## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) IDN Variables Wednesday, June 4, 2008 Unweighted Frequencies

IDN.000\_00.000: File type identifier

RECTYPE	Frequency	Percent
10 Household	0	0.00
20 Person	0	0.00
30 Sample Adult	0	0.00
31 Sample Adult Cancer	0	0.00
34 Adult Alternative Medicine	23393	100.00
40 Sample Child	0	0.00
44 Child Alternative Medicine	0	0.00
60 Family	0	0.00
70 Injury/Poisoning Episode	0	0.00
75 Injury/Poisoning Verbatim	0	0.00

IDN.000\_02.000: Year of National Health Interview Survey

SRVY_YR	Frequency	Percent
Survey Year	23393	100.00

IDN.000\_04.000: HH identifier

HHX	Frequency	Percent
All Values	23393	100.00

IDN.000\_35.000: Family Serial Number

FMX	Frequency	Percent
01-25 Family number 1 - 25	23393	100.00

IDN.000\_40.000: Person Number (in family)

FPX						Fre	equency	Percent
01-25	Person	number	1	thru	25		23393	100.00

IDN.000\_70.000: Weight - Final Annual

WTFA_SA	Frequency	Percent
All Values	23393	100.00

UCF.000\_00.000: Pseudo-stratum for public use file variance estimation

STRAT_P	Frequency	Percent
001-300	23393	100.00

UCF.000\_00.000: Pseudo-PSU for public use file variance estimation

PSU_P	Frequency	Percent
01-02	23393	100.00

ALT.010\_00.000: Ever saw a provider for acupuncture

ACU_EVER	Frequency	Percent
1 Yes	1532	6.55
2 No	21214	90.69
7 Refused	68	0.29
8 Not ascertained	556	2.38
9 Don't know	23	0.10

ALT.012\_00.000: Ever saw a provider for ayurveda

AYU_EVER	Frequency	Percent
1 Yes	131	0.56
2 No	22601	96.61
7 Refused	67	0.29
8 Not ascertained	566	2.42
9 Don't know	28	0.12

ALT.014\_00.000: Ever saw a provider for biofeedback

BIO_EVER	Frequency	Percent
1 Yes	287	1.23
2 No	22446	95.95
7 Refused	66	0.28
8 Not ascertained	567	2.42
9 Don't know	27	0.12

ALT.016\_00.000: Ever saw a provider for chelation therapy

CHE_EVER	Frequency	Percent
1		0.24
1 Yes	80	0.34
2 No	22653	96.84
7 Refused	65	0.28
8 Not ascertained	569	2.43
9 Don't know	26	0.11

ALT.018\_00.000: Ever saw a provider for chiropractic or osteopathic manipulation

COM_EVER	Frequency	Percent
1 Yes	5126	21.91
2 No	17601	75.24
7 Refused	71	0.30
8 Not ascertained	573	2.45
9 Don't know	22	0.09

## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.020\_00.000: Ever saw a provider for energy healing therapy

EHT_EVER		Frequency	Percent
1 Yes		402	1.72
2 No		22325	95.43
7 Refused		68	0.29
8 Not asce	rtained	575	2.46
9 Don't kn	WOJ	23	0.10

ALT.022\_00.000: Ever saw a provider for hypnosis

HYP_EVER	Frequency	Percent
1 Yes	547	2.34
2 No	22180	94.81
7 Refused	70	0.30
8 Not ascertained	576	2.46
9 Don't know	20	0.09

ALT.024\_00.000: Ever saw a provider for massage

MAS_EVER	Frequency	Percent
1 Yes	3748	16.02
2 No	18976	81.12
7 Refused	70	0.30
8 Not ascertained	576	2.46
9 Don't know	23	0.10

ALT.026\_00.000: Ever saw a provider for naturopathy

NAT_EVER	Frequency	Percent
1 Yes	353	1.51
2 No	22361	95.59
7 Refused	73	0.31
8 Not ascertained	579	2.48
9 Don't know	27	0.12

ALT.028\_00.000: Saw practitioner for acupuncture, past 12 months

ACU_USEM	Frequency	Percent
1 Yes	344	22.45
2 No	1188	77.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.030\_00.000: Number of times saw practitioner for acupuncture

rrequesto	Percent
88	25.58
150	43.60
58	16.86
18	5.23
12	3.49
17	4.94
0	0.00
0	0.00
1	0.29
	150 58 18 12 17

Frequency Missing = 23049

ALT.032\_00.000: Amount paid per visit to practitioner for acupuncture

ACU_PAY	Frequency	Percent
000-499 \$0-\$499	324	94.19
500 \$500 or more	1	0.29
997 Refused	7	2.03
998 Not ascertained	0	0.00
999 Don't know	12	3.49

Frequency Missing = 23049

ALT.034\_00.000: Used acupuncture for a specific health problem or condition

ACU_TRET	Frequency	Percent
1 Yes	296	86.05
2 No	47	13.66
7 Refused	0	0.00
8 Not ascertained	1	0.29
9 Don't know	0	0.00

Frequency Missing = 23049

ALT.036\_01.000: Used acupuncture for acid reflux or heartburn

ACUCND01	Frequency	Percent
1 Mentioned	4	1.35
2 Not mentioned	289	97.64
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_02.000: Used acupuncture for angina

ACUCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_03.000: Used acupuncture for anxiety

ACUCND03	Frequency	Percent
1 Mentioned	 2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_04.000: Used acupuncture for asthma

ACUCND04	Frequency	Percent
1 Mentioned	4	1.35
2 Not mentioned	289	97.64
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_05.000: Used acupuncture for arthritis

ACUCND05	Frequency	Percent
1 Mentioned	18	6.08
2 Not mentioned	275	92.91
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_06.000: Used acupuncture for Attention Deficit Disorder/Hyperactivity

ACUCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_07.000: Used acupuncture for autism

ACUCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_08.000: Used acupuncture for benign tumors, cysts

ACUCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_09.000: Used acupuncture for bipolar disorder

ACUCND09	Frequency	Percent
1 Monting		0.00
1 Mentioned	U	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_10.000: Used acupuncture for birth defect

ACUCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_11.000: Used acupuncture for cancer

ACUCND11	Frequency	Percent
1 Mentioned	1	0.34
2 Not mentioned	292	98.65
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_12.000: Used acupuncture for cholesterol

ACUCND12	Frequency	Percent
1 Mentioned 2 Not mentioned	0 293	0.00 98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_13.000: Used acupuncture for chronic bronchitis

ACUCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

2007 National Health Interview Survey (NHIS)

Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

Unweighted Frequencies

ALT.036\_14.000: Used acupuncture for circulation problems (other than in the legs)

ACUCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_15.000: Used acupuncture for constipation severe enough to require medication

ACUCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_16.000: Used acupuncture for coronary heart disease

ACUCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_17.000: Used acupuncture for dementia, including Alzheimer's Disease

ACUCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	293	98.99 0.68
8 Not ascertained	0	0.00
9 Don't know	1	0 34

ALT.036\_18.000: Used acupuncture for dental pain

ACUCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_19.000: Used acupuncture for depression

ACUCND19	Frequency	Percent
1 Mentioned 2 Not mentioned	2 291	0.68 98.31
7 Refused	2	0.68
8 Not ascertained 9 Don't know	1	0.00

Frequency Missing = 23097

ALT.036\_20.000: Used acupuncture for diabetes

ACUCND20	Frequency	Percent
1 Mentioned	1	0.34
2 Not mentioned	292	98.65
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_21.000: Used acupuncture for emphysema

ACUCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_22.000: Used acupuncture for excessive sleepiness during the day

ACUCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_23.000: Used acupuncture for excessive use of alcohol or tobacco

ACUCND23	Frequency	Percent
1 Mentioned	 5	1.69
2 Not mentioned	288	97.30
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_24.000: Used acupuncture for fibromyalgia

ACUCND24	Frequency	Percent
1 Mentioned	9	3.04
2 Not mentioned	284	95.95
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_25.000: Used acupuncture for fracture, bone/joint injury

ACUCND25	Frequency	Percent
1 Mentioned	6	2.03
2 Not mentioned	287	96.96
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_26.000: Used acupuncture for gout

ACUCND26	Frequency	Percent
1 Mentioned	1	0.34
2 Not mentioned	292	98.65
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_27.000: Used acupuncture for gum disease

ACUCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_28.000: Used acupuncture for gynecologic problem

ACUCND28	Frequency	Percent
1 Mentioned 2 Not mentioned	6 287	2.03 96.96
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_29.000: Used acupuncture for hay fever

ACUCND29	Frequency	Percent
1 Mentioned 2 Not mentioned	6 287	2.03 96.96
7 Refused	2	0.68
8 Not ascertained 9 Don't know	0	0.00
9 DOIL C KITOW		0.34

ALT.036\_30.000: Used acupuncture for hearing problem

ACUCND30	Frequency	Percent
1 Mentioned	4	1.35
2 Not mentioned	289	97.64
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_31.000: Used acupuncture for heart attack

ACUCND31	Frequency	Percent
1 Mentioned 2 Not mentioned	0 293	0.00
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_32.000: Used acupuncture for other heart condition or disease

ACUCND32	Frequency	Percent
1 Mentioned	2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_33.000: Used acupuncture for hernia

ACUCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_34.000: Used acupuncture for hypertension

ACUCND34	Frequency	Percent
1 Mentioned	2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_35.000: Used acupuncture for inflammatory bowel disease

ACUCND35	Frequency	Percent
1 Mentioned 2 Not mentioned	0 293	0.00 98.99
7 Refused	293	0.68
8 Not ascertained 9 Don't know	0 1	0.00

Frequency Missing = 23097

ALT.036\_36.000: Used acupuncture for influenza or pneumonia

ACUCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_37.000: Used acupuncture for insomnia or trouble sleeping

ACUCND37	Frequency	Percent
1 Mentioned	7	2.36
2 Not mentioned	286	96.62
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_38.000: Used acupuncture for irritable bowel

ACUCND38	Frequency	Percent
1 Mentioned	1	0.34
2 Not mentioned	292	98.65
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_39.000: Used acupuncture for jaw pain

ACUCND39	Frequency	Percent
1 Mentioned 2 Not mentioned	1 292	0.34 98.65
7 Refused	292	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_40.000: Used acupuncture for joint pain or stiffness/other joint condition

ACUCND40	Frequency	Percent
1 Mentioned	36	12.16
2 Not mentioned	257	86.82
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_41.000: Used acupuncture for knee problems (not arthritis, not joint injury)

ACUCND41	Frequency	Percent
1 Mentioned	4	1.35
2 Not mentioned	289	97.64
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_42.000: Used acupuncture for liver problem

ACUCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_43.000: Used acupuncture for lung/breathing problem (not already listed)

ACUCND43	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	293 2	98.99 0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_44.000: Used acupuncture for lupus

ACUCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_45.000: Used acupuncture for mania or psychosis

ACUCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_46.000: Used acupuncture for memory loss or loss of other cognitive function

ACUCND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_47.000: Used acupuncture for menopause

ACUCND47	Frequency	Percent
1 Mentioned	3	1.01
2 Not mentioned	290	97.97
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_48.000: Used acupuncture for menstrual problems

ACUCND48	Frequency	Percent
1 Mentioned	4	1.35
2 Not mentioned	289	97.64
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_49.000: Used acupuncture for mental retardation

A	CUCND49	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	293	98.99
7	Refused	2	0.68
8	Not ascertained	0	0.00
9	Don't know	1	0.34

ALT.036\_50.000: Used acupuncture for missing limbs (fingers, toes or digits), amputee

ACUCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_51.000: Used acupuncture for osteoporosis, tendinitis

ACUCND51	Frequency	Percent
1 Mentioned	1	0.34
2 Not mentioned	292	98.65
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_52.000: Used acupuncture for other developmental problem

ACUCND52	Frequency	Percent
1 24 1 1		0.00
1 Mentioned	U	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_53.000: Used acupuncture for other injury

ACUCND53	Frequency	Percent
1 Mentioned 2 Not mentioned	0 293	0.00 98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

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Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

Unweighted Frequencies

ALT.036\_54.000: Used acupuncture for other nerve damage, including carpal tunnel syndrome

ACUCND54	Frequency	Percent
1 Mentioned	7	2.36
2 Not mentioned	286	96.62
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_55.000: Used acupuncture for phobia or fears

ACUCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_56.000: Used acupuncture for polio (myelitis), paralysis, para/quadriplegia

ACUCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_57.000: Used acupuncture for poor circulation in legs

ACUCND57	Frequency	Percent
1 Mentioned	2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_58.000: Used acupuncture for prostate trouble or impotence

Frequency	Percent
0	0.00
293	98.99
2	0.68
0	0.00
1	0.34
	0 293

Frequency Missing = 23097

ALT.036\_59.000: Used acupuncture for regular headaches

ACUCND59	Frequency	Percent
1 Mentioned	8	2.70
2 Not mentioned	285	96.28
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_60.000: Used acupuncture for rheumatoid arthritis

ACUCND60	Frequency	Percent
1 Mentioned	2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_61.000: Used acupuncture for schizophrenia

ACUCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	293 2	98.99 0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_62.000: Used acupuncture for seizures

ACUCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_63.000: Used acupuncture for senility

ACUCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_64.000: Used acupuncture for sinusitis

ACUCND64	Frequency	Percent
1 Mentioned 2 Not mentioned	2 2 291	0.68 98.31
7 Refused	2	0.68
<pre>8 Not ascertained 9 Don't know</pre>	0 1	0.00 0.34

Frequency Missing = 23097

ALT.036\_65.000: Used acupuncture for skin problems

ACUCND65	Frequency	Percent
1 Mentioned	3	1.01
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	290 2	97.97 0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_66.000: Used acupuncture for sprain or strain

ACUCND66	Frequency	Percent
1 Mentioned	 7	2.36
2 Not mentioned	286	96.62
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_67.000: Used acupuncture for stroke

ACUCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_68.000: Used acupuncture for substance abuse, other than alcohol or tobacco

ACUCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_69.000: Used acupuncture for other (specify)

ACUCND69	Frequency	Percent
1 Mentioned	7	2.36
2 Not mentioned	286	96.62
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_70.000: Used acupuncture for other (specify)

ACUCND70	Frequency	Percent
1 Mentioned	2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_71.000: Used acupuncture for ulcer

ACUCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_72.000: Used acupuncture for urinary problem

ACUCND72	Frequency	Percent
1 Mentioned	3	1.01
2 Not mentioned	290	97.97
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_73.000: Used acupuncture for varicose veins, hemorrhoids

ACUCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_74.000: Used acupuncture for vision problem

ACUCND74	Frequency	Percent
1 Mentioned	2	0.68
2 Not mentioned	291	98.31
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_75.000: Used acupuncture for weak or failing kidneys

ACUCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	293	98.99
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_76.000: Used acupuncture for weight problem

ACUCND76	Frequency	Percent
1 Mentioned	8	2.70
2 Not mentioned	285	96.28
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_77.000: Used acupuncture for back pain or problem

ACUCND77	Frequency	Percent
1 Mentioned	87	29.39
2 Not mentioned	206	69.59
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_78.000: Used acupuncture for head or chest cold

ACUCND78	Frequency	Percent
1 Mentioned	5	1.69
2 Not mentioned	288	97.30
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_79.000: Used acupuncture for neck pain or problem

ACUCND79	Frequency	Percent
1 Mentioned	38	12.84
2 Not mentioned	255	86.15
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_80.000: Used acupuncture for severe headache or migraine

ACUCND80	Frequency	Percent
1 Mentioned	13	4.39
2 Not mentioned	280	94.59
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_81.000: Used acupuncture for stomach or intestinal illness

ACUCND81	Frequency	Percent
1 Mentioned	9	3.04
2 Not mentioned	284	95.95
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_82.000: Used acupuncture for other (specify)

ACUCND82	Frequency	Percent
1 Mentioned	20	6.76
2 Not mentioned	273	92.23
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_83.000: Used acupuncture for anemia and other blood disorders

A	CUCND83	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	293	98.99
7	Refused	2	0.68
8	Not ascertained	0	0.00
9	Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_84.000: Used acupuncture for other allergies

ACUCND84	Frequency	Percent
1 Mentioned	3	1.01
2 Not mentioned	290	97.97
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_85.000: Used acupuncture for other infectious diseases and problems of the immune system

ACUCND85	Frequency	Percent
1 Mentioned	3	1.01
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	290 2	97.97 0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

ALT.036\_86.000: Used acupuncture for other musculoskeletal

ACUCND86	Frequency	Percent
1 Mentioned	 12	4.05
2 Not mentioned	281	94.93
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_87.000: Used acupuncture for stress

ACUCND87	Frequency	Percent
1 Mentioned	4	1.35
2 Not mentioned	289	97.64
7 Refused	2	0.68
8 Not ascertained	0	0.00
9 Don't know	1	0.34

Frequency Missing = 23097

ALT.036\_91.000: Condition count for acupuncture

ACUCONCT	Frequency	Percent
01-40 1-40 conditions	293	98.99
97 Refused	2	0.68
98 Not ascertained	0	0.00
99 Don't know	1	0.34

Frequency Missing = 23097

ALT.037\_00.000: Used acupuncture for other (specify)

ACU_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	81	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

 $ALT.038\_00.000$ : Condition for which acupuncture was used the most

ACU_MOST	Frequency	Percent
01 Acid reflux or heartburn	2	0.68
02 Angina	0	0.00
03 Anxiety	1	0.34
04 Asthma	2	0.68
05 Arthritis	14	4.78
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer 12 Cholesterol	1	0.34
12 Cholesterol 13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	1	0.34
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	1	0.34
24 Fibromyalgia	4	1.37
25 Fracture, bone/joint injury	5	1.71
26 Gout	1	0.34
27 Gum disease	0	0.00
28 Gynecologic problem	1	0.34
29 Hay fever	3	1.02
30 Hearing problem	2	0.68
31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
34 Hypertension	1	0.34
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia 37 Insomnia or trouble sleeping	0 5	0.00 1.71
38 Irritable bowel	_	0.34
39 Jaw pain	1 1	0.34
40 Joint pain or stiffness/other joint condition	28	9.56
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	2	0.68
48 Menstrual problems	2	0.68
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	1	0.34

ALT.038\_00.000: Condition for which acupuncture was used the most

ACU_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	1	0.34
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	4	1.37
60 Rheumatoid arthritis	2	0.68
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	1	0.34
65 Skin problems	2	0.68
66 Sprain or strain	4	1.37
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	5	1.71
70 Filled problem	2	0.68
71 Ulcer	0	0.00
72 Urinary problem	1	0.34
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	70	23.89
78 Head or chest cold	3	1.02
79 Neck pain or problem	27	9.22
80 Severe headache or migraine	8	2.73
81 Stomach or intestinal illness	7	2.39
82 Other - specify	75	25.60
97 Refused	1	0.34
98 Not ascertained	0	0.00
99 Don't know	1	0.34

Frequency Missing = 23100

ALT.040\_01.000: Received no conventional medical treatment for condition for which acupuncture was used the most

ACUMED00	Frequency	Percent
1 Mentioned	122	41.92
2 Not mentioned	168	57.73
7 Refused	0	0.00
8 Not ascertained	1	0.34
9 Don't know	0	0.00

ALT.040\_02.000: Received prescription medications for condition for which acupuncture was used the most

ACUMED01	Frequency	Percent
1 Mentioned	111	38.14
2 Not mentioned	179	61.51
7 Refused	0	0.00
8 Not ascertained	1	0.34
9 Don't know	0	0.00

Frequency Missing = 23102

ALT.040\_03.000: Received over-the-counter medications for condition for which acupuncture was used the most

ACUMED02	Frequency	Percent
1 Mentioned	82	28.18
2 Not mentioned	208	71.48
7 Refused	0	0.00
8 Not ascertained	1	0.34
9 Don't know	0	0.00

Frequency Missing = 23102

ALT.040\_04.000: Received surgery for condition for which acupuncture was used the most

ACUMED03	Frequency	Percent
1 Mentioned	27	9.28
2 Not mentioned	263	90.38
7 Refused	0	0.00
8 Not ascertained	1	0.34
9 Don't know	0	0.00

Frequency Missing = 23102

ALT.040\_05.000: Received physical therapy for condition for which acupuncture was used the most

ACUMED04	Frequency	Percent
1 Mentioned	 59	20.27
2 Not mentioned	231	79.38
7 Refused	0	0.00
8 Not ascertained	1	0.34
9 Don't know	0	0.00

ALT.040\_06.000: Received mental health counseling for condition for which acupuncture was used the most

ACUMED05	Frequency	Percent
1 Mentioned	20	6.87
2 Not mentioned	270	92.78
7 Refused	0	0.00
8 Not ascertained	1	0.34
9 Don't know	0	0.00

Frequency Missing = 23102

ALT.042\_01.000: Time received prescription medications for condition for which acupuncture was used the most

ACU_TIM1	Frequency	Percent
1 Before	61	54.95
2 At about the same time	37	33.33
3 After	13	11.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23282

ALT.042\_02.000: Time received over-the-counter medications for condition for which acupuncture was used the most

ACU_TIM2	Frequency	Percent
1 Before	41	50.00
2 At about the same time	29	35.37
3 After 7 Refused	12	14.63
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.042\_03.000: Time received surgery for condition for which acupuncture was used the most

Frequency	Percent
18	66.67
3	11.11
6	22.22
0	0.00
0	0.00
0	0.00
	18 3 6 0

Frequency Missing = 23366

ALT.042\_04.000: Time received physical therapy for condition for which acupuncture was used the most

6
3
1
0
0
0
,

Frequency Missing = 23334

ALT.042\_05.000: Time received mental health counseling for condition for which acupuncture was used the most

ACU_TIM5	Frequency	Percent
1 Before	8	40.00
2 At about the same time	7	35.00
3 After	5	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23373

ALT.044\_00.000: Used acupuncture to improve or enhance energy

ACU_ENG	Frequency	Percent
1 Yes	88	25.58
2 No	253	73.55
7 Refused	0	0.00
8 Not ascertained	2	0.58
9 Don't know	1	0.29

ALT.046\_00.000: Used acupuncture for general wellness or general disease prevention

ACU_WEL	Frequency	Percent
1 Yes	147	42.73
2 No	194	56.40
7 Refused	0	0.00
8 Not ascertained	2	0.58
9 Don't know	1	0.29

Frequency Missing = 23049

ALT.048\_00.000: Used acupuncture to improve or enhance immune function

A	CU_IMM	Frequency	Percent
1	 Yes	 76	22.09
2	No	265	77.03
7	Refused	0	0.00
8	Not ascertained	2	0.58
9	Don't know	1	0.29

Frequency Missing = 23049

ALT.050\_00.000: Used acupuncture because medical treatments did not help

ACU_NOHP	Frequency	Percent
1 Yes 2 No	145 195	42.15 56.69
7 Refused	0	0.00
8 Not ascertained	2	0.58
9 Don't know	2	0.58

Frequency Missing = 23049

ALT.052\_00.000: Used acupuncture because medical treatments were too expensive

AC	CU_EXPS	Frequency	Percent
1	Yes	33	9.59
2	No	308	89.53
7	Refused	0	0.00
8	Not ascertained	2	0.58
9	Don't know	1	0.29

ALT.	054_	00.	000:	Used	a f	acupunc	ture	because	it
was	rec	omm	ended	by	а	health	care	provide	er

ACU_SUGG	Frequency	Percent
1 Yes	87	25.29
2 No	254	73.84
7 Refused	0	0.00
8 Not ascertained	2	0.58
9 Don't know	1	0.29

Frequency Missing = 23049

ALT.056\_00.000: Used acupuncture because it was recommended by family, friends, or co-workers

ACU_FFC	Frequency	Percent
1 Yes	156	45.35
2 No	184	53.49
7 Refused	0	0.00
8 Not ascertained	2	0.58
9 Don't know	2	0.58

Frequency Missing = 23049

ALT.058\_00.000: Let conventional medical professional know about use of acupuncture

ACUDISC	Frequency	Percent
1 Yes	178	51.74
2 No	161	46.80
7 Refused	0	0.00
8 Not ascertained	2	0.58
9 Don't know	3	0.87

Frequency Missing = 23049

ALT.060\_01.000: Let medical doctor (including specialists) know about use of acupuncture

ACUPRF1	Frequency	Percent
1 Mentioned	171	96.07
2 Not mentioned	7	3.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.060\_02.000: Let Doctor of Osteopathy (D.O.) know about use of acupuncture

ACUPRF2	Frequency	Percent
1 Mentioned	9	5.06
2 Not mentioned	169	94.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23215

ALT.060\_03.000: Let nurse practitioner/physician assistant know about use of acupuncture

ACUPRF3	Frequency	Percent
1 Mentioned	9	5.06
2 Not mentioned	169	94.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23215

ALT.060\_04.000: Let psychiatrist know about use of acupuncture

ACUPRF4	Frequency	Percent
1 Mentioned	5	2.81
2 Not mentioned	173	97.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23215

ALT.060\_05.000: Let dentist (including specialists) know about use of acupuncture

ACUPRF5	Frequency	Percent
1 Mentioned	3	1.69
2 Not mentioned	175	98.31
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.060\_06.000: Let psychologist/social worker know about use of acupuncture

ACUPRF6	Frequency	Percent
1 Mentioned	2	1.12
2 Not mentioned	176	98.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23215

ALT.060\_07.000: Let pharmacist know about use of acupuncture

ACUPRF7	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	178	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23215

ALT.062\_01.000: Did not use acupuncture during the past 12 months because I never thought about it

ACUMNOT1	Frequency	Percent
1 Mentioned	64	5.39
2 Not mentioned	1123	94.53
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.062\_02.000: Did not use acupuncture during the past 12 months for no reason

AC	CUMNOT2	Frequency	Percent
1	Mentioned	270	22.73
2	Not mentioned	917	77.19
7	Refused	1	0.08
8	Not ascertained	0	0.00
9	Don't know	0	0.00

ALT.062\_03.000: Did not use acupuncture during the past 12 months because I didn't need it in the last 12 months

ACUMNOT3	Frequency	Percent
1 Mentioned	466	39.23
2 Not mentioned	721	60.69
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.062\_04.000: Did not use acupuncture during the past 12 months because it didn't work for me before

ACUMNOT4	Frequency	Percent
1 Mentioned	194	16.33
2 Not mentioned	993	83.59
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.062\_05.000: Did not use acupuncture during the past 12 months because it costs too much

ACUMNOT5	Frequency	Percent
1	100	10.05
1 Mentioned	122	10.27
2 Not mentioned	1065	89.65
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.062\_06.000: Did not use acupuncture during the past 12 months because I had side effects last time

ACUMNOT6	Frequency	Percent
1 Mentioned	4	0.34
2 Not mentioned	1183	99.58
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.062\_07.000: Did not use acupuncture during the past 12 months because a health care provider told me not to use it

ACUMNOT7	Frequency	Percent
1 Mentioned	6	0.51
2 Not mentioned	1181	99.41
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.062\_08.000: Did not use acupuncture during the past 12 months because medical science has not shown that it works

ACUMNOT8	Frequency	Percent
1 Mentioned	4	0.34
2 Not mentioned	1183	99.58
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.062\_09.000: Did not use acupuncture during the past 12 months for some other reason

ACUMNOT9	Frequency	Percent
1 Mentioned	95	8.00
2 Not mentioned	1092	91.92
7 Refused	1	0.08
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22205

ALT.064\_00.000: Kinds of side effects from acupuncture

ACU_SDEF	Frequency	Percent
97 Refused		0.00
	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	4	100.00

ALT.066\_00.000: Side effects from acupuncture required medical attention

ACU_ATT	Frequency	Percent
1 Yes	0	0.00
2 No	4	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23389

ALT.068\_01.000: Never used acupuncture because I never heard of it/don't know much about it

ACUNNT01	Frequency	Percent
1 Mentioned	2858	13.47
2 Not mentioned	18254	86.05
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_02.000: Never used acupuncture because I never thought about it

ACUNNT02	Frequency	Percent
1 Mentioned	4513	21.27
2 Not mentioned	16599	78.25
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_03.000: Never used acupuncture for no reason

ACUNNT03	Frequency	Percent
1 Mentioned	6702	31.59
2 Not mentioned	14410	67.93
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

ALT.068\_04.000: Never used acupuncture because I don't need it

ACUNNT04	Frequency	Percent
1 Mentioned	5202	24.52
2 Not mentioned	15910	75.00
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_05.000: Never used acupuncture because I don't believe in it/it doesn't work

ACUNNT05	Frequency	Percent
1 Mentioned	1158	5.46
2 Not mentioned	19954	94.06
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_06.000: Never used acupuncture because it costs too much

ACUNNT06	Frequency	Percent
1 Mentioned	468	2.21
2 Not mentioned	20644	97.31
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_07.000: Never used acupuncture because it is not safe to use

ACUNNT07	Frequency	Percent
1 Mentioned	106	0.50
2 Not mentioned	21006	99.02
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

ALT.068\_08.000: Never used acupuncture because a health care provider told me not to use it

ACUNNT08	Frequency	Percent
1 Mentioned	32	0.15
2 Not mentioned	21080	99.37
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_09.000: Never used acupuncture because medical science has not shown that it works

ACUNNT09	Frequency	Percent
1 Mentioned	102	0.48
2 Not mentioned	21010	99.04
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.068\_10.000: Never used acupuncture for some other reason

ACUNNT10	Frequency	Percent
1 Mentioned	942	4.44
2 Not mentioned	20170	95.08
7 Refused	24	0.11
8 Not ascertained	25	0.12
9 Don't know	53	0.25

Frequency Missing = 2179

ALT.070\_00.000: Saw practitioner for ayurveda, past 12 months

AYU_USEM	Frequency	Percent
1 Yes	18	13.74
2 No	113	86.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.072\_00.000: Number of times saw practitioner for ayurveda

AYU_NUM	Frequency	Percent
1 Only one time	9	50.00
2 2-5 times	8	44.44
3 6-10 times	0	0.00
4 11-15 times	0	0.00
5 16-20 times	0	0.00
6 More than 20 times	1	5.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.074\_00.000: Amount paid per visit to practitioner for ayurveda

AYU_PAY	Frequency	Percent	
000-499 \$0-\$499	18	100.00	
500 \$500 or more	0	0.00	
997 Refused	0	0.00	
998 Not ascertained	0	0.00	
999 Don't know	0	0.00	

Frequency Missing = 23375

ALT.076\_00.000: Used ayurveda for a specific health problem or condition

AYU_TRET	Frequency	Percent
1 Yes	8	44.44
2 No	9	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.56

Frequency Missing = 23375

ALT.078\_01.000: Used ayurveda for acid reflux or heartburn

AYUCND01	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_02.000: Used ayurveda for angina

AYUCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_03.000: Used ayurveda for anxiety

AYUCND03	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_04.000: Used ayurveda for asthma

AYUCND04	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_05.000: Used ayurveda for arthritis

AYUCND05	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_06.000: Used ayurveda for Attention Deficit Disorder/Hyperactivity

AYUCND06	Frequency	Percent	
1 Mentioned	0	0.00	
2 Not mentioned	8	100.00	
7 Refused	0	0.00	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 23385

ALT.078\_07.000: Used ayurveda for autism

AYUCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_08.000: Used ayurveda for benign tumors, cysts

AYUCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_09.000: Used ayurveda for bipolar disorder

AYUCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_10.000: Used ayurveda for birth defect

AYUCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_11.000: Used ayurveda for cancer

AYUCND11	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_12.000: Used ayurveda for cholesterol

AYUCND12	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_13.000: Used ayurveda for chronic bronchitis

AYUCND13	Frequency	Percent
1 Mentioned		0.00
	U	
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_14.000: Used ayurveda for circulation problems (other than in the legs)

AYUCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_15.000: Used ayurveda for constipation severe enough to require medication

AYUCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_16.000: Used ayurveda for coronary heart disease

AYUCND16	Frequency	Percent
1 Mantiana		0.00
1 Mentioned	U	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_17.000: Used ayurveda for dementia, including Alzheimer's Disease

A?	YUCND17	Frequency	Percent
1	Mentioned	 0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

ALT.078\_18.000: Used ayurveda for dental pain

AYUCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_19.000: Used ayurveda for depression

AYUCND19	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_20.000: Used ayurveda for diabetes

AYUCND20	Frequency	Percent
1 22 1 2		
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_21.000: Used ayurveda for emphysema

AYUCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_22.000: Used ayurveda for excessive sleepiness during the day

AYUCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_23.000: Used ayurveda for excessive use of alcohol or tobacco

AYUCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_24.000: Used ayurveda for fibromyalgia

AYUCND24	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_25.000: Used ayurveda for fracture, bone/joint injury

AYUCND25	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_26.000: Used ayurveda for gout

AYUCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_27.000: Used ayurveda for gum disease

AYUCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_28.000: Used ayurveda for gynecologic problem

AYUCND28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_29.000: Used ayurveda for hay fever

AYUCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_30.000: Used ayurveda for hearing problem

AYUCND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_31.000: Used ayurveda for heart attack

AYUCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_32.000: Used ayurveda for other heart condition or disease

AYUCND32	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_33.000: Used ayurveda for hernia

AYUCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_34.000: Used ayurveda for hypertension

AYUCND34	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_35.000: Used ayurveda for inflammatory bowel disease

AYUCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_36.000: Used ayurveda for influenza or pneumonia

AYUCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_37.000: Used ayurveda for insomnia or trouble sleeping

AYUCND37	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	8	100.00
	-	
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_38.000: Used ayurveda for irritable bowel

AYUCND38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_39.000: Used ayurveda for jaw pain

AYUCND39		Frequenc	y Perce	ent
1 Mentione	ed	0	0.0	00
2 Not ment	cioned	8	100.0	00
7 Refused		0	0.0	00
8 Not asce	ertained	0	0.0	00
9 Don't kr	low	0	0.0	00

Frequency Missing = 23385

ALT.078\_40.000: Used ayurveda for joint pain or stiffness/other joint condition

A.	YUCND40	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_41.000: Used ayurveda for knee problems (not arthritis, not joint injury)

AYUCND41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_42.000: Used ayurveda for liver problem

AYUCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_43.000: Used ayurveda for lung/breathing problem (not already listed)

YUCND43	Frequency	Percent
Mentioned	0	0.00
Not mentioned	8	100.00
Refused	0	0.00
Not ascertained	0	0.00
Don't know	0	0.00
	Mentioned Not mentioned Refused Not ascertained	Mentioned 0 Not mentioned 8 Refused 0 Not ascertained 0

Frequency Missing = 23385

ALT.078\_44.000: Used ayurveda for lupus

AYUCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_45.000: Used ayurveda for mania or psychosis

AYUCND45	Frequency	Percent
1 Monting		0.00
1 Mentioned	U	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_46.000: Used ayurveda for memory loss or loss of other cognitive function

AYUCND46	Frequency	Percent
1 Man + 1 an ad		0.00
1 Mentioned	U	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_47.000: Used ayurveda for menopause

AYUCND47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_48.000: Used ayurveda for menstrual problems

AYUCND48	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_49.000: Used ayurveda for mental retardation

AYUCND49	Frequency	Percent
1 Mentioned		0.00
1 Mentioned	U	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_50.000: Used ayurveda for missing limbs (fingers, toes or digits), amputee

AYUCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_51.000: Used ayurveda for osteoporosis, tendinitis

AYUCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_52.000: Used ayurveda for other developmental problem

AYUCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_53.000: Used ayurveda for other injury

AYUCND53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_54.000: Used ayurveda for other nerve damage, including carpal tunnel syndrome

AYUCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_55.000: Used ayurveda for phobia or fears

AYUCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_56.000: Used ayurveda for polio (myelitis), paralysis, para/quadriplegia

AYUCND56	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 8 0 0	0.00 100.00 0.00 0.00

Frequency Missing = 23385

ALT.078\_57.000: Used ayurveda for poor circulation in legs

AYUCND57	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_58.000: Used ayurveda for prostate trouble or impotence

AYUCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_59.000: Used ayurveda for regular headaches

AYUC	ND59	Frequency	Percen
1 Me	ntioned	0	0.00
2 No	t mentioned	8	100.00
7 Re	fused	0	0.00
8 No	t ascertained	0	0.00
9 Do	n't know	0	0.00

Frequency Missing = 23385

ALT.078\_60.000: Used ayurveda for rheumatoid arthritis

AYUCND60	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_61.000: Used ayurveda for schizophrenia

AYUCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_62.000: Used ayurveda for seizures

AYUCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_63.000: Used ayurveda for senility

AYU	CND63	Frequency	Percent
1 M	entioned	0	0.00
2 N	ot mentioned	8	100.00
7 R	efused	0	0.00
8 N	ot ascertained	0	0.00
9 D	on't know	0	0.00

Frequency Missing = 23385

ALT.078\_64.000: Used ayurveda for sinusitis

AYUCND64	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00 100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_65.000: Used ayurveda for skin problems

AYUCND65	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused 8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_66.000: Used ayurveda for sprain or strain

AYUCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_67.000: Used ayurveda for stroke

A?	YUCND67	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_68.000: Used ayurveda for substance abuse, other than alcohol or tobacco

AYUCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_69.000: Used ayurveda for other (specify)

AYUCND69	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_70.000: Used ayurveda for other (specify)

AYUCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_71.000: Used ayurveda for ulcer

A?	YUCND71	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_72.000: Used ayurveda for urinary problem

AYUCND72	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_73.000: Used ayurveda for varicose veins, hemorrhoids

AYUCND73	Frequency	Percent
1 Mentioned	 1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_74.000: Used ayurveda for vision problem

AYUCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_75.000: Used ayurveda for weak or failing kidneys

A:	YUCND75	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_76.000: Used ayurveda for weight problem

AYUCND76	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_77.000: Used ayurveda for back pain or problem

AYUCND77	Frequency	Percent
1 Mentioned	 1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_78.000: Used ayurveda for head or chest cold

AYUCND78	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_79.000: Used ayurveda for neck pain or problem

AYUCND79	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_80.000: Used ayurveda for severe headache or migraine

AYUCND80	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_81.000: Used ayurveda for stomach or intestinal illness

AYUCND81	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_82.000: Used ayurveda for other (specify)

AYUCND82	Frequency	Percent
1 Mentioned	2	25.00
2 Not mentioned	6	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_83.000: Used ayurveda for anemia and other blood disorders

AYUCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_84.000: Used ayurveda for other allergies

AYUCND84	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_85.000: Used ayurveda for other infectious diseases and problems of the immune system

AYUCND85	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused 8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.078\_86.000: Used ayurveda for other musculoskeletal

AYUCND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_87.000: Used ayurveda for stress

AYUCND87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.078\_91.000: Condition count for ayurveda

AYUCONCT	Frequency	Percent
01-40 1-40 conditions	 8	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23385

ALT.079\_00.000: Used ayurveda for other (specify)

AYU_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	4	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.080\_00.000: Condition for which ayurveda was used the most

AYU_MOST	Frequency	Percent
01 Acid reflux or heartburn	1	12.50
02 Angina	0	0.00
03 Anxiety	1	12.50
04 Asthma	0	0.00
05 Arthritis	0	0.00
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts 09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	0	0.00
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	0	0.00
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	0	0.00
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	0	0.00
30 Hearing problem	0	0.00
31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
34 Hypertension	0	0.00
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping 38 Irritable bowel	0	0.00
	0	
39 Jaw pain 40 Joint pain or stiffness/other joint condition	0	0.00
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.080\_00.000: Condition for which ayurveda was used the most

AYU_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	0	0.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	0	0.00
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	0	0.00
78 Head or chest cold	0	0.00
79 Neck pain or problem	1	12.50
80 Severe headache or migraine	0	0.00
81 Stomach or intestinal illness	1	12.50
82 Other - specify	4	50.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23385

ALT.082\_01.000: Received no conventional medical treatment for condition for which ayurveda was used the most

AYUMED00	Frequency	Percent
1 Mentioned	4	50.00
2 Not mentioned	4	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.082\_02.000: Received prescription medications for condition for which ayurveda was used the most

AYUMED01	Frequency	Percent
1 Mentioned	3	37.50
2 Not mentioned	5	62.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.082\_03.000: Received over-the-counter medications for condition for which ayurveda was used the most

AYUMED02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.082\_04.000: Received surgery for condition for which ayurveda was used the most

AYUMED03	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.082\_05.000: Received physical therapy for condition for which ayurveda was used the most

AYUMED04	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.082\_06.000: Received mental health counseling for condition for which ayurveda was used the most

AYUMED05	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.084\_01.000: Time received prescription medications for condition for which ayurveda was used the most

AYU_TIM1	Frequency	Percent
1 Before	3	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23390

ALT.084\_02.000: Time received over-the-counter medications for condition for which ayurveda was used the most

AYU_TIM2	Frequency	Percent
1 Before		
	0	•
2 At about the same time	0	•
3 After	0	•
7 Refused	0	•
8 Not ascertained	0	•
9 Don't know	0	

ALT.084\_03.000: Time received surgery for condition for which ayurveda was used the most

AYU_TIM3	Frequency	Percent
1 Before	0	
2 At about the same time	0	
3 After	0	
7 Refused	0	
8 Not ascertained	0	
9 Don't know	0	

Frequency Missing = 23393

ALT.084\_04.000: Time received physical therapy for condition for which ayurveda was used the most

AYU_TIM4	Frequency	Percent
1 Before	0	0.00
2 At about the same time	0	0.00
3 After	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.084\_05.000: Time received mental health counseling for condition for which ayurveda was used the most

AYU_TIM5	Frequency	Percent
1 Before	1	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.086\_00.000: Used ayurveda to improve or enhance energy

AYU_ENG	Frequency	Percent
1 Yes	9	50.00
2 No	9	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.088\_00.000: Used ayurveda for general wellness or general disease prevention

AYU_WEL	Frequency	Percent
1 Yes	 11	61.11
2 No	7	38.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.090\_00.000: Used ayurveda to improve or inhance immune function

AYU_IMM	Frequency	Percent
1 Yes	3	16.67
2 No	15	83.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.092\_00.000: Used ayurveda because medical treatments did not help

AYU_NOHP	Frequency	Percent
1 Yes	8	44.44
2 No	10	55.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.094\_00.000: Used ayurveda because medical treatments were too expensive

AYU_EXPS	Frequency	Percent
1 Yes	1	5.56
2 No	17	94.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.096\_00.000: Used ayurveda because it was recommended by a health care provider

AYU_SUGG	Frequency	Percent
1 Yes	2	11.11
2 No	16	88.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.098\_00.000: Used ayurveda because it was recommended by family, friends, or co-workers

AYU_FFC	Frequency	Percent
1 Yes	9	50.00
2 No	9	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.100\_00.000: Let conventional medical professional know about use of ayurveda

AYUDISC	Frequency	Percent
1 Yes	8	44.44
2 No	10	55.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.102\_01.000: Let medical doctor (including specialists) know about use of ayurveda

AYUPRF1	Frequency	Percent
1 Mentioned	6	75.00
2 Not mentioned	2	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.102\_02.000: Let Doctor of Osteopathy (D.O.) know about use of ayurveda

AYUPRF2	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.102\_03.000: Let nurse practitioner/physician assistant know about use of ayurveda

AYUPRF3	Frequency	Percent
1 Mentioned		0.00
	0	
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.102\_04.000: Let psychiatrist know about use of ayurveda

AYUPRF4	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.102\_05.000: Let dentist (including specialists) know about use of ayurveda

AYUPRF5	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.102\_06.000: Let psychologist/social worker know about use of ayurveda

AYUPRF6	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.102\_07.000: Let pharmacist know about use of ayurveda

AYUPRF7	Frequency	Percent
1 Mentioned		0.00
	0	
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.104\_00.000: Saw practitioner for biofeedback, past 12 months

BIO_USEM	Frequency	Percent
1 Yes	27	9.41
2 No	259	90.24
7 Refused	0	0.00
8 Not ascertained	1	0.35
9 Don't know	0	0.00

Frequency Missing = 23106

ALT.106\_00.000: Number of times saw practitioner for biofeedback

BIO_NUM	Frequency	Percent
1 Only one time	 8	29.63
2 2-5 times	10	37.04
3 6-10 times	3	11.11
4 11-15 times	4	14.81
5 16-20 times	1	3.70
6 More than 20 times	1	3.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.108\_00.000: Amount paid per visit to practitioner for biofeedback

BIO_PAY	Frequency	Percent
000-499 \$0-\$499	25	92.59
500 \$500 or more	0	0.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	7.41

Frequency Missing = 23366

ALT.110\_00.000: Used biofeedback for a specific health problem or condition

В.	IO_TRET	Frequency	Percent
1	Yes	19	70.37
2	No	8	29.63
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23366

ALT.112\_01.000: Used biofeedback for acid reflux or heartburn

BIOCND01	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_02.000: Used biofeedback for angina

BIOCND02	Frequency	Percent
1 Mentioned	n	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_03.000: Used biofeedback for anxiety

BIOCND03	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_04.000: Used biofeedback for asthma

B.	IOCND04	Frequency	Percent
1	Mentioned	1	5.26
2	Not mentioned	18	94.74
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_05.000: Used biofeedback for arthritis

BIOCND05	Frequency	Percent
1 Mentioned	2	10.53
2 Not mentioned	17	89.47
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_06.000: Used biofeedback for Attention Deficit Disorder/Hyperactivity

BIOCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_07.000: Used biofeedback for autism

BIOCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_08.000: Used biofeedback for benign tumors, cysts

BIOCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_09.000: Used biofeedback for bipolar disorder

BIOCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_10.000: Used biofeedback for birth defect

BIOCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_11.000: Used biofeedback for cancer

BIOCND11	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_12.000: Used biofeedback for cholesterol

BIOCND12	Frequency	Percent
1 Mentioned 2 Not mentioned	0 19	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_13.000: Used biofeedback for chronic bronchitis

BIOCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_14.000: Used biofeedback for circulation problems (other than in the legs)

BIOCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_15.000: Used biofeedback for constipation severe enough to require medication

Frequency	Percent
1 18 0	5.26 94.74 0.00 0.00
0	0.00
	1

Frequency Missing = 23374

ALT.112\_16.000: Used biofeedback for coronary heart disease

BIOCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_17.000: Used biofeedback for dementia, including Alzheimer's Disease

BIOCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_18.000: Used biofeedback for dental pain

BIOCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_19.000: Used biofeedback for depression

BIOCND19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_20.000: Used biofeedback for diabetes

BIOCND20	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_21.000: Used biofeedback for emphysema

BIOCND21	Frequency	Percent
1 Mentioned 2 Not mentioned	0 19	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_22.000: Used biofeedback for excessive sleepiness during the day

BIOCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_23.000: Used biofeedback for excessive use of alcohol or tobacco

BIOCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_24.000: Used biofeedback for fibromyalgia

BIOCND24	Frequency	Percent
1 Mentioned 2 Not mentioned	0 19	0.00
7 Refused	0	0.00
<ul><li>8 Not ascertained</li><li>9 Don't know</li></ul>	0	0.00

Frequency Missing = 23374

ALT.112\_25.000: Used biofeedback for fracture, bone/joint injury

BIOCND25	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_26.000: Used biofeedback for gout

BIOCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_27.000: Used biofeedback for gum disease

BIOCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_28.000: Used biofeedback for gynecologic problem

BIOCND28	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_29.000: Used biofeedback for hay fever

BIOCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_30.000: Used biofeedback for hearing problem

BIOCND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	19 0	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_31.000: Used biofeedback for heart attack

BIOCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_32.000: Used biofeedback for other heart condition or disease

BIOCND32	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_33.000: Used biofeedback for hernia

BIOCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_34.000: Used biofeedback for hypertension

BIOCND34	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_35.000: Used biofeedback for inflammatory bowel disease

BIOCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_36.000: Used biofeedback for influenza or pneumonia

BIOCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_37.000: Used biofeedback for insomnia or trouble sleeping

BIOCND37	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_38.000: Used biofeedback for irritable bowel

BIOCND38	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	19 0	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.112\_39.000: Used biofeedback for jaw pain

BIOCND39	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_40.000: Used biofeedback for joint pain or stiffness/other joint condition

BIOCND40	Frequency	Percent
1 Mentioned	2	10.53
2 Not mentioned	17	89.47
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_41.000: Used biofeedback for knee problems (not arthritis, not joint injury)

BIOCND41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_42.000: Used biofeedback for liver problem

BIOCND42	Frequency	Percent
1 Mentioned 2 Not mentioned	0 19	0.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

Unweighted Frequencies

ALT.112\_43.000: Used biofeedback for lung/breathing problem (not already listed)

BIOCND43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_44.000: Used biofeedback for lupus

ВІ	IOCND44	Frequency	Percent
	Mentioned .	0	0.00
2	Not mentioned	19	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_45.000: Used biofeedback for mania or psychosis

BIOCND45	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_46.000: Used biofeedback for memory loss or loss of other cognitive function

BIOCND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_47.000: Used biofeedback for menopause

BIOCND47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_48.000: Used biofeedback for menstrual problems

BIOCND48	Frequency	Percent
1 Mentioned 2 Not mentioned	0 19	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_49.000: Used biofeedback for mental retardation

BIOCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_50.000: Used biofeedback for missing limbs (fingers, toes or digits), amputee

BIOCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_51.000: Used biofeedback for osteoporosis, tendinitis

BIOCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_52.000: Used biofeedback for other developmental problem

BIOCND52	Frequency	Percent	
1 Mentioned	0	0.00	
2 Not mentioned	19	100.00	
7 Refused	0	0.00	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 23374

ALT.112\_53.000: Used biofeedback for other injury

BIOCND53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_54.000: Used biofeedback for other nerve damage, including carpal tunnel syndrome

BIOCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_55.000: Used biofeedback for phobia or fears

BIOCND55	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_56.000: Used biofeedback for polio (myelitis), paralysis, para/quadriplegia

BIOCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_57.000: Used biofeedback for poor circulation in legs

BIOCND57	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_58.000: Used biofeedback for prostate trouble or impotence

BIOCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_59.000: Used biofeedback for regular headaches

BIOCND59	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_60.000: Used biofeedback for rheumatoid arthritis

BIOCND60	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertain	ed 0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_61.000: Used biofeedback for schizophrenia

BIOCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_62.000: Used biofeedback for seizures

BIOCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_63.000: Used biofeedback for senility

BIOCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_64.000: Used biofeedback for sinusitis

BIOCND64	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_65.000: Used biofeedback for skin problems

BIOCND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_66.000: Used biofeedback for sprain or strain

BIOCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused 8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_67.000: Used biofeedback for stroke

BIOCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_68.000: Used biofeedback for substance abuse, other than alcohol or tobacco

BIOCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_69.000: Used biofeedback for other (specify)

BIOCND69	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_70.000: Used biofeedback for other (specify)

BIOCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_71.000: Used biofeedback for ulcer

BIOCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_72.000: Used biofeedback for urinary problem

BIOCND72	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_73.000: Used biofeedback for varicose veins, hemorrhoids

BIOCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_74.000: Used biofeedback for vision problem

BIOCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_75.000: Used biofeedback for weak or failing kidneys

BIOCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_76.000: Used biofeedback for weight problem

BIOCND76	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	19	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_77.000: Used biofeedback for back pain or problem

BIOCND77	Frequency	Percent
1 Mentioned	3	15.79
2 Not mentioned	16	84.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_78.000: Used biofeedback for head or chest cold

BIOCND78	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_79.000: Used biofeedback for neck pain or problem

BIOCND79	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_80.000: Used biofeedback for severe headache or migraine

BIOCND80	Frequency	Percent
1 Mentioned	 1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_81.000: Used biofeedback for stomach or intestinal illness

BIOCND81	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_82.000: Used biofeedback for other (specify)

BIOCND82	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

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ALT.112\_83.000: Used biofeedback for anemia and other blood disorders

BIOCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_84.000: Used biofeedback for other allergies

BIOCND84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_85.000: Used biofeedback for other infectious diseases and problems of the immune system

BIOCND85	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_86.000: Used biofeedback for other musculoskeletal

BIOCND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	19	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.112\_87.000: Used biofeedback for stress

BIOCND87	Frequency	Percent
1 Mentioned	1	5.26
2 Not mentioned	18	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.112\_91.000: Condition count for biofeedback

BIOCONCT	Frequency	Percent
01-40 1-40 conditions	19	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23374

ALT.113\_00.000: Used biofeedback for other (specify)

BIO_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	3	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.114\_00.000: Condition for which biofeedback was used the most

BIO_MOST	Frequency	Percent
01 Acid reflux or heartburn	0	0.00
02 Angina	0	0.00
03 Anxiety	0	0.00
04 Asthma	1	5.26
05 Arthritis	1	5.26
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	1	5.26
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	1	5.26
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	0	0.00
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	1	5.26
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	0	0.00
30 Hearing problem 31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0 0	0.00
	1	5.26
34 Hypertension 35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	0	0.00
39 Jaw pain	1	5.26
40 Joint pain or stiffness/other joint condition	2	10.53
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	1	5.26
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

ALT.114\_00.000: Condition for which biofeedback was used the most

BIO_MOST	Frequency	Percent
55 Phobia or fears	1	5.26
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	0	0.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	1	5.26
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	3	15.79
78 Head or chest cold	0	0.00
79 Neck pain or problem	0	0.00
80 Severe headache or migraine	1	5.26
81 Stomach or intestinal illness	0	0.00
82 Other - specify	3	15.79
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23374

ALT.116\_01.000: Received no conventional medical treatment for condition for which biofeedback was used the most

BIOMED00	Frequency	Percent
1 Mentioned 2 Not mentioned		21.05 78.95
7 Refused	0	0.00
<pre>8 Not ascertained 9 Don't know</pre>	0	0.00

ALT.116\_02.000: Received prescription medications for condition for which biofeedback was used the most

BIOMED01	Frequency	Percent
1 Mentioned	13	68.42
2 Not mentioned	6	31.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.116\_03.000: Received over-the-counter medications for condition for which biofeedback was used the most

BIOMED02	Frequency	Percent
1 Mentioned	5	26.32
2 Not mentioned	14	73.68
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.116\_04.000: Received surgery for condition for which biofeedback was used the most

BIOMED03	Frequency	Percent
1 Mentioned	4	21.05
2 Not mentioned	15	78.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.116\_05.000: Received physical therapy for condition for which biofeedback was used the most

BIOMED04	Frequency	Percent
1 Mentioned	7	36.84
2 Not mentioned	12	63.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.116\_06.000: Received mental health counseling for condition for which biofeedback was used the most

BIOMED05	Frequency	Percent
1 Mentioned	4	21.05
2 Not mentioned	15	78.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23374

ALT.118\_01.000: Time received prescription medications for condition for which biofeedback was used the most

BIO_TIM1	Frequency	Percent
1 Before	 7	53.85
2 At about the same time	4	30.77
3 After	2	15.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23380

ALT.118\_02.000: Time received over-the-counter medications for condition for which biofeedback was used the most

BIO_TIM2	Frequency	Percent
1 Before	5	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.118\_03.000: Time received surgery for condition for which biofeedback was used the most

Frequency	Percent
4	100.00
0	0.00
0	0.00
0	0.00
0	0.00
0	0.00
	4 0 0 0

Frequency Missing = 23389

ALT.118\_04.000: Time received physical therapy for condition for which biofeedback was used the most

BIO_TIM4	Frequency	Percent
1 Before	4	57.14
2 At about the same time	2	28.57
3 After	1	14.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23386

ALT.118\_05.000: Time received mental health counseling for condition for which biofeedback was used the most

BIO_TIM5	Frequency	Percent
1 Before	2	50.00
2 At about the same time	1	25.00
3 After	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23389

ALT.120\_00.000: Used biofeedback to improve or enhance energy

BIO_ENG	Frequency	Percent
1 Yes	6	22.22
2 No	21	77.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.122\_00.000: Used biofeedback for general wellness or general disease prevention

BIO_WEL	Frequency	Percent
1 Yes	 12	44.44
2 No	15	55.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23366

ALT.124\_00.000: Used biofeedback to improve or enhance immune function

BIO_IMM	Frequency	Percent
1 Yes	7	25.93
2 No	20	74.07
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23366

ALT.126\_00.000: Used biofeedback because medical treatments did not help

BIO_NOHP	Frequency	Percent
1 Yes 2 No	6 21	22.22 77.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23366

ALT.128\_00.000: Used biofeedback because medical treatments were too expensive

B.	IO_EXPS	Frequency	Percent
1	 Yes	2	7.41
2	No	25	92.59
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

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ALT.130\_00.000: Used biofeedback because it was recommended by a health care provider

BIO_SUGG	Frequency	Percent
1 Yes	16	59.26
2 No	11	40.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23366

ALT.132\_00.000: Used biofeedback because it was recommended by family, friends, or co-workers

BIO_FFC	Frequency	Percent
1 Yes	5	18.52
2 No	22	81.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23366

ALT.134\_00.000: Let conventional medical professional know about use of biofeedback

BIODISC	Frequency	Percent
1 Yes	15	55.56
2 No	12	44.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23366

ALT.136\_01.000: Let medical doctor (including specialists) know about use of biofeedback

BIOPRF1	Frequency	Percent
1 Mentioned	15	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.136\_02.000: Let Doctor of Osteopathy (D.O.) know about use of biofeedback

BIOPRF2	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	15	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.136\_03.000: Let nurse practitioner/physician assistant know about use of biofeedback

BIOPRF3	Frequency	Percent
1 Mentioned	1	6.67
2 Not mentioned	14	93.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.136\_04.000: Let psychiatrist know about use of biofeedback

BIOPRF4	Frequency	Percent
1 Mentioned	1	6.67
2 Not mentioned	14	93.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.136\_05.000: Let dentist (including specialists) know about use of biofeedback

BIOPRF5	Frequency	Percent
1 Mentioned 2 Not mentioned	1 14	6.67 93.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.136\_06.000: Let psychologist/social worker know about use of biofeedback

BIOPRF6	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	15	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.136\_07.000: Let pharmacist know about use of biofeedback

BIOPRF7	Frequency	Percent
1 Mentioned	1	6.67
2 Not mentioned	14	93.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.138\_00.000: Saw practitioner for chelation therapy, past 12 months

CHE_USEM	Frequency	Percent
1 Yes	10	12.50
2 No	70	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23313

ALT.140\_00.000: Number of times saw practitioner for chelation therapy

CHE_NUM	Frequency	Percent
1 Only one time	3	30.00
2 2-5 times	4	40.00
3 6-10 times	1	10.00
4 11-15 times	1	10.00
5 16-20 times	0	0.00
6 More than 20 times	0	0.00
7 Refused	1	10.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.142\_00.000: Amount paid per visit to practitioner for chelation therapy

CHE_PAY	Frequency	Percent
000-499 \$0-\$499	10	100.00
500 \$500 or more	0	0.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	0	0.00

Frequency Missing = 23383

ALT.144\_00.000: Used chelation therapy for a specific health problem or condition

CHE_TRET	Frequency	Percent
1 Yes	8	80.00
2 No	2	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.146\_01.000: Used chelation therapy for acid reflux or heartburn

CHECND01	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_02.000: Used chelation therapy for angina

CHECND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_03.000: Used chelation therapy for anxiety

CHECND03	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_04.000: Used chelation therapy for asthma

CHECND04	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_05.000: Used chelation therapy for arthritis

CHECND05	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_06.000: Used chelation therapy for Attention Deficit Disorder/Hyperactivity

CHECND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_07.000: Used chelation therapy for autism

CHECND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_08.000: Used chelation therapy for benign tumors, cysts

CHECND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_09.000: Used chelation therapy for bipolar disorder

CHECND09	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_10.000: Used chelation therapy for birth defect

CHECND10	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 8 0 0	0.00 100.00 0.00 0.00

ALT.146\_11.000: Used chelation therapy for cancer

CHECND11	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_12.000: Used chelation therapy for cholesterol

CHECND12	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_13.000: Used chelation therapy for chronic bronchitis

CHECND13	Frequency	Percent
4		
1 Mentioned	Ü	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_14.000: Used chelation therapy for circulation problems (other than in the legs)

CHECND14	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_15.000: Used chelation therapy for constipation severe enough to require medication

CHECND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0 00

Frequency Missing = 23385

ALT.146\_16.000: Used chelation therapy for coronary heart disease

CHECND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_17.000: Used chelation therapy for dementia, including Alzheimer's Disease

CHECND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_18.000: Used chelation therapy for dental pain

CHECND18	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_19.000: Used chelation therapy for depression

CHECND19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_20.000: Used chelation therapy for diabetes

CHECND20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_21.000: Used chelation therapy for emphysema

CHECND21	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained	0 8 0 0	0.00 100.00 0.00 0.00
8 Not ascertained 9 Don't know	0 0	0.00

Frequency Missing = 23385

ALT.146\_22.000: Used chelation therapy for excessive sleepiness during the day

CHECND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.146\_23.000: Used chelation therapy for excessive use of alcohol or tobacco

CHECND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_24.000: Used chelation therapy for fibromyalgia

CHECND24	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_25.000: Used chelation therapy for fracture, bone/joint injury

CHECND25	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_26.000: Used chelation therapy for gout

CHECND26	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_27.000: Used chelation therapy for gum disease

CHECND27	Frequency	Percent	
1 Mentioned	0	0.00	
2 Not mentioned	8	100.00	
7 Refused	0	0.00	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 23385

ALT.146\_28.000: Used chelation therapy for gynecologic problem

CHECND28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_29.000: Used chelation therapy for hay fever

CHECND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_30.000: Used chelation therapy for hearing problem

CHECND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_31.000: Used chelation therapy for heart attack

CHECND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_32.000: Used chelation therapy for other heart condition or disease

CHECND32	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_33.000: Used chelation therapy for hernia

CHECND33	Frequency	Percent
1 20 1 2		
1 Mentioned	U	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_34.000: Used chelation therapy for hypertension

CHECND34	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_35.000: Used chelation therapy for inflammatory bowel disease

CHECND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_36.000: Used chelation therapy for influenza or pneumonia

CHECND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_37.000: Used chelation therapy for insomnia or trouble sleeping

CI	HECND37	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_38.000: Used chelation therapy for irritable bowel

CHECND38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.146\_39.000: Used chelation therapy for jaw pain

CHECND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_40.000: Used chelation therapy for joint pain or stiffness/other joint condition

CHECND40	Frequency	Percent
1 Mentioned	 1 	12.50
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	0	87.50 0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_41.000: Used chelation therapy for knee problems (not arthritis, not joint injury)

CHECND41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_42.000: Used chelation therapy for liver problem

CHECND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0 00

ALT.146\_43.000: Used chelation therapy for lung/breathing problem (not already listed)

CHECND43	Frequency	Percent
1 Mentioned	2	25.00
2 Not mentioned	6	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_44.000: Used chelation therapy for lupus

CHECND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_45.000: Used chelation therapy for mania or psychosis

CHECND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_46.000: Used chelation therapy for memory loss or loss of other cognitive function

CHECND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

ALT.146\_47.000: Used chelation therapy for menopause

CHECND47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_48.000: Used chelation therapy for menstrual problems

CHECND48	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_49.000: Used chelation therapy for mental retardation

CHECND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_50.000: Used chelation therapy for missing limbs (fingers, toes or digits), amputee

CHECND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_51.000: Used chelation therapy for osteoporosis, tendinitis

CHECND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_52.000: Used chelation therapy for other developmental problem

CHECND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_53.000: Used chelation therapy for other injury

CHECND53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_54.000: Used chelation therapy for other nerve damage, including carpal tunnel syndrome

CHECND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_55.000: Used chelation therapy for phobia or fears

CHECND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_56.000: Used chelation therapy for polio (myelitis), paralysis, para/quadriplegia

CHECND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_57.000: Used chelation therapy for poor circulation in legs

CHECND57	Frequency	Percent
1		
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_58.000: Used chelation therapy for prostate trouble or impotence

CHECND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_59.000: Used chelation therapy for regular headaches

CHECND59	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_60.000: Used chelation therapy for rheumatoid arthritis

CHECND60	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_61.000: Used chelation therapy for schizophrenia

CHECND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_62.000: Used chelation therapy for seizures

CHECND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_63.000: Used chelation therapy for senility

CHECND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_64.000: Used chelation therapy for sinusitis

CHECND64	Frequency	Percent
1 20 1 1		10.50
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_65.000: Used chelation therapy for skin problems

CHECND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_66.000: Used chelation therapy for sprain or strain

CHECND66	Frequency	Percent
1 Man + 1 and		0.00
1 Mentioned	U	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_67.000: Used chelation therapy for stroke

CHECND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_68.000: Used chelation therapy for substance abuse, other than alcohol or tobacco

CHECND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_69.000: Used chelation therapy for other (specify)

CHECND69	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_70.000: Used chelation therapy for other (specify)

CHECND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_71.000: Used chelation therapy for ulcer

CHECND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_72.000: Used chelation therapy for urinary problem

CHECND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_73.000: Used chelation therapy for varicose veins, hemorrhoids

CHECND7	3	Frequen	су	Percent
1 Mentio	oned		 0	0.00
2 Not me	entioned		8	100.00
7 Refuse	ed		0	0.00
8 Not as	scertained		0	0.00
9 Don't	know		0	0.00

Frequency Missing = 23385

ALT.146\_74.000: Used chelation therapy for vision problem

CHECND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_75.000: Used chelation therapy for weak or failing kidneys

CHECND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_76.000: Used chelation therapy for weight problem

CHECND76	Frequency	Percent
1 Mentioned 2 Not mentioned	0 8	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_77.000: Used chelation therapy for back pain or problem

CHECND77	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_78.000: Used chelation therapy for head or chest cold

CHECND78	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_79.000: Used chelation therapy for neck pain or problem

CHECND79	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_80.000: Used chelation therapy for severe headache or migraine

CHECND80	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_81.000: Used chelation therapy for stomach or intestinal illness

CI	HECND81	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_82.000: Used chelation therapy for other (specify)

CHECND82	Frequency	Percent
1 Mentioned	 1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_83.000: Used chelation therapy for anemia and other blood disorders

CHECND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_84.000: Used chelation therapy for other allergies

СН	ECND84	Frequency	Percent
1	 Mentioned	0	0.00
2	Not mentioned	8	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_85.000: Used chelation therapy for other infectious diseases and problems of the immune system

CHECND85	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_86.000: Used chelation therapy for other musculoskeletal

CHECND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.146\_87.000: Used chelation therapy for stress

CHECND87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.146\_91.000: Condition count for chelation therapy

CHECONCT	Frequency	Percent
01-40 1-40 conditions	8	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23385

ALT.147\_00.000: Used chelation therapy for other (specify)

CHE_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	1	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.148\_00.000: Condition for which chelation therapy was used the most

CHE_MOST	Frequency	Percent
01 Acid reflux or heartburn	0	0.00
02 Angina	0	0.00
03 Anxiety	0	0.00
04 Asthma	0	0.00
05 Arthritis	0	0.00
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder 10 Birth defect	0	0.00
11 Cancer	0	0.00
12 Cholesterol	1	12.50
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	1	12.50
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	0	0.00
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	1	12.50
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	0	0.00
30 Hearing problem	0	0.00
31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
34 Hypertension	0	0.00
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	1	12.50
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem 43 Lung/breathing problem (not already listed)	0 2	0.00 25.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

ALT.148\_00.000: Condition for which chelation therapy was used the most

CHE_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	0	0.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	1	12.50
65 Skin problems	0	0.00
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	0	0.00
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	0	0.00
78 Head or chest cold	0	0.00
79 Neck pain or problem	0	0.00
80 Severe headache or migraine	0	0.00
81 Stomach or intestinal illness	0	0.00
82 Other - specify	1	12.50
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23385

ALT.150\_01.000: Received no conventional medical treatment for condition for which chelation therapy was used the most

CHEMED00	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.150\_02.000: Received prescription medications for condition for which chelation therapy was used the most

CHEMED01	Frequency	Percent
1 Mentioned	3	37.50
2 Not mentioned	5	62.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.150\_03.000: Received over-the-counter medications for condition for which chelation therapy was used the most

CHEMED02	Frequency	Percent
1 Mentioned	6	75.00
2 Not mentioned	2	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.150\_04.000: Received surgery for condition for which chelation therapy was used the most

CHEMED03	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.150\_05.000: Received physical therapy for condition for which chelation therapy was used the most

CHEMED04	Frequency	Percent
1 Mentioned	2	25.00
2 Not mentioned	6	75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.150\_06.000: Received mental health counseling for condition for which chelation therapy was used the most

CHEMED05	Frequency	Percent
1 Mentioned	1	12.50
2 Not mentioned	7	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.152\_01.000: Time received prescription medications for condition for which chelation therapy was used the most

CHE_TIM1	Frequency	Percent
1 Before	1	33.33
2 At about the same time	2	66.67
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23390

