



## **School Health Program Report Card**

## **Health Education**

1						
1.1 <sup>1</sup>	Has a state health education (HED) coordinator		$\bullet^2$			
	Requires each district to have an HED		0			
	coordinator		0			
	Requires each school to have an HED		0			
	coordinator		U			
1.2	Requires or encourages districts or schools to		3			
	follow national or state HED standards or		$\bullet$			
1.3.1,	guidelines					
1.3.1,	Has HED standards or guidelines based on the National Health Education Standards	•				
and	Addresses the following topics in goals and obje	Lives.				
1.3.3		Elementary	Middle	High		
		Schools	Schools	Schools		
	Accessing valid health information and					
	health-promoting products and services	•	•	•		
	Advocating for personal, family, and					
	community health	•	•	•		
	Analyzing influence of culture, media,	•	•	•		
	and technology on health			_		
	Comprehending concepts related to	•	•	•		
	health promotion and disease prevention					
	Practicing health-enhancing behaviors and reducing health risks	•	•	•		
	Using goal-setting and decision-making		•	•		
	skills	•	•	•		
	Using interpersonal communication skills	•	•	•		
1.4,	Requires schools to teach:					
1.5,		Elementary	Middle	High		
and		Schools	Schools	Schools		
1.6	Alcohol- or other drug-use prevention	•	•	•		
	Asthma awareness	0	•	•		
	Emotional and mental health	0		•		
	Foodborne illness prevention Human immunodeficiency virus (HIV)	U	•	•		
	prevention	•	•	•		
	Human sexuality	•	•	•		
	Injury prevention and safety	•	•	•		
	Nutrition and dietary behavior		•	•		
	Other sexually transmitted disease (STD)	0		•		
	prevention	0	•	•		
	Physical activity and fitness	•	•	•		
	Pregnancy prevention	0	0	0		
	Suicide prevention	•	•	•		
	Tobacco-use prevention	•	•	•		
	Violence prevention	●	•			



Chart describing so instruction Curriculum Lesson plans or lea List of recommend List of recommend Plans for how to as students 1.10 Has specified time requ 1.11 Requires newly hired HI undergraduate or gradu 1.12 Requires newly hired HI certified, licensed, or en 1.13 Offers the following type Combined HED an (PE) for grades K- Combined HED an School Combined HED an Combined HED an Combined HED an HED for grades K- Combined HED an Combined HED an Combined HED an HED for grades K- HED for elementar HED for sta during the past two year Alcohol- or other di Asthma awareness Emotional and mer Foodborne illness p HIV prevention Human sexuality Injury prevention an Nutrition and dietar Other STD prevent		Elementary Schools	Middle Schools	High Schools		
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1.11       Requires newly hired HI         undergraduate or gradu         1.12       Requires newly hired HI         certified, licensed, or en         1.13       Offers the following type         Combined HED an         (PE) for grades K-1         Combined HED an         school         Combined HED an         HED for grades K-         HED for digrades K-         HED for niddle sch         HED for high school         1.14         Provided funding for sta         during the past two year         Alcohol- or other di         Asthma awareness         Emotional and mer         Foodborne illness p         HIV prevention         Human sexuality         Injury prevention an         Nutrition and dietar         Other STD prevent	uirements for HED	0	•	•		
1.12       Requires newly hired HI         certified, licensed, or en         1.13       Offers the following type         Combined HED an         (PE) for grades K-1         Combined HED an         school         Combined HED an         Combined HED an         School         Combined HED an         Combined HED an         School         Combined HED an         Combined HED an         Combined HED an         Combined HED an         HED for grades K-1         HED for digrades K-1         HED for niddle sch         HED for high school         1.14         Provided funding for stat         during the past two year         Alcohol- or other didrating the past two year         Alcohol- or other didrating the past two year         HIV prevention         HIV prevention         Human sexuality         Injury prevention and dietar         Other STD prevent	ED teachers to have	•	•	•		
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during the past two year Alcohol- or other dr Asthma awareness Emotional and mer Foodborne illness HIV prevention Human sexuality Injury prevention an Nutrition and dietar Other STD prevent		0				
Asthma awareness Emotional and mer Foodborne illness p HIV prevention Human sexuality Injury prevention an Nutrition and dietar Other STD prevent	Provided funding for staff development or offered staff development to HED teachers during the past two years on the following topics:					
Emotional and mer Foodborne illness y HIV prevention Human sexuality Injury prevention an Nutrition and dietar Other STD prevent		•				
Foodborne illness p HIV prevention Human sexuality Injury prevention an Nutrition and dietar Other STD prevent		0				
HIV prevention Human sexuality Injury prevention a Nutrition and dietar Other STD prevent		0				
Human sexuality Injury prevention an Nutrition and dietar Other STD prevent	prevention	•				
Injury prevention and Nutrition and dietar Other STD prevent		•				
Nutrition and dietar Other STD prevent		•				
Other STD prevent		•				
Physical activity an		0				
Pregnancy prevent						
Suicide prevention			0			
Violence preventio						





1.15	Provided funding for staff development or offered staff development to HED teacher during the past two years on the following teaching methods:		
	Assessing or evaluating students	•	
	Encouraging family or community involvement	•	
	Teaching skills for behavior change	•	
	Teaching students of various cultural backgrounds	•	
	Teaching students with limited English proficiency	•	
	Teaching students with disabilities	•	
	Using classroom management techniques	•	
	Using interactive teaching methods	•	

## Footnotes

- Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.
- <sup>2</sup> Unless otherwise indicated,
  - Yes

1

3

4

7

- O No
- ? Incomplete Data
- NA Not Applicable
- Requires
  - ➡ Recommends or Encourages
  - O Neither Requires, Recommends, nor Encourages
  - ? Incomplete Data
  - Prohibits
    - Discourages
    - O Neither Prohibits nor Discourages
    - ? Incomplete Data
- <sup>5</sup> SCHIP is the State Children's Health Insurance Program.
- <sup>6</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.
  - Associate's Degree in Nursing
  - •• Undergraduate Degree in Nursing
  - O Associate's Degree in Any Field
  - OO Undergraduate Degree in Any Field
  - NA Not Applicable
  - ? Incomplete Data

- Undergraduate Degree in Specific Field
- •• Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- O Undergraduate Degree in Any Field
- OO Master's Degree in Any Field
- Other Degree
- NA Not Applicable
- ? Incomplete Data
- Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - O No

8

9

13

- ? Incomplete Data
- <sup>10</sup> Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.
- <sup>11</sup> Both on School Property and at Off-Campus, School-Sponsored Events
  - On School Property Only
  - O Neither on School Property nor at Off-Campus, School-Sponsored Events
- <sup>12</sup> Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - O Not Required on Any Faculty or Staff
  - ? Incomplete Data
  - State Offers Coverage
    - State Requires Districts to Offer Coverage
    - O State Neither Offers Coverage nor Requires Districts to Offer Coverage
    - ? Incomplete Data

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.