

# School Health Program Report Card

## Health Education

1.1 <sup>1</sup>	Has a state health education (HED) coordinator	● <sup>2</sup>		
	Requires each district to have an HED coordinator	○		
	Requires each school to have an HED coordinator	○		
1.2	Requires or encourages districts or schools to follow national or state HED standards or guidelines	● <sup>3</sup>		
1.3.1, 1.3.2, and 1.3.3	Has HED standards or guidelines based on the <i>National Health Education Standards</i>	●		
	Addresses the following topics in goals and objectives:			
		Elementary Schools	Middle Schools	High Schools
	Accessing valid health information and health-promoting products and services	NA	NA	NA
	Advocating for personal, family, and community health	NA	NA	NA
	Analyzing influence of culture, media, and technology on health	NA	NA	NA
	Comprehending concepts related to health promotion and disease prevention	NA	NA	NA
	Practicing health-enhancing behaviors and reducing health risks	NA	NA	NA
	Using goal-setting and decision-making skills	NA	NA	NA
	Using interpersonal communication skills	NA	NA	NA
1.4, 1.5, and 1.6	Requires schools to teach:			
		Elementary Schools	Middle Schools	High Schools
	Alcohol- or other drug-use prevention	○	○	○
	Asthma awareness	●	●	○
	Emotional and mental health	●	●	○
	Foodborne illness prevention	○	○	○
	Human immunodeficiency virus (HIV) prevention	○	○	○
	Human sexuality	○	○	○
	Injury prevention and safety	○	○	○
	Nutrition and dietary behavior	○	○	○
	Other sexually transmitted disease (STD) prevention	○	○	○
	Physical activity and fitness	○	○	○
	Pregnancy prevention	○	○	○
	Suicide prevention	○	○	○
Tobacco-use prevention	○	○	○	
Violence prevention	○	○	○	

		Elementary Schools	Middle Schools	High Schools
1.7	Requires that students will be tested on health topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.8	Requires or recommends that districts or schools use one particular curriculum for HED	<input type="radio"/> <sup>3</sup>	<input type="radio"/> <sup>3</sup>	<input type="radio"/> <sup>3</sup>
1.9	Provided the following information or materials for HED during the past two years:			
		Elementary Schools	Middle Schools	High Schools
	Chart describing scope and sequence of instruction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Lesson plans or learning activities	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
	List of recommended curricula	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	List of recommended textbooks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plans for how to assess or evaluate students	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
1.10	Has specified time requirements for HED	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.11	Requires newly hired HED teachers to have undergraduate or graduate training in HED	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
1.12	Requires newly hired HED teachers to be certified, licensed, or endorsed by the state	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
1.13	Offers the following types of certification, licensure, or endorsement for HED teachers:			
	Combined HED and physical education (PE) for grades K-12		<input checked="" type="radio"/>	
	Combined HED and PE for elementary school		<input checked="" type="radio"/>	
	Combined HED and PE for middle school		<input checked="" type="radio"/>	
	Combined HED and PE for high school		<input checked="" type="radio"/>	
	HED for grades K-12		<input checked="" type="radio"/>	
	HED for elementary school		<input checked="" type="radio"/>	
	HED for middle school		<input checked="" type="radio"/>	
HED for high school		<input checked="" type="radio"/>		
1.14	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following topics:			
	Alcohol- or other drug-use prevention		<input checked="" type="radio"/>	
	Asthma awareness		<input type="radio"/>	
	Emotional and mental health		<input type="radio"/>	
	Foodborne illness prevention		<input type="radio"/>	
	HIV prevention		<input checked="" type="radio"/>	
	Human sexuality		<input checked="" type="radio"/>	
	Injury prevention and safety		<input type="radio"/>	
	Nutrition and dietary behavior		<input checked="" type="radio"/>	
	Other STD prevention		<input checked="" type="radio"/>	
	Physical activity and fitness		<input checked="" type="radio"/>	
	Pregnancy prevention		<input checked="" type="radio"/>	
	Suicide prevention		<input type="radio"/>	
	Tobacco-use prevention		<input checked="" type="radio"/>	
Violence prevention		<input checked="" type="radio"/>		

1.15	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following teaching methods:	
	Assessing or evaluating students	<input checked="" type="radio"/>
	Encouraging family or community involvement	<input type="radio"/>
	Teaching skills for behavior change	<input type="radio"/>
	Teaching students of various cultural backgrounds	<input checked="" type="radio"/>
	Teaching students with limited English proficiency	<input type="radio"/>
	Teaching students with disabilities	<input type="radio"/>
	Using classroom management techniques	<input type="radio"/>
	Using interactive teaching methods	<input type="radio"/>