ALT.152\_02.000: Time received over-the-counter medications for condition for which chelation therapy was used the most

CHE_TIM2	Frequency	Percent
1 Before	2	33.33
2 At about the same time	4	66.67
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.152\_03.000: Time received surgery for condition for which chelation therapy was used the most

CHE_TIM3	Frequency	Percent
1 Before	1	100.00
2 At about the same time 3 After	0 0	0.00
7 Refused 8 Not ascertained	0 0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.152\_04.000: Time received physical therapy for condition for which chelation therapy was used the most

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Frequency Missing = 23391

ALT.152\_05.000: Tiime received mental health counseling for condition for which chelation therapy was used the most

CHE_TIM5	Frequency	Percent
1 Before	1	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.154\_00.000: Used chelation therapy to improve or enhance energy

CHE_ENG	Frequency	Percent
1 Yes	7	70.00
2 No	3	30.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.156\_00.000: Used chelation therapy for general wellness or general disease prevention

CHE_WEL	Frequency	Percent
1 Yes	9	90.00
2 No	1	10.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.158\_00.000: Used chelation therapy to improve or inhance immune function

CHE_IMM	Frequency	Percent
1 Yes	8	80.00
2 No	2	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.160\_00.000: Used chelation therapy because medical treatments did not help

CHE_NOHP	Frequency	Percent
1 Yes	5	50.00
2 No	5	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.162\_00.000: Used chelation therapy because medical treatments were too expensive

CHE_EXPS	Frequency	Percent
1 Yes	4	40.00
2 No 7 Refused	6 0	60.00 0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

Unweighted Frequencies

ALT.164\_00.000: Used chelation therapy because it was recommended by a health care provider

CHE_SUGG	Frequency	Percent
1 Yes	 6	60.00
2 No	4	40.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.166\_00.000: Used chelation therapy because it was recommended by family, friends, or co-workers

CHE_FFC	Frequency	Percent
1 Yes	7	70.00
2 No	3	30.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.168\_00.000: Let conventional medical professional know about use of chelation therapy

CHEDISC	Frequency	Percent
1 Yes	8	80.00
2 No	2	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.170\_01.000: Let medical doctor (including specialists) know about use of chelation therapy

CHEPRF1	Frequency	Percent
4		100 00
1 Mentioned	8	100.00
2 Not mentioned	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.170\_02.000: Let Doctor of Osteopathy (D.O.) know about use of chelation therapy

CHEPRF2	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.170\_03.000: Let nurse practitioner/physician assistant know about use of chelation therapy

CHEPRF3	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.170\_04.000: Let psychiatrist know about use of chelation therapy

CHEPRF4	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.170\_05.000: Let dentist (including specialists) know about use of chelation therapy

CHEPRF5	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.170\_06.000: Let psychologist/social worker know about use of chelation therapy

CHEPRF6	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	8	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0 00

Frequency Missing = 23385

ALT.170\_07.000: Let pharmacist know about use of chelation therapy

CHEPRF7	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	8	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.172\_00.000: Saw practitioner for chiropractic or osteopathic manipulation, past 12 months

COM_USEM	Frequency	Percent
1 Yes	1855	36.19
2 No	3262	63.64
7 Refused	0	0.00
8 Not ascertained	5	0.10
9 Don't know	4	0.08

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.174\_00.000: Number of times saw practitioner for chiropractic or osteopathic manipulation

COM_NUM	Frequency	Percent
1 Only one time	236	12.72
1 Only one time 2 2-5 times	236 680	36.66
3 6-10 times	376	20.27
4 11-15 times	218	11.75
5 16-20 times	99	5.34
6 More than 20 times	239	12.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	7	0.38

Frequency Missing = 21538

ALT.176\_00.000: Amount paid per visit to practitioner for chiropractic or osteopathic manipulation

COM_PAY	Frequency	Percent
000-499 \$0-\$499	 1744	94.02
500 \$500 or more	8	0.43
997 Refused	11	0.59
998 Not ascertained	0	0.00
999 Don't know	92	4.96

Frequency Missing = 21538

ALT.178\_00.000: Used chiropractic or osteopathic manipulation for a specific health problem or condition

COM_TRET	Frequency	Percent
1 Yes 2 No	1537 314	82.86 16.93
7 Refused	2	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.11

ALT.180\_01.000: Used chiropractic or osteopathic manipulation for acid reflux or heartburn

COMCND01	Frequency	Percent
1 Mentioned	5	0.33
2 Not mentioned	1526	99.28
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_02.000: Used chiropractic or osteopathic manipulation for angina

C	DMCND02	Frequency	Percent
1	Mentioned	1	0.07
2	Not mentioned	1530	99.54
7	Refused	3	0.20
8	Not ascertained	0	0.00
9	Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_03.000: Used chiropractic or osteopathic manipulation for anxiety

COMCND03	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1528	99.41
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_04.000: Used chiropractic or osteopathic manipulation for asthma

COMCND04	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1528	99.41
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.180\_05.000: Used chiropractic or osteopathic manipulation for arthritis

COMCND05	Frequency	Percent
1 Mentioned	53	3.45
2 Not mentioned	1478	96.16
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_06.000: Used chiropractic or osteopathic manipulation for Attention Deficit Disorder/Hyperactivity

COMCND06	Frequency	Percent
1 Mentioned		0.00
	1 - 2 1	
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_07.000: Used chiropractic or osteopathic manipulation for autism

COMCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_08.000: Used chiropractic or osteopathic manipulation for benign tumors, cysts

COMCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_09.000: Used chiropractic or osteopathic manipulation for bipolar disorder

COMCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_10.000: Used chiropractic or osteopathic manipulation for birth defect

C	OMCND10	Frequency	Percent
Τ	Mentioned	Ü	0.00
2	Not mentioned	1531	99.61
7	Refused	3	0.20
8	Not ascertained	0	0.00
9	Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_11.000: Used chiropractic or osteopathic manipulation for cancer

COMCND11	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	3 1528 3 0 3	0.20 99.41 0.20 0.00 0.20

Frequency Missing = 21856

ALT.180\_12.000: Used chiropractic or osteopathic manipulation for cholesterol

COMCND12	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_13.000: Used chiropractic or osteopathic manipulation for chronic bronchitis

COMCND13	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_14.000: Used chiropractic or osteopathic manipulation for circulation problems (other than in the legs)

COMCND14	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1529	99.48
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_15.000: Used chiropractic or osteopathic manipulation for constipation severe enough to require medication

COMCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_16.000: Used chiropractic or osteopathic manipulation for coronary heart disease

COMCND16	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_17.000: Used chiropractic or osteopathic manipulation for dementia, including Alzheimer's Disease

COMCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_18.000: Used chiropractic or osteopathic manipulation for dental pain

COMCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_19.000: Used chiropractic or osteopathic manipulation for depression

COMCND19	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	3 1528 3 0 3	0.20 99.41 0.20 0.00 0.20

Frequency Missing = 21856

ALT.180\_20.000: Used chiropractic or osteopathic manipulation for diabetes

COMCND20	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1528	99.41
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Unweighted Frequencies

ALT.180\_21.000: Used chiropractic or osteopathic manipulation for emphysema

COMCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_22.000: Used chiropractic or osteopathic manipulation for excessive sleepiness during the day

COMCND22	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1529	99.48
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_23.000: Used chiropractic or osteopathic manipulation for excessive use of alcohol or tobacco

COMCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_24.000: Used chiropractic or osteopathic manipulation for fibromyalgia

COMCND24	Frequency	Percent
1 Mentioned	18	1.17
2 Not mentioned	1513	98.44
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_25.000: Used chiropractic or osteopathic manipulation for fracture, bone/joint injury

COMCND25	Frequency	Percent
1 Mentioned	13	0.85
2 Not mentioned	1518	98.76
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_26.000: Used chiropractic or osteopathic manipulation for gout

COMCND26	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_27.000: Used chiropractic or osteopathic manipulation for gum disease

COMCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_28.000: Used chiropractic or osteopathic manipulation for gynecologic problem

COMCND28	Frequency	Percent
1 Mentioned 2 Not mentioned	0 1531	0.00 99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0 20

Unweighted Frequencies

ALT.180\_29.000: Used chiropractic or osteopathic manipulation for hay fever

COMCND29	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1529	99.48
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_30.000: Used chiropractic or osteopathic manipulation for hearing problem

COMCND30	Frequency	Percent
1 Mentioned 2 Not mentioned	1 1 1530	0.07 99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_31.000: Used chiropractic or osteopathic manipulation for heart attack

COMCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_32.000: Used chiropractic or osteopathic manipulation for other heart condition or disease

COMCND32	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Unweighted Frequencies

ALT.180\_33.000: Used chiropractic or osteopathic manipulation for other hernia

COMCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_34.000: Used chiropractic or osteopathic manipulation for other hypertension

COMCND34	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_35.000: Used chiropractic or osteopathic manipulation for other inflammatory bowel disease

COMCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_36.000: Used chiropractic or osteopathic manipulation for other influenza or pneumonia

COMCND36	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned 7 Refused	1530	99.54 0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_37.000: Used chiropractic or osteopathic manipulation for other insomnia or trouble sleeping

COMCND37	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1527	99.35
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_38.000: Used chiropractic or osteopathic manipulation for other irritable bowel

COMCND38	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_39.000: Used chiropractic or osteopathic manipulation for other jaw pain

COMCND39	Frequency	Percent
1 Mentioned	9	0.59
2 Not mentioned	1522	99.02
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180 $\_40.000$ : Used chiropractic or osteopathic manipulation for other joint pain or stiffness/other joint condition

COMCND40	Frequency	Percent
1 Mentioned	150	9.76
2 Not mentioned	1381	89.85
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_41.000: Used chiropractic or osteopathic manipulation for knee problems (not arthritis, not joint injury)

COMCND41	Frequency	Percent
1 Mentioned	12	0.78
2 Not mentioned	1519	98.83
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_42.000: Used chiropractic or osteopathic manipulation for liver problem

C	DMCND42	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	1531	99.61
7	Refused	3	0.20
8	Not ascertained	0	0.00
9	Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_43.000: Used chiropractic or osteopathic manipulation for lung/breathing problem (not already listed)

COMCND43	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_44.000: Used chiropractic or osteopathic manipulation for lupus

COMCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_45.000: Used chiropractic or osteopathic manipulation for mania or psychosis

COMCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_46.000: Used chiropractic or osteopathic manipulation for memory loss or loss of other cognitive function

COMCND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_47.000: Used chiropractic or osteopathic manipulation for menopause

COMCND47	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_48.000: Used chiropractic or osteopathic manipulation for menstrual problems

COMCND48	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

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Unweighted Frequencies

ALT.180\_49.000: Used chiropractic or osteopathic manipulation for mental retardation

COMCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_50.000: Used chiropractic or osteopathic manipulation for missing limbs (fingers, toes or digits), amputee

COMCND50	Frequency	Percen
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_51.000: Used chiropractic or osteopathic manipulation for osteoporosis, tendinitis

COMCND51	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1529	99.48
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_52.000: Used chiropractic or osteopathic manipulation for other developmental problem

COMCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_53.000: Used chiropractic or osteopathic manipulation for other injury

COMCND53	Frequency	Percent
1 Mentioned	14	0.91
2 Not mentioned	1517	98.70
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_54.000: Used chiropractic or osteopathic manipulation for other nerve damage, including carpal tunnel syndrome

COMCND54	Frequency	Percent
1 Mentioned	 15	0.98
2 Not mentioned	1516	98.63
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_55.000: Used chiropractic or osteopathic manipulation for phobia or fears

COMCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_56.000: Used chiropractic or osteopathic manipulation for polio (myelitis), paralysis, para/quadriplegia

COMCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_57.000: Used chiropractic or osteopathic manipulation for poor ciculation in legs

COMCND57	Frequency	Percent
1 Mentioned	 5	0.33
2 Not mentioned	1526	99.28
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_58.000: Used chiropractic or osteopathic manipulation for prostate trouble or impotence

COMCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_59.000: Used chiropractic or osteopathic manipulation for regular headaches

COMCND59	Frequency	Percent
1 Mentioned	26	1.69
2 Not mentioned	1505	97.92
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_60.000: Used chiropractic or osteopathic manipulation for rheumatoid arthritis

COMCND60	Frequency	Percent
1 Mentioned	7	0.46
2 Not mentioned	1524	99.15
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Unweighted Frequencies

ALT.180\_61.000: Used chiropractic or osteopathic manipulation for schizophrenia

COMCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_62.000: Used chiropractic or osteopathic manipulation for seizures

COMCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertaine	ed 0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_63.000: Used chiropractic or osteopathic manipulation for senility

C	DMCND63	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	1531	99.61
7	Refused	3	0.20
8	Not ascertained	0	0.00
9	Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_64.000: Used chiropractic or osteopathic manipulation for sinusitis

COMCND64	Frequency	Percent
1 Mentioned 2 Not mentioned	8 1523	0.52 99.09
7 Refused	3	0.20
8 Not ascertained 9 Don't know	3	0.00 0.20

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.180\_65.000: Used chiropractic or osteopathic manipulation for skin problems

COMCND65	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1529	99.48
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_66.000: Used chiropractic or osteopathic manipulation for sprain or strain

COMCND66	Frequency	Percent
1 Mentioned	28	1.82
2 Not mentioned	1503	97.79
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_67.000: Used chiropractic or osteopathic manipulation for stroke

COMCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_68.000: Used chiropractic or osteopathic manipulation for substance abuse, other than alcohol or tobacco

COMCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_69.000: Used chiropractic or osteopathic manipulation for other (specify)

COMCND69	Frequency	Percent
1 Mentioned	 17	1.11
2 Not mentioned	1514	98.50
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_70.000: Used chiropractic or osteopathic manipulation for other (specify)

COMCND70	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1528	99.41
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_71.000: Used chiropractic or osteopathic manipulation for ulcer

COMCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_72.000: Used chiropractic or osteopathic manipulation for urinary problem

COMCND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_73.000: Used chiropractic or osteopathic manipulation for varicose veins, hemorrhoids

COMCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_74.000: Used chiropractic or osteopathic manipulation for vision problem

COMCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_75.000: Used chiropractic or osteopathic manipulation for weak or failing kidneys

COMCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1531	99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_76.000: Used chiropractic or osteopathic manipulation for weight problem

COMCND76	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.180\_77.000: Used chiropractic or osteopathic manipulation for back pain or problem

COMCND77	Frequency	Percent
1 Mentioned	1015	66.04
2 Not mentioned	516	33.57
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_78.000: Used chiropractic or osteopathic manipulation for head or chest cold

COMCND78	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1527	99.35
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_79.000: Used chiropractic or osteopathic manipulation for neck pain or problem

COMCND79	Frequency	Percent
1 Mentioned 2 Not mentioned	349 1182	22.71 76.90
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_80.000: Used chiropractic or osteopathic manipulation for severe headache or migraine

COMCND80	Frequency	Percent
1 Mentioned	53	3.45
2 Not mentioned	1478	96.16
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_81.000: Used chiropractic or osteopathic manipulation for stomach or intestinal illness

COMCND81	Frequency	Percent
1 Mentioned	7	0.46
2 Not mentioned	1524	99.15
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_82.000: Used chiropractic or osteopathic manipulation for other (specify)

COMCND82	Frequency	Percent
1 Mentioned	20	1.30
2 Not mentioned	1511	98.31
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_83.000: Used chiropractic or osteopathic manipulation for anemia and other blood disorders

COMCND83	Frequency	Percent
1 Mentioned 2 Not mentioned	0 1531	0.00 99.61
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_84.000: Used chiropractic or osteopathic manipulation for other allergies

COMCND84	Frequency	Percent
1		
1 Mentioned	T	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

ALT.180\_85.000: Used chiropractic or osteopathic manipulation for other infectious diseases and problems of the immune system

COMCND85	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1530	99.54
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_86.000: Used chiropractic or osteopathic manipulation for other musculoskeletal

COMCND86	Frequency	Percent
1 Mentioned	53	3.45
2 Not mentioned	1478	96.16
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_87.000: Used chiropractic or osteopathic manipulation for stress

COMCND87	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1528	99.41
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21856

ALT.180\_91.000: Condition count for chiropractic or osteopathic manipulation

COMCONCT	Frequency	Percent
01-40 1-40 conditions	1531	99.61
97 Refused	3	0.20
98 Not ascertained	0	0.00
99 Don't know	3	0.20

ALT.181\_00.000: Used chiropractic or osteopathic manipulation for other (specify)

COM_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	150	100.00

# ALT.182\_00.000: Condition for which chiropractic or osteopathic manipulation was used the most

COM_MOST	Frequency	Percent
01 Acid reflux or heartburn	4	0.26
02 Angina	0	0.00
03 Anxiety	1	0.07
04 Asthma	1	0.07
05 Arthritis	38	2.48
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	2	0.13
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	1	0.07
20 Diabetes	2	0.13
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	13	0.85
25 Fracture, bone/joint injury	8	0.52
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	2	0.13
30 Hearing problem	0	0.00
31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
34 Hypertension	0	0.00
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	98	6.40
41 Knee problems (not arthritis, not joint injury)	4	0.26
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	1	0.07
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	1	0.07
52 Other developmental problem	0	0.00
53 Other injury	3	0.20

ALT.182\_00.000: Condition for which chiropractic or osteopathic manipulation was used the most

COM_MOST	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	2	0.13
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	5	0.33
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	13	0.85
60 Rheumatoid arthritis	3	0.20
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	2	0.13
65 Skin problems	0	0.00
66 Sprain or strain	19	1.24
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	13	0.85
70 Filled problem	1	0.07
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	894	58.39
78 Head or chest cold	1	0.07
79 Neck pain or problem	226	14.76
80 Severe headache or migraine	32	2.09
81 Stomach or intestinal illness	3	0.20
82 Other - specify	133	8.69
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	5	0.33

Frequency Missing = 21862

ALT.184\_01.000: Received no conventional medical treatment for condition for which chiropractic or osteopathic manipulation was used the most

COMMED00	Frequency	Percent
1 Mentioned	789	51.70
2 Not mentioned	729	47.77
7 Refused	4	0.26
8 Not ascertained	0	0.00
9 Don't know	4	0.26

ALT.184\_02.000: Received prescription medications for condition for which chiropractic or osteopathic manipulation was used the most

COMMED01	Frequency	Percent
1 Mentioned	420	27.52
2 Not mentioned	1098	71.95
7 Refused	4	0.26
8 Not ascertained	0	0.00
9 Don't know	4	0.26

Frequency Missing = 21867

ALT.184\_03.000: Received over-the-counter medications for condition for which chiropractic or osteopathic manipulation was used the most

COMMED02	Frequency	Percent
1 Mentioned	351	23.00
2 Not mentioned	1167	76.47
7 Refused	4	0.26
8 Not ascertained	0	0.00
9 Don't know	4	0.26

Frequency Missing = 21867

ALT.184\_04.000: Received surgery for condition for which chiropractic or osteopathic manipulation was used the most

COMMED03	Frequency	Percent
1 Mentioned	64	4.19
2 Not mentioned	1454	95.28
7 Refused	4	0.26
8 Not ascertained	0	0.00
9 Don't know	4	0.26

Frequency Missing = 21867

ALT.184\_05.000: Received physical therapy for condition for which chiropractic or osteopathic manipulation was used the most

COMMED04	Frequency	Percent
1 Mentioned	250	16.38
2 Not mentioned	1268	83.09
7 Refused	4	0.26
8 Not ascertained	0	0.00
9 Don't know	4	0.26

ALT.184\_06.000: Received mental health counseling for condition for which chiropractic or osteopathic manipulation was used the most

COMMED05	Frequency	Percent
1 Mentioned	18	1.18
2 Not mentioned	1500	98.30
7 Refused	4	0.26
8 Not ascertained	0	0.00
9 Don't know	4	0.26

Frequency Missing = 21867

ALT.186\_01.000: Time received prescription medications for condition for which chiropractic or osteopathic manipulation was used the most

COM_TIM1	Frequency	Percent
1 Before	199	47.38
2 At about the same time	156	37.14
3 After	64	15.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.186\_02.000: Time received over-the-counter medications for condition for which chiropractic or osteopathic manipulation was used the most

COM_TIM2	Frequency	Percent
1 Before	184	52.42
2 At about the same time	142	40.46
3 After	24	6.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.28

ALT.186\_03.000: Time received surgery for condition for which chiropractic or osteopathic manipulation was used the most

COM_TIM3	Frequency	Percent
1 Before	26	40.63
2 At about the same time	14	21.88
3 After	24	37.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23329

ALT.186\_04.000: Time received physical therapy for condition for which chiropractic or osteopathic manipulation was used the most

COM_TIM4	Frequency	Percent
1 Before	85	34.00
2 At about the same time	100	40.00
3 After	65	26.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23143

ALT.186\_05.000: Time received mental health counseling for condition for which chiropractic or osteopathic manipulation was used the most

COM_TIM5	Frequency	Percent
1 Before	9	50.00
2 At about the same time	4	22.22
3 After	5	27.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.188\_00.000: Used chiropractic or osteopathic manipulation to improve or enhance energy

COM_ENG	Frequency	Percent
1 Yes	 289	15.58
2 No	1558	83.99
7 Refused	3	0.16
8 Not ascertained	2	0.11
9 Don't know	3	0.16

Frequency Missing = 21538

ALT.190\_00.000: Used chiropractic or osteopathic manipulation for general wellness or general disease prevention

COM_WEL	Frequency	Percent
1 Yes	835	45.01
2 No	1013	54.61
7 Refused	3	0.16
8 Not ascertained	2	0.11
9 Don't know	2	0.11

Frequency Missing = 21538

ALT.192\_00.000: Used chiropractic or osteopathic manipulation to improve or enhance immune function

COM_IMM	Frequency	Percent
1 Yes	225	12.13
2 No	1621	87.39
7 Refused	3	0.16
8 Not ascertained	2	0.11
9 Don't know	4	0.22

Frequency Missing = 21538

ALT.194\_00.000: Used chiropractic or osteopathic manipulation because medical treatments did not help

COM_NOHP	Frequency	Percent
1 Yes	482	25.98
2 No	1364	73.53
7 Refused	3	0.16
8 Not ascertained	2	0.11
9 Don't know	4	0.22

ALT.196\_00.000: Used chiropractic or osteopathic manipulation because medical treatments were too expensive

COM_EXPS	Frequency	Percent
1 Yes	 126	6.79
2 No	1722	92.83
7 Refused	3	0.16
8 Not ascertained	2	0.11
9 Don't know	2	0.11

Frequency Missing = 21538

ALT.198\_00.000: Used chiropractic or osteopathic manipulation because it was recommended by a health care provider

COM_SUGG	Frequency	Percen
1	260	10 50
1 Yes	367	19.78
2 No	1478	79.68
7 Refused	3	0.16
8 Not ascertained	2	0.11
9 Don't know	5	0.27

Frequency Missing = 21538

ALT.200\_00.000: Used chiropractic or osteopathic manipulation because it was recommended by family, friends, or co-workers

COM_FFC	Frequency	Percent
1 Yes	772	41.62
2 No	1075	57.95
7 Refused	1	0.05
8 Not ascertained	2	0.11
9 Don't know	5	0.27

Frequency Missing = 21538

ALT.202\_00.000: Let conventional medical professional know about use of chiropractic or osteopathic manipulation

COMDISC	Frequency	Percent
1 Yes	949	51.16
2 No	880	47.44
7 Refused	2	0.11
8 Not ascertained	2	0.11
9 Don't know	22	1.19

ALT.204\_01.000: Let medical doctor (including specialists) know about use of chiropractic or osteopathic manipulation

COMPRF1	Frequency	Percent
1 Mentioned	904	95.26
2 Not mentioned	45	4.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22444

ALT.204\_02.000: Let Doctor of Osteopathy (D.O.) know about use of chiropractic or osteopathic manipulation

COMPRF2	Frequency	Percent
1 Montioned	46	4 OE
1 Mentioned	46	4.85
2 Not mentioned	903	95.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22444

ALT.204\_03.000: Let nurse practitioner/physician assistant know about use of chiropractic or osteopathic manipulation

COMPRF3	Frequency	Percent
1 Mentioned	44	4.64
2 Not mentioned	905	95.36
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22444

ALT.204\_04.000: Let psychiatrist know about use of chiropractic or osteopathic manipulation

COMPRF4	Frequency	Percent
1 Mentioned	7	0.74
2 Not mentioned	942	99.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.204\_05.000: Let dentist (including specialists) know about use of chiropractic or osteopathic manipulation

COMPRF5	Frequency	Percent
1 Mentioned	10	1.05
2 Not mentioned	939	98.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22444

ALT.204\_06.000: Let psychologist/social worker know about use of chiropractic or osteopathic manipulation

COMPRF6	Frequency	Percent
1 Mentioned	13	1.37
2 Not mentioned	936	98.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22444

ALT.204\_07.000: Let pharmacist know about use of chiropractic or osteopathic manipulation

COMPRF7	Frequency	Percent
1 Mentioned	4	0.42
2 Not mentioned	945	99.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22444

ALT.206\_01.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because I never thought about it

COMMNOT1	Frequency	Percent
1 Mentioned	91	2.79
2 Not mentioned	3166	97.06
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

ALT.206\_02.000: Did not use chiropractic or osteopathic manipulation during the past 12 months for no reason

COMMNOT2	Frequency	Percent
1 Mentioned	613	18.79
<pre>2 Not mentioned 7 Refused</pre>	2644 1	81.05 0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

Frequency Missing = 20131

ALT.206\_03.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because I didn't need it in the last 12 months

COMMNOT3	Frequency	Percent
1 Mentioned	1740	53.34
2 Not mentioned	1517	46.51
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

Frequency Missing = 20131

ALT.206\_04.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because it didn't work for me before

COMMNOT4	Frequency	Percent
1 Mentioned	301	9.23
2 Not mentioned	2956	90.62
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

Frequency Missing = 20131

ALT.206\_05.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because it costs too much

COMMNOT5	Frequency	Percent
1 Mentioned	306	9.38
2 Not mentioned	2951	90.47
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

ALT.206\_06.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because I had side effects last time

COMMNOT6	Frequency	Percent
1 Mentioned		0.89
2 Not mentioned	3228	98.96
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

Frequency Missing = 20131

ALT.206\_07.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because a health care provider told me not to use it

COMMNOT7	Frequency	Percent
1 Mentioned	46	1.41
2 Not mentioned	3211	98.44
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

Frequency Missing = 20131

ALT.206\_08.000: Did not use chiropractic or osteopathic manipulation during the past 12 months because medical science has not shown that it works

COMMNOT8	Frequency	Percent
1 Mentioned	19	0.58
2 Not mentioned	3238	99.26
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

Frequency Missing = 20131

ALT.206\_09.000: Did not use chiropractic or osteopathic manipulation during the past 12 months for some other reason

COMMNOT9	Frequency	Percent
1 Mentioned	230	7.05
2 Not mentioned	3027	92.80
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	4	0.12

ALT.208\_00.000: Kinds of side effects from chiropractic or osteopathic manipulation

COM_SDEF	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	29	100.00

Frequency Missing = 23364

ALT.210\_00.000: Side effects from chiropractic or osteopathic manipulation required medical attention

COM_ATT	Frequency	Percent
1 Yes	16	55.17
2 No	13	44.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23364

ALT.212\_01.000: Never used chiropractic or osteopathic manipulation because I never heard of it/don't know much about it

COMNNT01	Frequency	Percent
1 Mentioned	2194	12.47
2 Not mentioned	15329	87.09
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_02.000: Never used chiropractic or osteopathic manipulation because I never thought about it

COMNNT02	Frequency	Percent
1 Mentioned	2971	16.88
2 Not mentioned	14552	82.68
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

ALT.212\_03.000: Never used chiropractic or osteopathic manipulation for no reason

COMNNT03	Frequency	Percent
1 Mentioned	5387	30.61
2 Not mentioned	12136	68.95
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_04.000: Never used chiropractic or osteopathic manipulation because I don't need it

COMNNT04	Frequency	Percent
1 Mentioned	5555	31.56
2 Not mentioned	11968	68.00
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_05.000: Never used chiropractic or osteopathic manipulation because I don't believe in it/doesn't work

COMNNT05	Frequency	Percent
1 Mentioned	944	5.36
2 Not mentioned	16579	94.19
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_06.000: Never used chiropractic or osteopathic manipulation because it costs too much

COMNNT06	Frequency	Percent
1 Mentioned	402	2.28
2 Not mentioned	17121	97.27
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

ALT.212\_07.000: Never used chiropractic or osteopathic manipulation because it is not safe to use

COMNNT07	Frequency	Percent
1 Mentioned	128	0.73
2 Not mentioned	17395	98.83
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_08.000: Never used chiropractic or osteopathic manipulation because a health care provider told me not to use it

COMNNT08	Frequency	Percent
1 Mentioned	70	0.40
2 Not mentioned	17453	99.16
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_09.000: Never used chiropractic or osteopathic manipulation because medical science has not shown that it works

COMNNT09	Frequency	Percent
1 Mentioned	62	0.35
2 Not mentioned	17461	99.20
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

Frequency Missing = 5792

ALT.212\_10.000: Never used chiropractic or osteopathic manipulation for some other reason

COMNNT10	Frequency	Percent
1 Mentioned	290	1.65
2 Not mentioned	17233	97.91
7 Refused	21	0.12
8 Not ascertained	12	0.07
9 Don't know	45	0.26

ALT.214\_00.000: Saw practitioner for energy healing therapy, past 12 months

EHT_USEM	Frequency	Percent
1 Yes	143	35.57
2 No	257	63.93
7 Refused	0	0.00
8 Not ascertained	2	0.50
9 Don't know	0	0.00

Frequency Missing = 22991

ALT.216\_00.000: Number of times saw practitioner for energy healing therapy

Frequency	Percent
43	30.07
62	43.36
14	9.79
8	5.59
3	2.10
11	7.69
0	0.00
0	0.00
2	1.40
	43 62 14 8 3 11 0

Frequency Missing = 23250

ALT.218\_00.000: Amount paid per visit to practitioner for energy healing therapy

EHT_PAY	Frequency	Percent
000-499 \$0-\$499	136	95.10
500 \$500 or more	4	2.80
997 Refused	1	0.70
998 Not ascertained	0	0.00
999 Don't know	2	1.40

Frequency Missing = 23250

ALT.220\_00.000: Used energy healing therapy for a specific health problem or condition

EHT_TRET	Frequency	Percent
1 Yes 2 No	 77 65	53.85 45.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.70

ALT.222\_01.000: Used energy healing therapy for acid reflux or heartburn

EHTCND01	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_02.000: Used energy healing therapy for angina

EHTCND02	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_03.000: Used energy healing therapy for anxiety

EHTCND03	Frequency	Percent
1 Mentioned	7	9.09
2 Not mentioned	70	90.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_04.000: Used energy healing therapy for asthma

EHTCND04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_05.000: Used energy healing therapy for arthritis

EHTCND05	Frequency	Percent
1 Mentioned	3	3.90
2 Not mentioned	74	96.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_06.000: Used energy healing therapy for Attention Deficit Disorder/Hyperactivity

EHTCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_07.000: Used energy healing therapy for autism

EHTCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_08.000: Used energy healing therapy for benign tumors, cysts

EHTCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_09.000: Used energy healing therapy for bipolar disorder

EHTCND09	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_10.000: Used energy healing therapy for birth defect

EHTCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_11.000: Used energy healing therapy for cancer

EHTCND11	Frequency	Percent
1 Mentioned	3	3.90
2 Not mentioned	74	96.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_12.000: Used energy healing therapy for cholesterol

EHTCND12	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_13.000: Used energy healing therapy for chronic bronchitis

EHTCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_14.000: Used energy healing therapy for circulation problems (other than in the legs)

EHTCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_15.000: Used energy healing therapy for constipation severe enough to require medication

EHTCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_16.000: Used energy healing therapy for coronary heart disease

EHTCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_17.000: Used energy healing therapy for dementia, including Alzheimer's Disease

EHTCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_18.000: Used energy healing therapy for dental pain

EHTCND18	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	77 0	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_19.000: Used energy healing therapy for depression

EHTCND19	Frequency	Percent
1 Mentioned	4	5.19
2 Not mentioned	73	94.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_20.000: Used energy healing therapy for diabetes

EHTCND20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_21.000: Used energy healing therapy for emphysema

EHTCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_22.000: Used energy healing therapy for excessive sleepiness during the day

EHTCND22	Frequency	Percent
1 20 1 1		
1 Mentioned	Ü	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_23.000: Used energy healing therapy for excessive use of alcohol or tobacco

EHTCND23	Frequency	Percent
1 Mentioned 2 Not mentioned	0 77	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_24.000: Used energy healing therapy for fibromyalgia

EHTCND24	Frequency	Percent
1 Mentioned	0 77	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	0	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.222\_25.000: Used energy healing therapy for fracture, bone/joint injury

EHTCND25	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_26.000: Used energy healing therapy for gout

EHTCND26	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_27.000: Used energy healing therapy for gum disease

EHTCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_28.000: Used energy healing therapy for gynecologic problem

EHTCND28	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_29.000: Used energy healing therapy for hay fever

EHTCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_30.000: Used energy healing therapy for hearing problem

EHTCND30	Frequency	Percent
1 Manual and 3		2.60
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_31.000: Used energy healing therapy for heart attack

EHTCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_32.000: Used energy healing therapy for other heart condition or disease

EHTCND32	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 77 0 0 0	0.00 100.00 0.00 0.00

ALT.222\_33.000: Used energy healing therapy for hernia

EHTCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_34.000: Used energy healing therapy for hypertension

ΕI	HTCND34	Frequency	Percent
1	Mentioned	2	2.60
2	Not mentioned	75	97.40
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_35.000: Used energy healing therapy for inflammatory bowel disease

EI	HTCND35	Frequency	Percent
1	Mentioned	 0	0.00
2	Not mentioned	77	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_36.000: Used energy healing therapy for influenza or pneumonia

EHTCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.222\_37.000: Used energy healing therapy for insomnia or trouble sleeping

EHTCND37	Frequency	Percent
1 Mentioned	4	5.19
2 Not mentioned	73	94.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_38.000: Used energy healing therapy for irritable bowel

EHTCND38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_39.000: Used energy healing therapy for jaw pain

EHTCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_40.000: Used energy healing therapy for joint pain or stiffness/other joint condition

EHTCND40	Frequency	Percent
1 Mentioned	4	5.19
2 Not mentioned	73	94.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_41.000: Used energy healing therapy for knee problems (not arthritis, not joint injury)

EHTCND41	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_42.000: Used energy healing therapy for liver problem

EHTCND42	Frequency	Percent
1 Mentioned 2 Not mentioned	0 77	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_43.000: Used energy healing therapy for lung/breathing problem (not already listed)

EHTCND43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_44.000: Used energy healing therapy for lupus

EHTCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_45.000: Used energy healing therapy for mania or psychosis

EHTCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_46.000: Used energy healing therapy for memory loss or loss of other cognitive function

EHTCND46	Frequency	Percent
1 Mentioned	 1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_47.000: Used energy healing therapy for menopause

EHTCND47	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_48.000: Used energy healing therapy for menstrual problems

EHTCND48	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_49.000: Used energy healing therapy for mental retardation

EHTCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_50.000: Used energy healing therapy for missing limbs (fingers, toes or digits), amputee

EHTCND50	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_51.000: Used energy healing therapy for osteoporosis, tendinitis

EHTCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_52.000: Used energy healing therapy for other developmental problem

EHTCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_53.000: Used energy healing therapy for other injury

EHTCND53	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_54.000: Used energy healing therapy for other nerve damage, including carpal tunnel syndrome

EHTCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_55.000: Used energy healing therapy for phobia or fears

EHTCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_56.000: Used energy healing therapy for polio (myelitis), paralysis, para/quadriplegia

EHTCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_57.000: Used energy healing therapy for poor circulation in legs

EHTCND57	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_58.000: Used energy healing therapy for prostate trouble or impotence

EHTCND58	Frequency	Percent
1 Mentioned 2 Not mentioned	0 77	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_59.000: Used energy healing therapy for regular headaches

EHTCND59	Frequency	Percent
1 Mentioned	4	5.19
2 Not mentioned	73	94.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_60.000: Used energy healing therapy for rheumatoid arthritis

EHTCND60	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_61.000: Used energy healing therapy for schizophrenia

EHTCND61	Frequency	Percent	
1 Mentioned	0	0.00	
2 Not mentioned	77	100.00	
7 Refused	0	0.00	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 23316

ALT.222\_62.000: Used energy healing therapy for seizures

EHTCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_63.000: Used energy healing therapy for senility

EHTCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_64.000: Used energy healing therapy for sinusitis

EHTCND64	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_65.000: Used energy healing therapy for skin problems

EHTCND65	Frequency	Percent
1 Mentioned	4	5.19
2 Not mentioned	73	94.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_66.000: Used energy healing therapy for sprain or strain

EHTCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_67.000: Used energy healing therapy for stroke

EHTCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_68.000: Used energy healing therapy for substance abuse, other than alcohol or tobacco

EHTCND68	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

2007 National Health Interview Survey (NHIS)
Adult Alternative Medicine Public Use File (althealt)
ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.222\_69.000: Used energy healing therapy for other (specify)

EHTCND69	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_70.000: Used energy healing therapy for other (specify)

EHTCND70	Frequency	Percent
1 Mentioned	0 77	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	7 <i>7</i> 0	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_71.000: Used energy healing therapy for ulcer

EHTCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_72.000: Used energy healing therapy for urinary problem

EHTCND72	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.222\_73.000: Used energy healing therapy for varicose veins, hemorrhoids

EHTCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_74.000: Used energy healing therapy for vision problem

EHTCND74	Frequency	Percent
1 Mentioned 2 Not mentioned	3 74	3.90 96.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_75.000: Used energy healing therapy for weak or failing kidneys

EHTCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_76.000: Used energy healing therapy for weight problem

EHTCND76	Frequency	Percent
1 24 1 1		1 20
1 Mentioned	Τ	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_77.000: Used energy healing therapy for back pain or problem

EHTCND77	Frequency	Percent
1 Mentioned	 18	23.38
2 Not mentioned	59	76.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_78.000: Used energy healing therapy for head or chest cold

EHTCND78	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_79.000: Used energy healing therapy for neck pain or problem

EHTCND79	Frequency	Percent
1 Mentioned	5	6.49
2 Not mentioned	72	93.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_80.000: Used energy healing therapy for severe headache or migraine

EHTCND80	Frequency	Percent
1 Mentioned	4	5.19
2 Not mentioned	73	94.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.222\_81.000: Used energy healing therapy for stomach or intestinal illness

EHTCND81	Frequency	Percent
1 Mentioned	2	2.60
2 Not mentioned	75	97.40
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_82.000: Used energy healing therapy for other (specify)

EHTCND82	Frequency	Percent
1 Mentioned	7	9.09
2 Not mentioned	70	90.91
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_83.000: Used energy healing therapy for anemia and other blood disorders

EHTCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	77	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_84.000: Used energy healing therapy for other allergies

EHTCND84	Frequency	Percent
1 Mentioned 2 Not mentioned	 0 77	0.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

ALT.222\_85.000: Used energy healing therapy for other infectious diseases and problems of the immune system

EHTCND85	Frequency	Percent
1 Mentioned	3	3.90
2 Not mentioned	74	96.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_86.000: Used energy healing therapy for other musculoskeletal

EHTCND86	Frequency	Percent
1 Mentioned	5	6.49
2 Not mentioned	72	93.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_87.000: Used energy healing therapy for stress

EHTCND87	Frequency	Percent
1 Mentioned	1	1.30
2 Not mentioned	76	98.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23316

ALT.222\_91.000: Condition count for energy healing therapy

EHTCONCT	Frequency	Percent	
01-40 1-40 conditions	 77	100.00	
97 Refused	0	0.00	
98 Not ascertained	0	0.00	
99 Don't know	0	0.00	

ALT.223\_00.000: Used energy healing therapy for other (specify)

EHT_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	23	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.224\_00.000: Condition for which energy healing therapy was used the most

EHT_MOST	Frequency	Percent
01 Acid reflux or heartburn	1	1.30
02 Angina	0	0.00
03 Anxiety	3	3.90
04 Asthma	0	0.00
05 Arthritis	3	3.90
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	2	2.60
10 Birth defect	0	0.00
11 Cancer	2	2.60
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	4	5.19
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	0	0.00
26 Gout 27 Gum disease	1	1.30
	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	2	2.60
30 Hearing problem 31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
34 Hypertension	2	2.60
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	2	2.60
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	4	5.19
41 Knee problems (not arthritis, not joint injury)	1	1.30
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00
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## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.224\_00.000: Condition for which energy healing therapy was used the most

EHT_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	3	3.90
60 Rheumatoid arthritis	0	0.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	2	2.60
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	1	1.30
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	1	1.30
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	14	18.18
78 Head or chest cold	0	0.00
79 Neck pain or problem	4	5.19
80 Severe headache or migraine	2	2.60
81 Stomach or intestinal illness	0	0.00
82 Other - specify	22	28.57
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	1.30

Frequency Missing = 23316

ALT.226\_01.000: Received no conventional medical treatment for condition for which energy healing therapy was used the most

EHTMED00	Frequency	Percent
1 Mentioned	26	34.21
2 Not mentioned	50	65.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.226\_02.000: Received prescription medications for condition for which energy healing therapy was used the most

EHTMED01	Frequency	Percent
1 Mentioned	 35	46.05
2 Not mentioned	41	53.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23317

ALT.226\_03.000: Received over-the-counter medications for condition for which energy healing therapy was used the most

EHTMED02	Frequency	Percent
1 Mentioned	20	26.32
2 Not mentioned	56	73.68
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23317

ALT.226\_04.000: Received surgery for condition for which energy healing therapy was used the most

EHTMED03	Frequency	Percent
1 Mentioned	10	13.16
2 Not mentioned	66	86.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23317

ALT.226\_05.000: Received physical therapy for condition for which energy healing therapy was used the most

EHTMED04	Frequency	Percent
1 Mentioned	9	11.84
2 Not mentioned	67	88.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.226\_06.000: Received mental health counseling for condition for which energy healing therapy was used the most

EHTMED05	Frequency	Percent
1 Mentioned	7	9.21
2 Not mentioned	69	90.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23317

ALT.228\_01.000: Time received prescription medications for condition for which energy healing therapy was used the most

EHT_TIM1	Frequency	Percent
1 Before	23	65.71
2 At about the same time	9	25.71
3 After	3	8.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23358

ALT.228\_02.000: Time received over-the-counter medications for condition for which energy healing therapy was used the most

EHT_TIM2	Frequency	Percent
1 Before	10	50.00
2 At about the same time	7	35.00
3 After	2	10.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	5.00

ALT.228\_03.000: Time received surgery for condition for which energy healing therapy was used the most

EHT_TIM3	Frequency	Percent
1 Before	4	40.00
2 At about the same time	2	20.00
3 After	4	40.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.228\_04.000: Time received physical therapy for condition for which energy healing therapy was used the most

EHT_TIM4	Frequency	Percent
1 Before	2	22.22
2 At about the same time	3	33.33
3 After	4	44.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23384

ALT.228\_05.000: Time received mental health counseling for condition for which energy healing therapy was used the most

EHT_TIM5	Frequency	Percent
1 Before	4	57.14
2 At about the same time	3	42.86
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23386

ALT.230\_00.000: Used energy healing therapy to improve or enhance energy

EHT_ENG	Frequency	Percent
1 Yes	94	65.73
2 No	49	34.27
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.232\_00.000: Used energy healing therapy for general wellness or general disease prevention

EHT_WEL	Frequency	Percent
1 Yes	 115	80.42
2 No	28	19.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23250

ALT.234\_00.000: Used energy healing therapy to improve or enhance immune function

EHT_IMM	Frequency	Percent
1 Yes	71	49.65
2 No	70	48.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.40

Frequency Missing = 23250

ALT.236\_00.000: Used energy healing therapy because medical treatments did not help

EHT_NOHP	Frequency	Percent
1 Yes	41	28.67
2 No	102	71.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23250

ALT.238\_00.000: Used energy healing therapy because medical treatments were too expensive

EHT_EXPS	Frequency	Percent
1 Yes	17	11.89
2 No	126	88.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.240\_00.000: Used energy healing therapy because it was recommended by a health care provider

EHT_SUGG	Frequency	Percent
1 Vog	 17	11.89
1 Yes 2 No	126	88.11
7 Refused	120	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00
) DOII C 11110W	0	0.00

Frequency Missing = 23250

ALT.242\_00.000: Used energy healing therapy because it was recommended by family, friends, or co-workers

EHT_FFC	Frequency	Percent
1 Yes	78	54.55
2 No	64	44.76
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.70

Frequency Missing = 23250

ALT.244\_00.000: Let conventional medical professional know about use of energy healing therapy

EHTDISC	Frequency	Percent
1 Yes	52	36.36
2 No	90	62.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.70

Frequency Missing = 23250

ALT.246\_01.000: Let medical doctor (including specialists) know about use of energy healing therapy

EHTPRF1	Frequency	Percent
1 Mentioned	48	92.31
2 Not mentioned	4	7.69
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.246\_02.000: Let Doctor of Osteopathy (D.O.) know about use of energy healing therapy

EHTPRF2	Frequency	Percent
1 Mentioned	2	3.85
2 Not mentioned	50	96.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23341

ALT.246\_03.000: Let nurse practitioner/physician assistant know about use of energy healing therapy

EHTPRF3	Frequency	Percent
1 Mentioned	2	3.85
2 Not mentioned	50	96.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23341

ALT.246\_04.000: Let psychiatrist know about use of energy healing therapy

EHTPRF4	Frequency	Percent
1 Mentioned	1	1.92
2 Not mentioned	51	98.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23341

ALT.246\_05.000: Let dentist (including specialists) know about use of energy healing therapy

EHTPRF5	Frequency	Percent
1 Mentioned	1	1.92
2 Not mentioned	51	98.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.246\_06.000: Let psychologist/social worker know about use of energy healing therapy

EHTPRF6	Frequency	Percent
1 Mentioned		3.85
2 Not mentioned	50	96.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23341

ALT.246\_07.000: Let pharmacist know about use of energy healing therapy

EHTPRF7	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	52	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23341

ALT.248\_00.000: Saw practitioner for hypnosis, past 12 months

1 Yes 56 2 No 489 7 Refused 0 8 Not ascertained 2 9 Don't know 0	10.24 89.40 0.00 0.37

Frequency Missing = 22846

ALT.250\_00.000: Number of times saw practitioner for hypnosis

HYP_NUM	Frequency	Percent
1 Only one time	31	55.36
2 2-5 times	15	26.79
3 6-10 times	8	14.29
4 11-15 times	0	0.00
5 16-20 times	0	0.00
6 More than 20 times	2	3.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.252\_00.000: Amount paid per visit to practitioner for hypnosis

HYP_PAY	Frequency	Percent
000-499 \$0-\$499	 49	87.50
500 \$500 or more	1	1.79
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	6	10.71

Frequency Missing = 23337

ALT.254\_00.000: Used hypnosis for a specific health problem or condition

H.	YP_TRET	Frequency	Percent
1	Yes	38	67.86
2	No	18	32.14
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23337

ALT.256\_01.000: Used hypnosis for acid reflux or heartburn

HYPCND01	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00
9 DOIL C KITOW	U	0.00

Frequency Missing = 23355

ALT.256\_02.000: Used hypnosis for angina

HYPCND02	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 38 0 0	0.00 100.00 0.00 0.00

ALT.256\_03.000: Used hypnosis for anxiety

HYPCND03	Frequency	Percent
1 Mentioned	4	10.53
2 Not mentioned	34	89.47
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_04.000: Used hypnosis for asthma

HYPCND04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_05.000: Used hypnosis for arthritis

HYPCND05	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_06.000: Used hypnosis for Attention Deficit Disorder/Hyperactivity

HYPCND06	Frequency	Percent
1		
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_07.000: Used hypnosis for autism

HYPCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_08.000: Used hypnosis for benign tumors, cysts

HYPCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_09.000: Used hypnosis for bipolar disorder

HYPCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_10.000: Used hypnosis for birth defect

HYPCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_11.000: Used hypnosis for cancer

HYPCND11	Frequency	Percent
1 Mentioned	1	2.63
2 Not mentioned	37	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_12.000: Used hypnosis for cholesterol

	0.00
2 Not mentioned 38 100	0.00
7 Refused 0	0.00
8 Not ascertained 0	0.00
9 Don't know 0	0.00

Frequency Missing = 23355

ALT.256\_13.000: Used hypnosis for chronic bronchitis

HYPCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_14.000: Used hypnosis for circulation problems (other than in the legs)

HYPCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_15.000: Used hypnosis for constipation severe enough to require medication

HYPCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_16.000: Used hypnosis for coronary heart disease

HYPCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_17.000: Used hypnosis for dementia, including Alzheimer's Disease

HYPCND17	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 38 0 0	0.00 100.00 0.00 0.00
J DOIL C KITOW	O	0.00

Frequency Missing = 23355

ALT.256\_18.000: Used hypnosis for dental pain

HYPCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.256\_19.000: Used hypnosis for depression

HYPCND19	Frequency	Percent
1 Mentioned	5	13.16
2 Not mentioned	33	86.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_20.000: Used hypnosis for diabetes

HYPCND20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_21.000: Used hypnosis for emphysema

HYPCND21	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 38 0 0	0.00 100.00 0.00 0.00
) DOIL C KILOW	U	3.00

Frequency Missing = 23355

ALT.256\_22.000: Used hypnosis for excessive sleepiness during the day

HYPCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_23.000: Used hypnosis for excessive use of alcohol or tobacco

HYPCND23	Frequency	Percent
1 Mentioned	11	28.95
2 Not mentioned	27	71.05
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_24.000: Used hypnosis for fibromyalgia

HYPCND24	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_25.000: Used hypnosis for fracture, bone/joint injury

HYPCND25	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_26.000: Used hypnosis for gout

HYPCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_27.000: Used hypnosis for gum disease

HYPCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_28.000: Used hypnosis for gynecologic problem

HYPCND28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_29.000: Used hypnosis for hay fever

HYPCND29	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_30.000: Used hypnosis for hearing problem

HYPCND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_31.000: Used hypnosis for heart attack

HYPCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_32.000: Used hypnosis for other heart condition or disease

HYPCND32	Frequency	Percent
1 Mentioned 2 Not mentioned	 0 38	0.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_33.000: Used hypnosis for hernia

HYPCND33	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00 100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0 00

Frequency Missing = 23355

ALT.256\_34.000: Used hypnosis for hypertension

HYPCND34	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_35.000: Used hypnosis for inflammatory bowel disease

HYPCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_36.000: Used hypnosis for influenza or pneumonia

HYPCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_37.000: Used hypnosis for insomnia or trouble sleeping

HYPCND37	Frequency	Percent
1 Mentioned 2 Not mentioned	1 37	2.63 97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_38.000: Used hypnosis for irritable bowel

HYPCND38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_39.000: Used hypnosis for jaw pain

HYPCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_40.000: Used hypnosis for joint pain or stiffness/other joint condition

HYPCND40	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_41.000: Used hypnosis for knee problems (not arthritis, not joint injury)

HYPCND41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_42.000: Used hypnosis for liver problem

HYPCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_43.000: Used hypnosis for lung/breathing problem (not already listed)

HYPCND43	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_44.000: Used hypnosis for lupus

HYPCND44	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_45.000: Used hypnosis for mania or psychosis

HYPCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_46.000: Used hypnosis for memory loss or loss of other cognitive function

HYPCND46	Frequency	Percent
1 Mentioned	1	2.63
2 Not mentioned	37	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_47.000: Used hypnosis for menopause

HYPCND47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_48.000: Used hypnosis for menstrual problems

HYPCND48	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_49.000: Used hypnosis for mental retardation

HYPCND49	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_50.000: Used hypnosis for missing limbs (fingers, toes, or digits), amputee

HYPCI	ND50	Frequency	Percent
1 Mer	 ntioned	0	0.00
	mentioned	38	100.00
7 Ref	used	0	0.00
8 Not	ascertained	0	0.00
9 Dor	n't know	0	0.00

ALT.256\_51.000: Used hypnosis for osteoporosis, tendinitis

HYPCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_52.000: Used hypnosis for other developmental problem

HYPCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_53.000: Used hypnosis for other injury

HYPCND53	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_54.000: Used hypnosis for other nerve damage, including carpal tunnel syndrome

HYPCND54	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_55.000: Used hypnosis for phobia or fears

HYPCND55	Frequency	Percent
1 Mentioned	2	5.26
2 Not mentioned	36	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_56.000: Used hypnosis for polio (myelitis), paralysis, para/quadriplegia

HYPCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertain	ed 0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_57.000: Used hypnosis for poor circulation in legs

HYPCND57	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_58.000: Used hypnosis for prostate trouble or impotence

HYPCND58	Frequency	Percent
1 Mentioned 2 Not mentioned	0 38	0.00 100.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

ALT.256\_59.000: Used hypnosis for regular headaches

HYPCND59	Frequency	Percent
1 Mentioned	1	2.63
2 Not mentioned	37	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_60.000: Used hypnosis for rheumatoid arthritis

HYPCND60	Frequency	Percent
1 Mantianal		0.00
1 Mentioned	Ü	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_61.000: Used hypnosis for schizophrenia

HYPCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_62.000: Used hypnosis for seizures

HYPCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_63.000: Used hypnosis for senility

HYPCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_64.000: Used hypnosis for sinusitis

HYPCND64	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_65.000: Used hypnosis for skin problems

HYPCND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_66.000: Used hypnosis for sprain or strain

HYPCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_67.000: Used hypnosis for stroke

HYPCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_68.000: Used hypnosis for substance abuse, other than alcohol or tobacco

HYPCND68	Frequency	Percent
1 Mentioned 2 Not mentioned	1 37	2.63 97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_69.000: Used hypnosis for other (specify)

HYPCND69	Frequency	Percent
1 Mentioned 2 Not mentioned	1 37	2.63 97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_70.000: Used hypnosis for other (specify)

HYPCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_71.000: Used hypnosis for ulcer

HYPCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_72.000: Used hypnosis for urinary problem

HYPCND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_73.000: Used hypnosis for varicose veins, hemorrhoids

HYPCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_74.000: Used hypnosis for vision problem

HYPCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_75.000: Used hypnosis for weak or failing kidneys

HYPCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_76.000: Used hypnosis for weight problem

HYPCND76	Frequency	Percent
1 Mentioned 2 Not mentioned	 7 31	18.42 81.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_77.000: Used hypnosis for back pain or problem

HYPCND77	Frequency	Percent
1 Mentioned	1	2.63
2 Not mentioned	37	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_78.000: Used hypnosis for head or chest cold

HYPCND78	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_79.000: Used hypnosis for neck pain or problem

HYPCND79	Frequency	Percent
1 Mentioned	1	2.63
2 Not mentioned	37	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_80.000: Used hypnosis for severe headache or migraine

HYPCND80	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_81.000: Used hypnosis for stomach or intestinal illness

HYPCND81	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_82.000: Used hypnosis for other (specify)

HYPCND82	Frequency	Percent
1 Mentioned	5	13.16
2 Not mentioned	33	86.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_83.000: Used hypnosis for anemia and other blood disorders

HYPCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_84.000: Used hypnosis for other allergies

HYPCND84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_85.000: Used hypnosis for other infectious diseases and problems of the immune system

HYPCND85	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_86.000: Used hypnosis for other musculoskeletal

HYPCND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	38	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.256\_87.000: Used hypnosis for stress

HYPCND87	Frequency	Percent
1 Mentioned	2	5.26
2 Not mentioned	36	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.256\_91.000: Condition count for hypnosis

HYPCONCT	Frequency	Percent
01-40 1-40 conditions	38	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23355

ALT.257\_00.000: Used hypnosis for other (specify)

HYP_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	24	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.258\_00.000: Condition for which hypnosis was used the most

HYP_MOST	Frequency	Percent
01 Acid reflux or heartburn	0	0.00
02 Angina	0	0.00
03 Anxiety	1	2.63
04 Asthma	0	0.00
05 Arthritis	0	0.00
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism 08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	1	2.63
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	4	10.53
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	2	5.26
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	0	0.00
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	0	0.00
30 Hearing problem	0	0.00
31 Heart attack	0	0.00
32 Other heart condition or disease 33 Hernia	0	0.00
	0	0.00
34 Hypertension 35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	0	0.00
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	1	2.63
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

Unweighted Frequencies

ALT.258\_00.000: Condition for which hypnosis was used the most

HYP_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	1	2.63
60 Rheumatoid arthritis	0	0.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	1	2.63
69 Filled problem	1	2.63
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	1	2.63
77 Back pain or problem	1	2.63
78 Head or chest cold	0	0.00
79 Neck pain or problem	1	2.63
80 Severe headache or migraine	0	0.00
81 Stomach or intestinal illness	0	0.00
82 Other - specify	23	60.53
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23355

ALT.260\_01.000: Received no conventional medical treatment for condition for which hypnosis was used the most

HYPMED00	Frequency	Percent
1 Mentioned 2 Not mentioned	19 19	50.00 50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.260\_02.000: Received prescription medications for condition for which hypnosis was used the most

HYPMED01	Frequency	Percent
1 Mentioned	15	39.47
2 Not mentioned	23	60.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.260\_03.000: Received over-the-counter medications for condition for which hypnosis was used the most

HYPMED02	Frequency	Percent
1 Mentioned	6	15.79
2 Not mentioned	32	84.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.260\_04.000: Received surgery for condition for which hypnosis was used the most

HYPMED03	Frequency	Percent
1 Mentioned	2	5.26
2 Not mentioned	36	94.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.260\_05.000: Received physical therapy for condition for which hypnosis was used the most

HYPMED04	Frequency	Percent
1 Mentioned	1	2.63
2 Not mentioned	37	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.260\_06.000: Received mental health counseling for condition for which hypnosis was used the most

HYPMED05	Frequency	Percent
1 Mentioned	7	18.42
2 Not mentioned	31	81.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23355

ALT.262\_01.000: Time received prescription medications for condition for which hypnosis was used the most

HYP_TIM1	Frequency	Percent
1 Before	11	73.33
2 At about the same time	1	6.67
3 After	2	13.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	6.67

Frequency Missing = 23378

ALT.262\_02.000: Time received over-the-counter medications for condition for which hypnosis was used the most

HYP_TIM2	Frequency	Percent
1 Before	4	66.67
2 At about the same time	0	0.00
3 After	2	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.262\_03.000: Time received surgery for condition for which hypnosis was used the most

HYP_TIM3	Frequency	Percent
1 Before	2	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23391

ALT.262\_04.000: Time received physical therapy for condition for which hypnosis was used the most

HYP_TIM4	Frequency	Percent
1 Before	1	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.262\_05.000: Time received mental health counseling for condition for which hypnosis was used the most

HYP_TIM5	Frequency	Percent
1 Before 2 At about the same time	4 2	57.14 28.57
3 After	1	14.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23386

ALT.264\_00.000: Used hypnosis to improve or enhance energy

HYP_ENG	Frequency	Percent
1 Yes	9	16.07
2 No	47	83.93
7 Refused	47 0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00
) DOIL C MILOW	U	0.00

ALT.266\_00.000: Used hypnosis for general wellness or general disease prevention

HYP_WEL	Frequency	Percent
1 **		25 51
1 Yes	20	35.71
2 No	36	64.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.268\_00.000: Used hypnosis to improve or enhance immune function

HYP_IMM		Frequency	Percent
1 Yes		 7	12.50
2 No		49	87.50
7 Refused		0	0.00
8 Not ascer	rtained	0	0.00
9 Don't kno	WC	0	0.00

Frequency Missing = 23337

ALT.270\_00.000: Used hypnosis because medical treatments did not help

HYP_NOHP	Frequency	Percent
1 Yes	10	17.86
2 No	46	82.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.272\_00.000: Used hypnosis because medical treatments were too expensive

HYP_EXPS	Frequency	Percent
1 Yes	3	5.36
2 No	53	94.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.274\_00.000: Used hypnosis because it was recommended by a health care provider

HYP_SUGG	Frequency	Percent
1 Yes	7	12.50
2 No	49	87.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.276\_00.000: Used hypnosis because it was recommended by family, friends, or co-workers

HYP_FFC	Frequency	Percent
1 Yes	18	32.14
2 No	38	67.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.278\_00.000: Let conventional medical professional know about use of hypnosis

HYPDISC	Frequency	Percent
1 Yes	17	30.36
2 No	39	69.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.280\_01.000: Let medical doctor (including specialists) know about use of hypnosis

HYPPRF1	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	17	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.280\_02.000: Let Doctor of Osteopathy (D.O.) know about use of hypnosis

HYPPRF2	Frequency	Percent
1 Mentioned	16	94.12
2 Not mentioned	1	5.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23376

ALT.280\_03.000: Let nurse practitioner/physician assistant know about use of hypnosis

HYPPRF3	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	17	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23376

ALT.280\_04.000: Let psychiatrist know about use of hypnosis

HYPPRF4	Frequency	Percent
1 Mentioned	2	11.76
2 Not mentioned	15	88.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23376

ALT.280\_05.000: Let dentist (including specialists) know about use of hypnosis

HYPPRF5	Frequency	Percent
1 Mentioned	2	11.76
2 Not mentioned	15	88.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.280\_06.000: Let psychologist/social worker know about use of hypnosis

HYPPRF6	Frequency	Percent
1 Mentioned	1	5.88
2 Not mentioned	16	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23376

ALT.280\_07.000: Let pharmacist know about use of hypnosis

HY	PPRF7	Frequency	Percent
1	Mentioned	1	5.88
2	Not mentioned	16	94.12
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23376

ALT.282\_00.000: Saw practitioner for massage, past 12 months

MAS_USEM	Frequency	Percent
1 Yes	1830	48.83
2 No	1908	50.91
7 Refused	0	0.00
8 Not ascertained	6	0.16
9 Don't know	4	0.11

Frequency Missing = 19645

ALT.284\_00.000: Number of times saw practitioner for massage

MAS_NUM	Frequency	Percent
1 Only one time	550	30.05
2 2-5 times	766	41.86
3 6-10 times	245	13.39
4 11-15 times	112	6.12
5 16-20 times	36	1.97
6 More than 20 times	118	6.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.16

ALT.286\_00.000: Amount paid per visit to practitioner for massage

MAS_PAY	Frequency	Percent
000-499 \$0-\$499	 1765	96.45
500 \$500 or more	4	0.22
997 Refused	7	0.38
998 Not ascertained	1	0.05
999 Don't know	53	2.90

Frequency Missing = 21563

ALT.288\_00.000: Used massage for a specific helath problem or condition

MAS_TRET	Frequency	Percent
1 Yes	 759	41.48
2 No	1070	58.47
7 Refused	0	0.00
8 Not ascertained	d 1	0.05
9 Don't know	0	0.00

Frequency Missing = 21563

ALT.290\_01.000: Used massage for acid reflux or heartburn

MASCND01	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_02.000: Used massage for angina

MASCND02	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 756 3 0	0.00 99.60 0.40 0.00

ALT.290\_03.000: Used massage for anxiety

MASCND03	Frequency	Percent
1 Mentioned	11	1.45
2 Not mentioned	745	98.16
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_04.000: Used massage for asthma

MASCND04	Frequency	Percent
1 Mentioned	2	0.26
2 Not mentioned	754	99.34
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_05.000: Used massage for arthritis

MASCND05	Frequency	Percent
1 Mentioned	42	5.53
2 Not mentioned	714	94.07
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_06.000: Used massage for Attention Deficit Disorder/Hyperactivity

MASCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_07.000: Used massage for autism

MASCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_08.000: Used massage for benign tumors, cysts

MASCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_09.000: Used massage for bipolar disorder

MASCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_10.000: Used massage for birth defect

MASCND10	Frequency	Percent
1 Mentioned 2 Not mentioned	 0 756	0.00 99.60
7 Refused	3	0.40
8 Not ascertained 9 Don't know	0	0.00

ALT.290\_11.000: Used massage for cancer

MASCND11	Frequency	Percent
1 Mentioned	8	1.05
2 Not mentioned	748	98.55
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_12.000: Used massage for cholesterol

MASCND12	Frequency	Percent
1 Mentioned 2 Not mentioned	1 755	0.13 99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_13.000: Used massage for chronic bronchitis

MASCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_14.000: Used massage for circulation problems (other than in the legs)

MASCND14	Frequency	Percent
1 Mentioned	7	0.92
2 Not mentioned	749	98.68
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_15.000: Used massage for constipation severe enough to require medication

MASCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_16.000: Used massage for coronary heart disease

MASCND16	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_17.000: Used massage for dementia, including Alzheimer's Disease

MASCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_18.000: Used massage for dental pain

Frequency	Percent
0	0.00
756	99.60
3	0.40
0	0.00
0	0.00
	0

ALT.290\_19.000: Used massage for depression

MASCND19	Frequency	Percent
1 Mentioned		0.26
2 Not mentioned	754	99.34
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_20.000: Used massage for diabetes

MASCND20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_21.000: Used massage for emphysema

MASCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_22.000: Used massage for excessive sleepiness during the day

MASCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_23.000: Used massage for excessive use of alcohol or tobacco

MASCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_24.000: Used massage for fibromyalgia

MASCND24	Frequency	Percent
1 Mentioned	35	4.61
2 Not mentioned	721	94.99
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_25.000: Used massage for fracture, bone/joint injury

MASCND25	Frequency	Percent
1 Mentioned 2 Not mentioned	12 744	1.58 98.02
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_26.000: Used massage for gout

MASCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_27.000: Used massage for gum disease

MASCND27	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_28.000: Used massage for gynecologic problem

MASCND28	Frequency	Percent
1 Mentioned	2	0.26
2 Not mentioned 7 Refused	754 3	99.34
8 Not ascertained	3 0	0.40
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_29.000: Used massage for hay fever

MASCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_30.000: Used massage for hearing problem

MASCND30	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 756 3 0	0.00 99.60 0.40 0.00

ALT.290\_31.000: Used massage for heart attack

MASCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_32.000: Used massage for other heart condition or disease

M	ASCND32	Frequency	Percent
1	Mentioned	1	0.13
2	Not mentioned	755	99.47
7	Refused	3	0.40
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_33.000: Used massage for hernia

MASCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_34.000: Used massage for hypertension

MASCND34	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	2 754 3 0	0.26 99.34 0.40 0.00 0.00

ALT.290\_35.000: Used massage for inflammatory bowel disease

MASCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_36.000: Used massage for influenza or pneumonia

MASCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_37.000: Used massage for insomnia or trouble sleeping

MASCND37	Frequency	Percent
1 Mentioned	2	0.26
2 Not mentioned	754	99.34
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_38.000: Used massage for irritable bowel

MASCND38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_39.000: Used massage for jaw pain

MASCND39	Frequency	Percent
1 Mentioned	4	0.53
2 Not mentioned	752	99.08
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_40.000: Used massage for joint pain or stiffness/other joint condition

M	ASCND40	Frequency	Percent
1	Mentioned	75	9.88
2	Not mentioned	681	89.72
7	Refused	3	0.40
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_41.000: Used massage for knee problems (not arthritis, not joint injury)

MASCND41	Frequency	Percent
1 Mentioned	5	0.66
2 Not mentioned	751	98.95
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_42.000: Used massage for liver problem

MASCND42	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 756 3 0	0.00 99.60 0.40 0.00

ALT.290\_43.000: Used massage for lung/breathing problem (not already listed)

MASCND43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_44.000: Used massage for lupus

MASCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_45.000: Used massage for mania or psychosis

MASCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_46.000: Used massage for memory loss or loss of other cognitive function

MASCND46	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	1 755 3 0	0.13 99.47 0.40 0.00 0.00

ALT.290\_47.000: Used massage for menopause

MASCND47	Frequency	Percent	
1 Mentioned	0	0.00	
2 Not mentioned	756	99.60	
7 Refused	3	0.40	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 22634

ALT.290\_48.000: Used massage for menstrual problems

MASCND48	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_49.000: Used massage for mental retardation

MASCND49	Frequency	Percent
1 Mentioned 2 Not mentioned	 0 756	0.00 99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_50.000: Used massage for missing limbs (fingers, toes or digits), amputee

MASCND50	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_51.000: Used massage for osteoporosis, tendinitis

MASCND51	Frequency	Percent	
1 Mentioned	3	0.40	
2 Not mentioned	753	99.21	
7 Refused	3	0.40	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 22634

ALT.290\_52.000: Used massage for other developmental problem

MASCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_53.000: Used massage for other injury

MASCND53	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_54.000: Used massage for other nerve damage, including carpal tunnel syndrome

