SHPPS 2006
SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

Washington

School Health Program Report Card

Health Education

1.1[1]	Has a state health education (HED) coordinator	●[2]		
	Requires each district to have an HED coordinator	○		
	Requires each school to have an HED coordinator	○		
1.2	Requires or encourages districts or schools to follow national or state HED standards or guidelines	●[3]		
1.3.1, 1.3.2, and 1.3.3	Has HED standards or guidelines based on the *National Health Education Standards*	○		
	Addresses the following topics in goals and objectives:			
		Elementary Schools	Middle Schools	High Schools
	Accessing valid health information and health-promoting products and services	●	●	●
	Advocating for personal, family, and community health	●	●	●
	Analyzing influence of culture, media, and technology on health	●	●	●
	Comprehending concepts related to health promotion and disease prevention	●	●	●
	Practicing health-enhancing behaviors and reducing health risks	●	●	●
	Using goal-setting and decision-making skills	●	●	●
	Using interpersonal communication skills	●	●	●
1.4, 1.5, and 1.6	Requires schools to teach:			
		Elementary Schools	Middle Schools	High Schools
	Alcohol- or other drug-use prevention	●	●	●
	Asthma awareness	○	○	○
	Emotional and mental health	●	●	●
	Foodborne illness prevention	○	○	○
	Human immunodeficiency virus (HIV) prevention	●	●	●
	Human sexuality	○	●	●
	Injury prevention and safety	●	●	●
	Nutrition and dietary behavior	●	●	●
	Other sexually transmitted disease (STD) prevention	○	●	●
	Physical activity and fitness	●	●	●
	Pregnancy prevention	○	●	●
	Suicide prevention	○	○	●
	Tobacco-use prevention	●	●	●
	Violence prevention	●	●	●

CDC
CENTERS FOR DISEASE CONTROL AND PREVENTION

		Elementary Schools	Middle Schools	High Schools
1.7	Requires that students will be tested on health topics	●	●	●
1.8	Requires or recommends that districts or schools use one particular curriculum for HED	○[3]	○[3]	○[3]
1.9	Provided the following information or materials for HED during the past two years:			
		Elementary Schools	Middle Schools	High Schools
	Chart describing scope and sequence of instruction	●	●	●
	Curriculum	●	●	●
	Lesson plans or learning activities	○	○	○
	List of recommended curricula	○	○	○
	List of recommended textbooks	○	○	○
	Plans for how to assess or evaluate students	●	●	○
1.10	Has specified time requirements for HED	○	○	●
1.11	Requires newly hired HED teachers to have undergraduate or graduate training in HED	○	●	●
1.12	Requires newly hired HED teachers to be certified, licensed, or endorsed by the state	○	●	●
1.13	Offers the following types of certification, licensure, or endorsement for HED teachers:			
	Combined HED and physical education (PE) for grades K-12	○		
	Combined HED and PE for elementary school	○		
	Combined HED and PE for middle school	●		
	Combined HED and PE for high school	●		
	HED for grades K-12	○		
	HED for elementary school	○		
	HED for middle school	●		
	HED for high school	●		
1.14	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following topics:			
	Alcohol- or other drug-use prevention	●		
	Asthma awareness	○		
	Emotional and mental health	●		
	Foodborne illness prevention	○		
	HIV prevention	●		
	Human sexuality	○		
	Injury prevention and safety	●		
	Nutrition and dietary behavior	●		
	Other STD prevention	●		
	Physical activity and fitness	●		
	Pregnancy prevention	●		
	Suicide prevention	●		
	Tobacco-use prevention	●		
	Violence prevention	●		

1.15	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following teaching methods:	
	Assessing or evaluating students	●
	Encouraging family or community involvement	○
	Teaching skills for behavior change	●
	Teaching students of various cultural backgrounds	●
	Teaching students with limited English proficiency	●
	Teaching students with disabilities	●
	Using classroom management techniques	○
	Using interactive teaching methods	●

