

## Healthy and Safe School Environment

Has a district school health coordinator		•	
Has a group that offers guidance on the			
development of policies or coordinates		•	
activities on health topics			
	Elementary	Middle	High
	Schools	Schools	Schools
Requires that schools have visitors report			
to the main office or reception area upon	•	•	•
arrival			
Requires schools to maintain closed			
campuses	•	•	•
Requires students to wear school uniforms	0	0	0
Requires the enforcement of a student			
dress code		•	•
Requires schools to use security or			
surveillance cameras		•	•
Requires schools to use metal detectors	0	•	•
Requires schools to use communication			
devices	•	•	•
Requires schools to use police, school			
resource officers, or security guards during	•	•	•
the regular school day			
Requires the following groups to wear identif	ication badges:		
Students	0	0	0
Visitors	•	•	•
Faculty and staff	•	•	•
Requires schools to routinely conduct	NA		
locker searches	NA	•	•
Requires schools to assign staff or adult volu	nteers to monitor t	he following:	
	Elementary	Middle	High
	Schools	Schools	Schools
School halls during classes	•	•	•
School halls between classes	•	•	•
Bathrooms	•	•	•
School grounds	•	•	•
Playgrounds	•	NA	NA
Requires schools to use the safety			
checklist and equipment guidelines in the			
Handbook for Public Playground Safety by	•	NA	NA
the U.S. Consumer Product Safety			
Commission			
Prohibits weapon use by students on			
school property and at off-campus, school-	● <sup>11</sup>		
sponsored events			
Prohibits weapon possession by students			
•		• <sup>11</sup>	



school property and at off-campus, school- sponsored events       ● <sup>11</sup> Prohibits bullying by students on school property and at off-campus, school- sponsored events       ● <sup>11</sup>	
Prohibits bullying by students on school property and at off-campus, school-	
property and at off-campus, school-	
property and at on-campus, school-	
sponsored events	
Prohibits gang activity	
Requires a plan for the actions to be taken	
when a student at risk for suicide is	
identified	
Prohibits cigarette smoking by students	
Prohibits cigar or pipe smoking by students	
Prohibits smokeless tobacco use by	
students	
Prohibits cigarette smoking by faculty and	
staff during any school-related activity	
Prohibits cigar or pipe smoking by faculty	
and staff during any school-related activity	
Prohibits smokeless tobacco use by faculty	
and staff during any school-related activity	
Prohibits cigarette smoking by school	
visitors	
Prohibits cigar or pipe smoking by school	
visitors	
Prohibits smokeless tobacco use by school	
visitors	
Prohibits cigarette smoking and smokeless	
tobacco use by students on campus	
Prohibits cigarette smoking and smokeless	
tobacco use by students off campus	
Prohibits cigarette smoking and smokeless	
tobacco use by faculty and staff on campus	
Prohibits cigarette smoking and smokeless	
tobacco use by faculty and staff off campus	
Prohibits cigarette smoking and smokeless	
tobacco use by school visitors on campus	
Prohibits cigarette smoking and smokeless	
tobacco use by school visitors off campus	
Prohibits all types of tobacco use in all	
locations	
Prohibits tobacco advertisements in the following locations and ways:	
In the school building	
On school grounds	
In school vehicles	
In school publications	
Through sponsorship of school events	
On apparel worn or merchandise	
carried by students	
Prohibits alcohol use by students on	
campus	



Prohibits alcohol use by students off campus Prohibits illegal drug possession or use by students on campus Prohibits illegal drug possession or use by students off campus Requires or recommends that schools schedule outdoor activities to avoid times when the sun is at peak intensity Requires or recommends that schools establish procedures to encourage students to use sunscreen before going outside Requires schools to periodically test drinking water for the following: Bacteria Contaminants Contaminants Contaminants Requires schools to periodically flush drinking water outlets Has implemented an engine idling reduction program for school buses Requires the inclusion of green design when building new school buses Requires new school buses Requires new school buses Requires new school buses Requires the inclusion of green design when building new school busing renovating existing buildings Has an individual in the district who oversees custodial, maintenance, and environmental issues at schools in the district Requires newly hired person overseeing custodial, maintenance, and environmental issues to have formal training in issues related to the physical environmental issues to have formal training in issues related to the physical environment of buildings and health hazards likely to be encountered in schools buildings Has an individual in the activite to be encountered in schools buildings Lighting outside school buildings Cher school athelict facilities and equipment Lighting inside school buildings Other school athelits facilities and equipment Lighting inside school buildings Other school athelits facilities and equipment: Subsense in the district mode Outdoor athletic facilities and equipment Cighting outside school buildings Other school athelits facilities and outso on athletic facilities and Outdoor athletic facilities an		
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buildings and health hazards likely to be         encountered in schools         Has adopted a policy on inspection or maintenance of the following school facilities and         equipment:         Fire extinguishers         Indoor athletic facilities and equipment         Lighting inside school buildings         Lighting outside school buildings         Other school areas, such as halls, stairs, and regular classrooms	issues to have formal training in issues	
encountered in schools         Has adopted a policy on inspection or maintenance of the following school facilities and equipment:         Fire extinguishers         Indoor athletic facilities and equipment         Lighting inside school buildings         Lighting outside school buildings         Other school areas, such as halls, stairs, and regular classrooms		•
Has adopted a policy on inspection or maintenance of the following school facilities and equipment: Fire extinguishers Indoor athletic facilities and equipment Lighting inside school buildings Lighting outside school buildings Other school areas, such as halls, stairs, and regular classrooms		
equipment:         Fire extinguishers         Indoor athletic facilities and equipment         Lighting inside school buildings         Lighting outside school buildings         Other school areas, such as halls, stairs, and regular classrooms		
Fire extinguishers       •         Indoor athletic facilities and equipment       •         Lighting inside school buildings       •         Lighting outside school buildings       •         Other school areas, such as halls, stairs, and regular classrooms       •		enance of the following school facilities and
Indoor athletic facilities and equipment       •         Lighting inside school buildings       •         Lighting outside school buildings       •         Other school areas, such as halls, stairs, and regular classrooms       •		r
Lighting inside school buildings       •         Lighting outside school buildings       •         Other school areas, such as halls, stairs, and regular classrooms       •		•
Lighting outside school buildings Other school areas, such as halls, stairs, and regular classrooms		
Other school areas, such as halls, stairs, and regular classrooms		
stairs, and regular classrooms		•
		•
Outdoor athletic facilities and		-
equipment		-
Playground facilities and equipment		•
Smoke alarms		$\bullet$
Special classroom areas, such as labs	Special classroom areas, such as labs,	
workshops, and art rooms		



