

# SHPPS 2006

## SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

## School Health Coordination

**About SHPPS:** SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Comprehensive results from SHPPS 2006 are published in the *Journal of School Health*, Volume 77, Number 8, October 2007.

### School Health Coordinators

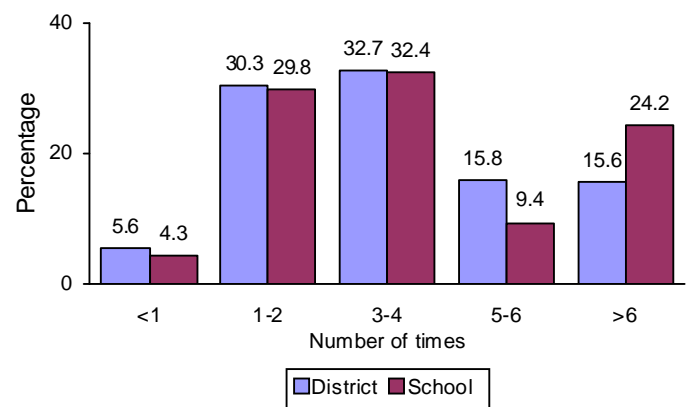
- 67.8% of districts had someone who oversees or coordinates school health (e.g., a school health coordinator). Among the district respondents who were the district's school health coordinator, only 20.7% had received any training in their role as a school health coordinator.
- Nationwide, 60.8% of schools had someone at the school to oversee or coordinate school health (e.g., a school health coordinator).

Component	States	Districts	Schools
Health education	94.1	70.3	67.8
Physical education	88.2	68.9	91.2
Health services	74.5	79.0	81.5
Mental health and social services	79.2	71.9	76.8
Nutrition services	94.0	88.1	93.6
Faculty and staff health promotion	24.0	44.4	35.1
Physical school environment	NA	95.8	93.9
NA = Question not asked.			

### School Health Councils

- 85.7% of states had a committee, council, or team of people formally charged with coordinating state-level school health activities.
- During the 2 years preceding the study, 85.7% of states provided funding for or offered to help districts or schools, and 50.5% of districts offered to help schools establish a school health council, defined as a group that offers guidance on the development of policies or coordinates activities on health topics.
- Nationwide, 72.9% of districts had 1 or more school health councils at the district level, and 39.5% of schools had one or more school health councils at the school level.

Percentage of Districts and Schools with a School Health Council That Met a Specified Number of Times, \* Among Districts and Schools with Councils



\* During the 12 months preceding the study.

## School Health Councils (continued)

<b>Percentage of Districts and Schools That Had 1 or More School Health Councils That Addressed School Health Program Components and Health Topics, Among Districts and Schools with Councils</b>		
<b>School Health Program Component</b>	<b>Districts</b>	<b>Schools</b>
Health education	93.3	89.5
Nutrition services	93.2	90.9
Physical education or physical activity	92.8	83.0
Health services	82.3	80.9
Faculty and staff health promotion	76.9	78.7
Physical school environment	76.0	74.6
Psychological and social environment or school climate	69.4	77.1
Family and community involvement in school health programs	74.7	72.1
Mental health or social services	71.1	70.6
<b>Health Topic</b>		
Alcohol-use or other drug-use prevention	86.1	80.0
Crisis preparedness, response, and recovery	84.3	74.8
Tobacco-use prevention	84.2	77.5
Violence prevention	80.6	72.6
Injury prevention and safety	75.6	76.4
Human immunodeficiency virus prevention*	66.1	64.0
Management of chronic health conditions (e.g., asthma or diabetes)	64.6	64.0
Other sexually transmitted disease prevention*	64.5	62.3
Pregnancy prevention*	59.4	61.4
* Only asked among districts that contained middle schools and high schools and among middle schools and high schools.		

<b>Percentage of Districts and Schools That Had 1 or More School Health Councils That Included Representatives from School and Community Groups, Among Districts and Schools with Councils</b>		
<b>School and Community Group</b>	<b>Districts</b>	<b>Schools</b>
District or school administrators	98.1	82.9
Physical education teachers	92.4	78.4
Health education teachers	92.0	73.3
Health services staff	89.1	76.2
Community members	88.7	60.0
Nutrition or food service staff	88.2	64.0
Students' families	76.3	55.0
Students	74.4	42.1
Mental health and social services staff	57.4	59.0
Local health care providers	50.5	34.0
Representatives from the local health department	50.0	30.3
Representatives from local social service agencies	39.9	30.2
Representatives from local health organizations (e.g., the local Red Cross Chapter)	26.1	19.3

Where can I get more information? Visit <http://www.cdc.gov/shpps> or call 800-CDC-INFO (800-232-4636).