



## **Health Services**

3.1 <sup>1</sup>	Has a state health services (HSV) coordinator	$ullet^2$
	Requires each district to have an HSV	0
	coordinator	Ŭ.
	Requires each school to have an HSV	0
	coordinator	-
3.2.1,	Requires districts or schools to provide the follow	wing health services when needed:
3.2.2,	Administration of fluoride rinses	0
and	Administration of medications	•
3.2.3	Administration of sports physicals	0
	Alcohol- or other drug-use treatment	0
	Application of dental sealants	0
	Assistance with accessing benefits for	
	students with disabilities	•
	Assistance with enrolling in Medicaid or	0
	SCHIP <sup>5</sup>	Ü
	Assistance with enrolling in WIC <sup>6</sup> or	0
	accessing food stamps or food banks	
	Cardiopulmonary resuscitation (CPR)	0
	Case management for students with	0
	chronic health conditions	-
	Case management for students with	0
	disabilities	
	Counseling for emotional or behavioral	0
	disorders	
	Crisis intervention for personal problems	0
	Eating disorders treatment	0
	First aid	0
	HIV counseling, testing, and referral	0
	Identification of emotional or behavioral	0
	disorders	
	Identification of or referral for physical,	•
	sexual, or emotional abuse	
	Identification of or referrals for oral health	0
	problems	
	Identification or school-based	0
	management of acute illnesses Identification or school-based	
		0
	management of chronic health conditions Identification or treatment of STDs	0
	Immunizations	•
	Instruction on self-management of chronic health conditions	0
	CHIOTIC HEART CONDITIONS	





3.2.1,	Prenatal care referrals	0	
3.2.2,	Referrals for after-school programs	0	
and	Referrals for child care for teen mothers		
3.2.3	Services for day Jeshian or hisayual		
(cont'd.)	students	0	
,	Stress management	0	
	Tobacco-use cessation	0	
	Tracking of students with chronic health		
	conditions	0	
	Weight management	0	
3.3	Requires districts or schools to provide the follow	wing prevention services:	
	Alcohol- or other drug-use prevention	0	
	HIV prevention	0	
	Injury prevention and safety counseling	0	
	Nutrition and dietary behavior counseling	0	
	Physical activity and fitness counseling	0	
	Pregnancy prevention	0	
	STD prevention	0	
	Suicide prevention	0	
	Tobacco-use prevention	0	
	Violence prevention	0	
3.4	Requires the following immunizations or vaccina	ations for entry into kinder	garten or first
	grade:	·	
	Chicken pox (varicella)	•	
	Diphtheria	•	
	Haemophilus influenzae type B	•	
	Hepatitis B	•	
	Influenza	0	
	Measles-containing	•	
	Polio	•	
	Tetanus	•	
	Requires the following immunizations or vaccina	ations for entry into middle	e school and high
	school:		
		Middle School	High School
	Chicken pox (varicella)	0	0
	Hepatitis A	0	0
	Hepatitis B	•	0
	Second measles-containing	•	•
	Tetanus booster	0	0
3.5	Requires the following documentation before sc	hool staff may administer	medication:
	Written information on possible side- effects	0	
	Written instructions from the physician	•	
	Written request from the parent or		
	guardian	•	
	gaaraian		



## **North Carolina**

3.6	Has adopted a policy related to who may		
0.0	administer medications to a student at school	•	
	Allows students to carry and self-administer the	following medications:	
	Epinephrine auto-injector		
	Insulin or other injected medications	•	
	Other prescribed medications	0	
	Over-the-counter medications	0	
	Prescription quick-relief inhaler	•	
3.7	Requires supplies for applying standard or university	ersal precautions be available in the following	
0.7	locations:		
	In all classrooms	0	
	In the gymnasium, on playgrounds, or on	_	
	playing fields	O	
	On school buses or in other vehicles		
	used to transport students	0	
3.8	Requires schools to allow students with HIV infe	ection or acquired immunodeficiency	
	syndrome (AIDS) to engage in the following acti		
	Attend classes	0	
	Participate in school sports	0	
	Participate in any other school activities	0	
	Requires schools to allow teachers and staff		
	with HIV infection or AIDS to work as long as	0	
	they are able		
3.9	Requires schools to:		
	Complete injury reports	0	
	Complete illness reports	0	
	Report notifiable diseases to the state or		
	local health department	•	
3.10	Requires districts or schools to screen students	for the following health problems:	
	Hearing problems	0	
	Height and weight or body mass	0	
	problems	Ŭ	
	Oral health problems	0	
	Scoliosis	0	
	Vision problems	0	
3.11	Specifies a maximum student-to-school nurse	0	
	ratio	Ŭ	
	Requires at least one full-time school nurse	0	
	per school	Ŭ	
3.12	Requires school nurse participation in		
	Individualized Education Programs (IEPs)	•	
	when indicated		
	Requires school nurse participation in	•	
	Individualized Health Plans (IHPs)		
	Requires school nurse participation in 504	0	
	plans when indicated	_	





