Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	2.9 (0.12)	7.3 (0.22)	2.1 (0.10)	4.1 (0.15)	1.6 (0.08)	3.4 (0.14)	5.8 (0.18)	9.1 (0.22)
Sex								
Male	2.3 (0.15)	5.7 (0.24)	1.8 (0.13)	3.3 (0.19)	1.5 (0.13)	3.0 (0.20)	5.2 (0.24)	8.2 (0.31)
Female	3.5 (0.17)	8.8 (0.34)	2.3 (0.13)	4.9 (0.21)	1.7 (0.11)	3.7 (0.19)	6.4 (0.25)	10.0 (0.31)
Age (years)								
18–44	2.5 (0.16)	6.7 (0.33)	1.9 (0.14)	4.3 (0.22)	1.4 (0.12)	3.2 (0.20)	6.2 (0.27)	9.8 (0.34)
45–64	3.8 (0.23)	8.2 (0.33)	2.6 (0.18)	4.6 (0.24)	2.0 (0.15)	3.9 (0.23)	6.0 (0.27)	8.9 (0.35)
65–74	2.4 (0.28)	7.4 (0.51)	1.6 (0.22)	3.1 (0.33)	1.2 (0.19)	2.6 (0.29)	3.9 (0.33)	6.8 (0.49)
75 and over	2.5 (0.31)	7.9 (0.63)	1.5 (0.25)	2.5 (0.34)	1.7 (0.27)	3.2 (0.41)	5.0 (0.57)	7.9 (0.62)
Race								
One race ²	2.8 (0.12)	7.3 (0.22)	2.1 (0.10)	4.0 (0.15)	1.6 (0.08)	3.3 (0.13)	5.7 (0.18)	9.0 (0.23)
White	2.7 (0.13)	6.7 (0.25)	2.1 (0.11)	3.9 (0.16)	1.6 (0.09)	3.2 (0.15)	5.3 (0.20)	8.8 (0.25)
Black or African American	3.7 (0.34)	10.4 (0.53)	2.3 (0.25)	5.1 (0.43)	1.7 (0.24)	4.2 (0.41)	9.3 (0.58)	11.0 (0.61)
American Indian or Alaska Native	*4.4 (1.51)	11.2 (2.22)	*2.5 (1.18)	10.5 (2.05)	*2.4 (1.10)	7.5 (1.82)	6.2 (1.53)	12.2 (2.89)
Asian	2.4 (0.40)	7.8 (0.75)	1.4 (0.28)	3.0 (0.44)	0.6 (0.19)	3.0 (0.45)	3.3 (0.51)	7.8 (0.80)
Native Hawaiian or Other Pacific Islander	-	*11.7 (4.80)	-	*	*	*	*	*
Two or more races ³	8.0 (1.81)	8.0 (1.41)	*1.8 (0.57)	8.8 (1.62)	*2.1 (0.85)	5.9 (1.45)	10.6 (1.69)	14.3 (2.02)
Black or African American, white	*	*6.5 (3.06)	*	*3.3 (1.49)	*	*	20.4 (5.47)	*4.1 (1.53)
American Indian or Alaska Native, white	*6.3 (2.19)	11.4 (2.95)	*2.0 (0.86)	*8.4 (2.86)	*1.9 (0.84)	*8.1 (2.90)	12.6 (2.85)	16.5 (3.40)
Hispanic or Latino origin ⁴ and race								
Hispanic or Latino	4.6 (0.34)	8.5 (0.48)	3.9 (0.32)	5.5 (0.40)	2.3 (0.23)	4.2 (0.35)	6.8 (0.46)	8.6 (0.48)
Mexican or Mexican American	4.4 (0.44)	8.2 (0.61)	4.0 (0.42)	6.1 (0.58)	2.1 (0.31)	4.0 (0.42)	7.0 (0.61)	9.0 (0.67)
Not Hispanic or Latino	2.6 (0.12)	7.2 (0.26)	1.8 (0.10)	4.0 (0.16)	1.5 (0.09)	3.3 (0.15)	5.7 (0.20)	9.2 (0.25)
White, single race	2.4 (0.14)	6.4 (0.30)	1.7 (0.12)	3.7 (0.19)	1.5 (0.11)	3.0 (0.17)	5.0 (0.23)	8.9 (0.29)
Black or African American, single race	3.6 (0.33)	10.6 (0.56)	2.3 (0.26)	5.0 (0.44)	1.7 (0.24)	4.3 (0.44)	9.5 (0.60)	11.1 (0.64)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time 1	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁵								
Less than a high school diploma	6.1 (0.44)	10.6 (0.59)	4.8 (0.41)	6.4 (0.47)	3.8 (0.37)	5.0 (0.41)	9.4 (0.58)	9.6 (0.54)
High school diploma or GED ⁶	3.6 (0.30)	9.1 (0.46)	3.0 (0.27)	5.2 (0.37)	1.9 (0.19)	4.6 (0.35)	6.9 (0.41)	10.0 (0.54)