**Physical Education and Activity**

2.1 <sup>1</sup>	Has a state PE coordinator	● <sup>2</sup>		
	Requires each district to have a PE coordinator	○		
	Requires each school to have a PE coordinator	○		
2.2	Requires or encourages districts or schools to follow national or state PE standards or guidelines	● <sup>3</sup>		
2.3.1, 2.3.2, and 2.3.3	Has PE standards or guidelines based on the <i>National Standards for Physical Education</i>	●		
	Addresses the following topics in goals and objectives:			
		Elementary Schools	Middle Schools	High Schools
	Achievement and maintenance of health-enhancing level of physical fitness	●	●	●
	Competence in motor skills and movement patterns to perform variety of physical activities	●	●	●
	Regular participation in physical activity	●	●	●
	Responsible personal and social behavior that respects self and others in physical activity settings	●	●	●
	Understanding of movement concepts, principles, strategies, and tactics	●	●	●
	Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction	●	●	●
2.4	Requires that schools will teach PE	○	●	○
2.5	Requires or recommends that schools give the following types of tests:			
		Elementary Schools	Middle Schools	High Schools
	Written tests of knowledge	○ <sup>3</sup>	○ <sup>3</sup>	○ <sup>3</sup>
	Skill performance tests	○ <sup>3</sup>	○ <sup>3</sup>	○ <sup>3</sup>
	Fitness level tests	○ <sup>3</sup>	○ <sup>3</sup>	○ <sup>3</sup>
2.6	Requires or recommends that districts or schools use one particular curriculum for PE	○ <sup>3</sup>	○ <sup>3</sup>	○ <sup>3</sup>
2.7	Provided the following information or materials for PE during the past two years:			
		Elementary Schools	Middle Schools	High Schools
	Chart describing scope and sequence of instruction	○	○	○
	Curriculum	○	○	○
	Lesson plans or learning activities	○	○	○
	List of recommended curricula	○	○	○
	Plans for how to assess or evaluate students	○	○	○
2.8	Specifies a maximum student-to-teacher ratio for PE classes	○	○	○

		Elementary Schools	Middle Schools	High Schools
2.9	Has specified time requirements for PE	○	○	○
2.10	Requires newly hired PE teachers to have undergraduate or graduate training in PE or a related field	○	●	●
2.11	Requires newly hired PE teachers to be certified, licensed, or endorsed by the state	○	●	●
2.12	Offers the following types of certification, licensure, or endorsement for PE teachers:			
	Combined PE and HED for grades K-12		●	
	Combined PE and HED for elementary school		●	
	Combined PE and HED for middle school		●	
	Combined PE and HED for high school		●	
	PE for grades K-12		●	
	PE for elementary school		●	
	PE for middle school		●	
2.13	Provided funding for staff development or offered staff development to PE teachers during the past two years on the following topics:			
	Administering or using fitness tests		●	
	Assessing or evaluating student performance		●	
	Developing and using student portfolios		●	
	Developing individualized physical activity plans		○	
	Encouraging family involvement in physical activity		●	
	Injury prevention and first aid		●	
	Methods for inclusion and participation of overweight children		●	
	Methods to increase amount of class time students are active		●	
	Methods to promote gender equity		●	
	Recognizing and responding to chronic health conditions		●	
	Teaching individual or paired activities or sports		●	
	Teaching movement skills and concepts		●	
	Teaching students with long-term disabilities		●	
	Teaching team or group activities or sports		●	
Using physical activity monitoring devices		○		
Using technology for PE		○		
2.14	Requires or recommends that elementary schools provide regularly scheduled recess		○ <sup>3</sup>	

2.15	Prohibits or actively discourages schools from the following:	
	Using physical activity as punishment for bad behavior in PE	<input checked="" type="radio"/> <sup>4</sup>
	Using physical activity as punishment for poor performance or bad behavior in sports	<input type="radio"/> <sup>4</sup>
	Excluding students from PE as punishment for bad behavior in another class	<input type="radio"/> <sup>4</sup>
2.16	Excluding students from recess as punishment for bad behavior	
	Requires student use of protective gear during the following activities:	
	Physical education	<input type="radio"/>
	Intramural activities or physical activity clubs	<input type="radio"/>
2.17	Interscholastic sports	
	Provided funding for staff development or offered staff development to interscholastic sports coaches during the past two years through the following sources:	
	State education agency	<input type="radio"/>
	Any other state-level organization or agency	<input checked="" type="radio"/>

