Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	3.0 (0.13)	8.8 (0.22)	2.3 (0.12)	5.0 (0.19)	2.3 (0.12)	3.9 (0.16)	7.3 (0.23)	11.6 (0.29)
Sex								
Male	2.3 (0.19)	7.3 (0.31)	2.0 (0.18)	4.1 (0.23)	1.8 (0.18)	3.3 (0.22)	6.6 (0.34)	10.5 (0.40)
Female	3.6 (0.19)	10.1 (0.34)	2.6 (0.16)	6.0 (0.28)	2.8 (0.19)	4.5 (0.22)	7.9 (0.31)	12.7 (0.40)
Age (years)								
18–44	2.5 (0.20)	8.1 (0.33)	2.1 (0.18)	5.2 (0.29)	2.2 (0.19)	4.0 (0.24)	7.5 (0.35)	12.7 (0.44)
45–64	3.8 (0.24)	9.5 (0.38)	2.7 (0.21)	5.2 (0.28)	2.5 (0.20)	3.9 (0.24)	7.6 (0.35)	10.9 (0.43)
65–74	3.2 (0.35)	9.2 (0.52)	2.4 (0.33)	4.8 (0.41)	2.1 (0.29)	3.9 (0.38)	5.7 (0.49)	9.8 (0.55)
75 and over	3.6 (0.43)	10.0 (0.67)	2.1 (0.35)	3.8 (0.37)	2.7 (0.46)	3.7 (0.43)	7.1 (0.60)	9.7 (0.66)
Race								
One race ²	2.9 (0.14)	8.7 (0.23)	2.3 (0.12)	4.9 (0.18)	2.2 (0.12)	3.9 (0.16)	7.2 (0.23)	11.4 (0.29)
White	2.8 (0.15)	8.1 (0.24)	2.4 (0.15)	4.8 (0.20)	2.3 (0.15)	3.9 (0.17)	6.6 (0.25)	11.5 (0.32)
Black or African American	4.3 (0.47)	11.0 (0.72)	1.8 (0.30)	6.0 (0.53)	1.8 (0.30)	4.0 (0.42)	10.8 (0.81)	12.6 (0.82)
American Indian or Alaska Native	*	10.0 (1.68)	*	5.4 (1.55)	3.4 (1.04)	5.5 (1.67)	10.5 (1.93)	9.8 (1.75)
Asian	1.6 (0.41)	11.6 (1.14)	1.4 (0.44)	4.0 (0.63)	1.9 (0.57)	3.2 (0.57)	6.7 (0.89)	9.3 (1.00)
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	20.0 (6.09)	*
Two or more races ³	5.4 (1.22)	11.9 (1.67)	3.1 (0.84)	8.5 (1.58)	5.3 (1.40)	3.7 (0.85)	9.2 (1.56)	18.2 (2.11)
Black or African American, white	*	18.3 (2.84)	0.8 (0.61)	*	*	*	*	22.3 (3.39)
American Indian or Alaska Native, white	6.3 (1.92)	9.1 (2.02)	*	*	*	*	*	15.4 (3.26)
Hispanic or Latino origin ⁴ and race								
Hispanic or Latino	4.2 (0.41)	8.6 (0.60)	3.4 (0.39)	5.1 (0.45)	2.6 (0.34)	3.2 (0.33)	7.5 (0.57)	10.1 (0.65)
Mexican or Mexican American	3.7 (0.47)	8.0 (0.74)	3.0 (0.45)	4.8 (0.56)	2.1 (0.37)	2.9 (0.40)	6.9 (0.69)	9.5 (0.81)
Not Hispanic or Latino	2.8 (0.14)	8.8 (0.24)	2.1 (0.12)	5.1 (0.20)	2.3 (0.14)	4.1 (0.18)	7.4 (0.25)	12.0 (0.32)
White, single race	2.6 (0.16)	8.2 (0.26)	2.2 (0.15)	4.8 (0.23)	2.3 (0.16)	4.1 (0.20)	6.6 (0.27)	11.9 (0.36)
Black or African American, single race	4.2 (0.47)	11.0 (0.75)	1.8 (0.31)	5.9 (0.55)	1.7 (0.30)	4.0 (0.42)	11.0 (0.85)	12.9 (0.86)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁵								
Less than a high school diploma	5.8 (0.54)	11.4 (0.78)	4.6 (0.50)	7.5 (0.64)	4.5 (0.50)	5.4 (0.58)	11.0 (0.80)	12.4 (0.88)
High school diploma or GED ⁶	4.8 (0.42)	10.8 (0.54)	3.4 (0.36)	6.4 (0.46)	3.4 (0.38)	5.1 (0.37)	9.0 (0.54)	13.2 (0.68)
Some college	3.2 (0.26)	9.1 (0.42)	2.3 (0.22)	5.2 (0.33)	2.3 (0.24)	4.2 (0.31)	7.6 (0.41)	11.9 (0.51)
Bachelor's degree or higher	1.2 (0.15)	6.1 (0.33)	1.0 (0.12)	3.4 (0.25)	1.1 (0.14)	2.5 (0.20)	4.4 (0.28)	10.1 (0.40)
Current employment status ⁷								
Employed	1.5 (0.12)	7.3 (0.31)	1.1 (0.10)	3.7 (0.22)	1.1 (0.11)	2.9 (0.18)	4.7 (0.22)	10.2 (0.35)
Full-time	1.2 (0.12)	6.4 (0.32)	0.9 (0.11)	3.3 (0.20)	0.9 (0.11)	2.5 (0.20)	4.3 (0.23)	9.4 (0.33)
Part-time	2.5 (0.37)	9.7 (0.77)	2.1 (0.35)	4.8 (0.54)	2.4 (0.45)	4.6 (0.52)	6.5 (0.61)	12.2 (0.88)
Not employed but has worked previously	7.0 (0.49)	13.1 (0.63)	5.2 (0.43)	9.0 (0.56)	5.4 (0.45)	6.7 (0.46)	14.0 (0.72)	14.8 (0.70)
Not employed and has never worked	5.3 (0.90)	10.6 (1.08)	3.9 (0.66)	6.6 (0.96)	3.1 (0.57)	4.2 (0.64)	9.4 (1.30)	11.7 (1.56)