3.13	Has schools that serve as Medicaid providers	
	by providing health services to students	0
	Has school-based health centers (SBHCs)	
	that serve as Medicaid providers by providing	•
	health services to students	
3.14	Requires minimum education level for newly	7
	hired school nurses	•
3.15	Requires newly hired school nurses to have the	following licenses and certifications:
	LPN license	0
	RN license	•
	National certification from the National	0
	Board for Certification of School Nurses	Ŭ
	State school nurse certification	0
3.16.1,	Provided funding for staff development or offere	
3.16.2,	the past two years on the following health service	ces topics:
and	Accessing benefits for students with	0
3.16.3	disabilities	
	Administration of fluoride rinses	0
	Administration of medications	•
	After-school programs	0
	Alcohol- or other drug-use treatment	•
	Application of dental sealants	0
	Case management for students with	•
	chronic health conditions	-
	Case management for students with	0
	disabilities	
	Child care options for teen mothers	0
	Counseling for emotional or behavioral	0
	disorders	
	CPR	0
	Crisis intervention for personal problems	0
	Eating disorders treatment	•
	Emergency preparedness	•
	Enrollment in WIC or accessing food stamps or food banks	0
	Enrollment in Medicaid or SCHIP	
	Federal laws that protect the privacy of	
	student health information	•
	First aid	
	Foodborne illness outbreak detection and	
	response	•
	HIV counseling, testing, and referral	•
	Identification of emotional or behavioral	
	disorders	0
	Identification of or referral for physical,	_
	sexual, or emotional abuse	•
	Identification or school-based	_
	management of acute illnesses	•
	Identification or school-based	_
	management of chronic illnesses	•





3.16.1,	Identification or treatment of STDs	0	
3.16.1,	Immunizations		
and	Infectious disease prevention	•	
3.16.3	Oral health problems	0	
(cont'd.)	Prenatal care referrals	0	
(Cont a.)		U	
	Services for gay, lesbian, or bisexual	0	
	students		
	Sports physicals	0	
	Stress management	0	
	Teaching self-management of chronic	•	
	health conditions		
	Tobacco-use cessation	•	
	Tracking of students with chronic health	•	
	conditions	-	
	Weight management	•	
3.17	Provided funding for staff development or offere		
	the past two years on the following prevention s	ervices topics:	
	Alcohol- or other drug-use prevention	•	
	HIV prevention	•	
	Injury prevention and safety counseling	•	
	Nutrition and dietary behavior counseling	•	
	Physical activity and fitness counseling	•	
	Pregnancy prevention	•	
	STD prevention	•	
	Suicide prevention	•	
	Tobacco-use prevention	•	
	Violence prevention	•	
3.18	Provided funding for staff development or offere	ed staff development to teachers or other	
	school staff during the past two years on the fol		
	HIV infection or AIDS	•	
	Severe food or other allergies	•	
	Chronic health conditions	0	
	Infectious disease prevention	0	
3.19	Provides model policies to districts or schools on the following health topics:		
0.10	HIV infection or AIDS	0	
	Severe food or other allergies	•	
	Chronic health conditions	•	
	Infectious disease prevention	•	
	inicotious discuse prevention	•	

## **Footnotes**

1	Numbers refer to tables in <i>State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006</i> , which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.
2	Unless otherwise indicated,
	• Yes
	O No
	? Incomplete Data
	NA Not Applicable
3	<ul><li>Requires</li></ul>
	O Neither Requires, Recommends, nor Encourages
	? Incomplete Data
4	<ul><li>Prohibits</li></ul>
	O Neither Prohibits nor Discourages
	? Incomplete Data
5	SCHIP is the State Children's Health Insurance Program.
6	WIC is the Special Supplemental Food Program for Women, Infants, and Children.
7	Associate's Degree in Nursing
	●● Undergraduate Degree in Nursing
	O Associate's Degree in Any Field
	OO Undergraduate Degree in Any Field
	NA Not Applicable

Incomplete Data

8	•	Undergraduate Degree in Specific Field	
	••	Master's Degree in Specific Field	
	•••	Doctoral Degree in Specific Field	
	0	Undergraduate Degree in Any Field	
	00	Master's Degree in Any Field	
	•	Other Degree	
	NA	Not Applicable	
	?	Incomplete Data	
9	• Ye	s (For Breakfast, All Schools)	
	Yes	s (For Breakfast, Some Categories of Schools)	
	O No		
	? Inc	complete Data	
10	calorie	unk foods are defined as foods or beverages that have low nutrient density, that is, they provide alories primarily through fats or added sugars and have minimal amounts of vitamins and inerals.	
11	<ul><li>Bo</li></ul>	th on School Property and at Off-Campus, School-Sponsored Events	
	On	School Property Only	
	O Ne	either on School Property nor at Off-Campus, School-Sponsored Events	
12	• Re	quired of All Faculty and Staff	
	Re	quired of Some Faculty and Staff	
	O No	ot Required on Any Faculty or Staff	
	? Inc	complete Data	
13	• Sta	ate Offers Coverage	
	Star	ate Requires Districts to Offer Coverage	
	O St	ate Neither Offers Coverage nor Requires Districts to Offer Coverage	
	? Inc	complete Data	

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.