

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad		Felt hopeless		Felt worthless		Felt that	Felt that
	sad all or most of the time ¹	sad some of the time ¹	all or most of the time ¹	some of the time ¹	all or most of the time ¹	some of the time ¹	everything is an effort all or most of the time ¹	everything is an effort some of the time ¹
Total	3.0 (0.15)	7.7 (0.20)	2.2 (0.13)	4.8 (0.17)	2.0 (0.12)	3.8 (0.16)	6.4 (0.21)	10.0 (0.24)
Sex								
Male	2.9 (0.23)	6.0 (0.26)	2.0 (0.18)	3.9 (0.22)	1.8 (0.18)	3.1 (0.18)	5.7 (0.28)	8.8 (0.34)
Female	3.1 (0.17)	9.3 (0.32)	2.4 (0.17)	5.6 (0.25)	2.2 (0.15)	4.4 (0.25)	7.0 (0.29)	11.1 (0.35)
Age (years)								
18–44	2.6 (0.22)	7.0 (0.30)	2.0 (0.19)	4.7 (0.26)	1.7 (0.16)	3.7 (0.24)	6.4 (0.32)	10.5 (0.38)
45–64	4.0 (0.24)	8.6 (0.35)	2.9 (0.21)	5.6 (0.29)	2.6 (0.20)	4.2 (0.25)	7.1 (0.34)	10.0 (0.37)
65–74	2.3 (0.26)	8.0 (0.50)	1.7 (0.25)	3.6 (0.34)	1.8 (0.28)	3.3 (0.34)	4.6 (0.37)	8.2 (0.49)
75 and over	3.2 (0.41)	8.3 (0.58)	1.2 (0.20)	4.0 (0.44)	2.1 (0.34)	3.0 (0.36)	5.2 (0.47)	8.8 (0.61)
Race								
One race ²	2.9 (0.14)	7.6 (0.20)	2.2 (0.13)	4.7 (0.17)	2.0 (0.12)	3.7 (0.16)	6.3 (0.21)	9.8 (0.24)
White	2.8 (0.14)	7.4 (0.23)	2.2 (0.14)	4.7 (0.19)	2.1 (0.14)	3.8 (0.18)	5.9 (0.23)	10.0 (0.27)
Black or African American	3.3 (0.39)	8.8 (0.59)	2.0 (0.28)	5.1 (0.47)	1.7 (0.24)	3.3 (0.39)	8.9 (0.69)	10.6 (0.70)
American Indian or Alaska Native	4.0 (1.19)	10.0 (1.86)	2.6 (0.92)	5.9 (1.52)	3.2 (1.07)	5.1 (1.54)	11.0 (2.37)	6.7 (1.55)
Asian	3.2 (0.75)	7.7 (0.86)	1.7 (0.49)	3.1 (0.50)	1.1 (0.34)	3.8 (0.69)	5.0 (0.77)	7.2 (0.81)
Native Hawaiian or Other Pacific Islander	*	*	*	*	0.4 (0.45)	*	*	*
Two or more races ³	6.4 (1.89)	10.1 (1.70)	2.7 (0.72)	9.9 (2.02)	*	5.7 (1.34)	8.9 (1.56)	15.7 (2.13)
Black or African American, white	*	*	*	*	*	0.3 (0.29)	*	18.2 (4.68)
American Indian or Alaska Native, white	*	*	*	*	*	*	13.9 (3.64)	13.8 (3.76)
Hispanic or Latino origin ⁴ and race								
Hispanic or Latino	3.8 (0.40)	9.7 (0.67)	2.4 (0.34)	6.9 (0.59)	2.2 (0.33)	4.1 (0.49)	6.6 (0.58)	8.9 (0.63)
Mexican or Mexican American	3.5 (0.53)	8.9 (0.85)	2.7 (0.51)	7.0 (0.83)	2.5 (0.50)	3.8 (0.56)	5.6 (0.65)	9.0 (0.87)
Not Hispanic or Latino	3.0 (0.16)	7.4 (0.21)	2.2 (0.14)	4.4 (0.17)	2.0 (0.13)	3.7 (0.16)	6.4 (0.23)	10.3 (0.26)
White, single race	2.7 (0.16)	7.1 (0.24)	2.2 (0.16)	4.3 (0.19)	2.1 (0.16)	3.7 (0.18)	5.9 (0.24)	10.5 (0.29)
Black or African American, single race	3.4 (0.40)	8.9 (0.62)	2.0 (0.28)	5.1 (0.48)	1.7 (0.25)	3.4 (0.40)	8.8 (0.69)	10.4 (0.70)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁵								
