency	Percent
1 Mentioned	7	6.25
2 Not mentioned	83	74.11
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

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 Adult Alternative Medicine Public Use File (althealt)
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 Unweighted Frequencies

ALT.305_15.000: Second combination herb pill taken included: melatonin

AHBCP215	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	90	80.36
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_16.000: Second combination herb pill taken included: milk thistle (silymarin)

AHBCP216	Frequency	Percent
1 Mentioned	2	1.79
2 Not mentioned	88	78.57
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_17.000: Second combination herb pill taken included: MSM (methylsulfonylmethane)

AHBCP217	Frequency	Percent
1 Mentioned	2	1.79
2 Not mentioned	88	78.57
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_18.000: Second combination herb pill taken included: probiotics or prebiotics

AHBCP218	Frequency	Percent
1 Mentioned	1	0.89
2 Not mentioned	89	79.46
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

2012 National Health Interview Survey (NHIS) 76
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.305_19.000: Second combination herb pill taken included: SAM-e

AHBCP219	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	90	80.36
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_20.000: Second combination herb pill taken included: saw palmetto

AHBCP220	Frequency	Percent
1 Mentioned	4	3.57
2 Not mentioned	86	76.79
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_21.000: Second combination herb pill taken included: valerian

AHBCP221	Frequency	Percent
1 Mentioned	1	0.89
2 Not mentioned	89	79.46
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

ALT.305_22.000: Second combination herb pill taken included: other herbs or non-vitamin supplements

AHBCP222	Frequency	Percent
1 Mentioned	63	56.25
2 Not mentioned	27	24.11
7 Refused	1	0.89
8 Not ascertained	0	0.00
9 Don't know	21	18.75

Frequency Missing = 34413

2012 National Health Interview Survey (NHIS) 77
Adult Alternative Medicine Public Use File (althealt)
ALT Variables Tuesday, June 11, 2013
Unweighted Frequencies

ALT.306_00.000: Number of other herbs or non-vitamin
supplements taken, past 30 days

AHB_MOTH	Frequency	Percent
01-50 1-50	776	97.61
97 Refused	2	0.25
98 Not ascertained	0	0.00
99 Don't know	17	2.14

Frequency Missing = 33730

2012 National Health Interview Survey (NHIS) 78
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.307_01.000: Name of the first herb or
 non-vitamin supplement taken, past 30 days

AHB_LU1C	Frequency	Percent
001 5 HTP (5-Hydroxytryptophan)	12	1.55
002 Achillea (AKA Yarrowa)	1	0.13
003 Aloe Vera	7	0.90
004 Angelica (AKA Dang Gui or Dong Quai)	1	0.13
005 Androstenedione	0	0.00
006 Ashwagandha	5	0.65
007 Astragalus (AKA Huang Qi)	3	0.39
008 Ayurvedic herbs	3	0.39
009 Bearberry (AKA Uva Ursi)	0	0.00
010 Bilberry	8	1.03
011 Bitter Gourd (AKA Bitter Melon)	0	0.00
012 Bitter Melon (AKA Bitter Gourd)	1	0.13
013 Black cohosh	14	1.81
014 Black Mulberry berry or leaf (AKA Mulberry)	0	0.00
015 Blackroot	2	0.26
016 Buckthorn	0	0.00
017 Butterbur	3	0.39
018 Cactus	3	0.39
019 Carnitine	1	0.13
020 Cascara sagrada	2	0.26
021 Cassica senna (AKA Senna)	1	0.13
022 Cat's Claw	3	0.39
023 Cayenne	5	0.65
024 Chasteberry (AKA Vitex)	2	0.26
025 Common Rue (AKA Rue or Ruta graveolens)	0	0.00
026 Curcumin (AKA Turmeric)	4	0.52
027 Conjugated Linolenic Acid (CLA)	2	0.26
028 Crataegus (AKA Hawthorn or Thornapple)	1	0.13
029 Creatine	9	1.16
030 Dandelion	4	0.52
031 Dang Gui (AKA Angelica or Dong Quai)	0	0.00
032 Devil's Claw	1	0.13
033 DHEA (Dehydroepiandrosterone)	6	0.77
034 Dong Quai (AKA Angelica or Dang Gui)	2	0.26
035 Elderberry	2	0.26
036 Enzymes	7	0.90
037 Ephedra	1	0.13
038 Evening primrose oil	9	1.16
039 Feverfew	1	0.13
040 Fiber or Psyllium (pills or powder)	9	1.16
041 Flaxseed (Oil or Ground) in pill or capsule	68	8.77
042 Fenugreek	4	0.52
043 Garcinia (AKA Goat's Thorn)	1	0.13
044 Ginger pills or gelcaps	10	1.29
045 Goat's Thorn (AKA Garcinia)	0	0.00
046 Goji Berry in pills or capsules	0	0.00
047 Goldenseal (AKA Hydrastis)	5	0.65
048 Guarana	1	0.13
049 Grape Seed Extract	11	1.42
050 Hawthorn (AKA Crataegus or Thornapple)	7	0.90
051 Horehound	1	0.13
052 Horse chestnut	1	0.13

Frequency Missing = 33750

2012 National Health Interview Survey (NHIS) 79
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.307_01.000: Name of the first herb or
 non-vitamin supplement taken, past 30 days

AHB_LU1C	Frequency	Percent
053 Horny Goat Weed	0	0.00
054 Huang Qi (AKA Astragalus)	2	0.26
055 Hypericum (AKA St. Johns Wort)	0	0.00
056 Jin Bu Huan	1	0.13
057 Kava kava	2	0.26
058 Lavender tinctures or capsules (not oil)	1	0.13
059 Ligustrum (AKA Osha)	0	0.00
060 Linden flower (AKA Tilia)	1	0.13
061 Lecithin	1	0.13
062 Licorice root in pill or capsule	2	0.26
063 Lutein	8	1.03
064 Lycopene	1	0.13
065 Maca	3	0.39
066 Mulberry berry or leaf (AKA Black Mulberry)	2	0.26
067 Noni juice or extract in capsules or pills	3	0.39
068 Olive Leaf extract	2	0.26
069 Oregano in pill or capsule	7	0.90
070 Osha (AKA Ligustrum)	0	0.00
071 Pau d'arco	0	0.00
072 Peppermint oil capsule	3	0.39
073 Phido estrogens	0	0.00
074 Pine bark extract (AKA Pycnogenol)	1	0.13
075 Puncture vine (AKA Tribulus terrestris)	0	0.00
076 Pycnogenol (AKA Pine bark extract)	0	0.00
077 Rasyana herbs	0	0.00
078 Red yeast rice in pill or capsule	22	2.84
079 Rhodiola (AKA Roseroot)	2	0.26
080 Rose hips in pill or capsule	1	0.13
081 Roseroot (AKA Rhodiola)	0	0.00
082 Rue (AKA Common Rue or Ruta graveolens)	0	0.00
083 Ruta graveolens (AKA Common Rue or Rue)	1	0.13
084 Senna (AKA Cassica senna)	2	0.26
085 Siberian Ginseng (AKA Eleuthero, not a true Ginseng)	2	0.26
086 Slippery elm (AKA Ulmus)	0	0.00
087 Soy supplements or soy isoflavones	6	0.77
088 St. John's wort (AKA Hypericum)	19	2.45
089 Stevia	0	0.00
090 Thornapple (AKA Crataegus or Hawthorn)	0	0.00
091 Tilia (AKA Linden flower)	1	0.13
092 Tribulus Terrestris (AKA Puncture vine)	0	0.00
093 Turmeric (Curcumin)	20	2.58
094 Ulmus (AKA Slippery elm)	0	0.00
095 Uva Ursi (AKA Bearberry)	0	0.00
096 Vitex (AKA Chasteberry)	1	0.13
097 Yarrow (AKA Achillea)	0	0.00
098 Yohimbe or Yohimbine	0	0.00
099 Supplement not found	364	46.97
997 Refused	3	0.39
998 Not ascertained	0	0.00
999 Don't know	47	6.06

Frequency Missing = 33750

2012 National Health Interview Survey (NHIS) 80
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.308_01.000: Name of the second herb or
 non-vitamin supplement taken, past 30 days

AHB_LU2C	Frequency	Percent
001 5 HTP (5-Hydroxytryptophan)	3	0.67
002 Achillea (AKA Yarrowa)	0	0.00
003 Aloe Vera	2	0.44
004 Angelica (AKA Dang Gui or Dong Quai)	0	0.00
005 Androstenedione	1	0.22
006 Ashwagandha	4	0.89
007 Astragalus (AKA Huang Qi)	1	0.22
008 Ayurvedic herbs	0	0.00
009 Bearberry (AKA Uva Ursi)	1	0.22
010 Bilberry	2	0.44
011 Bitter Gourd (AKA Bitter Melon)	0	0.00
012 Bitter Melon (AKA Bitter Gourd)	0	0.00
013 Black cohosh	2	0.44
014 Black Mulberry berry or leaf (AKA Mulberry)	0	0.00
015 Blackroot	0	0.00
016 Buckthorn	0	0.00
017 Butterbur	0	0.00
018 Cactus	1	0.22
019 Carnitine	1	0.22
020 Cascara sagrada	1	0.22
021 Cassica senna (AKA Senna)	0	0.00
022 Cat's Claw	1	0.22
023 Cayenne	1	0.22
024 Chasteberry (AKA Vitex)	4	0.89
025 Common Rue (AKA Rue or Ruta graveolens)	0	0.00
026 Curcumin (AKA Turmeric)	2	0.44
027 Conjugated Linolenic Acid (CLA)	2	0.44
028 Crataegus (AKA Hawthorn or Thornapple)	0	0.00
029 Creatine	1	0.22
030 Dandelion	2	0.44
031 Dang Gui (AKA Angelica or Dong Quai)	1	0.22
032 Devil's Claw	0	0.00
033 DHEA (Dehydroepiandrosterone)	1	0.22
034 Dong Quai (AKA Angelica or Dang Gui)	0	0.00
035 Elderberry	0	0.00
036 Enzymes	0	0.00
037 Ephedra	0	0.00
038 Evening primrose oil	4	0.89
039 Feverfew	0	0.00
040 Fiber or Psyllium (pills or powder)	7	1.56
041 Flaxseed (Oil or Ground) in pill or capsule	13	2.89
042 Fenugreek	1	0.22
043 Garcinia (AKA Goat's Thorn)	0	0.00
044 Ginger pills or gelcaps	3	0.67
045 Goat's Thorn (AKA Garcinia)	0	0.00
046 Goji Berry in pills or capsules	1	0.22
047 Goldenseal (AKA Hydrastis)	0	0.00
048 Guarana	0	0.00
049 Grape Seed Extract	3	0.67
050 Hawthorn (AKA Crataegus or Thornapple)	1	0.22
051 Horehound	0	0.00
052 Horse chestnut	3	0.67

Frequency Missing = 34075

2012 National Health Interview Survey (NHIS) 81
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.308_01.000: Name of the second herb or
 non-vitamin supplement taken, past 30 days

AHB_LU2C	Frequency	Percent
053 Horny Goat Weed	0	0.00
054 Huang Qi (AKA Astragalus)	0	0.00
055 Hypericum (AKA St. Johns Wort)	0	0.00
056 Jin Bu Huan	0	0.00
057 Kava kava	0	0.00
058 Lavender tinctures or capsules (not oil)	0	0.00
059 Ligustrum (AKA Osha)	0	0.00
060 Linden flower (AKA Tilia)	0	0.00
061 Lecithin	0	0.00
062 Licorice root in pill or capsule	0	0.00
063 Lutein	5	1.11
064 Lycopene	2	0.44
065 Maca	2	0.44
066 Mulberry berry or leaf (AKA Black Mulberry)	2	0.44
067 Noni juice or extract in capsules or pills	3	0.67
068 Olive Leaf extract	1	0.22
069 Oregano in pill or capsule	2	0.44
070 Osha (AKA Ligustrum)	0	0.00
071 Pau d'arco	2	0.44
072 Peppermint oil capsule	0	0.00
073 Phido estrogens	0	0.00
074 Pine bark extract (AKA Pycnogenol)	0	0.00
075 Puncture vine (AKA Tribulus terrestris)	0	0.00
076 Pycnogenol (AKA Pine bark extract)	1	0.22
077 Rasyana herbs	1	0.22
078 Red yeast rice in pill or capsule	3	0.67
079 Rhodiola (AKA Roseroot)	1	0.22
080 Rose hips in pill or capsule	2	0.44
081 Roseroot (AKA Rhodiola)	0	0.00
082 Rue (AKA Common Rue or Ruta graveolens)	0	0.00
083 Ruta graveolens (AKA Common Rue or Rue)	1	0.22
084 Senna (AKA Cassica senna)	0	0.00
085 Siberian Ginseng (AKA Eleuthero, not a true Ginseng)	0	0.00
086 Slippery elm (AKA Ulmus)	1	0.22
087 Soy supplements or soy isoflavones	1	0.22
088 St. John's wort (AKA Hypericum)	2	0.44
089 Stevia	0	0.00
090 Thornapple (AKA Crataegus or Hawthorn)	0	0.00
091 Tilia (AKA Linden flower)	0	0.00
092 Tribulus Terrestris (AKA Puncture vine)	0	0.00
093 Turmeric (Curcumin)	6	1.33
094 Ulmus (AKA Slippery elm)	0	0.00
095 Uva Ursi (AKA Bearberry)	2	0.44
096 Vitex (AKA Chasteberry)	1	0.22
097 Yarrow (AKA Achillea)	0	0.00
098 Yohimbe or Yohimbine	1	0.22
099 Supplement not found	316	70.22
997 Refused	5	1.11
998 Not ascertained	0	0.00
999 Don't know	17	3.78

Frequency Missing = 34075

2012 National Health Interview Survey (NHIS) 82
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.310_00.000: First of the top two herbal supplements taken most often

AHB_TP21

-
- 01 Combination herb pill
 - 02 Acai (pills, gelcaps)
 - 03 Bee Pollen and other Bee products
 - 04 Chondroitin
 - 05 Co-enzyme Q10 (CoQ10)
 - 06 Cranberry (pills or capsules)
 - 07 Digestive Enzymes (lactaid)
 - 08 Echinacea
 - 09 Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
 - 10 Garlic supplements (pills, gelcaps)
 - 11 Ginkgo Biloba
 - 12 Ginseng
 - 13 Glucosamine
 - 14 Green tea pills (not brewed tea) or EGCG (pills)
 - 15 Melatonin
 - 16 Milk Thistle (silymarin)
 - 17 MSM (Methylsulfonylmethane)
 - 18 Probiotics or Prebiotics
 - 19 SAM-e
 - 20 Saw Palmetto
 - 21 Valerian
 - 22 Second combination herb pill
 - 23 {First herb from lookup table or other specify lookup}
 - 24 {Second herb from lookup table or other specify lookup}
 - 97 Refused
 - 98 Not ascertained
 - 99 Don't know

Frequency Missing = 30228

ALT.310_00.000: First of the top two herbal supplements taken most often

Frequency	Percent

279	6.49
58	1.35
62	1.44
188	4.38
255	5.93
133	3.10
93	2.16
153	3.56
2012	46.82
65	1.51
67	1.56
67	1.56
194	4.51
47	1.09
170	3.96
34	0.79
15	0.35

Frequency Missing
 = 30228

ALT.310_00.000: First of the top two herbal supplements taken most often

Frequency	Percent

157	3.65
4	0.09
30	0.70
25	0.58
8	0.19
177	4.12
4	0.09
0	0.00
0	0.00
0	0.00

Frequency Missing
 = 30228

ALT.311_00.000: Second of the top two herbal supplements taken most often

AHB_TP22

-
- 01 Combination herb pill
 - 02 Acai (pills, gelcaps)
 - 03 Bee Pollen and other Bee products
 - 04 Chondroitin
 - 05 Co-enzyme Q10 (CoQ10)
 - 06 Cranberry (pills or capsules)
 - 07 Digestive Enzymes (lactaid)
 - 08 Echinacea
 - 09 Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
 - 10 Garlic supplements (pills, gelcaps)
 - 11 Ginkgo Biloba
 - 12 Ginseng
 - 13 Glucosamine
 - 14 Green tea pills (not brewed tea) or EGCG (pills)
 - 15 Melatonin
 - 16 Milk Thistle (silymarin)
 - 17 MSM (Methylsulfonylmethane)
 - 18 Probiotics or Prebiotics
 - 19 SAM-e
 - 20 Saw Palmetto
 - 21 Valerian
 - 22 Second combination herb pill
 - 23 {First herb from lookup table or other specify lookup}
 - 24 {Second herb from lookup table or other specify lookup}
 - 97 Refused
 - 98 Not ascertained
 - 99 Don't know

Frequency Missing = 32673

ALT.311_00.000: Second of the top two herbal supplements taken most often

Frequency	Percent

8	0.43

Frequency Missing
= 32673

ALT.311_00.000: Second of the top two herbal supplements taken most often

Frequency	Percent
10	0.54
15	0.81
36	1.94
52	2.81
26	1.40
28	1.51
33	1.78
410	22.14
89	4.81
46	2.48
69	3.73
341	18.41
56	3.02
121	6.53
35	1.89
27	1.46
203	10.96
9	0.49
36	1.94
29	1.57
46	2.48
82	4.43
45	2.43
0	0.00
0	0.00
0	0.00

Frequency Missing
= 32673

ALT.312_00.000: Ever seen a practitioner for
herbs or other non-vitamin supplements

AHB_EVR1	Frequency	Percent
1 Yes	672	11.25
2 No	5292	88.58
7 Refused	1	0.02
8 Not ascertained	8	0.13
9 Don't know	1	0.02

Frequency Missing = 28551

2012 National Health Interview Survey (NHIS) 86
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.313_00.000: Saw a practitioner for herbs or other non-vitamin supplements, past 12 months

AHB_USE1	Frequency	Percent
1 Yes	321	47.77
2 No	349	51.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.30

Frequency Missing = 33853

ALT.314_00.000: Number of times per week, month, or year bought vitamins and minerals

AVT_BOFN	Frequency	Percent
000-995 0-995	16897	96.59
997 Refused	32	0.18
998 Not ascertained	24	0.14
999 Don't know	540	3.09

Frequency Missing = 17032

ALT.315_00.000: Time period for how often vitamins and minerals were bought

AVT_BOFT	Frequency	Percent
0 Never/none	752	4.30
1 Week	617	3.53
2 Month	4488	25.69
3 Year	11036	63.17
7 Refused	32	0.18
8 Not ascertained	0	0.00
9 Don't know	544	3.11

Frequency Missing = 17056

ALT.316_00.000: Approximate cost paid for last purchase of vitamins or minerals

AVT_CST1	Frequency	Percent
0000-1000 \$0-1000	15258	91.32
9997 Refused	22	0.13
9998 Not ascertained	25	0.15
9999 Don't know	1404	8.40

Frequency Missing = 17816

2012 National Health Interview Survey (NHIS) 87
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.317_00.000: Number of times per week, month, or year bought herbs or other non-vitamin supplements

AHB_BOFN	Frequency	Percent
000-995 \$0-995	5748	96.22
997 Refused	6	0.10
998 Not ascertained	17	0.28
999 Don't know	203	3.40

Frequency Missing = 28551

ALT.318_00.000: Time period for how often herbs or other non-vitamin supplements were bought

AHB_BOFT	Frequency	Percent
0 Never/none	580	9.74
1 Week	130	2.18
2 Month	1279	21.47
3 Year	3754	63.02
7 Refused	6	0.10
8 Not ascertained	0	0.00
9 Don't know	208	3.49

Frequency Missing = 28568

ALT.319_00.000: Approximate cost paid for last purchase of vitamins or minerals

AHB_CST1	Frequency	Percent
0000-1000 \$0-1000	4870	90.39
9997 Refused	6	0.11
9998 Not ascertained	17	0.32
9999 Don't know	495	9.19

Frequency Missing = 29137

ALT.320_00.000: Knows exact number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months

AHB_PTIM	Frequency	Percent
1 Yes	235	73.21
2 No	80	24.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.87

Frequency Missing = 34204

2012 National Health Interview Survey (NHIS) 88
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.321_00.000: Exact number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months

AHB_TMNO	Frequency	Percent
01-52 1-52	235	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34290

ALT.322_00.000: Approximate number of times saw a practitioner for herbs or other non-vitamin supplements, past 12 months

AHB_TMCT	Frequency	Percent
01 Only 1 time	27	31.40
02 2-5 times	31	36.05
03 6-10 times	11	12.79
04 11-15 times	4	4.65
05 16-20 times	1	1.16
06 21-25 times	2	2.33
07 More than 25 times	3	3.49
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	7	8.14

Frequency Missing = 34439

ALT.323_00.000: Any cost of seeing a practitioner for herbs or other non-vitamin supplements was covered by insurance

AHB_HIC	Frequency	Percent
1 Yes	66	20.56
2 No	250	77.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	5	1.56

