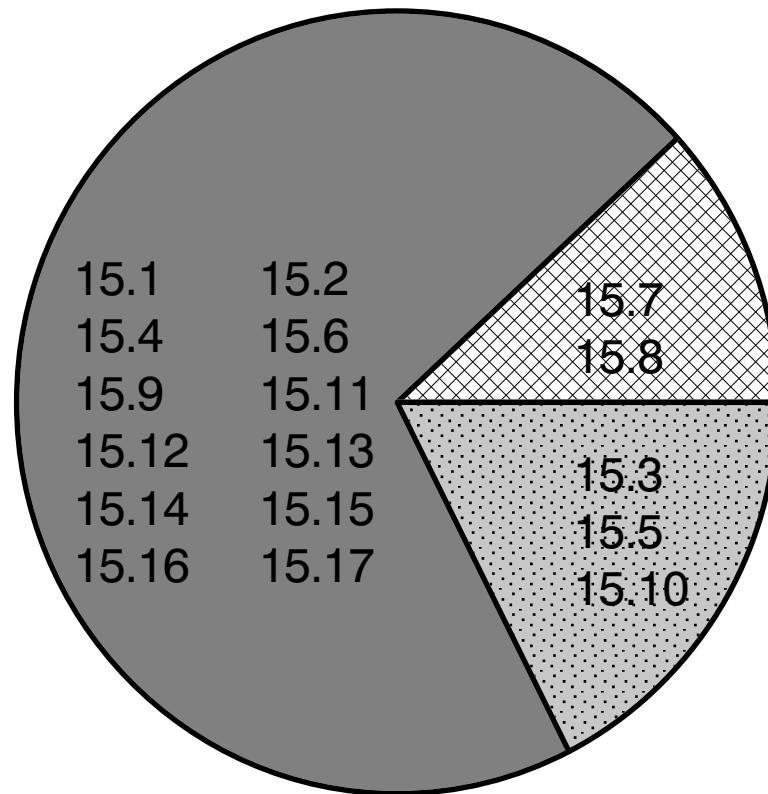


Healthy People 2000 Objectives for Heart Disease and Stroke

☒ Target met ■ Moving toward target ▒ Moving away from target



Healthy People 2000 objectives

Targets met

15.7: High blood cholesterol prevalence

15.8: Awareness of high blood cholesterol condition

Healthy People 2000 objectives

Moving toward targets

- 15.1: Coronary heart disease deaths
- 15.2: Stroke deaths
- 15.4: Controlled high blood pressure
- 15.6: Mean serum cholesterol level
- 15.9: Dietary fat intake
- 15.11: Light to moderate physical activity
- 15.12: Cigarette smoking prevalence
- 15.13: Knowledge of blood pressure values
- 15.14: Blood cholesterol checked in past 5 years
- 15.15: Appropriate therapy provided by primary care providers
- 15.16: Worksite blood pressure/cholesterol education programs
- 15.17: Laboratory accuracy in cholesterol measurement

Healthy People 2000 objectives

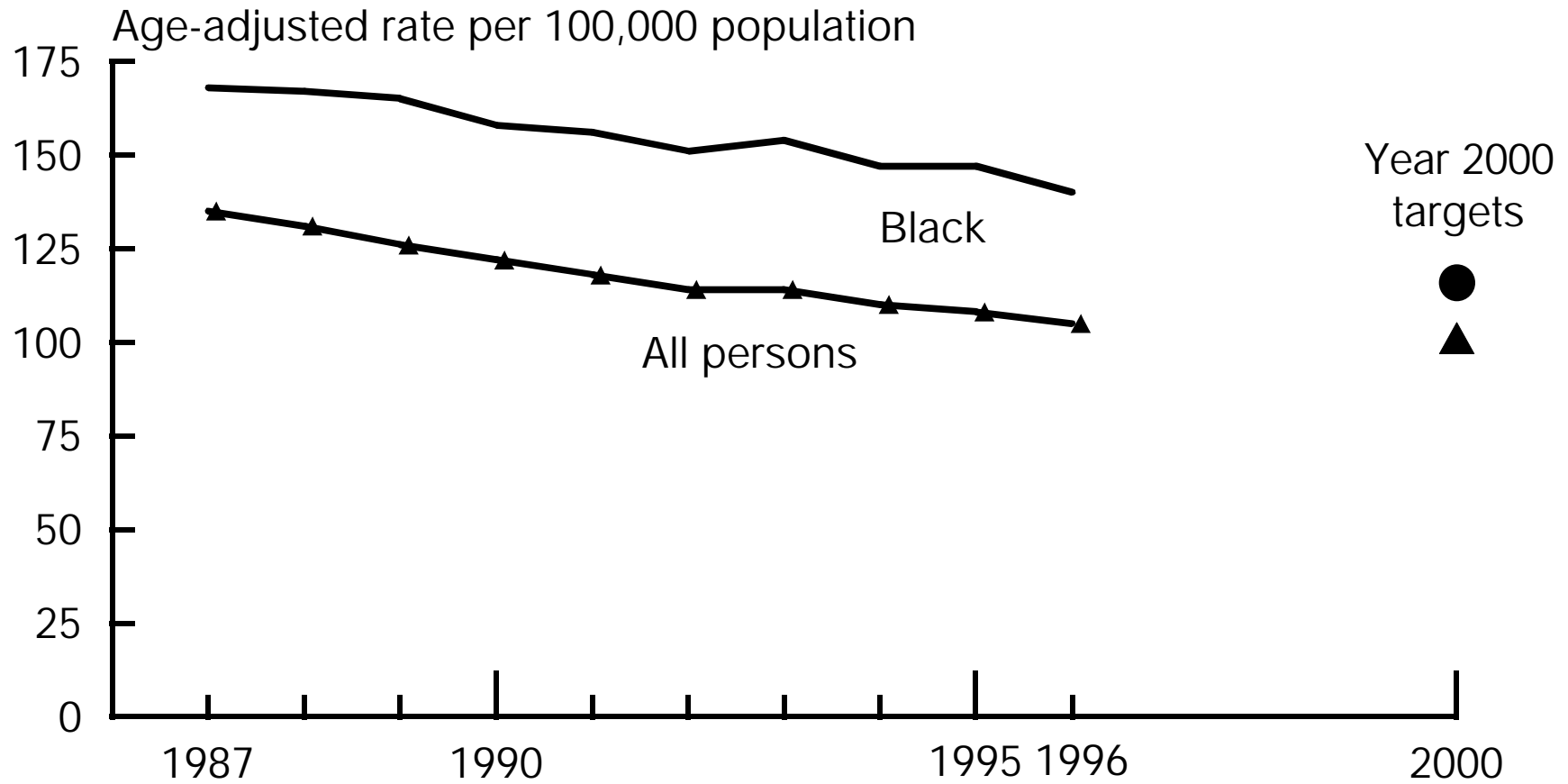
Moving away from targets

15.3: End-stage renal disease

15.5: Taking action to control blood pressure

15.10: Overweight prevalence

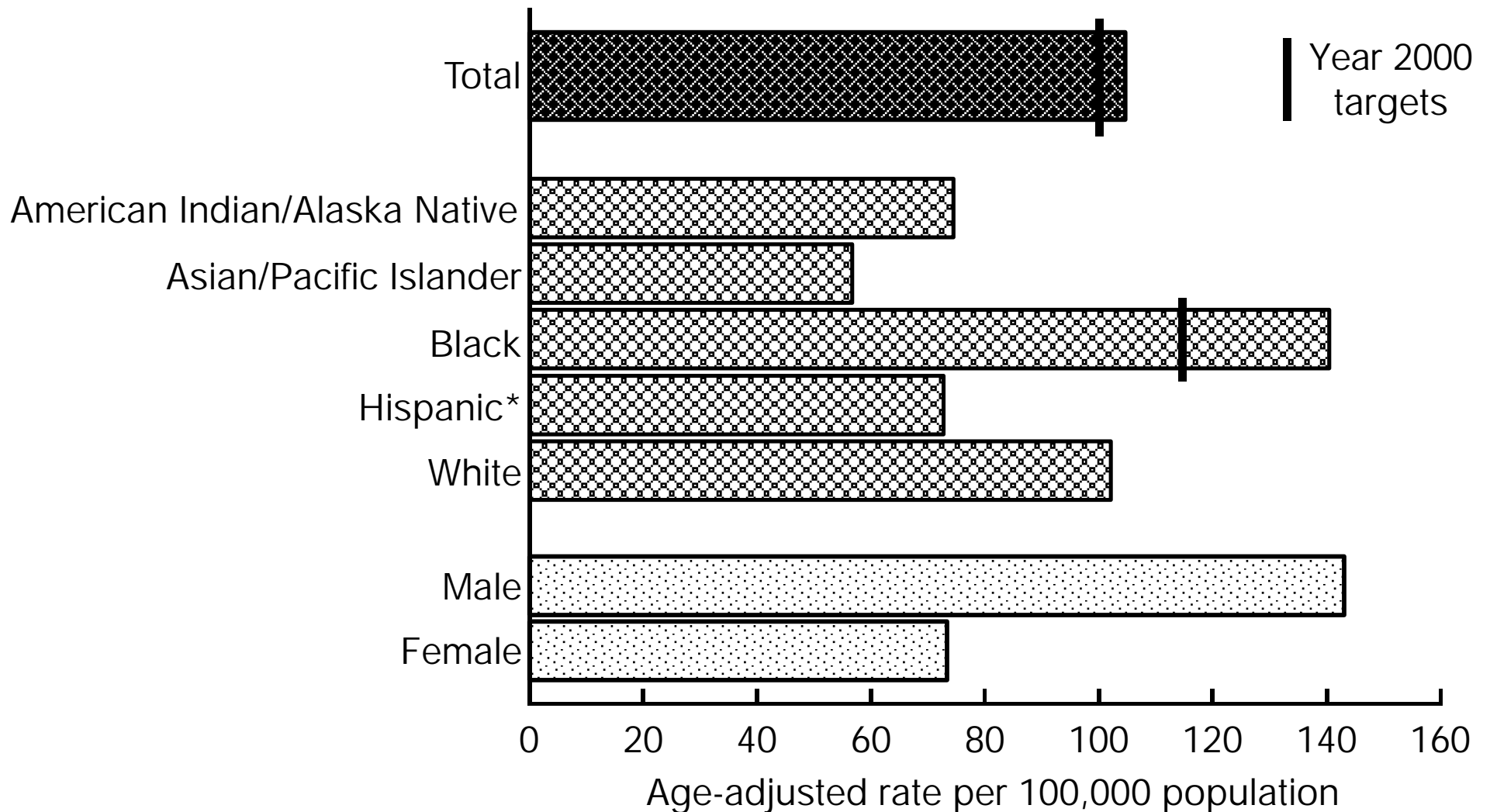
Coronary heart disease deaths: Objective 15.1



NOTE: Death rates are age adjusted to the 1940 U.S. standard population.