Some college	3.3 (0.25)	7.4 (0.35)	2.0 (0.18)	4.4 (0.29)	1.8 (0.17)	3.5 (0.28)	6.1 (0.33)	10.0 (0.46)
Bachelor's degree or higher	1.0 (0.12)	4.7 (0.28)	0.8 (0.10)	2.0 (0.16)	0.6 (0.08)	1.9 (0.20)	2.9 (0.28)	7.3 (0.34)
Current employment status ⁷								
Employed	1.5 (0.10)	5.9 (0.32)	1.2 (0.11)	3.1 (0.21)	0.7 (0.07)	2.3 (0.16)	4.0 (0.21)	7.9 (0.30)
Full-time	1.3 (0.11)	5.4 (0.45)	0.9 (0.10)	3.0 (0.40)	0.5 (0.06)	2.1 (0.17)	3.7 (0.27)	7.8 (0.45)
Part-time	2.3 (0.32)	8.2 (0.88)	1.9 (0.30)	4.6 (0.45)	1.4 (0.29)	3.4 (0.40)	5.2 (0.50)	9.1 (0.62)
Not employed but has worked previously	6.0 (0.36)	10.8 (0.47)	4.4 (0.30)	6.9 (0.39)	3.6 (0.25)	5.7 (0.35)	10.1 (0.47)	11.8 (0.52)
Not employed and has never worked	5.9 (0.79)	8.9 (0.84)	3.4 (0.53)	6.2 (0.76)	2.9 (0.50)	4.3 (0.58)	6.4 (0.70)	8.9 (0.86)
Family income ⁸								
Less than \$35,000	5.7 (0.28)	11.8 (0.39)	4.4 (0.24)	7.4 (0.31)	3.3 (0.21)	5.5 (0.27)	10.4 (0.36)	11.8 (0.38)
\$35,000 or more	1.7 (0.12)	5.1 (0.26)	1.2 (0.10)	2.7 (0.17)	0.9 (0.08)	2.5 (0.17)	4.2 (0.23)	8.2 (0.30)
\$35,000-\$49,999	3.2 (0.36)	7.4 (0.56)	2.5 (0.33)	4.7 (0.46)	1.5 (0.23)	3.9 (0.41)	6.5 (0.55)	10.8 (0.67)
\$50,000-\$74,999	2.1 (0.27)	6.1 (0.45)	1.3 (0.19)	3.5 (0.38)	1.2 (0.19)	2.9 (0.36)	4.7 (0.56)	8.6 (0.59)
\$75,000-\$99,999	1.5 (0.28)	5.3 (0.99)	1.0 (0.23)	2.3 (0.38)	0.8 (0.20)	2.5 (0.41)	4.2 (0.54)	8.6 (0.71)
\$100,000 or more	0.9 (0.16)	3.5 (0.34)	0.6 (0.15)	1.4 (0.21)	0.5 (0.10)	1.6 (0.29)	2.6 (0.34)	6.6 (0.49)
Poverty status ⁹								
Poor	7.0 (0.45)	13.1 (0.61)	5.4 (0.39)	8.0 (0.46)	4.1 (0.32)	6.1 (0.42)	11.8 (0.57)	12.8 (0.57)
Near poor	4.8 (0.36)	10.6 (0.49)	3.7 (0.30)	6.4 (0.39)	2.4 (0.23)	5.0 (0.35)	8.7 (0.46)	11.6 (0.58)
Not poor	1.6 (0.12)	5.3 (0.26)	1.0 (0.09)	2.8 (0.17)	0.9 (0.09)	2.4 (0.16)	3.9 (0.21)	8.0 (0.29)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰								
Under 65:								
Private	1.6 (0.13)	5.2 (0.29)	1.0 (0.09)	2.8 (0.18)	0.7 (0.09)	2.3 (0.17)	4.0 (0.22)	8.0 (0.30)
Medicaid	7.1 (0.55)	13.3 (0.76)	5.2 (0.43)	9.4 (0.70)	4.2 (0.41)	7.0 (0.58)	12.5 (0.74)	13.8 (0.73)
Other	6.3 (0.95)	13.3 (1.59)	4.6 (0.87)	9.6 (1.46)	3.1 (0.57)	8.8 (1.45)	10.8 (1.26)	13.0 (1.46)
Uninsured	5.1 (0.46)	9.4 (0.53)	4.2 (0.41)	6.2 (0.44)	2.9 (0.32)	4.6 (0.42)	8.8 (0.57)	11.0 (0.68)
65 and over:								
Private	1.7 (0.26)	7.4 (0.59)	0.6 (0.15)	2.5 (0.34)	0.9 (0.17)	2.4 (0.32)	3.2 (0.36)	7.1 (0.57)
Medicare and Medicaid	7.0 (1.34)	12.2 (1.46)	4.4 (1.00)	6.5 (1.11)	4.3 (0.94)	5.4 (1.12)	7.1 (1.17)	11.4 (1.39)
Medicare only	2.7 (0.36)	7.8 (0.64)	2.2 (0.36)	2.7 (0.38)	1.5 (0.28)	3.0 (0.43)	5.6 (0.68)	7.1 (0.64)