**Health Services**

3.1 <sup>1</sup>	Has a state health services (HSV) coordinator	<input type="radio"/> <sup>2</sup>
	Requires each district to have an HSV coordinator	<input type="radio"/>
	Requires each school to have an HSV coordinator	<input type="radio"/>
3.2.1, 3.2.2, and 3.2.3	Requires districts or schools to provide the following health services when needed:	
	Administration of fluoride rinses	<input type="radio"/>
	Administration of medications	<input type="radio"/>
	Administration of sports physicals	<input type="radio"/>
	Alcohol- or other drug-use treatment	<input type="radio"/>
	Application of dental sealants	<input type="radio"/>
	Assistance with accessing benefits for students with disabilities	<input type="radio"/>
	Assistance with enrolling in Medicaid or SCHIP <sup>5</sup>	<input type="radio"/>
	Assistance with enrolling in WIC <sup>6</sup> or accessing food stamps or food banks	<input type="radio"/>
	Cardiopulmonary resuscitation (CPR)	<input type="radio"/>
	Case management for students with chronic health conditions	<input type="radio"/>
	Case management for students with disabilities	<input checked="" type="radio"/>
	Counseling for emotional or behavioral disorders	<input type="radio"/>
	Crisis intervention for personal problems	<input type="radio"/>
	Eating disorders treatment	<input type="radio"/>
	First aid	<input type="radio"/>
	HIV counseling, testing, and referral	<input type="radio"/>
	Identification of emotional or behavioral disorders	<input type="radio"/>
	Identification of or referral for physical, sexual, or emotional abuse	<input type="radio"/>
	Identification of or referrals for oral health problems	<input type="radio"/>
	Identification or school-based management of acute illnesses	<input type="radio"/>
	Identification or school-based management of chronic health conditions	<input type="radio"/>
Identification or treatment of STDs	<input type="radio"/>	
Immunizations	<input checked="" type="radio"/>	
Instruction on self-management of chronic health conditions	<input type="radio"/>	

3.2.1, 3.2.2, and 3.2.3 (cont'd.)	Prenatal care referrals	<input type="radio"/>	
	Referrals for after-school programs	<input type="radio"/>	
	Referrals for child care for teen mothers	<input type="radio"/>	
	Services for gay, lesbian, or bisexual students	<input type="radio"/>	
	Stress management	<input type="radio"/>	
	Tobacco-use cessation	<input type="radio"/>	
	Tracking of students with chronic health conditions	<input type="radio"/>	
	Weight management	<input type="radio"/>	
3.3	Requires districts or schools to provide the following prevention services:		
	Alcohol- or other drug-use prevention	<input checked="" type="radio"/>	
	HIV prevention	<input checked="" type="radio"/>	
	Injury prevention and safety counseling	<input type="radio"/>	
	Nutrition and dietary behavior counseling	<input type="radio"/>	
	Physical activity and fitness counseling	<input type="radio"/>	
	Pregnancy prevention	<input type="radio"/>	
	STD prevention	<input checked="" type="radio"/>	
	Suicide prevention	<input type="radio"/>	
	Tobacco-use prevention	<input type="radio"/>	
Violence prevention	<input type="radio"/>		
3.4	Requires the following immunizations or vaccinations for entry into kindergarten or first grade:		
	Chicken pox (varicella)	<input type="radio"/>	
	Diphtheria	<input checked="" type="radio"/>	
	Haemophilus influenzae type B	<input type="radio"/>	
	Hepatitis B	<input checked="" type="radio"/>	
	Influenza	<input type="radio"/>	
	Measles-containing	<input checked="" type="radio"/>	
	Polio	<input checked="" type="radio"/>	
	Tetanus	<input checked="" type="radio"/>	
	Requires the following immunizations or vaccinations for entry into middle school and high school:		
		Middle School	High School
	Chicken pox (varicella)	<input type="radio"/>	<input type="radio"/>
	Hepatitis A	<input type="radio"/>	<input type="radio"/>
	Hepatitis B	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Second measles-containing	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Tetanus booster	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
3.5	Requires the following documentation before school staff may administer medication:		
	Written information on possible side-effects	<input type="radio"/>	
	Written instructions from the physician	<input type="radio"/>	
	Written request from the parent or guardian	<input checked="" type="radio"/>	



