

## **2. Physical Education**

## 2. Physical Education

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**Table 2.1. States with a Physical Education (PE) Coordinator<sup>1</sup>**

<ul style="list-style-type: none"> <li>● Yes</li> <li>○ No</li> </ul>	Has PE Coordinator
Alabama	●
Alaska	○
Arizona	○
Arkansas	●
California	○
Colorado	●
Connecticut	●
Delaware	●
District of Columbia	●
Florida	●
Georgia	●
Hawaii	○
Idaho	○
Illinois	●
Indiana	●
Iowa	○
Kansas	●
Kentucky	●
Louisiana	●
Maine	●
Maryland	●
Massachusetts	●
Michigan	●
Minnesota	●
Mississippi	○
Missouri	●
Montana	●
Nebraska	○
Nevada	●
New Hampshire	●
New Jersey	●
New Mexico	○
New York	●
North Carolina	●
North Dakota	○
Ohio	○
Oklahoma	●

	Has PE Coordinator
Oregon	<input type="radio"/>
Pennsylvania	<input checked="" type="radio"/>
Rhode Island	<input checked="" type="radio"/>
South Carolina	<input checked="" type="radio"/>
South Dakota	<input type="radio"/>
Tennessee	<input checked="" type="radio"/>
Texas	<input checked="" type="radio"/>
Utah	<input checked="" type="radio"/>
Vermont	<input type="radio"/>
Virginia	<input checked="" type="radio"/>
Washington	<input checked="" type="radio"/>
West Virginia	<input checked="" type="radio"/>
Wisconsin	<input checked="" type="radio"/>
Wyoming	<input type="radio"/>

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<sup>1</sup>"Currently, does someone in your state oversee or coordinate physical education?" (State Physical Education Questionnaire, Item 65)

**Table 2.2. States That Require or Encourage Districts or Schools to Follow Physical Education Standards or Guidelines**

<ul style="list-style-type: none"> <li>● Requires</li> <li>◐ Encourages</li> <li>○ Neither Requires nor Encourages</li> </ul>	Requires <sup>1</sup> or Encourages <sup>2</sup> Districts or Schools to Follow Standards or Guidelines
Alabama	●
Alaska	◐
Arizona	●
Arkansas	●
California	◐
Colorado	●
Connecticut	◐
Delaware	○
District of Columbia	◐
Florida	●
Georgia	●
Hawaii	●
Idaho	○
Illinois	◐
Indiana	●
Iowa	○
Kansas	◐
Kentucky	◐
Louisiana	●
Maine	●
Maryland	●
Massachusetts	●
Michigan	○
Minnesota	●
Mississippi	●
Missouri	◐
Montana	●
Nebraska	○
Nevada	●
New Hampshire	○
New Jersey	●
New Mexico	●
New York	●
North Carolina	●

	Requires <sup>1</sup> or Encourages <sup>2</sup> Districts or Schools to Follow Standards or Guidelines
North Dakota	<input type="radio"/>
Ohio	<input checked="" type="radio"/>
Oklahoma	<input checked="" type="radio"/>
Oregon	<input checked="" type="radio"/>
Pennsylvania	<input checked="" type="radio"/>
Rhode Island	<input type="radio"/>
South Carolina	<input checked="" type="radio"/>
South Dakota	<input type="radio"/>
Tennessee	<input checked="" type="radio"/>
Texas	<input type="radio"/>
Utah	<input checked="" type="radio"/>
Vermont	<input checked="" type="radio"/>
Virginia	<input checked="" type="radio"/>
Washington	<input checked="" type="radio"/>
West Virginia	<input checked="" type="radio"/>
Wisconsin	<input type="radio"/>
Wyoming	<input type="radio"/>

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<sup>1</sup>"Has your state adopted a policy stating that districts or schools will follow any national or state physical education standards or guidelines? These might cover topics such as the goals and objectives of physical education or expected student outcomes." (State Physical Education Questionnaire, Item 1)

<sup>2</sup>"Has your state adopted a policy encouraging (e.g., in memoranda or guidelines) districts or schools to follow any national or state physical education standards or guidelines?" (State Physical Education Questionnaire, Item 2)

**Table 2.3. States That Have Adopted Physical Education (PE) Goals, Objectives, or Expected Outcomes, by School Level<sup>1</sup>**

	Has Adopted PE Goals, Objectives, or Outcomes		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
● Yes			
○ No			
Alabama	●	●	●
Alaska	○	○	○
Arizona	●	●	●
Arkansas	●	●	●
California	●	●	●
Colorado	●	●	●
Connecticut	●	●	●
Delaware	○	○	○
District of Columbia	●	●	●
Florida	●	●	●
Georgia	●	●	●
Hawaii	●	●	●
Idaho	○	○	○
Illinois	●	●	●
Indiana	●	●	●
Iowa	○	○	○
Kansas	○	○	○
Kentucky	●	●	●
Louisiana	●	●	●
Maine	●	●	●
Maryland	○	○	○
Massachusetts	○	○	○
Michigan	●	●	●
Minnesota	●	●	●
Mississippi	●	●	●
Missouri	●	●	●
Montana	●	●	●
Nebraska	○	○	○
Nevada	●	●	●
New Hampshire	○	○	○
New Jersey	●	●	●
New Mexico	○	○	●
New York	●	●	●
North Carolina	●	●	●
North Dakota	○	○	○
Ohio	○	○	○

