

Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	14.2 (0.23)	6.7 (0.16)	4.9 (0.14)	8.7 (0.19)	2.8 (0.11)	8.5 (0.20)	2.3 (0.10)	1.7 (0.09)	3.9 (0.12)	5.8 (0.16)
Sex										
Male	11.1 (0.31)	5.5 (0.22)	3.5 (0.18)	7.0 (0.24)	2.1 (0.13)	6.6 (0.26)	2.1 (0.14)	1.4 (0.12)	2.3 (0.14)	4.1 (0.19)
Female	16.9 (0.34)	7.7 (0.22)	6.0 (0.21)	10.1 (0.27)	3.4 (0.17)	10.2 (0.29)	2.5 (0.13)	1.8 (0.11)	5.2 (0.19)	7.4 (0.25)
Age (years)										
18–44	4.9 (0.25)	1.6 (0.13)	1.2 (0.13)	2.7 (0.19)	1.4 (0.13)	2.6 (0.20)	0.7 (0.08)	0.5 (0.07)	1.1 (0.11)	1.9 (0.17)
45–64	17.5 (0.46)	7.9 (0.32)	5.7 (0.27)	10.7 (0.37)	4.4 (0.22)	11.3 (0.38)	3.3 (0.21)	2.3 (0.17)	4.8 (0.23)	7.5 (0.30)
65–74	28.3 (0.87)	14.3 (0.71)	10.1 (0.56)	18.0 (0.75)	3.8 (0.33)	17.0 (0.74)	3.6 (0.35)	3.1 (0.35)	7.2 (0.50)	10.4 (0.56)
75 and over	47.0 (1.14)	27.0 (1.00)	20.1 (0.92)	30.4 (1.03)	4.9 (0.54)	28.0 (1.04)	7.8 (0.61)	5.1 (0.49)	15.3 (0.80)	20.4 (0.96)
Race										
One race ²	14.1 (0.23)	6.7 (0.16)	4.8 (0.14)	8.6 (0.19)	2.8 (0.11)	8.5 (0.20)	2.3 (0.10)	1.6 (0.09)	3.9 (0.12)	5.8 (0.16)
White	13.9 (0.26)	6.4 (0.17)	4.6 (0.15)	8.4 (0.20)	2.7 (0.13)	8.5 (0.23)	2.2 (0.11)	1.6 (0.10)	3.5 (0.13)	5.6 (0.18)
Black or African American	17.4 (0.65)	9.2 (0.45)	7.7 (0.48)	11.1 (0.54)	3.6 (0.31)	10.0 (0.47)	3.0 (0.28)	1.8 (0.22)	6.1 (0.39)	8.3 (0.51)
American Indian or Alaska Native	21.3 (3.56)	10.7 (2.11)	6.7 (1.59)	15.3 (3.24)	4.2 (1.13)	11.4 (1.89)	*2.0 (0.85)	*3.4 (1.19)	4.1 (1.22)	6.4 (1.66)
Asian	9.3 (0.72)	3.7 (0.49)	3.2 (0.47)	5.3 (0.57)	1.5 (0.33)	4.7 (0.54)	1.8 (0.38)	1.4 (0.39)	4.9 (0.59)	4.5 (0.56)
Native Hawaiian or Other Pacific Islander	31.9 (6.77)	16.6 (4.88)	*10.7 (4.23)	22.0 (5.30)	*5.9 (1.85)	26.6 (5.76)	10.4 (2.73)	*10.5 (3.95)	23.8 (6.63)	22.5 (6.14)
Two or more races ³	17.1 (1.94)	8.2 (1.28)	6.8 (1.20)	12.3 (1.67)	4.3 (0.92)	9.8 (1.48)	3.0 (0.77)	2.1 (0.61)	4.9 (0.86)	7.6 (1.32)
Black or African American, white	*17.0 (5.12)	*	*	*14.0 (4.88)	*	*9.3 (3.16)	*	-	*8.3 (3.99)	*9.3 (4.07)
American Indian or Alaska Native, white	21.2 (3.38)	9.1 (1.83)	8.1 (1.72)	13.8 (2.53)	4.3 (1.28)	13.0 (2.73)	4.6 (1.38)	*4.2 (1.41)	4.8 (1.15)	9.3 (2.02)
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	14.0 (0.56)	6.0 (0.39)	5.6 (0.38)	8.4 (0.46)	3.4 (0.29)	8.7 (0.47)	3.2 (0.30)	2.3 (0.25)	5.1 (0.37)	6.7 (0.45)
Mexican or Mexican American	14.5 (0.77)	6.5 (0.55)	6.6 (0.56)	8.6 (0.64)	3.5 (0.43)	10.1 (0.68)	3.9 (0.48)	2.9 (0.40)	5.1 (0.51)	7.4 (0.69)
Not Hispanic or Latino	14.3 (0.26)	6.8 (0.17)	4.8 (0.15)	8.8 (0.20)	2.8 (0.13)	8.6 (0.22)	2.2 (0.11)	1.6 (0.09)	3.8 (0.13)	5.8 (0.17)
White, single race	14.0 (0.29)	6.5 (0.19)	4.5 (0.17)	8.5 (0.23)	2.7 (0.15)	8.6 (0.26)	2.1 (0.12)	1.5 (0.10)	3.4 (0.15)	5.5 (0.20)
Black or African American, single race	17.6 (0.67)	9.3 (0.47)	7.8 (0.49)	11.2 (0.56)	3.7 (0.32)	10.0 (0.48)	3.1 (0.29)	1.8 (0.23)	6.1 (0.40)	8.4 (0.53)

Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵										
Less than a high school diploma	24.9 (0.80)	12.9 (0.57)	11.1 (0.59)	16.5 (0.70)	6.6 (0.56)	15.7 (0.71)	4.7 (0.37)	3.5 (0.32)	9.0 (0.49)	12.5 (0.57)