Sprinkler systems	
Requires schools to conduct the following pe	riodic inspections:
Building foundation, walls, and roof	
Condensation	
Drinking water outlets for lead	
Heating, ventilation, and air	•
conditioning (HVAC) system	
Mold	
On-site large-capacity drinking water	
tanks	NA
Pests	
Plumbing system	•
Requires Phase I environmental	
assessments	
Requires schools meet the American	
Society of Heating, Refrigerating and Air	0
Conditioning Engineers (ASHRAE)	
ventilation standard	
Has a policy regarding how schools should	
address mold problems	
Requires schools to respond to moisture-	
related issues within 48 hours or less	
Requires schools to keep relative indoor	0
humidity below 60 percent	
Has an indoor air quality management	•
system	
Requires or recommends that schools use	• <sup>2</sup>
spot treatments rather than widespread	•-
applications of pesticides	
Requires that students wear appropriate prot	ective gear when engaged in the following:
Classes such as wood shop or metal	•
shop	
Lab activities for photography or	•
science classes	
District is a member of the local emergency	•
planning committee	
Requires schools to have crisis preparednes	s, response, and recovery plans that include:
Establishment of an incident command	•
system	-
Evacuation plans	•
Exterior control of building and	
grounds	-
Family reunification procedures	•
Lock down plans	•
Mechanisms for communicating the	
plan to students' families	<b>.</b>
Mechanisms for communicating with	
school personnel	•
Plans to resume normal activities	$\bullet$
Provision of mental health services	$\bullet$



Provisions for special needs students and staff	•
Procedures for responding to media	
inquiries	•
Requirements to conduct regular	
emergency drills	•
Requirements to periodically review	•
and revise plans	•
Shelter-in-place plans	•
Requires or recommends that schools	
restrict the distribution of products	2
promoting candy, fast food restaurants or	$\Theta^2$
soft drinks to students	
Prohibited from selling soft drinks produced	0
by more than one company	0
Permits soft drink companies to advertise	0
in school buildings	<u> </u>
Permits soft drink companies to advertise	0
on school grounds	<u> </u>
Adopted a policy that supports or promotes	0
walking or biking to and from school	
Provided model policies to schools during the past two years of	on the following topics:
Alcohol-use prevention	•
Bullying prevention	0
Crisis preparedness, response, and	•
recovery	•
Drinking water quality	•
Green building design	0
Illegal drug-use prevention	•
Indoor air quality	•
Integrated pest management	•
Positive school climate	0
Tobacco-use prevention	•
Violence prevention	0
Provided funding for staff development or offered staff develop	
during the past two years on how to implement policies and pr	rograms related to the following
topics:	
Alcohol-use prevention	•
Bullying prevention	•
Crisis preparedness, response, and	0
recovery	
Drinking water quality	0
Green building design	0
Illegal drug-use prevention	•
Indoor air quality	•
Integrated pest management	
Positive school climate	0
Tobacco-use prevention Violence prevention	•



This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

## Footnotes

- <sup>1</sup> Unless otherwise indicated,
  - Yes
  - O No
  - NA Not Applicable
  - ? Incomplete Data
  - Requires

2

3

- Recommends or Encourages
- O Neither Requires, Recommends, nor Encourages
- ? Incomplete Data
- Prohibits
  - Discourages
  - O Neither Prohibits nor Discourages
  - ? Incomplete Data
- <sup>4</sup> SCHIP is the State Children's Health Insurance Program.
- <sup>5</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.

## SHPPS 2006 SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

6

7

8

- Associate's Degree in Nursing
  - •• Undergraduate Degree in Nursing
  - ••• Graduate Degree in Nursing
  - O Associate's Degree in Any Field
  - OO Undergraduate Degree in Any Field
  - OOO Graduate Degree in Any Field
  - NA Not Applicable
  - ? Incomplete Data
- Undergraduate Degree in Specific Field
  - •• Master's Degree in Specific Field
  - ●●● Doctoral Degree in Specific Field
  - O Undergraduate Degree in Any Field
  - OO Master's Degree in Any Field
  - OOO Doctoral Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data
  - High school diploma or GED
  - •• Associate's degree in nutrition or a related field
  - ••• Undergraduate degree in nutrition or a related field
  - O Graduate degree in nutrition or a related field
  - NA Not Applicable
  - ? Incomplete Data
- <sup>9</sup> Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - O No
  - ? Incomplete Data
- <sup>10</sup> Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.



11

12

- Both on School Property and at Off-Campus, School-Sponsored Events
  - ⊖ On School Property Only
  - O Neither on School Property nor at Off-Campus, School-Sponsored Events
  - ? Incomplete Data
- Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - O Not Required on Any Faculty or Staff
  - ? Incomplete Data