Less than a high school diploma	5.7 (0.62)	12.1 (0.81)	4.1 (0.50)	8.2 (0.78)	4.3 (0.61)	5.7 (0.60)	9.3 (0.76)	11.1 (0.78)
High school diploma or GED ⁶	4.1 (0.34)	8.7 (0.49)	3.2 (0.33)	5.8 (0.42)	2.8 (0.31)	4.4 (0.34)	7.7 (0.50)	10.6 (0.52)
Some college	3.5 (0.30)	8.0 (0.39)	2.6 (0.27)	5.1 (0.33)	2.3 (0.26)	4.3 (0.29)	7.1 (0.38)	11.1 (0.45)
Bachelor's degree or higher	1.3 (0.19)	4.9 (0.29)	0.7 (0.13)	2.7 (0.22)	0.8 (0.12)	2.0 (0.17)	3.3 (0.27)	7.5 (0.36)
Current employment status ⁷								
Employed	1.8 (0.16)	6.0 (0.30)	1.1 (0.11)	3.5 (0.18)	1.0 (0.11)	2.6 (0.17)	4.1 (0.21)	8.3 (0.28)
Full-time	1.6 (0.24)	5.4 (0.37)	1.0 (0.13)	3.0 (0.19)	0.9 (0.14)	2.1 (0.16)	3.7 (0.23)	8.0 (0.39)
Part-time	2.7 (0.43)	8.6 (0.77)	1.3 (0.24)	5.5 (0.54)	1.3 (0.25)	4.9 (0.64)	5.4 (0.61)	9.7 (0.65)
Not employed but has worked previously	5.9 (0.40)	11.3 (0.49)	4.7 (0.38)	7.4 (0.45)	4.2 (0.35)	6.0 (0.38)	11.0 (0.53)	13.7 (0.58)
Not employed and has never worked	4.3 (0.76)	12.1 (1.24)	3.7 (0.63)	6.6 (1.06)	2.7 (0.53)	5.8 (1.00)	9.2 (1.10)	9.6 (1.14)
Family income ⁸								
Less than \$35,000	6.2 (0.34)	12.8 (0.43)	4.6 (0.28)	9.1 (0.43)	4.2 (0.28)	6.9 (0.35)	11.1 (0.44)	14.5 (0.52)
\$35,000 or more	1.9 (0.17)	5.9 (0.25)	1.3 (0.14)	3.3 (0.19)	1.3 (0.14)	2.7 (0.18)	4.8 (0.25)	8.7 (0.29)
\$35,000–\$49,999	3.1 (0.42)	8.9 (0.82)	2.3 (0.38)	5.0 (0.52)	1.9 (0.31)	4.4 (0.67)	6.6 (0.75)	12.0 (0.80)
\$50,000–\$74,999	2.0 (0.27)	7.0 (0.49)	1.4 (0.26)	3.3 (0.33)	1.6 (0.27)	2.8 (0.35)	6.1 (0.51)	9.8 (0.59)
\$75,000–\$99,999	2.1 (0.40)	5.7 (0.57)	0.9 (0.28)	3.8 (0.52)	1.4 (0.35)	2.3 (0.34)	3.8 (0.50)	8.4 (0.64)
\$100,000 or more	1.4 (0.29)	4.0 (0.36)	1.0 (0.26)	2.4 (0.27)	0.8 (0.21)	2.2 (0.27)	3.6 (0.36)	6.7 (0.46)
Poverty status ⁹								
Poor	7.6 (0.52)	14.1 (0.68)	5.8 (0.43)	10.4 (0.64)	5.3 (0.42)	7.4 (0.55)	12.6 (0.65)	15.6 (0.70)
Near poor	5.0 (0.41)	11.9 (0.63)	4.2 (0.40)	7.7 (0.50)	3.6 (0.36)	6.6 (0.53)	10.6 (0.66)	13.6 (0.68)
Not poor	1.9 (0.16)	5.7 (0.23)	1.2 (0.13)	3.3 (0.17)	1.2 (0.12)	2.6 (0.16)	4.5 (0.22)	8.5 (0.28)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰								
Under 65:								
Private	1.7 (0.16)	5.6 (0.25)	1.2 (0.14)	3.4 (0.19)	1.0 (0.12)	2.5 (0.17)	4.2 (0.22)	9.0 (0.31)
Medicaid	7.5 (0.59)	14.2 (0.88)	6.0 (0.51)	9.6 (0.69)	5.6 (0.53)	7.9 (0.71)	15.1 (0.95)	15.4 (0.85)
Other coverage	6.2 (1.00)	11.7 (1.38)	6.2 (1.27)	8.7 (1.16)	5.7 (1.25)	6.2 (0.88)	14.7 (1.73)	13.5 (1.57)
Uninsured	4.9 (0.62)	10.0 (0.77)	3.4 (0.41)	7.4 (0.72)	2.8 (0.44)	6.0 (0.63)	8.0 (0.67)	11.3 (0.79)
65 and over:								
