

School Health Program Report Card

Health Education

| 1.1 ¹ | Has a state health education (HED) | | _2 | |
|------------------|--|------------|-------------|---------|
| | coordinator | | • | |
| | Requires each district to have an HED | | • | |
| | coordinator | | • | |
| | Requires each school to have an HED | | 0 | |
| | coordinator | | O | |
| 1.2 | Requires or encourages districts or schools to | | | |
| | follow national or state HED standards or | | \bullet^3 | |
| | guidelines | | | |
| 1.3.1, | Has HED standards or guidelines based on | | • | |
| 1.3.2, | the National Health Education Standards | | | |
| and | Addresses the following topics in goals and object | | | |
| 1.3.3 | | Elementary | Middle | High |
| | | Schools | Schools | Schools |
| | Accessing valid health information and | 0 | • | |
| | health-promoting products and services | Ŭ | | • |
| | Advocating for personal, family, and | 0 | • | • |
| | community health | Ü | | |
| | Analyzing influence of culture, media, | 0 | • | • |
| | and technology on health | Ü | | |
| | Comprehending concepts related to | • | • | • |
| | health promotion and disease prevention | _ | | _ |
| | Practicing health-enhancing behaviors | • | • | • |
| | and reducing health risks | | | |
| | Using goal-setting and decision-making | • | • | • |
| | skills | | | |
| 4.4 | Using interpersonal communication skills | • | • | • |
| 1.4, | Requires schools to teach: | | | 1 10 1 |
| 1.5, | | Elementary | Middle | High |
| and | | Schools | Schools | Schools |
| 1.6 | Alcohol- or other drug-use prevention | • | | • |
| | Asthma awareness | 0 | 0 | 0 |
| | Emotional and mental health | 0 | 0 | • |
| | Foodborne illness prevention | • | • | • |
| | Human immunodeficiency virus (HIV) | • | • | • |
| | prevention | | | |
| | Human sexuality | • | • | 0 |
| | Injury prevention and safety | • | • | • |
| | Nutrition and dietary behavior | • | • | • |
| | Other sexually transmitted disease (STD) | • | • | • |
| | prevention | | | |
| | Physical activity and fitness | • | • | • |
| | Pregnancy prevention | | | • |
| | Suicide prevention | • | • | • |
| | Tobacco-use prevention | • | | • |
| | Violence prevention | • | • | • |





| | | Elementary Schools | Middle Schools | High Schools |
|------|--|-----------------------|-------------------|-----------------|
| 1.7 | Requires that students will be tested on health topics | 0 | 0 | 0 |
| 1.8 | Requires or recommends that districts or schools use one particular curriculum for HED | \bigcirc^3 | \bigcirc^3 | \bigcirc^3 |
| 1.9 | Provided the following information or materials | for HED during | the past two ye | ears: |
| | | Elementary | Middle | High |
| | | Schools | Schools | Schools |
| | Chart describing scope and sequence of instruction | • | • | • |
| | Curriculum | 0 | 0 | 0 |
| | Lesson plans or learning activities | • | • | • |
| | List of recommended curricula | • | • | • |
| | List of recommended textbooks | • | • | • |
| | Plans for how to assess or evaluate | | 0 | |
| | students | 0 | 0 | 0 |
| 1.10 | Has specified time requirements for HED | 0 | • | • |
| 1.11 | Requires newly hired HED teachers to have | 0 | | |
| | undergraduate or graduate training in HED | 0 | • | _ |
| 1.12 | Requires newly hired HED teachers to be | 0 | | |
| | certified, licensed, or endorsed by the state | | • | • |
| 1.13 | Offers the following types of certification, licensu | ure, or endorse | ment for HED t | eachers: |
| | Combined HED and physical education | | • | |
| | (PE) for grades K-12 | | | |
| | Combined HED and PE for elementary | | 0 | |
| | school | | | |
| | Combined HED and PE for middle school | | • | |
| | Combined HED and PE for high school | | • | |
| | HED for grades K-12 | | 0 | |
| | HED for elementary school | | 0 | |
| | HED for middle school | | • | |
| | HED for high school | | • | |
| 1.14 | Provided funding for staff development or offere | | ment to HED to | eachers |
| | during the past two years on the following topics | S: | | |
| | Alcohol- or other drug-use prevention | | • | |
| | Asthma awareness | | 0 | |
| | Emotional and mental health | | 0 | |
| | Foodborne illness prevention | | • | |
| | HIV prevention | | • | |
| | Human sexuality | | • | |
| | Injury prevention and safety | | • | |
| | Nutrition and dietary behavior | | • | |
| | Other STD prevention | | • | |
| | Physical activity and fitness | | • | |
| | Pregnancy prevention | | • | |
| | Suicide prevention | | • | |
| | Tobacco-use prevention | | • | |
| | Violence prevention | | • | |



| 1.15 | Provided funding for staff development or offered staff during the past two years on the following teaching me | |
|------|--|---|
| | Assessing or evaluating students | 0 |
| | Encouraging family or community involvement | • |
| | Teaching skills for behavior change | • |
| | Teaching students of various cultural backgrounds | • |
| | Teaching students with limited English proficiency | • |
| | Teaching students with disabilities | • |
| | Using classroom management techniques | • |
| | Using interactive teaching methods | • |