3.6	Has adopted a policy related to who may administer medications to a student at school	<input checked="" type="radio"/>
	Allows students to carry and self-administer the following medications:	
	Epinephrine auto-injector	<input checked="" type="radio"/>
	Insulin or other injected medications	<input checked="" type="radio"/>
	Other prescribed medications	<input checked="" type="radio"/>
	Over-the-counter medications	<input checked="" type="radio"/>
3.7	Requires supplies for applying standard or universal precautions be available in the following locations:	
	In all classrooms	<input type="radio"/>
	In the gymnasium, on playgrounds, or on playing fields	<input type="radio"/>
	On school buses or in other vehicles used to transport students	<input type="radio"/>
3.8	Requires schools to allow students with HIV infection or acquired immunodeficiency syndrome (AIDS) to engage in the following activities as long as they are able:	
	Attend classes	<input checked="" type="radio"/>
	Participate in school sports	<input checked="" type="radio"/>
	Participate in any other school activities	<input checked="" type="radio"/>
	Requires schools to allow teachers and staff with HIV infection or AIDS to work as long as they are able	<input type="radio"/>
3.9	Requires schools to:	
	Complete injury reports	<input type="radio"/>
	Complete illness reports	<input type="radio"/>
	Report notifiable diseases to the state or local health department	<input type="radio"/>
3.10	Requires districts or schools to screen students for the following health problems:	
	Hearing problems	<input checked="" type="radio"/>
	Height and weight or body mass problems	<input type="radio"/>
	Oral health problems	<input type="radio"/>
	Scoliosis	<input checked="" type="radio"/>
	Vision problems	<input checked="" type="radio"/>
3.11	Specifies a maximum student-to-school nurse ratio	<input checked="" type="radio"/>
	Requires at least one full-time school nurse per school	<input type="radio"/>
3.12	Requires school nurse participation in Individualized Education Programs (IEPs) when indicated	<input type="radio"/>
	Requires school nurse participation in Individualized Health Plans (IHPs)	<input type="radio"/>
	Requires school nurse participation in 504 plans when indicated	<input type="radio"/>

3.13	Has schools that serve as Medicaid providers by providing health services to students	<input type="radio"/>
	Has school-based health centers (SBHCs) that serve as Medicaid providers by providing health services to students	<input type="radio"/>
3.14	Requires minimum education level for newly hired school nurses	<input type="radio"/> <sup>7</sup>
3.15	Requires newly hired school nurses to have the following licenses and certifications:	
	LPN license	<input type="radio"/>
	RN license	<input checked="" type="radio"/>
	National certification from the National Board for Certification of School Nurses	<input type="radio"/>
	State school nurse certification	<input checked="" type="radio"/>
3.16.1, 3.16.2, and 3.16.3	Provided funding for staff development or offered staff development to school nurses during the past two years on the following health services topics:	
	Accessing benefits for students with disabilities	<input type="radio"/>
	Administration of fluoride rinses	<input type="radio"/>
	Administration of medications	<input type="radio"/>
	After-school programs	<input type="radio"/>
	Alcohol- or other drug-use treatment	<input type="radio"/>
	Application of dental sealants	<input type="radio"/>
	Case management for students with chronic health conditions	<input type="radio"/>
	Case management for students with disabilities	<input type="radio"/>
	Child care options for teen mothers	<input type="radio"/>
	Counseling for emotional or behavioral disorders	<input type="radio"/>
	CPR	<input type="radio"/>
	Crisis intervention for personal problems	<input type="radio"/>
	Eating disorders treatment	<input type="radio"/>
	Emergency preparedness	<input type="radio"/>
	Enrollment in WIC or accessing food stamps or food banks	<input type="radio"/>
	Enrollment in Medicaid or SCHIP	<input type="radio"/>
	Federal laws that protect the privacy of student health information	<input type="radio"/>
	First aid	<input type="radio"/>
	Foodborne illness outbreak detection and response	<input type="radio"/>
	HIV counseling, testing, and referral	<input type="radio"/>
Identification of emotional or behavioral disorders	<input type="radio"/>	
Identification of or referral for physical, sexual, or emotional abuse	<input type="radio"/>	
Identification or school-based management of acute illnesses	<input type="radio"/>	
Identification or school-based management of chronic illnesses	<input type="radio"/>	

3.16.1, 3.16.2, and 3.16.3 (cont'd.)	Identification or treatment of STDs	<input type="radio"/>
	Immunizations	<input type="radio"/>
	Infectious disease prevention	<input type="radio"/>
	Oral health problems	<input type="radio"/>
	Prenatal care referrals	<input type="radio"/>
	Services for gay, lesbian, or bisexual students	<input type="radio"/>
	Sports physicals	<input type="radio"/>
	Stress management	<input type="radio"/>
	Teaching self-management of chronic health conditions	<input type="radio"/>
	Tobacco-use cessation	<input type="radio"/>
	Tracking of students with chronic health conditions	<input type="radio"/>
	Weight management	<input type="radio"/>
	3.17	Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics:
Alcohol- or other drug-use prevention		<input type="radio"/>
HIV prevention		<input type="radio"/>
Injury prevention and safety counseling		<input type="radio"/>
Nutrition and dietary behavior counseling		<input type="radio"/>
Physical activity and fitness counseling		<input type="radio"/>
Pregnancy prevention		<input type="radio"/>
STD prevention		<input type="radio"/>
Suicide prevention		<input type="radio"/>
Tobacco-use prevention		<input type="radio"/>
Violence prevention	<input type="radio"/>	
3.18	Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics:	
	HIV infection or AIDS	<input type="radio"/>
	Severe food or other allergies	<input type="radio"/>
	Chronic health conditions	<input type="radio"/>
	Infectious disease prevention	<input type="radio"/>
3.19	Provides model policies to districts or schools on the following health topics:	
	HIV infection or AIDS	<input checked="" type="radio"/>
	Severe food or other allergies	<input type="radio"/>
	Chronic health conditions	<input type="radio"/>
	Infectious disease prevention	<input type="radio"/>