Private	2.1 (0.30)	6.9 (0.51)	0.8 (0.18)	3.1 (0.40)	1.9 (0.32)	3.0 (0.38)	3.9 (0.41)	7.4 (0.58)
Medicare and Medicaid	5.8 (0.99)	15.3 (1.76)	4.6 (1.03)	7.9 (1.44)	3.6 (0.82)	6.1 (1.33)	12.4 (1.62)	12.5 (1.59)
Medicare Advantage	2.8 (0.45)	6.9 (0.70)	1.4 (0.29)	3.7 (0.55)	1.5 (0.36)	2.7 (0.42)	4.2 (0.56)	8.1 (0.75)
Medicare only	2.7 (0.60)	7.8 (0.90)	1.6 (0.49)	3.7 (0.57)	1.9 (0.43)	3.1 (0.52)	4.9 (0.71)	9.5 (1.03)
Other coverage	*	11.5 (1.61)	1.8 (0.59)	5.4 (1.40)	*	2.5 (0.58)	5.7 (1.45)	10.9 (1.44)
Uninsured	*	*	*	*	*	*	*	*
Marital status								
Married	2.1 (0.19)	5.7 (0.25)	1.5 (0.16)	3.5 (0.21)	1.3 (0.13)	2.7 (0.18)	4.5 (0.24)	8.0 (0.30)
Widowed	7.4 (1.92)	15.2 (4.29)	*	*	2.5 (0.70)	*	10.4 (2.23)	*
Divorced or separated	5.1 (0.56)	11.4 (0.80)	3.7 (0.39)	7.8 (0.68)	3.6 (0.50)	5.5 (0.50)	9.7 (0.65)	12.4 (0.75)
Never married	3.9 (0.36)	10.0 (0.57)	2.8 (0.28)	6.4 (0.46)	2.9 (0.34)	4.7 (0.38)	8.6 (0.55)	12.0 (0.62)
Living with a partner	3.1 (0.57)	8.5 (0.84)	2.9 (0.57)	4.8 (0.64)	3.2 (0.58)	3.5 (0.47)	8.3 (0.90)	11.4 (0.91)
Place of residence ¹¹								
Large MSA	2.8 (0.20)	7.4 (0.28)	1.9 (0.17)	4.5 (0.23)	1.5 (0.14)	3.4 (0.23)	5.9 (0.28)	9.5 (0.33)
Small MSA	3.3 (0.26)	8.0 (0.34)	2.3 (0.22)	5.1 (0.28)	2.5 (0.26)	3.7 (0.22)	6.5 (0.37)	10.4 (0.43)
Not in MSA	3.6 (0.37)	8.4 (0.53)	3.1 (0.36)	5.7 (0.56)	3.1 (0.34)	5.2 (0.43)	7.9 (0.63)	11.1 (0.58)
Region								
Northeast	3.3 (0.38)	7.3 (0.46)	2.0 (0.36)	3.9 (0.34)	1.8 (0.24)	3.2 (0.34)	6.0 (0.51)	9.7 (0.56)
Midwest	2.3 (0.27)	7.5 (0.41)	2.0 (0.22)	4.4 (0.32)	1.9 (0.25)	3.8 (0.32)	6.2 (0.43)	10.2 (0.45)
South	3.1 (0.25)	7.8 (0.33)	2.3 (0.22)	4.8 (0.30)	2.1 (0.21)	3.8 (0.24)	6.6 (0.34)	9.6 (0.41)
West	3.5 (0.30)	8.1 (0.45)	2.2 (0.25)	5.8 (0.40)	2.3 (0.27)	4.1 (0.38)	6.5 (0.47)	10.6 (0.54)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex								
Hispanic or Latino, male	4.1 (0.70)	7.8 (0.82)	1.9 (0.47)	6.1 (0.79)	1.9 (0.51)	3.4 (0.56)	6.2 (0.81)	8.3 (0.90)
Hispanic or Latina, female	3.4 (0.42)	11.5 (1.04)	2.8 (0.48)	7.6 (0.80)	2.4 (0.39)	4.8 (0.79)	7.0 (0.80)	9.5 (0.90)
Not Hispanic or Latino:								
White, single race, male	2.5 (0.24)	5.5 (0.30)	2.2 (0.25)	3.4 (0.22)	1.9 (0.22)	3.0 (0.21)	5.2 (0.30)	9.3 (0.40)
White, single race, female	2.9 (0.20)	8.6 (0.37)	2.3 (0.21)	5.1 (0.29)	2.3 (0.21)	4.5 (0.29)	6.7 (0.35)	11.7 (0.44)
Black or African American, single race, male	3.0 (0.66)	6.5 (0.81)	1.6 (0.44)	3.5 (0.67)	1.4 (0.39)	2.9 (0.60)	8.7 (1.15)	7.6 (0.92)
Black or African American, single race, female	3.7 (0.48)	10.7 (0.87)	2.4 (0.37)	6.4 (0.69)	2.0 (0.35)	3.9 (0.55)	9.0 (0.83)	12.7 (0.98)