Physical Education and Activity

| 2.1 ¹ | Has a state PE coordinator | | $ullet^2$ | |
|------------------|---|-----------------------|---------------------|-----------------------|
| | Requires each district to have a PE | | 0 | |
| | coordinator | | | |
| | Requires each school to have a PE | | 0 | |
| 2.0 | coordinator Requires or encourages districts or schools | | | |
| 2.2 | to follow national or state PE standards or | | _3 | |
| | guidelines | | _ | |
| 2.3.1, | Has PE standards or guidelines based on the | | | |
| 2.3.2, | National Standards for Physical Education | | • | |
| and | Addresses the following topics in goals and obj | ectives: | | |
| 2.3.3 | | Elementary Schools | Middle Schools | High Schools |
| | Achievement and maintenance of | | | |
| | health-enhancing level of physical | • | • | • |
| | fitness Competence in motor skills and | | | |
| | movement patterns to perform variety of | • | • | • |
| | physical activities | | | • |
| | Regular participation in physical activity | • | • | • |
| | Responsible personal and social | | | |
| | behavior that respects self and others in | • | • | • |
| | physical activity settings | | | |
| | Understanding of movement concepts, | • | • | • |
| | principles, strategies, and tactics Value for physical activity for health, | | | |
| | enjoyment, challenge, self-expression, | • | • | • |
| | and/or social interaction | _ | - | _ |
| 2.4 | Requires that schools will teach PE | 0 | • | • |
| 2.5 | Requires or recommends that schools give the | following types | of tests: | |
| | | Elementary Schools | Middle Schools | High Schools |
| | Written tests of knowledge | \bigcirc^3 | \mathbf{e}^3 | → ³ |
| | Skill performance tests | \bigcirc^3 | $\mathbf{\Theta}^3$ | $\mathbf{\Theta}^3$ |
| | Fitness level tests | \bigcirc^3 | $\mathbf{\Theta}^3$ | $\mathbf{\Theta}^3$ |
| 2.6 | Requires or recommends that districts or schools use one particular curriculum for PE | \bigcirc^3 | \bigcirc^3 | \bigcirc^3 |
| 2.7 | Provided the following information or materials | | | |
| | | Elementary | Middle | High |
| | Chart describing seems and seguence of | Schools | Schools | Schools |
| | Chart describing scope and sequence of instruction | • | • | • |
| | Curriculum | 0 | 0 | 0 |
| | Lesson plans or learning activities | • | • | • |
| | List of recommended curricula | • | • | • |
| | Plans for how to assess or evaluate students | • | • | • |
| 2.8 | Specifies a maximum student-to-teacher ratio for PE classes | 0 | 0 | 0 |

| | | Elementary Schools | Middle Schools | High Schools |
|------|--|-----------------------|-------------------|-----------------|
| 2.9 | Has specified time requirements for PE | 0 | • | • |
| 2.10 | Requires newly hired PE teachers to have | | | |
| | undergraduate or graduate training in PE or | 0 | • | • |
| | a related field | | | |
| 2.11 | Requires newly hired PE teachers to be | NA | • | • |
| | certified, licensed, or endorsed by the state | | | |
| 2.12 | Offers the following types of certification, licen | sure, or endorsei | ment for PE tea | chers: |
| | Combined PE and HED for grades K-12 | | • | |
| | Combined PE and HED for elementary | | 0 | |
| | school | | | |
| | Combined PE and HED for middle school | | • | |
| | Combined PE and HED for high school | | • | |
| | PE for grades K-12 | | • | |
| | PE for elementary school | | 0 | |
| | PE for middle school | | • | |
| | PE for high school | | • | |
| 2.13 | Provided funding for staff development or offe | red staff develop | ment to PE tead | chers during |
| | the past two years on the following topics: | | | |
| | Administering or using fitness tests | | • | |
| | Assessing or evaluating student | | | |
| | performance | | | |
| | Developing and using student portfolios | | • | |
| | Developing individualized physical | | | |
| | activity plans | | | |
| | Encouraging family involvement in | | • | |
| | physical activity | | | |
| | Injury prevention and first aid | | • | |
| | Methods for inclusion and participation of | | 0 | |
| | overweight children | | | |
| | Methods to increase amount of class | | • | |
| | time students are active | | | |
| | Methods to promote gender equity | | • | |
| | Recognizing and responding to chronic | | 0 | |
| | health conditions | | | |
| | Teaching individual or paired activities or | | • | |
| | sports | | | |
| | Teaching movement skills and concepts | | • | |
| | Teaching students with long-term | | • | |
| | disabilities | | | |
| | Teaching team or group activities or | | • | |
| | sports | | | |
| | Using physical activity monitoring | | • | |
| | devices | | | |
| | Using technology for PE | | 0 | |
| 2.14 | Requires or recommends that elementary | | $\mathbf{\Phi}^3$ | |
| | schools provide regularly scheduled recess | | | |



| 2.15 | Prohibits or actively discourages schools from | the following: |
|------|--|----------------------------|
| | Using physical activity as punishment for bad behavior in PE | • ⁴ |
| | Using physical activity as punishment for poor performance or bad behavior in sports | $oldsymbol{\Theta}^4$ |
| | Excluding students from PE as punishment for bad behavior in another class | \bigcirc^4 |
| | Excluding students from recess as punishment for bad behavior | O ⁴ |
| 2.16 | Requires student use of protective gear during | the following activities: |
| | Physical education | • |
| | Intramural activities or physical activity | |
| | clubs | • |
| | Interscholastic sports | • |
| 2.17 | Provided funding for staff development or offe | |
| | sports coaches during the past two years through | ugh the following sources: |
| | State education agency | Ö |
| | Any other state-level organization or | |
| | agency | • |