Other	*2.4 (0.73)	5.4 (1.10)	1.6 (0.43)	2.7 (0.69)	*2.2 (0.90)	3.4 (0.89)	4.6 (1.12)	6.7 (1.23)
Uninsured	*	*	*	*	*	-	*	*
Marital status								
Married	1.9 (0.14)	5.5 (0.24)	1.3 (0.12)	2.9 (0.17)	0.9 (0.09)	2.4 (0.15)	4.3 (0.25)	7.7 (0.30)
Widowed	*7.5 (2.31)	13.2 (2.75)	*4.4 (1.35)	5.2 (1.27)	*2.7 (1.09)	5.9 (1.50)	18.1 (4.35)	10.1 (2.55)
Divorced or separated	5.8 (0.47)	10.8 (0.64)	4.1 (0.40)	7.1 (0.56)	3.4 (0.37)	5.1 (0.51)	9.1 (0.61)	12.6 (0.69)
Never married	3.5 (0.28)	8.1 (0.50)	2.5 (0.24)	4.9 (0.37)	2.0 (0.22)	3.9 (0.32)	6.6 (0.37)	10.2 (0.50)
Living with a partner	3.0 (0.54)	9.1 (0.96)	2.9 (0.54)	5.0 (0.65)	1.9 (0.35)	4.9 (0.72)	6.6 (0.75)	10.9 (1.14)
Place of residence ¹¹								
Large MSA	2.8 (0.15)	7.0 (0.25)	1.8 (0.12)	3.8 (0.20)	1.3 (0.10)	3.2 (0.18)	5.5 (0.24)	9.2 (0.31)
Small MSA	3.0 (0.22)	7.7 (0.50)	2.3 (0.19)	4.6 (0.26)	1.8 (0.15)	3.6 (0.25)	5.9 (0.33)	9.1 (0.40)
Not in MSA	3.3 (0.34)	7.7 (0.44)	2.4 (0.28)	4.8 (0.45)	2.3 (0.32)	3.5 (0.33)	7.0 (0.49)	9.0 (0.66)
Region								
Northeast	3.1 (0.33)	7.0 (0.47)	1.9 (0.27)	3.7 (0.40)	1.2 (0.18)	2.9 (0.37)	4.6 (0.40)	8.9 (0.60)
Midwest	2.3 (0.22)	7.6 (0.63)	1.6 (0.19)	5.0 (0.37)	1.4 (0.17)	3.9 (0.34)	5.8 (0.44)	9.3 (0.49)
South	2.9 (0.19)	7.3 (0.32)	2.3 (0.16)	3.8 (0.21)	1.7 (0.15)	3.1 (0.19)	6.4 (0.29)	8.6 (0.35)
West	3.3 (0.25)	7.1 (0.36)	2.3 (0.18)	4.3 (0.27)	1.9 (0.17)	3.5 (0.25)	5.8 (0.33)	10.0 (0.45)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex								
Hispanic or Latino, male	3.9 (0.51)	7.1 (0.64)	3.2 (0.44)	4.3 (0.48)	1.9 (0.34)	3.6 (0.50)	6.5 (0.67)	7.6 (0.67)
Hispanic or Latina, female	5.3 (0.47)	9.9 (0.68)	4.6 (0.47)	6.7 (0.62)	2.5 (0.32)	4.8 (0.49)	7.1 (0.57)	9.6 (0.67)
Not Hispanic or Latino:								
White, single race, male	1.8 (0.17)	5.0 (0.30)	1.5 (0.16)	3.1 (0.24)	1.4 (0.16)	2.8 (0.25)	4.3 (0.29)	8.1 (0.41)
White, single race, female	2.9 (0.21)	7.8 (0.50)	1.9 (0.17)	4.3 (0.27)	1.6 (0.14)	3.3 (0.23)	5.8 (0.32)	9.6 (0.40)
Black or African American, single race, male	3.1 (0.49)	7.7 (0.69)	2.1 (0.41)	3.8 (0.51)	1.5 (0.35)	3.6 (0.56)	8.9 (0.86)	9.2 (0.87)
Black or African American, single race, female	3.9 (0.45)	12.9 (0.83)	2.4 (0.32)	6.1 (0.69)	1.8 (0.33)	4.9 (0.63)	9.9 (0.79)	12.8 (0.89)

^{*} Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

⁻ Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," "None of the time," "A little of the time," and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over was 3.4%, 3.5%, and 3.5%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area. NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	•		Felt worthless all or most of the time ¹		Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	239,688	6,858	17,098	4,818	9,583	3,716	7,818	13,363	20,887
