

1995 National Health Interview Survey (NHIS)  
Year 2000 Objectives Public Use Data File

1. The 1995 National Health Interview Survey (NHIS) Year 2000 Objectives data file contains data items on five selected topic areas which relate to the health objectives for the year 2000 from the Department of Health and Human Services (HHS). The specific Year 2000 questionnaire topics and file locations are listed below:

Section	File Location
A Tobacco	401-430
B Nutrition	431-475
C Clinical Procedures	476-485
D Mental Health	486-495
E Physical Activity and Fitness	496-650

2. The 1995 Year 2000 topic areas were administered as a supplement to the 1995 NHIS basic (core) questions. The supplement was asked of one adult sample person per family in half of the households in the 1995 NHIS core. The other half of the households were asked the supplement on AIDS Knowledge and Attitudes.

The 1995 Year 2000 file is structured in the following way:

- a. The NHIS person record from the core questionnaire (locations 1-186)
  - b. Weight fields (locations 201-212)
  - c. Fields necessary for calculating variances (locations 337-352)
  - d. Data from supplement (locations 401-650)
3. In 1995, two types of item non-response were identified:
    - (1) "Not ascertained" (codes 8, 98, or 998) includes blanks when there should have been a response or when an impossible code appeared
    - (2) Responses of "don't know" or "refused" when the question was asked (codes 9, 99 and 999)

For some items, it was determined that there was no meaningful difference between "not ascertained" and "don't know" or "refused". In these cases, the two categories were both coded 9 (or 99 or 999, as appropriate) and labeled "unknown".

NOTE: When the term "unknown" is used as a label for NA or Not applicable, it includes "not ascertained", "don't know", and/or "refused".

4. The overall response rate for the 1995 Year 2000 supplement was 80.9 percent. This response rate was calculated as follows:

Household response rate for the NHIS core (93.8 percent) multiplied by 86.2 percent who responded to the Year 2000 supplement yielding an overall response rate of 80.9 percent.

5. Weights and variances:

Since the NHIS uses a multistage sample design to represent the civilian non-institutionalized population of the United States, weights must be used to make accurate estimates based on data from the NHIS. Two weights are included on the 1995 file:

The first weight listed below (i.e., the Year 2000 final basic weight) will be used in most analyses of the Year 2000 data.

The Year 2000 final basic weight (loc. 207-212) differs from that calculated for the core data file in that the Year 2000 sample was re-weighted to account for non-response and the selection of only one adult per family. This weight will be used in conjunction with Year 2000 data items in file locations 401-650.

The interim basic weight before age-sex-race adjustment (loc 201-206) is required by some software packages for variance estimation for surveys with complex sample designs.

There are a number of computer programs that yield variance estimates for data based on complex sample surveys. Some are based on replication approaches and others are based on Taylor linearization approaches. In addition to the interim basic weight (which is the weight prior to poststratification), included on the Year 2000 file are the strata for variance estimation (loc. 337-340), the PSU for variance estimation (loc. 341), the substratum for variance estimation (loc. 342-343) and the type of PSU (loc. 351) to permit the analyst the capability of using such variance estimation procedures. These variables and weights are necessary for directly calculating sampling variances.

6. Estimating annual numbers of events or conditions

- a. To reduce respondent error, the recall period for questions about some events is limited to two weeks. These events are: bed days and other restricted activity days, work loss and school loss days, and doctor visits. The two-week variables are found in locations 98-107 and 120-121. Estimates of the total number of occurrences of these events in the population can be derived as follows:

Number of events x 26 (number of two-week periods  
In a year) x final basic weight

= Total number of events occurring in the population  
during the annual period, i.e., 1995.

Example: Number of bed days (loc. 100-101) x 26 x final basic  
weight (loc. 207-212) = total number of bed days reported for  
the population in 1995.

- b. The recall period for acute incidence conditions is also two weeks and a national estimate of the total number of acute incidence conditions is calculated using the same procedures as for two-week events for the semi-annual period.

Number of acute incidence conditions x 26 x final basic weight

= Total number of acute incidence conditions occurring in the  
population during 1995.

Note: An acute incidence condition is an acute condition with onset during the two weeks preceding the date of interview.

- c. The recall period for information on hospitalizations is 12 months. However, in calculating number of discharges (locations 132-133, 137-138), only discharges occurring in the past six months are counted. Therefore, the weighted estimates must be calculated as follows:

Number of discharges x 2 x final basic weight

= Total number of discharges occurring in the population in  
1995.

7. Calculation of rates for events and conditions:

The number of events or conditions estimated for the population, as described in item 6, above, can be used as the basis for calculating rates of occurrence of these events (or conditions) per person and per 100 persons for the total U.S. population and for various population subgroups.

Note: Only rates can be estimated from these data. The percent of the population experiencing a particular type of event during the data year cannot be estimated. {The percent of the population experiencing the event in the reporting period (i.e., two weeks or six months) can be estimated but is generally not meaningful.}

8. Data on hospital episodes and days, based on a 12-month recall are in locations 122-131. The final basic weight is used for calculating estimates of these events in the same way it is used for all other person-based variables. These variables do permit estimating the percent of the population in this annual period experiencing a hospital episode in the past year and the percent of that population having a specified number of hospital days.

9. Guidelines for Citation of Data

With the goal of mutual benefit, the National Center for Health Statistics (NCHS) requests that recipients of data files cooperate in certain actions related to their use.

Any published material derived from the data should acknowledge NCHS as the original source. The suggested citation to appear at the bottom of all tables is as follows:

Source: National Center for Health Statistics (1995)

When cited in a bibliography, the suggested citation should read:

National Center for Health Statistics (1997). Data File Documentation, National Health Interview Survey of Topics Related to the Year 2000 Health Objectives, 1995 (machine readable data file and documentation), National Center for Health Statistics, Hyattsville, Maryland.

The published material should also include a disclaimer that credits any analyses, interpretations, or conclusions reached to the author (recipient of the data file) and not to NCHS, which is responsible only for the initial data. Consumers who wish to publish a technical description of the data should make a reasonable effort to insure that the description is not inconsistent with that published by NCHS.

YEAR 2000 OBJECTIVES PUBLIC USE FILE

Outline of Items and Codes

17,317 Records

File Locations	Item No.	Frequency	Items and Codes
1-2	-		RECORD TYPE
		17,317	90. Year 2000 Objectives
3-4	HH-2		PROCESSING YEAR
		17,317	95. 1995
5-14	Generated	-	HOUSEHOLD ID
15-16	-	-	PERSON NUMBER
17-18	-	-	BLANK (Record Serial Number on some other record types)
19-20	-		SAMPLING WEEK CODE (Numbered within Quarter, Location 178)
		1,109	01. Week 1
		1,362	02. Week 2
		1,420	03. Week 3
		1,419	04. Week 4
		1,511	05. Week 5
		1,363	06. Week 6
		1,461	07. Week 7
		1,411	08. Week 8
		1,422	09. Week 9
		1,485	10. Week 10
		1,128	11. Week 11
		1,129	12. Week 12
		1,097	13. Week 13

1

YR-2

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
21	Recode		LATE INTERVIEW (OR LAST ATTEMPT) FLAG

9,833	0. Interview not late
5,131	1. One week late
1,631	2. Two weeks late
722	3. Unknown

22-23      HH-11c,d

TYPE OF LIVING QUARTERS:

Housing Unit = (00-07)

311	00. Housing unit; kind unknown
15,875	01. House, apartment, flat
16	02. HU in nontransient hotel, motel, etc.
1	03. HU-permanent in transient hotel, motel, etc.
3	04. HU in rooming house
768	05. Mobile home or trailer with no permanent room added
156	06. Mobile home or trailer with one or more permanent rooms added
20	07. HU not specified above

Other Unit = (08-13)

17	08. Quarters not HU in rooming or boarding house
1	09. Unit not permanent in transient hotel, motel, etc.
0	10. Unoccupied site for mobile home, trailer, or tent
100	11. Student quarters in college dormitory
49	12. Other unit not specified above
0	13. Other unit; kind unknown

24            HH-12

HAS TELEPHONE

15,846	1. Yes, phone number given
556	2. Yes, no phone number given
741	3. No
174	4. Unknown

1

YR-3

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
----------------	----------	-----------	-----------------

25	A-1		SEX
		7,467	1. Male

		9,850	2. Female
26	-	-	BLANK
27-28	Person Column		AGE
		17,315	18-98. Number of years
		2	99. 99+ years of age
29	Recode		AGE RECODE #1
		1,839	3. 18-24 years
		7,460	4. 25-44 years
		4,550	5. 45-64 years
		1,012	6. 65-69 years
		1,007	7. 70-74 years
		1,449	8. 75 years and over
30	Recode		AGE RECODE #2
		1,839	3. 18-24 years
		3,719	4. 25-34 years
		3,741	5. 35-44 years
		2,626	6. 45-54 years
		1,924	7. 55-64 years
		2,019	8. 65-74 years
		1,449	9. 75 years and over
31-32	Recode		AGE RECODE #3
		17,317	36. Over 3 years

1

YR-4

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
33	-		BLANK
34-39	A-3		MONTH AND YEAR OF BIRTH
34-35		-	Month
			01. January            08. August
			02. February        09. September
			03. March            10. October
			04. April             11. November

05. May	12. December
06. June	99. Unknown
07. July	

36-39

Year of Birth	
9	1800-1899. 1800-1899
17,300	1900-1996. 1900-1996
8	9999. Unknown

40

Recode

HISPANIC ORIGIN IMPUTED FLAG

17,197	0. Hispanic Origin Known
120	1. Hispanic Origin Imputed from Reference Person

1

YR-5

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
41-42	A-6		MAIN RACIAL BACKGROUND* - Reported (see notation for locations 43-45)
		13,713	01. White
		2,199	02. Black/African American **
		125	03. Indian (American)
		5	04. Eskimo
		1	05. Aleut
		99	06. Chinese
		74	07. Filipino
		14	08. Hawaiian
		52	09. Korean
		38	10. Vietnamese
		62	11. Japanese
		60	12. Asian Indian
		2	13. Samoan
		2	14. Guamanian
		41	15. Other API
		597	16. Other Race
		26	17. Multiple Race
		207	99. Unknown

\* Some categories may be too small to analyze separately and therefore may produce unreliable estimates. In addition, counts may not agree with those produced by the Census Bureau.

\*\* For convenience, the category 'Black/African American' will be shown as 'Black' in all observed race or race recode locations throughout the documentation.