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

** Complement of the estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf).

- Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 3.3%, 3.3%, 3.4%, and 3.4%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2016 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2016.

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹	
Total	245,142	7,308	18,454	5,214	11,408	4,883	8,928	14,995	23,475	
Sex										
Male	118,223	3,355	6,936	2,252	4,511	2,141	3,534	6,512	9,969	
Female	126,920	3,953	11,517	2,962	6,897	2,742	5,394	8,483	13,506	
Age (years)										
18–44	113,401	2,866	7,708	2,177	5,106	1,861	4,020	7,055	11,476	
45–64	83,703	3,212	6,973	2,349	4,543	2,131	3,424	5,710	8,081	
65–74	28,532	635	2,206	460	998	491	913	1,257	2,266	
75 and over	19,507	595	1,567	229	760	400	570	973	1,652	
Race										
One race ²	240,410	6,994	17,972	5,096	10,899	4,695	8,654	14,589	22,697	
White	192,455	5,468	14,045	4,188	8,805	3,977	7,012	11,023	18,396	
Black or African American	30,105	970	2,537	600	1,476	490	959	2,567	3,035	
American Indian or Alaska Native	2,460	81	253	57	143	61	121	248	159	
Asian	14,853	457	1,103	246	461	165	547	716	1,056	
Native Hawaiian or Other Pacific Islander	538	*	*	4	*	2	*	*	*	
Two or more races ³	4,732	*	482	119	509	*	274	406	778	
Black or African American, white	816	*	*	*	*	*	*	*	166	
American Indian or Alaska Native, white	1,763	*	*	*	*	*	*	229	235	
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	38,782	1,304	3,542	871	2,547	787	1,545	2,445	3,294	
Mexican or Mexican American	23,240	705	1,923	561	1,525	540	856	1,226	1,949	
Not Hispanic or Latino	206,360	6,004	14,912	4,343	8,862	4,096	7,383	12,550	20,181	
White, single race	157,505	4,262	10,975	3,398	6,572	3,290	5,650	8,926	15,596	
Black or African American, single race	28,757	937	2,439	577	1,400	477	952	2,436	2,845	

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Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education⁵									
Less than a high school diploma	26,459	1,532	3,183	1,051	2,082	1,108	1,475	2,393	2,895
High school diploma or GED ⁶	51,932	2,055	4,445	1,558	2,826	1,390	2,202	3,791	5,264
Some college	61,937	2,093	4,888	1,573	3,122	1,396	2,571	4,294	6,652
Bachelor's degree or higher	74,100	934	3,556	536	1,965	562	1,424	2,372	5,373
Current employment status⁷									
Employed	150,236	2,673	8,629	1,762	5,441	1,603	4,066	6,466	12,708
Full-time	120,071	1,825	6,152	1,335	3,812	1,138	2,613	4,771	9,751
Part-time	27,966	756	2,337	362	1,543	374	1,390	1,534	2,730
Not employed but has worked previously	81,641	4,159	8,412	3,059	5,233	2,977	4,213	7,367	9,680
Not employed and has never worked	13,099	475	1,382	392	729	301	649	1,127	1,087
Family income⁸									
Less than \$35,000	66,236	3,894	8,149	2,877	5,722	2,638	4,297	6,981	9,103
\$35,000 or more	153,049	2,844	8,830	1,917	4,886	1,945	3,903	6,903	12,754
\$35,000–\$49,999	24,929	717	2,169	547	1,175	449	1,049	1,538	2,835
\$50,000–\$74,999	38,167	737	2,635	516	1,229	612	1,043	2,220	3,621
\$75,000–\$99,999	27,484	524	1,524	240	991	354	582	991	2,252
\$100,000 or more	62,469	866	2,502	614	1,490	530	1,228	2,154	4,045
Poverty status⁹									
Poor	28,852	2,006	3,768	1,520	2,812	1,426	1,998	3,374	4,194
Near poor	40,911	1,958	4,686	1,638	2,996	1,392	2,567	4,134	5,323
Not poor	162,870	3,049	9,174	1,930	5,224	1,958	4,020	6,919	13,251

