

# Fact Sheet

## Pregnancy Prevention

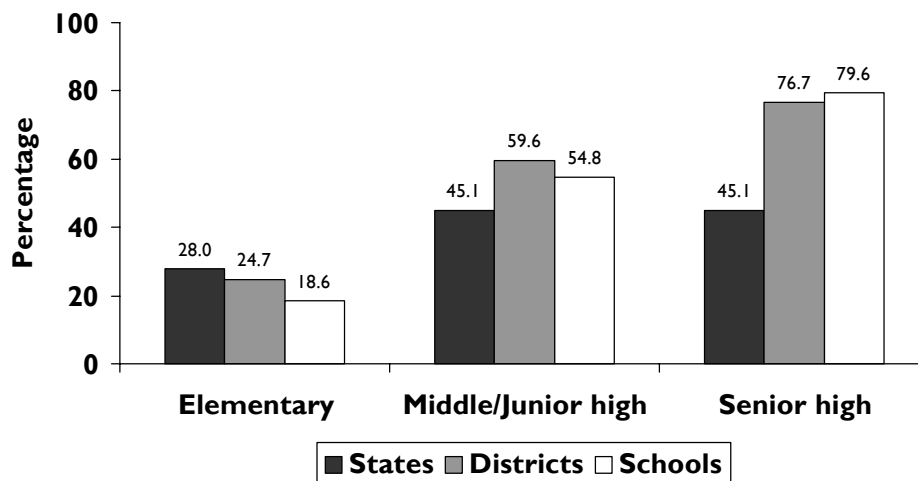
From CDC's School Health Policies and Programs Study (SHPPS) 2000

### About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the *Journal of School Health*, Volume 71, Number 7, September 2001.

### Health Education

Percentage of States, Districts, and Schools Requiring Pregnancy Prevention Education, by School Level



- Among teachers of required health education, elementary school teachers who provided pregnancy prevention education spent a median of 1 hour per school year teaching the topic, middle/junior high school teachers spent a median of 2 hours, and senior high school teachers spent a median of 3 hours.

#### During the two years preceding the study:

- 74.0% of states and 43.2% of districts provided funding for or offered staff development on pregnancy prevention education to health education teachers.
- 7.0% of elementary school classes, 24.8% of required health education courses in middle/junior high schools, and 30.3% of required health education courses in senior high schools had a teacher who received staff development on pregnancy prevention education.

**Percentage of Schools Teaching Topics and Skills Related to Pregnancy Prevention in at Least One Required Class or Course, by Topic and Skill**

	<b>All schools</b>	<b>Elementary schools</b>	<b>Middle/junior high schools</b>	<b>Senior high schools</b>
<b>Topic</b>				
Abstinence as the most effective method to avoid pregnancy, HIV, or STDs	71.7	40.8	91.5	96.1
Condom efficacy	64.8	N/A <sup>1</sup>	54.1	82.9
Dating and relationships	63.7	34.9	82.5	86.2
How to correctly use a condom	33.6	N/A	20.8	55.1
Human development issues, such as reproductive anatomy and puberty	73.8	57.6	84.8	86.1
Marriage and commitments	56.3	34.5	71.5	71.9
Methods of contraception	67.9	32.8	61.8	87.0
<b>Skill</b>				
Communication skills related to sexual behaviors	57.9	24.5	78.0	87.0
Decision-making skills related to sexual behaviors	59.3	33.4	74.0	83.7
Goal-setting skills related to sexual behaviors	62.3	30.7	82.8	87.4
Resisting peer pressure to engage in sexual behavior	68.4	40.4	86.8	90.5

<sup>1</sup>Data not available—question not asked at this level.

**Health Services**

- 14.0% of states and 39.2% of districts require that districts or schools provide one-on-one or small-group discussions on pregnancy prevention to students when needed (not including classroom instruction).
- 31.6% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on pregnancy prevention to students when needed.

**For additional information** on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 888-231-6405, <http://www.cdc.gov/shpps>.