

## **Health Services**

Has a district health services (HSV)	•
coordinator	
Requires each school to have an HSV coordinator	0
Requires schools to provide the following hea	alth services when needed:
Administration of fluoride rinses	0
Administration of medications	
Administration of sports physicals	0
Alcohol- or other drug-use treatment	0
Application of dental sealants	0
Assistance with accessing benefits for	
students with disabilities	$\bullet$
Assistance with enrolling in Medicaid or SCHIP <sup>4</sup>	•
Assistance with enrolling in WIC <sup>5</sup> or	
accessing food stamps or food banks	$\bullet$
Cardiopulmonary resuscitation (CPR)	
Case management for students with	<b>▼</b>
chronic health conditions	•
Case management for students with disabilities	•
Counseling for emotional or behavioral	
disorders	
Crisis intervention for personal	
problems	
Eating disorders treatment	0
First aid	
HIV counseling, testing, and referral	
Identification of emotional or	
behavioral disorders	
Identification of or referral for physical,	
sexual, or emotional abuse	•
Identification of or referrals for oral	
health problems	•
Identification or school-based	
management of acute illnesses	<b>▼</b>
Identification or school-based	
management of chronic health	
conditions	
Identification or treatment of STDs	0
Immunizations	$\bullet$
Instruction on self-management of chronic health conditions	•
Prenatal care referrals	•
Referrals for after-school programs	2
Referrals for child care for teen	-
mothers	•
Services for gay, lesbian, or bisexual students	

Stress management	C	)
Tobacco-use cessation	C	)
Tracking of students with chronic		
health conditions		
Weight management	C	)
Requires schools to provide the following pre	evention services:	
Alcohol- or other drug-use prevention		
HIV prevention		
Injury prevention and safety counseling	•	)
Nutrition and dietary behavior		
counseling	C	)
Physical activity and fitness counseling	C	)
Pregnancy prevention		
STD prevention		
Suicide prevention		
Tobacco-use prevention		
Violence prevention		
Requires the following immunizations or vaco	cinations for entry into kinde	ergarten or first grade:
Chicken pox (varicella)		)
Diphtheria		
Haemophilus influenzae type B		
Hepatitis B		
Influenza		)
Measles-containing		
Polio		
Tetanus		
Requires the following immunizations or vac	cinations for entry into midd	le school and high
school:	, ,	C C
	Middle School	High School
Chicken pox (varicella)	0	0
Hepatitis A	0	0
Hepatitis B		
Second measles-containing		•
Tetanus booster	•	•
	•	•
Requires schools to make condoms		•
Requires schools to make condoms		
Requires schools to make condoms available to students		
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school		)
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before		)
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side-	e school staff may administe	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects		r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician	e school staff may administe	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician Written request from the parent or	e school staff may administe	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician Written request from the parent or guardian	school staff may administer	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician Written request from the parent or guardian Allows students to carry and self-administer to	school staff may administer	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician Written request from the parent or guardian Allows students to carry and self-administer to Epinephrine auto-injector	school staff may administer	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician Written request from the parent or guardian Allows students to carry and self-administer to Epinephrine auto-injector Insulin or other injected medications	school staff may administer	r medication:
Requires schools to make condoms available to students Has adopted a policy related to who may administer medications to a student at school Requires the following documentation before Written information on possible side- effects Written instructions from the physician Written request from the parent or guardian Allows students to carry and self-administer to Epinephrine auto-injector	school staff may administer	r medication:



Prescription quick-relief inhaler	
	niversal precautions be available in the following
locations:	inversal precadions be available in the following
In all classrooms	
In the gymnasium, on playgrounds, or	•
on playing fields	
On school buses or in other vehicles	
used to transport students	
	infection or acquired immunodeficiency syndrome
(AIDS) to engage in the following activities as	s long as they are able:
Attend classes	•
Participate in school sports	$\bullet$
Participate in any other school	
activities	
Requires schools to allow teachers and	
staff with HIV infection or AIDS to work as	
long as they are able	
Requires schools to:	
Complete injury reports	
Complete illness reports	•
Requires schools to screen students for the f	following health problems:
Hearing problems	•
Height and weight or body mass	
problems	•
Oral health problems	0
Scoliosis	Ŭ
Vision problems	
Specifies a maximum student-to-school	
nurse ratio	0
Requires at least one full-time school nurse	
per school	0
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Requires school nurse participation in	
Individualized Education Programs (IEPs)	•
when indicated	
Requires school nurse participation in	•
Individualized Health Plans (IHPs)	
Requires school nurse participation in 504	
plans when indicated	
Requires health services staff to follow "Do	0
Not Resuscitate" (DNR) orders	
Has schools that serve as Medicaid	•
providers by providing health services to	
students	
Has school-based health centers (SBHCs)	-
that serve as Medicaid providers by	$\bullet$
providing health services to students	
Provides funding for any school-based	
health centers	
Requires minimum education level for	● <sup>6</sup>
newly hired school nurses	•



