

**Health Services**

|   |  |                |
|---|--|----------------|
| 3.1 <sup>1</sup>  | Has a state health services (HSV) coordinator  | ● <sup>2</sup> |
|   | Requires each district to have an HSV coordinator                                    | ●              |
|   | Requires each school to have an HSV coordinator                                      | ●              |
| 3.2.1,<br>3.2.2,<br>and<br>3.2.3                            | Requires districts or schools to provide the following health services when needed:  |                |
|   | Administration of fluoride rinses  | ●              |
|   | Administration of medications  | ●              |
|   | Administration of sports physicals   | ○              |
|   | Alcohol- or other drug-use treatment   | ●              |
|   | Application of dental sealants   | ●              |
|   | Assistance with accessing benefits for students with disabilities                    | ●              |
|   | Assistance with enrolling in Medicaid or SCHIP <sup>5</sup>                          | ●              |
|   | Assistance with enrolling in WIC <sup>6</sup> or accessing food stamps or food banks | ●              |
|   | Cardiopulmonary resuscitation (CPR)  | ●              |
|   | Case management for students with chronic health conditions                          | ●              |
|   | Case management for students with disabilities                                       | ●              |
|   | Counseling for emotional or behavioral disorders                                     | ●              |
|   | Crisis intervention for personal problems  | ○              |
|   | Eating disorders treatment   | ●              |
|   | First aid  | ●              |
|   | HIV counseling, testing, and referral  | ○              |
|   | Identification of emotional or behavioral disorders                                  | ●              |
|   | Identification of or referral for physical, sexual, or emotional abuse               | ●              |
|   | Identification of or referrals for oral health problems                              | ●              |
|   | Identification or school-based management of acute illnesses                         | ●              |
|   | Identification or school-based management of chronic health conditions               | ●              |
|   | Identification or treatment of STDs  | ○              |
| Immunizations   | ●  |                |
| Instruction on self-management of chronic health conditions | ○  |                |

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|---|--|---------------|-------------|
| 3.2.1,<br>3.2.2,<br>and<br>3.2.3<br>(cont'd.) | Prenatal care referrals  | ●             |             |
|   | Referrals for after-school programs  | ●             |             |
|   | Referrals for child care for teen mothers  | ●             |             |
|   | Services for gay, lesbian, or bisexual students  | ○             |             |
|   | Stress management  | ○             |             |
|   | Tobacco-use cessation  | ●             |             |
|   | Tracking of students with chronic health conditions  | ●             |             |
|   | Weight management  | ○             |             |
| 3.3   | Requires districts or schools to provide the following prevention services:                        |               |             |
|   | Alcohol- or other drug-use prevention  | ●             |             |
|   | HIV prevention   | ●             |             |
|   | Injury prevention and safety counseling  | ●             |             |
|   | Nutrition and dietary behavior counseling  | ○             |             |
|   | Physical activity and fitness counseling   | ●             |             |
|   | Pregnancy prevention   | ○             |             |
|   | STD prevention   | ●             |             |
|   | Suicide prevention   | ●             |             |
|   | Tobacco-use prevention   | ●             |             |
|   | Violence prevention  | ●             |             |
| 3.4   | Requires the following immunizations or vaccinations for entry into kindergarten or first grade:   |               |             |
|   | Chicken pox (varicella)  | ●             |             |
|   | Diphtheria   | ●             |             |
|   | Haemophilus influenzae type B  | ●             |             |
|   | Hepatitis B  | ●             |             |
|   | Influenza  | ●             |             |
|   | Measles-containing   | ●             |             |
|   | Polio  | ●             |             |
|   | Tetanus  | ●             |             |
|   | Requires the following immunizations or vaccinations for entry into middle school and high school: |               |             |
|   |  | Middle School | High School |
|   | Chicken pox (varicella)  | ●             | ●           |
|   | Hepatitis A  | ○             | ○           |
|   | Hepatitis B  | ●             | ●           |
|   | Second measles-containing  | ●             | ●           |
| Tetanus booster                               | ●  | ●             |             |
| 3.5   | Requires the following documentation before school staff may administer medication:                |               |             |
|   | Written information on possible side-effects   | ●             |             |
|   | Written instructions from the physician  | ●             |             |
|   | Written request from the parent or guardian  | ●             |             |