1



## YR-6

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes	
43-45	Recode		RACE RECODES	
43			Recode 1*	Persons whose Main Racial Background (location 41-42) was "other" or "unknown" were classified in the following recodes by using the racial background observed by the interviewer. Use of these recodes is recommended for estimating statistics for the groups shown here.
		14,507	1. White	
		2,213	2. Black	
		597	3. Other	
44			Recode 2	
		14,507	1. White	
		2,810	2. Non-white	
45			Recode 3	
		2,213	1. Black	
		15,104	2. Non-black	
46-47	A-5		HISPANIC ORIGIN**	
		4	00. Multiple Hispanic	
		298	01. Puerto Rican	
		183	02. Cuban	
		692	03. Mexican-Mexicano	
		720	04. Mexican-American	
		31	05. Chicano	
		242	06. Other Latin American	
		291	07. Other Spanish	
		57	08. Spanish, DK type	
		70	09. Unknown if Spanish origin	
		14,729	10. Not Spanish origin	
48	L-7		MARITAL STATUS	
		8,950	1. Married - spouse in household	
		276	2. Married - spouse not in household	
		1,891	3. Widowed	
		2,073	4. Divorced	
		584	5. Separated	
		3,520	6. Never married	
		23	7. Unknown	

\* This recode is used to define race in the Current Estimates tables.

\*\*If unknown, the family reference person code was imputed. A flag indicating imputation is in loc. 40 and the relationship to reference

person is in loc. 63.

1

YR-7

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
49	L-1		VETERAN STATUS
		14,745	1. Non-veteran
		6	2. WW I
		648	3. WW II
		371	4. Korean War
		599	5. Vietnam veteran
		297	6. Post-Vietnam
		415	7. Other service
		34	8. Served in Armed Forces, unknown if war veteran
		202	9. Unknown if served in Armed Forces
50	L-1		ACTIVE GUARD/RESERVE STATUS FOR PERSONS ON ACTIVE DUTY IN ARMED FORCES
		14,745	0. Non-veteran
		166	1. All service in Guard/Reserve
		358	2. Some service in Guard/Reserve
		2	3. Unknown if all service in Guard/Reserve
		1,684	4. No active service in Guard/Reserve
		362	5. Unknown if ever active member in Guard/Reserve or served in Armed Forces
51-52	L-2		EDUCATION OF INDIVIDUAL - COMPLETED YEARS
		109	00. Never attended; kindergarten only
		3,616	01-11. Grades 1-11
		6,045	12. Grade 12
			College:
		1,335	13. 1 year
		1,758	14. 2 years
		648	15. 3 years
		2,110	16. 4 years
		448	17. 5 years
		1,180	18. 6 years or more
		68	19. Unknown

## YR-8

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
53	Recode		EDUCATION OF INDIVIDUAL RECODE
		109	0. None; kindergarten only
		1,692	1. 1-8 years (elementary)
		1,924	2. 9-11 years (high school)
		6,045	3. 12 years (high school graduate)
		3,741	4. 1-3 years (college)
		2,110	5. 4 years (college graduate)
		1,628	6. 5+ years (post-college)
		68	7. Unknown
54-55	-		HIGHEST EDUCATION OF RESPONSIBLE ADULT FAMILY MEMBER (Detail)
		49	00. Never attended; kindergarten only
		2,727	01-11. Grades 1-11
		5,636	12. Grade 12
			College:
		1,373	13. 1 year
		1,927	14. 2 years
		770	15. 3 years
		2,572	16. 4 years
		550	17. 5 years
		1,674	18. 6 years or more
		39	19. Unknown
56	-		HIGHEST EDUCATION OF RESPONSIBLE ADULT FAMILY MEMBER Recode
		49	0. None; kindergarten only
		1,246	1. 1-8 years (elementary)
		1,481	2. 9-11 years (high school)
		5,636	3. 12 years (high school graduate)
		4,070	4. 1-3 years (college)
		2,572	5. 4 years (college graduate)
		2,224	6. 5+ years (post-college)
		39	7. Unknown

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
57	L-8		FAMILY INCOME (\$20,000 or Less)
		6,272	1. Less than \$20,000
		10,681	2. \$20,000 or more
		364	3. Unknown
58-59	L-8		FAMILY INCOME
		139	00. Less than \$1,000
		111	01. \$ 1,000 - \$ 1,999
		124	02. 2,000 - 2,999
		160	03. 3,000 - 3,999
		202	04. 4,000 - 4,999
		322	05. 5,000 - 5,999
		333	06. 6,000 - 6,999
		309	07. 7,000 - 7,999
		268	08. 8,000 - 8,999
		318	09. 9,000 - 9,999
		379	10. 10,000 - 10,999
		243	11. 11,000 - 11,999
		394	12. 12,000 - 12,999
		275	13. 13,000 - 13,999
		278	14. 14,000 - 14,999
		344	15. 15,000 - 15,999
		240	16. 16,000 - 16,999
		221	17. 17,000 - 17,999
		308	18. 18,000 - 18,999
		372	19. 19,000 - 19,999
		1,456	20. 20,000 - 24,999
		1,214	21. 25,000 - 29,999
		1,193	22. 30,000 - 34,999
		908	23. 35,000 - 39,999
		834	24. 40,000 - 44,999
		779	25. 45,000 - 49,999
		3,306	26. \$50,000 and over
		2,287	27. Unknown

1

YR-10

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
60	Recode		FAMILY INCOME RECODE
		736	0. Under \$5,000
		655	1. \$ 5,000 - \$ 6,999

895	2.	7,000 - 9,999
1,569	3.	10,000 - 14,999
1,485	4.	15,000 - 19,999
1,456	5.	20,000 - 24,999
2,407	6.	25,000 - 34,999
2,521	7.	35,000 - 49,999
3,306	8.	\$50,000 or more
2,287	9.	Unknown

---

61	Generated		NHIS POVERTY INDEX*
		13,663	1. At or above poverty threshold
		2,352	2. Below poverty threshold
		1,302	3. Unknown

---

62-63			FAMILY RELATIONSHIP
62	A-2		Type of Family
		4,794	&. Primary individual
		467	-. Secondary individual
		12,018	0. Primary family
		38	1-9. Secondary family
63	A-2		Relationship to Reference Person
		4,510	&. Reference person, living alone
		7,133	0. Reference person, 2+ persons in household
		4,325	1. Spouse, other spouse NOT in Armed Forces and living at home
		110	2. Spouse, other spouse IN Armed Forces and living at home
		859	3. Child of reference person or spouse
		33	4. Grandchild of reference person or spouse
		126	5. Parent of reference person or spouse
		221	6. Other relative
		0	7. Child of military family with no eligible reference person
		0	9. DK or refused

---

\*Based on family size, number of children under 18 years of age and family income using the 1994 poverty levels derived from the August, 1995 Current Population Survey.

1

YR-11

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File	Item No.	Frequency	Items and Codes
------	----------	-----------	-----------------

---

64	Recode		FAMILY RELATIONSHIP RECODE
----	--------	--	----------------------------

		4,510	1. Living alone
		751	2. Living only with non-relative
		8,947	3. Living with spouse
		3,109	4. Living with relative - other
65-66	Generated	-	SIZE OF FAMILY*
			Unrelated individuals are coded 01
67	Generated	-	SIZE OF FAMILY RECODE
		17,259	1-8. Number of members
		58	9. 9+ members
68	A-2		PARENT/OTHER ADULT RELATIVE (under 25 years old and never married)
		258	1. Both parents, no other relative
		124	2. Mother only
		18	3. Father only
		66	4. Both parents and other 21+ year old adult relative
		39	5. Mother and other 21+ year old adult relative
		3	6. Father and other 21+ year old adult relative
		38	7. No parent, but one 21+ year old adult relative
		24	8. No parent, but two or more 21+ year old adult relatives
		93	9. Unknown
		633	0. Other
		16,021	Blank. Not applicable (25+ years old or ever married)

\*Count includes spouse in military but living at home.

1

YR-12

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
69	B-1 B-8		MAJOR ACTIVITY
		10,311	1. Working
		3,312	2. Keeping house
		926	3. Going to school
		2,640	4. Something else
		128	5. Unknown

70	G-4		HEALTH STATUS
		5,127	1. Excellent
		5,135	2. Very Good
		4,484	3. Good
		1,793	4. Fair
		670	5. Poor
		108	6. Unknown
71	Recode		ACTIVITY LIMITATION STATUS*- (all ages)
		1,070	1. Unable to perform major activity
		1,238	2. Limited in kind/amount major activity
		1,209	3. Limited in other activities
		13,800	4. Not limited (includes unknowns)
72	Recode		ACTIVITY LIMITATION STATUS MEASURED BY "ABILITY TO WORK" (18-69 years)
		1,137	1. Unable to work
		775	2. Limited in kind/amount of work
		657	3. Limited in other activities
		12,292	4. Not limited (includes unknowns)
		2,456	Blank. Not applicable (70+ years)

\*This location is used to categorize persons with limitation of activity in the Current Estimates tables.

1

YR-13

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
73	-	-	BLANK
74	B-14		NEEDS HELP WITH PERSONAL CARE (18-59 years old and limited, or age 60-69 years) *
		126	1. Unable to perform personal care needs
		327	2. Limited in performing other routine needs
		3,225	3. Not limited in performing personal or routine needs
		121	4. Unknown

13,518 Blank. Not applicable (18-59 years not limited; 70+ years old)

---

75	D-1		EMPLOYMENT STATUS IN PAST 2 WEEKS
			In the Labor Force: (1-7)
			Currently employed: (1-3)
		10,552	1. Worked in past 2 weeks
		229	2. Did not work, has job; not on lay-off and not looking for work
		10	3. Did not work, has job; looking for work
			Unemployed: (4-7)
		36	4. Did not work, has job; on lay-off
		3	5. Did not work, has job; on lay-off and looking for work
		79	6. Did not work, has job; unknown if looking or on lay-off
		379	7. Did not work, has no job; looking for work or on lay-off
			Not in Labor Force: (8)
		6,029	8. Not in labor force

---

\* For persons 70+ years, use location 71 to analyze 'Needs Help With Personal Care'. Codes 1 and 2 in location 72 correspond to codes 1 and 2 in location 74.