High school diploma or GED ⁶	18.1 (0.55)	9.1 (0.37)	6.2 (0.35)	11.3 (0.45)	3.9 (0.27)	11.0 (0.44)	3.0 (0.22)	2.2 (0.22)	5.1 (0.28)	7.6 (0.38)
Some college	16.5 (0.49)	7.2 (0.33)	5.0 (0.28)	9.6 (0.38)	3.1 (0.22)	9.8 (0.40)	2.6 (0.20)	2.0 (0.20)	3.6 (0.24)	6.2 (0.31)
Bachelor's degree or higher	9.3 (0.37)	3.9 (0.26)	2.5 (0.19)	5.6 (0.30)	1.1 (0.14)	5.3 (0.30)	1.3 (0.16)	0.7 (0.11)	2.0 (0.17)	3.0 (0.23)
Current employment status⁷										
Employed	7.5 (0.40)	2.2 (0.27)	1.4 (0.21)	3.3 (0.32)	0.8 (0.11)	4.1 (0.32)	0.8 (0.16)	0.7 (0.19)	0.8 (0.12)	1.6 (0.20)
Full-time	6.3 (0.58)	2.0 (0.45)	1.2 (0.35)	3.1 (0.50)	0.8 (0.21)	3.4 (0.47)	*1.0 (0.33)	0.3 (0.05)	0.7 (0.17)	1.1 (0.15)
Part-time	10.8 (0.78)	2.8 (0.43)	2.0 (0.33)	4.1 (0.49)	1.0 (0.17)	5.7 (0.66)	0.9 (0.21)	1.4 (0.36)	1.0 (0.21)	2.8 (0.51)
Not employed but has worked previously	24.9 (0.57)	13.0 (0.40)	9.4 (0.37)	16.6 (0.47)	6.5 (0.32)	15.6 (0.47)	4.7 (0.26)	3.1 (0.22)	7.8 (0.32)	11.7 (0.43)
Not employed and has never worked	22.2 (1.34)	11.4 (1.02)	9.8 (0.97)	15.3 (1.21)	6.0 (0.80)	13.5 (1.08)	5.2 (0.68)	3.3 (0.47)	8.9 (0.94)	11.3 (1.01)
Family income⁸										
Less than \$35,000	23.7 (0.49)	12.2 (0.34)	9.4 (0.31)	15.6 (0.41)	6.0 (0.30)	14.6 (0.40)	4.4 (0.23)	3.2 (0.20)	7.4 (0.27)	10.8 (0.33)
\$35,000 or more	10.5 (0.27)	4.4 (0.20)	2.9 (0.17)	6.1 (0.22)	1.6 (0.13)	6.3 (0.25)	1.4 (0.11)	1.1 (0.10)	2.4 (0.16)	3.7 (0.20)
\$35,000–\$49,999	14.7 (0.63)	7.0 (0.47)	4.5 (0.41)	9.1 (0.54)	3.0 (0.38)	9.0 (0.57)	2.4 (0.30)	1.7 (0.27)	3.6 (0.38)	6.1 (0.48)
\$50,000–\$74,999	11.7 (0.59)	4.3 (0.36)	3.3 (0.38)	6.4 (0.43)	1.7 (0.23)	6.9 (0.47)	1.8 (0.24)	1.1 (0.19)	2.3 (0.26)	4.1 (0.39)
\$75,000–\$99,999	10.1 (0.63)	4.5 (0.48)	2.8 (0.40)	5.9 (0.51)	1.3 (0.27)	6.1 (0.54)	1.3 (0.24)	1.2 (0.27)	2.1 (0.33)	3.1 (0.41)
\$100,000 or more	7.8 (0.49)	3.0 (0.36)	1.9 (0.29)	4.3 (0.39)	1.0 (0.20)	4.8 (0.46)	0.9 (0.19)	0.8 (0.22)	2.0 (0.30)	2.6 (0.38)
Poverty status⁹										
Poor	27.2 (0.78)	13.7 (0.57)	11.6 (0.55)	18.0 (0.68)	7.5 (0.50)	17.1 (0.64)	5.0 (0.37)	3.7 (0.32)	9.8 (0.49)	13.9 (0.59)
Near poor	21.0 (0.59)	11.3 (0.45)	8.2 (0.38)	13.7 (0.50)	5.1 (0.35)	13.0 (0.49)	4.1 (0.32)	3.0 (0.27)	6.2 (0.36)	9.1 (0.42)
Not poor	10.4 (0.26)	4.4 (0.17)	2.9 (0.15)	5.9 (0.20)	1.4 (0.10)	6.1 (0.22)	1.5 (0.11)	1.1 (0.09)	2.3 (0.13)	3.7 (0.18)

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Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰										
Under 65:										
Private	5.5 (0.24)	1.7 (0.12)	1.2 (0.12)	2.8 (0.18)	1.0 (0.09)	3.2 (0.17)	0.7 (0.08)	0.5 (0.07)	1.0 (0.10)	1.9 (0.14)
Medicaid	25.8 (0.90)	13.1 (0.63)	9.9 (0.57)	17.7 (0.74)	7.5 (0.52)	15.5 (0.73)	4.8 (0.44)	3.4 (0.37)	8.9 (0.55)	12.2 (0.61)
Other	27.1 (2.37)	12.9 (1.17)	9.2 (0.87)	16.1 (1.06)	8.9 (0.91)	18.2 (2.36)	6.6 (0.84)	4.7 (0.79)	7.7 (0.90)	16.4 (2.35)
Uninsured	9.0 (0.55)	3.3 (0.33)	2.5 (0.34)	5.0 (0.45)	2.9 (0.35)	5.7 (0.46)	1.7 (0.24)	1.2 (0.22)	1.8 (0.23)	3.0 (0.32)
65 and over:										
Private	33.2 (0.93)	17.7 (0.77)	12.0 (0.65)	20.7 (0.82)	2.8 (0.31)	20.0 (0.81)	4.4 (0.44)	3.0 (0.36)	7.9 (0.57)	11.7 (0.67)
