

**Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Total	14.9 (0.26)	7.1 (0.18)	4.9 (0.15)	9.0 (0.20)	3.0 (0.12)	9.0 (0.19)	2.3 (0.10)	1.7 (0.09)	4.1 (0.14)	5.9 (0.16)
Sex										
Male	12.3 (0.34)	5.8 (0.23)	3.8 (0.19)	7.3 (0.26)	2.4 (0.16)	7.4 (0.25)	2.1 (0.14)	1.6 (0.14)	2.5 (0.17)	3.8 (0.19)
Female	17.3 (0.36)	8.2 (0.26)	5.8 (0.22)	10.5 (0.28)	3.6 (0.18)	10.3 (0.27)	2.5 (0.14)	1.8 (0.12)	5.4 (0.22)	7.6 (0.25)
Age (years)										
18–44	5.1 (0.28)	1.8 (0.19)	1.2 (0.14)	2.4 (0.17)	1.5 (0.14)	2.5 (0.19)	0.7 (0.09)	0.5 (0.09)	1.1 (0.14)	1.7 (0.16)
45–64	18.7 (0.52)	8.6 (0.35)	5.7 (0.30)	11.5 (0.42)	4.8 (0.25)	11.6 (0.41)	3.1 (0.21)	2.2 (0.19)	4.9 (0.28)	7.4 (0.33)
65–74	30.0 (0.89)	14.3 (0.62)	10.2 (0.55)	18.1 (0.69)	4.3 (0.34)	19.5 (0.75)	4.0 (0.34)	2.7 (0.31)	7.4 (0.57)	10.7 (0.61)
75 and over	48.6 (1.10)	27.7 (0.94)	20.1 (0.84)	32.6 (1.03)	5.0 (0.45)	29.4 (1.02)	8.6 (0.62)	6.2 (0.53)	16.6 (0.85)	21.8 (0.88)
Race										
One race <sup>2</sup>	14.8 (0.26)	7.1 (0.18)	4.9 (0.15)	8.9 (0.20)	2.9 (0.12)	8.9 (0.20)	2.3 (0.10)	1.7 (0.09)	4.1 (0.15)	5.9 (0.16)
White	14.3 (0.27)	6.7 (0.19)	4.6 (0.16)	8.5 (0.21)	2.8 (0.14)	8.7 (0.22)	2.2 (0.11)	1.6 (0.10)	3.7 (0.15)	5.4 (0.17)
Black or African American	19.0 (0.78)	10.3 (0.61)	7.6 (0.52)	12.2 (0.66)	4.1 (0.35)	11.3 (0.61)	3.1 (0.31)	2.1 (0.28)	6.5 (0.52)	9.2 (0.54)
American Indian or Alaska Native	26.3 (2.71)	13.9 (2.82)	8.4 (2.07)	16.0 (2.26)	7.1 (1.52)	14.9 (2.20)	*	*	8.2 (1.61)	9.4 (1.63)
Asian	10.7 (0.87)	4.4 (0.61)	3.0 (0.53)	7.0 (0.74)	1.5 (0.38)	5.9 (0.71)	1.8 (0.40)	1.1 (0.31)	4.2 (0.65)	5.1 (0.69)
Native Hawaiian or Other Pacific Islander	22.4 (6.24)	*	*	*	*	*	*	*	*	*
Two or more races <sup>3</sup>	20.9 (1.94)	7.8 (1.19)	5.4 (0.93)	10.1 (1.22)	6.6 (1.20)	11.1 (1.38)	2.6 (0.58)	1.9 (0.76)	3.4 (0.72)	5.2 (0.91)
Black or African American, white	29.1 (4.46)	*	*	16.6 (2.77)	11.8 (1.66)	16.5 (2.79)	*	*	*	10.4 (1.28)
American Indian or Alaska Native, white	22.0 (2.85)	9.4 (1.90)	5.8 (1.44)	11.4 (2.05)	7.5 (1.98)	11.5 (1.98)	*	1.6 (0.74)	2.6 (0.84)	6.3 (1.49)
Hispanic or Latino origin <sup>4</sup> and race										
Hispanic or Latino	14.9 (0.71)	7.4 (0.54)	6.6 (0.48)	9.0 (0.57)	3.9 (0.38)	9.5 (0.59)	3.1 (0.35)	2.9 (0.37)	6.0 (0.47)	7.5 (0.51)
Mexican or Mexican American	14.4 (0.99)	7.3 (0.75)	6.0 (0.62)	8.5 (0.78)	3.1 (0.42)	9.5 (0.82)	3.3 (0.49)	2.9 (0.50)	5.6 (0.61)	7.6 (0.71)
Not Hispanic or Latino	15.1 (0.28)	7.1 (0.18)	4.7 (0.15)	9.0 (0.21)	2.9 (0.13)	8.9 (0.20)	2.3 (0.11)	1.5 (0.09)	3.9 (0.15)	5.7 (0.17)
White, single race	14.4 (0.31)	6.7 (0.20)	4.3 (0.16)	8.6 (0.23)	2.7 (0.14)	8.6 (0.23)	2.2 (0.12)	1.4 (0.10)	3.4 (0.16)	5.2 (0.18)
Black or African American, single race	19.2 (0.82)	10.4 (0.63)	7.6 (0.54)	12.2 (0.68)	4.0 (0.35)	11.4 (0.63)	3.1 (0.32)	2.1 (0.28)	6.6 (0.54)	9.1 (0.56)

**Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
<b>Education<sup>5</sup></b>										
Less than a high school diploma	25.7 (1.03)	13.6 (0.70)	11.5 (0.68)	15.9 (0.82)	6.3 (0.58)	16.6 (0.85)	4.8 (0.41)	3.7 (0.38)	9.5 (0.70)	12.4 (0.66)
High school diploma or GED <sup>6</sup>	20.8 (0.62)	10.2 (0.43)	7.0 (0.37)	12.4 (0.48)	4.5 (0.32)	12.6 (0.51)	3.3 (0.27)	2.2 (0.20)	5.6 (0.35)	8.6 (0.42)
Some college	18.0 (0.54)	8.5 (0.40)	5.4 (0.32)	10.9 (0.41)	3.6 (0.27)	10.6 (0.42)	2.5 (0.21)	1.8 (0.18)	4.4 (0.30)	6.5 (0.35)
Bachelor's degree or higher	9.8 (0.35)	3.6 (0.21)	2.2 (0.17)	5.6 (0.27)	1.6 (0.16)	5.4 (0.28)	1.4 (0.15)	1.1 (0.15)	2.2 (0.19)	3.0 (0.22)
<b>Current employment status<sup>7</sup></b>										
Employed	7.6 (0.34)	2.2 (0.23)	1.3 (0.15)	3.3 (0.24)	1.2 (0.12)	4.4 (0.27)	0.7 (0.11)	0.4 (0.09)	1.1 (0.17)	2.0 (0.20)
Full-time	6.3 (0.45)	1.7 (0.25)	0.9 (0.15)	2.3 (0.21)	1.0 (0.19)	3.4 (0.30)	0.5 (0.12)	0.5 (0.17)	0.9 (0.29)	1.4 (0.19)
Part-time	10.9 (0.69)	3.4 (0.44)	2.1 (0.35)	4.8 (0.50)	2.1 (0.31)	5.9 (0.52)	1.2 (0.23)	0.7 (0.17)	1.7 (0.33)	3.4 (0.42)
Not employed but has worked previously	27.0 (0.67)	13.9 (0.50)	9.5 (0.42)	17.7 (0.55)	7.0 (0.41)	16.3 (0.52)	4.9 (0.30)	3.4 (0.25)	7.9 (0.40)	11.7 (0.47)
Not employed and has never worked	25.2 (1.70)	14.4 (1.39)	11.0 (1.10)	15.8 (1.30)	6.3 (0.92)	15.2 (1.38)	5.2 (0.94)	3.6 (0.77)	11.2 (1.17)	12.3 (1.14)
<b>Family income<sup>8</sup></b>										
Less than \$35,000	25.4 (0.63)	13.4 (0.45)	9.8 (0.42)	16.4 (0.50)	6.6 (0.38)	15.9 (0.50)	4.7 (0.28)	3.3 (0.24)	8.4 (0.40)	11.3 (0.41)
\$35,000 or more	11.4 (0.28)	5.0 (0.20)	3.1 (0.16)	6.4 (0.22)	1.9 (0.12)	6.6 (0.22)	1.6 (0.11)	1.2 (0.11)	2.5 (0.15)	3.9 (0.18)
\$35,000–\$49,999	18.4 (0.85)	9.0 (0.63)	5.5 (0.53)	10.4 (0.67)	3.5 (0.38)	11.1 (0.69)	2.4 (0.30)	2.0 (0.35)	3.5 (0.40)	6.9 (0.60)
\$50,000–\$74,999	14.3 (0.64)	6.8 (0.50)	4.6 (0.40)	8.7 (0.52)	3.1 (0.33)	8.8 (0.49)	2.1 (0.26)	1.6 (0.23)	3.7 (0.37)	5.2 (0.42)
\$75,000–\$99,999	11.2 (0.68)	4.7 (0.49)	2.7 (0.37)	6.1 (0.50)	1.6 (0.29)	6.0 (0.48)	1.8 (0.32)	1.0 (0.21)	2.8 (0.39)	4.1 (0.46)
\$100,000 or more	7.4 (0.38)	2.8 (0.25)	1.6 (0.21)	3.9 (0.28)	0.9 (0.12)	4.2 (0.31)	0.9 (0.16)	0.8 (0.16)	1.4 (0.20)	2.1 (0.23)
<b>Poverty status<sup>9</sup></b>										
Poor	29.8 (0.94)	16.0 (0.75)	12.1 (0.67)	20.0 (0.79)	8.5 (0.61)	18.9 (0.82)	6.2 (0.50)	3.8 (0.39)	11.1 (0.66)	14.7 (0.70)
Near poor	22.2 (0.73)	11.8 (0.55)	8.7 (0.52)	13.9 (0.60)	5.3 (0.40)	13.8 (0.60)	3.7 (0.32)	3.1 (0.31)	7.2 (0.46)	9.6 (0.49)
Not poor	11.5 (0.27)	5.0 (0.18)	3.1 (0.14)	6.5 (0.20)	1.8 (0.11)	6.7 (0.20)	1.6 (0.10)	1.1 (0.10)	2.5 (0.14)	4.0 (0.16)