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰									
Under 65:									
Private	136,020	2,333	7,478	1,618	4,558	1,367	3,314	5,496	11,650
Medicaid	28,037	2,007	3,805	1,601	2,575	1,489	2,134	4,054	4,137
Other coverage	8,873	603	1,124	564	812	512	654	1,297	1,220
Uninsured	22,734	1,047	2,154	730	1,587	606	1,291	1,716	2,447
65 and over:									
Private	20,020	389	1,308	153	581	361	565	710	1,395
Medicare and Medicaid	3,360	183	488	146	253	113	196	392	399
Medicare Advantage	12,135	319	813	165	426	179	320	496	947
Medicare only	8,167	216	620	137	294	149	255	402	754
Other coverage	3,891	108	425	66	196	72	93	204	400
Uninsured	336	*	*	*	*	*	*	*	*
Marital status									
Married	130,447	2,734	7,429	1,855	4,480	1,788	3,472	5,584	10,035
Widowed	14,066	749	1,656	356	810	334	694	1,068	1,635
Divorced or separated	27,343	1,485	3,073	1,130	2,130	982	1,601	2,664	3,291
Never married	54,432	1,803	4,809	1,402	3,019	1,267	2,511	4,289	6,350
Living with a partner	18,527	534	1,469	471	946	513	630	1,381	2,136
Place of residence ¹¹									
Large MSA	137,266	3,696	9,874	2,512	5,960	2,036	4,577	7,810	12,557
Small MSA	73,222	2,363	5,707	1,647	3,572	1,773	2,658	4,543	7,261
Not in MSA	34,654	1,249	2,873	1,055	1,876	1,074	1,693	2,642	3,657
Region									
Northeast	44,851	1,422	3,208	832	1,703	780	1,416	2,513	4,131
Midwest	54,359	1,212	4,010	1,084	2,326	1,040	1,967	3,223	5,297
South	87,402	2,688	6,590	1,989	4,063	1,742	3,204	5,560	8,048
West	58,531	1,986	4,645	1,309	3,315	1,320	2,341	3,699	5,999

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex									
Hispanic or Latino, male	19,292	721	1,414	345	1,124	365	645	1,177	1,529
Hispanic or Latina, female	19,489	583	2,128	526	1,422	422	900	1,269	1,765
Not Hispanic or Latino:									
White, single race, male	76,525	1,869	4,110	1,563	2,617	1,432	2,260	3,830	6,695
White, single race, female	80,980	2,393	6,865	1,835	3,954	1,858	3,391	5,096	8,901
Black or African American, single race, male	12,928	363	809	207	413	169	350	1,073	925
Black or African American, single race, female	15,829	574	1,630	370	987	308	602	1,364	1,920

* Corresponding crude percentage for the frequency is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), so the frequency is not shown.

** Complement of the corresponding crude percentage for the frequency is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf).

- Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 3.3%, 3.3%, 3.4%, and 3.4%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2016 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2016.