	Has Adopted PE Goals, Objectives, or Outcomes		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
Oklahoma	●	●	●
Oregon	●	○	○
Pennsylvania	○	○	○
Rhode Island	○	○	○
South Carolina	●	●	●
South Dakota	○	○	○
Tennessee	●	●	●
Texas	●	●	●
Utah	●	●	●
Vermont	○	○	○
Virginia	●	●	●
Washington	●	●	●
West Virginia	●	●	●
Wisconsin	●	●	●
Wyoming	○	○	○

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<sup>1</sup>"Has your state adopted goals, objectives, or expected outcomes for elementary, middle/junior high, and senior high school physical education?" (State Physical Education Questionnaire, Items 5, 14, and 22)



**Table 2.4. States That Require Physical Education (PE), by School Level<sup>1</sup>**

	Requires Schools to Teach PE		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
● Yes			
○ No			
Alabama	●	●	●
Alaska	○	○	●
Arizona	○	○	○
Arkansas	●	●	●
California	●	●	●
Colorado	○	○	○
Connecticut	●	●	●
Delaware	○	●	●
District of Columbia	●	●	●
Florida	○	●	●
Georgia	●	●	●
Hawaii	○	●	●
Idaho	●	●	○
Illinois	●	●	●
Indiana	●	●	●
Iowa	●	●	●
Kansas	●	○	●
Kentucky	●	●	●
Louisiana	●	●	●
Maine	●	●	●
Maryland	●	●	●
Massachusetts	●	●	●
Michigan	○	○	●
Minnesota	●	●	●
Mississippi	●	●	●
Missouri	●	●	●
Montana	●	●	●
Nebraska	●	●	●
Nevada	●	●	●
New Hampshire	●	●	●
New Jersey	●	●	●
New Mexico	●	●	●
New York	●	●	●
North Carolina	●	●	●
North Dakota	●	●	●
Ohio	●	●	●
Oklahoma	●	●	●

	Requires Schools To Teach PE		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
Oregon	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pennsylvania	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Rhode Island	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
South Carolina	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
South Dakota	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tennessee	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Texas	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Utah	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Vermont	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Virginia	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Washington	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
West Virginia	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Wisconsin	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Wyoming	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

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<sup>1</sup>"Has your state adopted a policy stating that elementary, middle/junior high, and senior high schools will teach physical education?" (State Physical Education Questionnaire, Items 7, 16, and 24)

**Table 2.5. States That Require or Recommend Written Tests,<sup>1</sup> Skill Performance Tests,<sup>1</sup> or Fitness Level Tests,<sup>2</sup> by School Level**

	Elementary Schools			Middle/Junior High Schools			Senior High Schools		
	Written Tests	Skill Performance Tests	Fitness Level Tests	Written Tests	Skill Performance Tests	Fitness Level Tests	Written Tests	Skill Performance Tests	Fitness Level Tests
Alabama	●	●	●	●	●	●	●	●	●
Alaska	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○
Arkansas	●	●	●	●	●	●	●	●	●
California	●	●	●	●	●	●	●	●	●
Colorado	●	●	●	●	●	●	●	●	○
Connecticut	●	●	●	●	●	●	●	●	●
Delaware	○	○	○	○	○	○	○	○	○
District of Columbia	●	●	●	●	●	●	●	●	●
Florida	○	○	○	○	○	○	○	○	○
Georgia	○	○	●	○	○	○	○	○	○
Hawaii	○	○	○	○	○	○	○	○	○
Idaho	○	○	○	○	○	○	○	○	○
Illinois	○	○	○	○	○	○	○	○	○
Indiana	●	●	○	●	●	○	●	●	○
Iowa	○	○	○	○	○	○	○	○	○
Kansas	○	○	○	○	○	○	○	○	○
Kentucky	●	●	○	●	○	○	●	○	○
Louisiana	○	○	○	●	●	●	●	●	○
Maine	●	●	○	●	●	●	●	●	○
Maryland	○	○	○	○	○	○	○	○	○
Massachusetts	○	○	○	○	○	○	○	○	○
Michigan	●	●	●	●	●	●	●	●	●
Minnesota	●	●	●	●	●	●	●	●	●
Mississippi	●	●	●	●	●	●	●	●	●
Missouri	●	●	●	●	●	●	●	●	●
Montana	●	●	○	●	●	○	●	●	○
Nebraska	○	○	○	○	○	○	○	○	○
Nevada	○	○	○	○	○	○	○	○	○
New Hampshire	○	○	○	○	○	○	○	○	○
New Jersey	●	●	○	●	●	○	●	●	○
New Mexico	○	○	○	○	○	○	○	○	○