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Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Health insurance coverage <sup>10</sup>										
Under 65:										
Private	6.1 (0.23)	2.1 (0.13)	1.3 (0.10)	3.1 (0.16)	1.2 (0.10)	3.5 (0.18)	0.8 (0.09)	0.5 (0.07)	1.2 (0.11)	2.1 (0.14)
Medicaid	26.1 (1.10)	13.2 (0.82)	10.2 (0.75)	16.4 (0.83)	8.7 (0.67)	15.7 (0.87)	5.2 (0.51)	3.5 (0.47)	8.8 (0.72)	11.5 (0.77)
Other coverage	26.4 (1.94)	14.3 (1.63)	8.2 (0.95)	16.7 (1.33)	7.8 (1.07)	14.8 (1.24)	4.2 (0.79)	4.3 (0.77)	6.9 (0.95)	11.9 (1.25)
Uninsured	9.7 (0.66)	4.1 (0.47)	2.3 (0.36)	5.2 (0.52)	2.9 (0.39)	5.1 (0.52)	1.3 (0.24)	0.8 (0.17)	1.9 (0.32)	2.7 (0.37)
65 and over:										
Private	34.3 (1.01)	17.2 (0.80)	11.8 (0.66)	21.7 (0.88)	3.5 (0.39)	20.4 (0.89)	5.0 (0.50)	3.9 (0.45)	9.2 (0.66)	12.5 (0.71)
Medicare and Medicaid	66.0 (2.44)	43.0 (2.54)	36.3 (2.50)	47.9 (2.60)	13.0 (1.56)	44.9 (2.64)	15.6 (1.66)	9.2 (1.31)	32.4 (2.41)	37.9 (2.51)
Medicare Advantage	35.5 (1.30)	18.3 (1.04)	11.5 (0.90)	21.8 (1.11)	4.6 (0.59)	22.4 (1.12)	6.0 (0.71)	3.5 (0.57)	9.9 (0.91)	14.0 (1.00)
Medicare only	42.3 (1.72)	21.5 (1.42)	16.5 (1.34)	27.3 (1.54)	5.0 (0.74)	26.9 (1.74)	6.4 (0.97)	4.5 (0.80)	12.2 (1.18)	17.7 (1.43)
Other coverage	43.3 (2.18)	25.5 (1.93)	19.5 (1.67)	28.5 (1.97)	3.6 (0.70)	27.3 (2.01)	5.6 (0.96)	5.3 (1.04)	13.1 (1.58)	18.3 (1.79)
Uninsured	*	*	*	*	*	*	*	*	*	*
Marital status										
Married	12.5 (0.31)	5.5 (0.21)	3.6 (0.17)	7.3 (0.25)	2.3 (0.16)	7.6 (0.24)	2.0 (0.14)	1.3 (0.11)	3.0 (0.17)	4.5 (0.21)
Widowed	26.0 (3.50)	10.9 (2.24)	8.9 (2.06)	17.1 (3.02)	*	11.9 (1.96)	*	2.1 (0.37)	7.3 (1.92)	12.7 (2.91)
Divorced or separated	22.3 (0.97)	10.0 (0.67)	7.5 (0.62)	13.3 (0.73)	5.9 (0.56)	12.5 (0.69)	2.9 (0.31)	2.3 (0.28)	5.7 (0.62)	9.1 (0.67)
Never married	17.5 (0.78)	9.2 (0.64)	6.6 (0.59)	10.3 (0.63)	3.4 (0.36)	10.1 (0.71)	2.6 (0.33)	1.6 (0.28)	5.4 (0.59)	7.0 (0.61)
Living with a partner	16.6 (1.32)	8.8 (1.07)	6.2 (0.93)	10.3 (1.08)	3.8 (0.63)	10.0 (1.20)	3.0 (0.69)	2.5 (0.63)	5.2 (0.94)	6.4 (0.96)
Place of residence <sup>11</sup>										
Large MSA	13.8 (0.32)	6.5 (0.23)	4.6 (0.19)	8.4 (0.25)	2.6 (0.15)	8.3 (0.24)	2.1 (0.13)	1.4 (0.11)	4.2 (0.20)	5.6 (0.21)
Small MSA	15.7 (0.49)	7.3 (0.32)	5.0 (0.29)	9.3 (0.37)	3.3 (0.23)	9.1 (0.34)	2.4 (0.18)	1.8 (0.17)	3.9 (0.25)	6.0 (0.29)
Not in MSA	18.7 (0.91)	9.5 (0.69)	6.0 (0.51)	11.1 (0.66)	4.2 (0.40)	11.6 (0.67)	3.4 (0.33)	2.4 (0.31)	4.4 (0.44)	6.9 (0.46)
Region										
Northeast	14.1 (0.58)	6.6 (0.45)	4.4 (0.38)	7.9 (0.47)	2.5 (0.27)	8.3 (0.42)	1.7 (0.19)	1.4 (0.17)	4.1 (0.37)	5.4 (0.41)
Midwest	14.6 (0.55)	6.9 (0.34)	4.2 (0.29)	8.7 (0.41)	2.7 (0.24)	8.5 (0.37)	2.4 (0.21)	1.4 (0.14)	3.4 (0.28)	5.3 (0.32)
South	16.1 (0.44)	8.2 (0.34)	5.9 (0.27)	10.0 (0.34)	3.6 (0.22)	9.9 (0.34)	2.7 (0.18)	1.9 (0.14)	4.8 (0.26)	7.0 (0.27)
West	14.1 (0.54)	5.8 (0.31)	4.3 (0.27)	8.4 (0.37)	2.8 (0.24)	8.5 (0.41)	2.2 (0.19)	1.8 (0.24)	3.6 (0.26)	5.1 (0.30)