SOURCE: CDC/NCHS, National Vital Statistics System, 1987-1996

Coronary heart disease deaths, 1996

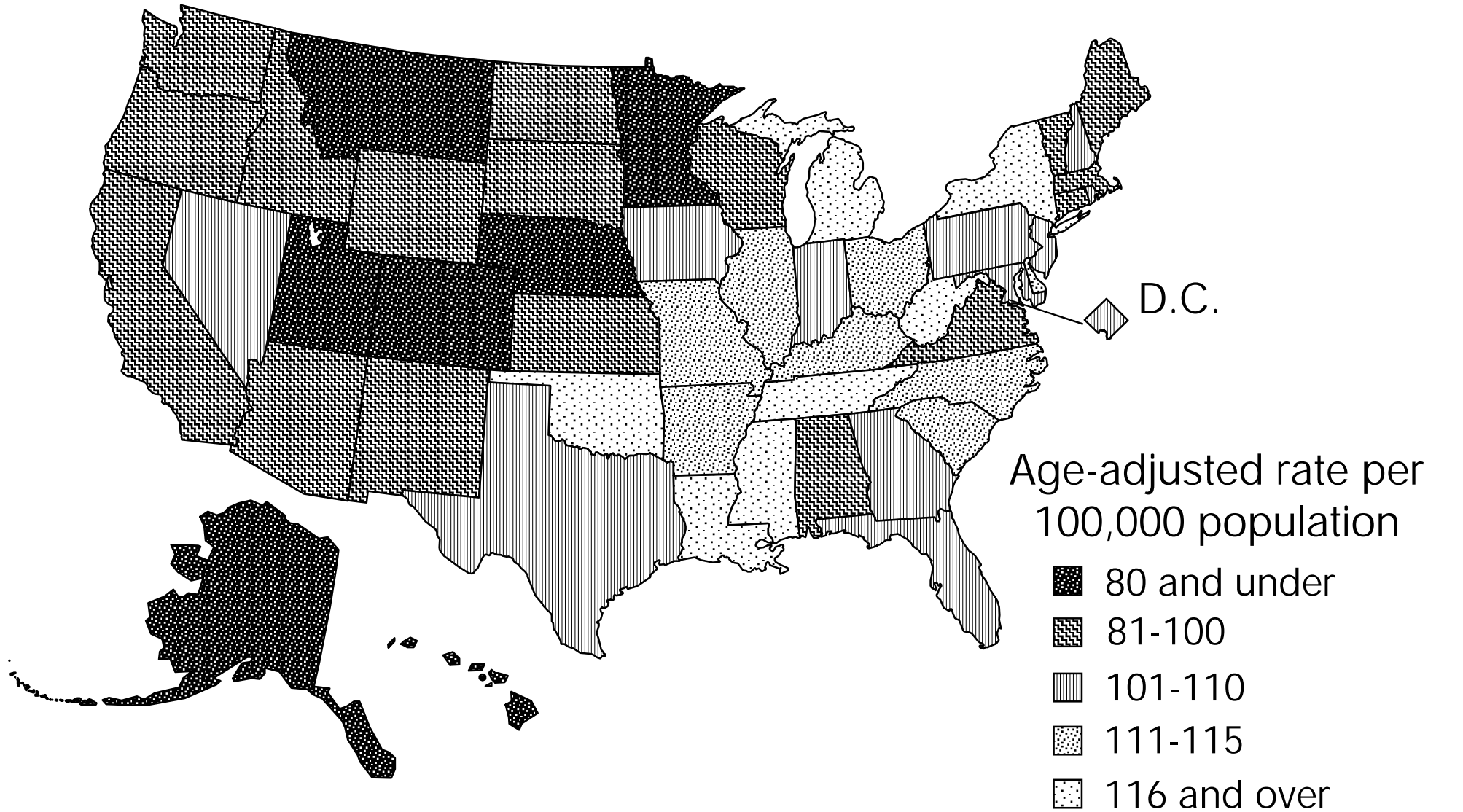


Death rates are age adjusted to the 1940 U.S. standard population.

*Persons of Hispanic origin may be of any race.

SOURCE: CDC/NCHS, National Vital Statistics System, 1996

Coronary heart disease deaths, 1996

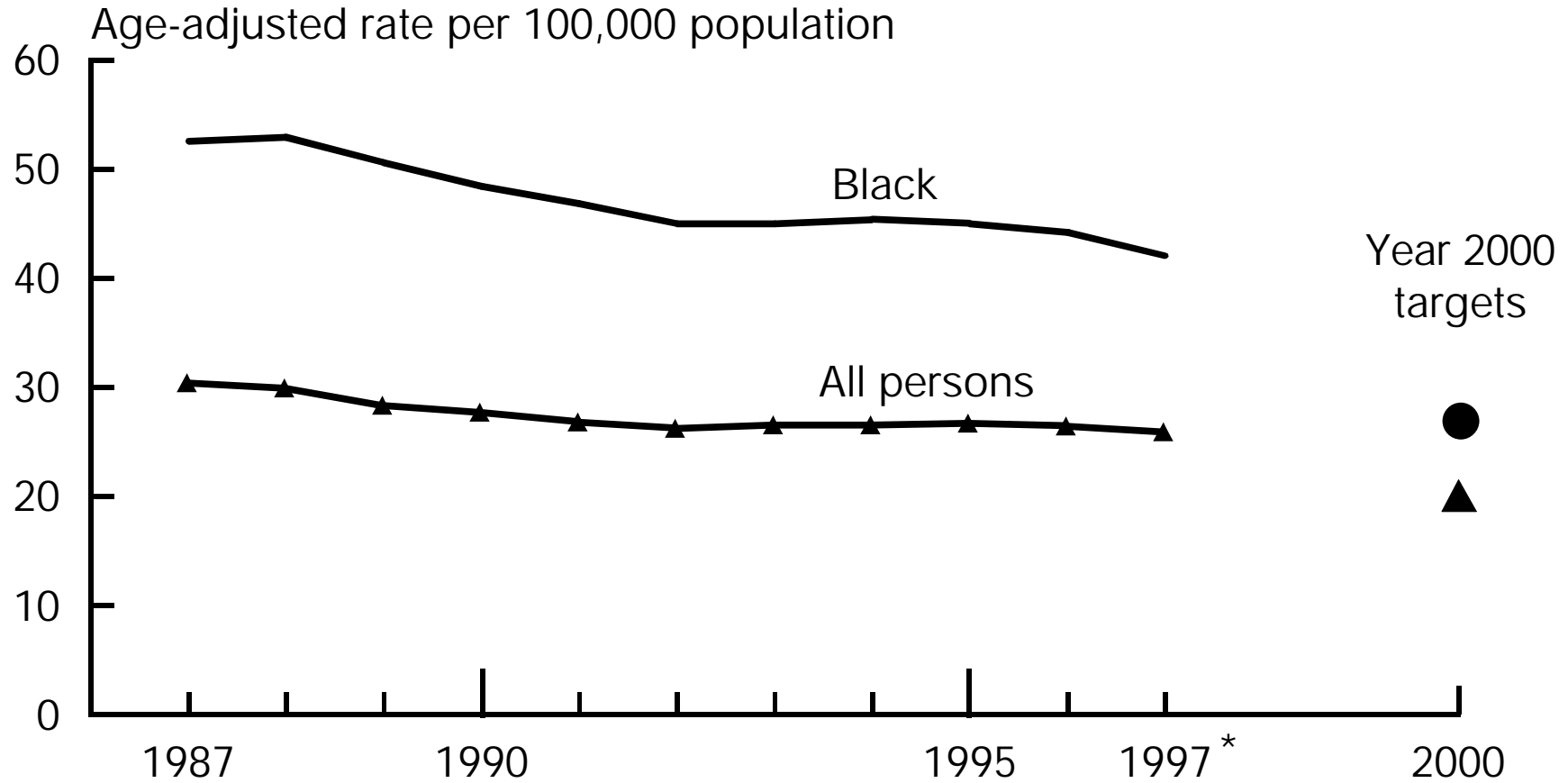


NOTE: Death rates are age adjusted to the 1940 U.S. standard population.

SOURCE: CDC/NCHS, National Vital Statistics System, 1996

Stroke deaths

Objective 15.2

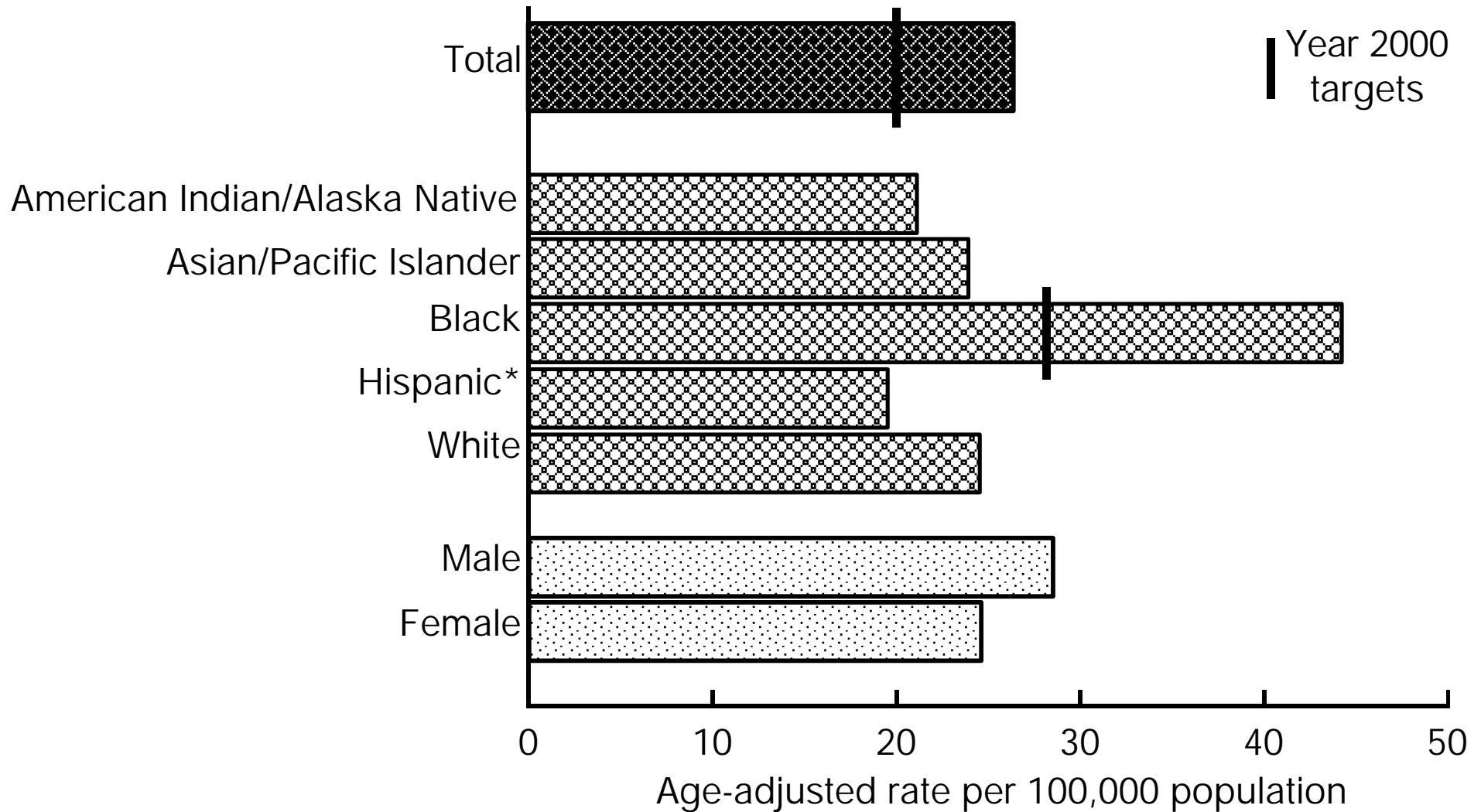


* Preliminary data.