Medicare and Medicaid	62.4 (2.28)	38.6 (2.43)	33.2 (2.29)	43.6 (2.54)	12.0 (1.65)	42.3 (2.60)	15.5 (1.76)	8.7 (1.53)	32.8 (2.45)	38.4 (2.52)
Medicare only	36.6 (1.22)	20.9 (1.06)	15.5 (0.95)	24.1 (1.09)	5.4 (0.68)	21.4 (1.04)	5.2 (0.52)	4.5 (0.54)	11.4 (0.85)	15.5 (0.96)
Other	43.2 (2.58)	20.2 (2.20)	14.2 (1.81)	28.4 (2.41)	2.9 (0.81)	23.3 (2.26)	6.7 (1.36)	5.6 (1.27)	9.7 (1.60)	14.2 (1.95)
Uninsured	54.5 (6.33)	*12.1 (4.54)	*22.9 (8.13)	*15.1 (5.73)	*	28.3 (7.73)	*	*	*19.1 (8.21)	30.0 (7.75)
Marital status										
Married	11.8 (0.31)	5.1 (0.22)	3.5 (0.18)	7.1 (0.26)	2.1 (0.17)	7.0 (0.27)	1.8 (0.13)	1.3 (0.11)	2.8 (0.16)	4.6 (0.21)
Widowed	20.7 (1.75)	11.6 (1.34)	8.7 (0.94)	13.0 (1.24)	3.4 (0.57)	13.6 (1.59)	3.7 (0.78)	3.3 (0.84)	7.2 (0.78)	9.0 (0.98)
Divorced or separated	20.8 (0.77)	10.0 (0.50)	7.4 (0.46)	13.0 (0.64)	5.5 (0.44)	12.4 (0.57)	3.9 (0.37)	2.4 (0.28)	5.7 (0.37)	8.4 (0.47)
Never married	15.2 (0.66)	7.8 (0.52)	6.5 (0.52)	9.7 (0.58)	3.1 (0.34)	9.2 (0.58)	2.6 (0.34)	1.7 (0.25)	4.5 (0.40)	7.0 (0.53)
Living with a partner	14.3 (1.27)	5.1 (0.73)	3.5 (0.57)	8.1 (0.96)	3.0 (0.50)	8.4 (1.02)	2.3 (0.48)	1.3 (0.31)	3.9 (0.67)	5.7 (0.96)
Place of residence ¹¹										
Large MSA	12.7 (0.30)	6.0 (0.21)	4.3 (0.18)	7.6 (0.24)	2.3 (0.16)	7.7 (0.25)	2.0 (0.13)	1.3 (0.11)	3.6 (0.17)	5.2 (0.21)
Small MSA	14.9 (0.44)	6.8 (0.29)	5.1 (0.27)	9.2 (0.36)	3.0 (0.18)	8.5 (0.39)	2.6 (0.20)	1.7 (0.15)	4.0 (0.21)	6.2 (0.29)
Not in MSA	18.3 (0.73)	8.8 (0.45)	6.3 (0.37)	11.4 (0.56)	4.3 (0.33)	11.4 (0.57)	2.8 (0.25)	2.7 (0.28)	4.7 (0.38)	7.4 (0.47)
Region										
Northeast	11.6 (0.46)	5.4 (0.30)	3.3 (0.25)	6.7 (0.36)	2.0 (0.21)	6.4 (0.38)	1.8 (0.22)	1.1 (0.15)	3.3 (0.25)	4.7 (0.34)
Midwest	14.8 (0.50)	7.1 (0.33)	5.3 (0.32)	9.1 (0.41)	2.5 (0.22)	9.3 (0.44)	2.1 (0.21)	1.6 (0.19)	3.8 (0.24)	5.5 (0.32)
South	15.5 (0.40)	7.4 (0.29)	5.8 (0.25)	9.7 (0.33)	3.5 (0.22)	9.3 (0.35)	2.7 (0.17)	1.8 (0.15)	4.4 (0.22)	6.7 (0.29)
West	13.4 (0.49)	6.0 (0.31)	4.2 (0.27)	8.2 (0.36)	2.5 (0.21)	8.2 (0.40)	2.2 (0.20)	1.9 (0.19)	3.6 (0.25)	5.5 (0.31)

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Hispanic or Latino origin ⁴ , race, and sex										
Hispanic or Latino, male	10.9 (0.76)	4.7 (0.54)	3.6 (0.50)	7.5 (0.65)	2.6 (0.39)	6.6 (0.58)	2.4 (0.40)	1.8 (0.37)	2.8 (0.41)	4.1 (0.51)
Hispanic or Latina, female	16.8 (0.79)	7.1 (0.55)	7.3 (0.55)	9.2 (0.65)	4.0 (0.42)	10.7 (0.68)	3.9 (0.43)	2.7 (0.35)	7.0 (0.57)	8.9 (0.65)
Not Hispanic or Latino:										
White, single race, male	11.3 (0.39)	5.5 (0.28)	3.3 (0.22)	7.0 (0.31)	1.9 (0.17)	6.8 (0.33)	2.1 (0.18)	1.3 (0.14)	2.1 (0.17)	4.0 (0.24)
White, single race, female	16.5 (0.44)	7.4 (0.27)	5.5 (0.26)	9.8 (0.33)	3.4 (0.24)	10.2 (0.39)	2.2 (0.16)	1.7 (0.14)	4.4 (0.23)	6.8 (0.32)
Black or African American, single race, male	12.9 (0.83)	7.4 (0.66)	5.5 (0.57)	8.4 (0.65)	3.2 (0.44)	7.3 (0.66)	2.7 (0.47)	2.1 (0.39)	3.3 (0.45)	5.6 (0.55)
Black or African American, single race, female	21.1 (0.93)	10.7 (0.64)	9.4 (0.72)	13.3 (0.81)	4.0 (0.44)	12.1 (0.70)	3.4 (0.39)	1.6 (0.24)	8.2 (0.58)	10.4 (0.77)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.