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Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex										
Hispanic or Latino, male	11.3 (0.96)	5.6 (0.70)	4.6 (0.69)	6.7 (0.82)	2.7 (0.50)	7.1 (0.82)	2.0 (0.47)	2.2 (0.51)	3.3 (0.61)	5.1 (0.69)
Hispanic or Latina, female	18.0 (0.98)	9.0 (0.79)	8.3 (0.71)	10.8 (0.74)	5.0 (0.56)	11.5 (0.80)	3.9 (0.47)	3.3 (0.48)	8.1 (0.63)	9.5 (0.72)
Not Hispanic or Latino:										
White, single race, male	12.1 (0.40)	5.6 (0.26)	3.5 (0.22)	7.0 (0.31)	2.1 (0.17)	7.2 (0.31)	2.0 (0.16)	1.4 (0.16)	2.2 (0.18)	3.4 (0.23)
White, single race, female	16.6 (0.43)	7.7 (0.29)	5.0 (0.22)	10.0 (0.32)	3.3 (0.22)	9.9 (0.33)	2.3 (0.16)	1.4 (0.12)	4.6 (0.25)	6.8 (0.28)
Black or African American, single race, male	15.3 (1.14)	8.6 (0.91)	5.5 (0.69)	9.4 (0.87)	3.0 (0.48)	9.0 (0.80)	2.5 (0.48)	1.4 (0.30)	3.7 (0.57)	5.5 (0.70)
Black or African American, single race, female	22.2 (1.18)	11.8 (0.91)	9.1 (0.81)	14.3 (1.04)	4.7 (0.53)	13.3 (0.97)	3.5 (0.47)	2.6 (0.45)	8.7 (0.85)	11.8 (0.90)

\* Estimate does not meet NCHS standards of reliability.

<sup>1</sup>In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Villarroel MA, Blackwell DL, Jen A. Tables of Summary Health Statistics for U.S. Adults: 2018 National Health Interview Survey. National Center for Health Statistics. 2019. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2018.

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>	
Total	249,456	40,700	19,367	13,378	24,584	8,031	24,636	6,330	4,518	11,106	15,922	
Sex												
Male	120,442	15,669	7,362	4,810	9,275	2,966	9,517	2,625	1,928	3,140	4,845	
Female	129,014	25,030	12,004	8,569	15,309	5,065	15,118	3,705	2,591	7,966	11,077	
Age (years)												
18–44	115,008	5,920	2,104	1,395	2,751	1,693	2,922	770	546	1,318	1,993	
45–64	83,038	15,530	7,137	4,700	9,529	3,978	9,655	2,545	1,854	4,084	6,127	
65–74	30,809	9,230	4,411	3,147	5,586	1,326	5,994	1,234	836	2,281	3,304	
75 and over	20,601	10,020	5,715	4,137	6,718	1,035	6,065	1,781	1,283	3,424	4,498	
Race												
One race <sup>2</sup>	243,677	39,672	19,004	13,109	24,097	7,703	24,093	6,209	4,430	10,959	15,678	
White	193,454	31,584	14,930	10,176	19,016	5,970	19,368	4,874	3,406	8,216	11,998	
Black or African American	30,813	5,715	3,057	2,233	3,597	1,280	3,408	898	610	1,900	2,671	
American Indian or Alaska Native	2,810	700	339	207	394	185	398	*	*	205	226	
Asian	15,960	1,536	621	417	1,007	225	846	271	159	612	752	
Native Hawaiian or Other Pacific Islander	640	137	*	*	*	*	*	*	*	*	*	
Two or more races <sup>3</sup>	5,779	1,028	363	270	487	329	543	122	88	147	244	
Black or African American, white	1,567	193	*	*	*	*	*	*	*	*	*	
American Indian or Alaska Native, white	1,879	472	204	133	241	155	262	*	29	53	136	
Hispanic or Latino origin <sup>4</sup> and race												
Hispanic or Latino	40,749	4,909	2,277	2,038	2,856	1,352	3,090	946	941	1,834	2,310	
Mexican or Mexican American	24,415	2,623	1,220	1,027	1,522	600	1,669	522	533	927	1,305	
Not Hispanic or Latino	208,706	35,791	17,089	11,341	21,728	6,680	21,546	5,385	3,577	9,273	13,611	
White, single race	157,289	27,283	12,896	8,358	16,507	4,794	16,586	4,030	2,707	6,547	9,883	
Black or African American, single race	29,089	5,541	2,960	2,150	3,465	1,198	3,312	869	573	1,855	2,567	

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>	
<b>Education<sup>5</sup></b>												
Less than a high school diploma	24,710	7,667	4,294	3,533	4,902	1,700	5,094	1,470	1,113	2,864	3,823	
High school diploma or GED <sup>6</sup>	52,455	12,386	6,233	4,277	7,531	2,550	7,618	1,996	1,307	3,383	5,125	
Some college	62,770	11,983	5,689	3,636	7,335	2,367	7,183	1,652	1,178	2,919	4,274	
Bachelor's degree or higher	78,964	7,487	2,697	1,648	4,250	1,269	4,207	1,063	796	1,611	2,289	
<b>Current employment status<sup>7</sup></b>												
Employed	158,301	9,680	2,650	1,723	4,251	1,767	5,538	962	621	1,319	2,443	
Full-time	129,152	6,676	1,747	1,101	2,895	1,184	3,865	628	421	759	1,479	
Part-time	27,087	2,700	842	561	1,195	566	1,457	284	176	465	840	
Not employed but has worked previously	78,269	27,752	14,883	10,248	18,300	5,495	17,167	4,720	3,425	8,325	11,869	
Not employed and has never worked	12,669	3,213	1,790	1,388	1,990	767	1,913	640	465	1,455	1,603	
<b>Family income<sup>8</sup></b>												
Less than \$35,000	58,573	16,836	9,073	6,617	11,017	3,985	10,599	3,065	2,167	5,685	7,598	
\$35,000 or more	166,985	19,122	8,185	5,101	10,610	3,258	11,247	2,578	1,906	4,085	6,451	
\$35,000–\$49,999	24,817	4,956	2,463	1,513	2,827	885	3,012	673	508	958	1,849	
\$50,000–\$74,999	38,139	6,021	2,842	1,962	3,648	1,220	3,737	879	673	1,536	2,135	
\$75,000–\$99,999	30,794	3,441	1,376	769	1,786	499	1,836	511	289	811	1,203	
\$100,000 or more	73,236	4,704	1,505	857	2,350	653	2,662	515	435	780	1,264	
<b>Poverty status<sup>9</sup></b>												
Poor	24,028	6,836	3,653	2,741	4,554	1,987	4,308	1,409	860	2,515	3,325	
Near poor	40,315	9,656	5,249	3,812	6,096	2,142	6,005	1,618	1,328	3,229	4,211	
Not poor	173,576	21,752	9,221	5,887	12,279	3,466	12,873	2,890	2,073	4,661	7,409	