Physical Education and Activity

2.1[1]	Has a state PE coordinator	●[2]		
	Requires each district to have a PE coordinator	○		
	Requires each school to have a PE coordinator	○		
2.2	Requires or encourages districts or schools to follow national or state PE standards or guidelines	●[3]		
2.3.1, 2.3.2, and 2.3.3	Has PE standards or guidelines based on the *National Standards for Physical Education*	●		
	Addresses the following topics in goals and objectives:			
		Elementary Schools	Middle Schools	High Schools
	Achievement and maintenance of health-enhancing level of physical fitness	●	●	●
	Competence in motor skills and movement patterns to perform variety of physical activities	●	●	●
	Regular participation in physical activity	●	●	●
	Responsible personal and social behavior that respects self and others in physical activity settings	●	●	●
	Understanding of movement concepts, principles, strategies, and tactics	●	●	●
	Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction	●	●	●
2.4	Requires that schools will teach PE	●	●	●
2.5	Requires or recommends that schools give the following types of tests:			
		Elementary Schools	Middle Schools	High Schools
	Written tests of knowledge	◒[3]	◒[3]	◒[3]
	Skill performance tests	◒[3]	◒[3]	◒[3]
	Fitness level tests	◒[3]	◒[3]	◒[3]
2.6	Requires or recommends that districts or schools use one particular curriculum for PE	○[3]	○[3]	○[3]
2.7	Provided the following information or materials for PE during the past two years:			
		Elementary Schools	Middle Schools	High Schools
	Chart describing scope and sequence of instruction	●	●	●
	Curriculum	○	○	○
	Lesson plans or learning activities	●	○	●
	List of recommended curricula	○	○	○
	Plans for how to assess or evaluate students	●	●	●
2.8	Specifies a maximum student-to-teacher ratio for PE classes	○	○	○

		Elementary Schools	Middle Schools	High Schools
2.9	Has specified time requirements for PE	●	●	●
2.10	Requires newly hired PE teachers to have undergraduate or graduate training in PE or a related field	○	●	●
2.11	Requires newly hired PE teachers to be certified, licensed, or endorsed by the state	○	●	●
2.12	Offers the following types of certification, licensure, or endorsement for PE teachers:			
	Combined PE and HED for grades K-12	○		
	Combined PE and HED for elementary school	●		
	Combined PE and HED for middle school	●		
	Combined PE and HED for high school	●		
	PE for grades K-12	○		
	PE for elementary school	○		
	PE for middle school	○		
	PE for high school	○		
2.13	Provided funding for staff development or offered staff development to PE teachers during the past two years on the following topics:			
	Administering or using fitness tests	●		
	Assessing or evaluating student performance	●		
	Developing and using student portfolios	○		
	Developing individualized physical activity plans	○		
	Encouraging family involvement in physical activity	○		
	Injury prevention and first aid	○		
	Methods for inclusion and participation of overweight children	○		
	Methods to increase amount of class time students are active	○		
	Methods to promote gender equity	○		
	Recognizing and responding to chronic health conditions	○		
	Teaching individual or paired activities or sports	○		
	Teaching movement skills and concepts	○		
	Teaching students with long-term disabilities	○		
	Teaching team or group activities or sports	○		
	Using physical activity monitoring devices	○		
	Using technology for PE	○		
2.14	Requires or recommends that elementary schools provide regularly scheduled recess	○[3]		

2.15	Prohibits or actively discourages schools from the following:	
	Using physical activity as punishment for bad behavior in PE	◒[4]
	Using physical activity as punishment for poor performance or bad behavior in sports	◒[4]
	Excluding students from PE as punishment for bad behavior in another class	◒[4]
	Excluding students from recess as punishment for bad behavior	◒[4]
2.16	Requires student use of protective gear during the following activities:	
	Physical education	○
	Intramural activities or physical activity clubs	○
	Interscholastic sports	○
2.17	Provided funding for staff development or offered staff development to interscholastic sports coaches during the past two years through the following sources:	
	State education agency	○
	Any other state-level organization or agency	○