 - Quantity zero.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity." For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹	
Total	239,688	36,172	17,085	12,432	22,177	7,111	21,899	5,899	4,238	9,878	14,846	
Sex												
Male	115,541	13,181	6,507	4,120	8,305	2,539	7,912	2,508	1,707	2,718	4,794	
Female	124,148	22,990	10,578	8,311	13,873	4,572	13,987	3,391	2,531	7,160	10,052	
Age (years)												
18–44	112,149	5,521	1,801	1,307	2,981	1,611	2,914	753	599	1,204	2,116	
45–64	82,605	14,471	6,499	4,728	8,807	3,603	9,301	2,748	1,862	3,932	6,217	
65–74	26,362	7,453	3,771	2,657	4,737	990	4,488	954	827	1,909	2,732	
75 and over	18,573	8,726	5,014	3,739	5,653	908	5,197	1,444	951	2,833	3,781	
Race												
One race ²	235,831	35,606	16,831	12,224	21,789	6,956	21,578	5,799	4,161	9,720	14,613	
White	190,462	29,130	13,649	9,655	17,757	5,594	17,908	4,698	3,399	7,359	11,621	
Black or African American	29,355	4,873	2,513	2,071	3,057	1,073	2,831	845	501	1,661	2,298	
American Indian or Alaska Native	1,948	413	205	120	293	91	220	*42	*76	*72	*115	
Asian	13,733	1,111	418	355	620	187	560	206	162	574	532	
Native Hawaiian or Other Pacific Islander	333	*79	*	*	*62	*	*59	*	*	*	*	
Two or more races ³	3,858	566	254	208	388	155	322	99	77	159	233	
Black or African American, white	760	*69	*	*	*54	*	*42	*	-	*27	*30	
American Indian or Alaska Native, white	1,590	373	172	152	251	*84	225	81	*74	92	169	
Hispanic or Latino origin ⁴ and race												
Hispanic or Latino	36,571	3,919	1,579	1,418	2,312	1,022	2,388	867	620	1,327	1,806	
Mexican or Mexican American	22,326	2,276	924	896	1,305	579	1,509	545	421	735	1,122	
Not Hispanic or Latino	203,117	32,252	15,506	11,013	19,865	6,089	19,512	5,032	3,618	8,551	13,040	
White, single race	157,364	25,622	12,223	8,368	15,674	4,678	15,755	3,872	2,826	6,208	9,984	
Black or African American, single race	27,875	4,726	2,458	2,020	2,986	1,050	2,724	841	495	1,604	2,249	

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵											
Less than a high school diploma	27,612	8,179	4,436	3,783	5,439	1,973	5,235	1,563	1,126	3,059	4,136
High school diploma or GED ⁶	52,697	10,799	5,523	3,765	6,753	2,249	6,585	1,794	1,329	3,045	4,518
Some college	59,919	10,068	4,329	3,025	5,889	1,927	5,993	1,581	1,275	2,248	3,844
Bachelor's degree or higher	67,940	5,836	2,329	1,489	3,440	724	3,324	772	446	1,180	1,821
Current employment status⁷											
Employed	146,624	7,930	1,881	1,207	3,250	1,127	4,359	758	678	828	1,966
Full-time	117,112	5,153	1,212	748	2,239	811	2,898	500	339	575	1,194
Part-time	27,205	2,505	587	436	895	276	1,317	229	304	237	704
Not employed but has worked previously	79,316	25,437	13,773	10,027	17,052	5,283	15,874	4,523	3,110	7,929	11,467
Not employed and has never worked	13,623	2,779	1,408	1,176	1,852	691	1,647	607	439	1,107	1,393
Family income⁸											
Less than \$35,000	69,793	18,034	9,441	7,316	11,811	4,271	11,073	3,349	2,409	5,697	8,206
\$35,000 or more	144,503	14,433	5,775	3,794	8,200	2,257	8,693	2,057	1,529	3,090	5,066
\$35,000–\$49,999	28,044	4,342	2,091	1,314	2,684	857	2,662	685	495	1,064	1,780
\$50,000–\$74,999	35,733	4,311	1,595	1,190	2,376	636	2,572	657	413	813	1,519