- Requires
- ◐ Recommends
- Neither Requires nor Recommends

	Elementary Schools			Middle/Junior High Schools			Senior High Schools		
	Written Tests	Skills Performance Tests	Fitness Level Tests	Written Tests	Skills Performance Tests	Fitness Level Tests	Written Tests	Skills Performance Tests	Fitness Level Tests
New York	●	●	○	●	●	○	●	●	○
North Carolina	●	●	●	●	●	●	○	○	●
North Dakota	○	○	○	○	○	○	○	○	○
Ohio	○	○	○	●	●	●	●	●	●
Oklahoma	●	●	●	●	●	●	○	○	●
Oregon	○	○	○	○	○	○	○	○	○
Pennsylvania	○	○	○	○	○	○	○	○	○
Rhode Island	○	○	○	○	○	○	○	○	○
South Carolina	●	●	●	●	●	●	●	●	●
South Dakota	○	○	○	○	○	○	○	○	○
Tennessee	○	○	○	○	○	○	○	○	○
Texas	○	○	○	○	○	○	○	○	○
Utah	○	○	○	○	○	●	○	○	●
Vermont	○	○	●	○	○	●	○	○	●
Virginia	○	○	○	○	○	●	○	○	●
Washington	○	○	○	○	○	○	○	○	○
West Virginia	○	○	●	○	○	●	○	○	●
Wisconsin	○	○	○	○	○	○	○	○	○
Wyoming	○	○	○	○	○	○	○	○	○

<sup>1</sup>"Does your state education agency require or recommend that elementary, middle/junior high, or senior high schools give each of the following types of tests: (a) written tests of students' knowledge related to physical education, or (b) skill performance tests related to physical education?" (State Physical Education Questionnaire, Items 31a-b, 36a-b, and 41a-b)

<sup>2</sup>"Does your state education agency require or recommend that elementary, middle/junior high, or senior high schools test students' fitness levels?" (State Physical Education Questionnaire, Items 32, 37, and 42)

**Table 2.6. States That Require Specific Student-to-Teacher Ratios for Physical Education Classes, by School Level<sup>1</sup>**

Elementary Schools

- Ratio 25:1 or Better
- ◐ Ratio Above 25:1
- No Ratio Required

Middle/Junior and Senior High Schools

- Ratio 30:1 or Better
- ◐ Ratio Above 30:1
- No Ratio Required
- ? Incomplete Data

	Required Ratio at Each School Level		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	○
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	○
Delaware	○	○	○
District of Columbia	◐	●	●
Florida	○	○	○
Georgia	?	?	?
Hawaii	◐	●	●
Idaho	○	○	○
Illinois	○	○	○
Indiana	○	○	○
Iowa	○	○	○
Kansas	○	○	○
Kentucky	○	○	○
Louisiana	◐	◐	◐
Maine	○	○	○
Maryland	○	○	○
Massachusetts	○	○	○
Michigan	○	○	○
Minnesota	○	○	○
Mississippi	◐	●	◐
Missouri	◐	◐	◐
Montana	●	●	●
Nebraska	○	○	○
Nevada	○	○	○

	Required Ratio at Each School Level		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
New Hampshire	●	●	●
New Jersey	○	○	○
New Mexico	●	●	●
New York	○	○	○
North Carolina	●	●	●
North Dakota	◐	●	●
Ohio	○	○	○
Oklahoma	○	○	○
Oregon	○	○	○
Pennsylvania	○	○	○
Rhode Island	○	○	○
South Carolina	○	○	◐
South Dakota	○	○	○
Tennessee	◐	◐	◐
Texas	○	○	○
Utah	○	○	○
Vermont	○	○	○
Virginia	○	○	◐
Washington	○	○	○
West Virginia	●	○	○
Wisconsin	○	○	○
Wyoming	○	○	○

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<sup>1</sup>"Based on policies adopted by your state, what is the required student-to-teacher ratio for physical education in elementary, middle/junior high, and senior high schools?" (State Physical Education Questionnaire, Items 51a-c)

**Table 2.7. States That Require Newly Hired Physical Education (PE) Teachers to Have Undergraduate or Graduate Training in PE or a Related Field, by School Level<sup>1</sup>**