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	3.1 (0.14)	7.8 (0.20)	2.2 (0.12)	4.8 (0.17)	2.1 (0.12)	3.8 (0.15)	6.3 (0.20)	9.9 (0.23)
Sex								
Male	2.9 (0.22)	6.1 (0.25)	2.0 (0.17)	3.9 (0.22)	1.9 (0.18)	3.1 (0.18)	5.7 (0.27)	8.7 (0.33)
Female	3.2 (0.17)	9.4 (0.31)	2.4 (0.17)	5.6 (0.24)	2.2 (0.16)	4.4 (0.24)	6.9 (0.27)	11.0 (0.33)
Age (years)								
18–44	2.6 (0.22)	7.0 (0.30)	2.0 (0.19)	4.7 (0.26)	1.7 (0.16)	3.7 (0.24)	6.4 (0.32)	10.5 (0.38)
45–64	4.0 (0.24)	8.6 (0.35)	2.9 (0.21)	5.6 (0.29)	2.6 (0.20)	4.2 (0.25)	7.1 (0.34)	10.0 (0.37)
65–74	2.3 (0.26)	8.0 (0.50)	1.7 (0.25)	3.6 (0.34)	1.8 (0.28)	3.3 (0.34)	4.6 (0.37)	8.2 (0.49)
75 and over	3.2 (0.41)	8.3 (0.58)	1.2 (0.20)	4.0 (0.44)	2.1 (0.34)	3.0 (0.36)	5.2 (0.47)	8.8 (0.61)
Race								
One race ⁴	3.0 (0.14)	7.7 (0.20)	2.2 (0.12)	4.7 (0.16)	2.0 (0.12)	3.7 (0.15)	6.3 (0.20)	9.8 (0.23)
White	2.9 (0.14)	7.5 (0.22)	2.2 (0.14)	4.7 (0.18)	2.1 (0.14)	3.8 (0.17)	5.9 (0.22)	9.9 (0.25)
Black or African American	3.4 (0.39)	8.8 (0.60)	2.1 (0.28)	5.1 (0.47)	1.7 (0.24)	3.3 (0.39)	8.9 (0.68)	10.6 (0.69)
American Indian or Alaska Native	3.4 (1.06)	10.6 (1.97)	2.4 (0.86)	6.0 (1.54)	2.5 (0.79)	5.1 (1.53)	10.4 (2.38)	6.7 (1.41)
Asian	3.2 (0.76)	7.7 (0.85)	1.7 (0.50)	3.2 (0.51)	1.2 (0.35)	3.8 (0.68)	5.0 (0.76)	7.3 (0.84)
Native Hawaiian or Other Pacific Islander	*	*	0.8 (0.58)	*	0.3 (0.33)	*	*	*
Two or more races ⁵	*	10.5 (1.95)	2.6 (0.74)	11.2 (2.51)	*	6.0 (1.61)	8.9 (1.71)	17.0 (2.44)
Black or African American, white	*	*	*	*	*	*	*	21.2 (5.98)
American Indian or Alaska Native, white	*	*	*	*	*	*	13.7 (3.59)	14.0 (3.72)
Hispanic or Latino origin ⁶ and race								
Hispanic or Latino	3.5 (0.38)	9.4 (0.66)	2.3 (0.34)	6.8 (0.58)	2.1 (0.32)	4.1 (0.50)	6.5 (0.59)	8.8 (0.62)
Mexican or Mexican American	3.1 (0.48)	8.5 (0.82)	2.5 (0.48)	6.8 (0.81)	2.4 (0.48)	3.8 (0.56)	5.4 (0.63)	8.7 (0.83)
Not Hispanic or Latino	3.0 (0.15)	7.5 (0.20)	2.2 (0.13)	4.4 (0.17)	2.1 (0.13)	3.7 (0.15)	6.3 (0.22)	10.1 (0.24)
White, single race	2.8 (0.14)	7.2 (0.23)	2.2 (0.15)	4.3 (0.18)	2.2 (0.15)	3.7 (0.17)	5.9 (0.23)	10.2 (0.27)
Black or African American, single race	3.4 (0.40)	8.9 (0.62)	2.1 (0.29)	5.1 (0.48)	1.7 (0.25)	3.5 (0.41)	8.9 (0.68)	10.4 (0.70)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education⁷								
Less than a high school diploma	6.0 (0.57)	12.5 (0.75)	4.1 (0.48)	8.2 (0.69)	4.4 (0.54)	5.8 (0.56)	9.4 (0.69)	11.4 (0.71)
High school diploma or GED ⁸	4.1 (0.31)	8.9 (0.45)	3.1 (0.30)	5.6 (0.38)	2.8 (0.28)	4.4 (0.32)	7.6 (0.45)	10.5 (0.49)
Some college	3.5 (0.28)	8.1 (0.39)	2.6 (0.26)	5.2 (0.33)	2.3 (0.26)	4.3 (0.29)	7.1 (0.38)	11.1 (0.43)
Bachelor's degree or higher	1.3 (0.18)	4.9 (0.29)	0.7 (0.13)	2.7 (0.21)	0.8 (0.12)	2.0 (0.17)	3.3 (0.27)	7.5 (0.35)
Current employment status⁹								
Employed	1.8 (0.15)	5.9 (0.24)	1.2 (0.12)	3.7 (0.19)	1.1 (0.11)	2.8 (0.18)	4.4 (0.22)	8.7 (0.28)
Full-time	1.6 (0.15)	5.3 (0.24)	1.1 (0.14)	3.3 (0.20)	1.0 (0.12)	2.2 (0.16)	4.1 (0.23)	8.4 (0.30)
Part-time	2.8 (0.45)	8.6 (0.75)	1.3 (0.25)	5.7 (0.56)	1.4 (0.26)	5.1 (0.68)	5.7 (0.64)	10.1 (0.68)
Not employed but has worked previously	5.3 (0.29)	10.6 (0.36)	3.9 (0.27)	6.6 (0.32)	3.8 (0.28)	5.3 (0.27)	9.3 (0.39)	12.3 (0.40)
Not employed and has never worked	3.8 (0.72)	11.2 (1.11)	3.2 (0.56)	5.9 (0.89)	2.4 (0.50)	5.3 (0.86)	9.1 (1.11)	8.8 (1.01)
Family income¹⁰								