Health Services

| 3.1 ¹ | Has a state health services (HSV) coordinator | \bigcirc^2 |
|------------------|---|-----------------------------------|
| | Requires each district to have an HSV | |
| | coordinator | • |
| | Requires each school to have an HSV | |
| | coordinator | • |
| 3.2.1, | Requires districts or schools to provide the follow | wing health services when needed: |
| 3.2.2, | Administration of fluoride rinses | 0 |
| and | Administration of medications | • |
| 3.2.3 | Administration of sports physicals | 0 |
| | Alcohol- or other drug-use treatment | 0 |
| | Application of dental sealants | 0 |
| | Assistance with accessing benefits for | |
| | students with disabilities | • |
| | Assistance with enrolling in Medicaid or SCHIP ⁵ | • |
| | Assistance with enrolling in WIC ⁶ or | |
| | accessing food stamps or food banks | 0 |
| | Cardiopulmonary resuscitation (CPR) | • |
| | Case management for students with | |
| | chronic health conditions | • |
| | Case management for students with | _ |
| | disabilities | • |
| | Counseling for emotional or behavioral | |
| | disorders | • |
| | Crisis intervention for personal problems | • |
| | Eating disorders treatment | 0 |
| | First aid | • |
| | HIV counseling, testing, and referral | 0 |
| | Identification of emotional or behavioral | |
| | disorders | • |
| | Identification of or referral for physical, | |
| | sexual, or emotional abuse | |
| | Identification of or referrals for oral health | |
| | problems | • |
| | Identification or school-based | • |
| | management of acute illnesses | • |
| | Identification or school-based | • |
| | management of chronic health conditions | • |
| | Identification or treatment of STDs | 0 |
| | Immunizations | • |
| | Instruction on self-management of | • |
| | chronic health conditions | |



| 3.2.1, | Prenatal care referrals | • | |
|-----------|---|-----------------------------|-------------------|
| 3.2.2, | Referrals for after-school programs | • | |
| and | Referrals for child care for teen mothers | 0 | |
| 3.2.3 | Services for gay, lesbian, or bisexual | | |
| (cont'd.) | students | 0 | |
| , | Stress management | • | |
| | Tobacco-use cessation | • | |
| | Tracking of students with chronic health | | |
| | conditions | • | |
| | Weight management | 0 | |
| 3.3 | Requires districts or schools to provide the follow | wing prevention services | • • |
| | Alcohol- or other drug-use prevention | • | |
| | HIV prevention | • | |
| | Injury prevention and safety counseling | • | |
| | Nutrition and dietary behavior counseling | 0 | |
| | Physical activity and fitness counseling | 0 | |
| | Pregnancy prevention | • | |
| | STD prevention | • | |
| | Suicide prevention | • | |
| | Tobacco-use prevention | • | |
| | Violence prevention | • | |
| 3.4 | Requires the following immunizations or vaccina | ations for entry into kinde | rgarten or first |
| | grade: | • | ŭ |
| | Chicken pox (varicella) | • | |
| | Diphtheria | • | |
| | Haemophilus influenzae type B | 0 | |
| | Hepatitis B | • | |
| | Influenza | 0 | |
| | Measles-containing | • | |
| | Polio | • | |
| | Tetanus | • | |
| | Requires the following immunizations or vaccina | ations for entry into middl | e school and high |
| | school: | • | |
| | | Middle School | High School |
| | Chicken pox (varicella) | 0 | 0 |
| | Hepatitis A | 0 | 0 |
| | Hepatitis B | 0 | 0 |
| | Second measles-containing | 0 | 0 |
| | Tetanus booster | 0 | 0 |
| 3.5 | Requires the following documentation before sc | hool staff may administe | r medication: |
| | Written information on possible side- | • | |
| | effects | | |
| | Written instructions from the physician | • | |
| | Written request from the parent or | _ | |
| | guardian | • | |
| | guardian | | |