1

YR-14

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File	Item No.	Frequency	Items and Codes
76	L-6		CLASS OF WORKER
		6,029	0. Not in labor force
		8,018	1. Private company
		315	2. Federal Government employee
		573	3. State Government employee
		906	4. Local Government employee
		287	5. Incorporated business
		983	6. Self-employed
		20	7. Without pay
		19	8. Never worked
		167	9. Unknown

---



77-79	-	-	BLANK
80-81	Recode	-	INDUSTRY RECODE 1 SEE APPENDIX B
82-83	Recode	-	INDUSTRY RECODE 2 SEE APPENDIX B
84-86	L-6	-	BLANK
87-88	Recode	-	OCCUPATION RECODE 1 SEE APPENDIX C
89-90	Recode	-	OCCUPATION RECODE 2 SEE APPENDIX C

1

YR-15

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
91	L-R		RESPONDENT FOR CORE
		13,224	1. Self-entirely
		1,094	2. Self-partly
		2,868	3. Proxy
		131	4. Unknown
92	-	-	BLANK
93-94	G-5		HEIGHT WITHOUT SHOES
		17,206	36-98. Number of inches
		111	99. Unknown
95-97	G-5		WEIGHT WITHOUT SHOES
		17,012	050-500. Number of pounds
		305	501. Unknown

98-99	Recode		TOTAL RESTRICTED ACTIVITY DAYS IN PAST TWO WEEKS
		15,289	00. None
		2,028	01-14. Days

---

100-101	D-4		BED DAYS IN PAST TWO WEEKS
		16,227	00. None
		1,090	01-14. Days

1

YR-16

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
102-103	D-2		WORK-LOSS DAYS IN PAST TWO WEEKS
		16,631	00. None
		686	01-14. Days
104-105	D-3		SCHOOL-LOSS DAYS IN PAST TWO WEEKS
		17,317	00. Not applicable
106-107	D-6		OTHER DAYS OF RESTRICTED ACTIVITY IN PAST TWO WEEKS
		16,155	00. None
		1,162	01-14. Days
108-110	G-2		BED DAYS IN PAST 12 MONTHS
		9,665	000. None
		7,495	001-365. 1-365 days
		157	366. Unknown
111	Recode		BED DAYS IN PAST 12 MONTHS - Recode
		9,665	0. None
		5,588	1. 1-7 days
		1,340	2. 8-30 days
		455	3. 31-180 days
		112	4. 181-365 days
		157	5. Unknown
112-114	G-3		DOCTOR VISITS IN PAST 12 MONTHS

4,026	000.	None
13,167	001-996.	Visits
0	997.	997+ visits
124	998.	Unknown

1

YR-17

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
115	G-3		INTERVAL SINCE LAST DOCTOR VISIT
		29	0. Never
		13,428	1. Less than 1 year
		1,433	2. 1 to less than 2 years
		1,456	3. 2 to less than 5 years
		678	4. 5 years or more
		293	5. Unknown
116-117	Generated	-	NUMBER OF CONDITIONS
118-119	Generated	-	NUMBER OF ACUTE INCIDENCE CONDITIONS
120-121	Generated	-	NUMBER OF TWO-WEEK DOCTOR VISITS
122-123	Generated	-	NUMBER OF SHORT-STAY HOSPITAL EPISODES IN PAST 12 MONTHS
124-126	Generated	-	SHORT-STAY HOSPITAL EPISODE DAYS IN PAST 12 MONTHS
127-128	Generated	-	NUMBER OF SHORT-STAY HOSPITAL EPISODES IN PAST 12 MONTHS EXCLUDING DELIVERY*
129-131	Generated	-	SHORT-STAY HOSPITAL EPISODE DAYS IN PAST 12 MONTHS EXCLUDING DELIVERY*

\*Based on Operation codes and reason entered hospital.

1

YR-18

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
132-133	Generated	-	NUMBER OF SHORT-STAY HOSPITAL DISCHARGES IN PAST 6 MONTHS
134-136	Generated	-	NUMBER OF DAYS IN SHORT-STAY HOSPITAL IN PAST 12 MONTHS FOR DISCHARGES IN PAST 6 MONTHS
137-138	Generated	-	NUMBER OF SHORT-STAY HOSPITAL DISCHARGES IN PAST 6 MONTHS EXCLUDING DELIVERY*
139-141	Generated	-	NUMBER OF DAYS IN SHORT-STAY HOSPITAL IN PAST 12 MONTHS FOR DISCHARGES IN PAST 6 MONTHS EXCLUDING DELIVERY*

\*Based on Operation codes and reason entered hospital.

1

YR-19

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
142-143	-	-	BLANK
144	L-9B		YEARS LIVED IN STATE OF PRESENT RESIDENCE
		279	1. Less than 1 year
		714	2. 1 year, less than 5 years
		686	3. 5 years, less than 10 years
		600	4. 10 years, less than 15 years
		12,268	5. 15 years or more
		343	9. DK or refused
		2,427	Blank. Not applicable (Foreign born)
145	L-9c		YEARS LIVED IN UNITED STATES
		78	1. Less than 1 year
		310	2. 1 year, less than 5 years
		392	3. 5 years, less than 10 years
		299	4. 10 years, less than 15 years
		1,310	5. 15 years or more

38 9. DK or refused  
 14,890 Blank. Not applicable (U.S. born)

146-177 - - BLANK

1

YR-20

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
178			SAMPLING QUARTER
		4,452	1. Quarter 1
		4,600	2. Quarter 2
		4,868	3. Quarter 3
		3,397	4. Quarter 4
179-181	-	-	BLANK
182	Unit Control File		REGION
		3,598	1. Northeast
		4,124	2. Midwest
		5,801	3. South
		3,794	4. West
183	Unit Control File		GEOGRAPHIC DISTRIBUTION
			MSA Size
		2,043	1. 5,000,000 or more
		1,872	2. 2,500,000 - 4,999,999
		4,368	3. 1,000,000 - 2,499,999
		2,014	4. 500,000 - 999,999
		2,141	5. 250,000 - 499,999
		1,271	6. 100,000 - 249,999
		256	7. Under 100,000
		3,352	Blank. Non-MSA
184-185	-	-	BLANK
186	Unit Control File		MSA - NON-MSA RESIDENCE
		5,880	1. In MSA; in central city
		8,085	2. In MSA; not in central city
		3,352	3. Not in MSA

---

187-200	-	-	BLANK
---------	---	---	-------

---

1

YR-21

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
201-206	Generated	-	INTERIM ANNUAL BASIC WEIGHT (Before Age-Sex-Race/Ethnicity Poststratification)
207-212	Generated	-	FINAL ANNUAL BASIC WEIGHT
213-336	-	-	BLANK

---

1

YR-22

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
337-340	Recode	-	STRATA FOR VARIANCE ESTIMATION
341	Recode	-	PSU FOR VARIANCE ESTIMATION
342-343	Recode	-	SUBSTRATUM FOR VARIANCE ESTIMATION
344-350	Generated	-	SECONDARY SAMPLING UNIT
351	Unit Control File	11,189 6,128	TYPE OF PSU 1. Self representing 2. Non self representing
352	Unit Control File	17,317	Panel 4 1-4. Code used to identify nationally representative

---

subsamples

353-400 - - BLANK

1

YR-23

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
TOBACCO			
401	1a		SMOKED AT LEAST 100 CIGARETTES IN ENTIRE LIFE
		8,291	1. Yes
		8,946	2. No
		49	8. Not ascertained
		31	9. DK or refused
402-403	1b		AGE WHEN FIRST TRIED CIGARETTES
		8,065	04-95. 4-95 years
		0	96. 96+ years
		50	98. Not ascertained
		176	99. DK or refused
		9,026	Blank. Never/unknown if smoked
404-405	1c		AGE WHEN FIRST SMOKED EVERYDAY
		657	00. Never smoked everyday
		7,379	06-95. 6-95 years
		0	96. 96+ years
		52	98. Not ascertained
		203	99. DK or refused
		9,026	Blank. Never/unknown if smoked
406	2		SMOKING THIS TIME LAST YEAR
		3,506	1. Every day
		906	2. Some days
		3,836	3. Not at all
		37	8. Not ascertained
		6	9. DK or refused
		9,026	Blank. Never/unknown if smoked

1

## YR-24

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
407	3a		NOW SMOKE CIGARETTES EVERY DAY, SOME DAYS, OR NOT AT ALL
		3,418	1. Every day
		862	2. Some days
		3,987	3. Not at all
		23	8. Not ascertained
		1	9. DK or refused
		9,026	Blank. Never/unknown if smoked
408	Recode 1a,3a		CURRENT SMOKING STATUS (Recode 1: expanded categories)
		8,946	0. Never smoked
		3,418	1. Current everyday smoker
		862	2. Current some day smoker
		3,987	3. Former smoker
		24	4. Smoker, current status unknown
		80	9. Unknown if ever smoked

1

## YR-25

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
409	Recode 1a,3a		CURRENT SMOKING STATUS  (Recode 2: Everyday and someday smokers combined into current smoker category)
		8,946	0. Never smoked
		4,280	1. Current smoker
		3,987	2. Former smoker
		24	3. Smoker, current status unknown
		80	9. Unknown if ever smoked
410	Recode 1a,3a,6a		CURRENT SMOKING STATUS (Recode 3)



8,946	0.	Never smoked
3,418	1.	Current everyday smoker
763	2.	Current some day smoker (1+ days in past month)
25	3.	Current some day smoker (0 days in past month)
74	4.	Current some day smoker (unknown if smoked in past month)
24	5.	Smoker, current status unknown
3,987	6.	Former smoker
80	9.	Unknown if ever smoked

1

YR-26

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
(411-413)	3b		TIME SINCE QUIT CIGARETTES (Not at all in Q3a)
411-412			NUMBER OF UNITS
		3,844	01-95. 1-95 days, weeks, months, years
		0	96. 96+ days, weeks, months, years
		143	99. DK/refused/not ascertained
		13,330	Blank. Never or current smoker/unknown smoking status
413			TIME UNITS
		15	1. Days
		43	2. Weeks
		326	3. Months
		3,460	4. Years
		77	8. Not ascertained
		66	9. DK
		13,330	Blank. Never or current smoker/unknown smoking status
414-416	Recode 3b		LENGTH OF TIME SINCE QUIT SMOKING CIGARETTES (months) (Former smokers)
		420	00. Less than one month
		3,802	001-995. 1-995 months
		0	996. 996+ months
		143	999. Unknown
		13,330	Blank. NA

417-418	Recode 3b		LENGTH OF TIME SINCE QUIT SMOKING CIGARETTES (years) (Former smokers)
		314	00. Less than one year
		3,53	001-95. 1-95 years
		0	96. 96+ years
		143	99. Unknown
		13,330	Blank. NA