MASCND54	Frequency	Percent
1 Mentioned	11	1.45
2 Not mentioned	745	98.16
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_55.000: Used massage for phobia or fears

MASCND55	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_56.000: Used massage for polio (myelitis), paralysis, para/quadriplegia

MASCND56	Frequency	Percent	
1 Mentioned	2	0.26	
2 Not mentioned	754	99.34	
7 Refused	3	0.40	
8 Not ascertained	0	0.00	
9 Don't know	0	0.00	

Frequency Missing = 22634

ALT.290\_57.000: Used massage for poor circulation in legs

MASCND57	Frequency	Percent
1 Mentioned	8	1.05
2 Not mentioned	748	98.55
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_58.000: Used massage for prostate trouble or impotence

MASCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_59.000: Used massage for regular headaches

MASCND59	Frequency	Percent
1 Mentioned	13	1.71
2 Not mentioned	743	97.89
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_60.000: Used massage for rheumatoid arthritis

MASCND60	Frequency	Percent
1 Mentioned	4	0.53
2 Not mentioned	752	99.08
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_61.000: Used massage for schizophrenia

MASCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_62.000: Used massage for seizures

MASCND62	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	1 755 3 0	0.13 99.47 0.40 0.00 0.00

ALT.290\_63.000: Used massage for senility

MASCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_64.000: Used massage for sinusitis

MASCND64	Frequency	Percent
1 Mentioned	3	0.40
2 Not mentioned	753	99.21
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_65.000: Used massage for skin problems

MASCND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_66.000: Used massage for sprain or strain

MASCND66	Frequency	Percent
1 Mentioned 2 Not mentioned	13 743	1.71 97.89
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_67.000: Used massage for stroke

MASCND67	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_68.000: Used massage for substance abuse, other than alcohol or tobacco

MASCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_69.000: Used massage for other (specify)

MASCND69	Frequency	Percent
1 Mentioned	13	1.71
2 Not mentioned	743	97.89
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_70.000: Used massage for other (specify)

MASCND70	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	1 755 3 0	0.13 99.47 0.40 0.00 0.00

ALT.290\_71.000: Used massage for ulcer

MASCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_72.000: Used massage for urinary problem

MASCND72	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_73.000: Used massage for varicose veins, hemorrhoids

MASCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_74.000: Used massage for vision problem

MASCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_75.000: Used massage for weak or failing kidneys

MASCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_76.000: Used massage for weight problem

MASCND76	Frequency	Percent
1 Mentioned 2 Not mentioned	1 755	0.13 99.47
7 Refused	3	0.40
8 Not ascertained 9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_77.000: Used massage for back pain or problem

MASCND77	Frequency	Percent
1 Mentioned	390	51.38
2 Not mentioned	366	48.22
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_78.000: Used massage for head or chest cold

MASCND78	Frequency	Percent
1 Mentioned	3	0.40
2 Not mentioned	753	99.21
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_79.000: Used massage for neck pain or problem

MASCND79	Frequency	Percent
1 Mentioned	156	20.55
2 Not mentioned	600	79.05
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_80.000: Used massage for severe headache or migraine

MASCND80	Frequency	Percent
1 Mentioned	22	2.90
2 Not mentioned	734	96.71
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_81.000: Used massage for stomach or intestinal illness

MASCND81	Frequency	Percent
1 Mentioned 2 Not mentioned	 1 755	0.13 99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_82.000: Used massage for other (specify)

MASCND82	Frequency	Percent
1 Mentioned	31	4.08
2 Not mentioned	725	95.52
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_83.000: Used massage for anemia and other blood disorders

MASCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_84.000: Used massage for other allergies

MASCND84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	756	99.60
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_85.000: Used massage for other infectious diseases and problems of the immune system

MASCND85	Frequency	Percent
1 Mentioned	1	0.13
2 Not mentioned	755	99.47
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_86.000: Used massage for other musculoskeletal

MASCND86	Frequency	Percent
1 Mentioned	52	6.85
2 Not mentioned	704	92.75
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.290\_87.000: Used massage for stress

MASCND87	Frequency	Percent
1 Mentioned	30	3.95
2 Not mentioned	726	95.65
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22634

ALT.290\_91.000: Condition count for massage

MASCONCT	Frequency	Percent
01-40 1-40 conditions	756	99.60
97 Refused	3	0.40
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 22634

ALT.291\_00.000: Used massage for other (specify)

MAS_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	143	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.292\_00.000: Condition for which massage was used the most

01 Acid reflux or heartburn         1         0.13           02 Angina         0         0.00           03 Anxiety         5         0.66           04 Asthma         1         0.13           05 Arthritis         27         3.57           06 Attention Deficit Disorder/Hyperactivity         0         0.00           07 Autism         0         0.00           08 Benign tumors, cysts         0         0.00           08 Benign tumors, cysts         0         0.00           10 Birth defect         0         0.00           11 Cancer         7         0.93           12 Cholesterol         0         0.00           13 Chronic Bronchitis         0         0.00           14 Circulation problems (other than in the legs)         1         0.13           15 Constipation severe enough to require medication         0         0.00           16 Coronary heart disease         1         0.13           17 Dementia, including Alzheimer's Disease         0         0.00           18 Dental pain         0         0.00           19 Depression         0         0.00           20 Libetes         0         0.00           21 Emphysema         0 <th>MAS_MOST</th> <th>Frequency</th> <th>Percent</th>	MAS_MOST	Frequency	Percent
03 Amiety       5       0.66         04 Asthma       1       0.13         05 Arthritis       27       3.57         06 Attention Deficit Disorder/Hyperactivity       0       0.00         07 Autism       0       0.00         08 Benign tumors, cysts       0       0.00         08 Biptlar Disorder       0       0.00         10 Birth defect       0       0.00         11 Cancer       7       0.93         12 Cholesterol       0       0.00         13 Chronic Bronchitis       0       0.00         14 Circulation problems (other than in the legs)       1       0.13         15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetess       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive sleepiness during the day       0       0.00         24 Fibromyalgia	01 Acid reflux or heartburn	1	0.13
04 Asthma       1       0.13         55 Arthritis       27       3.57         06 Attention Deficit Disorder/Hyperactivity       0       0.00         07 Autism       0       0.00         08 Benign tumors, cysts       0       0.00         09 Bigolar Disorder       0       0.00         10 Sirth defect       0       0.00         11 Cancer       7       0.93         12 Cholesterol       0       0.00         13 Chronic Bronchitis       0       0.00         14 Circulation problems (other than in the legs)       1       0.13         15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       1       0.13         18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/jo	02 Angina	0	0.00
05 Attention Deficit Disorder/Hyperactivity         0         0.000           06 Attention Deficit Disorder/Hyperactivity         0         0.000           07 Autism         0         0.000           08 Benign tumors, cysts         0         0.000           10 Birth defect         0         0.000           11 Cancer         7         0.93           12 Cholesterol         0         0.00           13 Chronic Bronchitis         0         0.00           14 Circulation problems (other than in the legs)         1         0.13           15 Constipation severe enough to require medication         0         0.00           16 Coronary heart disease         1         0.13           17 Dementia, including Alzheimer's Disease         0         0.00           18 Dental pain         0         0.00           19 Depression         0         0.00           10 Diabetes         0         0.00           21 Emphysema         0         0.00           22 Excessive sleepiness during the day         0         0.00           23 Excessive use of alcohol or tobacco         0         0.00           24 Fibromyalgia         30         3.97           25 Fracture, bone/joint injury         9 </td <td>03 Anxiety</td> <td>5</td> <td>0.66</td>	03 Anxiety	5	0.66
66 Attention Deficit Disorder/Hyperactivity         0         0.00           07 Autism         0         0.00           08 Benign tumors, cysts         0         0.00           09 Bipolar Disorder         0         0.00           10 Birth defect         0         0.00           11 Cancer         7         0.93           12 Cholesterol         0         0.00           13 Chronic Bronchitis         0         0.00           14 Circulation problems (other than in the legs)         1         0.13           15 Constipation severe enough to require medication         0         0.00           16 Coronary heart disease         1         0.13           17 Dementia, including Alzheimer's Disease         0         0.00           18 Dental pain         0         0.00           18 Dental pain         0         0.00           19 Depression         0         0.00           20 Diabetes         0         0.00           21 Emphysema         0         0.00           22 Excessive sleepiness during the day         0         0.00           23 Excessive use of alcohol or tobacco         0         0.00           24 Fibromyalgia         30         3.97	·		0.13
07 Autism         0         0.00           08 Benigm tumors, cysts         0         0.00           09 Bipolar Disorder         0         0.00           10 Birth defect         0         0.00           11 Cancer         7         0.93           12 Cholesterol         0         0.00           13 Chronic Bronchitis         0         0.00           14 Circulation problems (other than in the legs)         1         0.13           15 Constipation severe enough to require medication         0         0.00           16 Coronary heart disease         1         0.13           17 Dementia, including Alzheimer's Disease         0         0.00           18 Dental pain         0         0.00           19 Depression         0         0.00           20 Diabetes         0         0.00           21 Emphysema         0         0.00           22 Excessive sleepiness during the day         0         0.00           23 Excessive sleepiness during the day         0         0.00           24 Excessive sleepiness during the day         0         0.00           25 Excessive sleepiness during the day         0         0.00           26 Excessive sleepines         0         0.00		27	
08 Benign tumors, cysts         0         0.00           09 Bipolar Disorder         0         0.00           10 Birth defect         0         0.00           11 Cancer         7         0.93           12 Cholesterol         0         0.00           13 Chronic Bronchitis         0         0.00           14 Circulation problems (other than in the legs)         1         0.13           15 Constipation severe enough to require medication         0         0.00           16 Coronary heart disease         1         0.13           17 Dementia, including Alzheimer's Disease         0         0.00           18 Dental pain         0         0.00           19 Depression         0         0.00           20 Diabetes         0         0.00           21 Emphysema         0         0.00           22 Excessive sleepiness during the day         0         0.00           23 Excessive use of alcohol or tobacco         0         0.00           24 Fibromyalgia         30         3.97           25 Fracture, bone/joint injury         9         1.19           26 Gut         0         0.00           27 Gum disease         0         0.00           28 G		0	0.00
09 Bipolar Disorder         0         0.00           10 Birth defect         0         0.00           11 Cancer         7         0.93           12 Cholesterol         0         0.00           13 Chronic Bronchitis         0         0.00           14 Circulation problems (other than in the legs)         1         0.13           15 Constipation severe enough to require medication         0         0.00           16 Coronary heart disease         1         0.13           17 Dementia, including Alzheimer's Disease         0         0.00           18 Dential pain         0         0.00           19 Depression         0         0.00           10 Diabetes         0         0.00           21 Emphysema         0         0.00           22 Excessive sleepiness during the day         0         0.00           23 Excessive sleepiness during the day         0         0.00           24 Fibromyalgia         30         3.97           25 Fracture, bone/joint injury         9         1.19           26 Gout         0         0.00           27 Gum disease         0         0.00           28 Gynecologic problem         1         0.13           29	• • • • • • • • • • • • • • • • • • • •	0	0.00
10 Birth defect       0       0.00         11 Cancer       7       0.93         12 Cholesterol       0       0.00         13 Chronic Bronchitis       0       0.00         14 Circulation problems (other than in the legs)       1       0.13         15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       1       0.13         4 Haypertension       2       0.26         30 Inflammatory bowel disease <td></td> <td>0</td> <td></td>		0	
11 Cancer       7       0.93         12 Cholesterol       0       0.00         13 Chronic Bronchitis       0       0.00         14 Circulation problems (other than in the legs)       1       0.13         15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive use of alcohol or tobacco       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       1       0.13         31 Henria       0       0.00         31 Henria       0       <			
12 Cholesterol			
13 Chronic Bronchitis       0       0.00         14 Circulation problems (other than in the legs)       1       0.13         15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dentral pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Hearit attack       0       0.00         32 Other heart condition or disease       0       0.00         35 Inflammatory bowel disease       0       0.00			
14 Circulation problems (other than in the legs)       1       0.13         15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36			
15 Constipation severe enough to require medication       0       0.00         16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         5 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         39 J			
16 Coronary heart disease       1       0.13         17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         39 Hay fever       0       0.00         30 Heart attack       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflamatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.0			
17 Dementia, including Alzheimer's Disease       0       0.00         18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive use of alcohol or tobacco       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Hearia       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         39 Jaw pain       2       0.26			
18 Dental pain       0       0.00         19 Depression       0       0.00         20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         38 Irritable bowel       0       0.00         40 Joint pain or stiffness/other joint condition       47 <td< td=""><td></td><td></td><td></td></td<>			
19   Depression   0   0.00   0.00   20 Diabetes   0   0.00   0.00   21   Emphysema   0   0.00   0.00   0.00   22   Excessive sleepiness during the day   0   0.00   0.00   23   Excessive use of alcohol or tobacco   0   0.00   24   Fibromyalgia   30   3.97   25   Fracture, bone/joint injury   9   1.19   26   Gout   0   0.0			
20 Diabetes       0       0.00         21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         38 Irritable bowel       0       0.00         39 Jaw pain       2       0.26         40 Joint pain or stiffness/other joint condition       47       6.22         41 Knee problems (not arthritis, not joint injur			
21 Emphysema       0       0.00         22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         38 Irritable bowel       0       0.00         39 Jaw pain       2       0.26         40 Joint pain or stiffness/other joint condition       47       6.22         41 Knee problems (not arthritis, not joint injury)       2       0.26         42 Liver			
22 Excessive sleepiness during the day       0       0.00         23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         38 Irritable bowel       0       0.00         39 Jaw pain       2       0.26         40 Joint pain or stiffness/other joint condition       47       6.22         41 Knee problems (not arthritis, not joint injury)       2       0.26         42 Liver problem       0       0.00         43 Lu			
23 Excessive use of alcohol or tobacco       0       0.00         24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         38 Irritable bowel       0       0.00         39 Jaw pain       2       0.26         40 Joint pain or stiffness/other joint condition       47       6.22         41 Knee problems (not arthritis, not joint injury)       2       0.26         42 Liver problem       0       0.00         45 Mania or psychosis       0       0         46 Memory loss or loss of	<del></del>		
24 Fibromyalgia       30       3.97         25 Fracture, bone/joint injury       9       1.19         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       1       0.13         29 Hay fever       0       0.00         30 Hearing problem       0       0.00         31 Heart attack       0       0.00         32 Other heart condition or disease       0       0.00         33 Hernia       0       0.00         34 Hypertension       2       0.26         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       0       0.00         37 Insomnia or trouble sleeping       0       0.00         38 Irritable bowel       0       0.00         39 Jaw pain       2       0.26         40 Joint pain or stiffness/other joint condition       47       6.22         41 Knee problems (not arthritis, not joint injury)       2       0.26         42 Liver problem       0       0.00         45 Mania or psychosis       0       0.00         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopau			
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# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.292\_00.000: Condition for which massage was used the most

MAS_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	6	0.79
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	9	1.19
60 Rheumatoid arthritis	3	0.40
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	7	0.93
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	12	1.59
70 Filled problem	1	0.13
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	327	43.25
78 Head or chest cold	2	0.26
79 Neck pain or problem	97	12.83
80 Severe headache or migraine	17	2.25
81 Stomach or intestinal illness	1	0.13
82 Other - specify	131	17.33
97 Refused	1	0.13
98 Not ascertained	0	0.00
99 Don't know	1	0.13

Frequency Missing = 22637

ALT.294\_01.000: Received no conventional medical treatment for condition for which massage was used the most

MASMED00	Frequency	Percent
1 Mentioned	329	43.63
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	422 3	55.97 0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.294\_02.000: Received prescription medications for condition for which massage was used the most

MASMED01	Frequency	Percent
1 Mentioned	272	36.07
2 Not mentioned	479	63.53
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22639

ALT.294\_03.000: Received over-the-counter medications for condition for which massage was used the most

MASMED02	Frequency	Percent
1 Mentioned	199	26.39
2 Not mentioned	552	73.21
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22639

ALT.294\_04.000: Received surgery for condition for which massage was used the most

MASMED03	Frequency	Percent
1 Mentioned	58	7.69
2 Not mentioned	693	91.91
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22639

ALT.294\_05.000: Received physical therapy for condition for which massage was used the most

MASMED04	Frequency	Percent
1 Mentioned	 179	23.74
2 Not mentioned	572	75.86
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.294\_06.000: Received mental health counseling for condition for which massage was used the most

MASMED05	Frequency	Percent
1 Mentioned	 25	3.32
2 Not mentioned	726	96.29
7 Refused	3	0.40
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22639

ALT.296\_01.000: Time received prescription medications for condition for which massage was used the most

MAS_TIM1	Frequency	Percent
1 Before	 139	51.10
2 At about the same time	109	40.07
3 After	21	7.72
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	1.10

Frequency Missing = 23121

ALT.296\_02.000: Time received over-the-counter medications for condition for which massage was used the most

MAS_TIM2	Frequency	Percent
1 Before	125	62.81
2 At about the same time	67	33.67
3 After	4	2.01
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	1.51

ALT.296\_03.000: Time received surgery for condition for which massage was used the most

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Frequency Missing = 23335

ALT.296\_04.000: Time received physical therapy for condition for which massage was used the most

MAS_TIM4	Frequency	Percent
1 Before	57	31.84
2 At about the same time	93	51.96
3 After	28	15.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.56

Frequency Missing = 23214

ALT.296\_05.000: Time received mental health counseling for condition for which massage was used the most

MAS_TIM5	Frequency	Percent
1 Before	9	36.00
2 At about the same time	9	36.00
3 After	7	28.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23368

ALT.298\_00.000: Used massage to improve or enhance energy

MAS_ENG	Frequency	Percent
1 Yes	566	30.93
2 No	1260	68.85
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	2	0.11

ALT.300\_00.000: Used massage for general wellness or general disease prevention

MAS_WEL	Frequency	Percent
1 Yes	1031	56.34
2 No	797	43.55
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	0	0.00

Frequency Missing = 21563

ALT.302\_00.000: Used massage to improve or enhance immune function

MAS_IMM	Frequency	Percent
1 Yes	282	15.41
2 No	1543	84.32
7 Refused	1	0.05
8 Not ascertained	1	0.05
9 Don't know	3	0.16

Frequency Missing = 21563

ALT.304\_00.000: Used massage because medical treatments did not help

MAS_NOHP	Frequency	Percent
1 Yes 2 No	251 1575	13.72 86.07
7 Refused	0	0.00
8 Not ascertained	2	0.11
9 Don't know	2	0.11

Frequency Missing = 21563

ALT.306\_00.000: Used massage because medical treatments were too expensive

MAS_EXPS	Frequency	Percent
1 Yes	100	5.46
2 No	1728	94.43
7 Refused	0	0.00
8 Not ascertained	2	0.11
9 Don't know	0	0.00

ALT.308\_00.000: Used massage because it was recommended by a health care provider

MAS_SUGG	Frequency	Percent
1 Yes	298	16.28
2 No	1529	83.55
7 Refused	0	0.00
8 Not ascertained	2	0.11
9 Don't know	1	0.05

Frequency Missing = 21563

ALT.310\_00.000: Used massage because it was recommended by family, friends, or co-workers

MAS_FFC	Frequency	Percent
1 Yes	707	38.63
2 No	1121	61.26
7 Refused	0	0.00
8 Not ascertained	2	0.11
9 Don't know	0	0.00

Frequency Missing = 21563

ALT.312\_00.000: Let conventional medical professional know about use of massage

MASDISC	Frequency	Percent
1 Yes	547	29.89
2 No	1271	69.45
7 Refused	0	0.00
8 Not ascertained	3	0.16
9 Don't know	9	0.49

Frequency Missing = 21563

ALT.314\_01.000: Let medical doctor (including specialists) know about use of massage

MASPRF1	Frequency	Percent
1 Mentioned	522	95.43
2 Not mentioned	23	4.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

ALT.314\_02.000: Let Doctor of Osteopathy (D.O.) know about use of massage

MASPRF2	Frequency	Percent
1 Mentioned	 16	2.93
2 Not mentioned	529	96.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

Frequency Missing = 22846

ALT.314\_03.000: Let nurse practitioner/physician assistant know about use of massage

MASPRF3	Frequency	Percent
1 Mentioned	28	5.12
2 Not mentioned	517	94.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

Frequency Missing = 22846

ALT.314\_04.000: Let psychiatrist know about use of massage

MASPRF4	Frequency	Percent
1 Mentioned	8	1.46
2 Not mentioned	537	98.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

Frequency Missing = 22846

ALT.314\_05.000: Let dentist (including specialists) know about use of massage

MASPRF5	Frequency	Percent
1 Mentioned	7	1.28
2 Not mentioned	538	98.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

ALT.314\_06.000: Let psychologist/social worker know about use of massage

MASPRF6	Frequency	Percent
1 Mentioned	6	1.10
2 Not mentioned	539	98.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

Frequency Missing = 22846

ALT.314\_07.000: Let pharmacist know about use of massage

MASPRF7	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	545	99.63
7 Refused	0.	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.37

Frequency Missing = 22846

ALT.316\_00.000: Saw practitioner for naturopathy, past 12 months

NAT_USEM	Frequency	Percent
1 Yes	82	23.23
2 No	270	76.49
7 Refused	0	0.00
8 Not ascertained	1	0.28
9 Don't know	0	0.00

Frequency Missing = 23040

ALT.318\_00.000: Number of times saw practitioner for naturopathy

NAT_NUM	Frequency	Percent
1 Only one time	21	25.61
2 2-5 times	45	54.88
3 6-10 times	5	6.10
4 11-15 times	6	7.32
5 16-20 times	1	1.22
6 More than 20 times	4	4.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.320\_00.000: Amount paid per visit to practitioner for naturopathy

NAT_PAY	Frequency	Percent
000-499 \$0-\$499	79	96.34
500 \$500 or more	1	1.22
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	2.44

Frequency Missing = 23311

ALT.322\_00.000: Used naturopathy for a specific health problem or condition

NZ	AT_TRET	Frequency	Percen
1	Yes	57	69.51
2	No	25	30.49
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23311

ALT.324\_01.000: Used naturopathy for acid reflux or heartburn

NATCND01	Frequency	Percent
1 Mentioned	3	5.26
2 Not mentioned	53	92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_02.000: Used naturopathy for angina

NATCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_03.000: Used naturopathy for anxiety

NATCND03	Frequency	Percent
1 Mentioned		3.51
2 Not mentioned	54	94.74
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_04.000: Used naturopathy for asthma

NATCND04	Frequency	Percent
1 Mentioned 2 Not mentioned	1 55	1.75 96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_05.000: Used naturopathy for arthritis

NATCND05	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_06.000: Used naturopathy for Attention Deficit Disorder/Hyperactivity

NATCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_07.000: Used naturopathy for autism

NATCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_08.000: Used naturopathy for benign tumors, cysts

NATCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_09.000: Used naturopathy for bipolar disorder

NATCND09	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_10.000: Used naturopathy for birth defect

NATCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_11.000: Used naturopathy for cancer

NATCND11	Frequency	Percent
1 Mentioned	2	3.51
2 Not mentioned	54	94.74
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_12.000: Used naturopathy for cholesterol

NATCND12	Frequency	Percent
1 Mentioned	3	5.26
2 Not mentioned	53	92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_13.000: Used naturopathy for chronic bronchitis

NATCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_14.000: Used naturopathy for circulation problems (other than in the legs)

NATCND14	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_15.000: Used naturopathy for constipation severe enough to require medication

NATCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_16.000: Used naturopathy for coronary heart disease

NATCND16	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_17.000: Used naturopathy for dementia, including Alzheimer's Disease

NATCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_18.000: Used naturopathy for dental pain

NATCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_19.000: Used naturopathy for depression

NATCND19	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_20.000: Used naturopathy for diabetes

NATCND20	Frequency	Percent
1 Mentioned 2 Not mentioned	 1 55	1.75 96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_21.000: Used naturopathy for emphysema

NATCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	56 1	98.25 1.75
8 Not ascertained 9 Don't know	0	0.00
J DOIL C MILOW	O	0.00

Frequency Missing = 23336

ALT.324\_22.000: Used naturopathy for excessive sleepiness during the day

NATCND22	Frequency	Percent
1 Mentioned	2	3.51
2 Not mentioned	54	94.74
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_23.000: Used naturopathy for excessive use of alcohol or tobacco

NATCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_24.000: Used naturopathy for fibromyalgia

NATCND24	Frequency	Percent
1 Mentioned	 2	3.51
	=	
2 Not mentioned	54	94.74
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_25.000: Used naturopathy for fracture, bone/joint injury

NATCND25	Frequency	Percent
1 Mentioned 2 Not mentioned	0 56	0.00 98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_26.000: Used naturopathy for gout

NATCND26	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_27.000: Used naturopathy for gum disease

NATCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_28.000: Used naturopathy for gynecologic problem

NATCND28	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_29.000: Used naturopathy for hay fever

NATCND29	Frequency	Percent
1 Mentioned 2 Not mentioned	0 56	0.00 98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_30.000: Used naturopathy for hearing problem

NATCND30	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_31.000: Used naturopathy for heart attack

NATCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_32.000: Used naturopathy for other heart condition or disease

NATCND32	Frequency	Percent
1 Mentioned 2 Not mentioned	0 56	0.00 98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_33.000: Used naturopathy for hernia

NATCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_34.000: Used naturopathy for hypertension

NATCND34	Frequency	Percent
1 Mentioned	2	3.51
2 Not mentioned	54	94.74
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_35.000: Used naturopathy for inflammatory bowel disease

NATCND35	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_36.000: Used naturopathy for influenza or pneumonia

NATCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_37.000: Used naturopathy for insomnia or trouble sleeping

NATCND37	Frequency	Percent
1 Mentioned 2 Not mentioned	4 52	7.02
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_38.000: Used naturopathy for irritable bowel

NATCND38	Frequency	Percent
1. 26		0.00
1 Mentioned	Ü	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

Unweighted Frequencies

ALT.324\_39.000: Used naturopathy for jaw pain

NATCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_40.000: Used naturopathy for joint pain or stiffness/other joint condition

NATCND40	Frequency	Percent
1 Mentioned	7	12.28
2 Not mentioned	49	85.96
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_41.000: Used naturopathy for knee problems (not arthritis, not joint injury)

NATCND41	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_42.000: Used naturopathy for liver problem

NATCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_43.000: Used naturopathy for lung/breathing problem (not already listed)

NATCND43	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_44.000: Used naturopathy for lupus

NATCND44	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_45.000: Used naturopathy for mania or psychosis

NATCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_46.000: Used naturopathy for memory loss or loss of other cognitive function

NATCND46	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_47.000: Used naturopathy for menopause

NATCND47	Frequency	Percent
1 Mentioned	3	5.26
2 Not mentioned	53	92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_48.000: Used naturopathy for menstrual problems

NATCND48	Frequency	Percent
1 Mentioned	1	1.75
	Τ.	= • / 0
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_49.000: Used naturopathy for mental retardation

NATCND49	Frequency	Percent
1 Mentioned 2 Not mentioned	0 56	0.00 98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_50.000: Used naturopathy for missing limbs (fingers, toes or digits), amputee

NATCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_51.000: Used naturopathy for osteoporosis, tendinitis

NATCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_52.000: Used naturopathy for other developmental problem

NATCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_53.000: Used naturopathy for other injury

NATCND53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_54.000: Used naturopathy for other nerve damage, including carpal tunnel syndrome

NATCND54	Frequency	Percent
1 Mentioned 2 Not mentioned	3 53	5.26 92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_55.000: Used naturopathy for phobia or fears

NATCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_56.000: Used naturopathy for polio (myelitis), paralysis, para/quadriplegia

NATCND56	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_57.000: Used naturopathy for poor circulation in legs

NATCND57	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_58.000: Used naturopathy for prostate trouble or impotence

NATCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_59.000: Used naturopathy for regular headaches

NATCND59	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_60.000: Used naturopathy for rheumatoid arthritis

NATCND60	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_61.000: Used naturopathy for schizophrenia

NATCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_62.000: Used naturopathy for seizures

NATCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_63.000: Used naturopathy for senility

NATCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_64.000: Used naturopathy for sinusitis

NATCND64	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_65.000: Used naturopathy for skin problems

NATCND65	Frequency	Percent
1 Mentioned	3	5.26
2 Not mentioned	53	92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_66.000: Used naturopathy for sprain or strain

NATCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_67.000: Used naturopathy for stroke

NATCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_68.000: Used naturopathy for substance abuse, other than alcohol or tobacco

NATCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_69.000: Used naturopathy for other (specify)

NATCND69	Frequency	Percent
1 Mentioned	3	5.26
2 Not mentioned	53	92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_70.000: Used naturopathy for other (specify)

NATCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_71.000: Used naturopathy for ulcer

NATCND71	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_72.000: Used naturopathy for urinary problem

NATCND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_73.000: Used naturopathy for varicose veins, hemorrhoids

NATCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_74.000: Used naturopathy for vision problem

NATCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_75.000: Used naturopathy for weak or failing kidneys

NATCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_76.000: Used naturopathy for weight problem

NATCND76	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_77.000: Used naturopathy for back pain or problem

NATCND77	Frequency	Percent
1 Mentioned	3	5.26
2 Not mentioned	53	92.98
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_78.000: Used naturopathy for head or chest cold

NATCND78	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	2 54 1	3.51 94.74 1.75
8 Not ascertained 9 Don't know	0	0.00

ALT.324\_79.000: Used naturopathy for neck pain or problem

NATCND79	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_80.000: Used naturopathy for severe headache or migraine

NATCND80	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_81.000: Used naturopathy for stomach or intestinal illness

NATCND81	Frequency	Percent
1 Mentioned	6	10.53
2 Not mentioned	50	87.72
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_82.000: Used naturopathy for other (specify)

NATCND82	Frequency	Percent
1 Mentioned	8	14.04
2 Not mentioned	48	84.21
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_83.000: Used naturopathy for anemia and other blood disorders

NATCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_84.000: Used naturopathy for other allergies

NATCND84	Frequency	Percent
1 Mentioned	4	7.02
2 Not mentioned	52	91.23
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_85.000: Used naturopathy for other infectious diseases and problems of the immune system

NATCND85	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_86.000: Used naturopathy for other musculoskeletal

NATCND86	Frequency	Percent
1 Mentioned	1	1.75
2 Not mentioned	55	96.49
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.324\_87.000: Used naturopathy for stress

NATCND87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	56	98.25
7 Refused	1	1.75
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23336

ALT.324\_91.000: Condition count for naturopathy

NATCONCT	Frequency	Percent
01-40 1-40 conditions	56	98.25
97 Refused	1	1.75
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23336

ALT.325\_00.000: Used naturopathy for other (specify)

NAT_SPEC	Frequency	Percent
97 Refused	1	5.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	19	95.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.326\_00.000: Condition for which naturopathy was used the most

NAT_MOST	Frequency	Percent
01 Acid reflux or heartburn	2	3.57
02 Angina	0	0.00
03 Anxiety	1	1.79
04 Asthma	0	0.00
05 Arthritis	0	0.00
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect 11 Cancer	0 2	0.00 3.57
12 Cholesterol	1	1.79
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	1	1.79
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	1	1.79
20 Diabetes	0	0.00
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	0	0.00
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	0	0.00
30 Hearing problem	1	1.79
31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
34 Hypertension	0	0.00
35 Inflammatory bowel disease	1	1.79 0.00
36 Influenza or pneumonia 37 Insomnia or trouble sleeping	0	5.36
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	4	7.14
41 Knee problems (not arthritis, not joint injury)	1	1.79
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	1	1.79
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	1	1.79
47 Menopause	2	3.57
48 Menstrual problems	1	1.79
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	2	3.57

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

 $ALT.326\_00.000$ : Condition for which naturopathy was used the most

NAT_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	1	1.79
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	1	1.79
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	2	3.57
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	1	1.79
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	3	5.36
78 Head or chest cold	1	1.79
79 Neck pain or problem	0	0.00
80 Severe headache or migraine	0	0.00
81 Stomach or intestinal illness	4	7.14
82 Other - specify	18	32.14
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23337

ALT.328\_01.000: Received no conventional medical treatment for condition for which naturopathy was used the most

NATMED00	Frequency	Percent
1 Mentioned	19	33.93
2 Not mentioned	36	64.29
7 Refused	0	0.00
8 Not ascertained	1	1.79
9 Don't know	0	0.00

ALT.328\_02.000: Received prescription medications for condition for which naturopathy was used the most

NATMED01	Frequency	Percent
1 Mentioned	31	55.36
2 Not mentioned	24	42.86
7 Refused	0	0.00
8 Not ascertained	1	1.79
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.328\_03.000: Received over-the-counter medications for condition for which naturopathy was used the most

NATMED02	Frequency	Percent
1 Mentioned	13	23.21
2 Not mentioned	42	75.00
7 Refused	0	0.00
8 Not ascertained	1	1.79
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.328\_04.000: Received surgery for condition for which naturopathy was used the most

NATMED03	Frequency	Percent
1 Mentioned	1	1.79
2 Not mentioned	54	96.43
7 Refused	0	0.00
8 Not ascertained	1	1.79
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.328\_05.000: Received physical therapy for condition for which naturopathy was used the most

NATMED04	Frequency	Percent
1 Mentioned	 3	5.36
2 Not mentioned	52	92.86
7 Refused	0	0.00
8 Not ascertained	1	1.79
9 Don't know	0	0.00

ALT.328\_06.000: Received mental health counseling for condition for which naturopathy was used the most

NATMED05	Frequency	Percent
1 Mentioned	3	5.36
2 Not mentioned	52	92.86
7 Refused	0	0.00
8 Not ascertained	1	1.79
9 Don't know	0	0.00

Frequency Missing = 23337

ALT.330\_01.000: Time received prescription medications for condition for which naturopathy was used the most

NAT_TIM1	Frequency	Percent
1 Before	24	77.42
2 At about the same time	6	19.35
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	3.23

Frequency Missing = 23362

ALT.330\_02.000: Time received over-the-counter medications for condition for which naturopathy was used the most

NAT_TIM2	Frequency	Percent
1 Before	7	53.85
2 At about the same time	4	30.77
3 After	2	15.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.330\_03.000: Time received surgery for condition for which naturopathy was used the most

NAT_TIM3	Frequency	Percent
1 Before	0	0.00
2 At about the same time	1	100.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.330\_04.000: Time received physical therapy for condition for which naturopathy was used the most

NAT_TIM4	Frequency	Percent
1 Before	3	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23390

ALT.330\_05.000: Time received mental health counseling for condition for which naturopathy was used the most

NAT_TIM5	Frequency	Percent
1 Before 2 At about the same time	2 1	66.67 33.33
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23390

ALT.332\_00.000: Used naturopathy to improve or enhance energy

NAT_ENG	Frequency	Percent
1 Yes	50	60.98
2 No	32	39.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.334\_00.000: Used naturopathy for general wellness or general disease prevention

NAT_WEL	Frequency	Percent
1 Yes	 66	80.49
2 No	16	19.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23311

ALT.336\_00.000: Used naturopathy to improve or enhance immune function

NAT_IMM	Frequency	Percent
1 Yes	55	67.07
2 No	27	32.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23311

ALT.338\_00.000: Used naturopathy because medical treatments did not help

NAT_NOHP	Frequency	Percent
1 Yes	38	46.34
2 No	44	53.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23311

ALT.340\_00.000: Used naturopathy because medical treatments were too expensive

N	AT_EXPS	Frequency	Percent
1	 Yes	14	17.07
2	No	68	82.93
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

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ALT.342\_00.000: Used naturopathy because it was recommended by a health care provider

NAT_SUGG	Frequency	Percent
1 Yes	13	15.85
2 No	69	84.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23311

ALT.344\_00.000: Used naturopathy because it was recommended by family, friends, or co-workers

NAT_FFC	Frequency	Percent
1 Yes	45	54.88
2 No	37	45.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23311

ALT.346\_00.000: Let conventional medical professional know about use of naturopathy

NATDISC	Frequency	Percent
1 Yes 2 No	45 37	54.88 45.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23311

ALT.348\_01.000: Let medical doctor (including specialists) know about use of naturopathy

NATPRF1	Frequency	Percent
1 Mentioned	41	91.11
2 Not mentioned	4	8.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.348\_02.000: Let Doctor of Osteopathy (D.O.) know about use of naturopathy

NATPRF2	Frequency	Percent
1 Mentioned	1	2.22
2 Not mentioned	44	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23348

ALT.348\_03.000: Let nurse practitioner/physician assistant know about use of naturopathy

NATPRF3	Frequency	Percent
1 Mentioned	3	6.67
2 Not mentioned	42	93.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23348

ALT.348\_04.000: Let psychiatrist know about use of naturopathy

NATPRF4	Frequency	Percent
1 Mentioned	1	2.22
2 Not mentioned	44	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23348

ALT.348\_05.000: Let dentist (including specialists) know about use of naturopathy

NATPRF5	Frequency	Percent
1 Mentioned 2 Not mentioned	1 44	2.22 97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.348\_06.000: Let psychologist/social worker know about use of naturopathy

NATPRF6	Frequency	Percent
1 Mentioned	1	2.22
2 Not mentioned	44	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23348

ALT.348\_07.000: Let pharmacist know about use of naturopathy

NATPRF7	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	45	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23348

ALT.350\_02.000: Ever saw a Curandero

CUR_EVER	Frequency	Percent
1 Mentioned	75	0.32
2 Not mentioned	22625	96.72
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.350\_03.000: Ever saw an Espiritista

ESP_EVER	Frequency	Percent
1 Mentioned	152	0.65
2 Not mentioned	22548	96.39
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.350\_04.000: Ever saw a Hierbero or Yerbera

YER_EVER	Frequency	Percent
1 Mentioned	87	0.37
2 Not mentioned	22613	96.67
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.350\_05.000: Ever saw a Shaman

SHA_EVER	Frequency	Percent
1 Mentioned	70	0.30
2 Not mentioned	22630	96.74
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.350\_06.000: Ever saw a Botanica

BOT_EVER	Frequency	Percent
1 Mentioned	45	0.19
2 Not mentioned	22655	96.85
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.350\_07.000: Ever saw a Native American Healer/Medicine Man

NAH_EVER	Frequency	Percent
1 Mentioned	78	0.33
2 Not mentioned	22622	96.70
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.350\_08.000: Ever saw a Sobador

SBD_EVER	Frequency	Percent
1 Mentioned	97	0.41
2 Not mentioned	22603	96.62
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.350\_01.000: Never saw a traditional healer

TRDNEVER	Frequency	Percent
1 Mentioned	22167	94.76
2 Not mentioned	533	2.28
7 Refused	62	0.27
8 Not ascertained	599	2.56
9 Don't know	32	0.14

ALT.364\_00.000: Saw a Curandero, past 12 months

CUR_USEM	Frequency	Percent
1 Yes	6	8.00
2 No	69	92.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23318

ALT.366\_00.000: Saw an Espiritista, past 12 months

ESP_USEM	Frequency	Percent
1 Yes	4	2.63
2 No	148	97.37
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23241

ALT.368\_00.000: Saw a Hierbero or Yerbera, past 12 months

YER_USEM	Frequency	Percent
1 Yes	10	11.49
2 No	77	88.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.370\_00.000: Saw a Shaman, past 12 months

SHA_USEM	Frequency	Percent
1 Yes	19	27.14
2 No	50	71.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.43

Frequency Missing = 23323

ALT.372\_00.000: Saw a Botanica, past 12 months

BOT_USEM	Frequency	Percent
1 Yes	12	26.67
2 No	33	73.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23348

ALT.374\_00.000: Saw a Native American Healer or Medicine Man, past 12 months

NAH_USEM	Frequency	Percent
1 Yes	25	32.05
2 No	52	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.28

Frequency Missing = 23315

ALT.376\_00.000: Saw a Sobador, past 12 months

SBD_USEM	Frequency	Percent
1 Yes	30	30.93
2 No 7 Refused	67 0	69.07 0.00
8 Not ascertained 9 Don't know	0 0	0.00

ALT.377\_00.000: Number of traditional healers used

TRDUSECT	Frequency	Percent
1-7 traditional healers	98	100.00

Frequency Missing = 23295

ALT.378\_00.000: Traditional healer seen the most

TRD_MOST	Frequency	Percent
01 Curandero	 5	5.10
02 Espiritista	3	3.06
03 Hierbero or Yerbera	9	9.18
04 Shaman	16	16.33
05 Botanica	11	11.22
06 Native American Healer/Medicine man	23	23.47
07 Sobador	30	30.61
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	1.02

Frequency Missing = 23295

ALT.380\_00.000: Number of times saw a traditional healer

TRD_NUM	Frequency	Percent
1 Only one time 2 2-5 times	41	42.27
2 2-5 times 3 6-10 times	46 6	47.42 6.19
4 11-15 times	2	2.06
5 16-20 times 6 More than 20 times	0 1	0.00 1.03
7 Refused	1	1.03
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23296

ALT.382\_00.000: Amount paid per visit for traditional healer

TRD_PAY	Frequency	Percent
000-499 \$0-\$499	91	93.81
500 \$500 or more	1	1.03
997 Refused	1	1.03
998 Not ascertained	0	0.00
999 Don't know	4	4.12

ALT.384\_00.000: Saw a traditional healer for a specific health problem or condition

TRD_TRET	Frequency	Percent
1 Yes	 62	63.92
2 No	35	36.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23296

ALT.386\_01.000: Saw a traditional healer for acid reflux or heartburn

TRDCND01	Frequency	Percent
1 Mentioned	2	3.23
2 Not mentioned	59	95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_02.000: Saw a traditional healer for angina

TRDCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_03.000: Saw a traditional healer for anxiety

TRDCND03	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_04.000: Saw a traditional healer for asthma

TRDCND04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_05.000: Saw a traditional healer for arthritis

TRDCND05	Frequency	Percent
1 Mentioned	5	8.06
2 Not mentioned	56	90.32
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_06.000: Saw a traditional healer for Attention Deficit Disorder/Hyperactivity

TRDCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_07.000: Saw a traditional healer for autism

TRDCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_08.000: Saw a traditional healer for benign tumors, cysts

TRDCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_09.000: Saw a traditional healer for bipolar disorder

TRDCND09	Frequency	Percent
1 Mentioned 2 Not mentioned	0 61	0.00
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_10.000: Saw a traditional healer for birth defect

TRDCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_11.000: Saw a traditional healer for cancer

TRDCND11	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_12.000: Saw a traditional healer for cholesterol

TRDCND12	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_13.000: Saw a traditional healer for chronic bronchitis

TRDCND13	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_14.000: Saw a traditional healer for circulation problems (other than in the legs)

TRDCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_15.000: Saw a traditional healer for constipation severe enough to require medication

TRDCND15	Frequency	Percent
1 Mentioned 2 Not mentioned	0 61	0.00 98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.386\_16.000: Saw a traditional healer for coronary heart disease

TRDCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_17.000: Saw a traditional healer for dementia, including Alzheimer's Disease

TRDCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_18.000: Saw a traditional healer for dental pain

TRDCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_19.000: Saw a traditional healer for depression

TRDCND19	Frequency	Percent
1 Mentioned	4	6.45
2 Not mentioned	57	91.94
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_20.000: Saw a traditional healer for diabetes

TRDCND20	Frequency	Percent
1 Mentioned	2	3.23
2 Not mentioned	59	95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_21.000: Saw a traditional healer for emphysema

TRDCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_22.000: Saw a traditional healer for excessive sleepiness during the day

TRDCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_23.000: Saw a traditional healer for excessive use of alcohol or tobacco

TRDCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_24.000: Saw a traditional healer for fibromyalgia

TRDCND24	Frequency	Percent
1 Mentioned	2	3.23
2 Not mentioned	59	95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_25.000: Saw a traditional healer for fracture, bone/joint injury

TRDCND25	Frequency	Percent
1 Mentioned	2	3.23
2 Not mentioned	59	95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_26.000: Saw a traditional healer for gout

TRDCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_27.000: Saw a traditional healer for gum disease

TRDCND27	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_28.000: Saw a traditional healer for gynecologic problem

TRDCND28	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_29.000: Saw a traditional healer for hay fever

TRDCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_30.000: Saw a traditional healer for hearing problem

TRDCND30	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_31.000: Saw a traditional healer for heart attack

TRDCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.386\_32.000: Saw a traditional healer for other heart condition or disease

TRDCND32	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_33.000: Saw a traditional healer for hernia

TRDCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_34.000: Saw a traditional healer for hypertension

TRDCND34	Frequency	Percent
1 Mentioned	3	4.84
2 Not mentioned	58	93.55
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_35.000: Saw a traditional healer for inflammatory bowel disease

TRDCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	61	98.39 1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_36.000: Saw a traditional healer for influenza or pneumonia

TRDCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_37.000: Saw a traditional healer for insomnia or trouble sleeping

TI	RDCND37	Frequency	Percent
1	Mentioned	2	3.23
2	Not mentioned	59	95.16
7	Refused	1	1.61
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_38.000: Saw a traditional healer for irritable bowel

TRDCND38	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_39.000: Saw a traditional healer for jaw pain

TRDCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.386\_40.000: Saw a traditional healer for joint pain or stiffness/other joint condition

TRDCND40	Frequency	Percent
1 Mentioned	5	8.06
2 Not mentioned	56	90.32
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_41.000: Saw a traditional healer for knee problems (not arthritis, not joint injury)

TRDCND41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_42.000: Saw a traditional healer for liver problem

TRDCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_43.000: Saw a traditional healer for lung/breathing problem (not already listed)

TRDCND43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_44.000: Saw a traditional healer for lupus

TRDCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_45.000: Saw a traditional healer for mania or psychosis

TRDCND45	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_46.000: Saw a traditional healer for memory loss or loss of other cognitive function

TRDCND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_47.000: Saw a traditional healer for menopause

TRDCND47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_48.000: Saw a traditional healer for menstrual problems

TRDCND48	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_49.000: Saw a traditional healer for mental retardation

TRDCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_50.000: Saw a traditional healer for missing limbs (fingers, toes or digits), amputee

TRDCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_51.000: Saw a traditional healer for osteoporosis, tendinitis

TRDCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.386\_52.000: Saw a traditional healer for other developmental problem

TRDCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_53.000: Saw a traditional healer for other injury

TRDCND53	Frequency	Percent
1 Mentioned	 1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_54.000: Saw a traditional healer for other nerve damage, including carpal tunnel syndrome

TRDCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_55.000: Saw a traditional healer for phobia or fears

TRDCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_56.000: Saw a traditional healer for polio (myelitis), paralysis, para/quadriplegia

TRDCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_57.000: Saw a traditional healer for poor circulation in legs

TRDCND57	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_58.000: Saw a traditional healer for prostate trouble or impotence

TRDCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_59.000: Saw a traditional healer for regular headaches

TRDCND59	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_60.000: Saw a traditional healer for rheumatoid arthritis

TRDCND60	Frequency	Percent
1 Mentioned	2	3.23
2 Not mentioned	59	95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_61.000: Saw a traditional healer for schizophrenia

TRDCND61	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_62.000: Saw a traditional healer for seizures

TRDCND62	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_63.000: Saw a traditional healer for senility

TRDCND63	Frequency	Percent
1 Mentioned	0 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_64.000: Saw a traditional healer for sinusitis

TRDCND64	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_65.000: Saw a traditional healer for skin problems

TRDCND65	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_66.000: Saw a traditional healer for sprain or strain

TRDCND66	Frequency	Percent
1 Mentioned	7	11.29
2 Not mentioned	54	87.10
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_67.000: Saw a traditional healer for stroke

TRDCND67	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	61 1	98.39 1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_68.000: Saw a traditional healer for substance abuse, other than alcohol or tobacco

TRDCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_69.000: Saw a traditional healer for other (specify)

TRDCND69	Frequency	Percent
1 Mentioned 2 Not mentioned	2 59	3.23 95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_70.000: Saw a traditional healer for other (specify)

TRDCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_71.000: Saw a traditional healer for ulcer

TRDCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_72.000: Saw a traditional healer for urinary problem

TRDCND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_73.000: Saw a traditional healer for varicose veins, hemorrhoids

TRDCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_74.000: Saw a traditional healer for vision problem

TRDCND74	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_75.000: Saw a traditional healer for weak or failing kidneys

TRDCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_76.000: Saw a traditional healer for weight problem

TRDCND76	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_77.000: Saw a traditional healer for back pain or problem

TRDCND77	Frequency	Percent	
1	Mentioned	13	20.97
2	Not mentioned	48	77.42
7	Refused	1	1.61
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_78.000: Saw a traditional healer for head or chest cold

TRDCND78	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_79.000: Saw a traditional healer for neck pain or problem

TRDCND79	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_80.000: Saw a traditional healer for severe headache or migraine

TRDCND80	Frequency	Percent
1 Mentioned	2	3.23
2 Not mentioned	59	95.16
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_81.000: Saw a traditional healer for stomach or intestinal illness

TRDCND81	Frequency	Percent
1 Mentioned	6	9.68
2 Not mentioned	55	88.71
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_82.000: Saw a traditional healer for other (specify)

TRDCND82	Frequency	Percent
1 Mentioned	7	11.29
2 Not mentioned	54	87.10
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_83.000: Saw a traditional healer for anemia and other blood disorders

TRDCND83	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	61 1	98.39 1.61
8 Not ascertained 9 Don't know	0	0.00

ALT.386\_84.000: Saw a traditional healer for other allergies

TRDCND84	Frequency	Percent
1 Mentioned	1	1.61
2 Not mentioned	60	96.77
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_85.000: Saw a traditional healer for other infectious diseases and problems of the immune system

TRDCND85	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_86.000: Saw a traditional healer for other musculoskeletal

TRDCND86	Frequency	Percent
1 Mentioned	3	4.84
2 Not mentioned	58	93.55
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23331

ALT.386\_87.000: Saw a traditional healer for stress

TRDCND87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	61	98.39
7 Refused	1	1.61
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.386\_91.000: Condition count for traditional healers

TRDCONCT	Frequency	Percent
01-40 1-40 conditions	 61	98.39
97 Refused	1	1.61
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23331

ALT.387\_00.000: Saw a traditional healer for other (specify)

TRD_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	16	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.388\_00.000: Condition for which a traditional healer was seen the most

TRD_CONM	Frequency	Percent
01 Acid reflux or heartburn	2	3.28
02 Angina	0	0.00
03 Anxiety	0	0.00
04 Asthma	0	0.00
05 Arthritis	3	4.92
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	1	1.64
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression 20 Diabetes	3 1	4.92 1.64
		0.00
21 Emphysema 22 Excessive sleepiness during the day	0 0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	1	1.64
25 Fracture, bone/joint injury	2	3.28
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	1	1.64
29 Hay fever	0	0.00
30 Hearing problem	0	0.00
31 Heart attack	0	0.00
32 Other heart condition or disease	1	1.64
33 Hernia	0	0.00
34 Hypertension	0	0.00
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	1	1.64
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	2	3.28
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	1	1.64
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

ALT.388\_00.000: Condition for which a traditional healer was seen the most

TRD_CONM	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	1	1.64
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	3	4.92
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	2	3.28
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	12	19.67
78 Head or chest cold	1	1.64
79 Neck pain or problem	1	1.64
80 Severe headache or migraine	1	1.64
81 Stomach or intestinal illness	5	8.20
82 Other - specify	16	26.23
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23332

ALT.390\_01.000: Received no conventional medical treatment for condition for which a traditional healer was seen the most

TRDMED00	Frequency	Percent
1 Mentioned	38	62.30
2 Not mentioned	23	37.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.390\_02.000: Received prescription medications for condition for which a traditional healer was seen the most

TRDMED01	Frequency	Percent
1 Mentioned	15	24.59
2 Not mentioned	46	75.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23332

ALT.390\_03.000: Received over-the-counter medications for condition for which a traditional healer was seen the most

TRDMED02	Frequency	Percent
1 Mentioned	10	16.39
2 Not mentioned	51	83.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23332

ALT.390\_04.000: Received surgery for condition for which a traditional healer was seen the most

TRDMED03	Frequency	Percent
1 Mentioned	3	4.92
2 Not mentioned	58	95.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23332

ALT.390\_05.000: Received physical therapy for condition for which a traditional healer was seen the most

TRDMED04	Frequency	Percent
1 Mentioned	 6	9.84
2 Not mentioned	55	90.16
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.390\_06.000: Received mental health counseling for condition for which a traditional healer was seen the most

TRDMED05	Frequency	Percent
1 Mentioned	3	4.92
2 Not mentioned	58	95.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23332

ALT.392\_01.000: Time received prescription medications for condition for which a traditional healer was seen the most

TRD_TIM1	Frequency	Percent
1 Before	7	46.67
2 At about the same time	4	26.67
3 After	4	26.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.392\_02.000: Time received over-the-counter medications for condition for which a traditional healer was seen the most

TRD_TIM2	Frequency	Percent
1 Before	4	40.00
2 At about the same time	3	30.00
3 After	3	30.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.392\_03.000: Time received surgery for condition for which a traditional healer was seen the most

TRD_TIM3	Frequency	Percent
1 Before	2	66.67
2 At about the same time	1	33.33
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23390

ALT.392\_04.000: Time received physical therapy for condition for which a traditional healer was seen the most

TRD_TIM4	Frequency	Percent
1 Before	3	50.00
2 At about the same time	1	16.67
3 After	2	33.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23387

ALT.392\_05.000: Time received mental health counseling for condition for which a traditional healer was seen the most

TRD_TIM5	Frequency	Percent
1 Before	3	100.00
2 At about the same time	0	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23390

ALT.394\_00.000: Saw a traditional healer to improve or enhance energy

TRD_ENG	Frequency	Percent
1 370-	22	22.65
1 Yes	32	32.65
2 No	66	67.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.396\_00.000: Saw a traditional healer for general wellness or general disease prevention

TRD_WEL	Frequency	Percent
1 Yes	54	55.10
2 No	44	44.90
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23295

ALT.398\_00.000: Saw a traditional healer to improve or enhance immune function

TRD_IMM	Frequency	Percent
1 Yes	23	23.47
2 No	75	76.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23295

ALT.400\_00.000: Saw a traditional healer because medical treatments did not help

TRD_NOHP	Frequency	Percent
1 Yes	23	23.47
2 No	75	76.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23295

ALT.402\_00.000: Saw a traditional healer because medical treatments were too expensive

TRD_EXPS	Frequency	Percent
1 Yes	15	15.31
2 No	83	84.69
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.404\_00.000: Saw a traditional healer because it was recommended by a health care provider

TRD_SUGG	Frequency	Percent
1 Yes	5	5.10
2 No	93	94.90
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23295

ALT.406\_00.000: Saw a traditional healer because it was recommended by family, friends, or co-workers

TRD_FFC	Frequency	Percent
1 Yes	47	47.96
2 No	51	52.04
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23295

ALT.408\_00.000: Let conventional medical professional know about use of traditional healer

TRDDISC	Frequency	Percent
1 Yes	23	23.47
2 No	75	76.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23295

ALT.410\_01.000: Let medical doctor (including specialists) know about use of traditional healer

TRDPRF1	Frequency	Percent
1 Mentioned	20	86.96
2 Not mentioned	3	13.04
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.410\_02.000: Let Doctor of Osteopathy (D.O.) know about use of traditional healer

TRDPRF2	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	23	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23370

ALT.410\_03.000: Let nurse practitioner/physician assistant know about use of traditional healer

TRDPRF3	Frequency	Percent
1 Mentioned	3	13.04
2 Not mentioned	20	86.96
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23370

ALT.410\_04.000: Let psychiatrist know about use of traditional healer

TRDPRF4	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	23	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23370

ALT.410\_05.000: Let dentist (including specialists) know about use of traditional healer

TRDPRF5	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	23	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.410\_06.000: Let psychologist/social worker know about use of traditional healer

TRDPRF6	Frequency	Percent
1 Mentioned	1	4.35
2 Not mentioned	22	95.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23370

ALT.410\_07.000: Let pharmacist know about use of traditional healer

TRDPRF7	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	23	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.412\_00.000: Ever saw a practitioner for Feldenkreis

FELD_EVE	Frequency	Percent
1 37		0.05
1 Yes	58	0.25
2 No	22632	96.75
7 Refused	69	0.29
8 Not ascertained	608	2.60
9 Don't know	26	0.11

ALT.414\_00.000: Ever saw a practitioner for Alexander Technique

ALEX_EVE	Frequency	Percent
1 Yes	62	0.27
2 No	22627	96.73
7 Refused	70	0.30
8 Not ascertained	609	2.60
9 Don't know	25	0.11

ALT.416\_00.000: Ever saw a practitioner for Pilates

PIL_EVE	Frequency	Percent
1 Yes	685	2.93
2 No	22002	94.05
7 Refused	71	0.30
8 Not ascertained	609	2.60
9 Don't know	26	0.11

ALT.418\_00.000: Ever saw a practitioner for Trager Psychophysical Integration

TRAG_EVE	Frequency	Percent
1 Yes	29	0.12
2 No	22659	96.86
7 Refused	71	0.30
8 Not ascertained	610	2.61
9 Don't know	24	0.10

ALT.420\_00.000: Saw a practitioner for Feldenkreis, past 12 months

FELD_USE	Frequency	Percent
1 Yes	9	 15.52
2 No	49	84.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23335

ALT.422\_00.000: Saw a practitioner for Alexander Technique, past 12 months

ΑI	LEX_USE	Frequency	Percent
1	Yes	14	22.58
2	No	48	77.42
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

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ALT.424\_00.000: Saw a practitioner for Pilates, past 12 months

PIL_USE	Frequency	Percent
1 Yes	298	43.50
2 No	386	56.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.15

Frequency Missing = 22708

ALT.426\_00.000: Saw a practitioner for Trager Psychophysical Intergration, past 12 months

TRAG_USE	Frequency	Percent
1 Yes	 5	17.24
2 No	24	82.76
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23364

ALT.427\_00.000: Number of movement techniques used

MOVUSECT	Frequency	Percent
1-4 movement techniques	315	100.00

Frequency Missing = 23078

ALT.428\_00.000: Movement technique saw practitioner for the most

MOV_MOST	Frequency	Percent
1 Feldenkreis	6	1.90
2 Alexander Technique	11	3.49
3 Pilates	293	93.02
4 Trager Psychophysical Integration	5	1.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.430\_00.000: Number of times saw a practitioner or teacher for movement technique

MOV_NUM		Frequency	Percent
1 Only one 2 2-5 time		42 96	13.33 30.48
2 2-5 time 3 6-10 tim		58	18.41
4 11-15 ti 5 16-20 ti		22 15	6.98 4.76
	n 20 times	79	25.08
7 Refused		0	0.00
8 Not asce		0	0.00
9 Don't kn	NOM	3	0.95

Frequency Missing = 23078

ALT.432\_00.000: Amount paid per visit to practitioner or teacher for movement technique

MOV_PAY	Frequency	Percent
000-499 \$0-\$499	286	90.79
500 \$500 or more	0	0.00
997 Refused	1	0.32
998 Not ascertained	0	0.00
999 Don't know	28	8.89

Frequency Missing = 23078

ALT.434\_00.000: Used a movement technique for a specific health problem or condition

MOV_TRET	Frequency	Percent
1 Yes	34	10.79
2 No	281	89.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_01.000: Used a movement technique for acid reflux or heartburn

MOVCND01	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_02.000: Used a movement technique for angina

MOVCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_03.000: Used a movement technique for anxiety

MOVCND03	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_04.000: Used a movement technique for asthma

MOVCND04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_05.000: Used a movement technique for arthritis

MOVCND05	Frequency	Percent
1 Mentioned	4	11.76
2 Not mentioned	30	88.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_06.000: Used a movement technique for Attention Deficit Disorder/Hyperactivity

MOVCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_07.000: Used a movement technique for autism

MOVCND07	Frequency	Percent
1 Mantianad		0.00
1 Mentioned	U	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_08.000: Used a movement technique for benign tumors, cysts

MOVCND08	Frequency	Percent
1 Mentioned		0.00
	Ū	
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_09.000: Used a movement technique] for bipolar disorder

MOVCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_10.000: Used a movement technique for birth defect

MOVCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_11.000: Used a movement technique for cancer

MOVCND11	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_12.000: Used a movement technique for cholesterol

MOVCND12	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_13.000: Used a movement technique for chronic bronchitis

MOVCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_14.000: Used a movement technique for circulation problems (other than in the legs)

MOVCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_15.000: Used a movement technique for constipation severe enough to require medication

MOVCND15	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_16.000: Used a movement technique for coronary heart disease

MOVCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_17.000: Used a movement technique for dementia, including Alzheimer's Disease

MOVCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_18.000: Used a movement technique for dental pain

MOVCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_19.000: Used a movement technique for depression

MOVCND19	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_20.000: Used a movement technique for diabetes

MOVCND20	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_21.000: Used a movement technique for emphysema

MOVCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_22.000: Used a movement technique for excessive sleepiness during the day

MOVCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_23.000: Used a movement technique for excessive use of alcohol or tobacco

MOVCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_24.000: Used a movement technique for fibromyalgia

MOVCND24	Frequency	Percent
1 Mantianal	1	2 04
1 Mentioned	1	2.94
2 Not mentioned	33	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_25.000: Used a movement technique for fracture, bone/joint injury

MOVCND25	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_26.000: Used a movement technique for gout

MOVCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_27.000: Used a movement technique for gum disease

MOVCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_28.000: Used a movement technique for gynecologic problem

MOVCND28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_29.000: Used a movement technique for hay fever

MOVCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_30.000: Used a movement technique for hearing problem

MOVCND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_31.000: Used a movement technique for heart attack

MOVCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_32.000: Used a movement technique for other heart condition or disease

MOVCND32	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_33.000: Used a movement technique for hernia

MOVCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_34.000: Used a movement technique for hypertension

MOVC	ND34	Frequency	Percen
1 Me	ntioned	0	0.00
2 No	t mentioned	34	100.00
7 Re	fused	0	0.00
8 No	t ascertained	0	0.00
9 Do	n't know	0	0.00

Frequency Missing = 23359

ALT.436\_35.000: Used a movement technique for inflammatory bowel disease

MOVCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_36.000: Used a movement technique for influenza or pneumonia

MOVCND36	Frequency	Percent
1 Mentioned 2 Not mentioned	0 34	0.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

Unweighted Frequencies

ALT.436\_37.000: Used a movement technique for insomnia or trouble sleeping

MOVCND37	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_38.000: Used a movement technique for irritable bowel

MOVCND38	Frequency	Percent
1 Mentioned	 0	0.00
	34	
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_39.000: Used a movement technique for jaw pain

MOVCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_40.000: Used a movement technique for joint pain or stiffness/other joint condition

MOVCND40	Frequency	Percent
1 Mentioned	5 5	14.71
2 Not mentioned	29	85.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_41.000: Used a movement technique for knee problems (not arthritis, not joint injury)

MOVCND41	Frequency	Percent
1 Mentioned	2	5.88
2 Not mentioned	32	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_42.000: Used a movement technique for liver problem

MOVCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_43.000: Used a movement technique for lung/breathing problem (not already listed)

MOVCND43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_44.000: Used a movement technique for lupus

MOVCND44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_45.000: Used a movement technique for mania or psychosis

MOVCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_46.000: Used a movement technique for memory loss or loss of other cognitive function

MOVCND46	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_47.000: Used a movement technique for menopause

MOVCND47	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_48.000: Used a movement technique for menstrual problems

MOVCND48	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_49.000: Used a movement technique for mental retardation

MOVCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_50.000: Used a movement technique for missing limbs (fingers, toes or digits), amputee

MOVCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_51.000: Used a movement technique for osteoporosis, tendinitis

MOVCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_52.000: Used a movement technique for other developmental problem

MOVCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_53.000: Used a movement technique for other injury

MOVCND53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_54.000: Used a movement technique for other nerve damage, including carpal tunnel syndrome

MOVCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_55.000: Used a movement technique for phobia or fears

MOVCND55	Frequency	Percent
1 Mentioned		0.00
1 Mentioned	U	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_56.000: Used a movement technique for polio (myelitis), paralysis, para/quadriplegia

MOVCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_57.000: Used a movement technique for poor circulation in legs

MOVCND57	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_58.000: Used a movement technique for prostate trouble or impotence

MOVCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertaine	d 0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_59.000: Used a movement technique for regular headaches

MOVCND59	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_60.000: Used a movement technique for rheumatoid arthritis

MOVCND60	Frequency	Percent
1 Mentioned	2	5.88
2 Not mentioned	32	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_61.000: Used a movement technique for schizophrenia

MOVCND61	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_62.000: Used a movement technique for seizures

MOVCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_63.000: Used a movement technique for senility

MOVCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_64.000: Used a movement technique for sinusitis

MOVCND64	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_65.000: Used a movement technique for skin problems

MOVCND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_66.000: Used a movement technique for sprain or strain

MOVCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_67.000: Used a movement technique for stroke

MOVCND67	Frequency	Percent
1 Mentioned 2 Not mentioned	0 34	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_68.000: Used a movement technique for substance abuse, other than alcohol or tobacco

MOVCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_69.000: Used a movement technique for other (specify)

MOVCND69	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_70.000: Used a movement technique for other (specify)

M	OVCND70	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	34	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_71.000: Used a movement technique for ulcer

MC	OVCND71	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	34	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_72.000: Used a movement technique for urinary problem

MOVCND72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_73.000: Used a movement technique for varicose veins, hemorrhoids

MOVCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_74.000: Used a movement technique for vision problem

MOVCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_75.000: Used a movement technique for weak or failing kidneys

MOVCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_76.000: Used a movement technique for weight problem

MOVCND76	Frequency	Percent
1 Mentioned	1	2.94
2 Not mentioned	33	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_77.000: Used a movement technique for back pain or problem

MOVCND77	Frequency	Percent
1 Mentioned	18	52.94
2 Not mentioned	16	47.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_78.000: Used a movement technique for head or chest cold

MOVCND78	Frequency	Percent
1 Mentioned	1	2.94
2 Not mentioned	33	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_79.000: Used a movement technique for neck pain or problem

MOVCND79	Frequency	Percent
1 Mentioned	 5	14.71
2 Not mentioned	29	85.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_80.000: Used a movement technique for severe headache or migraine

MOVCND80	Frequency	Percent
1 Mentioned 2 Not mentioned	0 34	0.00 100.00
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

ALT.436\_81.000: Used a movement technique for stomach or intestinal illness

MOVCND81	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_82.000: Used a movement technique for other (specify)

MOVCND82	Frequency	Percent
1 Mentioned	4	11.76
2 Not mentioned	30	88.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_83.000: Used a movement technique for anemia and other blood disorders

MOVCND83	Frequency	Percent
1		
1 Mentioned	Ü	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_84.000: Used a movement technique for other allergies

MOVCND84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.436\_85.000: Used a movement technique for other infectious diseases and problems of the immune system

MOVCND85	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_86.000: Used a movement technique for other musculoskeletal

MOVCND86	Frequency	Percent
1 24		
1 Mentioned	2	5.88
2 Not mentioned	32	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_87.000: Used a movement technique for stress

MOVCND87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	34	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.436\_91.000: Condition count for movement techniques

MOVCONCT	Frequency	Percent
01-40 1-40 conditions	34	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

ALT.437\_00.000: Used a movement technique for other (specify)

MOV_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	8	100.00

Frequency Missing = 23385

ALT.438\_00.000: Condition for which a movement technique was used the most

MOV_CONM	Frequency	Percent
All Values	34	100.00

Frequency Missing = 23359

ALT.440\_01.000: Received no conventional medical treatment for condition for which a movement technique was used the most

MOVMED00	Frequency	Percent
1 Mentioned	13	38.24
2 Not mentioned	21	61.76
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.440\_02.000: Received prescription medications for condition for which a movement technique was used the most

MOVMED01	Frequency	Percent
1 Mentioned	 15	44.12
2 Not mentioned	19	55.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.440\_03.000: Received over-the-counter medications for condition for which a movement technique was used the most

MOVMED02	Frequency	Percent
1 Mentioned	8	23.53
2 Not mentioned	26	76.47
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.440\_04.000: Received surgery for condition for which a movement technique was used the most

MOVMED03	Frequency	Percent
1 Mentioned	4	11.76
2 Not mentioned	30	88.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.440\_05.000: Received physical therapy for condition for which a movement technique was used the most

MOVMED04	Frequency	Percent
1 Mentioned	15	44.12
2 Not mentioned	19	55.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.440\_06.000: Received mental health counseling for condition for which a movement technique was used the most

MOVMED05	Frequency	Percent
1 Mentioned	2	5.88
2 Not mentioned	32	94.12
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.442\_01.000: Time received prescription medications for condition for which a movement technique was used the most