| | T | T |
|------|---|---|
| 3.6 | Has adopted a policy related to who may | • |
| | administer medications to a student at school | |
| | Allows students to carry and self-administer the | following medications: |
| | Epinephrine auto-injector | • |
| | Insulin or other injected medications | • |
| | Other prescribed medications | 0 |
| | Over-the-counter medications | 0 |
| | Prescription quick-relief inhaler | • |
| 3.7 | Requires supplies for applying standard or univ | ersal precautions be available in the following |
| | locations: | |
| | In all classrooms | • |
| | In the gymnasium, on playgrounds, or on | |
| | playing fields | • |
| | On school buses or in other vehicles | |
| | used to transport students | • |
| 3.8 | Requires schools to allow students with HIV infe | ection or acquired immunodeficiency |
| | syndrome (AIDS) to engage in the following act | |
| | Attend classes | • |
| | Participate in school sports | • |
| | Participate in any other school activities | • |
| | Requires schools to allow teachers and staff | |
| | with HIV infection or AIDS to work as long as | • |
| | they are able | |
| 3.9 | Requires schools to: | |
| 0.0 | Complete injury reports | • |
| | Complete illness reports | • |
| | Report notifiable diseases to the state or | |
| | local health department | • |
| 3.10 | Requires districts or schools to screen students | for the following health problems: |
| 5.10 | Hearing problems | • • • • • • • • • • • • • • • • • • • |
| | Height and weight or body mass | |
| | problems | • |
| | Oral health problems | 0 |
| | Scoliosis | |
| | Vision problems | |
| 3.11 | | • |
| 3.11 | Specifies a maximum student-to-school nurse ratio | 0 |
| | Requires at least one full-time school nurse | 0 |
| | per school | 0 |
| 3.12 | Requires school nurse participation in | |
| | Individualized Education Programs (IEPs) | • |
| | when indicated | |
| | Requires school nurse participation in | |
| | Individualized Health Plans (IHPs) | • |
| | Requires school nurse participation in 504 | |
| | plans when indicated | • |
| | 1 • | |



| 3.13 | Has schools that serve as Medicaid providers | |
|---------|--|--|
| 0.10 | by providing health services to students | • |
| | Has school-based health centers (SBHCs) | |
| | that serve as Medicaid providers by providing | |
| | health services to students | |
| 3.14 | Requires minimum education level for newly | 7 |
| 3.14 | hired school nurses | •• ⁷ |
| 3.15 | Requires newly hired school nurses to have the | following licenses and certifications: |
| 0.10 | LPN license | |
| | RN license | • |
| | National certification from the National | |
| | Board for Certification of School Nurses | 0 |
| | State school nurse certification | |
| 3.16.1, | Provided funding for staff development or offere | nd staff development to school nurses during |
| 3.16.2, | the past two years on the following health service | |
| and | Accessing benefits for students with | |
| 3.16.3 | disabilities | • |
| 011010 | Administration of fluoride rinses | 0 |
| | Administration of medications | • |
| | After-school programs | • |
| | Alcohol- or other drug-use treatment | 0 |
| | Application of dental sealants | 0 |
| | Case management for students with | 0 |
| | chronic health conditions | • |
| | Case management for students with | |
| | disabilities | 0 |
| | Child care options for teen mothers | 0 |
| | Counseling for emotional or behavioral | Ů. |
| | disorders | • |
| | CPR | • |
| | Crisis intervention for personal problems | ? |
| | Eating disorders treatment | 0 |
| | Emergency preparedness | • |
| | Enrollment in WIC or accessing food | |
| | stamps or food banks | • |
| | Enrollment in Medicaid or SCHIP | 0 |
| | Federal laws that protect the privacy of | _ |
| | student health information | • |
| | First aid | • |
| | Foodborne illness outbreak detection and | _ |
| | response | • |
| | HIV counseling, testing, and referral | • |
| | Identification of emotional or behavioral | |
| | disorders | 0 |
| | Identification of or referral for physical, | |
| | sexual, or emotional abuse | • |
| | Identification or school-based | |
| | management of acute illnesses | • |
| | Identification or school-based | |
| | management of chronic illnesses | • |
| | 1 | <u> </u> |



| 3.16.1, | Identification or treatment of STDs | • |
|-----------|---|---|
| 3.16.2, | Immunizations | • |
| and | Infectious disease prevention | 0 |
| 3.16.3 | Oral health problems | • |
| (cont'd.) | Prenatal care referrals | 0 |
| | Services for gay, lesbian, or bisexual | |
| | students | 0 |
| | Sports physicals | 0 |
| | Stress management | • |
| | Teaching self-management of chronic health conditions | 0 |
| | Tobacco-use cessation | 0 |
| | Tracking of students with chronic health | |
| | conditions | 0 |
| | Weight management | 0 |
| 3.17 | Provided funding for staff development or offere | d staff development to school nurses during |
| | the past two years on the following prevention s | |
| | Alcohol- or other drug-use prevention | 0 |
| | HIV prevention | • |
| | Injury prevention and safety counseling | 0 |
| | Nutrition and dietary behavior counseling | 0 |
| | Physical activity and fitness counseling | 0 |
| | Pregnancy prevention | • |
| | STD prevention | • |
| | Suicide prevention | 0 |
| | Tobacco-use prevention | 0 |
| | Violence prevention | 0 |
| 3.18 | Provided funding for staff development or offere | |
| | school staff during the past two years on the foll | owing health topics: |
| | HIV infection or AIDS | • |
| | Severe food or other allergies | 0 |
| | Chronic health conditions | 0 |
| | Infectious disease prevention | 0 |
| 3.19 | Provides model policies to districts or schools or | n the following health topics: |
| | HIV infection or AIDS | 0 |
| | Severe food or other allergies | 0 |
| | Chronic health conditions | 0 |
| | Infectious disease prevention | 0 |



