



# HIV, Other STD, and Teen Pregnancy Prevention and

## North Carolina Students

### What is the problem?

The 2013 North Carolina Youth Risk Behavior Survey indicates that among high school students:

#### Sexual Risk Behaviors

- 47% ever had sexual intercourse.
- 7% had sexual intercourse for the first time before age 13 years.
- 15% had sexual intercourse with four or more persons during their life.
- 32% had sexual intercourse with at least one person during the 3 months before the survey.
- 39% did not use a condom during last sexual intercourse. (1)
- – did not use any method to prevent pregnancy during last sexual intercourse. (1)
- – were never taught in school about AIDS or HIV infection.

#### Alcohol and Other Drug Use

- 21% drank alcohol or used drugs before last sexual intercourse. (1)
- – used a needle to inject any illegal drug into their body one or more times during their life.

### What are the solutions?

Better health education • More comprehensive health services • More supportive policies • More family involvement

### What is the status?

The 2012 North Carolina School Health Profiles indicates that among high schools:

#### Health Education

- 17% required students to take 2 or more health education courses.
- 75% had a health education curriculum that addresses all 8 national standards for health education.
- 69% taught 9 key pregnancy, HIV, or other STD prevention topics in a required course.
- 39% taught 4 key topics related to condom use in a required course.
- 83% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 58% had a lead health education teacher who received professional development during the 2 years before the survey on HIV prevention.
- 49% had a lead health education teacher who received professional development during the 2 years before the survey on pregnancy prevention.

#### Health Services

- 33% had a full-time registered nurse who provides health services to students at school.

#### Supportive Policies

- 32% had a gay/straight alliance or similar club.
- 5% provided curricula or supplementary materials and engaged in 5 practices related to lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth.

#### Family Involvement

- 27% provided parents and families health information to increase parent and family knowledge of HIV prevention, STD prevention, or teen pregnancy prevention.

1. Among students who were currently sexually active.  
- Data not available.

Where can I get more information? Visit [www.cdc.gov/yrbss](http://www.cdc.gov/yrbss) or call 800-CDC-INFO (800-232-4636).