Frequency Missing = 34204

2012 National Health Interview Survey (NHIS) 89
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.324_00.000: Portion of the cost of seeing practitioner for herbs or other non-vitamin supplements covered by insurance

AHB_HICA	Frequency	Percent
1 All of the cost	24	36.36
2 Some of the cost	41	62.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.52

Frequency Missing = 34459

ALT.325_00.000: Knows total amount paid out-of-pocket for seeing a practitioner for herbs or other non-vitamin supplements

AHB_HIT	Frequency	Percent
1 Yes	190	63.97
2 No	89	29.97
7 Refused	1	0.34
8 Not ascertained	0	0.00
9 Don't know	17	5.72

Frequency Missing = 34228

ALT.326_00.000: Total amount paid out-of-pocket for seeing a practitioner for herbs or other non-vitamin supplements

AHB_HITS	Frequency	Percent
00000-26000 \$0-26000	189	99.47
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	0.53

Frequency Missing = 34335

ALT.327_00.000: Knows average amount paid out-of-pocket per visit for herbs or other non-vitamin supplements

AHB_AVGC	Frequency	Percent
1 Yes	16	14.95
2 No	74	69.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	17	15.89

Frequency Missing = 34418

2012 National Health Interview Survey (NHIS) 90
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.328_00.000: Average out-of-pocket cost paid for each visit for herbs or other non-vitamin supplements

AHB_AVGS	Frequency	Percent
000-500 \$0-500	16	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34509

ALT.329_00.000: Bought self-help book or other materials to learn about herbs or other non-vitamin supplements

AHB_MAT	Frequency	Percent
1 Yes	294	4.92
2 No	5644	94.48
7 Refused	1	0.02
8 Not ascertained	20	0.33
9 Don't know	15	0.25

Frequency Missing = 28551

ALT.330_00.000: Amount paid for self-help book or other materials to learn about herbs or other non-vitamin supplements

AHB_MATC	Frequency	Percent
000-200 \$0-200	275	93.54
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	19	6.46

Frequency Missing = 34231

ALT.340_00.000: Used homeopathy for health, ever

HOM_USE	Frequency	Percent
1 Yes	1609	4.66
2 No	31793	92.09
7 Refused	53	0.15
8 Not ascertained	1047	3.03
9 Don't know	23	0.07

2012 National Health Interview Survey (NHIS) 91
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.341_00.000: Used homeopathy for health, past 12 months

HOM_USM	Frequency	Percent
1 Yes	718	44.62
2 No	890	55.31
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.06

Frequency Missing = 32916

ALT.342_00.000: Number of times per week, month, or year bought homeopathic medicine

HOM_OFTN	Frequency	Percent
000-995 0-995	697	97.08
997 Refused	1	0.14
998 Not ascertained	0	0.00
999 Don't know	20	2.79

Frequency Missing = 33807

ALT.343_00.000: Time period for how often homeopathic medicine was bought

HOM_OFTT	Frequency	Percent
0 Never/none	61	8.50
1 Week	45	6.27
2 Month	110	15.32
3 Year	481	66.99
7 Refused	1	0.14
8 Not ascertained	0	0.00
9 Don't know	20	2.79

Frequency Missing = 33807

ALT.344_00.000: Approximate cost paid for last purchase of homeopathic medicine

HOM_COST	Frequency	Percent
0000-1000 \$0-1000	596	90.85
9997 Refused	3	0.46
9998 Not ascertained	0	0.00
9999 Don't know	57	8.69

Frequency Missing = 33869

2012 National Health Interview Survey (NHIS) 92
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.345_00.000: Saw a practitioner for homeopathy, ever

HOM_EVER	Frequency	Percent
1 Yes	249	34.68
2 No	465	64.76
7 Refused	1	0.14
8 Not ascertained	0	0.00
9 Don't know	3	0.42

Frequency Missing = 33807

ALT.346_00.000: Saw a practitioner for homeopathy, past 12 months

HOM_USEM	Frequency	Percent
1 Yes	140	56.22
2 No	109	43.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34276

ALT.347_00.000: Knows exact number of times saw a practitioner for homeopathy, past 12 months

HOM_PTIM	Frequency	Percent
1 Yes	112	80.00
2 No	26	18.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.43

Frequency Missing = 34385

ALT.348_00.000: Exact number of times saw a practitioner for homeopathy, past 12 months

HOM_TMNO	Frequency	Percent
01-52 1-52	112	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34413

2012 National Health Interview Survey (NHIS) 93
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.349_00.000: Approximate number of times saw
 a practitioner for homeopathy, past 12 months

HOM_TMCT	Frequency	Percent
01 Only 1 time	2	7.14
02 2-5 times	16	57.14
03 6-10 times	5	17.86
04 11-15 times	1	3.57
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	1	3.57
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	3	10.71

Frequency Missing = 34497

ALT.350_00.000: Any cost of seeing practitioner
 for homeopathy was covered by insurance

HOM_HIC	Frequency	Percent
1 Yes	28	20.00
2 No	110	78.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.43

Frequency Missing = 34385

ALT.351_00.000: Portion of the cost of seeing practitioner
 for homeopathy covered by insurance

HOM_HICA	Frequency	Percent
1 All of the cost	12	42.86
2 Some of the cost	15	53.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	3.57

Frequency Missing = 34497

2012 National Health Interview Survey (NHIS) 94
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.352_00.000: Knows total amount paid out-of-pocket
 for seeing a practitioner for homeopathy

HOM_HIT	Frequency	Percent
1 Yes	91	71.09
2 No	26	20.31
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	11	8.59

Frequency Missing = 34397

ALT.353_00.000: Total amount paid out-of-pocket
 for seeing a practitioner for homeopathy

HOM_HITS	Frequency	Percent
00000-26000 \$0-26000	90	98.90
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	1	1.10

Frequency Missing = 34434

ALT.354_00.000: Knows average amount paid out-of-pocket per visit for homeopathy

HOM_AVGC	Frequency	Percent
1 Yes	13	35.14
2 No	16	43.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	8	21.62

Frequency Missing = 34488

ALT.355_00.000: Average out-of-pocket cost paid for each homeopathy visit

HOM_AVGS	Frequency	Percent
000-500 \$0-500	13	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34512

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ALT.356_00.000: Bought self-help book or other materials to learn about homeopathy

HOM_MAT	Frequency	Percent
1 Yes	64	8.91
2 No	652	90.81
7 Refused	1	0.14
8 Not ascertained	0	0.00
9 Don't know	1	0.14

Frequency Missing = 33807

ALT.357_00.000: Amount paid for self-help book or other materials to learn about homeopathy

HOM_MATC	Frequency	Percent
000-200 \$0-200	57	89.06
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	7	10.94

Frequency Missing = 34461

ALT.367_00.000: Used meditation, guided imagery, or progressive relaxation for health, ever

MBO_USE	Frequency	Percent
1 Yes	2428	7.03
2 No	30979	89.73
7 Refused	50	0.14
8 Not ascertained	1050	3.04
9 Don't know	18	0.05

ALT.368_00.000: Ever used mantra meditation

MBOE_MAN	Frequency	Percent
1 Yes	921	37.93
2 No	1476	60.79
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	29	1.19

Frequency Missing = 32097

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 Unweighted Frequencies

ALT.369_00.000: Ever used mindfulness meditation

MBOE_MND	Frequency	Percent
1 Yes	878	36.16
2 No	1519	62.56
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	29	1.19

Frequency Missing = 32097

ALT.370_00.000: Ever used spiritual meditation

MBOE_SPR	Frequency	Percent
1 Yes	1246	51.32
2 No	1169	48.15
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	11	0.45

Frequency Missing = 32097

ALT.371_00.000: Ever used guided imagery

MBOE_IMG	Frequency	Percent
1 Yes	909	37.44
2 No	1505	61.99
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	12	0.49

Frequency Missing = 32097

ALT.372_00.000: Ever used progressive relaxation

MBOE_PRO	Frequency	Percent
1 Yes	1041	42.87
2 No	1367	56.30
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	18	0.74

Frequency Missing = 32097

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 Unweighted Frequencies

ALT.373_00.000: Used mantra meditation, past 12 months

MBOU_MAN	Frequency	Percent
1 Yes	567	61.56
2 No	353	38.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.11

Frequency Missing = 33604

ALT.374_00.000: Used mindfulness meditation, past 12 months

MBOU_MND	Frequency	Percent
1 Yes	644	73.35
2 No	234	26.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33647

ALT.375_00.000: Used spiritual meditation, past 12 months

MBOU_SPR	Frequency	Percent
1 Yes	1041	83.55
2 No	203	16.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.16

Frequency Missing = 33279

ALT.376_00.000: Used guided imagery, past 12 months

MBOU_IMG	Frequency	Percent
1 Yes	577	63.48
2 No	332	36.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33616

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 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.377_00.000: Used progressive relaxation, past 12 months

MBOU_PRO	Frequency	Percent
1 Yes	741	71.18
2 No	299	28.72
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 33484

ALT.377_00.010: Count variable for mind-body therapy

MBO_CNT	Frequency	Percent
000-005 0-5	2428	100.00

Frequency Missing = 32097

ALT.378_00.000: Type of mind-body therapy used the most, past 12 months

MBO_MST1	Frequency	Percent
1 Mantra meditation	155	9.60
2 Mindfulness meditation	310	19.20
3 Spiritual meditation	697	43.16
4 Guided imagery	152	9.41
5 Progressive relaxation	281	17.40
7 Refused	0	0.00
8 Not ascertained	1	0.06
9 Don't know	19	1.18

Frequency Missing = 32910

ALT.379_00.000: Did breathing exercises as part of mind-body therapy

MBO_BRTH	Frequency	Percent
1 Yes	1260	79.00
2 No	333	20.88
7 Refused	0	0.00
8 Not ascertained	1	0.06
9 Don't know	1	0.06

Frequency Missing = 32930

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ALT.380_00.000: Saw a practitioner for mind-body therapy, past 12 months

MBO_USEM	Frequency	Percent
1 Yes	306	19.18
2 No	1287	80.69
7 Refused	0	0.00
8 Not ascertained	1	0.06
9 Don't know	1	0.06

Frequency Missing = 32930

ALT.381_00.000: Knows exact number of times saw practitioner for mind-body therapy, past 12 months

MBO_PTIM	Frequency	Percent
1 Yes	250	81.70
2 No	53	17.32
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.98

Frequency Missing = 34219

ALT.382_00.000: Exact number of times saw practitioner for mind-body therapy, past 12 months

MBO_TMNO	Frequency	Percent
01-52 1-52	250	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34275

ALT.383_00.000: Approximate number of times saw practitioner for mind-body therapy, past 12 months

MBO_TMCT	Frequency	Percent
01 Only 1 time	9	16.07
02 2-5 times	15	26.79
03 6-10 times	8	14.29
04 11-15 times	6	10.71
05 16-20 times	4	7.14
06 21-25 times	0	0.00
07 More than 25 times	13	23.21
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	1.79

Frequency Missing = 34469

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 Unweighted Frequencies

ALT.384_00.000: Any cost of seeing a practitioner or taking a class for mind-body therapy was covered by insurance

MBO_HIC	Frequency	Percent
1 Yes	47	15.36
2 No	257	83.99
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.65

Frequency Missing = 34219

ALT.385_00.000: Portion of the cost of seeing a practitioner or taking a class for mind-body therapy covered by insurance

MBO_HICA	Frequency	Percent
1 All of the cost	30	63.83
2 Some of the cost	15	31.91
7 Refused	1	2.13
8 Not ascertained	0	0.00
9 Don't know	1	2.13

Frequency Missing = 34478

ALT.386_00.000: Knows total amount paid out-of-pocket for seeing a practitioner or taking a class for mind-body therapy

MBO_HIT	Frequency	Percent
1 Yes	192	69.57
2 No	77	27.90
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	7	2.54

Frequency Missing = 34249

ALT.387_00.000: Total amount paid out-of-pocket for seeing a practitioner or taking a class for mind-body therapy

MBO_HITS	Frequency	Percent
00000-26000 \$0-26000	190	98.96
99997 Refused	1	0.52
99998 Not ascertained	0	0.00
99999 Don't know	1	0.52

Frequency Missing = 34333

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ALT.388_00.000: Knows average amount paid out-of-pocket
 per visit or class for mind-body therapy

MBO_AVGC	Frequency	Percent
1 Yes	14	16.67
2 No	64	76.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	7.14

Frequency Missing = 34441

ALT.389_00.000: Average amount paid out-of-pocket
 per visit or class for mind-body therapy

MBO_AVGS	Frequency	Percent
000-500 \$0-500	14	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34511

ALT.390_00.000: Bought self-help book or other
 material to learn about mind-body therapy

MBO_MAT	Frequency	Percent
1 Yes	309	19.37
2 No	1285	80.56
7 Refused	0	0.00
8 Not ascertained	1	0.06
9 Don't know	0	0.00

Frequency Missing = 32930

ALT.391_00.000: Amount paid for self-help book or
 other material to learn about mind-body therapy

MBO_MATC	Frequency	Percent
000-200 \$0-200	284	91.91
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	25	8.09

Frequency Missing = 34216

ALT.401_00.000: Ever practiced yoga

YTQE_YOG	Frequency	Percent
1 Yes	4422	12.81
2 No	28980	83.94
7 Refused	46	0.13
8 Not ascertained	1059	3.07
9 Don't know	18	0.05

ALT.402_00.000: Ever practiced tai chi

YTQE_TAI	Frequency	Percent
1 Yes	1108	3.21
2 No	32294	93.54
7 Refused	46	0.13
8 Not ascertained	1060	3.07
9 Don't know	17	0.05

ALT.403_00.000: Ever practiced qi gong

YTQE_QIG	Frequency	Percent
1 Yes	284	0.82
2 No	33118	95.92
7 Refused	46	0.13
8 Not ascertained	1060	3.07
9 Don't know	17	0.05

ALT.404_00.000: Practiced yoga, past 12 months

YTQU_YOG	Frequency	Percent
1 Yes	2974	67.25
2 No	1446	32.70
7 Refused	1	0.02
8 Not ascertained	0	0.00
9 Don't know	1	0.02

Frequency Missing = 30103

ALT.405_00.000: Practiced tai chi, past 12 months

YTQU_TAI	Frequency	Percent
1 Yes	430	38.81
2 No	677	61.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.09

Frequency Missing = 33417

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ALT.406_00.000: Practiced qi gong, past 12 months

YTQU_QIG	Frequency	Percent
1 Yes	150	52.82
2 No	134	47.18
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34241

ALT.407_00.010: Does breathing exercises as part of yoga

YTQ_BTHY	Frequency	Percent
1 Yes	2673	89.88
2 No	298	10.02
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	2	0.07

Frequency Missing = 31551

ALT.408_00.020: Does breathing exercises as part of tai chi

YTQ_BTHT	Frequency	Percent
1 Yes	360	83.72
2 No	68	15.81
7 Refused	1	0.23
8 Not ascertained	0	0.00
9 Don't know	1	0.23

Frequency Missing = 34095

ALT.409_00.030: Does breathing exercises as part of qi gong

YTQ_BTHQ	Frequency	Percent
1 Yes	133	88.67
2 No	17	11.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34375

ALT.410_00.010: Does meditation as part of yoga

YTQ_MEDY	Frequency	Percent
1 Yes	1667	56.05
2 No	1304	43.85
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	2	0.07

Frequency Missing = 31551

ALT.411_00.020: Does meditation as part of tai chi

YTQ_MEDT	Frequency	Percent
1 Yes	223	51.86
2 No	205	47.67
7 Refused	1	0.23
8 Not ascertained	0	0.00
9 Don't know	1	0.23

Frequency Missing = 34095

ALT.412_00.030: Does meditation as part of qi gong

YTQ_MEDQ	Frequency	Percent
1 Yes	92	61.33
2 No	57	38.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.67

Frequency Missing = 34375

ALT.412_00.040: Number of yoga/tai chi/qi gong therapies used

YTQ_CNT	Frequency	Percent
000-003 0-3	34525	100.00

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ALT.413_00.000: Type of exercise practiced the most, past 12 months

YTQ_MOST	Frequency	Percent
1 Yoga	2672	91.13
2 Tai-Chi	205	6.99
3 Qi Gong	51	1.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't Know	4	0.14

Frequency Missing = 31593

ALT.414_00.000: Took a class or received formal training for yoga/tai chi/qi gong, past 12 months

YTQ_USEM	Frequency	Percent
1 Yes	1447	49.42
2 No	1481	50.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 31597

ALT.415_00.000: Knows exact number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

YTQ_PTIM	Frequency	Percent
1 Yes	1200	82.93
2 No	230	15.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	17	1.17

Frequency Missing = 33078

ALT.416_00.000: Exact number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

YTQ_TMNO	Frequency	Percent
01-52 1-52	1198	99.83
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	2	0.17

Frequency Missing = 33325

ALT.417_00.000: Approximate number of times saw an instructor for yoga/tai chi/qi gong, past 12 months

YTQ_TMCT	Frequency	Percent
01 Only 1 time	10	4.05
02 2-5 times	53	21.46
03 6-10 times	44	17.81
04 11-15 times	36	14.57
05 16-20 times	21	8.50
06 21-25 times	17	6.88
07 More than 25 times	62	25.10
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	4	1.62

Frequency Missing = 34278

ALT.418_00.000: Any cost of seeing an instructor for yoga/tai chi/qi gong was covered by insurance

YTQ_HIC	Frequency	Percent
1 Yes	61	4.22
2 No	1379	95.30
7 Refused	0	0.00
8 Not ascertained	1	0.07
9 Don't know	6	0.41

Frequency Missing = 33078

ALT.419_00.000: Portion of the cost of seeing an instructor for yoga/tai chi/qi gong covered by insurance

YTQ_HICA	Frequency	Percent
1 All of the cost	34	55.74
2 Some of the cost	22	36.07
7 Refused	1	1.64
8 Not ascertained	0	0.00
9 Don't know	4	6.56

Frequency Missing = 34464

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 Unweighted Frequencies

ALT.420_00.000: Knows total amount paid out-of-pocket
 for seeing an instructor for yoga/tai chi/qi gong

YTQ_HIT	Frequency	Percent
1 Yes	1030	72.95
2 No	343	24.29
7 Refused	1	0.07
8 Not ascertained	0	0.00
9 Don't know	38	2.69

Frequency Missing = 33113

ALT.421_00.000: Total amount paid out-of-pocket for
 seeing an instructor for yoga/tai chi/qi gong

YTQ_HITS	Frequency	Percent
00000-26000 \$0-26000	1014	98.45
99997 Refused	3	0.29
99998 Not ascertained	0	0.00
99999 Don't know	13	1.26

Frequency Missing = 33495

ALT.422_00.000: Knows average amount paid out-of-pocket per
 visit for seeing an instructor for yoga/tai chi/qi gong

YTQ_AVGC	Frequency	Percent
1 Yes	85	22.25
2 No	265	69.37
7 Refused	1	0.26
8 Not ascertained	0	0.00
9 Don't know	31	8.12

Frequency Missing = 34143

ALT.423_00.000: Average amount paid out-of-pocket per visit
 for seeing an instructor for yoga/tai chi/qi gong

YTQ_AVGS	Frequency	Percent
000-500 \$0-500	85	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34440

ALT.424_00.000: Bought self-help book or other material to learn about yoga/tai chi/qi gong

YTQ_MAT	Frequency	Percent
1 Yes	661	22.58
2 No	2263	77.29
7 Refused	1	0.03
8 Not ascertained	3	0.10
9 Don't know	0	0.00

Frequency Missing = 31597

ALT.425_00.000: Amount paid for self-help book or other material to learn about yoga/tai chi/qi gong

YTQ_MATC	Frequency	Percent
000-200 \$0-200	624	94.40
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	37	5.60

Frequency Missing = 33864

ALT.435_00.000: Ever used vegetarian (including vegan) diet for two weeks or more for health reasons

DITEVER1	Frequency	Percent
1 Yes	1486	4.30
2 No	31906	92.41
7 Refused	49	0.14
8 Not ascertained	1066	3.09
9 Don't know	18	0.05

ALT.436_00.000: Ever used macrobiotic diet for two weeks or more for health reasons

DITEVER2	Frequency	Percent
1 Yes	168	0.49
2 No	33221	96.22
7 Refused	52	0.15
8 Not ascertained	1066	3.09
9 Don't know	18	0.05

ALT.437_00.000: Ever used atkins diet for two weeks or more for health reasons

DITEVER3	Frequency	Percent
1 Yes	1185	3.43
2 No	32201	93.27
7 Refused	52	0.15
8 Not ascertained	1069	3.10
9 Don't know	18	0.05

ALT.438_00.000: Ever used pritikin diet for two weeks or more for health reasons

DITEVER4	Frequency	Percent
1 Yes	49	0.14
2 No	33335	96.55
7 Refused	51	0.15
8 Not ascertained	1070	3.10
9 Don't know	20	0.06