Sex									
Male	115,541	2,602	6,443	1,990	3,753	1,624	3,316	5,743	9,031
Female	124,148	4,257	10,656	2,827	5,831	2,091	4,503	7,620	11,857
Age (years)									
18–44	112,149	2,728	7,241	2,105	4,665	1,498	3,481	6,686	10,626
45–64	82,605	3,071	6,560	2,038	3,683	1,621	3,104	4,798	7,131
65–74	26,362	613	1,900	410	784	297	672	991	1,735
75 and over	18,573	446	1,397	265	451	299	561	887	1,396
Race									
One race ²	235,831	6,574	16,804	4,757	9,246	3,653	7,589	12,972	20,381
White	190,462	5,098	12,515	3,858	7,143	3,032	5,873	9,710	15,953
Black or African American	29,355	1,079	2,992	666	1,462	489	1,186	2,660	3,122
American Indian or Alaska Native	1,948	*80	220	*47	218	*45	149	129	241
Asian	13,733	317	1,032	186	397	*87	375	435	1,039
Native Hawaiian or Other Pacific Islander	333	-	*45	-	*	-	*	*	*
Two or more races ³	3,858	285	295	*60	337	*63	229	391	506
Black or African American, white	760	*	*43	*	*34	*	*	*74	*38
American Indian or Alaska Native, white	1,590	*95	164	*30	*115	*27	*113	178	227
Hispanic or Latino origin⁴ and race									
Hispanic or Latino	36,571	1,558	2,868	1,324	1,898	737	1,432	2,363	3,103
Mexican or Mexican American	22,326	849	1,619	758	1,236	382	826	1,412	1,956
Not Hispanic or Latino	203,117	5,300	14,231	3,494	7,686	2,978	6,386	11,001	17,784
White, single race	157,364	3,766	9,972	2,645	5,502	2,375	4,595	7,625	13,156
Black or African American, single race	27,875	975	2,886	626	1,360	458	1,160	2,545	3,001

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁵									
Less than a high school diploma	27,612	1,630	2,875	1,251	1,680	964	1,333	2,507	2,612
High school diploma or GED ⁶	52,697	1,834	4,684	1,436	2,535	977	2,291	3,385	4,939
Some college	59,919	1,964	4,376	1,212	2,587	1,078	2,068	3,586	5,771
Bachelor's degree or higher	67,940	698	3,115	508	1,314	365	1,235	1,870	4,759
Current employment status ⁷									
Employed	146,624	2,238	8,096	1,665	4,447	1,090	3,445	5,912	11,588
Full-time	117,112	1,558	5,696	1,147	3,030	670	2,437	4,343	8,857
Part-time	27,205	621	2,188	499	1,274	381	909	1,464	2,473
Not employed but has worked previously	79,316	3,973	7,926	2,768	4,430	2,300	3,884	6,644	8,158
Not employed and has never worked	13,623	641	1,069	385	701	325	479	802	1,132
Family income ⁸									
Less than \$35,000	69,793	3,829	7,987	2,936	4,850	2,220	3,654	6,799	7,881
\$35,000 or more	144,503	2,546	7,281	1,678	3,818	1,263	3,464	5,694	11,355
\$35,000–\$49,999	28,044	877	2,014	667	1,263	407	1,064	1,753	2,905
\$50,000-\$74,999	35,733	742	2,155	445	1,189	421	1,018	1,591	2,948
\$75,000–\$99,999	27,053	426	1,427	279	623	197	673	1,064	2,229