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| 3.6  | Has adopted a policy related to who may administer medications to a student at school  | ● |
|      | Allows students to carry and self-administer the following medications:  |   |
|      | Epinephrine auto-injector  | ○ |
|      | Insulin or other injected medications  | ○ |
|      | Other prescribed medications   | ○ |
|      | Over-the-counter medications   | ○ |
| 3.7  | Requires supplies for applying standard or universal precautions be available in the following locations:  |   |
|      | In all classrooms  | ○ |
|      | In the gymnasium, on playgrounds, or on playing fields   | ○ |
|      | On school buses or in other vehicles used to transport students  | ○ |
| 3.8  | Requires schools to allow students with HIV infection or acquired immunodeficiency syndrome (AIDS) to engage in the following activities as long as they are able: |   |
|      | Attend classes   | ● |
|      | Participate in school sports   | ● |
|      | Participate in any other school activities   | ● |
|      | Requires schools to allow teachers and staff with HIV infection or AIDS to work as long as they are able   | ● |
| 3.9  | Requires schools to:   |   |
|      | Complete injury reports  | ● |
|      | Complete illness reports   | ● |
|      | Report notifiable diseases to the state or local health department   | ● |
| 3.10 | Requires districts or schools to screen students for the following health problems:  |   |
|      | Hearing problems   | ● |
|      | Height and weight or body mass problems  | ● |
|      | Oral health problems   | ● |
|      | Scoliosis  | ● |
|      | Vision problems  | ● |
| 3.11 | Specifies a maximum student-to-school nurse ratio  | ○ |
|      | Requires at least one full-time school nurse per school  | ● |
| 3.12 | Requires school nurse participation in Individualized Education Programs (IEPs) when indicated   | ● |
|      | Requires school nurse participation in Individualized Health Plans (IHPs)  | ● |
|      | Requires school nurse participation in 504 plans when indicated  | ● |

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|--|---|-----------------------|
| 3.13   | Has schools that serve as Medicaid providers by providing health services to students   | <input type="radio"/> |
|  | Has school-based health centers (SBHCs) that serve as Medicaid providers by providing health services to students                                       | <input type="radio"/> |
| 3.14   | Requires minimum education level for newly hired school nurses  | ●● <sup>7</sup>       |
| 3.15   | Requires newly hired school nurses to have the following licenses and certifications:   |                       |
|  | LPN license   | <input type="radio"/> |
|  | RN license  | ●                     |
|  | National certification from the National Board for Certification of School Nurses   | <input type="radio"/> |
|  | State school nurse certification  | <input type="radio"/> |
| 3.16.1,<br>3.16.2,<br>and<br>3.16.3                                    | Provided funding for staff development or offered staff development to school nurses during the past two years on the following health services topics: |                       |
|  | Accessing benefits for students with disabilities   | ●                     |
|  | Administration of fluoride rinses   | ●                     |
|  | Administration of medications   | ●                     |
|  | After-school programs   | <input type="radio"/> |
|  | Alcohol- or other drug-use treatment  | ●                     |
|  | Application of dental sealants  | ●                     |
|  | Case management for students with chronic health conditions   | ●                     |
|  | Case management for students with disabilities  | ●                     |
|  | Child care options for teen mothers   | ●                     |
|  | Counseling for emotional or behavioral disorders  | <input type="radio"/> |
|  | CPR   | ●                     |
|  | Crisis intervention for personal problems   | ●                     |
|  | Eating disorders treatment  | <input type="radio"/> |
|  | Emergency preparedness  | ●                     |
|  | Enrollment in WIC or accessing food stamps or food banks  | ●                     |
|  | Enrollment in Medicaid or SCHIP   | ●                     |
|  | Federal laws that protect the privacy of student health information   | ●                     |
|  | First aid   | ●                     |
|  | Foodborne illness outbreak detection and response   | ●                     |
|  | HIV counseling, testing, and referral   | ●                     |
| Identification of emotional or behavioral disorders                    | ●   |                       |
| Identification of or referral for physical, sexual, or emotional abuse | ●   |                       |
| Identification or school-based management of acute illnesses           | ●   |                       |
| Identification or school-based management of chronic illnesses         | ●   |                       |