ALT.439_00.000: Ever used ornish diet for two weeks or more for health reasons

DITEVER5	Frequency	Percent
1 Yes	57	0.17
2 No	33329	96.54
7 Refused	51	0.15
8 Not ascertained	1071	3.10
9 Don't know	17	0.05

ALT.440_00.000: Used vegetarian diet for two weeks or more for health reasons, past 12 months

DIT_USM1	Frequency	Percent
1 Yes	721	48.52
2 No	764	51.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.07

Frequency Missing = 33039

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ALT.441_00.000: Used macrobiotic diet for two weeks
 or more for health reasons, past 12 months

DIT_USM2	Frequency	Percent
1 Yes	49	29.17
2 No	119	70.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34357

ALT.442_00.000: Used atkins diet for two weeks
 or more for health reasons, past 12 months

DIT_USM3	Frequency	Percent
1 Yes	289	24.39
2 No	895	75.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.08

Frequency Missing = 33340

ALT.443_00.000: Used pritikin diet for two weeks
 or more for health reasons, past 12 months

DIT_USM4	Frequency	Percent
1 Yes	6	12.24
2 No	43	87.76
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34476

ALT.444_00.000: Used ornish diet for two weeks
 or more for health reasons, past 12 months

DIT_USM5	Frequency	Percent
1 Yes	20	35.09
2 No	37	64.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34468

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ALT.445_00.000: Used special diets for weight control or weight loss

DIT_WGT1	Frequency	Percent
1 Yes	495	48.20
2 No	532	51.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33498

ALT.446_00.000: Ever saw a practitioner for special diets

DIT_PRE	Frequency	Percent
1 Yes	182	17.72
2 No	845	82.28
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33498

ALT.447_00.000: Saw a practitioner for special diets, past 12 months

DIT_PRU	Frequency	Percent
1 Yes	94	51.65
2 No	88	48.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34343

ALT.448_00.000: Knows exact number of times saw a practitioner for special diets, past 12 months

DIT_PTIM	Frequency	Percent
1 Yes	80	85.11
2 No	14	14.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34431

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 Unweighted Frequencies

ALT.449_00.000: Exact number of times saw a practitioner
 for special diets, past 12 months

DIT_TMNO	Frequency	Percent
01-52 1-52	80	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34445

ALT.450_00.000: Approximate number of times saw
 a practitioner for special diets, past 12 months

DIT_TMCT	Frequency	Percent
01 Only 1 time	3	21.43
02 2-5 times	8	57.14
03 6-10 times	2	14.29
04 11-15 times	1	7.14
05 16-20 times	0	0.00
06 21-25 times	0	0.00
07 More than 25 times	0	0.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 34511

ALT.451_00.000: Any cost of seeing practitioner
 for special diets was covered by insurance

DIT_HIC	Frequency	Percent
1 Yes	44	46.81
2 No	50	53.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34431

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 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.452_00.000: Portion of the cost of seeing practitioner
for special diets covered by insurance

DIT_HICA	Frequency	Percent
1 All of the cost	24	54.55
2 Some of the cost	20	45.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34481

ALT.453_00.000: Knows total amount paid out-of-pocket
for seeing a practitioner for special diets

DIT_HIT	Frequency	Percent
1 Yes	52	74.29
2 No	13	18.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	5	7.14

Frequency Missing = 34455

ALT.454_00.000: Total amount paid out-of-pocket
for seeing a practitioner for special diets

DIT_HITS	Frequency	Percent
00000-26000 \$0-26000	50	96.15
99997 Refused	0	0.00
99998 Not ascertained	0	0.00
99999 Don't know	2	3.85

Frequency Missing = 34473

ALT.455_00.000: Knows average amount paid out-of-pocket
per visit for seeing a practitioner for special diets

DIT_AVGC	Frequency	Percent
1 Yes	0	0.00
2 No	15	83.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	16.67

Frequency Missing = 34507

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 Unweighted Frequencies

ALT.456_00.000: Average amount paid out-of-pocket per visit for seeing a practitioner for special diets

DIT_AVGS	Frequency	Percent
000-500 \$0-500	0	.
997 Refused	0	.
998 Not ascertained	0	.
999 Don't know	0	.

Frequency Missing = 34525

ALT.457_00.000: Bought self-help book or other materials to learn about special diets

DIT_MAT	Frequency	Percent
1 Yes	195	18.99
2 No	832	81.01
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33498

ALT.458_00.000: Amount paid for self-help book or other materials to learn about special diets

DIT_MATC	Frequency	Percent
000-200 \$0-200	190	97.44
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	5	2.56

Frequency Missing = 34330

ALT.468_00.000: Ever practiced Feldenkrais

MOVE_FLD	Frequency	Percent
1 Yes	95	0.28
2 No	33281	96.40
7 Refused	49	0.14
8 Not ascertained	1076	3.12
9 Don't know	24	0.07

ALT.469_00.000: Ever practiced Alexander Technique

MOVE_ALX	Frequency	Percent
1 Yes	107	0.31
2 No	33270	96.36
7 Refused	49	0.14
8 Not ascertained	1076	3.12
9 Don't know	23	0.07

ALT.470_00.000: Ever practiced Pilates

MOVE_PIL	Frequency	Percent
1 Yes	2087	6.04
2 No	31295	90.64
7 Refused	49	0.14
8 Not ascertained	1077	3.12
9 Don't know	17	0.05

ALT.471_00.000: Ever practiced Trager Psychophysical Integration

MOVE_TPI	Frequency	Percent
1 Yes	48	0.14
2 No	33325	96.52
7 Refused	48	0.14
8 Not ascertained	1079	3.13
9 Don't know	25	0.07

ALT.472_00.000: Ever seen a practitioner for Feldenkrais

MOVP_FLD	Frequency	Percent
1 Yes	59	62.11
2 No	36	37.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34430

ALT.473_00.000: Ever seen a practitioner for Alexander Technique

MOVP_ALX	Frequency	Percent
1 Yes	70	65.42
2 No	37	34.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34418

ALT.474_00.000: Ever seen a practitioner for Pilates

MOV_PIL	Frequency	Percent
1 Yes	1049	50.26
2 No	1037	49.69
7 Refused	1	0.05
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 32438

ALT.475_00.000: Ever seen a practitioner for Trager Psychophysical Integration

MOV_TPI	Frequency	Percent
1 Yes	32	66.67
2 No	16	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34477

ALT.476_00.000: Saw a practitioner for Feldenkrais, past 12 months

MOV_FLD	Frequency	Percent
1 Yes	11	18.64
2 No	48	81.36
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34466

ALT.477_00.000: Saw a practitioner for Alexander Technique, past 12 months

MOV_ALX	Frequency	Percent
1 Yes	13	18.57
2 No	56	80.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.43

Frequency Missing = 34455

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 Unweighted Frequencies

ALT.478_00.000: Saw a practitioner for Pilates, past 12 months

MOV_PIL	Frequency	Percent
1 Yes	493	47.00
2 No	555	52.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 33476

ALT.479_00.000: Saw a practitioner for Trager Psychophysical Integration, past 12 months

MOV_TPI	Frequency	Percent
1 Yes	7	21.88
2 No	25	78.13
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34493

ALT.480_00.000: Used Feldenkrais, past 12 months

MOVU_FLD	Frequency	Percent
1 Yes	9	18.75
2 No	39	81.25
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34477

ALT.481_00.000: Used Alexander Technique, past 12 months

MOVU_ALX	Frequency	Percent
1 Yes	18	31.58
2 No	39	68.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34468

ALT.482_00.000: Used Pilates, past 12 months

MOVU_PIL	Frequency	Percent
1 Yes	155	27.88
2 No	400	71.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.18

Frequency Missing = 33969

ALT.483_00.000: Used Trager Psychophysical Integration, past 12 months

MOVU_TPI	Frequency	Percent
1 Yes	5	20.00
2 No	20	80.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34500

ALT.484_00.000: Knows exact number of times saw practitioner/teacher
 for movement and exercise techniques, past 12 months

MOV_PTIM	Frequency	Percent
1 Yes	411	81.07
2 No	90	17.75
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.18

Frequency Missing = 34018

ALT.485_00.000: Exact number of times saw practitioner/teacher
 for movement and exercise techniques, past 12 months

MOV_TMNO	Frequency	Percent
01-52 1-52	410	99.76
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	0.24

Frequency Missing = 34114

ALT.486_00.000: Approximate number of times saw practitioner/teacher
 for movement and exercise techniques, past 12 months

MOV_TMCT	Frequency	Percent
01 Only 1 time	15	15.63
02 2-5 times	13	13.54
03 6-10 times	14	14.58
04 11-15 times	17	17.71
05 16-20 times	7	7.29
06 21-25 times	3	3.13
07 More than 25 times	24	25.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	3	3.13

Frequency Missing = 34429

ALT.487_00.000: Any cost of seeing a practitioner/teacher for
 movement and exercise techniques was covered by insurance

MOV_HIC	Frequency	Percent
1 Yes	24	4.73
2 No	479	94.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	0.79

Frequency Missing = 34018

ALT.488_00.000: Portion of the cost of seeing a practitioner/teacher
 for movement and exercise techniques covered by insurance

MOV_HICA	Frequency	Percent
1 All of the cost	7	29.17
2 Some of the cost	15	62.50
7 Refused	1	4.17
8 Not ascertained	0	0.00
9 Don't know	1	4.17

Frequency Missing = 34501

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ALT.489_00.000: Knows total amount paid out-of-pocket for seeing a practitioner/teacher for movement and exercise techniques

MOV_HIT	Frequency	Percent
1 Yes	324	64.80
2 No	156	31.20
7 Refused	1	0.20
8 Not ascertained	0	0.00
9 Don't know	19	3.80

Frequency Missing = 34025

ALT.490_00.000: Total amount paid out-of-pocket for seeing a practitioner/teacher for movement and exercise techniques

MOV_HITS	Frequency	Percent
00000-26000 \$0-26000	317	97.84
99997 Refused	2	0.62
99998 Not ascertained	0	0.00
99999 Don't know	5	1.54

Frequency Missing = 34201

ALT.491_00.000: Knows average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques

MOV_AVGC	Frequency	Percent
1 Yes	30	17.05
2 No	129	73.30
7 Refused	2	1.14
8 Not ascertained	0	0.00
9 Don't know	15	8.52

Frequency Missing = 34349

ALT.492_00.000: Average amount paid out-of-pocket per visit for seeing a practitioner/teacher for movement and exercise techniques

MOV_AVGS	Frequency	Percent
000-500 \$0-500	30	100.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 34495

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 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.493_00.000: Bought self-help book or other materials
 to learn about movement and exercise techniques

MOV_MAT	Frequency	Percent
1 Yes	98	14.45
2 No	579	85.40
7 Refused	1	0.15
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33847

ALT.494_00.000: Amount paid for self-help book or other materials
 to learn about movement and exercise techniques

MOV_MATC	Frequency	Percent
000-200 \$0-200	94	95.92
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	4	4.08

Frequency Missing = 34427

ALT.500_00.000: Count variable for number of
 complementary and alternative therapies used

ALT_CNT	Frequency	Percent
00-16 0-16 therapies	34525	100.00

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 Unweighted Frequencies

ALT.505_00.000: First of top 3 most important therapies

ALT_TP31	Frequency	Percent
01 Chiropractic or Osteopathic Manipulation	2546	25.06
02 Massage	1323	13.02
03 Acupuncture	243	2.39
04 Energy Healing Therapy	43	0.42
05 Naturopathy	46	0.45
06 Hypnosis	37	0.36
07 Biofeedback	53	0.52
08 Craniosacral therapy	12	0.12
09 Traditional Healers	109	1.07
10 [fill1: Herb 1 from CHB_TP21]	2960	29.14
11 [fill2: Herb 2 from CHB_TP22]	48	0.47
12 Homeopathy	200	1.97
13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB	704	6.93
14 [fill4: Yoga/Tai Chi/Qi Gong from CYG_MOST]	1307	12.87
15 Special diets	385	3.79
16 Movement or exercise techniques	142	1.40
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't Know	0	0.00

Frequency Missing = 24367

ALT.506_00.000: Second of top 3 most important therapies

ALT_TP32	Frequency	Percent
01 Chiropractic or Osteopathic Manipulation	55	1.16
02 Massage	609	12.85
03 Acupuncture	157	3.31
04 Energy Healing Therapy	27	0.57
05 Naturopathy	25	0.53
06 Hypnosis	22	0.46
07 Biofeedback	15	0.32
08 Craniosacral therapy	21	0.44
09 Traditional Healers	22	0.46
10 [fill1: Herb 1 from CHB_TP21]	756	15.95
11 [fill2: Herb 2 from CHB_TP22]	1147	24.20
12 Homeopathy	151	3.19
13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB	420	8.86
14 [fill4: Yoga/Tai Chi/Qi Gong from CYG_MOST]	805	16.99
15 Special diets	294	6.20
16 Movement or exercise techniques	213	4.49
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't Know	0	0.00

Frequency Missing = 29786

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 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.507_00.000: Third of top 3 most important therapies

ALT_TP33	Frequency	Percent
01 Chiropractic or Osteopathic Manipulation	39	1.84
02 Massage	76	3.58
03 Acupuncture	56	2.64
04 Energy Healing Therapy	15	0.71
05 Naturopathy	16	0.75
06 Hypnosis	5	0.24
07 Biofeedback	7	0.33
08 Craniosacral therapy	13	0.61
09 Traditional Healers	8	0.38
10 [fill1: Herb 1 from CHB_TP21]	194	9.15
11 [fill2: Herb 2 from CHB_TP22]	338	15.94
12 Homeopathy	127	5.99
13 [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB	261	12.31
14 [fill4: Yoga/Tai Chi/Qi Gong from CYG_MOST]	524	24.72
15 Special diets	231	10.90
16 Movement or exercise techniques	210	9.91
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't Know	0	0.00

Frequency Missing = 32405

ALT.510_00.000: Used/saw practitioner for first top therapy:
for general wellness or general disease prevention

TP1_REA1	Frequency	Percent
1 Yes	6538	64.36
2 No	3543	34.88
7 Refused	9	0.09
8 Not ascertained	58	0.57
9 Don't know	10	0.10

Frequency Missing = 24367

ALT.511_00.000: Used/saw practitioner for first top therapy: to improve energy

TP1_REA2	Frequency	Percent
1 Yes	3555	35.00
2 No	6506	64.05
7 Refused	11	0.11
8 Not ascertained	61	0.60
9 Don't know	25	0.25

Frequency Missing = 24367

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ALT.512_00.000: Used/saw practitioner for first top therapy: to improve immune function

TP1_REA3	Frequency	Percent
1 Yes	2758	27.15
2 No	7287	71.74
7 Refused	12	0.12
8 Not ascertained	61	0.60
9 Don't know	40	0.39

Frequency Missing = 24367

ALT.513_00.000: Used/saw practitioner for first top therapy: to improve athletic or sports performance

TP1_REA4	Frequency	Percent
1 Yes	2019	19.88
2 No	8041	79.16
7 Refused	13	0.13
8 Not ascertained	62	0.61
9 Don't know	23	0.23

Frequency Missing = 24367

ALT.514_00.000: Used/saw practitioner for first top therapy: to improve memory or concentration

TP1_REA5	Frequency	Percent
1 Yes	1827	17.99
2 No	8228	81.00
7 Refused	14	0.14
8 Not ascertained	63	0.62
9 Don't know	26	0.26

Frequency Missing = 24367

ALT.515_00.000: Using/seeing practitioner for first top therapy was motivation to: eat healthier

TP1_MOT1	Frequency	Percent
1 Yes	2467	24.29
2 No	7583	74.65
7 Refused	15	0.15
8 Not ascertained	63	0.62
9 Don't know	30	0.30

Frequency Missing = 24367

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ALT.516_00.000: Using/seeing practitioner for first top therapy was motivation to: eat more organic foods

TP1_MOT2	Frequency	Percent
1 Yes	1342	13.21
2 No	8719	85.83
7 Refused	15	0.15
8 Not ascertained	63	0.62
9 Don't know	19	0.19

Frequency Missing = 24367

ALT.517_00.000: Using/seeing practitioner for first top therapy was motivation to: cut back or stop drinking alcohol

TP1_MOT3	Frequency	Percent
1 Yes	526	7.22
2 No	6556	89.96
7 Refused	8	0.11
8 Not ascertained	192	2.63
9 Don't know	6	0.08

Frequency Missing = 27237

ALT.518_00.000: Using/seeing practitioner for first top therapy was motivation to: cut back or stop smoking cigarettes

TP1_MOT4	Frequency	Percent
1 Yes	224	14.76
2 No	1285	84.65
7 Refused	0	0.00
8 Not ascertained	6	0.40
9 Don't know	3	0.20

Frequency Missing = 33007

ALT.519_00.000: Using/seeing practitioner for first top therapy was motivation to: exercise more regularly

TP1_MOT5	Frequency	Percent
1 Yes	2715	26.73
2 No	7348	72.34
7 Refused	14	0.14
8 Not ascertained	64	0.63
9 Don't know	17	0.17

Frequency Missing = 24367

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 Unweighted Frequencies

ALT.520_00.000: Using/seeing practitioner for first top
 therapy: gave a sense of control over one's health

TP1_OUT1	Frequency	Percent
1 Yes	4145	40.81
2 No	5899	58.07
7 Refused	14	0.14
8 Not ascertained	65	0.64
9 Don't know	35	0.34

Frequency Missing = 24367

ALT.521_00.000: Using/seeing practitioner for first top
 therapy led to: reduced stress level or relaxation

TP1_OUT2	Frequency	Percent
1 Yes	4979	49.02
2 No	5060	49.81
7 Refused	15	0.15
8 Not ascertained	66	0.65
9 Don't know	38	0.37

Frequency Missing = 24367

ALT.522_00.000: Using/seeing practitioner
 for first top therapy led to: better sleep

TP1_OUT3	Frequency	Percent
1 Yes	4093	40.29
2 No	5911	58.19
7 Refused	15	0.15
8 Not ascertained	66	0.65
9 Don't know	73	0.72

Frequency Missing = 24367

ALT.523_00.000: Using/seeing practitioner for first
 therapy led to: feeling better emotionally

TP1_OUT4	Frequency	Percent
1 Yes	4105	40.41
2 No	5910	58.18
7 Refused	16	0.16
8 Not ascertained	66	0.65
9 Don't know	61	0.60

Frequency Missing = 24367

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 Unweighted Frequencies

ALT.524_00.000: Using/seeing practitioner for first top therapy led to: made it easier to cope with health problems

TP1_OUT5	Frequency	Percent
1 Yes	3615	35.59
2 No	6409	63.09
7 Refused	18	0.18
8 Not ascertained	67	0.66
9 Don't know	49	0.48

Frequency Missing = 24367

ALT.525_00.000: Using/seeing practitioner for first top therapy led to: improved overall health and feeling better

TP1_OUT6	Frequency	Percent
1 Yes	6961	68.53
2 No	3054	30.06
7 Refused	18	0.18
8 Not ascertained	67	0.66
9 Don't know	58	0.57

Frequency Missing = 24367

ALT.526_00.000: Using/seeing practitioner for first top therapy led to: improved relationships with others

TP1_OUT7	Frequency	Percent
1 Yes	2183	21.49
2 No	7839	77.17
7 Refused	18	0.18
8 Not ascertained	68	0.67
9 Don't know	50	0.49

Frequency Missing = 24367

ALT.527_00.000: Using/seeing practitioner for first top therapy led to: improved attendance at job or school

TP1_OUT8	Frequency	Percent
1 Yes	1303	17.16
2 No	6211	81.78
7 Refused	13	0.17
8 Not ascertained	48	0.63
9 Don't know	20	0.26

Frequency Missing = 26930

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ALT.528_00.000: Most important reason for using first top therapy

TP1_MOST	Frequency	Percent
01 Your general wellness or general disease prevention	3602	38.61
02 To improve your energy	259	2.78
03 To improve your immune function	258	2.77
04 To improve your athletic or sports performance	353	3.78
05 To improve your memory or concentration	117	1.25
06 To eat healthier	97	1.04
07 To eat more organic foods	11	0.12
08 To cut back or stop drinking alcohol	6	0.06
09 To cut back or stop smoking cigarettes	12	0.13
10 To exercise more regularly	152	1.63
11 To give you a sense of control over your health	246	2.64
12 To help to reduce your stress level or to relax	1158	12.41
13 To help you to sleep better	309	3.31
14 To make you feel better emotionally	170	1.82
15 To make it easier to cope with health problems	478	5.12
16 To improve your overall health and make you feel better	1943	20.83
17 To improve your relationships with others	56	0.60
18 To improve your attendance at a job or school	53	0.57
97 Refused	8	0.09
98 Not ascertained	10	0.11
99 Don't know	32	0.34