\$100,000 or more	53,673	501	1,684	287	744	238	709	1,286	3,274
Poverty status ⁹									
Poor	31,383	2,095	3,871	1,623	2,434	1,232	1,853	3,601	3,849
Near poor	42,675	1,969	4,403	1,492	2,611	988	2,067	3,577	4,784
Not poor	152,199	2,443	7,885	1,564	4,055	1,381	3,523	5,648	11,394

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰									
Under 65:									
Private	129,666	1,985	6,620	1,236	3,535	938	2,842	4,869	9,806
Medicaid	23,239	1,583	2,963	1,151	2,087	934	1,547	2,794	3,065
Other	9,095	692	1,306	484	846	363	768	1,106	1,282
Uninsured	31,587	1,523	2,822	1,263	1,846	870	1,368	2,660	3,359
65 and over:									
Private	22,525	366	1,597	138	550	188	531	683	1,521
Medicare and Medicaid	2,951	193	347	122	182	118	149	198	316
Medicare only	15,536	401	1,141	329	405	213	441	809	1,046
Other	3,513	*88	190	62	95	*66	112	152	237
Uninsured	313	*	*	*	*	*	-	*	*
Marital status									
Married	126,926	2,445	6,990	1,662	3,606	1,227	3,031	5,200	9,178
Widowed	14,312	746	1,569	416	588	340	623	918	1,341
Divorced or separated	26,802	1,474	2,871	1,048	1,834	875	1,328	2,368	3,177
Never married	53,788	1,749	4,181	1,220	2,567	965	1,989	3,740	5,273
Living with a partner	17,497	444	1,455	465	968	307	826	1,121	1,901
Place of residence ¹¹									
Large MSA	130,402	3,560	8,886	2,301	4,783	1,654	4,056	6,950	11,494
Small MSA	73,885	2,128	5,507	1,647	3,224	1,299	2,527	4,136	6,370
Not in MSA	35,402	1,170	2,706	869	1,577	763	1,235	2,277	3,023
Region									
Northeast	41,490	1,262	2,878	784	1,465	504	1,202	1,841	3,456
Midwest	55,095	1,235	4,075	841	2,602	769	2,048	3,004	4,838
South	89,270	2,595	6,385	1,987	3,256	1,446	2,709	5,485	7,382
West	53,834	1,766	3,760	1,205	2,260	996	1,860	3,034	5,211

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex									
Hispanic or Latino, male	18,309	647	1,188	538	740	326	606	1,132	1,413
Hispanic or Latina, female	18,262	911	1,680	786	1,158	412	826	1,231	1,690
Not Hispanic or Latino:									
White, single race, male	76,277	1,378	3,774	1,090	2,238	1,037	2,023	3,122	5,781
White, single race, female	81,087	2,388	6,198	1,555	3,265	1,339	2,572	4,503	7,375
Black or African American, single race, male	12,626	401	958	266	469	191	449	1,098	1,118
Black or African American, single race, female	15,249	574	1,928	360	891	267	711	1,447	1,883

^{*} Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Quantity zero

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time," or "None of the time," and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over was 3.4%, 3.5%, 3.5%, and 3.5%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

 $^{^{5}\}mbox{Shown}$ only for a dults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