MOV_TIM1	Frequency	Percent
1 Before	9	60.00
2 At about the same time	4	26.67
3 After	1	6.67
7 Refused	1	6.67
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.442\_02.000: Time received over-the-counter medications for condition for which a movement technique was used the most

MOV_TIM2	Frequency	Percent
1 Before	7	87.50
2 At about the same time	1	12.50
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.442\_03.000: Time received surgery for condition for which a movement technique was used the most

MOV_TIM3	Frequency	Percent
1 Before	3	75.00
2 At about the same time	0	0.00
3 After	1	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.442\_04.000: Time received physical therapy for condition for which a movement technique was used the most

MOV_TIM4	Frequency	Percent
1 Before	8	53.33
2 At about the same time	5	33.33
3 After	1	6.67
7 Refused	1	6.67
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23378

ALT.442\_05.000: Time received mental health counseling for condition for which a movement technique was used the most

MOV_TIM5	Frequency	Percent
1 Before	1	50.00
2 At about the same time	0	0.00
3 After	1	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23391

ALT.444\_00.000: Used a movement technique to improve or enhance energy

MOV_ENG	Frequency	Percent
1 Yes	182	57.78
2 No	132	41.90
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23078

ALT.446\_00.000: Used a movement technique for general wellness or general disease prevention

MOV_WEL	Frequency	Percent
1 Yes	245	77.78
2 No	69	21.90
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.448\_00.000: Used a movement technique to improve or enhance immune function

MOV_IMM	Frequency	Percent
1 Yes	78	24.76
2 No	236	74.92
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	Ü	0.00

Frequency Missing = 23078

ALT.450\_00.000: Used a movement technique because medical treatments did not help

MOV_NOHP	Frequency	Percent
1 Yes	 19	6.03
2 No	295	93.65
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23078

ALT.452\_00.000: Used a movement technique because medical treatments were too expensive

MOV_EXPS	Frequency	Percent
1 Yes	10	3.17
2 No	304	96.51
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23078

ALT.454\_00.000: Used a movement technique because it was recommended by a health care provider

MOV_SUGG	Frequency	Percent
1 Yes	27	8.57
2 No	287	91.11
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.456\_00.000: Used a movement technique because it was recommended by family, friends, or co-workers

MOV_FFC	Frequency	Percent
1 Yes	 124	 39.37
2 No	190	60.32
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23078

ALT.458\_00.000: Let conventional medical professional know about use of movement technique

MOVDISC	Frequency	Percent
1 Yes	73	23.17
2 No	237	75.24
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	4	1.27

Frequency Missing = 23078

ALT.460\_01.000: Let medical doctor (including specialists) know about use of movement technique

MOVPRF1	Frequency	Percent
1 Mentioned	70	95.89
2 Not mentioned	2	2.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

Frequency Missing = 23320

ALT.460\_02.000: Let Doctor of Osteopathy (D.O.) know about use of movement technique

MOVPRF2	Frequency	Percent
1 Mentioned	1	1.37
2 Not mentioned	71	97.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

ALT.460\_03.000: Let nurse practitioner/physician assistant know about use of movement technique

MOVPRF3	Frequency	Percent
1 Mentioned	4	5.48
2 Not mentioned	68	93.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

Frequency Missing = 23320

ALT.460\_04.000: Let psychiatrist know about use of movement technique

MOVPRF4	Frequency	Percent
1 Mentioned	2	2.74
2 Not mentioned	70	95.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

Frequency Missing = 23320

ALT.460\_05.000: Let dentist (including specialists) know about use of movement technique

MOVPRF5	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	72	98.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

Frequency Missing = 23320

ALT.460\_06.000: Let psychologist/social worker know about use of movement technique

MOVPRF6	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	72	98.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

ALT.460\_07.000: Let pharmacist know about use of movement technique

MOVPRF7	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	72	98.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.37

Frequency Missing = 23320

ALT.470\_00.000: Ever taken any herbal supplements

AHB_EVER	Frequency	Percent
1 Yes 2 No	5600 17057	23.94 72.91
7 Refused	78	0.33
<pre>8 Not ascertained 9 Don't know</pre>	617 41	2.64 0.18

ALT.472\_00.000: Taken herbal supplements, past 12 months

AHB_USEM	Frequency	Percent
1 Yes	3982	71.11
2 No 7 Refused	1610 1	28.75 0.02
8 Not ascertained	0	0.00
9 Don't know	7	0.13

Frequency Missing = 17793

ALT.474\_00.000: Taken herbal supplements, past 30 days

AHB_MO	Frequency	Percent
1 Yes	2932	73.63
2 No	1045	26.24
7 Refused	0	0.00
8 Not ascertained	1	0.03
9 Don't know	4	0.10

Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

Unweighted Frequencies

ALT.476\_01.000: Took combination herb pill

AHBTAK01	Frequency	Percent
1 Mentioned	348	11.87
2 Not mentioned	2519	85.91
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_02.000: Took androstenedione

AHBTAK02	Frequency	Percent
1 Mentioned	8	0.27
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	2859 7	97.51 0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_03.000: Took black cohosh

AHBTAK03	Frequency	Percent
1 Mentioned	87	2.97
2 Not mentioned	2780	94.82
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_04.000: Took carnitine

AHBTAK04	Frequency	Percent
1 Mentioned	46	1.57
2 Not mentioned	2821	96.21
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.476\_05.000: Took chasteberry

AHBTAK05	Frequency	Percent
1 Mentioned	14	0.48
2 Not mentioned	2853	97.31
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_06.000: Took chondroitin

AHBTAK06	Frequency	Percent
1 Mentioned 2 Not mentioned	351 2516	11.97 85.81
7 Refused	2516 7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_07.000: Took coenzyme Q-10

AHBTAK07	Frequency	Percent
1 Mentioned 2 Not mentioned	274 2593	9.35 88.44
7 Refused	7	0.24
<pre>8 Not ascertained 9 Don't know</pre>	0 58	0.00 1.98

Frequency Missing = 20461

ALT.476\_08.000: Took comfrey

AHBTAK08	Frequency	Percent
1 Mentioned 2 Not mentioned	19 2848	0.65 97.14
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_09.000: Took conjugated linolenic acid (CLA)

AHBTAK09	Frequency	Percent
1 Mentioned	40	1.36
2 Not mentioned	2827	96.42
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_10.000: Took cranberry (pills, gelcaps)

AHBTAK10	Frequency	Percent
1 Mentioned	172	5.87
2 Not mentioned	2695	91.92
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_11.000: Took creatine

AHBTAK11	Frequency	Percent
1 Mentioned	90	3.07
2 Not mentioned	2777	94.71
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_12.000: Took DHEA

AHBTAK12	Frequency	Percent
1 Mentioned	62	2.11
2 Not mentioned 7 Refused	2805 7	95.67 0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_13.000: Took echinacea

AHBTAK13	Frequency	Percent
1 Mentioned	512	17.46
2 Not mentioned	2355	80.32
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_14.000: Took ephedra

AHBTAK14	Frequency	Percent
1 Mentioned	34	1.16
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	2833 7	96.62 0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_15.000: Took evening primrose

AHBTAK15	Frequency	Percent
1 Mentioned 2 Not mentioned	56 2811	1.91 95.87
7 Refused	7	0.24
8 Not ascertained 9 Don't know	0 58	0.00 1.98

Frequency Missing = 20461

ALT.476\_16.000: Took feverfew

AHBTAK16	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	17 2850 7 0 58	0.58 97.20 0.24 0.00 1.98

ALT.476\_17.000: Took fiber or psyllium (pills or powder)

AHBTAK17	Frequency	Percent
1 Mentioned	182	6.21
2 Not mentioned	2685	91.58
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_18.000: Took fish oil/omega 3/DHA

AHBTAK18	Frequency	Percent
1 Mentioned 2 Not mentioned	1118 1749	38.13 59.65
7 Refused	7	0.24
<pre>8 Not ascertained 9 Don't know</pre>	0 58	0.00 1.98
) DOIL C WITOM	30	1.90

Frequency Missing = 20461

ALT.476\_19.000: Took flaxseed oil or pills

AHBTAK19	Frequency	Percent
1 Mentioned	462	15.76
2 Not mentioned	2405	82.03
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_20.000: Took garlic supplements (pills, gelcaps)

AHBTAK20	Frequency	Percent
1 Mentioned 2 Not mentioned	348 2519	11.87 85.91
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_21.000: Took ginger pills/gelcaps

AHBTAK21	Frequency	Percent
1 Mentioned	84	2.86
2 Not mentioned	2783	94.92
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_22.000: Took ginkgo biloba

AHBTAK22	Frequency	Percent
1 Mentioned 2 Not mentioned	310 2557	10.57 87.21
7 Refused	2557 7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_23.000: Took ginseng

AHBTAK23	Frequency	Percent
1 Mentioned 2 Not mentioned	351 2516	11.97 85.81
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_24.000: Took glucosamine

АНВТАК24	Frequency	Percent
1 Mentioned 2 Not mentioned	633 2234	21.59 76.19
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_25.000: Took goldenseal

AHBTAK25	Frequency	Percent
1 Mentioned	93	3.17
2 Not mentioned	2774	94.61
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_26.000: Took guarana

AHBTAK26	Frequency	Percent
1 Mentioned 2 Not mentioned	57 2810	1.94 95.84
7 Refused	7	0.24
<pre>8 Not ascertained 9 Don't know</pre>	0 58	0.00 1.98

Frequency Missing = 20461

ALT.476\_27.000: Took grape seed extract

AHBTAK27	Frequency	Percent
1 Man + 2 and	121	4 47
1 Mentioned	131	4.47
2 Not mentioned	2736	93.32
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_28.000: Took green tea pills (not brewed tea)

AHBTAK28	Frequency	Percent
1 Mentioned 2 Not mentioned	162 2705	5.53 92.26
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_29.000: Took EGCG (pills)

AHBTAK29	Frequency	Percent
1 Mentioned	9	0.31
2 Not mentioned	2858	97.48
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_30.000: Took hawthorn

AHBTAK30	Frequency	Percent
1 Mentioned	34	1.16
2 Not mentioned	2833	96.62
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_31.000: Took horny goat weed

AHBTAK31	Frequency	Percent
1 Mentioned 2 Not mentioned	12 2855	0.41 97.37
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_32.000: Took kava kava

АНВТАК32	Frequency	Percent
1 Mentioned 2 Not mentioned	33 2834	1.13 96.66
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_33.000: Took lecithin

AHBTAK33	Frequency	Percent
1 Mentioned	101	3.44
2 Not mentioned	2766	94.34
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_34.000: Took lutein

AHBTAK34	Frequency	Percent
1 Mentioned 2 Not mentioned	106 2761	3.62 94.17
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_35.000: Took lycopene

AHBTAK35	Frequency	Percent
1 Mentioned	85	2.90
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	2782 7	94.88 0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_36.000: Took melatonin

АНВТАК36	Frequency	Percent
1 Mentioned	139	4.74
2 Not mentioned	2728	93.04
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Adult Alternative Medicine Public Use File (althealt)

ALT Variables Wednesday, June 4, 2008

Unweighted Frequencies

ALT.476\_37.000: Took MSM (methylsulfonylmethane)

AHBTAK37	Frequency	Percent
1 Mentioned	149	5.08
2 Not mentioned	2718	92.70
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_38.000: Took milk thistle

AHBTAK38	Frequency	Percent
1 Mentioned	103	3.51
2 Not mentioned	2764	94.27
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_39.000: Took prebiotics or probiotics

AHBTAK39	Frequency	Percent
1 Mentioned	87	2.97
2 Not mentioned	2780	94.82
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_40.000: Took SAM-e

AHBTAK40	Frequency	Percent
1 Mentioned 2 Not mentioned	22 2845	0.75 97.03
7 Refused	2645 7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.476\_41.000: Took saw palmetto

AHBTAK41	Frequency	Percent
1 Mentioned	170	5.80
2 Not mentioned	2697	91.98
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_42.000: Took senna

AHBTAK42	Frequency	Percent
1 Mentioned	25	0.85
2 Not mentioned	2842	96.93
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_43.000: Took soy supplements/isofavones

AHBTAK43	Frequency	Percent
1 Mentioned	145	4.95
2 Not mentioned	2722	92.84
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_44.000: Took St. John's Wort

AHBTAK44	Frequency	Percent
1 Mentioned 2 Not mentioned	98 2769	3.34 94.44
7 Refused	2769 7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

ALT.476\_45.000: Took valerian

AHBTAK45	Frequency	Percent
1 Mentioned	89	3.04
2 Not mentioned	2778	94.75
7 Refused	7	0.24
8 Not ascertained	0	0.00
9 Don't know	58	1.98

Frequency Missing = 20461

ALT.476\_46.000: Number of herbal supplements taken

AHBTAKCT	Frequency	Percent
01-40 1-40 herbal supplements	2867	97.78
97 Refused	7	0.24
98 Not ascertained	0	0.00
99 Don't know	58	1.98

Frequency Missing = 20461

ALT.478\_00.000: Number of combination herb pills taken

AHB_COMN	Frequency	Percent
01-50 1-50 pills	334	95.98
97 Refused	1	0.29
98 Not ascertained	1	0.29
99 Don't know	12	3.45

Frequency Missing = 23045

ALT.480\_02.000: Herbs included in the first combination herb pill - Androstenedione

AHBCM102	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained	4 219 4 1	1.15 62.93 1.15 0.29
9 Don't know	120	34.48

ALT.480\_03.000: Herbs included in the first combination herb pill - Black cohosh

AHBCM103	Frequency	Percent
1 Mentioned	18	5.17
2 Not mentioned	205	58.91
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_04.000: Herbs included in the first combination herb pill - Carnitine

AHBCM104	Frequency	Percent
1 Mentioned	5	1.44
2 Not mentioned	218	62.64
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

 $ALT.480\_05.000$ : Herbs included in the first combination herb pill - Chasteberry

AHBCM105	Frequency	Percent
1 Mentioned	6	1.72
2 Not mentioned	217	62.36
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_06.000: Herbs included in the first combination herb pill - Chondroitin

AHBCM106	Frequency	Percent
1 24 1 1	20	11 01
1 Mentioned	39	11.21
2 Not mentioned	184	52.87
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_07.000: Herbs included in the first combination herb pill - Coenzyme Q-10

AHBCM107	Frequency	Percent
1 Mentioned	15	4.31
2 Not mentioned	208	59.77
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_08.000: Herbs included in the first combination herb pill - Comfrey

AHBCM108	Frequency	Percent
1 Mentioned	1	0.29
2 Not mentioned	222	63.79
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_09.000: Herbs included in the first combination herb pill - Conjugated Linolenic Acid (CLA)

AHBCM109	Frequency	Percent
1 Mentioned	3	0.86
2 Not mentioned	220	63.22
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_10.000: Herbs included in the first combination herb pill - Cranberry (pills, gelcaps)

AHBCM110	Frequency	Percent
1 Mentioned	13	3.74
2 Not mentioned	210	60.34
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_11.000: Herbs included in the first combination herb pill - Creatine

AHBCM111	Frequency	Percent
1 Mentioned	9	2.59
2 Not mentioned	214	61.49
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_12.000: Herbs included in the first combination herb pill - DHEA

AHBCM112	Frequency	Percent
1 Mentioned	2	0.57
2 Not mentioned	221	63.51
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_13.000: Herbs included in the first combination herb pill - Echinacea

AHBCM113	Frequency	Percent
1 Mentioned	34	9.77
2 Not mentioned	189	54.31
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_14.000: Herbs included in the first combination herb pill - Ephedra

AHBCM114	Frequency	Percent
1 Mentioned	4	1.15
2 Not mentioned	219	62.93
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_15.000: Herbs included in the first combination herb pill - Evening primrose

AHBCM115	Frequency	Percent
1 Mentioned	 6	1.72
2 Not mentioned	217	62.36
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_16.000: Herbs included in the first combination herb pill - Feverfew

AHBCM116	Frequency	Percent
1 Mentioned	4	1.15
2 Not mentioned	219	62.93
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_17.000: Herbs included in the first combination herb pill - Fiber or Psyllium (pills or powder)

AHBCM117	Frequency	Percent
1 Mentioned	8	2.30
2 Not mentioned	215	61.78
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_18.000: Herbs included in the first combination herb pill - Fish oil/Omega  $3/\mathrm{DHA}$  fatty acid supplements

AHBCM118	Frequency	Percent
1 Mentioned	35	10.06
2 Not mentioned	188	54.02
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_19.000: Herbs included in the first combination herb pill - Flaxseed Oil or Pills

AHBCM119	Frequency	Percent
1 Mentioned	16	4.60
2 Not mentioned	207	59.48
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_20.000: Herbs included in the first combination herb pill - Garlic supplements (pills, gelcaps)

AHBCM120	Frequency	Percen
1 Mentioned	23	6.61
2 Not mentioned	200	57.47
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_21.000: Herbs included in the first combination herb pill - Ginger pills/gelcaps

AHBCM121	Frequency	Percent
1 Mentioned	23	6.61
2 Not mentioned	200	57.47
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_22.000: Herbs included in the first combination herb pill - Ginkgo biloba

AHBCM122	Frequency	Percent
1 Mentioned	33	9.48
2 Not mentioned	190	54.60
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_23.000: Herbs included in the first combination herb pill - Ginseng

AHBCM123	Frequency	Percent
1 Mentioned	32	9.20
2 Not mentioned	191	54.89
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_24.000: Herbs included in the first combination herb pill - Glucosamine

Αŀ	HBCM124	Frequency	Percent
1	Mentioned	60	17.24
2	Not mentioned	163	46.84
7	Refused	4	1.15
8	Not ascertained	1	0.29
9	Don't know	120	34.48

Frequency Missing = 23045

 $ALT.480\_25.000$ : Herbs included in the first combination herb pill - Goldenseal

AHBCM125	Frequency	Percent
1 Mentioned	8	2.30
2 Not mentioned	215	61.78
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_26.000: Herbs included in the first combination herb pill - Guarana

AHBCM126	Frequency	Percent
1 Mentioned	7	2.01
2 Not mentioned	216	62.07
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_27.000: Herbs included in the first combination herb pill - Grape Seed Extract

AHBCM127	Frequency	Percent
1 Mentioned	20	5.75
2 Not mentioned	203	58.33
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_28.000: Herbs included in the first combination herb pill - Green tea pills (not brewed tea)

AHBCM128	Frequency	Percent
1 Mentioned	17	4.89
2 Not mentioned	206	59.20
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_29.000: Herbs included in the first combination herb pill - EGCG (pills)

AHBCM129	Frequency	Percent
1 Mentioned	4	1.15
2 Not mentioned	219	62.93
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_30.000: Herbs included in the first combination herb pill - Hawthorn

AHBCM130	Frequency	Percent
1 Mentioned	1	0.29
2 Not mentioned	222	63.79
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_31.000: Herbs included in the first combination herb pill - Horny Goat Weed

AHBCM131	Frequency	Percent
1 Mentioned	1	0.29
2 Not mentioned	222	63.79
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_32.000: Herbs included in the first combination herb pill - Kava kava

AHBCM132	Frequency	Percent
1 Mentioned	1	0.29
2 Not mentioned	222	63.79
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_33.000: Herbs included in the first combination herb pill - Lecithin

AHBCM133	Frequency	Percent
1 Mentioned	9	2.59
2 Not mentioned	214	61.49
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_34.000: Herbs included in the first combination herb pill - Lutein

ΑI	HBCM134	Frequency	Percent
1	Mentioned	17	4.89
2	Not mentioned	206	59.20
7	Refused	4	1.15
8	Not ascertained	1	0.29
9	Don't know	120	34.48

ALT.480\_35.000: Herbs included in the first combination herb pill - Lycopene

AHBCM135	Frequency	Percent
1 Mentioned	13	3.74
2 Not mentioned	210	60.34
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_36.000: Herbs included in the first combination herb pill - Melatonin

AHBCM136	Frequency	Percent
1 Mentioned	5	1.44
2 Not mentioned	218	62.64
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_37.000: Herbs included in the first combination herb pill - MSM (Methylsulfonylmethane)

AHBCM137	Frequency	Percent
1 Mentioned	 19	5.46
2 Not mentioned	204	58.62
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_38.000: Herbs included in the first combination herb pill - Milk thistle

AHBCM138	Frequency	Percent
1 Mentioned	6	1.72
2 Not mentioned	217	62.36
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.480\_39.000: Herbs included in the first combination herb pill - Prebiotics or Probiotics

AHBCM139	Frequency	Percent
1 Mentioned	5	1.44
2 Not mentioned	218	62.64
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_40.000: Herbs included in the first combination herb pill - SAM-e

AHBCM140	Frequency	Percent
1 Mentioned	1	0.29
2 Not mentioned	222	63.79
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_41.000: Herbs included in the first combination herb pill - Saw palmetto

AHBCM141	Frequency	Percent
1 Mentioned	 12	3.45
2 Not mentioned	211	60.63
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_42.000: Herbs included in the first combination herb pill - Senna

ΑI	HBCM142	Frequency	Percent
1	 Mentioned	3	0.86
2	Not mentioned	220	63.22
7	Refused	4	1.15
8	Not ascertained	1	0.29
9	Don't know	120	34.48

ALT.480\_43.000: Herbs included in the first combination herb pill - Soy supplements/isofavones

AHBCM143	Frequency	Percent
1 Mentioned	 14	4.02
2 Not mentioned	209	60.06
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_44.000: Herbs included in the first combination herb pill - St. John's Wort

AHBCM144	Frequency	Percent
1 Mentioned	 6	1.72
2 Not mentioned	217	62.36
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_45.000: Herbs included in the first combination herb pill - Valerian

AHBCM145	Frequency	Percent
1 Mentioned	4	1.15
2 Not mentioned	219	62.93
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

Frequency Missing = 23045

ALT.480\_46.000: Herbs included in the first combination herb pill - Other

AHBCM146	Frequency	Percent
1 Mentioned	31	8.91
2 Not mentioned	192	55.17
7 Refused	4	1.15
8 Not ascertained	1	0.29
9 Don't know	120	34.48

ALT.482\_02.000: Herbs included in the second combination herb pill - Androstenedione

AHBCM202	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_03.000: Herbs included in the second combination herb pill - Black cohosh

AHBCM203	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_04.000: Herbs included in the second combination herb pill - Carnitine

AHBCM204	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_05.000: Herbs included in the second combination herb pill - Chasteberry

AHBCM205	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38 55

Unweighted Frequencies

ALT.482\_06.000: Herbs included in the second combination herb pill - Chondroitin

AHBCM206	Frequency	Percent
1 Mentioned	4	4.82
2 Not mentioned	46	55.42
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_07.000: Herbs included in the second combination herb pill - Coenzyme Q-10

AHBCM207	Frequency	Percent
1 Mentioned		2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_08.000: Herbs included in the second combination herb pill - Comfrey

AHBCM208	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_09.000: Herbs included in the second combination herb pill - Conjugated Linolenic Acid (CLA)

AHBCM209	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	50 1	60.24 1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_10.000: Herbs included in the second combination herb pill - Cranberry (pills, gelcaps)

AHBCM210	Frequency	Percent
1 Mentioned	3	3.61
2 Not mentioned	47	56.63
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_11.000: Herbs included in the second combination herb pill - Creatine

ΑI	HBCM211	Frequency	Percent
1	 Mentioned		0.00
		- 0	
	Not mentioned	50	60.24
7	Refused	1	1.20
8	Not ascertained	0	0.00
9	Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_12.000: Herbs included in the second combination herb pill - DHEA

AHBCM212	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_13.000: Herbs included in the second combination herb pill - Echinacea

ΑI	HBCM213	Frequency	Percent
1	Mentioned	5	6.02
2	Not mentioned	45	54.22
7	Refused	1	1.20
8	Not ascertained	0	0.00
9	Don't know	32	38.55

ALT.482\_14.000: Herbs included in the second combination herb pill - Ephedra

AHBCM214	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_15.000: Herbs included in the second combination herb pill - Evening primrose

AHBCM215	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_16.000: Herbs included in the second combination herb pill - Feverfew

AHBCM216	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_17.000: Herbs included in the second combination herb pill - Fiber or Psyllium (pills or powder)

AHBCM217	Frequency	Percent
1 Mentioned	3	3.61
2 Not mentioned	47	56.63
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_18.000: Herbs included in the second combination herb pill - Fish oil/Omega 3/DHA fatty acid supplements

AHBCM218	Frequency	Percent
1 Mentioned	 7	8.43
2 Not mentioned	43	51.81
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_19.000: Herbs included in the second combination herb pill - Flaxseed Oil or Pills

AHBCM219	Frequency	Percent
1 Mentioned	3	3.61
2 Not mentioned	47	56.63
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_20.000: Herbs included in the second combination herb pill - Garlic supplements (pills, gelcaps)

AHBCM220	Frequency	Percent
1 Mentioned	5	6.02
2 Not mentioned	45	54.22
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_21.000: Herbs included in the second combination herb pill - Ginger pills/gelcaps

AHBCM221	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_22.000: Herbs included in the second combination herb pill - Ginkgo biloba

AHBCM222	Frequency	Percent
1 Mentioned	4	4.82
2 Not mentioned	46	55.42
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_23.000: Herbs included in the second combination herb pill - Ginseng

AHBCM223	Frequency	Percent
1 Mentioned	8	9.64
2 Not mentioned	42	50.60
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_24.000: Herbs included in the second combination herb pill - Glucosamine

AHBCM224	Frequency	Percent
1 Mentioned	5	6.02
2 Not mentioned	45	54.22
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_25.000: Herbs included in the second combination herb pill - Goldenseal

AHBCM225	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_26.000: Herbs included in the second combination herb pill - Guarana

AHBCM226	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_27.000: Herbs included in the second combination herb pill - Grape Seed Extract

AHBCM227	Frequency	Percent
1 Mentioned	4	4.82
2 Not mentioned	46	55.42
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_28.000: Herbs included in the second combination herb pill - Green tea pills (not brewed tea)

AHBCM228	Frequency	Percent
1		1 00
1 Mentioned	Τ	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_29.000: Herbs included in the second combination herb pill - EGCG (pills)

AHBCM229	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_30.000: Herbs included in the second combination herb pill - Hawthorn

AHBCM230	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_31.000: Herbs included in the second combination herb pill - Horny Goat Weed

AHBCM231	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_32.000: Herbs included in the second combination herb pill - Kava kava

AHBCM232	Frequency	Percent
1 Mantianal		0.00
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_33.000: Herbs included in the second combination herb pill - Lecithin

AHBCM233	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_34.000: Herbs included in the second combination herb pill - Lutein

AHBCM234	Frequency	Percent
1 Mentioned	3	3.61
2 Not mentioned	47	56.63
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_35.000: Herbs included in the second combination herb pill - Lycopene

AHBCM235	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_36.000: Herbs included in the second combination herb pill - Melatonin

AHBCM236	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_37.000: Herbs included in the second combination herb pill - MSM (Methylsulfonylmethane)

AHBCM237	Frequency	Percent
1 Mentioned	2	2.41
2 Not mentioned	48	57.83
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_38.000: Herbs included in the second combination herb pill - Milk thistle

AHBCM238	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_39.000: Herbs included in the second combination herb pill - Prebiotics or Probiotics

AHBCM239	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_40.000: Herbs included in the second combination herb pill - SAM-e

AHBCM240	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_41.000: Herbs included in the second combination herb pill - Saw palmetto

AHBCM241	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_42.000: Herbs included in the second combination herb pill - Senna

AHBCM242	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	50	60.24
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_43.000: Herbs included in the second combination herb pill - Soy supplements/isofavones

AHBCM243	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482\_44.000: Herbs included in the second combination herb pill - St. John's Wort

AHBCM244	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

Frequency Missing = 23310

ALT.482 $\_45.000$ : Herbs included in the second combination herb pill - Valerian

AHBCM245	Frequency	Percent
1 Mentioned	1	1.20
2 Not mentioned	49	59.04
7 Refused	1	1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.482\_46.000: Herbs included in the second combination herb pill - Other

AHBCM246	Frequency	Percent
1 Mentioned	11	13.25
2 Not mentioned 7 Refused	39 1	46.99 1.20
8 Not ascertained	0	0.00
9 Don't know	32	38.55

ALT.484\_01.000: First herbal supplement taken most

1 First combination herb pill   256   8.93     10 Androstenedione   4   0.14     3 Black cohosh   52   1.81     4 Carnitine   11   0.38     55 Chasteberry   3   0.10     6 Condroitin   174   6.07     7 Coenzyme Q-10   115   4.01     8 Confrey   1   10, 38     9 Conjugated Linolenic Acid (CLA)   7   0.24     10 Cranberry (pills, gelcaps)   63   2.20     11 Creatine   33   1.15     12 DHEA   14   0.49     13 Echinacea   259   9.31     15 Evening primrose   10   0.35     16 Feverfew   3   0.10     7 Fiber or Psyllium (pills or powder)   75   2.62     18 Fish oil or omega 3 or DHA fatty acid supplements   634   22.11     19 Flaxseed Oil or Pills   142   4.95     20 Garlic supplements (pills, gelcaps)   111   3.87     21 Ginger pills or gelcaps   22   0.77     22 Ginkgo biloba   98   3.42     23 Ginseng   117   4.08     24 Glucosamine   217   7.57     5 Goldenseal   10   0.35     6 Guarana   5   0.17     7 Grape Seed Extract   11   0.38     8 Green tea pills (not brewed tea)   53   1.85     29 EGCG (pills)   0   0.00     31 Lecithin   7   0.24     42 Lutein   27   0.94     43 Lutein   27   0.94     44 Lutein   27   0.94     45 Loyopene   9   0.31     5 Melatonin   48   1.67     7 MSM (Methylsulfonylmethane)   48   1.67     7 MSM (Methylsulfonylmethane)   24   0.94     38 Wilk thistle   29   1.01     9 Prebiotics or Probiotics   16   0.56     40 SAM-e   4   0.14     41 Saw palmetto   27   0.94     42 Serna   6   0.21     43 Soy supplements or soy isoflavones   22   0.77     45 Valerian   17   0.59     50 Dold combination herb pill   3   0.10     7 Refused   2   0.07     9 Don't know   42   0.07     1	AHBTOP2A	Frequency	Percent
02 Androstenedione     4     0.14       03 Black cohosh     52     1.81       04 Carnitine     11     0.38       05 Chasteberry     3     0.10       06 Condroitin     174     6.07       07 Coenzyme Q-10     115     4.01       08 Comfrey     1     0.33       10 Cranberry (pills, gelcaps)     63     2.20       11 Creatine     33     1.15       12 DHEA     14     0.49       13 Echinacea     25     9     0.3       14 Ephedra     10     0.35     16       15 Evening primrose     10     0.35     16     10     0.55       16 Feverfew     3     0.10     0.75     2.62       18 Fish oil or omega 3 or DHA fatty acid supplements     634     2.2.11       19 Flaxseed Oil or Pills     112     3.87       20 Garlic supplements (pills, gelcaps)     111     3.87       21 Ginger pills or gelcaps     22     0.77       22 Ginkgo biloba     98     3.42       23 Ginseng     117     4.08       24 Glucosamine     217     7.57       25 Goldenseal     0     0.0       26 Guarana     5     0.17       27 Grape Seed Extract     11     0.38	01 First combination herb pill	256	8.93
04 Carnitine       11       0.38         05 Chasteberry       3       0.10         06 Condroitin       174       6.07         07 Coenzyme Q-10       115       4.01         08 Comfrey       1       0.03         09 Conjugated Linolenic Acid (CLA)       7       0.24         10 Cranberry (pills, gelcaps)       63       2.20         11 Creatine       33       1.15         12 DHEA       14       0.49         13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       11       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35 </td <td></td> <td>4</td> <td>0.14</td>		4	0.14
05 Chasteberry       3       0.10         06 Condroitin       174       6.07         07 Coenzyme Q-10       115       4.01         08 Comfrey       1       0.03         90 Conjugated Linolenic Acid (CLA)       7       0.24         10 Cranberry (pills, gelcaps)       63       2.20         11 Creatine       33       1.15         12 DHEA       14       0.49         13 Echinacea       259       9.03         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         5 Goldenseal       10       0.35         26 Guaran       5       0.17         31 Horry Goat Weed       0       0	03 Black cohosh	52	1.81
06 Condroitin       174       6.07         07 Coenzyme Q-10       115       4.01         08 Comfrey       1       0.03         09 Conjugated Linolenic Acid (CLA)       7       0.24         10 Cranberry (pills, gelcaps)       63       2.20         11 Creatine       33       1.15         12 DHEA       14       0.49         13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         6 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginsen pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         6 Guarana       5       0.17         26 Guarana       53       1.85	04 Carnitine	11	0.38
07 Coenzyme Q-10         115         4.01           08 Comfrey         1         0.03           09 Conjugated Linolenic Acid (CLA)         7         0.24           10 Cranberry (pills, gelcaps)         63         2.20           11 Creatine         33         1.15           12 DHEA         14         0.49           13 Echinacea         259         9.03           15 Evening primrose         10         0.35           16 Feverfew         3         0.10           17 Fiber or Psyllium (pills or powder)         75         2.62           18 Fish oil or omega 3 or DHA fatty acid supplements         634         22.11           19 Flaxseed Oil or Pills         142         4.95           20 Garlic supplements (pills, gelcaps)         111         3.87           21 Ginger pills or gelcaps         22         0.77           22 Ginkgo biloba         98         3.42           23 Ginseng         117         4.08           24 Glucosamine         217         7.57           25 Goldenseal         10         0.35           26 Guarana         5         0.17           27 Grape Seed Extract         11         0.38           28 Green tea pills (not brew	05 Chasteberry	3	0.10
08 Comfrey       1       0.03         09 Conjugated Linolenic Acid (CLA)       7       0.24         10 Cranberry (pills, gelcaps)       63       2.20         11 Creatine       33       1.15         2 DHEA       14       0.49         13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Gingo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         31 Kava kava       2       0.07	06 Condroitin	174	6.07
09 Conjugated Linolenic Acid (CLA)         7         0.24           10 Cranberry (pills, gelcaps)         63         2.20           11 Creatine         33         1.15           12 DHEA         14         0.49           13 Echinacea         259         9.03           15 Evening primrose         10         0.35           16 Feverfew         3         0.10           17 Fiber or Psyllium (pills or powder)         75         2.62           18 Fish oil or omega 3 or DHA fatty acid supplements         634         22.11           19 Flaxsed Oil or Pills         142         4.95           20 Garlic supplements (pills, gelcaps)         111         3.87           21 Ginger pills or gelcaps         22         0.77           22 Ginkgo biloba         98         3.42           23 Ginseng         117         4.08           24 Glucosamine         217         7.57           25 Goldenseal         10         0.35           26 Guarana         5         0.17           27 Grape Seed Extract         11         0.38           28 Green tea pills (not brewed tea)         53         1.85           29 ECCG (pills)         0         0         0.0	07 Coenzyme Q-10	115	4.01
10 Cranberry (pills, gelcaps)       63       2.20         11 Creatine       33       1.15         12 DHEA       14       0.49         13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horry Goat Weed       0       0.00 <td>08 Comfrey</td> <td>1</td> <td>0.03</td>	08 Comfrey	1	0.03
11 Creatine       33       1.15         12 DHEA       14       0.49         13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         31 Horny Goat Weed       0       0.00         32 Keava kava       2       0.07         34 Mutein       27       0.94      <	09 Conjugated Linolenic Acid (CLA)	7	0.24
12 DHEA       14       0.49         13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Fills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGGG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         35 Lycopene       9       0.31 <t< td=""><td>10 Cranberry (pills, gelcaps)</td><td>63</td><td>2.20</td></t<>	10 Cranberry (pills, gelcaps)	63	2.20
13 Echinacea       259       9.03         14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       2       0.07         32 Kava kava       2       0.07         33 Lecithin       7       0.24         44 Lutein       27       0.94	11 Creatine	33	1.15
14 Ephedra       9       0.31         15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       0       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         33 Lecithin       7       0.24         34 Lutein       7       0.24         35 Mysupements or probiotics       16       0.56	12 DHEA	14	0.49
15 Evening primrose       10       0.35         16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         33 Lecithin       27       0.94         34 Lutein       27       0.94         35 Lycopene       9       0.31         36 Melatonin       48       1.67	13 Echinacea	259	9.03
16 Feverfew       3       0.10         17 Fiber or Psyllium (pills or powder)       75       2.62         18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         21 Gingen pills or gelcaps       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         34 Lutein       7       0.24         34 Lutein       7       0.24         36 Melatonin       48       1.67         37 MSM (Methylsulfonylmethane)       24       0.84         38 Milk thistle       29       1.		9	0.31
TFiber or Psyllium (pills or powder)   75   2.62	15 Evening primrose	10	0.35
18 Fish oil or omega 3 or DHA fatty acid supplements       634       22.11         19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         33 Lecithin       7       0.24         34 Lutein       27       0.94         35 Lycopene       9       0.31         36 Melatonin       48       1.67         37 MSM (Methylsulfonylmethane)       24       0.84         38 Milk thistle       29       1.01         39 Prebiotics or Probiotics       16       0.56	16 Feverfew	3	0.10
19 Flaxseed Oil or Pills       142       4.95         20 Garlic supplements (pills, gelcaps)       111       3.87         21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         33 Lecithin       7       0.24         34 Lutein       27       0.94         35 Lycopene       9       0.31         36 Melatonin       48       1.67         37 MSM (Methylsulfonylmethane)       24       0.84         38 Milk thistle       29       1.01         39 Prebiotics or Probiotics       16       0.56         40 SAM-e       4       0.14         41 Saw palmetto		75	
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21 Ginger pills or gelcaps       22       0.77         22 Ginkgo biloba       98       3.42         23 Ginseng       117       4.08         24 Glucosamine       217       7.57         25 Goldenseal       10       0.35         26 Guarana       5       0.17         27 Grape Seed Extract       11       0.38         28 Green tea pills (not brewed tea)       53       1.85         29 EGCG (pills)       0       0.00         30 Hawthorn       6       0.21         31 Horny Goat Weed       0       0.00         32 Kava kava       2       0.07         33 Lecithin       27       0.94         34 Lutein       27       0.94         35 Lycopene       9       0.31         36 Melatonin       48       1.67         37 MSM (Methylsulfonylmethane)       24       0.84         38 Milk thistle       29       1.01         39 Prebiotics or Probiotics       16       0.56         40 SAM-e       4       0.14         41 Saw palmetto       6       0.21         43 Soy supplements or soy isoflavones       22       0.77         45 Valerian       17		142	4.95
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47 Second combination herb pill       3       0.10         97 Refused       2       0.07         98 Not ascertained       2       0.07			
97 Refused       2       0.07         98 Not ascertained       2       0.07			
98 Not ascertained 2 0.07			

ALT.484\_02.000: Second herbal supplement taken most

AHBTOP2B	Frequency	Percent
01 First combination herb pill	33	2.11
02 Androstenedione	0	0.00
03 Black cohosh	1	0.06
04 Carnitine	4	0.26
05 Chasteberry	1	0.06
06 Condroitin	63	4.03
07 Coenzyme Q-10	37	2.36
08 Comfrey	0	0.00
09 Conjugated Linolenic Acid (CLA)	4	0.26
10 Cranberry (pills, gelcaps)	18	1.15
11 Creatine	12	0.77
12 DHEA	4	0.26
13 Echinacea	49	3.13
14 Ephedra	1	0.06
15 Evening primrose	9	0.58
16 Feverfew	1	0.06
17 Fiber or Psyllium (pills or powder)	33	2.11
18 Fish oil or omega 3 or DHA fatty acid supplements	224	14.31
19 Flaxseed Oil or Pills	124	7.92
20 Garlic supplements (pills, gelcaps)	74	4.73
21 Ginger pills or gelcaps	9	0.58
22 Ginkgo biloba	58	3.71
23 Ginseng	74	4.73
24 Glucosamine	231	14.76
25 Goldenseal	20	1.28
26 Guarana	11	0.70
27 Grape Seed Extract	22	1.41
28 Green tea pills (not brewed tea)	32	2.04
29 EGCG (pills)	3	0.19
30 Hawthorn	4	0.26
31 Horny Goat Weed	3	0.19
32 Kava kava	2	0.13
33 Lecithin	13	0.83
34 Lutein	14	0.89
35 Lycopene 36 Melatonin	8 22	0.51
37 MSM (Methylsulfonylmethane)	25	1.41 1.60
38 Milk thistle	22	1.41
39 Prebiotics or Probiotics	21	1.41
40 SAM-e	2	0.13
41 Saw palmetto	37	2.36
42 Senna	3	0.19
43 Soy supplements or soy isoflavones	42	2.68
44 St. John's wort	24	1.53
45 Valerian	20	1.28
47 Second combination herb pill	49	3.13
97 Refused	2	0.13
98 Not ascertained	58	3.71
99 Don't know	42	2.68
·		

ALT Variables Wednesday, June 4, Unweighted Frequencies

ALT.486\_00.000: Took first herbal supplement for general health or wellness

AHB_R1A	Frequency	Percent
1 Yes	2324	82.32
2 No	495	17.53
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	1	0.04

Frequency Missing = 20570

ALT.488\_00.000: Took first herbal supplement because prescription or over-the-counter drugs are too expensive

AHB_R2A	Frequency	Percent
1 Yes	134	4.75
2 No	2680	94.93
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	6	0.21

Frequency Missing = 20570

ALT.490\_00.000: Took first herbal supplement to treat or cure a specific disease or health problem

AHB_R3A	Frequency	Percent
1 Yes	1022	36.20
2 No	1794	63.55
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	4	0.14

Frequency Missing = 20570

ALT.492\_00.000: Took first herbal supplement to prevent a specific disease or health problem

AHB_R4A	Frequency	Percent
1 Yes	1209	42.83
2 No	1610	57.03
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	1	0.04

ALT.494\_00.000: Took first herbal supplement to improve physical performance

Αŀ	IB_R5A	Frequency	Percent
1	Yes	963	34.11
2	No	1850	65.53
7	Refused	1	0.04
8	Not asceratained	2	0.07
9	Don't know	7	0.25

Frequency Missing = 20570

ALT.496\_00.000: Took first herbal supplement to improve sports performance

ΑI	HB_R6A	Frequency	Percent
1	Yes	249	8.82
2	No	2568	90.97
7	Refused	1	0.04
8	Not asceratained	2	0.07
9	Don't know	3	0.11

Frequency Missing = 20570

ALT.498\_00.000: Took first herbal supplement to improve immune system function

AHB_R7A	Frequency	Percent
1 Yes	979	34.68
2 No	1832	64.90
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	9	0.32

Frequency Missing = 20570

ALT.500\_00.000: Took first herbal supplement to improve sexual performance

AHB_R8A	Frequency	Percent
1 Yes	76	2.69
2 No	2736	96.92
7 Refused	2	0.07
8 Not asceratained	2	0.07
9 Don't know	7	0.25

Unweighted Frequencies

ALT.502\_00.000: Took first herbal supplement to improve mental ability or memory

AHB_R9A	Frequency	Percent
1 Yes	441	15.62
2 No	2373	84.06
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	6	0.21

Frequency Missing = 20570

ALT.504\_00.000: Took first herbal supplement because medical treatments did not help

AHB_R10A	Frequency	Percent
1 Yes	 168	5.95
2 No	2643	93.62
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	9	0.32

Frequency Missing = 20570

ALT.506\_00.000: Took first herbal supplement because medical treatments were too expensive

AHB_R11A	Frequency	Percent
1 Yes	149	5.28
2 No	2669	94.54
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	2	0.07

Frequency Missing = 20570

ALT.508\_00.000: Took first herbal supplement because it was recommended by a health care provider

AHB_R12A	Frequency	Percent
1 Yes	703	24.90
2 No	2111	74.78
7 Refused	1	0.04
8 Not asceratained	2	0.07
9 Don't know	6	0.21

ALT.510\_00.000: Took first herbal supplement because it was recommended by family, friends, or co-workers

A.	HB_R13A	Frequency	Percent
1	Yes	1162	41.16
2	No	1653	58.55
7	Refused	1	0.04
8	Not asceratained	2	0.07
9	Don't know	5	0.18

Frequency Missing = 20570

ALT.512\_01.000: Took first herbal supplement to treat or cure acid reflux or heartburn

AHCTRA01	Frequency	Percent
1 Mentioned	11	1.08
2 Not mentioned	998	97.65
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_02.000: Took first herbal supplement to treat or cure angina

AHCTRA02	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_03.000: Took first herbal supplement to treat or cure anxiety

AHCTRA03	Frequency	Percent
1 Mentioned	10	0.98
2 Not mentioned	999	97.75
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_04.000: Took first herbal supplement to treat or cure asthma

AHCTRA04	Frequency	Percent
1 Mentioned	3	0.29
2 Not mentioned	1006	98.43
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_05.000: Took first herbal supplement to treat or cure athritis

ΑF	ICTRA05	Frequency	Percent
1	Mentioned	154	15.07
2	Not mentioned	855	83.66
7	Refused	4	0.39
8	Not ascertained	0	0.00
9	Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_06.000: Took first herbal supplement to treat or cure Attention Deficit Disorder/Hyperactivity

AHCTRA06	Frequency	Percent
1 Mentioned	3	0.29
2 Not mentioned	1006	98.43
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_07.000: Took first herbal supplement to treat or cure autism

AHCTRA07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_08.000: Took first herbal supplement to treat or cure benign tumors, cysts

AHCTRA08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_09.000: Took first herbal supplement to treat or cure bipolar disorder

AHCTRA09	Frequency	Percent
1 Mentioned	3	0.29
2 Not mentioned	1006	98.43
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_10.000: Took first herbal supplement to treat or cure birth defect

AHCTRA10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_11.000: Took first herbal supplement to treat or cure cancer

AHCTR	A11	Frequency	Percent
1 Men	tioned	7	0.68
2 Not	mentioned	1002	98.04
7 Ref	used	4	0.39
8 Not	ascertained	0	0.00
9 Don	't know	9	0.88

Unweighted Frequencies

ALT.512\_12.000: Took first herbal supplement to treat or cure cholesterol

AHCTRA12	Frequency	Percent
1 Mentioned	134	13.11
2 Not mentioned	875	85.62
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_13.000: Took first herbal supplement to treat or cure chronic bronchitis

AHCTRA13	Frequency	Percent
1 Mentioned	5	0.49
2 Not mentioned	1004	98.24
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_14.000: Took first herbal supplement to treat or cure circulation problems (other than in the legs)

AHCTRA14	Frequency	Percent
1 Mentioned	6	0.59
2 Not mentioned	1003	98.14
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_15.000: Took first herbal supplement to treat or cure constipation severe enough to require medication

AHCTRA15	Frequency	Percent
1 Mentioned	14	1.37
2 Not mentioned	995	97.36
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_16.000: Took first herbal supplement to treat or cure coronary heart disease

AHCTRA16	Frequency	Percent
1 Mentioned	33	3.23
2 Not mentioned	976	95.50
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_17.000: Took first herbal supplement to treat or cure dementia, including Alzheimer's Disease

AHCTRA17	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_18.000: Took first herbal supplement to treat or cure dental pain

AHCTRA18	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_19.000: Took first herbal supplement to treat or cure depression

AHCTRA19	Frequency	Percent
1 Mentioned	20	1.96
2 Not mentioned	989	96.77
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_20.000: Took first herbal supplement to treat or cure diabetes

AHCTRA20	Frequency	Percent
1 Mentioned	9	0.88
2 Not mentioned	1000	97.85
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_21.000: Took first herbal supplement to treat or cure emphysema

ΑI	HCTRA21	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	1009	98.73
7	Refused	4	0.39
8	Not ascertained	0	0.00
9	Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_22.000: Took first herbal supplement to treat or cure excessive sleepiness during the day

AHCTRA22	Frequency	Percent
1 Mentioned	4	0.39
2 Not mentioned	1005	98.34
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_23.000: Took first herbal supplement to treat or cure excessive use of alcohol or tobacco

AHCTRA23	Frequency	Percent
1 Mentioned 2 Not mentioned	1 1008	0.10 98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_24.000: Took first herbal supplement to treat or cure fibromyalgia

AHCTRA24	Frequency	Percent
1 Mentioned	11	1.08
2 Not mentioned	998	97.65
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_25.000: Took first herbal supplement to treat or cure fracture, bone/joint injury

AHCTRA25	Frequency	Percent
1 Mentioned	9	0.88
2 Not mentioned	1000	97.85
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_26.000: Took first herbal supplement to treat or cure gout

AHCTRA26	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	1007	98.53
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_27.000: Took first herbal supplement to treat or cure gum disease

AHCTRA27	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	1007	98.53
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_28.000: Took first herbal supplement to treat or cure gynecologic problem

AHCTRA28	Frequency	Percent
1 Mentioned	7	0.68
2 Not mentioned	1002	98.04
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_29.000: Took first herbal supplement to treat or cure hay fever

AHCTRA29	Frequency	Percent
1 Mentioned	4	0.39
2 Not mentioned	1005	98.34
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_30.000: Took first herbal supplement to treat or cure hearing problem

AHCTRA30	Frequency	Percent
1 Mentioned 2 Not mentioned	1 1008	0.10 98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_31.000: Took first herbal supplement to treat or cure heart attack

AHC	TRA31	Frequency	Percent
1 Me	 entioned	0	0.00
2 No	ot mentioned	1009	98.73
7 Re	efused	4	0.39
8 No	ot ascertained	0	0.00
9 Do	on't know	9	0.88

ALT.512\_32.000: Took first herbal supplement to treat or cure other heart condition or disease

AHCTRA32	Frequency	Percent
1 Mentioned	 17	1.66
2 Not mentioned	992	97.06
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_33.000: Took first herbal supplement to treat or cure hernia

AHCTRA33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_34.000: Took first herbal supplement to treat or cure hypertention

AHCTRA34	Frequency	Percent
1 Mentioned	25	2.45
2 Not mentioned	984	96.28
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_35.000: Took first herbal supplement to treat or cure inflammatory bowel disease

AHCTRA35	Frequency	Percent
1 Mentioned	4	0.39
2 Not mentioned	1005	98.34
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_36.000: Took first herbal supplement to treat or cure influenza or pneumonia

AHCTRA36	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_37.000: Took first herbal supplement to treat or cure insomnia or trouble sleeping

AHCTRA37	Frequency	Percent
1 Mentioned	 39	3.82
2 Not mentioned	970	94.91
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_38.000: Took first herbal supplement to treat or cure irritable bowel

AHCTRA38	Frequency	Percent
1 Mentioned	10	0.98
2 Not mentioned	999	97.75
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_39.000: Took first herbal supplement to treat or cure jaw pain

AHCTRA39	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	1007	98.53
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_40.000: Took first herbal supplement to treat or cure joint pain or stiffness/other joint condition

AHCTRA40	Frequency	Percent
1 Mentioned	160	15.66
2 Not mentioned	849	83.07
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_41.000: Took first herbal supplement to treat or cure knee problems (not arthritis/not joint injury)

AHCTRA41	Frequency	Percen
1 Mentioned	24	2.35
2 Not mentioned	985	96.38
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_42.000: Took first herbal supplement to treat or cure liver problem

AHCTRA42	Frequency	Percent
1 Mentioned	7	0.68
2 Not mentioned	1002	98.04
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_43.000: Took first herbal supplement to treat or cure lung/breathing problem (not already listed)

AHCTRA43	Frequency	Percent
1 Mentioned	4	0.39
2 Not mentioned	1005	98.34
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_44.000: Took first herbal supplement to treat or cure lupus

AHCTRA44	Frequency	Percent
1 Mentioned	3	0.29
2 Not mentioned	1006	98.43
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_45.000: Took first herbal supplement to treat or cure mania or psychosis

AHCTRA45	Frequency	Percent
1 Mentioned		0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_46.000: Took first herbal supplement to treat or cure memory loss or loss of other cognitive function

AHCTRA46	Frequency	Percent
1 24 1 1		1 06
1 Mentioned	20	1.96
2 Not mentioned	989	96.77
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_47.000: Took first herbal supplement to treat or cure menopause

AHCTRA47	Frequency	Percent
1 Mentioned	41	4.01
2 Not mentioned	968	94.72
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Unweighted Frequencies

ALT.512\_48.000: Took first herbal supplement to treat or cure menstrual problems

AHCTRA48	Frequency	Percent
1 Mentioned	7	0.68
2 Not mentioned	1002	98.04
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_49.000: Took first herbal supplement to treat or cure mental retardation

AHCTRA49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_50.000: Took first herbal supplement to treat or cure missing limbs (fingers, toes, or digits), amputee

AHCTRA50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_51.000: Took first herbal supplement to treat or cure osteoporosis, tendinitis

AHCTRA51	Frequency	Percent
1 Mentioned	4	0.39
2 Not mentioned	1005	98.34
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_52.000: Took first herbal supplement to treat or cure other developmental problem

AHCTRA52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_53.000: Took first herbal supplement to treat or cure other injury

AHCTRA53	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_54.000: Took first herbal supplement to treat or cure other nerve damage, including carpal tunnel syndrome

AHCTRA54	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_55.000: Took first herbal supplement to treat or cure phobia or fears

AHCTRA55	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_56.000: Took first herbal supplement to treat or cure polio (myelitis), paralysis, para/quadraplegia

AHCTRA56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_57.000: Took first herbal supplement to treat or cure poor circulation in legs

AHCTRA57	Frequency	Percent
1 Mentioned	9	0.88
2 Not mentioned	1000	97.85
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_58.000: Took first herbal supplement to treat or cure prostate trouble or impotence

AHCTRA58	Frequency	Percent
1 Mentioned	32	3.13
2 Not mentioned	977	95.60
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_59.000: Took first herbal supplement to treat or cure regular headaches

AHCTRA59	Frequency	Percent
1 Mentioned	6	0.59
2 Not mentioned	1003	98.14
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_60.000: Took first herbal supplement to treat or cure rheumatoid arthritis

AHCTRA60	Frequency	Percent
1 Mentioned	11	1.08
2 Not mentioned	998	97.65
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_61.000: Took first herbal supplement to treat or cure schizophrenia

AHCTRA61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_62.000: Took first herbal supplement to treat or cure seizures

AHCTRA62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_63.000: Took first herbal supplement to treat or cure senility

ΑF	ICTRA63	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	1009	98.73
7	Refused	4	0.39
8	Not ascertained	0	0.00
9	Don't know	9	0.88

ALT.512\_64.000: Took first herbal supplement to treat or cure sinusitis

AHCTRA64	Frequency	Percent
1 Mentioned	 11	1.08
2 Not mentioned	998	97.65
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_65.000: Took first herbal supplement to treat or cure skin problems

ΑI	HCTRA65	Frequency	Percent
1	Mentioned	12	1.17
2	Not mentioned	997	97.55
7	Refused	4	0.39
8	Not ascertained	0	0.00
9	Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_66.000: Took first herbal supplement to treat or cure sprain or strain

AHCTRA66	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_67.000: Took first herbal supplement to treat or cure stroke

AHCTRA67	Frequency	Percent
1 Mentioned 2 Not mentioned	1 1008	0.10 98.63
7 Refused	4	0.39
8 Not ascertained 9 Don't know	0 9	0.00 0.88

ALT.512\_68.000: Took first herbal supplement to treat or cure substance abuse, other than alcohol or tobacco

AHCTRA68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_69.000: Took first herbal supplement to treat or cure other (specify)

AHCTRA69	Frequency	Percent
1 Mentioned	9	0.88
2 Not mentioned	1000	97.85
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_70.000: Took first herbal supplement to treat or cure other (specify)

AHCTRA70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_71.000: Took first herbal supplement to treat or cure ulcer

ΑI	HCTRA71	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	1009	98.73
7	Refused	4	0.39
8	Not ascertained	0	0.00
9	Don't know	9	0.88

ALT.512\_72.000: Took first herbal supplement to treat or cure urinary problem

AHCTRA72	Frequency	Percent
1 Mentioned	32	3.13
2 Not mentioned	977	95.60
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_73.000: Took first herbal supplement to treat or cure varicose veins, hemorrhoids

AHCTRA73	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_74.000: Took first herbal supplement to treat or cure vision problem

AHCTRA74	Frequency	Percent
1 Mentioned	19	1.86
2 Not mentioned	990	96.87
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_75.000: Took first herbal supplement to treat or cure weak or failing kidneys

AHCTRA75	Frequency	Percent
1 Mentioned 2 Not mentioned	1 1008	0.10 98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Unweighted Frequencies

ALT.512\_76.000: Took first herbal supplement to treat or cure weight problem

AHCTRA76	Frequency	Percent
1 Mentioned	 7	0.68
2 Not mentioned	1002	98.04
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_77.000: Took first herbal supplement to treat or cure back pain or problem

AHCTRA77	Frequency	Percent
1 Mentioned	 41	4.01
2 Not mentioned	968	94.72
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_78.000: Took first herbal supplement to treat or cure head or chest cold

AHCTRA78	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	78 931 4	7.63 91.10 0.39
8 Not ascertained 9 Don't know	0	0.00
9 DOIL C KITOW	9	0.00

Frequency Missing = 22371

ALT.512\_79.000: Took first herbal supplement to treat or cure neck pain or problem

AHCTRA79	Frequency	Percent
1 Mentioned 2 Not mentioned	13 996	1.27 97.46
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.512\_80.000: Took first herbal supplement to treat or cure severe headache or migraine

AHCTRA80	Frequency	Percent
1 Mentioned	 6	0.59
2 Not mentioned	1003	98.14
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_81.000: Took first herbal supplement to treat or cure stomach or intestinal illness

AHCTRA81	Frequency	Percent
1 Mentioned	36	3.52
2 Not mentioned	973	95.21
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_82.000: Took first herbal supplement to treat or cure other (specify)

AHCTRA82	Frequency	Percent
1 Mentioned	46	4.50
2 Not mentioned	963	94.23
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_83.000: Took first herbal supplement to treat or cure anemia and other blood disorders

AHCTRA83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1009	98.73
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.512\_84.000: Took first herbal supplement to treat or cure other allergies

AHCTRA84	Frequency	Percent
1 Mentioned	3	0.29
2 Not mentioned	1006	98.43
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_85.000: Took first herbal supplement to treat or cure other infectious diseases and problems of the immune system

AHCTRA85	Frequency	Percent
1 Mentioned	7	0.68
2 Not mentioned	1002	98.04
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_86.000: Took first herbal supplement to treat or cure other musculoskeletal

AHCTRA86	Frequency	Percent
1 Montioned		0.20
1 Mentioned	1005	0.39
2 Not mentioned	1005	98.34 0.39
7 Refused	4	0.00
8 Not ascertained	0	0.00
9 Don't know	9	0.88

Frequency Missing = 22371

ALT.512\_87.000: Took first herbal supplement to treat or cure stress

AHCTRA87	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	1008	98.63
7 Refused	4	0.39
8 Not ascertained	0	0.00
9 Don't know	9	0.88

ALT.512\_91.000: Condition count for first herbal supplement used to treat a condition

AHBCTACT	Frequency	Percent
01-40 1-40 conditions	1009	98.73
97 Refused	4	0.39
98 Not ascertained	0	0.00
99 Don't know	9	0.88

Frequency Missing = 22371

ALT.514\_00.000: Took first herbal supplement to treat or cure other (specify)

AHB_SPT1	Frequency	Percent
97 Refused	1	0.37
98 Not ascertained	0	0.00
99 Don't know	2	0.75
Verbatim response	264	98.88

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

# ALT.516\_00.000: Condition for which the first herbal supplement was taken to treat or cure the most

AHB_CONA	Frequency	Percent
01 Acid reflux or heartburn	6	0.59
02 Angina	0	0.00
03 Anxiety	5	0.50
04 Asthma	2	0.20
05 Arthritis	120	11.89
06 Attention Deficit Disorder/Hyperactivity	1	0.10
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	3	0.30
10 Birth defect	0	0.00
11 Cancer	4	0.40
12 Cholesterol	101	10.01
13 Chronic Bronchitis	3	0.30
14 Circulation problems (other than in the legs)	2	0.20
15 Constipation severe enough to require medication	6	0.59
16 Coronary heart disease	14	1.39
17 Dementia, including Alzheimer's Disease	1	0.10
18 Dental pain	0	0.00
19 Depression	12	1.19
20 Diabetes	6	0.59
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	3	0.30
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	6	0.59
25 Fracture, bone/joint injury	7	0.69
26 Gout	1	0.10
27 Gum disease	1	0.10
28 Gynecologic problem	3	0.30
29 Hay fever	3	0.30
30 Hearing problem	1	0.10
31 Heart attack	0	0.00
32 Other heart condition or disease	9	0.89
33 Hernia	0	0.00
34 Hypertension	15	1.49
35 Inflammatory bowel disease	3	0.30
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	22	2.18
38 Irritable bowel	7	0.69
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	114	11.30
41 Knee problems (not arthritis, not joint injury)	15	1.49
42 Liver problem	2	0.20
43 Lung/breathing problem (not already listed)	2	0.20
44 Lupus	1	0.10
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	8	0.79
47 Menopause	27 5	2.68
48 Menstrual problems 49 Mental retardation	0	0.50 0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	2	0.00
52 Other developmental problem	0	0.20
53 Other injury	0	0.00
JJ OCIICI IIIJULY	U	0.00

ALT.516\_00.000: Condition for which the first herbal supplement was taken to treat or cure the most

AHB_CONA	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	0	0.00
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	7	0.69
58 Prostate trouble or impotence	22	2.18
59 Regular headaches	3	0.30
60 Rheumatoid arthritis	6	0.59
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	6	0.59
65 Skin problems	7	0.69
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	8	0.79
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	18	1.78
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	8	0.79
75 Weak or failing kidneys	0	0.00
76 Weight problem	1	0.10
77 Back pain or problem	22	2.18
78 Head or chest cold	67	6.64
79 Neck pain or problem	3	0.30
80 Severe headache or migraine	2	0.20
81 Stomach or intestinal illness	19	1.88
82 Other - specify	261	25.87
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	6	0.59

Frequency Missing = 22384

ALT.518 $\_$ 01.000: Received no conventional medical treatment for condition for which the first herbal supplement was used to treat or cure the most

AHBMEDA0	Frequency	Percent
1 Mentioned	494	49.25
2 Not mentioned	504	50.25
7 Refused	1	0.10
8 Not ascertained	2	0.20
9 Don't know	2	0.20

ALT.518\_02.000: Received prescription medications for condition for which the first herbal supplement was used to treat or cure the most

AHBMEDA1	Frequency	Percent
1 Mentioned	364	36.29
2 Not mentioned	634	63.21
7 Refused	1	0.10
8 Not ascertained	2	0.20
9 Don't know	2	0.20

Frequency Missing = 22390

ALT.518\_03.000: Received over-the-counter medications for condition for which the first herbal supplement was used to treat or cure the most

AHBMEDA2	Frequency	Percent
1 Mentioned	187	18.64
2 Not mentioned	811	80.86
7 Refused	1	0.10
8 Not ascertained	2	0.20
9 Don't know	2	0.20

Frequency Missing = 22390

ALT.518\_04.000: Received surgery for condition for which the first herbal supplement was used to treat or cure the most

AHBMEDA3	Frequency	Percent
1 Mentioned	 66	6.58
2 Not mentioned	932	92.92
7 Refused	1	0.10
8 Not ascertained	2	0.20
9 Don't know	2	0.20

Frequency Missing = 22390

ALT.518\_05.000: Received physical therapy for condition for which the first herbal supplement was used to treat or cure the most

AHBMEDA4	Frequency	Percent
1 Mentioned	50	4.99
2 Not mentioned	948	94.52
7 Refused	1	0.10
8 Not ascertained	2	0.20
9 Don't know	2	0.20

ALT.518\_06.000: Received mental health counseling for condition for which the first herbal supplement was used to treat or cure the most

AHBMEDA5	Frequency	Percent
1 Mentioned	18	1.79
2 Not mentioned	980	97.71
7 Refused	1	0.10
8 Not ascertained	2	0.20
9 Don't know	2	0.20

Frequency Missing = 22390

ALT.520\_00.000: Time received prescription medications for the condition they used the first herbal supplement to treat or cure the most

AHB_TM1A	Frequency	Percent
1 - 6	100	
1 Before	198	54.40
2 At about the same time	98	26.92
3 After	64	17.58
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	4	1.10

Frequency Missing = 23029

ALT.522 $\_$ 00.000: Time received over-the-counter medications for the condition they used the first herbal supplement to treat or cure the most

AHB_TM2A	Frequency	Percent
1 Before	89	47.59
2 At about the same time	73	39.04
3 After	22	11.76
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	1.60

ALT.524\_00.000: Time received surgery for the condition they used the first herbal supplement to treat or cure the most

AHB_TM3A	Frequency	Percent
1 Before	42	63.64
2 At about the same time	8	12.12
3 After	16	24.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23327

ALT.526\_00.000: Time received physical therapy for the condition they used the first herbal supplement to treat or cure the most

AHB_TM4A	Frequency	Percent
1 Before	25	50.00
2 At about the same time	16	32.00
3 After	8	16.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.00

Frequency Missing = 23343

ALT.528\_00.000: Time received mental health counseling for the condition they used the first herbal supplement to treat or cure the most

AHB_TM5A	Frequency	Percent
1 Before	8	44.44
2 At about the same time	6	33.33
3 After	4	22.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23375

ALT.530\_01.000: Took first herbal supplement to prevent acid reflux or heartburn

AHCNPA01	Frequency	Percent
1 Mentioned		1.14
2 Not mentioned	558	90.73
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_02.000: Took first herbal supplement to prevent angina

AHCNPA02	Frequency	Percent
1 Mentioned	2	0.33
2 Not mentioned	563	91.54
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_03.000: Took first herbal supplement to prevent anxiety

AHCNPA03	Frequency	Percent
1 Mentioned	11	1.79
2 Not mentioned	554	90.08
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_04.000: Took first herbal supplement to prevent asthma

AHCNPA04	Frequency	Percent
1 Mentioned	7	1.14
2 Not mentioned	558	90.73
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_05.000: Took first herbal supplement to prevent athritis

AHCNPA05	Frequency	Percent
1 Mentioned	45	7.32
2 Not mentioned	520	84.55
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_06.000: Took first herbal supplement to prevent Attention Deficit Disorder/Hyperactivity

AHCNPA06	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_07.000: Took first herbal supplement to prevent autism

AHCNPA07	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_08.000: Took first herbal supplement to prevent benign tumors, cysts

AHCNPA08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_09.000: Took first herbal supplement to prevent bipolar disorder

ΑI	HCNPA09	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	565	91.87
7	Refused	1	0.16
8	Not ascertained	0	0.00
9	Don't know	49	7.97

ALT.530\_10.000: Took first herbal supplement to prevent birth defect

AHCNPA10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_11.000: Took first herbal supplement to prevent cancer

AHCNPA11	Frequency	y Percen
1 Mentioned	21	3.41
2 Not mentioned	544	88.46
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_12.000: Took first herbal supplement to prevent cholesterol

AHCNPA12	Frequency	Percent
1 Mentioned	91	14.80
2 Not mentioned	474	77.07
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_13.000: Took first herbal supplement to prevent chronic bronchitis

AHCNPA13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_14.000: Took first herbal supplement to prevent circulation problems (other than in the legs)

AHCNPA14	Frequency	Percent
1 Mentioned	25	4.07
2 Not mentioned	540	87.80
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_15.000: Took first herbal supplement to prevent constipation severe enough to require medication

AHCNPA15	Frequency	Percen
1 Mentioned	16	2.60
2 Not mentioned	549	89.27
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_16.000: Took first herbal supplement to prevent coronary heart disease

AHCNPA16	Frequency	Percent
1 Mentioned	42	6.83
2 Not mentioned	523	85.04
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_17.000: Took first herbal supplement to prevent dementia, including Alzheimer's disease

AHCNPA17	Frequency	Percent
1 Mentioned	6	0.98
2 Not mentioned	559	90.89
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_18.000: Took first herbal supplement to prevent dental pain

AHCNPA18	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_19.000: Took first herbal supplement to prevent depression

AHCNPA19	Frequency	Percent
1 Mentioned	11	1.79
2 Not mentioned	554	90.08
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_20.000: Took first herbal supplement to prevent diabetes

AHCNPA20	Frequency	Percent
1 Mentioned	10	1.63
2 Not mentioned	555	90.24
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_21.000: Took first herbal supplement to prevent emphysema

AHCNPA21	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	0 565 1	0.00 91.87 0.16
8 Not ascertained 9 Don't know	0 49	0.00

ALT.530\_22.000: Took first herbal supplement to prevent excessive sleepiness during the day

AHCNPA22	Frequency	Percent
1 Mentioned	4	0.65
2 Not mentioned	561	91.22
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_23.000: Took first herbal supplement to prevent excessive use of alcohol or tobacco