NOTE: Death rates are age adjusted to the 1940 U.S. standard population.

SOURCE: CDC/NCHS, National Vital Statistics System, 1987-97

Stroke deaths, 1996

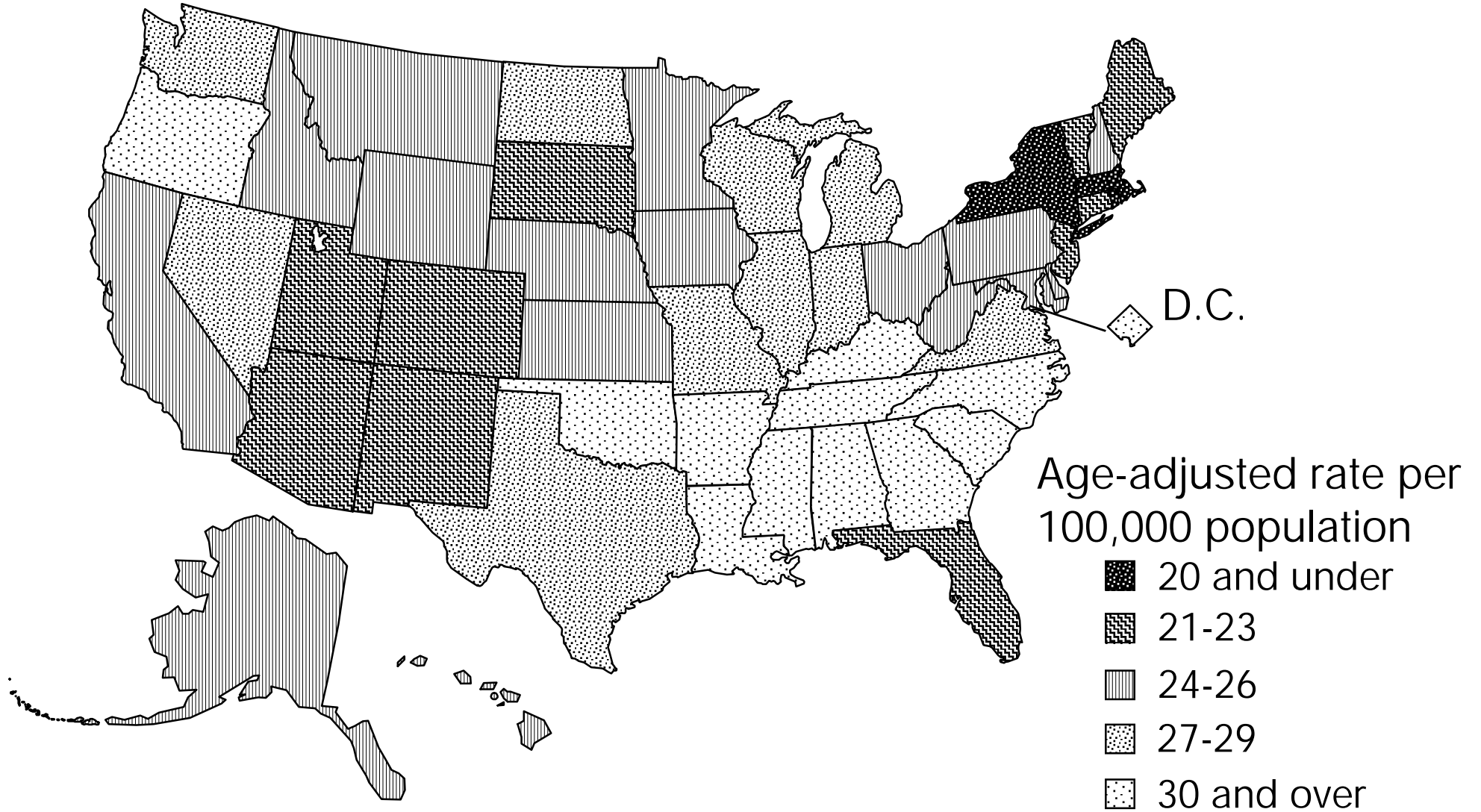


Death rates are age adjusted to the 1940 U.S. standard population.

*Persons of Hispanic origin may be of any race.

SOURCE: CDC/NCHS, National Vital Statistics System, 1996

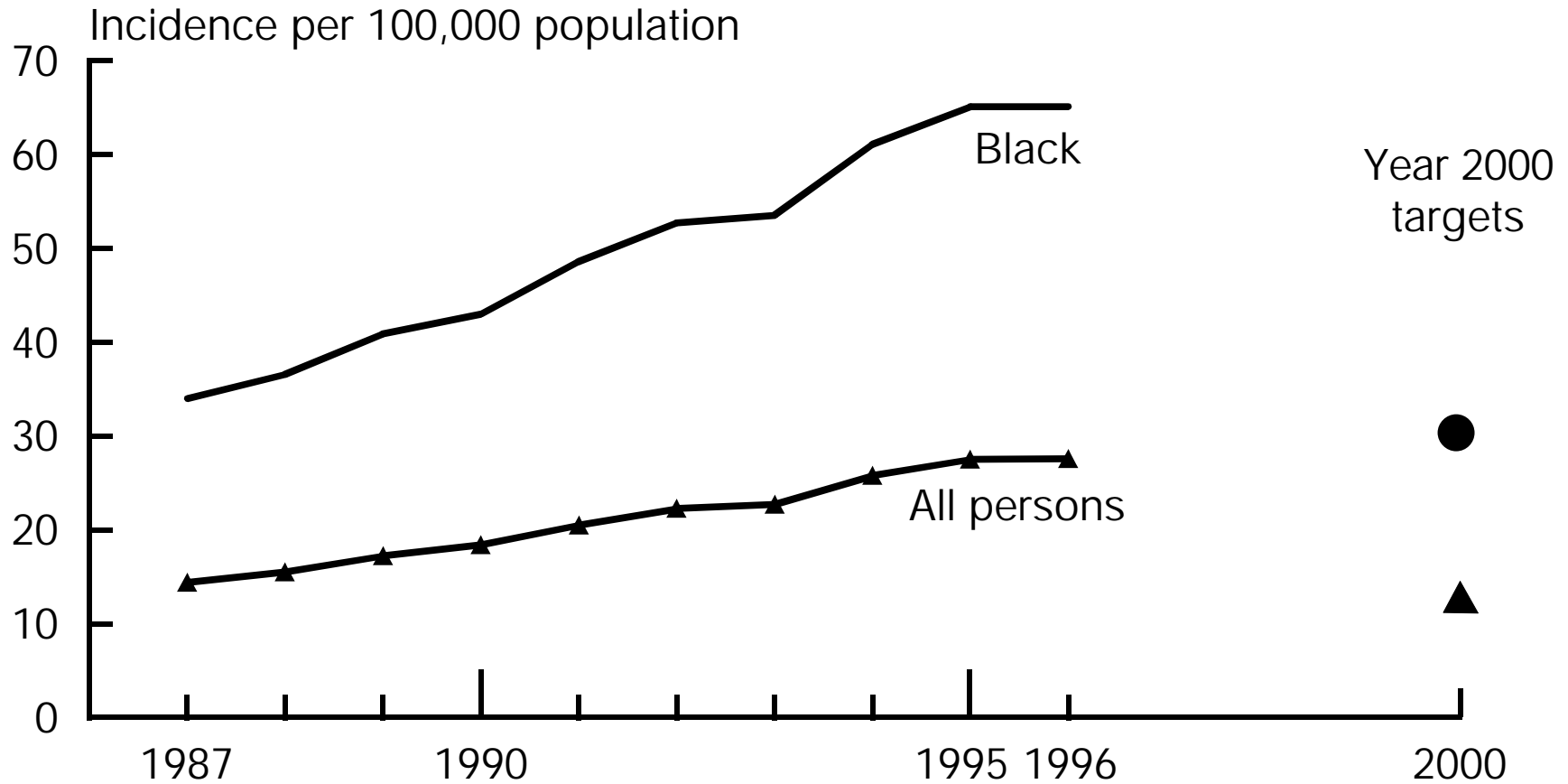
Stroke deaths, 1996



Note: Death rates are age adjusted to the 1940 U.S. standard population.
SOURCE: CDC/NCHS, National Vital Statistics System, 1996