Family income ⁸								
Less than \$35,000	6.4 (0.37)	14.1 (0.50)	4.6 (0.33)	9.5 (0.44)	4.8 (0.34)	7.2 (0.39)	13.0 (0.52)	15.8 (0.58)
\$35,000 or more	1.9 (0.15)	7.0 (0.26)	1.5 (0.12)	3.7 (0.20)	1.5 (0.14)	3.0 (0.17)	5.5 (0.26)	10.6 (0.34)
\$35,000–\$49,999	3.9 (0.48)	10.7 (0.71)	3.4 (0.43)	6.5 (0.61)	2.8 (0.40)	5.5 (0.55)	10.3 (0.76)	12.1 (0.81)
\$50,000–\$74,999	3.2 (0.45)	8.0 (0.57)	1.9 (0.30)	4.9 (0.51)	2.3 (0.39)	3.0 (0.33)	7.1 (0.61)	12.7 (0.73)
\$75,000–\$99,999	1.9 (0.34)	7.4 (0.69)	1.4 (0.34)	3.6 (0.46)	1.2 (0.30)	2.3 (0.38)	4.9 (0.51)	11.0 (0.77)
\$100,000 or more	0.6 (0.11)	5.0 (0.37)	0.8 (0.16)	2.3 (0.27)	0.9 (0.18)	2.4 (0.26)	3.5 (0.35)	8.9 (0.48)
Poverty status ⁹								
Poor	8.0 (0.60)	15.6 (0.81)	5.6 (0.54)	9.8 (0.63)	6.2 (0.57)	7.3 (0.58)	14.4 (0.81)	16.4 (0.87)
Near poor	5.1 (0.42)	12.5 (0.62)	3.9 (0.37)	8.9 (0.57)	3.4 (0.34)	6.7 (0.46)	11.8 (0.65)	15.0 (0.73)
Not poor	1.9 (0.14)	7.0 (0.26)	1.5 (0.13)	3.6 (0.20)	1.5 (0.14)	2.9 (0.17)	5.3 (0.25)	10.4 (0.33)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰								
Under 65:								
Private	1.6 (0.14)	6.8 (0.28)	1.2 (0.13)	3.8 (0.23)	1.3 (0.14)	2.9 (0.18)	5.5 (0.28)	10.8 (0.36)
Medicaid	8.4 (0.67)	15.4 (0.92)	6.0 (0.57)	10.4 (0.77)	6.7 (0.63)	7.2 (0.62)	14.8 (0.88)	17.2 (0.98)
Other coverage	4.4 (1.04)	12.3 (1.62)	3.8 (1.01)	7.6 (1.39)	3.7 (1.12)	6.7 (1.27)	11.8 (1.75)	15.5 (1.80)
Uninsured	4.4 (0.49)	10.4 (0.80)	3.8 (0.49)	6.9 (0.63)	3.3 (0.41)	5.7 (0.56)	9.5 (0.70)	12.8 (0.90)
65 and over:								
Private	2.0 (0.31)	7.8 (0.59)	1.3 (0.27)	3.1 (0.33)	1.6 (0.31)	3.4 (0.44)	4.5 (0.49)	9.2 (0.60)
Medicare and Medicaid	9.5 (1.47)	16.8 (1.89)	7.3 (1.30)	7.4 (1.22)	7.2 (1.47)	5.5 (1.28)	13.8 (1.67)	13.9 (1.83)
Medicare Advantage	2.9 (0.46)	8.4 (0.76)	1.7 (0.42)	4.7 (0.58)	1.7 (0.43)	3.6 (0.57)	5.2 (0.65)	8.8 (0.89)
Medicare only	4.7 (0.96)	11.7 (1.21)	3.4 (0.69)	5.4 (0.80)	3.8 (1.03)	4.6 (0.73)	9.5 (1.22)	10.4 (1.10)
Other coverage	4.2 (1.19)	11.9 (1.61)	2.7 (1.03)	4.2 (1.04)	1.9 (0.77)	3.6 (0.87)	6.9 (1.43)	10.9 (1.44)
Uninsured	*	*	*	*	*	*	*	*
Marital status								
Married	1.9 (0.15)	6.8 (0.28)	1.5 (0.13)	3.7 (0.23)	1.4 (0.13)	2.8 (0.19)	5.3 (0.27)	10.1 (0.37)
Widowed	*	17.5 (5.13)	*	*	*	*	19.7 (5.15)	9.3 (2.11)
Divorced or separated	6.1 (0.66)	13.3 (0.86)	3.8 (0.42)	9.3 (0.84)	4.5 (0.60)	7.7 (0.77)	10.6 (0.78)	15.4 (1.00)
Never married	4.1 (0.41)	10.3 (0.56)	3.2 (0.37)	6.0 (0.38)	3.2 (0.37)	5.4 (0.49)	8.8 (0.52)	12.7 (0.64)
Living with a partner	3.2 (0.53)	8.2 (0.84)	2.7 (0.54)	5.9 (0.71)	2.2 (0.42)	4.9 (0.65)	7.7 (0.76)	14.2 (1.12)
Place of residence ¹¹								
Large MSA	2.9 (0.18)	8.7 (0.30)	2.2 (0.16)	5.0 (0.25)	2.2 (0.17)	3.7 (0.22)	6.9 (0.29)	11.9 (0.40)
Small MSA	3.1 (0.22)	8.8 (0.42)	2.3 (0.20)	4.9 (0.33)	2.2 (0.18)	4.0 (0.27)	7.7 (0.47)	10.6 (0.49)
Not in MSA	3.2 (0.42)	9.1 (0.53)	2.6 (0.36)	5.9 (0.50)	3.2 (0.36)	4.9 (0.47)	8.2 (0.65)	12.7 (0.89)
Region								
Northeast	2.9 (0.32)	8.7 (0.57)	1.7 (0.23)	5.5 (0.52)	2.3 (0.31)	3.5 (0.38)	6.6 (0.56)	12.2 (0.70)
Midwest	2.9 (0.31)	8.5 (0.47)	2.5 (0.30)	5.0 (0.33)	2.4 (0.31)	4.0 (0.33)	7.0 (0.48)	12.2 (0.58)
South	3.2 (0.22)	8.3 (0.35)	2.2 (0.18)	5.0 (0.31)	2.2 (0.19)	3.9 (0.27)	8.1 (0.40)	11.1 (0.48)
West	2.8 (0.24)	9.7 (0.48)	2.6 (0.25)	4.9 (0.38)	2.3 (0.23)	4.1 (0.32)	6.9 (0.48)	11.4 (0.64)
	` '	` '	` '	` '	` '	` '	` '	` '