Health Services

3.1[1]	Has a state health services (HSV) coordinator	●[2]
	Requires each district to have an HSV coordinator	○
	Requires each school to have an HSV coordinator	○
3.2.1, 3.2.2, and 3.2.3	Requires districts or schools to provide the following health services when needed:	
	Administration of fluoride rinses	○
	Administration of medications	●
	Administration of sports physicals	○
	Alcohol- or other drug-use treatment	●
	Application of dental sealants	○
	Assistance with accessing benefits for students with disabilities	●
	Assistance with enrolling in Medicaid or SCHIP[5]	○
	Assistance with enrolling in WIC[6] or accessing food stamps or food banks	○
	Cardiopulmonary resuscitation (CPR)	●
	Case management for students with chronic health conditions	●
	Case management for students with disabilities	●
	Counseling for emotional or behavioral disorders	○
	Crisis intervention for personal problems	○
	Eating disorders treatment	○
	First aid	●
	HIV counseling, testing, and referral	○
	Identification of emotional or behavioral disorders	○
	Identification of or referral for physical, sexual, or emotional abuse	●
	Identification of or referrals for oral health problems	○
	Identification or school-based management of acute illnesses	●
	Identification or school-based management of chronic health conditions	●
	Identification or treatment of STDs	○
	Immunizations	○
	Instruction on self-management of chronic health conditions	●

3.2.1, 3.2.2, and 3.2.3 (cont'd.)	Prenatal care referrals	○	
	Referrals for after-school programs	○	
	Referrals for child care for teen mothers	○	
	Services for gay, lesbian, or bisexual students	○	
	Stress management	○	
	Tobacco-use cessation	○	
	Tracking of students with chronic health conditions	○	
	Weight management	○	
3.3	Requires districts or schools to provide the following prevention services:		
	Alcohol- or other drug-use prevention	●	
	HIV prevention	○	
	Injury prevention and safety counseling	○	
	Nutrition and dietary behavior counseling	○	
	Physical activity and fitness counseling	○	
	Pregnancy prevention	○	
	STD prevention	○	
	Suicide prevention	○	
	Tobacco-use prevention	○	
	Violence prevention	●	
3.4	Requires the following immunizations or vaccinations for entry into kindergarten or first grade:		
	Chicken pox (varicella)	●	
	Diphtheria	●	
	Haemophilus influenzae type B	○	
	Hepatitis B	●	
	Influenza	○	
	Measles-containing	●	
	Polio	●	
	Tetanus	●	
	Requires the following immunizations or vaccinations for entry into middle school and high school:		
		Middle School	High School
	Chicken pox (varicella)	○	○
	Hepatitis A	○	○
	Hepatitis B	●	○
	Second measles-containing	●	●
	Tetanus booster	○	○
3.5	Requires the following documentation before school staff may administer medication:		
	Written information on possible side-effects	●	
	Written instructions from the physician	●	
	Written request from the parent or guardian	●	

3.6	Has adopted a policy related to who may administer medications to a student at school	●
	Allows students to carry and self-administer the following medications:	
	Epinephrine auto-injector	●
	Insulin or other injected medications	●
	Other prescribed medications	●
	Over-the-counter medications	●
	Prescription quick-relief inhaler	●
3.7	Requires supplies for applying standard or universal precautions be available in the following locations:	
	In all classrooms	●
	In the gymnasium, on playgrounds, or on playing fields	●
	On school buses or in other vehicles used to transport students	●
3.8	Requires schools to allow students with HIV infection or acquired immunodeficiency syndrome (AIDS) to engage in the following activities as long as they are able:	
	Attend classes	●
	Participate in school sports	●
	Participate in any other school activities	●
	Requires schools to allow teachers and staff with HIV infection or AIDS to work as long as they are able	●
3.9	Requires schools to:	
	Complete injury reports	●
	Complete illness reports	●
	Report notifiable diseases to the state or local health department	●
3.10	Requires districts or schools to screen students for the following health problems:	
	Hearing problems	●
	Height and weight or body mass problems	○
	Oral health problems	○
	Scoliosis	●
	Vision problems	●
3.11	Specifies a maximum student-to-school nurse ratio	○
	Requires at least one full-time school nurse per school	○
3.12	Requires school nurse participation in Individualized Education Programs (IEPs) when indicated	●
	Requires school nurse participation in Individualized Health Plans (IHPs)	●
	Requires school nurse participation in 504 plans when indicated	●