**Mental Health and Social Services**

4.1 <sup>1</sup>	Has a state mental health and social services (MHSS) coordinator	<input type="radio"/> <sup>2</sup>
	Requires each district to have an MHSS coordinator	<input type="radio"/>
	Requires each school to have an MHSS coordinator	<input type="radio"/>
4.2	Requires MHSS staff participation in IEPs when indicated	<input checked="" type="radio"/>
	Requires MHSS staff participation in IHPs when indicated	<input type="radio"/>
	Requires MHSS staff participation in 504 plans when indicated	<input type="radio"/>
4.3	Has schools that serve as Medicaid providers by providing mental health or social services	<input type="radio"/>
	Has SBHCs that serve as Medicaid providers by providing mental health or social services	NA
4.4	Requires a minimum education level for newly hired school counselors	NA <sup>8</sup>
	Requires a minimum education level for newly hired school psychologists	NA <sup>8</sup>
	Requires a minimum education level for newly hired school social workers	<input checked="" type="radio"/> <sup>8</sup>
4.5	Requires newly hired school counselors to be certified by a state agency or board	<input checked="" type="radio"/>
	Requires newly hired school psychologists to be certified by a state agency or board	<input checked="" type="radio"/>
	Requires newly hired school social workers to be certified by a state agency or board	<input checked="" type="radio"/>
4.6.1 and 4.6.2	Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following mental health and social services topics:	
	After-school programs	<input type="radio"/>
	Alcohol- or other drug-use treatment	<input type="radio"/>
	Child care options for teen mothers	<input type="radio"/>
	Counseling after a natural disaster or other emergency or crisis situation	<input type="radio"/>
	Counseling for emotional or behavioral disorders	<input type="radio"/>
	Crisis intervention for personal problems	<input type="radio"/>
	Eating disorders treatment	<input type="radio"/>
	Emergency preparedness	<input type="radio"/>
	Enrollment in Medicaid or SCHIP	<input type="radio"/>
	Enrollment in WIC or accessing food stamps or food banks	<input type="radio"/>
	HIV counseling, testing, and referral	<input type="radio"/>
	Identification of emotional or behavioral disorders	<input type="radio"/>
	Identification of or referral for physical, sexual, or emotional abuse	<input type="radio"/>
Identification of or referral for students with family problems	<input type="radio"/>	

4.6.1 and 4.6.2 (cont'd.)	Job readiness skills programs	<input type="radio"/>		
	Services for gay, lesbian, or bisexual students	<input type="radio"/>		
	Stress management	<input type="radio"/>		
	Tobacco-use cessation	<input type="radio"/>		
	Ways to promote a positive school climate	<input type="radio"/>		
	Weight management	<input type="radio"/>		
4.7	Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following prevention services topics:			
	Alcohol- or other drug-use prevention	<input type="radio"/>		
	HIV prevention	<input type="radio"/>		
	Injury prevention and safety counseling	<input type="radio"/>		
	Nutrition and dietary behavior counseling	<input type="radio"/>		
	Physical activity and fitness counseling	<input type="radio"/>		
	Pregnancy prevention	<input type="radio"/>		
	STD prevention	<input type="radio"/>		
	Suicide prevention	<input type="radio"/>		
	Tobacco-use prevention	<input type="radio"/>		
	Violence prevention	<input type="radio"/>		
4.8	Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following methods of service delivery:			
	Case management for students with chronic health conditions	<input type="radio"/>		
	Case management for students with emotional or behavioral problems	<input type="radio"/>		
	Comprehensive assessment or intake evaluation	<input type="radio"/>		
	Family counseling	<input type="radio"/>		
	Group counseling	<input type="radio"/>		
	Individual counseling	<input type="radio"/>		
	Peer counseling or mediation	<input type="radio"/>		
Self-help or support groups	<input type="radio"/>			
		Elementary Schools	Middle Schools	High Schools
4.9	Requires schools to have at least one full-time counselor in each school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.10	Requires student assistance programs	<input checked="" type="radio"/>		
	Requires schools to create and maintain student support teams	<input type="radio"/>		

