

Data Brief 100. Multiple Chronic Conditions Among Adults Aged 45 and Over: Trends Over the Past 10 Years

Data table for Figure 1. Prevalence of two or more of nine selected chronic conditions among adults aged 45 and over, by age and sex: United States, 1999–2000 and 2009–2010

Age in years	1999–2000		2009–2010	
	Percent	SE	Percent	SE
45–64				
Total	16.1	0.3	21.0	0.4
Men	15.2	0.5	20.6	0.6
Women	16.9	0.4	21.3	0.5
65 and over				
Total	37.2	0.5	45.3	0.6
Men	39.2	0.8	49.0	0.9
Women	35.8	0.6	42.5	0.8

NOTE: SE is standard error.

SOURCE: CDC/NCHS, National Health Interview Survey.

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Data table for Figure 2. Prevalence of two or more of nine selected chronic conditions among adults aged 45 and over, by age and race and Hispanic origin: United States, 1999–2000 and 2009–2010

Age in years	1999–2000		2009–2010	
	Percent	SE	Percent	SE
45–64				
Black only, not Hispanic	23.2	1.0	27.9	1.1
White only, not Hispanic	15.3	0.4	20.6	0.5
Hispanic	14.5	0.8	19.0	0.9
65 and over				
Black only, not Hispanic	43.8	1.7	51.6	1.7
White only, not Hispanic	37.1	0.5	45.1	0.7
Hispanic	32.2	1.7	42.4	1.8

NOTE: SE is standard error.

SOURCE: CDC/NCHS, National Health Interview Survey.

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Data table for Figure 3. Prevalence of two or more of nine selected chronic conditions among adults aged 45 and over, by age and percentage of poverty level: United States, 1999–2000 and 2009–2010

Age in years	1999–2000		2009–2010	
	Percent	SE	Percent	SE
45–64				
Below 100%	30.6	1.3	33.4	1.3
100%–199%	23.8	1.1	29.8	1.1
200%–399%	16.9	0.6	21.2	0.7
400% or more	11.5	0.4	15.7	0.5
65 and over				
Below 100%	42.5	1.5	50.9	1.7
100%–199%	41.4	0.9	49.5	1.2
200%–399%	35.5	0.9	46.3	1.0
400% or more	32.7	1.1	39.0	1.2

NOTE: SE is standard error.

SOURCE: CDC/NCHS, National Health Interview Survey.

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Data table for Figure 4. Prevalence of the three most common combinations of the nine selected chronic conditions, by age and type of chronic condition: United States, 1999–2000 and 2009–2010

Age in years	Only specified conditions				Specified conditions in addition to at least one other of nine selected chronic conditions				Total			
	1999–2000		2009–2010		1999–2000		2009–2010		1999–2000		2009–2010	
	Percent	SE	Percent	SE	Percent	SE	Percent	SE	Percent	SE	Percent	SE
45–64												
Hypertension and diabetes	2.2	0.1	4.0	0.2	2.6	0.1	4.1	0.2	4.8	0.2	8.1	0.3
Hypertension and heart disease	3.1	0.2	3.2	0.2	3.3	0.2	4.3	0.2	6.4	0.2	7.5	0.2
Hypertension and cancer	0.9	0.1	1.3	0.1	0.9	0.1	1.6	0.1	1.8	0.1	2.9	0.1
65 and over												
Hypertension and diabetes	3.1	0.2	5.0	0.3	6.3	0.2	10.2	0.4	9.4	0.3	15.2	0.4
Hypertension and heart disease	7.3	0.3	7.6	0.3	10.4	0.3	13.5	0.4	17.7	0.4	21.2	0.5
Hypertension and cancer	3.0	0.2	3.5	0.2	4.9	0.2	7.2	0.3	7.9	0.3	10.7	0.4

NOTE: SE is standard error.

SOURCE: CDC/NCHS, National Health Interview Survey.

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Data table for Figure 5. Adults aged 45 and over with two or more of nine selected chronic conditions who did not get or delayed needed medical care due to cost in the past year or did not get needed prescription drugs due to cost in the past year, by age: United States, 1999–2000 and 2009–2010

Age in years	1999–2000		2009–2010	
	Percent	SE	Percent	SE
45–64				
Did not get or delayed needed medical care in past year due to cost	17.2	0.8	23.4	0.8
Did not get prescription drugs in past year due to cost	14.2	0.7	21.5	0.8
65 and over				
Did not get or delayed needed medical care in past year due to cost	6.5	0.4	6.9	0.5
Did not get prescription drugs in past year due to cost	5.1	0.4	6.3	0.4

NOTE: SE is standard error.

SOURCE: CDC/NCHS, National Health Interview Survey.