Frequency Missing = 25195

ALT.529_00.000: How much first top therapy helped
with the most important reason for its use

TP1_HELP	Frequency	Percent
1 A great deal	3939	42.45
2 Some	3784	40.78
3 Only a little	1111	11.97
4 Not at all	276	2.97
7 Refused	6	0.06
8 Not ascertained	6	0.06
9 Don't know	158	1.70

Frequency Missing = 25245

ALT.530_00.000: Used first top therapy for specific health problem(s)

TP1_TRET	Frequency	Percent
1 Yes	4396	43.28
2 No	5658	55.70
7 Refused	14	0.14
8 Not ascertained	79	0.78
9 Don't know	11	0.11

Frequency Missing = 24367

ALT.531_01.000: Used first top therapy for: abdominal pain

TP1CND01	Frequency	Percent
1 Mentioned	49	1.09
2 Not mentioned	4428	98.49
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_02.000: Used first top therapy for: acid reflux or heartburn

TP1CND02	Frequency	Percent
1 Mentioned	60	1.33
2 Not mentioned	4417	98.24
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_03.000: Used first top therapy for: feeling anxious, nervous, or worried

TP1CND03	Frequency	Percent
1 Mentioned	168	3.74
2 Not mentioned	4309	95.84
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_04.000: Used first top therapy for: asthma

TP1CND04	Frequency	Percent
1 Mentioned	26	0.58
2 Not mentioned	4451	99.00
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_05.000: Used first top therapy for: arthritis

TP1CND05	Frequency	Percent
1 Mentioned	311	6.92
2 Not mentioned	4166	92.66
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_06.000: Used first top therapy for:
 attention deficit disorder/hyperactivity

TP1CND06	Frequency	Percent
1 Mentioned	11	0.24
2 Not mentioned	4466	99.33
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_07.000: Used first top therapy for: benign tumors, cysts

TP1CND07	Frequency	Percent
1 Mentioned	1	0.02
2 Not mentioned	4476	99.56
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_08.000: Used first top therapy for: bipolar disorder

TP1CND08	Frequency	Percent
1 Mentioned	20	0.44
2 Not mentioned	4457	99.13
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_09.000: Used first top therapy for: birth defect

TP1CND09	Frequency	Percent
1 Mentioned	1	0.02
2 Not mentioned	4476	99.56
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_10.000: Used first top therapy for: cancer

TP1CND10	Frequency	Percent
1 Mentioned	30	0.67
2 Not mentioned	4447	98.91
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_11.000: Used first top therapy for: high cholesterol

TP1CND11	Frequency	Percent
1 Mentioned	302	6.72
2 Not mentioned	4175	92.86
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_12.000: Used first top therapy for: chronic bronchitis

TP1CND12	Frequency	Percent
1 Mentioned	7	0.16
2 Not mentioned	4470	99.42
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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 Unweighted Frequencies

ALT.531_13.000: Used first top therapy for: circulation problems (other than in the legs)

TP1CND13	Frequency	Percent
1 Mentioned	16	0.36
2 Not mentioned	4461	99.22
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_14.000: Used first top therapy for: coronary heart disease

TP1CND14	Frequency	Percent
1 Mentioned	52	1.16
2 Not mentioned	4425	98.42
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_15.000: Used first top therapy for: dental pain

TP1CND15	Frequency	Percent
1 Mentioned	12	0.27
2 Not mentioned	4465	99.31
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_16.000: Used first top therapy for: depression

TP1CND16	Frequency	Percent
1 Mentioned	113	2.51
2 Not mentioned	4364	97.06
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_17.000: Used first top therapy for: diabetes

TP1CND17	Frequency	Percent
1 Mentioned	75	1.67
2 Not mentioned	4402	97.91
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_18.000: Used first top therapy for: digestive allergy

TP1CND18	Frequency	Percent
1 Mentioned	22	0.49
2 Not mentioned	4455	99.09
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_19.000: Used first top therapy for: excessive sleepiness during the day

TP1CND19	Frequency	Percent
1 Mentioned	24	0.53
2 Not mentioned	4453	99.04
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_20.000: Used first top therapy for: excessive use of alcohol or tobacco

TP1CND20	Frequency	Percent
1 Mentioned	18	0.40
2 Not mentioned	4459	99.18
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_21.000: Used first top therapy for:
 fatigue or lack of energy more than 3 days

TP1CND21	Frequency	Percent
1 Mentioned	94	2.09
2 Not mentioned	4383	97.49
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_22.000: Used first top therapy for: fever more than 1 day

TP1CND22	Frequency	Percent
1 Mentioned	4	0.09
2 Not mentioned	4473	99.49
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_23.000: Used first top therapy for: fibromyalgia

TP1CND23	Frequency	Percent
1 Mentioned	78	1.73
2 Not mentioned	4399	97.84
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_24.000: Used first top therapy for: fracture, bone/joint injury

TP1CND24	Frequency	Percent
1 Mentioned	77	1.71
2 Not mentioned	4400	97.86
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_25.000: Used first top therapy for: gout

TP1CND25	Frequency	Percent
1 Mentioned	5	0.11
2 Not mentioned	4472	99.47
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_26.000: Used first top therapy for: gynecological problem

TP1CND26	Frequency	Percent
1 Mentioned	28	0.62
2 Not mentioned	4449	98.95
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_27.000: Used first top therapy for: hay fever

TP1CND27	Frequency	Percent
1 Mentioned	11	0.24
2 Not mentioned	4466	99.33
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_28.000: Used first top therapy for: head or chest cold

TP1CND28	Frequency	Percent
1 Mentioned	91	2.02
2 Not mentioned	4386	97.55
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_29.000: Used first top therapy for: hearing problem

TP1CND29	Frequency	Percent
1 Mentioned	11	0.24
2 Not mentioned	4466	99.33
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_30.000: Used first top therapy for: heart condition or disease, other than coronary heart disease

TP1CND30	Frequency	Percent
1 Mentioned	49	1.09
2 Not mentioned	4428	98.49
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_31.000: Used first top therapy for: hernia

TP1CND31	Frequency	Percent
1 Mentioned	3	0.07
2 Not mentioned	4474	99.51
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_32.000: Used first top therapy for: hypertension

TP1CND32	Frequency	Percent
1 Mentioned	116	2.58
2 Not mentioned	4361	97.00
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_33.000: Used first top therapy for: infectious diseases or problems of the immune system

TP1CND33	Frequency	Percent
1 Mentioned	26	0.58
2 Not mentioned	4451	99.00
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_34.000: Used first top therapy for: influenza or pneumonia

TP1CND34	Frequency	Percent
1 Mentioned	8	0.18
2 Not mentioned	4469	99.40
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_35.000: Used first top therapy for: insomnia or trouble sleeping

TP1CND35	Frequency	Percent
1 Mentioned	129	2.87
2 Not mentioned	4348	96.71
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_36.000: Used first top therapy for: jaw pain

TP1CND36	Frequency	Percent
1 Mentioned	25	0.56
2 Not mentioned	4452	99.02
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_37.000: Used first top therapy for: joint pain or stiffness/other joint condition

TP1CND37	Frequency	Percent
1 Mentioned	631	14.03
2 Not mentioned	3846	85.54
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_38.000: Used first top therapy for: knee problems (not arthritis, not joint injury)

TP1CND38	Frequency	Percent
1 Mentioned	66	1.47
2 Not mentioned	4411	98.11
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_39.000: Used first top therapy for: liver problem

TP1CND39	Frequency	Percent
1 Mentioned	16	0.36
2 Not mentioned	4461	99.22
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_40.000: Used first top therapy for: lungs/breathing problem

TP1CND40	Frequency	Percent
1 Mentioned	14	0.31
2 Not mentioned	4463	99.27
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_41.000: Used first top therapy for: lupus

TP1CND41	Frequency	Percent
1 Mentioned	14	0.31
2 Not mentioned	4463	99.27
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_42.000: Used first top therapy for: memory loss or loss of other cognitive function

TP1CND42	Frequency	Percent
1 Mentioned	33	0.73
2 Not mentioned	4444	98.84
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_43.000: Used first top therapy for: menopause

TP1CND43	Frequency	Percent
1 Mentioned	21	0.47
2 Not mentioned	4456	99.11
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_44.000: Used first top therapy for: menstrual problems

TP1CND44	Frequency	Percent
1 Mentioned	24	0.53
2 Not mentioned	4453	99.04
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_45.000: Used first top therapy for: intellectual disability, also known as mental retardation

TP1CND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	4477	99.58
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_46.000: Used first top therapy for: missing limbs (fingers, toes, or digits), amputee

TP1CND46	Frequency	Percent
1 Mentioned	4	0.09
2 Not mentioned	4473	99.49
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_47.000: Used first top therapy for: nausea and/or vomiting

TP1CND47	Frequency	Percent
1 Mentioned	14	0.31
2 Not mentioned	4463	99.27
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_48.000: Used first top therapy for: neurological problems

TP1CND48	Frequency	Percent
1 Mentioned	64	1.42
2 Not mentioned	4413	98.15
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_49.000: Used first top therapy for: osteoporosis, tendinitis

TP1CND49	Frequency	Percent
1 Mentioned	11	0.24
2 Not mentioned	4466	99.33
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_50.000: Used first top therapy for: allergies other than hay fever, respiratory, food, digestive, or skin allergies

TP1CND50	Frequency	Percent
1 Mentioned	13	0.29
2 Not mentioned	4464	99.29
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_51.000: Used first top therapy for: chronic pain

TP1CND51	Frequency	Percent
1 Mentioned	168	3.74
2 Not mentioned	4309	95.84
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_52.000: Used first top therapy for: other developmental problem

TP1CND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	4477	99.58
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_53.000: Used first top therapy for: injury
 other than fracture, bone/joint injury

TP1CND53	Frequency	Percent
1 Mentioned	26	0.58
2 Not mentioned	4451	99.00
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_54.000: Used first top therapy for: mental health disorders

TP1CND54	Frequency	Percent
1 Mentioned	26	0.58
2 Not mentioned	4451	99.00
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_55.000: Used first top therapy for: muscle or bone pain

TP1CND55	Frequency	Percent
1 Mentioned	355	7.90
2 Not mentioned	4122	91.68
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_56.000: Used first top therapy for: nerve
 damage, including carpal tunnel syndrome

TP1CND56	Frequency	Percent
1 Mentioned	20	0.44
2 Not mentioned	4457	99.13
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_57.000: Used first top therapy for: problems with being overweight

TP1CND57	Frequency	Percent
1 Mentioned	89	1.98
2 Not mentioned	4388	97.60
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_58.000: Used first top therapy for: phobia or fears

TP1CND58	Frequency	Percent
1 Mentioned	14	0.31
2 Not mentioned	4463	99.27
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_59.000: Used first top therapy for: polio
 (myelitis), paralysis, para/quadriplegia

TP1CND59	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	4477	99.58
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_60.000: Used first top therapy for: poor circulation in legs

TP1CND60	Frequency	Percent
1 Mentioned	40	0.89
2 Not mentioned	4437	98.69
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_61.000: Used first top therapy for: prostate trouble or impotence

TP1CND61	Frequency	Percent
1 Mentioned	10	0.22
2 Not mentioned	4467	99.35
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_62.000: Used first top therapy for:
recurring headache, other than migraine

TP1CND62	Frequency	Percent
1 Mentioned	56	1.25
2 Not mentioned	4421	98.33
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_63.000: Used first top therapy for: respiratory allergy

TP1CND63	Frequency	Percent
1 Mentioned	14	0.31
2 Not mentioned	4463	99.27
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_64.000: Used first top therapy for: rheumatoid arthritis

TP1CND64	Frequency	Percent
1 Mentioned	44	0.98
2 Not mentioned	4433	98.60
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_65.000: Used first top therapy for: senility

TP1CND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	4477	99.58
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_66.000: Used first top therapy for: sinusitis

TP1CND66	Frequency	Percent
1 Mentioned	33	0.73
2 Not mentioned	4444	98.84
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_67.000: Used first top therapy for: eczema or any kind of skin allergy

TP1CND67	Frequency	Percent
1 Mentioned	9	0.20
2 Not mentioned	4468	99.38
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_68.000: Used first top therapy for: skin problems, other than eczema or skin allergies

TP1CND68	Frequency	Percent
1 Mentioned	21	0.47
2 Not mentioned	4456	99.11
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_69.000: Used first top therapy for:
 sore throat other than strep or tonsillitis

TP1CND69	Frequency	Percent
1 Mentioned	23	0.51
2 Not mentioned	4454	99.07
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_70.000: Used first top therapy for: sprain or strain

TP1CND70	Frequency	Percent
1 Mentioned	64	1.42
2 Not mentioned	4413	98.15
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_71.000: Used first top therapy for: frequent stress

TP1CND71	Frequency	Percent
1 Mentioned	176	3.91
2 Not mentioned	4301	95.66
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_72.000: Used first top therapy for: strep throat or tonsillitis

TP1CND72	Frequency	Percent
1 Mentioned	3	0.07
2 Not mentioned	4474	99.51
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_73.000: Used first top therapy for: substance abuse, other than alcohol or tobacco

TP1CND73	Frequency	Percent
1 Mentioned	3	0.07
2 Not mentioned	4474	99.51
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_74.000: Used first top therapy for: filled problem from AFLHCA_S1

TP1CND74	Frequency	Percent
1 Mentioned	66	1.47
2 Not mentioned	4411	98.11
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_75.000: Used first top therapy for: filled problem from AFLHCA_S2

TP1CND75	Frequency	Percent
1 Mentioned	12	0.27
2 Not mentioned	4465	99.31
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_76.000: Used first top therapy for: ulcer

TP1CND76	Frequency	Percent
1 Mentioned	6	0.13
2 Not mentioned	4471	99.44
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

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ALT.531_77.000: Used first top therapy for: urinary problems

TP1CND77	Frequency	Percent
1 Mentioned	61	1.36
2 Not mentioned	4416	98.22
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_78.000: Used first top therapy for: varicose veins, hemorrhoids

TP1CND78	Frequency	Percent
1 Mentioned	4	0.09
2 Not mentioned	4473	99.49
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_79.000: Used first top therapy for: vision problem

TP1CND79	Frequency	Percent
1 Mentioned	45	1.00
2 Not mentioned	4432	98.58
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_80.000: Used first top therapy for: weak or failing kidneys

TP1CND80	Frequency	Percent
1 Mentioned	5	0.11
2 Not mentioned	4472	99.47
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_81.000: Used first top therapy for: COPD

TP1CND81	Frequency	Percent
1 Mentioned	5	0.11
2 Not mentioned	4472	99.47
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_82.000: Used first top therapy for: back pain or problem

TP1CND82	Frequency	Percent
1 Mentioned	1510	33.59
2 Not mentioned	2967	65.99
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_83.000: Used first top therapy for: Neck pain/problem

TP1CND83	Frequency	Percent
1 Mentioned	701	15.59
2 Not mentioned	3776	83.99
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_84.000: Used first top therapy for: severe headache or migraine

TP1CND84	Frequency	Percent
1 Mentioned	169	3.76
2 Not mentioned	4308	95.82
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_85.000: Used first top therapy for: stomach or intestinal illness

TP1CND85	Frequency	Percent
1 Mentioned	130	2.89
2 Not mentioned	4347	96.69
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_86.000: Used first top therapy for: other specify

TP1CND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	4477	99.58
7 Refused	9	0.20
8 Not ascertained	1	0.02
9 Don't know	9	0.20

Frequency Missing = 30029

ALT.531_87.000: Used first top therapy for: condition not elsewhere classified

TP1CND87	Frequency	Percent
1 Mentioned	148	99.33
2 Not mentioned	1	0.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34376

ALT.531_88.000: Used first top therapy for: any cardiovascular condition

TP1CND88	Frequency	Percent
1 Mentioned	485	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34040

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ALT.532_00.000: Most important health problem
 for which first top therapy was used

TP1_CMST	Frequency	Percent
01 Abdominal pain	16	0.36
02 Acid reflux or heartburn	24	0.53
03 Feeling anxious, nervous or worried	92	2.05
04 Asthma	10	0.22
05 Arthritis	185	4.12
06 Attention Deficit Disorder/Hyperactivity	1	0.02
07 Benign tumors, cysts	0	0.00
08 Bipolar Disorder	6	0.13
09 Birth defect	0	0.00
10 Cancer	22	0.49
11 High Cholesterol	141	3.14
12 Chronic Bronchitis	4	0.09
13 Circulation problems (other than in the legs)	4	0.09
14 Coronary heart disease	28	0.62
15 Dental pain	4	0.09
16 Depression	34	0.76
17 Diabetes	48	1.07
18 Digestive allergy	8	0.18
19 Excessive sleepiness during the day	1	0.02
20 Excessive use of alcohol or tobacco	5	0.11
21 Fatigue or lack of energy more than 3 days	27	0.60
22 Fever more than 1 day	1	0.02
23 Fibromyalgia	45	1.00
24 Fracture, bone/joint injury	36	0.80
25 Gout	3	0.07
26 Gynecologic problem	12	0.27
27 Hay fever	3	0.07
28 Head or chest cold	35	0.78
29 Hearing problem	4	0.09
30 Heart condition or disease, other than coronary heart disease	26	0.58
31 Hernia	0	0.00
32 Hypertension	39	0.87
33 Infectious diseases or problems of the immune system	12	0.27
34 Influenza or pneumonia	4	0.09
35 Insomnia or trouble sleeping	53	1.18
36 Jaw pain	7	0.16
37 Joint pain or stiffness/Other joint condition	323	7.19
38 Knee problems (not arthritis, not joint injury)	27	0.60
39 Liver problem	8	0.18
40 Lung/breathing problem	2	0.04
41 Lupus	6	0.13
42 Memory loss or loss of other cognitive function	8	0.18
43 Menopause	3	0.07
44 Menstrual problems	3	0.07
45 Intellectual disability, also known as mental retardation	0	0.00
46 Missing limbs (fingers, toes or digits), amputee	1	0.02
47 Nausea and/or vomiting	3	0.07
48 Neurological problems	18	0.40
49 Osteoporosis, tendinitis	1	0.02

Frequency Missing = 30033

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ALT.532_00.000: Most important health problem
 for which first top therapy was used

TP1_CMST	Frequency	Percent
50 Allergies other than hay fever, respiratory, food, digestive, or skin allergies	4	0.09
51 Chronic pain	75	1.67
52 Other developmental problem	0	0.00
53 Injury other than fracture, bone/joint injury	8	0.18
54 Mental health disorders	5	0.11
55 Muscle or bone pain	163	3.63
56 Nerve damage, including carpal tunnel syndrome	4	0.09
57 Problems with being overweight	35	0.78
58 Phobia or fears	1	0.02
59 Polio (myelitis), paralysis, para/quadruplegia	0	0.00
60 Poor circulation in your legs	14	0.31
61 Prostate trouble or impotence	3	0.07
62 Recurring headache, other than migraine	16	0.36
63 Respiratory allergy	6	0.13
64 Rheumatoid arthritis	23	0.51
65 Senility	0	0.00
66 Sinusitis	13	0.29
67 Eczema or any kind of skin allergy	3	0.07
68 Skin problems, other than eczema or skin allergies	5	0.11
69 Sore throat other than strep or tonsillitis	5	0.11
70 Sprain or strain	26	0.58
71 Frequent stress	76	1.69
72 Strep throat or tonsillitis	1	0.02
73 Substance abuse, other than alcohol or tobacco	1	0.02
74 Filled problem from AFLHCA_S1	43	0.96
75 Filled problem from AFLHCA_S2	6	0.13
76 Ulcer	2	0.04
77 Urinary problems	36	0.80
78 Varicose veins, hemorrhoids	0	0.00
79 Vision problem	6	0.13
80 Weak or failing kidneys	4	0.09
81 COPD	2	0.04
82 Back pain or problem	1168	26.00
83 Neck pain or problem	355	7.90
84 Severe headache or migraine	67	1.49
85 Stomach or intestinal illness	61	1.36
86 Other specify	869	19.35
97 Refused	12	0.27
98 Not ascertained	0	0.00
99 Don't know	31	0.69

Frequency Missing = 30033

ALT.533_00.000: How much first top therapy helped address the health problem

TP1_CHLP	Frequency	Percent
1 A great deal	2326	52.28
2 Some	1413	31.76
3 Only a little	420	9.44
4 Not at all	194	4.36
7 Refused	3	0.07
8 Not ascertained	2	0.04
9 Don't know	91	2.05

Frequency Missing = 30076

ALT.534_00.000: Received prescription medication for most important health condition treated by first top therapy

TP1_MTR1	Frequency	Percent
1 Yes	1549	34.82
2 No	2888	64.91
7 Refused	4	0.09
8 Not ascertained	4	0.09
9 Don't know	4	0.09

Frequency Missing = 30076

ALT.535_00.000: Received over-the-counter medication for most important health condition treated by first top therapy