**Nutrition Services**

5.1 <sup>1</sup>	Has a state food service (FS) director	<input checked="" type="radio"/> <sup>2</sup>
	Requires each district to have an FS director	<input type="radio"/>
	Requires each school to have an FS manager	<input type="radio"/>
5.2	Requires schools to offer breakfast to students	<input type="radio"/> <sup>9</sup>
	Requires schools to offer lunch to students	<input checked="" type="radio"/>
5.3	Requires or recommends a minimum amount of time students will be given to eat breakfast once seated	<input checked="" type="radio"/> <sup>3</sup>
	Requires or recommends a minimum amount of time students will be given to eat lunch once seated	<input checked="" type="radio"/> <sup>3</sup>
5.4	Requires or recommends that schools:	
	Offer three or more different types of milk each day for breakfast	<input type="radio"/> <sup>3</sup>
	Offer three or more different types of milk each day for lunch	<input checked="" type="radio"/> <sup>3</sup>
	Offer two or more different fruits or types of 100% fruit juice each day for lunch	<input type="radio"/> <sup>3</sup>
	Offer two or more different entrees or main courses each day for lunch	<input type="radio"/> <sup>3</sup>
	Offer two or more different non-fried vegetables each day for lunch	<input checked="" type="radio"/> <sup>3</sup>
	Restrict the availability of deep-fried foods	<input type="radio"/> <sup>3</sup>
5.5	Requires or recommends that schools make fruits or vegetables available to students whenever other food is offered or sold	<input checked="" type="radio"/> <sup>3</sup>
	Requires or recommends that schools make healthful beverages available to students whenever other beverages are offered or sold	<input checked="" type="radio"/> <sup>3</sup>
5.6	Requires or recommends that schools prohibit junk foods in the following school settings:	
	After-school or extended day programs	<input checked="" type="radio"/> <sup>3</sup>
	A la carte during breakfast or lunch periods	<input checked="" type="radio"/> <sup>3</sup>
	Concession stands	<input checked="" type="radio"/> <sup>3</sup>
	Meetings attended by students' family members	<input type="radio"/> <sup>3</sup>
	School stores, canteens, or snack bars	<input checked="" type="radio"/> <sup>3</sup>
	Staff meetings	<input type="radio"/> <sup>3</sup>
	Student parties	<input type="radio"/> <sup>3</sup>
	Vending machines	<input checked="" type="radio"/> <sup>3</sup>

5.7	Requires or recommends that schools:				
	Restrict times of day certain beverages can be sold in any venue				● <sup>3</sup>
	Restrict times of day junk foods <sup>10</sup> can be sold in any venue				● <sup>3</sup>
	Prohibit selling junk foods <sup>10</sup> for fundraising				● <sup>3</sup>
	Prohibit advertising for candy, fast food restaurants, or soft drinks on school property				● <sup>3</sup>
		Elementary Schools	Middle Schools	High Schools	
5.8	Requires or recommends that schools prohibit some student access to vending machines	● <sup>3</sup>	● <sup>3</sup>	● <sup>3</sup>	
5.9	Prohibits or discourages using food or food coupons as a reward				○ <sup>4</sup>
5.10	Offers certification, licensure, or endorsement for district FS directors				○
	Offers certification, licensure, or endorsement for school FS managers				○
5.11.1 and 5.11.2	Provided funding for staff development or offered staff development to food service staff during the past two years on the following food service topics:				
	Competitive food policies to create a healthy food environment				●
	Cultural diversity in meal planning				●
	Customer service				●
	Emergency preparedness				●
	Facility design and layout				●
	Financial management				●
	Food bio-security				●
	Food safety				●
	Food service for students with special dietary needs				●
	Healthy food preparation methods				●
	Implementing the Dietary Guidelines for Americans in school meals				●
	Increasing percentage of students participating in school meals				●
	Making school meals more appealing				●
	Menu planning for healthy meals				●
	Personal safety for food service staff				●
	Personnel management				●
	Procedures for food-related emergencies				●
	Procedures for responding to food recalls				●
	Selecting and ordering food				●
	Using Hazard Analysis and Critical Control Points (HACCP)				●
	Using the cafeteria for nutrition education				●

**Healthy and Safe School Environment**

6.1 <sup>1</sup>	Has a group formally charged with coordinating state-level school health activities	● <sup>2</sup>
	Provided funding for or offered to help establish a group that offers guidance on the development of policies or coordinates activities on health topics during the past two years	●
6.2	Prohibits weapon use by students on school property and at off-campus, school-sponsored events	● <sup>11</sup>
	Prohibits physical fighting by students on school property and at off-campus, school-sponsored events	○ <sup>11</sup>
	Prohibits weapon possession by students on school property and at off-campus, school-sponsored events	● <sup>11</sup>
	Prohibits bullying by students on school property and at off-campus, school-sponsored events	○ <sup>11</sup>
6.3	Requires districts or schools to report to the state on the number of times students are caught:	
	Fighting	●
	Possessing a handgun or other firearm	●
	Possessing any other weapon	●
	Using a handgun or other firearm	●
	Using any other weapon	●
6.4	Prohibits cigarette smoking by students	●
	Prohibits cigar or pipe smoking by students	●
	Prohibits smokeless tobacco use by students	●
	Prohibits cigarette smoking by faculty and staff during any school-related activity	●
	Prohibits cigar or pipe smoking by faculty and staff during any school-related activity	●
	Prohibits smokeless tobacco use by faculty and staff during any school-related activity	○
	Prohibits cigarette smoking by school visitors	●
	Prohibits cigar or pipe smoking by school visitors	●
	Prohibits smokeless tobacco use by school visitors	○