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Health insurance coverage <sup>10</sup>											
Under 65:											
Private	136,568	9,346	3,190	1,946	4,776	1,880	5,459	1,221	816	1,912	3,166
Medicaid	24,908	6,351	3,217	2,461	3,987	2,125	3,815	1,253	846	2,120	2,782
Other coverage	9,857	3,314	1,831	1,126	2,206	936	1,993	523	556	900	1,482
Uninsured	25,525	2,391	990	561	1,263	730	1,262	318	182	469	656
65 and over:											
Private	21,274	6,844	3,359	2,272	4,262	697	4,099	944	733	1,742	2,428
Medicare and Medicaid	3,529	2,304	1,497	1,266	1,667	470	1,574	543	308	1,120	1,314
Medicare Advantage	13,113	4,538	2,299	1,434	2,772	584	2,867	759	434	1,223	1,750
Medicare only	7,945	3,226	1,629	1,265	2,073	404	2,061	473	344	921	1,339
Other coverage	5,181	2,227	1,294	1,005	1,461	191	1,414	289	275	678	939
Uninsured	274	*	*	*	*	*	*	*	*	*	*
Marital status											
Married	130,518	19,156	8,619	5,612	11,430	3,436	11,891	3,094	2,076	4,675	6,918
Widowed	14,263	6,529	3,601	2,736	4,379	932	4,130	1,140	794	2,432	3,042
Divorced or separated	27,100	7,421	3,526	2,596	4,615	1,889	4,400	1,036	855	1,887	3,153
Never married	58,300	5,247	2,427	1,687	2,756	1,133	2,858	685	499	1,398	1,923
Living with a partner	18,856	2,252	1,129	718	1,348	619	1,278	345	295	688	858
Place of residence <sup>11</sup>											
Large MSA	142,041	20,707	9,664	6,859	12,553	3,911	12,523	3,128	2,127	6,211	8,336
Small MSA	75,044	12,902	6,046	4,131	7,754	2,607	7,617	1,909	1,466	3,214	4,901
Not in MSA	32,370	7,090	3,657	2,389	4,277	1,513	4,495	1,294	926	1,682	2,685
Region											
Northeast	43,262	6,996	3,287	2,151	3,961	1,197	4,173	893	658	2,033	2,654
Midwest	54,818	8,723	4,164	2,544	5,220	1,600	5,126	1,411	815	2,019	3,143
South	92,043	16,216	8,319	5,991	10,208	3,528	10,007	2,675	1,913	4,814	6,983
West	59,333	8,764	3,597	2,692	5,195	1,707	5,328	1,351	1,132	2,240	3,143

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex											
Hispanic or Latino, male	20,279	1,743	774	628	1,021	439	1,112	334	375	503	715
Hispanic or Latina, female	20,470	3,165	1,503	1,410	1,834	913	1,978	612	567	1,331	1,595
Not Hispanic or Latino:											
White, single race, male	76,416	10,775	5,096	3,187	6,416	1,773	6,572	1,777	1,206	1,915	3,071
White, single race, female	80,872	16,508	7,800	5,171	10,091	3,021	10,014	2,253	1,501	4,632	6,812
Black or African American, single race, male	13,250	1,969	1,075	693	1,188	421	1,171	318	176	476	695
Black or African American, single race, female	15,840	3,572	1,885	1,457	2,277	777	2,141	551	397	1,379	1,872

\* Corresponding crude percentage for the frequency does not meet NCHS standards of reliability, so the frequency is not shown.

<sup>1</sup>In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are included in the denominator when calculating percentages. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

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SOURCE: NCHS, National Health Interview Survey, 2018.



