

Healthy People 2010 Operational Definition

19-16. Increase the proportion of worksites that offer nutrition or weight management classes or counseling.

National Data Source	National Worksite Health Promotion Survey (NWHPS), Partnership for Prevention and OPHS, ODPHP.
State Data Source	Not identified.
Healthy People 2000 Objective	Adapted from 2.20 (Nutrition).
Changes since the 2000 Publication	Revised baseline (see Comments). Revised target (see Comments).
Measure	Percent.
Baseline (Year)	54 (1998-99)
Target	84
Target-Setting Method	55 percent improvement. For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of worksites with 50 or more employees in nongovernmental organizations that offer nutrition or weight management classes or counseling at the worksite or through their health plans.
Denominator	Number of worksites with 50 or more employees in nongovernmental organizations.
Population Targeted	U.S. civilian, noninstitutionalized population.
Questions Used to Obtain the National Baseline Data	From the 1999 National Worksite Health Promotion Survey: <ul style="list-style-type: none">➤ <i>During the last 12 months, did you offer (see below) to your employees at the worksite?</i><ol style="list-style-type: none">1) <i>Nutrition or cholesterol education</i>2) <i>Weight management classes or counseling</i>➤ <i>During the last 12 months, did you offer (see below) to your employees through one of your health plans?</i><ol style="list-style-type: none">1) <i>Nutrition or cholesterol education</i>2) <i>Weight management classes or counseling</i>

Expected Periodicity	Periodic.
Comments	<p>Responses to the two questions on nutrition and cholesterol education and weight management classes or counseling are combined for tracking this objective.¹</p> <p>The original baseline of 55 percent was revised to 54 percent due to a data entry error. The target was proportionally adjusted from 85 percent to 84 percent to reflect the revised baseline using the original target-setting method.</p> <p>This objective differs from Healthy People 2000 objective 2.20, which was tracked with three surveys that differed in sponsors and in the questions asked.</p> <p>See Part A for focus area contact information.</p>

References

1. Mercer, W.M. *1999 National Worksite Health Promotion Survey*. Washington, DC: Association for Worksite Health Promotion, 1999.