	Requires Undergraduate or Graduate Training in PE or a Related Field		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	●	●
California	○	●	●
Colorado	○	○	○
Connecticut	●	●	●
Delaware	●	●	●
District of Columbia	●	●	●
Florida	○	○	○
Georgia	○	●	●
Hawaii	○	●	●
Idaho	○	●	●
Illinois	●	●	●
Indiana	●	●	●
Iowa	●	●	●
Kansas	○	○	○
Kentucky	○	●	●
Louisiana	●	●	●
Maine	●	●	●
Maryland	●	●	●
Massachusetts	●	●	●
Michigan	●	●	●
Minnesota	●	●	●
Mississippi	?	?	?
Missouri	●	●	●
Montana	●	●	●
Nebraska	○	○	○
Nevada	○	●	●
New Hampshire	●	●	●
New Jersey	○	○	○
New Mexico	●	●	●
New York	●	●	●
North Carolina	●	●	●

- Yes
- No
- ? Incomplete Data

	Requires Undergraduate or Graduate Training in PE or a Related Field		
	Elementary Schools	Middle/Junior High Schools	Senior High Schools
North Dakota	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Ohio	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Oklahoma	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Oregon	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Pennsylvania	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Rhode Island	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
South Carolina	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
South Dakota	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Tennessee	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Texas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Utah	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Vermont	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Virginia	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Washington	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
West Virginia	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Wisconsin	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Wyoming	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>

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<sup>1</sup>"Has your state adopted a policy stating that newly-hired staff who teach physical education at each of the following levels will have undergraduate or graduate training in physical education or a related field: (a) elementary school, (b) middle/junior high school, and (c) senior high school?" (State Physical Education Questionnaire, Items 52a-c)



**Table 2.8. States That Offer Certification, Licensure, or Endorsement to Teach Physical Education and Certification Requirements for Newly Hired Physical Education Teachers, by School Level**

	● Yes ○ No ? Incomplete Data N/A Not Applicable <sup>3</sup>	Offers Certification, Licensure, or Endorsement <sup>1</sup> to Teach PE	Requires Certification, Licensure, or Endorsement <sup>2</sup>		
			Elementary Schools	Middle/Junior High Schools	Senior High Schools
Alabama	●	●	●	●	●
Alaska	●	○	○	○	○
Arizona	●	●	●	●	●
Arkansas	●	○	●	●	●
California	●	○	●	●	●
Colorado	●	●	●	●	●
Connecticut	●	●	●	●	●
Delaware	●	●	●	●	●
District of Columbia	●	●	●	●	●
Florida	●	○	○	○	○
Georgia	●	○	○	○	○
Hawaii	●	○	●	●	●
Idaho	●	N/A	N/A	N/A	N/A
Illinois	●	●	●	●	●
Indiana	●	●	●	●	●
Iowa	●	●	●	●	●
Kansas	●	●	●	●	●
Kentucky	●	○	●	●	●
Louisiana	●	●	●	●	●
Maine	●	●	●	●	●
Maryland	●	●	●	●	●
Massachusetts	●	●	●	●	●
Michigan	●	●	●	●	●
Minnesota	●	●	●	●	●
Mississippi	?	N/A	N/A	N/A	N/A
Missouri	●	●	●	●	●
Montana	●	●	●	●	●
Nebraska	●	●	●	●	●
Nevada	●	●	●	●	●
New Hampshire	●	○	●	●	●
New Jersey	●	○	○	●	●
New Mexico	●	●	●	●	●
New York	●	●	●	●	●
North Carolina	●	●	●	●	●

	Offers Certification, Licensure, or Endorsement <sup>1</sup> to Teach PE	Requires Certification, Licensure, or Endorsement <sup>2</sup>		
		Elementary Schools	Middle/Junior High Schools	Senior High Schools
North Dakota	●	N/A	●	●
Ohio	●	●	●	●
Oklahoma	●	●	●	●
Oregon	●	○	●	●
Pennsylvania	●	○	○	●
Rhode Island	●	●	●	●
South Carolina	●	●	●	●
South Dakota	●	●	●	●
Tennessee	●	●	●	●
Texas	●	●	●	●
Utah	●	N/A	●	●
Vermont	●	○	●	●
Virginia	●	●	●	●
Washington	●	N/A	N/A	N/A
West Virginia	●	○	●	●
Wisconsin	●	●	●	●
Wyoming	●	○	●	●

<sup>1</sup>"Does your state offer certification, licensure, or endorsement to teach physical education?" (State Physical Education Questionnaire, Item 53)

<sup>2</sup>"Has your state adopted a policy stating that newly-hired staff who teach physical education at each of the following levels will be certified, licensed, or endorsed by the state to teach physical education? (a) elementary school, (b) middle/junior high school, or (c) senior high school." (State Physical Education Questionnaire, Items 55a-c)

<sup>3</sup>"Not Applicable" indicates that the state does not offer certification, licensure, or endorsement to newly-hired staff who teach physical education at particular levels (elementary, middle/junior high, and senior high schools).