TP1_MTR2	Frequency	Percent
1 Yes	1498	33.67
2 No	2938	66.04
7 Refused	3	0.07
8 Not ascertained	4	0.09
9 Don't know	6	0.13

Frequency Missing = 30076

ALT.536_00.000: Received surgery for most important health condition treated by first top therapy

TP1_MTR3	Frequency	Percent
1 Yes	347	7.80
2 No	4094	92.02
7 Refused	2	0.04
8 Not ascertained	4	0.09
9 Don't know	2	0.04

Frequency Missing = 30076

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ALT.537_00.000: Received physical therapy for most important health condition treated by first top therapy

TP1_MTR4	Frequency	Percent
1 Yes	909	20.43
2 No	3531	79.37
7 Refused	2	0.04
8 Not ascertained	5	0.11
9 Don't know	2	0.04

Frequency Missing = 30076

ALT.538_00.000: Received mental health counseling for most important health condition treated by first top therapy

TP1_MTR5	Frequency	Percent
1 Yes	257	5.78
2 No	4184	94.04
7 Refused	1	0.02
8 Not ascertained	5	0.11
9 Don't know	2	0.04

Frequency Missing = 30076

ALT.539_00.000: Used/saw practitioner for first top therapy because: medical treatments were too expensive

TP1_RS1	Frequency	Percent
1 Yes	247	9.22
2 No	2410	89.99
7 Refused	2	0.07
8 Not ascertained	2	0.07
9 Don't know	17	0.63

Frequency Missing = 31847

ALT.540_00.000: Used/saw practitioner for first top therapy because: therapy combined with medical treatment would help

TP1_RS2	Frequency	Percent
1 Yes	1767	65.98
2 No	877	32.75
7 Refused	2	0.07
8 Not ascertained	5	0.19
9 Don't know	27	1.01

Frequency Missing = 31847

ALT.541_00.000: Used/saw practitioner for first top therapy because:
 medical treatments do not work for your specific health problem

TP1_RS3	Frequency	Percent
1 Yes	634	23.67
2 No	1986	74.16
7 Refused	2	0.07
8 Not ascertained	6	0.22
9 Don't know	50	1.87

Frequency Missing = 31847

ALT.542_00.000: Used/saw practitioner for first top
 therapy because: medications cause side effects

TP1_RS4	Frequency	Percent
1 Yes	476	19.80
2 No	1916	79.70
7 Refused	3	0.12
8 Not ascertained	6	0.25
9 Don't know	3	0.12

Frequency Missing = 32121

ALT.543_00.000: Used/saw practitioner for first top therapy
 because: it can be practiced/done on your own

TP1_RS5	Frequency	Percent
1 Yes	3901	66.84
2 No	1863	31.92
7 Refused	14	0.24
8 Not ascertained	37	0.63
9 Don't know	21	0.36

Frequency Missing = 28689

ALT.544_00.000: Used/saw practitioner for
 first top therapy because: it is natural

TP1_RS6	Frequency	Percent
1 Yes	5622	55.35
2 No	4360	42.92
7 Refused	28	0.28
8 Not ascertained	94	0.93
9 Don't know	54	0.53

Frequency Missing = 24367

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ALT.545_00.000: Used/saw practitioner for first top therapy because:
 it focuses on the whole person, mind, body, and spirit

TP1_RS7	Frequency	Percent
1 Yes	3947	38.86
2 No	6020	59.26
7 Refused	32	0.32
8 Not ascertained	96	0.95
9 Don't know	63	0.62

Frequency Missing = 24367

ALT.546_00.000: Used/saw practitioner for first top therapy
 because: it treats the cause and not just the symptoms

TP1_RS8	Frequency	Percent
1 Yes	5108	50.29
2 No	4793	47.18
7 Refused	34	0.33
8 Not ascertained	97	0.95
9 Don't know	126	1.24

Frequency Missing = 24367

ALT.547_00.000: Used/saw practitioner for first top
 therapy because: it was part of your upbringing

TP1_RS9	Frequency	Percent
1 Yes	1242	12.23
2 No	8763	86.27
7 Refused	30	0.30
8 Not ascertained	100	0.98
9 Don't know	23	0.23

Frequency Missing = 24367

ALT.548_00.000: Used/saw practitioner for first top therapy
 because it was recommended by: a medical doctor

TP1_REC1	Frequency	Percent
1 Yes	2158	21.24
2 No	7851	77.29
7 Refused	27	0.27
8 Not ascertained	100	0.98
9 Don't know	22	0.22

Frequency Missing = 24367

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ALT.549_00.000: Used/saw practitioner for first top therapy because it was recommended by: a family member

TP1_REC2	Frequency	Percent
1 Yes	2824	27.80
2 No	7185	70.73
7 Refused	28	0.28
8 Not ascertained	100	0.98
9 Don't know	21	0.21

Frequency Missing = 24367

ALT.550_00.000: Used/saw practitioner for first top therapy because it was recommended by: a friend

TP1_REC3	Frequency	Percent
1 Yes	3018	29.71
2 No	6989	68.80
7 Refused	30	0.30
8 Not ascertained	101	0.99
9 Don't know	20	0.20

Frequency Missing = 24367

ALT.551_00.000: Used/saw practitioner for first top therapy because it was recommended by: a co-worker

TP1_REC4	Frequency	Percent
1 Yes	909	8.95
2 No	9098	89.56
7 Refused	30	0.30
8 Not ascertained	101	0.99
9 Don't know	20	0.20

Frequency Missing = 24367

ALT.552_00.000: How important use of first top therapy was in maintaining health and well-being

TP1_IMP	Frequency	Percent
1 Very important	3626	35.70
2 Somewhat important	3196	31.46
3 Slightly important	1958	19.28
4 Not at all important	1163	11.45
7 Refused	23	0.23
8 Not ascertained	103	1.01
9 Don't know	89	0.88

Frequency Missing = 24367

ALT.553_00.000: Told personal health care provider about use of first top therapy

TP1_DS1	Frequency	Percent
1 Yes	4235	56.52
2 No	3094	41.29
7 Refused	25	0.33
8 Not ascertained	91	1.21
9 Don't know	48	0.64

Frequency Missing = 27032

ALT.554_00.000: Didn't tell personal health care provider about use of first top therapy because: weren't using therapy at the time

TP1_DS2	Frequency	Percent
1 Yes	785	25.37
2 No	2271	73.40
7 Refused	6	0.19
8 Not ascertained	4	0.13
9 Don't know	28	0.90

Frequency Missing = 31431

ALT.555_00.000: Didn't tell personal health care provider about use of first top therapy because: they discouraged use of therapy in the past

TP1_DS3	Frequency	Percent
1 Yes	68	2.20
2 No	3004	97.09
7 Refused	5	0.16
8 Not ascertained	4	0.13
9 Don't know	13	0.42

Frequency Missing = 31431

ALT.556_00.000: Didn't tell personal health care provider about use of first top therapy because: worried they would discourage it

TP1_DS4	Frequency	Percent
1 Yes	96	3.10
2 No	2982	96.38
7 Refused	5	0.16
8 Not ascertained	5	0.16
9 Don't know	6	0.19

Frequency Missing = 31431

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ALT.557_00.000: Didn't tell personal health care provider about use of first top therapy because: concerned about a negative reaction

TP1_DS5	Frequency	Percent
1 Yes	103	3.33
2 No	2974	96.12
7 Refused	5	0.16
8 Not ascertained	6	0.19
9 Don't know	6	0.19

Frequency Missing = 31431

ALT.558_00.000: Didn't tell personal health care provider about use of first top therapy because: didn't think they needed to know

TP1_DS6	Frequency	Percent
1 Yes	1432	46.28
2 No	1642	53.07
7 Refused	5	0.16
8 Not ascertained	6	0.19
9 Don't know	9	0.29

Frequency Missing = 31431

ALT.559_00.000: Didn't tell personal health care provider about use of first top therapy because: they didn't ask

TP1_DS7	Frequency	Percent
1 Yes	1759	56.85
2 No	1312	42.40
7 Refused	5	0.16
8 Not ascertained	6	0.19
9 Don't know	12	0.39

Frequency Missing = 31431

ALT.560_00.000: Didn't tell health care provider about use of first top therapy because: didn't think they knew as much about therapy as you do

TP1_DS8	Frequency	Percent
1 Yes	239	7.72
2 No	2805	90.66
7 Refused	7	0.23
8 Not ascertained	6	0.19
9 Don't know	37	1.20

Frequency Missing = 31431

ALT.561_00.000: Didn't tell personal health care provider about use of first top therapy because: they didn't give you enough time to tell them

TP1_DS9	Frequency	Percent
1 Yes	142	4.59
2 No	2926	94.57
7 Refused	7	0.23
8 Not ascertained	6	0.19
9 Don't know	13	0.42

Frequency Missing = 31431

ALT.580_00.000: Got information about first top therapy from: the internet

TP1_INF1	Frequency	Percent
1 Yes	2118	20.85
2 No	7885	77.62
7 Refused	26	0.26
8 Not ascertained	117	1.15
9 Don't know	12	0.12

Frequency Missing = 24367

ALT.581_00.000: Got information about first top therapy from: books, magazines, or newspapers

TP1_INF2	Frequency	Percent
1 Yes	1770	17.42
2 No	8232	81.04
7 Refused	27	0.27
8 Not ascertained	119	1.17
9 Don't know	10	0.10

Frequency Missing = 24367

ALT.582_00.000: Got information about first top therapy from: DVDs, videos, or CDs

TP1_INF3	Frequency	Percent
1 Yes	774	7.62
2 No	9229	90.85
7 Refused	25	0.25
8 Not ascertained	120	1.18
9 Don't know	10	0.10

Frequency Missing = 24367

ALT.583_00.000: Got information about first
 top therapy from: television or radio

TP1_INF4	Frequency	Percent
1 Yes	886	8.72
2 No	9117	89.75
7 Refused	25	0.25
8 Not ascertained	120	1.18
9 Don't know	10	0.10

Frequency Missing = 24367

ALT.584_00.000: Got information about first
 top therapy from: scientific articles

TP1_INF5	Frequency	Percent
1 Yes	959	9.44
2 No	9043	89.02
7 Refused	25	0.25
8 Not ascertained	120	1.18
9 Don't know	11	0.11

Frequency Missing = 24367

ALT.585_00.000: Got information about first top therapy from: health food stores

TP1_INF6	Frequency	Percent
1 Yes	890	8.76
2 No	9108	89.66
7 Refused	29	0.29
8 Not ascertained	121	1.19
9 Don't know	10	0.10

Frequency Missing = 24367

ALT.595_00.000: Used/saw practitioner for second top therapy:
 for general wellness or general disease prevention

TP2_REAL	Frequency	Percent
1 Yes	3412	72.00
2 No	1238	26.12
7 Refused	18	0.38
8 Not ascertained	63	1.33
9 Don't know	8	0.17

Frequency Missing = 29786

ALT.596_00.000: Used/saw practitioner for second top therapy: to improve energy

TP2_REA2	Frequency	Percent
1 Yes	1988	41.95
2 No	2651	55.94
7 Refused	18	0.38
8 Not ascertained	65	1.37
9 Don't know	17	0.36

Frequency Missing = 29786

ALT.597_00.000: Used/saw practitioner for second top therapy: to improve immune function

TP2_REA3	Frequency	Percent
1 Yes	1503	31.72
2 No	3134	66.13
7 Refused	19	0.40
8 Not ascertained	67	1.41
9 Don't know	16	0.34

Frequency Missing = 29786

ALT.598_00.000: Used/saw practitioner for second top therapy: to improve athletic or sports performance

TP2_REA4	Frequency	Percent
1 Yes	1094	23.09
2 No	3548	74.87
7 Refused	18	0.38
8 Not ascertained	67	1.41
9 Don't know	12	0.25

Frequency Missing = 29786

ALT.599_00.000: Used/saw practitioner for second top therapy: to improve memory or concentration

TP2_REA5	Frequency	Percent
1 Yes	1076	22.71
2 No	3559	75.10
7 Refused	19	0.40
8 Not ascertained	67	1.41
9 Don't know	18	0.38

Frequency Missing = 29786

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ALT.600_00.000: Using/seeing practitioner for second top therapy was motivation to: eat healthier

TP2_MOT1	Frequency	Percent
1 Yes	1253	26.44
2 No	3385	71.43
7 Refused	18	0.38
8 Not ascertained	68	1.43
9 Don't know	15	0.32

Frequency Missing = 29786

ALT.601_00.000: Using/seeing practitioner for second top therapy was motivation to: eat more organic foods

TP2_MOT2	Frequency	Percent
1 Yes	729	15.38
2 No	3911	82.53
7 Refused	19	0.40
8 Not ascertained	68	1.43
9 Don't know	12	0.25

Frequency Missing = 29786

ALT.602_00.000: Using/seeing practitioner for second top therapy was motivation to: cut back or stop drinking alcohol

TP2_MOT3	Frequency	Percent
1 Yes	266	7.46
2 No	3166	88.81
7 Refused	12	0.34
8 Not ascertained	115	3.23
9 Don't know	6	0.17

Frequency Missing = 30960

ALT.603_00.000: Using/seeing practitioner for second top therapy was motivation to: cut back or stop smoking cigarettes

TP2_MOT4	Frequency	Percent
1 Yes	100	14.95
2 No	561	83.86
7 Refused	1	0.15
8 Not ascertained	7	1.05
9 Don't know	0	0.00

Frequency Missing = 33856

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ALT.604_00.000: Using/seeing practitioner for second top
 therapy was motivation to: exercise more regularly

TP2_MOT5	Frequency	Percent
1 Yes	1371	28.93
2 No	3269	68.98
7 Refused	20	0.42
8 Not ascertained	68	1.43
9 Don't know	11	0.23

Frequency Missing = 29786

ALT.605_00.000: Using/seeing practitioner for second top
 therapy: gave a sense of control over one's health

TP2_OUT1	Frequency	Percent
1 Yes	2172	45.83
2 No	2463	51.97
7 Refused	20	0.42
8 Not ascertained	68	1.43
9 Don't know	16	0.34

Frequency Missing = 29786

ALT.606_00.000: Using/seeing practitioner for second top
 therapy led to: reduced stress level or relaxation

TP2_OUT2	Frequency	Percent
1 Yes	2393	50.50
2 No	2233	47.12
7 Refused	21	0.44
8 Not ascertained	69	1.46
9 Don't know	23	0.49

Frequency Missing = 29786

ALT.607_00.000: Using/seeing practitioner for
 second top therapy led to: better sleep

TP2_OUT3	Frequency	Percent
1 Yes	1922	40.56
2 No	2694	56.85
7 Refused	21	0.44
8 Not ascertained	69	1.46
9 Don't know	33	0.70

Frequency Missing = 29786

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ALT.608_00.000: Using/seeing practitioner for second therapy led to: feeling better emotionally

TP2_OUT4	Frequency	Percent
1 Yes	2002	42.25
2 No	2623	55.35
7 Refused	21	0.44
8 Not ascertained	69	1.46
9 Don't know	24	0.51

Frequency Missing = 29786

ALT.609_00.000: Using/seeing practitioner for second top therapy led to: made it easier to cope with health problems

TP2_OUT5	Frequency	Percent
1 Yes	1642	34.65
2 No	2983	62.95
7 Refused	21	0.44
8 Not ascertained	69	1.46
9 Don't know	24	0.51

Frequency Missing = 29786

ALT.610_00.000: Using/seeing practitioner for second top therapy led to: improved overall health and feeling better

TP2_OUT6	Frequency	Percent
1 Yes	3174	66.98
2 No	1447	30.53
7 Refused	22	0.46
8 Not ascertained	69	1.46
9 Don't know	27	0.57

Frequency Missing = 29786

ALT.611_00.000: Using/seeing practitioner for second top therapy led to: improved relationships with others

TP2_OUT7	Frequency	Percent
1 Yes	1085	22.90
2 No	3542	74.74
7 Refused	23	0.49
8 Not ascertained	69	1.46
9 Don't know	20	0.42

Frequency Missing = 29786

ALT.612_00.000: Using/seeing practitioner for second top therapy led to: improved attendance at job or school

TP2_OUT8	Frequency	Percent
1 Yes	626	17.26
2 No	2923	80.59
7 Refused	16	0.44
8 Not ascertained	51	1.41
9 Don't know	11	0.30

Frequency Missing = 30898

ALT.613_00.000: Most important reason for using second top therapy

TP2_MOST	Frequency	Percent
01 Your general wellness or general disease prevention	1800	40.96
02 To improve your energy	152	3.46
03 To improve your immune function	166	3.78
04 To improve your athletic or sports performance	184	4.19
05 To improve your memory or concentration	70	1.59
06 To eat healthier	45	1.02
07 To eat more organic foods	2	0.05
08 To cut back or stop drinking alcohol	2	0.05
09 To cut back or stop smoking cigarettes	5	0.11
10 To exercise more regularly	78	1.77
11 To give you a sense of control over your health	113	2.57
12 To help to reduce your stress level or to relax	511	11.63
13 To help you to sleep better	171	3.89
14 To make you feel better emotionally	100	2.28
15 To make it easier to cope with health problems	144	3.28
16 To improve your overall health and make you feel better	782	17.79
17 To improve your relationships with others	35	0.80
18 To improve your attendance at a job or school	14	0.32
97 Refused	3	0.07
98 Not ascertained	4	0.09
99 Don't know	14	0.32

Frequency Missing = 30130

ALT.614_00.000: How much second top therapy helped with the most important reason for its use

TP2_HELP	Frequency	Percent
1 A great deal	1830	41.84
2 Some	1870	42.75
3 Only a little	491	11.23
4 Not at all	109	2.49
7 Refused	1	0.02
8 Not ascertained	2	0.05
9 Don't know	71	1.62

Frequency Missing = 30151

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ALT.615_00.000: Used second top therapy for specific health problem(s)

TP2_TRET	Frequency	Percent
1 Yes	1747	36.86
2 No	2897	61.13
7 Refused	17	0.36
8 Not ascertained	72	1.52
9 Don't know	6	0.13

Frequency Missing = 29786

ALT.616_01.000: Used second top therapy for: abdominal pain

TP2CND01	Frequency	Percent
1 Mentioned	24	1.32
2 Not mentioned	1789	98.30
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_02.000: Used second top therapy for: acid reflux or heartburn

TP2CND02	Frequency	Percent
1 Mentioned	29	1.59
2 Not mentioned	1784	98.02
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_03.000: Used second top therapy for:
feeling anxious, nervous, or worried

TP2CND03	Frequency	Percent
1 Mentioned	94	5.16
2 Not mentioned	1719	94.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_04.000: Used second top therapy for: asthma

TP2CND04	Frequency	Percent
1 Mentioned	8	0.44
2 Not mentioned	1805	99.18
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_05.000: Used second top therapy for: arthritis

TP2CND05	Frequency	Percent
1 Mentioned	154	8.46
2 Not mentioned	1659	91.15
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_06.000: Used second top therapy for:
 attention deficit disorder/hyperactivity

TP2CND06	Frequency	Percent
1 Mentioned	13	0.71
2 Not mentioned	1800	98.90
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_07.000: Used second top therapy for: benign tumors, cysts

TP2CND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1813	99.62
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_08.000: Used second top therapy for: bipolar disorder

TP2CND08	Frequency	Percent
1 Mentioned	10	0.55
2 Not mentioned	1803	99.07
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_09.000: Used second top therapy for: birth defect

TP2CND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1813	99.62
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_10.000: Used second top therapy for: cancer

TP2CND10	Frequency	Percent
1 Mentioned	15	0.82
2 Not mentioned	1798	98.79
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_11.000: Used second top therapy for: high cholesterol

TP2CND11	Frequency	Percent
1 Mentioned	121	6.65
2 Not mentioned	1692	92.97
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_12.000: Used second top therapy for: chronic bronchitis

TP2CND12	Frequency	Percent
1 Mentioned	3	0.16
2 Not mentioned	1810	99.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_13.000: Used second top therapy for:
 circulation problems (other than in the legs)

TP2CND13	Frequency	Percent
1 Mentioned	6	0.33
2 Not mentioned	1807	99.29
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_14.000: Used second top therapy for: coronary heart disease

TP2CND14	Frequency	Percent
1 Mentioned	20	1.10
2 Not mentioned	1793	98.52
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_15.000: Used second top therapy for: dental pain

TP2CND15	Frequency	Percent
1 Mentioned	3	0.16
2 Not mentioned	1810	99.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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 Adult Alternative Medicine Public Use File (althealt)
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ALT.616_16.000: Used second top therapy for: depression

TP2CND16	Frequency	Percent
1 Mentioned	64	3.52
2 Not mentioned	1749	96.10
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_17.000: Used second top therapy for: diabetes

TP2CND17	Frequency	Percent
1 Mentioned	34	1.87
2 Not mentioned	1779	97.75
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_18.000: Used second top therapy for: digestive allergy