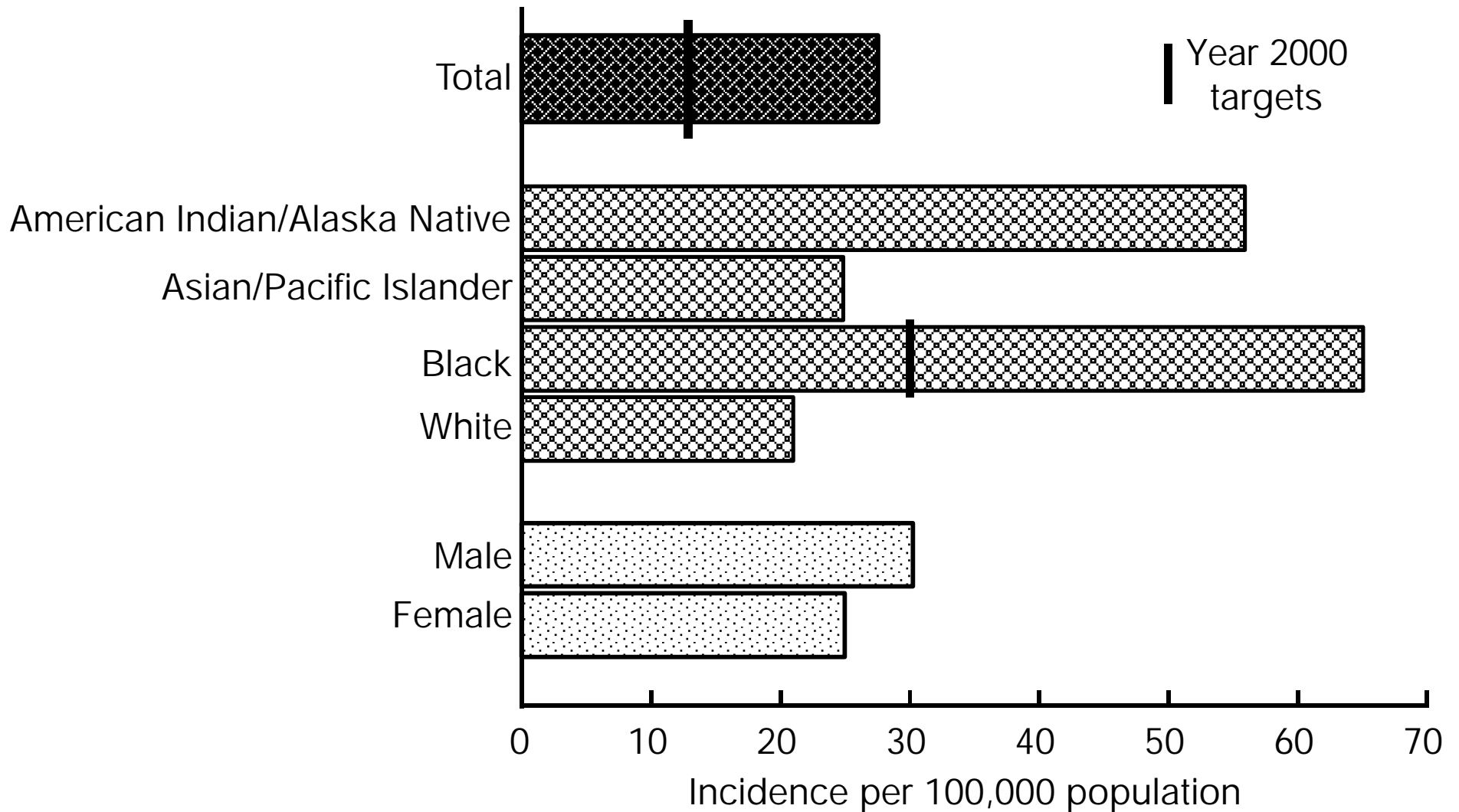
Year 2000 target: reduce to 20

End-stage renal disease Objective 15.3



SOURCE: HCFA/Bureau of Data Management and Strategy, End Stage Renal Disease Medicare Reimbursement Data, 1987-96

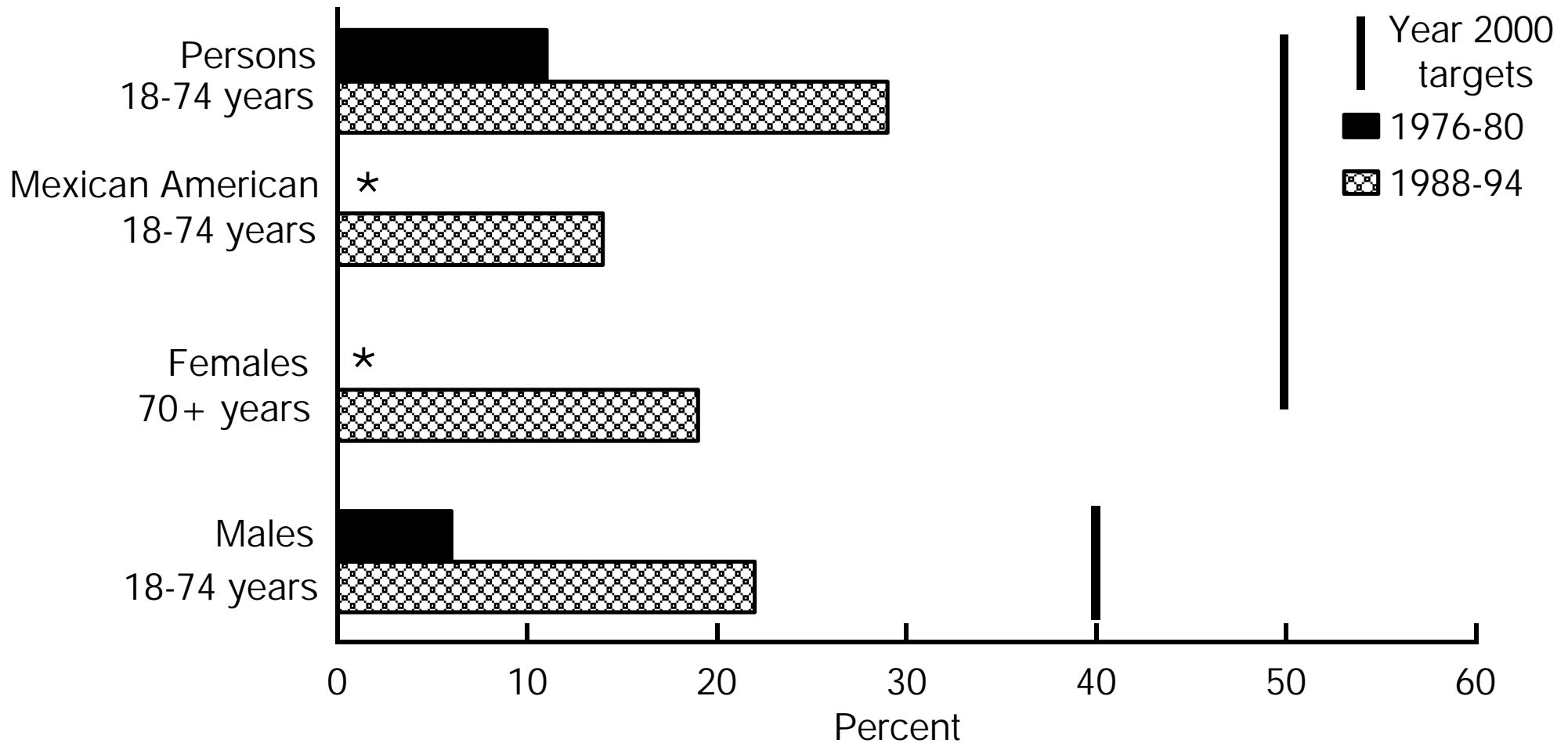
End stage renal disease, 1996



SOURCE: HCFA/Bureau of Data Management and Strategy, End Stage Renal Disease Medicare Reimbursement Data, 1996

Controlled high blood pressure

Objective 15.4



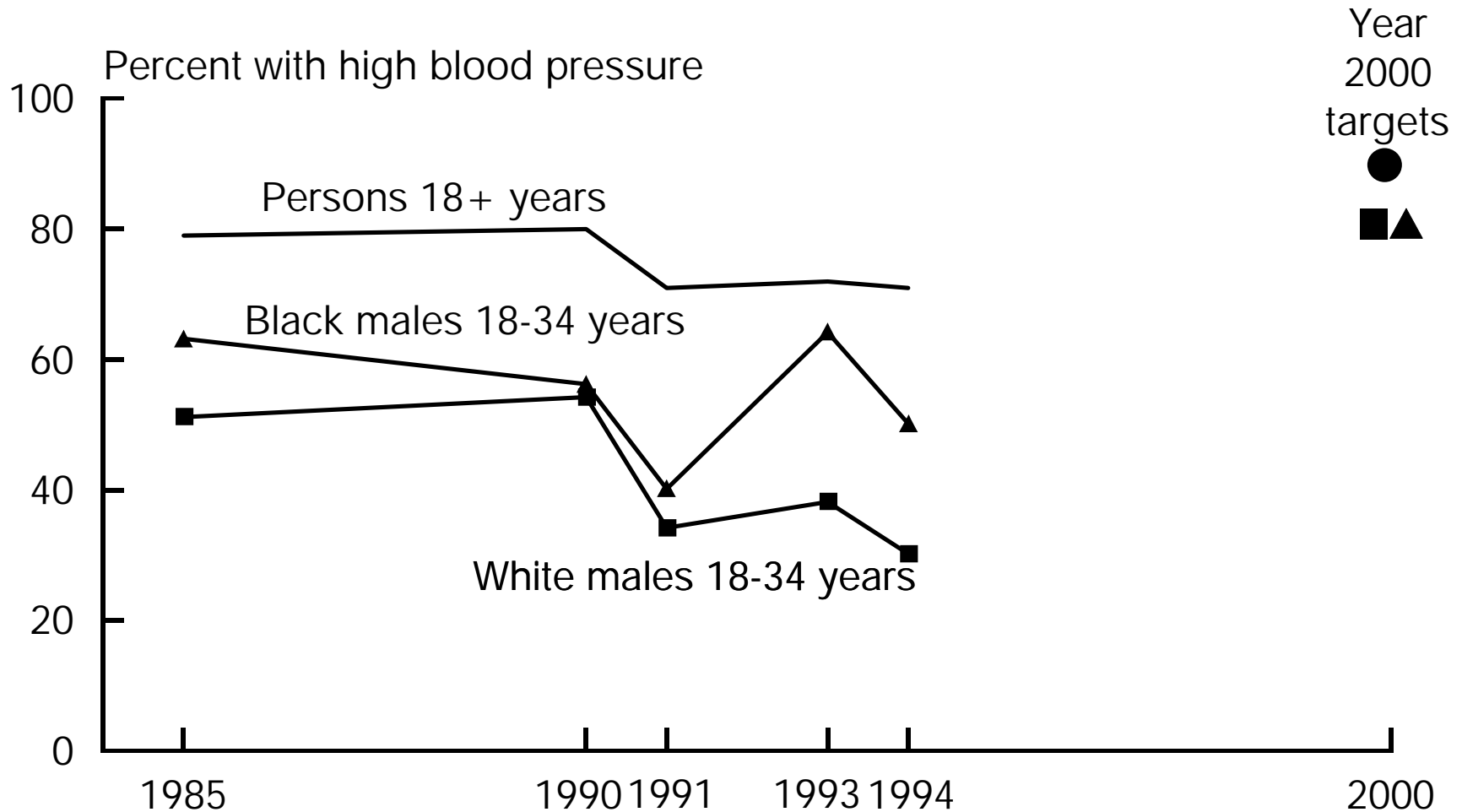
* Data not available.

