

**Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Total	100.0	2.0 (0.12)	35.2 (0.39)	33.4 (0.37)	29.5 (0.38)
Sex					
Male	100.0	1.3 (0.14)	29.8 (0.53)	39.0 (0.56)	29.9 (0.53)
Female	100.0	2.6 (0.18)	40.4 (0.54)	27.9 (0.47)	29.1 (0.48)
Age (years)					
18–44	100.0	2.4 (0.19)	40.0 (0.60)	30.8 (0.55)	26.8 (0.54)
45–64	100.0	1.2 (0.13)	27.5 (0.60)	36.0 (0.64)	35.4 (0.63)
65–74	100.0	1.3 (0.20)	28.3 (0.96)	37.6 (0.95)	32.8 (1.00)
75 and over	100.0	3.0 (0.40)	39.0 (1.08)	35.9 (1.14)	22.1 (0.92)
Race					
One race <sup>2</sup>	100.0	2.0 (0.12)	35.2 (0.39)	33.4 (0.37)	29.4 (0.38)
White	100.0	1.8 (0.13)	35.0 (0.44)	34.1 (0.42)	29.1 (0.41)
Black or African American	100.0	2.1 (0.35)	27.5 (0.89)	31.1 (0.91)	39.3 (1.02)
American Indian or Alaska Native	100.0	*	23.5 (2.64)	31.2 (3.27)	43.7 (3.79)
Asian	100.0	3.8 (0.52)	55.6 (1.50)	30.0 (1.33)	10.6 (0.92)
Native Hawaiian or Other Pacific Islander	100.0	*	38.1 (6.77)	26.8 (6.18)	34.6 (7.42)
Two or more races <sup>3</sup>	100.0	*	33.3 (2.81)	30.0 (2.41)	35.2 (2.70)
Black or African American, white	100.0	*	32.4 (7.08)	29.7 (5.89)	36.8 (6.52)
American Indian or Alaska Native, white	100.0	*	24.2 (4.15)	29.0 (3.88)	43.1 (4.73)
Hispanic or Latino origin <sup>4</sup> and race					
Hispanic or Latino	100.0	1.2 (0.22)	28.1 (0.78)	38.9 (0.85)	31.8 (0.83)
Mexican or Mexican American	100.0	1.1 (0.29)	24.9 (0.94)	38.6 (1.08)	35.4 (1.04)
Not Hispanic or Latino	100.0	2.1 (0.14)	36.7 (0.44)	32.2 (0.41)	29.0 (0.42)
White, single race	100.0	2.0 (0.15)	36.7 (0.51)	32.9 (0.47)	28.5 (0.46)
Black or African American, single race	100.0	2.2 (0.37)	27.6 (0.93)	30.8 (0.94)	39.5 (1.05)
Education <sup>5</sup>					
Less than a high school diploma	100.0	1.6 (0.24)	27.4 (1.02)	36.3 (1.03)	34.8 (1.06)
High school diploma or GED <sup>6</sup>	100.0	1.8 (0.24)	28.9 (0.79)	32.9 (0.79)	36.4 (0.85)
Some college	100.0	1.3 (0.16)	27.9 (0.68)	34.7 (0.68)	36.1 (0.75)
Bachelor's degree or higher	100.0	1.4 (0.16)	40.5 (0.68)	35.6 (0.66)	22.5 (0.57)
Current employment status <sup>7</sup>					
Employed	100.0	1.5 (0.12)	34.4 (0.60)	35.9 (0.59)	28.3 (0.52)
Full-time	100.0	1.1 (0.11)	32.3 (0.75)	38.1 (0.77)	28.5 (0.62)
Part-time	100.0	2.8 (0.42)	41.5 (1.26)	29.9 (1.13)	25.8 (1.08)
Not employed but has worked previously	100.0	2.3 (0.28)	35.4 (0.81)	30.4 (0.75)	31.9 (0.81)
Not employed and has never worked	100.0	4.3 (0.67)	44.0 (1.73)	26.6 (1.49)	25.1 (1.47)

**Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Family income <sup>8</sup>					
Less than \$35,000	100.0	1.9 (0.17)	34.0 (0.65)	30.8 (0.63)	33.3 (0.67)
\$35,000 or more	100.0	2.0 (0.16)	35.5 (0.52)	34.3 (0.50)	28.2 (0.47)
\$35,000–\$49,999	100.0	2.3 (0.37)	32.3 (1.07)	33.4 (1.07)	32.0 (1.02)
\$50,000–\$74,999	100.0	2.3 (0.36)	32.7 (0.91)	34.0 (0.94)	30.9 (0.89)
\$75,000–\$99,999	100.0	1.6 (0.32)	32.5 (1.18)	34.6 (1.16)	31.2 (1.12)
\$100,000 or more	100.0	1.8 (0.26)	40.2 (0.88)	34.3 (0.83)	23.6 (0.76)
Poverty status <sup>9</sup>					
Poor	100.0	2.3 (0.29)	35.1 (0.99)	29.0 (0.90)	33.5 (1.00)
Near poor	100.0	2.3 (0.30)	30.7 (0.81)	32.9 (0.82)	34.2 (0.86)
Not poor	100.0	1.8 (0.15)	36.2 (0.50)	34.1 (0.48)	27.9 (0.45)
Health insurance coverage <sup>10</sup>					
Under 65:					
Private	100.0	1.7 (0.15)	37.4 (0.54)	32.6 (0.51)	28.4 (0.49)
Medicaid	100.0	2.3 (0.37)	30.0 (1.09)	29.8 (1.09)	37.9 (1.14)
Other coverage	100.0	*3.4 (1.02)	33.5 (2.21)	28.2 (1.84)	35.0 (2.07)
Uninsured	100.0	2.4 (0.37)	33.6 (1.12)	36.2 (1.13)	27.8 (1.08)
65 and over:					
Private	100.0	1.6 (0.28)	32.4 (1.11)	38.5 (1.14)	27.6 (1.08)
Medicare and Medicaid	100.0	3.4 (0.80)	33.0 (2.69)	29.8 (2.51)	33.7 (2.52)
Medicare Advantage	100.0	1.8 (0.42)	33.1 (1.50)	37.6 (1.51)	27.4 (1.41)
Medicare only	100.0	2.7 (0.70)	34.6 (1.73)	36.2 (1.71)	26.4 (1.64)
Other coverage	100.0	*2.5 (0.86)	37.6 (2.61)	33.4 (2.37)	26.5 (2.28)
Uninsured	100.0	*	*30.4 (9.69)	46.9 (10.50)	*16.3 (5.96)
Marital status					
Married	100.0	1.2 (0.12)	33.5 (0.56)	35.3 (0.53)	30.0 (0.55)
Widowed	100.0	*1.7 (0.77)	23.6 (4.35)	32.6 (5.98)	42.0 (6.21)
Divorced or separated	100.0	1.6 (0.27)	30.9 (1.14)	34.0 (1.04)	33.5 (1.10)
Never married	100.0	3.4 (0.39)	38.5 (0.92)	29.1 (0.88)	29.0 (0.84)
Living with a partner	100.0	1.4 (0.33)	35.0 (1.50)	34.8 (1.56)	28.8 (1.40)
Place of residence <sup>11</sup>					
Large MSA	100.0	2.0 (0.16)	36.6 (0.53)	34.4 (0.49)	27.1 (0.49)
Small MSA	100.0	2.0 (0.22)	35.2 (0.67)	32.1 (0.66)	30.7 (0.72)
Not in MSA	100.0	2.0 (0.28)	28.9 (1.15)	32.0 (1.12)	37.1 (1.17)
Region					
Northeast	100.0	1.6 (0.26)	38.0 (1.00)	33.7 (0.89)	26.7 (0.89)
Midwest	100.0	1.8 (0.25)	32.2 (0.86)	33.2 (0.76)	32.8 (0.79)
South	100.0	1.9 (0.18)	33.9 (0.61)	33.1 (0.64)	31.1 (0.67)
West	100.0	2.5 (0.27)	38.0 (0.79)	33.7 (0.71)	25.7 (0.68)

**Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex					
Hispanic or Latino, male	100.0	*1.0 (0.33)	24.1 (1.07)	43.3 (1.32)	31.6 (1.26)
Hispanic or Latina, female	100.0	1.5 (0.31)	32.3 (1.13)	34.4 (1.14)	31.9 (1.02)
Not Hispanic or Latino:					
White, single race, male	100.0	1.2 (0.17)	29.9 (0.71)	38.9 (0.73)	30.1 (0.67)
White, single race, female	100.0	2.7 (0.24)	43.5 (0.72)	26.8 (0.61)	26.9 (0.62)
Black or African American, single race, male	100.0	2.7 (0.65)	29.3 (1.48)	34.2 (1.50)	33.8 (1.55)
Black or African American, single race, female	100.0	1.8 (0.40)	26.0 (1.22)	28.0 (1.16)	44.2 (1.29)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.6%.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.

**Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Total	242,501	4,441	80,318	78,906	70,150
Sex					
Male	116,875	1,418	33,264	45,274	35,077
Female	125,625	3,023	47,053	33,632	35,072
Age (years)					
18–44	112,760	2,625	43,646	33,628	29,187
45–64	83,239	920	21,983	28,719	28,258
65–74	27,297	334	7,425	9,864	8,589
75 and over	19,204	562	7,264	6,694	4,115
Race					
One race <sup>2</sup>	238,301	4,372	78,998	77,729	68,728
White	191,218	3,243	62,780	63,733	54,703
Black or African American	29,796	571	7,735	8,909	11,378
American Indian or Alaska Native	2,307	*	523	710	955
Asian	14,360	517	7,731	4,209	1,492
Native Hawaiian or Other Pacific Islander	619	*	*229	*167	201
Two or more races <sup>3</sup>	4,200	*	1,320	1,177	1,421
Black or African American, white	851	*	314	221	264
American Indian or Alaska Native, white	1,647	*	368	481	667
Hispanic or Latino origin <sup>4</sup> and race					
Hispanic or Latino	37,755	452	10,297	14,080	11,596
Mexican or Mexican American	22,992	243	5,550	8,556	7,804
Not Hispanic or Latino	204,746	3,989	70,021	64,826	58,553
White, single race	157,410	2,813	53,405	51,087	44,509
Black or African American, single race	28,418	565	7,365	8,433	10,912
Education <sup>5</sup>					
Less than a high school diploma	26,648	464	6,981	9,217	8,821
High school diploma or GED <sup>6</sup>	50,847	843	14,062	16,357	17,848
Some college	61,605	759	16,285	20,523	21,655
Bachelor's degree or higher	72,373	987	27,787	25,107	16,016
Current employment status <sup>7</sup>					
Employed	148,914	2,180	48,764	50,293	42,588
Full-time	121,609	1,380	37,834	42,574	35,707
Part-time	25,508	747	10,317	7,246	6,366
Not employed but has worked previously	79,530	1,627	25,435	25,055	24,423
Not employed and has never worked	13,899	633	6,063	3,515	3,111

**Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Family income <sup>8</sup>					
Less than \$35,000	66,342	1,233	21,574	19,880	21,206
\$35,000 or more	148,656	2,701	49,999	50,154	41,905
\$35,000–\$49,999	25,114	544	7,880	8,217	7,865
\$50,000–\$74,999	37,018	787	11,559	12,392	11,336
\$75,000–\$99,999	27,607	416	8,500	9,297	8,659
\$100,000 or more	58,917	953	22,059	20,248	14,045
Poverty status <sup>9</sup>					
Poor	28,022	610	9,541	7,763	8,995
Near poor	42,375	912	12,523	13,452	13,864
Not poor	159,450	2,616	54,056	53,626	44,504
Health insurance coverage <sup>10</sup>					
Under 65:					
Private	135,220	2,086	47,235	43,213	38,103
Medicaid	25,313	563	7,316	7,241	9,176
Other coverage	9,086	232	2,423	2,882	3,242
Uninsured	24,896	603	8,174	8,606	6,520
65 and over:					
Private	19,581	287	5,960	7,301	5,362
Medicare and Medicaid	3,267	108	1,036	936	1,058
Medicare Advantage	11,634	194	3,640	4,222	3,125
Medicare only	7,890	192	2,590	2,765	2,042
Other coverage	3,808	*90	1,364	1,223	1,060
Uninsured	249	*	*65	103	*43
Marital status					
Married	128,583	1,441	39,394	44,674	38,307
Widowed	14,720	433	5,002	4,682	3,997
Divorced or separated	27,858	439	8,075	9,073	9,252
Never married	53,374	1,858	21,593	14,612	13,644
Living with a partner	17,665	261	6,169	5,726	4,913
Place of residence <sup>11</sup>					
Large MSA	134,062	2,464	46,488	44,743	35,656
Small MSA	74,299	1,363	24,613	23,393	22,371
Not in MSA	34,140	614	9,217	10,770	12,123
Region					
Northeast	42,320	620	14,640	13,793	11,165
Midwest	54,367	916	16,548	17,498	17,481
South	90,015	1,601	28,735	29,186	27,348
West	55,798	1,304	20,395	18,429	14,155

**Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex					
Hispanic or Latino, male	18,798	*169	4,441	7,976	5,880
Hispanic or Latina, female	18,957	283	5,856	6,104	5,716
Not Hispanic or Latino:					
White, single race, male	76,483	801	21,400	29,750	23,478
White, single race, female	80,927	2,012	32,005	21,336	21,031
Black or African American, single race, male	12,771	310	3,592	4,278	4,285
Black or African American, single race, female	15,647	255	3,773	4,155	6,626

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.6%.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy.

"Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.

**Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Total	100.0	1.9 (0.11)	34.4 (0.38)	33.7 (0.36)	30.0 (0.38)
Sex					
Male	100.0	1.2 (0.13)	28.9 (0.52)	39.4 (0.56)	30.5 (0.53)
Female	100.0	2.5 (0.17)	39.6 (0.53)	28.3 (0.46)	29.5 (0.48)
Age (years)					
18–44	100.0	2.4 (0.19)	40.0 (0.60)	30.8 (0.55)	26.8 (0.54)
45–64	100.0	1.2 (0.13)	27.5 (0.60)	36.0 (0.64)	35.4 (0.63)
65–74	100.0	1.3 (0.20)	28.3 (0.96)	37.6 (0.95)	32.8 (1.00)
75 and over	100.0	3.0 (0.40)	39.0 (1.08)	35.9 (1.14)	22.1 (0.92)
Race					
One race <sup>2</sup>	100.0	1.9 (0.11)	34.4 (0.39)	33.8 (0.36)	29.9 (0.38)
White	100.0	1.8 (0.12)	34.0 (0.43)	34.6 (0.41)	29.7 (0.41)
Black or African American	100.0	2.0 (0.34)	27.1 (0.90)	31.2 (0.91)	39.8 (1.02)
American Indian or Alaska Native	100.0	*	23.5 (2.70)	31.9 (3.43)	42.9 (3.87)
Asian	100.0	3.7 (0.51)	55.4 (1.51)	30.2 (1.34)	10.7 (0.93)
Native Hawaiian or Other Pacific Islander	100.0	*	38.1 (7.42)	27.9 (6.85)	33.4 (7.67)
Two or more races <sup>3</sup>	100.0	*	33.1 (2.83)	29.5 (2.43)	35.6 (2.75)
Black or African American, white	100.0	*	39.1 (7.71)	27.6 (5.48)	32.9 (6.13)
American Indian or Alaska Native, white	100.0	*	23.5 (3.97)	30.7 (4.07)	42.6 (4.56)
Hispanic or Latino origin <sup>4</sup> and race					
Hispanic or Latino	100.0	1.2 (0.21)	28.3 (0.80)	38.7 (0.86)	31.8 (0.85)
Mexican or Mexican American	100.0	1.1 (0.24)	25.1 (0.96)	38.6 (1.07)	35.2 (1.06)
Not Hispanic or Latino	100.0	2.0 (0.12)	35.5 (0.42)	32.8 (0.40)	29.7 (0.41)
White, single race	100.0	1.9 (0.13)	35.2 (0.48)	33.7 (0.46)	29.3 (0.46)
Black or African American, single race	100.0	2.1 (0.36)	27.0 (0.93)	30.9 (0.94)	40.0 (1.05)
Education <sup>5</sup>					
Less than a high school diploma	100.0	1.8 (0.26)	27.4 (0.96)	36.2 (0.98)	34.6 (1.02)
High school diploma or GED <sup>6</sup>	100.0	1.7 (0.21)	28.6 (0.73)	33.3 (0.76)	36.3 (0.80)
Some college	100.0	1.3 (0.16)	27.5 (0.67)	34.7 (0.68)	36.6 (0.75)
Bachelor's degree or higher	100.0	1.4 (0.15)	39.8 (0.68)	35.9 (0.67)	22.9 (0.58)
Current employment status <sup>7</sup>					
Employed	100.0	1.5 (0.12)	33.9 (0.50)	35.0 (0.48)	29.6 (0.47)
Full-time	100.0	1.2 (0.11)	32.2 (0.53)	36.2 (0.53)	30.4 (0.51)
Part-time	100.0	3.0 (0.47)	41.8 (1.28)	29.4 (1.13)	25.8 (1.09)
Not employed but has worked previously	100.0	2.1 (0.19)	33.2 (0.61)	32.7 (0.60)	31.9 (0.64)
Not employed and has never worked	100.0	4.8 (0.77)	45.5 (1.74)	26.4 (1.44)	23.4 (1.40)

**Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Family income <sup>8</sup>					
Less than \$35,000	100.0	1.9 (0.17)	33.8 (0.63)	31.1 (0.61)	33.2 (0.65)
\$35,000 or more	100.0	1.9 (0.15)	34.5 (0.51)	34.6 (0.49)	28.9 (0.47)
\$35,000–\$49,999	100.0	2.2 (0.36)	32.2 (1.06)	33.5 (1.07)	32.1 (1.01)
\$50,000–\$74,999	100.0	2.2 (0.33)	32.0 (0.91)	34.4 (0.93)	31.4 (0.89)
\$75,000–\$99,999	100.0	1.5 (0.30)	31.6 (1.17)	34.6 (1.15)	32.2 (1.14)
\$100,000 or more	100.0	1.7 (0.23)	38.5 (0.86)	35.3 (0.81)	24.5 (0.76)
Poverty status <sup>9</sup>					
Poor	100.0	2.3 (0.30)	35.5 (1.03)	28.8 (0.91)	33.4 (1.03)
Near poor	100.0	2.2 (0.29)	30.7 (0.79)	33.0 (0.80)	34.0 (0.85)
Not poor	100.0	1.7 (0.13)	34.9 (0.49)	34.6 (0.46)	28.7 (0.45)
Health insurance coverage <sup>10</sup>					
Under 65:					
Private	100.0	1.6 (0.14)	36.2 (0.54)	33.1 (0.51)	29.2 (0.50)
Medicaid	100.0	2.3 (0.38)	30.1 (1.10)	29.8 (1.10)	37.8 (1.15)
Other coverage	100.0	2.6 (0.68)	27.6 (1.73)	32.8 (1.78)	36.9 (1.78)
Uninsured	100.0	2.5 (0.39)	34.2 (1.14)	36.0 (1.11)	27.3 (1.07)
65 and over:					
Private	100.0	1.5 (0.26)	31.5 (1.11)	38.6 (1.13)	28.4 (1.12)
Medicare and Medicaid	100.0	3.5 (0.80)	33.0 (2.69)	29.8 (2.51)	33.7 (2.51)
Medicare Advantage	100.0	1.7 (0.40)	32.6 (1.50)	37.8 (1.50)	28.0 (1.43)
Medicare only	100.0	2.5 (0.66)	34.1 (1.73)	36.4 (1.71)	26.9 (1.65)
Other coverage	100.0	*2.4 (0.83)	36.5 (2.64)	32.7 (2.35)	28.4 (2.58)
Uninsured	100.0	*	28.0 (7.81)	44.5 (9.13)	*18.6 (6.38)
Marital status					
Married	100.0	1.2 (0.11)	31.8 (0.53)	36.1 (0.52)	30.9 (0.54)
Widowed	100.0	3.1 (0.47)	35.4 (1.15)	33.2 (1.22)	28.3 (1.11)
Divorced or separated	100.0	1.6 (0.25)	30.1 (0.87)	33.8 (0.83)	34.5 (0.89)
Never married	100.0	3.6 (0.35)	41.8 (0.87)	28.3 (0.75)	26.4 (0.77)
Living with a partner	100.0	1.5 (0.37)	36.1 (1.37)	33.5 (1.33)	28.8 (1.26)
Place of residence <sup>11</sup>					
Large MSA	100.0	1.9 (0.15)	35.9 (0.53)	34.6 (0.49)	27.6 (0.49)
Small MSA	100.0	1.9 (0.20)	34.3 (0.67)	32.6 (0.65)	31.2 (0.72)
Not in MSA	100.0	1.9 (0.22)	28.2 (0.99)	32.9 (1.01)	37.0 (1.04)
Region					
Northeast	100.0	1.5 (0.24)	36.4 (0.97)	34.3 (0.89)	27.8 (0.91)
Midwest	100.0	1.7 (0.24)	31.6 (0.84)	33.4 (0.76)	33.3 (0.79)
South	100.0	1.8 (0.17)	33.1 (0.60)	33.6 (0.62)	31.5 (0.66)
West	100.0	2.4 (0.26)	37.6 (0.79)	33.9 (0.72)	26.1 (0.69)



**Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2015**

Selected characteristic	All adults aged 18 and over	Underweight <sup>1</sup>	Healthy weight <sup>1</sup>	Overweight <sup>1</sup>	Obese <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex					
Hispanic or Latino, male	100.0	*0.9 (0.28)	24.1 (1.11)	43.2 (1.38)	31.8 (1.31)
Hispanic or Latina, female	100.0	1.6 (0.33)	32.6 (1.14)	34.0 (1.14)	31.8 (1.04)
Not Hispanic or Latino:					
White, single race, male	100.0	1.1 (0.15)	28.4 (0.66)	39.4 (0.70)	31.1 (0.67)
White, single race, female	100.0	2.6 (0.22)	41.9 (0.67)	27.9 (0.58)	27.5 (0.60)
Black or African American, single race, male	100.0	2.5 (0.63)	28.8 (1.48)	34.3 (1.51)	34.4 (1.57)
Black or African American, single race, female	100.0	1.7 (0.39)	25.5 (1.22)	28.1 (1.15)	44.7 (1.31)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.6%.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy.

"Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.