**Table 2.9. States That Require or Recommend Elementary Schools to Provide Regularly Scheduled Recess<sup>1</sup>**

<ul style="list-style-type: none"> <li>● Requires</li> <li>◐ Recommends</li> <li>○ Neither Requires nor Recommends</li> </ul>	Requires or Recommends Regularly Scheduled Recess
Alabama	○
Alaska	○
Arizona	○
Arkansas	○
California	◐
Colorado	○
Connecticut	◐
Delaware	◐
District of Columbia	◐
Florida	○
Georgia	○
Hawaii	◐
Idaho	○
Illinois	●
Indiana	○
Iowa	○
Kansas	◐
Kentucky	○
Louisiana	●
Maine	○
Maryland	○
Massachusetts	○
Michigan	○
Minnesota	○
Mississippi	○
Missouri	●
Montana	◐
Nebraska	○
Nevada	○
New Hampshire	○
New Jersey	○
New Mexico	○
New York	○
North Carolina	○
North Dakota	○

	Requires or Recommends Regularly Scheduled Recess
Ohio	<input type="radio"/>
Oklahoma	<input type="radio"/>
Oregon	<input checked="" type="radio"/>
Pennsylvania	<input type="radio"/>
Rhode Island	<input type="radio"/>
South Carolina	<input checked="" type="radio"/>
South Dakota	<input checked="" type="radio"/>
Tennessee	<input type="radio"/>
Texas	<input type="radio"/>
Utah	<input type="radio"/>
Vermont	<input type="radio"/>
Virginia	<input checked="" type="radio"/>
Washington	<input type="radio"/>
West Virginia	<input type="radio"/>
Wisconsin	<input type="radio"/>
Wyoming	<input type="radio"/>

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<sup>1</sup>"Does your state education agency require or recommend that elementary schools provide students with regularly scheduled recess?" (State Physical Education Questionnaire, Item 12)

**Table 2.10. States That Prohibit or Discourage Using Physical Activity as Punishment for Bad Behavior or Excluding Students from Physical Education as Punishment for Bad Behavior**

	Prohibits or Discourages	
	Using Physical Activity as Punishment for Bad Behavior <sup>1</sup>	Excluding Students from Physical Education as Punishment for Bad Behavior <sup>2</sup>
● Prohibits		
◐ Discourages		
○ Neither Prohibits nor Discourages		
? Incomplete Data		
Alabama	◐	●
Alaska	○	○
Arizona	○	○
Arkansas	○	○
California	◐	○
Colorado	○	○
Connecticut	◐	◐
Delaware	◐	◐
District of Columbia	●	●
Florida	○	○
Georgia	○	○
Hawaii	?	?
Idaho	○	○
Illinois	○	○
Indiana	○	○
Iowa	○	○
Kansas	○	○
Kentucky	○	○
Louisiana	○	○
Maine	○	○
Maryland	●	●
Massachusetts	○	○
Michigan	○	○
Minnesota	○	○
Mississippi	?	?
Missouri	◐	◐
Montana	◐	◐
Nebraska	○	○
Nevada	○	○
New Hampshire	◐	◐
New Jersey	◐	○
New Mexico	○	○
New York	●	●

	Prohibits or Discourages	
	Using Physical Activity as Punishment for Bad Behavior <sup>1</sup>	Excluding Students from Physical Education as Punishment for Bad Behavior <sup>2</sup>
North Carolina	<input checked="" type="radio"/>	<input checked="" type="radio"/>
North Dakota	<input type="radio"/>	<input checked="" type="radio"/>
Ohio	<input type="radio"/>	<input type="radio"/>
Oklahoma	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Oregon	<input type="radio"/>	<input type="radio"/>
Pennsylvania	<input type="radio"/>	<input type="radio"/>
Rhode Island	<input type="radio"/>	<input type="radio"/>
South Carolina	<input type="radio"/>	<input type="radio"/>
South Dakota	<input type="radio"/>	<input type="radio"/>
Tennessee	<input type="radio"/>	<input type="radio"/>
Texas	<input type="radio"/>	<input type="radio"/>
Utah	<input type="radio"/>	<input type="radio"/>
Vermont	<input type="radio"/>	<input type="radio"/>
Virginia	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Washington	<input type="radio"/>	<input type="radio"/>
West Virginia	<input type="radio"/>	<input checked="" type="radio"/>
Wisconsin	<input type="radio"/>	<input type="radio"/>
Wyoming	<input type="radio"/>	<input type="radio"/>

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<sup>1</sup>"Has your state adopted a policy that prohibits schools from using physical activity (e.g., laps or push-ups) to punish students for bad behavior in physical education?" "Does your state education agency discourage (e.g., in memoranda or guidelines) schools from using physical activity to punish students for bad behavior in physical education?" (State Physical Education Questionnaire, Items 47, 48)

<sup>2</sup>"Has your state adopted a policy that prohibits schools from excluding students from all or part of physical education as punishment for bad behavior in another class?" "Does your state education agency discourage (e.g., in memoranda or guidelines) schools from excluding students from all or part of physical education to punish students for bad behavior in another class?" (State Physical Education Questionnaire, Items 49, 50)