3.13	Has schools that serve as Medicaid providers by providing health services to students	●
	Has school-based health centers (SBHCs) that serve as Medicaid providers by providing health services to students	●
3.14	Requires minimum education level for newly hired school nurses	●●[7]
3.15	Requires newly hired school nurses to have the following licenses and certifications:	
	LPN license	○
	RN license	●
	National certification from the National Board for Certification of School Nurses	○
	State school nurse certification	●
3.16.1, 3.16.2, and 3.16.3	Provided funding for staff development or offered staff development to school nurses during the past two years on the following health services topics:	
	Accessing benefits for students with disabilities	●
	Administration of fluoride rinses	○
	Administration of medications	●
	After-school programs	○
	Alcohol- or other drug-use treatment	●
	Application of dental sealants	●
	Case management for students with chronic health conditions	●
	Case management for students with disabilities	●
	Child care options for teen mothers	●
	Counseling for emotional or behavioral disorders	●
	CPR	●
	Crisis intervention for personal problems	●
	Eating disorders treatment	●
	Emergency preparedness	●
	Enrollment in WIC or accessing food stamps or food banks	●
	Enrollment in Medicaid or SCHIP	●
	Federal laws that protect the privacy of student health information	●
	First aid	●
	Foodborne illness outbreak detection and response	●
	HIV counseling, testing, and referral	●
	Identification of emotional or behavioral disorders	●
	Identification of or referral for physical, sexual, or emotional abuse	●
	Identification or school-based management of acute illnesses	●
	Identification or school-based management of chronic illnesses	●

3.16.1, 3.16.2, and 3.16.3 (cont'd.)	Identification or treatment of STDs	●
	Immunizations	●
	Infectious disease prevention	●
	Oral health problems	●
	Prenatal care referrals	●
	Services for gay, lesbian, or bisexual students	●
	Sports physicals	○
	Stress management	●
	Teaching self-management of chronic health conditions	●
	Tobacco-use cessation	●
	Tracking of students with chronic health conditions	●
	Weight management	●
3.17	Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics:	
	Alcohol- or other drug-use prevention	●
	HIV prevention	●
	Injury prevention and safety counseling	●
	Nutrition and dietary behavior counseling	●
	Physical activity and fitness counseling	●
	Pregnancy prevention	●
	STD prevention	●
	Suicide prevention	●
	Tobacco-use prevention	●
	Violence prevention	●
3.18	Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics:	
	HIV infection or AIDS	●
	Severe food or other allergies	●
	Chronic health conditions	●
	Infectious disease prevention	●
3.19	Provides model policies to districts or schools on the following health topics:	
	HIV infection or AIDS	●
	Severe food or other allergies	●
	Chronic health conditions	●
	Infectious disease prevention	●

Mental Health and Social Services

4.1[1]	Has a state mental health and social services (MHSS) coordinator	●[2]
	Requires each district to have an MHSS coordinator	○
	Requires each school to have an MHSS coordinator	○
4.2	Requires MHSS staff participation in IEPs when indicated	●
	Requires MHSS staff participation in IHPs when indicated	●
	Requires MHSS staff participation in 504 plans when indicated	●
4.3	Has schools that serve as Medicaid providers by providing mental health or social services	●
	Has SBHCs that serve as Medicaid providers by providing mental health or social services	NA
4.4	Requires a minimum education level for newly hired school counselors	●●[8]
	Requires a minimum education level for newly hired school psychologists	●●[8]
	Requires a minimum education level for newly hired school social workers	●●●[8]
4.5	Requires newly hired school counselors to be certified by a state agency or board	●
	Requires newly hired school psychologists to be certified by a state agency or board	●
	Requires newly hired school social workers to be certified by a state agency or board	●
4.6.1 and 4.6.2	Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following mental health and social services topics:	
	After-school programs	●
	Alcohol- or other drug-use treatment	●
	Child care options for teen mothers	●
	Counseling after a natural disaster or other emergency or crisis situation	●
	Counseling for emotional or behavioral disorders	●
	Crisis intervention for personal problems	●
	Eating disorders treatment	○
	Emergency preparedness	●
	Enrollment in Medicaid or SCHIP	●
	Enrollment in WIC or accessing food stamps or food banks	●
	HIV counseling, testing, and referral	●
	Identification of emotional or behavioral disorders	●
	Identification of or referral for physical, sexual, or emotional abuse	●
	Identification of or referral for students with family problems	●