NOTE: Data are for people with high blood pressure. 1988-94 figures are estimates based on 1988-91 data.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 1976-80 and 1988-94

Taking action to control blood pressure

Objective 15.5

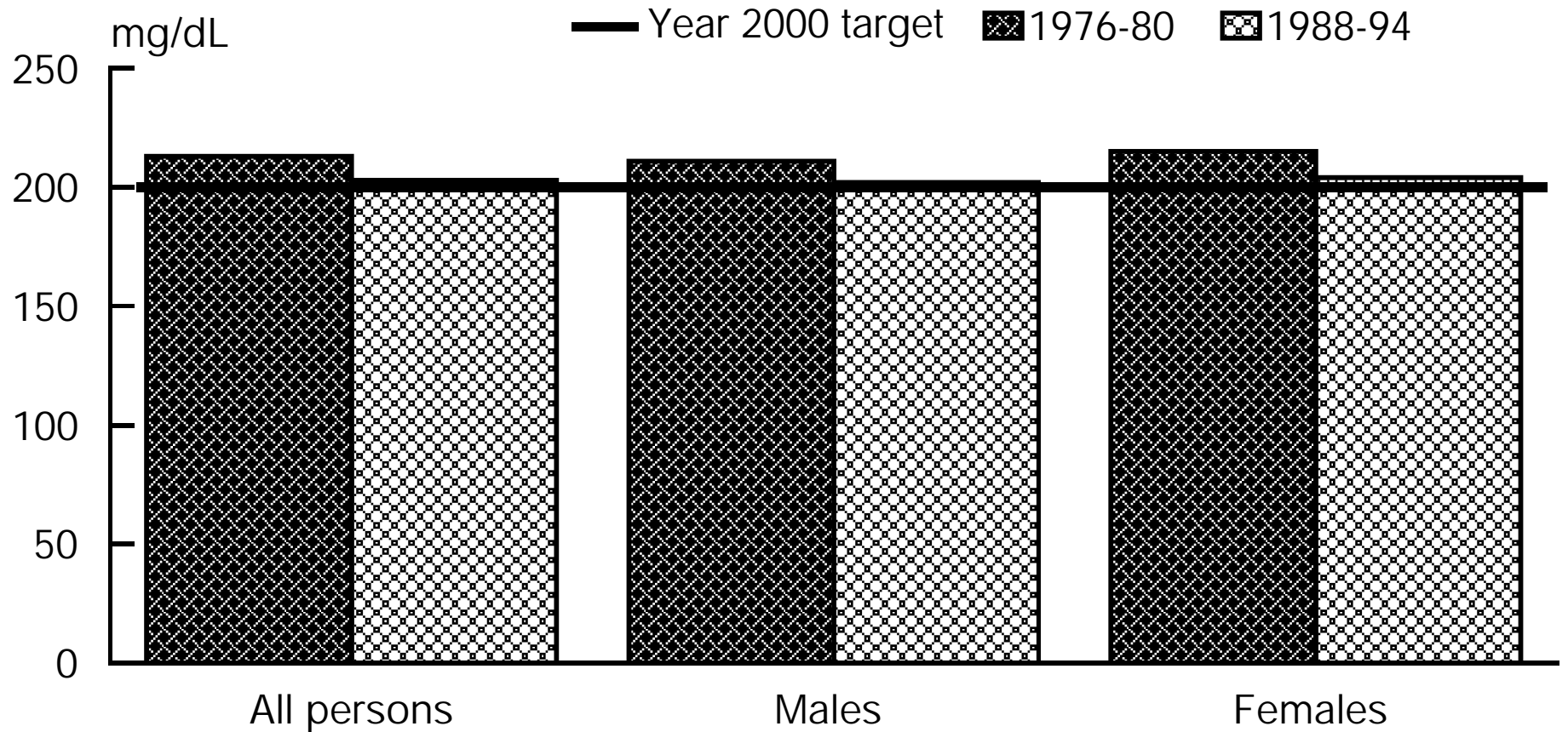


NOTE: For 1985 and 1990 actions include medication, dieting to lose weight, cutting down on salt, or exercising. Beginning in 1991, actions include taking medication or dieting to lose weight only.

SOURCE: CDC/NCHS, National Health Interview Survey, 1985, 1990-91 and 1993-94

Mean serum cholesterol levels

Objective 15.6

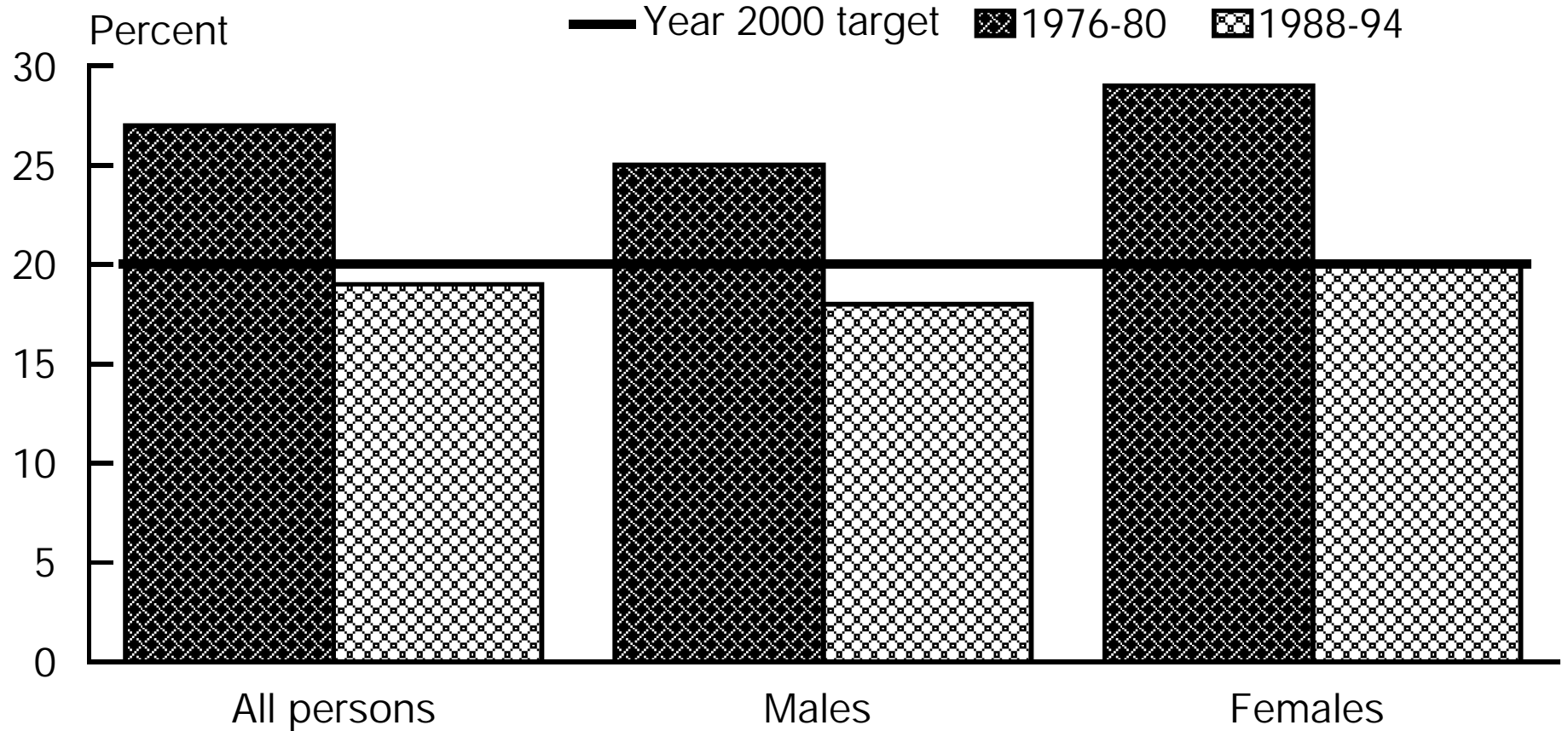


Data are for persons 20-74 years.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 1976-80 and 1988-94

High blood cholesterol levels

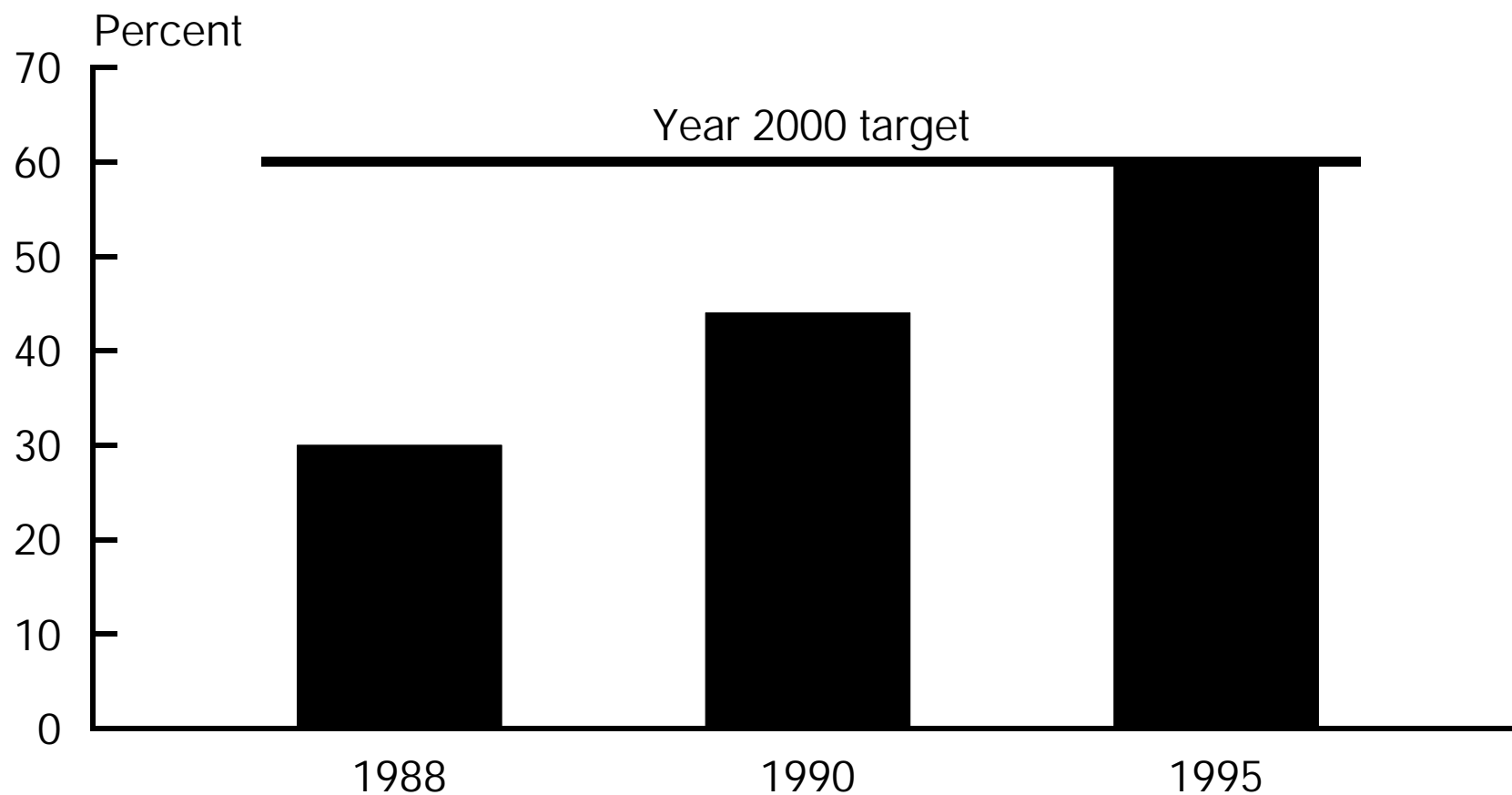
Objective 15.7



Data are for persons 20-74 years. High blood cholesterol is defined as a blood cholesterol level of 240mg/dL or greater.
SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 1976-80 and 1988-94