Mental Health and Social Services

| 4.1 ¹ | Has a state mental health and social services (MHSS) coordinator | \bigcirc^2 |
|------------------|--|---|
| | Requires each district to have an MHSS coordinator | 0 |
| | Requires each school to have an MHSS coordinator | 0 |
| 4.2 | Requires MHSS staff participation in IEPs when indicated | • |
| | Requires MHSS staff participation in IHPs when indicated | • |
| | Requires MHSS staff participation in 504 plans when indicated | • |
| 4.3 | Has schools that serve as Medicaid providers by providing mental health or social services | 0 |
| 4.4 | Has SBHCs that serve as Medicaid providers by providing mental health or social services | • |
| 4.4 | Requires a minimum education level for newly hired school counselors Requires a minimum education level for | ••8 |
| | newly hired school psychologists Requires a minimum education level for | ••8 |
| 4.5 | newly hired school social workers Requires newly hired school counselors to be | ••8 |
| 4.5 | certified by a state agency or board Requires newly hired school psychologists to | • |
| | be certified by a state agency or board Requires newly hired school social workers to | • |
| 4.6.1 | be certified by a state agency or board Provided funding for staff development or offere | d staff development to mental health or |
| and 4.6.2 | social services staff during the past two years of services topics: | |
| | After-school programs | • |
| | Alcohol- or other drug-use treatment | • |
| | Child care options for teen mothers | • |
| | Counseling after a natural disaster or other emergency or crisis situation | • |
| | Counseling for emotional or behavioral disorders | • |
| | Crisis intervention for personal problems | • |
| | Eating disorders treatment | 0 |
| | Emergency preparedness | • |
| | Enrollment in Medicaid or SCHIP | 0 |
| | Enrollment in WIC or accessing food | • |
| | stamps or food banks | • |
| | HIV counseling, testing, and referral | • |
| | Identification of emotional or behavioral disorders | • |
| | Identification of or referral for physical, sexual, or emotional abuse | • |
| | Identification of or referral for students with family problems | • |



| 4.6.1 | Job readiness skills programs | | • | |
|-----------|---|-----------------------|------------------|-----------------|
| and | Services for gay, lesbian, or bisexual | | | |
| 4.6.2 | students | | 0 | |
| (cont'd.) | Stress management | | • | |
| | Tobacco-use cessation | | • | |
| | Ways to promote a positive school | | | |
| | climate | | • | |
| | Weight management | | 0 | |
| 4.7 | Provided funding for staff development or offere | d staff developm | nent to mental I | nealth or |
| | social services staff during the past two years o | | | |
| | Alcohol- or other drug-use prevention | | • | • |
| | HIV prevention | | • | |
| | Injury prevention and safety counseling | | • | |
| | Nutrition and dietary behavior counseling | | • | |
| | Physical activity and fitness counseling | | • | |
| | Pregnancy prevention | | • | |
| | STD prevention | | • | |
| | Suicide prevention | | • | |
| | Tobacco-use prevention | | • | |
| | Violence prevention | | • | |
| 4.8 | Provided funding for staff development or offere | d staff developm | nent to mental I | nealth or |
| | social services staff during the past two years o | | | |
| | Case management for students with | | _ | - |
| | chronic health conditions | | • | |
| | Case management for students with | | | |
| | emotional or behavioral problems | | • | |
| | Comprehensive assessment or intake | | | |
| | evaluation | | • | |
| | Family counseling | | • | |
| | Group counseling | | • | |
| | Individual counseling | | • | |
| | Peer counseling or mediation | | • | |
| | Self-help or support groups | | • | |
| | | Elementery | Middle | Lliah |
| | | Elementary Schools | Schools | High Schools |
| | | 3010015 | 30110015 | 30110015 |
| 4.9 | Requires schools to have at least one full- | | | |
| | time counselor in each school | | | |
| 4.10 | Requires student assistance programs | | 0 | |
| | Requires schools to create and maintain | | 0 | |
| | student support teams | | | |