4.6.1 and 4.6.2 (cont'd.)	Job readiness skills programs	●		
	Services for gay, lesbian, or bisexual students	○		
	Stress management	●		
	Tobacco-use cessation	●		
	Ways to promote a positive school climate	○		
	Weight management	○		
4.7	Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following prevention services topics:			
	Alcohol- or other drug-use prevention	●		
	HIV prevention	●		
	Injury prevention and safety counseling	○		
	Nutrition and dietary behavior counseling	●		
	Physical activity and fitness counseling	●		
	Pregnancy prevention	●		
	STD prevention	●		
	Suicide prevention	●		
	Tobacco-use prevention	●		
	Violence prevention	●		
4.8	Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following methods of service delivery:			
	Case management for students with chronic health conditions	●		
	Case management for students with emotional or behavioral problems	●		
	Comprehensive assessment or intake evaluation	●		
	Family counseling	●		
	Group counseling	●		
	Individual counseling	●		
	Peer counseling or mediation	●		
	Self-help or support groups	●		
		Elementary Schools	Middle Schools	High Schools
4.9	Requires schools to have at least one full-time counselor in each school	○	○	○
4.10	Requires student assistance programs	●		
	Requires schools to create and maintain student support teams	○		

Nutrition Services

5.1[1]	Has a state food service (FS) director	●[2]
	Requires each district to have an FS director	○
	Requires each school to have an FS manager	○
5.2	Requires schools to offer breakfast to students	◒[9]
	Requires schools to offer lunch to students	?
5.3	Requires or recommends a minimum amount of time students will be given to eat breakfast once seated	○[3]
	Requires or recommends a minimum amount of time students will be given to eat lunch once seated	◒[3]
5.4	Requires or recommends that schools:	
	Offer three or more different types of milk each day for breakfast	◒[3]
	Offer three or more different types of milk each day for lunch	○[3]
	Offer two or more different fruits or types of 100% fruit juice each day for lunch	○[3]
	Offer two or more different entrees or main courses each day for lunch	○[3]
	Offer two or more different non-fried vegetables each day for lunch	○[3]
	Restrict the availability of deep-fried foods	○[3]
5.5	Requires or recommends that schools make fruits or vegetables available to students whenever other food is offered or sold	○[3]
	Requires or recommends that schools make healthful beverages available to students whenever other beverages are offered or sold	◒[3]
5.6	Requires or recommends that schools prohibit junk foods in the following school settings:	
	After-school or extended day programs	○[3]
	A la carte during breakfast or lunch periods	◒[3]
	Concession stands	◒[3]
	Meetings attended by students' family members	○[3]
	School stores, canteens, or snack bars	◒[3]
	Staff meetings	○[3]
	Student parties	◒[3]
	Vending machines	◒[3]

5.7	Requires or recommends that schools:			
	Restrict times of day certain beverages can be sold in any venue	○[3]		
	Restrict times of day junk foods[10] can be sold in any venue	○[3]		
	Prohibit selling junk foods[10] for fundraising	○[3]		
	Prohibit advertising for candy, fast food restaurants, or soft drinks on school property	○[3]		
		Elementary Schools	Middle Schools	High Schools
5.8	Requires or recommends that schools prohibit some student access to vending machines	○[3]	○[3]	○[3]
5.9	Prohibits or discourages using food or food coupons as a reward	○[4]		
5.10	Offers certification, licensure, or endorsement for district FS directors	○		
	Offers certification, licensure, or endorsement for school FS managers	○		
5.11.1 and 5.11.2	Provided funding for staff development or offered staff development to food service staff during the past two years on the following food service topics:			
	Competitive food policies to create a healthy food environment	●		
	Cultural diversity in meal planning	●		
	Customer service	●		
	Emergency preparedness	●		
	Facility design and layout	●		
	Financial management	●		
	Food bio-security	●		
	Food safety	●		
	Food service for students with special dietary needs	●		
	Healthy food preparation methods	●		
	Implementing the Dietary Guidelines for Americans in school meals	●		
	Increasing percentage of students participating in school meals	●		
	Making school meals more appealing	●		
	Menu planning for healthy meals	●		
	Personal safety for food service staff	●		
	Personnel management	●		
	Procedures for food-related emergencies	●		
	Procedures for responding to food recalls	●		
	Selecting and ordering food	●		
	Using Hazard Analysis and Critical Control Points (HACCP)	●		
	Using the cafeteria for nutrition education	●		