1

YR-27

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
419-420	4		CIGARETTES NOW SMOKED PER DAY (Current everyday smokers)
		3,379	01-95. 1-95 cigarettes
		5	96. 96+ cigarettes
		16	98. Not ascertained
		18	99. DK or refused
		13,899	Blank. NA
421	5		QUIT SMOKING FOR 1 DAY OR MORE IN PAST 12 MONTHS (Current everyday smokers)
		1,536	1. Yes
		1,842	2. No
		38	8. Not ascertained
		2	9. DK or refused
		13,899	Blank. NA
422-423	6a		HOW MANY DAYS IN PAST 30 DAYS DID YOU SMOKE (Some day smokers in Q 3a)
		250	0. None
		763	01-30. 1-30 days
		22	98. Not ascertained
		52	99. DK or refused
		16,455	Blank. NA
424-425	6b		CIGARETTES SMOKED PER DAY (Some day smokers who smoked in past 30 days or unknown if smoked in past 30 days)

787	01-95.	1-95 cigarettes
1	96.	96+ cigarettes
25	98.	Not ascertained
24	99.	DK or refused
16,480	Blank.	NA

1

YR-28

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
426	7		WOULD LIKE TO COMPLETELY STOP SMOKING CIGARETTES (All current everyday and some day smokers)
		2,910	1. Yes
		1,020	2. No
		39	8. Not ascertained
		311	9. DK or refused
		13,037	Blank. NA
427-430	-	-	BLANK

1

YR-29

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
			NUTRITION
431	1		NOW TRYING TO LOSE/GAIN WEIGHT
		5,194	1. Lose weight
		564	2. Gain weight
		3,550	3. Stay about the same
		6,294	4. Not trying to do anything
		1,714	8. Not ascertained
		1	9. DK or refused

(432-444) Recode  
2

CURRENT ACTIVITIES TO CONTROL WEIGHT

432

JOINED A WEIGHT  
LOSS PROGRAM

224	1. Reported
8,385	2. Not reported
135	9. Unknown
8,573	Blank. NA: Not trying to lose weight or stay the same

433

EATING FEWER  
CALORIES

3,657	1. Reported
4,952	2. Not reported
135	9. Unknown
8,573	Blank. NA: Not trying to lose weight or stay the same

1

YR-30

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File	Item No.	Frequency	Items and Codes
434			EATING SPECIAL PRODUCTS, SUCH AS CANNED OR POWDERED FOOD SUPPLEMENTS
		301	1. Reported
		8,308	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
435			EXERCISING MORE
		4,169	1. Reported
		4,440	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
436			EATING LESS FAT
		4,069	1. Reported
		4,540	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
437			SKIPPING MEALS

---

709	1. Reported
7,900	2. Not reported
135	9. Unknown
8,573	Blank. NA: Not trying to lose weight or stay the same

438

TAKING DIET PILLS

102	1. Reported
8,507	2. Not reported
135	9. Unknown
8,573	Blank. NA: Not trying to lose weight or stay the same

1

YR-31

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
439			TAKING LAXATIVES
		27	1. Reported
		8,582	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
440			TAKING WATER PILLS OR DIURETICS
		116	1. Reported
		8,493	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
441			VOMITING
		7	1. Reported
		8,602	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
442			FASTING FOR 24 HOURS OR LONGER
		53	1. Reported
		8,556	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
443			SOMETHING ELSE -

SPECIFY

444	1.	Reported
8,165	2.	Not reported
135	9.	Unknown
8,573	Blank.	NA: Not trying to lose weight or stay the same

1

YR-32

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
444			NOTHING
		1,908	1. Reported
		6,701	2. Not reported
		135	9. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
445-446	Recode		NUMBER OF WEIGHT CONTROL METHODS REPORTED
		1,908	00. No methods reported
		6,701	01-12. Number of methods reported
		135	99. Unknown
		8,573	Blank. NA: Not trying to lose weight or stay the same
(447-449)	3a		HEIGHT
447			FEET
		17,255	3-8. 3-8 feet
		62	9. DK or refused
448-449			INCHES
		17,254	00-11. 0-11 inches
		63	99. DK or refused
450-451	Recode		HEIGHT IN INCHES
		17,254	36-97. 36-97 inches
		0	98. 98 or more inches
		63	99. Unknown
452	Recode		FLAG FOR UNUSUAL HEIGHT

4	1. Height reported as
	LE 47" or GE 96"
17,313	Blank. Height GE 48" and
	LE 95" or unknown

1

YR-33

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
453-455	3b		WEIGHT WITHOUT SHOES
		17,046	050-500. 50-500 pounds
		271	999. DK or refused
456-458	Recode		BODY MASS INDEX- CURRENT WEIGHT (One implied decimal)
		17,020	001-997. 00.1 - 99.7
		0	998. 99.8+
		297	999. Undefined
459-462	Recode		WEIGHT IN KILOGRAMS (One implied decimal)
		17,046	0227-2268. 22.7-226.8 kilograms
		271	9999. Unknown
463	Recode		DESIRABLE WEIGHT (1983 MLIC STANDARDS)
		1,746	1. 10% or more below desirable weight
		1,315	2. 5-9.9% below desirable weight
		3,302	3. Within 4.9% of desirable weight
		1,868	4. 5-9.9% above desirable weight
		3,001	5. 10-19.9% above desirable weight
		2,175	6. 20-29.9% above desirable weight
		3,276	7. 30% or more above desirable weight
		634	9. Unknown
464	Recode		RESPONDENT STATUS FOR HEIGHT AND WEIGHT
		17,232	1. Self-reported height/weight
		79	2. Proxy response for height/weight
		6	9. Unknown respondent for height/weight
465	4a		FREQUENCY OF BUYING LOW SALT ITEMS
		710	0. Don't shop for food
		2,459	1. Always

2,596	2. Often
3,910	3. Sometimes
2,761	4. Rarely
4,589	5. Never
69	8. Not ascertained
223	9. DK or refused

1

YR-34

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
466	4b		HOW OFTEN ADD SALT TO FOOD
		2,169	1. Always
		1,578	2. Often
		3,726	3. Sometimes
		3,953	4. Rarely
		5,767	5. Never
		71	8. Not ascertained
		53	9. DK or refused
467	5a		READ CALORIE, FAT CONTENT LIST ON LABEL
		956	0. Don't buy food
		4,445	1. Always
		2,842	2. Often
		3,396	3. Sometimes
		1,766	4. Rarely
		3,767	5. Never
		68	8. Not ascertained
		77	9. DK or refused
468	5b		READ INGREDIENT LIST ON PACKAGE
		17	0. Don't buy food
		3,490	1. Always
		2,522	2. Often
		3,994	3. Sometimes
		2,392	4. Rarely
		3,759	5. Never
		97	8. Not ascertained
		90	9. DK or refused
		956	Blank. NA: Don't buy food (Q. 5a)
469	6a		HAVE MEALS DELIVERED TO HOME BY AGENCY OR ORGANIZATION



77	1. Yes
3,346	2. No
41	8. Not ascertained
4	9. DK or refused
13,849	Blank. NA: Under 65 years

1

YR-35

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
470	6b		NEED MEALS DELIVERED TO HOME BY AGENCY OR ORGANIZATION
		81	1. Yes
		3,171	2. No
		110	8. Not ascertained
		29	9. DK or refused
		13,926	Blank. NA: Under 65 years, have meals delivered
471	7a		TOOK A CLASS ON HEALTH TOPICS PAST YEAR
		200	1. Yes
		3,127	2. No
		58	8. Not ascertained
		6	9. DK or refused
		13,926	Blank. NA: Under 65 years, have meals delivered
472	7b		WHERE HEALTH CLASS GIVEN
		44	1. Senior center
		76	2. Hospital
		79	3. Other place
		0	8. Not ascertained
		1	9. DK or refused
		17,117	Blank. NA: Under 65 years, have meals delivered, haven't taken health class
473	8a		PARTICIPATE IN AN EXERCISE CLASS PAST YEAR
		279	1. Yes
		3,046	2. No
		60	8. Not ascertained
		6	9. DK or refused
		13,926	Blank. NA: Under 65 years, have

meals delivered

1

YR-36

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
474	8b		WHERE EXERCISE CLASS GIVEN
		63	1. Senior center
		38	2. Hospital
		174	3. Other place
		4	8. Not ascertained
		0	9. DK or refused
		17,038	Blank. NA: Under 65 years, have meals delivered, didn't participate in health class
475	-	-	BLANK

---

1

YR-37

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
			CLINICAL PREVENTIVE SERVICES
476	1		FLU SHOT IN PAST YEAR
		4,199	1. Yes
		13,000	2. No
		39	8. Not ascertained
		79	9. DK or refused
477	2		TETANUS SHOT IN PAST 10 YEARS
		9,245	1. Yes
		7,162	2. No
		48	8. Not ascertained
		862	9. DK or refused
478	3		EVER HAD PNEUMONIA VACCINATION
		2,027	1. Yes

---

14,229	2. No
62	8. Not ascertained
999	9. DK or refused

---

479	4		HAD DIABETES PAST YEAR
		908	1. Yes
		16,314	2. No
		57	8. Not ascertained
		38	9. DK or refused

---

480	5		HAD ASTHMA, EMPHYSEMA, CHRONIC BRONCHITIS, TB PAST YEAR
		1,288	1. Yes
		15,922	2. No
		56	8. Not ascertained
		51	9. DK or refused

---

481	6		HAD CHRONIC KIDNEY DISEASE PAST YEAR
		190	1. Yes
		17,030	2. No
		58	8. Not ascertained
		39	9. DK or refused

1

YR-38

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
482	7		HAD LIVER DISEASE/CIRRHOSIS PAST YEAR
		101	1. Yes
		17,109	2. No
		68	8. Not ascertained
		39	9. DK or refused
483	8		HAD EXTREME FATIGUE LASTING ONE+ MONTH PAST YEAR
		803	1. Yes
		16,418	2. No
		61	8. Not ascertained
		35	9. DK or refused

---

484	9		CURRENTLY BEING TREATED FOR ANY KIND OF CANCER
		266	1. Yes
		16,970	2. No
		61	8. Not ascertained
		20	9. DK or refused

---

485	10		EVER TOLD BY DOCTOR YOU HAD A HEART ATTACK, HEART FAILURE, CHRONIC HEART CONDITION, OR RHEUMATIC HEART DISEASE
		1,307	1. Yes
		15,885	2. No
		53	8. Not ascertained
		72	9. DK or refused