Nutrition Services

| | 1 | |
|------------------|---|---|
| 5.1 ¹ | Has a state food service (FS) director | $ullet^2$ |
| | Requires each district to have an FS director | 0 |
| | Requires each school to have an FS manager | 0 |
| 5.2 | Requires schools to offer breakfast to | O ⁹ |
| | students | O |
| | Requires schools to offer lunch to students | 0 |
| 5.3 | Requires or recommends a minimum amount | |
| | of time students will be given to eat breakfast | $ullet^3$ |
| | once seated | |
| | Requires or recommends a minimum amount | 2 |
| | of time students will be given to eat lunch | •3 |
| | once seated | |
| 5.4 | Requires or recommends that schools: | |
| | Offer three or more different types of milk | \bigcirc^3 |
| | each day for breakfast | |
| | Offer three or more different types of milk | \bigcirc^3 |
| | each day for lunch | <u> </u> |
| | Offer two or more different fruits or types | \bigcirc^3 |
| | of 100% fruit juice each day for lunch | Ç |
| | Offer two or more different entrees or | $\mathbf{\Theta}^3$ |
| | main courses each day for lunch | • |
| | Offer two or more different non-fried | \bigcirc^3 |
| | vegetables each day for lunch | - 3 |
| | Restrict the availability of deep-fried foods | O ³ |
| 5.5 | Requires or recommends that schools make | - 3 |
| | fruits or vegetables available to students | \circ^3 |
| | whenever other food is offered or sold | |
| | Requires or recommends that schools make | \bigcirc^3 |
| | healthful beverages available to students | O |
| 5.6 | whenever other beverages are offered or sold | unk foods in the following school settings. |
| 5.6 | Requires or recommends that schools prohibit ju | l |
| | After-school or extended day programs | $\mathbf{\Theta}^3$ |
| | A la carte during breakfast or lunch | 3 |
| | periods | • |
| | Concession stands | \bigcirc^3 |
| | Meetings attended by students' family | \bigcirc^3 |
| | members | O |
| | School stores, canteens, or snack bars | ullet 3 |
| | Staff meetings | \circ^3 |
| | Student parties | \circ^3 |
| | Vending machines | • 3 |
| <u> </u> | | |



| 5.7 | Requires or recommends that schools: | | | |
|---------------|--|---------------------|----------------------|--------------|
| | Restrict times of day certain beverages | | 3 | |
| | can be sold in any venue | | $\mathbf{\Theta}^3$ | |
| | Restrict times of day junk foods 10 can be | | 3 | |
| | sold in any venue | | $\mathbf{\Theta}^3$ | |
| | Prohibit selling junk foods ¹⁰ for | | - 3 | |
| | fundraising | | $\mathbf{\Theta}^3$ | |
| | Prohibit advertising for candy, fast food | | 2 | |
| | restaurants, or soft drinks on school | | \bigcirc^3 | |
| | property | | | |
| | | Elementary | Middle | High |
| F 0 | Descrives as recommende that ask ask | Schools | Schools | Schools |
| 5.8 | Requires or recommends that schools | 3 | \bigcirc^3 | \bigcirc^3 |
| | prohibit some student access to vending machines | $\mathbf{\Theta}^3$ | 0 | O |
| 5.9 | Prohibits or discourages using food or food | | $oldsymbol{\circ}^4$ | |
| | coupons as a reward | | | |
| 5.10 | Offers certification, licensure, or endorsement | | 0 | |
| | for district FS directors | | | |
| | Offers certification, licensure, or endorsement | | 0 | |
| 5 4 4 4 | for school FS managers | -1 -4-44 -1 | | udaa atatt |
| 5.11.1 | Provided funding for staff development or offere | | nent to food ser | vice staff |
| and 5.11.2 | during the past two years on the following food sometitive food policies to create a | service topics. | | |
| 3.11.2 | healthy food environment | | • | |
| | Cultural diversity in meal planning | | • | |
| | Customer service | | • | |
| | Emergency preparedness | | • | |
| | Facility design and layout | | 0 | |
| | Financial management | | • | |
| | Food bio-security | | • | |
| | Food safety | | • | |
| | Food service for students with special | | | |
| | dietary needs | | • | |
| | Healthy food preparation methods | | • | |
| | Implementing the Dietary Guidelines for | | | |
| | Americans in school meals | | • | |
| | Increasing percentage of students | | • | |
| | participating in school meals | | | |
| | Making school meals more appealing | | • | |
| | Menu planning for healthy meals | | • | |
| | Personal safety for food service staff | | 0 | |
| | Personnel management | | 0 | |
| | Procedures for food-related emergencies | | 0 | |
| | Procedures for responding to food recalls | | • | |
| | Selecting and ordering food | | 0 | |
| | Using Hazard Analysis and Critical Control Points (HACCP) | | • | |
| | Using the cafeteria for nutrition education | | 0 | |



Healthy and Safe School Environment

| 1 | | |
|------------------|--|---------------------------------------|
| 6.1 ¹ | Has a group formally charged with | \bigcirc^2 |
| | coordinating state-level school health | 0- |
| | activities | |
| | Provided funding for or offered to help | |
| | establish a group that offers guidance on the development of policies or coordinates | |
| | activities on health topics during the past two | • |
| | years | |
| 6.2 | Prohibits weapon use by students on school | |
| 0.2 | property and at off-campus, school-sponsored | \circ^{11} |
| | events | O |
| | Prohibits physical fighting by students on | |
| | school property and at off-campus, school- | ● ¹¹ |
| | sponsored events | - |
| | Prohibits weapon possession by students on | |
| | school property and at off-campus, school- | $ullet^{11}$ |
| | sponsored events | |
| | Prohibits bullying by students on school | |
| | property and at off-campus, school-sponsored | \bigcirc^{11} |
| | events | |
| 6.3 | Requires districts or schools to report to the state | e on the number of times students are |
| | caught: | |
| | Fighting | • |
| | Possessing a handgun or other firearm | • |
| | Possessing any other weapon | • |
| | Using a handgun or other firearm | 0 |
| | Using any other weapon | 0 |
| 6.4 | Prohibits cigarette smoking by students | • |
| | Prohibits cigar or pipe smoking by students | 0 |
| | Prohibits smokeless tobacco use by students | 0 |
| | Prohibits cigarette smoking by faculty and | • |
| | staff during any school-related activity | - |
| | Prohibits cigar or pipe smoking by faculty and | 0 |
| | staff during any school-related activity | |
| | Prohibits smokeless tobacco use by faculty | 0 |
| | and staff during any school-related activity | |
| | | |
| | Prohibits cigarette smoking by school visitors | 0 |
| | Prohibits cigarette smoking by school visitors Prohibits cigar or pipe smoking by school | 0 |
| | Prohibits cigarette smoking by school visitors Prohibits cigar or pipe smoking by school visitors | |
| | Prohibits cigarette smoking by school visitors Prohibits cigar or pipe smoking by school | |