Healthy and Safe School Environment

6.1[1]	Has a group formally charged with coordinating state-level school health activities	○[2]
	Provided funding for or offered to help establish a group that offers guidance on the development of policies or coordinates activities on health topics during the past two years	●
6.2	Prohibits weapon use by students on school property and at off-campus, school-sponsored events	●[11]
	Prohibits physical fighting by students on school property and at off-campus, school-sponsored events	○[11]
	Prohibits weapon possession by students on school property and at off-campus, school-sponsored events	●[11]
	Prohibits bullying by students on school property and at off-campus, school-sponsored events	◒[11]
6.3	Requires districts or schools to report to the state on the number of times students are caught:	
	Fighting	○
	Possessing a handgun or other firearm	●
	Possessing any other weapon	●
	Using a handgun or other firearm	●
	Using any other weapon	●
6.4	Prohibits cigarette smoking by students	●
	Prohibits cigar or pipe smoking by students	●
	Prohibits smokeless tobacco use by students	●
	Prohibits cigarette smoking by faculty and staff during any school-related activity	●
	Prohibits cigar or pipe smoking by faculty and staff during any school-related activity	●
	Prohibits smokeless tobacco use by faculty and staff during any school-related activity	●
	Prohibits cigarette smoking by school visitors	●
	Prohibits cigar or pipe smoking by school visitors	●
	Prohibits smokeless tobacco use by school visitors	●

6.5	Prohibits cigarette smoking and smokeless tobacco use by students on campus	●
	Prohibits cigarette smoking and smokeless tobacco use by students off campus	●
	Prohibits cigarette smoking and smokeless tobacco use by faculty and staff on campus	●
	Prohibits cigarette smoking and smokeless tobacco use by faculty and staff off campus	●
	Prohibits cigarette smoking and smokeless tobacco use by school visitors on campus	●
	Prohibits cigarette smoking and smokeless tobacco use by school visitors off campus	●
	Prohibits all types of tobacco use in all locations	○
6.6	Prohibits tobacco advertisements in the following locations and ways:	
	In the school building	●
	On school grounds	●
	In school vehicles	●
	In school publications	●
	Through sponsorship of school events	●
	On apparel worn or merchandise carried by students	○
6.7	Has adopted a policy on inspection or maintenance of the following school facilities and equipment:	
	Fire extinguishers	●
	Indoor athletic facilities and equipment	○
	Lighting inside school buildings	●
	Lighting outside school buildings	○
	Other school areas, such as halls, stairs, and regular classrooms	○
	Outdoor athletic facilities and equipment	○
	Playground facilities and equipment	○
	Smoke alarms	●
	Special classroom areas, such as labs, workshops, and art rooms	●
	Sprinkler systems	●
6.8	Requires districts and schools to conduct the following periodic inspections:	
	Building foundation, walls, and roof	○
	Condensation	○
	Drinking water outlets for lead	○
	Heating, ventilation, and air conditioning (HVAC) system	●
	Mold	○
	On-site large-capacity drinking water tanks	○
	Pests	●
	Plumbing system	○
6.9	Requires Phase I environmental assessments	○
	Requires districts or schools to have an indoor air quality management program	○
6.10	Requires or recommends that districts or schools follow an integrated pest management program	◒[3]

6.11	Requires that students wear appropriate protective gear when engaged in the following:	
	Classes such as wood shop or metal shop	●
	Lab activities for photography or science classes	●
6.12	State education agency is a member of the state emergency planning committee	●
6.13	Requires districts or schools to have crisis preparedness, response, and recovery plans that include:	
	Establishment of an incident command system	○
	Evacuation plans	○
	Exterior control of building and grounds	○
	Family reunification procedures	○
	Lock down plans	○
	Mechanisms for communicating the plan to students' families	○
	Mechanisms for communicating with school personnel	○
	Plans to resume normal activities	○
	Provision of mental health services	○
	Provisions for special needs students and staff	○
	Procedures for responding to media inquiries	○
	Requirements to conduct regular emergency drills	○
	Requirements to periodically review and revise plans	○
	Shelter-in-place plans	○
6.14	Provided model policies to districts or schools during the past two years on the following topics:	
	Alcohol-use prevention	●
	Bullying prevention	●
	Crisis preparedness, response, and recovery	●
	Drinking water quality	○
	Green building design	○
	Illegal drug-use prevention	●
	Indoor air quality	○
	Integrated pest management	○
	Positive school climate	●
	Tobacco-use prevention	●
	Violence prevention	●

