

Healthy People 2010 Operational Definition

18-5. Reduce the proportion of adolescents who engage in disordered eating behaviors in an attempt to control their weight.

National Data Source Youth Risk Behavior Surveillance System (YRBSS), CDC, NCCDPHP.

State Data Source Youth Risk Behavior Surveillance System (YRBSS), CDC, NCCDPHP.

Healthy People 2000 Objective Not applicable.

Changes since the 2000 Publication Revised text (see Comments).

Measure Percent.

Baseline (Year) 19 (2001)

Target 16

Target-Setting Method Better than the best racial/ethnic subgroup.
For a discussion of target-setting methods, see Part A, section 4.

Numerator One or more disordered eating behaviors based on three questions from the Youth Risk Behavior Survey.

Denominator Number of students in grades 9 through 12.

Population Targeted Students in grades 9 through 12.

Questions Used To Obtain the National Baseline Data From the 2001 Youth Risk Behavior Survey:

[NUMERATOR]

- *During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?*
- *During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?*
- *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining*

weight?

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| Expected Periodicity | Biennial. |
| Comments | <p>Persons are considered to have disordered eating they respond “yes” to <u>any</u> of the questions designated as NUMERATOR questions above.</p> <p>This objective moved from developmental to measurable at the Healthy People 2010 Midcourse Review. The original objective text was to reduce the relapse rate for persons with eating disorders. No data source existed for measuring the relapse rate. Revising the text made the objective consistent with the data available in the YRBSS while retaining the spirit of the original objective in that it continues to focus on eating disorders and prevention.</p> <p>For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a <i>Healthy People Statistical Note</i>.¹</p> <p>See Part C for a description of YRBSS and Appendix A for focus area contact information.</p> |

References

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.