1

YR-39

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
			MENTAL HEALTH
486	1a		AMOUNT OF STRESS EXPERIENCED IN THE PAST 2 WEEKS
		2,780	1. A lot
		5,383	2. Moderate
		4,245	3. Relatively little
		4,622	4. Almost none
		134	5. DK what stress is
		62	8. Not ascertained
		91	9. DK or refused
487	1b		AMOUNT OF STRESS EXPERIENCED IN THE PAST YEAR
		3,447	1. A lot
		5,994	2. Moderate
		3,987	3. Relatively little
		3,578	4. Almost none
		89	8. Not ascertained
		88	9. DK or refused
		134	Blank. Don't know what stress is
488	2		EFFECT OF STRESS ON HEALTH
		1,425	1. A lot

4,393	2. Some
11,014	3. Hardly any or none
96	8. Not ascertained
255	9. DK or refused
134	Blank. Don't know what stress is

---

489	3	TAKEN ANY STEPS TO CONTROL STRESS IN YOUR LIFE IN PAST YEAR
6,059	1. Yes	
10,841	2. No	
118	8. Not ascertained	
165	9. DK or refused	
134	Blank. Don't know what stress is	

1

YR-40

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
490	4		HAD SERIOUS PERSONAL/ EMOTIONAL PROBLEMS IN PAST YEAR
		2,117	1. Yes
		15,020	2. No
		111	8. Not ascertained
		69	9. DK or refused
491	5a		SOUGHT HELP FROM FAMILY OR FRIENDS IN PAST YEAR
		2,886	1. Yes
		14,276	2. No
		106	8. Not ascertained
		49	9. DK or refused
492	5b		SOUGHT HELP FROM THERAPIST, COUNSELOR, SELF-HELP GROUP IN PAST YEAR
		1,269	1. Yes
		15,907	2. No
		107	8. Not ascertained
		34	9. DK or refused
493	5c		SOUGHT HELP FROM A PRIEST, MINISTER, RABBI, ETC., IN

PAST YEAR

844	1. Yes
16,332	2. No
105	8. Not ascertained
36	9. DK or refused

---

494-495	-	-	BLANK
---------	---	---	-------

---

1

YR-41

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
PHYSICAL ACTIVITY AND FITNESS			
496	E1		HANDICAP STATUS (Interviewer Determined)*
		750	1. Physically handicapped
		16,388	8. Not Physically handicapped
		179	9. Unknown
<hr/>			
497	1a		ANY PHYSICAL ACTIVITIES IN PAST 2 WEEKS (For physically handicapped)
		204	1. Yes
		515	2. No
		28	8. Not ascertained
		3	9. Unknown
		16,567	Blank. Not Applicable

---

\*Physically handicapped persons were not asked Q.2 regarding specific types of exercise but if they indicated that they had exercised (Q.1a), the specific types of exercise were recorded in Q.2. Therefore, the number of persons classified as 'Not asked (handicap)' varies in Q.2, depending on the number of handicapped people who volunteered that they did that type of exercise.

1

YR-42

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
----------------	----------	-----------	-----------------

---

(498-645)	(2a-d)		TYPE OF PHYSICAL EXERCISE PAST 2 WEEKS
498	2a(1)		WALKED FOR EXERCISE
		7,758	1. Yes
		8,702	2. No
		642	3. Not asked (handicap)
		215	8. Not ascertained
499-500	2b(1)		NUMBER OF TIMES WALKED FOR EXERCISE
		7,665	01-96. 1-96 times
		2	97. 97+ times
		89	98. Not ascertained
		2	99. Unknown
		9,559	Blank. Did not walk, unknown if walked
501-503	2c(1)		NUMBER OF MINUTES SPENT WALKING EACH TIME
		7,594	001-996. 1-996 minutes
		1	997. 997+ minutes
		159	998. Not ascertained
		4	999. Unknown
		9,559	Blank. Did not walk, unknown if walked
504	2d(1)		CHANGE IN HEART RATE OR BREATHING WHEN WALKING
		1,970	0. No increase
		2,352	1. Small increase
		2,771	2. Moderate increase
		373	3. Large increase
		113	8. Not ascertained
		179	9. Unknown
		9,559	Blank. Did not walk, unknown if walked

---

1

YR-43

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

---

File Locations	Item No.	Frequency	Items and Codes
505	2a(2)		GARDENING/YARD WORK
		4,652	1. Yes
		11,645	2. No

		710	3. Not asked (handicap)
		310	8. Not ascertained
506-507	2b(2)		NUMBER OF TIMES GARDENING
		4,591	01-96. 1-96 times
		0	97. 97+ times
		60	98. Not ascertained
		1	99. Unknown
		12,665	Blank. Did not garden, unknown if gardened
508-510	2c(2)		NUMBER OF MINUTES SPENT GARDENING EACH TIME
		4,542	001-996. 1-996 minutes
		0	997. 997+ minutes
		106	998. Not ascertained
		4	999. Unknown
		12,665	Blank. Did not garden, unknown if gardened
511	2d(2)		CHANGE IN HEART RATE OR BREATHING WHEN GARDENING
		1,960	0. No increase
		1,307	1. Small increase
		1,066	2. Moderate increase
		119	3. Large increase
		115	8. Not ascertained
		85	9. Unknown
		12,665	Blank. Did not garden, unknown if gardened

1

YR-44

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
512	2a(3)		DID STRETCHING EXERCISES
		5,018	1. Yes
		11,350	2. No
		677	3. Not asked (handicap)
		272	8. Not ascertained
513-514	2b(3)		NUMBER OF TIMES DID STRETCHING
		4,930	01-96. 1-96 times
		1	97. 97+ times
		84	98. Not ascertained
		3	99. Unknown



		12,299	Blank. Did not stretch, unknown if stretched
515-517	2c(3)		NUMBER OF MINUTES SPENT STRETCHING EACH TIME
		4,900	001-996. 1-996 minutes
		1	997. 997+ minutes
		114	998. Not ascertained
		3	999. Unknown
		12,299	Blank. Did not stretch, unknown if stretched

1

YR-45

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
518	2a(4)		LIFTED WEIGHTS
		2,492	1. Yes
		13,792	2. No
		715	3. Not asked (handicap)
		318	8. Not ascertained
519-520	2b(4)		NUMBER OF TIMES LIFTED WEIGHTS
		2,445	01-96. 1-96 times
		2	97. 97+ times
		45	98. Not ascertained
		0	99. Unknown
		14,825	Blank. Did not lift weights, unknown if lifted weights
521-523	2c(4)		NUMBER OF MINUTES LIFTED WEIGHTS EACH TIME
		2,438	001-996. 1-996 minutes
		0	997. 997+ minutes
		54	998. Not ascertained
		0	999. Unknown
		14,825	Blank. Did not lift weights unknown if lifted weights
524	2d(4)		CHANGE IN HEART RATE OR BREATHING WHEN WEIGHT LIFTING
		336	0. No increase
		608	1. Small increase
		1,172	2. Moderate increase
		250	3. Large increase
		100	8. Not ascertained

26 9. Unknown  
 14,825 Blank. Did not lift weights,  
 unknown if lifted weights

1

YR-46

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
525	2a(5)		JOGGING OR RUNNING
		1,572	1. Yes
		14,738	2. No
		737	3. Not asked (handicap)
		270	8. Not ascertained
526-527	2b(5)		NUMBER OF TIMES JOGGED OR RAN
		1,551	01-96. 1-96 times
		0	97. 97+ times
		21	98. Not ascertained
		0	99. Unknown
		15,745	Blank. Did not jog, unknown if jogged
528-530	2c(5)		NUMBER OF MINUTES JOGGED EACH TIME
		1,547	001-996. 1-996 minutes
		0	997. 997+ minutes
		24	998. Not ascertained
		1	999. Unknown
		15,745	Blank. Did not jog, unknown if jogged
531	2d(5)		CHANGE IN HEART RATE OR BREATHING WHEN JOGGING
		68	0. No increase
		145	1. Small increase
		710	2. Moderate increase
		583	3. Large increase
		54	8. Not ascertained
		12	9. Unknown
		15,745	Blank. Did not jog, unknown if jogged

1

YR-47

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
532	2a(6)		AEROBICS OR AEROBIC DANCING
		1,258	1. Yes
		15,048	2. No
		741	3. Not asked (Handicap)
		270	8. Not ascertained
533-534	2b(6)		NUMBER OF TIMES DID AEROBICS
		1,236	01-96. 1-96 times
		0	97. 97+ times
		22	98. Not ascertained
		0	99. Unknown
		16,059	Blank. Did not do aerobics, unknown if did aerobics
535-537	2c(6)		NUMBER OF MINUTES DID AEROBICS EACH TIME
		1,233	001-996. 1-996 minutes
		0	997. 997+ minutes
		25	998. Not ascertained
		0	999. Unknown
		16,059	Blank. Did not do aerobics, unknown if did aerobics
538	2d(6)		CHANGE IN HEART RATE OR BREATHING WHEN DOING AEROBICS
		72	0. No increase
		132	1. Small increase
		599	2. Moderate increase
		396	3. Large increase
		47	8. Not ascertained
		12	9. Unknown
		16,059	Blank. Did not do aerobics, unknown if did aerobics

1

YR-48

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
539	2a(7)		BICYCLE RIDING

		2,505	1. Yes
		13,828	2. No
		722	3. Not asked (Handicap)
		262	8. Not ascertained
540-541	2b(7)		NUMBER OF TIMES RODE BICYCLE
		2,469	01-96. 1-96 times
		0	97. 97+ times
		36	98. Not ascertained
		0	99. Unknown
		14,812	Blank. Did not ride bike, unknown if rode bike
542-544	2c(7)		NUMBER OF MINUTES RODE BICYCLE EACH TIME
		2,461	001-996. 1-996 minutes
		0	997. 997+ minutes
		43	998. Not ascertained
		1	999. Unknown
		14,812	Blank. Did not ride bike, unknown if rode bike
545	2d(7)		CHANGE IN HEART RATE OR BREATHING WHEN BICYCLE RIDING
		338	0. No increase
		508	1. Small increase
		1,163	2. Moderate increase
		389	3. Large increase
		72	8. Not ascertained
		35	9. Unknown
		14,812	Blank. Did not ride bike, unknown if rode bike

1

YR-49

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
546	2a(8)		STAIR CLIMBING
		1,433	1. Yes
		14,882	2. No
		738	3. Not asked (Handicap)
		264	8. Not ascertained
547-548	2b(8)		NUMBER OF TIMES CLIMBED STAIRS