\$75,000–\$99,999	27,053	2,557	1,019	631	1,429	342	1,503	316	301	482	750
\$100,000 or more	53,673	3,224	1,070	659	1,710	422	1,957	399	321	731	1,016
Poverty status⁹											
Poor	31,383	7,713	3,804	3,189	5,098	2,217	4,844	1,382	1,013	2,702	3,860
Near poor	42,675	9,518	5,223	3,815	6,237	2,161	5,926	1,845	1,317	2,858	4,155
Not poor	152,199	16,834	6,983	4,610	9,524	2,347	9,914	2,386	1,791	3,659	5,911

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰											
Under 65:											
Private	129,666	7,963	2,575	1,766	4,129	1,429	4,746	1,066	762	1,530	2,716
Medicaid	23,239	5,888	2,985	2,254	4,016	1,728	3,534	1,088	762	2,023	2,769
Other	9,095	3,336	1,769	1,224	2,140	1,155	2,207	856	543	1,042	1,917
Uninsured	31,587	2,662	958	746	1,469	847	1,676	489	365	514	873
65 and over:											
Private	22,525	7,216	3,792	2,559	4,485	631	4,330	934	649	1,682	2,510
Medicare and Medicaid	2,951	1,835	1,135	974	1,278	357	1,242	450	257	961	1,123
Medicare only	15,536	5,488	3,118	2,307	3,616	808	3,229	770	666	1,691	2,311
Other	3,513	1,451	674	473	951	100	786	216	189	321	480
Uninsured	313	140	*38	*55	*43	*	75	*	*	*51	*69
Marital status											
Married	126,926	16,776	7,261	4,957	10,048	3,064	10,208	2,692	1,913	3,920	6,473
Widowed	14,312	6,445	3,808	3,024	4,153	775	3,962	1,040	816	2,428	2,938
Divorced or separated	26,802	6,710	3,357	2,458	4,281	1,761	4,101	1,179	782	1,881	2,856
Never married	53,788	4,370	2,015	1,492	2,617	1,016	2,566	662	524	1,198	1,837
Living with a partner	17,497	1,801	613	467	1,041	483	1,008	318	201	444	715
Place of residence ¹¹											
Large MSA	130,402	16,731	7,847	5,665	9,990	3,033	10,206	2,635	1,729	4,750	6,861
Small MSA	73,885	11,803	5,476	4,023	7,335	2,335	6,803	2,071	1,355	3,181	4,892
Not in MSA	35,402	7,638	3,762	2,744	4,852	1,743	4,891	1,193	1,154	1,948	3,094
Region											
Northeast	41,490	5,499	2,612	1,624	3,158	928	3,068	873	531	1,575	2,255
Midwest	55,095	8,621	4,151	3,072	5,324	1,469	5,407	1,216	936	2,197	3,173
South	89,270	14,810	7,109	5,506	9,298	3,328	8,947	2,603	1,757	4,193	6,443
West	53,834	7,242	3,214	2,230	4,398	1,386	4,477	1,207	1,015	1,914	2,976

Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino, male	18,309	1,419	605	406	953	388	797	314	230	342	530
Hispanic or Latina, female	18,262	2,501	974	1,013	1,359	635	1,591	553	390	986	1,276
Not Hispanic or Latino:											
White, single race, male	76,277	9,643	4,774	2,866	6,004	1,641	5,890	1,738	1,119	1,806	3,396
White, single race, female	81,087	15,979	7,450	5,502	9,670	3,036	9,865	2,134	1,707	4,402	6,588
Black or African American, single race, male	12,626	1,537	858	627	996	414	883	319	263	384	688
Black or African American, single race, female	15,249	3,189	1,600	1,393	1,990	636	1,840	522	232	1,220	1,560

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Total	15.1 (0.27)	7.1 (0.18)	5.2 (0.15)	9.3 (0.21)	3.0 (0.12)	9.1 (0.22)	2.5 (0.11)	1.8 (0.09)	4.1 (0.13)	6.2 (0.17)
Sex										
Male	11.4 (0.34)	5.6 (0.23)	3.6 (0.19)	7.2 (0.26)	2.2 (0.14)	6.8 (0.27)	2.2 (0.15)	1.5 (0.12)	2.4 (0.15)	4.1 (0.20)
Female	18.5 (0.39)	8.5 (0.26)	6.7 (0.24)	11.2 (0.31)	3.7 (0.18)	11.3 (0.32)	2.7 (0.15)	2.0 (0.13)	5.8 (0.22)	8.1 (0.27)