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

	Felt sad all or	.	Felt hopeless	Felt hopeless	Felt worthless		Felt that everything is an effort all or	Felt that everything is
Selected characteristic	most of the time ¹	Felt sad some of the time ¹	all or most of the time ¹	some of the time ¹	all or most of the time ¹	some of the time ¹	most of the time ¹	an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex								
Hispanic or Latino, male	3.0 (0.56)	7.4 (0.89)	3.1 (0.64)	3.7 (0.63)	1.8 (0.47)	2.0 (0.39)	7.5 (0.91)	8.7 (0.95)
Hispanic or Latina, female	5.2 (0.57)	9.9 (0.80)	3.8 (0.48)	6.5 (0.66)	3.2 (0.47)	4.3 (0.56)	7.5 (0.71)	11.2 (0.86)
Not Hispanic or Latino:								
White, single race, male	2.0 (0.20)	6.9 (0.36)	1.9 (0.22)	4.1 (0.29)	1.8 (0.21)	3.4 (0.28)	5.7 (0.36)	10.6 (0.46)
White, single race, female	3.1 (0.23)	9.3 (0.39)	2.5 (0.20)	5.6 (0.35)	2.7 (0.25)	4.8 (0.29)	7.3 (0.37)	13.1 (0.51)
Black or African American, single race, male	2.9 (0.59)	9.0 (0.95)	1.0 (0.38)	4.6 (0.71)	1.4 (0.41)	3.3 (0.60)	11.0 (1.30)	11.4 (1.18)
Black or African American, single race, female	5.2 (0.72)	12.6 (1.10)	2.4 (0.48)	7.1 (0.85)	1.9 (0.43)	4.5 (0.62)	10.9 (1.06)	14.1 (1.19)

^{*} Estimate does not meet NCHS standards of reliability.