		1,387	01-96.	1-96 times
		9	97.	97+ times
		36	98.	Not ascertained
		1	99.	Unknown
		15,884	Blank.	Did not climb stairs, unknown if climbed stairs
549-551	2c(8)		NUMBER OF MINUTES CLIMBED STAIRS EACH TIME	
		1,372	001-996.	1-996 minutes
		0	997.	997+ minutes
		60	998.	Not ascertained
		1	999.	Unknown
		15,884	Blank.	Did not climb stairs, unknown if climbed stairs
552	2d(8)		CHANGE IN HEART RATE OR BREATHING WHEN STAIR CLIMBING	
		171	0.	No increase
		253	1.	Small increase
		608	2.	Moderate increase
		329	3.	Large increase
		52	8.	Not ascertained
		20	9.	Unknown
		15,884	Blank.	Did not climb stairs, unknown if climbed stairs

1

YR-50

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes	
553	2a(9)		SWIMMING FOR EXERCISE	
		1,025	1. Yes	
		15,290	2. No	
		738	3. Not asked (Handicap)	
		264	8. Not ascertained	
554-555	2b(9)		NUMBER OF TIMES SWAM FOR EXERCISE	
		1,009	01-96.	1-96 times
		0	97.	97+ times
		16	98.	Not ascertained
		0	99.	Unknown
		16,292	Blank.	Did not swim, unknown if swam
556-558	2c(9)		NUMBER OF MINUTES SWAM FOR	

EXERCISE EACH TIME

998	001-996.	1-996 minutes
0	997.	997+ minutes
27	998.	Not ascertained
0	999.	Unknown
16,292	Blank.	Did not swim, unknown if swam

559            2d(9)

CHANGE IN HEART RATE OR  
BREATHING WHEN SWIMMING

215	0.	No increase
239	1.	Small increase
438	2.	Moderate increase
89	3.	Large increase
29	8.	Not ascertained
15	9.	Unknown
16,292	Blank.	Did not swim, unknown if swam

1

YR-51

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
560	2a(10)		PLAYED TENNIS
		307	1. Yes
		15,999	2. No
		746	3. Not asked (Handicap)
		265	8. Not ascertained
561-562	2b(10)		NUMBER OF TIMES PLAYED TENNIS
		303	01-96. 1-96 times
		0	97. 97+ times
		4	98. Not ascertained
		0	99. Unknown
		17,010	Blank. Did not play tennis, unknown if played tennis
563-565	2c(10)		NUMBER OF MINUTES PLAYED TENNIS EACH TIME
		303	001-996. 1-996 minutes
		0	997. 997+ minutes
		4	998. Not ascertained
		0	999. Unknown
		17,010	Blank. Did not play tennis, unknown if played tennis

566	2d(10)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYING TENNIS
		15	0. No increase
		61	1. Small increase
		159	2. Moderate increase
		62	3. Large increase
		5	8. Not ascertained
		5	9. Unknown
		17,010	Blank. Did not play tennis, unknown if played tennis

1

YR-52

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
567	2a(11)		PLAYED GOLF
		747	1. Yes
		15,560	2. No
		744	3. Not asked (Handicap)
		266	8. Not ascertained
568-569	2b(11)		NUMBER OF TIMES PLAYED GOLF
		731	01-96. 1-96 times
		0	97. 97+ times
		16	98. Not ascertained
		0	99. Unknown
		16,570	Blank. Did not play golf, unknown if played golf
570	2a(12)		BOWLED
		566	1. Yes
		15,699	2. No
		744	3. Not asked (handicap)
		308	8. Not ascertained
571-572	2b(12)		NUMBER OF TIMES BOWLED
		554	01-96. 1-96 times
		0	97. 97+ times
		12	98. Not ascertained
		0	99. Unknown
		16,751	Blank. Did not bowl, unknown if bowled

1

## YR-53

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
573	2a(13)		PLAYED BASEBALL OR SOFTBALL
		511	1. Yes
		15,782	2. No
		749	3. Not asked (handicap)
		275	8. Not ascertained
574-575	2b(13)		NUMBER OF TIMES PLAYED BASEBALL EACH TIME
		501	01-96. 1-96 times
		0	97. 97+ times
		10	98. Not ascertained
		0	99. Unknown
		16,806	Blank. Did not play baseball, unknown if played baseball
576-578	2c(13)		NUMBER OF MINUTES PLAYED BASEBALL EACH TIME
		491	001-996. 1-996 minutes
		0	997. 997+ minutes
		19	998. Not ascertained
		1	999. Unknown
		16,806	Blank. Did not play baseball, unknown if played baseball
579	2d(13)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED BASEBALL
		93	0. No increase
		152	1. Small increase
		205	2. Moderate increase
		39	3. Large increase
		19	8. Not ascertained
		3	9. Unknown
		16,806	Blank. Did not play baseball, unknown if played baseball

1

## YR-54

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
----------------	----------	-----------	-----------------



580	2a(14)		PLAYED HANDBALL, RACQUETBALL, SQUASH
		184	1. Yes
		16,068	2. No
		746	3. Not asked (handicap)
		319	8. Not ascertained
581-582	2b(14)		NUMBER OF TIMES PLAYED HANDBALL
		171	01-96. 1-96 times
		0	97. 97+ times
		13	98. Not ascertained
		0	99. Unknown
		17,133	Blank. Did not play handball, unknown if played handball
583-585	2c(14)		NUMBER OF MINUTES PLAYED HANDBALL EACH TIME
		170	001-996. 1-996 minutes
		0	997. 997+ minutes
		14	998. Not ascertained
		0	999. Unknown
		17,133	Blank. Did not play handball, unknown if played handball
586	2d(14)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED HANDBALL
		8	0. No increase
		12	1. Small increase
		71	2. Moderate increase
		76	3. Large increase
		15	8. Not ascertained
		2	9. Unknown
		17,133	Blank. Did not play handball, unknown if played handball

1

YR-55

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File	Item No.	Frequency	Items and Codes
587	2a(15a)		SKIED DOWNHILL
		168	1. Yes
		16,124	2. No
		746	3. Not asked (handicap)

		279	8. Not ascertained
588-589	2b(15a)		NUMBER OF TIMES SKIED DOWNHILL
		87	01-96. 1-96 times
		0	97. 97+ times
		81	98. Not ascertained
		0	99. Unknown
		17,149	Blank. Did not ski downhill, unknown if skied downhill

1

YR-56

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
590	2a(15b)		SKIED CROSS-COUNTRY
		60	1. Yes
		15,963	2. No
		750	3. Not asked (handicap)
		544	8. Not ascertained
591-592	2b(15b)		NUMBER OF TIMES SKIED CROSS-COUNTRY
		53	01-96. 1-96 times
		0	97. 97+ times
		7	98. Not ascertained
		0	99. Unknown
		17,257	Blank. Did not ski cross-country, unknown if skied cross-country
593-595	2c(15b)		NUMBER OF MINUTES CROSS-COUNTRY SKIED EACH TIME
		50	001-996. 1-996 minutes
		0	997. 997+ minutes
		10	998. Not ascertained
		0	999. Unknown
		17,257	Blank. Did not ski cross-country, unknown if skied cross-country
596	2d(15b)		CHANGE IN HEART RATE OR BREATHING WHEN CROSS-COUNTRY SKIING
		5	0. No increase
		7	1. Small increase
		21	2. Moderate increase
		17	3. Large increase

10	8.	Not ascertained
0	9.	Unknown
17,257	Blank.	Did not ski cross-country, unknown if skied cross-country

1

YR-57

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
597	2a(15c)		WATER SKIED
		81	1. Yes
		15,998	2. No
		750	3. Not asked (handicap)
		488	8. Not ascertained
598-599	2b(15c)		NUMBER OF TIMES WATER SKIED
		76	01-96. 1-96 times
		0	97. 97+ times
		5	98. Not ascertained
		0	99. Unknown
		17,236	Blank. Did not water ski, unknown if water skied

1

YR-58

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
600	2a(16)		PLAYED BASKETBALL
		899	1. Yes
		15,322	2. No
		735	3. Not asked (handicap)
		361	8. Not ascertained
601-602	2b(16)		NUMBER OF TIMES PLAYED BASKETBALL
		886	01-96. 1-96 times
		0	97. 97+ times
		13	98. Not ascertained
		0	99. Unknown
		16,418	Blank. Did not play basketball,

unknown if played basketball

603-605	2c(16)		NUMBER OF MINUTES PLAYED BASKETBALL EACH TIME
		882	001-996. 1-996 minutes
		0	997. 997+ minutes
		17	998. Not ascertained
		0	999. Unknown
		16,418	Blank. Did not play basketball, unknown if played basketball
606	2d(16)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED BASKETBALL
		75	0. No increase
		140	1. Small increase
		380	2. Moderate increase
		275	3. Large increase
		19	8. Not ascertained
		10	9. Unknown
		16,418	Blank. Did not play basketball, unknown if played basketball

1

YR-59

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
607	2a(17)		PLAYED VOLLEYBALL
		364	1. Yes
		15,850	2. No
		737	3. Not asked (handicap)
		366	8. Not ascertained
608-609	2b(17)		NUMBER OF TIMES PLAYED VOLLEYBALL
		355	01-96. 1-96 times
		0	97. 97+ times
		9	98. Not ascertained
		0	99. Unknown
		16,953	Blank. Did not play volleyball, unknown if played volleyball
610-612	2c(17)		NUMBER OF MINUTES PLAYED VOLLEYBALL EACH TIME
		352	001-996. 1-996 minutes
		0	997. 997+ minutes
		12	998. Not ascertained

		0	999. Unknown
		16,953	Blank. Did not play volleyball, unknown if played volleyball
613	2d(17)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED VOLLEYBALL
		51	0. No increase
		85	1. Small increase
		154	2. Moderate increase
		54	3. Large increase
		14	8. Not ascertained
		6	9. Unknown
		16,953	Blank. Did not play volleyball, unknown if played volleyball

1

YR-60

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
614	2a(18)		PLAYED SOCCER
		186	1. Yes
		16,024	2. No
		739	3. Not asked (Handicap)
		368	8. Not ascertained
615-616	2b(18)		NUMBER OF TIMES PLAYED SOCCER
		18	001-96. 1-96 times
		0	97. 97+ times
		6	98. Not ascertained
		0	99. Unknown
		17,131	Blank. Did not play soccer, unknown if played soccer
617-619	2c(18)		NUMBER OF MINUTES PLAYED SOCCER EACH TIME
		177	001-996. 1-996 minutes
		0	997. 997+ minutes
		9	998. Not ascertained
		0	999. Unknown
		17,131	Blank. Did not play soccer, unknown if played soccer
620	2d(18)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED SOCCER
		15	0. No increase