| 6.5 | Drahibita aigaratta amaking and amakalasa | |
|------|--|--|
| 6.5 | Prohibits cigarette smoking and smokeless | 0 |
| | tobacco use by students on campus Prohibits cigarette smoking and smokeless | |
| | | Ο |
| | tobacco use by students off campus Prohibits cigarette smoking and smokeless | |
| | | 0 |
| | tobacco use by faculty and staff on campus | |
| | Prohibits cigarette smoking and smokeless | 0 |
| | tobacco use by faculty and staff off campus | |
| | Prohibits cigarette smoking and smokeless | 0 |
| | tobacco use by school visitors on campus | |
| | Prohibits cigarette smoking and smokeless | 0 |
| | tobacco use by school visitors off campus | |
| | Prohibits all types of tobacco use in all | 0 |
| 0.0 | locations | a locations and ways. |
| 6.6 | Prohibits tobacco advertisements in the followin | |
| | In the school building | 0 |
| | On school grounds | 0 |
| | In school vehicles | 0 |
| | In school publications | 0 |
| | Through sponsorship of school events | 0 |
| | On apparel worn or merchandise carried | 0 |
| 0.7 | by students | and of the following rate and facilities and |
| 6.7 | Has adopted a policy on inspection or maintena | nce of the following school facilities and |
| | equipment: | |
| | Fire extinguishers | 0 |
| | Indoor athletic facilities and equipment | 0 |
| | Lighting inside school buildings | |
| | Lighting outside school buildings | 0 |
| | Other school areas, such as halls, stairs, | 0 |
| | and regular classrooms | |
| | Outdoor athletic facilities and equipment | 0 |
| | Playground facilities and equipment | • |
| | Smoke alarms | <u> </u> |
| | Special classroom areas, such as labs, | • |
| | workshops, and art rooms | |
| 0.0 | Sprinkler systems | |
| 6.8 | Requires districts and schools to conduct the following the second schools are second schools and second schools are second schools and second schools are second sch | |
| | Building foundation, walls, and roof | 0 |
| | Condensation | |
| | Drinking water outlets for lead | 0 |
| | Heating, ventilation, and air conditioning | 0 |
| | (HVAC) system | |
| | Mold | <u> </u> |
| | On-site large-capacity drinking water | 0 |
| | tanks | |
| | Pests | 0 |
| | Plumbing system | 0 |
| 6.9 | Requires Phase I environmental assessments | 0 |
| | Requires districts or schools to have an indoor | 0 |
| 0.40 | air quality management program | |
| 6.10 | Requires or recommends that districts or | \bigcirc^3 |
| | schools follow an integrated pest | O ^a |
| | management program | |



| 6.11 | Requires that students wear appropriate protective gear when engaged in the following: | | |
|------|--|---|--|
| | Classes such as wood shop or metal | | |
| | shop | • | |
| | Lab activities for photography or science | | |
| | classes | • | |
| 6.12 | State education agency is a member of the | | |
| | state emergency planning committee | | |
| 6.13 | Requires districts or schools to have crisis preparedness, response, and recovery plans that | | |
| | include: | | |
| | Establishment of an incident command | • | |
| | system | | |
| | Evacuation plans | • | |
| | Exterior control of building and grounds | • | |
| | Family reunification procedures | 0 | |
| | Lock down plans | • | |
| | Mechanisms for communicating the plan | • | |
| | to students' families | | |
| | Mechanisms for communicating with | • | |
| | school personnel | | |
| | Plans to resume normal activities | 0 | |
| | Provision of mental health services | | |
| | Provisions for special needs students and staff | 0 | |
| | Procedures for responding to media | _ | |
| | inquiries | • | |
| | Requirements to conduct regular | _ | |
| | emergency drills | • | |
| | Requirements to periodically review and | | |
| | revise plans | • | |
| | Shelter-in-place plans | • | |
| 6.14 | Provided model policies to districts or schools du | uring the past two years on the following | |
| | topics: | | |
| | Alcohol-use prevention | 0 | |
| | Bullying prevention | • | |
| | Crisis preparedness, response, and | | |
| | recovery | • | |
| | Drinking water quality | 0 | |
| | Green building design | 0 | |
| | Illegal drug-use prevention | 0 | |
| | Indoor air quality | 0 | |
| | Integrated pest management | 0 | |
| | Positive school climate | • | |
| | Tobacco-use prevention | 0 | |
| | Violence prevention | • | |



| 6.15 | Provided funding for staff development or offered staff during the past two years on how to implement policies topics: | |
|------|--|---|
| | Alcohol-use prevention | • |
| | Bullying prevention | • |
| | Crisis preparedness, response, and | • |
| | recovery | • |
| | Drinking water quality | 0 |
| | Green building design | 0 |
| | Illegal drug-use prevention | • |
| | Indoor air quality | 0 |
| | Integrated pest management | 0 |
| | Positive school climate | • |
| | Tobacco-use prevention | • |
| | Violence prevention | • |