**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Total	16.3 (0.29)	7.8 (0.20)	5.4 (0.17)	9.9 (0.22)	3.2 (0.13)	9.9 (0.22)	2.5 (0.11)	1.8 (0.10)	4.5 (0.16)	6.4 (0.17)
Sex										
Male	13.0 (0.38)	6.1 (0.25)	4.0 (0.20)	7.7 (0.29)	2.5 (0.16)	7.9 (0.29)	2.2 (0.15)	1.6 (0.14)	2.6 (0.17)	4.0 (0.21)
Female	19.4 (0.41)	9.3 (0.29)	6.6 (0.25)	11.9 (0.32)	3.9 (0.18)	11.7 (0.31)	2.9 (0.16)	2.0 (0.13)	6.2 (0.25)	8.6 (0.28)
Age (years)										
18–44	5.1 (0.28)	1.8 (0.19)	1.2 (0.14)	2.4 (0.17)	1.5 (0.14)	2.5 (0.19)	0.7 (0.09)	0.5 (0.09)	1.1 (0.14)	1.7 (0.16)
45–64	18.7 (0.52)	8.6 (0.35)	5.7 (0.30)	11.5 (0.42)	4.8 (0.25)	11.6 (0.41)	3.1 (0.21)	2.2 (0.19)	4.9 (0.28)	7.4 (0.33)
65–74	30.0 (0.89)	14.3 (0.62)	10.2 (0.55)	18.1 (0.69)	4.3 (0.34)	19.5 (0.75)	4.0 (0.34)	2.7 (0.31)	7.4 (0.57)	10.7 (0.61)
75 and over	48.6 (1.10)	27.7 (0.94)	20.1 (0.84)	32.6 (1.03)	5.0 (0.45)	29.4 (1.02)	8.6 (0.62)	6.2 (0.53)	16.6 (0.85)	21.8 (0.88)
Race										
One race <sup>2</sup>	16.3 (0.30)	7.8 (0.20)	5.4 (0.17)	9.9 (0.23)	3.2 (0.13)	9.9 (0.23)	2.5 (0.11)	1.8 (0.10)	4.5 (0.16)	6.4 (0.18)
White	16.3 (0.32)	7.7 (0.22)	5.3 (0.18)	9.8 (0.25)	3.1 (0.14)	10.0 (0.25)	2.5 (0.12)	1.8 (0.11)	4.2 (0.17)	6.2 (0.19)
Black or African American	18.5 (0.86)	9.9 (0.65)	7.2 (0.55)	11.7 (0.71)	4.2 (0.37)	11.1 (0.65)	2.9 (0.31)	2.0 (0.27)	6.2 (0.53)	8.7 (0.57)
American Indian or Alaska Native	24.9 (2.95)	12.1 (2.76)	7.4 (2.01)	14.0 (2.55)	6.6 (1.65)	14.1 (2.16)	*	*	7.3 (1.88)	8.0 (1.82)
Asian	9.6 (0.98)	3.9 (0.58)	2.6 (0.48)	6.3 (0.73)	1.4 (0.36)	5.3 (0.76)	1.7 (0.39)	1.0 (0.28)	3.8 (0.64)	4.7 (0.68)
Native Hawaiian or Other Pacific Islander	21.4 (6.24)	*	*	*	*	*	*	*	*	*
Two or more races <sup>3</sup>	17.8 (1.87)	6.3 (0.99)	4.7 (0.84)	8.4 (1.06)	5.7 (1.14)	9.4 (1.25)	2.1 (0.49)	1.5 (0.65)	2.5 (0.59)	4.2 (0.72)
Black or African American, white	12.3 (3.30)	*	*	*	*	*	*	*	*	*
American Indian or Alaska Native, white	25.1 (3.53)	10.9 (2.27)	7.1 (1.81)	12.9 (2.34)	8.3 (2.27)	14.0 (2.81)	*	1.5 (0.70)	2.8 (0.91)	7.2 (1.71)
Hispanic or Latino origin <sup>4</sup> and race										
Hispanic or Latino	12.0 (0.68)	5.6 (0.49)	5.0 (0.42)	7.0 (0.51)	3.3 (0.33)	7.6 (0.53)	2.3 (0.29)	2.3 (0.31)	4.5 (0.40)	5.7 (0.44)
Mexican or Mexican American	10.7 (0.91)	5.0 (0.65)	4.2 (0.50)	6.2 (0.65)	2.5 (0.35)	6.8 (0.70)	2.1 (0.38)	2.2 (0.42)	3.8 (0.49)	5.3 (0.57)
Not Hispanic or Latino	17.1 (0.33)	8.2 (0.21)	5.4 (0.18)	10.4 (0.25)	3.2 (0.13)	10.3 (0.24)	2.6 (0.12)	1.7 (0.10)	4.4 (0.17)	6.5 (0.19)
White, single race	17.3 (0.37)	8.2 (0.24)	5.3 (0.20)	10.5 (0.28)	3.0 (0.15)	10.5 (0.28)	2.6 (0.13)	1.7 (0.11)	4.2 (0.19)	6.3 (0.22)
Black or African American, single race	19.0 (0.90)	10.2 (0.68)	7.4 (0.57)	11.9 (0.74)	4.1 (0.38)	11.4 (0.68)	3.0 (0.32)	2.0 (0.28)	6.4 (0.56)	8.8 (0.59)