Suggested citation: Villarroel MA, Blackwell DL, Jen A. Tables of Summary Health Statistics for U.S. Adults: 2018 National Health Interview Survey. National Center for Health Statistics. 2019. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.

SOURCE: NCHS, National Health Interview Survey, 2018.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," "None of the time," "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 2.5%, 2.6%, 2.6%, and 2.6%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area. NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.ogv/nchs//his/SHS/tables.htm).

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹		Felt worthless all or most of the time ¹		Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	249,456	7,486	21,540	5,635	12,228	5,647	9,512	17,587	27,844
	-,	,	,-	-,	, -	-,-	-,-	,	,-
Sex									
Male	120,442	2,755	8,627	2,274	4,828	2,135	3,854	7,695	12,170
Female	129,014	4,731	12,913	3,361	7,400	3,512	5,658	9,892	15,674
Age (years)									
18–44	115,008	2,766	9,096	2,336	5,812	2,428	4,459	8,332	14,151
45–64	83,038	3,041	7,660	2,150	4,217	2,044	3,144	6,116	8,809
65–74	30,809	949	2,776	732	1,446	632	1,166	1,718	2,939
75 and over	20,601	730	2,008	417	753	543	744	1,422	1,946
Race									
One race ²	243,677	7,186	20,885	5,465	11,709	5,314	9,302	17,050	26,767
White	193,454	5,483	15,555	4,597	9,063	4,357	7,386	12,450	21,234
Black or African American	30,813	1,290	3,259	559	1,809	545	1,212	3,197	3,748
American Indian or Alaska Native	2,810	*	252	*	147	94	160	267	281
Asian	15,960	229	1,737	191	602	265	474	1,003	1,421
Native Hawaiian or Other Pacific Islander	640	*	*	*	*	*	*	*	*
Two or more races ³	5,779	301	656	170	519	333	211	537	1,078
Black or African American, white	1,567	*	184	*	*	*	*	*	305
American Indian or Alaska Native, white	1,879	*	177	*	*	*	*	*	258
Hispanic or Latino origin ⁴ and race									
Hispanic or Latino	40,749	1,551	3,389	1,298	2,016	969	1,253	2,929	4,058
Mexican or Mexican American	24,415	801	1,876	709	1,158	487	688	1,605	2,331
Not Hispanic or Latino	208,706	5,935	18,151	4,336	10,212	4,678	8,259	14,658	23,787
White, single race	157,289	4,123	12,664	3,384	7,359	3,509	6,273	9,942	17,686
Black or African American, single race	29,089	1,187	3,094	517	1,682	481	1,148	3,054	3,618
=									

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
 Education ⁵									
Less than a high school diploma	24,710	1,459	2,913	1,147	1,840	1,175	1,352	2,758	2,941
High school diploma or GED ⁶	52,455	2,393	5,528	1,697	3,087	1,631	2,542	4,467	6,500
Some college	62,770	1,964	5,567	1,378	3,172	1,383	2,565	4,612	7,168
Bachelor's degree or higher	78,964	984	4,718	809	2,686	843	1,915	3,404	7,731
Current employment status ⁷									
Employed	158,301	2,470	10,992	1,910	6,004	1,915	4,670	7,827	16,540
Full-time	129,152	1,657	8,206	1,270	4,543	1,247	3,259	5,918	12,898
Part-time	27,087	705	2,510	584	1,315	648	1,248	1,777	3,258
Not employed but has worked previously	78,269	4,429	9,171	3,249	5,476	3,354	4,278	8,588	9,839
Not employed and has never worked	12,669	587	1,349	475	736	379	548	1,154	1,433
Family income ⁸									
Less than \$35,000	58,573	3,618	8,086	2,570	5,237	2,656	4,008	7,163	8,724
\$35,000 or more	166,985	3,157	11,583	2,458	6,129	2,477	4,853	8,857	17,091
\$35,000–\$49,999	24,817	934	2,626	809	1,567	660	1,331	2,439	2,893
\$50,000–\$74,999	38,139	1,191	3,048	674	1,805	864	1,134	2,609	4,687
\$75,000–\$99,999	30,794	575	2,148	423	1,093	368	652	1,435	3,231
\$100,000 or more	73,236	457	3,762	552	1,664	585	1,736	2,374	6,280
Poverty status ⁹									
Poor	24,028	1,850	3,628	1,290	2,284	1,432	1,706	3,366	3,821
Near poor	40,315	2,006	4,958	1,540	3,435	1,337	2,585	4,573	5,796
Not poor	173,576	3,259	11,966	2,459	6,063	2,546	4,952	8,869	17,313