**Table 2.11. States That Require Student Use of Protective Gear During Physical Activities, by Type of Activity<sup>1</sup>**

	Requires Student Use of Protective Gear		
	Physical Education	Intramural Sports	Interscholastic Sports
● Yes			
○ No			
? Incomplete Data			
Alabama	●	○	●
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	●
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	●
Delaware	○	○	●
District of Columbia	●	●	●
Florida	○	○	○
Georgia	○	○	○
Hawaii	?	?	?
Idaho	○	○	●
Illinois	○	○	○
Indiana	●	●	●
Iowa	○	○	○
Kansas	●	●	●
Kentucky	●	●	●
Louisiana	●	●	●
Maine	○	○	○
Maryland	?	?	?
Massachusetts	○	○	●
Michigan	○	○	○
Minnesota	○	○	○
Mississippi	●	●	●
Missouri	○	○	○
Montana	○	○	○
Nebraska	○	○	○
Nevada	●	●	●
New Hampshire	○	○	○
New Jersey	○	○	○
New Mexico	○	○	○
New York	○	○	●
North Carolina	○	○	●
North Dakota	○	○	○

	Requires Student Use of Protective Gear		
	Physical Education	Intramural Sports	Interscholastic Sports
Ohio	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Oklahoma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Oregon	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Pennsylvania	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rhode Island	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
South Carolina	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
South Dakota	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Tennessee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Texas	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Utah	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vermont	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Virginia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Washington	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
West Virginia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wisconsin	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wyoming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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<sup>1</sup>"Has the state adopted a policy requiring that students wear appropriate protective gear when engaged in the following activities: (a) physical activities during physical education, (b) intramural sports, or (c) interscholastic sports?" (State Physical Education Questionnaire, Item 46a-c)



**Table 2.12. States That Provide Information or Materials for Physical Education at Each School Level, by Type of Information or Materials<sup>1</sup>**

- Yes
- No
- ? Incomplete Data

	Elementary Schools					Middle/Junior High Schools					Senior High Schools				
	Chart with Scope and Sequence of Instruction	Curricula	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans to Assess or Evaluate Students	Chart with Scope and Sequence of Instruction	Curricula	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans to Assess or Evaluate Students	Chart with Scope and Sequence of Instruction	Curricula	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans to Assess or Evaluate Students
Alabama	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Alaska	○	○	○	○	●	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
California	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Colorado	●	○	○	○	○	●	○	○	○	○	○	○	○	○	○
Connecticut	○	○	○	○	●	○	○	○	○	○	○	○	○	○	○
Delaware	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
District of Columbia	●	●	●	●	○	●	●	●	●	○	●	●	●	●	○
Florida	○	○	●	○	○	○	○	●	○	○	○	○	●	○	○
Georgia	○	●	●	●	○	○	●	●	●	○	○	●	●	●	○
Hawaii	○	○	○	○	●	○	○	○	○	○	○	○	○	○	○
Idaho	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Illinois	●	○	○	○	○	●	○	○	○	○	○	○	○	○	○
Indiana	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Iowa	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Kansas	●	●	●	●	●	●	●	○	●	●	●	●	●	●	●
Kentucky	○	●	●	●	●	●	●	●	○	●	●	●	●	●	●
Louisiana	●	●	●	○	○	●	●	●	○	○	●	●	●	○	○
Maine	●	?	?	?	○	●	?	?	?	○	●	?	?	?	○
Maryland	○	○	●	●	●	○	○	●	●	●	○	○	●	●	●
Massachusetts	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Michigan	○	○	○	●	○	○	○	○	●	?	○	○	○	○	○
Minnesota	○	○	○	○	●	○	○	○	?	●	○	○	○	○	○
Mississippi	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Missouri	●	?	?	●	●	●	?	?	●	●	●	?	?	●	●
Montana	●	●	●	○	●	●	●	●	○	●	●	●	●	○	●
Nebraska	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Nevada	●	●	●	●	●	●	●	●	●	●	○	○	○	○	○

	Elementary Schools					Middle/Junior High Schools					Senior High Schools				
	Chart with Scope and Sequence of Instruction	Curricula	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans to Assess or Evaluate Students	Chart with Scope and Sequence of Instruction	Curricula	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans to Assess or Evaluate Students	Chart with Scope and Sequence of Instruction	Curricula	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans to Assess or Evaluate Students
New Hampshire	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
New Jersey	○	○	●	●	●	○	○	●	●	●	○	○	●	●	●
New Mexico	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
New York	●	○	●	●	●	●	○	○	●	●	●	○	○	●	●
North Carolina	●	●	○	●	●	●	●	○	●	●	●	●	○	●	●
North Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	●	●	●	●	●	?	●	●	●	●	?	●	●	●	●
Oregon	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Pennsylvania	○	○	○	●	○	○	○	○	●	○	○	○	○	●	○
Rhode Island	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
South Carolina	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Tennessee	○	●	●	●	○	○	●	●	●	○	○	●	●	●	○
Texas	●	●	●	●	●	○	○	○	○	○	○	○	○	○	○
Utah	●	●	●	●	○	●	○	●	○	○	●	●	●	○	○
Vermont	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Virginia	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Washington	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
West Virginia	●	○	●	●	●	●	○	●	●	●	●	○	●	●	●
Wisconsin	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Wyoming	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○

