

## Healthy and Safe School Environment

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	•	
Elementary	Middle	High
Schools	Schools	Schools
•	•	•
		0
•	•	$\bigcirc$
0	0	0
•	•	•
$\cap$	$\bigcirc$	0
$\cup$	$\bigcirc$	U
0	0	0
	•	
•	•	•
?	•	•
ication badges:		•
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•	•	
	•	
NIA		
NA	•	•
inteers to monitor t	he following:	•
Elementary	Middle	High
Schools	Schools	Schools
•	•	•
•	•	
0	0	0
•	•	•
•	NA	NA
?	NA	NA
1		1
	● <sup>11</sup>	
	• <sup>11</sup>	
	• <sup>11</sup>	
	• <sup>11</sup>	
	Schools	Schools Schools   • •



Prohibits physical fighting by students on	■11
school property and at off-campus, school-	$\bullet$ .
sponsored events	
Prohibits bullying by students on school	<b>1</b> 1
property and at off-campus, school-	• ''
sponsored events	
Prohibits gang activity	$\bullet$
Requires a plan for the actions to be taken	
when a student at risk for suicide is	$\bullet$
identified	
Prohibits cigarette smoking by students	•
Prohibits cigar or pipe smoking by students	•
Prohibits smokeless tobacco use by	
students	•
Prohibits cigarette smoking by faculty and	
staff during any school-related activity	•
Prohibits cigar or pipe smoking by faculty	<b>,</b>
and staff during any school-related activity	$\bullet$
Prohibits smokeless tobacco use by faculty	
and staff during any school-related activity	$\bullet$
Prohibits cigarette smoking by school	
visitors	•
Prohibits cigar or pipe smoking by school	
visitors	$\bullet$
Prohibits smokeless tobacco use by school visitors	$\bullet$
Prohibits cigarette smoking and smokeless	$\bullet$
tobacco use by students on campus	
Prohibits cigarette smoking and smokeless	$\bullet$
tobacco use by students off campus	
Prohibits cigarette smoking and smokeless	•
tobacco use by faculty and staff on campus	
Prohibits cigarette smoking and smokeless	$\bullet$
tobacco use by faculty and staff off campus	
Prohibits cigarette smoking and smokeless	$\bullet$
tobacco use by school visitors on campus	
Prohibits cigarette smoking and smokeless	$\bullet$
tobacco use by school visitors off campus	
Prohibits all types of tobacco use in all	
locations	
Prohibits tobacco advertisements in the follow	wing locations and ways:
In the school building	•
On school grounds	$\bullet$
In school vehicles	$\bullet$
In school publications	
Through sponsorship of school events	•
On apparel worn or merchandise	
carried by students	
Prohibits alcohol use by students on	
campus	
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Prohibits alcohol use by students off	•
campus	
Prohibits illegal drug possession or use by	•
students on campus	
Prohibits illegal drug possession or use by students off campus	•
Requires student drug-testing	0
Requires or recommends that schools	<u> </u>
schedule outdoor activities to avoid times	$\mathbf{e}^2$
when the sun is at peak intensity	$\bullet$
Requires or recommends that schools	
establish procedures to encourage	
students to use sunscreen before going	$\bigcirc^2$
outside	
Requires schools to periodically test drinking	water for the following:
Bacteria	
Coliforms	0
Contaminants	0
Requires schools to periodically flush	$\smile$
drinking water outlets	0
Has implemented an engine idling	
reduction program for school buses	$\bullet$
Requires the purchase of low-emitting	
products for use in and around the school	•
and school grounds	-
Requires the inclusion of green design	
when building new school buildings or	
renovating existing buildings	•
Has an individual in the district who	
oversees custodial, maintenance, and	
environmental issues at schools in the	•
district	
Requires newly hired person overseeing	
custodial, maintenance, and environmental	
issues to have formal training in issues	
related to the physical environment of	•
buildings and health hazards likely to be	
encountered in schools	
Has adopted a policy on inspection or mainte	enance of the following school facilities and
equipment:	<b>_</b>
Fire extinguishers	
Indoor athletic facilities and equipment	
Lighting inside school buildings	
Lighting outside school buildings	
Other school areas, such as halls,	•
stairs, and regular classrooms	
Outdoor athletic facilities and	
equipment	
Playground facilities and equipment	•
Smoke alarms	
Special classroom areas, such as labs,	
workshops, and art rooms	