Age (years)										
18–44	4.9 (0.25)	1.6 (0.13)	1.2 (0.13)	2.7 (0.19)	1.4 (0.13)	2.6 (0.20)	0.7 (0.08)	0.5 (0.07)	1.1 (0.11)	1.9 (0.17)
45–64	17.5 (0.46)	7.9 (0.32)	5.7 (0.27)	10.7 (0.37)	4.4 (0.22)	11.3 (0.38)	3.3 (0.21)	2.3 (0.17)	4.8 (0.23)	7.5 (0.30)
65–74	28.3 (0.87)	14.3 (0.71)	10.1 (0.56)	18.0 (0.75)	3.8 (0.33)	17.0 (0.74)	3.6 (0.35)	3.1 (0.35)	7.2 (0.50)	10.4 (0.56)
75 and over	47.0 (1.14)	27.0 (1.00)	20.1 (0.92)	30.4 (1.03)	4.9 (0.54)	28.0 (1.04)	7.8 (0.61)	5.1 (0.49)	15.3 (0.80)	20.4 (0.96)
Race										
One race ²	15.1 (0.27)	7.1 (0.18)	5.2 (0.16)	9.2 (0.21)	2.9 (0.12)	9.1 (0.23)	2.5 (0.11)	1.8 (0.09)	4.1 (0.13)	6.2 (0.17)
White	15.3 (0.31)	7.2 (0.21)	5.1 (0.17)	9.3 (0.24)	2.9 (0.13)	9.4 (0.26)	2.5 (0.12)	1.8 (0.11)	3.9 (0.15)	6.1 (0.19)
Black or African American	16.6 (0.68)	8.6 (0.45)	7.1 (0.46)	10.4 (0.54)	3.7 (0.31)	9.6 (0.48)	2.9 (0.29)	1.7 (0.22)	5.7 (0.38)	7.8 (0.50)
American Indian or Alaska Native	21.2 (3.50)	10.5 (2.15)	6.2 (1.53)	15.0 (3.14)	4.7 (1.26)	11.3 (2.00)	*2.2 (1.00)	*3.9 (1.44)	*3.7 (1.13)	5.9 (1.55)
Asian	8.1 (0.70)	3.0 (0.45)	2.6 (0.41)	4.5 (0.53)	1.4 (0.32)	4.1 (0.51)	1.5 (0.30)	1.2 (0.33)	4.2 (0.54)	3.9 (0.51)
Native Hawaiian or Other Pacific Islander	*23.9 (8.14)	*14.0 (6.64)	*	*18.7 (7.46)	*	*17.7 (7.23)	*	*	*15.9 (7.31)	*14.3 (6.43)
Two or more races ³	14.7 (1.78)	6.6 (1.13)	5.4 (1.04)	10.1 (1.49)	4.0 (0.89)	8.3 (1.33)	2.6 (0.67)	2.0 (0.59)	4.1 (0.79)	6.0 (1.09)
Black or African American, white	*9.1 (2.88)	*	*	*7.1 (2.54)	*	*5.5 (2.33)	*	-	*3.6 (1.74)	*3.9 (1.76)
American Indian or Alaska Native, white	23.4 (3.62)	10.8 (2.33)	9.6 (2.18)	15.8 (3.06)	*5.3 (1.61)	14.1 (2.78)	5.1 (1.52)	*4.7 (1.45)	5.8 (1.41)	10.6 (2.31)
Hispanic or Latino origin ⁴ and race										
Hispanic or Latino	10.7 (0.52)	4.3 (0.30)	3.9 (0.28)	6.3 (0.39)	2.8 (0.23)	6.5 (0.39)	2.4 (0.23)	1.7 (0.19)	3.6 (0.28)	4.9 (0.36)
Mexican or Mexican American	10.2 (0.67)	4.1 (0.38)	4.0 (0.38)	5.8 (0.49)	2.6 (0.29)	6.8 (0.52)	2.4 (0.30)	1.9 (0.26)	3.3 (0.35)	5.0 (0.51)
Not Hispanic or Latino	15.9 (0.30)	7.6 (0.21)	5.4 (0.18)	9.8 (0.24)	3.0 (0.13)	9.6 (0.25)	2.5 (0.12)	1.8 (0.10)	4.2 (0.15)	6.4 (0.19)
White, single race	16.3 (0.35)	7.8 (0.24)	5.3 (0.20)	10.0 (0.28)	3.0 (0.15)	10.0 (0.30)	2.5 (0.14)	1.8 (0.12)	3.9 (0.17)	6.3 (0.22)
Black or African American, single race	17.0 (0.69)	8.8 (0.47)	7.2 (0.48)	10.7 (0.56)	3.8 (0.32)	9.8 (0.49)	3.0 (0.31)	1.8 (0.23)	5.8 (0.39)	8.1 (0.52)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Education⁵										
Less than a high school diploma	29.6 (0.92)	16.1 (0.74)	13.7 (0.68)	19.7 (0.79)	7.1 (0.55)	19.0 (0.82)	5.7 (0.44)	4.1 (0.35)	11.1 (0.62)	15.0 (0.72)
High school diploma or GED ⁶	20.5 (0.61)	10.5 (0.43)	7.1 (0.37)	12.8 (0.49)	4.3 (0.29)	12.5 (0.50)	3.4 (0.25)	2.5 (0.25)	5.8 (0.32)	8.6 (0.41)
Some college	16.8 (0.54)	7.2 (0.35)	5.0 (0.29)	9.8 (0.41)	3.2 (0.22)	10.0 (0.44)	2.6 (0.21)	2.1 (0.21)	3.8 (0.25)	6.4 (0.32)
Bachelor's degree or higher	8.6 (0.37)	3.4 (0.23)	2.2 (0.17)	5.1 (0.28)	1.1 (0.13)	4.9 (0.29)	1.1 (0.14)	0.7 (0.09)	1.7 (0.16)	2.7 (0.21)
Current employment status⁷										