AHCNPA23	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_24.000: Took first herbal supplement to prevent fibromyalgia

AHCNPA24	Frequency	Percent
1 Mentioned	2	0.33
2 Not mentioned	563	91.54
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_25.000: Took first herbal supplement to prevent fracture, bone/joint injury

AHCNPA25	Frequency	Percent
1 Mentioned	6	0.98
2 Not mentioned	559	90.89
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_26.000: Took first herbal supplement to prevent gout

AHCNPA26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_27.000: Took first herbal supplement to prevent gum disease

ΑI	HCNPA27	Frequency	Percent
1	Mentioned	3	0.49
2	Not mentioned	562	91.38
7	Refused	1	0.16
8	Not ascertained	0	0.00
9	Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_28.000: Took first herbal supplement to prevent gynecologic problem

AHCNPA28	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_29.000: Took first herbal supplement to prevent hay fever

AHCNPA29	Frequency	Percent
1 Mentioned 2 Not mentioned	 6 559	0.98 90.89
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_30.000: Took first herbal supplement to prevent hearing problem

AHCNPA30	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_31.000: Took first herbal supplement to prevent heart attack

AHCNPA31	Frequency	Percent
1 Mentioned	22	3.58
2 Not mentioned	543	88.29
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_32.000: Took first herbal supplement to prevent other heart condition or disease

AHCNPA32	Frequency	Percent
1 Mentioned	66	10.73
2 Not mentioned	499	81.14
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_33.000: Took first herbal supplement to prevent hernia

AHCNPA33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_34.000: Took first herbal supplement to prevent hypertension

AHCNPA34	Frequency	Percent
1 Mentioned	13	2.11
2 Not mentioned	552	89.76
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_35.000: Took first herbal supplement to prevent inflammatory bowel disease

AHCNPA35	Frequency	Percent
1 Mentioned	3	0.49
2 Not mentioned	562	91.38
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_36.000: Took first herbal supplement to prevent influenza or pneumonia

AHCNPA36	Frequency	Percent
1 Mentioned	25	4.07
2 Not mentioned	540	87.80
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_37.000: Took first herbal supplement to prevent insomnia or trouble sleeping

AHCNPA37	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	3 562	0.49 91.38 0.16
8 Not ascertained	0	0.10
9 Don't know	49	7.97

ALT.530\_38.000: Took first herbal supplement to prevent irritable bowel

AHCNPA38	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_39.000: Took first herbal supplement to prevent jaw pain

AHCNPA39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_40.000: Took first herbal supplement to prevent joint pain or stiffness/other joint condition

AHCNPA40	Frequency	Percent
1 Mentioned	63	10.24
2 Not mentioned	502	81.63
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_41.000: Took first herbal supplement to prevent knee problems (not arthritis/not joint injury)

AHCNPA41	Frequency	Percent
1 Mentioned	7	1.14
2 Not mentioned	558	90.73
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_42.000: Took first herbal supplement to prevent liver problem

AHCNPA42	Frequency	Percent
1 Mentioned	10	1.63
2 Not mentioned	555	90.24
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_43.000: Took first herbal supplement to prevent lung/breathing problem (not already listed)

AHCNPA43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_44.000: Took first herbal supplement to prevent lupus

AHCNPA44	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_45.000: Took first herbal supplement to prevent mania or psychosis

AHCNPA45	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_46.000: Took first herbal supplement to prevent memory loss or loss of other cognitive function

AHCNPA46	Frequency	Percent
1 Mentioned	 32	5.20
2 Not mentioned	533	86.67
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_47.000: Took first herbal supplement to prevent menopause

AHCNPA47	Frequency	Percent
1 Mentioned	12	1.95
2 Not mentioned 7 Refused	553 1	89.92 0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_48.000: Took first herbal supplement to prevent menstrual problems

AHCNPA48	Frequency	Percent
1 Mentioned	6	0.98
2 Not mentioned	559	90.89
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_49.000: Took first herbal supplement to prevent mental retardation

AHCNPA49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_50.000: Took first herbal supplement to prevent missing limbs (fingers, toes, or digits), amputee

AHCNPA50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_51.000: Took first herbal supplement to prevent osteoporosis, tendinitis

AHCNPA51	Frequency	Percent
1 Mentioned	4	0.65
2 Not mentioned	561	91.22
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_52.000: Took first herbal supplement to prevent other developmental problem

AHCNPA52	Frequency	Percent
1 Mentioned	8	1.30
2 Not mentioned	557	90.57
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_53.000: Took first herbal supplement to prevent other injury

AHCNPA53	Frequency	Percent
1 Mentioned	 3	0.49
	3	
2 Not mentioned	562	91.38
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7 97

ALT.530\_54.000: Took first herbal supplement to prevent other nerve damage, including carpal tunnel syndrome

AHCNPA54	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_55.000: Took first herbal supplement to prevent phobia or fears

AHCNPA55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_56.000: Took first herbal supplement to prevent polio (myelitis), paralysis, para/quadraplegia

AHCNPA56	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_57.000: Took first herbal supplement to prevent poor circulation in legs

AHCNPA57	Frequency	Percent
1 Mentioned	4	0.65
2 Not mentioned	561	91.22
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_58.000: Took first herbal supplement to prevent prostate trouble or impotence

AHCNPA58	Frequency	Percent
1 Mentioned	21	3.41
2 Not mentioned	544	88.46
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_59.000: Took first herbal supplement to prevent regular headaches

AHCNPA59	Frequency	Percent
1 Mentioned	2	0.33
2 Not mentioned	563	91.54
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_60.000: Took first herbal supplement to prevent rheumatoid arthritis

AHCNPA60	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_61.000: Took first herbal supplementn to prevent schizophrenia

AHCNPA61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_62.000: Took first herbal supplement to prevent seizures

AHCNPA62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_63.000: Took first herbal supplement to prevent senility

AHCNPA63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_64.000: Took first herbal supplement to prevent sinusitis

AHCNPA64	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_65.000: Took first herbal supplement to prevent skin problems

AHCNPA65	Frequency	Percent
1 Mentioned	9	1.46
2 Not mentioned	556	90.41
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_66.000: Took first herbal supplement to prevent sprain or strain

AHCNPA66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_67.000: Took first herbal supplement to prevent stroke

AHCNPA67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_68.000: Took first herbal supplement to prevent substance abuse, other than alcohol or tobacco

AHCNPA68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_69.000: Took first herbal supplement to prevent other (specify)

AHCNPA69	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_70.000: Took first herbal supplement to prevent other (specify)

AHCNPA70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_71.000: Took first herbal supplement to prevent ulcer

AHCNPA71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_72.000: Took first herbal supplement to prevent urinary problem

AHCNPA72	Frequency	Percent
1 Mentioned	9	1.46
2 Not mentioned	556	90.41
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_73.000: Took first herbal supplement to prevent varicose veins, hemorrhoids

AHCNPA73	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_74.000: Took first herbal supplement to prevent vision problem

AHCNPA74	Frequency	Percent
1 Mentioned	11	1.79
2 Not mentioned	554	90.08
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_75.000: Took first herbal supplement to prevent weak or failing kidneys

AHCNPA75	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertaine	ed 0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_76.000: Took first herbal supplement to prevent weight problem

ΑI	HCNPA76	Frequency	Percent
1	Mentioned	2	0.33
2	Not mentioned	563	91.54
7	Refused	1	0.16
8	Not ascertained	0	0.00
9	Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_77.000: Took first herbal supplement to prevent back pain or problem

AHCNPA77	Frequency	Percent
1 Mentioned	4	0.65
2 Not mentioned	561	91.22
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_78.000: Took first herbal supplement to prevent head or chest cold

AHCNPA78	Frequency	Percent
1 Mentioned	36	5.85
2 Not mentioned	529	86.02
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_79.000: Took first herbal supplement to prevent neck pain or problem

AHCNPA79	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_80.000: Took first herbal supplement to prevent severe headache or migraine

AHCNPA80	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_81.000: Took first herbal supplement to prevent stomach or intestinal illness

AHCNPA81	Frequency	Percent
1 Mentioned	2	0.33
2 Not mentioned	563	91.54
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_82.000: Took first herbal supplement to prevent other (specify)

AHCNPA82	Frequency	Percent
1 Mentioned	27	4.39
2 Not mentioned	538	87.48
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_83.000: Took first herbal supplement to prevent anemia and other blood disorders

AHCNPA83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_84.000: Took first herbal supplement to prevent other allergies

AHCNPA84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	565	91.87
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_85.000: Took first herbal supplement to prevent other infectious diseases and problems of the immune system

AHCNPA85	Frequency	Percent
1 Mentioned	4	0.65
2 Not mentioned	561	91.22
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

ALT.530\_86.000: Took first herbal supplement to prevent other musculoskeletal

AHCNPA86	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_87.000: Took first herbal supplement to prevent stress

AHCNPA87	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	564	91.71
7 Refused	1	0.16
8 Not ascertained	0	0.00
9 Don't know	49	7.97

Frequency Missing = 22778

ALT.530\_91.000: Condition count for first herbal supplement used to prevent a condition

AHBCPACT	Frequency	Percent
01-40 1-40 conditions	565	91.87
97 Refused	1	0.16
98 Not ascertained	0	0.00
99 Don't know	49	7.97

Frequency Missing = 22778

ALT.532\_00.000: Took first herbal supplement to prevent other (specify)

AHB_SPP1	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	75	100.00

# ALT.534\_00.000: Condition for which first herbal supplement was taken to prevent the most

AHB_CMPA	Frequency	Percent
01 Acid reflux or heartburn	 5	0.88
02 Angina	0	0.00
03 Anxiety	5	0.88
04 Asthma	5	0.88
05 Arthritis	24	4.25
06 Attention Deficit Disorder/Hyperactivity	1	0.18
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	18	3.19
12 Cholesterol	73	12.92
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	15	2.65
15 Constipation severe enough to require medication	13	2.30
16 Coronary heart disease	30	5.31
17 Dementia, including Alzheimer's Disease	4	0.71
18 Dental pain	0	0.00
19 Depression	4	0.71
20 Diabetes	3	0.53
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	3	0.53
23 Excessive use of alcohol or tobacco	1	0.18
24 Fibromyalgia	1	0.18
25 Fracture, bone/joint injury	4	0.71
26 Gout	0	0.00
27 Gum disease	1	0.18
28 Gynecologic problem	1	0.18
29 Hay fever	3	0.53
30 Hearing problem	1	0.18
31 Heart attack	13	2.30
32 Other heart condition or disease	54	9.56
33 Hernia	0	0.00
34 Hypertension	9	1.59
35 Inflammatory bowel disease	2	0.35
36 Influenza or pneumonia	19	3.36
37 Insomnia or trouble sleeping	1	0.18
38 Irritable bowel	1	0.18
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	47	8.32
41 Knee problems (not arthritis, not joint injury)	6	1.06
42 Liver problem	8	1.42
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	1	0.18
45 Mania or psychosis	1	0.18
46 Memory loss or loss of other cognitive function	25	4.42
47 Menopause	6	1.06
48 Menstrual problems	5	0.88
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	3	0.53
52 Other developmental problem	8	1.42
53 Other injury	3	0.53

# ALT.534\_00.000: Condition for which first herbal supplement was taken to prevent the most

AHB_CMPA	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	1	0.18
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	3	0.53
58 Prostate trouble or impotence	18	3.19
59 Regular headaches	2	0.35
60 Rheumatoid arthritis	1	0.18
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	1	0.18
65 Skin problems	4	0.71
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	0	0.00
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	8	1.42
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	7	1.24
75 Weak or failing kidneys	0	0.00
76 Weight problem	1	0.18
77 Back pain or problem	3	0.53
78 Head or chest cold	16	2.83
79 Neck pain or problem	0	0.00
80 Severe headache or migraine	0	0.00
81 Stomach or intestinal illness	1	0.18
82 Other - specify	71	12.57
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	0.18

Frequency Missing = 22828

ALT.535\_00.000: Took second herbal supplement for same reasons as first herbal supplement

AHB_SAME	Frequency	Percent
1 Same reasons	1000	65.75
2 Different reasons	461	30.31
7 Refused	0	0.00
8 Not ascertained	58	3.81
9 Don't know	2	0.13

ALT.536\_00.000: Took second herbal supplement for general health or wellness

AHB_R1B	Frequency	Percent
1 Yes	1178	77.45
2 No	282	18.54
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	1	0.07

Frequency Missing = 21872

ALT.538\_00.000: Took second herbal supplement because prescription or over-the-counter drugs are too expensive

AHB_R2B	Frequency	Percent
1 Yes	66	4.34
2 No	1394	91.65
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	1	0.07

Frequency Missing = 21872

ALT.540\_00.000: Took second herbal supplement to treat or cure a specific disease or health problem

AHB_R3B	Frequency	Percent
1 Yes	504	33.14
2 No	954	62.72
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	3	0.20

Frequency Missing = 21872

ALT.542\_00.000: Took second herbal supplement to prevent a specific disease or health problem

AHB_R4B	Frequency	Percent
1 Yes	618	40.63
2 No	842	55.36
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	1	0.07

ALT.544\_00.000: Took second herbal supplement to improve physical performance

AHB_R5B	Frequency	Percent
1 Yes	532	34.98
2 No	925	60.82
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	4	0.26

Frequency Missing = 21872

ALT.546\_00.000: Took second herbal supplement to improve sports performance

AHB_R6B	Frequency	Percent
1 Yes	156	10.26
2 No	1302	85.60
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	3	0.20

Frequency Missing = 21872

ALT.548\_00.000: Took second herbal supplement to improve immune system function

AHB_R7B	Frequency	Percent
1 Yes	486	31.95
2 No	971	63.84
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	4	0.26

Frequency Missing = 21872

ALT.550\_00.000: Took second herbal supplement to improve sexual performance

AHB_R8B	Frequency	Percent
1 Yes	45	2.96
2 No	1411	92.77
7 Refused	1	0.07
8 Not ascertained	60	3.94
9 Don't know	4	0.26

ALT.552\_00.000: Took second herbal supplement to improve mental ability or memory

AHB_R9B	Frequency	Percent
1 Yes	232	15.25
2 No	1226	80.60
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	3	0.20

Frequency Missing = 21872

ALT.554\_00.000: Took second herbal supplement because medical treaments did not help

AHB_R10B	Frequency	Percent
1 Yes	95	6.25
2 No	1363	89.61
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	3	0.20

Frequency Missing = 21872

ALT.556\_00.000: Took second herbal supplement because medical treatments were too expensive

AHB_R11B	Frequency	Percent
1 Yes	75	4.93
2 No	1385	91.06
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	1	0.07

Frequency Missing = 21872

ALT.558\_00.000: Took second herbal supplement because it was recommended by a health care provider

AHB_R12B	Frequency	Percent
1 Yes	356	23.41
2 No	1103	72.52
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	2	0.13

ALT.560\_00.000: Took second herbal supplement because it was recommended by family, friends, or co-workers

AHB_R13B	Frequency	Percent
1 Yes	606	39.84
2 No	854	56.15
7 Refused	0	0.00
8 Not ascertained	60	3.94
9 Don't know	1	0.07

Frequency Missing = 21872

ALT.562\_01.000: Took second herbal supplement to treat or cure acid reflux or heartburn

AHCTRB01	Frequency	Percent
1 Mentioned	7	1.39
2 Not mentioned	491	97.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_02.000: Took second herbal supplement to treat or cure angina

AHCTRB02	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_03.000: Took second herbal supplement to treat or cure anxiety

AHCTRB03	Frequency	Percent
1 Mentioned	11	2.18
2 Not mentioned	487	96.63
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_04.000: Took second herbal supplement to treat or cure asthma

AHCTRB04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_05.000: Took second herbal supplement to treat or cure athritis

AHCTRB05	Frequency	Percent
1 Mentioned	102	20.24
2 Not mentioned	396	78.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_06.000: Took second herbal supplement to treat or cure Attention Deficit Disorder/Hyperactivity

AHCTRB06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_07.000: Took second herbal supplement to treat or cure autism

AHCTRB07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_08.000: Took second herbal supplement to treat or cure benign tumors, cysts

AHCTRB08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_09.000: Took second herbal supplement to treat or cure bipolar disorder

AHCTRB09	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_10.000: Took second herbal supplement to treat or cure birth defect

AHCTRB10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_11.000: Took second herbal supplement to treat or cure cancer

AHCTRB11	Frequency	Percent
1 Mentioned	3	0.60
2 Not mentioned	495	98.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_12.000: Took second herbal supplement to treat or cure cholesterol

AHCTRB12	Frequency	Percent
1 Mentioned	62	12.30
2 Not mentioned	436	86.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_13.000: Took second herbal supplement to treat or cure chronic bronchitis

AHCTRB13	Frequency	Percent
1 Mentioned 2 Not mentioned	2 496	0.40 98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_14.000: Took second herbal supplement to treat or cure circulation problems (other than in the legs)

AHCTRB14	Frequency	Percent
1 Mentioned	3	0.60
2 Not mentioned	495	98.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_15.000: Took second herbal supplement to treat or cure constipation severe enough to require medication  $\frac{1}{2}$ 

AHCTRB15	Frequency	Percent
1 Mentioned	4	0.79
2 Not mentioned	494	98.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_16.000: Took second herbal supplement to treat or cure coronary heart disease

AHCTRB16	Frequency	Percent
1 Mentioned	16 482	3.17
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	0	95.63 0.00
<pre>8 Not ascertained 9 Don't know</pre>	0 6	0.00 1.19

Frequency Missing = 22889

ALT.562\_17.000: Took second herbal supplement to treat or cure dementia, including Alzheimer's disease

AHCTRB17	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_18.000: Took second herbal supplement to treat or cure dental pain

AHCTRB18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_19.000: Took second herbal supplement to treat or cure depression

AHCTRB19	Frequency	Percent
1 Mentioned	8	1.59
2 Not mentioned	490	97.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_20.000: Took second herbal supplement to treat or cure diabetes

AHCTRB20	Frequency	Percent
1 Mentioned	9	1.79
2 Not mentioned	489	97.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_21.000: Took second herbal supplement to treat or cure emphysema

AHCTRB21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_22.000: Took second herbal supplement to treat or cure excessive sleepiness during the day

AHCTRB22	Frequency	Percent
1 Mentioned	2	0.40
2 Not mentioned	496	98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_23.000: Took second herbal supplement to treat or cure excessive use of alcohol or tobacco

AHCTRB23	Frequency	Percent
1 Mentioned 2 Not mentioned	0 498	0.00 98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Unweighted Frequencies

ALT.562\_24.000: Took second herbal supplement to treat or cure fibromyalgia

AHCTRB24	Frequency	Percent
1 Mentioned	4	0.79
2 Not mentioned	494	98.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_25.000: Took second herbal supplement to treat or cure fracture, bone/joint injury

AHCTRB25	Frequency	Percent
1 Mentioned	 7	1.39
2 Not mentioned	491	97.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_26.000: Took second herbal supplement to treat or cure gout

AHCTRB26	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_27.000: Took second herbal supplement to treat or cure gum disease

AHCTRB27	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_28.000: Took second herbal supplement to treat or cure gynecologic problem

AHCTRB28	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_29.000: Took second herbal supplement to treat or cure hay fever

AHCTRB29	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_30.000: Took second herbal supplement to treat or cure hearing problem

AHCTRB30	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	2 496 0 0	0.40 98.41 0.00 0.00

Frequency Missing = 22889

ALT.562\_31.000: Took second herbal supplement to treat or cure heart attack

AHCTRB31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_32.000: Took second herbal supplement to treat or cure other heart condition or disease

AHCTRB32	Frequency	Percent
1 Mentioned	5	0.99
2 Not mentioned	493	97.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_33.000: Took second herbal supplement to treat or cure hernia

AHCTRB33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_34.000: Took second herbal supplement to treat or cure hypertension

AHCTRB34	Frequency	Percent
1 Mentioned	8	1.59
2 Not mentioned	490	97.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_35.000: Took second herbal supplement to treat or cure inflammatory bowel disease

AHCTRB35	Frequency	Percent
1 Mentioned	3	0.60
2 Not mentioned 7 Refused	495 0	98.21 0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_36.000: Took second herbal supplement to treat or cure influenza or pneumonia

AHCTRB36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_37.000: Took second herbal supplement to treat or cure insomnia or trouble sleeping

AHCTRB37	Frequency	Percent
1 Mentioned	23	4.56
2 Not mentioned	475	94.25
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_38.000: Took second herbal supplement to treat or cure irritable bowel

AHCTRB38	Frequency	Percent
1 Mentioned	 8	1.59
	· ·	97.22
2 Not mentioned	490	
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_39.000: Took second herbal supplement to treat or cure jaw pain

AHCTRB39	Frequency	Percent
1 Mentioned	2	0.40
2 Not mentioned	496	98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_40.000: Took second herbal supplement to treat or cure joint pain or stiffness/other joint condition

AHCTRB40	Frequency	Percent
1 Mentioned	115	22.82
2 Not mentioned	383	75.99
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_41.000: Took second herbal supplement to treat or cure knee problems (not arthritis/not joint injury)

AHCTRB41	Frequency	Percent
1 Mentioned	15	2.98
2 Not mentioned	483	95.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_42.000: Took second herbal supplement to treat or cure liver problem

AHCTRB42	Frequency	Percent
1 Mentioned	3	0.60
2 Not mentioned	495	98.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_43.000: Took second herbal supplement to treat or cure lung/breathing problem (not already listed)

AHCTRB43	Frequency	Percent
1 Mentioned	2	0.40
2 Not mentioned	496	98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_44.000: Took second herbal supplement to treat or cure lupus

AHCTRB44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_45.000: Took second herbal supplement to treat or cure mania or psychosis

AHCTRB45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_46.000: Took second herbal supplement to treat or cure memory loss or loss of other cognitive function

AHCTRB46	Frequency	Percent
1 Mentioned	5	0.99
2 Not mentioned	493	97.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_47.000: Took second herbal supplement to treat or cure menopause

AHCTRB47	Frequency	Percent
1 Mentioned	19	3.77
2 Not mentioned	479	95.04
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1 19

ALT.562\_48.000: Took second herbal supplement to treat or cure menstrual problems

AHCTRB48	Frequency	Percent
1 Mentioned	2	0.40
2 Not mentioned	496	98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_49.000: Took second herbal supplement to treat or cure mental retardation

AHCTRB49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_50.000: Took second herbal supplement to treat or cure missing limbs (fingers, toes, or digits), amputee

AHCTRB50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_51.000: Took second herbal supplement to treat or cure osteoporosis, tendinitis

AHCTRB51	Frequency	Percent
1 Mentioned	2	0.40
2 Not mentioned	496	98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_52.000: Took second herbal supplement to treat or cure other developmental problem

AHCTRB52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_53.000: Took second herbal supplement to treat or cure other injury

AHCTRB53	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_54.000: Took second herbal supplement to treat or cure other nerve damage, including carpal tunnel syndrome

AHCTRB54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_55.000: Took second herbal supplement to treat or cure phobia or fears

AHCTRB55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1 19

ALT.562\_56.000: Took second herbal supplement to treat or cure polio (myelitis), paralysis, para/quadraplegia

AHCTRB56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_57.000: Took second herbal supplement to treat or cure poor circulation in legs

AHCTRB57	Frequency	Percent
1 Mentioned	3	0.60
2 Not mentioned	495	98.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_58.000: Took second herbal supplement to treat or cure prostate trouble or impotence

AHCTRB58	Frequency	Percent
1 Mentioned	10	1.98
2 Not mentioned	488	96.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_59.000: Took second herbal supplement to treat or cure regular headaches

AHCTRB59	Frequency	Percent
1 Mentioned	1	0.20
2 Not mentioned	497	98.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_60.000: Took second herbal supplement to treat or cure rheumatoid arthritis

AHCTRB60	Frequency	Percent
1 Mentioned	10	1.98
2 Not mentioned	488	96.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_61.000: Took second herbal supplement to treat or cure schizophrenia

AHCTRB61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_62.000: Took second herbal supplement to treat or cure seizures

AHCTRB62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_63.000: Took second herbal supplement to treat or cure senility

AHCTRB63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_64.000: Took second herbal supplement to treat or cure sinusitis

AHCTRB64	Frequency	Percent
1 Mentioned	 5	0.99
2 Not mentioned	493	97.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_65.000: Took second herbal supplement to treat or cure skin problems

AHCTRB65	Frequency	Percent
1 Mentioned	9	1.79
2 Not mentioned	489	97.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_66.000: Took second herbal supplement to treat or cure sprain or strain

AHCTRB66	Frequency	Percent
1 Mentioned	2	0.40
2 Not mentioned	496	98.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_67.000: Took second herbal supplement to treat or cure stroke

AHCTRB67	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	2 496 0 0	0.40 98.41 0.00 0.00
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ALT.562\_68.000: Took second herbal supplement to treat or cure substance abuse, other than alcohol or tobacco

AHCTRB68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_69.000: Took second herbal supplement to treat or cure other (specify)

AHCTRB69	Frequency	Percent
1 Mentioned	4	0.79
2 Not mentioned	494	98.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_70.000: Took second herbal supplement to treat or cure other (specify)

AHCTRB70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_71.000: Took second herbal supplement to treat or cure ulcer

AHCTRB71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_72.000: Took second herbal supplement to treat or cure urinary problem

AHCTRB72	Frequency	Percent
1 Mentioned	12	2.38
2 Not mentioned	486	96.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_73.000: Took second herbal supplement to treat or cure varicose veins, hemorrhoids

AHCTRB73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_74.000: Took second herbal supplement to treat or cure vision problem

AHCTRB74	Frequency	Percent
1 Mentioned	9	1.79
2 Not mentioned	489	97.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_75.000: Took second herbal supplement to treat or cure weak or failing kidneys

AHCTRB75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned 7 Refused	498 0	98.81 0.00
8 Not ascertained	0	0.00
9 Don't know	6	1 19

ALT.562\_76.000: Took second herbal supplement to treat or cure weight problem

AHCTRB76	Frequency	Percent
1 Mentioned	8	1.59
2 Not mentioned	490	97.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_77.000: Took second herbal supplement to treat or cure back pain or problem

AHCTRB77	Frequency	Percent
1 Mentioned	29	5.75
2 Not mentioned	469	93.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_78.000: Took second herbal supplement to treat or cure head or chest cold

AHCTRB78	Frequency	Percent
1 Mentioned	20	3.97
2 Not mentioned	478	94.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_79.000: Took second herbal supplement to treat or cure neck pain or problem

AHCTRB79	Frequency	Percent
1 Mentioned	10	1.98
2 Not mentioned	488	96.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_80.000: Took second herbal supplement to treat or cure severe headache or migraine

AHCTRB80	Frequency	Percent
1 Mentioned	3	0.60
2 Not mentioned	495	98.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_81.000: Took second herbal supplement to treat or cure stomach or intestinal illness

AHCTRB81	Frequency	Percent
1 Mentioned	12	2.38
2 Not mentioned	486	96.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_82.000: Took second herbal supplement to treat or cure other (specify)

AHCTRB82	Frequency	Percent
1 Mentioned	10	1.98
2 Not mentioned	488	96.83
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_83.000: Took second herbal supplement to treat or cure anemia and other blood disorders

AHCTRB83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_84.000: Took second herbal supplement to treat or cure other allergies

AHCTRB84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_85.000: Took second herbal supplement to treat or cure other infectious diseases and problems of the immune system

AHCTRB85	Frequency	Percent
1 Mentioned	5	0.99
2 Not mentioned	493	97.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_86.000: Took second herbal supplement to treat or cure other musculoskeletal

AHCTRB86	Frequency	Percent
1 Mentioned	5	0.99
2 Not mentioned	493	97.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

Frequency Missing = 22889

ALT.562\_87.000: Took second herbal supplement to treat or cure stress

AHCTRB87	Frequency	Percent
1		
1 Mentioned	0	0.00
2 Not mentioned	498	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	6	1.19

ALT.562\_91.000: Condition count for second herbal supplement used to treat a condition

AHBCTBCT	Frequency	Percent
01-40 1-40 conditions	498	98.81
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	6	1.19

Frequency Missing = 22889

ALT.564\_00.000: Took second herbal supplement to treat or cure other (specify)

AHB_SPT2	Frequency	Percent
97 Refused	1	0.80
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	124	99.20

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

# ALT.566\_00.000: Condition for which the second herbal supplement was taken to treat or cure the most

AHB_CONB	Frequency	Percent
01 Acid reflux or heartburn	3	0.60
02 Angina	1	0.20
03 Anxiety	5	1.00
04 Asthma	0	0.00
05 Arthritis	79	15.86
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	1	0.20
10 Birth defect	0	0.00
11 Cancer	1	0.20
12 Cholesterol	38	7.63
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	1	0.20
15 Constipation severe enough to require medication	2	0.40
16 Coronary heart disease	6	1.20
17 Dementia, including Alzheimer's Disease	1	0.20
18 Dental pain	0	0.00
19 Depression	3	0.60
20 Diabetes	7	1.41
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	1	0.20
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	3	0.60
25 Fracture, bone/joint injury	4	0.80
26 Gout	1	0.20
27 Gum disease	0	0.00
28 Gynecologic problem	1	0.20
29 Hay fever	1	0.20
30 Hearing problem	2	0.40
31 Heart attack	0	0.00
32 Other heart condition or disease	2	0.40
33 Hernia	0	0.00
34 Hypertension	5	1.00
35 Inflammatory bowel disease	2	0.40
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	15	3.01
38 Irritable bowel	4	0.80
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	82	16.47
41 Knee problems (not arthritis, not joint injury)	7	1.41
42 Liver problem	1	0.20
43 Lung/breathing problem (not already listed)	1	0.20
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	1	0.20
47 Menopause	12	2.41
48 Menstrual problems	1	0.20
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	2	0.40
52 Other developmental problem	0	0.00
53 Other injury	0	0.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.566\_00.000: Condition for which the second herbal supplement was taken to treat or cure the most

AHB_CONB	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	0	0.00
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	2	0.40
58 Prostate trouble or impotence	6	1.20
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	6	1.20
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	2	0.40
65 Skin problems	3	0.60
66 Sprain or strain	0	0.00
67 Stroke	1	0.20
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	3	0.60
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	7	1.41
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	3	0.60
75 Weak or failing kidneys	0	0.00
76 Weight problem	2	0.40
77 Back pain or problem	16	3.21
78 Head or chest cold	16	3.21
79 Neck pain or problem	4	0.80
80 Severe headache or migraine	1	0.20
81 Stomach or intestinal illness	6	1.20
82 Other - specify	120	24.10
97 Refused	0	0.00
98 Not ascertained	1	0.20
99 Don't know	3	0.60

Frequency Missing = 22895

ALT.568\_01.000: Received no conventional medical treatment for condition for which the second herbal supplement was used to treat or cure the most

AHBMEDB0	Frequency	Percent
1 Mentioned	249	50.40
2 Not mentioned	244	49.39
7 Refused	0	0.00
8 Not ascertained	1	0.20
9 Don't know	0	0.00

ALT.568\_02.000: Received prescription medications for condition for which the second herbal supplement was used to treat or cure the most

AHBMEDB1	Frequency	Percent
1 Mentioned	183	37.04
2 Not mentioned	310	62.75
7 Refused	0	0.00
8 Not ascertained	1	0.20
9 Don't know	0	0.00

Frequency Missing = 22899

ALT.568\_03.000: Received over-the-counter medications for condition for which the second herbal supplement was used to treat or cure the most

AHBMEDB2	Frequency	Percent
1 Mentioned	96	19.43
2 Not mentioned	397	80.36
7 Refused	0	0.00
8 Not ascertained	1	0.20
9 Don't know	0	0.00

Frequency Missing = 22899

ALT.568\_04.000: Received surgery for condition for which the second herbal supplement was used to treat or cure the most

AHBMEDB3	Frequency	Percent
1 Mentioned	29	5.87
2 Not mentioned	464	93.93
7 Refused	0	0.00
8 Not ascertained	1	0.20
9 Don't know	0	0.00

Frequency Missing = 22899

ALT.568\_05.000: Received physical therapy for condition for which the second herbal supplement was used to treat or cure the most

AHBMEDB4	Frequency	Percent
1 Mentioned	34	6.88
2 Not mentioned	459	92.91
7 Refused	0	0.00
8 Not ascertained	1	0.20
9 Don't know	0	0.00

ALT.568\_06.000: Received mental health counseling for condition for which the second herbal supplement was used to treat or cure the most

AHBMEDB5	Frequency	Percent
1 Mentioned	11	2.23
2 Not mentioned	482	97.57
7 Refused	0	0.00
8 Not ascertained	1	0.20
9 Don't know	0	0.00

Frequency Missing = 22899

ALT.570\_00.000: Time received prescription medications for the condition they used the second herbal supplement to treat or cure the most

AHB_TM1B	Frequency	Percent
1 Before	96	52.46
2 At about the same time	48	26.23
3 After	36	19.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	1.64

Frequency Missing = 23210

ALT.572\_00.000: Time received over-the-counter medications for the condition they used the second herbal supplement to treat or cure the most

AHB_TM2B	Frequency	Percent
1 Before	44	45.83
2 At about the same time	39	40.63
3 After	10	10.42
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	3.13

ALT.574\_00.000: Time received surgery for the condition they used the second herbal supplement to treat or cure the most

AHB_TM3B	Frequency	Percent
1 Before	18	62.07
2 At about the same time	3	10.34
3 After	8	27.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23364

ALT.576\_00.000: Time received physical therapy for the condition they used the second herbal supplement to treat or cure the most

AHB_TM4B	Frequency	Percent
1 Before	13	38.24
2 At about the same time	13	38.24
3 After	7	20.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	2.94

Frequency Missing = 23359

ALT.578\_00.000: Time received mental health counseling for the condition they used the second herbal supplement to treat or cure the most

AHB_TM5B	Frequency	Percent
1 Before	6	54.55
2 At about the same time	4	36.36
3 After	1	9.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.580\_01.000: Took second herbal supplement to prevent acid reflux or heartburn

AHCNPB01	Frequency	Percent
1 Mentioned	4	1.26
2 Not mentioned	288	90.85
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_02.000: Took second herbal supplement to prevent angina

AHCNPB02	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_03.000: Took second herbal supplement to prevent anxiety

AHCNPB03	Frequency	Percent
1 Mentioned	5	1.58
2 Not mentioned	287	90.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_04.000: Took second herbal supplement to prevent asthma

AHCNPB04	Frequency	Percent
1 Mentioned	4	1.26
2 Not mentioned	288	90.85
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_05.000: Took second herbal supplement to prevent athritis

AHCNPB05	Frequency	Percent
1 Mentioned	27	8.52
2 Not mentioned	265	83.60
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_06.000: Took second herbal supplement to prevent Attention Deficit Disorder/Hyperactivity

AHCNPB06	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_07.000: Took second herbal supplement to prevent autism

AHCNPB07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_08.000: Took second herbal supplement to prevent benign tumors, cysts

AHCNPB08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_09.000: Took second herbal supplement to prevent bipolar disorder

AHCNPB09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_10.000: Took second herbal supplement to prevent birth defect

AHCNPB10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_11.000: Took second herbal supplement to prevent cancer

AHCNPB11	Frequency	Percent
1 Mentioned	11	3.47
2 Not mentioned	281	88.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_12.000: Took second herbal supplement to prevent cholesterol

AHCNPB12	Frequency	Percent
1 Mentioned	 43	13.56
2 Not mentioned	249	78.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_13.000: Took second herbal supplement to prevent chronic bronchitis

AHCNPB13	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_14.000: Took second herbal supplement to prevent circulation problems (other than in the legs)

AHCNPB14	Frequency	Percent
1 Mentioned	10	3.15
2 Not mentioned	282	88.96
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_15.000: Took second herbal supplement to prevent constipation severe enough to require medication

AHCNPB15	Frequency	Percent
1 Mentioned		2.52
2 Not mentioned	284	2.52 89.59
7 Refused	204	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_16.000: Took second herbal supplement to prevent coronary heart disease

AHCNPB16	Frequency	Percent
1 Mentioned	 17	 5.36
2 Not mentioned	275	86.75
7 Refused	275	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_17.000: Took second herbal supplement to prevent dementia, including Alzheimer's disease

AHCNPB17	Frequency	Percent
1 Mentioned	5	1.58
2 Not mentioned	287	90.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_18.000: Took second herbal supplement to prevent dental pain

AHCNPB18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_19.000: Took second herbal supplement to prevent depression

AHCNPB19	Frequency	Percent
1 Mentioned	 6	1.89
2 Not mentioned	286	90.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_20.000: Took second herbal supplement to prevent diabetes

AHCNPB20	Frequency	Percent
1 Mentioned	3	0.95
2 Not mentioned	289	91.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_21.000: Took second herbal supplement to prevent emphysema

AHCNPB21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_22.000: Took second herbal supplement to prevent excessive sleepiness during the day

AHCNPB22	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_23.000: Took second herbal supplement to prevent excessive use of alcohol or tobacco

AHCNPB23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_24.000: Took second herbal supplement to prevent fibromyalgia

AHCNPB24	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_25.000: Took second herbal supplement to prevent fracture, bone/joint injury

AHCNPB25	Frequency	Percent
1 Mentioned	4	1.26
2 Not mentioned	288	90.85
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_26.000: Took second herbal supplement to prevent gout

AHCNPB26	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_27.000: Took second herbal supplement to prevent gum disease

AHCNPB27	Frequency	Percent
1 Mentioned	2	0.63
2 Not mentioned	290	91.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_28.000: Took second herbal supplement to prevent gynecologic problem

Αŀ	HCNPB28	Frequency	Percent
1	Mentioned	 1	0.32
	Not mentioned	291	91.80
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	25	7.89

ALT.580\_29.000: Took second herbal supplement to prevent hay fever

AHCNPB29	Frequency	Percent
1 Mentioned	4	1.26
2 Not mentioned	288	90.85
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_30.000: Took second herbal supplement to prevent hearing problem

AHCNPB30	Frequency	Percent
1 Mentioned 2 Not mentioned	1 291	0.32 91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_31.000: Took second herbal supplement to prevent heart attack

AHCNPB31	Frequency	Percent
1 Mentioned	13	4.10
2 Not mentioned	279	88.01
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_32.000: Took second herbal supplement to prevent other heart condition or disease

AHCNPB32	Frequency	Percent
1 Mentioned	34	10.73
2 Not mentioned	258	81.39
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_33.000: Took second herbal supplement to prevent hernia

AHCNPB33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_34.000: Took second herbal supplement to prevent hypertention

AHCNPB34	Frequency	Percent
1 Mentioned 2 Not mentioned	6 286	1.89 90.22
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0 25	0.00 7.89

Frequency Missing = 23076

ALT.580\_35.000: Took second herbal supplement to prevent inflammatory bowel disease

AHCNPB35	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_36.000: Took second herbal supplement to prevent influenza or pneumonia

AHCNPB36	Frequency	Percent
1 Mentioned	10	3.15
2 Not mentioned	282	88.96
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_37.000: Took second herbal supplement to prevent insomnia or trouble sleeping

Frequency	Percent
2	0.63
290	91.48
0	0.00
0	0.00
25	7.89
	2 290 0

Frequency Missing = 23076

ALT.580\_38.000: Took second herbal supplement to prevent irritable bowel

AHCNPB38	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_39.000: Took second herbal supplement to prevent jaw pain

AHCNPB39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_40.000: Took second herbal supplement to prevent joint pain or stiffness/other joint condition

AHCNPB40	Frequency	Percent
1 Mentioned 2 Not mentioned	38 254	11.99 80.13
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_41.000: Took second herbal supplement to prevent knee problems (not arthritis/not joint injury)

AHCNPB41	Frequency	Percent
1 Mentioned	2	0.63
2 Not mentioned	290	91.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_42.000: Took second herbal supplement to prevent liver problem

AHCNPB42	Frequency	Percent
1 Mentioned	8	2.52
2 Not mentioned	284	89.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_43.000: Took second herbal supplement to prevent lung/breathing problem (not already listed)

AHCNPB43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_44.000: Took second herbal supplement to prevent lupus

AHCNPB44	Frequency	Percent
1 Mentioned 2 Not mentioned	0 292	0.00 92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_45.000: Took second herbal supplement to prevent mania or psychosis

AHCNPB45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_46.000: Took second herbal supplement to prevent memory loss or loss of other cognitive function

AHCNPB46	Frequency	Percent
1 Mentioned	12	3.79
2 Not mentioned	280	88.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_47.000: Took second herbal supplement to prevent menopause

AHCNPB47	Frequency	Percent
1 Mentioned	6	1.89
2 Not mentioned	286	90.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_48.000: Took second herbal supplement to prevent menstrual problems

AHCNPB48	Frequency	Percent
1 Mentioned	2	0.63
2 Not mentioned	290	91.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_49.000: Took second herbal supplement to prevent mental retardation

AHCNPB49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_50.000: Took second herbal supplement to prevent missing limbs (fingers, toes, or digits), amputee

AHCNPB50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_51.000: Took second herbal supplement to prevent osteoporosis, tendinitis

AHCNPB51	Frequency	Percent
1 Mentioned	3	0.95
2 Not mentioned	289	91.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_52.000: Took second herbal supplement to prevent other developmental problem

AHCNPB52	Frequency	Percent
1 Mentioned	4	1.26
2 Not mentioned	288	90.85
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_53.000: Took second herbal supplement to prevent other injury

AHCNPB53	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_54.000: Took second herbal supplement to prevent other nerve damage, including carpal tunnel syndrome

AHCNPB54	Frequency	Percent
1 Mentioned	 1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_55.000: Took second herbal supplement to prevent phobia or fears

AHCNPB55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_56.000: Took second herbal supplement to prevent polio (myelitis), paralysis, para/quadraplegia

AHCNPB56	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Unweighted Frequencies

ALT.580\_57.000: Took second herbal supplement to prevent poor circulation in legs

AHCNPB57	Frequency	Percent
1 Mentioned	2	0.63
2 Not mentioned	290	91.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_58.000: Took second herbal supplement to prevent prostate trouble or impotence

AHCNPB58	Frequency	Percent
1 Mentioned	16	5.05
2 Not mentioned	276	87.07
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_59.000: Took second herbal supplement to prevent regular headaches

AHCNPB59	Frequency	Percent
1 Mentioned	2	0.63
2 Not mentioned	290	91.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_60.000: Took second herbal supplement to prevent rheumatoid arthritis

AHCNPB60	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_61.000: Took second herbal supplement to prevent schizophrenia

AHCNPB61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_62.000: Took second herbal supplement to prevent seizures

AHCNPB62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_63.000: Took second herbal supplement to prevent senility

AHCNPB63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_64.000: Took second herbal supplement to prevent sinusitis

AHCNPB64	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Unweighted Frequencies

ALT.580\_65.000: Took second herbal supplement to prevent skin problems

AHCNPB65	Frequency	Percent
1 Mentioned	3	0.95
2 Not mentioned	289	91.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_66.000: Took second herbal supplement to prevent sprain or strain

AHCNPB66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	2,7 <u>2</u>	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_67.000: Took second herbal supplement to prevent stroke

AHCNPB67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_68.000: Took second herbal supplement to prevent substance abuse, other than alcohol or tobacco

AHCNPB68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Unweighted Frequencies

ALT.580\_69.000: Took second herbal supplement to prevent other (specify)

AHCNPB69	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_70.000: Took second herbal supplement to prevent other (specify)

AHCNPB70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_71.000: Took second herbal supplement to prevent ulcer

AHCNPB71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_72.000: Took second herbal supplement to prevent urinary problem

AHCNPB72	Frequency	Percent
1 24 1 1		0.05
1 Mentioned	3	0.95
2 Not mentioned	289	91.17
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_73.000: Took second herbal supplement to prevent varicose veins, hemorrhoids

AHCNPB73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_74.000: Took second herbal supplement to prevent vision problem

AHCNPB74	Frequency	Percent
1 Mentioned	6	1.89
2 Not mentioned	286	90.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_75.000: Took second herbal supplement to prevent weak or failing kidneys

AHCNPB75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_76.000: Took second herbal supplement to prevent weight problem

AHC	NPB76	Frequency	Percent
1 M	entioned	2	0.63
2 N	ot mentioned	290	91.48
7 R	efused	0	0.00
8 N	ot ascertained	0	0.00
9 D	on't know	25	7.89

Unweighted Frequencies

ALT.580\_77.000: Took second herbal supplement to prevent back pain or problem

AHCNPB77	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_78.000: Took second herbal supplement to prevent head or chest cold

AHCNPB78	Frequency	Percent
1 Mentioned	12	3.79
2 Not mentioned	280	88.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_79.000: Took second herbal supplement to prevent neck pain or problem

AHCNPB79	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_80.000: Took second herbal supplement to prevent severe headache or migraine

AHCNPB80	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

ALT.580\_81.000: Took second herbal supplement to prevent stomach or intestinal illness

AHCNPB81	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_82.000: Took second herbal supplement to prevent other (specify)

AHCNPB82	Frequency	Percent
1 Mentioned	17	5.36
2 Not mentioned	275	86.75
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_83.000: Took second herbal supplement to prevent anemia and other blood disorders

AHCNPB83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_84.000: Took second herbal supplement to prevent other allergies

AHCNPB84	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	0 292 0 0	0.00 92.11 0.00 0.00 7.89

ALT.580\_85.000: Took second herbal supplement to prevent other infectious diseases and problems of the immune system

AHCNPB85	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	291	91.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_86.000: Took second herbal supplement to prevent other musculoskeletal

AHCNPB86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_87.000: Took second herbal supplement to prevent stress

AHCNPB87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	292	92.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	25	7.89

Frequency Missing = 23076

ALT.580\_91.000: Condition count for second herbal supplement used to prevent a condition

AHBCPBCT	Frequency	Percent
01-40 1-40 conditions	292	92.11
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	25	7.89

ALT.582\_00.000: Took second herbal supplement to prevent other (specify)

AHB_SPP2	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	31	100.00

# ALT.584\_00.000: Condition for which second herbal supplement was taken to prevent the most

AHB_CMPB	Frequency	Percent
01 Acid reflux or heartburn	2	0.68
02 Angina	0	0.00
03 Anxiety	2	0.68
04 Asthma	3	1.03
05 Arthritis	16	5.48
06 Attention Deficit Disorder/Hyperactivity	1	0.34
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	10	3.42
12 Cholesterol	38	13.01
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	7	2.40
15 Constipation severe enough to require medication	6	2.05
16 Coronary heart disease	11	3.77
17 Dementia, including Alzheimer's Disease	1	0.34
18 Dental pain	0	0.00
19 Depression	4	1.37
20 Diabetes	1	0.34
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	1	0.34
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	3	1.03
26 Gout	1	0.34
27 Gum disease	0	0.00
28 Gynecologic problem	1	0.34
29 Hay fever	2	0.68
30 Hearing problem	1	0.34
31 Heart attack	7	2.40
32 Other heart condition or disease	30	10.27
33 Hernia	0	0.00
34 Hypertension	5	1.71
35 Inflammatory bowel disease	0	0.00
36 Influenza or pneumonia	6	2.05
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	1	0.34
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	31	10.62
41 Knee problems (not arthritis, not joint injury)	2	0.68
42 Liver problem	7	2.40
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	12	4.11
47 Menopause	3	1.03
48 Menstrual problems	2	0.68
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	2	0.68
52 Other developmental problem	4	1.37
53 Other injury	1	0.34

ALT.584\_00.000: Condition for which second herbal supplement was taken to prevent the most

AHB_CMPB	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	1	0.34
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	1	0.34
58 Prostate trouble or impotence	16	5.48
59 Regular headaches	2	0.68
60 Rheumatoid arthritis	0	0.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	1	0.34
65 Skin problems	1	0.34
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	0	0.00
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	2	0.68
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	4	1.37
75 Weak or failing kidneys	0	0.00
76 Weight problem	2	0.68
77 Back pain or problem	1	0.34
78 Head or chest cold	6	2.05
79 Neck pain or problem	0	0.00
80 Severe headache or migraine	0	0.00
81 Stomach or intestinal illness	0	0.00
82 Other - specify	30	10.27
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	0.34

Frequency Missing = 23101

ALT.586\_00.000: Ever saw a practitioner for herbal medicines

AHB_PRAC	Frequency	Percent
1 Yes	364	9.14
2 No	3610	90.66
7 Refused	4	0.10
8 Not ascertained	3	0.08
9 Don't know	1	0.03

ALT.588\_00.000: Saw practitioner for herbal medicines, past 12 months

AHB_PR12	Frequency	Percent
1 Yes	147	40.38
2 No	217	59.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23029

ALT.590\_00.000: Number of times saw practitioner for herbal medicines

AHB_PRTM	Frequency	Percent
1 Only one time 2 2-5 times	50 59	34.01 40.14
3 6-10 times	19	12.93
4 11-15 times	5	3.40
5 16-20 times	4	2.72
6 More than 20 times	10	6.80
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23246

ALT.592\_00.000: Amount paid per visit to practitioner for herbal medicines

37	93.20
3 1	2.04 0.68
0	0.00 4.08
	0 6

Frequency Missing = 23246

ALT.594\_00.000: Let conventional medical professional know about use of herbs

AHBDISC	Frequency	Percent
1 Yes	1791	44.98
2 No	2166	54.39
7 Refused	4	0.10
8 Not ascertained	3	0.08
9 Don't know	18	0.45

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Unweighted Frequencies

ALT.596\_01.000: Let medical doctor (including specialists) know about use of herbs

AHBPRF1	Frequency	Percent
1 Mentioned	 1719	95.98
2 Not mentioned	72	4.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21602

ALT.596\_02.000: Let Doctor of Osteopathy (D.O.) know about use of herbs

AHBPRF2	Frequency	Percent
1 Mentioned	41	2.29
2 Not mentioned	1750	97.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21602

ALT.596\_03.000: Let nurse practitioner/physician assistant know about use of herbs

AHBPRF3	Frequency	Percent
1 Mentioned	106	5.92
2 Not mentioned	1685	94.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21602

ALT.596\_04.000: Let psychiatrist know about use of herbs

AHBPRF4	Frequency	Percent
1 Mentioned	19	1.06
2 Not mentioned	1772	98.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.596\_05.000: Let dentist (including specialists) know about use of herbs

AHBPRF5	Frequency	Percent
1 Mentioned	39	2.18
2 Not mentioned	1752	97.82
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21602

ALT.596\_06.000: Let psychologist/social worker know about use of herbs

AHBPRF6	Frequency	Percent
1 Mentioned	14	0.78
2 Not mentioned	1777	99.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21602

ALT.596\_07.000: Let pharmacist know about use of herbs

AHBPRF7	Frequency	Percent
1 Mentioned 2 Not mentioned	27 1764	1.51 98.49
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21602

ALT.598\_01.000: Did not use natural herbs during in the past 30 days because I never thought about it

AHBN301	Frequency	Percent
1 Mentioned	93	8.90
2 Not mentioned	947	90.62
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

ALT.598\_02.000: Did not use natural herbs during in the past 30 days for no reason

AHBN302	Frequency	Percent
1 Mentioned	349	33.40
2 Not mentioned	691	66.12
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

Frequency Missing = 22348

ALT.598\_03.000: Did not use natural herbs during in the past 30 days because I didn't need it in the past 30 days

AHBN303	Frequency	Percen
1 Mentioned	313	29.95
2 Not mentioned	727	69.57
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

Frequency Missing = 22348

ALT.598\_04.000: Did not use natural herbs during in the past 30 days because it didn't work for me before

AHBN304	Frequency	Percent
1 Mentioned	 89	8.52
2 Not mentioned	951	91.00
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

Frequency Missing = 22348

ALT.598\_05.000: Did not use natural herbs during in the past 30 days because it costs too much

AHBN305	Frequency	Percent
1 Mentioned	61	5.84
2 Not mentioned	979	93.68
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

ALT.598\_06.000: Did not use natural herbs during in the past 30 days because I had side effects last time

AHBN306	Frequency	Percent
1 Mentioned	16	1.53
2 Not mentioned	1024	97.99
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

Frequency Missing = 22348

ALT.598\_07.000: Did not use natural herbs during in the past 30 days because a health care provider told me not to use it

AHBN307	Frequency	Percent
1 Mentioned	25	2.39
2 Not mentioned	1015	97.13
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

Frequency Missing = 22348

ALT.598\_08.000: Did not use natural herbs during in the past 30 days because medical science not shown that it works

AHBN308	Frequency	Percent
1 Mentioned	12	1.15
2 Not mentioned	1028	98.37
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

Frequency Missing = 22348

ALT.598\_09.000: Did not use natural herbs during in the past 30 days for some other reason

AHBN309	Frequency	Percent
1 Mentioned	120	11.48
2 Not mentioned	920	88.04
7 Refused	0	0.00
8 Not ascertained	1	0.10
9 Don't know	4	0.38

ALT.600\_01.000: Did not use natural herbs during the past 12 months because I never thought about it

AHBNYR1	Frequency	Percent
1 Mentioned	 146	9.07
2 Not mentioned	1457	90.50
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.600\_02.000: Did not use natural herbs during the past 12 months for no reason

AHBNYR2	Frequency	Percent
1 Mentioned	545	33.85
2 Not mentioned	1058	65.71
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.600\_03.000: Did not use natural herbs during the past 12 months because I didn't need it in the past 12 months

AHBNYR3	Frequency	Percent
1 Mentioned	458	28.45
2 Not mentioned	1145	71.12
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.600\_04.000: Did not use natural herbs during the past 12 months because it didn't work for me before

AHBNYR4	Frequency	Percent
1 Mentioned	237	14.72
2 Not mentioned	1366	84.84
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

ALT.600\_05.000: Did not use natural herbs during the past 12 months because it costs too much

AHBNYR5	Frequency	Percent
1 Mentioned	 85	5.28
2 Not mentioned	1518	94.29
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.600\_06.000: Did not use natural herbs during the past 12 months because I had side effects last time

AHBNYR6	Frequency	Percent
1 Mentioned	30	1.86
2 Not mentioned	1573	97.70
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.600\_07.000: Did not use natural herbs during the past 12 months because a health care provider told me not to use it

AHBNYR7	Frequency	Percent
1 Mentioned	33	2.05
2 Not mentioned	1570	97.52
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.600\_08.000: Did not use natural herbs during the past 12 months because medical science not shown that it works

AHBNYR8	Frequency	Percent
1 Mentioned	33	2.05
2 Not mentioned	1570	97.52
7 Refused	1	0.06
8 Not ascertained	0	0.00
9 Don't know	6	0.37

ALT.600\_09.000: Did not use natural herbs during the past 12 months for some other reason

AHBNYR9	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained	139 1464 1 0	8.63 90.93 0.06 0.00
9 Don't know	6	0.37

Frequency Missing = 21783

ALT.602\_00.000: Kinds of side effects from natural herbs

AHB_SIDE	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	46	100.00

Frequency Missing = 23347

ALT.604\_00.000: Side effects from natural herbs required medical attention

AHB_SMED	Frequency	Percent
1 Yes	4	8.70
2 No	42	91.30
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23347

ALT.606\_01.000: Never used natural herbs because I never heard of it/don't know much about it

AHBNEV01	Frequency	Percent
1 Mentioned	1886	11.06
2 Not mentioned	15112	88.60
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

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ALT.606\_02.000: Never used natural herbs because I never thought about it

AHBNEV02	Frequency	Percent
1 Mentioned	3504	20.54
2 Not mentioned	13494	79.11
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.606\_03.000: Never used natural herbs for no reason

AHBNEV03	Frequency	Percent
1 Mentioned 2 Not mentioned	6474 10524	37.96 61.70
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.606\_04.000: Never used natural herbs because I don't need it

AHBNEV04	Frequency	Percent
1 Mentioned	3978	23.32
2 Not mentioned	13020	76.33
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.606\_05.000: Never used natural herbs because I don't believe in it/it doesn't work

AHBNEV05	Frequency	Percent
1 Mentioned	906	5.31
2 Not mentioned	16092	94.34
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

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ALT.606\_06.000: Never used natural herbs because it costs too much

AHBNEV06	Frequency	Percent
1 Mentioned	215	1.26
2 Not mentioned	16783	98.39
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.606\_07.000: Never used natural herbs because it is not safe to use

AHBNEV07	Frequency	Percent
1 Mentioned	101	0.59
2 Not mentioned	16897	99.06
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.606\_08.000: Never used natural herbs because a health care provider told me not to use it

AHBNEV08	Frequency	Percent
1 Mentioned	57	0.33
2 Not mentioned	16941	99.32
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.606\_09.000: Never used natural herbs because medical science not shown that it works

AHBNEV09	Frequency	Percent
1 Mentioned 2 Not mentioned	105 16893	0.62 99.04
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

ALT.606\_10.000: Never used natural herbs for some other reason

AHBNEV10	Frequency	Percent
1 Mentioned	299	1.75
2 Not mentioned	16699	97.90
7 Refused	10	0.06
8 Not ascertained	0	0.00
9 Don't know	49	0.29

Frequency Missing = 6336

ALT.608\_00.000: Ever taken vitamins or minerals

AVT_EVER	Frequency	Percent
1 Yes	 15016	64.19
2 No	7631	32.62
7 Refused	87	0.37
8 Not ascertained	623	2.66
9 Don't know	36	0.15

ALT.610\_00.000: Took vitamins or minerals, past 12 months

AVT_USEM	Frequency	Percent
1 37	10627	04.16
1 Yes	12637	84.16
2 No	2365	15.75
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	12	0.08

Frequency Missing = 8377

ALT.612\_00.000: Took vitamins or minerals, past 30 days

AVT_MO	Frequency	Percent
1 Yes	10953	86.67
2 No	1679	13.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	5	0.04

ALT.614\_01.000: Took multivitamin and/or mineral combination

AVTTAK01	Frequency	Percent
1 Mentioned	9117	83.24
2 Not mentioned	1824	16.65
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_02.000: Took calcium

AVTTAK02	Frequency	Percent
1 Mentioned 2 Not mentioned	2667 8274	24.35 75.54
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_03.000: Took chromium

AVTTAK03	Frequency	Percent
1 Mentioned 2 Not mentioned	132 10809	1.21 98.69
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_04.000: Took coral calcium

AVTTAK04	Frequency	Percent
1 Mentioned	89	0.81
2 Not mentioned	10852	99.08
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

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ALT.614\_05.000: Took folic acid/folate

AVTTAK05	Frequency	Percent
1 Mentioned	417	3.81
2 Not mentioned	10524	96.08
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_06.000: Took iron

AVTTAK06	Frequency	Percent
1 Mentioned	562	5.13
2 Not mentioned	10379	94.76
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_07.000: Took magnesium

AVTTAK07	Frequency	Percent
1 Mentioned	430	3.93
2 Not mentioned	10511	95.96
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_08.000: Took niacin

AVTTAK08	Frequency	Percent
1 Mentioned	148	1.35
2 Not mentioned	10793	98.54
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

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ALT.614\_09.000: Took potassium

AVTTAK09	Frequency	Percent
1 Mentioned	396	3.62
2 Not mentioned	10545	96.27
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_10.000: Took selenium

AVTTAK10	Frequency	Percent
1 Mentioned	145	1.32
2 Not mentioned	10796	98.57
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_11.000: Took vitamin A

AVTTAK11	Frequency	Percent
1 Mentioned	228	2.08
2 Not mentioned	10713	97.81
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_12.000: Took vitamin B complex

AVTTAK12	Frequency	Percent
1 Mentioned	899	8.21
2 Not mentioned	10042	91.68
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

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ALT.614\_13.000: Took vitamin B6

AVTTAK13	Frequency	Percent
1 Mentioned	270	2.47
2 Not mentioned	10671	97.43
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_14.000: Took vitamin B12

AVTTAK14	Frequency	Percent
1 Mentioned	709	6.47
2 Not mentioned	10232	93.42
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_15.000: Took vitamin C

AVTTAK15	Frequency	Percent
1 Mentioned 2 Not mentioned	1973 8968	18.01 81.88
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_16.000: Took vitamin D

AVTTAK16	Frequency	Percent
1 Mentioned	614	5.61
2 Not mentioned	10327	94.28
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

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ALT.614\_17.000: Took vitamin E

AVTTAK17	Frequency	Percent
1 Mentioned	1044	9.53
2 Not mentioned	9897	90.36
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_18.000: Took vitamin K

AVTTAK18	Frequency	Percent
1 Mentioned	48	0.44
2 Not mentioned	10893	99.45
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

Frequency Missing = 12440

ALT.614\_19.000: Took zinc

AVTTAK19	Frequency	Percent
1 Mentioned 2 Not mentioned	363 10578	3.31 96.58
7 Refused	10378	0.01
8 Not ascertained 9 Don't know	1 10	0.01

Frequency Missing = 12440

ALT.614\_20.000: Took a vitamin packet

AVTTAK20	Frequency	Percent
1 Mentioned	156	1.42
2 Not mentioned	10785	98.47
7 Refused	1	0.01
8 Not ascertained	1	0.01
9 Don't know	10	0.09

ALT.614\_21.000: Number of vitamins and/or minerals taken

AVTTAKCT	Frequency	Percent
01-20 1-20 vitamins and/or minerals	10941	99.89
97 Refused	1	0.01
98 Not ascertained	1	0.01
99 Don't know	10	0.09

Frequency Missing = 12440

ALT.616\_01.000: First vitamin supplement taken most often

AVTTOP2A	Frequency	Percent
01 Multivitamin and/or mineral combination	8500	77.69
02 Calcium	755	6.90
03 Chromium	18	0.16
04 Coral Calcium	14	0.13
05 Folic acid/folate	83	0.76
06 Iron	133	1.22
07 Magnesium	38	0.35
08 Niacin	16	0.15
09 Potassium	63	0.58
10 Selenium	11	0.10
11 Vitamin A	38	0.35
12 Vitamin B complex	179	1.64
13 Vitamin B6	44	0.40
14 Vitamin B12	158	1.44
15 Vitamin C	530	4.84
16 Vitamin D	66	0.60
17 Vitamin E	116	1.06
18 Vitamin K	1	0.01
19 Zinc	16	0.15
20 Vitamin Packet	74	0.68
97 Refused	9	0.08
98 Not ascertained	0	0.00
99 Don't know	79	0.72

ALT.616\_02.000: Second vitamin supplement taken most often

AVTTOP2B	Frequency	Percent
01 Multivitamin and/or mineral combination	268	6.18
02 Calcium	1369	31.56
03 Chromium	22	0.51
04 Coral Calcium	20	0.46
05 Folic acid/folate	109	2.51
06 Iron	183	4.22
07 Magnesium	82	1.89
08 Niacin	26	0.60
09 Potassium	117	2.70
10 Selenium	15	0.35
11 Vitamin A	24	0.55
12 Vitamin B complex	299	6.89
13 Vitamin B6	47	1.08
14 Vitamin B12	214	4.93
15 Vitamin C	760	17.52
16 Vitamin D	158	3.64
17 Vitamin E	286	6.59
18 Vitamin K	2	0.05
19 Zinc	73	1.68
20 Vitamin Packet	40	0.92
97 Refused	9	0.21
98 Not ascertained	136	3.14
99 Don't know	79	1.82

Frequency Missing = 19055

ALT.618\_00.000: Took first vitamin supplement for general health or wellness

AVT_R1A	Frequency	Percent
1 Yes	10309	94.99
2 No	536	4.94
7 Refused	2	0.02
8 Not ascertained	2	0.02
9 Don't know	4	0.04

Frequency Missing = 12540

ALT.620\_00.000: Took first vitamin supplement because prescription or over-the-counter drugs are too expensive

AVT_R2A	Frequency	Percent
1 Yes	408	3.76
2 No	10417	95.98
7 Refused	5	0.05
8 Not ascertained	3	0.03
9 Don't know	20	0.18

ALT.622\_00.000: Took first vitamin supplement to treat or cure a specific disease or health problem

AVT_R3A	Frequency	Percent
1 Yes 2 No	1161 9669	10.70
7 Refused 8 Not ascertained	6 5	0.06
9 Don't know	12	0.11

Frequency Missing = 12540

ALT.624\_00.000: Took first vitamin supplement to prevent a specific disease or health problem

AVT_R4A	Frequency	Percent
1 Yes	2309	21.28
2 No	8518	78.49
7 Refused	6	0.06
8 Not ascertained	5	0.05
9 Don't know	15	0.14

Frequency Missing = 12540

ALT.626\_00.000: Took first vitamin supplement to improve physical performance

AVT_R5A	Frequency	Percent
1 Yes	2939	27.08
2 No	7878	72.59
7 Refused	7	0.06
8 Not ascertained	5	0.05
9 Don't know	24	0.22

Frequency Missing = 12540

ALT.628\_00.000: Took first vitamin supplement to improve sports performance

AVT_R6A	Frequency	Percent
1 Yes	670	6.17
2 No	10160	93.61
7 Refused	9	0.08
8 Not ascertained	5	0.05
9 Don't know	9	0.08

onweighted Frequencies

ALT.630\_00.000: Took first vitamin supplement to improve immune system function

AVT_R7A	Frequency	Percent
1 Yes	4047	37.29
2 No	6759	62.28
7 Refused	9	0.08
8 Not ascertained	5	0.05
9 Don't know	33	0.30

Frequency Missing = 12540

ALT.632\_00.000: Took first vitamin supplement to improve sexual performance

AVT_R8A	Frequency	Percent
1 Yes	272	2.51
2 No	10546	97.17
7 Refused	9	0.08
8 Not ascertained	5	0.05
9 Don't know	21	0.19

Frequency Missing = 12540

ALT.634\_00.000: Took first vitamin supplement to improve mental ability or memory

AVT_R9A	Frequency	Percent
1 Yes	1278	11.78
2 No	9531	87.82
7 Refused	9	0.08
8 Not ascertained	5	0.05
9 Don't know	30	0.28

Frequency Missing = 12540

ALT.636\_00.000: Took first vitamin supplement because medical treaments did not help

AVT_R10A	Frequency	Percent
1 Yes	203	1.87
2 No	10619	97.84
7 Refused	10	0.09
8 Not ascertained	5	0.05
9 Don't know	16	0.15

2007 National Health Interview Survey (NHIS)
Adult Alternative Medicine Public Use File (althealt)
ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.638\_00.000: Took first vitamin supplement because medical treatments were too expensive

AVT_R11A	Frequency	Percent
1 Yes	253	2.33
2 No	10572	97.41
7 Refused	10	0.09
8 Not ascertained	5	0.05
9 Don't know	13	0.12

Frequency Missing = 12540

ALT.640\_00.000: Took first vitamin supplement because it was recommended by a health care provider

AVT_R12A	Frequency	Percent
1 Yes	3513	32.37
2 No	7303	67.29
7 Refused	7	0.06
8 Not ascertained	5	0.05
9 Don't know	25	0.23

Frequency Missing = 12540

ALT.642\_00.000: Took first vitamin supplement because it was recommended by family, friends, or co-workers

AVT_R13A	Frequency	Percent
1 Yes	2654	24.45
2 No	8170	75.28
7 Refused	8	0.07
8 Not ascertained	6	0.06
9 Don't know	15	0.14

Frequency Missing = 12540

ALT.644\_01.000: Took first vitamin supplement to treat or cure acid reflux or heartburn

AVCTRA01	Frequency	Percent
1 Mentioned	24	2.07
2 Not mentioned	1101	94.83
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_02.000: Took first vitamin supplement to treat or cure angina

AVCTRA02	Frequency	Percent
1 Mentioned	1	0.09
2 Not mentioned	1124	96.81
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_03.000: Took first vitamin supplement to treat or cure anxiety

AVCTRA03	Frequency	Percent
1 Mentioned	 14	1.21
2 Not mentioned	1111	95.69
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_04.000: Took first vitamin supplement to treat or cure asthma

A۲	JCTRA04	Frequency	Percent
1	 Mentioned	13	1.12
2	Not mentioned	1112	95.78
7	Refused	3	0.26
8	Not ascertained	0	0.00
9	Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_05.000: Took first vitamin supplement to treat or cure athritis

AVCTRA05	Frequency	Percent
1 Mentioned	112	9.65
2 Not mentioned	1013	87.25
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_06.000: Took first vitamin supplement to treat or cure Attention Deficit Disorder/Hyperactivity

AVCTRA06	Frequency	y Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0 b	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_07.000: Took first vitamin supplement to treat or cure autism

AVCTRA07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_08.000: Took first vitamin supplement to treat or cure benign tumors, cysts

AVCTRA08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_09.000: Took first vitamin supplement to treat or cure bipolar disorder

AVCTRA09	Frequency	Percent
1 Mentioned	5	0.43
2 Not mentioned	1120	96.47
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Unweighted Frequencies