Sprinkler systems	•
Requires schools to conduct the following pe	riodic inspections:
Building foundation, walls, and roof	
Condensation	0
Drinking water outlets for lead	0
Heating, ventilation, and air	Č
conditioning (HVAC) system	•
Mold	
On-site large-capacity drinking water	•
tanks	0
Pests	
Plumbing system	
Requires Phase I environmental	•
assessments	
Requires schools meet the American	
Society of Heating, Refrigerating and Air	
Conditioning Engineers (ASHRAE)	
ventilation standard	
Has a policy regarding how schools should	
address mold problems	•
Requires schools to respond to moisture-	
related issues within 48 hours or less	0
Requires schools to keep relative indoor	
humidity below 60 percent	•
Has an indoor air quality management	
system	0
Requires or recommends that schools use	
spot treatments rather than widespread	• <sup>2</sup>
applications of pesticides	•
Requires that students wear appropriate prot	rective gear when engaged in the following:
Classes such as wood shop or metal	
shop	
Lab activities for photography or	
science classes	
District is a member of the local emergency	
planning committee	
· · ·	s, response, and recovery plans that include:
Establishment of an incident command	
system	•
Evacuation plans	•
Exterior control of building and	
grounds	$\bullet$
Family reunification procedures	•
Lock down plans	
Mechanisms for communicating the	
plan to students' families	$\bullet$
Mechanisms for communicating with	
school personnel	$\bullet$
Plans to resume normal activities	•
Provision of mental health services	
	<b>↓</b>



Provisions for special needs students and staff	•
Procedures for responding to media	
inquiries	•
Requirements to conduct regular	
emergency drills	$\bullet$
Requirements to periodically review	
and revise plans	$\bullet$
Shelter-in-place plans	
Requires or recommends that schools	■
restrict the distribution of products	
promoting candy, fast food restaurants or	$\bigcirc^2$
soft drinks to students	
Prohibited from selling soft drinks produced	
by more than one company	0
Permits soft drink companies to advertise	
in school buildings	0
Permits soft drink companies to advertise	
on school grounds	0
Adopted a policy that supports or promotes	
walking or biking to and from school	0
Provided model policies to schools during the	e past two years on the following topics:
Alcohol-use prevention	
Bullying prevention	0
Crisis preparedness, response, and	
recovery	
Drinking water quality	0
Green building design	
Illegal drug-use prevention	
Indoor air quality	0
Integrated pest management	
Positive school climate	0
Tobacco-use prevention	
Violence prevention	0
	ered staff development to school faculty and staff
	ent policies and programs related to the following
topics:	· · ·
Alcohol-use prevention	•
Bullying prevention	•
Crisis preparedness, response, and	
recovery	•
Drinking water quality	•
Green building design	•
Illegal drug-use prevention	$\bullet$
Indoor air quality	•
Integrated pest management	•
Positive school climate	•
Tobacco-use prevention	
Violence prevention	•
· ·	•



This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

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**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

## Footnotes

- <sup>1</sup> Unless otherwise indicated,
  - Yes
  - O No
  - NA Not Applicable
  - ? Incomplete Data
  - Requires

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- Recommends or Encourages
- O Neither Requires, Recommends, nor Encourages
- ? Incomplete Data
- <sup>3</sup> Prohibits
  - Discourages
  - O Neither Prohibits nor Discourages
  - ? Incomplete Data
- <sup>4</sup> SCHIP is the State Children's Health Insurance Program.
- <sup>5</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.

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## SHPPS 2006 SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

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- Associate's Degree in Nursing
  - •• Undergraduate Degree in Nursing
  - ••• Graduate Degree in Nursing
  - O Associate's Degree in Any Field
  - OO Undergraduate Degree in Any Field
  - OOO Graduate Degree in Any Field
  - NA Not Applicable
  - ? Incomplete Data
- Undergraduate Degree in Specific Field
  - •• Master's Degree in Specific Field
  - ●●● Doctoral Degree in Specific Field
  - O Undergraduate Degree in Any Field
  - OO Master's Degree in Any Field
  - OOO Doctoral Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data
  - High school diploma or GED
  - •• Associate's degree in nutrition or a related field
  - ••• Undergraduate degree in nutrition or a related field
  - O Graduate degree in nutrition or a related field
  - NA Not Applicable
  - ? Incomplete Data
- <sup>9</sup> Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - O No
  - ? Incomplete Data
- <sup>10</sup> Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.





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- Both on School Property and at Off-Campus, School-Sponsored Events
  - ⊖ On School Property Only
  - O Neither on School Property nor at Off-Campus, School-Sponsored Events
  - ? Incomplete Data
- Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - O Not Required on Any Faculty or Staff
  - ? Incomplete Data