Less than \$35,000	6.1 (0.33)	12.7 (0.42)	4.5 (0.27)	9.0 (0.42)	4.1 (0.27)	6.7 (0.34)	10.9 (0.42)	14.3 (0.50)
\$35,000 or more	1.9 (0.16)	5.9 (0.24)	1.3 (0.14)	3.3 (0.18)	1.3 (0.14)	2.6 (0.17)	4.6 (0.24)	8.6 (0.28)
\$35,000–\$49,999	3.0 (0.40)	9.0 (0.78)	2.3 (0.36)	4.9 (0.50)	1.9 (0.29)	4.3 (0.63)	6.4 (0.71)	11.8 (0.78)
\$50,000–\$74,999	2.0 (0.26)	7.1 (0.49)	1.4 (0.26)	3.3 (0.32)	1.6 (0.27)	2.8 (0.34)	6.0 (0.49)	9.7 (0.57)
\$75,000–\$99,999	2.0 (0.35)	5.7 (0.55)	0.9 (0.25)	3.7 (0.49)	1.3 (0.32)	2.2 (0.31)	3.7 (0.46)	8.4 (0.63)
\$100,000 or more	1.4 (0.27)	4.1 (0.34)	1.0 (0.24)	2.4 (0.27)	0.9 (0.21)	2.0 (0.25)	3.5 (0.34)	6.6 (0.41)
Poverty status¹¹								
Poor	7.2 (0.52)	13.6 (0.69)	5.5 (0.42)	10.2 (0.65)	5.2 (0.42)	7.2 (0.55)	12.2 (0.66)	15.2 (0.69)
Near poor	5.0 (0.40)	11.8 (0.61)	4.1 (0.40)	7.6 (0.48)	3.5 (0.35)	6.5 (0.51)	10.5 (0.64)	13.5 (0.66)
Not poor	1.9 (0.15)	5.8 (0.22)	1.2 (0.12)	3.3 (0.16)	1.2 (0.12)	2.5 (0.15)	4.4 (0.20)	8.4 (0.26)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹²								
Under 65:								
Private	1.8 (0.16)	5.7 (0.24)	1.2 (0.14)	3.5 (0.19)	1.0 (0.12)	2.5 (0.16)	4.2 (0.22)	8.8 (0.29)
Medicaid	7.4 (0.59)	14.1 (0.88)	5.9 (0.51)	9.6 (0.69)	5.5 (0.53)	7.9 (0.71)	15.0 (0.95)	15.4 (0.85)
Other coverage	7.0 (0.87)	13.0 (1.19)	6.5 (0.96)	9.4 (1.01)	5.9 (0.97)	7.6 (0.98)	15.0 (1.37)	14.1 (1.27)
Uninsured	4.8 (0.63)	9.8 (0.76)	3.3 (0.40)	7.2 (0.72)	2.8 (0.44)	5.9 (0.63)	7.8 (0.66)	11.2 (0.79)
65 and over:								
Private	2.0 (0.29)	6.8 (0.50)	0.8 (0.17)	3.0 (0.39)	1.9 (0.33)	2.9 (0.36)	3.7 (0.39)	7.2 (0.56)
Medicare and Medicaid	5.8 (0.99)	15.4 (1.78)	4.6 (1.05)	8.0 (1.47)	3.6 (0.82)	6.2 (1.39)	12.4 (1.61)	12.6 (1.61)
Medicare Advantage	2.7 (0.43)	6.9 (0.70)	1.4 (0.30)	3.6 (0.53)	1.5 (0.35)	2.7 (0.42)	4.2 (0.56)	8.0 (0.73)
Medicare only	2.8 (0.63)	7.9 (0.92)	1.8 (0.54)	3.7 (0.58)	1.9 (0.42)	3.3 (0.56)	5.1 (0.76)	9.6 (1.05)
Other coverage	2.9 (1.05)	11.3 (1.59)	1.7 (0.56)	5.2 (1.25)	1.9 (0.91)	2.5 (0.61)	5.4 (1.26)	10.6 (1.38)
Uninsured	*	*	*	*	*	*	*	*
Marital status								
Married	2.2 (0.17)	5.9 (0.24)	1.5 (0.14)	3.5 (0.19)	1.4 (0.13)	2.7 (0.17)	4.4 (0.22)	7.9 (0.28)
Widowed	5.5 (0.54)	12.2 (0.77)	2.6 (0.38)	6.0 (0.57)	2.5 (0.38)	5.2 (0.57)	7.9 (0.70)	12.1 (0.78)
Divorced or separated	5.6 (0.45)	11.7 (0.66)	4.3 (0.42)	8.1 (0.59)	3.7 (0.40)	6.1 (0.49)	10.1 (0.60)	12.5 (0.62)
Never married	3.4 (0.32)	9.2 (0.51)	2.7 (0.30)	5.8 (0.38)	2.4 (0.28)	4.8 (0.41)	8.2 (0.52)	12.1 (0.60)
Living with a partner	3.0 (0.55)	8.2 (0.79)	2.6 (0.46)	5.3 (0.72)	2.8 (0.49)	3.5 (0.46)	7.7 (0.78)	11.9 (0.95)
Place of residence ¹³								
Large MSA	2.8 (0.20)	7.4 (0.28)	1.9 (0.16)	4.5 (0.23)	1.5 (0.14)	3.4 (0.22)	5.9 (0.27)	9.5 (0.32)
Small MSA	3.3 (0.26)	8.1 (0.34)	2.3 (0.23)	5.0 (0.26)	2.5 (0.26)	3.8 (0.22)	6.4 (0.37)	10.3 (0.41)
Not in MSA	3.7 (0.35)	8.6 (0.48)	3.2 (0.34)	5.6 (0.53)	3.2 (0.33)	5.1 (0.40)	7.9 (0.58)	10.9 (0.55)
Region								
Northeast	3.3 (0.34)	7.4 (0.46)	1.9 (0.30)	3.9 (0.32)	1.8 (0.23)	3.3 (0.32)	5.8 (0.46)	9.6 (0.52)
Midwest	2.3 (0.26)	7.6 (0.42)	2.1 (0.22)	4.4 (0.31)	2.0 (0.27)	3.7 (0.30)	6.1 (0.43)	10.0 (0.44)
South	3.2 (0.24)	7.8 (0.32)	2.4 (0.21)	4.8 (0.29)	2.1 (0.20)	3.8 (0.24)	6.6 (0.33)	9.6 (0.40)
West	3.5 (0.30)	8.1 (0.44)	2.3 (0.26)	5.8 (0.40)	2.3 (0.27)	4.1 (0.38)	6.5 (0.46)	10.5 (0.51)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2016

