

# TRIBAL ADVISORY COMMITTEE

## OCTOBER 15, 2020

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NCCDPHP/DIVISION OF POPULATION HEALTH



NATIONAL CENTER FOR CHRONIC DISEASE PREVENTION AND HEALTH PROMOTION

Division of Population Health



# CDC HEALTHY TRIBES PROGRAM

CDC's cooperative agreements to support chronic disease prevention in Indian Country are managed by the Healthy Tribes Program

- **Tribal Epidemiology Center Public Health Infrastructure (TECPHI)**
- **Good Health and Wellness in Indian Country (GHWIC) – Program**
- **Tribal Practices for Wellness in Indian Country (TPWIC) - Culture**

# TRIBAL PRACTICES FOR WELLNESS IN INDIAN COUNTRY PROGRAM (TPWIC)

- Background:

- CDC recognizes that for AI/AN communities, cultural connectedness and traditional practices are important protective factors that build strength, resilience, and healthy lives.
- Convenings between CDC and cultural advisors helped to shape future CDC opportunities supporting tribal practices



# TRIBAL PRACTICES FOR WELLNESS IN INDIAN COUNTRY

1. Family & Community activities that connect cultural teachings to health & wellness
2. Seasonal cultural & traditional practices that support health & wellness
3. Social & Cultural activities that promote community wellness
4. Tribal, intertribal and (non) governmental Collaborations that strengthen wellbeing
5. Intergenerational Learning opportunities that support wellbeing & resiliency
6. Cultural teachings & practices about traditional Healthy Foods to promote health, sustenance & sustainability
7. Traditional & contemporary Physical Activities that strengthen wellbeing

# TRIBAL PRACTICES FOR WELLNESS IN INDIAN COUNTRY

Tribal Practices for Wellness in Indian Country: FY 2018  
National Center for Chronic Disease Prevention and Health Promotion



15 Urban Recipients  
21 Tribal Recipients

- Urban Indian Health Centers**
1. American Indian Assn., dba Tucson Indian Ctr.
  2. American Indian Health & Family Services
  3. American Indian Health & Services, Inc.
  4. Central Oklahoma American Indian Health Council Inc.
  5. Denver Indian Health & Family Services, Inc.
  6. First Nations Community HealthSource
  7. Indian Health Board of Minneapolis, Inc.
  8. Indian Health Center of Santa Clara Valley
  9. Indian Health Council, Inc.
  10. Native American Rehabilitation Assn. of the Northwest
  11. Native Americans for Community Action, Inc.
  12. Native Health
  13. Sacramento Native American Health Ctr.
  14. Seattle Indian Health Board
  15. United American Indian Involvement, Inc.
- Tribes**
16. Aleutian Pribilof Islands Assn., Inc.
  17. Cherokee Nation
  18. Hualapai Indian Tribe
  19. Jamestown S'Klallam Tribe
  20. Kickapoo Tribe
  21. K'imaw Medical Center
  22. Northern Arapaho Tribe
  23. Oneida Nation
  24. Pascua Yaqui Tribe
  25. Pueblo of Santa Ana
  26. Salish Kootenai College
  27. San Carlos Apache Tribe
  28. Sault Ste. Marie Tribe of Chippewa Indians
  29. Seminole Tribe of Florida
  30. Shoshone-Bannock Tribes
  31. Southcentral Foundation
  32. Thunder Valley Community Development Corp.
  33. United Indian Health Services
  34. Wabanaki Health and Wellness
  35. Winnebago Tribe of Nebraska
  36. Zuni Youth Enrichment Project

# TPWIC ACTIVITIES

## RAISE Fish Camp



# TPWIC ACTIVITIES



# TPWIC ACTIVITIES



# DO YOU FEEL THESE 7 STRATEGIES AND ACTIVITIES CONTINUE TO BE RELEVANT IN YOUR COMMUNITIES?

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3. Social & Cultural activities that promote community wellness
4. Tribal, intertribal and (non) governmental Collaborations that strengthen wellbeing
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# AHÉHEE' – THANK YOU



## CONTACT INFORMATION

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