[&]quot;IMSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from:

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	3.0 (0.12)	7.4 (0.21)	2.1 (0.10)	4.1 (0.14)	1.6 (0.08)	3.4 (0.13)	5.8 (0.17)	9.0 (0.22)
Sex								
Male	2.3 (0.15)	5.8 (0.24)	1.8 (0.14)	3.4 (0.19)	1.5 (0.12)	3.0 (0.19)	5.1 (0.24)	8.1 (0.31)
Female	3.5 (0.17)	8.9 (0.32)	2.4 (0.13)	4.9 (0.21)	1.7 (0.11)	3.8 (0.18)	6.4 (0.24)	9.9 (0.30)
Age (years)								
18–44	2.5 (0.16)	6.7 (0.33)	1.9 (0.14)	4.3 (0.22)	1.4 (0.12)	3.2 (0.20)	6.2 (0.27)	9.8 (0.34)
45–64	3.8 (0.23)	8.2 (0.33)	2.6 (0.18)	4.6 (0.24)	2.0 (0.15)	3.9 (0.23)	6.0 (0.27)	8.9 (0.35)
65–74	2.4 (0.28)	7.4 (0.51)	1.6 (0.22)	3.1 (0.33)	1.2 (0.19)	2.6 (0.29)	3.9 (0.33)	6.8 (0.49)
75 and over	2.5 (0.31)	7.9 (0.63)	1.5 (0.25)	2.5 (0.34)	1.7 (0.27)	3.2 (0.41)	5.0 (0.57)	7.9 (0.62)
Race								
One race ⁴	2.9 (0.12)	7.4 (0.21)	2.1 (0.10)	4.1 (0.14)	1.6 (0.08)	3.3 (0.13)	5.7 (0.18)	8.9 (0.22)
White	2.8 (0.13)	6.8 (0.24)	2.1 (0.11)	3.9 (0.16)	1.6 (0.09)	3.2 (0.15)	5.3 (0.19)	8.7 (0.24)
Black or African American	3.8 (0.34)	10.6 (0.55)	2.4 (0.26)	5.2 (0.44)	1.7 (0.24)	4.2 (0.41)	9.5 (0.59)	11.1 (0.61)
American Indian or Alaska Native	*4.2 (1.45)	11.6 (2.62)	*2.5 (1.15)	11.4 (2.41)	*2.3 (1.01)	7.8 (2.05)	6.8 (1.64)	12.8 (3.11)
Asian	2.4 (0.40)	7.8 (0.76)	1.4 (0.27)	3.0 (0.45)	*0.7 (0.20)	2.8 (0.42)	3.3 (0.51)	7.9 (0.82)
Native Hawaiian or Other Pacific Islander	-	*13.6 (5.65)	-	*	*	*	*	*
Two or more races ⁵	7.9 (1.89)	8.2 (1.47)	*1.7 (0.51)	9.3 (1.77)	*1.7 (0.69)	6.4 (1.61)	10.8 (1.74)	14.0 (1.82)
Black or African American, white	*	*6.2 (2.60)	*	*4.8 (2.33)	*	*	*10.6 (3.79)	*5.5 (2.10)
American Indian or Alaska Native, white	*6.6 (2.21)	11.4 (2.87)	*2.1 (0.91)	*8.0 (2.72)	*1.9 (0.86)	*7.9 (2.78)	12.4 (2.80)	15.9 (3.23)
Hispanic or Latino origin6 and race								
Hispanic or Latino	4.4 (0.33)	8.1 (0.45)	3.7 (0.31)	5.3 (0.38)	2.1 (0.21)	4.0 (0.34)	6.7 (0.44)	8.7 (0.49)
Mexican or Mexican American	3.9 (0.39)	7.4 (0.54)	3.5 (0.35)	5.7 (0.50)	1.8 (0.25)	3.8 (0.40)	6.5 (0.56)	9.0 (0.63)
Not Hispanic or Latino	2.7 (0.12)	7.3 (0.24)	1.8 (0.10)	3.9 (0.15)	1.5 (0.09)	3.3 (0.14)	5.6 (0.19)	9.1 (0.24)
White, single race	2.5 (0.14)	6.5 (0.27)	1.7 (0.12)	3.6 (0.17)	1.6 (0.10)	3.0 (0.16)	5.0 (0.21)	8.6 (0.27)
Black or African American, single race	3.6 (0.34)	10.8 (0.58)	2.3 (0.27)	5.1 (0.45)	1.7 (0.24)	4.3 (0.43)	9.5 (0.60)	11.2 (0.64)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁷								
Less than a high school diploma	6.1 (0.43)	10.8 (0.57)	4.7 (0.39)	6.3 (0.45)	3.6 (0.34)	5.0 (0.40)	9.5 (0.58)	9.9 (0.54)