ALT.644\_10.000: Took first vitamin supplement to treat or cure birth defect

AVCTRA10	Frequency	Percent
1 Mentioned	1	0.09
2 Not mentioned	1124	96.81
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_11.000: Took first vitamin supplement to treat or cure cancer

AVCTRA11	Frequency	Percent
1 Mentioned	21	1.81
2 Not mentioned	1104	95.09
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_12.000: Took first vitamin supplement to treat or cure cholesterol

AVCTRA12	Frequency	Percent
1 Mentioned	35	3.01
2 Not mentioned	1090	93.88
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_13.000: Took first vitamin supplement to treat or cure chronic bronchitis

AVCTRA13	Frequency	Percent
1 Mentioned	5	0.43
2 Not mentioned	1120	96.47
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_14.000: Took first vitamin supplement to treat or cure circulation problems (other than in the legs)

AVCTRA14	Frequency	Percent
1 Mentioned	 6	0.52
2 Not mentioned	1119	96.38
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_15.000: Took first vitamin supplement to treat or cure constipation severe enough to require medication

AVCTRA15	Frequency	Percent
1 Mentioned	3	0.26
2 Not mentioned	1122	96.64
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_16.000: Took first vitamin supplement to treat or cure coronary heart disease

AVCTRA16 Frequency Per	cent
1 Mentioned 31 2	2.67
2 Not mentioned 1094 94	1.23
7 Refused 3	.26
8 Not ascertained 0 (	0.00
9 Don't know 33	2.84

Frequency Missing = 22232

ALT.644\_17.000: Took first vitamin supplement to treat or cure dementia, including Alzheimer's disease

AVCTRA17	Frequency	Percent
1 Mentioned	3	0.26
2 Not mentioned	1122	96.64
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_18.000: Took first vitamin supplement to treat or cure dental pain

AVCTRA18	Frequency	Percent
1 Mentioned	1	0.09
2 Not mentioned	1124	96.81
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_19.000: Took first vitamin supplement to treat or cure depression

A٧	/CTRA19	Frequency	Percent
1	 Mentioned	 25	2.15
	Not mentioned	1100	94.75
_	Refused	3	0.26
8	Not ascertained	0	0.00
9	Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_20.000: Took first vitamin supplement to treat or cure diabetes

AVCTRA20	Frequency	Percent
1 Mentioned	43	3.70
2 Not mentioned	1082	93.20
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_21.000: Took first vitamin supplement to treat or cure emphysema

AVCTRA21	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	5 1120 3 0	0.43 96.47 0.26 0.00 2.84

ALT.644\_22.000: Took first vitamin supplement to treat or cure excessive sleepiness during the day

AVCTRA22	Frequency	Percent
1 Mentioned	8	0.69
2 Not mentioned	1117	96.21
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_23.000: Took first vitamin supplement to treat or cure excessive use of alcohol or tobacco

AVCTRA23	Frequency	Percent
1 Mentioned	1	0.09
2 Not mentioned	1124	96.81
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_24.000: Took first vitamin supplement to treat or cure fibromyalgia

AVCTRA24	Frequency	Percent
1 Mentioned	21	1.81
2 Not mentioned	1104	95.09
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_25.000: Took first vitamin supplement to treat or cure fracture, bone/joint injury

AVCTRA25	Frequency	Percent
1 Mentioned	22	1.89
2 Not mentioned	1103	95.00
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_26.000: Took first vitamin supplement to treat or cure gout

AVCTRA26	Frequency	Percent
1 Mentioned	1	0.09
2 Not mentioned	1124	96.81
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_27.000: Took first vitamin supplement to treat or cure gum disease

AVCTRA27	Frequency	Percent
1 Mentioned	1	0.09
2 Not mentioned	1124	96.81
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_28.000: Took first vitamin supplement to treat or cure gynecologic problem

AVCTRA28	Frequency	Percent
1 Mentioned	12	1.03
2 Not mentioned	1113	95.87
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_29.000: Took first vitamin supplement to treat or cure hay fever

A۱	JCTRA29	Frequency	Percent
1	Mentioned	1	0.09
2	Not mentioned	1124	96.81
7	Refused	3	0.26
8	Not ascertained	0	0.00
9	Don't know	33	2.84

Unweighted Frequencies

ALT.644\_30.000: Took first vitamin supplement to treat or cure hearing problem

AVCTRA30	Frequency	Percent
1 Mentioned	9	0.78
2 Not mentioned	1116	96.12
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_31.000: Took first vitamin supplement to treat or cure heart attack

A۲	VCTRA31	Frequency	Percent
1	Mentioned	1	0.09
2	Not mentioned	1124	96.81
7	Refused	3	0.26
8	Not ascertained	0	0.00
9	Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_32.000: Took first vitamin supplement to treat or cure other heart condition or disease

AVCTRA32	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained 9 Don't know	21 1104 3 0	1.81 95.09 0.26 0.00 2.84

Frequency Missing = 22232

ALT.644\_33.000: Took first vitamin supplement to treat or cure hernia

AVCTRA33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_34.000: Took first vitamin supplement to treat or cure hypertention

AVCTRA34	Frequency	Percent
1 Mentioned	34	2.93 93.97
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	1091 3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_35.000: Took first vitamin supplement to treat or cure inflammatory bowel disease

AVCTRA35	Frequency	Percent
1 Mentioned	5	0.43
2 Not mentioned	1120	96.47
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_36.000: Took first vitamin supplement to treat or cure influenza or pneumonia

AVCTRA36	Frequency	Percent
1 Mentioned	6	0.52
2 Not mentioned	1119	96.38
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_37.000: Took first vitamin supplement to treat or cure insomnia or trouble sleeping

AVCTRA37	Frequency	Percent
1 Mentioned	14	1.21
2 Not mentioned	1111	95.69
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Unweighted Frequencies

ALT.644\_38.000: Took first vitamin supplement to treat or cure irritable bowel

AVCTRA38	Frequency	Percent
1 Mentioned	2	0.17
2 Not mentioned	1123	96.73
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_39.000: Took first vitamin supplement to treat or cure jaw pain

ΑV	CTRA39	Frequency	Percent
1	Mentioned	2	0.17
2	Not mentioned	1123	96.73
7	Refused	3	0.26
8	Not ascertained	0	0.00
9	Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_40.000: Took first vitamin supplement to treat or cure joint pain or stiffness/other joint condition

AVCTRA40	Frequency	Percent
1 Mentioned	101	8.70
2 Not mentioned	1024	88.20
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_41.000: Took first vitamin supplement to treat or cure knee problems (not arthritis/not joint injury)

AVCTRA41	Frequency	Percent
1 Mentioned	10	0.86
2 Not mentioned	1115	96.04
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

AVCTRA42	Frequency	Percent
1 Mentioned	5	0.43
2 Not mentioned	1120	96.47
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_42.000: Took first vitamin supplement to treat or cure liver problem

Frequency Missing = 22232

ALT.644\_43.000: Took first vitamin supplement to treat or cure lung/breathing problem (not already listed)

AVCTRA43	Frequency	Percent
1 Mentioned	 8	0.69
2 Not mentioned	1117	96.21
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_44.000: Took first vitamin supplement to treat or cure lupus

1 Mentioned 5 2 Not mentioned 1120 9 7 Refused 3 8 Not ascertained 0	0.43 96.47 0.26 0.00
9 Don't know 33	2.84

Frequency Missing = 22232

ALT.644\_45.000: Took first vitamin supplement to treat or cure mania or psychosis

AVCTRA45	Frequency	Percent
1 Mentioned 2 Not mentioned	0 1125	0.00 96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2 84

ALT.644\_46.000: Took first vitamin supplement to treat or cure memory loss or loss of other cognitive function

AVCTRA46	Frequency	Percent
1 Mentioned	 7	0.60
2 Not mentioned	1118	96.30
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_47.000: Took first vitamin supplement to treat or cure menopause

AVCTRA47	Frequency	Percent
1 Mentioned	10	0.86
2 Not mentioned	1115	96.04
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_48.000: Took first vitamin supplement to treat or cure menstrual problems

AVCTRA48	Frequency	Percent
1 Mentioned	10	0.86
2 Not mentioned	1115	96.04
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_49.000: Took first vitamin supplement to treat or cure mental retardation

AVCTRA49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_50.000: Took first vitamin supplement to treat or cure missing limbs (fingers, toes, or digits), amputee

AVCTRA50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_51.000: Took first vitamin supplement to treat or cure osteoporosis, tendinitis

AVCTRA51	Frequency	Percent
1 Mentioned	146	12.58
2 Not mentioned	979	84.32
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_52.000: Took first vitamin supplement to treat or cure other developmental problem

AVCTRA52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_53.000: Took first vitamin supplement to treat or cure other injury

AVCTRA53	Frequency	Percent
1 Mentioned	2	0.17
2 Not mentioned	1123	96.73
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_54.000: Took first vitamin supplement to treat or cure other nerve damage, including carpal tunnel syndrome

AVCTRA54	Frequency	Percent
1 Mentioned	6	0.52
2 Not mentioned	1119	96.38
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_55.000: Took first vitamin supplement to treat or cure phobia or fears

AVCTRA55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_56.000: Took first vitamin supplement to treat or cure polio (myelitis), paralysis, para/quadraplegia

AVCTRA56	Frequency	Percent
1 Mentioned	2	0.17
2 Not mentioned	1123	96.73
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_57.000: Took first vitamin supplement to treat or cure poor circulation in legs

AVCTRA57	Frequency	Percent
1 Mentioned	17	1.46
2 Not mentioned	1108	95.43
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_58.000: Took first vitamin supplement to treat or cure prostate trouble or impotence

AVCTRA58	Frequency	Percent
1 Mentioned	 14	1.21
2 Not mentioned	1111	95.69
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_59.000: Took first vitamin supplement to treat or cure regular headaches

AVCTRA59	Frequency	Percent
1 Mentioned	10	0.86
2 Not mentioned	1115	96.04
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_60.000: Took first vitamin supplement to treat or cure rheumatoid arthritis

AVCTRA60	Frequency	Percent
1 Mentioned	 19	1.64
2 Not mentioned	1106	95.26
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_61.000: Took first vitamin supplement to treat or cure schizophrenia

AVCTRA61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_62.000: Took first vitamin supplement to treat or cure seizures

AVCTRA62	Frequency	Percent
1 Mentioned	4	0.34
2 Not mentioned	1121	96.55
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_63.000: Took first vitamin supplement to treat or cure senility

AVCTRA63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	. 0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_64.000: Took first vitamin supplement to treat or cure sinusitis

AVCTRA64	Frequency	Percent
1 Mentioned	7	0.60
2 Not mentioned	1118	96.30
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_65.000: Took first vitamin supplement to treat or cure skin problems

AVCTRA65	Frequency	Percent
1 Mentioned 2 Not mentioned	10 1115	0.86 96.04
7 Refused	3	0.26
8 Not ascertained 9 Don't know	33	0.00 2.84

Unweighted Frequencies

ALT.644\_66.000: Took first vitamin supplement to treat or cure sprain or strain

AVCTRA66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_67.000: Took first vitamin supplement to treat or cure stroke

AVCTRA67	Frequency	Percent
1 Mentioned	 ع	0.26
2 Not mentioned	1122	96.64
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_68.000: Took first vitamin supplement to treat or cure substance abuse, other than alcohol or tobacco

AVCTRA68	Frequency	Percent
1		
1 Mentioned	Ü	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_69.000: Took first vitamin supplement to treat or cure other (specify)

AVCTRA69	Frequency	Percent
1 Mentioned	20	1.72
2 Not mentioned	1105	95.18
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_70.000: Took first vitamin supplement to treat or cure other (specify)

AVCTRA70	Frequency	Percent
1 Mentioned	5	0.43
2 Not mentioned	1120	96.47
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_71.000: Took first vitamin supplement to treat or cure ulcer

AVCTRA71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertaine	d 0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_72.000: Took first vitamin supplement to treat or cure urinary problem

AVCTRA72	Frequency	Percent
1 Mentioned	7	0.60
2 Not mentioned	1118	96.30
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_73.000: Took first vitamin supplement to treat or cure varicose veins, hemorrhoids

AVCTRA73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1125	96.90
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Unweighted Frequencies

ALT.644\_74.000: Took first vitamin supplement to treat or cure vision problem

AVCTRA74	Frequency	Percent
1 Mentioned	38	3.27
2 Not mentioned	1087	93.63
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_75.000: Took first vitamin supplement to treat or cure weak or failing kidneys

AVCTRA75	Frequency	Percent
1 Mentioned	12	1.03
2 Not mentioned	1113	95.87
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_76.000: Took first vitamin supplement to treat or cure weight problem

AVCTRA76	Frequency	Percent
1 Mentioned	5	0.43
2 Not mentioned	1120	96.47
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_77.000: Took first vitamin supplement to treat or cure back pain or problem

AVCTRA77	Frequency	Percent
1 Mentioned	39	3.36
2 Not mentioned	1086	93.54
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT Variables Wednesday, June Unweighted Frequencies

ALT.644\_78.000: Took first vitamin supplement to treat or cure head or chest cold

AVCTRA78	Frequency	Percent
1 Mentioned	72	6.20
2 Not mentioned	1053	90.70
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_79.000: Took first vitamin supplement to treat or cure neck pain or problem

AVCTRA79	Frequency	Percent
1 Mentioned	 14	1.21
2 Not mentioned	1111	95.69
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_80.000: Took first vitamin supplement to treat or cure severe headache or migraine

AVCTRA80	Frequency	Percent
1 Mentioned	10	0.86
2 Not mentioned	1115	96.04
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_81.000: Took first vitamin supplement to treat or cure stomach or intestinal illness

AVCTRA81	Frequency	Percent
1 Mentioned	21	1.81
2 Not mentioned	1104	95.09
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Unweighted Frequencies

ALT.644\_82.000: Took first vitamin supplement to treat or cure other (specify)

AVCTRA82	Frequency	Percent
1 Mentioned	179	15.42
2 Not mentioned	946	81.48
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_83.000: Took first vitamin supplement to treat or cure anemia and other blood disorders

AVCTRA83	Frequency	Percent
1 Mentioned	85	7.32
2 Not mentioned	1040	89.58
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_84.000: Took first vitamin supplement to treat or cure other allergies

AVCTRA84	Frequency	Percent
1 Mentioned	2	0.17
2 Not mentioned	1123	96.73
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_85.000: Took first vitamin supplement to treat or cure other infectious diseases and problems of the immune system

AVCTRA85	Frequency	Percent
1 Mentioned	 17	1.46
2 Not mentioned	1108	95.43
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

ALT.644\_86.000: Took first vitamin supplement to treat or cure other musculoskeletal

AVCTRA86	Frequency	Percent
1 Mentioned	21	1.81
2 Not mentioned	1104	95.09
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_87.000: Took first vitamin supplement to treat or cure stress

AVCTRA87	Frequency	Percent
1 Mentioned	3	0.26
2 Not mentioned	1122	96.64
7 Refused	3	0.26
8 Not ascertained	0	0.00
9 Don't know	33	2.84

Frequency Missing = 22232

ALT.644\_91.000: Condition count for first vitamin or mineral used to treat a condition

AVTCTACT	Frequency	Percent
01-40 1-40 conditions 97 Refused	1125 3	96.90 0.26
98 Not ascertained 99 Don't know	0 33	0.00
JJ DOIL C KILOW	33	2.04

Frequency Missing = 22232

ALT.646\_00.000: Took first vitamin supplement to treat or cure other (specify)

AVT_SPT1	Frequency	Percent
97 Refused	1	0.19
98 Not ascertained	0	0.00
99 Don't know	1	0.19
Verbatim response	525	99.62

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

# ALT.648\_00.000: Condition for which the first vitamin supplement was taken to treat or cure the most

AVT_CONA	Frequency	Percent
01 Acid reflux or heartburn	12	1.07
02 Angina	0	0.00
03 Anxiety	6	0.53
04 Asthma	6	0.53
05 Arthritis	84	7.47
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	3	0.27
10 Birth defect	1	0.09
11 Cancer	19	1.69
12 Cholesterol	17	1.51
13 Chronic Bronchitis	2	0.18
14 Circulation problems (other than in the legs)	2	0.18
15 Constipation severe enough to require medication	2	0.18
16 Coronary heart disease	16	1.42
17 Dementia, including Alzheimer's Disease	3	0.27
18 Dental pain	1	0.09
19 Depression	14	1.24
20 Diabetes	30	2.67
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	5	0.44
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	14	1.24
25 Fracture, bone/joint injury	11	0.98
26 Gout	1	0.09
27 Gum disease	0	0.00
28 Gynecologic problem	5	0.44
29 Hay fever	1	0.09
30 Hearing problem	3	0.27
31 Heart attack	0	0.00
32 Other heart condition or disease	16	1.42
33 Hernia	0	0.00
34 Hypertension	16	1.42
35 Inflammatory bowel disease	3	0.27
36 Influenza or pneumonia	3	0.27
37 Insomnia or trouble sleeping	5	0.44
38 Irritable bowel	1	0.09
39 Jaw pain	1	0.09
40 Joint pain or stiffness/other joint condition	62	5.51
41 Knee problems (not arthritis, not joint injury)	8	0.71
42 Liver problem	3	0.27
43 Lung/breathing problem (not already listed)	5	0.44
44 Lupus	4	0.36
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	1	0.09
47 Menopause	5	0.44
48 Menstrual problems	7	0.62
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	10	0.89
52 Other developmental problem	0	0.00
53 Other injury	2	0.18

ALT.648\_00.000: Condition for which the first vitamin supplement was taken to treat or cure the most

AVT_CONA	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	1	0.09
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	2	0.18
57 Poor circulation in legs	12	1.07
58 Prostate trouble or impotence	5	0.44
59 Regular headaches	7	0.62
60 Rheumatoid arthritis	16	1.42
61 Schizophrenia	0	0.00
62 Seizures	4	0.36
63 Senility	0	0.00
64 Sinusitis	1	0.09
65 Skin problems	7	0.62
66 Sprain or strain	0	0.00
67 Stroke	1	0.09
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	14	1.24
70 Filled problem	3	0.27
71 Ulcer	0	0.00
72 Urinary problem	3	0.27
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	15	1.33
75 Weak or failing kidneys	9	0.80
76 Weight problem	2	0.18
77 Back pain or problem	20	1.78
78 Head or chest cold	60	5.33
79 Neck pain or problem	4	0.36
80 Severe headache or migraine	5	0.44
81 Stomach or intestinal illness	8	0.71
82 Other - specify	513	45.60
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	3	0.27

Frequency Missing = 22268

ALT.650\_01.000: Received no conventional medical treatment for condition for which the first vitamin supplement was used to treat or cure the most

AVTMEDA0	Frequency	Percent
1 Mentioned	 549	48.93
2 Not mentioned	568	50.62
7 Refused	0	0.00
8 Not ascertained	2	0.18
9 Don't know	3	0.27

ALT.650\_02.000: Received prescription medications for condition for which the first vitamin supplement was used to treat or cure the most

AVTMEDA1	Frequency	Percent
1 Mentioned	431	38.41
2 Not mentioned	686	61.14
7 Refused	0	0.00
8 Not ascertained	2	0.18
9 Don't know	3	0.27

Frequency Missing = 22271

ALT.650\_03.000: Received over-the-counter medications for condition for which the first vitamin supplement was used to treat or cure the most

AVTMEDA2	Frequency	Percent
1 Mentioned	196	17.47
2 Not mentioned	921	82.09
7 Refused	0	0.00
8 Not ascertained	2	0.18
9 Don't know	3	0.27

Frequency Missing = 22271

ALT.650\_04.000: Received surgery for condition for which the first vitamin supplement was used to treat or cure the most

AVTMEDA3	Frequency	Percent
1 Mentioned	 98	8.73
2 Not mentioned	1019	90.82
7 Refused	0	0.00
8 Not ascertained	2	0.18
9 Don't know	3	0.27

Frequency Missing = 22271

ALT.650\_05.000: Received physical therapy for condition for which the first vitamin supplement was used to treat or cure the most

AVTMEDA4	Frequency	Percent
1 Mentioned	 59	5.26
2 Not mentioned	1058	94.30
7 Refused	0	0.00
8 Not ascertained	2	0.18
9 Don't know	3	0.27

ALT.650\_06.000: Received mental health counseling for condition for which the first vitamin supplement was used to treat or cure the most

AVTMEDA5	Frequency	Percent
1 Mentioned	26	2.32
2 Not mentioned	1091	97.24
7 Refused	0	0.00
8 Not ascertained	2	0.18
9 Don't know	3	0.27

Frequency Missing = 22271

ALT.652\_00.000: Time received prescription medications for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM1A	Frequency	Percent
1 Before	174	40.37
2 At about the same time	182	42.23
3 After	63	14.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	12	2.78

Frequency Missing = 22962

ALT.654\_00.000: Time received over-the-counter medications for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM2A	Frequency	Percent
1 Before	71	36.22
2 At about the same time	95	48.47
3 After	28	14.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.02

ALT.656\_00.000: Time received surgery for the condition they used the first vitamin supplement to treat or cure the most

A	VT_TM3A	Frequency	Percent
-			
1	Before	52	53.06
2	At about the same time	19	19.39
3	After	26	26.53
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	1	1.02

Frequency Missing = 23295

ALT.658\_00.000: Time received physical therapy for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM4A	Frequency	Percent
1 Before	23	38.98
2 At about the same time	16	27.12
3 After	19	32.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.69

Frequency Missing = 23334

ALT.660\_00.000: Time received mental health counseling for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM5A	Frequency	Percent
1 Before	16	61.54
2 At about the same time	5	19.23
3 After	4	15.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	3.85

ALT.662\_01.000: Took first vitamin supplement to prevent acid reflux or heartburn

AVCNPA01	Frequency	Percent
1 Mentioned		1.63
2 Not mentioned	1241	81.06
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_02.000: Took first vitamin supplement to prevent angina

AVCNPA02	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_03.000: Took first vitamin supplement to prevent anxiety

AVCNPA03	Frequency	Percent
1 Mentioned	 17	1.11
2 Not mentioned	1249	81.58
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_04.000: Took first vitamin supplement to prevent asthma

AVCNPA04	Frequency	Percent
1 Man+i anad	1.0	0.70
1 Mentioned	12	0.78
2 Not mentioned	1254	81.91
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_05.000: Took first vitamin supplement to prevent athritis

AVCNPA05	Frequency	Percent
1 Mentioned	107	6.99
2 Not mentioned	1159	75.70
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_06.000: Took first vitamin supplement to prevent Attention Deficit Disorder/Hyperactivity

AVCNPA06	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1265	82.63
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_07.000: Took first vitamin supplement to prevent autism

AVCNPA07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_08.000: Took first vitamin supplement to prevent benign tumors, cysts

AVCNPA08	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1265	82.63
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_09.000: Took first vitamin supplement to prevent bipolar disorder

AVCNPA09	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_10.000: Took first vitamin supplement to prevent birth defect

AVCNPA10	Frequency	Percent
1 Mentioned	10	0.65
2 Not mentioned	1256	82.04
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_11.000: Took first vitamin supplement to prevent cancer

AVCNPA11	Frequency	Percent
1 Mentioned	48	3.14
2 Not mentioned	1218	79.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_12.000: Took first vitamin supplement to prevent cholesterol

AVCNPA12	Frequency	Percent
1 Mentioned	56	3.66
2 Not mentioned	1210	79.03
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Unweighted Frequencies

ALT.662\_13.000: Took first vitamin supplement to prevent chronic bronchitis

AVCNPA13	Frequency	Percent
1 Mentioned	5	0.33
2 Not mentioned	1261	82.36
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_14.000: Took first vitamin supplement to prevent circulation problems (other than in the legs)

AVCNPA14	Frequency	Percent
1 Mentioned 2 Not mentioned	25 1241	1.63 81.06
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_15.000: Took first vitamin supplement to prevent constipation severe enough to require medication

AVCNPA15	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1262	82.43
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_16.000: Took first vitamin supplement to prevent coronary heart disease

AVCNPA16	Frequency	Percent
1 Mentioned	29	1.89
2 Not mentioned	1237	80.80
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_17.000: Took first vitamin supplement to prevent dementia, including Alzheimer's disease

AVCNPA17	Frequency	Percent
1 Mentioned	10	0.65
2 Not mentioned	1256	82.04
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_18.000: Took first vitamin supplement to prevent dental pain

AVCNPA18	Frequency	Percent
1 26		0.07
1 Mentioned	1	0.07
2 Not mentioned	1265	82.63
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_19.000: Took first vitamin supplement to prevent depression

AVCNPA19	Frequency	Percent
1 Mentioned	13	0.85
2 Not mentioned	1253	81.84
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_20.000: Took first vitamin supplement to prevent diabetes

AVCNPA20	Frequency	Percent
1 Mentioned	22	1.44
2 Not mentioned	1244	81.25
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.662\_21.000: Took first vitamin supplement to prevent emphysema

AVCNPA21	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_22.000: Took first vitamin supplement to prevent excessive sleepiness during the day

AVCNPA22	Frequency	Percent
1 Mentioned	 12	0.78
2 Not mentioned	1254	81.91
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_23.000: Took first vitamin supplement to prevent excessive use of alcohol or tobacco

AVCNPA23	Frequency	Percent
1 Mentioned	6	0.39
2 Not mentioned	1260	82.30
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_24.000: Took first vitamin supplement to prevent fibromyalgia

AVCNPA24	Frequency	Percent
1 Mentioned	9	0.59
2 Not mentioned	1257	82.10
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_25.000: Took first vitamin supplement to prevent fracture, bone/joint injury

AVCNPA25	Frequency	Percent
1 Mentioned	 35	2.29
2 Not mentioned	1231	80.40
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_26.000: Took first vitamin supplement to prevent gout

AVCNPA26	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_27.000: Took first vitamin supplement to prevent gum disease

1 Mentioned 1 0.07 2 Not mentioned 1265 82.63 7 Refused 24 1.57 8 Not ascertained 0 0.00 9 Don't know 241 15.74	AVCNPA27	Frequency	Percent
8 Not ascertained 0 0.00		1 1265	
	7 Refused	24	1.57
9 Don't know 241 15.74	8 Not ascertained	0	0.00
	9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_28.000: Took first vitamin supplement to prevent gynecologic problem

AVCNPA28	Frequency	Percent
1 Mentioned	 6	0.39
2 Not mentioned	1260	82.30
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_29.000: Took first vitamin supplement to prevent hay fever

AVCNPA29	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_30.000: Took first vitamin supplement to prevent hearing problem

A٧	VCNPA30	Frequency	Percent
1	Mentioned	4	0.26
2	Not mentioned	1262	82.43
7	Refused	24	1.57
8	Not ascertained	0	0.00
9	Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_31.000: Took first vitamin supplement to prevent heart attack

AVCNPA31	Frequency	Percent
1 Mentioned	19	1.24
2 Not mentioned	1247	81.45
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_32.000: Took first vitamin supplement to prevent other heart condition or disease

AVCNPA32	Frequency	Percent
1 Mentioned	38	2.48
2 Not mentioned	1228	80.21
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_33.000: Took first vitamin supplement to prevent hernia

AVCNPA33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_34.000: Took first vitamin supplement to prevent hypertention

AVCNPA34	Frequency	Percent
1 Mentioned 2 Not mentioned	22 1244	1.44 81.25
7 Refused	24	1.57
8 Not ascertained 9 Don't know	0 241	0.00 15.74

Frequency Missing = 21862

ALT.662\_35.000: Took first vitamin supplement to prevent inflammatory bowel disease

AVCNPA35	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1262	82.43
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_36.000: Took first vitamin supplement to prevent influenza or pneumonia

AVCNPA36		Frequency	Percent
1 Mentioned		75	4.90
2 Not mention	ned	1191	77.79
7 Refused		24	1.57
8 Not ascerta	ained	0	0.00
9 Don't know		241	15.74

ALT.662\_37.000: Took first vitamin supplement to prevent insomnia or trouble sleeping

AVCNPA37	Frequency	Percent
1 Mentioned	 10	0.65
2 Not mentioned	1256	82.04
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_38.000: Took first vitamin supplement to prevent irritable bowel

AVCNPA38	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_39.000: Took first vitamin supplement to prevent jaw pain

AVCNPA39	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_40.000: Took first vitamin supplement to prevent joint pain or stiffness/other joint condition

AVCNPA40	Frequency	Percent
1 Mentioned	76	4.96
2 Not mentioned	1190	77.73
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_41.000: Took first vitamin supplement to prevent knee problems (not arthritis/not joint injury)

AVCNPA41	Frequency	Percent
1 Mentioned	 15	0.98
2 Not mentioned	1251	81.71
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_42.000: Took first vitamin supplement to prevent liver problem

AVCNPA42	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1262	82.43
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_43.000: Took first vitamin supplement to prevent lung/breathing problem (not already listed)

AVCNPA43	Frequency	Percent
1 Mentioned	7	0.46
2 Not mentioned	1259	82.23
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_44.000: Took first vitamin supplement to prevent lupus

AVCNPA44	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_45.000: Took first vitamin supplement to prevent mania or psychosis

AVCNPA45	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_46.000: Took first vitamin supplement to prevent memory loss or loss of other cognitive function

AVCNPA46	Frequency	Percent
1 Mentioned	38	2.48
	5.0	
2 Not mentioned	1228	80.21
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_47.000: Took first vitamin supplement to prevent menopause

AVCNPA47	Frequency	Percent
1 Mentioned	16	1.05
2 Not mentioned	1250	81.65
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_48.000: Took first vitamin supplement to prevent menstrual problems

AVCNPA48	Frequency	Percent
1 Mentioned	10	0.65
2 Not mentioned	1256	82.04
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_49.000: Took first vitamin supplement to prevent mental retardation

AVCNPA49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_50.000: Took first vitamin supplement to prevent missing limbs (fingers, toes, or digits), amputee

AVCNPA50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_51.000: Took first vitamin supplement to prevent osteoporosis, tendinitis

AVCNPA51	Frequency	Percent
1 Mentioned	283	18.48
2 Not mentioned	983	64.21
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_52.000: Took first vitamin supplement to prevent other developmental problem

AVCNPA52	Frequency	Percent
1 Mentioned	 15	0.98
2 Not mentioned	1251	81.71
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.662\_53.000: Took first vitamin supplement to prevent other injury

AVCNPA53	Frequency	Percent
1 Mentioned	13	0.85
2 Not mentioned	1253	81.84
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_54.000: Took first vitamin supplement to prevent other nerve damage, including carpal tunnel syndrome

AVCNPA54	Frequency	Percent
1 Mentioned	 7	0.46
2 Not mentioned	1259	82.23
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_55.000: Took first vitamin supplement to prevent phobia or fears

AVCNPA55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_56.000: Took first vitamin supplement to prevent polio (myelitis), paralysis, para/quadraplegia

AVCNPA56	Frequency	Percent
1 Man + i an ad		0.00
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_57.000: Took first vitamin supplement to prevent poor circulation in legs

AVCNPA57	Frequency	Percent
1 Mentioned	11	0.72
2 Not mentioned	1255	81.97
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_58.000: Took first vitamin supplement to prevent prostate trouble or impotence

AVCNPA58	Frequency	Percent
1 Mentioned	 16	1.05
2 Not mentioned	1250	81.65
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_59.000: Took first vitamin supplement to prevent regular headaches

AVCNPA59	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1262	82.43
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_60.000: Took first vitamin supplement to prevent rheumatoid arthritis

AVCNPA60	Frequency	Percent
1 Mentioned	1	0.07
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	1265 24	82.63 1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_61.000: Took first vitamin supplement to prevent schizophrenia

AVCNPA61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_62.000: Took first vitamin supplement to prevent seizures

AVCNPA62	Frequency	Percent
1 Mentioned	1	0.07
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	1265 24	82.63 1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_63.000: Took first vitamin supplement to prevent senility

AVCNPA63	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused 8 Not ascertained	0 1266 24	0.00 82.69 1.57 0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_64.000: Took first vitamin supplement to prevent sinusitis

AVCNPA64	Frequency	Percent
1 Mentioned	4	0.26
2 Not mentioned	1262	82.43
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.662\_65.000: Took first vitamin supplement to prevent skin problems

AVCNPA65	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_66.000: Took first vitamin supplement to prevent sprain or strain

AVCNPA66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_67.000: Took first vitamin supplement to prevent stroke

AVCNPA67	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_68.000: Took first vitamin supplement to prevent substance abuse, other than alcohol or tobacco

AVCNPA68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_69.000: Took first vitamin supplement to prevent other (specify)

AVCNPA69	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_70.000: Took first vitamin supplement to prevent other (specify)

AVCNPA70	Frequency	Percent
1 Mentioned	 1	0.07
2 Not mentioned	1265	82.63
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_71.000: Took first vitamin supplement to prevent ulcer

AVCNPA71	Frequency	Percent
1 Mentioned	1	0.07
2 Not mentioned	1265	82.63
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_72.000: Took first vitamin supplement to prevent urinary problem

AVCNPA72	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_73.000: Took first vitamin supplement to prevent varicose veins, hemorrhoids

AVCNPA73	Frequency	Percent
1 Mentioned 2 Not mentioned	1 1 1265	0.07
7 Refused 8 Not ascertained	24	1.57
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_74.000: Took first vitamin supplement to prevent vision problem

AVCNPA74	Frequency	Percent
1 Mentioned	18	1.18
2 Not mentioned	1248	81.52
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_75.000: Took first vitamin supplement to prevent weak or failing kidneys

AVCNPA75	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_76.000: Took first vitamin supplement to prevent weight problem

A۲	JCNPA76	Frequency	Percent
1	Mentioned	7	0.46
2	Not mentioned	1259	82.23
7	Refused	24	1.57
8	Not ascertained	0	0.00
9	Don't know	241	15.74

ALT.662\_77.000: Took first vitamin supplement to prevent back pain or problem

AVCNPA77	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_78.000: Took first vitamin supplement to prevent head or chest cold

AVCNPA78	Frequency	Percent
1 Mentioned	92	6.01
2 Not mentioned	1174	76.68
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_79.000: Took first vitamin supplement to prevent neck pain or problem

AVCNPA79	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	1266 24	82.69 1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_80.000: Took first vitamin supplement to prevent severe headache or migraine

AVCNPA80	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_81.000: Took first vitamin supplement to prevent stomach or intestinal illness

AVCNPA81	Frequency	Percent
1 Mentioned	 6	0.39
2 Not mentioned	1260	82.30
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_82.000: Took first vitamin supplement to prevent other (specify)

AVCNPA82	Frequency	Percent
1 Mentioned	193	12.61
2 Not mentioned	1073	70.08
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_83.000: Took first vitamin supplement to prevent anemia and other blood disorders

AVCNPA83	Frequency	Percent
1 Mentioned	15	0.98
2 Not mentioned	1251	81.71
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_84.000: Took first vitamin supplement to prevent other allergies

AVCNPA84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	1266	82.69
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

ALT.662\_85.000: Took first vitamin supplement to prevent other infectious diseases and problems of the immune system

AVCNPA85	Frequency	Percent
1 Mentioned	20	1.31
2 Not mentioned	1246	81.38
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_86.000: Took first vitamin supplement to prevent other musculoskeletal

AVCNPA86	Frequency	Percent
1 Mentioned	2	0.13
2 Not mentioned	1264	82.56
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_87.000: Took first vitamin supplement to prevent stress

AVCNPA87	Frequency	Percent
1 Mentioned	3	0.20
2 Not mentioned	1263	82.50
7 Refused	24	1.57
8 Not ascertained	0	0.00
9 Don't know	241	15.74

Frequency Missing = 21862

ALT.662\_91.000: Condition count for first vitamin or mineral used to prevent a condition

AVTCPACT	Frequency	Percent
01-40 1-40 conditions	1266	82.69
97 Refused	24	1.57
98 Not ascertained	0	0.00
99 Don't know	241	15.74

ALT.664\_00.000: Took first vitamin supplement to prevent other (specify)

AVT_SPP1	Frequency	Percent
97 Refused	1	0.33
98 Not acertained	0	0.00
99 Don't know	0	0.00
Verbatim response	304	99.67

# ALT.666\_00.000: Condition for which first vitamin supplement was taken to prevent the most

AVT_CMPA	Frequency	Percent
01 Acid reflux or heartburn	20	1.58
02 Angina	1	0.08
03 Anxiety	14	1.11
04 Asthma	8	0.63
05 Arthritis	81	6.40
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	10	0.79
11 Cancer	35	2.76
12 Cholesterol	41	3.24
13 Chronic Bronchitis	4	0.32
14 Circulation problems (other than in the legs)	16	1.26
15 Constipation severe enough to require medication	2	0.16
16 Coronary heart disease	21	1.66
17 Dementia, including Alzheimer's Disease	8	0.63
18 Dental pain	1	0.08
19 Depression	9	0.71
20 Diabetes	14	1.11
21 Emphysema	1	0.08
22 Excessive sleepiness during the day	9	0.71
23 Excessive use of alcohol or tobacco	4	0.32
24 Fibromyalgia	7	0.55
25 Fracture, bone/joint injury	27	2.13
26 Gout	1	0.08
27 Gum disease	0	0.00
28 Gynecologic problem	6	0.47
29 Hay fever	1	0.08
30 Hearing problem	3	0.24
31 Heart attack	9	0.71
32 Other heart condition or disease	29	2.29
33 Hernia	0	0.00
34 Hypertension	12	0.95
35 Inflammatory bowel disease	3	0.24
36 Influenza or pneumonia	68	5.37
37 Insomnia or trouble sleeping	4	0.32
38 Irritable bowel	2 1	0.16
39 Jaw pain	53	0.08
40 Joint pain or stiffness/other joint condition 41 Knee problems (not arthritis, not joint injury)	8	4.19 0.63
42 Liver problem	4	0.03
43 Lung/breathing problem (not already listed)	3	0.32
44 Lupus	0	0.24
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	20	1.58
47 Menopause	12	0.95
48 Menstrual problems	7	0.55
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	252	19.91
52 Other developmental problem	14	1.11
53 Other injury	13	1.03
/ v- /	10	1.03

ALT.666\_00.000: Condition for which first vitamin supplement was taken to prevent the most

AVT_CMPA	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	5	0.39
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	8	0.63
58 Prostate trouble or impotence	9	0.71
59 Regular headaches	4	0.32
60 Rheumatoid arthritis	1	0.08
61 Schizophrenia	0	0.00
62 Seizures	1	0.08
63 Senility	0	0.00
64 Sinusitis	2	0.16
65 Skin problems	2	0.16
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	1	0.08
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	0	0.00
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	12	0.95
75 Weak or failing kidneys	1	0.08
76 Weight problem	2	0.16
77 Back pain or problem	2	0.16
78 Head or chest cold	47	3.71
79 Neck pain or problem	0	0.00
80 Severe headache or migraine	2	0.16
81 Stomach or intestinal illness	3	0.24
82 Other - specify	296	23.38
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	10	0.79

Frequency Missing = 22127

ALT.667\_00.000: Took second vitamin supplement for same reasons as first vitamin supplement

AVT_SAME	Frequency	Percent
1 Same reasons	3367	79.22
2 Different reasons	739	17.39
7 Refused	1	0.02
8 Not ascertained	137	3.22
9 Don't know	6	0.14

ALT.668\_00.000: Took second vitamin supplement for general health or wellness

AVT_R1B	Frequency	Percent
1 Yes	3753	88.31
2 No	349	8.21
7 Refused	0	0.00
8 Not ascertained	144	3.39
9 Don't know	4	0.09

Frequency Missing = 19143

ALT.670\_00.000: Took second vitamin supplement because prescription and over-the-counter drugs are too expensive

AVT_R2B	Frequency	Percent
1 Yes	150	3.53
2 No	3947	92.87
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	7	0.16

Frequency Missing = 19143

ALT.672\_00.000: Took second vitamin supplement to treat or cure a specific disease or health problem

AVT_R3B	Frequency	Percent
1 Yes	715	16.82
2 No	3384	79.62
7 Refused	1	0.02
8 Not ascertained	144	3.39
9 Don't know	6	0.14

Frequency Missing = 19143

ALT.674\_00.000: Took second vitamin supplement to prevent a specific disease or health problem

AVT_R4B	Frequency	Percent
1 Yes	1395	32.82
2 No	2702	63.58
7 Refused	1	0.02
8 Not ascertained	144	3.39
9 Don't know	8	0.19

ALT.676\_00.000: Took second vitamin supplement to improve physical performance

AVT_R5B	Frequency	Percent
1 Yes	1207	28.40
2 No	2889	67.98
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	8	0.19

Frequency Missing = 19143

ALT.678\_00.000: Took second vitamin supplement to improve sports performance

AVT_R6B	Frequency	Percent
1 Yes	270	6.35
2 No	3831	90.14
7 Refused 8 Not ascertained	2 144	0.05 3.39
9 Don't know	3	0.07

Frequency Missing = 19143

ALT.680\_00.000: Took second vitamin supplement to improve immune system function

AVT_R7B	Frequency	Percent
1 Yes	1694	39.86
2 No	2395	56.35
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	15	0.35

Frequency Missing = 19143

ALT.682\_00.000: Took second vitamin supplement to improve sexual performance

AVT_R8B	Frequency	Percent
1 Yes	100	2.35
2 No	3997	94.05
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	7	0.16

ALT.684\_00.000: Took second vitamin supplement to improve mental ability or memory

AVT_R9B	Frequency	Percent
1 Yes	529	12.45
2 No	3563	83.84
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	12	0.28

Frequency Missing = 19143

ALT.686\_00.000: Took second vitamin supplement because medical treaments did not help

AVT_R10B	Frequency	Percent
1 Yes	104	2.45
2 No	3992	93.93
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	8	0.19

Frequency Missing = 19143

ALT.688\_00.000: Took second vitamin supplement because medical treatments were too expensive

AVT_R11B	Frequency	Percent
1 Yes	122	2.87
2 No	3974	93.51
7 Refused	2	0.05
8 Not ascertained	144	3.39
9 Don't know	8	0.19

Frequency Missing = 19143

ALT.690\_00.000: Took second vitamin supplement because it was recommended by health care provider

AVT_R12B	Frequency	Percent
1 Yes	1700	40.00
2 No	2392	56.28
7 Refused	1	0.02
8 Not ascertained	144	3.39
9 Don't know	13	0.31

ALT.692\_00.000: Took second vitamin supplement because it was recommended by family, friends, or co-workers

AVT_R13B	Frequency	Percent
1 Yes	1076	25.32
2 No	3021	71.08
7 Refused	1	0.02
8 Not ascertained	144	3.39
9 Don't know	8	0.19

Frequency Missing = 19143

ALT.694\_01.000: Took second vitamin supplement to treat or cure acid reflux or heartburn

AVCTRB01	Frequency	Percent
1 Mentioned	11	1.54
2 Not mentioned	686	95.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_02.000: Took second vitamin supplement to treat or cure angina

AVCTRB02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_03.000: Took second vitamin supplement to treat or cure anxiety

AVCTRB03	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_04.000: Took second vitamin supplement to treat or cure asthma

AVCTRB04	Frequency	Percent
1 Mentioned	3	0.42
2 Not mentioned	694	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_05.000: Took second vitamin supplement to treat or cure athritis

AVCTRB05	Frequency	Percent
1 Mentioned	60	8.39
2 Not mentioned	637	89.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_06.000: Took second vitamin supplement to treat or cure Attention Deficit Disorder/Hyperactivity

AVCTRB06	Frequency	Percent
1 Mentioned	Ü	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_07.000: Took second vitamin supplement to treat or cure autism

AVCTRB07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_08.000: Took second vitamin supplement to treat or cure benign tumors, cysts

AVCTRB08	Frequency	Percent
1 Mentioned	1	0.14
2 Not mentioned	696	97.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_09.000: Took second vitamin supplement to treat or cure bipolar disorder

AVCTRB09	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_10.000: Took second vitamin supplement to treat or cure birth defect

AVCTRB10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_11.000: Took second vitamin supplement to treat or cure cancer

A٧	VCTRB11	Frequency	Percent
1	Mentioned	6	0.84
2	Not mentioned	691	96.64
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	18	2.52

ALT.694\_12.000: Took second vitamin supplement to treat or cure cholesterol

AVCTRB12	Frequency	Percent
1 Mentioned	18	2.52
2 Not mentioned	679	94.97
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_13.000: Took second vitamin supplement to treat or cure chronic bronchitis

AVCTRB13	Frequency	Percent
1 Mentioned 2 Not mentioned	3 694	0.42 97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_14.000: Took second vitamin supplement to treat or cure circulation problems (other than in the legs)

AVCTRB14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_15.000: Took second vitamin supplement to treat or cure constipation severe enough to require medication

AVCTRB15	Frequency	Percent
1 M		0.00
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_16.000: Took second vitamin supplement to treat or cure coronary heart disease

AVCTRB16	Frequency	Percent
1 Mentioned	17	2.38
2 Not mentioned	680	95.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_17.000: Took second vitamin supplement to treat or cure dementia, including Alzheimer's disease

AVCTRB17	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_18.000: Took second vitamin supplement to treat or cure dental pain

AVCTRB18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_19.000: Took second vitamin supplement to treat or cure depression

AVCTRB19	Frequency	Percent
1 Mentioned	7	0.98
2 Not mentioned	690	96.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2 52

ALT.694\_20.000: Took second vitamin supplement to treat or cure diabetes

AVCTRB20	Frequency	Percent
1 Mentioned	25	3.50
2 Not mentioned	672	93.99
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_21.000: Took second vitamin supplement to treat or cure emphysema

AVCTRB21	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_22.000: Took second vitamin supplement to treat or cure excessive sleepiness during the day

AVCTRB22	Frequency	Percent
1 Mentioned	 7	0.98
2 Not mentioned	690	96.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_23.000: Took second vitamin supplement to treat or cure excessive use of alcohol or tobacco

AVCTRB23	Frequency	Percent
1 Mentioned 2 Not mentioned	0 697	0.00 97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_24.000: Took second vitamin supplement to treat or cure fibromyalgia

AVCTRB24	Frequency	Percent
1 Mentioned	13	1.82
2 Not mentioned	684	95.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_25.000: Took second vitamin supplement to treat or cure fracture, bone/joint injury

AVCTRB25	Frequency	Percent
1 Mentioned	13	1.82
2 Not mentioned	684	95.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_26.000: Took second vitamin supplement to treat or cure gout

AVCTRB26	Frequency	Percent
1 Mentioned	1	0.14
2 Not mentioned	696	97.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_27.000: Took second vitamin supplement to treat or cure gum disease

AVCTRB27	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_28.000: Took second vitamin supplement to treat or cure gynecologic problem

AVCTRB28	Frequency	Percent
1 Mentioned	9	1.26
2 Not mentioned	688	96.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_29.000: Took second vitamin supplement to treat or cure hay fever

AVCTRB29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_30.000: Took second vitamin supplement to treat or cure hearing problem

AVCTRB30	Frequency	Percent
1 Mentioned	3	0.42
2 Not mentioned	694	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_31.000: Took second vitamin supplement to treat or cure heart attack

A۱	JCTRB31	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	697	97.48
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	18	2.52

ALT.694\_32.000: Took second vitamin supplement to treat or cure other heart condition or disease

AVCTRB32	Frequency	Percent
1 Mentioned	14	1.96
2 Not mentioned	683	95.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_33.000: Took second vitamin supplement to treat or cure hernia

AVCTRB33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_34.000: Took second vitamin supplement to treat or cure hypertention

AVCTRB34	Frequency	Percent
1 Mentioned	25	3.50
2 Not mentioned	672	93.99
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_35.000: Took second vitamin supplement to treat or cure inflammatory bowel disease

AVCTRB35	Frequency	Percent
1 Mentioned	4	0.56
2 Not mentioned	693	96.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_36.000: Took second vitamin supplement to treat or cure influenza or pneumonia

AVCTRB36	Frequency	Percent
1 Mentioned	4	0.56
2 Not mentioned	693	96.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_37.000: Took second vitamin supplement to treat or cure insomnia or trouble sleeping

AVCTRB37	Frequency	Percent
1 Mentioned	4	0.56
2 Not mentioned	693	96.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_38.000: Took second vitamin supplement to treat or cure irritable bowel

AVCTRB38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_39.000: Took second vitamin supplement to treat or cure jaw pain

AVCTRB39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2 52

ALT.694\_40.000: Took second vitamin supplement to treat or cure joint pain or stiffness/other joint condition

AVCTRB40	Frequency	Percent
1 Mentioned	56	7.83
2 Not mentioned	641	89.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_41.000: Took second vitamin supplement to treat or cure knee problems (not arthritis/not joint injury)

AVCTRB41	Frequency	Percent
1 Mentioned	4	0.56
2 Not mentioned	693	96.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_42.000: Took second vitamin supplement to treat or cure liver problem

AVCTRB42	Frequency	Percent
1 Mentioned	5	0.70
2 Not mentioned	692	96.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_43.000: Took second vitamin supplement to treat or cure lung/breathing problem (not already listed)

AVCTRB43	Frequency	Percent
1 Mentioned	5	0.70
2 Not mentioned	692	96.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_44.000: Took second vitamin supplement to treat or cure lupus

AVCTRB44	Frequency	Percent
1 Mentioned	3	0.42
2 Not mentioned	694	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_45.000: Took second vitamin supplement to treat or cure mania or psychosis

AVCTRB45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_46.000: Took second vitamin supplement to treat or cure memory loss or loss of other cognitive function

AVCTRB46	Frequency	Percent
1 Mentioned	5	0.70
2 Not mentioned	692	96.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_47.000: Took second vitamin supplement to treat or cure menopause

AVCTRB47	Frequency	Percent
1 Mentioned	6	0.84
2 Not mentioned	691	96.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_48.000: Took second vitamin supplement to treat or cure menstrual problems

AVCTRB48	Frequency	Percent
1 Mentioned	 7	0.98
2 Not mentioned	690	96.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_49.000: Took second vitamin supplement to treat or cure mental retardation

AVCTRB49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_50.000: Took second vitamin supplement to treat or cure missing limbs (fingers, toes, or digits), amputee

AVCTRB50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_51.000: Took second vitamin supplement to treat or cure osteoporosis, tendinitis

AVCTRB51	Frequency	Percent
1 Mentioned	133	18.60
2 Not mentioned	564	78.88
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_52.000: Took second vitamin supplement to treat or cure other developmental problem

AVCTRB52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_53.000: Took second vitamin supplement to treat or cure other injury

AVCTRB53	Frequency	Percent
1 Mentioned	3	0.42
2 Not mentioned	694	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_54.000: Took second vitamin supplement to treat or cure other nerve damage, including carpal tunnel syndrome

AVCTRB54	Frequency	Percent
1 Mentioned	4	0.56
2 Not mentioned	693	96.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_55.000: Took second vitamin supplement to treat or cure phobia or fears

AVCTRB55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.694\_56.000: Took second vitamin supplement to treat or cure polio (myelitis), paralysis, para/quadraplegia

AVCTRB56	Frequency	Percent
1 Mentioned	1	0.14
2 Not mentioned	696	97.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_57.000: Took second vitamin supplement to treat or cure poor circulation in legs

AVCTRB57	Frequency	Percent
1 Mentioned	9	1.26
2 Not mentioned	688	96.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_58.000: Took second vitamin supplement to treat or cure prostate trouble or impotence

AVCTRB58	Frequency	Percent
1 Mentioned	10	1.40
2 Not mentioned	687	96.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_59.000: Took second vitamin supplement to treat or cure regular headaches

AVCTRB59	Frequency	Percent
1 Mentioned	 5	0.70
2 Not mentioned	692	96.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_60.000: Took second vitamin supplement to treat or cure rheumatoid arthritis

AVCTRB60	Frequency	Percent
1 Mentioned	9	1.26
2 Not mentioned	688	96.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_61.000: Took second vitamin supplement to treat or cure schizophrenia

A۱	/CTRB61	Frequency	Percent
1	 Mentioned	0	0.00
	Not mentioned	697	97.48
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_62.000: Took second vitamin supplement to treat or cure seizures

AVCTRB62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_63.000: Took second vitamin supplement to treat or cure senility

A۲	VCTRB63	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	697	97.48
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	18	2.52

ALT.694\_64.000: Took second vitamin supplement to treat or cure sinusitis

AVCTRB64	Frequency	Percent
1 Mentioned	5	0.70
2 Not mentioned	692	96.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_65.000: Took second vitamin supplement to treat or cure skin problems

AVCTRB65		Frequenc	y Percent
1 Mentio	ned	 7	0.98
2 Not me	ntioned	690	96.50
7 Refuse	d	0	0.00
8 Not as	certained	0	0.00
9 Don't	know	18	2.52

Frequency Missing = 22678

ALT.694\_66.000: Took second vitamin supplement to treat or cure sprain or strain

AVCTRB66	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	697 0	97.48 0.00
8 Not ascertained 9 Don't know	0 18	0.00 2.52

Frequency Missing = 22678

ALT.694\_67.000: Took second vitamin supplement to treat or cure stroke

1 Mentioned 1 0.14 2 Not mentioned 696 97.34 7 Refused 0 0.00 8 Not ascertained 0 0.00 9 Don't know 18 2.52	AVCTRB67	Frequency	Percent
7 Refused 0 0.00 8 Not ascertained 0 0.00		1	
8 Not ascertained 0 0.00	2 Not mentioned	696	97.34
	7 Refused	0	0.00
9 Don't know 18 2.52	8 Not ascertained	0	0.00
	9 Don't know	18	2.52

ALT.694\_68.000: Took second vitamin supplement to treat or cure substance abuse, other than alcohol or tobacco

AVCTRB68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_69.000: Took second vitamin supplement to treat or cure other (specify)

AVCTRB69	Frequency	Percent
1 Mentioned 2 Not mentioned	15 682	2.10
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_70.000: Took second vitamin supplement to treat or cure other (specify)

AVCTRB70	Frequency	Percent
1 Mentioned	4	0.56
2 Not mentioned	693	96.92
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_71.000: Took second vitamin supplement to treat or cure ulcer

AVCTRB71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_72.000: Took second vitamin supplement to treat or cure urinary problem

AVCTRB72	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_73.000: Took second vitamin supplement to treat or cure varicose veins, hemorrhoids

AVCTRB73	Frequency	Percent
1 Man + 1 and		0.00
1 Mentioned	0	0.00
2 Not mentioned	697	97.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_74.000: Took second vitamin supplement to treat or cure vision problem

AVCTRB74	Frequency	Percent
1 Mentioned	13	1.82
2 Not mentioned	684	95.66
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_75.000: Took second vitamin supplement to treat or cure weak or failing kidneys

AVCTRB75	Frequency	Percent
1 Mentioned 2 Not mentioned	7 690	0.98 96.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_76.000: Took second vitamin supplement to treat or cure weight problem

AVCTRB76	Frequency	Percent
1 Mentioned	3	0.42
2 Not mentioned	694	97.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_77.000: Took second vitamin supplement to treat or cure back pain or problem

AVCTRB77	Frequency	Percent
1 Mentioned	18	2.52
2 Not mentioned	679	94.97
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_78.000: Took second vitamin supplement to treat or cure head or chest cold

AVCTRB78	Frequency	Percent
1 Mentioned	46	6.43
2 Not mentioned	651	91.05
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_79.000: Took second vitamin supplement to treat or cure neck pain or problem

AVCTRB79	Frequency	Percent
1 Mentioned	8	1.12
2 Not mentioned	689	96.36
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_80.000: Took second vitamin supplement to treat or cure severe headache or migraine

AVCTRB80	Frequency	Percent
1 Mentioned	 6	0.84
2 Not mentioned	691	96.64
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_81.000: Took second vitamin supplement to treat or cure stomach or intestinal illness

AVCTRB81	Frequency	Percent
1 Mentioned	 15	2.10
2 Not mentioned	682	95.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_82.000: Took second vitamin supplement to treat or cure other (specify)

AVCTRB82	Frequency	Percent
1 Mentioned	107	14.97
2 Not mentioned	590	82.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_83.000: Took second vitamin supplement to treat or cure anemia and other blood disorders

AVCTRB83	Frequency	Percent
1 Mentioned	56	7.83
2 Not mentioned	641	89.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_84.000: Took second vitamin supplement to treat or cure other allergies

01111013110000 11041010100

AVCTRB84	Frequency	Percent
1 Mentioned	1	0.14
2 Not mentioned	696	97.34
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_85.000: Took second vitamin supplement to treat or cure other infectious diseases and problems of the immune system

AVCTRB85	Frequency	Percent
1 Mentioned	8	1.12
2 Not mentioned	689	96.36
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_86.000: Took second vitamin supplement to treat or cure other musculoskeletal

AVCTRB86	Frequency	Percent
1 Mentioned	. – – – – – – – – – – – – – – – – – – –	1.96
2 Not mentioned	683	95.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

Frequency Missing = 22678

ALT.694\_87.000: Took second vitamin supplement to treat or cure stress

AVCTRB87	Frequency	Percent
1 Mentioned	2	0.28
2 Not mentioned	695	97.20
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	18	2.52

ALT.694\_91.000: Condition count for second vitamin or mineral used to treat a condition

AVTCTBCT	Frequency	Percent
01-40 1-40 conditions	697	97.48
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	18	2.52

Frequency Missing = 22678

ALT.696\_00.000: Took second vitamin supplement to treat or cure other (specify)

AVT_SPT2	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	2	0.56
Verbatim response	357	99.44

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

# ALT.698\_00.000: Condition for which the second vitamin supplement was taken to treat or cure the most

AVT_CONB	Frequency	Percent
01 Acid reflux or heartburn	7	1.00
02 Angina	0	0.00
03 Anxiety	1	0.14
04 Asthma	2	0.29
05 Arthritis	45	6.46
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	1	0.14
10 Birth defect	0	0.00
11 Cancer	6	0.86
12 Cholesterol	9	1.29
13 Chronic Bronchitis	1	0.14
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	9	1.29
17 Dementia, including Alzheimer's Disease	2	0.29
18 Dental pain	0	0.00
19 Depression	2	0.29
20 Diabetes	17	2.44
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	4	0.57
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	7	1.00
25 Fracture, bone/joint injury	9	1.29
26 Gout	1	0.14
27 Gum disease	1	0.14
28 Gynecologic problem	4	0.57
29 Hay fever	0	0.00
30 Hearing problem	1	0.14
31 Heart attack	0	0.00
32 Other heart condition or disease	10	1.43
33 Hernia	0	0.00
34 Hypertension	12	1.72
35 Inflammatory bowel disease	3	0.43
36 Influenza or pneumonia	2	0.29
37 Insomnia or trouble sleeping	1	0.14
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	39	5.60
41 Knee problems (not arthritis, not joint injury)	2	0.29
42 Liver problem	3	0.43
43 Lung/breathing problem (not already listed)	5	0.72
44 Lupus	3	0.43
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	2	0.29
47 Menopause	4	0.57
48 Menstrual problems	6	0.86
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	7	1.00
52 Other developmental problem	0	0.00
53 Other injury	3	0.43
	5	0.10

ALT.698\_00.000: Condition for which the second vitamin supplement was taken to treat or cure the most

AVT_CONB	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	1	0.14
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	1	0.14
57 Poor circulation in legs	5	0.72
58 Prostate trouble or impotence	6	0.86
59 Regular headaches	3	0.43
60 Rheumatoid arthritis	7	1.00
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	3	0.43
65 Skin problems	7	1.00
66 Sprain or strain	0	0.00
67 Stroke	1	0.14
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	9	1.29
70 Filled problem	2	0.29
71 Ulcer	0	0.00
72 Urinary problem	1	0.14
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	7	1.00
75 Weak or failing kidneys	4	0.57
76 Weight problem	2	0.29
77 Back pain or problem	9	1.29
78 Head or chest cold	37	5.31
79 Neck pain or problem	2	0.29
80 Severe headache or migraine	3	0.43
81 Stomach or intestinal illness	6	0.86
82 Other - specify	348	49.93
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	2	0.29

Frequency Missing = 22696

ALT.700\_01.000: Received no conventional medical treatment for condition for which the second vitamin supplement was used to treat or cure the most

AVTMEDB0	Frequency	Percent
1 Mentioned	352	50.65
2 Not mentioned	340	48.92
7 Refused	0	0.00
8 Not ascertained	2	0.29
9 Don't know	1	0.14

ALT.700\_02.000: Received prescription medications for condition for which the second vitamin supplement was used to treat or cure the most

AVTMEDB1	Frequency	Percent
1 Mentioned	252	36.26
2 Not mentioned	440	63.31
7 Refused	0	0.00
8 Not ascertained	2	0.29
9 Don't know	1	0.14

Frequency Missing = 22698

ALT.700\_03.000: Received over-the-counter medications for condition for which the second vitamin supplement was used to treat or cure the most

AVTMEDB2	Frequency	Percent
1 Mentioned	124	17.84
2 Not mentioned	568	81.73
7 Refused	0	0.00
8 Not ascertained	2	0.29
9 Don't know	1	0.14

Frequency Missing = 22698

ALT.700\_04.000: Received surgery for condition for which the second vitamin supplement was used to treat or cure the most

AVTMEDB3	Frequency	Percent
1 Mentioned	49	7.05
2 Not mentioned	643	92.52
7 Refused	0	0.00
8 Not ascertained	2	0.29
9 Don't know	1	0.14

Frequency Missing = 22698

ALT.700\_05.000: Received physical therapy for condition for which the second vitamin supplement was used to treat or cure the most

AVTMEDB4	Frequency	Percent
1 Mentioned	34	4.89
2 Not mentioned	658	94.68
7 Refused	0	0.00
8 Not ascertained	2	0.29
9 Don't know	1	0.14

ALT.700\_06.000: Received mental health counseling for condition for which the second vitamin supplement was used to treat or cure the most

AVTMEDB5	Frequency	Percent
1 Mentioned	13	1.87
2 Not mentioned	679	97.70
7 Refused	0	0.00
8 Not ascertained	2	0.29
9 Don't know	1	0.14

Frequency Missing = 22698

ALT.702\_00.000: Time received prescription medications for the condition they used the first vitamin supplement to treat or cure the most

Frequency	Percent
95	37.70
102	40.48
52	20.63
0	0.00
0	0.00
3	1.19
	95 102 52 0

Frequency Missing = 23141

ALT.704\_00.000: Time received over-the-counter medications for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM2B	Frequency	Percent
1 Before	41	33.06
2 At about the same time	59	47.58
3 After	22	17.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	1.61

ALT.706\_00.000: Time received surgery for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM3B	Frequency	Percent
1 Before	22	44.90
2 At about the same time	12	24.49
3 After	15	30.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23344

ALT.708\_00.000: Time received physical therapy for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM4B	Frequency	Percent
1 Before	14	41.18
2 At about the same time	8	23.53
3 After	12	35.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23359

ALT.710\_00.000: Time received mental health counseling for the condition they used the first vitamin supplement to treat or cure the most

AVT_TM5B	Frequency	Percent
1 Before	8	61.54
2 At about the same time	3	23.08
3 After	2	15.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.712\_01.000: Took second vitamin supplement to prevent acid reflux or heartburn

AVCNPB01	Frequency	Percent
1 Mentioned	 6	0.68
2 Not mentioned	757	85.83
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_02.000: Took second vitamin supplement to prevent angina

AVCNPB02	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_03.000: Took second vitamin supplement to prevent anxiety

AVCNPB03	Frequency	Percent
1 24 1 2		0.01
1 Mentioned	8	0.91
2 Not mentioned	755	85.60
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_04.000: Took second vitamin supplement to prevent asthma

AVCNPB04	Frequency	Percent
1 Mentioned	6	0.68
2 Not mentioned	757	85.83
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_05.000: Took second vitamin supplement to prevent arthritis

AVCNPB05	Frequency	Percent
1 Mentioned	 54	6.12
2 Not mentioned	709	80.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_06.000: Took second vitamin supplement to prevent Attention Deficit Disorder/Hyperactivity

AVCNPB06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_07.000: Took second vitamin supplement to prevent autism

AVCNPB07	Frequency	Percent
1 Manual and		0.00
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_08.000: Took second vitamin supplement to prevent benign tumors, cysts

AVCNPB08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_09.000: Took second vitamin supplement to prevent bipolar disorder

Percent
0.11
86.39
0.79
0.00
12.70

Frequency Missing = 22511

ALT.712\_10.000: Took second vitamin supplement to prevent birth defect

AVCNPB10	Frequency	Percent
1 Mentioned	8	0.91
2 Not mentioned	755	85.60
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_11.000: Took second vitamin supplement to prevent cancer

AVCNPB11	Frequency	Percent
1 Mentioned	29	3.29
2 Not mentioned	734	83.22
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_12.000: Took second vitamin supplement to prevent cholesterol

AVCNPB12	Frequency	Percent
1 Mentioned 2 Not mentioned	23 740	2.61 83.90
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_13.000: Took second vitamin supplement to prevent chronic bronchitis

AVCNPB13	Frequency	Percent
1 Mentioned	4	0.45
2 Not mentioned	759	86.05
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_14.000: Took second vitamin supplement to prevent circulation problems (other than in the legs)

AVCNPB14	Frequency	Percent
1 Mentioned	13	1.47
2 Not mentioned	750	85.03
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_15.000: Took second vitamin supplement to prevent constipation severe enough to require medication

AVCNPB15	Frequency	Percent
1 Mentioned	3	0.34
2 Not mentioned	760	86.17
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_16.000: Took second vitamin supplement to prevent coronary heart disease

AVCNPB16	Frequency	Percent
1 Mentioned	17	1.93
2 Not mentioned	746	84.58
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_17.000: Took second vitamin supplement to prevent dementia, including Alzheimer's disease

AVCNPB17	Frequency	Percent
1 Mentioned	7	0.79
2 Not mentioned	756	85.71
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_18.000: Took second vitamin supplement to prevent dental pain

AVCNPB18	Frequency	Percent
1 Mentioned	2	0.23
	2	0.23
2 Not mentioned	761	86.28
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_19.000: Took second vitamin supplement to prevent depression

AVCNPB19	Frequency	Percent
1 Mentioned	6	0.68
2 Not mentioned	757	85.83
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_20.000: Took second vitamin supplement to prevent diabetes

AVCNPB20	Frequency	Percent
1 Mentioned	8 8	0.91
2 Not mentioned	755	85.60
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_21.000: Took second vitamin supplement to prevent emphysema

AVCNPB21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_22.000: Took second vitamin supplement to prevent excessive sleepiness during the day

AVCNPB22	Frequency	Percent
1 Mentioned	5	0.57
2 Not mentioned	758	85.94
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_23.000: Took second vitamin supplement to prevent excessive use of alcohol or tobacco

AVCNPB23	Frequency	Percent
1 Mentioned	4	0.45
2 Not mentioned	759	86.05
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_24.000: Took second vitamin supplement to prevent fibromyalgia

AVCNPB24	Frequency	Percent
1 Mentioned	3	0.34
2 Not mentioned	760	86.17
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_25.000: Took second vitamin supplement to prevent fracture, bone/joint injury

AVCNPB25	Frequency	Percent
1 Mentioned	24	2.72
2 Not mentioned	739	83.79
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_26.000: Took second vitamin supplement to prevent gout

AVCNPB26	Frequency	Percent
1 Mentioned	2	0.23
2 Not mentioned	761	86.28
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_27.000: Took second vitamin supplement to prevent gum disease

AVCNPB27	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_28.000: Took second vitamin supplement to prevent gynecologic problem

A٧	VCNPB28	Frequency	Percent
1	Mentioned	1	0.11
2	Not mentioned	762	86.39
7	Refused	7	0.79
8	Not ascertained	0	0.00
9	Don't know	112	12.70

ALT.712\_29.000: Took second vitamin supplement to prevent hay fever

AVCNPB29	Frequency	Percent
1 Mentioned	3	0.34
2 Not mentioned	760	86.17
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_30.000: Took second vitamin supplement to prevent hearing problem

A۲	VCNPB30	Frequency	Percent
1	 Mentioned	2	0.23
2	Not mentioned	761	86.28
7	Refused	7	0.79
8	Not ascertained	0	0.00
9	Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_31.000: Took second vitamin supplement to prevent heart attack

AVCNPB31	Frequency	Percent
1 Mentioned	9	1.02
2 Not mentioned	754	85.49
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_32.000: Took second vitamin supplement to prevent other heart condition or disease

AVCNPB32	Frequency	Percent
1 Mentioned	20	2.27
2 Not mentioned	743	84.24
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_33.000: Took second vitamin supplement to prevent hernia

AVCNPB33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_34.000: Took second vitamin supplement to prevent hypertention

AVCNPB34	Frequency	Percent
1 Mentioned	12	1.36
2 Not mentioned	751	85.15
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_35.000: Took second vitamin supplement to prevent inflammatory bowel disease