TP2CND18	Frequency	Percent
1 Mentioned	20	1.10
2 Not mentioned	1793	98.52
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_19.000: Used second top therapy for: excessive sleepiness during the day

TP2CND19	Frequency	Percent
1 Mentioned	13	0.71
2 Not mentioned	1800	98.90
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_20.000: Used second top therapy for: excessive use of alcohol or tobacco

TP2CND20	Frequency	Percent
1 Mentioned	6	0.33
2 Not mentioned	1807	99.29
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_21.000: Used second top therapy for: fatigue or lack of energy more than 3 days

TP2CND21	Frequency	Percent
1 Mentioned	52	2.86
2 Not mentioned	1761	96.76
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_22.000: Used second top therapy for: fever more than 1 day

TP2CND22	Frequency	Percent
1 Mentioned	4	0.22
2 Not mentioned	1809	99.40
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_23.000: Used second top therapy for: fibromyalgia

TP2CND23	Frequency	Percent
1 Mentioned	34	1.87
2 Not mentioned	1779	97.75
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_24.000: Used second top therapy for: fracture, bone/joint injury

TP2CND24	Frequency	Percent
1 Mentioned	21	1.15
2 Not mentioned	1792	98.46
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_25.000: Used second top therapy for: gout

TP2CND25	Frequency	Percent
1 Mentioned	7	0.38
2 Not mentioned	1806	99.23
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_26.000: Used second top therapy for: gynecological problem

TP2CND26	Frequency	Percent
1 Mentioned	12	0.66
2 Not mentioned	1801	98.96
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_27.000: Used second top therapy for: hay fever

TP2CND27	Frequency	Percent
1 Mentioned	3	0.16
2 Not mentioned	1810	99.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_28.000: Used second top therapy for: head or chest cold

TP2CND28	Frequency	Percent
1 Mentioned	42	2.31
2 Not mentioned	1771	97.31
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_29.000: Used second top therapy for: hearing problem

TP2CND29	Frequency	Percent
1 Mentioned	1	0.05
2 Not mentioned	1812	99.56
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_30.000: Used second top therapy for: heart condition or disease, other than coronary heart disease

TP2CND30	Frequency	Percent
1 Mentioned	26	1.43
2 Not mentioned	1787	98.19
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_31.000: Used second top therapy for: hernia

TP2CND31	Frequency	Percent
1 Mentioned	2	0.11
2 Not mentioned	1811	99.51
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_32.000: Used second top therapy for: hypertension

TP2CND32	Frequency	Percent
1 Mentioned	56	3.08
2 Not mentioned	1757	96.54
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_33.000: Used second top therapy for: infectious diseases or problems of the immune system

TP2CND33	Frequency	Percent
1 Mentioned	20	1.10
2 Not mentioned	1793	98.52
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_34.000: Used second top therapy for: influenza or pneumonia

TP2CND34	Frequency	Percent
1 Mentioned	4	0.22
2 Not mentioned	1809	99.40
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_35.000: Used second top therapy for: insomnia or trouble sleeping

TP2CND35	Frequency	Percent
1 Mentioned	96	5.27
2 Not mentioned	1717	94.34
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_36.000: Used second top therapy for: jaw pain

TP2CND36	Frequency	Percent
1 Mentioned	10	0.55
2 Not mentioned	1803	99.07
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_37.000: Used second top therapy for:
 joint pain or stiffness/other joint condition

TP2CND37	Frequency	Percent
1 Mentioned	256	14.07
2 Not mentioned	1557	85.55
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_38.000: Used second top therapy for: knee
 problems (not arthritis, not joint injury)

TP2CND38	Frequency	Percent
1 Mentioned	28	1.54
2 Not mentioned	1785	98.08
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_39.000: Used second top therapy for: liver problem

TP2CND39	Frequency	Percent
1 Mentioned	8	0.44
2 Not mentioned	1805	99.18
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_40.000: Used second top therapy for: lungs/breathing problem

TP2CND40	Frequency	Percent
1 Mentioned	9	0.49
2 Not mentioned	1804	99.12
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_41.000: Used second top therapy for: lupus

TP2CND41	Frequency	Percent
1 Mentioned	6	0.33
2 Not mentioned	1807	99.29
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_42.000: Used second top therapy for: memory loss or loss of other cognitive function

TP2CND42	Frequency	Percent
1 Mentioned	19	1.04
2 Not mentioned	1794	98.57
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_43.000: Used second top therapy for: menopause

TP2CND43	Frequency	Percent
1 Mentioned	16	0.88
2 Not mentioned	1797	98.74
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_44.000: Used second top therapy for: menstrual problems

TP2CND44	Frequency	Percent
1 Mentioned	14	0.77
2 Not mentioned	1799	98.85
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_45.000: Used second top therapy for: intellectual disability, also known as mental retardation

TP2CND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1813	99.62
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_46.000: Used second top therapy for: missing limbs (fingers, toes, or digits), amputee

TP2CND46	Frequency	Percent
1 Mentioned	1	0.05
2 Not mentioned	1812	99.56
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_47.000: Used second top therapy for: nausea and/or vomiting

TP2CND47	Frequency	Percent
1 Mentioned	15	0.82
2 Not mentioned	1798	98.79
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

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ALT.616_48.000: Used second top therapy for: neurological problems

TP2CND48	Frequency	Percent
1 Mentioned	26	1.43
2 Not mentioned	1787	98.19
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_49.000: Used second top therapy for: osteoporosis, tendinitis

TP2CND49	Frequency	Percent
1 Mentioned	6	0.33
2 Not mentioned	1807	99.29
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_50.000: Used second top therapy for: allergies other than hay fever, respiratory, food, digestive, or skin allergies

TP2CND50	Frequency	Percent
1 Mentioned	3	0.16
2 Not mentioned	1810	99.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_51.000: Used second top therapy for: chronic pain

TP2CND51	Frequency	Percent
1 Mentioned	58	3.19
2 Not mentioned	1755	96.43
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_52.000: Used second top therapy for: other developmental problem

TP2CND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1813	99.62
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_53.000: Used second top therapy for:
injury other than fracture, bone/joint injury

TP2CND53	Frequency	Percent
1 Mentioned	7	0.38
2 Not mentioned	1806	99.23
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_54.000: Used second top therapy for: mental health disorders

TP2CND54	Frequency	Percent
1 Mentioned	19	1.04
2 Not mentioned	1794	98.57
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_55.000: Used second top therapy for: muscle or bone pain

TP2CND55	Frequency	Percent
1 Mentioned	113	6.21
2 Not mentioned	1700	93.41
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_56.000: Used second top therapy for: nerve damage, including carpal tunnel syndrome

TP2CND56	Frequency	Percent
1 Mentioned	8	0.44
2 Not mentioned	1805	99.18
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_57.000: Used second top therapy for: problems with being overweight

TP2CND57	Frequency	Percent
1 Mentioned	64	3.52
2 Not mentioned	1749	96.10
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_58.000: Used second top therapy for: phobia or fears

TP2CND58	Frequency	Percent
1 Mentioned	9	0.49
2 Not mentioned	1804	99.12
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_59.000: Used second top therapy for: polio (myelitis), paralysis, para/quadriplegia

TP2CND59	Frequency	Percent
1 Mentioned	1	0.05
2 Not mentioned	1812	99.56
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_60.000: Used second top therapy for: poor circulation in legs

TP2CND60	Frequency	Percent
1 Mentioned	11	0.60
2 Not mentioned	1802	99.01
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_61.000: Used second top therapy for: prostate trouble or impotence

TP2CND61	Frequency	Percent
1 Mentioned	13	0.71
2 Not mentioned	1800	98.90
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_62.000: Used second top therapy for:
recurring headache, other than migraine

TP2CND62	Frequency	Percent
1 Mentioned	24	1.32
2 Not mentioned	1789	98.30
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_63.000: Used second top therapy for: respiratory allergy

TP2CND63	Frequency	Percent
1 Mentioned	9	0.49
2 Not mentioned	1804	99.12
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_64.000: Used second top therapy for: rheumatoid arthritis

TP2CND64	Frequency	Percent
1 Mentioned	17	0.93
2 Not mentioned	1796	98.68
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_65.000: Used second top therapy for: senility

TP2CND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1813	99.62
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_66.000: Used second top therapy for: sinusitis

TP2CND66	Frequency	Percent
1 Mentioned	12	0.66
2 Not mentioned	1801	98.96
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_67.000: Used second top therapy for: eczema or any kind of skin allergy

TP2CND67	Frequency	Percent
1 Mentioned	3	0.16
2 Not mentioned	1810	99.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_68.000: Used second top therapy for: skin problems, other than eczema or skin allergies

TP2CND68	Frequency	Percent
1 Mentioned	8	0.44
2 Not mentioned	1805	99.18
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_69.000: Used second top therapy for: sore throat other than strep or tonsillitis

TP2CND69	Frequency	Percent
1 Mentioned	7	0.38
2 Not mentioned	1806	99.23
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_70.000: Used second top therapy for: sprain or strain

TP2CND70	Frequency	Percent
1 Mentioned	15	0.82
2 Not mentioned	1798	98.79
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_71.000: Used second top therapy for: frequent stress

TP2CND71	Frequency	Percent
1 Mentioned	103	5.66
2 Not mentioned	1710	93.96
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_72.000: Used second top therapy for: strep throat or tonsillitis

TP2CND72	Frequency	Percent
1 Mentioned	3	0.16
2 Not mentioned	1810	99.45
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_73.000: Used second top therapy for: substance abuse, other than alcohol or tobacco

TP2CND73	Frequency	Percent
1 Mentioned	1	0.05
2 Not mentioned	1812	99.56
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_74.000: Used second top therapy for: filled problem from AFLHCA_S1

TP2CND74	Frequency	Percent
1 Mentioned	34	1.87
2 Not mentioned	1779	97.75
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_75.000: Used second top therapy for: filled problem from AFLHCA_S2

TP2CND75	Frequency	Percent
1 Mentioned	5	0.27
2 Not mentioned	1808	99.34
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_76.000: Used second top therapy for: ulcer

TP2CND76	Frequency	Percent
1 Mentioned	2	0.11
2 Not mentioned	1811	99.51
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_77.000: Used second top therapy for: urinary problems

TP2CND77	Frequency	Percent
1 Mentioned	32	1.76
2 Not mentioned	1781	97.86
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_78.000: Used second top therapy for: varicose veins, hemorrhoids

TP2CND78	Frequency	Percent
1 Mentioned	1	0.05
2 Not mentioned	1812	99.56
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_79.000: Used second top therapy for: vision problem

TP2CND79	Frequency	Percent
1 Mentioned	16	0.88
2 Not mentioned	1797	98.74
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_80.000: Used second top therapy for: weak or failing kidneys

TP2CND80	Frequency	Percent
1 Mentioned	4	0.22
2 Not mentioned	1809	99.40
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_81.000: Used second top therapy for: COPD

TP2CND81	Frequency	Percent
1 Mentioned	2	0.11
2 Not mentioned	1811	99.51
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_82.000: Used second top therapy for: back pain or problem

TP2CND82	Frequency	Percent
1 Mentioned	366	20.11
2 Not mentioned	1447	79.51
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_83.000: Used second top therapy for: Neck pain/problem

TP2CND83	Frequency	Percent
1 Mentioned	168	9.23
2 Not mentioned	1645	90.38
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_84.000: Used second top therapy for: severe headache or migraine

TP2CND84	Frequency	Percent
1 Mentioned	61	3.35
2 Not mentioned	1752	96.26
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_85.000: Used second top therapy for: stomach or intestinal illness

TP2CND85	Frequency	Percent
1 Mentioned	87	4.78
2 Not mentioned	1726	94.84
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_86.000: Used second top therapy for: other specify

TP2CND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1813	99.62
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	5	0.27

Frequency Missing = 32705

ALT.616_87.000: Used second top therapy for: condition not elsewhere classified

TP2CND87	Frequency	Percent
1 Mentioned	66	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34459

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ALT.616_88.000: Used second top therapy for: any cardiovascular condition

TP2CND88	Frequency	Percent
1 Mentioned	202	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34323

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ALT.617_00.000: Most important health problem
 for which second top therapy was used

TP2_CMST	Frequency	Percent
01 Abdominal pain	11	0.61
02 Acid reflux or heartburn	17	0.94
03 Feeling anxious, nervous or worried	49	2.70
04 Asthma	3	0.17
05 Arthritis	104	5.72
06 Attention Deficit Disorder/Hyperactivity	3	0.17
07 Benign tumors, cysts	0	0.00
08 Bipolar Disorder	2	0.11
09 Birth defect	0	0.00
10 Cancer	12	0.66
11 High Cholesterol	58	3.19
12 Chronic Bronchitis	1	0.06
13 Circulation problems (other than in the legs)	2	0.11
14 Coronary heart disease	8	0.44
15 Dental pain	0	0.00
16 Depression	34	1.87
17 Diabetes	21	1.16
18 Digestive allergy	11	0.61
19 Excessive sleepiness during the day	2	0.11
20 Excessive use of alcohol or tobacco	2	0.11
21 Fatigue or lack of energy more than 3 days	20	1.10
22 Fever more than 1 day	0	0.00
23 Fibromyalgia	17	0.94
24 Fracture, bone/joint injury	13	0.72
25 Gout	2	0.11
26 Gynecologic problem	5	0.28
27 Hay fever	1	0.06
28 Head or chest cold	21	1.16
29 Hearing problem	0	0.00
30 Heart condition or disease, other than coronary heart disease	15	0.83
31 Hernia	1	0.06
32 Hypertension	23	1.27
33 Infectious diseases or problems of the immune system	8	0.44
34 Influenza or pneumonia	1	0.06
35 Insomnia or trouble sleeping	49	2.70
36 Jaw pain	2	0.11
37 Joint pain or stiffness/Other joint condition	157	8.64
38 Knee problems (not arthritis, not joint injury)	10	0.55
39 Liver problem	4	0.22
40 Lung/breathing problem	1	0.06
41 Lupus	2	0.11
42 Memory loss or loss of other cognitive function	3	0.17
43 Menopause	8	0.44
44 Menstrual problems	6	0.33
45 Intellectual disability, also known as mental retardation	0	0.00
46 Missing limbs (fingers, toes or digits), amputee	0	0.00
47 Nausea and/or vomiting	8	0.44
48 Neurological problems	11	0.61
49 Osteoporosis, tendinitis	2	0.11

Frequency Missing = 32707

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ALT.617_00.000: Most important health problem
 for which second top therapy was used

TP2_CMST	Frequency	Percent
50 Allergies other than hay fever, respiratory, food, digestive, or skin allergies	2	0.11
51 Chronic pain	28	1.54
52 Other developmental problem	0	0.00
53 Injury other than fracture, bone/joint injury	3	0.17
54 Mental health disorders	6	0.33
55 Muscle or bone pain	57	3.14
56 Nerve damage, including carpal tunnel syndrome	1	0.06
57 Problems with being overweight	27	1.49
58 Phobia or fears	3	0.17
59 Polio (myelitis), paralysis, para/quadruplegia	0	0.00
60 Poor circulation in your legs	5	0.28
61 Prostate trouble or impotence	5	0.28
62 Recurring headache, other than migraine	3	0.17
63 Respiratory allergy	4	0.22
64 Rheumatoid arthritis	10	0.55
65 Senility	0	0.00
66 Sinusitis	4	0.22
67 Eczema or any kind of skin allergy	1	0.06
68 Skin problems, other than eczema or skin allergies	2	0.11
69 Sore throat other than strep or tonsillitis	2	0.11
70 Sprain or strain	8	0.44
71 Frequent stress	44	2.42
72 Strep throat or tonsillitis	0	0.00
73 Substance abuse, other than alcohol or tobacco	1	0.06
74 Filled problem from AFLHCA_S1	21	1.16
75 Filled problem from AFLHCA_S2	1	0.06
76 Ulcer	1	0.06
77 Urinary problems	16	0.88
78 Varicose veins, hemorrhoids	0	0.00
79 Vision problem	1	0.06
80 Weak or failing kidneys	1	0.06
81 COPD	0	0.00
82 Back pain or problem	269	14.80
83 Neck pain or problem	60	3.30
84 Severe headache or migraine	23	1.27
85 Stomach or intestinal illness	47	2.59
86 Other specify	419	23.05
97 Refused	2	0.11
98 Not ascertained	0	0.00
99 Don't know	11	0.61

Frequency Missing = 32707

ALT.618_00.000: How much second top therapy helped address the health problem

TP2_CHLP	Frequency	Percent
1 A great deal	892	49.42
2 Some	636	35.24
3 Only a little	168	9.31
4 Not at all	69	3.82
7 Refused	0	0.00
8 Not ascertained	3	0.17
9 Don't know	37	2.05

Frequency Missing = 32720

ALT.619_00.000: Received prescription medication for most important health condition treated by second top therapy

TP2_MTR1	Frequency	Percent
1 Yes	659	36.51
2 No	1141	63.21
7 Refused	0	0.00
8 Not ascertained	3	0.17
9 Don't know	2	0.11

Frequency Missing = 32720

ALT.620_00.000: Received over-the-counter medication for most important health condition treated by second top therapy

TP2_MTR2	Frequency	Percent
1 Yes	611	33.85
2 No	1189	65.87
7 Refused	0	0.00
8 Not ascertained	4	0.22
9 Don't know	1	0.06

Frequency Missing = 32720

ALT.621_00.000: Received surgery for most important health condition treated by second top therapy

TP2_MTR3	Frequency	Percent
1 Yes	135	7.48
2 No	1664	92.19
7 Refused	0	0.00
8 Not ascertained	4	0.22
9 Don't know	2	0.11

Frequency Missing = 32720

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ALT.622_00.000: Received physical therapy for most important health condition treated by second top therapy

TP2_MTR4	Frequency	Percent
1 Yes	311	17.23
2 No	1488	82.44
7 Refused	0	0.00
8 Not ascertained	4	0.22
9 Don't know	2	0.11

Frequency Missing = 32720

ALT.623_00.000: Received mental health counseling for most important health condition treated by second top therapy

TP2_MTR5	Frequency	Percent
1 Yes	151	8.37
2 No	1648	91.30
7 Refused	0	0.00
8 Not ascertained	4	0.22
9 Don't know	2	0.11

Frequency Missing = 32720

ALT.624_00.000: Used/saw practitioner for second top therapy because: medical treatments were too expensive

TP2_RS1	Frequency	Percent
1 Yes	140	12.86
2 No	939	86.23
7 Refused	2	0.18
8 Not ascertained	1	0.09
9 Don't know	7	0.64

Frequency Missing = 33436

ALT.625_00.000: Used/saw practitioner for second top therapy because: therapy combined with medical treatment would help

TP2_RS2	Frequency	Percent
1 Yes	723	66.39
2 No	350	32.14
7 Refused	3	0.28
8 Not ascertained	1	0.09
9 Don't know	12	1.10

Frequency Missing = 33436

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ALT.626_00.000: Used/saw practitioner for second top therapy because:
 medical treatments do not work for your specific health problem

TP2_RS3	Frequency	Percent
1 Yes	252	23.14
2 No	806	74.01
7 Refused	3	0.28
8 Not ascertained	1	0.09
9 Don't know	27	2.48

Frequency Missing = 33436

ALT.627_00.000: Used/saw practitioner for second top
 therapy because: medications cause side effects

TP2_RS4	Frequency	Percent
1 Yes	271	27.35
2 No	714	72.05
7 Refused	3	0.30
8 Not ascertained	1	0.10
9 Don't know	2	0.20

Frequency Missing = 33534

ALT.628_00.000: Used/saw practitioner for second top
 therapy because: it can be practiced/done on your own

TP2_RS5	Frequency	Percent
1 Yes	2658	69.53
2 No	1070	27.99
7 Refused	20	0.52
8 Not ascertained	61	1.60
9 Don't know	14	0.37

Frequency Missing = 30702

ALT.629_00.000: Used/saw practitioner for
 second top therapy because: it is natural

TP2_RS6	Frequency	Percent
1 Yes	3009	63.49
2 No	1611	33.99
7 Refused	27	0.57
8 Not ascertained	79	1.67
9 Don't know	13	0.27

Frequency Missing = 29786

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ALT.630_00.000: Used/saw practitioner for second top therapy because:
 it focuses on the whole person, mind, body, and spirit

TP2_RS7	Frequency	Percent
1 Yes	2123	44.80
2 No	2488	52.50
7 Refused	28	0.59
8 Not ascertained	80	1.69
9 Don't know	20	0.42

Frequency Missing = 29786

ALT.631_00.000: Used/saw practitioner for second top therapy
 because: it treats the cause and not just the symptoms

TP2_RS8	Frequency	Percent
1 Yes	2356	49.72
2 No	2224	46.93
7 Refused	27	0.57
8 Not ascertained	82	1.73
9 Don't know	50	1.06