Faculty and Staff Health Promotion

| 7.1 ¹ | Has a state-level faculty and staff health | 2 | |
|------------------|--|---|--|
| / | promotion coordinator | \circ^2 | |
| 7.2 | Requires districts or schools to provide funding | for or offer the following health screenings to | |
| | school faculty and staff: | g | |
| | Blood pressure | 0 | |
| | Breast cancer | 0 | |
| | Colorectal cancer | 0 | |
| | Diabetes | 0 | |
| | Height and weight or body mass | 0 | |
| | Oral health | 0 | |
| | Serum cholesterol | 0 | |
| | Skin cancer | 0 | |
| 7.3 | Requires districts or schools to provide funding | for or offer the following health-related | |
| | activities to school faculty and staff: | | |
| | Asthma management education | 0 | |
| | Conflict resolution education | 0 | |
| | Counseling for emotional disorders | 0 | |
| | CPR education | • | |
| | Crisis intervention for personal problems | 0 | |
| | Diabetes management education | 0 | |
| | Emergency preparedness | • | |
| | Nutrition education | 0 | |
| | Physical activity and fitness counseling | 0 | |
| | Pre- or post-natal education | 0 | |
| | Stress management education | 0 | |
| | Tobacco-use cessation | 0 | |
| | Weight management | 0 | |
| 7.4 | Worksite safety education | <u> </u> | |
| 7.4 | Requires districts or schools to provide funding for or offer the following health-related services to school faculty and staff: | | |
| | Identification of or referrals for abuse | 0 | |
| | Immunizations | 0 | |
| | Referrals for child or elder care | 0 | |
| | Referrals for oral health problems | 0 | |
| 7.5 | Requires districts or schools to provide funding | for or offer the following programs for faculty | |
| | and staff: | ier er ener alle renewing programe for faculty | |
| | Employee Assistance Program (EAP) | 0 | |
| | Health risk appraisals | 0 | |
| | Physical activity programs | 0 | |
| | Requires school physical activity facilities be | 0 | |
| | made available for faculty and staff to use | 9 | |
| 7.6 | Requires faculty and staff to receive the following | g health screenings prior to employment: | |
| | Physical health examinations | \odot^{12} | |
| | TB testing | \bigcirc^{12} | |
| | Illegal drug-use screening | ⊙ ¹² | |
| | Requires faculty and staff to receive the following | _ | |
| | Physical health examinations | | |
| | | \bigcirc ¹² | |
| | TB testing | | |
| | Illegal drug-use screening | ○ ¹² | |

| 7.7 | Offers or requires districts to offer the following types of health insurance coverage to faculty and staff: | | |
|-----|--|------------------------|--|
| | Alcohol- or other drug-use treatment | ⊖ ¹³ | |
| | Dental care | O ¹³ | |
| | Immunizations | \circ^{13} | |
| | Mental health care | \circ^{13} | |
| | Preventive health care | \circ^{13} | |
| | Vision care | \circ^{13} | |

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

For additional information on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

Footnotes

- Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.
- Unless otherwise indicated,
 - Yes
 - O No
 - ? Incomplete Data
 - NA Not Applicable
- Requires
 - Recommends or Encourages
 - O Neither Requires, Recommends, nor Encourages
 - ? Incomplete Data

O No

Incomplete Data

- Prohibits Discourages Neither Prohibits nor Discourages Incomplete Data 5 SCHIP is the State Children's Health Insurance Program. WIC is the Special Supplemental Food Program for Women, Infants, and Children. Associate's Degree in Nursing Undergraduate Degree in Nursing 0 Associate's Degree in Any Field 00 Undergraduate Degree in Any Field NA Not Applicable ? Incomplete Data 8 Undergraduate Degree in Specific Field Master's Degree in Specific Field Doctoral Degree in Specific Field 0 Undergraduate Degree in Any Field 00 Master's Degree in Any Field \odot Other Degree Not Applicable NA ? Incomplete Data Yes (For Breakfast, All Schools) Yes (For Breakfast, Some Categories of Schools)
- Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

- Both on School Property and at Off-Campus, School-Sponsored Events
 - On School Property Only
 - O Neither on School Property nor at Off-Campus, School-Sponsored Events
- Required of All Faculty and Staff

 - O Not Required on Any Faculty or Staff
 - ? Incomplete Data
- State Offers Coverage
 - State Requires Districts to Offer Coverage
 - O State Neither Offers Coverage nor Requires Districts to Offer Coverage
 - ? Incomplete Data