AVCNPB35	Frequency	Percent
1 Mentioned	3	0.34
2 Not mentioned	760	86.17
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_36.000: Took second vitamin supplement to prevent influenza or pneumonia

AVCNPB36	Frequency	Percent
1 Mentioned	36	4.08
2 Not mentioned	727	82.43
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.712\_37.000: Took second vitamin supplement to prevent insomnia or trouble sleeping

AVCNPB37	Frequency	Percent
1 Mentioned	9	1.02
2 Not mentioned	754	85.49
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_38.000: Took second vitamin supplement to prevent irritable bowel

AVCNPB38	Frequency	Percent
1 Mentioned	 1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_39.000: Took second vitamin supplement to prevent jaw pain

AVCNPB39	Frequency	Percent
1 Mentioned	2	0.23
2 Not mentioned	761	86.28
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_40.000: Took second vitamin supplement to prevent joint pain or stiffness/other joint condition

AVCNPB40	Frequency	Percent
1 Mentioned 2 Not mentioned	28 735	3.17 83.33
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_41.000: Took second vitamin supplement to prevent knee problems (not arthritis/not joint injury)

AVCNPB41	Frequency	Percent
1 Mentioned	7	0.79
2 Not mentioned	756	85.71
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_42.000: Took second vitamin supplement to prevent liver problem

AVCNPB42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_43.000: Took second vitamin supplement to prevent lung/breathing problem (not already listed)

AVCNPB43	Frequency	Percent
1 Mentioned	5	0.57
2 Not mentioned	758	85.94
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_44.000: Took second vitamin supplement to prevent lupus

AVCNPB44	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_45.000: Took second vitamin supplement to prevent mania or psychosis

AVCNPB45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_46.000: Took second vitamin supplement to prevent memory loss or loss of other cognitive function

AVCNPB46	Frequency	Percent
1 Mentioned	15	1.70
2 Not mentioned	748	84.81
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_47.000: Took second vitamin supplement to prevent menopause

AVCNPB47	Frequency	Percent
1 Mentioned	10	1.13
2 Not mentioned	753	85.37
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_48.000: Took second vitamin supplement to prevent menstrual problems

AVCNPB48	Frequency	Percent
1 Mentioned	5	0.57
2 Not mentioned	758	85.94
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_49.000: Took second vitamin supplement to prevent mental retardation

AVCNPB49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_50.000: Took second vitamin supplement to prevent missing limbs (fingers, toes, or digits), amputee

AVCNPB50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_51.000: Took second vitamin supplement to prevent osteoporosis, tendinitis

AVCNPB51	Frequency	Percent
1 Mentioned	 259	29.37
2 Not mentioned	504	57.14
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_52.000: Took second vitamin supplement to prevent other developmental problem

AVCNPB52	Frequency	Percent
1 Mentioned	8	0.91
2 Not mentioned	755	85.60
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_53.000: Took second vitamin supplement to prevent other injury

AVCNPB53	Frequency	Percent
1 Mentioned	9	1.02
2 Not mentioned	754	85.49
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_54.000: Took second vitamin supplement to prevent other nerve damage, including carpal tunnel syndrome

AVCNPB54	Frequency	Percent
1 Mentioned	4	0.45
2 Not mentioned	759	86.05
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_55.000: Took second vitamin supplement to prevent phobia or fears

AVCNPB55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_56.000: Took second vitamin supplement to prevent polio (myelitis), paralysis, para/quadraplegia

AVCNPB56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_57.000: Took second vitamin supplement to prevent poor circulation in legs

AVCNPB57	Frequency	Percent
1 Mentioned	 7	0.79
2 Not mentioned	756	85.71
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_58.000: Took second vitamin supplement to prevent prostate trouble or impotence

AVCNPB58	Frequency	Percent
1 Mentioned	5	0.57
2 Not mentioned	758	85.94
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_59.000: Took second vitamin supplement to prevent regular headaches

AVCNPB59	Frequency	Percent
1 Mentioned	2	0.23
2 Not mentioned	761	86.28
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_60.000: Took second vitamin supplement to prevent rheumatoid arthritis

AVCNPB60	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.712\_61.000: Took second vitamin supplement to prevent schizophrenia

Frequency	Percent
0	0.00
763	86.51
7	0.79
0	0.00
112	12.70
	763 7

Frequency Missing = 22511

ALT.712\_62.000: Took second vitamin supplement to prevent seizures

A۲	VCNPB62	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	763	86.51
7	Refused	7	0.79
8	Not ascertained	0	0.00
9	Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_63.000: Took second vitamin supplement to prevent senility

AVCNPB63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_64.000: Took second vitamin supplement to prevent sinusitis

AVCNPB64	Frequency	Percent
1 Mentioned	2	0.23
2 Not mentioned	761	86.28
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_65.000: Took second vitamin supplement to prevent skin problems

Frequency	Percent
5	0.57
758	85.94
7	0.79
0	0.00
112	12.70
	5 758 7

Frequency Missing = 22511

ALT.712\_66.000: Took second vitamin supplement to prevent sprain or strain

AVCNPB66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mention	ed 763	86.51
7 Refused	7	0.79
8 Not ascerta	ined 0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_67.000: Took second vitamin supplement to prevent stroke

AVCNPB67	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_68.000: Took second vitamin supplement to prevent substance abuse, other than alcohol or tobacco

AVCNPB68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_69.000: Took second vitamin supplement to prevent other (specify)

AVCNPB69	Frequency	Percent
1 Mentioned	3	0.34
2 Not mentioned	760	86.17
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_70.000: Took second vitamin supplement to prevent other (specify)

A۷	VCNPB70	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	763	86.51
7	Refused	7	0.79
8	Not ascertained	0	0.00
9	Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_71.000: Took second vitamin supplement to prevent ulcer

AVCNPB71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	763	86.51
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_72.000: Took second vitamin supplement to prevent urinary problem

AVCNPB72	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_73.000: Took second vitamin supplement to prevent varicose veins, hemorrhoids

AVCNPB73	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_74.000: Took second vitamin supplement to prevent vision problem

AVCNPB74	Frequency	Percent
1 Mentioned	 4	0.45
2 Not mentioned	759	86.05
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_75.000: Took second vitamin supplement to prevent weak or failing kidneys

AVCNPB75	Frequency	Percent
1 Mentioned	 1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_76.000: Took second vitamin supplement to prevent weight problem

AVCNPB76	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

ALT.712\_77.000: Took second vitamin supplement to prevent back pain or problem

<u>.</u>

AVCNPB77	Frequency	Percent
1 Mentioned 2 Not mentioned	2 761	0.23 86.28
7 Refused	7	0.79
8 Not ascertained 9 Don't know	0 112	0.00 12.70
J DOIL C MILOW	112	12.70

Frequency Missing = 22511

ALT.712\_78.000: Took second vitamin supplement to prevent head or chest cold

AVCNPB78	Frequency	Percent
1 Mentioned	51	5.78
2 Not mentioned	712	80.73
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_79.000: Took second vitamin supplement to prevent neck pain or problem

AVCNPB79	Frequency	Percent
1 Mentioned	1 762	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_80.000: Took second vitamin supplement to prevent severe headache or migraine

AVCNPB80	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	762	86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

2007 National Health Interview Survey (NHIS)
Adult Alternative Medicine Public Use File (althealt)
ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.712\_81.000: Took second vitamin supplement to prevent stomach or intestinal illness

AVCNPB81	Frequency	Percent
1 Mentioned	4	0.45
2 Not mentioned	759	86.05
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_82.000: Took second vitamin supplement to prevent other (specify)

AVCNPB82	Frequency	Percent
1 Mentioned 2 Not mentioned	84 679	9.52 76.98
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_83.000: Took second vitamin supplement to prevent anemia and other blood disorders

AVCNPB83	Frequency	Percent
1 Mentioned	11	1.25
2 Not mentioned	752	85.26
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_84.000: Took second vitamin supplement to prevent other allergies

AVCNPB84	Frequency	Percent
1 Mentioned 2 Not mentioned	1 762	0.11 86.39
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

2007 National Health Interview Survey (NHIS)
Adult Alternative Medicine Public Use File (althealt)
ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.712\_85.000: Took second vitamin supplement to prevent other infectious diseases and problems of the immune system

AVCNPB85	Frequency	Percent
1 Mentioned	 12	1.36
2 Not mentioned	751	85.15
7 Refused	7	0.79
8 Not ascertained	0	0.00
9 Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_86.000: Took second vitamin supplement to prevent other musculoskeletal

A۱	/CNPB86	Frequency	Percent
1	Mentioned	6	0.68
2	Not mentioned	757	85.83
7	Refused	7	0.79
8	Not ascertained	0	0.00
9	Don't know	112	12.70

Frequency Missing = 22511

ALT.712\_87.000: Took second vitamin supplement to prevent stress

	AVCNPB87	Frequency	Percent
8 Not ascertained 0 0.00	2 Not mentioned 7 Refused 8 Not ascertained	7 0	0.11 86.39 0.79 0.00

Frequency Missing = 22511

ALT.712\_91.000: Condition count for second vitamin or mineral used to prevent a condition

AVTCPBCT	Frequency	Percent
01-40 1-40 conditions	763	86.51
97 Refused	7	0.79
98 Not ascertained	0	0.00
99 Don't know	112	12.70

ALT.714\_00.000: Took second vitamin supplement to prevent other (specify)

AVT_SPP2	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	158	100.00

# ALT.716\_00.000: Condition for which second vitamin supplement was taken to prevent the most

AVT_CMPB	Frequency	Percent
01 Acid reflux or heartburn	5	0.66
02 Angina	0	0.00
03 Anxiety	7	0.92
04 Asthma	4	0.52
05 Arthritis	43	5.64
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	8	1.05
11 Cancer	20	2.62
12 Cholesterol	19	2.49
13 Chronic Bronchitis	3	0.39
14 Circulation problems (other than in the legs)	8	1.05
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	12	1.57
17 Dementia, including Alzheimer's Disease	6	0.79
18 Dental pain	2	0.26
19 Depression	4	0.52
20 Diabetes	6	0.79
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	2	0.26
23 Excessive use of alcohol or tobacco	3	0.39
24 Fibromyalgia	3	0.39
25 Fracture, bone/joint injury	23	3.01
26 Gout	2	0.26
27 Gum disease	0	0.00
28 Gynecologic problem	1	0.13
29 Hay fever	1	0.13
30 Hearing problem	1	0.13
31 Heart attack 32 Other heart condition or disease	6	0.79
	18	2.36
33 Hernia	0	0.00 0.79
34 Hypertension	6 2	0.79
35 Inflammatory bowel disease	33	4.33
36 Influenza or pneumonia 37 Insomnia or trouble sleeping	3 3 4	0.52
38 Irritable bowel	1	0.32
39 Jaw pain	1	0.13
40 Joint pain or stiffness/other joint condition	21	2.75
41 Knee problems (not arthritis, not joint injury)	4	0.52
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	1	0.13
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	7	0.92
47 Menopause	7	0.92
48 Menstrual problems	3	0.39
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	238	31.19
52 Other developmental problem	7	0.92
53 Other injury	8	1.05
- J 1	ŭ	

Unweighted Frequencies

ALT.716\_00.000: Condition for which second vitamin supplement was taken to prevent the most

AVT_CMPB	Frequency	Percent
54 Other nerve damage, including carpal tunnel syndrome	3	0.39
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	5	0.66
58 Prostate trouble or impotence	3	0.39
59 Regular headaches	2	0.26
60 Rheumatoid arthritis	1	0.13
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	1	0.13
65 Skin problems	4	0.52
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	1	0.13
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	1	0.13
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	2	0.26
75 Weak or failing kidneys	0	0.00
76 Weight problem	0	0.00
77 Back pain or problem	1	0.13
78 Head or chest cold	30	3.93
79 Neck pain or problem	1	0.13
80 Severe headache or migraine	1	0.13
81 Stomach or intestinal illness	3	0.39
82 Other - specify	150	19.66
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	4	0.52

Frequency Missing = 22630

ALT.718\_00.000: Let conventional medical professional know about use of vitamins

AVTDISC	Frequency	Percent
1 Yes	7413	58.66
2 No	5109	40.43
7 Refused	7	0.06
8 Not ascertained	12	0.09
9 Don't know	96	0.76

ALT.720\_01.000: Let medical doctor (including specialists) know about use of vitamins

AVTPRF1	Frequency	Percent
1 Mentioned	7205	97.19
2 Not mentioned	206	2.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 15980

ALT.720\_02.000: Let Doctor of Osteopathy (D.O.) know about use of vitamins

AVTPRF2	Frequency	Percent
1 Mentioned	151	2.04
2 Not mentioned	7260	97.94
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 15980

ALT.720\_03.000: Let nurse practitioner/physician assistant know about use of vitamins

AVTPRF3	Frequency	Percent
1 Mentioned	 317	4.28
2 Not mentioned	7094	95.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 15980

ALT.720\_04.000: Let psychiatrist know about use of vitamins

AVTPRF4	Frequency	Percent
1 Mentioned	50	0.67
2 Not mentioned	7361	99.30
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

ALT.720\_05.000: Let dentist (including specialists) know about use of vitamins

AVTPRF5	Frequency	Percent
1 Mentioned	169	2.28
2 Not mentioned	7242	97.69
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 15980

ALT.720\_06.000: Let psychologist/social worker know about use of vitamins

AVTPRF6	Frequency	Percent
1 Mentioned	24	0.32
2 Not mentioned	7387	99.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 15980

ALT.720\_07.000: Let pharmacist know about use of vitamins

AVTPRF7	Frequency	Percent
1 Mentioned	110	1.48
2 Not mentioned	7301	98.49
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.03

Frequency Missing = 15980

ALT.722\_01.000: How often herbal supplements are purchased: Number

AHB_OFTN	Frequency	Percent
000 Never	115	3.92
001-995 1-995 times	2636	89.90
997 Refused	11	0.38
998 Not ascertained	7	0.24
999 Don't know	163	5.56

ALT.722\_02.000: How often herbal supplements are purchased: Time period

AHB_OFTT	Frequency	Percent
0 Never	114	3.89
1 Day	52	1.77
2 Week	46	1.57
3 Month	1025	34.96
4 Year	1514	51.64
7 Refused	11	0.38
8 Not ascertained	7	0.24
9 Don't know	163	5.56

Frequency Missing = 20461

ALT.724\_00.000: Amount spent last time herbal supplements were purchased

AHB_COST	Frequency	Percent
1 Under \$15	734	26.12
2 \$15-\$29	760	27.05
3 \$30-\$59	653	23.24
4 \$60-\$89	252	8.97
5 \$90-\$119	126	4.48
6 \$120 or more	146	5.20
7 Refused	12	0.43
8 Not ascertained	0	0.00
9 Don't know	127	4.52

Frequency Missing = 20583

ALT.726\_01.000: How often vitamins or minerals are purchased: Number

AVT_OFTN	Frequency	Percent
000 Never	241	2.20
001-995 1-995 times	10017	91.45
997 Refused	31	0.28
998 Not ascertained	19	0.17
999 Don't know	645	5.89

ALT.726\_02.000: How often vitamins or minerals are purchased: Time period

AVT_OFTT	Frequency	Percent
0 Never	241	2.20
1 Day	462	4.22
2 Week	94	0.86
3 Month	3715	33.92
4 Year	5746	52.46
7 Refused	31	0.28
8 Not ascertained	19	0.17
9 Don't know	645	5.89

Frequency Missing = 12440

ALT.728\_00.000: Amount spent the last time vitamins or minerals were purchased

AVT_COST	Frequency	Percent
1 Under \$15	4510	42.18
2 \$15-\$29 3 \$30-\$59	3105 1633	29.04 15.27
4 \$60-\$89	420	3.93
5 \$90-\$119	167	1.56
6 \$120 or more	194	1.81
7 Refused	38	0.36
8 Not ascertained	0	0.00
9 Don't know	626	5.85

Frequency Missing = 12700

ALT.730\_00.000: Ever used homeopathic treatment

HOM_EVER	Frequency	Percent
1 Yes	853	3.65
2 No	21769	93.06
7 Refused	84	0.36
8 Not ascertained	648	2.77
9 Don't know	39	0.17

ALT.732\_00.000: Used homeopathic treatment, past 12 months

HOM_USEM	Frequency	Percent
1 Yes 2 No	395 456	46.31 53.46
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.23

ALT.734\_00.000: How often homeopathic medicine is purchased: Number

HOMNO	Frequency	Percent
000 Do not buy	43	10.89
001-995 1-995 times	334	84.56
997 Refused	2	0.51
998 Not ascertained	0	0.00
999 Don't know	16	4.05

Frequency Missing = 22998

ALT.736\_00.000: How often homeopathic medicine is purchased: Time period

HOMTP	Frequency	Percent
0 Do not buy	43	10.89
1 Day	12	3.04
2 Week	10	2.53
3 Month	54	13.67
4 Year	258	65.32
7 Refused	2	0.51
8 Not ascertained	0	0.00
9 Don't know	16	4.05

Frequency Missing = 22998

ALT.738\_00.000: Amount spent the last time homeopathic medicine was purchased

HOM_SPEN	Frequency	Percent
000-499 \$0-\$499	321	91.19
500 \$500 or more	0	0.00
997 Refused	3	0.85
998 Not ascertained	0	0.00
999 Don't know	28	7.95

Frequency Missing = 23041

ALT.740\_00.000: Used homeopathic treatment for a specific health problem or condition

HOM_TRET	Frequency	Percent
1 Yes	312	78.99
2 No	82	20.76
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.742\_01.000: Used homeopathic treatment for acid reflux or heartburn

HOMCND01	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_02.000: Used homeopathic treatment for angina

HOMCND02	Frequency	Percent
1 26	1	0.22
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_03.000: Used homeopathic treatment for anxiety

HOMCND03	Frequency	Percent
1 Mentioned	9	2.88
2 Not mentioned	300	96.15
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_04.000: Used homeopathic treatment for asthma

HOMCND04	Frequency	Percent
1 Mentioned	5	1.60
2 Not mentioned	304	97.44
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_05.000: Used homeopathic treatment for arthritis

HOMCND05	Frequency	Percent
1 Mentioned	11	3.53
2 Not mentioned	298	95.51
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_06.000: Used homeopathic treatment for Attention Deficit Disorder/Hyperactivity

HOMCND06	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_07.000: Used homeopathic treatment for autism

HOMCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_08.000: Used homeopathic treatment for benign tumors, cysts

HOMCND08	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_09.000: Used homeopathic treatment for bipolar disorder

HOMCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_10.000: Used homeopathic treatment for birth defect

HOMCND10	Frequency	Percent
1 Mentioned	·	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_11.000: Used homeopathic treatment for cancer

HOMCND11	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_12.000: Used homeopathic treatment for cholesterol

HOMCND12	Frequency	Percent
1 Mentioned	3	0.96
2 Not mentioned	306	98.08
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

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ALT.742\_13.000: Used homeopathic treatment for chronic bronchitis

HOMCND13	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_14.000: Used homeopathic treatment for circulation problems (other than in the legs)

HOMCND14	Frequency	Percent
1 Mentioned 2 Not mentioned	0 309	0.00
7 Refused	1	0.32
8 Not ascertained 9 Don't know	0 2	0.00 0.64

Frequency Missing = 23081

ALT.742\_15.000: Used homeopathic treatment for constipation severe enough to require medication

HOMCND15	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_16.000: Used homeopathic treatment for coronary heart disease

HOMCND16	Frequency	Percent
1 Mentioned	 5	1.60
2 Not mentioned	304	97.44
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_17.000: Used homeopathic treatment for dementia, including Alzheimer's Disease

HOMCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_18.000: Used homeopathic treatment for dental pain

HOMCND18	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_19.000: Used homeopathic treatment for depression

HOMCND19	Frequency	Percent
1 Mentioned	5	1.60
2 Not mentioned	304	97.44
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_20.000: Used homeopathic treatment for diabetes

HOMCND20	Frequency	Percent
1 Mentioned	5	1.60
2 Not mentioned	304	97.44
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_21.000: Used homeopathic treatment for emphysema

HOMCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_22.000: Used homeopathic treatment for excessive sleepiness during the day

HOMCND22	Frequency	Percent
1 Mentioned	 0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_23.000: Used homeopathic treatment for excessive use of alcohol or tobacco

HOMCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_24.000: Used homeopathic treatment for fibromyalgia

HOMCND24	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_25.000: Used homeopathic treatment for fracture, bone/joint injury

HOMCND25	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_26.000: Used homeopathic treatment for gout

HOMCND26	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_27.000: Used homeopathic treatment for gum disease

HOMCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_28.000: Used homeopathic treatment for gynecologic problem

HOMCND28	Frequency	Percent
1 Mentioned	4	1.28
2 Not mentioned	305	97.76
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_29.000: Used homeopathic treatment for hay fever

HOMCND29	Frequency	Percent
1 Mentioned	 14	4.49
2 Not mentioned	295	94.55
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_30.000: Used homeopathic treatment for hearing problem

HOMCND30	Frequency	Percent
1 Mentioned	 3	0.96
2 Not mentioned	3 306	98.08
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_31.000: Used homeopathic treatment for heart attack

HOMCND31	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_32.000: Used homeopathic treatment for other heart condition or disease

HOMCND32	Frequency	Percent
1 Mentioned	 1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_33.000: Used homeopathic treatment for hernia

HOMCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_34.000: Used homeopathic treatment for hypertension

H	OMCND34	Frequency	Percen
	Mentioned	1	0.32
2	Not mentioned	308	98.72
7	Refused	1	0.32
8	Not ascertained	0	0.00
9	Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_35.000: Used homeopathic treatment for inflammatory bowel disease

HOMCND35	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_36.000: Used homeopathic treatment for influenza or pneumonia

HOMCND36	Frequency	Percent
1 Mentioned	8	2.56
2 Not mentioned	301	96.47
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Unweighted Frequencies

ALT.742\_37.000: Used homeopathic treatment for insomnia or trouble sleeping

HOMCND37	Frequency	Percent
1 Mentioned	 1 4	4.49
2 Not mentioned	295	94.55
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_38.000: Used homeopathic treatment for irritable bowel

HOMCND38	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_39.000: Used homeopathic treatment for jaw pain

HOMCND39	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_40.000: Used homeopathic treatment for joint pain or stiffness/other joint condition

HOMCND40	Frequency	Percent
1 Mentioned	8	2.56
2 Not mentioned	301	96.47
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_41.000: Used homeopathic treatment for knee problems (not arthritis, not joint injury)

HOMCND41	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_42.000: Used homeopathic treatment for liver problem

HOMCND42	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_43.000: Used homeopathic treatment for lung/breathing problem (not already listed)

HOMCND43	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_44.000: Used homeopathic treatment for lupus

HOMCND44	Frequency	Percent
1 Mentioned 2 Not mentioned	1 308	0.32 98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_45.000: Used homeopathic treatment for mania or psychosis

HOMCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_46.000: Used homeopathic treatment for memory loss or loss of other cognitive function

HOMCND46	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_47.000: Used homeopathic treatment for menopause

HOMCND47	Frequency	Percent
1 20	1.0	2 01
1 Mentioned	10	3.21
2 Not mentioned	299	95.83
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_48.000: Used homeopathic treatment for menstrual problems

HOMCND48	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_49.000: Used homeopathic treatment for mental retardation

HOMCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_50.000: Used homeopathic treatment for missing limbs (fingers, toes or digits), amputee

HOMCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_51.000: Used homeopathic treatment for osteoporosis, tendinitis

HOMCND51	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_52.000: Used homeopathic treatment for other developmental problem

HOMC	ND52	Frequency	Percent
1 Me	ntioned	0	0.00
2 No	t mentioned	309	99.04
7 Re	fused	1	0.32
8 No	t ascertained	0	0.00
9 Do	n't know	2	0.64

ALT.742\_53.000: Used homeopathic treatment for other injury

HOMCND53	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_54.000: Used homeopathic treatment for other nerve damage, including carpal tunnel syndrome

HOMCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_55.000: Used homeopathic treatment for phobia or fears

HOMCND55	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_56.000: Used homeopathic treatment for polio (myelitis), paralysis, para/quadriplegia

HOMCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2.	0.64

ALT.742\_57.000: Used homeopathic treatment for poor circulation in legs

Frequency	Percent
1	0.32
308	98.72
1	0.32
0	0.00
2	0.64
	1

Frequency Missing = 23081

ALT.742\_58.000: Used homeopathic treatment for prostate trouble or impotence

HOMCND58	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_59.000: Used homeopathic treatment for regular headaches

HOMCND59	Frequency	Percent
1 Mentioned	6	1.92
2 Not mentioned	303	97.12
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_60.000: Used homeopathic treatment for rheumatoid arthritis

HOMCND60	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_61.000: Used homeopathic treatment for schizophrenia

HOMCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_62.000: Used homeopathic treatment for seizures

HC	DMCND62	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	309	99.04
7	Refused	1	0.32
8	Not ascertained	0	0.00
9	Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_63.000: Used homeopathic treatment for senility

HOMCND63	Frequency	Percent
1 Mentioned 2 Not mentioned	0 309	0.00
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_64.000: Used homeopathic treatment for sinusitis

HOMCND64	Frequency	Percent
1 Mentioned	16	5.13
2 Not mentioned	293	93.91
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_65.000: Used homeopathic treatment for skin problems

HOMCND65	Frequency	Percent
1 Mentioned	12	3.85
2 Not mentioned	297	95.19
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_66.000: Used homeopathic treatment for sprain or strain

HOMCND66	Frequency	Percent
1 Mentioned	5	1.60
2 Not mentioned	304	97.44
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_67.000: Used homeopathic treatment for stroke

HOMCND67	Frequency	Percent
1 Mentioned 2 Not mentioned	0 309	0.00
7 Refused 8 Not ascertained	1	0.32
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_68.000: Used homeopathic treatment for substance abuse, other than alcohol or tobacco

HOMCND68	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_69.000: Used homeopathic treatment for other (specify)

HOMCND69	Frequency	Percent
1 Mentioned	4	1.28
2 Not mentioned	305	97.76
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_70.000: Used homeopathic treatment for other (specify)

HOMCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_71.000: Used homeopathic treatment for ulcer

HOMCND71	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_72.000: Used homeopathic treatment for urinary problem

HOMCND72	Frequency	Percent
1 Mentioned	4	1.28
2 Not mentioned	305	97.76
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Unweighted Frequencies

ALT.742\_73.000: Used homeopathic treatment for varicose veins, hemorrhoids

HOMCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	309	99.04
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_74.000: Used homeopathic treatment for vision problem

HOMCND74	Frequency	Percent
1 Mantianal		1 00
1 Mentioned	6	1.92
2 Not mentioned	303	97.12
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_75.000: Used homeopathic treatment for weak or failing kidneys

HOMCND75	Frequency	Percent
1 Mentioned	1	0.32
2 Not mentioned	308	98.72
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_76.000: Used homeopathic treatment for weight problem

HOMCND76	Frequency	Percent
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_77.000: Used homeopathic treatment for back pain or problem

HOMCND77	Frequency	Percent
1 Mentioned	 14	4.49
2 Not mentioned	295	94.55
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_78.000: Used homeopathic treatment for head or chest cold

HOMCND78	Frequency	Percent
1 Mentioned	82	26.28
	02	
2 Not mentioned	227	72.76
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_79.000: Used homeopathic treatment for neck pain or problem

HOMCND79	Frequency	Percent
1 Mentioned	7	2.24
2 Not mentioned	302	96.79
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_80.000: Used homeopathic treatment for severe headache or migraine

HOMCND80	Frequency	Percent
1 Mentioned	10	3.21
2 Not mentioned	299	95.83
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Unweighted Frequencies

ALT.742\_81.000: Used homeopathic treatment for stomach or intestinal illness

HOMCND81	Frequency	Percent
1 Mentioned	12	3.85
2 Not mentioned	297	95.19
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_82.000: Used homeopathic treatment for other (specify)

HOMCND82	Frequency	Percent
1 Mentioned	20	6.41
2 Not mentioned	289	92.63
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_83.000: Used homeopathic treatment for anemia and other blood disorders

HOMCND83	Frequency	Percent
1 Mentioned	3	0.96
2 Not mentioned	306	98.08
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_84.000: Used homeopathic treatment for other allergies

HOMCND84	Frequency	Percent
1 Mentioned	15	4.81
2 Not mentioned	294	94.23
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

ALT.742\_85.000: Used homeopathic treatment for other infectious diseases and problems of the immune system

HOMCND85	Frequency	Percent
1 Mentioned	11	3.53
2 Not mentioned	298	95.51
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_86.000: Used homeopathic treatment for other musculoskeletal

HOMCND86	Frequency	Percent
1 Mentioned	11	3.53
2 Not mentioned	298	95.51
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_87.000: Used homeopathic treatment for stress

HOMCND87	Frequency	Percent
1 24 1 2		0.64
1 Mentioned	2	0.64
2 Not mentioned	307	98.40
7 Refused	1	0.32
8 Not ascertained	0	0.00
9 Don't know	2	0.64

Frequency Missing = 23081

ALT.742\_91.000: Condition count for homeopathic treatment

HOMCONCT	Frequency	Percent
01-40 1-40 conditions	309	99.04
97 Refused	1	0.32
98 Not ascertained	0	0.00
99 Don't know	2	0.64

ALT.743\_00.000: Used homeopathic treatment for other (specify)

HOM_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	0.87
Verbatim response	114	99.13

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.744\_00.000: Condition for which homeopathic treatment was used the most

HOM_MOST	Frequency	Percent
01 Acid reflux or heartburn	1	0.32
02 Angina	1	0.32
03 Anxiety	5	1.62
04 Asthma	2	0.65
05 Arthritis	10	3.24
06 Attention Deficit Disorder/Hyperactivity	1	0.32
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	2	0.65
12 Cholesterol	2	0.65
13 Chronic Bronchitis	1	0.32
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	1	0.32
16 Coronary heart disease	5	1.62
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	1	0.32
19 Depression	2	0.65
20 Diabetes	4	1.29
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	2	0.65
25 Fracture, bone/joint injury	0	0.00
26 Gout	1	0.32
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	12	3.88
30 Hearing problem	1	0.32
31 Heart attack	1	0.32
32 Other heart condition or disease	1	0.32
33 Hernia	0	0.00
34 Hypertension	1	0.32
35 Inflammatory bowel disease	1	0.32
36 Influenza or pneumonia	1	0.32
37 Insomnia or trouble sleeping	7	2.27
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	6	1.94
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	1	0.32
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	1	0.32
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive functions	0	0.00
47 Menopause	5	1.62
48 Menstrual problems	1	0.32
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	1	0.32
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

ALT.744\_00.000: Condition for which homeopathic treatment was used the most

HOM_MOST	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	1	0.32
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	4	1.29
60 Rheumatoid arthritis	1	0.32
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	6	1.94
65 Skin problems	5	1.62
66 Sprain or strain	1	0.32
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	1	0.32
69 Filled problem	3	0.97
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	3	0.97
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problems	3	0.97
75 Weak or failing kidneys	0	0.00
76 Weight problems	2	0.65
77 Back pain or problem	11	3.56
78 Head or chest cold	63	20.39
79 Neck pain or problem	1	0.32
80 Severe headache or migraine	4	1.29
81 Stomach or intestinal illness	9	2.91
82 Other - specify	110	35.60
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23084

ALT.746\_01.000: Received no conventional medical treatment for condition for which homeopathic treatment was used the most

HOMMED00	Frequency	Percent
1 Mentioned	176	56.96
2 Not mentioned	131	42.39
7 Refused	0	0.00
8 Not ascertained	1	0.32
9 Don't know	1	0.32

ALT.746\_02.000: Received prescription medications for condition for which homeopathic treatment was used the most

HOMMED01	Frequency	Percent
1 Mentioned	87	28.16
2 Not mentioned	220	71.20
7 Refused	0	0.00
8 Not ascertained	1	0.32
9 Don't know	1	0.32

Frequency Missing = 23084

ALT.746\_03.000: Received over-the-counter medications for condition for which homeopathic treatment was used the most

HOMMED02	Frequency	Percent
1 Mentioned	72	23.30
2 Not mentioned	235	76.05
7 Refused	0	0.00
8 Not ascertained	1	0.32
9 Don't know	1	0.32

Frequency Missing = 23084

ALT.746\_04.000: Received surgery for condition for which homeopathic treatment was used the most

HOMMED03	Frequency	Percent
1 Mentioned	10	3.24
2 Not mentioned	297	96.12
7 Refused	0	0.00
8 Not ascertained	1	0.32
9 Don't know	1	0.32

Frequency Missing = 23084

ALT.746\_05.000: Received physical therapy for condition for which homeopathic treatment was used the most

HOMMED04	Frequency	Percent
1 Mentioned	 8	2.59
2 Not mentioned	299	96.76
7 Refused	0	0.00
8 Not ascertained	1	0.32
9 Don't know	1	0.32

ALT.746\_06.000: Received mental health counseling for condition for which homeopathic treatment was used the most

HOMMED05	Frequency	Percent
1 Mentioned	8	2.59
2 Not mentioned	299	96.76
7 Refused	0	0.00
8 Not ascertained	1	0.32
9 Don't know	1	0.32

Frequency Missing = 23084

ALT.748\_01.000: Time received prescription medications for condition for which homeopathic treatment was used the most

Frequency	Percent
45	51.72
27	31.03
13	14.94
0	0.00
0	0.00
2	2.30
	45 27

Frequency Missing = 23306

ALT.748\_02.000: Time received over-the-counter medications for condition for which homeopathic treatment was used the most

HOM_TIM2	Frequency	Percent
1 Before	29	40.28
2 At about the same time	29	40.28
3 After	13	18.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	1.39

ALT Variables Wednesday, June Unweighted Frequencies

ALT.748\_03.000: Time received surgery for condition for which homeopathic treatment was used the most

HOM_TIM3	Frequency	Percent
1 Before	 6	60.00
2 At about the same time	2	20.00
3 After	1	10.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	10.00

Frequency Missing = 23383

ALT.748\_04.000: Time received physical therapy for condition for which homeopathic treatment was used the most

HOM_TIM4	Frequency	Percent
1 Before	6	75.00
2 At about the same time	1	12.50
3 After	1	12.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23385

ALT.748\_05.000: Time received mental health counseling for condition for which homeopathic treatment was used the most

HOM_TIM5	Frequency	Percent
1 Before	3	37.50
2 At about the same time	2	25.00
3 After	2	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	12.50

Frequency Missing = 23385

ALT.750\_00.000: Used homeopathic treatment to improve or enhance energy

HOM_ENG	Frequency	Percent
1 Yes	107	27.09
2 No	287	72.66
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.752\_00.000: Used homeopathic treatment for general wellness or general disease prevention

HOM_WEL	Frequency	Percent
1 Yes	239	60.51
2 No	155	39.24
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22998

ALT.754\_00.000: Used homeopathic treatment to improve or enhance immune function

HOM_IMM	Frequency	Percent
1 Yes	 175	44.30
	= . 0	
2 No	219	55.44
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22998

ALT.756\_00.000: Used homeopathic treatment because medical treatments did not help

HOM_NOHP	Frequency	Percent
1 Yes	79	20.00
2 No	311	78.73
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	4	1.01

Frequency Missing = 22998

ALT.758\_00.000: Used homeopathic treatment because medical treatments were too expensive

HOM_EXPS	Frequency	Percent
1 Yes	39	9.87
2 No	355	89.87
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.760\_00.000: Used homeopathic treatment because it was recommended by a health care provider

HOM_SUGG	Frequency	Percent
1 Yes	 74	18.73
2 No	320	81.01
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22998

ALT.762\_00.000: Used homeopathic treatment because it was recommended by family, friends, or co-workers

HOM_FFC	Frequency	Percent
1 Yes	178	45.06
2 No	216	54.68
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22998

ALT.764\_00.000: Ever saw a practitioner for homeopathic treatment

HOM_PRAC	Frequency	Percent
1 Yes	141	35.70
2 No	253	64.05
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22998

ALT.766\_00.000: Saw practitioner for homeopathic treatment, past 12 months

HOM_YR	Frequency	Percent
1 Yes	88	62.41
2 No	53	37.59
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.768\_00.000: Number of times saw practitioner for homeopathic treatment

HOM_NUM	Frequency	Percent
1 Only one time 2 2-5 times 3 6-10 times 4 11-15 times	28 43 11 1	31.82 48.86 12.50 1.14
5 16-20 times	0	0.00
6 More than 20 times	5	5.68
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23305

ALT.770\_00.000: Amount paid per visit to practitioner for homeopathic treatment

HOM_PAY	Frequency	Percent
000-499 \$0-\$499	 78	88.64
500 \$500 or more	1	1.14
997 Refused	0	0.00
998 Not ascertained	9	10.23
999 Don't know	0	0.00

Frequency Missing = 23305

ALT.772\_00.000: Let conventional medical professional know about use of homeopathic treatment

HOMDISC	Frequency	Percent
1 Yes 2 No	145 248	36.71 62.78
7 Refused	1	0.25
8 Not ascertained	0	0.00
9 Don't know	1	0.25

Frequency Missing = 22998

ALT.774\_01.000: Let medical doctor (including specialists) know about use of homeopathic treatment

HOMPRF1	Frequency	Percent
1 Mentioned	140	96.55
2 Not mentioned	5	3.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.774\_02.000: Let Doctor of Osteopathy (D.O.) know about use of homeopathic treatment

HOMPRF2	Frequency	Percent
1 Mentioned	4	2.76
2 Not mentioned	141	97.24
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23248

ALT.774\_03.000: Let nurse practitioner/physician assistant know about use of homeopathic treatment

HOMPRF3	Frequency	Percent
1 Mentioned	9	6.21
2 Not mentioned	136	93.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23248

ALT.774\_04.000: Let psychiatrist know about use of homeopathic treatment

HOMPRF4	Frequency	Percent
1 Mentioned	2	1.38
2 Not mentioned	143	98.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23248

ALT.774\_05.000: Let dentist (including specialists) know about use of homeopathic treatment

HOMPRF5	Frequency	Percent
1 Mentioned	3	2.07
2 Not mentioned	142	97.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.774\_06.000: Let psychologist/social worker know about use of homeopathic treatment

HOMPRF6	Frequency	Percent
1 Mentioned	2	1.38
2 Not mentioned	143	98.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23248

ALT.774\_07.000: Let pharmacist know about use of homeopathic treatment

HOMPRF7	Frequency	Percent
1 Mentioned	 1	0.69
2 Not mentioned	144	99.31
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23248

ALT.776\_00.000: Ever used a vegetarian diet

DITEVER1	Frequency	Percent
1 Yes	769	3.29
2 No	21854	93.42
7 Refused	85	0.36
8 Not ascertained	655	2.80
9 Don't know	30	0.13

ALT.778\_00.000: Ever used a macrobiotic diet

DITEVER2	Frequency	Percent
1 Yes 2 No 7 Refused 8 Not ascertained	72 22552 82 656	0.31 96.40 0.35 2.80
9 Don't know	31	0.13

ALT.780\_00.000: Ever used the Atkins diet

DITEVER3	Frequency	Percent
1 Yes	917	3.92
2 No	21703	92.78
7 Refused	82	0.35
8 Not ascertained	658	2.81
9 Don't know	33	0.14

ALT.782\_00.000: Ever used the Pritikin diet

DITEVER4	Frequency	Percent
1 Yes	44	0.19
2 No	22577	96.51
7 Refused	81	0.35
8 Not ascertained	658	2.81
9 Don't know	33	0.14

ALT.784\_00.000: Ever used the Ornish diet

DITEVER5	Frequency	Percent
1		
1 Yes	26	0.11
2 No	22593	96.58
7 Refused	81	0.35
8 Not ascertained	660	2.82
9 Don't know	33	0.14

ALT.786\_00.000: Ever used the Zone diet

DITEVER6	Frequency	Percent
1 Yes	103	0.44
2 No	22514	96.24
7 Refused	82	0.35
8 Not ascertained	661	2.83
9 Don't know	33	0.14

ALT.788\_00.000: Ever used the South Beach diet

DITEVER7	Frequency	Percent
1 Yes 2 No	511 22105	2.18 94.49
7 Refused	82	0.35
<pre>8 Not ascertained 9 Don't know</pre>	662 33	2.83 0.14

ALT.790\_00.000: Used a vegetarian diet, past 12 months

DITUSEM1	Frequency	Percent
1 Yes	368	47.85
2 No	401	52.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22624

ALT.792\_00.000: Used a macrobiotic diet, past 12 months

DI	TUSEM2	Frequency	Percent
1	Yes	19	26.39
2	No	53	73.61
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23321

ALT.794\_00.000: Used the Atkins diet, past 12 months

D.	ITUSEM3	Frequency	Percent
1	Yes	252	27.48
2	No	664	72.41
7	Refused	0	0.00
8	Not ascertained	1	0.11
9	Don't know	0	0.00

Frequency Missing = 22476

ALT.796\_00.000: Used the Pritikin diet, past 12 months

DITUSEM4	Frequency	Percent
1 Yes	7	15.91
2 No	37	84.09
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.798\_00.000: Used the Ornish diet, past 12 months

DITUSEM5	Frequency	Percent
1 Yes	7	26.92
2 No	19	73.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23367

ALT.800\_00.000: Used the Zone diet, past 12 months

DITUSEM6	Frequency	Percent
1 Yes	23	22.33
2 No	79	76.70
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.97

Frequency Missing = 23290

ALT.802\_00.000: Used the South Beach diet, past 12 months

DITUSEM7	Frequency	Percent
1 Yes	233	45.60
2 No	277	54.21
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.20

Frequency Missing = 22882

ALT.803\_00.000: Number of special diets used

DITUSECT	Frequency	Percent
1-7 special diets	817	100.00

ALT.804\_00.000: Special diet used the most

DIT_DMST	Frequency	Percent
01 Vegetarian	352	43.08
02 Macrobiotic	11	1.35
03 Atkins	223	27.29
04 Pritikin	4	0.49
05 Ornish	3	0.37
06 Zone	19	2.33
07 South Beach	204	24.97
97 Refused	0	0.00
98 Not Ascertained	0	0.00
99 Don't Know	1	0.12

Frequency Missing = 22576

ALT.806\_00.000: Used special diet for weight control or weight loss

DIT_WGHT	Frequency	Percent
1 Yes	567	69.49
2 No	249	30.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22577

ALT.808\_00.000: Used a special diet to treat a specific health problem or condition

DIT_TRET	Frequency	Percent
1 37	1	10.00
1 Yes	155	19.00
2 No	661	81.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22577

ALT.810\_01.000: Used a special diet for acid reflux or heartburn

DITCND01	Frequency	Percent
1 Mentioned	7	4.52
2 Not mentioned	148	95.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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Unweighted Frequencies

ALT.810\_02.000: Used a special diet for angina

DITCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_03.000: Used a special diet for anxiety

DITCND03	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_04.000: Used a special diet for asthma

DITCND04	Frequency	Percent
1 Mentioned	2	1.29
2 Not mentioned	153	98.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_05.000: Used a special diet for arthritis

DITCND05	Frequency	Percent
1 Mentioned	7	4.52
2 Not mentioned	148	95.48
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Unweighted Frequencies

ALT.810\_06.000: Used a special diet for Attention Deficit Disorder/Hyperactivity

DITCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_07.000: Used a special diet for autism

DI	TCND07	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	155	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_08.000: Used a special diet for benign tumors, cysts

DITCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_09.000: Used a special diet for bipolar disorder

DITCND09	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_10.000: Used a special diet for birth defect

DITCND10	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_11.000: Used a special diet for cancer

DITCND11	Frequency	Percent
1 Mentioned	 1	 0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_12.000: Used a special diet for cholesterol

DITCND12	Frequency	Percent
1 Mentioned	39	25.16
2 Not mentioned	116	74.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_13.000: Used a special diet for chronic bronchitis

DITCND13	Frequency	Percent
1		
1 Mentioned	Ü	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_14.000: Used a special diet for circulation problems (other than in the legs)

DITCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_15.000: Used a special diet for constipation severe enough to require medication

DITCND15	Frequency	Percent
1 Mentioned	3	1.94
2 Not mentioned	152	98.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_16.000: Used a special diet for coronary heart disease

DITCND16	Frequency	Percent
1 Mentioned	3	1.94
2 Not mentioned	152	98.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_17.000: Used a special diet for dementia, including Alzheimer's Disease

DITCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_18.000: Used a special diet for dental pain

DITCND18	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_19.000: Used a special diet for depression

DITCN	D19	Frequency	Percent
1 Men	tioned	1	0.65
2 Not	mentioned	154	99.35
7 Ref	used	0	0.00
8 Not	ascertained	0	0.00
9 Don	't know	0	0.00

Frequency Missing = 23238

ALT.810\_20.000: Used a special diet for diabetes

DITCND20	Frequency	Percent
1 Mantiana	31	20.00
1 Mentioned		20.00
2 Not mentioned	124	80.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_21.000: Used a special diet for emphysema

DITCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_22.000: Used a special diet for excessive sleepiness during the day

DITCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_23.000: Used a special diet for excessive use of alcohol or tobacco

D.	ITCND23	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	155	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_24.000: Used a special diet for fibromyalgia

DITCND24	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_25.000: Used a special diet for fracture, bone/joint injury

DITCND25	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_26.000: Used a special diet for gout

DITCND26	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_27.000: Used a special diet for gum disease

D.	ITCND27	Frequency	Percen
1	Mentioned	1	0.65
2	Not mentioned	154	99.35
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_28.000: Used a special diet for gynecologic problem

DITCND28	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_29.000: Used a special diet for hay fever

DITCND29	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned 7 Refused	154 0	99.35 0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_30.000: Used a special diet for hearing problem

DITCND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_31.000: Used a special diet for heart attack

DITCND31	Frequency	Percent
1 Mentioned	3	1.94
2 Not mentioned	152	98.06
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_32.000: Used a special diet for other heart condition or disease

DITCND32	Frequency	Percent
1 Mentioned	2	1.29
2 Not mentioned	153	98.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_33.000: Used a special diet for hernia

DITCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_34.000: Used a special diet for hypertension

DITCND34	Frequency	Percent
1 Mentioned	10	6.45
2 Not mentioned	145	93.55
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_35.000: Used a special diet for inflammatory bowel disease

D.	ITCND35	Frequency	Percent
1	Mentioned	3	1.94
2	Not mentioned	152	98.06
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_36.000: Used a special diet for influenza or pnemonia

D.	ITCND36	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	155	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_37.000: Used a special diet for insomnia or trouble sleeping

DITCND37	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_38.000: Used a special diet for irritable bowel

DITCND38	Frequency	Percent
1 Mentioned	5	3.23
2 Not mentioned	150	96.77
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_39.000: Used a special diet for jaw pain

DITCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_40.000: Used a special diet for joint pain or stiffnes/other joint condition

DITCND40	Frequency	Percent
1 Mentioned	6	3.87
2 Not mentioned	149	96.13
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_41.000: Used a special diet for knee problems (not arthritis, not joint injury)

DITCND41	Frequency	Percent
1 Mentioned 2 Not mentioned	0 155	0.00 100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0 00

ALT.810\_42.000: Used a special diet for liver problem

DITCND42	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_43.000: Used a special diet for lung/breathing problem (not already listed)

DITCND43	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_44.000: Used a special diet for lupus

DITCND44	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	0 155 0	0.00 100.00 0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_45.000: Used a special diet for mania or psychosis

DITCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_46.000: Used a special diet for memory loss or loss of other cognitive function

DITCND46	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_47.000: Used a special diet for menopause

DITCND47	Frequency	Percent
1		
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_48.000: Used a special diet for menstrual problems

DITCND48	Frequency	Percent
1 Mentioned	۰	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_49.000: Used a special diet for mental retardation

DIT	CND49	Frequency	Percent
1 M	Mentioned	0	0.00
2 N	ot mentioned	155	100.00
7 R	efused	0	0.00
8 N	ot ascertained	0	0.00
9 D	on't know	0	0.00

ALT.810\_50.000: Used a special diet for missing limbs (fingers, toes or digits), amputee

DITCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_51.000: Used a special diet for osteoporosis, tendinitis

DITCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_52.000: Used a special diet for other developmental problems

DITCND52	Frequency	Percent
1		
1 Mentioned	Ü	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_53.000: Used a special diet for other injury

DI	TCND53	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	155	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

ALT.810\_54.000: Used a special diet for other nerve damage, including carpal tunnel syndrome

DITCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_55.000: Used a special diet for phobia or fears

DITCND55	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_56.000: Used a special diet for polio (myelitis), paralysis, para/quadriplegia

DITCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_57.000: Used a special diet for poor circulation in legs

DITCND57	Frequency	Percent
1 Mentioned	2	1.29
2 Not mentioned	153	98.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_58.000: Used a special diet for prostate trouble or impotence

DITCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_59.000: Used a special diet for regular headaches

DI'	TCND59	Frequency	Percent
1 1	 Mentioned	 1	0.65
_	Not mentioned	154	99.35
7	Refused	0	0.00
8	Not ascertained	0	0.00
9 :	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_60.000: Used a special diet for rheumatoid arthritis

DITCND60	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_61.000: Used a special diet for schizophrenia

DITCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_62.000: Used a special diet for seizures

DITCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_63.000: Used a special diet for senility

DITCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_64.000: Used a special diet for sinusitis

DITCND64	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_65.000: Used a special diet for skin problems

DITCND65	Frequency	Percent
1 Mentioned	2:	1.29
2 Not mentioned	153	98.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_66.000: Used a special diet for sprain or strain

DITCND66	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_67.000: Used a special diet for stroke

DITCND67	Frequency	Percent
1 Mentioned	0	0.00
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	155 0	100.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_68.000: Used a special diet for substance abuse, other than alcohol or tobacco

DITCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_69.000: Used a special diet for other (specify)

D.	ITCND69	Frequency	Percent
1	Mentioned	1	0.65
2	Not mentioned	154	99.35
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

ALT.810\_70.000: Used a special diet for other (specify)

DITCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_71.000: Used a special diet for ulcer

D.	ITCND71	Frequency	Percent
1	Mentioned	0	0.00
2	Not mentioned	155	100.00
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_72.000: Used a special diet for urinary problem

DITCND72	Frequency	Percent
1 Mentioned	2	1.29
2 Not mentioned	153	98.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_73.000: Used a special diet for varicose veins, hemorrhoids

DITCND73	Frequency	Percent
1 Mentioned 2 Not mentioned	0 155	0.00 100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_74.000: Used a special diet for vision problem

DITCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_75.000: Used a special diet for weak or failing kidneys

DITCND75	Frequency	y Percen
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertain	ied 0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_76.000: Used a special diet for weight problem

DITCND76	Frequency	Percent
1 Mentioned	9	5.81
2 Not mentioned	146	94.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_77.000: Used a special diet for back pain or problem

DITCND77	Frequency	Percent
1 Mentioned	5	3.23
2 Not mentioned	150	96.77
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_78.000: Used a special diet for head or chest cold

DITCND78	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_79.000: Used a special diet for neck painn or problem

DITCND79	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	154	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_80.000: Used a special diet for severe headache or migraine

D	ITCND80	Frequency	Percent
			1 04
Τ	Mentioned	3	1.94
2	Not mentioned	152	98.06
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_81.000: Used a special diet for stomach or intestinal illness

DITCND81	Frequency	Percent
1 Mentioned	13	8.39
2 Not mentioned	142	91.61
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.810\_82.000: Used a special diet for other (specify)

DITCND82	Frequency	Percent
1 Mentioned	15	9.68
2 Not mentioned	140	90.32
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_83.000: Used a special diet for anemia and other blood disorders

DITCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_84.000: Used a special diet for other allergies

DITCND84	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned 7 Refused	154	99.35 0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_85.000: Used a special diet for other infectious diseases and problems of the immune system

Frequency	Percent
2	1.29
153	98.71
0	0.00
0	0.00
0	0.00
	2

ALT.810\_86.000: Used a special diet for other musculoskeletal

DITCND86	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_87.000: Used a special diet for stress

DITCND87	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	155	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23238

ALT.810\_91.000: Condition count for special diets

DITCONCT	Frequency	Percent
01-40 1-40 conditions	155	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

Frequency Missing = 23238

ALT.811\_00.000: Used special diet for other (specify)

DIT_SPEC	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	49	100.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.812\_00.000: Condition for which a special diet was used the most

DIT_MOST	Frequency	Percent
01 Acid reflux or heartburn	4	2.58
02 Angina	0	0.00
03 Anxiety	1	0.65
04 Asthma	1	0.65
05 Arthritis	5	3.23
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	0	0.00
10 Birth defect	0	0.00
11 Cancer	1	0.65
12 Cholesterol	24	15.48
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	1	0.65
16 Coronary heart disease	1	0.65
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	0	0.00
20 Diabetes	23	14.84
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	0	0.00
25 Fracture, bone/joint injury	0	0.00
26 Gout	1	0.65
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	1	0.65
30 Hearing problem	0	0.00
31 Heart attack	3	1.94
32 Other heart condition or disease	1	0.65
33 Hernia	0	0.00
34 Hypertension	7	4.52
35 Inflammatory bowel disease	2	1.29
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	0	0.00
38 Irritable bowel	4	2.58
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	2	1.29
41 Knee problems (not arthritis, not joint injury)	0	0.00
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	0	0.00
44 Lupus	0	0.00
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.812\_00.000: Condition for which a special diet was used the most

DIT_MOST	Frequency	Percent
55 Phobia or fears	1	0.65
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	0	0.00
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	1	0.65
60 Rheumatoid arthritis	1	0.65
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	0	0.00
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	1	0.65
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	1	0.65
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	4	2.58
77 Back pain or problem	2	1.29
78 Head or chest cold	1	0.65
79 Neck pain or problem	1	0.65
80 Severe headache or migraine	2	1.29
81 Stomach or intestinal illness	9	5.81
82 Other - specify	48	30.97
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	1	0.65

Frequency Missing = 23238

ALT.814\_01.000: Received no conventional medical treatment for condition for which a special diet was used the most

DITMED00	Frequency	Percent
1 Mentioned	68	44.16
2 Not mentioned	85	55.19
7 Refused	1	0.65
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.814\_02.000: Received prescription medications for condition for which a special diet was used the most

DITMED01	Frequency	Percent
1 Mentioned	 79	51.30
2 Not mentioned	74	48.05
7 Refused	1	0.65
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23239

ALT.814\_03.000: Received over-the-counter medications for condition for which a special diet was used the most

DITMED02	Frequency	Percent
1 Mentioned	15	9.74
2 Not mentioned	138	89.61
7 Refused	1	0.65
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23239

ALT.814\_04.000: Received surgery for condition for which a special diet was used the most

DITMED03	Frequency	Percent
1 Mentioned	10	6.49
2 Not mentioned	143	92.86
7 Refused	1	0.65
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23239

ALT.814\_05.000: Received physical therapy for condition for which a special diet was used the most

DITMED04	Frequency	Percent
1 20 1 1		2.00
1 Mentioned	6	3.90
2 Not mentioned	147	95.45
7 Refused	1	0.65
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.814\_06.000: Received mental health counseling for condition for which a special diet was used the most

DITMED05	Frequency	Percent
1 Mentioned	1	0.65
2 Not mentioned	152	98.70
7 Refused	1	0.65
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23239

ALT.816\_01.000: Time received prescription medications for condition for which a special diet was used the most

DIT_TIM1	Frequency	Percent
1 Before	36	45.57
2 At about the same time	31	39.24
3 After	12	15.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23314

ALT.816\_02.000: Time received over-the-counter medications for condition for which a special diet was used the most

DIT_TIM2	Frequency	Percent
1 Before	3	20.00
2 At about the same time	8	53.33
3 After	4	26.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.816\_03.000: Time received surgery for condition for which a special diet was used the most

DIT_TIM3	Frequency	Percent
1 Before	5	50.00
2 At about the same time	3	30.00
3 After	2	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23383

ALT.816\_04.000: Time received physical therapy for condition for which a special diet was used the most

DIT_TIM4	Frequency	Percent
1 Before	0	0.00
2 At about the same time	2	33.33
3 After	4	66.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23387

ALT.816\_05.000: Time received mental health counseling for condition for which a special diet was used the most

DIT_TIM5	Frequency	Percent
1 Before 2 At about the same time	0 1	0.00
3 After	0	0.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23392

ALT.818\_00.000: Used a special diet to improve or enhance energy

DIT_ENG	Frequency	Percent
1 Yes	321	39.29
2 No	496	60.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.820\_00.000: Used a special diet for general wellness or general disease prevention

DIT_WEL	Frequency	Percent
1 Yes	567	69.40
2 No	250	30.60
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22576

ALT.822\_00.000: Used a special diet to improve or enhance immune function

DIT_IMM	Frequency	Percent
1 Yes	253	30.97
2 No	562	68.79
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.24

Frequency Missing = 22576

ALT.824\_00.000: Used a special diet because medical treatments did not help

DIT_NOHP	Frequency	Percent
1 Yes	41	5.02
2 No	775	94.86
7 Refused	775	0.00
	0	
8 Not ascertained	0	0.00
9 Don't know	1	0.12

Frequency Missing = 22576

ALT.826\_00.000: Used a special diet because medical treatments were too expensive

DIT_EXPS	Frequency	Percent
1 Yes	32	3.92
2 No	785	96.08
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.828\_00.000: Used a special diet because it was recommended by a health care provider

DIT_SUGG	Frequency	Percent
1 Yes	 132	16.16
2 No	685	83.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22576

ALT.830\_00.000: Used a special diet because it was recommended by family, friends, or co-workers

DIT_FFC	Frequency	Percent
1 Yes	279	34.15
2 No	537	65.73
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.12

Frequency Missing = 22576

ALT.832\_00.000: Ever saw a practitioner for a special diet

DIT_PRAC	Frequency	Percent
1 Yes	59	7.22
2 No	758	92.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22576

ALT.834\_00.000: Saw a practitioner for a special diet, past 12 months

DIT_YR	Frequency	Percent
1 Yes	 28	47.46
2 No	31	52.54
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.836\_01.000: Saw a medical doctor for a special diet

DITTYPE1	Frequency	Percent
1 Mentioned	16	57.14
2 Not mentioned	12	42.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23365

ALT.836\_02.000: Saw a nurse for a special diet

DITTYPE2	Frequency	Percent
1 Mentioned 2 Not mentioned	1 27	3.57 96.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23365

ALT.836\_03.000: Saw a dietician/nutritionist for a special diet

DITTYPE3	Frequency	Percen
1 Mentioned	13	46.43
2 Not mentioned	15	53.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23365

ALT.836\_04.000: Saw an alternative provider (Acupuncturist, etc.) for a special diet

DITTYPE4	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	28	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.836\_05.000: Saw other type of practitioner for a special diet

DITTYPE5	Frequency	Percent
1 Mentioned	1	3.57
2 Not mentioned	27	96.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23365

ALT.838\_00.000: Number of times saw practitioner for a special diet

DIT_NUM	Frequency	Percent
1 Only one time 2 2-5 times	13 12	46.43 42.86
3 6-10 times	1	3.57
4 11-15 times	1	3.57
5 16-20 times	0	0.00
6 More than 20 times	1	3.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23365

ALT.840\_00.000: Amount paid per visit to practitioner for a special diet

DIT_PAY	Frequency	Percent
000-499 \$0-\$499	 26	92.86
500 \$500 or more	0	0.00
997 Refused	0	0.00
998 Not ascertained	0	0.00
999 Don't know	2	7.14

Frequency Missing = 23365

ALT.842\_00.000: Let conventional medical professional know about use of special diet

DITDISC	Frequency	Percent
1 Yes	345	42.23
2 No	470	57.53
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.24

ALT.844\_01.000: Let medical doctor (including specialists) know about use of special diet

DITPRF1	Frequency	Percent
1 Mentioned	334	96.81
2 Not mentioned	11	3.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23048

ALT.844\_02.000: Let Doctor of Osteopathy (D.O.) know about use of special diet

DITPRF2	Frequency	Percent
1 Mentioned	6 6	1.74
2 Not mentioned	339	98.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23048

ALT.844\_03.000: Let nurse practitioner/physician assistant know about use of special diet

DITPRF3	Frequency	Percent
1 Mentioned	15	4.35
2 Not mentioned	330	95.65
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23048

ALT.844\_04.000: Let psychiatrist know about use of special diet

DITPRF4	Frequency	Percent
1 Mentioned	4	1.16
2 Not mentioned	341	98.84
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.844\_05.000: Let dentist (including specialists) know about use of special diet

DITPRF5	Frequency	Percent
1 Mentioned	3	0.87
2 Not mentioned	342	99.13
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23048

ALT.844\_06.000: Let psychologist/social worker know about use of special diet

DITPRF6	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	345	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23048

ALT.844\_07.000: Let pharmacist know about use of special diet

DITPRF7	Frequency	Percent
1 Mentioned	1	0.29
2 Not mentioned	344	99.71
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23048

ALT.846\_00.000: Ever practiced yoga

YTQE_YOG	Frequency	Percent
1 Yes	2230	9.53
2 No	20394	87.18
7 Refused	82	0.35
8 Not ascertained	663	2.83
9 Don't know	24	0.10

ALT.848\_00.000: Ever practiced tai chi

YTQE_TAI	Frequency	Percent
1 Yes	679	2.90
2 No	21942	93.80
7 Refused	83	0.35
8 Not ascertained	665	2.84
9 Don't know	24	0.10

ALT.850\_00.000: Ever practiced qi gong

YTQE_QIG	Frequency	Percent
1 Yes	140	0.60
2 No	22482	96.11
7 Refused	82	0.35
8 Not ascertained	665	2.84
9 Don't know	24	0.10

ALT.852\_00.000: Practiced yoga, past 12 months

YTQU_YOG	Frequency	Percent
1 Yes	 1342	60.18
2 No	886	39.73
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	0	0.00

Frequency Missing = 21163

ALT.854\_00.000: Practiced tai chi, past 12 months

YTQU_TAI	Frequency	Percent
1 Yes	261	38.44
2 No	418	61.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.856\_00.000: Practiced qi gong, past 12 months

YTQU_QIG	Frequency	Percent
1 Yes	70	50.00
2 No	70	50.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23253

ALT.857\_00.000: Number of practices (yoga, tai chi, and qi gong) used

YTQUSECT	Frequency	Percent
1-3 practices (yoga, tai chi, and qi gong)	1485	100.00

Frequency Missing = 21908

ALT.858\_00.000: Practice used the most

YTQ_MOST	Frequency	Percent
1 Yoga	1298	87.41
2 Tai Chi	160	10.77
3 Qi Gong	24	1.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.20

Frequency Missing = 21908

ALT.860\_00.000: Practiced yoga, tai chi, or qi gong for a specific health problem or condition

YTQ_TRET	Frequency	Percent
1 Yes	225	15.18
2 No	1254	84.62
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	1	0.07

ALT.862\_01.000: Practiced yoga, tai chi, or qi gong for acid reflux or heartburn

YTQCND01	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_02.000: Practiced yoga, tai chi, or qi gong for angina

YTQCND02	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_03.000: Practiced yoga, tai chi, or qi gong for anxiety

YTQCND03	Frequency	Percent
1 Mentioned	15	6.67
2 Not mentioned	210	93.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_04.000: Practiced yoga, tai chi, or qi gong for asthma

YTQCND04	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_05.000: Practiced yoga, tai chi, or qi gong for arthritis

YTQCND05	Frequency	Percent
1 Mentioned	24	10.67
2 Not mentioned	201	89.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_06.000: Practiced yoga, tai chi, or qi gong for Attention Deficit Disorder/Hyperactivity

YTQCND06	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_07.000: Practiced yoga, tai chi, or qi gong for autism

YTQCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_08.000: Practiced yoga, tai chi, or qi gong for benign tumors, cysts

YTQCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_09.000: Practiced yoga, tai chi, or qi gong for bipolar disorder

YTQCND09	Frequency	Percent
1 Mentioned	3	1.33
2 Not mentioned	222	98.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_10.000: Practiced yoga, tai chi, or qi gong for birth defect

YTQCND10	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_11.000: Practiced yoga, tai chi, or qi gong for cancer

YTQCND11	Frequency	Percent
1 Mentioned	5	2.22
2 Not mentioned	220	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_12.000: Practiced yoga, tai chi, or qi gong for cholesterol

YTQCND12	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_13.000: Practiced yoga, tai chi, or qi gong for chronic bronchitis

YTQCND13	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_14.000: Practiced yoga, tai chi, or qi gong for circulation problems (other than in the legs)

YTQCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_15.000: Practiced yoga, tai chi, or qi gong for constipation severe enough to require medication

YTQCND15	Frequency	Percen
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_16.000: Practiced yoga, tai chi, or qi gong for coronary heart disease

YTQCND16	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_17.000: Practiced yoga, tai chi, or qi gong for dementia, including Alzheimer's Disease

YTQCND17	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_18.000: Practiced yoga, tai chi, or qi gong for dental pain

YTQCND18	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_19.000: Practiced yoga, tai chi, or qi gong for depression

YTQCND19	Frequency	Percent
1 Mentioned	10	4.44
2 Not mentioned	215	95.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_20.000: Practiced yoga, tai chi, or qi gong for diabetes

YTQCND20	Frequency	Percent
1 Mentioned	5	2.22
2 Not mentioned	220	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_21.000: Practiced yoga, tai chi, or qi gong for emphysema

YTQCND21	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_22.000: Practiced yoga, tai chi, or qi gong for excessive sleepiness during the day

YTQCND22	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_23.000: Practiced yoga, tai chi, or qi gong for excessive use of alcohol or tobacco

YTQCND23	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_24.000: Practiced yoga, tai chi, or qi gong for fibromyalgia

YTQCND24	Frequency	Percent
1 Mentioned	11	4.89
2 Not mentioned	214	95.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_25.000: Practiced yoga, tai chi, or qi gong for fracture, bone/joint injury

YTQCND25	Frequency	Percent
1 Mentioned	3	1.33
2 Not mentioned	222	98.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_26.000: Practiced yoga, tai chi, or qi gong for gout

YTQCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_27.000: Practiced yoga, tai chi, or qi gong for gum disease

YTQCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_28.000: Practiced yoga, tai chi, or qi gong for gynecologic problem

YTQCND28	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_29.000: Practiced yoga, tai chi, or qi gong for hay fever

YTQCND29	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_30.000: Practiced yoga, tai chi, or qi gong for hearing problem

YTQCND30	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_31.000: Practiced yoga, tai chi, or qi gong for heart attack

YTQCND31	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_32.000: Practiced yoga, tai chi, or qi gong for other heart condition or disease

YTQCND32	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.862\_33.000: Practiced yoga, tai chi, or qi gong for hernia

YTQCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_34.000: Practiced yoga, tai chi, or qi gong for hypertension

YTQCND34	Frequency	Percent
1 Mentioned	2	0.89
2 Not mentioned	223	99.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_35.000: Practiced yoga, tai chi, or qi gong for inflammatory bowel disease

YTQCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_36.000: Practiced yoga, tai chi, or qi gong for influenza or pneumonia

YTQCND36	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_37.000: Practiced yoga, tai chi, or qi gong for insomnia or trouble sleeping

YTQCND37	Frequency	Percent
1 Mentioned	7	3.11
2 Not mentioned	218	96.89
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_38.000: Practiced yoga, tai chi, or qi gong for irritable bowel

YTQCND38	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_39.000: Practiced yoga, tai chi, or qi gong for jaw pain

YTQCND39	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_40.000: Practiced yoga, tai chi, or qi gong for joint pain or stiffness/other joint condition

YTQCND40	Frequency	Percent
1 Mentioned 2 Not mentioned	29 196	12.89 87.11
7 Refused	0	0.00
8 Not ascertained 9 Don't know	0	0.00

ALT.862\_41.000: Practiced yoga, tai chi, or qi gong for knee problems (not arthritis, not joint injury)

YTQCND41	Frequency	Percent
1 Mentioned	2	0.89
2 Not mentioned	223	99.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_42.000: Practiced yoga, tai chi, or qi gong for liver problem

YTQCND42	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_43.000: Practiced yoga, tai chi, or qi gong for lung/breathing problem (not already listed)

YTQCND43	Frequency	Percent
1 Mentioned	 2	0.89
2 Not mentioned	223	99.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_44.000: Practiced yoga, tai chi, or qi gong for lupus

YTQCND44	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_45.000: Practiced yoga, tai chi, or qi gong for mania or psychosis

YTQCND45	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_46.000: Practiced yoga, tai chi, or qi gong for memory loss or loss of other cognitive function

YTQCND46	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_47.000: Practiced yoga, tai chi, or qi gong for menopause