|  |   |   |
|--|---|---|
| 3.16.1,<br>3.16.2,<br>and<br>3.16.3<br>(cont'd.) | Identification or treatment of STDs   | <input type="radio"/>   |
|  | Immunizations   | <input checked="" type="radio"/>  |
|  | Infectious disease prevention   | <input type="radio"/>   |
|  | Oral health problems  | <input checked="" type="radio"/>  |
|  | Prenatal care referrals   | <input checked="" type="radio"/>  |
|  | Services for gay, lesbian, or bisexual students   | <input type="radio"/>   |
|  | Sports physicals  | <input type="radio"/>   |
|  | Stress management   | <input type="radio"/>   |
|  | Teaching self-management of chronic health conditions   | <input checked="" type="radio"/>  |
|  | Tobacco-use cessation   | <input checked="" type="radio"/>  |
|  | Tracking of students with chronic health conditions   | <input checked="" type="radio"/>  |
|  | Weight management   | <input type="radio"/>   |
|  | 3.17  | Provided funding for staff development or offered staff development to school nurses during the past two years on the following prevention services topics: |
| Alcohol- or other drug-use prevention            |   | <input checked="" type="radio"/>  |
| HIV prevention                                   |   | <input checked="" type="radio"/>  |
| Injury prevention and safety counseling          |   | <input checked="" type="radio"/>  |
| Nutrition and dietary behavior counseling        |   | <input checked="" type="radio"/>  |
| Physical activity and fitness counseling         |   | <input type="radio"/>   |
| Pregnancy prevention                             |   | <input checked="" type="radio"/>  |
| STD prevention                                   |   | <input checked="" type="radio"/>  |
| Suicide prevention                               |   | <input checked="" type="radio"/>  |
| Tobacco-use prevention                           |   | <input checked="" type="radio"/>  |
| Violence prevention                              | <input checked="" type="radio"/>  |   |
| 3.18   | Provided funding for staff development or offered staff development to teachers or other school staff during the past two years on the following health topics: |   |
|  | HIV infection or AIDS   | <input checked="" type="radio"/>  |
|  | Severe food or other allergies  | <input type="radio"/>   |
|  | Chronic health conditions   | <input checked="" type="radio"/>  |
|  | Infectious disease prevention   | <input checked="" type="radio"/>  |
| 3.19   | Provides model policies to districts or schools on the following health topics:   |   |
|  | HIV infection or AIDS   | <input checked="" type="radio"/>  |
|  | Severe food or other allergies  | <input type="radio"/>   |
|  | Chronic health conditions   | <input checked="" type="radio"/>  |
|  | Infectious disease prevention   | <input checked="" type="radio"/>  |

## Footnotes

<sup>1</sup> Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at [www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm](http://www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm).

<sup>2</sup> Unless otherwise indicated,

Yes

No

? Incomplete Data

NA Not Applicable

<sup>3</sup>  Requires

Recommends or Encourages

Neither Requires, Recommends, nor Encourages

? Incomplete Data

<sup>4</sup>  Prohibits

Discourages

Neither Prohibits nor Discourages

? Incomplete Data

<sup>5</sup> SCHIP is the State Children's Health Insurance Program.

<sup>6</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.

<sup>7</sup>  Associate's Degree in Nursing

Undergraduate Degree in Nursing

Associate's Degree in Any Field

Undergraduate Degree in Any Field

NA Not Applicable

? Incomplete Data

- 8
- Undergraduate Degree in Specific Field
  - Master's Degree in Specific Field
  - Doctoral Degree in Specific Field
  - Undergraduate Degree in Any Field
  - Master's Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data

- 9
- Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - No
  - ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

- 11
- Both on School Property and at Off-Campus, School-Sponsored Events
  - On School Property Only
  - Neither on School Property nor at Off-Campus, School-Sponsored Events

- 12
- Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - Not Required on Any Faculty or Staff
  - ? Incomplete Data

- 13
- State Offers Coverage
  - State Requires Districts to Offer Coverage
  - State Neither Offers Coverage nor Requires Districts to Offer Coverage
  - ? Incomplete Data

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; [www.cdc.gov/shpps](http://www.cdc.gov/shpps).