Taking action to reduce high blood cholesterol

Objective 15.8

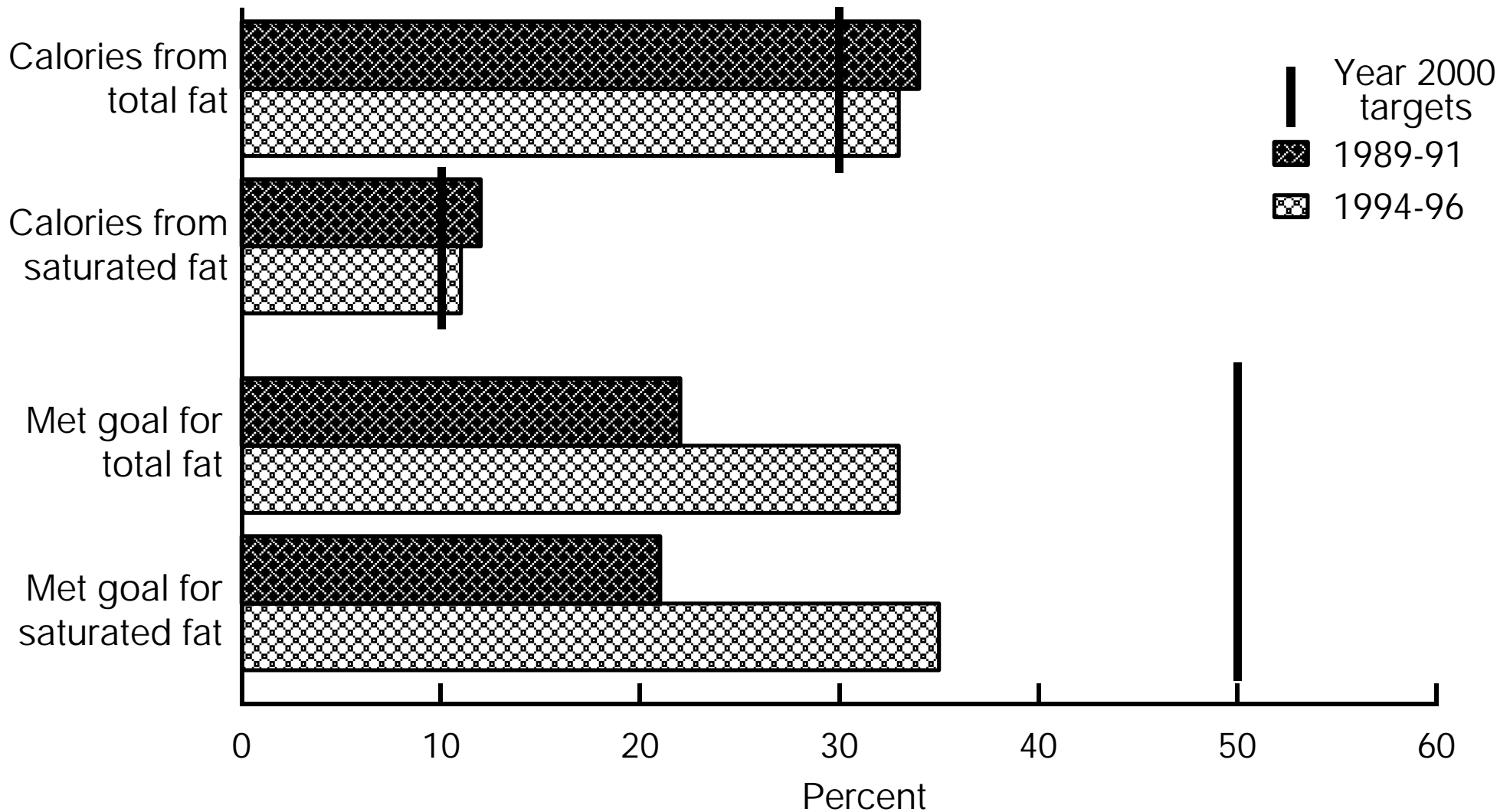


NOTE: Data are for persons 18 years and over with high blood cholesterol.

SOURCE: FDA, Health and Diet Survey, 1988; NIH/NHLBI, Cholesterol Awareness Survey, 1990 and 1995

Average daily fat intake

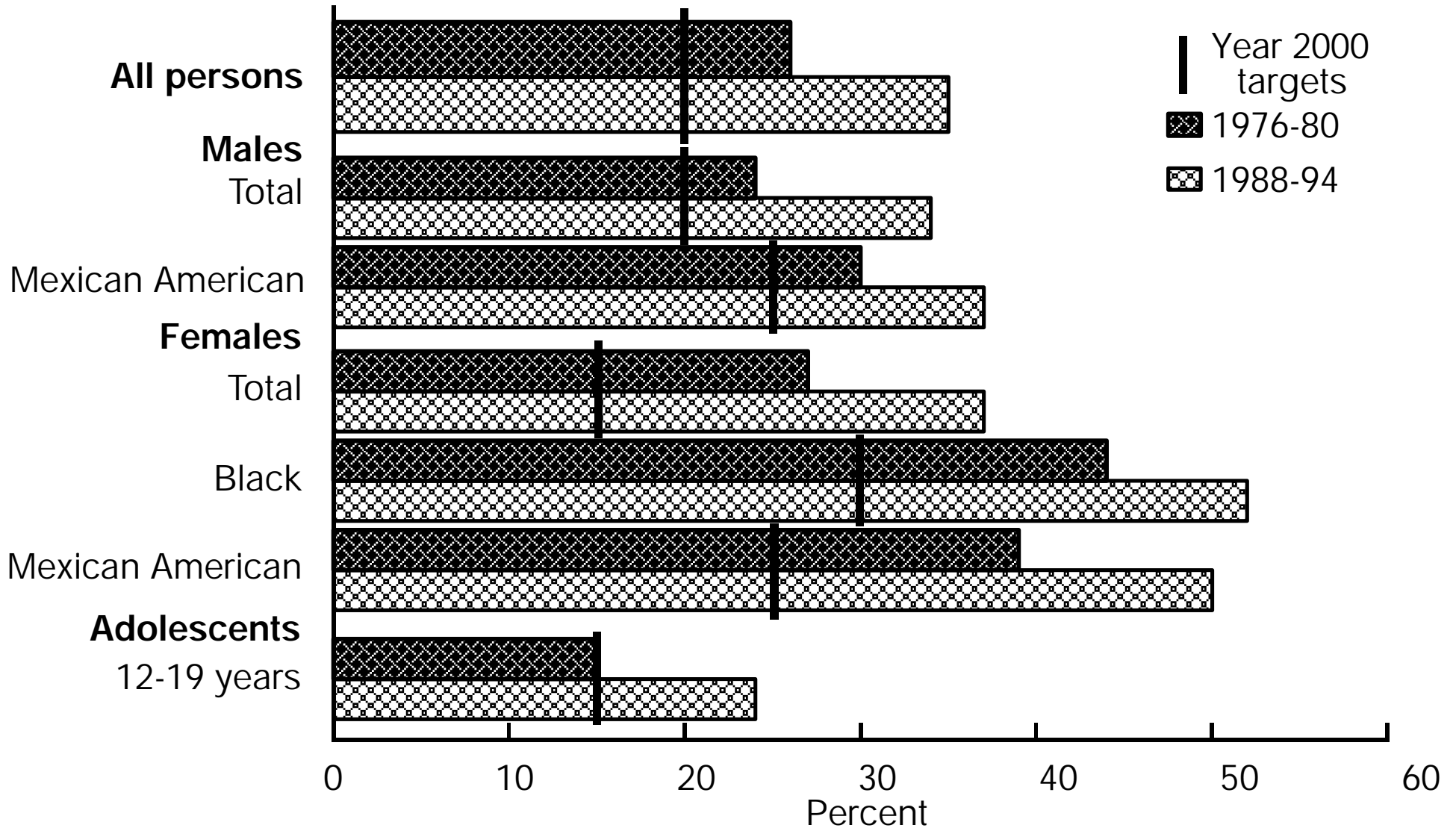
Objective 15.9



SOURCE: USDA, Continuing Survey of Food Intakes by Individuals, 1989-91 and 1994-96

Overweight prevalence

Objective 15.10

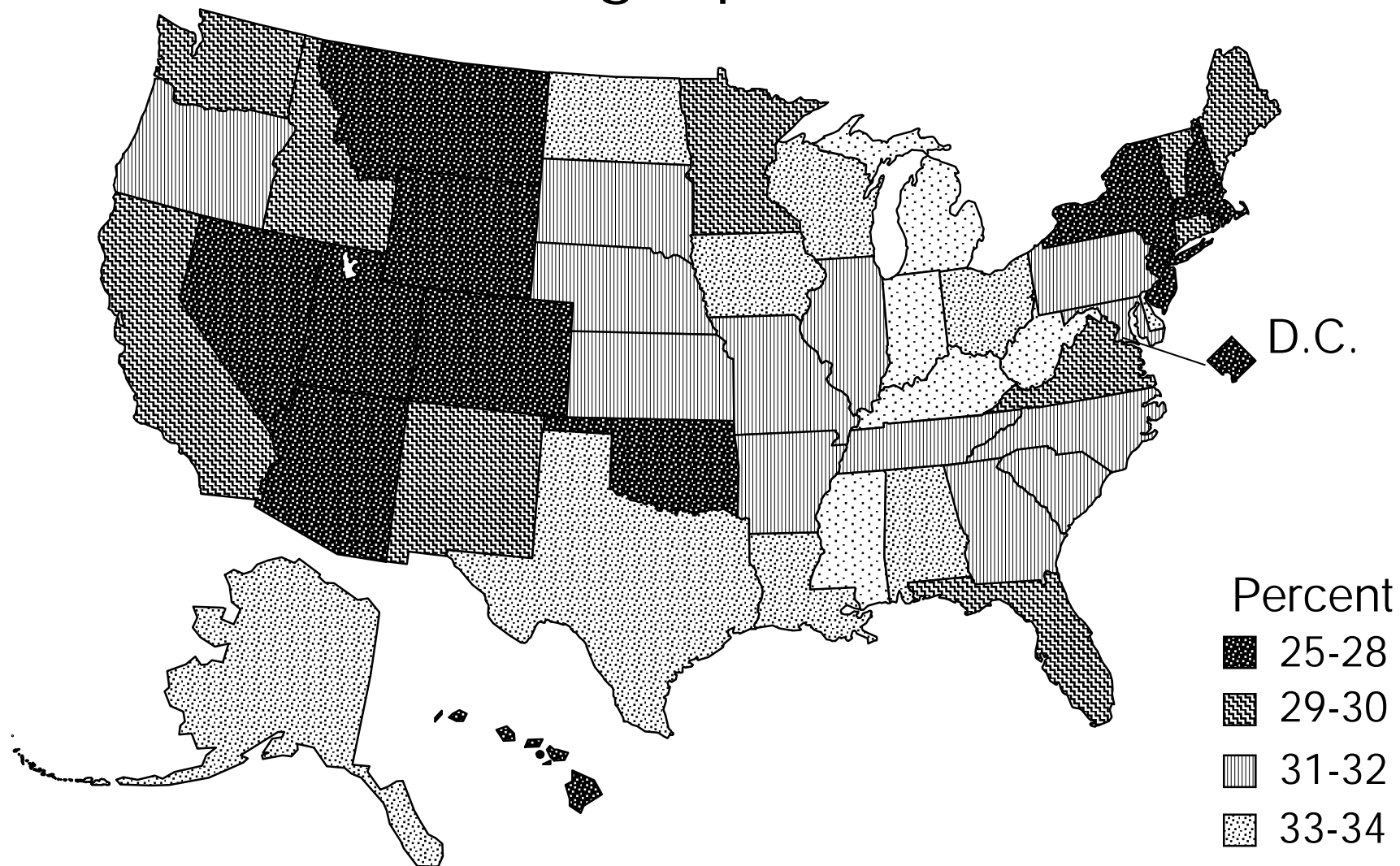


Except for adolescents, data are for people 20 -74 years.

