



AMERICAN PSYCHIATRIC ASSOCIATION
PROPOSAL FOR NEW CODES FOR:
SUBSTANCE ABUSE WITH WITHDRAWAL
ALCOHOL USE UNSPECIFIED WITH
WITHDRAWAL
COCAINE USE UNSPECIFIED WITH
WITHDRAWAL

Michael B. First, M.D., Professor of Clinical Psychiatry at Columbia University and Coding Consultant for the DSM-5

- A withdrawal syndrome may develop when a person ***with Substance Dependence*** reduces or stops use of the substance
 - most Substance Dependence codes include a 5th character of “3” for “with withdrawal” (e.g., F11.23 Opioid dependence with withdrawal)
- Substance withdrawal may also occur in clinical situations where ***the person is taking prescribed medication as directed*** and who is physiologically addicted but lacks behavioral elements required for dx of Substance Dependence
 - Substance Use, Unspecified with 5th character of “3” indicating “with withdrawal” for prescribed substances (Opioids, Cannabis, Sedative, hypnotic or anxiolytics, other stimulants); e.g., F11.93 Opioid use, unspecified with withdrawal
- Withdrawal can also occur with ***other patterns of substance use*** (i.e., less than Substance Dependence) in other non-prescribed substances (i.e., alcohol and cocaine)

BACKGROUND - II

- At September 2018 C&M meeting, APA requested withdrawal codes for cases of alcohol withdrawal and cocaine withdrawal occurring in individuals without dependence
- Received comments noted that substance withdrawal can occur in the context of Substance Abuse involving substances with the potential to cause physiological addiction, given that a diagnosis of Substance Abuse may involve frequent enough use to cause physiological dependence)
- Thus, APA is requesting new ICD-10-CM codes for substance abuse with withdrawal for those classes that can cause physiological addiction (i.e., alcohol, opioids, cannabis, sedatives, cocaine, other stimulants, and other psychoactive substance) in addition to the new codes for Alcohol use, unspecified with withdrawal and Cocaine use, unspecified with withdrawal proposed in September 2018.

APA MARCH 2019 PROPOSAL



- F10 Alcohol related disorders
- F10.1 Alcohol abuse
- New subcategory F10.13 Alcohol abuse, with withdrawal
- New code F10.130 Alcohol abuse, with withdrawal, uncomplicated
- New code F10.131 Alcohol abuse, with withdrawal delirium
- New code F10.132 Alcohol abuse, with withdrawal with perceptual disturbance
- New code F10.139 Alcohol abuse, with withdrawal unspecified

APA MARCH 2019 PROPOSAL



- F10 Alcohol related disorders
- F10.9 Alcohol use, unspecified
- New subcategory F10.93 Alcohol use, unspecified with withdrawal
- New code F10.930 Alcohol use, unspecified with withdrawal, uncomplicated
- New code F10.931 Alcohol use, unspecified with withdrawal delirium
- New code F10.932 Alcohol use, unspecified with withdrawal with perceptual disturbance
- New code F10.939 Alcohol use, unspecified with withdrawal unspecified

APA MARCH 2019 PROPOSAL

- F11 Opioid related disorders
 - F11.1 Opioid abuse
 - New code F11.13 Opioid abuse, with withdrawal
- F12 Cannabis related disorders
 - F12.1 Cannabis abuse
 - New code F12.13 Cannabis abuse with withdrawal

APA MARCH 2019 PROPOSAL



- F13 Sedative, hypnotic, or anxiolytic related disorders
 - F13.1 Sedative, hypnotic, or anxiolytic related abuse
 - New subcategory F13.13 Sedative, hypnotic, or anxiolytic abuse, with withdrawal
 - New code F13.130 Sedative, hypnotic, or anxiolytic abuse, with withdrawal, uncomplicated
 - New code F13.131 Sedative, hypnotic, or anxiolytic abuse, with withdrawal delirium
 - New code F13.132 Sedative, hypnotic, or anxiolytic abuse, with withdrawal with perceptual disturbance
 - New code F13.139 Sedative, hypnotic, or anxiolytic abuse, with withdrawal unspecified

APA MARCH 2019 PROPOSAL

- F14 Cocaine related disorders
 - F14.1 Cocaine abuse
 - New code F14.13 Cocaine abuse, with withdrawal
 - F14.9 Cocaine use, unspecified
 - New code F14.93 Cocaine abuse with withdrawal
- F15 Other stimulant related disorders
 - F15.1 Other stimulant abuse
 - New code F15.13 Other stimulant abuse, with withdrawal

APA MARCH 2019 PROPOSAL



- F19 Other psychoactive substance-related disorders
 - F19.1 Other psychoactive substance abuse
 - New subcategory F19.13 Other psychoactive substance abuse, with withdrawal
 - New code F19.130 Other psychoactive substance abuse, with withdrawal, uncomplicated
 - New code F19.131 Other psychoactive substance abuse, with withdrawal delirium
 - New code F19.132 Other psychoactive substance abuse, with withdrawal with perceptual disturbance
 - New code F19.139 Other psychoactive substance abuse, with withdrawal unspecified