6.15	Provided funding for staff development or offered staff development to districts or schools during the past two years on how to implement policies and programs related to the following topics:	
	Alcohol-use prevention	●
	Bullying prevention	●
	Crisis preparedness, response, and recovery	●
	Drinking water quality	●
	Green building design	●
	Illegal drug-use prevention	●
	Indoor air quality	●
	Integrated pest management	●
	Positive school climate	●
	Tobacco-use prevention	●
	Violence prevention	●

Faculty and Staff Health Promotion

7.1[1]	Has a state-level faculty and staff health promotion coordinator	○[2]
7.2	Requires districts or schools to provide funding for or offer the following health screenings to school faculty and staff:	
	Blood pressure	○
	Breast cancer	○
	Colorectal cancer	○
	Diabetes	○
	Height and weight or body mass	○
	Oral health	○
	Serum cholesterol	○
	Skin cancer	○
7.3	Requires districts or schools to provide funding for or offer the following health-related activities to school faculty and staff:	
	Asthma management education	○
	Conflict resolution education	○
	Counseling for emotional disorders	○
	CPR education	○
	Crisis intervention for personal problems	○
	Diabetes management education	○
	Emergency preparedness	○
	Nutrition education	○
	Physical activity and fitness counseling	○
	Pre- or post-natal education	○
	Stress management education	○
	Tobacco-use cessation	○
	Weight management	○
	Worksite safety education	●
7.4	Requires districts or schools to provide funding for or offer the following health-related services to school faculty and staff:	
	Identification of or referrals for abuse	○
	Immunizations	○
	Referrals for child or elder care	○
	Referrals for oral health problems	○
7.5	Requires districts or schools to provide funding for or offer the following programs for faculty and staff:	
	Employee Assistance Program (EAP)	●
	Health risk appraisals	○
	Physical activity programs	○
	Requires school physical activity facilities be made available for faculty and staff to use	○
7.6	Requires faculty and staff to receive the following health screenings prior to employment:	
	Physical health examinations	○[12]
	TB testing	●[12]
	Illegal drug-use screening	○[12]
	Requires faculty and staff to receive the following health screenings during employment:	
	Physical health examinations	○[12]
	TB testing	○[12]
	Illegal drug-use screening	○[12]

7.7	Offers or requires districts to offer the following types of health insurance coverage to faculty and staff:	
	Alcohol- or other drug-use treatment	●[13]
	Dental care	●[13]
	Immunizations	●[13]
	Mental health care	●[13]
	Preventive health care	●[13]
	Vision care	●[13]

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

For additional information on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

Footnotes

1 Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.

2 Unless otherwise indicated,

● Yes

○ No

? Incomplete Data

NA Not Applicable

3

● Requires

◒ Recommends or Encourages

○ Neither Requires, Recommends, nor Encourages

? Incomplete Data

4

- ● Prohibits
- ◒ Discourages
- ○ Neither Prohibits nor Discourages
- ? Incomplete Data

5 SCHIP is the State Children's Health Insurance Program.

6 WIC is the Special Supplemental Food Program for Women, Infants, and Children.

7

- ● Associate's Degree in Nursing
- ●● Undergraduate Degree in Nursing
- ○ Associate's Degree in Any Field
- ○○ Undergraduate Degree in Any Field
- NA Not Applicable
- ? Incomplete Data

8

- ● Undergraduate Degree in Specific Field
- ●● Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- ○ Undergraduate Degree in Any Field
- ○○ Master's Degree in Any Field
- ◒ Other Degree
- NA Not Applicable
- ? Incomplete Data

9

- ● Yes (For Breakfast, All Schools)
- ◒ Yes (For Breakfast, Some Categories of Schools)
- ○ No
- ? Incomplete Data

10 Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

11

- ● Both on School Property and at Off-Campus, School-Sponsored Events
- ◒ On School Property Only
- ○ Neither on School Property nor at Off-Campus, School-Sponsored Events

12

- ● Required of All Faculty and Staff
- ◒ Required of Some Faculty and Staff
- ○ Not Required on Any Faculty or Staff
- ? Incomplete Data

13

- ● State Offers Coverage
- ◒ State Requires Districts to Offer Coverage
- ○ State Neither Offers Coverage nor Requires Districts to Offer Coverage
- ? Incomplete Data