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Medical leadership for mind, brain and body.

APA PROPOSAL FOR NEW CODE FOR MILD COGNITIVE DISORDER DUE TO KNOWN PHYSIOLOGICAL CONDITION

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BACKGROUND

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- Cognitive impairment related to aging occurs on a continuum, ranging from normal age-associated changes, to cognitive deficits that exceed those expected given a person's age (but not severe enough to interfere with capacity for independence in everyday activities), to deficits that are severe enough to warrant a dementia diagnosis
- Similarly, degenerative diseases of the nervous system such as Alzheimer's disease typically evolve over time, so that there is a period of asymptomatic histopathological changes progressing to a period of mild cognitive impairment (often protracted) on the way to the development of overt dementia.
- In recent years there has been great interest in identifying and potentially treating individuals during this pre-dementia period with the hope that clinical intervention might prevent the progression of the underlying illness.

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331.83 MILD COGNITIVE IMPAIRMENT ADDED (EFFECTIVE OCTOBER 2006)

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- At September 2005 ICD-9-CM C+M meeting, AAN requested a new code for Mild Cognitive Impairment , defined by an impairment in memory (or any other cognitive domain) that is beyond what is normal for age, with relatively intact function in the other domains.
- Identifies patients at high risk for developing dementia, presumed to be due to Alzheimer's disease.

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MCI DUE TO OTHER ETIOLOGIES

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- Over past fifteen years, presentations of mild cognitive impairment due to neurodegenerative diseases other than Alzheimer's and other etiologies have been identified:
  - MCI due to vascular disease (Neuropsychiatric Disease and Treatment 2014:10 1677–1691)
  - MCI due to frontotemporal lobar degeneration (J Alzheimers Dis. 2004 Feb;6(1):1-9)
  - MCI due to HIV disease (J Neurovirol. 2015 Oct; 21(5): 576–584)
  - MCI due to Lewy body disease (Mov Disord. 2014 Apr 15; 29(5): 608–621)
  - MCI due to traumatic brain injury (J Alzheimers Dis. 2016;51(3):727-36)
  - MCI due to Parkinson's disease (Movement Disorders. 2012;27(3):349-56)
  - MCI due to Huntington's disease (Neurology. 2010 Aug 10; 75(6): 500–507)

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APA PROPOSES NEW SUBCATEGORY UNDER F06

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- Proposed new code: **F06.7x Mild Cognitive Disorder due to known physiological condition**
- Compatible with WHO ICD-10 F06.7 Mild cognitive disorder due to brain damage and dysfunction and to physical disease
- Proposal modeled after F02.8 Dementia in diseases classified elsewhere, with a coding note instruction to "Code first the underlying physiological condition"
- The conditions listed under F02.8 are included as well, since the same conditions that can cause dementia can also cause mild cognitive disorder.
- Proposed 5th digit to indicate presence (or absence) of a behavioral disturbance, also modeled after F02.8x; provides for clinical documentation of progression of behavioral symptoms which are a highly significant indicator or progression of underlying disease

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PROPOSED MODIFICATION OF G31.84 MILD COGNITIVE IMPAIRMENT

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- G31.84 should be retained but apply only to cases of mild cognitive impairment which are presumed to be due to a medical etiology, but for which the etiology is uncertain or unknown.
- Proposed revision of code title from "Mild cognitive impairment, so stated" to "Mild cognitive impairment of uncertain or unknown etiology"

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