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁶ , race, and sex								
Hispanic or Latino, male	3.8 (0.65)	7.5 (0.83)	1.8 (0.46)	6.0 (0.78)	1.9 (0.53)	3.4 (0.58)	6.3 (0.84)	8.2 (0.90)
Hispanic or Latina, female	3.1 (0.39)	11.3 (1.04)	2.8 (0.49)	7.5 (0.81)	2.2 (0.37)	4.8 (0.81)	6.7 (0.81)	9.4 (0.90)
Not Hispanic or Latino:								
White, single race, male	2.5 (0.22)	5.5 (0.28)	2.1 (0.22)	3.5 (0.22)	1.9 (0.20)	3.0 (0.21)	5.2 (0.29)	9.0 (0.37)
White, single race, female	3.1 (0.20)	8.8 (0.35)	2.3 (0.21)	5.0 (0.27)	2.4 (0.21)	4.3 (0.25)	6.5 (0.33)	11.4 (0.40)
Black or African American, single race, male	2.9 (0.64)	6.5 (0.82)	1.7 (0.46)	3.3 (0.64)	1.4 (0.36)	2.8 (0.58)	8.7 (1.13)	7.5 (0.91)
Black or African American, single race, female	3.8 (0.48)	10.8 (0.87)	2.5 (0.38)	6.5 (0.71)	2.0 (0.36)	4.0 (0.57)	9.0 (0.82)	12.7 (0.97)

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

** Complement of the estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf).

- Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 3.3%, 3.3%, 3.4%, and 3.4%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁹"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2016 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2016.