High school diploma or GED ⁸	3.6 (0.30)	9.2 (0.44)	2.8 (0.25)	5.0 (0.33)	1.9 (0.19)	4.5 (0.32)	6.7 (0.37)	9.8 (0.48)
Some college	3.4 (0.25)	7.5 (0.35)	2.1 (0.18)	4.4 (0.29)	1.9 (0.18)	3.6 (0.27)	6.2 (0.32)	9.9 (0.45)
Bachelor's degree or higher	1.1 (0.12)	4.7 (0.28)	0.8 (0.10)	2.0 (0.16)	0.6 (0.09)	1.9 (0.19)	2.8 (0.27)	7.2 (0.34)
Current employment status ⁹								
Employed	1.6 (0.11)	5.7 (0.26)	1.2 (0.09)	3.1 (0.16)	0.8 (0.08)	2.4 (0.15)	4.2 (0.20)	8.2 (0.27)
Full-time	1.4 (0.11)	5.0 (0.22)	1.0 (0.09)	2.7 (0.16)	0.6 (0.06)	2.2 (0.16)	3.8 (0.23)	7.8 (0.29)
Part-time	2.3 (0.33)	8.3 (0.95)	1.9 (0.30)	4.8 (0.48)	1.4 (0.31)	3.4 (0.41)	5.5 (0.54)	9.4 (0.64)
Not employed but has worked previously	5.2 (0.27)	10.3 (0.38)	3.6 (0.22)	5.8 (0.27)	3.0 (0.19)	5.1 (0.26)	8.7 (0.34)	10.7 (0.39)
Not employed and has never worked	4.9 (0.61)	8.1 (0.75)	2.9 (0.42)	5.3 (0.66)	2.5 (0.39)	3.7 (0.49)	6.1 (0.67)	8.7 (0.85)
Family income ¹⁰								
Less than \$35,000	5.7 (0.27)	11.8 (0.39)	4.3 (0.24)	7.2 (0.30)	3.3 (0.20)	5.4 (0.26)	10.1 (0.35)	11.7 (0.37)
\$35,000 or more	1.8 (0.12)	5.2 (0.26)	1.2 (0.10)	2.7 (0.16)	0.9 (0.08)	2.5 (0.16)	4.1 (0.21)	8.1 (0.29)
\$35,000-\$49,999	3.2 (0.35)	7.4 (0.56)	2.4 (0.32)	4.6 (0.45)	1.5 (0.23)	3.9 (0.40)	6.4 (0.54)	10.6 (0.65)
\$50,000-\$74,999	2.1 (0.27)	6.2 (0.45)	1.3 (0.19)	3.4 (0.36)	1.2 (0.20)	2.9 (0.35)	4.6 (0.53)	8.5 (0.57)
\$75,000–\$99,999	1.6 (0.30)	5.4 (0.93)	1.1 (0.24)	2.4 (0.38)	0.8 (0.17)	2.6 (0.39)	4.0 (0.49)	8.5 (0.68)
\$100,000 or more	1.0 (0.16)	3.2 (0.29)	0.6 (0.12)	1.4 (0.20)	0.5 (0.10)	1.4 (0.23)	2.5 (0.30)	6.3 (0.44)
Poverty status ¹¹								
Poor	6.9 (0.45)	12.8 (0.61)	5.4 (0.39)	8.1 (0.47)	4.1 (0.33)	6.1 (0.42)	11.9 (0.59)	12.8 (0.58)
Near poor	4.7 (0.35)	10.6 (0.49)	3.6 (0.29)	6.3 (0.38)	2.4 (0.22)	5.0 (0.34)	8.6 (0.46)	11.5 (0.57)
Not poor	1.7 (0.12)	5.3 (0.25)	1.1 (0.09)	2.7 (0.16)	0.9 (0.09)	2.4 (0.15)	3.8 (0.19)	7.7 (0.27)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹²								
Under 65:								
Private	1.6 (0.13)	5.3 (0.28)	1.0 (0.09)	2.8 (0.17)	0.7 (0.09)	2.3 (0.16)	3.9 (0.21)	7.8 (0.29)
Medicaid	7.1 (0.55)	13.2 (0.76)	5.1 (0.43)	9.3 (0.71)	4.2 (0.41)	6.9 (0.58)	12.5 (0.74)	13.7 (0.73)
Other	7.8 (0.98)	14.7 (1.41)	5.4 (0.79)	9.5 (1.17)	4.1 (0.66)	8.6 (1.11)	12.5 (1.17)	14.4 (1.34)
Uninsured	5.0 (0.44)	9.2 (0.52)	4.1 (0.41)	6.0 (0.43)	2.8 (0.32)	4.5 (0.41)	8.7 (0.56)	11.0 (0.69)
65 and over:								
Private	1.7 (0.26)	7.3 (0.58)	0.6 (0.15)	2.5 (0.35)	0.9 (0.17)	2.4 (0.32)	3.1 (0.35)	7.0 (0.56)
Medicare and Medicaid	6.9 (1.31)	12.4 (1.48)	4.4 (0.97)	6.5 (1.10)	4.2 (0.93)	5.4 (1.07)	7.1 (1.15)	11.4 (1.36)
Medicare only	2.7 (0.36)	7.7 (0.62)	2.2 (0.36)	2.7 (0.37)	1.4 (0.26)	3.0 (0.42)	5.5 (0.63)	7.1 (0.62)
