

Healthy People 2010 Operational Definition

20-9. Increase the proportion of worksites employing 50 or more persons that provide programs to prevent or reduce employee stress.

National Data Source	National Worksite Health Promotion Survey (NWHPS), Association for Worksite Health Promotion and OPHS, ODPHP.
State Data Source	Not identified.
Healthy People 2000 Objective	6.11 (Mental Health and Mental Disorders).
Changes since the 2000 Publication	None.
Measure	Percent.
Baseline (Year)	37 (1992)
Target	50
Target-Setting Method	35 percent improvement. For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of worksites with 50 or more employees that provide programs to prevent or reduce employee stress.
Denominator	Number of worksites surveyed.
Population Targeted	Not applicable.
Questions Used To Obtain the National Baseline Data	From the 1992 National Worksite Health Promotion Survey: ➤ <i>During the past 12 months, did your worksite offer any information or activities concerning stress management?</i> [If yes:] <ul style="list-style-type: none">○ <i>Which of the following was offered related to stress management?</i><ul style="list-style-type: none"><i>Individual classes</i><i>Group classes</i><i>Resource materials, such as brochures,</i>

pamphlets or videos
Job redesign, personnel reassignment

Expected Periodicity Periodic.

Comments

The baseline was set using data from the 1992 National Survey of Worksite Health Promotion Activities, which collected data from the private sector and may not accurately reflect the practices of public sector organizations.

NIOSH is currently planning data collection efforts to better understand stress prevention activities in both public and private workplaces.

This objective is identical to Healthy People 2000 objective 6.11.

See Appendix A for focus area contact information.