

## Healthy People 2010 Operational Definition

---

### 26-14. Reduce steroid use among adolescents.

#### 26-14a 10<sup>th</sup> graders.

<b>National Data Source</b>	Monitoring the Future Study (MTF), NIH, NIDA.
<b>State Data Source</b>	Not identified.
<b>Healthy People 2000 Objective</b>	Adapted from 4.11 (Substance Abuse: Alcohol and Other Drugs).
<b>Changes since the 2000 Publication</b>	None.
<b>Measure</b>	Percent.
<b>Baseline (Year)</b>	1.2 (1998)
<b>Target</b>	0.4
<b>Target-Setting Method</b>	Better than the best racial/ethnic subgroup.  For a discussion of target-setting methods, see Part A, section 4.
<b>Numerator</b>	Number of 10 <sup>th</sup> grade students who report using steroids in the past year.
<b>Denominator</b>	Number of 10 <sup>th</sup> grade students.
<b>Population Targeted</b>	Students in public and private schools in the coterminous United States
<b>Questions Used To Obtain the National Baseline Data</b>	From the 1998 Monitoring the Future Study:  ➤ <i>Steroids, or anabolic steroids, are sometimes prescribed by doctors to promote healing from certain types of injuries. Some athletes, and others, have used them to try to increase muscle development. On how many occasions (if any) have you taken steroids on your own--that is, without a doctor telling you to take them?</i> <i>... in your lifetime?"</i> <i>... during the last 12 months?</i> <i>... during the last 30 days?</i>  [Mark one circle for each line. Response categories

include:]

*0 occasions*

*1-2 occasions*

*3-5 occasions*

*6-9 occasions*

*10-19 occasions*

*20-39 occasions*

*40 or more*

**Expected Periodicity** Annual.

**Comments** Students are considered to have used steroids if they respond that they used steroids on one or more occasions during the last 12 months or during the last 30 days.

Data are based on students in attendance on the day of the survey administration.

This objective differs from Healthy People 2000 objective 4.11, which was limited to male high school seniors.

For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a *Healthy People Statistical Note*.<sup>1</sup>

See Part C for a description of MTF and Appendix A for focus area contact information.

## References

---

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.