Overweight is defined as a Body Mass Index (weight in kilograms divided by the square of height in meters) of at least 27.8 for men and 27.3 for women.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 1976-80 and 1988-94

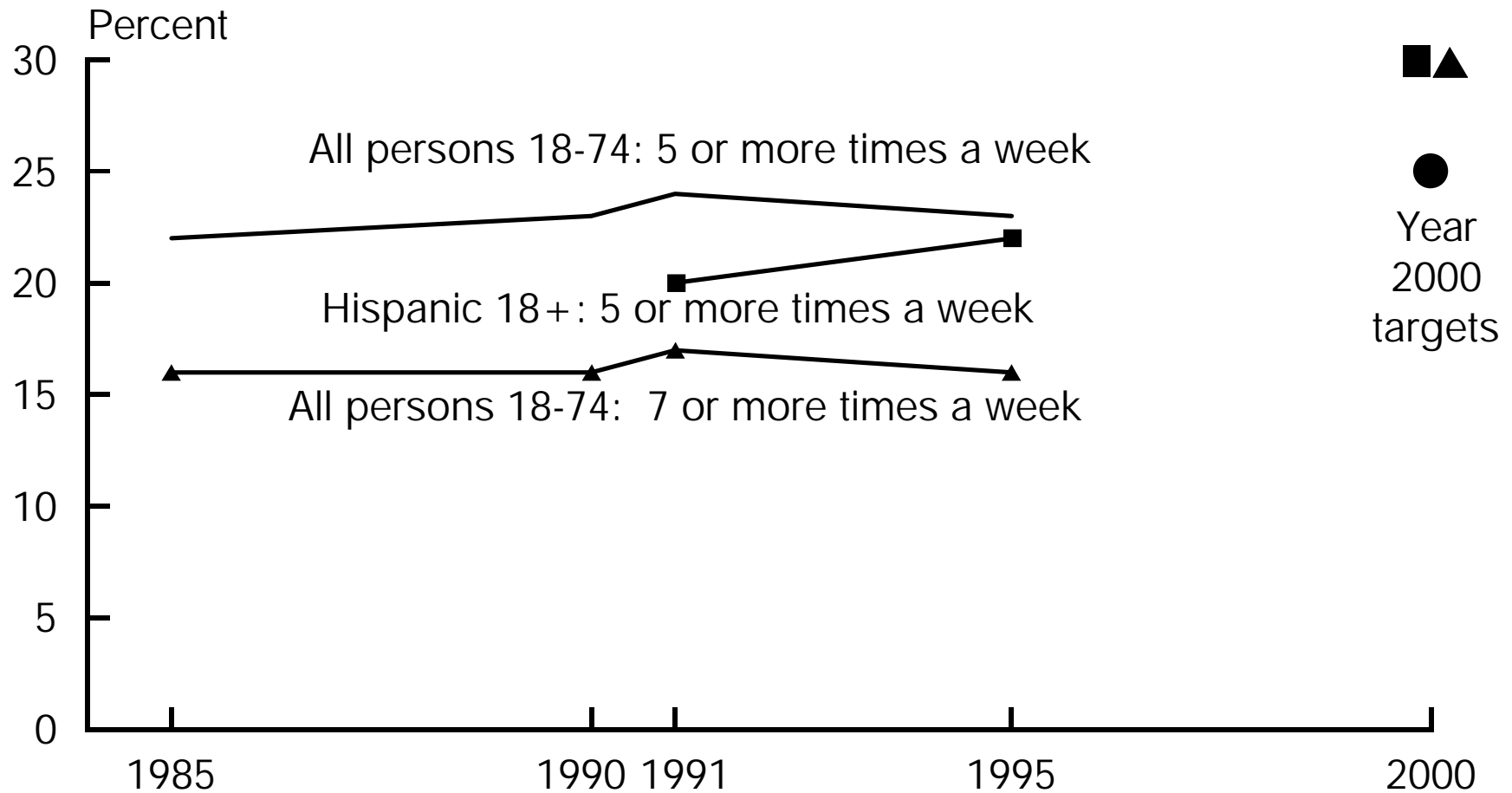
Overweight prevalence, 1997



Data are for people 18 years and over. Overweight is defined as a Body Mass Index (weight in kilograms divided by the square of height in meters) of at least 27.8 for men and 27.3 for women.
SOURCE: CDC/NCCDPHP, Behavioral Risk Factor Surveillance System, 1997

Year 2000 target: reduce to 20

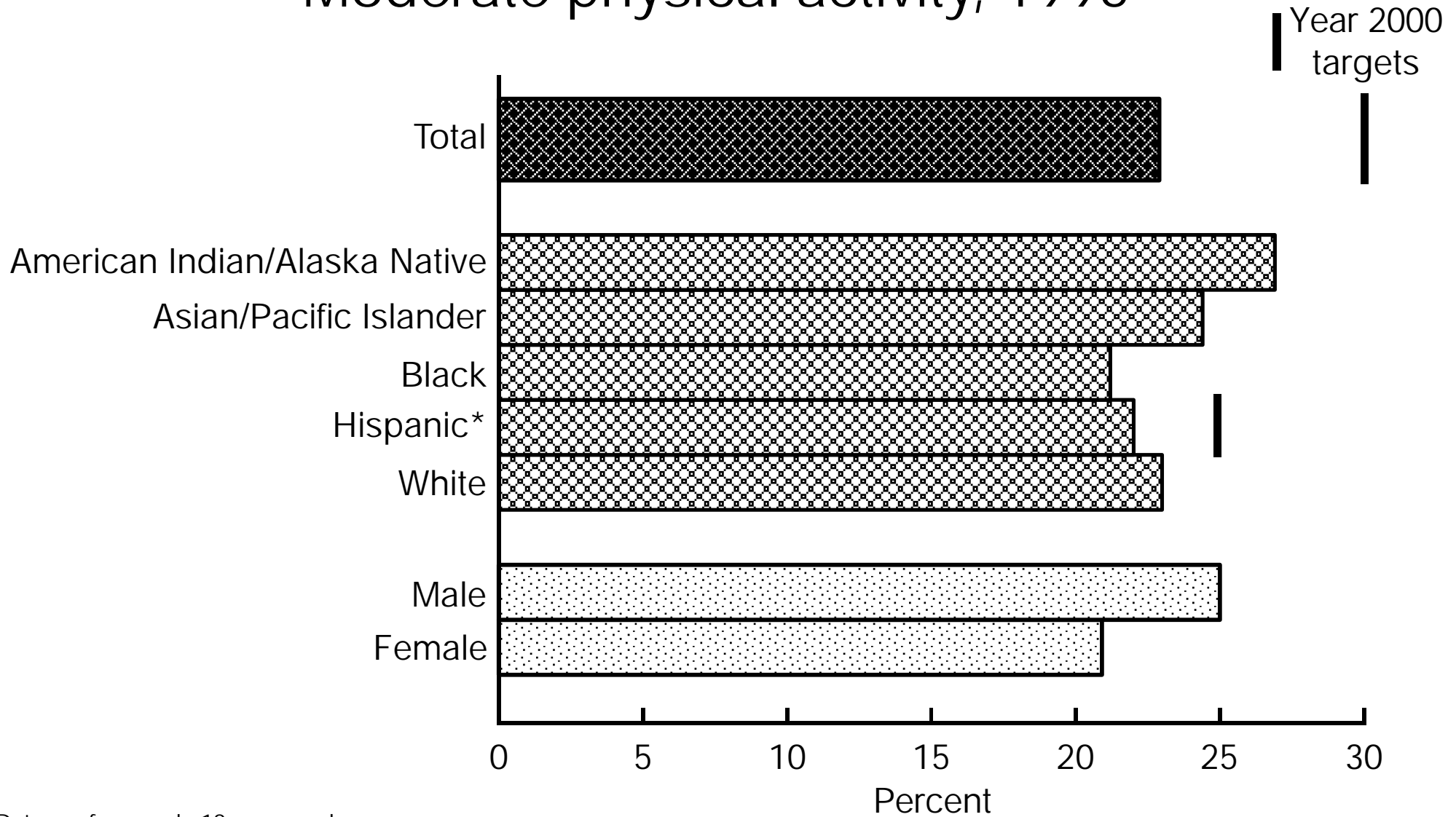
Moderate physical activity Objective 15.11



NOTE: Questionnaire modified in 1991.