Frequency Missing = 29786

ALT.632_00.000: Used/saw practitioner for second top
 therapy because: it was part of your upbringing

TP2_RS9	Frequency	Percent
1 Yes	534	11.27
2 No	4090	86.31
7 Refused	27	0.57
8 Not ascertained	82	1.73
9 Don't know	6	0.13

Frequency Missing = 29786

ALT.633_00.000: Used/saw practitioner for second top therapy
 because it was recommended by: a medical doctor

TP2_REC1	Frequency	Percent
1 Yes	1003	21.16
2 No	3624	76.47
7 Refused	26	0.55
8 Not ascertained	82	1.73
9 Don't know	4	0.08

Frequency Missing = 29786

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 Unweighted Frequencies

ALT.634_00.000: Used/saw practitioner for second top therapy because it was recommended by: a family member

TP2_REC2	Frequency	Percent
1 Yes	1157	24.41
2 No	3468	73.18
7 Refused	27	0.57
8 Not ascertained	82	1.73
9 Don't know	5	0.11

Frequency Missing = 29786

ALT.635_00.000: Used/saw practitioner for second top therapy because it was recommended by: a friend

TP2_REC3	Frequency	Percent
1 Yes	1357	28.63
2 No	3269	68.98
7 Refused	27	0.57
8 Not ascertained	82	1.73
9 Don't know	4	0.08

Frequency Missing = 29786

ALT.636_00.000: Used/saw practitioner for second top therapy because it was recommended by: a co-worker

TP2_REC4	Frequency	Percent
1 Yes	393	8.29
2 No	4233	89.32
7 Refused	27	0.57
8 Not ascertained	82	1.73
9 Don't know	4	0.08

Frequency Missing = 29786

ALT.637_00.000: How important use of second top therapy was in maintaining health and well-being

TP2_IMP	Frequency	Percent
1 Very important	1695	35.77
2 Somewhat important	1683	35.51
3 Slightly important	870	18.36
4 Not at all important	347	7.32
7 Refused	21	0.44
8 Not ascertained	82	1.73
9 Don't know	41	0.87

Frequency Missing = 29786

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ALT.638_00.000: Told personal health care provider about use of second top therapy

TP2_DS1	Frequency	Percent
1 Yes	2044	57.89
2 No	1390	39.37
7 Refused	18	0.51
8 Not ascertained	62	1.76
9 Don't know	17	0.48

Frequency Missing = 30994

ALT.639_00.000: Didn't tell personal health care provider about use of second top therapy because: weren't using therapy at the time

TP2_DS2	Frequency	Percent
1 Yes	324	23.31
2 No	1051	75.61
7 Refused	2	0.14
8 Not ascertained	1	0.07
9 Don't know	12	0.86

Frequency Missing = 33135

ALT.640_00.000: Didn't tell personal health care provider about use of second top therapy because: they discouraged use of therapy in the past

TP2_DS3	Frequency	Percent
1 Yes	18	1.29
2 No	1360	97.84
7 Refused	1	0.07
8 Not ascertained	2	0.14
9 Don't know	9	0.65

Frequency Missing = 33135

ALT.641_00.000: Didn't tell personal health care provider about use of second top therapy because: worried they would discourage it

TP2_DS4	Frequency	Percent
1 Yes	31	2.23
2 No	1348	96.98
7 Refused	1	0.07
8 Not ascertained	3	0.22
9 Don't know	7	0.50

Frequency Missing = 33135

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 Unweighted Frequencies

ALT.642_00.000: Didn't tell personal health care provider about use of second top therapy because: concerned about a negative reaction

TP2_DS5	Frequency	Percent
1 Yes	39	2.81
2 No	1340	96.40
7 Refused	1	0.07
8 Not ascertained	3	0.22
9 Don't know	7	0.50

Frequency Missing = 33135

ALT.643_00.000: Didn't tell personal health care provider about use of second top therapy because: didn't think they needed to know

TP2_DS6	Frequency	Percent
1 Yes	553	39.78
2 No	826	59.42
7 Refused	1	0.07
8 Not ascertained	4	0.29
9 Don't know	6	0.43

Frequency Missing = 33135

ALT.644_00.000: Didn't tell personal health care provider about use of second top therapy because: they didn't ask

TP2_DS7	Frequency	Percent
1 Yes	729	52.45
2 No	650	46.76
7 Refused	1	0.07
8 Not ascertained	4	0.29
9 Don't know	6	0.43

Frequency Missing = 33135

ALT.645_00.000: Didn't tell health care provider about use of second top therapy because didn't think they knew as much about therapy as you do

TP2_DS8	Frequency	Percent
1 Yes	108	7.77
2 No	1258	90.50
7 Refused	1	0.07
8 Not ascertained	4	0.29
9 Don't know	19	1.37

Frequency Missing = 33135

ALT.646_00.000: Didn't tell personal health care provider about use of second top therapy because: they didn't give you enough time to tell them

TP2_DS9	Frequency	Percent
1 Yes	74	5.32
2 No	1303	93.74
7 Refused	1	0.07
8 Not ascertained	4	0.29
9 Don't know	8	0.58

Frequency Missing = 33135

ALT.675_00.000: Got information about second top therapy from: the internet

TP2_INF1	Frequency	Percent
1 Yes	1131	23.87
2 No	3489	73.62
7 Refused	22	0.46
8 Not ascertained	89	1.88
9 Don't know	8	0.17

Frequency Missing = 29786

ALT.676_00.000: Got information about second top therapy from: books, magazines, or newspapers

TP2_INF2	Frequency	Percent
1 Yes	1061	22.39
2 No	3560	75.12
7 Refused	23	0.49
8 Not ascertained	89	1.88
9 Don't know	6	0.13

Frequency Missing = 29786

ALT.677_00.000: Got information about second top therapy from: DVDs, videos, or CDs

TP2_INF3	Frequency	Percent
1 Yes	415	8.76
2 No	4207	88.77
7 Refused	23	0.49
8 Not ascertained	89	1.88
9 Don't know	5	0.11

Frequency Missing = 29786

ALT.678_00.000: Got information about second
 top therapy from: television or radio

TP2_INF4	Frequency	Percent
1 Yes	483	10.19
2 No	4139	87.34
7 Refused	22	0.46
8 Not ascertained	90	1.90
9 Don't know	5	0.11

Frequency Missing = 29786

ALT.679_00.000: Got information about second
 top therapy from: scientific articles

TP2_INF5	Frequency	Percent
1 Yes	518	10.93
2 No	4103	86.58
7 Refused	22	0.46
8 Not ascertained	90	1.90
9 Don't know	6	0.13

Frequency Missing = 29786

ALT.680_00.000: Got information about second
 top therapy from: health food stores

TP2_INF6	Frequency	Percent
1 Yes	503	10.61
2 No	4119	86.92
7 Refused	22	0.46
8 Not ascertained	90	1.90
9 Don't know	5	0.11

Frequency Missing = 29786

ALT.690_00.000: Used/saw practitioner for third top therapy:
 for general wellness or general disease prevention

TP3_REA1	Frequency	Percent
1 Yes	1566	73.87
2 No	492	23.21
7 Refused	10	0.47
8 Not ascertained	46	2.17
9 Don't know	6	0.28

Frequency Missing = 32405

ALT.691_00.000: Used/saw practitioner for third top therapy: to improve energy

TP3_REA2	Frequency	Percent
1 Yes	1066	50.28
2 No	989	46.65
7 Refused	15	0.71
8 Not ascertained	46	2.17
9 Don't know	4	0.19

Frequency Missing = 32405

ALT.692_00.000: Used/saw practitioner for third top therapy: to improve immune function

TP3_REA3	Frequency	Percent
1 Yes	756	35.66
2 No	1288	60.75
7 Refused	15	0.71
8 Not ascertained	48	2.26
9 Don't know	13	0.61

Frequency Missing = 32405

ALT.693_00.000: Used/saw practitioner for third top therapy: to improve athletic or sports performance

TP3_REA4	Frequency	Percent
1 Yes	590	27.83
2 No	1461	68.92
7 Refused	15	0.71
8 Not ascertained	48	2.26
9 Don't know	6	0.28

Frequency Missing = 32405

ALT.694_00.000: Used/saw practitioner for third top therapy: to improve memory or concentration

TP3_REA5	Frequency	Percent
1 Yes	574	27.08
2 No	1473	69.48
7 Refused	15	0.71
8 Not ascertained	48	2.26
9 Don't know	10	0.47

Frequency Missing = 32405

ALT.695_00.000: Using/seeing practitioner for third top therapy was motivation to: eat healthier

TP3_MOT1	Frequency	Percent
1 Yes	679	32.03
2 No	1372	64.72
7 Refused	14	0.66
8 Not ascertained	48	2.26
9 Don't know	7	0.33

Frequency Missing = 32405

ALT.696_00.000: Using/seeing practitioner for third top therapy was motivation to: eat more organic foods

TP3_MOT2	Frequency	Percent
1 Yes	421	19.86
2 No	1630	76.89
7 Refused	14	0.66
8 Not ascertained	48	2.26
9 Don't know	7	0.33

Frequency Missing = 32405

ALT.697_00.000: Using/seeing practitioner for third top therapy was motivation to: cut back or stop drinking alcohol

TP3_MOT3	Frequency	Percent
1 Yes	155	9.26
2 No	1439	86.01
7 Refused	10	0.60
8 Not ascertained	66	3.95
9 Don't know	3	0.18

Frequency Missing = 32852

ALT.698_00.000: Using/seeing practitioner for third top therapy was motivation to: cut back or stop smoking cigarettes

TP3_MOT4	Frequency	Percent
1 Yes	41	14.80
2 No	228	82.31
7 Refused	1	0.36
8 Not ascertained	6	2.17
9 Don't know	1	0.36

Frequency Missing = 34248

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ALT.699_00.000: Using/seeing practitioner for third top
 therapy was motivation to: exercise more regularly

TP3_MOT5	Frequency	Percent
1 Yes	755	35.61
2 No	1294	61.04
7 Refused	15	0.71
8 Not ascertained	48	2.26
9 Don't know	8	0.38

Frequency Missing = 32405

ALT.700_00.000: Using/seeing practitioner for third top
 therapy: gave a sense of control over one's health

TP3_OUT1	Frequency	Percent
1 Yes	1170	55.19
2 No	878	41.42
7 Refused	14	0.66
8 Not ascertained	48	2.26
9 Don't know	10	0.47

Frequency Missing = 32405

ALT.701_00.000: Using/seeing practitioner for third top
 therapy led to: reduced stress level or relaxation

TP3_OUT2	Frequency	Percent
1 Yes	1216	57.36
2 No	833	39.29
7 Refused	13	0.61
8 Not ascertained	48	2.26
9 Don't know	10	0.47

Frequency Missing = 32405

ALT.702_00.000: Using/seeing practitioner
 for third top therapy led to: better sleep

TP3_OUT3	Frequency	Percent
1 Yes	986	46.51
2 No	1060	50.00
7 Refused	13	0.61
8 Not ascertained	48	2.26
9 Don't know	13	0.61

Frequency Missing = 32405

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ALT.703_00.000: Using/seeing practitioner for third top therapy led to: feeling better emotionally

TP3_OUT4	Frequency	Percent
1 Yes	1098	51.79
2 No	950	44.81
7 Refused	13	0.61
8 Not ascertained	48	2.26
9 Don't know	11	0.52

Frequency Missing = 32405

ALT.704_00.000: Using/seeing practitioner for third top therapy led to: made it easier to cope with health problems

TP3_OUT5	Frequency	Percent
1 Yes	888	41.89
2 No	1157	54.58
7 Refused	14	0.66
8 Not ascertained	48	2.26
9 Don't know	13	0.61

Frequency Missing = 32405

ALT.705_00.000: Using/seeing practitioner for third top therapy led to: improved overall health and feeling better

TP3_OUT6	Frequency	Percent
1 Yes	1556	73.40
2 No	489	23.07
7 Refused	14	0.66
8 Not ascertained	48	2.26
9 Don't know	13	0.61

Frequency Missing = 32405

ALT.706_00.000: Using/seeing practitioner for third top therapy led to: improved relationships with others

TP3_OUT7	Frequency	Percent
1 Yes	585	27.59
2 No	1464	69.06
7 Refused	14	0.66
8 Not ascertained	48	2.26
9 Don't know	9	0.42

Frequency Missing = 32405

ALT.707_00.000: Using/seeing practitioner for third top therapy led to: improved attendance at job or school

TP3_OUT8	Frequency	Percent
1 Yes	357	20.95
2 No	1288	75.59
7 Refused	11	0.65
8 Not ascertained	39	2.29
9 Don't know	9	0.53

Frequency Missing = 32821

ALT.708_00.000: Most important reason for using third top therapy

TP3_MOST	Frequency	Percent
01 Your general wellness or general disease prevention	838	42.73
02 To improve your energy	76	3.88
03 To improve your immune function	54	2.75
04 To improve your athletic or sports performance	83	4.23
05 To improve your memory or concentration	21	1.07
06 To eat healthier	41	2.09
07 To eat more organic foods	2	0.10
08 To cut back or stop drinking alcohol	0	0.00
09 To cut back or stop smoking cigarettes	1	0.05
10 To exercise more regularly	37	1.89
11 To give you a sense of control over your health	62	3.16
12 To help to reduce your stress level or to relax	206	10.50
13 To help you to sleep better	46	2.35
14 To make you feel better emotionally	56	2.86
15 To make it easier to cope with health problems	53	2.70
16 To improve your overall health and make you feel better	351	17.90
17 To improve your relationships with others	16	0.82
18 To improve your attendance at a job or school	10	0.51
97 Refused	0	0.00
98 Not ascertained	1	0.05
99 Don't know	7	0.36

Frequency Missing = 32564

ALT.709_00.000: How much third top therapy helped with the most important reason for its use

TP3_HELP	Frequency	Percent
1 A great deal	918	47.00
2 Some	795	40.71
3 Only a little	196	10.04
4 Not at all	29	1.48
7 Refused	1	0.05
8 Not ascertained	0	0.00
9 Don't know	14	0.72

Frequency Missing = 32572

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ALT.710_00.000: Used third top therapy for specific health problem(s)

TP3_TRET	Frequency	Percent
1 Yes	768	36.23
2 No	1289	60.80
7 Refused	10	0.47
8 Not ascertained	49	2.31
9 Don't know	4	0.19

Frequency Missing = 32405

ALT.711_01.000: Used third top therapy for: abdominal pain

TP3CND01	Frequency	Percent
1 Mentioned	9	1.12
2 Not mentioned	791	98.51
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_02.000: Used third top therapy for: acid reflux or heartburn

TP3CND02	Frequency	Percent
1 Mentioned	18	2.24
2 Not mentioned	782	97.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_03.000: Used third top therapy for: feeling anxious, nervous, or worried

TP3CND03	Frequency	Percent
1 Mentioned	62	7.72
2 Not mentioned	738	91.91
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_04.000: Used third top therapy for: asthma

TP3CND04	Frequency	Percent
1 Mentioned	8	1.00
2 Not mentioned	792	98.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_05.000: Used third top therapy for: arthritis

TP3CND05	Frequency	Percent
1 Mentioned	63	7.85
2 Not mentioned	737	91.78
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_06.000: Used third top therapy for:
attention deficit disorder/hyperactivity

TP3CND06	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_07.000: Used third top therapy for: benign tumors, cysts

TP3CND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_08.000: Used third top therapy for: bipolar disorder

TP3CND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_09.000: Used third top therapy for: birth defect

TP3CND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_10.000: Used third top therapy for: cancer

TP3CND10	Frequency	Percent
1 Mentioned	9	1.12
2 Not mentioned	791	98.51
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_11.000: Used third top therapy for: high cholesterol

TP3CND11	Frequency	Percent
1 Mentioned	46	5.73
2 Not mentioned	754	93.90
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_12.000: Used third top therapy for: chronic bronchitis

TP3CND12	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_13.000: Used third top therapy for: circulation problems (other than in the legs)

TP3CND13	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_14.000: Used third top therapy for: coronary heart disease

TP3CND14	Frequency	Percent
1 Mentioned	6	0.75
2 Not mentioned	794	98.88
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_15.000: Used third top therapy for: dental pain

TP3CND15	Frequency	Percent
1 Mentioned	2	0.25
2 Not mentioned	798	99.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_16.000: Used third top therapy for: depression

TP3CND16	Frequency	Percent
1 Mentioned	33	4.11
2 Not mentioned	767	95.52
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_17.000: Used third top therapy for: diabetes

TP3CND17	Frequency	Percent
1 Mentioned	14	1.74
2 Not mentioned	786	97.88
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_18.000: Used third top therapy for: digestive allergy

TP3CND18	Frequency	Percent
1 Mentioned	15	1.87
2 Not mentioned	785	97.76
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_19.000: Used third top therapy for: excessive sleepiness during the day

TP3CND19	Frequency	Percent
1 Mentioned	6	0.75
2 Not mentioned	794	98.88
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_20.000: Used third top therapy for: excessive use of alcohol or tobacco

TP3CND20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_21.000: Used third top therapy for: fatigue or lack of energy more than 3 days

TP3CND21	Frequency	Percent
1 Mentioned	28	3.49
2 Not mentioned	772	96.14
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_22.000: Used third top therapy for: fever more than 1 day

TP3CND22	Frequency	Percent
1 Mentioned	2	0.25
2 Not mentioned	798	99.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_23.000: Used third top therapy for: fibromyalgia

TP3CND23	Frequency	Percent
1 Mentioned	22	2.74
2 Not mentioned	778	96.89
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_24.000: Used third top therapy for: fracture, bone/joint injury

TP3CND24	Frequency	Percent
1 Mentioned	12	1.49
2 Not mentioned	788	98.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_25.000: Used third top therapy for: gout

TP3CND25	Frequency	Percent
1 Mentioned	1	0.12
2 Not mentioned	799	99.50
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_26.000: Used third top therapy for: gynecological problem

TP3CND26	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_27.000: Used third top therapy for: hay fever

TP3CND27	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

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ALT.711_28.000: Used third top therapy for: head or chest cold

TP3CND28	Frequency	Percent
1 Mentioned	24	2.99
2 Not mentioned	776	96.64
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_29.000: Used third top therapy for: hearing problem

TP3CND29	Frequency	Percent
1 Mentioned	2	0.25
2 Not mentioned	798	99.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_30.000: Used third top therapy for: heart condition or disease, other than coronary heart disease

TP3CND30	Frequency	Percent
1 Mentioned	7	0.87
2 Not mentioned	793	98.75
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_31.000: Used third top therapy for: hernia

TP3CND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

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ALT.711_32.000: Used third top therapy for: hypertension

TP3CND32	Frequency	Percent
1 Mentioned	30	3.74
2 Not mentioned	770	95.89
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_33.000: Used third top therapy for: infectious diseases or problems of the immune system

TP3CND33	Frequency	Percent
1 Mentioned	5	0.62
2 Not mentioned	795	99.00
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_34.000: Used third top therapy for: influenza or pneumonia

TP3CND34	Frequency	Percent
1 Mentioned	1	0.12
2 Not mentioned	799	99.50
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_35.000: Used third top therapy for: insomnia or trouble sleeping

TP3CND35	Frequency	Percent
1 Mentioned	50	6.23
2 Not mentioned	750	93.40
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_36.000: Used third top therapy for: jaw pain

TP3CND36	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_37.000: Used third top therapy for: joint pain or stiffness/other joint condition

TP3CND37	Frequency	Percent
1 Mentioned	111	13.82
2 Not mentioned	689	85.80
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_38.000: Used third top therapy for: knee problems (not arthritis, not joint injury)

TP3CND38	Frequency	Percent
1 Mentioned	8	1.00
2 Not mentioned	792	98.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_39.000: Used third top therapy for: liver problem

TP3CND39	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_40.000: Used third top therapy for: lungs/breathing problem

TP3CND40	Frequency	Percent
1 Mentioned	5	0.62
2 Not mentioned	795	99.00
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_41.000: Used third top therapy for: lupus

TP3CND41	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_42.000: Used third top therapy for: memory loss or loss of other cognitive function

TP3CND42	Frequency	Percent
1 Mentioned	13	1.62
2 Not mentioned	787	98.01
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_43.000: Used third top therapy for: menopause

TP3CND43	Frequency	Percent
1 Mentioned	10	1.25
2 Not mentioned	790	98.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

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ALT.711_44.000: Used third top therapy for: menstrual problems

TP3CND44	Frequency	Percent
1 Mentioned	9	1.12
2 Not mentioned	791	98.51
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_45.000: Used third top therapy for: intellectual disability, also known as mental retardation

TP3CND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_46.000: Used third top therapy for: missing limbs (fingers, toes, or digits), amputee

TP3CND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_47.000: Used third top therapy for: nausea and/or vomiting

TP3CND47	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_48.000: Used third top therapy for: neurological problems