YTQCND47	Frequency	Percent
1 Mentioned	2	0.89
2 Not mentioned	223	99.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_48.000: Practiced yoga, tai chi, or qi gong for menstrual problems

YTQCND48	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_49.000: Practiced yoga, tai chi, or qi gong for mental retardation

YTQCND49	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_50.000: Practiced yoga, tai chi, or qi gong for missing limbs (fingers, toes or digits), amputee

YTQCND50	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_51.000: Practiced yoga, tai chi, or qi gong for osteoporosis, tendinitis

YTQCND51	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_52.000: Practiced yoga, tai chi, or qi gong for other developmental problem

YTQCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_53.000: Practiced yoga, tai chi, or qi gong for other injury

YTQCND53	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_54.000: Practiced yoga, tai chi, or qi gong for other nerve damage, including carpal tunnel syndrome

YTQCND54	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_55.000: Practiced yoga, tai chi, or qi gong for phobia or fears

YTQCND55	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_56.000: Practiced yoga, tai chi, or qi gong for polio (myelitis), paralysis, para/quadriplegia

YTQCND56	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_57.000: Practiced yoga, tai chi, or qi gong for poor circulation in legs

YTQCND57	Frequency	Percent
1 Mentioned	4	1.78
2 Not mentioned	221	98.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_58.000: Practiced yoga, tai chi, or qi gong for prostate trouble or impotence

YTQCND58	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_59.000: Practiced yoga, tai chi, or qi gong for regular headaches

YTQCND59	Frequency	Percent
1 Mentioned	3	1.33
2 Not mentioned	222	98.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_60.000: Practiced yoga, tai chi, or qi gong for rheumatoid arthritis

YTQCND60	Frequency	Percent
1 Mentioned	4	1.78
2 Not mentioned	221	98.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

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ALT.862\_61.000: Practiced yoga, tai chi, or qi gong for schizophrenia

YTQCND61	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_62.000: Practiced yoga, tai chi, or qi gong for seizures

YTQCND62	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_63.000: Practiced yoga, tai chi, or qi gong for senility

YTQCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_64.000: Practiced yoga, tai chi, or qi gong for sinusitis

YTQCND64	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_65.000: Practiced yoga, tai chi, or qi gong for skin problems

YTQCND65	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_66.000: Practiced yoga, tai chi, or qi gong for sprain or strain

YTQCND66	Frequency	Percent
1 Mentioned 2 Not mentioned	2 2 223	0.89 99.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_67.000: Practiced yoga, tai chi, or qi gong for stroke

YTQCND67	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_68.000: Practiced yoga, tai chi, or qi gong for substance abuse, other than alcohol or tobacco

YTQCND68	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_69.000: Practiced yoga, tai chi, or qi gong for other (specify)

YTQCND69	Frequency	Percent
1 Mentioned	3	1.33
2 Not mentioned	222	98.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_70.000: Practiced yoga, tai chi, or qi gong for other (specify)

YTQCND70	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_71.000: Practiced yoga, tai chi, or qi gong for ulcer

YTQCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_72.000: Practiced yoga, tai chi, or qi gong for urinary problem

YTQCND72	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_73.000: Practiced yoga, tai chi, or qi gong for varicose veins, hemorrhoids

YTQCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_74.000: Practiced yoga, tai chi, or qi gong for vision problem

YTQCND74	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_75.000: Practiced yoga, tai chi, or qi gong for weak or failing kidneys

YTQCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_76.000: Practiced yoga, tai chi, or qi gong for weight problem

Y'	rqcnd76	Frequency	Percent
1	 Mentioned	7	3.11
2	Not mentioned	218	96.89
7	Refused	0	0.00
8	Not ascertained	0	0.00
9	Don't know	0	0.00

ALT.862\_77.000: Practiced yoga, tai chi, or qi gong for back pain or problem

YTQCND77	Frequency	Percent
1 Mentioned	81	36.00
2 Not mentioned	144	64.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_78.000: Practiced yoga, tai chi, or qi gong for head or chest cold

YTQCND78	Frequency	Percent
1 Mentioned	1	0.44
2 Not mentioned	224	99.56
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_79.000: Practiced yoga, tai chi, or qi gong for neck pain or problem

YTQCND79	Frequency	Percent
1 Mentioned	26	11.56
2 Not mentioned	199	88.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_80.000: Practiced yoga, tai chi, or qi gong for severe headache or migraine

YTQCND80	Frequency	Percent
1 Mentioned	9	4.00
2 Not mentioned	216	96.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_81.000: Practiced yoga, tai chi, or qi gong for stomach or intestinal illness

YTQCND81	Frequency	Percent
1 Mentioned	4	1.78
2 Not mentioned	221	98.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_82.000: Practiced yoga, tai chi, or qi gong for other (specify)

YTQCND82	Frequency	Percent
1 Mentioned	26	11.56
2 Not mentioned	199	88.44
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_83.000: Practiced yoga, tai chi, or qi gong for anemia and other blood disorders

YTQCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_84.000: Practiced yoga, tai chi, or qi gong for other allergies

YTQCND84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	225	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.862\_85.000: Practiced yoga, tai chi, or qi gong for other infectious diseases and problems of the immune system

YTQCND85	Frequency	Percent
1 Mentioned	2	0.89
2 Not mentioned	223	99.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_86.000: Practiced yoga, tai chi, or qi gong for other musculoskeletal

YTQCND86	Frequency	Percent
1 Mentioned	5	2.22
2 Not mentioned	220	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_87.000: Practiced yoga, tai chi, or qi gong for stress

YTQCND87	Frequency	Percent
1 Mentioned	5	2.22
2 Not mentioned	220	97.78
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23168

ALT.862\_91.000: Condition count for yoga, tai chi, and qi gong

YTQCONCT	Frequency	Percent
01-40 1-40 conditions	225	100.00
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00

ALT.863\_00.000: Practiced yoga, tai chi, or qi gong for other (specify)

YTQ_SPEC	Frequency	Percent
97 Refused	1	1.92
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	51	98.08

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.864\_00.000: Condition for which yoga, tai chi, or qi gong was used the most

YTQ_CONM	Frequency	Percent
01 Acid reflux or heartburn	1	0.44
02 Angina	0	0.00
03 Anxiety	9	4.00
04 Asthma	0	0.00
05 Arthritis	21	9.33
06 Attention Deficit Disorder/Hyperactivity	0	0.00
07 Autism	0	0.00
08 Benign tumors, cysts	0	0.00
09 Bipolar Disorder	1	0.44
10 Birth defect	1	0.44
11 Cancer	4	1.78
12 Cholesterol	0	0.00
13 Chronic Bronchitis	0	0.00
14 Circulation problems (other than in the legs)	0	0.00
15 Constipation severe enough to require medication	0	0.00
16 Coronary heart disease	0	0.00
17 Dementia, including Alzheimer's Disease	0	0.00
18 Dental pain	0	0.00
19 Depression	2	0.89
20 Diabetes	4	1.78
21 Emphysema	0	0.00
22 Excessive sleepiness during the day	0	0.00
23 Excessive use of alcohol or tobacco	0	0.00
24 Fibromyalgia	11	4.89
25 Fracture, bone/joint injury	2	0.89
26 Gout	0	0.00
27 Gum disease	0	0.00
28 Gynecologic problem	0	0.00
29 Hay fever	0	0.00
30 Hearing problem 31 Heart attack	0	0.00
32 Other heart condition or disease	0	0.00
33 Hernia	0	0.00
	2	0.89
34 Hypertension 35 Inflammatory bowel disease	0	0.09
36 Influenza or pneumonia	0	0.00
37 Insomnia or trouble sleeping	2	0.89
38 Irritable bowel	0	0.00
39 Jaw pain	0	0.00
40 Joint pain or stiffness/other joint condition	20	8.89
41 Knee problems (not arthritis, not joint injury)	1	0.44
42 Liver problem	0	0.00
43 Lung/breathing problem (not already listed)	2	0.89
44 Lupus	1	0.44
45 Mania or psychosis	0	0.00
46 Memory loss or loss of other cognitive function	0	0.00
47 Menopause	0	0.00
48 Menstrual problems	0	0.00
49 Mental retardation	0	0.00
50 Missing limbs (fingers, toes or digits), amputee	0	0.00
51 Osteoporosis, tendinitis	0	0.00
52 Other developmental problem	0	0.00
53 Other injury	0	0.00
54 Other nerve damage, including carpal tunnel syndrome	0	0.00

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.864\_00.000: Condition for which yoga, tai chi, or qi gong was used the most

YTQ_CONM	Frequency	Percent
55 Phobia or fears	0	0.00
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	2	0.89
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	0	0.00
60 Rheumatoid arthritis	2	0.89
61 Schizophrenia	0	0.00
62 Seizures	0	0.00
63 Senility	0	0.00
64 Sinusitis	0	0.00
65 Skin problems	0	0.00
66 Sprain or strain	1	0.44
67 Stroke	0	0.00
68 Substance abuse, other than alcohol or tobacco	0	0.00
69 Filled problem	2	0.89
70 Filled problem	0	0.00
71 Ulcer	0	0.00
72 Urinary problem	1	0.44
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	0	0.00
75 Weak or failing kidneys	0	0.00
76 Weight problem	1	0.44
77 Back pain or problem	66	29.33
78 Head or chest cold	0	0.00
79 Neck pain or problem	13	5.78
80 Severe headache or migraine	2	0.89
81 Stomach or intestinal illness	1	0.44
82 Other - specify	48	21.33
97 Refused	1	0.44
98 Not ascertained	0	0.00
99 Don't know	1	0.44

Frequency Missing = 23168

ALT.866\_01.000: Received no conventional medical treatment for condition for which yoga, tai chi, or qi gong was used the most

YTQMED00	Frequency	Percent
1 Mentioned	98	43.95
2 Not mentioned	122	54.71
7 Refused	1	0.45
8 Not ascertained	1	0.45
9 Don't know	1	0.45

ALT.866\_02.000: Received prescription medications for condition for which yoga, tai chi, or qi gong was used the most

YTQMED01	Frequency	Percent
1 Mentioned	 89	39.91
2 Not mentioned	131	58.74
7 Refused	1	0.45
8 Not ascertained	1	0.45
9 Don't know	1	0.45

Frequency Missing = 23170

ALT.866\_03.000: Received over-the-counter medications for condition for which yoga, tai chi, or qi gong was used the most

YTQMED02	Frequency	Percent
1 Mentioned	44	19.73
2 Not mentioned	176	78.92
7 Refused	1	0.45
8 Not ascertained	1	0.45
9 Don't know	1	0.45

Frequency Missing = 23170

ALT.866\_04.000: Received surgery for condition for which yoga, tai chi, or qi gong was used the most

YTQMED03	Frequency	Percent
1 Mentioned	12	5.38
2 Not mentioned	208	93.27
7 Refused	1	0.45
8 Not ascertained	1	0.45
9 Don't know	1	0.45

Frequency Missing = 23170

ALT.866\_05.000: Received physical therapy for condition for which yoga, tai chi, or qi gong was used the most

YTQMED04	Frequency	Percent
1 Mentioned	40	17.94
2 Not mentioned	180	80.72
7 Refused	1	0.45
8 Not ascertained	1	0.45
9 Don't know	1	0.45

ALT.866\_06.000: Received mental health counseling for condition for which yoga, tai chi, or qi gong was used the most

YTQMED05	Frequency	Percent
1 Mentioned	12	5.38
2 Not mentioned	208	93.27
7 Refused	1	0.45
8 Not ascertained	1	0.45
9 Don't know	1	0.45

Frequency Missing = 23170

ALT.867\_01.000: Time received prescription medications for condition for which yoga, tai chi, or qi gong was practiced the most

YTQ_TIM1	Frequency	Percent
1 Before	47	52.81
2 At about the same time	21	23.60
3 After	18	20.22
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	3.37

Frequency Missing = 23304

ALT.867\_02.000: Time received over-the-counter medications for condition for which yoga, tai chi, or qi gong was practiced the most

YTQ_TIM2	Frequency	Percent
1 Before	20	45.45
2 At about the same time	13	29.55
3 After	9	20.45
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	4.55

ALT.867\_03.000: Time received surgery for condition for which yoga, tai chi, or qi gong was practiced the most

YTQ_TIM3	Frequency	Percent
1 Before	6	50.00
2 At about the same time	1	8.33
3 After	5	41.67
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23381

ALT.867\_04.000: Time received physical therapy for condition for which yoga, tai chi, or qi gong was practiced the most

YTQ_TIM4	Frequency	Percent
1 Before	20	50.00
2 At about the same time	12	30.00
3 After	8	20.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23353

ALT.867\_05.000: Time received mental health counseling for condition for which yoga, tai chi, or qi gong was practiced the most

YTQ_TIM5	Frequency	Percent
1 Before	8	66.67
2 At about the same time	1	8.33
3 After	3	25.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23381

ALT.876\_00.000: Practiced yoga, tai chi, or qi gong to improve or enhance energy

YTQ_ENG	Frequency	Percent
1 Yes	969	65.25
2 No	512	34.48
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	2	0.13

ALT.877\_00.000: Practiced yoga, tai chi, or qi gong for general wellness or general disease prevention

YTQ_WEL	Frequency	Percent
1 Yes	1217	81.95
2 No	266	17.91
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21908

ALT.878\_00.000: Practiced yoga, tai chi, or qi gong to improve or enhance immune function

YTQ_IMM	Frequency	Percent
1 Yes	493	33.20
2 No	989	66.60
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	1	0.07

Frequency Missing = 21908

ALT.879\_00.000: Practiced yoga, tai chi, or qi gong because medical treatments did not help

YTQ_NOHP	Frequency	Percent
1 Yes	76	5.12
2 No	1403	94.48
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	4	0.27

Frequency Missing = 21908

ALT.880\_00.000: Practiced yoga, tai chi, or qi gong because medical treatments were too expensive

YTQ_EXPS	Frequency	Percent
1 Yes	44	2.96
2 No	1438	96.84
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	1	0.07

ALT.881\_00.000: Practiced yoga, tai chi, or qi gong because it was recommended by a health care provider

YTQ_SUGG	Frequency	Percent
1 Yes	116	7.81
2 No	1367	92.05
7 Refused	2	0.13
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21908

ALT.882\_00.000: Practiced yoga, tai chi, or qi gong because it was recommended by family, friends, or co-workers

YTQ_FFC	Frequency	Percen
1 Yes	509	34.28
2 No	973	65.52
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 21908

ALT.883\_00.000: Took class or received formal training for yoga, tai chi, or qi gong, past 12 months

YTQ_CLAS	Frequency	Percent
1 Yes	629	42.36
2 No	853	57.44
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.884\_00.000: Number of times took a class or had formal training for yoga, tai chi, or qi gong

YTQ_CLSO	Frequency	Percent
01 2-11 times a year	220	34.98
02 Monthly	46	7.31
03 2-3 times per month	59	9.38
04 Weekly	168	26.71
05 2-3 times per week	108	17.17
06 4-6 times per week	9	1.43
07 Daily	15	2.38
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	4	0.64

Frequency Missing = 22764

ALT.885\_00.000: Amount paid for each class or formal training for yoga, tai chi, or qi gong

YTQ_PAY	Frequency	Percent
000-499 \$0-\$499	 577	91.73
500 \$500 or more	1	0.16
997 Refused	2	0.32
998 Not ascertained	0	0.00
999 Don't know	49	7.79

Frequency Missing = 22764

ALT.886\_00.000: Let conventional medical professional know about practice of yoga, tai chi, or qi gong

YTQDISC	Frequency	Percent
1 Yes	420	28.28
2 No	1053	70.91
7 Refused	3	0.20
8 Not ascertained	0	0.00
9 Don't know	9	0.61

ALT.887\_01.000: Let medical doctor (including specialists) know about use of yoga, tai chi, or qi gong

YTQPRF1	Frequency	Percent
1 Mentioned	404	96.19
2 Not mentioned	15	3.57
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.887\_02.000: Let Doctor of Osteopathy (D.O.) know about use of yoga, tai chi, or qi gong

YTQPRF2	Frequency	Percent
1 Mentioned	10	2.38
2 Not mentioned	409	97.38
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.887\_03.000: Let nurse practitioner/physician assistant know about use of yoga, tai chi, or qi gong

YTQPRF3	Frequency	Percent
1 Mentioned	30	7.14
2 Not mentioned	389	92.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.887\_04.000: Let psychiatrist know about use of yoga, tai chi, or qi gong

YTQPRF4	Frequency	Percent
1 Mentioned	9	2.14
2 Not mentioned	410	97.62
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

ALT.887\_05.000: Let dentist (including specialists) know about use of yoga, tai chi, or qi gong

YTQPRF5	Frequency	Percent
1 Mentioned	4	0.95
2 Not mentioned	415	98.81
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.887\_06.000: Let psychologist/social worker know about use of yoga, tai chi, or qi gong

YTQPRF6	Frequency	Percent
1 Mentioned	8	1.90
2 Not mentioned	411	97.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.887\_07.000: Let pharmacist know about use of yoga, tai chi, or qi gong

YTQPRF7	Frequency	Percent
1 Mentioned	2	0.48
2 Not mentioned	417	99.29
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.24

Frequency Missing = 22973

ALT.888\_01.000: Did not practice yoga during the past 12 months because I never thought about it

YTQNOTU1	Frequency	Percent
1 Mentioned	67	7.56
2 Not mentioned	816	92.10
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

ALT.888\_02.000: Did not practice yoga during the past 12 months for no reason

YTQNOTU2	Frequency	Percent
1 Mentioned	356	40.18
2 Not mentioned	527	59.48
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

Frequency Missing = 22507

ALT.888\_03.000: Did not practice yoga during the past 12 months because I didn't need it in the last 12 months

YTQNOTU3	Frequency	Percent
1 Mentioned	52	5.87
2 Not mentioned	831	93.79
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

Frequency Missing = 22507

ALT.888\_04.000: Did not practice yoga during the past 12 months because it didn't work for me before

YTQNOTU4	Frequency	Percent
1 Mentioned 2 Not mentioned	42 841	4.74 94.92
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

Frequency Missing = 22507

ALT.888 $\_$ 05.000: Did not practice yoga during the past 12 months because it costs too much

YTQNOTU5	Frequency	Percent
1 Mentioned	 35	3.95
2 Not mentioned	848	95.71
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

ALT.888\_06.000: Did not practice yoga during the past 12 months because I had side effects last time

YTQNOTU6	Frequency	Percent
1 Mentioned	16	1.81
2 Not mentioned	867	97.86
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

Frequency Missing = 22507

ALT.888\_07.000: Did not practice yoga during the past 12 months because a health care provider told me not to use it

YTQNOTU7	Frequency	Percent
1 Mentioned	2	0.23
2 Not mentioned	881	99.44
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

Frequency Missing = 22507

ALT.888\_08.000: Did not practice yoga during the past 12 months because medical science has not shown that it works

YTQNOTU8	Frequency	Percent
1 Mentioned	1	0.11
2 Not mentioned	882	99.55
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

Frequency Missing = 22507

ALT.888\_09.000: Did not practice yoga during the past 12 months for some other reason

YTQNOTU9	Frequency	Percent
1 Mentioned	330	37.25
2 Not mentioned	553	62.42
7 Refused	1	0.11
8 Not ascertained	0	0.00
9 Don't know	2	0.23

ALT.889\_00.000: Kinds of side effects from practicing yoga

YTQ_SDEF	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	16	100.00

Frequency Missing = 23377

ALT.890\_00.000: Side effects from practicing yoga required medical attention

YTQ_ATT	Frequency	Percent
1 Yes 2 No	4 12	25.00 75.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23377

ALT.891\_01.000: Never practiced yoga because I never heard of it/don't know much about it

YTQNVU01	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	2392 17918 17	11.73 87.86 0.08
8 Not ascertained 9 Don't know	2 65	0.01 0.32

Frequency Missing = 2999

ALT.891\_02.000: Never practiced yoga because I never thought about it

YTQNVU02	Frequency	Percent
1 Mentioned 2 Not mentioned	4751 15559	23.30 76.29
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

ALT.891\_03.000: Never practiced yoga for no reason

YTQNVU03	Frequency	Percent
1 Mentioned	8056	39.50
2 Not mentioned	12254	60.09
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

Frequency Missing = 2999

ALT.891\_04.000: Never practiced yoga because I don't need it

YTQNVU04	Frequency	Percent
1 Mentioned	3159	15.49
2 Not mentioned	17151	84.10
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

Frequency Missing = 2999

ALT.891\_05.000: Never practiced yoga because I don't believe in it/it doesn't work

YTQNVU05	Frequency	Percent
1 Mentioned	753	3.69
2 Not mentioned	19557	95.90
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

Frequency Missing = 2999

ALT.891\_06.000: Never practiced yoga because it costs too much

YTQNVU06	Frequency	Percent
1 Mentioned	215	1.05
2 Not mentioned	20095	98.53
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

ALT.891\_07.000: Never practiced yoga because it is not safe to use

YTQNVU07	Frequency	Percent
1 Mentioned	52	0.25
2 Not mentioned	20258	99.33
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

Frequency Missing = 2999

ALT.891\_08.000: Never practiced yoga because a health care provider told me not to use it

YTQNVU08	Frequency	Percent
1 Mentioned	13	0.06
2 Not mentioned	20297	99.52
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

Frequency Missing = 2999

ALT.891\_09.000: Never practiced yoga because medical science has not shown that it works

YTQNVU09	Frequency	Percent
1 Mentioned	29	0.14
2 Not mentioned	20281	99.45
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

Frequency Missing = 2999

ALT.891\_10.000: Never practiced yoga for some other reason

YTQNVU10	Frequency	Percent
1 Mentioned	 1360	 6.67
2 Not mentioned	18950	92.92
7 Refused	17	0.08
8 Not ascertained	2	0.01
9 Don't know	65	0.32

## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.894\_00.000: Ever used meditation

RELE_MED	Frequency	Percent
1 Yes	2773	11.85
2 No	19828	84.76
7 Refused	83	0.35
8 Not ascertained	673	2.88
9 Don't know	36	0.15

ALT.896\_00.000: Ever used guided imagery

RELE_GIM	Frequency	Percent
1 Yes	 782	3.34
2 No	21814	93.25
7 Refused	86	0.37
8 Not ascertained	675	2.89
9 Don't know	36	0.15

ALT.898\_00.000: Ever used progressive relaxation

RELE_PRO	Frequency	Percent
1 Yes	936	4.00
2 No	21658	92.58
7 Refused	87	0.37
8 Not ascertained	676	2.89
9 Don't know	36	0.15

ALT.900\_00.000: Ever used deep breathing exercises

RELE_DBE	Frequency	Percent
	2401	1.4.00
1 Yes	3491	14.92
2 No	19102	81.66
7 Refused	88	0.38
8 Not ascertained	676	2.89
9 Don't know	36	0.15

ALT.902\_00.000: Ever used support group meeting

RELE_SUP	Frequency	Percent
1 Yes	831	3.55
2 No	21762	93.03
7 Refused	90	0.38
8 Not ascertained	677	2.89
9 Don't know	33	0.14

ALT.904\_00.000: Ever used stress management class

RELE_STR	Frequency	Percent
1 Yes	512	2.19
2 No	22077	94.37
7 Refused	90	0.38
8 Not ascertained	677	2.89
9 Don't know	37	0.16

ALT.906\_00.000: Used meditation, past 12 months

RELU_MED	Frequency	Percent
1 Yes	2155	77.71
2 No	615	22.18
7 Refused	1	0.04
8 Not ascertained	1	0.04
9 Don't know	1	0.04

Frequency Missing = 20620

ALT.908\_00.000: Used guided imagery, past 12 months

RELU_GIM	Frequency	Percent
1 Yes	481	61.51
2 No	300	38.36
7 Refused	0	0.00
8 Not ascertained	1	0.13
9 Don't know	0	0.00

Frequency Missing = 22611

ALT.910\_00.000: Used progressive relaxation, past 12 months

RELU_PRO	Frequency	Percent
1 Yes	644	68.80
2 No	290	30.98
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

2007 National Health Interview Survey (NHIS)
Adult Alternative Medicine Public Use File (althealt)
ALT Variables Wednesday, June 4, 2008
Unweighted Frequencies

ALT.912\_00.000: Used deep breathing exercises, past 12 months

RELU_DBE	Frequency	Percent
1 Yes	 2916	83.53
2 No	570	16.33
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	5	0.14

Frequency Missing = 19902

ALT.914\_00.000: Used support group meeting, past 12 months

RELU_SUP	Frequency	Percent
1 Yes	428	51.50
2 No	403	48.50
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 22562

ALT.916\_00.000: Used stress management class, past 12 months

RELU_STR	Frequency	Percent
1 Yes	200	39.06
2 No	311	60.74
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.20

Frequency Missing = 22881

ALT.917\_00.000: Number of relaxation techniques used

RELUSECT	Frequency	Percent
1-6 relaxation techniques	3818	100.00

ALT.918\_00.000: Relaxation technique used the most

REL_RMST	Frequency	Percent
1 Meditation	1290	33.79
2 Guided imagery	76	1.99
3 Progressive relaxation	132	3.46
4 Deep breathing exercises	2003	52.46
5 Support group meeting	218	5.71
6 Stress management class	55	1.44
7 Refused	3	0.08
8 Not ascertained	2	0.05
9 Don't know	39	1.02

Frequency Missing = 19575

ALT.920\_00.000: Used relaxation technique for a specific health problem or condition

REL_TRET	Frequency	Percent
1 Yes	976	25.86
2 No	2797	74.11
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.03

Frequency Missing = 19619

ALT.922\_01.000: Used relaxation technique for acid reflux or heartburn

RELCND01	Frequency	Percent
1 Mentioned	5	0.51
2 Not mentioned	967	99.08
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_02.000: Used relaxation technique for angina

RELCND02	Frequency	Percent
1 Mentioned 2 Not mentioned	2 970	0.20 99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_03.000: Used relaxation technique for anxiety

RELCND03	Frequency	Percent
1 Mentioned	202	20.70
2 Not mentioned	770	78.89
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_04.000: Used relaxation technique for asthma

RELCND04	Frequency	Percent
1 Mentioned	46	4.71
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	926 3	94.88
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_05.000: Used relaxation technique for arthritis

RELCND05	Frequency	Percent
1 Mentioned 2 Not mentioned	17 955	1.74 97.85
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_06.000: Used relaxation technique for Attention Deficit Disorder/Hyperactivity

RELCND06	Frequency	Percent
1 Mentioned 2 Not mentioned	9 9 963	0.92 98.67
7 Refused	3	0.31
8 Not ascertained 9 Don't know	0 1	0.00 0.10

ALT.922\_07.000: Used relaxation technique for autism

RELCND07	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_08.000: Used relaxation technique for benign tumors, cysts

RELCND08	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_09.000: Used relaxation technique for bipolar disorder

RELCND09	Frequency	Percent
1 Mentioned	26	2.66
2 Not mentioned	946	96.93
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_10.000: Used relaxation technique for birth defect

RELCND10	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_11.000: Used relaxation technique for cancer

RELCND11	Frequency	Percent
1 Mentioned	25	2.56
2 Not mentioned	947	97.03
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_12.000: Used relaxation technique for cholesterol

RELCND12	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_13.000: Used relaxation technique for chronic bronchitis

RELCND13	Frequency	Percent
1 Mentioned	12	1.23
2 Not mentioned	960	98.36
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_14.000: Used relaxation technique for circulation problems (other than in the legs)

RELCND14	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_15.000: Used relaxation technique for constipation severe enough to require medication

RELCND15	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_16.000: Used relaxation technique for coronary heart disease

RELCND16	Frequency	Percent
1 Mentioned	12	1.23
2 Not mentioned	960	98.36
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_17.000: Used relaxation technique for dementia, including Alzheimer's Disease

RELCND17	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_18.000: Used relaxation technique for dental pain

RELCND18	Frequency	Percent
1 24		
1 Mentioned	4	0.41
2 Not mentioned	968	99.18
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_19.000: Used relaxation technique for depression

RELCND19	Frequency	Percent
1 Mentioned	89	9.12
2 Not mentioned	883	90.47
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_20.000: Used relaxation technique for diabetes

RELCND20	Frequency	Percent
1 Mentioned	10	1.02
2 Not mentioned	962	98.57
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_21.000: Used relaxation technique for emphysema

RELCND21	Frequency	Percent
1 Mentioned 2 Not mentioned	23 949	2.36 97.23
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_22.000: Used relaxation technique for excessive sleepiness during the day

RELCND22	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_23.000: Used relaxation technique for excessive use of alcohol or tobacco

RELCND23	Frequency	Percent
1 Mentioned	 38	3.89
2 Not mentioned	934	95.70
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_24.000: Used relaxation technique for fibromyalgia

RELCND24	Frequency	Percent
1 Mentioned 2 Not mentioned	 15 957	1.54 98.05
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_25.000: Used relaxation technique for fracture, bone/joint injury

RELCND25	Frequency	Percent
1 Nambianad		0
1 Mentioned	5	0.51
2 Not mentioned	967	99.08
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_26.000: Used relaxation technique for gout

RELCND26	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_27.000: Used relaxation technique for gum disease

RELCND27	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_28.000: Used relaxation technique for gynecologic problem

RELCND28	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_29.000: Used relaxation technique for hay fever

RELCND29	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_30.000: Used relaxation technique for hearing problem

RELCND30	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_31.000: Used relaxation technique for heart attack

RELCND31	Frequency	Percent
1 Mentioned	4	0.41
2 Not mentioned	968	99.18
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_32.000: Used relaxation technique for other heart condition or disease

RELCND32	Frequency	Percent
1 Mentioned	16	1.64
2 Not mentioned	956	97.95
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_33.000: Used relaxation technique for hernia

RELCND33	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_34.000: Used relaxation technique for hypertension

RELCND34	Frequency	Percent
1 Mentioned	50	5.12
2 Not mentioned	922	94.47
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_35.000: Used relaxation technique for inflammatory bowel disease

RELCND35	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_36.000: Used relaxation technique for influenza or pneumonia

RELCND36	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_37.000: Used relaxation technique for insomnia or trouble sleeping

RELCND37	Frequency	Percent
1 Mentioned	46	4.71
2 Not mentioned	926	94.88
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_38.000: Used relaxation technique for irritable bowel

RELCND38	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_39.000: Used relaxation technique for jaw pain

RELCND39	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_40.000: Used relaxation technique for joint pain or stiffness/other joint condition

RELCND40	Frequency	Percent
1 Mentioned 2 Not mentioned	29 943	2.97 96.62
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_41.000: Used relaxation technique for knee problems (not arthritis, not joint injury)

RELCND41	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_42.000: Used relaxation technique for liver problem

RELCND42	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_43.000: Used relaxation technique for lung/breathing problem (not already listed)

RELCND43	Frequency	Percent
1 Mentioned	 37	3.79
2 Not mentioned	935	95.80
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_44.000: Used relaxation technique for lupus

RELCND44	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned 7 Refused	969	99.28 0.31
8 Not ascertained	0	0.31
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_45.000: Used relaxation technique for mania or psychosis

RELCND45	Frequency	Percent
1 Mentioned	 7	0.72
2 Not mentioned	965	98.87
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_46.000: Used relaxation technique for memory loss or loss of other cognitive function

RELCND46	Frequency	Percent
1 Mentioned	3	0.31
<ul><li>2 Not mentioned</li><li>7 Refused</li></ul>	969 3	99.28 0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_47.000: Used relaxation technique for menopause

RELCND47	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_48.000: Used relaxation technique for menstrual problems

RELCND48	Frequency	Percent
1 Mentioned	9	0.92
2 Not mention	ed 963	98.67
7 Refused	3	0.31
8 Not ascerta:	ined 0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_49.000: Used relaxation technique for mental retardation

RELCND49	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_50.000: Used relaxation technique for missing limbs (fingers, toes or digits), amputee

RELCND50	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_51.000: Used relaxation technique for osteoporosis, tendinitis

RELCND51	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_52.000: Used relaxation technique for other developmental problem

RELCND52	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_53.000: Used relaxation technique for other injury

RELCND53	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	<i>91</i> ±	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_54.000: Used relaxation technique for other nerve damage, including carpal tunnel syndrome

RELCND54	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_55.000: Used relaxation technique for phobia or fears

RELCND55	Frequency	Percent
1 Mentioned	18	1.84
2 Not mentioned	954	97.75
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_56.000: Used relaxation technique for polio (myelitis), paralysis, para/quadriplegia

RELCND56	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_57.000: Used relaxation technique for poor circulation in legs

RELCND57	Frequency	Percent
1 Mentioned	7	0.72
2 Not mentioned	965	98.87
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_58.000: Used relaxation technique for prostate trouble or impotence

RELCND58	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_59.000: Used relaxation technique for regular headaches

RELCND59	Frequency	Percent
1 Mentioned	20	2.05
2 Not mentioned	952	97.54
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_60.000: Used relaxation technique for rheumatoid arthritis

RELCND60	Frequency	Percent
1 Mentioned	9	0.92
2 Not mentioned	963	98.67
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_61.000: Used relaxation technique for schizophrenia

RELCND61	Frequency	Percent
1 Mentioned	4	0.41
2 Not mentioned	968	99.18
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_62.000: Used relaxation technique for seizures

RELCND62	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_63.000: Used relaxation technique for senility

RELCND63	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_64.000: Used relaxation technique for sinusitis

RELCND64	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_65.000: Used relaxation technique for skin problems

RELCND65	Frequency	Percent
1 Mentioned	2	0.20
2 Not mentioned	970	99.39
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_66.000: Used relaxation technique for sprain or strain

RELCND66	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_67.000: Used relaxation technique for stroke

RELCND67	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_68.000: Used relaxation technique for substance abuse, other than alcohol or tobacco

RELCND68	Frequency	Percent
1 Mentioned	15	1.54
2 Not mentioned	957	98.05
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_69.000: Used relaxation technique for other (specify)

RELCND69	Frequency	Percent
1 Mentioned	18	1.84
2 Not mentioned	954	97.75
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_70.000: Used relaxation technique for other (specify)

RELCND70	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_71.000: Used relaxation technique for ulcer

RELCND71	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_72.000: Used relaxation technique for urinary problem

RELCND72		Frequency	Percen
1 Mentioned		4	0.41
2 Not mention	ned	968	99.18
7 Refused		3	0.31
8 Not ascerta	ained	0	0.00
9 Don't know		1	0.10

Frequency Missing = 22417

ALT.922\_73.000: Used relaxation technique for varicose veins, hemorrhoids

RELCND73	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_74.000: Used relaxation technique for vision problem

RELCND74	Frequency	Percent
1 Mentioned	1	0.10
2 Not mentioned	971	99.49
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_75.000: Used relaxation technique for weak or failing kidneys

RELCND75	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_76.000: Used relaxation technique for weight problem

RELCND76	Frequency	Percent
1 Mentioned	12	1.23
2 Not mentioned	960	98.36
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_77.000: Used relaxation technique for back pain or problem

RELCND77	Frequency	Percent
1 Mentioned	50	5.12
2 Not mentioned	922	94.47
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_78.000: Used relaxation technique for head or chest cold

RELCND78	Frequency	Percent
1 Mentioned	4	0.41
2 Not mentioned	968	99.18
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_79.000: Used relaxation technique for neck pain or problem

RELCND79	Frequency	Percent
1 Mentioned	16	1.64
2 Not mentioned	956	97.95
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_80.000: Used relaxation technique for severe headache or migraine

RI	ELCND80	Frequency	Percent
1	Mentioned	30	3.07
2	Not mentioned	942	96.52
7	Refused	3	0.31
8	Not ascertained	0	0.00
9	Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_81.000: Used relaxation technique for stomach or intestinal illness

RELCND81	Frequency	Percent
1 Mentioned	14	1.43
2 Not mentioned	958	98.16
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_82.000: Used relaxation technique for other (specify)

RELCND82	Frequency	Percent
1 26 1 1	120	1414
1 Mentioned	138	14.14
2 Not mentioned	834	85.45
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_83.000: Used relaxation technique for anemia and other blood disorders

RELCND83	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_84.000: Used relaxation technique for other allergies

RELCND84	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	972	99.59
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_85.000: Used relaxation technique for other infectious diseases and problems of the immune system

RELCND85	Frequency	Percent
1 Mentioned	5	0.51
2 Not mentioned	967	99.08
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_86.000: Used relaxation technique for other musculoskeletal

RELCND86	Frequency	Percent
1 Mentioned	3	0.31
2 Not mentioned	969	99.28
7 Refused	3	0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

ALT.922\_87.000: Used relaxation technique for stress

RELCND87	Frequency	Percent
1 Mentioned	77	7.89
2 Not mentioned 7 Refused	895 3	91.70 0.31
8 Not ascertained	0	0.00
9 Don't know	1	0.10

Frequency Missing = 22417

ALT.922\_91.000: Condition count for relaxation techniques

RELCONCT	Frequency	Percent	
01-40 1-40 conditions	972	99.59	
97 Refused	3	0.31	
98 Not ascertained	0	0.00	
99 Don't know	1	0.10	

Frequency Missing = 22417

ALT.923\_00.000: Used relaxation technique for other (specify)

REL_SPEC	Frequency	Percent	
97 Refused	1	0.28	
98 Not ascertained	0	0.00	
99 Don't know	0	0.00	
Verbatim response	355	99.72	

# 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.924\_00.000: Condition for which relaxation technique was used the most

101 Acid reflux or heartburn   2   0.21     102 Angina	REL_MOST	Frequency	Percent
03 Anxiety     15.72       04 Asthma     36       05 Arthritis     10       06 Attention Deficit Disorder/Hyperactivity     3       07 Autism     0       08 Benign tumors, cysts     0       09 Bipplar Disorder     17       10 Birth defect     1       11 Cancer     23       12 Cholesterol     1       13 Chronic Bronchitis     5       14 Circulation problems (other than in the legs)     0       15 Constipation severe enough to require medication     1       16 Coronary heart disease     6       17 Dementia, including Alzheimer's Disease     1       18 Detression     57       20 Diabetes     4       21 Emphysema     16       22 Excessive sleepiness during the day     2       23 Excessive use of alcohol or tobacco     4       24 Fibromyalgia     14       25 Fracture, bone/joint injury     2       26 Gout     0       27 Gum disease     0       28 Gymerologic problem     0       29 Hay fever     0       30 Hearing problem     1       31 Henria     0       32 Other heart condition or disease     12       33 Inflammatory bowel disease     0       36 Influenza or pneumonia     1 <td>01 Acid reflux or heartburn</td> <td>2</td> <td>0.21</td>	01 Acid reflux or heartburn	2	0.21
03 Anxiety     155     15.72       04 Asthma     36     3.70       05 Arthritis     10     1.03       06 Attention Deficit Disorder/Hyperactivity     3     0.31       07 Autism     0     0.00       08 Benign tumors, cysts     0     0.000       08 Biplar Disorder     17     1.75       10 Birth defect     1     0.10       11 Cancer     23     2.36       12 Cholesterol     1     0.10       13 Chronic Bronchitis     5     0.51       14 Circulation problems (other than in the legs)     0     0.00       15 Constipation severe enough to require medication     1     0.10       16 Coronary heart disease     1     0.10       17 Dementia, including Alzheimer's Disease     1     0.10       18 Dentels pain     3     0.31       19 Depression     57     5.86       20 Diabetes     4     0.41       21 Emphysema     16     1.64       22 Excessive sleepiness during the day     2     0.21       23 Excessive use of alcohol or tobacco     4     0.41       24 Fibromyalgia     14     1.44       25 Fracture, bone/joint injury     2     0.21       26 Gout     0     0.00       27	02 Angina	0	
04 Asthma         36         3.70           05 Arthritis         10         1.03           06 Attention Deficit Disorder/Hyperactivity         3         0.31           07 Autism         0         0.00           08 Benign tumors, cysts         0         0.00           09 Bipolar Disorder         17         1.75           10 Birth defect         1         1.010           11 Cancer         23         2.36           12 Cholesterol         1         1.010           13 Chronic Bronchitis         5         0.51           14 Circulation problems (other than in the legs)         0         0.00           15 Constipation severe enough to require medication         1         0.10           16 Coronary heart disease         6         0.62           17 Dementia, including Alzheimer's Disease         1         0.10           18 Dental pain         3         0.31           19 Depression         57         5.86           20 Diabetes         4         0.41           21 Emphysema         16         1.64           22 Excessive sleepiness during the day         2         0.21           23 Excessive sleepiness during the day         2         0.21		153	15.72
06 Attention Deficit Disorder/Hyperactivity       3       0.31         07 Autism       0       0.00         08 Benign tumors, cysts       0       0.00         09 Bipolar Disorder       17       1.75         10 Birth defect       1       1       0.10         11 Cholesterol       1       0.10         12 Cholesterol       1       0.00         13 Chronic Bronchitis       5       0.51         14 Circulation problems (other than in the legs)       0       0.00         15 Constipation severe enough to require medication       1       0.10         16 Coronary heart disease       6       0.62         17 Dementia, including Alzheimer's Disease       1       0.10         18 Depression       37       5.86       6       0.62         19 Depression       57       5.86       6       0.62         20 Diabetes       4       0.41       1       1       1.0         21 Excessive sleepiness during the day       2       0.21       2       0.21         22 Excessive sleepiness during the day       2       0.21       4       1.1       1.4         24 Fibromyalgia       1       1       1.4       1.4       1.4		36	3.70
07 Autism       0       0.00         08 Benign tumors, cysts       0       0.00         09 Bipolar Disorder       17       1.75         10 Birth defect       1       0.10         11 Cancer       23       2.36         12 Cholesterol       1       0.10         13 Chronic Bronchitis       5       5.51         14 Circulation problems (other than in the legs)       0       0.00         15 Constipation severe enough to require medication       1       0.10         16 Coronary heart disease       6       0.62         17 Dementia, including Alzheimer's Disease       1       0.10         18 Dental pain       3       0.31         19 Depression       57       5.86         20 Diabetes       4       0.41         21 Excessive sleepiness during the day       2       2.21         22 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever	05 Arthritis	10	1.03
08 Beinglar tumors, cysts       0       0.00         09 Bipolar Disorder       17       1.75         10 Birth defect       1       0.10         11 Cancer       23       2.36         12 Cholesterol       1       0.10         13 Chronic Bronchitis       5       0.51         14 Circulation problems (other than in the legs)       0       0.00         15 Constipation severe enough to require medication       1       0.10         16 Coronary heart disease       6       0.62         17 Dementia, including Alzheimer's Disease       1       0.10         18 Dental pain       3       0.31         19 Depression       57       5.86         20 Diabetes       4       0.41         21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever <td>06 Attention Deficit Disorder/Hyperactivity</td> <td>3</td> <td>0.31</td>	06 Attention Deficit Disorder/Hyperactivity	3	0.31
09 Bipolar Disorder         17         1.75           10 Birth defect         1         0.10           11 Cancer         23         2.36           12 Cholesterol         1         0.10           13 Chronic Bronchitis         5         0.51           14 Circulation problems (other than in the legs)         0         0.00           15 Constipation severe enough to require medication         1         0.10           16 Coronary heart disease         6         0.62           17 Dementia, including Alzheimer's Disease         1         0.10           18 Dental pain         3         0.31           19 Depression         57         5.66           0 Diabetes         4         0.41           21 Emphysema         16         1.64           22 Excessive sleepiness during the day         2         0.21           23 Excessive use of alcohol or tobacco         4         0.41           24 Fibromyalgia         14         1.44           25 Fracture, bone/joint injury         2         0.21           26 Gout         0         0.00           27 Gum disease         0         0.00           28 Gynecologic problem         0         0.00           3	07 Autism	0	0.00
10 Birth defect       1       0.10         11 Cancer       23       2.36         12 Cholesterol       1       0.10         13 Chronic Bronchitis       5       0.51         14 Circulation problems (other than in the legs)       0       0.00         15 Constipation severe enough to require medication       1       0.10         16 Coronary heart disease       6       0.62         7 Dementia, including Alzheimer's Disease       1       0.10         18 Dental pain       3       0.31         19 Depression       57       5.86         20 Diabetes       4       0.41         21 Excessive sleepiness during the day       2       0.21         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Hen	08 Benign tumors, cysts	0	0.00
11   Cancer   23   2.36     12   Cholesterol   1   0.10     13   Chronic Bronchitis   5   0.51     14   Circulation problems (other than in the legs)   0   0.00     15   Constipation severe enough to require medication   1   0.10     16   Coronary heart disease   6   0.62     17   Dementia, including Alzheimer's Disease   1   0.10     18   Dental pain   3   0.31     19   Depression   57   5.86     20   Diabetes   4   0.41     21   Emphysema   16   1.64     22   Excessive sleepiness during the day   2   0.21     23   Excessive use of alcohol or tobacco   4   0.41     24   Fibromyalgia   14   1.44     25   Fracture, bone/joint injury   2   0.21     26   Gout   0   0.00     27   Gum disease   0   0.00     28   Gynecologic problem   0   0.00     29   Hay fever   0   0.00     20   Hay fever   0   0.00     30   Hearing problem   1   0.10     31   Heart attack   4   0.41     22   Other heart condition or disease   12   1.23     33   Hernia   0   0.00     34   Hypertension   37   3.80     35   Inflammatory bowel disease   0   0.00     36   Influenza or pneumonia   1   0.10     37   Insomnia or trouble sleeping   23   2.36     38   Irritable bowel   2   0.21     39   Jaw pain   1   0.10     40   Joint pain or stiffness/other joint condition   18   1.85     41   Knee problems (not arthritis, not joint injury)   0   0.00     42   Liver problem   1   0.10     43   Luny breathing problem (not already listed)   17   1.75     44   Lupus   1   0.10     45   Mania or psychosis   1   0.10     46   Memory loss or loss of other cognitive function   0   0.00     47   Menopause   2   0.21     48   Menstrual problems (fingers, toes or digits), amputee   1   0.10     50   Other developmental problem   0   0.00     51   Other developmental problem   0   0.00     52   Other developmental problem   0	09 Bipolar Disorder	17	1.75
12 Cholesterol   1	10 Birth defect	1	0.10
13 Chronic Bronchitis       5       0.51         14 Circulation problems (other than in the legs)       0       0.00         15 Constipation severe enough to require medication       1       0.10         16 Coronary heart disease       6       0.62         17 Dementia, including Alzheimer's Disease       1       0.10         18 Dental pain       3       0.31         19 Depression       57       5.86         0 Diabetes       4       0.41         21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Heyer       0	11 Cancer	23	2.36
14 Circulation problems (other than in the legs)       0       0.00         15 Constipation severe enough to require medication       1       0.10         16 Coronary heart disease       6       0.62         17 Dementia, including Alzheimer's Disease       1       0.10         18 Dental pain       3       0.31         19 Depression       57       5.86         20 Diabetes       4       0.41         21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         36 Influenza or pneumonia       1       0.10         37 In	12 Cholesterol	1	0.10
15 Constipation severe enough to require medication   1   0.10     16 Coronary heart disease   7   0.10     17 Dementia, including Alzheimer's Disease   1   0.10     18 Dental pain   3   0.31     19 Depression   57   5.86     20 Diabetes   4   0.41     21 Emphysema   16   1.64     22 Excessive sleepiness during the day   2   0.21     23 Excessive use of alcohol or tobacco   4   0.41     24 Fibromyalgia   14   1.44     25 Fracture, bone/joint injury   2   0.21     26 Gout   0   0.00     27 Gum disease   0   0.00     28 Gynecologic problem   0   0.00     29 Hay fever   0   0.00     30 Hearing problem   1   0.10     31 Heart attack   4   0.41     32 Other heart condition or disease   12   1.23     33 Hernia   0   0.00     34 Hypertension   37   3.80     35 Inflammatory bowel disease   0   0.00     36 Influenza or pneumonia   1   0.10     37 Insomnia or trouble sleeping   23   2.36     38 Irritable bowel   2   0.21     39 Jaw pain   1   0.10     40 Joint pain or stiffness/other joint condition   18   1.85     41 Knee problems (not arthritis, not joint injury)   0   0.00     42 Liver problem   1   0.10     45 Mania or psychosis   1   0.10     46 Memory loss or loss of other cognitive function   0   0.00     47 Menopause   7   0.72     48 Menstrual problems   7   0.72     49 Mental retardation   3   0.31     50 Missing limbs (fingers, toes or digits), amputee   1   0.10     50 Other developmental problem   0   0.00     50 Other injury   0   0.00	13 Chronic Bronchitis	5	0.51
16 Coronary heart disease       1       0.10         17 Dementia, including Alzheimer's Disease       1       0.10         18 Dental pain       3       0.31         19 Depression       57       5.86         20 Diabetes       4       0.41         21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         20 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       2	14 Circulation problems (other than in the legs)	0	0.00
1   0.10			
18 Dental pain       3       0.31         19 Depression       57       5.86         20 Diabetes       4       0.41         21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10	16 Coronary heart disease	6	
19 Depression 57 5.86 20 Diabetes 4 0.41 21 Emphysema 16 1.64 22 Excessive sleepiness during the day 2 0.21 23 Excessive use of alcohol or tobacco 4 0.41 24 Fibromyalgia 14 1.44 25 Fracture, bone/joint injury 2 0.21 26 Gout 0 0 0.00 27 Gum disease 0 0 0.00 28 Gynecologic problem 0 0.00 29 Hay fever 0 0 0.00 30 Hearing problem 1 0.10 31 Heart attack 4 0.41 32 Other heart condition or disease 12 1.23 33 Hernia 0 0.00 34 Hypertension 37 3.80 35 Inflammatory bowel disease 0 0 0.00 36 Influenza or pneumonia 1 0.10 37 Insomnia or trouble sleeping 23 2.36 38 Irritable bowel 2 0.21 39 Jaw pain 1 0.10 40 Joint pain or stiffness/other joint condition 18 1.85 41 Knee problems (not arthritis, not joint injury) 0 0.00 42 Liver problem (not already listed) 17 1.75 44 Lupus 1 0.10 45 Mania or psychosis 1 0.10 46 Memory loss or loss of other cognitive function 0 0.00 47 Menopause 2 0.21 48 Menstrual problems (fingers, toes or digits), amputee 1 0.10 49 Mental retardation 3 0.31 50 Missing limbs (fingers, toes or digits), amputee 1 0.10 51 Other developmental problem (0 0.00 53 Other injury 0 0 0.00			
20 Diabetes       4       0.41         21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems       1		_	
21 Emphysema       16       1.64         22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Lu		57	
22 Excessive sleepiness during the day       2       0.21         23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Lupus       1       0.10         45 Mania o			
23 Excessive use of alcohol or tobacco       4       0.41         24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         30 Heyertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory			
24 Fibromyalgia       14       1.44         25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory l			
25 Fracture, bone/joint injury       2       0.21         26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopause       2       0.21         48 Menstrua			
26 Gout       0       0.00         27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Menory loss or loss of other cognitive function       0       0.00         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0			
27 Gum disease       0       0.00         28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopause       2       0.21			
28 Gynecologic problem       0       0.00         29 Hay fever       0       0.00         30 Hearing problem       1       0.10         31 Heart attack       4       0.41         32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopause       2       0.21         48 Menstrual problems       7       0.72      <			
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32 Other heart condition or disease       12       1.23         33 Hernia       0       0.00         34 Hypertension       37       3.80         35 Inflammatory bowel disease       0       0.00         36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopause       2       0.21         48 Menstrual problems       7       0.72         49 Mental retardation       3       0.31         50 Missing limbs (fingers, toes or digits), amputee       1       0.10         51 Osteoporosis, tendinitis       1       0.10         52 Other developmental pro			
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36 Influenza or pneumonia       1       0.10         37 Insomnia or trouble sleeping       23       2.36         38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopause       2       0.21         48 Menstrual problems       7       0.72         49 Mental retardation       3       0.31         50 Missing limbs (fingers, toes or digits), amputee       1       0.10         51 Osteoporosis, tendinitis       1       0.10         52 Other developmental problem       0       0.00         53 Other injury       0       0.00	<del></del>		
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38 Irritable bowel       2       0.21         39 Jaw pain       1       0.10         40 Joint pain or stiffness/other joint condition       18       1.85         41 Knee problems (not arthritis, not joint injury)       0       0.00         42 Liver problem       1       0.10         43 Lung/breathing problem (not already listed)       17       1.75         44 Lupus       1       0.10         45 Mania or psychosis       1       0.10         46 Memory loss or loss of other cognitive function       0       0.00         47 Menopause       2       0.21         48 Menstrual problems       7       0.72         49 Mental retardation       3       0.31         50 Missing limbs (fingers, toes or digits), amputee       1       0.10         51 Osteoporosis, tendinitis       1       0.10         52 Other developmental problem       0       0.00         53 Other injury       0       0.00	<del>-</del>		
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		1	0.10

## 2007 National Health Interview Survey (NHIS) Adult Alternative Medicine Public Use File (althealt) ALT Variables Wednesday, June 4, 2008 Unweighted Frequencies

ALT.924\_00.000: Condition for which relaxation technique was used the most

REL_MOST	Frequency	Percent
55 Phobia or fears	7	0.72
56 Polio (myelitis), paralysis, para/quadriplegia	0	0.00
57 Poor circulation in legs	1	0.10
58 Prostate trouble or impotence	0	0.00
59 Regular headaches	11	1.13
60 Rheumatoid arthritis	8	0.82
61 Schizophrenia	1	0.10
62 Seizures	2	0.21
63 Senility	0	0.00
64 Sinusitis	2	0.21
65 Skin problems	0	0.00
66 Sprain or strain	0	0.00
67 Stroke	1	0.10
68 Substance abuse, other than alcohol or tobacco	6	0.62
69 Filled problem	15	1.54
70 Filled problem	3	0.31
71 Ulcer	0	0.00
72 Urinary problem	1	0.10
73 Varicose veins, hemorrhoids	0	0.00
74 Vision problem	1	0.10
75 Weak or failing kidneys	0	0.00
76 Weight problem	2	0.21
77 Back pain or problem	38	3.91
78 Head or chest cold	3	0.31
79 Neck pain or problem	5	0.51
80 Severe headache or migraine	18	1.85
81 Stomach or intestinal illness	7	0.72
82 Other - specify	343	35.25
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	3	0.31

Frequency Missing = 22420

ALT.926\_01.000: Received no conventional medical treatment for condition for which a relaxation technique was used the most

RELMED00	Frequency	Percent
1 Mentioned	341	35.15
2 Not mentioned	626	64.54
7 Refused	2	0.21
8 Not ascertained	1	0.10
9 Don't know	0	0.00

ALT.926\_02.000: Received prescription medications for condition for which a relaxation technique was used the most

RELMED01	Frequency	Percent
1 Mentioned	 516	53.20
2 Not mentioned	451	46.49
7 Refused	2	0.21
8 Not ascertained	1	0.10
9 Don't know	0	0.00

Frequency Missing = 22423

ALT.926\_03.000: Received over-the-counter medications for condition for which a relaxation technique was used the most

RELMED02	Frequency	Percent
1 Mentioned	116	11.96
2 Not mentioned	851	87.73
7 Refused	2	0.21
8 Not ascertained	1	0.10
9 Don't know	0	0.00

Frequency Missing = 22423

ALT.926\_04.000: Received surgery for condition for which a relaxation technique was used the most

RELMED03	Frequency	Percent
1 Mentioned	66	6.80
2 Not mentioned	901	92.89
7 Refused	2	0.21
8 Not ascertained	1	0.10
9 Don't know	0	0.00

Frequency Missing = 22423

ALT.926\_05.000: Received physical therapy for condition for which a relaxation technique was used the most

RELMED04	Frequency	Percent
1 Mentioned	 67	6.91
2 Not mentioned	900	92.78
7 Refused	2	0.21
8 Not ascertained	1	0.10
9 Don't know	0	0.00

ALT.926\_06.000: Received mental health counseling for condition for which a relaxation technique was used the most

RELMED05 Frequency Perce	
1 Mentioned 172 17.7 2 Not mentioned 795 81.9	_
7 Refused 2 0.2	1
8 Not ascertained 1 0.1	0
9 Don't know 0 0.0	0

Frequency Missing = 22423

ALT.928\_01.000: Time received prescription medications for condition for which a relaxation technique was used the most

REL_TIM1	Frequency	Percent
1 Before 2 At about the same time	215 223	41.67 43.22
3 After	74	14.34
7 Refused 8 Not ascertained	1	0.19
9 Don't know	3	0.58

Frequency Missing = 22877

ALT.928\_02.000: Time received over-the-counter medications for condition for which a relaxation technique was used the most

REL_TIM2	Frequency	Percent
1 Before	44	37.93
2 At about the same time	53	45.69
3 After	18	15.52
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	1	0.86

ALT.928\_03.000: Time received surgery for condition for which a relaxation technique was used the most

REL_TIM3	Frequency	Percent
1 Before	26	39.39
2 At about the same time 3 After	26 13	39.39 19.70
7 Refused 8 Not ascertained	0 0	0.00
9 Don't know	1	1.52

Frequency Missing = 23327

ALT.928\_04.000: Time received physical therapy for condition for which a relaxation technique was used the most

REL_TIM4	Frequency	Percent
1 Before	20	29.85
2 At about the same time	38	56.72
3 After	9	13.43
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23326

ALT.928\_05.000: Time received mental health counseling for condition for which a relaxation technique was used the most

REL_TIM5	Frequency	Percent
1 Before	67	38.95
2 At about the same time	91	52.91
3 After	14	8.14
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

Frequency Missing = 23221

ALT.930\_00.000: Used a relaxation technique to improve or enhance energy

REL_ENG	Frequency	Percent
1 Yes	1482	38.82
2 No	2327	60.95
7 Refused	4	0.10
8 Not ascertained	0	0.00
9 Don't know	5	0.13

ALT.932\_00.000: Used a relaxation technique for general wellness or general disease prevention

REL_WEL	Frequency	Percent
1 Yes	2411	63.15
2 No	1402	36.72
7 Refused	4	0.10
8 Not ascertained	0	0.00
9 Don't know	1	0.03

Frequency Missing = 19575

ALT.934\_00.000: Used a relaxation technique to improve or enhance immune function

REL_IMM	Frequency	Percent
1 Yes	731	19.15
2 No	3069	80.38
7 Refused	5	0.13
8 Not ascertained	0	0.00
9 Don't know	13	0.34

Frequency Missing = 19575

ALT.936\_00.000: Used a relaxation technique to cope with having an illness

REL_COP	Frequency	Percent
1 Yes	743	19.46
2 No	3068	80.36
7 Refused	3	0.08
8 Not ascertained	0	0.00
9 Don't know	4	0.10

Frequency Missing = 19575

ALT.938\_00.000: Used a relaxation technique because medical treatments did not help

REL_NOHP	Frequency	Percent
1 Yes	234	6.13
2 No	3575	93.64
7 Refused	3	0.08
8 Not ascertained	0	0.00
9 Don't know	6	0.16

ALT.940\_00.000: Used a relaxation technique because medical treatments were too expensive

REL_EXPS	Frequency	Percent
1 Yes	164	4.30
2 No	3648	95.55
7 Refused	3	0.08
8 Not ascertained	0	0.00
9 Don't know	3	0.08

Frequency Missing = 19575

ALT.942\_00.000: Used a relaxation technique because it was recommended by a health care provider

REL_SUGG	Frequency	Percent
1 Yes	668	17.50
2 No	3145	82.37
7 Refused	3	0.08
8 Not ascertained	0	0.00
9 Don't know	2	0.05

Frequency Missing = 19575

ALT.944\_00.000: Used a relaxation technique because it was recommended by family, friends, or co-workers

REL_FFC	Frequency	Percent
1 Yes	1024	26.82
2 No	2789	73.05
7 Refused	3	0.08
8 Not ascertained	0	0.00
9 Don't know	2	0.05

Frequency Missing = 19575

ALT.946\_00.000: Saw a practitioner or took a class for relaxation technique, past 12 months

REL_PRAC	Frequency	Percent
1 Yes	409	10.71
2 No	3405	89.18
7 Refused	1	0.03
8 Not ascertained	0	0.00
9 Don't know	3	0.08

ALT.948\_00.000: Number of times saw a practitioner or took a class for relaxation technique

REL_YR	Frequency	Percent
1 Only one time 2 2-5 times	80 124	19.56
3 6-10 times	47	30.32 11.49
4 11-15 times 5 16-20 times	40 14	9.78 3.42
6 More than 20 times	95	23.23
7 Refused	1	0.24
8 Not ascertained	0	0.00
9 Don't know	8	1.96

Frequency Missing = 22984

ALT.950\_00.000: Amount paid per visit to practitioner or for a class for relaxation technique

REL_PAY	Frequency	Percent
000-499 \$0-\$499	369	90.22
500 \$500 or more	4	0.98
997 Refused	6	1.47
998 Not ascertained	0	0.00
999 Don't know	30	7.33

Frequency Missing = 22984

ALT.952\_00.000: Bought relaxation technique self-help book or other materials

REL_BKS	Frequency	Percent
1 Yes	749	19.62
2 No	3062	80.20
7 Refused	5	0.13
8 Not ascertained	0	0.00
9 Don't know	2	0.05

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ALT Variables Wednesday, June 4, 2008
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ALT.954\_00.000: Amount paid for relaxation technique self-help book or other materials

REL_BPAY	Frequency	Percent
000-499 \$0-\$499	 678	90.52
500 \$500 or more	5	0.67
997 Refused	1	0.13
998 Not ascertained	0	0.00
999 Don't know	65	8.68

Frequency Missing = 22644

ALT.956\_00.000: Let conventional medical professional know about use of relaxation technique

RELDISC	Frequency	Percent
1 Yes	948	24.83
2 No	2858	74.86
7 Refused	5	0.13
8 Not ascertained	0	0.00
9 Don't know	7	0.18

Frequency Missing = 19575

ALT.958\_01.000: Let medical doctor (including specialists) know about use of relaxation technique

RELPRF1	Frequency	Percent
1 Mentioned	851	89.77
2 Not mentioned	95	10.02
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0 21

Frequency Missing = 22445

ALT.958\_02.000: Let Doctor of Osteopathy (D.O.) know about use of relaxation technique

RELPRF2	Frequency	Percent
1 Mentioned	23	2.43
2 Not mentioned	923	97.36
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

ALT.958\_03.000: Let nurse practitioner/physician assistant know about use of relaxation technique

RELPRF3	Frequency	Percent
1 Mentioned	67	7.07
2 Not mentioned	879	92.72
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

Frequency Missing = 22445

ALT.958\_04.000: Let psychiatrist know about use of relaxation technique

RELPRF4	Frequency	Percent
1 Mentioned	72	7.59
2 Not mentioned	874	92.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

Frequency Missing = 22445

ALT.958\_05.000: Let dentist (including specialists) know about use of relaxation technique

RELPRF5	Frequency	Percent
1 Mentioned	8	0.84
2 Not mentioned	938	98.95
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

Frequency Missing = 22445

ALT.958\_06.000: Let psychologist/social worker know about use of relaxation technique

RELPRF6	Frequency	Percent
1 Mentioned	51	5.38
2 Not mentioned	895	94.41
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

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ALT.958\_07.000: Let pharmacist know about use of relaxation technique

RELPRF7	Frequency	Percent
1 Mentioned	 5	0.53
2 Not mentioned	941	99.26
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	2	0.21

Frequency Missing = 22445

ALT.960\_01.000: Did not use meditation during the past 12 months because I never thought about it

RELNOYR1	Frequency	Percent
1 Mentioned	94	15.28
2 Not mentioned	518	84.23
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.960\_02.000: Did not use meditation during the past 12 months for no reason

RELNOYR2	Frequency	Percent
1 Mentioned	263	42.76
2 Not mentioned	349	56.75
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.960\_03.000: Did not use meditation during the past 12 months because I didn't need it in the last 12 months

RELNOYR3	Frequency	Percent
1 Mentioned	145	23.58
2 Not mentioned	467	75.93
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

ALT.960\_04.000: Did not use meditation during the past 12 months because it didn't work for me before

RELNOYR4	Frequency	Percent
1 Mentioned	33	5.37
2 Not mentioned	579	94.15
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.960\_05.000: Did not use meditation during the past 12 months because it costs too much

RELNOYR5	Frequency	Percent
1 Mentioned	4	0.65
2 Not mentioned	608	98.86
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.960\_06.000: Did not use meditation during the past 12 months because I had side effects last time

RELNOYR6	Frequency	Percent
1 Mentioned	1	0.16
2 Not mentioned	611	99.35
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.960\_07.000: Did not use meditation during the past 12 months because a health care provider told me not to use it

RELNOYR7	Frequency	Percent
1 Mentioned	2	0.33
2 Not mentioned	610	99.19
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

ALT.960\_08.000: Did not use meditation during the past 12 months because medical science has not shown that it works

RELNOYR8	Frequency	Percent
1 Mentioned	0	0.00
2 Not mentioned	612	99.51
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.960\_09.000: Did not use meditation during the past 12 months for some other reason

RELNOYR9	Frequency	Percent
1 Mentioned	85	13.82
2 Not mentioned	527	85.69
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	3	0.49

Frequency Missing = 22778

ALT.962\_00.000: Kinds of side effects from meditation

REL_SDEF	Frequency	Percent
97 Refused	0	0.00
98 Not ascertained	0	0.00
99 Don't know	0	0.00
Verbatim response	1	100.00

Frequency Missing = 23392

ALT.964\_00.000: Side effects from meditation required medical attention

REL_ATT	Frequency	Percent
1 Yes	0	0.00
2 No	1	100.00
7 Refused	0	0.00
8 Not ascertained	0	0.00
9 Don't know	0	0.00

ALT.966\_01.000: Never used meditation because I never heard of it/don't know much about it

RELNOU01	Frequency	Percent
1 Mentioned	2065	10.41
2 Not mentioned	17646	89.00
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_02.000: Never used meditation because I never thought about it

RELNOU02	Frequency	Percent
1 Mentioned	4725	23.83
2 Not mentioned	14986	75.58
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_03.000: Never used meditation for no reason

RELNOU03	Frequency	Percent
1 Mentioned	7888	39.78
2 Not mentioned	11823	59.63
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_04.000: Never used meditation because I don't need it

RELNOU04	Frequency	Percent
1 Mentioned	4097	20.66
2 Not mentioned	15614	78.75
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

ALT.966\_05.000: Never used meditation because I don't believe in it/it doesn't work

RELNOU05	Frequency	Percent
1 Mentioned	 665	3.35
2 Not mentioned	19046	96.06
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_06.000: Never used meditation because it costs too much

RELNOU06	Frequency	Percent
1 Mentioned	77	0.39
2 Not mentioned	19634	99.02
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_07.000: Never used meditation because it is not safe

RELNOU07	Frequency	Percent
1 Mentioned	8	0.04
2 Not mentioned	19703	99.37
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_08.000: Never used meditation because a health care provider told me not to use it

RELNOU08	Frequency	Percent
1 Mentioned 2 Not mentioned 7 Refused	3 19708 24	0.02 99.39 0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

ALT.966\_09.000: Never used meditation because medical science has not shown that it works

RELNOU09	Frequency	Percent
1 Mentioned	26	0.13
2 Not mentioned	19685	99.28
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.966\_10.000: Never used meditation for some other reason

RELNOU10	Frequency	Percent
1 Mentioned	555	2.80
2 Not mentioned	19156	96.61
7 Refused	24	0.12
8 Not ascertained	7	0.04
9 Don't know	86	0.43

Frequency Missing = 3565

ALT.968\_00.000: Ever prayed for own health

PRA_SLFE	Frequency	Percent
1 Yes	13179	56.34
2 No	9162	39.17
7 Refused	229	0.98
8 Not ascertained	688	2.94
9 Don't know	135	0.58

ALT.970\_00.000: Prayed for own health, past 12 months

PRA_SLFM	Frequency	Percent
4		
1 Yes	11286	85.64
2 No	1858	14.10
7 Refused	4	0.03
8 Not ascertained	0	0.00
9 Don't know	31	0.24

ALT.972\_00.000: Ever asked others to pray for your own health

PRA_OTHE	Frequency	Percent
1 Yes	8406	35.93
2 No	13890	59.38
7 Refused	226	0.97
8 Not ascertained	689	2.95
9 Don't know	182	0.78

ALT.974\_00.000: Had others pray for own health, past 12 months

PRA_OTHM	Frequency	Percent
1 Yes	6916	82.27
2 No	1465	17.43
7 Refused	1	0.01
8 Not ascertained	0	0.00
9 Don't know	24	0.29

ALT.000\_00.000: Record completion status

COMPSTAT	Frequency	Percent
1 Not ascertained answers only	556	2.38
2 Refused and don't know answers only	51	0.22
3 Refused, DK, and not ascertained answers only	3	0.01
4 At least one valid answer	22783	97.39