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

	All adults	Felt sad all or	Felt sad	Felt hopeless	Felt hopeless	Felt worthless	Felt worthless	Felt that everything is an effort all or	Felt that everything is an effort
Selected characteristic	aged 18 and over	most of the time ¹	some of the time ¹	all or most of the time ¹	some of the time ¹	all or most of the time ¹	some of the time ¹	most of the time ¹	some of the time ¹
	Ovei	une	ume	the time	une	the time	une	une	une
Health insurance coverage ¹⁰									
Under 65:	400 500	0.005	0.405	4.040	5.044	4.000	0.700	7.040	44.000
Private	136,568	2,205	9,165	1,642	5,041	1,662	3,793	7,242	14,099
Medicaid	24,908	1,998	3,694	1,435	2,491	1,598	1,717	3,559	4,144
Other coverage	9,857	463	1,195	432	731	397	637	1,158	1,452
Uninsured	25,525	1,097	2,574	933	1,720	799	1,404	2,352	3,196
65 and over:									
Private	21,274	397	1,575	260	646	329	697	883	1,913
Medicare and Medicaid	3,529	324	570	251	241	241	189	469	457
Medicare Advantage	13,113	366	1,082	218	609	223	448	658	1,128
Medicare only	7,945	351	905	267	443	270	378	726	819
Other coverage	5,181	223	606	146	232	97	191	357	568
Uninsured	274	*	*	*	*	*	*	*	*
Marital status									
Married	130,518	2,598	9,188	1,895	4,862	1,812	3,592	6,787	12,433
Widowed	14,263	761	1,795	529	685	526	584	1,354	1,499
Divorced or separated	27,100	1,586	3,366	1,124	2,166	1,174	1,702	2,861	3,767
Never married	58,300	1,938	5,620	1,627	3,249	1,710	2,689	5,054	7,392
Living with a partner	18,856	603	1,542	460	1,251	425	920	1,530	2,716
Place of residence ¹¹									
Large MSA	142,041	4,080	12,220	3,083	6,884	3,007	5,093	9,532	16,302
Small MSA	75,044	2,319	6,457	1,695	3,573	1,614	2,920	5,541	7,684
Not in MSA	32,370	1,087	2,863	857	1,771	1,026	1,499	2,514	3,858
Region									
Northeast	43,262	1,302	3,702	782	2,229	953	1,469	2,765	4,986
Midwest	54,818	1,533	4,560	1,292	2,670	1,262	2,175	3,707	6,466
South	92,043	2,963	7,614	2,021	4,424	2,081	3,481	7,152	9,850
West	59,333	1,689	5,665	1,540	2,905	1,350	2,387	3,964	6,543

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex									
Hispanic or Latino, male	20,279	558	1,409	568	735	348	376	1,440	1,824
Hispanic or Latina, female	20,470	993	1,980	730	1,281	621	877	1,489	2,233
Not Hispanic or Latino:									
White, single race, male	76,416	1,512	5,161	1,353	3,047	1,341	2,547	4,174	7,664
White, single race, female	80,872	2,612	7,503	2,031	4,312	2,167	3,726	5,768	10,022
Black or African American, single race, male	13,250	382	1,168	132	593	177	440	1,392	1,471
Black or African American, single race, female	15,840	805	1,926	385	1,089	304	707	1,662	2,147

^{*} Corresponding crude percentage for the frequency does not meet NCHS standards of reliability, so the frequency is not shown.

Suggested citation: Villarroel MA, Blackwell DL, Jen A. Tables of Summary Health Statistics for U.S. Adults: 2018 National Health Interview Survey. National Center for Health Statistics. 2019. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.

SOURCE: NCHS, National Health Interview Survey, 2018.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 2.5%, 2.6%, 2.6%, and 2.6%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nbis/SHS/tables.htm).