6.5	Prohibits cigarette smoking and smokeless tobacco use by students on campus	<input checked="" type="radio"/>
	Prohibits cigarette smoking and smokeless tobacco use by students off campus	<input checked="" type="radio"/>
	Prohibits cigarette smoking and smokeless tobacco use by faculty and staff on campus	<input type="radio"/>
	Prohibits cigarette smoking and smokeless tobacco use by faculty and staff off campus	<input type="radio"/>
	Prohibits cigarette smoking and smokeless tobacco use by school visitors on campus	<input type="radio"/>
	Prohibits cigarette smoking and smokeless tobacco use by school visitors off campus	<input type="radio"/>
	Prohibits all types of tobacco use in all locations	<input type="radio"/>
6.6	Prohibits tobacco advertisements in the following locations and ways:	
	In the school building	<input type="radio"/>
	On school grounds	<input type="radio"/>
	In school vehicles	<input type="radio"/>
	In school publications	<input type="radio"/>
	Through sponsorship of school events	<input type="radio"/>
	On apparel worn or merchandise carried by students	<input type="radio"/>
6.7	Has adopted a policy on inspection or maintenance of the following school facilities and equipment:	
	Fire extinguishers	<input type="radio"/>
	Indoor athletic facilities and equipment	<input type="radio"/>
	Lighting inside school buildings	<input type="radio"/>
	Lighting outside school buildings	<input type="radio"/>
	Other school areas, such as halls, stairs, and regular classrooms	<input type="radio"/>
	Outdoor athletic facilities and equipment	<input type="radio"/>
	Playground facilities and equipment	<input type="radio"/>
	Smoke alarms	<input checked="" type="radio"/>
	Special classroom areas, such as labs, workshops, and art rooms	<input type="radio"/>
Sprinkler systems	<input checked="" type="radio"/>	
6.8	Requires districts and schools to conduct the following periodic inspections:	
	Building foundation, walls, and roof	<input type="radio"/>
	Condensation	<input type="radio"/>
	Drinking water outlets for lead	<input type="radio"/>
	Heating, ventilation, and air conditioning (HVAC) system	<input type="radio"/>
	Mold	<input type="radio"/>
	On-site large-capacity drinking water tanks	<input type="radio"/>
	Pests	<input type="radio"/>
	Plumbing system	<input type="radio"/>
6.9	Requires Phase I environmental assessments	<input checked="" type="radio"/>
	Requires districts or schools to have an indoor air quality management program	<input type="radio"/>
6.10	Requires or recommends that districts or schools follow an integrated pest management program	<input checked="" type="radio"/> <sup>3</sup>

6.11	Requires that students wear appropriate protective gear when engaged in the following:	
	Classes such as wood shop or metal shop	●
	Lab activities for photography or science classes	●
6.12	State education agency is a member of the state emergency planning committee	
		●
6.13	Requires districts or schools to have crisis preparedness, response, and recovery plans that include:	
	Establishment of an incident command system	○
	Evacuation plans	●
	Exterior control of building and grounds	●
	Family reunification procedures	○
	Lock down plans	●
	Mechanisms for communicating the plan to students' families	○
	Mechanisms for communicating with school personnel	○
	Plans to resume normal activities	○
	Provision of mental health services	○
	Provisions for special needs students and staff	○
	Procedures for responding to media inquiries	●
	Requirements to conduct regular emergency drills	●
	Requirements to periodically review and revise plans	○
Shelter-in-place plans	●	
6.14	Provided model policies to districts or schools during the past two years on the following topics:	
	Alcohol-use prevention	○
	Bullying prevention	○
	Crisis preparedness, response, and recovery	○
	Drinking water quality	○
	Green building design	○
	Illegal drug-use prevention	○
	Indoor air quality	○
	Integrated pest management	○
	Positive school climate	○
	Tobacco-use prevention	○
	Violence prevention	○

6.15	Provided funding for staff development or offered staff development to districts or schools during the past two years on how to implement policies and programs related to the following topics:	
	Alcohol-use prevention	●
	Bullying prevention	○
	Crisis preparedness, response, and recovery	●
	Drinking water quality	○
	Green building design	○
	Illegal drug-use prevention	●
	Indoor air quality	○
	Integrated pest management	○
	Positive school climate	○
	Tobacco-use prevention	●
	Violence prevention	●

