

# Fact Sheet

## Alcohol and Other Drug Use Prevention

From CDC's School Health Policies and Programs Study (SHPPS) 2000

### About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the *Journal of School Health*, Volume 71, Number 7, September 2001.

### School Policy and Environment

- 92.0% of states and 99.2% of districts have a policy prohibiting alcohol use by students.
- 93.4% of elementary schools, 98.0% of middle/junior high schools, and 100% of senior high schools have policies prohibiting alcohol use by students.
- 100% of states and 99.2% of districts have a policy prohibiting illegal drug possession or use by students.
- 92.1% of elementary schools, 97.0% of middle/junior high schools, and 100% of senior high schools have policies prohibiting illegal drug possession or use by students.

- During the two years preceding the study, 72.0% of states and 64.9% of districts provided model alcohol use prevention policies to districts or schools, and 72.0% of states and 64.0% of districts provided model illegal drug use prevention policies.

### Health Services

- 22.0% of states and 64.2% of districts require that districts or schools provide one-on-one or small-group discussions on alcohol and other drug (AOD) use prevention to students when needed (not including classroom instruction).
- 8.2% of states and 46.2% of districts require that districts or schools provide AOD use treatment to students when needed.
- 43.9% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on AOD use prevention to students when needed, and 42.9% have arrangements to provide AOD use treatment.

**Percentage of Schools Providing One-on-One or Small-Group Discussions on AOD Use Prevention and Percentage of Schools Providing AOD Use Treatment, by Service Provider**

Service provider	AOD Use Prevention <sup>1</sup>			AOD Use Treatment		
	Elementary schools	Middle/junior high schools	Senior high schools	Elementary schools	Middle/junior high schools	Senior high schools
School health services staff <sup>2</sup>	45.6	44.4	54.9	N/A <sup>3</sup>	23.5	28.4
School mental health or social services staff <sup>2</sup>	74.0	76.6	80.7	N/A	55.5	62.3
Organizations or professionals outside the school	37.1	33.5	40.3	N/A	33.0	41.7

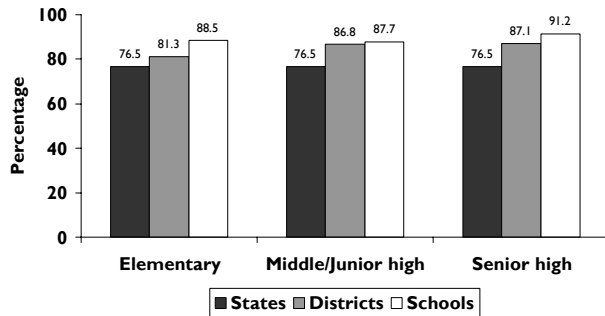
<sup>1</sup>Not including classroom instruction.

<sup>2</sup>As part of standard school health services.

<sup>3</sup>Data not available—question not asked at this level.

## Health Education

**Percentage of States, Districts, and Schools Requiring AOD Use Prevention Education, by School Level**



**During the two years preceding the study:**

- 84.0% of states and 65.5% of districts provided funding for or offered staff development on AOD use prevention education to health education teachers.
- 24.6% of elementary school classes, 38.8% of required health education courses in middle/junior high schools, and 46.2% of required health education courses in senior high schools had a teacher who received staff development on AOD use prevention education.
- Among teachers of required health education, elementary school teachers who provided AOD use prevention education spent a median of 3 hours per school year teaching the topic, middle/junior high school teachers spent a median of 4 hours, and senior high school teachers spent a median of 6 hours.

**Percentage of Schools Teaching Topics and Skills Related to AOD Use Prevention in at Least One Required Class or Course, by Topic and Skill**

	All schools	Elementary schools	Middle/junior high schools	Senior high schools
<b>Topic</b>				
Long-term health consequences of alcohol use and addiction	93.3	90.1	97.0	97.6
Long-term health consequences of illegal drug use	88.9	85.7	90.9	96.2
Short-term health consequences of alcohol use	92.7	90.2	94.2	98.0
Short-term health consequences of illegal drug use	88.7	85.5	90.3	96.6
<b>Skill</b>				
Communication skills to avoid AOD use	90.3	90.6	90.3	89.6
Decision-making skills to avoid AOD use	93.5	92.3	94.8	95.3
Goal-setting skills to avoid AOD use	80.2	74.3	88.2	86.0
Resisting peer pressure to use AODs	93.9	92.4	95.2	96.4

**For additional information** on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 888-231-6405, <http://www.cdc.gov/shpps>.