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

							Felt that	- III
Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	3.1 (0.13)	8.9 (0.22)	2.3 (0.12)	5.0 (0.18)	2.3 (0.12)	3.9 (0.15)	7.2 (0.23)	11.5 (0.28)
Sex								
Male	2.3 (0.18)	7.3 (0.30)	1.9 (0.17)	4.1 (0.23)	1.8 (0.17)	3.3 (0.21)	6.6 (0.33)	10.4 (0.38)
Female	3.8 (0.19)	10.3 (0.32)	2.7 (0.16)	5.9 (0.26)	2.8 (0.18)	4.5 (0.21)	7.9 (0.29)	12.5 (0.37)
Age (years)								
18–44	2.5 (0.20)	8.1 (0.33)	2.1 (0.18)	5.2 (0.29)	2.2 (0.19)	4.0 (0.24)	7.5 (0.35)	12.7 (0.44)
45–64	3.8 (0.24)	9.5 (0.38)	2.7 (0.21)	5.2 (0.28)	2.5 (0.20)	3.9 (0.24)	7.6 (0.35)	10.9 (0.43)
65–74	3.2 (0.35)	9.2 (0.52)	2.4 (0.33)	4.8 (0.41)	2.1 (0.29)	3.9 (0.38)	5.7 (0.49)	9.8 (0.55)
75 and over	3.6 (0.43)	10.0 (0.67)	2.1 (0.35)	3.8 (0.37)	2.7 (0.46)	3.7 (0.43)	7.1 (0.60)	9.7 (0.66)
Race								
One race ⁴	3.0 (0.13)	8.8 (0.22)	2.3 (0.12)	4.9 (0.18)	2.2 (0.12)	3.9 (0.16)	7.2 (0.23)	11.3 (0.28)
White	2.9 (0.14)	8.2 (0.23)	2.4 (0.14)	4.8 (0.20)	2.3 (0.14)	3.9 (0.17)	6.6 (0.23)	11.2 (0.30)
Black or African American	4.3 (0.47)	11.0 (0.72)	1.9 (0.31)	6.1 (0.54)	1.8 (0.31)	4.1 (0.42)	10.8 (0.81)	12.7 (0.83)
American Indian or Alaska Native	*	9.2 (1.71)	*	5.4 (1.60)	3.4 (1.12)	5.8 (1.76)	9.8 (1.83)	10.3 (1.86)
Asian	1.5 (0.40)	11.4 (1.12)	1.2 (0.42)	3.9 (0.63)	1.7 (0.54)	3.1 (0.55)	6.6 (0.87)	9.3 (1.00)
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Two or more races ⁵	5.4 (1.27)	11.7 (1.71)	3.0 (0.82)	9.3 (1.83)	5.9 (1.65)	3.8 (0.86)	9.6 (1.70)	19.2 (2.33)
Black or African American, white	*	12.0 (3.42)	*	*	*	*	*	19.9 (4.99)
American Indian or Alaska Native, white	*	9.8 (2.13)	*	*	*	*	*	14.3 (2.78)
Hispanic or Latino origin ⁶ and race								
Hispanic or Latino	3.9 (0.39)	8.5 (0.61)	3.2 (0.39)	5.0 (0.45)	2.4 (0.34)	3.1 (0.33)	7.3 (0.58)	10.1 (0.68)
Mexican or Mexican American	3.3 (0.43)	7.8 (0.74)	3.0 (0.45)	4.8 (0.56)	2.0 (0.36)	2.9 (0.40)	6.7 (0.68)	9.7 (0.85)
Not Hispanic or Latino	2.9 (0.14)	8.9 (0.23)	2.1 (0.12)	5.0 (0.19)	2.3 (0.13)	4.1 (0.17)	7.2 (0.24)	11.7 (0.30)
White, single race	2.7 (0.15)	8.2 (0.24)	2.2 (0.14)	4.8 (0.21)	2.3 (0.15)	4.1 (0.19)	6.5 (0.25)	11.5 (0.33)
Black or African American, single race	4.2 (0.48)	11.0 (0.76)	1.8 (0.32)	6.0 (0.55)	1.7 (0.31)	4.1 (0.43)	10.9 (0.84)	13.0 (0.86)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁷								
Less than a high school diploma	6.1 (0.54)	12.1 (0.76)	4.8 (0.51)	7.6 (0.62)	4.9 (0.52)	5.6 (0.58)	11.4 (0.80)	12.2 (0.78)
High school diploma or GED ⁸	4.7 (0.37)	10.9 (0.52)	3.3 (0.32)	6.1 (0.41)	3.2 (0.33)	5.0 (0.35)	8.8 (0.49)	12.8 (0.61)
Some college	3.2 (0.25)	9.1 (0.41)	2.3 (0.21)	5.2 (0.31)	2.3 (0.23)	4.2 (0.29)	7.5 (0.39)	11.7 (0.50)
Bachelor's degree or higher	1.3 (0.15)	6.1 (0.33)	1.0 (0.12)	3.5 (0.25)	1.1 (0.14)	2.5 (0.19)	4.4 (0.27)	10.0 (0.39)
Current employment status ⁹								
Employed	1.6 (0.13)	7.1 (0.26)	1.2 (0.11)	3.9 (0.21)	1.2 (0.12)	3.0 (0.17)	5.1 (0.23)	10.7 (0.33)
Full-time	1.3 (0.13)	6.5 (0.28)	1.0 (0.11)	3.6 (0.21)	1.0 (0.13)	2.6 (0.17)	4.7 (0.24)	10.2 (0.35)
Part-time	2.7 (0.39)	9.6 (0.74)	2.2 (0.36)	5.0 (0.56)	2.5 (0.48)	4.8 (0.53)	6.8 (0.63)	12.4 (0.89)
Not employed but has worked previously	5.8 (0.30)	12.0 (0.41)	4.3 (0.28)	7.2 (0.34)	4.4 (0.28)	5.6 (0.31)	11.3 (0.45)	12.9 (0.45)
Not employed and has never worked	4.8 (0.74)	11.0 (1.15)	3.9 (0.64)	6.0 (0.84)	3.1 (0.55)	4.5 (0.70)	9.4 (1.31)	11.7 (1.37)