**Faculty and Staff Health Promotion**

7.1 <sup>1</sup>	Has a state-level faculty and staff health promotion coordinator	<input type="radio"/> <sup>2</sup>
7.2	Requires districts or schools to provide funding for or offer the following health screenings to school faculty and staff:	
	Blood pressure	<input type="radio"/>
	Breast cancer	<input type="radio"/>
	Colorectal cancer	<input type="radio"/>
	Diabetes	<input type="radio"/>
	Height and weight or body mass	<input type="radio"/>
	Oral health	<input type="radio"/>
	Serum cholesterol	<input type="radio"/>
	Skin cancer	<input type="radio"/>
7.3	Requires districts or schools to provide funding for or offer the following health-related activities to school faculty and staff:	
	Asthma management education	<input type="radio"/>
	Conflict resolution education	<input type="radio"/>
	Counseling for emotional disorders	<input type="radio"/>
	CPR education	<input type="radio"/>
	Crisis intervention for personal problems	<input type="radio"/>
	Diabetes management education	<input type="radio"/>
	Emergency preparedness	<input type="radio"/>
	Nutrition education	<input type="radio"/>
	Physical activity and fitness counseling	<input type="radio"/>
	Pre- or post-natal education	<input type="radio"/>
	Stress management education	<input type="radio"/>
	Tobacco-use cessation	<input type="radio"/>
	Weight management	<input type="radio"/>
	Worksite safety education	<input type="radio"/>
7.4	Requires districts or schools to provide funding for or offer the following health-related services to school faculty and staff:	
	Identification of or referrals for abuse	<input type="radio"/>
	Immunizations	<input type="radio"/>
	Referrals for child or elder care	<input type="radio"/>
	Referrals for oral health problems	<input type="radio"/>
7.5	Requires districts or schools to provide funding for or offer the following programs for faculty and staff:	
	Employee Assistance Program (EAP)	<input type="radio"/>
	Health risk appraisals	<input type="radio"/>
	Physical activity programs	<input type="radio"/>
	Requires school physical activity facilities be made available for faculty and staff to use	<input type="radio"/>
7.6	Requires faculty and staff to receive the following health screenings prior to employment:	
	Physical health examinations	<input type="radio"/> <sup>12</sup>
	TB testing	<input type="radio"/> <sup>12</sup>
	Illegal drug-use screening	<input type="radio"/> <sup>12</sup>
	Requires faculty and staff to receive the following health screenings during employment:	
	Physical health examinations	<input type="radio"/> <sup>12</sup>
	TB testing	<input type="radio"/> <sup>12</sup>
	Illegal drug-use screening	<input type="radio"/> <sup>12</sup>

7.7	Offers or requires districts to offer the following types of health insurance coverage to faculty and staff:	
	Alcohol- or other drug-use treatment	<input type="radio"/> <sup>13</sup>
	Dental care	<input type="radio"/> <sup>13</sup>
	Immunizations	<input type="radio"/> <sup>13</sup>
	Mental health care	<input type="radio"/> <sup>13</sup>
	Preventive health care	<input type="radio"/> <sup>13</sup>
	Vision care	<input type="radio"/> <sup>13</sup>

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; [www.cdc.gov/shpps](http://www.cdc.gov/shpps).

### Footnotes

<sup>1</sup> Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at [www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm](http://www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm).

<sup>2</sup> Unless otherwise indicated,

- Yes
- No
- ? Incomplete Data
- NA Not Applicable

<sup>3</sup>

- Requires
- ◐ Recommends or Encourages
- Neither Requires, Recommends, nor Encourages
- ? Incomplete Data

- 4
- Prohibits
  - Discourages
  - Neither Prohibits nor Discourages
  - ? Incomplete Data

5 SCHIP is the State Children's Health Insurance Program.

6 WIC is the Special Supplemental Food Program for Women, Infants, and Children.

- 7
- Associate's Degree in Nursing
  - Undergraduate Degree in Nursing
  - Associate's Degree in Any Field
  - Undergraduate Degree in Any Field
  - NA Not Applicable
  - ? Incomplete Data

- 8
- Undergraduate Degree in Specific Field
  - Master's Degree in Specific Field
  - Doctoral Degree in Specific Field
  - Undergraduate Degree in Any Field
  - Master's Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data

- 9
- Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - No
  - ? Incomplete Data

10 Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

- 11
- Both on School Property and at Off-Campus, School-Sponsored Events
  - On School Property Only
  - Neither on School Property nor at Off-Campus, School-Sponsored Events
- 12
- Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - Not Required on Any Faculty or Staff
  - ? Incomplete Data
- 13
- State Offers Coverage
  - State Requires Districts to Offer Coverage
  - State Neither Offers Coverage nor Requires Districts to Offer Coverage
  - ? Incomplete Data