Requires newly hired school nurses to have t	he following licenses and certifications:
LPN license	
RN license	
National certification from the National	
Board for Certification of School	0
Nurses	
State school nurse certification	0
Provided funding for staff development or offe	ered staff development to school nurses during the
past two years on the following health service	es topics:
Accessing benefits for students with	0
disabilities	
Administration of fluoride rinses	0
Administration of medications	•
After-school programs	0
Alcohol- or other drug-use treatment	0
Application of dental sealants	0
Case management for students with	●
chronic health conditions	_
Case management for students with	$\bullet$
disabilities	0
Child care options for teen mothers	0
Counseling for emotional or behavioral disorders	
CPR	
Crisis intervention for personal	•
problems	$\bullet$
Eating disorders treatment	0
Emergency preparedness	
Enrollment in WIC or accessing food	
stamps or food banks	Ο
Enrollment in Medicaid or SCHIP	0
Federal laws that protect the privacy of	
student health information	
First aid	
Foodborne illness outbreak detection	
and response	
HIV counseling, testing, and referral	$\bullet$
Identification of emotional or behavioral	
disorders	•
Identification of or referral for physical,	
sexual, or emotional abuse	•
Identification or school-based	
management of acute illnesses	-
Identification or school-based	$\bullet$
management of chronic illnesses	<u></u>
Identification or treatment of STDs	0
Immunizations	•
Infectious disease prevention	
Oral health problems Prenatal care referrals	<u> </u>
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Services for gay, lesbian, or bisexual	$\bigcirc$
students	0
Sports physicals	0
Stress management	0
Teaching self-management of chronic	
health conditions	•
Tobacco-use cessation	0
Tracking of students with chronic	0
health conditions	$\bigcirc$
Weight management	
	ered staff development to school nurses during the
past two years on the following prevention se	rvices topics:
Alcohol- or other drug-use prevention	●
HIV prevention	$\bullet$
Injury prevention and safety counseling	●
Nutrition and dietary behavior	
counseling	•
Physical activity and fitness counseling	●
Pregnancy prevention	●
STD prevention	●
Suicide prevention	●
Tobacco-use prevention	•
Violence prevention	$\bullet$
	ered staff development to teachers or other school
staff during the past two years on the following	ng health topics:
HIV infection or AIDS	●
Severe food or other allergies	●
Chronic health conditions	●
Infectious disease prevention	$\bullet$
Provides model policies to schools on the foll	owing health topics:
HIV infection or AIDS	•
Severe food or other allergies	●
Chronic health conditions	●
Infectious disease prevention	
	health services program during the past two years:
Quality of school health services	
program	$\bullet$
School health services policies	$\bullet$
School health services staff	
development or in-service programs	-



This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; <u>www.cdc.gov/shpps</u>.

## Footnotes

- <sup>1</sup> Unless otherwise indicated,
  - Yes
  - O No
  - NA Not Applicable
  - ? Incomplete Data
- <sup>2</sup> Requires
  - Recommends or Encourages
  - O Neither Requires, Recommends, nor Encourages
  - ? Incomplete Data
- <sup>3</sup> Prohibits
  - Discourages
  - Neither Prohibits nor Discourages
  - ? Incomplete Data
- <sup>4</sup> SCHIP is the State Children's Health Insurance Program.
- <sup>5</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.

## SHPPS 2006 SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

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- Associate's Degree in Nursing
  - •• Undergraduate Degree in Nursing
  - ••• Graduate Degree in Nursing
  - O Associate's Degree in Any Field
  - OO Undergraduate Degree in Any Field
  - OOO Graduate Degree in Any Field
  - NA Not Applicable
  - ? Incomplete Data
- Undergraduate Degree in Specific Field
  - •• Master's Degree in Specific Field
  - ●●● Doctoral Degree in Specific Field
  - O Undergraduate Degree in Any Field
  - OO Master's Degree in Any Field
  - OOO Doctoral Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data
  - High school diploma or GED
  - Associate's degree in nutrition or a related field
  - ••• Undergraduate degree in nutrition or a related field
  - O Graduate degree in nutrition or a related field
  - NA Not Applicable
  - ? Incomplete Data
- <sup>9</sup> Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - O No
  - ? Incomplete Data
- <sup>10</sup> Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.



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- Both on School Property and at Off-Campus, School-Sponsored Events
  - ⊖ On School Property Only
  - O Neither on School Property nor at Off-Campus, School-Sponsored Events
  - ? Incomplete Data
- <sup>12</sup> Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - O Not Required on Any Faculty or Staff
  - ? Incomplete Data