Employed	5.4 (0.21)	1.3 (0.09)	0.8 (0.09)	2.2 (0.14)	0.8 (0.09)	3.0 (0.17)	0.5 (0.06)	0.5 (0.06)	0.6 (0.07)	1.3 (0.12)
Full-time	4.4 (0.22)	1.0 (0.10)	0.6 (0.09)	1.9 (0.15)	0.7 (0.10)	2.5 (0.17)	0.4 (0.06)	0.3 (0.05)	0.5 (0.07)	1.0 (0.10)
Part-time	9.2 (0.68)	2.2 (0.30)	1.6 (0.24)	3.3 (0.37)	1.0 (0.16)	4.8 (0.58)	0.8 (0.18)	1.1 (0.23)	0.9 (0.17)	2.6 (0.48)
Not employed but has worked previously	32.1 (0.59)	17.4 (0.45)	12.6 (0.39)	21.5 (0.49)	6.7 (0.29)	20.0 (0.52)	5.7 (0.27)	3.9 (0.24)	10.0 (0.34)	14.5 (0.43)
Not employed and has never worked	20.4 (1.23)	10.3 (0.85)	8.6 (0.77)	13.6 (1.04)	5.1 (0.66)	12.1 (0.94)	4.5 (0.53)	3.2 (0.45)	8.1 (0.76)	10.2 (0.84)
Family income⁸										
Less than \$35,000	25.8 (0.58)	13.5 (0.40)	10.5 (0.35)	16.9 (0.46)	6.1 (0.30)	15.9 (0.45)	4.8 (0.25)	3.5 (0.22)	8.2 (0.31)	11.8 (0.37)
\$35,000 or more	10.0 (0.29)	4.0 (0.19)	2.6 (0.16)	5.7 (0.22)	1.6 (0.12)	6.0 (0.24)	1.4 (0.11)	1.1 (0.10)	2.1 (0.14)	3.5 (0.19)
\$35,000–\$49,999	15.5 (0.73)	7.5 (0.53)	4.7 (0.44)	9.6 (0.61)	3.1 (0.39)	9.5 (0.62)	2.4 (0.31)	1.8 (0.27)	3.8 (0.41)	6.3 (0.52)
\$50,000–\$74,999	12.1 (0.63)	4.5 (0.38)	3.3 (0.37)	6.7 (0.46)	1.8 (0.23)	7.2 (0.49)	1.8 (0.25)	1.2 (0.20)	2.3 (0.26)	4.3 (0.40)
\$75,000–\$99,999	9.5 (0.66)	3.8 (0.43)	2.3 (0.32)	5.3 (0.50)	1.3 (0.24)	5.6 (0.53)	1.2 (0.21)	1.1 (0.23)	1.8 (0.28)	2.8 (0.36)
\$100,000 or more	6.0 (0.40)	2.0 (0.23)	1.2 (0.19)	3.2 (0.29)	0.8 (0.13)	3.6 (0.34)	0.7 (0.15)	0.6 (0.13)	1.4 (0.21)	1.9 (0.28)
Poverty status⁹										
Poor	24.6 (0.86)	12.1 (0.56)	10.2 (0.53)	16.2 (0.69)	7.1 (0.50)	15.4 (0.65)	4.4 (0.33)	3.2 (0.30)	8.6 (0.46)	12.3 (0.59)
Near poor	22.3 (0.67)	12.2 (0.52)	8.9 (0.43)	14.6 (0.55)	5.1 (0.36)	13.9 (0.55)	4.3 (0.32)	3.1 (0.28)	6.7 (0.40)	9.7 (0.46)
Not poor	11.1 (0.29)	4.6 (0.19)	3.0 (0.16)	6.3 (0.22)	1.5 (0.10)	6.5 (0.24)	1.6 (0.11)	1.2 (0.10)	2.4 (0.13)	3.9 (0.18)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Health insurance coverage ¹⁰										
Under 65:										
Private	6.1 (0.26)	2.0 (0.13)	1.4 (0.12)	3.2 (0.19)	1.1 (0.10)	3.7 (0.20)	0.8 (0.09)	0.6 (0.08)	1.2 (0.11)	2.1 (0.15)
Medicaid	25.3 (0.97)	12.8 (0.67)	9.7 (0.58)	17.3 (0.79)	7.4 (0.52)	15.2 (0.76)	4.7 (0.44)	3.3 (0.37)	8.7 (0.56)	11.9 (0.64)
Other	36.7 (1.99)	19.4 (1.56)	13.5 (1.13)	23.5 (1.49)	12.7 (1.18)	24.3 (1.82)	9.4 (1.03)	6.0 (0.87)	11.5 (1.16)	21.1 (1.78)
Uninsured	8.4 (0.55)	3.0 (0.31)	2.4 (0.33)	4.6 (0.44)	2.7 (0.35)	5.3 (0.45)	1.5 (0.23)	1.2 (0.21)	1.6 (0.22)	2.8 (0.30)
65 and over:										
Private	32.0 (0.93)	16.8 (0.75)	11.4 (0.63)	19.9 (0.81)	2.8 (0.31)	19.2 (0.79)	4.1 (0.41)	2.9 (0.35)	7.5 (0.55)	11.1 (0.65)
Medicare and Medicaid	62.2 (2.30)	38.5 (2.43)	33.0 (2.28)	43.3 (2.56)	12.1 (1.65)	42.1 (2.59)	15.2 (1.72)	8.7 (1.57)	32.6 (2.44)	38.0 (2.51)
Medicare only	35.3 (1.21)	20.1 (1.04)	14.9 (0.92)	23.3 (1.05)	5.2 (0.63)	20.8 (1.00)	5.0 (0.49)	4.3 (0.51)	10.9 (0.80)	14.9 (0.92)
Other	41.3 (2.59)	19.2 (2.10)	13.5 (1.70)	27.1 (2.32)	2.9 (0.81)	22.4 (2.17)	6.2 (1.20)	5.4 (1.15)	9.1 (1.54)	13.7 (1.86)
Uninsured	44.8 (7.71)	*12.2 (4.81)	*17.7 (6.73)	*13.9 (5.21)	*	24.1 (6.23)	*	*	*16.3 (6.77)	*21.9 (7.36)
Marital status										