21	1.	Small increase
78	2.	Moderate increase
59	3.	Large increase
8	8.	Not ascertained
5	9.	Unknown
17,131	Blank.	Did not play soccer, unknown if played soccer

1

YR-61

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
621	2a(19)		PLAYED FOOTBALL
		210	1. Yes
		15,993	2. No
		737	3. Not asked (Handicap)
		377	8. Not ascertained
622-623	2b(19)		NUMBER OF TIMES PLAYED FOOTBALL
		201	01-96. 1-96 times
		0	97. 97+ times
		9	98. Not ascertained
		0	99. Unknown
		17,107	Blank. Did not play football, unknown if played football
624-626	2c(19)		NUMBER OF MINUTES PLAYED FOOTBALL EACH TIME
		198	001-996. 1-996 minutes
		0	997. 997+ minutes
		12	998. Not ascertained
		0	999. Unknown
		17,107	Blank. Did not play football, unknown if played football
627	2d(19)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED FOOTBALL
		22	0. No increase
		31	1. Small increase
		84	2. Moderate increase
		58	3. Large increase
		13	8. Not ascertained
		2	9. Unknown
		17,107	Blank. Did not play football, unknown if played football

## YR-62

## 1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File	Item No.	Frequency	Items and Codes
628	2a(20)		DONE ANY OTHER SPORT/ EXERCISE/HOBBY (1)
		1,236	1. Yes
		14,882	2. No
		704	3. Not asked (handicap)
		495	8. Not ascertained
629-630	2a(20a)		OTHER SPORT (1)
		500	1. Fishing
		620	2. Equestrian events
		120	3. Canoeing
		380	4. Hunting
		80	5. Woodcutting
		110	6. Judo
		170	7. Catch, Frisbee
		80	8. Rope skipping
		7	97. Not ascertained
		1,023	98. Other
		0	99. Unknown
		16,081	Blank. Did not play other sports, unknown if played other sports
631-632	2b(20a)		NUMBER OF TIMES PLAYED OTHER SPORT (1)
		1,191	01-96. 1-96 times
		0	97. 97+ times
		45	98. Not ascertained
		0	99. Unknown
		16,081	Blank. Did not play other sports, unknown if played other sports
633-635	2c(20a)		NUMBER OF MINUTES PLAYED OTHER SPORT (1) EACH TIME
		1,165	001-996. 1-996 minutes
		1	997. 997+ minutes
		70	998. Not ascertained
		0	999. Unknown
		16,081	Blank. Did not play other sports, unknown if played other sports

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
636	2d(20a)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED OTHER SPORT (1)
		251	0. No increase
		258	1. Small increase
		425	2. Moderate increase
		238	3. Large increase
		51	8. Not ascertained
		13	9. Unknown
		16,081	Blank. Did not play other sports, unknown if played other sports

1

YR-64

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
637	2a(20b)		DONE ANY OTHER SPORT/ EXERCISE/HOBBY (2)
		91	1. Yes
		16,252	2. No
		735	3. Not asked (handicap)
		238	8. Not ascertained
		1	9. Unknown
638-639	2a(20b)		OTHER SPORT (2)
		3	01. Fishing
		3	02. Equestrian events
		1	03. Canoeing
		3	04. Hunting
		0	05. Woodcutting
		0	06. Judo
		0	07. Catch, Frisbee
		1	08. Rope skipping
		2	97. Not ascertained
		78	98. Other
		0	99. Unknown
		17,226	Blank. Did not play other sports, unknown if played other sports
640-641	2b(20b)		NUMBER OF TIMES PLAYED OTHER SPORT (2)



85	01-96.	1-96 times
0	97.	97+ times
6	98.	Not ascertained
0	99.	Unknown
17,226	Blank.	Did not play other sports, unknown if played other sports

642-644 2c(20b)

NUMBER OF MINUTES PLAYED  
OTHER SPORT (2) EACH TIME

81	001-996.	1-996 minutes
0	997.	997+ minutes
10	998.	Unknown
0	999.	Not ascertained
17,226	Blank.	Did not play other sports, unknown if played other sports

1

YR-65

1995 NHIS YEAR 2000 OBJECTIVES PUBLIC USE FILE

File Locations	Item No.	Frequency	Items and Codes
645	2d(20b)		CHANGE IN HEART RATE OR BREATHING WHEN PLAYED OTHER SPORT (2)
		18	0. No increase
		20	1. Small increase
		34	2. Moderate increase
		11	3. Large increase
		7	8. Not ascertained
		1	9. Unknown
		17,226	Blank. Did not play other sports, unknown if played other sports
646	3		LENGTH OF TIME SINCE LAST CHECK UP
		9,711	1. Less than 1 year
		3,076	2. 1 year, less than 2 years
		1,381	3. 2 years, less than 3 years
		572	4. 3 years, less than 4 years
		2,040	5. 4+ years
		248	6. Never had a check-up
		0	8. Not ascertained
		169	9. DK
		120	Blank. Blank or double entry
647	4		DOCTOR RECOMMENDED BEGIN OR CONTINUE EXERCISE
		874	1. Yes, to begin

2,022	2.	Yes, to continue
199	3.	Yes, both
6,204	4.	No
0	8.	Not ascertained
133	9.	Unknown
7,885	Blank.	Did not have routine check-up in the past year

---

648-650	-	-	BLANK
---------	---	---	-------

---

1  
1

APPENDIX A

There is no Appendix A for this document

1  
1

B-1

APPENDIX B

INDUSTRY RECODES OUTLINE

Revised in 1995

Recodes		Industry Title	SIC Code*
No. 1 Chrs. 80-81	No. 2 Chrs. 82-83		
01	01	AGRICULTURE	01-02, 071-072, 074-076, 078
02	01	FORESTRY AND FISHERIES	08-09
10	02	MINING	10, 12-14
20	03	CONSTRUCTION	15-17
(30-34, 40-46)	(04)	MANUFACTURING:	
(30-34)		NONDURABLE GOODS	
30	04	Food and kindred products	201-209

31	04	Textile mill and finished textile products	221-229,231-239
32	04	Printing, publishing and allied industries	271-279
33	04	Chemicals and allied products	281-287,289
34	04	Other nondurable goods	21,261-263,265,267,291,295,299,301-306,308,311,313-317,319

\*Standard Industrial Classification

1

B-2

APPENDIX B

INDUSTRY RECODES OUTLINE

Revised in 1995

Recodes		Industry Title	SIC Code*
No. 1 Chrs. 80-81	No. 2 Chrs. 82-83		
(30-34, 40-46)	(04)	MANUFACTURING: - continued	
(40-46)		DURABLE GOODS	
40	04	Furniture, lumber and wood	241-245,249,25
41	04	Primary metal industries	331-332,334,3331, 3334,3339,3351, 3353-3357,3363- 3366,3369,339
42	04	Fabricated metal industries, including ordnance	341-349
43	04	Machinery, except electrical	351-359
44	04	Electrical machinery, equipment and supplies	361-367,369
45	04	Transportation equipment	371-376,379
46	04	Other and not specified durable goods	321-329,381-382, 384-387,39

---

\*Standard Industrial Classification

1

B-3

APPENDIX B

INDUSTRY RECODES OUTLINE

Revised in 1995

---

Recodes			
No. 1	No. 2	Industry Title	SIC Code*
Chrs.	Chrs.		
80-81	82-83		
(50-54)	(05)	TRANSPORTATION, COMMUNICATIONS AND OTHER PUBLIC UTILITIES	
50	05	Railroads	40
51	05	Trucking service and warehousing	421-423
52	05	Other transportation	41,43-47
53	05	Communications	481-484,489
54	05	Utilities and sanitary	491-497
60	06	WHOLESALE TRADE	501-509,511-519

---

\*Standard Industrial Classification

1

B-4

APPENDIX B

INDUSTRY RECODES OUTLINE

Revised in 1995

---

Recodes			
No. 1	No. 2	Industry Title	SIC Code*
Chrs.	Chrs.		
80-81	82-83		
(61-65)	(07)	RETAIL TRADE	
61	07	General merchandise stores	531,533,539
62	07	Food, bakery and dairy stores	541-546,549
63	07	Automotive dealers and gasoline stations	551-557,559

64	07	Eating and drinking places	58
65	07	Other and not specified retail trade	521,523,525-527,56, 571-572,5731,5734- 5736,591-594,5961- 5963,598,5992-5995, 5999

---

(70-71) (08)

FINANCE, INSURANCE, AND REAL  
ESTATE

70	08	Banking and credit agencies	60-61
71	08	Insurance, real estate, and other finance	62-65,67

---

\*Standard Industrial Classification

1

B-5

APPENDIX B

INDUSTRY RECODES OUTLINE

Revised in 1995

---

Recodes		Industry Title	SIC Code*
No. 1 Chrs. 80-81	No. 2 Chrs. 82-83		
(75-85)	(09-12)	SERVICES:	
(75-76)	(09)	BUSINESS AND REPAIR SERVICES	
75	09	Business services	731-738,751,752, 7542
76	09	Repair services	753,7549,762-764, 7692,7694,7699
(77-78)	(10)	PERSONAL SERVICES	
77	10	Private households	88
78	10	Other personal services	701-704,721-726,729
79	11	ENTERTAINMENT AND RECREATION SERVICES	781-784,791-794,799
(80-85)	(12)	PROFESSIONAL AND RELATED SERVICES	
80	12	Hospitals	806

81	12	Health services, except hospitals	801-803,8041-8043, 8049,805,807-809
82	12	Elementary and secondary schools and colleges	821-822
83	12	Other educational services	823-824,829
84	12	Social services, religious and membership organizations	832-833,835-836, 839,84,861-866,869
85	12	Legal, engineering and other professional services	81,871-874,899

\*Standard Industrial Classification

1

B-6

APPENDIX B

INDUSTRY RECODES OUTLINE

Revised in 1995

Recodes			
No. 1	No. 2	Industry Title	SIC Code*
Chrs. 80-81	Chrs. 82-83		
90	13	PUBLIC ADMINISTRATION	911-913,919,92-97
95	14	UNKNOWN INDUSTRY (Includes never worked)	-
96	14	REFUSED, CLASSIFIED, ETC.	
97	15	NOT IN LABOR FORCE - codes Blank and 8 in current activity recode (loc. 75) (Under 18 or 18+ and not in Labor Force).	
98	16	ARMED FORCES (excludes Reserves and National Guard)	