TP3CND48	Frequency	Percent
1 Mentioned	12	1.49
2 Not mentioned	788	98.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_49.000: Used third top therapy for: osteoporosis, tendinitis

TP3CND49	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_50.000: Used third top therapy for: allergies other than
 hay fever, respiratory, food, digestive, or skin allergies

TP3CND50	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_51.000: Used third top therapy for: chronic pain

TP3CND51	Frequency	Percent
1 Mentioned	32	3.99
2 Not mentioned	768	95.64
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_52.000: Used third top therapy for: other developmental problem

TP3CND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_53.000: Used third top therapy for: injury other than fracture, bone/joint injury

TP3CND53	Frequency	Percent
1 Mentioned	5	0.62
2 Not mentioned	795	99.00
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_54.000: Used third top therapy for: mental health disorders

TP3CND54	Frequency	Percent
1 Mentioned	11	1.37
2 Not mentioned	789	98.26
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_55.000: Used third top therapy for: muscle or bone pain

TP3CND55	Frequency	Percent
1 Mentioned	58	7.22
2 Not mentioned	742	92.40
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_56.000: Used third top therapy for: nerve damage, including carpal tunnel syndrome

TP3CND56	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_57.000: Used third top therapy for: problems with being overweight

TP3CND57	Frequency	Percent
1 Mentioned	43	5.35
2 Not mentioned	757	94.27
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_58.000: Used third top therapy for: phobia or fears

TP3CND58	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_59.000: Used third top therapy for: polio (myelitis), paralysis, para/quadriplegia

TP3CND59	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_60.000: Used third top therapy for: poor circulation in legs

TP3CND60	Frequency	Percent
<hr style="border-top: 1px dashed black;"/>		
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_61.000: Used third top therapy for: prostate trouble or impotence

TP3CND61	Frequency	Percent
<hr style="border-top: 1px dashed black;"/>		
1 Mentioned	9	1.12
2 Not mentioned	791	98.51
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_62.000: Used third top therapy for:
recurring headache, other than migraine

TP3CND62	Frequency	Percent
<hr style="border-top: 1px dashed black;"/>		
1 Mentioned	10	1.25
2 Not mentioned	790	98.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_63.000: Used third top therapy for: respiratory allergy

TP3CND63	Frequency	Percent
<hr style="border-top: 1px dashed black;"/>		
1 Mentioned	5	0.62
2 Not mentioned	795	99.00
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_64.000: Used third top therapy for: rheumatoid arthritis

TP3CND64	Frequency	Percent
1 Mentioned	8	1.00
2 Not mentioned	792	98.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_65.000: Used third top therapy for: senility

TP3CND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_66.000: Used third top therapy for: sinusitis

TP3CND66	Frequency	Percent
1 Mentioned	9	1.12
2 Not mentioned	791	98.51
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_67.000: Used third top therapy for: eczema or any kind of skin allergy

TP3CND67	Frequency	Percent
1 Mentioned	2	0.25
2 Not mentioned	798	99.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_68.000: Used third top therapy for: skin problems, other than eczema or skin allergies

TP3CND68	Frequency	Percent
1 Mentioned	4	0.50
2 Not mentioned	796	99.13
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_69.000: Used third top therapy for: sore throat other than strep or tonsillitis

TP3CND69	Frequency	Percent
1 Mentioned	3	0.37
2 Not mentioned	797	99.25
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_70.000: Used third top therapy for: sprain or strain

TP3CND70	Frequency	Percent
1 Mentioned	15	1.87
2 Not mentioned	785	97.76
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_71.000: Used third top therapy for: frequent stress

TP3CND71	Frequency	Percent
1 Mentioned	62	7.72
2 Not mentioned	738	91.91
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

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ALT.711_72.000: Used third top therapy for: strep throat or tonsillitis

TP3CND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_73.000: Used third top therapy for: substance abuse, other than alcohol or tobacco

TP3CND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_74.000: Used third top therapy for: filled problem from AFLHCA_S1

TP3CND74	Frequency	Percent
1 Mentioned	14	1.74
2 Not mentioned	786	97.88
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_75.000: Used third top therapy for: filled problem from AFLHCA_S2

TP3CND75	Frequency	Percent
1 Mentioned	1	0.12
2 Not mentioned	799	99.50
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_76.000: Used third top therapy for: ulcer

TP3CND76	Frequency	Percent
1 Mentioned	2	0.25
2 Not mentioned	798	99.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_77.000: Used third top therapy for: urinary problems

TP3CND77	Frequency	Percent
1 Mentioned	15	1.87
2 Not mentioned	785	97.76
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_78.000: Used third top therapy for: varicose veins, hemorrhoids

TP3CND78	Frequency	Percent
1 Mentioned	1	0.12
2 Not mentioned	799	99.50
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_79.000: Used third top therapy for: vision problem

TP3CND79	Frequency	Percent
1 Mentioned	10	1.25
2 Not mentioned	790	98.38
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

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ALT.711_80.000: Used third top therapy for: weak or failing kidneys

TP3CND80	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_81.000: Used third top therapy for: COPD

TP3CND81	Frequency	Percent
1 Mentioned	1	0.12
2 Not mentioned	799	99.50
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_82.000: Used third top therapy for: back pain or problem

TP3CND82	Frequency	Percent
1 Mentioned	150	18.68
2 Not mentioned	650	80.95
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_83.000: Used third top therapy for: Neck pain/problem

TP3CND83	Frequency	Percent
1 Mentioned	68	8.47
2 Not mentioned	732	91.16
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_84.000: Used third top therapy for: severe headache or migraine

TP3CND84	Frequency	Percent
1 Mentioned	24	2.99
2 Not mentioned	776	96.64
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_85.000: Used third top therapy for: stomach or intestinal illness

TP3CND85	Frequency	Percent
1 Mentioned	33	4.11
2 Not mentioned	767	95.52
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_86.000: Used third top therapy for: other specify

TP3CND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	800	99.63
7 Refused	1	0.12
8 Not ascertained	0	0.00
9 Don't know	2	0.25

Frequency Missing = 33722

ALT.711_87.000: Used third top therapy for: condition not elsewhere classified

TP3CND87	Frequency	Percent
1 Mentioned	36	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34489

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ALT.711_88.000: Used third top therapy for: any cardiovascular condition

TP3CND88	Frequency	Percent
1 Mentioned	82	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34443

2012 National Health Interview Survey (NHIS) 229
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.712_00.000: Most important health problem
 for which third top therapy was used

TP3_CMST	Frequency	Percent
01 Abdominal pain	5	0.62
02 Acid reflux or heartburn	10	1.25
03 Feeling anxious, nervous or worried	32	3.99
04 Asthma	4	0.50
05 Arthritis	44	5.48
06 Attention Deficit Disorder/Hyperactivity	1	0.12
07 Benign tumors, cysts	0	0.00
08 Bipolar Disorder	0	0.00
09 Birth defect	0	0.00
10 Cancer	5	0.62
11 High Cholesterol	22	2.74
12 Chronic Bronchitis	0	0.00
13 Circulation problems (other than in the legs)	0	0.00
14 Coronary heart disease	2	0.25
15 Dental pain	1	0.12
16 Depression	11	1.37
17 Diabetes	8	1.00
18 Digestive allergy	10	1.25
19 Excessive sleepiness during the day	1	0.12
20 Excessive use of alcohol or tobacco	0	0.00
21 Fatigue or lack of energy more than 3 days	14	1.74
22 Fever more than 1 day	0	0.00
23 Fibromyalgia	13	1.62
24 Fracture, bone/joint injury	5	0.62
25 Gout	1	0.12
26 Gynecologic problem	2	0.25
27 Hay fever	0	0.00
28 Head or chest cold	12	1.49
29 Hearing problem	1	0.12
30 Heart condition or disease, other than coronary heart disease	4	0.50
31 Hernia	0	0.00
32 Hypertension	13	1.62
33 Infectious diseases or problems of the immune system	3	0.37
34 Influenza or pneumonia	1	0.12
35 Insomnia or trouble sleeping	23	2.86
36 Jaw pain	0	0.00
37 Joint pain or stiffness/Other joint condition	67	8.34
38 Knee problems (not arthritis, not joint injury)	1	0.12
39 Liver problem	2	0.25
40 Lung/breathing problem	1	0.12
41 Lupus	2	0.25
42 Memory loss or loss of other cognitive function	3	0.37
43 Menopause	4	0.50
44 Menstrual problems	3	0.37
45 Intellectual disability, also known as mental retardation	0	0.00
46 Missing limbs (fingers, toes or digits), amputee	0	0.00
47 Nausea and/or vomiting	1	0.12
48 Neurological problems	4	0.50
49 Osteoporosis, tendinitis	0	0.00

Frequency Missing = 33722

2012 National Health Interview Survey (NHIS) 230
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.712_00.000: Most important health problem
 for which third top therapy was used

TP3_CMST	Frequency	Percent
50 Allergies other than hay fever, respiratory, food, digestive, or skin allergies	2	0.25
51 Chronic pain	9	1.12
52 Other developmental problem	0	0.00
53 Injury other than fracture, bone/joint injury	0	0.00
54 Mental health disorders	4	0.50
55 Muscle or bone pain	19	2.37
56 Nerve damage, including carpal tunnel syndrome	1	0.12
57 Problems with being overweight	14	1.74
58 Phobia or fears	0	0.00
59 Polio (myelitis), paralysis, para/quadruplegia	0	0.00
60 Poor circulation in your legs	2	0.25
61 Prostate trouble or impotence	2	0.25
62 Recurring headache, other than migraine	3	0.37
63 Respiratory allergy	1	0.12
64 Rheumatoid arthritis	4	0.50
65 Senility	0	0.00
66 Sinusitis	3	0.37
67 Eczema or any kind of skin allergy	1	0.12
68 Skin problems, other than eczema or skin allergies	1	0.12
69 Sore throat other than strep or tonsillitis	1	0.12
70 Sprain or strain	5	0.62
71 Frequent stress	27	3.36
72 Strep throat or tonsillitis	0	0.00
73 Substance abuse, other than alcohol or tobacco	0	0.00
74 Filled problem from AFLHCA_S1	11	1.37
75 Filled problem from AFLHCA_S2	0	0.00
76 Ulcer	0	0.00
77 Urinary problems	7	0.87
78 Varicose veins, hemorrhoids	0	0.00
79 Vision problem	2	0.25
80 Weak or failing kidneys	0	0.00
81 COPD	1	0.12
82 Back pain or problem	96	11.96
83 Neck pain or problem	21	2.62
84 Severe headache or migraine	8	1.00
85 Stomach or intestinal illness	15	1.87
86 Other specify	203	25.28
97 Refused	1	0.12
98 Not ascertained	0	0.00
99 Don't know	3	0.37

Frequency Missing = 33722

ALT.713_00.000: How much third top therapy helped address the health problem

TP3_CHLP	Frequency	Percent
1 A great deal	407	50.94
2 Some	298	37.30
3 Only a little	67	8.39
4 Not at all	15	1.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	12	1.50

Frequency Missing = 33726

ALT.714_00.000: Received prescription medication for most important health condition treated by third top therapy

TP3_MTR1	Frequency	Percent
1 Yes	297	37.17
2 No	501	62.70
7 Refused	1	0.13
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33726

ALT.715_00.000: Received over-the-counter medication for most important health condition treated by third top therapy

TP3_MTR2	Frequency	Percent
1 Yes	267	33.42
2 No	531	66.46
7 Refused	1	0.13
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33726

ALT.716_00.000: Received surgery for most important health condition treated by third top therapy

TP3_MTR3	Frequency	Percent
1 Yes	59	7.38
2 No	738	92.37
7 Refused	1	0.13
8 Not ascertained	0	0.00
9 Don't know	1	0.13

Frequency Missing = 33726

2012 National Health Interview Survey (NHIS) 232
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.717_00.000: Received physical therapy for most important health condition treated by third top therapy

TP3_MTR4	Frequency	Percent
1 Yes	135	16.90
2 No	663	82.98
7 Refused	1	0.13
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33726

ALT.718_00.000: Received mental health counseling for most important health condition treated by third top therapy

TP3_MTR5	Frequency	Percent
1 Yes	79	9.89
2 No	719	89.99
7 Refused	1	0.13
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 33726

ALT.719_00.000: Used/saw practitioner for third top therapy because: medical treatments were too expensive

TP3_RS1	Frequency	Percent
1 Yes	54	11.54
2 No	414	88.46
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 34057

ALT.720_00.000: Used/saw practitioner for third top therapy because: therapy combined with medical treatment would help

TP3_RS2	Frequency	Percent
1 Yes	331	70.73
2 No	135	28.85
7 Refused	0	0.00
8 Not ascertained	1	0.21
9 Don't know	1	0.21

Frequency Missing = 34057

ALT.721_00.000: Used/saw practitioner for third top therapy because:
 medical treatments do not work for your specific health problem

TP3_RS3	Frequency	Percent
1 Yes	122	26.07
2 No	337	72.01
7 Refused	0	0.00
8 Not ascertained	1	0.21
9 Don't know	8	1.71

Frequency Missing = 34057

ALT.722_00.000: Used/saw practitioner for third top
 therapy because: medications cause side effects

TP3_RS4	Frequency	Percent
1 Yes	155	35.96
2 No	275	63.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.23

Frequency Missing = 34094

ALT.723_00.000: Used/saw practitioner for third top therapy
 because: it can be practiced/done on your own

TP3_RS5	Frequency	Percent
1 Yes	1378	72.64
2 No	460	24.25
7 Refused	10	0.53
8 Not ascertained	46	2.42
9 Don't know	3	0.16

Frequency Missing = 32628

ALT.724_00.000: Used/saw practitioner for
 third top therapy because: it is natural

TP3_RS6	Frequency	Percent
1 Yes	1499	70.71
2 No	550	25.94
7 Refused	14	0.66
8 Not ascertained	51	2.41
9 Don't know	6	0.28

Frequency Missing = 32405

2012 National Health Interview Survey (NHIS) 234
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.725_00.000: Used/saw practitioner for third top therapy because:
 it focuses on the whole person, mind, body, and spirit

TP3_RS7	Frequency	Percent
1 Yes	1200	56.60
2 No	843	39.76
7 Refused	14	0.66
8 Not ascertained	51	2.41
9 Don't know	12	0.57

Frequency Missing = 32405

ALT.726_00.000: Used/saw practitioner for third top therapy
 because: it treats the cause and not just the symptoms

TP3_RS8	Frequency	Percent
1 Yes	1187	55.99
2 No	849	40.05
7 Refused	14	0.66
8 Not ascertained	51	2.41
9 Don't know	19	0.90

Frequency Missing = 32405

ALT.727_00.000: Used/saw practitioner for third top
 therapy because: it was part of your upbringing

TP3_RS9	Frequency	Percent
1 Yes	265	12.50
2 No	1785	84.20
7 Refused	14	0.66
8 Not ascertained	51	2.41
9 Don't know	5	0.24

Frequency Missing = 32405

ALT.728_00.000: Used/saw practitioner for third top therapy
 because it was recommended by: a medical doctor

TP3_REC1	Frequency	Percent
1 Yes	442	20.85
2 No	1608	75.85
7 Refused	13	0.61
8 Not ascertained	51	2.41
9 Don't know	6	0.28

Frequency Missing = 32405

2012 National Health Interview Survey (NHIS) 235
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.729_00.000: Used/saw practitioner for third top therapy
 because it was recommended by: a family member

TP3_REC2	Frequency	Percent
1 Yes	463	21.84
2 No	1588	74.91
7 Refused	13	0.61
8 Not ascertained	51	2.41
9 Don't know	5	0.24

Frequency Missing = 32405

ALT.730_00.000: Used/saw practitioner for third top
 therapy because it was recommended by: a friend

TP3_REC3	Frequency	Percent
1 Yes	680	32.08
2 No	1370	64.62
7 Refused	13	0.61
8 Not ascertained	51	2.41
9 Don't know	6	0.28

Frequency Missing = 32405

ALT.731_00.000: Used/saw practitioner for third top
 therapy because it was recommended by: a co-worker

TP3_REC4	Frequency	Percent
1 Yes	188	8.87
2 No	1863	87.88
7 Refused	13	0.61
8 Not ascertained	51	2.41
9 Don't know	5	0.24

Frequency Missing = 32405

ALT.732_00.000: How important use of third top therapy
 was in maintaining health and well-being

TP3_IMP	Frequency	Percent
1 Very important	885	41.75
2 Somewhat important	736	34.72
3 Slightly important	314	14.81
4 Not at all important	111	5.24
7 Refused	11	0.52
8 Not ascertained	51	2.41
9 Don't know	12	0.57

Frequency Missing = 32405

2012 National Health Interview Survey (NHIS) 236
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.733_00.000: Told personal health care provider about use of third top therapy

TP3_DS1	Frequency	Percent
1 Yes	878	55.92
2 No	637	40.57
7 Refused	10	0.64
8 Not ascertained	35	2.23
9 Don't know	10	0.64

Frequency Missing = 32955

ALT.734_00.000: Didn't tell personal health care provider about use of third top therapy because: weren't using therapy at the time

TP3_DS2	Frequency	Percent
1 Yes	143	22.45
2 No	490	76.92
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	3	0.47

Frequency Missing = 33888

ALT.735_00.000: Didn't tell personal health care provider about use of third top therapy because: they discouraged use of therapy in the past

TP3_DS3	Frequency	Percent
1 Yes	9	1.41
2 No	625	98.12
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	2	0.31

Frequency Missing = 33888

ALT.736_00.000: Didn't tell personal health care provider about use of third top therapy because: worried they would discourage it

TP3_DS4	Frequency	Percent
1 Yes	16	2.51
2 No	618	97.02
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	2	0.31

Frequency Missing = 33888

2012 National Health Interview Survey (NHIS) 237
 Adult Alternative Medicine Public Use File (althealt)
 ALT Variables Tuesday, June 11, 2013
 Unweighted Frequencies

ALT.737_00.000: Didn't tell personal health care provider about use of third top therapy because: concerned about a negative reaction

TP3_DS5	Frequency	Percent
1 Yes	23	3.61
2 No	611	95.92
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	2	0.31

Frequency Missing = 33888

ALT.738_00.000: Didn't tell personal health care provider about use of third top therapy because: didn't think they needed to know

TP3_DS6	Frequency	Percent
1 Yes	265	41.60
2 No	370	58.08
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	1	0.16

Frequency Missing = 33888

ALT.739_00.000: Didn't tell personal health care provider about use of third top therapy because: they didn't ask

TP3_DS7	Frequency	Percent
1 Yes	323	50.71
2 No	312	48.98
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	1	0.16

Frequency Missing = 33888

ALT.740_00.000: Didn't tell health care provider about use of third top therapy because: didn't think they knew as much about therapy as you do

TP3_DS8	Frequency	Percent
1 Yes	55	8.63
2 No	577	90.58
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	4	0.63

Frequency Missing = 33888

ALT.741_00.000: Didn't tell personal health care provider about use of third top therapy because: they didn't give you enough time to tell them

TP3_DS9	Frequency	Percent
1 Yes	46	7.22
2 No	589	92.46
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	1	0.16

Frequency Missing = 33888

ALT.760_00.000: Got information about third top therapy from: the internet

TP3_INF1	Frequency	Percent
1 Yes	569	26.84
2 No	1479	69.76
7 Refused	15	0.71
8 Not ascertained	52	2.45
9 Don't know	5	0.24

Frequency Missing = 32405

ALT.761_00.000: Got information about third top therapy from: books, magazines, or newspapers

TP3_INF2	Frequency	Percent
1 Yes	551	25.99
2 No	1498	70.66
7 Refused	15	0.71
8 Not ascertained	52	2.45
9 Don't know	4	0.19

Frequency Missing = 32405

ALT.762_00.000: Got information about third top therapy from: DVDs, videos, or CDs

TP3_INF3	Frequency	Percent
1 Yes	285	13.44
2 No	1764	83.21
7 Refused	15	0.71
8 Not ascertained	52	2.45
9 Don't know	4	0.19

Frequency Missing = 32405

ALT.763_00.000: Got information about third top therapy from: television or radio

TP3_INF4	Frequency	Percent
1 Yes	214	10.09
2 No	1835	86.56
7 Refused	15	0.71
8 Not ascertained	52	2.45
9 Don't know	4	0.19

Frequency Missing = 32405

ALT.764_00.000: Got information about third top therapy from: scientific articles

TP3_INF5	Frequency	Percent
1 Yes	271	12.78
2 No	1778	83.87
7 Refused	15	0.71
8 Not ascertained	52	2.45
9 Don't know	4	0.19

Frequency Missing = 32405

ALT.765_00.000: Got information about third top therapy from: health food stores

TP3_INF6	Frequency	Percent
1 Yes	240	11.32
2 No	1809	85.33
7 Refused	15	0.71
8 Not ascertained	52	2.45
9 Don't know	4	0.19

Frequency Missing = 32405