<sup>1</sup>"During the past 2 years, has your state education agency provided any of the following information or materials for elementary, middle/junior high, or senior high school physical education: (a) a list of one or more recommended elementary, middle/junior high, or senior high school physical education curricula, (b) elementary, middle/junior high, or senior high school physical education curricula, (c) a chart describing the scope and sequence of instruction for physical education, (d) lesson plans or learning activities for physical education, or (e) plans for how to assess or evaluate students in physical education?" (State Physical Education Questionnaire, Items 11a-e, 21a-e, and 29a-e)

**Table 2.13. States That Provide Funding for or Offer Staff Development on Physical Education Topics for Physical Education Teachers, by Topic<sup>1</sup>**

- Yes
- No
- ? Incomplete Data

	Administering or Using Fitness Tests	Assessing or Evaluating Student Performance	Developing and Using Student Portfolios	Encouraging Family Involvement	Helping Students Develop Individualized Physical Activity Plans	Injury Prevention and First Aid	Methods to Increase the Amount of Class Time Students are Physically Active	Methods to Promote Gender Equity	Using Technology for Physical Education	Teaching Individual or Paired Activities or Sports	Teaching Movement Skills and Concepts	Teaching Students with Permanent Disabilities	Teaching Team or Group Activities or Sports
Alabama	●	●	●	●	●	●	●	●	●	●	●	●	●
Alaska	○	●	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	●	○	○	●	○	●	○	●	○	●
California	●	○	○	○	○	○	○	○	○	○	○	○	○
Colorado	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	●	○	○	●	●	○	○	●	●	●	●	●	●
Delaware	○	○	○	○	○	○	○	○	○	○	○	○	○
District of Columbia	●	●	●	○	●	●	●	○	●	●	●	○	●
Florida	○	○	○	○	○	○	○	○	○	○	○	○	○
Georgia	○	○	○	○	○	○	○	○	○	○	○	○	○
Hawaii	○	●	○	○	○	○	○	●	○	○	●	●	●
Idaho	○	○	○	○	○	○	○	○	○	○	○	○	○
Illinois	○	●	●	○	○	○	○	○	○	○	○	○	○
Indiana	○	●	●	●	●	●	●	●	●	●	●	●	●
Iowa	○	○	○	○	○	○	○	○	○	○	○	○	○
Kansas	●	●	●	○	●	○	○	●	●	●	●	●	●
Kentucky	○	○	○	○	●	●	○	●	○	●	○	●	●
Louisiana	○	○	○	○	○	○	○	○	○	○	○	○	○
Maine	○	●	●	○	●	○	○	○	○	○	○	○	○
Maryland	●	●	●	○	●	○	●	●	●	●	●	●	●
Massachusetts	○	○	○	○	○	○	○	○	○	○	○	○	○
Michigan	○	○	○	○	●	○	○	○	○	○	○	○	○
Minnesota	●	●	●	○	●	○	○	○	●	○	○	○	○
Mississippi	?	?	?	?	?	?	?	?	?	?	?	?	?
Missouri	●	●	●	●	●	●	●	●	●	?	?	●	?
Montana	○	●	●	○	○	●	○	●	●	○	○	○	○
Nebraska	○	○	○	○	○	○	○	○	○	○	○	○	○
Nevada	○	○	○	○	○	○	○	○	○	○	○	○	○
New Hampshire	○	●	○	○	○	○	○	○	○	○	○	○	○
New Jersey	○	●	○	○	○	○	○	○	○	○	○	○	○