\*Standard Industrial Classification

1

B-7

APPENDIX B

INDUSTRY RECODE TITLES

Code	Titles	Recode No. 1 Inclusions
01	AGRICULTURE, FORESTRY AND FISHERIES	01,02
02	MINING	10
03	CONSTRUCTION	20
04	MANUFACTURING	30-34, 40-46
05	TRANSPORTATION, COMMUNICATIONS AND OTHER PUBLIC UTILITIES	50-54
06	WHOLESALE TRADE	60
07	RETAIL TRADE	61-65
08	FINANCE, INSURANCE, AND REAL ESTATE	70-71
09	BUSINESS AND REPAIR SERVICES	75-76
10	PERSONAL SERVICES	77-78
11	ENTERTAINMENT AND RECREATION SERVICES	79
12	PROFESSIONAL AND RELATED SERVICES	80-85
13	PUBLIC ADMINISTRATION	90
14	UNKNOWN (includes never worked, refused, classified, etc.)	95-96
15	NOT IN LABOR FORCE	97
16	ARMED FORCES	98

1

1

C-1

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

Recodes		Occupation Title	SOC Code*
No. 1 Chrs. 87-88	No. 2 Chrs. 89-90		
(01-03)	(01)	EXECUTIVE, ADMINISTRATIVE, AND MANAGERIAL OCCUPATIONS	-
01	01	Officials and administrators, public administration	111-113

02	01	Managers and administrators, except public administration	121-128,131- 1344,1351- 1354,1359, 136-139
03	01	Management related occupations	1412,1414-1415, 1419,142-143, 1442-1443,1449, 145,1472- 1473,149

\*Standard Occupational Classification

1

C-2

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

Recodes		Occupation Title	SOC Code*
No. 1 Chrs. 87-88	No. 2 Chrs. 89-90		
(04-11)	(02)	PROFESSIONAL SPECIALTY OCCUPATIONS	-
04	02	Engineers	1622-1628,1632- 1637,1639
05	02	Architects and surveyors	161,164
06	02	Natural mathematical and computer scientists	171-172,1732- 1733,1739, 1842-1843, 1845-1847,1849, 1852-1855
07	02	Health diagnosing occupations	261-262,27,281, 283,289
08	02	Health assessment and treating occupations	29,301-302, 3031-3034,3039, 304
09	02	Teachers, librarians and Counselors	2212-2218, 2222-2228, 2231-2238, 2242-2247, 2249,231-233, 235,236,239,24, 251,252
10	02	Writers, artists, entertainers and athletes	34,321-329, 331-333,398
11	02	Other professional specialty	1912-1916,



occupations

1919,192,  
2032-2033,  
2042,2049,  
211-212

---

\*Standard Occupational Classification.

1

C-3

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

---

Recodes

-----  
No. 1      No. 2  
Chrs.      Chrs.  
87-88      89-90

Occupation Title

SOC Code\*

---

(12-13)	(03)	TECHNICIANS AND RELATED SUPPORT OCCUPATIONS	-
12	03	Health technologists and technicians	362-366,369
13	03	Technologists, technicians except health	3711-3713,3719, 372-373,382, 3831-3833, 384,389, 392-393,396, 3971-3972, 3974,399, 825
(14-16)	(04)	SALES OCCUPATIONS	-
14	04	Supervisors and proprietors	40
15	04	Sales representatives, commodities and finance	4122-4124, 4152-4153, 421,423-424
16	04	Other sales	4342-4348,4351- 4354,4356,4359, 4362-4367,4369, 444-447,449

---

\*Standard Occupational Classification

1

C-4

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

---

Recodes

-----			
No. 1	No. 2	Occupation Title	SOC Code*
Chrs.	Chrs.		
87-88	89-90		
(17-21)	(05)	ADMINISTRATIVE SUPPORT OCCUPATIONS, INCLUDING CLERICAL	-
17	05	Computer equipment operators	4612-4613
18	05	Secretaries, stenographers and typists	4622-4624
19	05	Financial records processing occupations	4712-4713, 4715-4716, 4718
20	05	Mail and message distributing	4742-4745
21	05	Other administrative support	4511-4514,4516, 4519,4521-4529, 463,4642-4645, 4649,4662-4664, 4692,4694,4696, 4699,4722-4723, 4729,4732-4733, 4739,4751-4759, 4782-4784,4786- 4787,4791-4795, 4799
22	06	Private household occupations	502-507,509

\*Standard Occupational Classification.

1

C-5

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

Recodes			
-----			
No. 1	No. 2	Occupation Title	SOC Code*
Chrs.	Chrs.		
87-88	89-90		
(23-24)	(07)	PROTECTIVE SERVICE OCCUPATIONS	
23	07	Police and firefighters	5111-5112, 5122-5123, 5132-5134
24	07	Other protective service occupations	5113,5142,5144, 5149

(25-28)	(08)	SERVICE OCCUPATIONS, EXCEPT PROTECTIVE AND HOUSEHOLD	
25	08	Food service	5211-5219
26	08	Health service	5232-5233,5236
27	08	Cleaning and building service	5241-5242, 5244-5246,5249
28	08	Personal service	5251-5258,5262- 5264,5269

---

(29-31)	(09)	FARMING, FORESTRY AND FISHING OCCUPATIONS	
29	09	Farm operators and managers	5512-5515,5522- 5525
30	09	Farm workers and other agricultural workers	5611-5619, 5621-5622, 5624-5625,5627
31	09	Forestry and fishing occupations	571-573,579, 583-584,8241(pt.)

---

\*Standard Occupational Classification.

1

C-6

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

---

Recodes		Occupation Title	SOC Code*
No. 1 Chrs. 87-88	No. 2 Chrs. 89-90		
(32-34)	(10)	PRECISION PRODUCTION, CRAFT AND REPAIR OCCUPATIONS	
32	10	Mechanics and repairers	60,6111-6118, 613-614,6151- 6159,616,6171- 6179
33	10	Construction and extractive trades	6311-6316,6318, 632,6412- 6414(pt.),6422, 6424,6432-6433, 6442-6444,645, 6462-6468,6472- 6476,6479,652- 654,656

34	10	Precision production occupations	67,71, 6811-6814, 6816-6817, 6821-6824, 6829,6831-6832, 6835,6839,6844, 6852-6854,6856, 6859,6861-6862, 6864-6867,6869, 6871-6873,6879, 6881-6882,691- 696,7477(pt.), 7668,7677(pt.), 7752,828
----	----	----------------------------------	---

\*Standard Occupational Classification

1

C-7

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

Recodes

-----  
 No. 1      No. 2  
 Chrs.      Chrs.  
 87-88      89-90

Occupation Title

SOC Code\*

OPERATORS, FABRICATORS AND  
LABORERS

(35-36)    (11)

MACHINE OPERATORS, ASSEMBLERS  
AND INSPECTORS

35

11

Machine operators and  
tenderers, except precision

6841-6842,6849,  
6855,6863,6868,  
7312-7319,7322,  
7324,7326,7329,  
7339,7342-7344,  
7349,7431-7435,  
7439,7443-7444,  
7449,7451-7452,  
7459,7462-7463,  
7467,7472,7474,  
7476-7478,7479,  
7512-7519,7522,  
7529,7539,7542-  
7544,7549,7631-  
7636,7639,7642-  
7644,7649,7651-  
7652,7654-7659,  
7661-7667,7669,  
7671-7676,  
7677(pt.),  
7678-7679

36

11

Fabricators, assemblers,

7332-7333,7532-

inspectors and samplers

7533,7714,7717,  
72,774,7753-  
7759,782-785,787

\*Standard Occupational Classification

1

C-8

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

---

Recodes

---

No. 1 Chrs. 87-88	No. 2 Chrs. 89-90	Occupation Title	SOC Code*
(37-39)	(12)	TRANSPORTATION AND MATERIAL MOVING OCCUPATIONS	
37	12	Motor vehicle operators	8111,8212-8216, 8218-8219,874
38	12	Other transportation, except motor vehicles	8113,8232-8233, 8239,8241(pt.), 8242-8245
39	12	Material moving equipment operators	812,8312-8319
(40-41)	(13)	HANDLERS, EQUIPMENT CLEANERS, HELPERS AND LABORERS	
40	13	Construction laborers	871
41	13	Freight, stock and material handlers	85,861-863, 8641-8646, 8648,865, 8722-8726,873, 875,8761,8769

---

\*Standard Occupational Classification

1

C-9

APPENDIX C

OCCUPATION RECODE OUTLINE

Revised in 1995

---

Recodes

---

No. 1 Chrs. 87-88	No. 2 Chrs. 89-90	Occupation Title	SOC Code*
-------------------------	-------------------------	------------------	-----------

---

95	14	UNKNOWN OCCUPATION (Includes never worked)
96	14	REFUSED, CLASSIFIED, ETC.
97	15	NOT IN LABOR FORCE - codes Blank and 8 in current activity recode (Loc. 75). (Under 18 or 18+ and Not in Labor Force)
98	16	MILITARY

\*Standard Occupational Classification  
1

C-10

APPENDIX C

OCCUPATION RECODE TITLES

Code	Titles	Recode No. 1 Inclusions
	MANAGERIAL AND PROFESSIONAL SPECIALTY OCCUPATIONS	
01	EXECUTIVE, ADMINISTRATIVE AND MANAGERIAL OCCUPATIONS	01-03
02	PROFESSIONAL SPECIALTY OCCUPATIONS	04-11
	TECHNICAL, SALES AND ADMINISTRATIVE SUPPORT OCCUPATIONS	
03	TECHNICIANS AND RELATED SUPPORT OCCUPATIONS	12-13
04	SALES OCCUPATIONS	14-16
05	ADMINISTRATIVE SUPPORT OCCUPATIONS, INCLUDING CLERICAL	17-21
	SERVICE OCCUPATIONS	
06	PRIVATE HOUSEHOLD OCCUPATIONS	22
07	PROTECTIVE SERVICE OCCUPATIONS	23-24
08	SERVICE OCCUPATIONS, EXCEPT PROTECTIVE AND HOUSEHOLD	25-28
09	FARMING, FORESTRY AND FISHING OCCUPATIONS	29-31
10	PRECISION PRODUCTION, CRAFT AND REPAIR OCCUPATIONS	32-34
	OPERATORS, FABRICATORS AND LABORERS	

11	MACHINE OPERATORS, ASSEMBLERS AND INSPECTORS	35-36
12	TRANSPORTATION AND MATERIAL MOVING OCCUPATIONS	37-39
13	HANDLERS, EQUIPMENT CLEANERS, HELPERS AND LABORERS	40-41
14	UNKNOWN OCCUPATION (includes never worked, refused, classified, etc.)	95-96
15	NOT IN LABOR FORCE	97
16	MILITARY	98