**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
<b>Education<sup>5</sup></b>										
Less than a high school diploma	31.0 (1.17)	17.4 (0.86)	14.3 (0.78)	19.8 (0.96)	6.9 (0.57)	20.6 (0.99)	6.0 (0.48)	4.5 (0.43)	11.6 (0.74)	15.5 (0.79)
High school diploma or GED <sup>6</sup>	23.6 (0.69)	11.9 (0.49)	8.2 (0.42)	14.4 (0.55)	4.9 (0.34)	14.5 (0.57)	3.8 (0.30)	2.5 (0.22)	6.5 (0.39)	9.8 (0.47)
Some college	19.1 (0.56)	9.1 (0.41)	5.8 (0.34)	11.7 (0.44)	3.8 (0.27)	11.4 (0.44)	2.6 (0.22)	1.9 (0.19)	4.7 (0.31)	6.8 (0.36)
Bachelor's degree or higher	9.5 (0.38)	3.4 (0.21)	2.1 (0.17)	5.4 (0.28)	1.6 (0.15)	5.3 (0.29)	1.3 (0.15)	1.0 (0.14)	2.0 (0.19)	2.9 (0.22)
<b>Current employment status<sup>7</sup></b>										
Employed	6.1 (0.22)	1.7 (0.12)	1.1 (0.10)	2.7 (0.15)	1.1 (0.09)	3.5 (0.17)	0.6 (0.07)	0.4 (0.06)	0.8 (0.09)	1.5 (0.12)
Full-time	5.2 (0.23)	1.4 (0.12)	0.9 (0.10)	2.2 (0.16)	0.9 (0.09)	3.0 (0.18)	0.5 (0.07)	0.3 (0.07)	0.6 (0.08)	1.1 (0.11)
Part-time	10.0 (0.66)	3.1 (0.40)	2.1 (0.34)	4.4 (0.47)	2.1 (0.31)	5.4 (0.47)	1.0 (0.19)	0.7 (0.17)	1.7 (0.33)	3.1 (0.39)
Not employed but has worked previously	35.5 (0.63)	19.0 (0.48)	13.1 (0.41)	23.4 (0.54)	7.0 (0.32)	21.9 (0.52)	6.0 (0.28)	4.4 (0.26)	10.6 (0.41)	15.2 (0.44)
Not employed and has never worked	25.4 (1.65)	14.1 (1.29)	11.0 (1.04)	15.7 (1.24)	6.1 (0.88)	15.1 (1.31)	5.1 (0.77)	3.7 (0.61)	11.5 (1.15)	12.6 (1.10)
<b>Family income<sup>8</sup></b>										
Less than \$35,000	28.7 (0.70)	15.5 (0.51)	11.3 (0.45)	18.8 (0.57)	6.8 (0.37)	18.1 (0.57)	5.2 (0.30)	3.7 (0.25)	9.7 (0.43)	13.0 (0.46)
\$35,000 or more	11.5 (0.31)	4.9 (0.20)	3.1 (0.16)	6.4 (0.23)	2.0 (0.12)	6.7 (0.23)	1.5 (0.11)	1.1 (0.10)	2.4 (0.15)	3.9 (0.18)
\$35,000–\$49,999	20.0 (0.90)	9.9 (0.66)	6.1 (0.56)	11.4 (0.70)	3.6 (0.38)	12.1 (0.73)	2.7 (0.35)	2.0 (0.34)	3.9 (0.42)	7.4 (0.62)
\$50,000–\$74,999	15.8 (0.69)	7.5 (0.52)	5.1 (0.42)	9.6 (0.57)	3.2 (0.33)	9.8 (0.54)	2.3 (0.28)	1.8 (0.25)	4.0 (0.39)	5.6 (0.44)
\$75,000–\$99,999	11.2 (0.69)	4.5 (0.47)	2.5 (0.34)	5.8 (0.50)	1.6 (0.27)	6.0 (0.48)	1.7 (0.29)	0.9 (0.19)	2.6 (0.37)	3.9 (0.44)
\$100,000 or more	6.4 (0.37)	2.1 (0.19)	1.2 (0.14)	3.2 (0.24)	0.9 (0.12)	3.6 (0.28)	0.7 (0.11)	0.6 (0.12)	1.1 (0.14)	1.7 (0.18)
<b>Poverty status<sup>9</sup></b>										
Poor	28.5 (1.06)	15.2 (0.79)	11.4 (0.68)	19.0 (0.85)	8.3 (0.60)	17.9 (0.89)	5.9 (0.49)	3.6 (0.38)	10.5 (0.66)	13.8 (0.73)
Near poor	24.0 (0.80)	13.0 (0.58)	9.5 (0.54)	15.1 (0.64)	5.3 (0.39)	14.9 (0.65)	4.0 (0.33)	3.3 (0.32)	8.0 (0.50)	10.4 (0.53)
Not poor	12.5 (0.31)	5.3 (0.20)	3.4 (0.16)	7.1 (0.23)	2.0 (0.12)	7.4 (0.23)	1.7 (0.11)	1.2 (0.10)	2.7 (0.15)	4.3 (0.17)