Family income ¹⁰								
Less than \$35,000	6.4 (0.35)	14.2 (0.48)	4.5 (0.32)	9.2 (0.41)	4.7 (0.32)	7.0 (0.37)	12.6 (0.49)	15.3 (0.55)
\$35,000 or more	1.9 (0.14)	7.1 (0.25)	1.5 (0.12)	3.7 (0.20)	1.5 (0.13)	3.0 (0.17)	5.4 (0.25)	10.4 (0.33)
\$35,000-\$49,999	3.8 (0.46)	10.7 (0.69)	3.3 (0.41)	6.4 (0.58)	2.7 (0.37)	5.4 (0.53)	10.0 (0.72)	11.8 (0.77)
\$50,000-\$74,999	3.2 (0.42)	8.2 (0.55)	1.8 (0.28)	4.8 (0.49)	2.3 (0.38)	3.0 (0.32)	7.0 (0.58)	12.6 (0.71)
\$75,000-\$99,999	1.9 (0.32)	7.1 (0.64)	1.4 (0.31)	3.6 (0.46)	1.2 (0.28)	2.2 (0.34)	4.7 (0.47)	10.7 (0.74)
\$100,000 or more	0.6 (0.12)	5.2 (0.37)	0.8 (0.15)	2.3 (0.26)	0.8 (0.17)	2.4 (0.25)	3.3 (0.32)	8.8 (0.46)
Poverty status ¹¹								
Poor	7.9 (0.60)	15.5 (0.82)	5.5 (0.54)	9.8 (0.64)	6.1 (0.57)	7.3 (0.59)	14.4 (0.82)	16.4 (0.87)
Near poor	5.1 (0.41)	12.6 (0.60)	3.9 (0.37)	8.7 (0.54)	3.4 (0.34)	6.6 (0.44)	11.7 (0.63)	14.8 (0.71)
Not poor	1.9 (0.14)	7.0 (0.25)	1.4 (0.12)	3.6 (0.19)	1.5 (0.13)	2.9 (0.16)	5.2 (0.23)	10.2 (0.31)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹²								
Under 65:								
Private	1.7 (0.14)	6.9 (0.28)	1.2 (0.12)	3.8 (0.22)	1.2 (0.13)	2.8 (0.18)	5.4 (0.27)	10.6 (0.35)
Medicaid	8.3 (0.68)	15.3 (0.93)	6.0 (0.57)	10.4 (0.77)	6.6 (0.64)	7.1 (0.62)	14.8 (0.88)	17.2 (0.99)
Other coverage	4.8 (0.86)	12.5 (1.32)	4.5 (0.94)	7.7 (1.12)	4.2 (0.90)	6.7 (0.99)	12.2 (1.37)	15.2 (1.49)
Uninsured	4.4 (0.49)	10.3 (0.79)	3.8 (0.49)	6.9 (0.63)	3.2 (0.41)	5.7 (0.57)	9.5 (0.70)	12.9 (0.91)
65 and over:								
Private	1.9 (0.29)	7.6 (0.56)	1.2 (0.25)	3.1 (0.34)	1.6 (0.32)	3.3 (0.45)	4.2 (0.47)	9.2 (0.59)
Medicare and Medicaid	9.5 (1.46)	16.8 (1.86)	7.5 (1.34)	7.2 (1.18)	7.2 (1.46)	5.6 (1.26)	13.9 (1.66)	13.5 (1.76)
Medicare Advantage	2.9 (0.45)	8.4 (0.75)	1.7 (0.40)	4.8 (0.58)	1.7 (0.42)	3.5 (0.55)	5.1 (0.64)	8.8 (0.87)
Medicare only	4.5 (0.89)	11.7 (1.20)	3.4 (0.69)	5.7 (0.86)	3.5 (0.90)	4.9 (0.77)	9.4 (1.18)	10.6 (1.10)
Other coverage	4.4 (1.32)	12.0 (1.60)	2.9 (1.12)	4.6 (1.16)	1.9 (0.70)	3.8 (0.90)	7.1 (1.47)	11.2 (1.51)
Uninsured	*	*	*	*	*	*	*	*
Marital status								
Married	2.0 (0.15)	7.2 (0.28)	1.5 (0.13)	3.8 (0.22)	1.4 (0.13)	2.8 (0.18)	5.3 (0.26)	9.7 (0.32)
Widowed	5.5 (0.58)	13.0 (0.87)	3.8 (0.50)	4.9 (0.52)	3.8 (0.63)	4.2 (0.44)	9.8 (0.78)	10.8 (0.75)
Divorced or separated	6.0 (0.49)	12.8 (0.63)	4.3 (0.43)	8.2 (0.56)	4.5 (0.45)	6.5 (0.48)	10.9 (0.61)	14.3 (0.72)
Never married	3.4 (0.33)	10.0 (0.52)	2.9 (0.33)	5.8 (0.39)	3.0 (0.35)	4.8 (0.37)	9.0 (0.56)	13.1 (0.65)
Living with a partner	3.3 (0.53)	8.4 (0.84)	2.5 (0.46)	6.8 (0.82)	2.3 (0.42)	5.0 (0.65)	8.3 (0.80)	14.7 (1.07)
Place of residence ¹³								
Large MSA	2.9 (0.18)	8.8 (0.30)	2.2 (0.16)	5.0 (0.24)	2.2 (0.17)	3.7 (0.21)	6.9 (0.28)	11.8 (0.39)
Small MSA	3.2 (0.21)	8.8 (0.41)	2.3 (0.19)	4.9 (0.32)	2.2 (0.18)	4.0 (0.27)	7.6 (0.45)	10.5 (0.48)
Not in MSA	3.5 (0.41)	9.1 (0.50)	2.7 (0.35)	5.6 (0.44)	3.3 (0.37)	4.8 (0.43)	8.0 (0.60)	12.3 (0.79)
Region								
Northeast	3.1 (0.33)	8.8 (0.54)	1.9 (0.25)	5.3 (0.47)	2.3 (0.29)	3.5 (0.37)	6.6 (0.50)	11.9 (0.63)
Midwest	2.9 (0.29)	8.5 (0.46)	2.4 (0.28)	5.0 (0.32)	2.4 (0.29)	4.1 (0.33)	6.9 (0.45)	12.1 (0.57)
South	3.3 (0.22)	8.5 (0.35)	2.3 (0.18)	4.9 (0.30)	2.3 (0.19)	3.9 (0.25)	8.0 (0.38)	11.0 (0.46)
West	2.9 (0.24)	9.8 (0.47)	2.7 (0.25)	5.0 (0.39)	2.3 (0.23)	4.1 (0.32)	6.8 (0.48)	11.3 (0.62)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2018