Married	13.2 (0.35)	5.7 (0.25)	3.9 (0.20)	7.9 (0.28)	2.4 (0.17)	8.0 (0.30)	2.1 (0.14)	1.5 (0.12)	3.1 (0.17)	5.1 (0.23)
Widowed	45.0 (1.14)	26.6 (1.04)	21.1 (0.99)	29.0 (1.03)	5.4 (0.46)	27.7 (1.11)	7.3 (0.63)	5.7 (0.58)	17.0 (0.88)	20.5 (0.99)
Divorced or separated	25.0 (0.81)	12.5 (0.57)	9.2 (0.50)	16.0 (0.67)	6.6 (0.44)	15.3 (0.63)	4.4 (0.36)	2.9 (0.30)	7.0 (0.42)	10.7 (0.55)
Never married	8.1 (0.41)	3.7 (0.26)	2.8 (0.22)	4.9 (0.29)	1.9 (0.18)	4.8 (0.34)	1.2 (0.15)	1.0 (0.14)	2.2 (0.20)	3.4 (0.30)
Living with a partner	10.3 (0.89)	3.5 (0.47)	2.7 (0.46)	6.0 (0.70)	2.8 (0.39)	5.8 (0.62)	1.8 (0.34)	1.1 (0.29)	2.5 (0.38)	4.1 (0.57)
Place of residence ¹¹										
Large MSA	12.8 (0.34)	6.0 (0.23)	4.3 (0.20)	7.7 (0.27)	2.3 (0.16)	7.8 (0.27)	2.0 (0.13)	1.3 (0.11)	3.6 (0.18)	5.3 (0.22)
Small MSA	16.0 (0.50)	7.4 (0.33)	5.4 (0.29)	9.9 (0.41)	3.2 (0.19)	9.2 (0.42)	2.8 (0.22)	1.8 (0.16)	4.3 (0.23)	6.6 (0.31)
Not in MSA	21.6 (0.91)	10.6 (0.58)	7.8 (0.49)	13.7 (0.69)	4.9 (0.36)	13.8 (0.74)	3.4 (0.30)	3.3 (0.34)	5.5 (0.44)	8.7 (0.55)
Region										
Northeast	13.3 (0.55)	6.3 (0.37)	3.9 (0.30)	7.6 (0.42)	2.2 (0.23)	7.4 (0.45)	2.1 (0.26)	1.3 (0.18)	3.8 (0.30)	5.4 (0.41)
Midwest	15.6 (0.60)	7.5 (0.40)	5.6 (0.35)	9.7 (0.49)	2.7 (0.24)	9.8 (0.52)	2.2 (0.22)	1.7 (0.21)	4.0 (0.27)	5.8 (0.33)
South	16.6 (0.47)	8.0 (0.34)	6.2 (0.28)	10.4 (0.38)	3.7 (0.23)	10.0 (0.38)	2.9 (0.19)	2.0 (0.16)	4.7 (0.24)	7.2 (0.31)
West	13.5 (0.55)	6.0 (0.33)	4.1 (0.28)	8.2 (0.40)	2.6 (0.21)	8.3 (0.44)	2.2 (0.20)	1.9 (0.19)	3.6 (0.25)	5.5 (0.32)

Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Any physical difficulty ¹	Very difficult to or cannot walk quarter of a mile ¹	Very difficult to or cannot climb up 10 steps without resting ¹	Very difficult to or cannot stand for 2 hours ¹	Very difficult to or cannot sit for 2 hours ¹	Very difficult to or cannot stoop, bend, or kneel ¹	Very difficult to or cannot reach over head ¹	Very difficult to or cannot grasp or handle small objects ¹	Very difficult to or cannot lift or carry 10 pounds ¹	Very difficult to or cannot push or pull large objects ¹
Hispanic or Latino origin ⁴ , race, and sex										
Hispanic or Latino, male	7.7 (0.59)	3.3 (0.39)	2.2 (0.32)	5.2 (0.48)	2.1 (0.30)	4.4 (0.40)	1.7 (0.29)	1.3 (0.24)	1.9 (0.26)	2.9 (0.35)
Hispanic or Latina, female	13.7 (0.80)	5.3 (0.44)	5.5 (0.45)	7.4 (0.59)	3.5 (0.35)	8.7 (0.62)	3.0 (0.34)	2.1 (0.29)	5.4 (0.47)	7.0 (0.59)
Not Hispanic or Latino:										
White, single race, male	12.6 (0.45)	6.3 (0.32)	3.8 (0.25)	7.9 (0.35)	2.2 (0.18)	7.7 (0.37)	2.3 (0.19)	1.5 (0.15)	2.4 (0.19)	4.5 (0.26)
White, single race, female	19.7 (0.51)	9.2 (0.35)	6.8 (0.31)	11.9 (0.40)	3.7 (0.23)	12.2 (0.43)	2.6 (0.19)	2.1 (0.17)	5.4 (0.27)	8.1 (0.35)
Black or African American, single race, male	12.2 (0.85)	6.8 (0.64)	5.0 (0.52)	7.9 (0.65)	3.3 (0.46)	7.0 (0.67)	2.5 (0.47)	2.1 (0.40)	3.0 (0.42)	5.5 (0.55)
Black or African American, single race, female	20.9 (0.97)	10.5 (0.66)	9.1 (0.71)	13.0 (0.81)	4.2 (0.44)	12.1 (0.72)	3.4 (0.41)	1.5 (0.24)	8.0 (0.59)	10.2 (0.77)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are not included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.