**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Health insurance coverage <sup>10</sup>										
Under 65:										
Private	6.8 (0.26)	2.3 (0.15)	1.4 (0.11)	3.5 (0.18)	1.4 (0.11)	4.0 (0.20)	0.9 (0.09)	0.6 (0.08)	1.4 (0.13)	2.3 (0.16)
Medicaid	25.5 (1.16)	12.9 (0.83)	9.9 (0.75)	16.0 (0.84)	8.5 (0.67)	15.3 (0.89)	5.0 (0.51)	3.4 (0.47)	8.5 (0.72)	11.2 (0.77)
Other coverage	33.6 (1.93)	18.6 (1.64)	11.4 (1.28)	22.4 (1.58)	9.5 (1.10)	20.2 (1.56)	5.3 (0.92)	5.6 (0.94)	9.1 (1.08)	15.0 (1.33)
Uninsured	9.4 (0.67)	3.9 (0.45)	2.2 (0.34)	4.9 (0.51)	2.9 (0.39)	4.9 (0.51)	1.2 (0.23)	0.7 (0.16)	1.8 (0.31)	2.6 (0.36)
65 and over:										
Private	32.2 (1.01)	15.8 (0.75)	10.7 (0.61)	20.0 (0.85)	3.3 (0.36)	19.3 (0.86)	4.4 (0.45)	3.4 (0.39)	8.2 (0.60)	11.4 (0.66)
Medicare and Medicaid	65.3 (2.52)	42.4 (2.53)	35.9 (2.49)	47.2 (2.59)	13.3 (1.56)	44.6 (2.62)	15.4 (1.62)	8.7 (1.25)	31.7 (2.40)	37.2 (2.50)
Medicare Advantage	34.6 (1.31)	17.5 (1.00)	10.9 (0.86)	21.1 (1.10)	4.5 (0.57)	21.9 (1.10)	5.8 (0.68)	3.3 (0.54)	9.3 (0.87)	13.3 (0.96)
Medicare only	40.6 (1.70)	20.5 (1.36)	15.9 (1.30)	26.1 (1.49)	5.1 (0.75)	25.9 (1.67)	6.0 (0.90)	4.3 (0.77)	11.6 (1.12)	16.8 (1.34)
Other coverage	43.0 (2.18)	25.0 (1.91)	19.4 (1.66)	28.2 (1.97)	3.7 (0.70)	27.3 (2.00)	5.6 (0.96)	5.3 (1.05)	13.1 (1.64)	18.1 (1.81)
Uninsured	*	*	*	*	*	*	*	*	*	*
Marital status										
Married	14.7 (0.37)	6.6 (0.26)	4.3 (0.20)	8.8 (0.29)	2.6 (0.17)	9.1 (0.29)	2.4 (0.16)	1.6 (0.13)	3.6 (0.20)	5.3 (0.23)
Widowed	45.8 (1.20)	25.2 (1.04)	19.2 (0.95)	30.7 (1.11)	6.5 (0.60)	29.0 (1.15)	8.0 (0.72)	5.6 (0.58)	17.1 (0.96)	21.3 (1.01)
Divorced or separated	27.4 (0.88)	13.0 (0.62)	9.6 (0.55)	17.0 (0.67)	7.0 (0.49)	16.2 (0.66)	3.8 (0.32)	3.2 (0.33)	7.0 (0.51)	11.6 (0.59)
Never married	9.0 (0.47)	4.2 (0.31)	2.9 (0.25)	4.7 (0.29)	1.9 (0.20)	4.9 (0.34)	1.2 (0.15)	0.9 (0.15)	2.4 (0.23)	3.3 (0.26)
Living with a partner	11.9 (0.93)	6.0 (0.71)	3.8 (0.57)	7.2 (0.74)	3.3 (0.51)	6.8 (0.75)	1.8 (0.37)	1.6 (0.38)	3.6 (0.61)	4.6 (0.67)
Place of residence <sup>11</sup>										
Large MSA	14.6 (0.36)	6.8 (0.25)	4.8 (0.21)	8.8 (0.28)	2.8 (0.16)	8.8 (0.28)	2.2 (0.14)	1.5 (0.11)	4.4 (0.22)	5.9 (0.23)
Small MSA	17.2 (0.57)	8.1 (0.36)	5.5 (0.32)	10.3 (0.43)	3.5 (0.24)	10.2 (0.39)	2.5 (0.19)	2.0 (0.18)	4.3 (0.28)	6.5 (0.32)
Not in MSA	21.9 (0.98)	11.3 (0.73)	7.4 (0.59)	13.2 (0.76)	4.7 (0.41)	13.9 (0.76)	4.0 (0.36)	2.9 (0.37)	5.2 (0.50)	8.3 (0.52)
Region										
Northeast	16.2 (0.67)	7.6 (0.47)	5.0 (0.39)	9.2 (0.54)	2.8 (0.28)	9.6 (0.49)	2.1 (0.23)	1.5 (0.19)	4.7 (0.43)	6.1 (0.46)
Midwest	15.9 (0.64)	7.6 (0.39)	4.6 (0.34)	9.5 (0.48)	2.9 (0.24)	9.4 (0.45)	2.6 (0.23)	1.5 (0.16)	3.7 (0.32)	5.7 (0.37)
South	17.6 (0.48)	9.0 (0.36)	6.5 (0.30)	11.1 (0.38)	3.8 (0.23)	10.9 (0.39)	2.9 (0.19)	2.1 (0.16)	5.2 (0.28)	7.6 (0.29)
West	14.8 (0.61)	6.1 (0.35)	4.5 (0.30)	8.8 (0.42)	2.9 (0.24)	9.0 (0.46)	2.3 (0.21)	1.9 (0.25)	3.8 (0.28)	5.3 (0.31)

**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2018**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex										
Hispanic or Latino, male	8.6 (0.87)	3.8 (0.56)	3.1 (0.54)	5.0 (0.69)	2.2 (0.41)	5.5 (0.68)	1.6 (0.40)	1.8 (0.45)	2.5 (0.48)	3.5 (0.53)
Hispanic or Latina, female	15.5 (0.99)	7.3 (0.75)	6.9 (0.65)	9.0 (0.71)	4.5 (0.51)	9.7 (0.76)	3.0 (0.41)	2.8 (0.43)	6.5 (0.60)	7.8 (0.68)
Not Hispanic or Latino:										
White, single race, male	14.1 (0.47)	6.7 (0.32)	4.2 (0.26)	8.4 (0.37)	2.3 (0.19)	8.6 (0.37)	2.3 (0.18)	1.6 (0.16)	2.5 (0.21)	4.0 (0.26)
White, single race, female	20.4 (0.51)	9.6 (0.35)	6.4 (0.28)	12.5 (0.40)	3.7 (0.22)	12.4 (0.40)	2.8 (0.19)	1.9 (0.15)	5.7 (0.29)	8.4 (0.34)
Black or African American, single race, male	14.9 (1.23)	8.1 (0.93)	5.2 (0.68)	9.0 (0.90)	3.2 (0.52)	8.8 (0.88)	2.4 (0.47)	1.3 (0.28)	3.6 (0.58)	5.2 (0.69)
Black or African American, single race, female	22.6 (1.30)	11.9 (0.99)	9.2 (0.87)	14.4 (1.12)	4.9 (0.57)	13.5 (1.04)	3.5 (0.48)	2.5 (0.45)	8.7 (0.89)	11.8 (0.96)

\* Estimate does not meet NCHS standards of reliability.

<sup>1</sup>In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Villarroel MA, Blackwell DL, Jen A. Tables of Summary Health Statistics for U.S. Adults: 2018 National Health Interview Survey. National Center for Health Statistics. 2019. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2018.