SOURCE: CDC/NCHS, National Health Interview Survey 1985, 1990-91, and 1995

Moderate physical activity, 1995

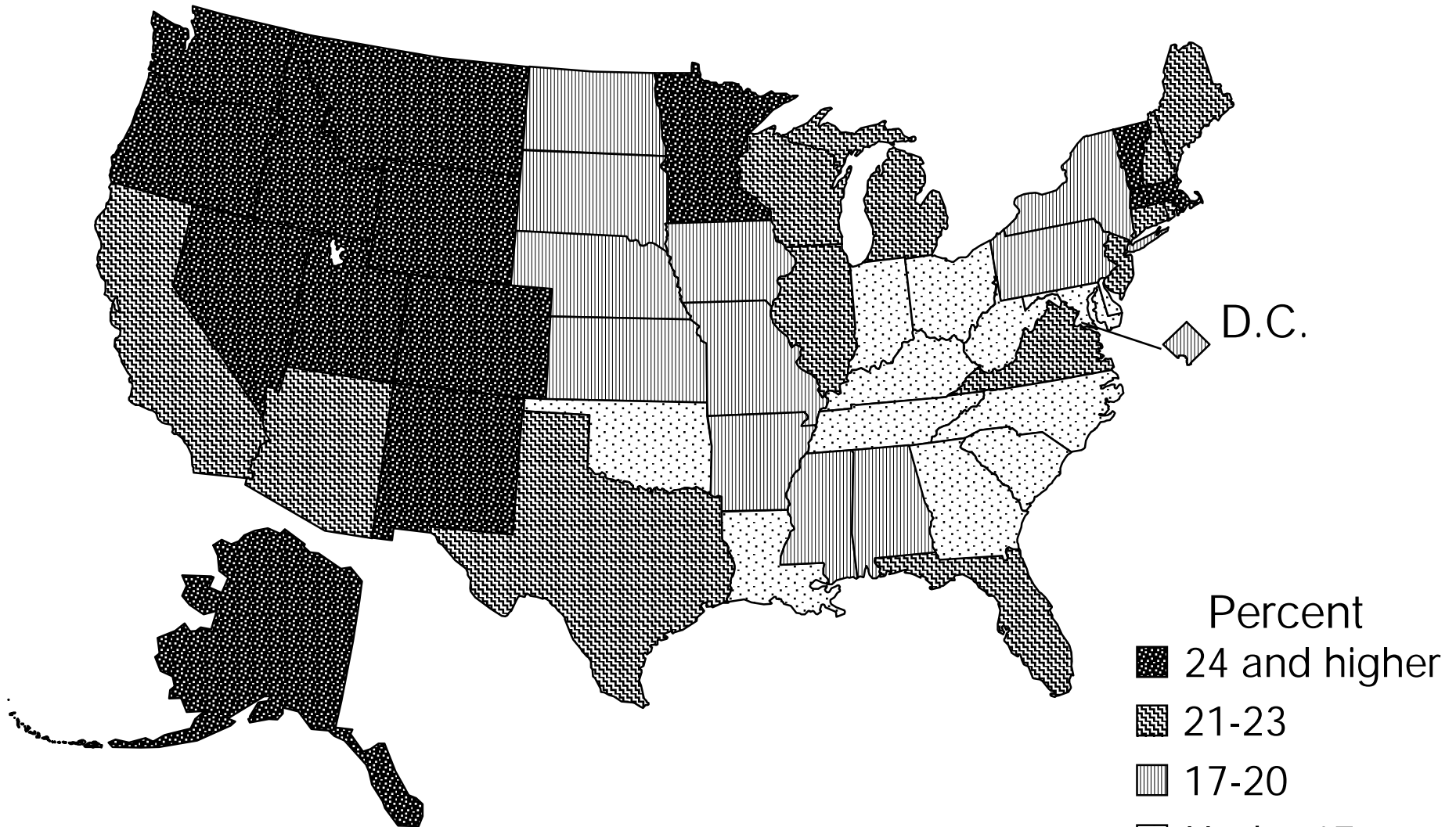


Data are for people 18 years and over.

*Persons of Hispanic origin may be of any race.

SOURCE: CDC/NCHS, National Health Interview Survey, 1995

Regular exercise, 1996

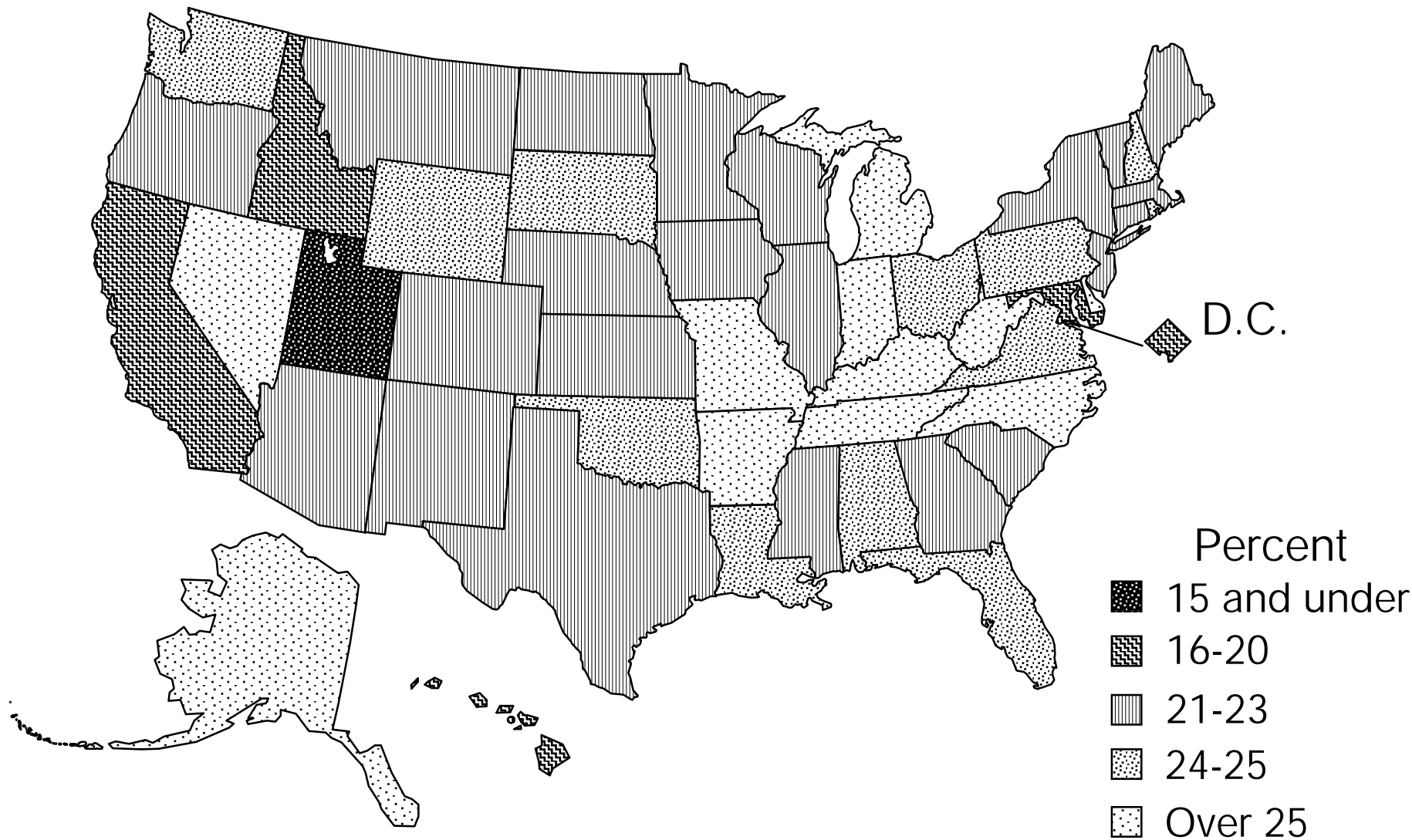


NOTE: Data are for people 18 years and over.

SOURCE: CDC/NCCDPHP, Behavioral Risk Factor Surveillance System, 1996

Year 2000 target: increase to 30

Current smokers, 1997

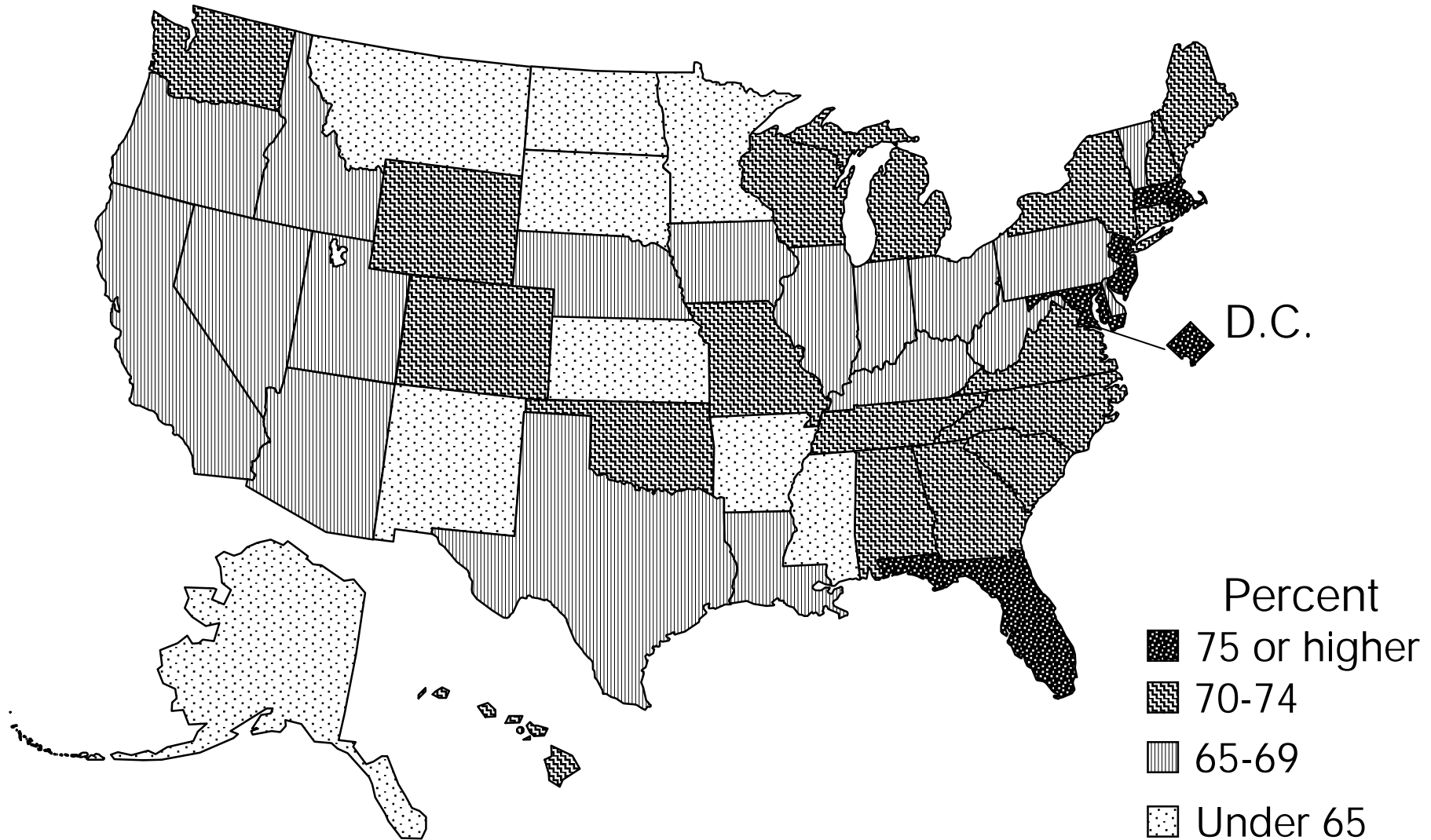


NOTE: Data are for people 18 years and over.

SOURCE: CDC/NCCDPHP, Behavioral Risk Factor Surveillance System, 1997

Year 2000 target: reduce to 15

Cholesterol checked in past 5 years, 1997



NOTE: Data are for people 18 years and over.

SOURCE: CDC/NCCDPHP, Behavioral Risk Factor Surveillance System, 1997

Year 2000 target: increase to 75