	Administering or Using Fitness Tests	Assessing or Evaluating Student Performance	Developing and Using Student Portfolios	Encouraging Family Involvement	Helping Students Develop Individualized Physical Activity Plans	Injury Prevention and First Aid	Methods to Increase the Amount of Class Time Students are Physically Active	Methods to Promote Gender Equity	Using Technology for Physical Education	Teaching Individual or Paired Activities or Sports	Teaching Movement Skills and Concepts	Teaching Students with Permanent Disabilities	Teaching Team or Group Activities or Sports
New Mexico	○	○	○	○	○	○	○	○	○	○	○	○	○
New York	○	●	●	●	●	●	○	●	●	●	●	●	●
North Carolina	●	●	●	●	●	●	●	○	●	●	●	●	●
North Dakota	●	●	●	●	●	●	●	●	●	●	●	●	●
Ohio	○	●	●	○	●	○	○	○	○	○	○	●	○
Oklahoma	○	●	●	○	●	○	●	○	●	●	●	●	●
Oregon	○	○	○	○	○	○	○	○	○	○	○	○	○
Pennsylvania	○	○	○	○	○	○	○	○	○	○	○	○	○
Rhode Island	○	○	○	○	○	○	○	○	○	○	○	○	○
South Carolina	●	●	●	●	●	●	●	●	●	●	●	●	●
South Dakota	●	●	○	○	●	●	●	●	●	●	●	●	●
Tennessee	○	●	●	●	●	●	●	●	●	●	●	○	●
Texas	○	●	○	○	○	○	○	○	○	○	●	○	○
Utah	○	○	○	○	○	○	○	○	○	○	●	○	○
Vermont	○	○	○	○	○	○	○	○	○	○	○	○	○
Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●
Washington	○	●	○	○	○	○	○	●	○	○	○	○	○
West Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●
Wisconsin	○	○	○	●	●	●	○	○	●	○	○	○	○
Wyoming	○	○	○	○	○	○	○	○	○	○	○	○	○

<sup>1</sup>"During the past 2 years, has your state education agency provided any funding for or offered staff development on each of the following topics to those who teach physical education? This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service: (a) methods to increase the amount of class time students are physically active, (b) methods to promote gender equity in physical education and sports, (c) using technology such as computers, video cameras, or heart rate monitors for physical education, (d) encouraging family involvement in physical activity, (e) administering or using fitness tests, (f) helping students develop individualized physical activity plans, (g) injury prevention and first aid, (h) teaching physical education to students with permanent physical or cognitive disabilities, (i) teaching Individual or paired activities or sports, (j) teaching team or group activities or sports (k) teaching movement skills and concepts (l) assessing or evaluating student performance in physical education, or (m) developing and using student portfolios for physical education?" (State Physical Education Questionnaire, Items 58a-m)

**Table 2.14. States That Provide Funding for or Offer Staff Development for Coaches, by Source of Funding**

	Agency Funds or Offers Staff Development for Coaches	
	State Education Agency <sup>2</sup>	Any Other State-Level Organization or Agency <sup>3</sup>
● Yes		
○ No		
? Incomplete Data		
N/A Not Applicable <sup>1</sup>		
Alabama	●	○
Alaska	○	●
Arizona	○	●
Arkansas	○	●
California	●	●
Colorado	○	●
Connecticut	○	●
Delaware	●	N/A
District of Columbia	●	○
Florida	○	○
Georgia	○	○
Hawaii	●	○
Idaho	○	○
Illinois	○	●
Indiana	○	○
Iowa	○	○
Kansas	○	○
Kentucky	○	○
Louisiana	○	●
Maine	○	●
Maryland	○	○
Massachusetts	○	●
Michigan	○	○
Minnesota	○	●
Mississippi	?	?
Missouri	○	●
Montana	○	●
Nebraska	○	○
Nevada	○	○
New Hampshire	○	●
New Jersey	○	●
New Mexico	○	○
New York	●	○
North Carolina	○	●
North Dakota	○	○

	<b>Agency Offers or Funds Staff Development for Coaches</b>	
	State Education Agency <sup>2</sup>	Any Other State-Level Organization or Agency <sup>3</sup>
Ohio	<input type="radio"/>	<input type="radio"/>
Oklahoma	<input type="radio"/>	<input checked="" type="radio"/>
Oregon	<input type="radio"/>	<input type="radio"/>
Pennsylvania	<input type="radio"/>	<input checked="" type="radio"/>
Rhode Island	<input type="radio"/>	<input type="radio"/>
South Carolina	<input type="radio"/>	<input checked="" type="radio"/>
South Dakota	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Tennessee	<input type="radio"/>	<input type="radio"/>
Texas	<input type="radio"/>	<input checked="" type="radio"/>
Utah	<input type="radio"/>	<input checked="" type="radio"/>
Vermont	<input type="radio"/>	<input checked="" type="radio"/>
Virginia	<input type="radio"/>	<input checked="" type="radio"/>
Washington	<input type="radio"/>	<input checked="" type="radio"/>
West Virginia	<input type="radio"/>	<input checked="" type="radio"/>
Wisconsin	<input type="radio"/>	<input checked="" type="radio"/>
Wyoming	<input type="radio"/>	<input checked="" type="radio"/>

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<sup>1</sup>"Not Applicable" was indicated by respondent notation.

<sup>2</sup>"During the past 2 years, has your state education agency provided any funding for or offered staff development to coaches of interscholastic sports?" (State Physical Education Questionnaire, Item 63)

<sup>3</sup>"During the past 2 years, has any other state-level organization or agency provided any funding for or offered staff development to coaches of interscholastic sports?" (State Physical Education Questionnaire, Item 64)