Other	*2.6 (0.83)	5.6 (1.12)	1.8 (0.49)	2.8 (0.72)	*1.9 (0.76)	3.3 (0.83)	4.5 (1.00)	7.0 (1.29)
Uninsured	*	*	*	*	*	-	*	*
Marital status								
Married	2.0 (0.14)	5.7 (0.24)	1.4 (0.12)	2.9 (0.16)	1.0 (0.09)	2.5 (0.15)	4.2 (0.22)	7.5 (0.28)
Widowed	5.4 (0.56)	11.4 (0.77)	3.0 (0.42)	4.3 (0.44)	2.5 (0.35)	4.5 (0.50)	6.7 (0.60)	9.8 (0.72)
Divorced or separated	5.7 (0.40)	11.1 (0.55)	4.1 (0.33)	7.1 (0.44)	3.4 (0.31)	5.2 (0.39)	9.2 (0.51)	12.3 (0.56)
Never married	3.3 (0.26)	8.0 (0.54)	2.3 (0.22)	4.9 (0.32)	1.9 (0.21)	3.8 (0.32)	7.2 (0.40)	10.1 (0.47)
Living with a partner	2.6 (0.40)	8.6 (0.82)	2.7 (0.42)	5.7 (0.74)	1.8 (0.32)	4.9 (0.69)	6.6 (0.69)	11.2 (1.04)
Place of residence ¹³								
Large MSA	2.8 (0.16)	7.0 (0.26)	1.8 (0.12)	3.8 (0.20)	1.3 (0.10)	3.2 (0.18)	5.5 (0.23)	9.1 (0.30)
Small MSA	3.0 (0.22)	7.7 (0.47)	2.3 (0.18)	4.5 (0.25)	1.8 (0.15)	3.5 (0.24)	5.8 (0.31)	8.9 (0.39)
Not in MSA	3.4 (0.32)	7.9 (0.43)	2.5 (0.30)	4.6 (0.38)	2.2 (0.26)	3.6 (0.32)	6.6 (0.43)	8.8 (0.60)
Region								
Northeast	3.1 (0.32)	7.1 (0.45)	1.9 (0.28)	3.6 (0.39)	1.3 (0.17)	3.0 (0.35)	4.6 (0.40)	8.6 (0.57)
Midwest	2.3 (0.22)	7.7 (0.60)	1.6 (0.19)	4.9 (0.34)	1.5 (0.17)	3.9 (0.32)	5.7 (0.42)	9.1 (0.47)
South	3.0 (0.19)	7.4 (0.32)	2.3 (0.16)	3.8 (0.20)	1.7 (0.15)	3.1 (0.19)	6.4 (0.28)	8.6 (0.34)
West	3.4 (0.25)	7.2 (0.36)	2.3 (0.18)	4.3 (0.27)	1.9 (0.17)	3.6 (0.25)	5.8 (0.33)	10.0 (0.45)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁶ , race, and sex								
Hispanic or Latino, male	3.6 (0.48)	6.7 (0.60)	3.0 (0.41)	4.1 (0.49)	1.8 (0.32)	3.4 (0.48)	6.4 (0.67)	7.9 (0.71)
Hispanic or Latina, female	5.1 (0.45)	9.5 (0.65)	4.4 (0.45)	6.6 (0.59)	2.3 (0.29)	4.7 (0.49)	7.0 (0.55)	9.6 (0.66)
Not Hispanic or Latino:								
White, single race, male	1.9 (0.17)	5.1 (0.28)	1.5 (0.16)	3.0 (0.22)	1.4 (0.15)	2.7 (0.23)	4.2 (0.28)	7.8 (0.38)
White, single race, female	3.0 (0.21)	7.9 (0.44)	2.0 (0.16)	4.2 (0.24)	1.7 (0.14)	3.3 (0.22)	5.7 (0.30)	9.4 (0.38)
Black or African American, single race, male	3.3 (0.54)	7.9 (0.70)	2.2 (0.43)	3.9 (0.52)	1.6 (0.37)	3.7 (0.58)	9.1 (0.88)	9.2 (0.86)
Black or African American, single race, female	3.9 (0.44)	13.2 (0.87)	2.5 (0.34)	6.1 (0.69)	1.8 (0.33)	4.9 (0.61)	9.9 (0.78)	12.9 (0.89)

^{*} Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

⁻ Quantity zero.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," "None of the time," "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over was 3.4%, 3.5%, and 3.5%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁹"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area. NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.