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁶ , race, and sex								
Hispanic or Latino, male	2.8 (0.56)	7.1 (0.86)	2.9 (0.60)	3.7 (0.62)	1.8 (0.49)	1.9 (0.38)	7.3 (0.91)	9.2 (1.03)
Hispanic or Latina, female	4.9 (0.56)	9.8 (0.82)	3.6 (0.47)	6.4 (0.66)	3.1 (0.46)	4.4 (0.56)	7.4 (0.71)	11.1 (0.86)
Not Hispanic or Latino:								
White, single race, male	2.0 (0.19)	6.9 (0.34)	1.8 (0.20)	4.1 (0.28)	1.8 (0.20)	3.4 (0.27)	5.6 (0.34)	10.3 (0.43)
White, single race, female	3.3 (0.23)	9.5 (0.35)	2.6 (0.20)	5.5 (0.31)	2.7 (0.23)	4.7 (0.26)	7.3 (0.34)	12.7 (0.45)
Black or African American, single race, male	3.0 (0.61)	9.2 (0.96)	1.0 (0.39)	4.7 (0.70)	1.4 (0.41)	3.5 (0.62)	11.0 (1.27)	11.6 (1.19)
Black or African American, single race, female	5.3 (0.74)	12.6 (1.09)	2.5 (0.49)	7.1 (0.85)	2.0 (0.44)	4.6 (0.62)	10.9 (1.05)	14.1 (1.18)

^{*} Estimate does not meet NCHS standards of reliability.

Suggested citation: Villarroel MA, Blackwell DL, Jen A. Tables of Summary Health Statistics for U.S. Adults: 2018 National Health Interview Survey. National Center for Health Statistics. 2019. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.

SOURCE: NCHS, National Health Interview Survey, 2018.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," "None of the time," "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 2.5%, 2.6%, 2.6%, and 2.6%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁹"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nhis/SHS/tables.htm).